# Ghana



## Country report card - adults

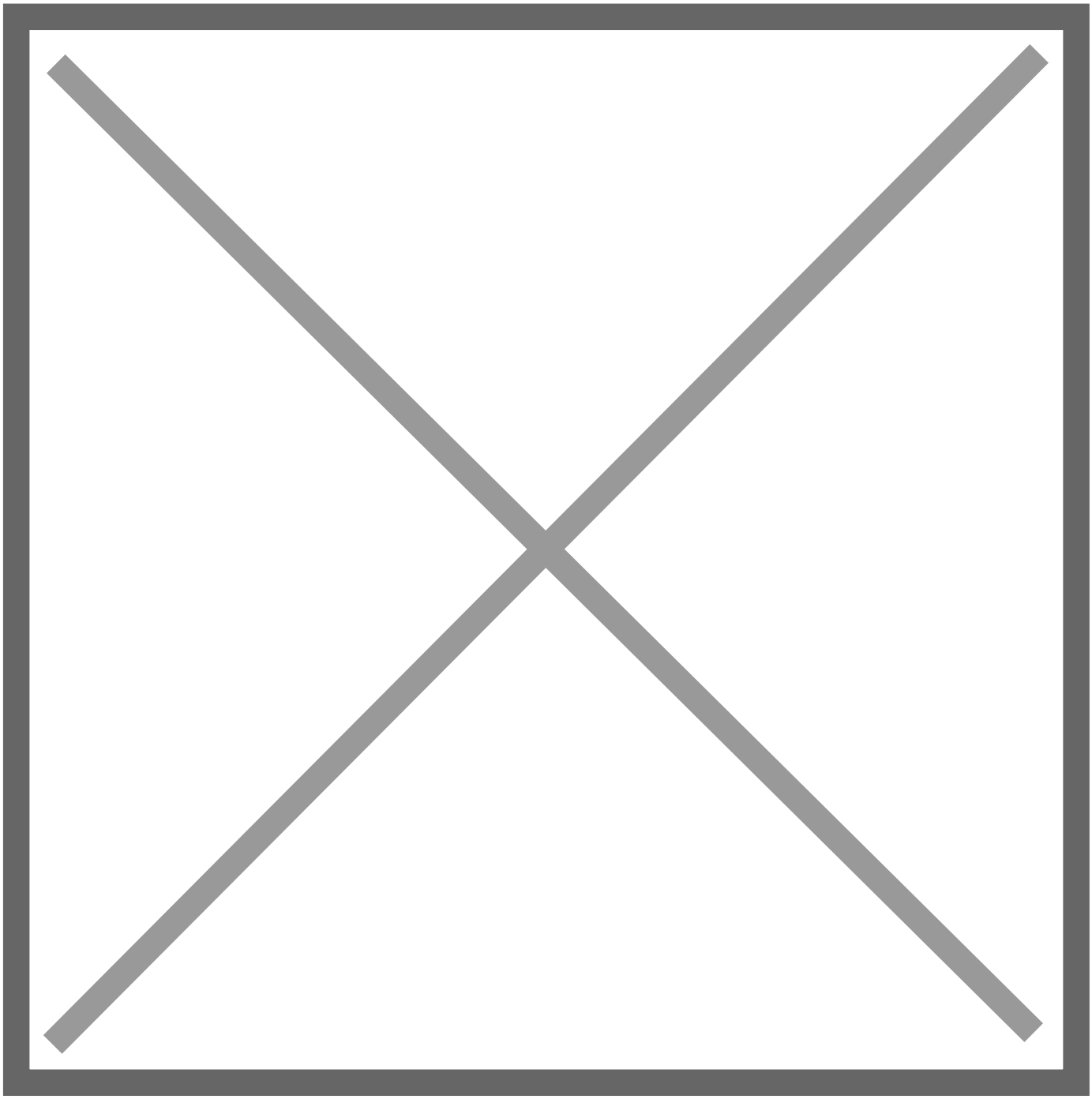
*This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for adults. Where available, data on common and relevant obesity drivers and comorbidities are also presented.*

*View the latest version of this report on the Global Obesity Observatory at https://data.worldobesity.org/country/ghana-77/.*

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## Obesity prevalence

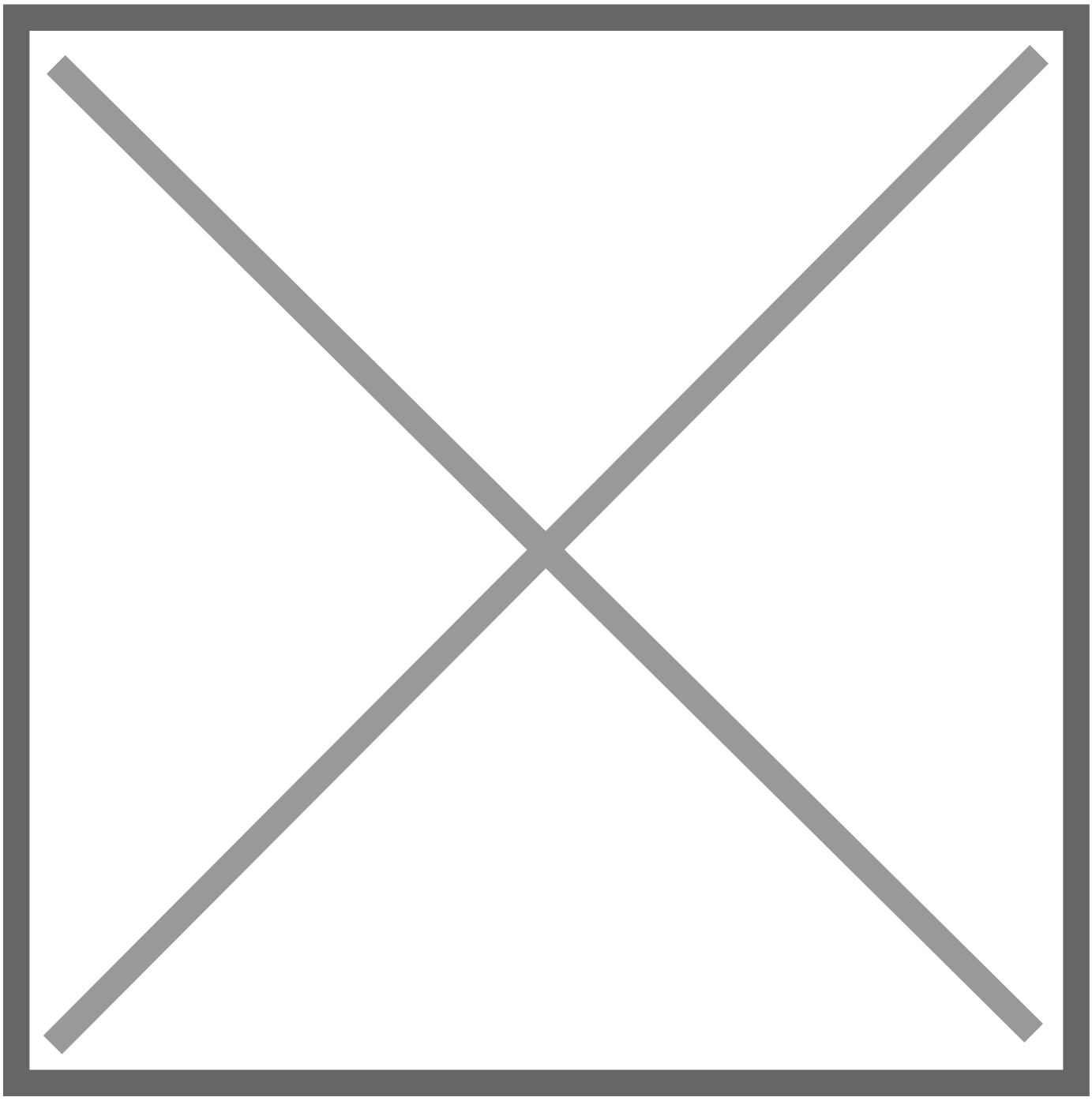
## Adults, 2023



| | |
|---|---|
| **Survey type:** | Measured |
| **Age:** | 18-69 |
| **Sample size:** | 5225 |
| **Area covered:** | National |
| **References:** | Ministry of Health Republic of Ghana. (2024) Ghana STEPS Report 2023: Nationwide non-communicable diseases risk factors assessment using the World Health Organization's STEPwise approach in Ghana. https://www.afro.who.int/countries/ghana/publication/ghana-steps-report-2023 [Accessed 25.09.25] |

| Notes: | Excludes pregnant women |
| --- | --- |
| | *Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².* |

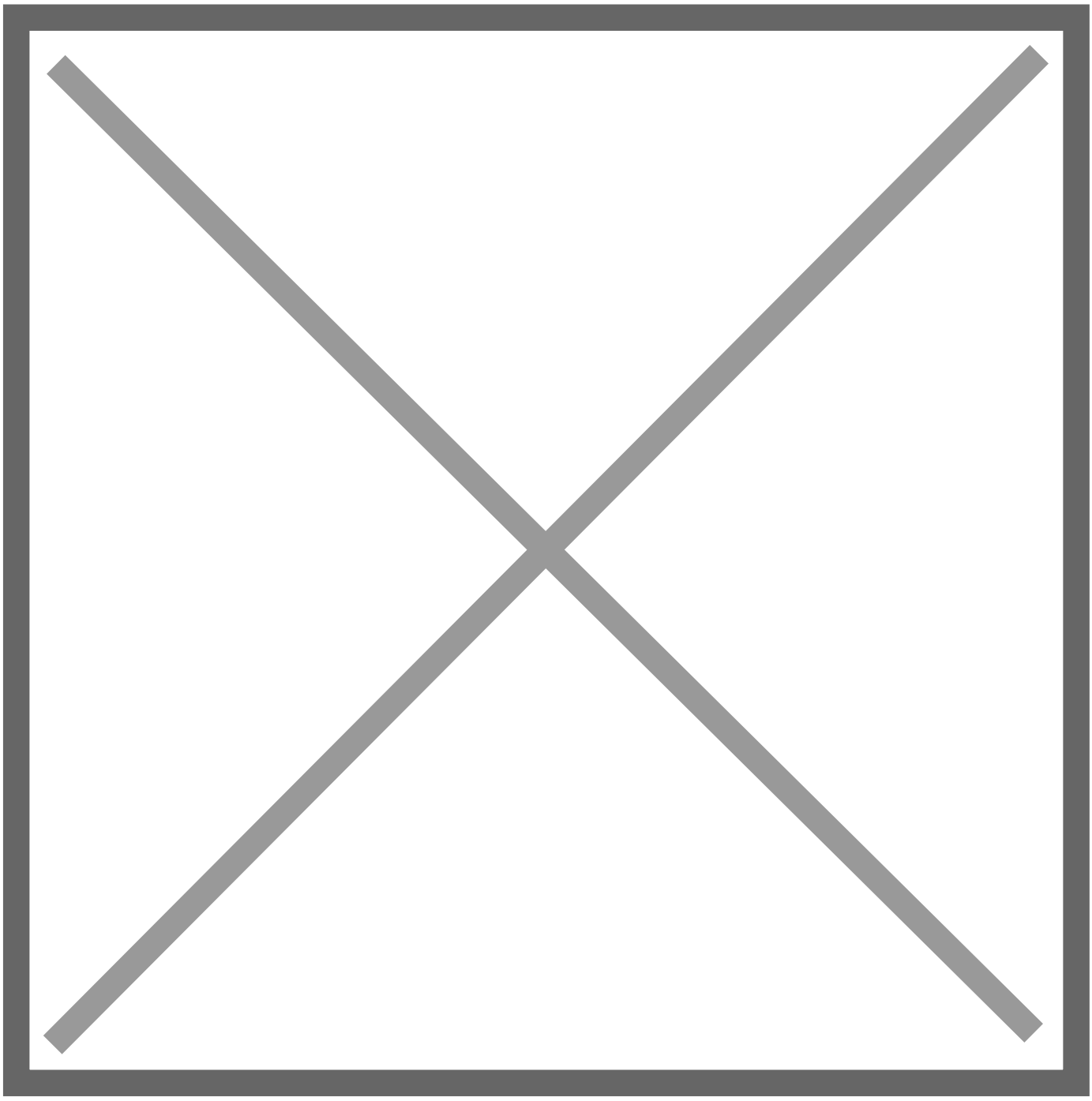
## % Adults living with obesity in Ghana 1993-2017



| | |
|---|---|
| **Survey type:** | Measured |
| **References:** | 1993: Martorell R, Khan LK, Hughes ML, Grummer Strawn LM. Obesity in women from developing countries. EJCN (2000) 54;247-252<br>2003: Ghana Statistical Service - GSS, Noguchi Memorial Institute for Medical Research - NMIMR/Ghana, and ORC Macro. 2004. Ghana Demographic and Health Survey 2003. Calverton, Maryland: GSS, NMIMR, and ORC Macro.<br>2008: Ghana Statistical Service - GSS, Ghana Health Service - GHS, and ICF Macro. 2009. Ghana Demographic and Health Survey 2008. Accra, Ghana: GSS, GHS, and ICF Macro.<br>2014: Ghana Statistical Service - GSS, Ghana Health Service - GHS, and ICF International. 2015. Ghana Demographic and Health Survey 2014. Rockville, Maryland, USA: GSS, GHS, and ICF International. Available at http://www.dhsprogram.com/publications/publication-FR307-DHS-Final-Reports.cfm (last accessed 11th April 2016)<br>2017: University of Ghana, GroundWork, University of Wisconsin-Madison, KEMRI-Wellcome Trust, UNICEF. Ghana Micronutrient Survey 2017. Accra, Ghana; 2017 |

| **Notes:** | Adults 15-49 |
|---|---|
| | *Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².* |
| | *Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.* |

## % Adults living with overweight or obesity in Ghana 1993-2017

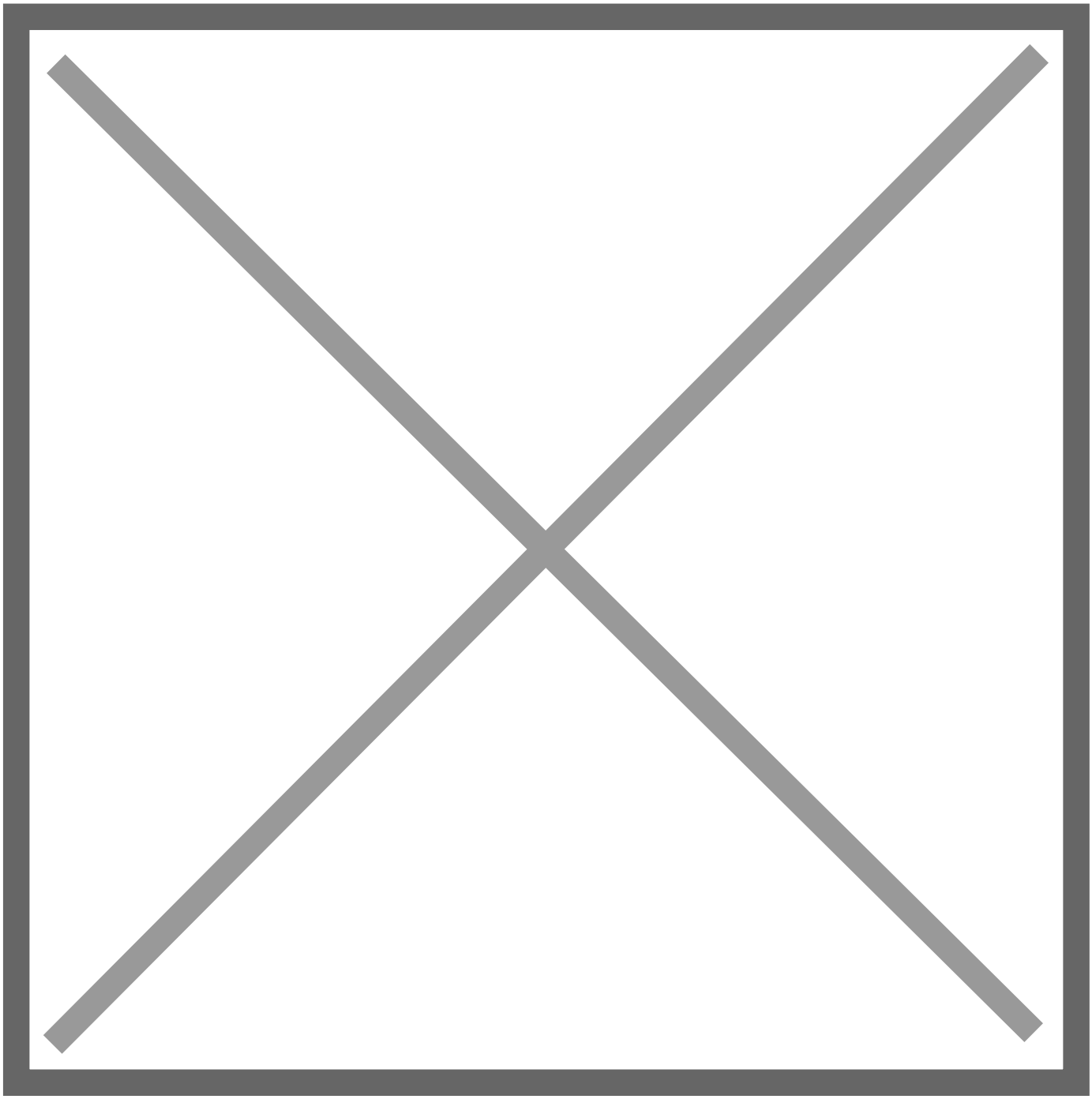


| | |
|---|---|
| **Survey type:** | Measured |
| **References:** | 1993: Martorell R, Khan LK, Hughes ML, Grummer Strawn LM. Obesity in women from developing countries. EJCN (2000) 54;247-252<br>2003: Ghana Statistical Service - GSS, Noguchi Memorial Institute for Medical Research - NMIMR/Ghana, and ORC Macro. 2004. Ghana Demographic and Health Survey 2003. Calverton, Maryland: GSS, NMIMR, and ORC Macro.<br>2008: Ghana Statistical Service - GSS, Ghana Health Service - GHS, and ICF Macro. 2009. Ghana Demographic and Health Survey 2008. Accra, Ghana: GSS, GHS, and ICF Macro.<br>2014: Ghana Statistical Service - GSS, Ghana Health Service - GHS, and ICF International. 2015. Ghana Demographic and Health Survey 2014. Rockville, Maryland, USA: GSS, GHS, and ICF International. Available at http://www.dhsprogram.com/publications/publication-FR307-DHS-Final-Reports.cfm (last accessed 11th April 2016)<br>2017: University of Ghana, GroundWork, University of Wisconsin-Madison, KEMRI-Wellcome Trust, UNICEF. Ghana Micronutrient Survey 2017. Accra, Ghana; 2017 |

| **Notes:** | Adults 15-49 |
|---|---|
| | *Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².* |
| | *Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.* |

## Overweight/obesity by education

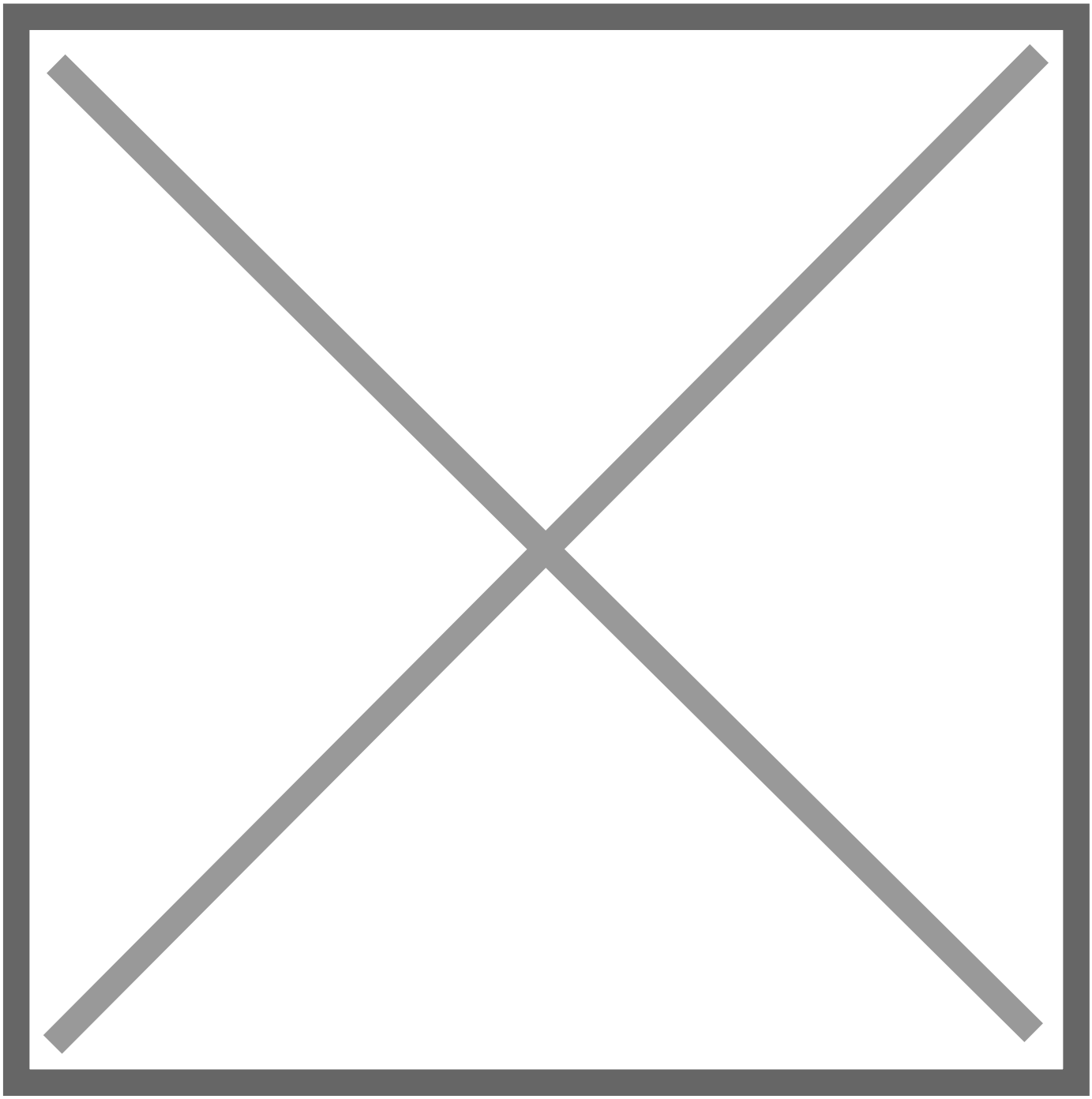
## Men, 2022



| | |
|---|---|
| **Survey type:** | Measured |
| **Age:** | 20-49 |
| **Sample size:** | 10498 |
| **Area covered:** | National |
| **References:** | Ghana Statistical Service (GSS) and ICF. 2024. Ghana Demographic and Health Survey 2022. Accra, Ghana, and Rockville, Maryland, USA: GSS and ICF. |

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².*

## Women, 2022

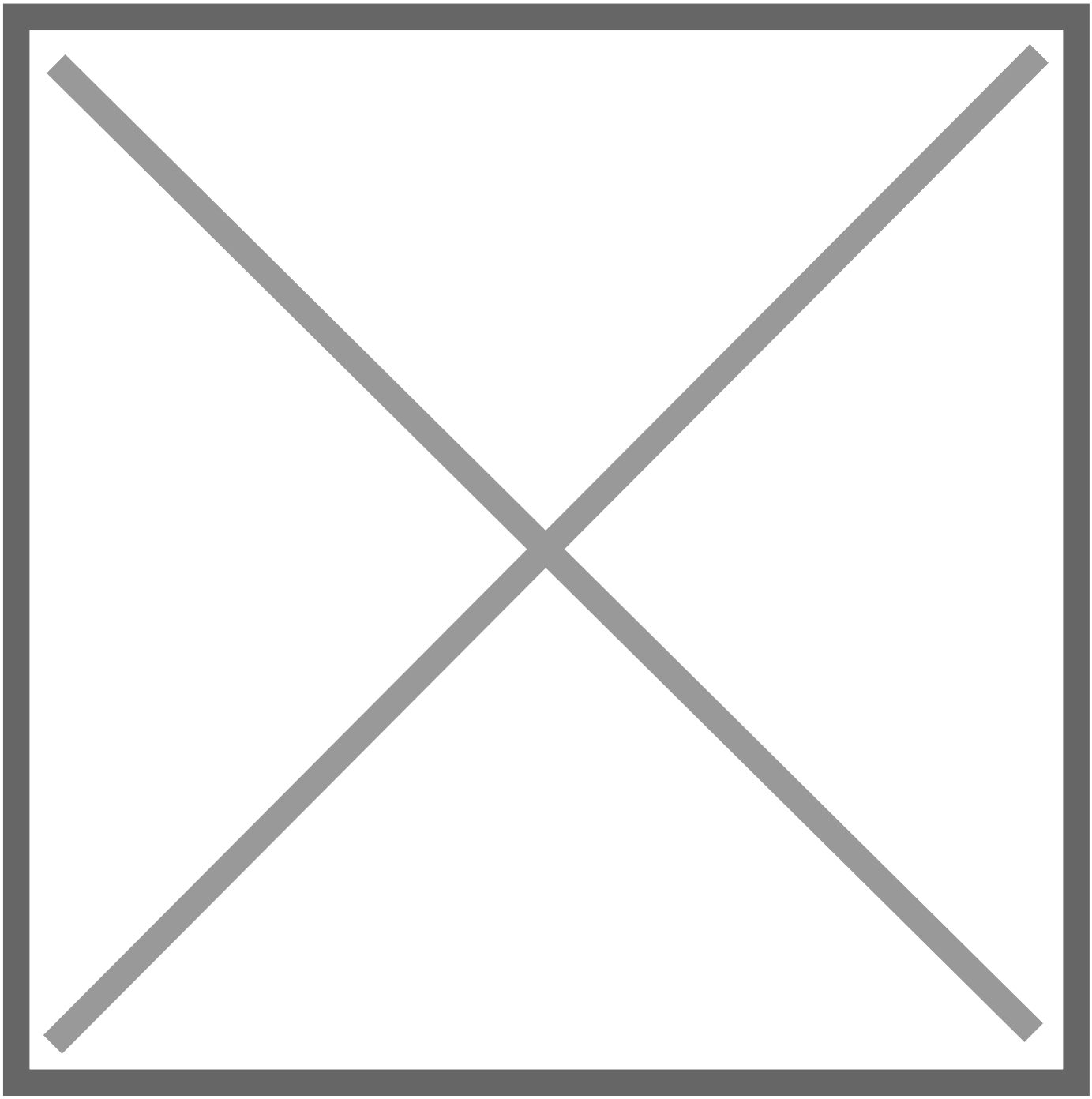


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|---|---|
| **Survey type:** | Measured |
| **Age:** | 20-49 |
| **Sample size:** | 10498 |
| **Area covered:** | National |
| **References:** | Ghana Statistical Service (GSS) and ICF. 2024. Ghana Demographic and Health Survey 2022. Accra, Ghana, and Rockville, Maryland, USA: GSS and ICF. |

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².*

## Overweight/obesity by age

## Adults, 2023

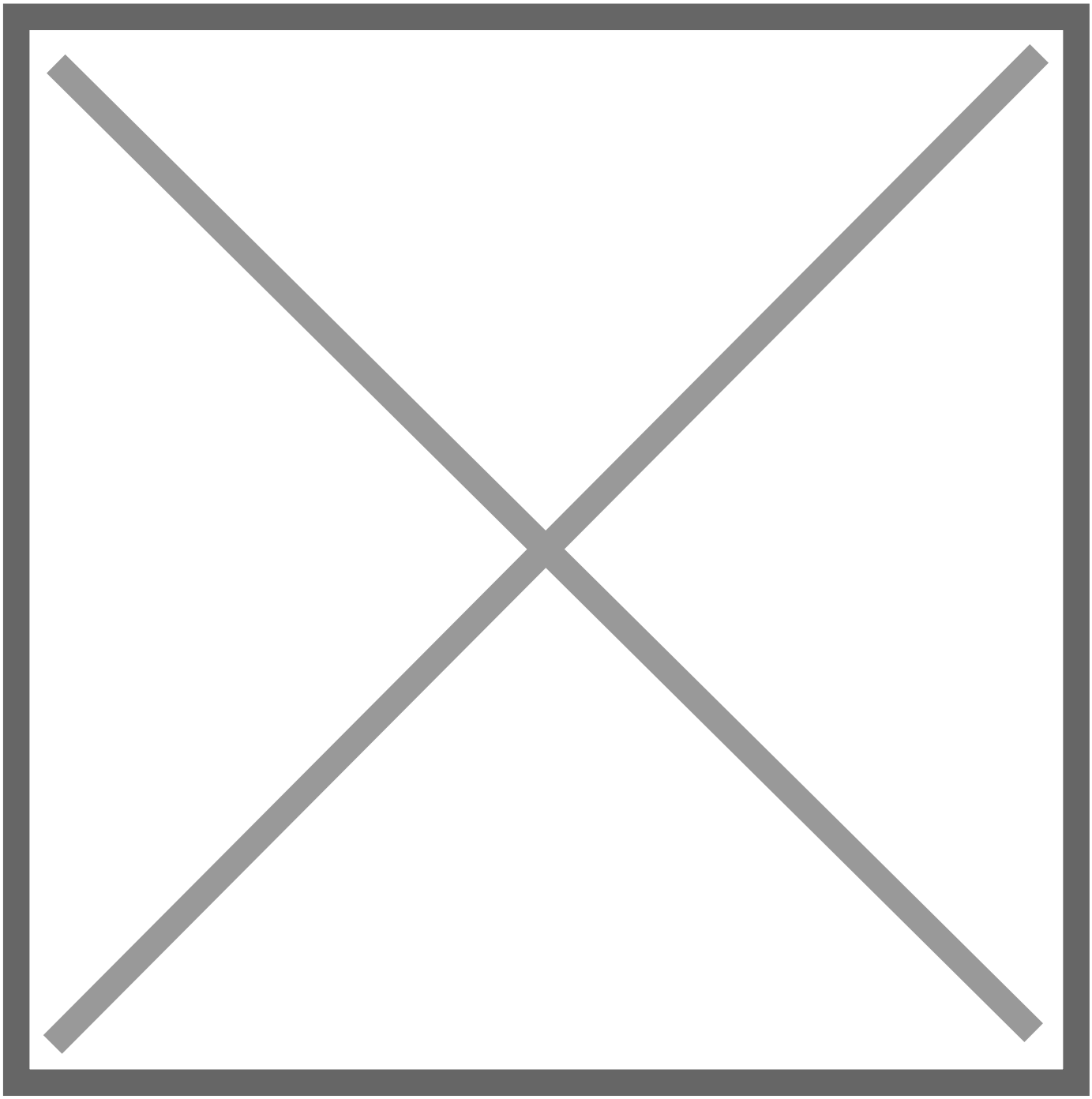


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|---|---|
| **Survey type:** | Measured |
| **Sample size:** | 5225 |
| **Area covered:** | National |
| **References:** | Ministry of Health Republic of Ghana. (2024) Ghana STEPS Report 2023: Nationwide non-communicable diseases risk factors assessment using the World Health Organization's STEPwise approach in Ghana. https://www.afro.who.int/countries/ghana/publication/ghana-steps-report-2023 [Accessed 25.09.25] |

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².*

## Overweight/obesity by region

## Adults, 2023

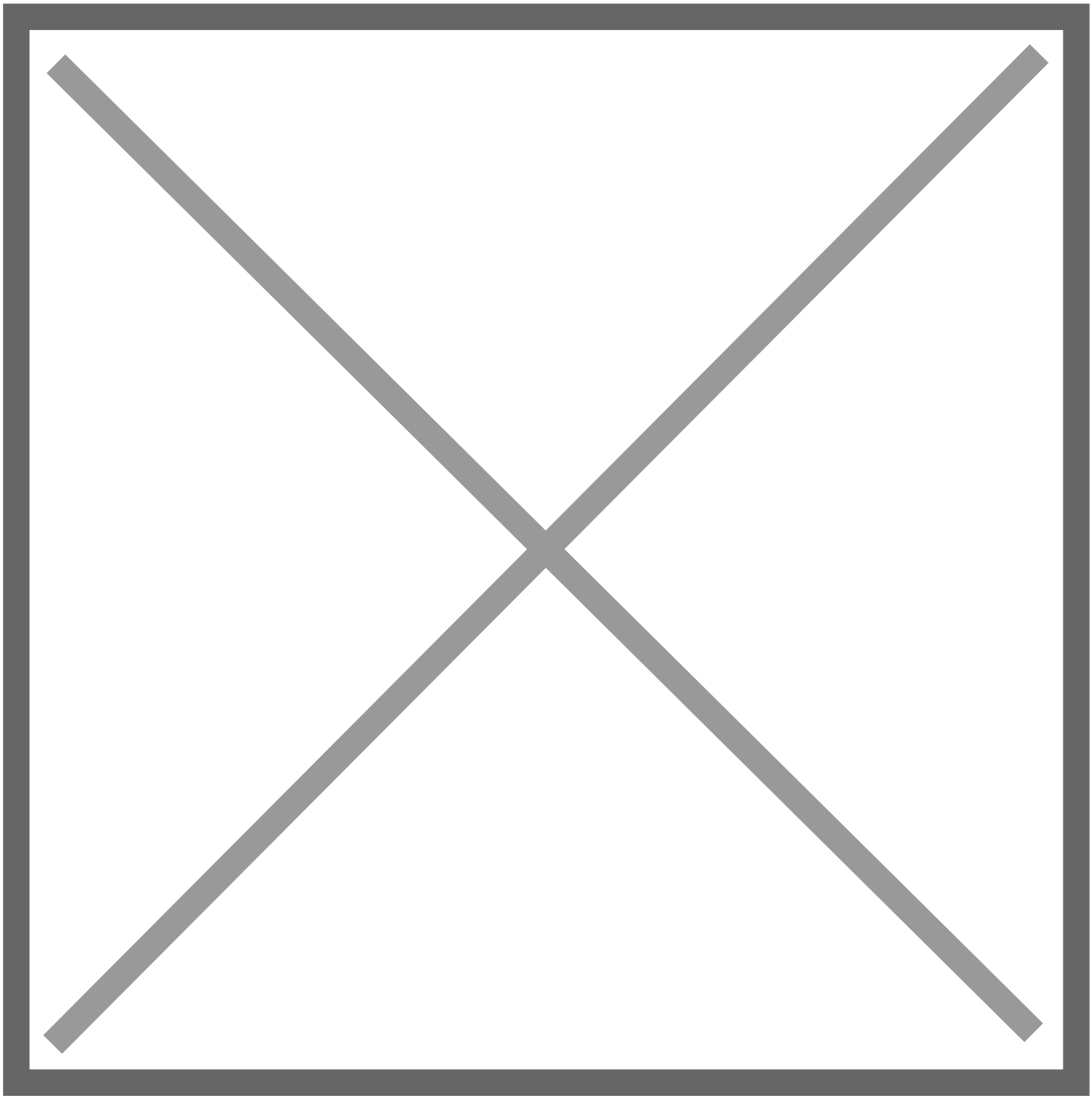


| | |
|---|---|
| **Survey type:** | Measured |
| **Age:** | 18-69 |
| **Sample size:** | 5225 |
| **Area covered:** | National |

| | |
|---|---|
| **References:** | Ministry of Health Republic of Ghana. (2024) Ghana STEPS Report 2023: Nationwide non-communicable diseases risk factors assessment using the World Health Organization's STEPwise approach in Ghana. https://www.afro.who.int/countries/ghana/publication/ghana-steps-report-2023 [Accessed 25.09.25] |
| **Notes:** | Excludes pregnant women |
| | *Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².* |

## Overweight/obesity by socio-economic group

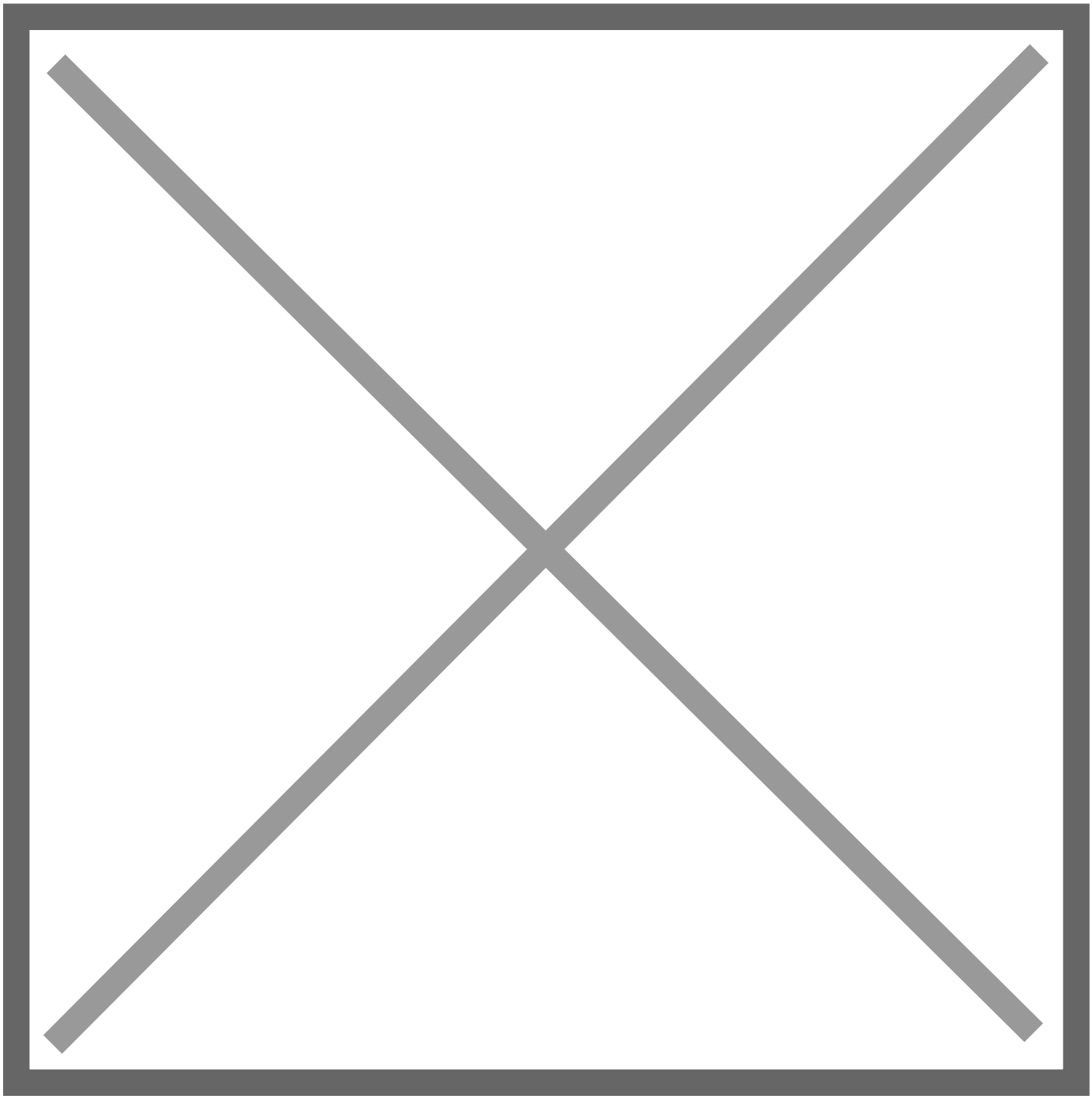
## Men, 2022



| | |
|---|---|
| **Survey type:** | Measured |
| **Age:** | 20-49 |
| **Sample size:** | 10498 |
| **Area covered:** | National |
| **References:** | Ghana Statistical Service (GSS) and ICF. 2024. Ghana Demographic and Health Survey 2022. Accra, Ghana, and Rockville, Maryland, USA: GSS and ICF. |

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².*

## Women, 2022

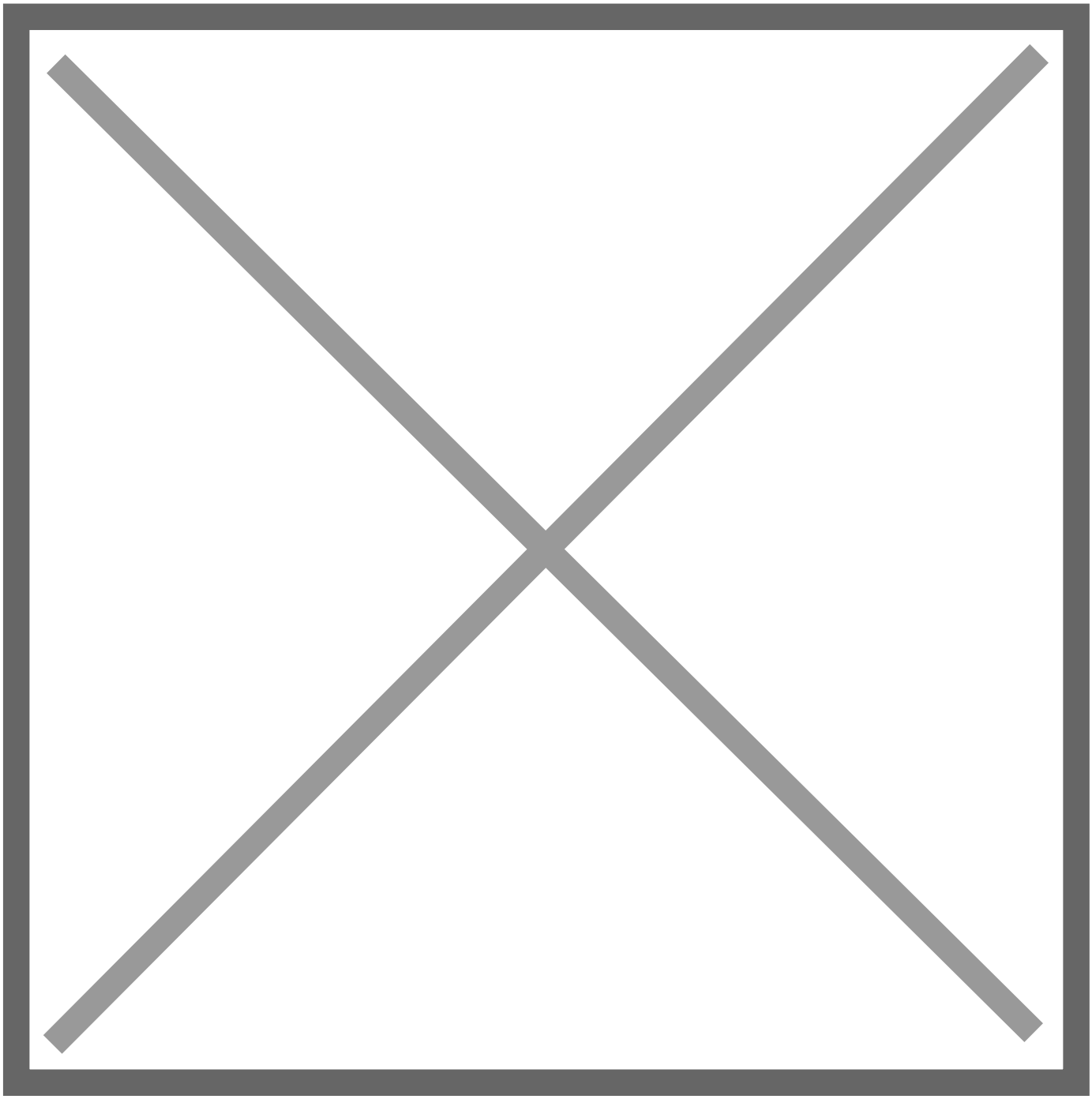


| | |
|---|---|
| **Survey type:** | Measured |
| **Age:** | 20-49 |
| **Sample size:** | 10498 |
| **Area covered:** | National |
| **References:** | Ghana Statistical Service (GSS) and ICF. 2024. Ghana Demographic and Health Survey 2022. Accra, Ghana, and Rockville, Maryland, USA: GSS and ICF. |

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².*

## Double burden of underweight & obesity

## Adults, 2022

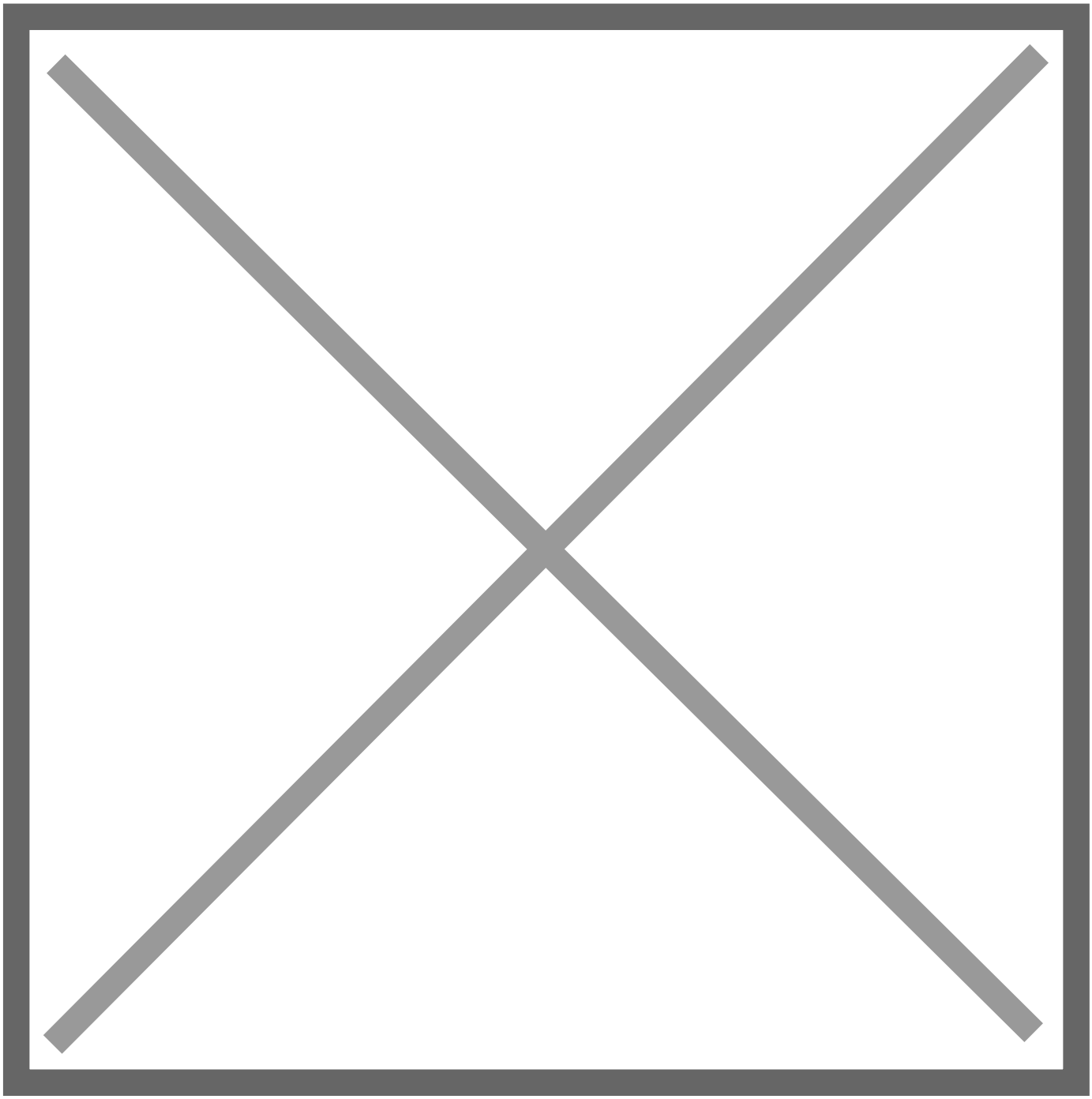


| | |
|---|---|
| **Survey type:** | Measured |
| **Age:** | 20+ |
| **References:** | NCD Risk Factor Collaboration (NCD-RisC). Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population representative studies with 222 million children, adolescents, and adults. Lancet 2024; published online Feb 29. https://doi.org/10.1016/S0140-6736(23)02750-2. |
| **Notes:** | Age Standardised estimates |

| | |
|---|---|
| **Definitions:** | Combined prevalence of BMI<18.5 kg/m² and BMI>=30 kg/m² (double burden of underweight and obesity) |

## Insufficient physical activity

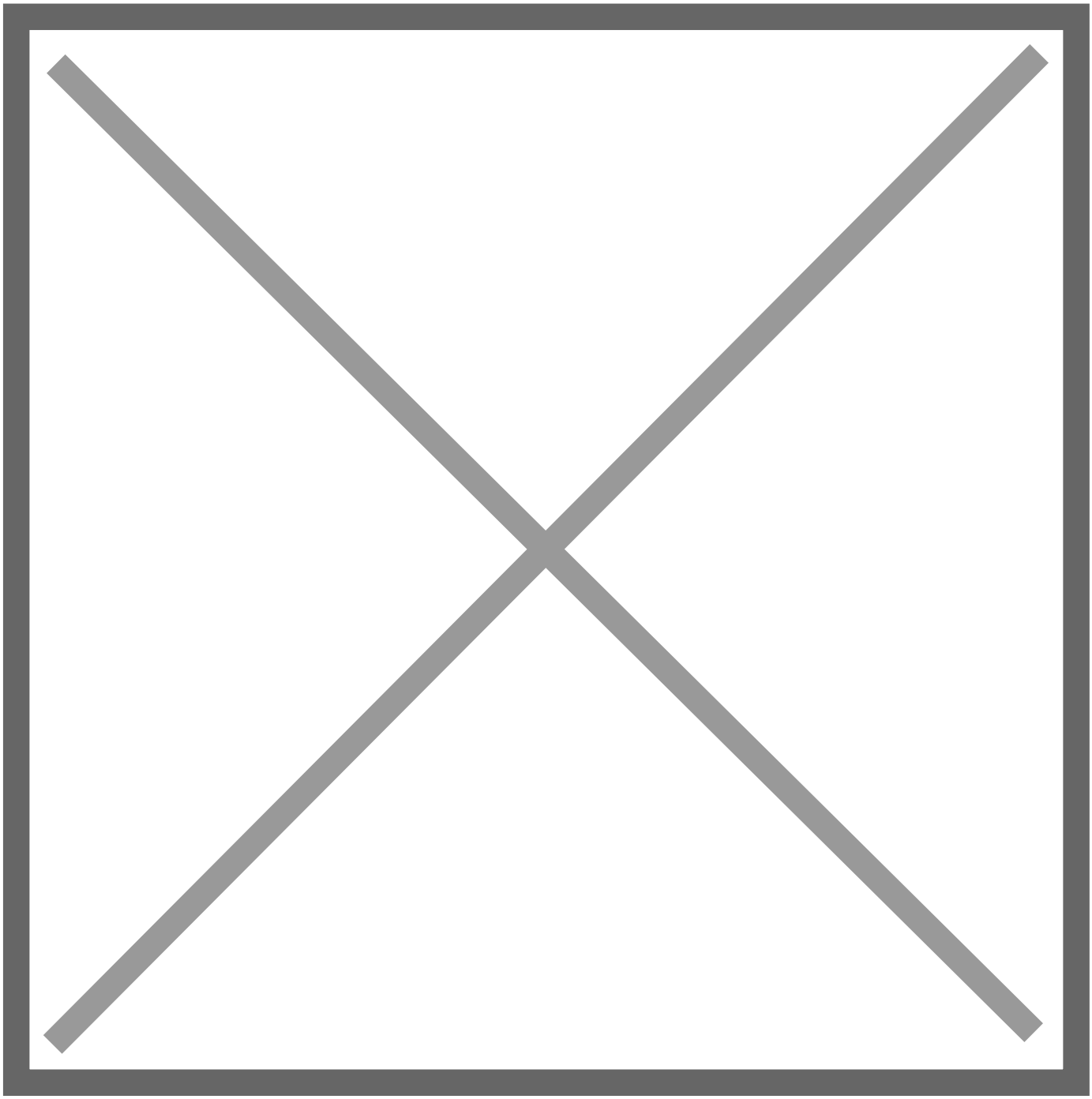
## Adults, 2022



| | |
|---|---|
| **Survey type:** | Self-reported |
| **Age:** | 18+ |
| **Area covered:** | National |
| **References:** | WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-) |

| | |
|---|---|
| **Definitions:** | Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent. |

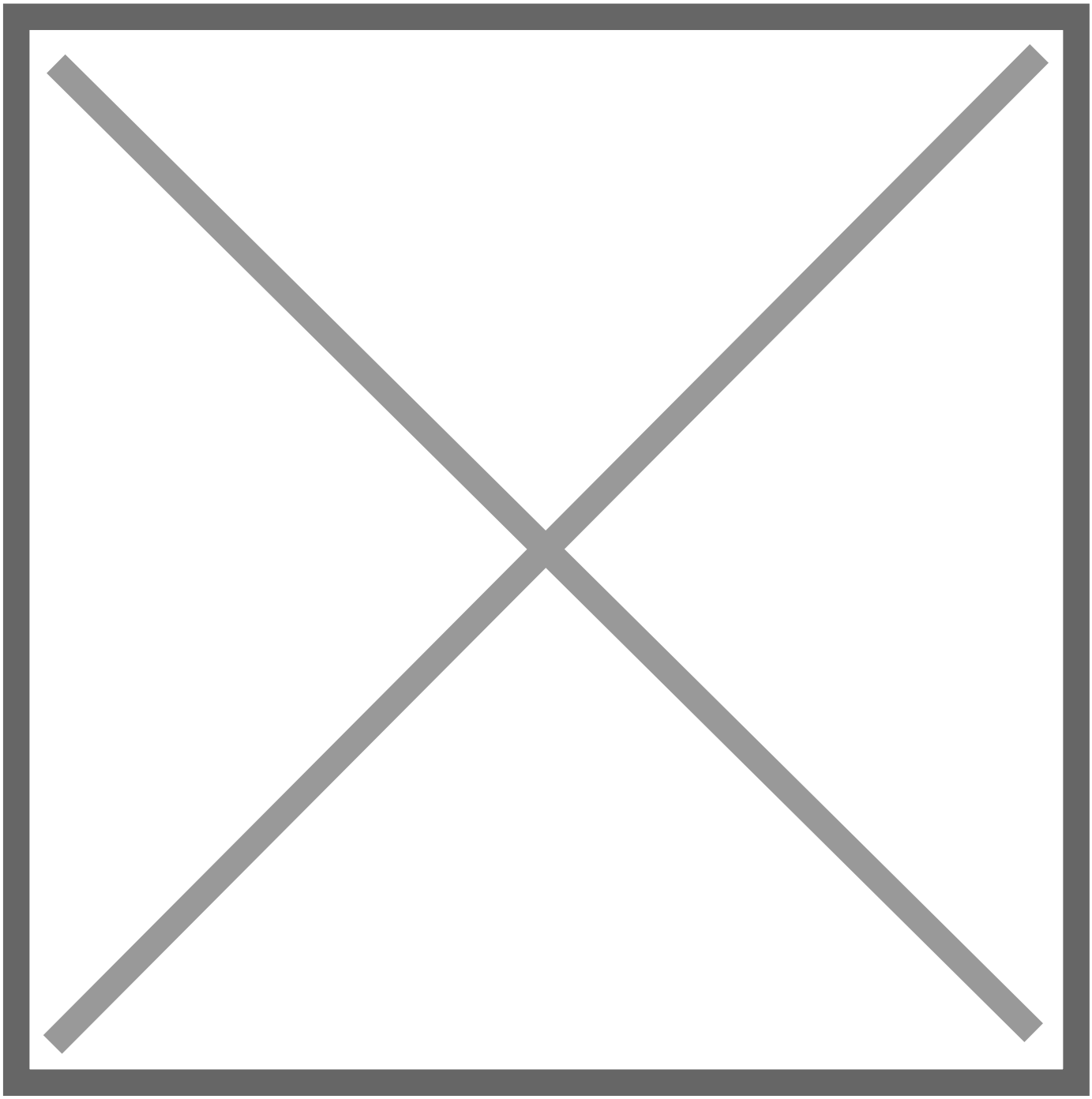
## Men, 2022



| | |
|---|---|
| **Survey type:** | Self-reported |
| **Age:** | 18+ |
| **Area covered:** | National |
| **References:** | WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-) |

| | |
|---|---|
| **Definitions:** | Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent. |

## Women, 2022

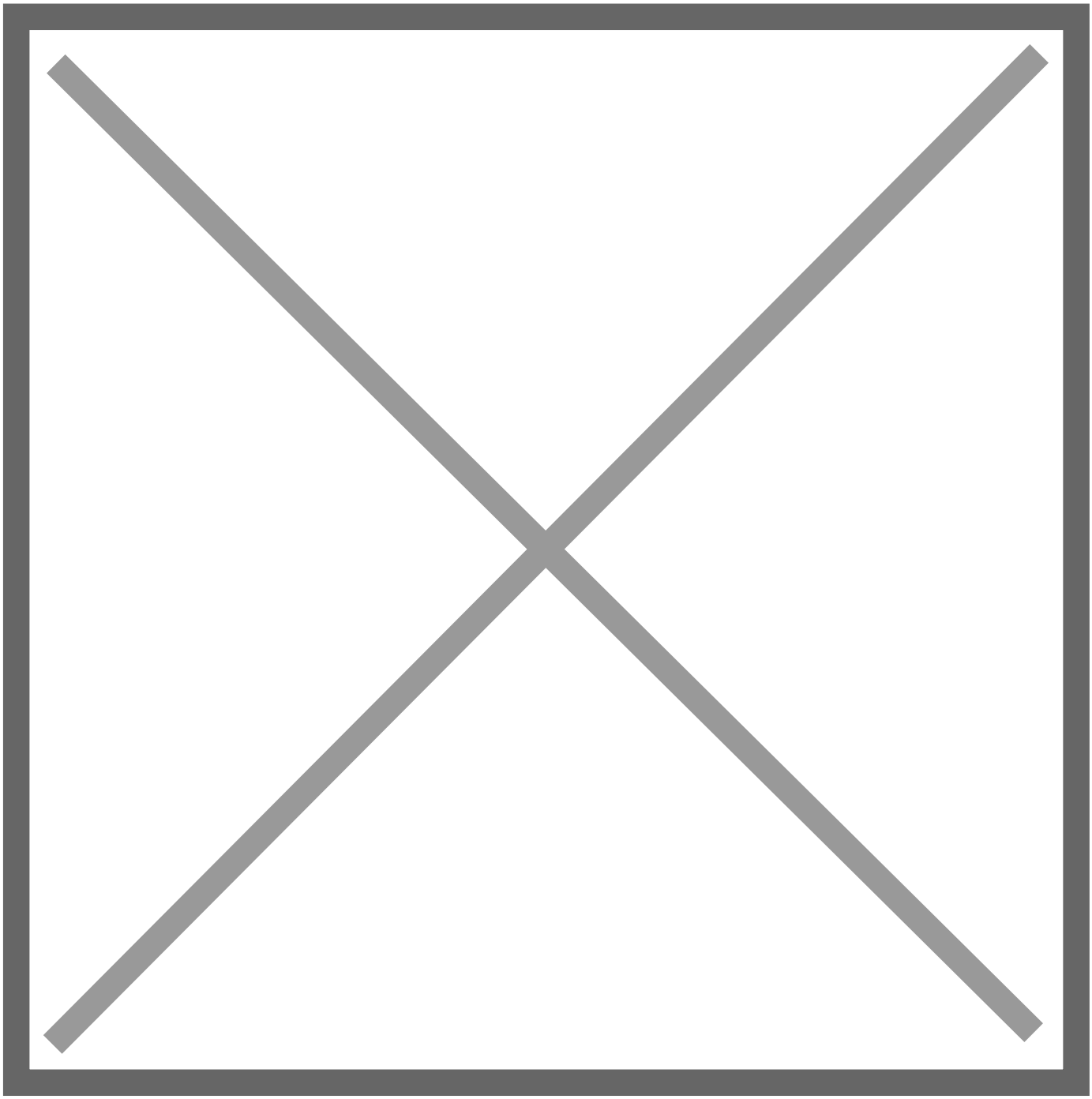


| | |
|---|---|
| **Survey type:** | Self-reported |
| **Age:** | 18+ |
| **Area covered:** | National |
| **References:** | WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-) |

| | |
|---|---|
| **Definitions:** | Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent. |

## Average weekly frequency of fast food consumption

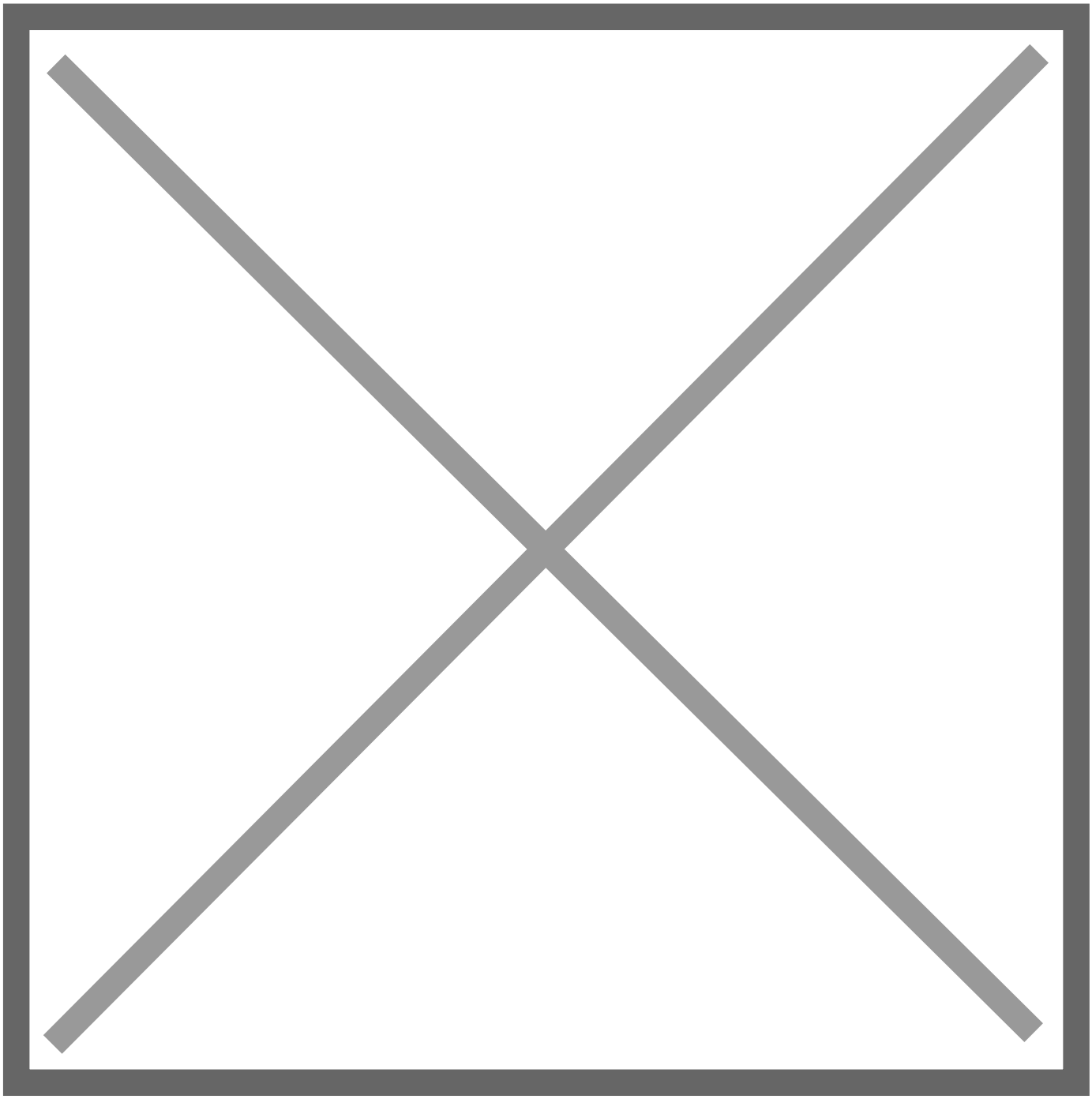
## Adults, 2021-2024



| | |
|---|---|
| **Survey type:** | Self-reported |
| **Age:** | 15+ |
| **Sample size:** | 1000 |
| **Area covered:** | National |
| **References:** | Global Diet Quality Project. 2024. "DQQ Results Dataset 2021-2024." Harvard Dataverse. https://doi.org/doi:10.7910/DVN/KY3W8A Licence: CC BY-NC-SA 4.0. Accessed at dietquality.org on October 15, 2025. |

| | |
|---|---|
| **Notes:** | For more global dietary survey data, visit the Global Diet Quality Project website at https://www.dietquality.org/ |
| **Definitions:** | Proportion of the population who consumed fast food during the previous day or night (self-reported) |

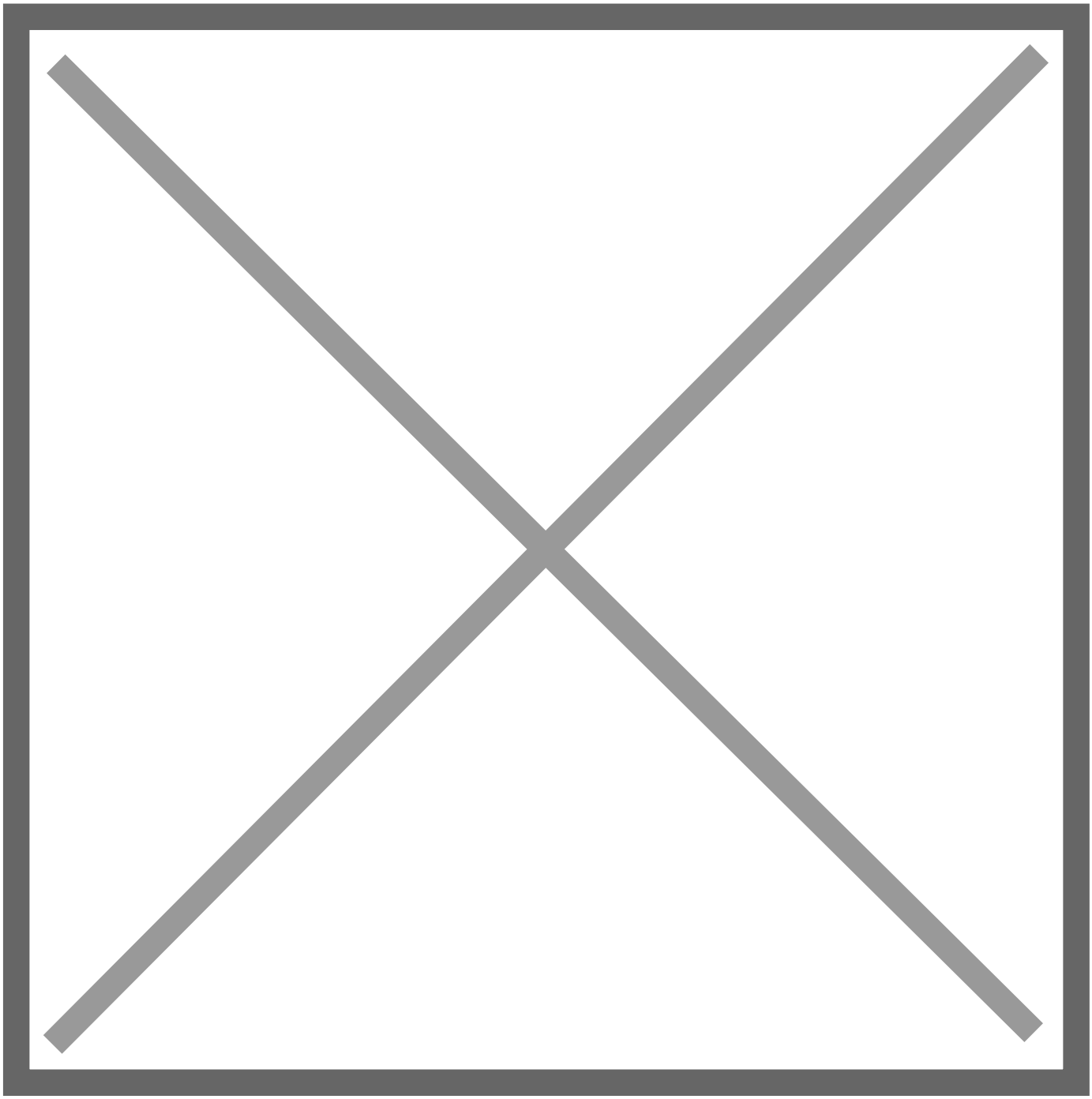
## Men, 2021-2024



| | |
|---|---|
| **Survey type:** | Self-reported |
| **Age:** | 15+ |
| **Sample size:** | 1000 |
| **Area covered:** | National |
| **References:** | Global Diet Quality Project. 2024. "DQQ Results Dataset 2021-2024." Harvard Dataverse. https://doi.org/doi:10.7910/DVN/KY3W8A Licence: CC BY-NC-SA 4.0. Accessed at dietquality.org on October 15, 2025. |

| | |
|---|---|
| **Notes:** | For more global dietary survey data, visit the Global Diet Quality Project website at https://www.dietquality.org/ |
| **Definitions:** | Proportion of the population who consumed fast food during the previous day or night (self-reported) |

## Women, 2021-2024

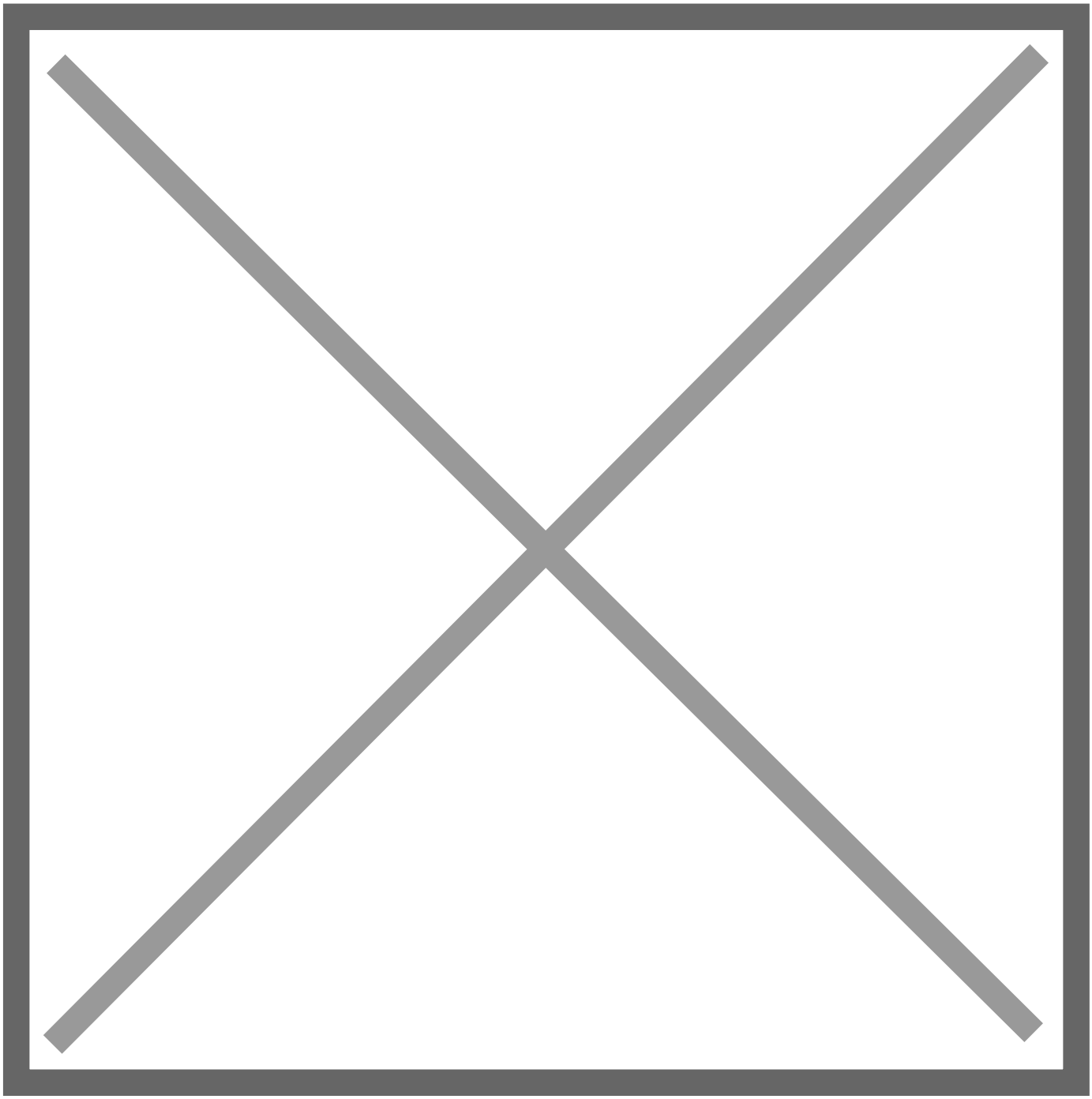


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|---|---|
| **Survey type:** | Self-reported |
| **Age:** | 15+ |
| **Sample size:** | 1000 |
| **Area covered:** | National |
| **References:** | Global Diet Quality Project. 2024. "DQQ Results Dataset 2021-2024." Harvard Dataverse. https://doi.org/doi:10.7910/DVN/KY3W8A Licence: CC BY-NC-SA 4.0. Accessed at dietquality.org on October 15, 2025. |

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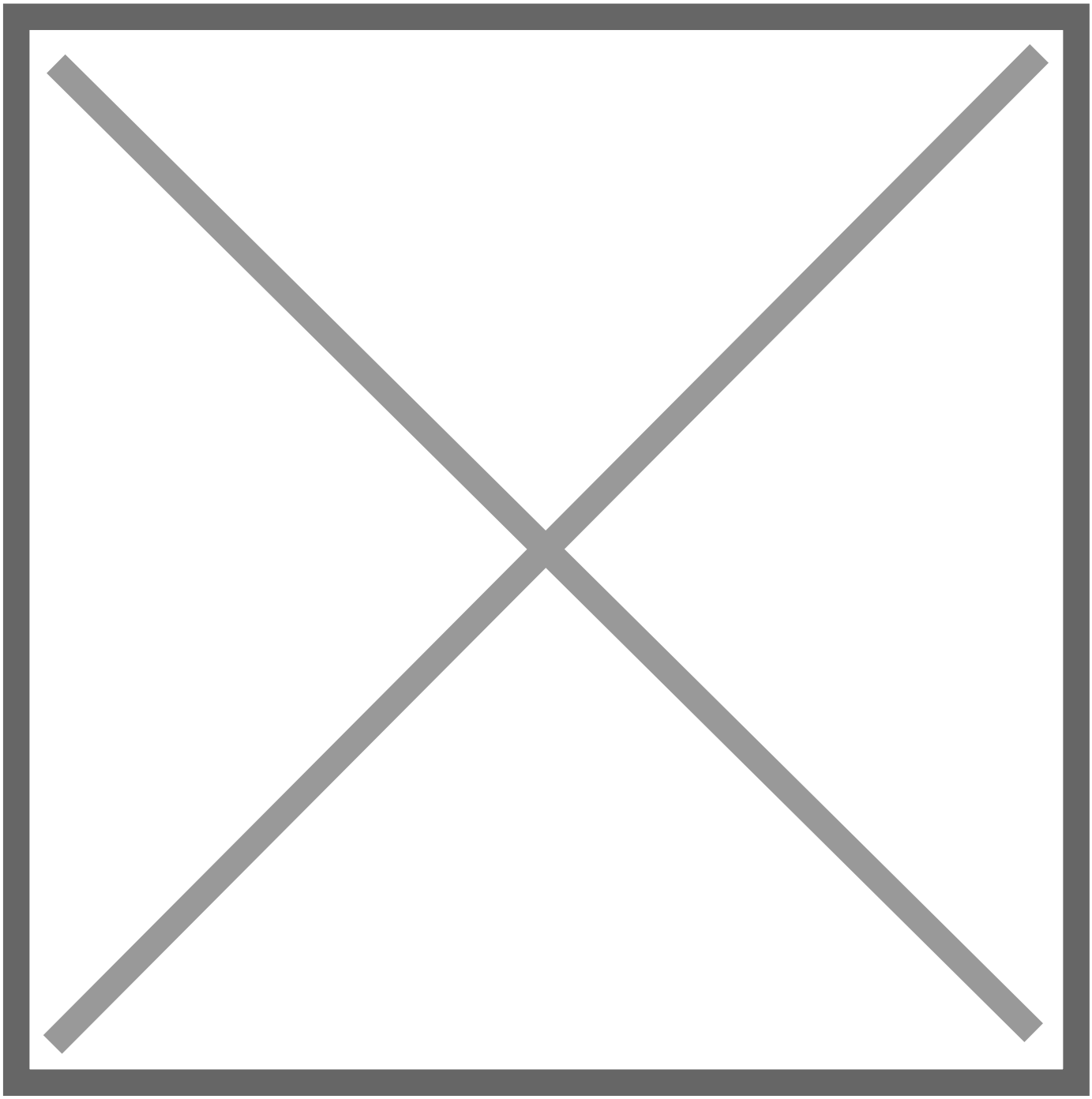
## Mental health - depression disorders

## Adults, 2023



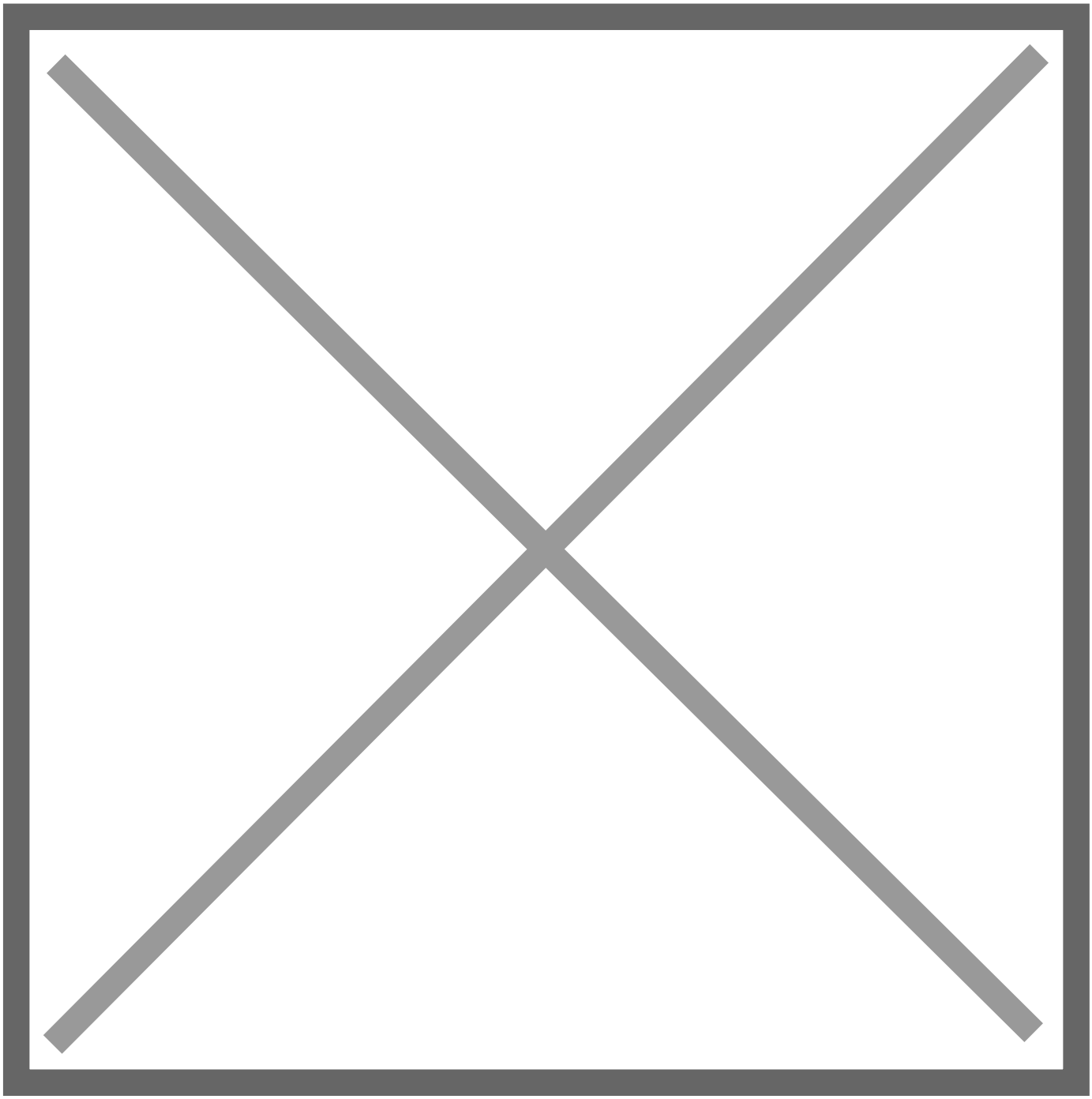
| | |
|---|---|
| **Age:** | 20+ |
| **Area covered:** | National |
| **References:** | Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from https://vizhub.healthdata.org/gbd-compare/ [Accessed 17.03.26] |
| **Definitions:** | Estimated number living with depressive disorders per 100,000 population (20+ years of age) |

## Men, 2023



| | |
|---|---|
| **Age:** | 20+ |
| **Area covered:** | National |
| **References:** | Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from https://vizhub.healthdata.org/gbd-compare/ [Accessed 17.03.26] |
| **Definitions:** | Estimated number living with depressive disorders per 100,000 population (20+ years of age) |

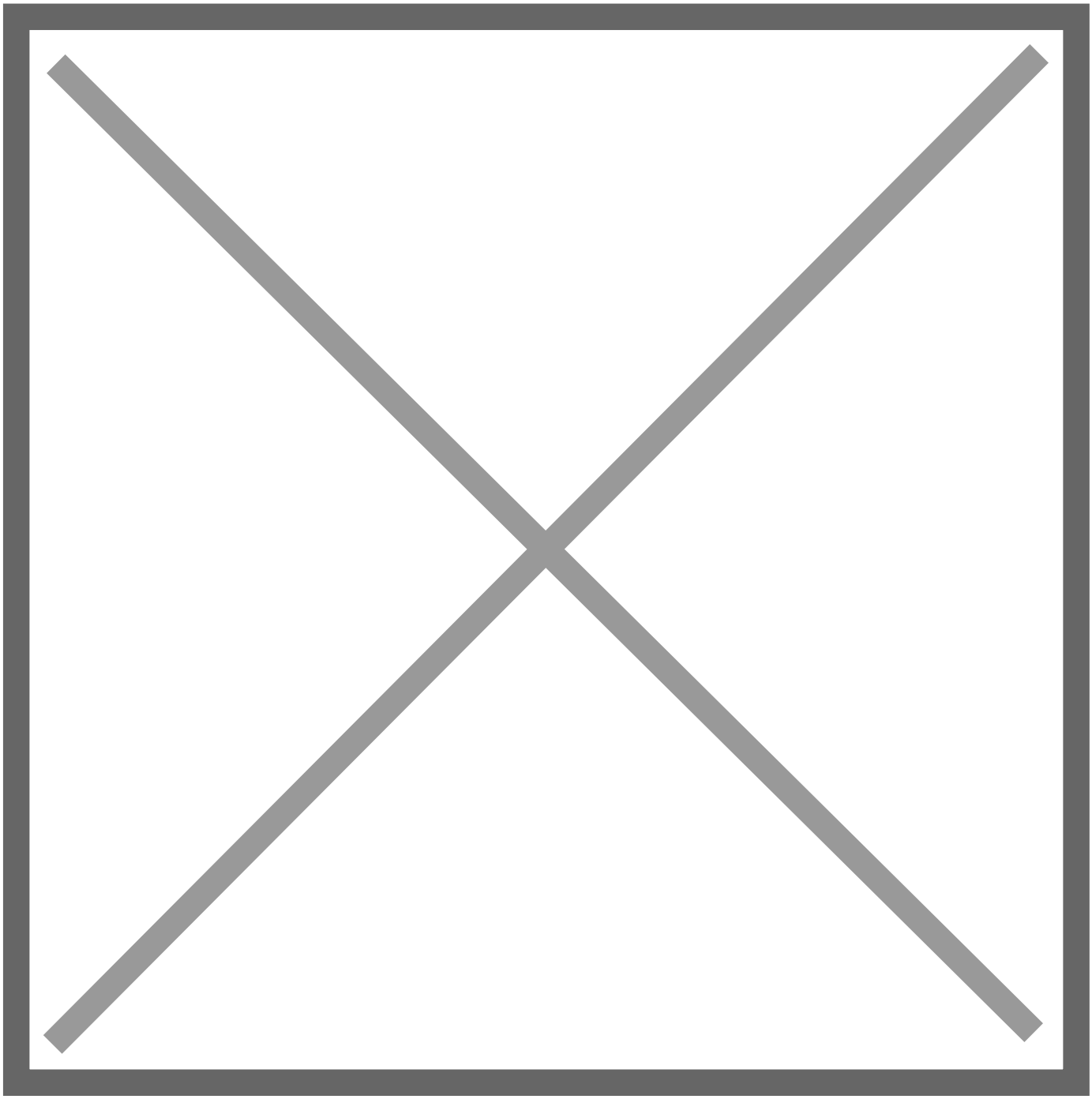
## Women, 2023



| | |
|---|---|
| **Age:** | 20+ |
| **Area covered:** | National |
| **References:** | Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from https://vizhub.healthdata.org/gbd-compare/ [Accessed 17.03.26] |
| **Definitions:** | Estimated number living with depressive disorders per 100,000 population (20+ years of age) |

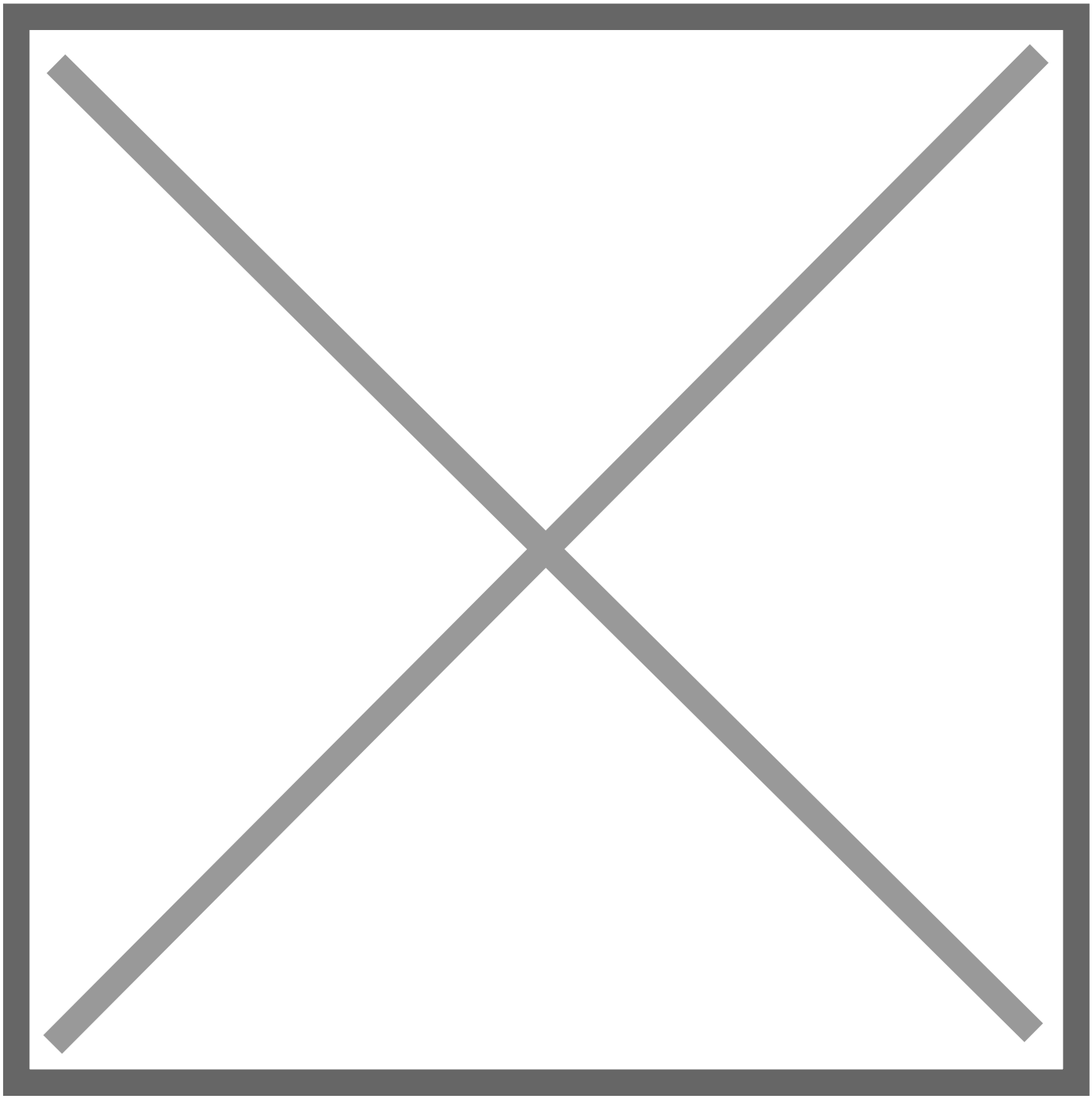
## Mental health - anxiety disorders

## Adults, 2023



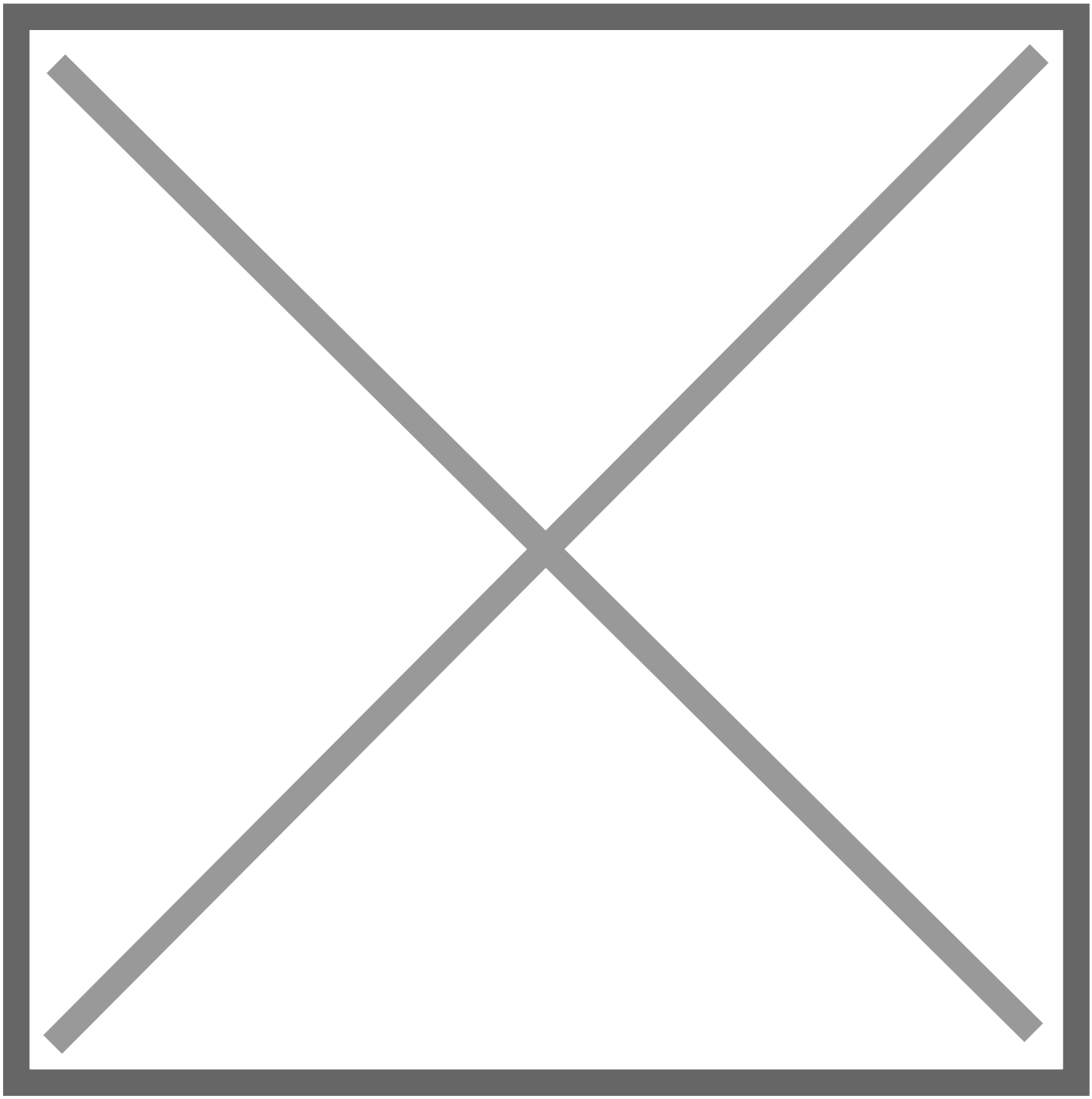
| | |
|---|---|
| **Age:** | 20+ |
| **Area covered:** | National |
| **References:** | Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from https://vizhub.healthdata.org/gbd-compare/ [Accessed 17.03.26] |
| **Definitions:** | Estimated number living with anxiety disorders per 100,000 population (20+ years of age) |

## Men, 2023



| | |
|---|---|
| **Age:** | 20+ |
| **Area covered:** | National |
| **References:** | Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from https://vizhub.healthdata.org/gbd-compare/ [Accessed 17.03.26] |
| **Definitions:** | Estimated number living with anxiety disorders per 100,000 population (20+ years of age) |

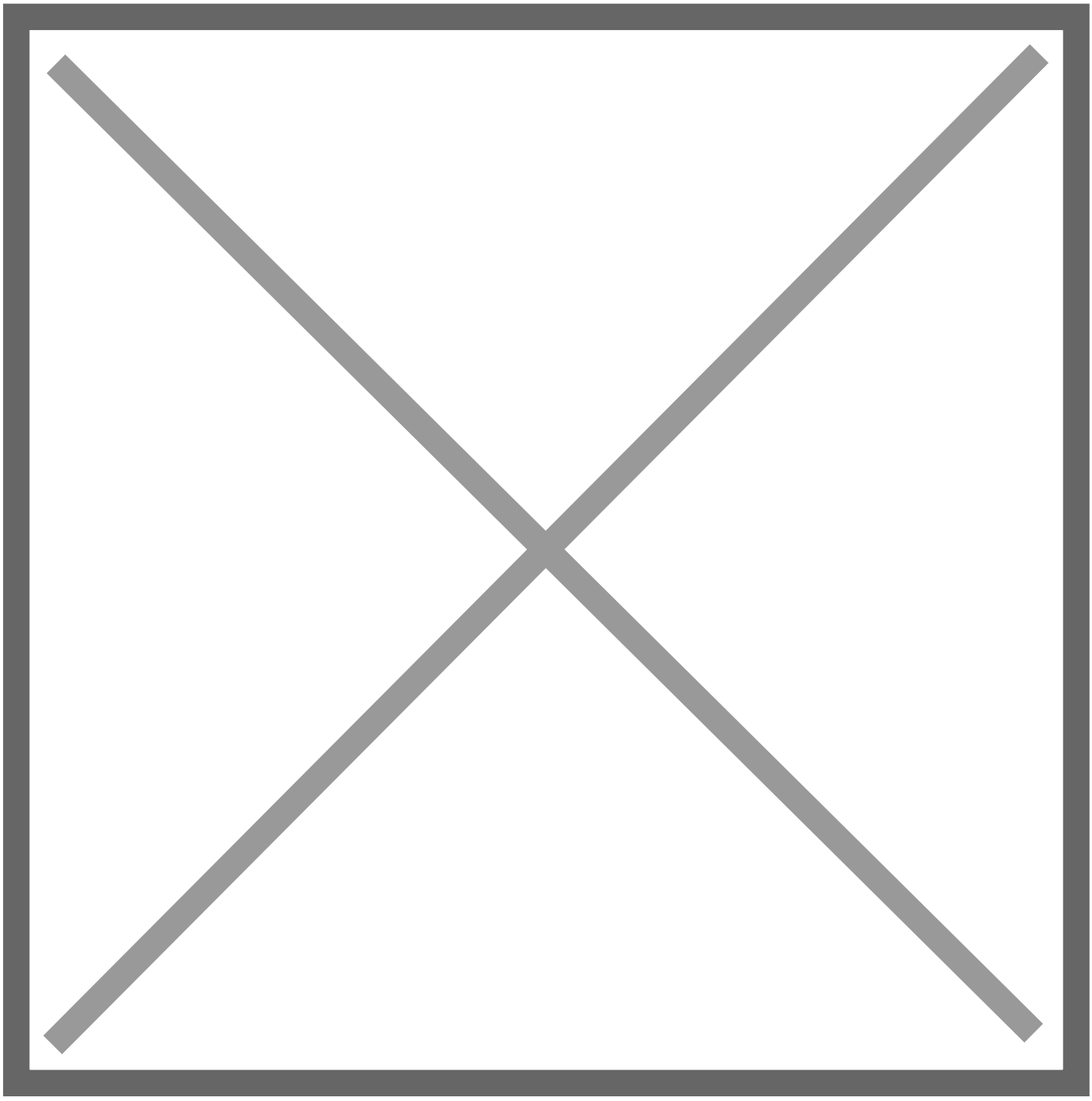
## Women, 2023



| | |
|---|---|
| **Age:** | 20+ |
| **Area covered:** | National |
| **References:** | Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from https://vizhub.healthdata.org/gbd-compare/ [Accessed 17.03.26] |
| **Definitions:** | Estimated number living with anxiety disorders per 100,000 population (20+ years of age) |

# Percent of population who cannot afford a healthy diet

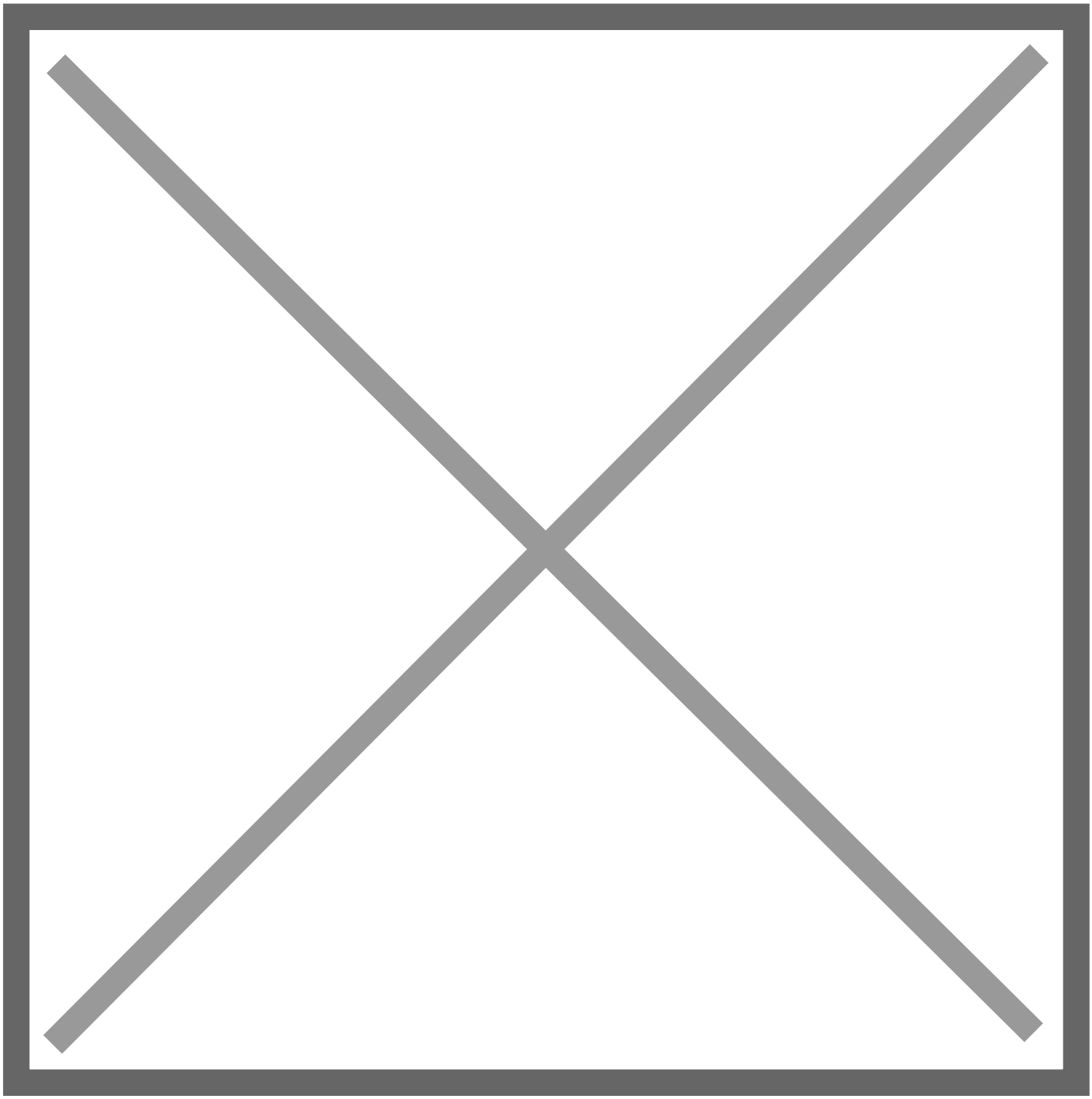
## Adults, 2025



| | |
|---|---|
| **Area covered:** | National |
| **References:** | FAO. 2026. FAOSTAT: Cost and Affordability of a Healthy Diet (CoAHD). https://www.fao.org/faostat/en/#data/CAHD. Licence: CC-BY-4.0. [Last Accessed 12.10.26] |
| **Notes:** | The percent of the population whose food budget is below the cost of a healthy diet. |

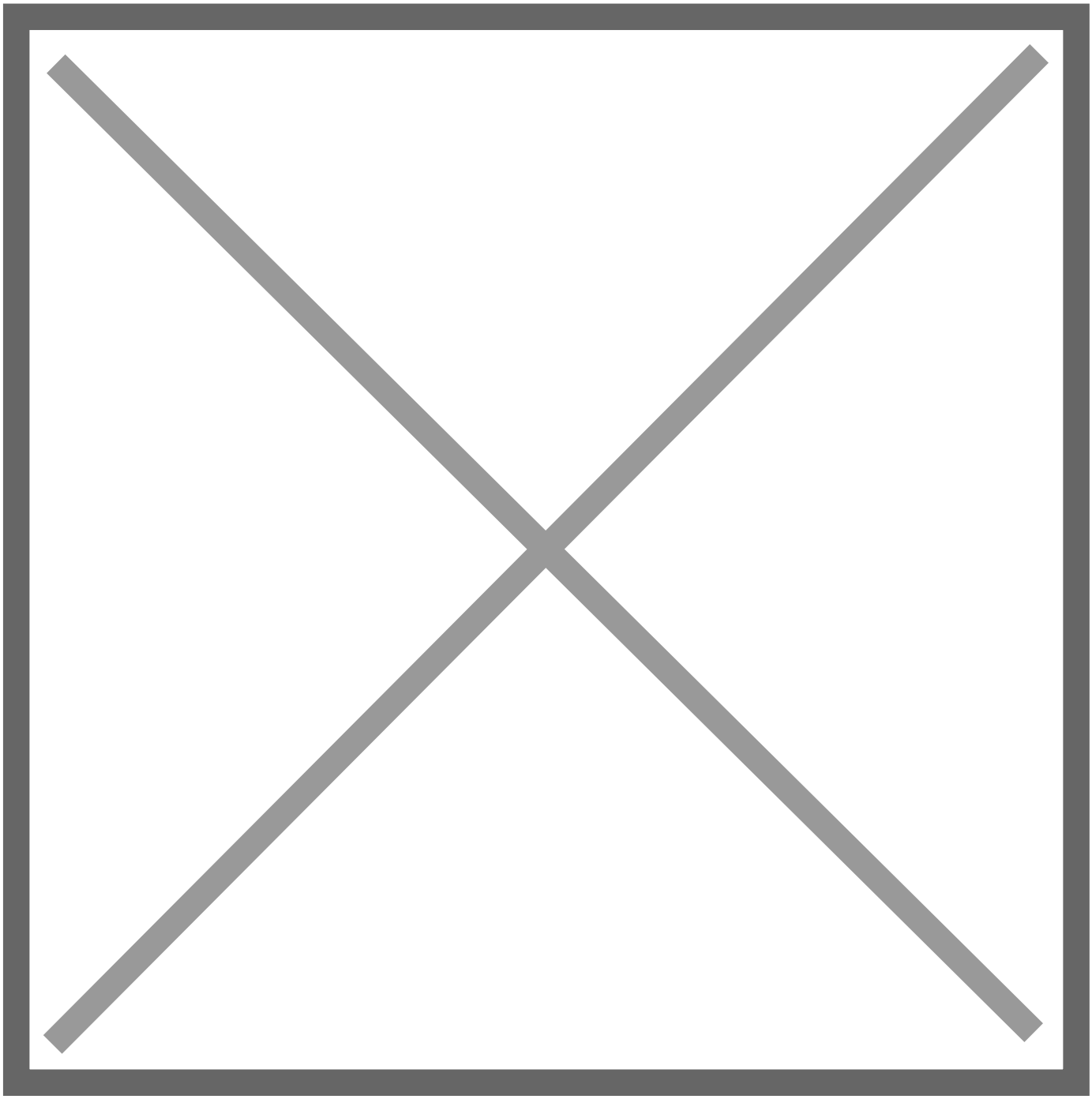
## Oesophageal cancer

## Men, 2022



| | |
|---|---|
| **Age:** | 20+ |
| **Area covered:** | National |
| **References:** | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |
| **Definitions:** | Indicence per 100,000 |

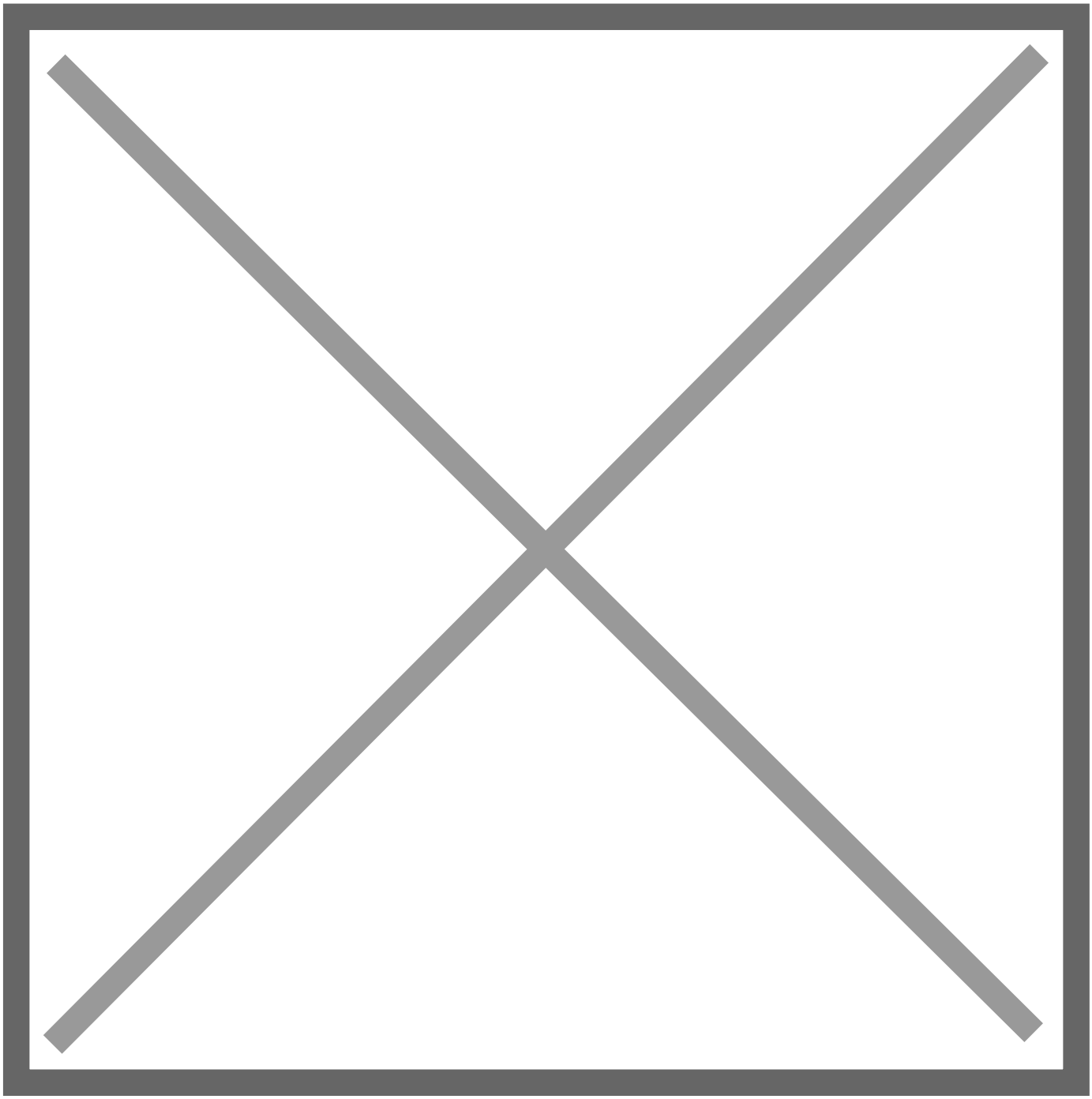
## Women, 2022



| | |
|---|---|
| **Age:** | 20+ |
| **Area covered:** | National |
| **References:** | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |
| **Definitions:** | Indicence per 100,000 |

## Breast cancer

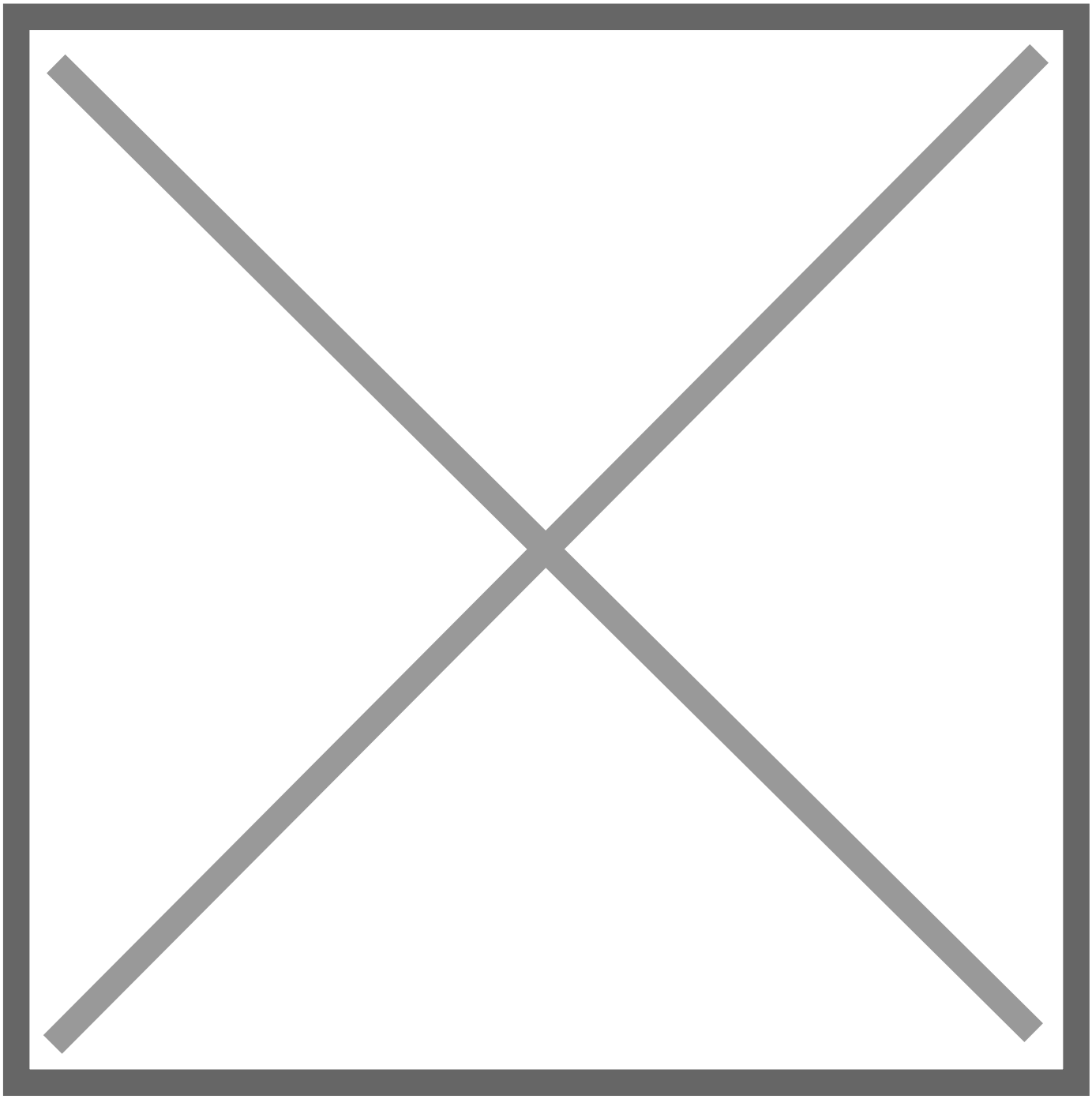
## Women, 2022



| | |
|---|---|
| **Area covered:** | National |
| **References:** | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |
| **Definitions:** | Incidence per 100,000 |

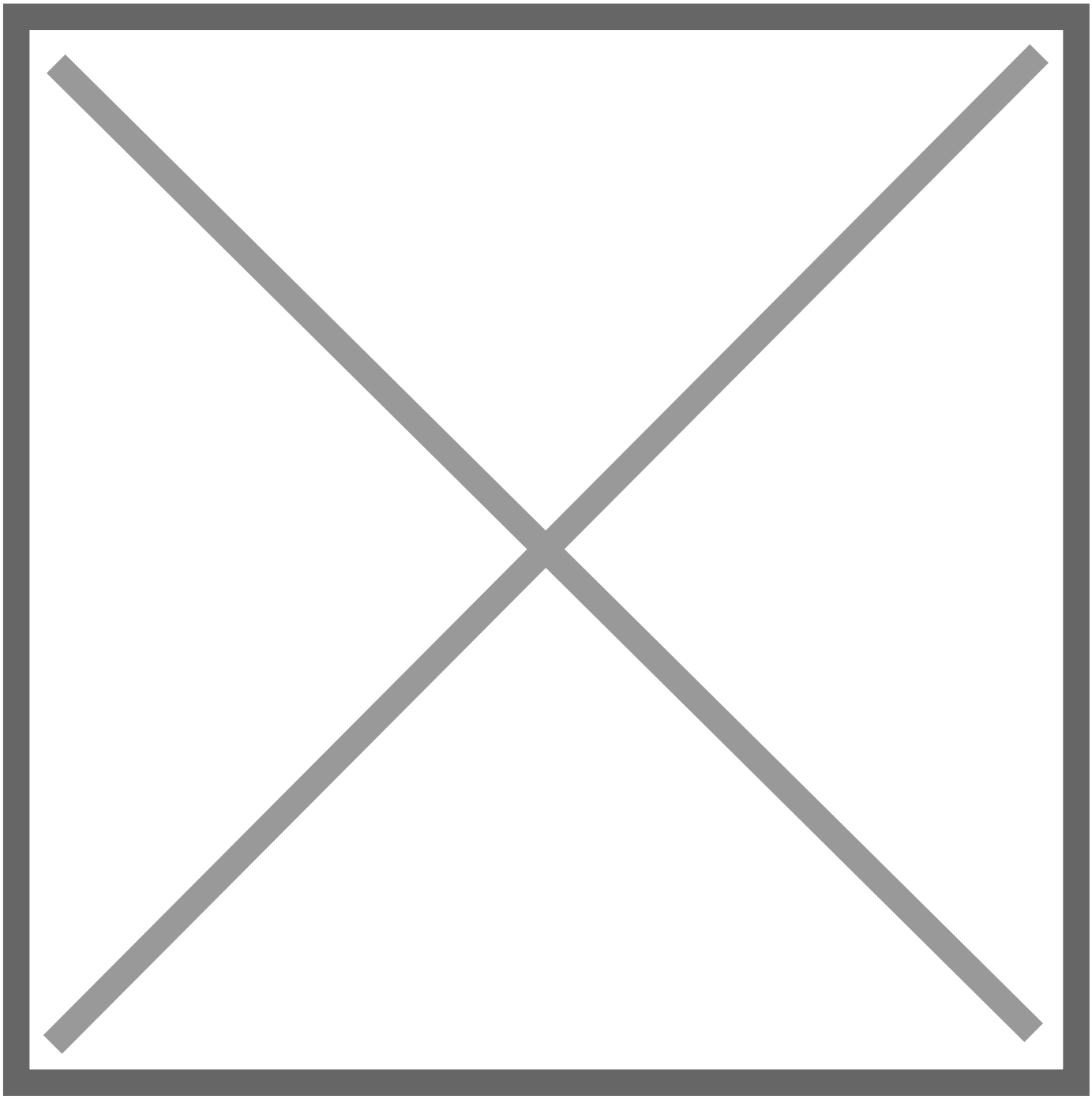
## Colorectal cancer

## Men, 2022



| | |
|---|---|
| **Age:** | 20+ |
| **Area covered:** | National |
| **References:** | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |
| **Definitions:** | Incidence per 100,000 |

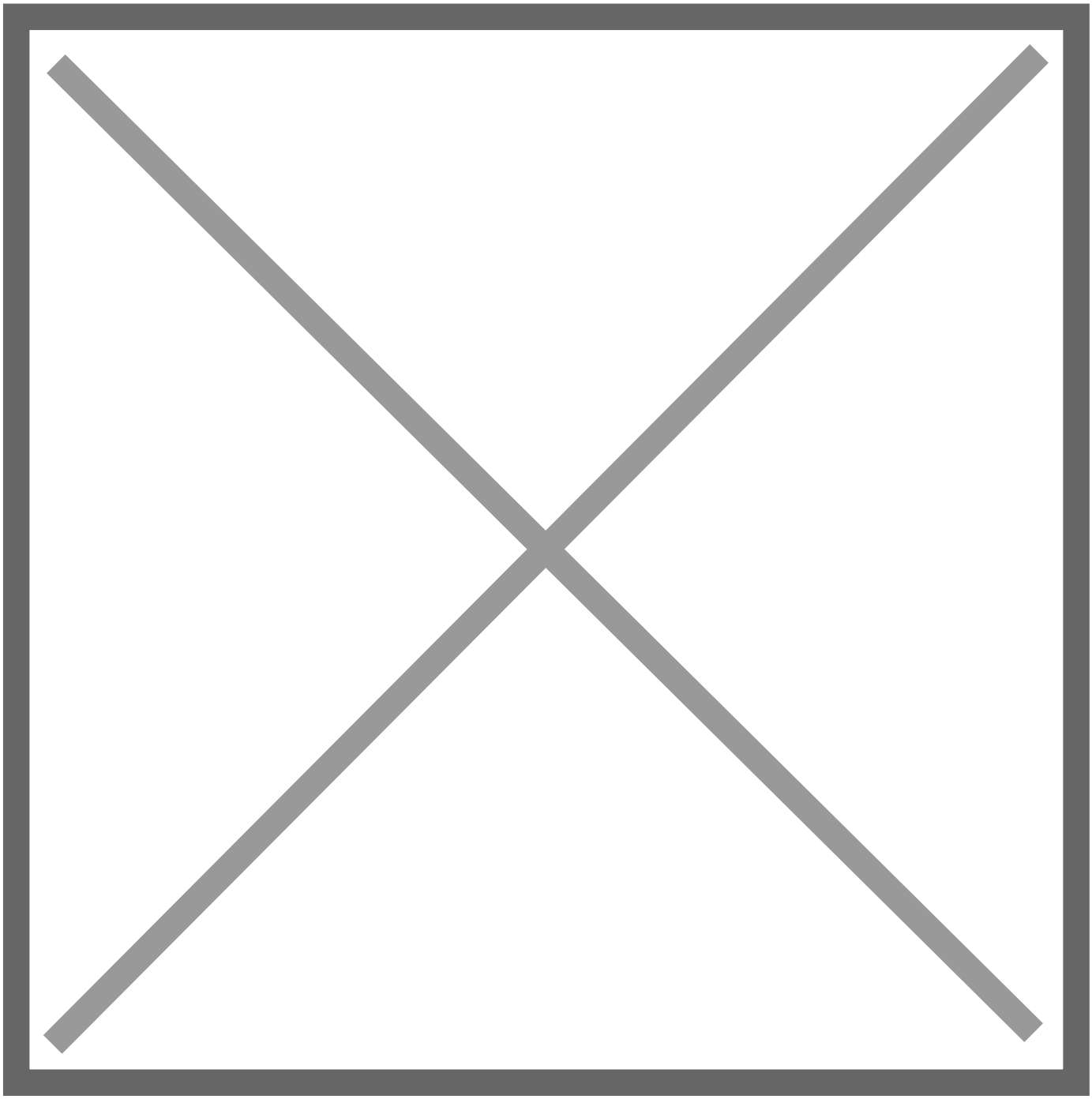
## Women, 2022



| | |
|---|---|
| **Age:** | 20+ |
| **Area covered:** | National |
| **References:** | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |
| **Definitions:** | Incidence per 100,000 |

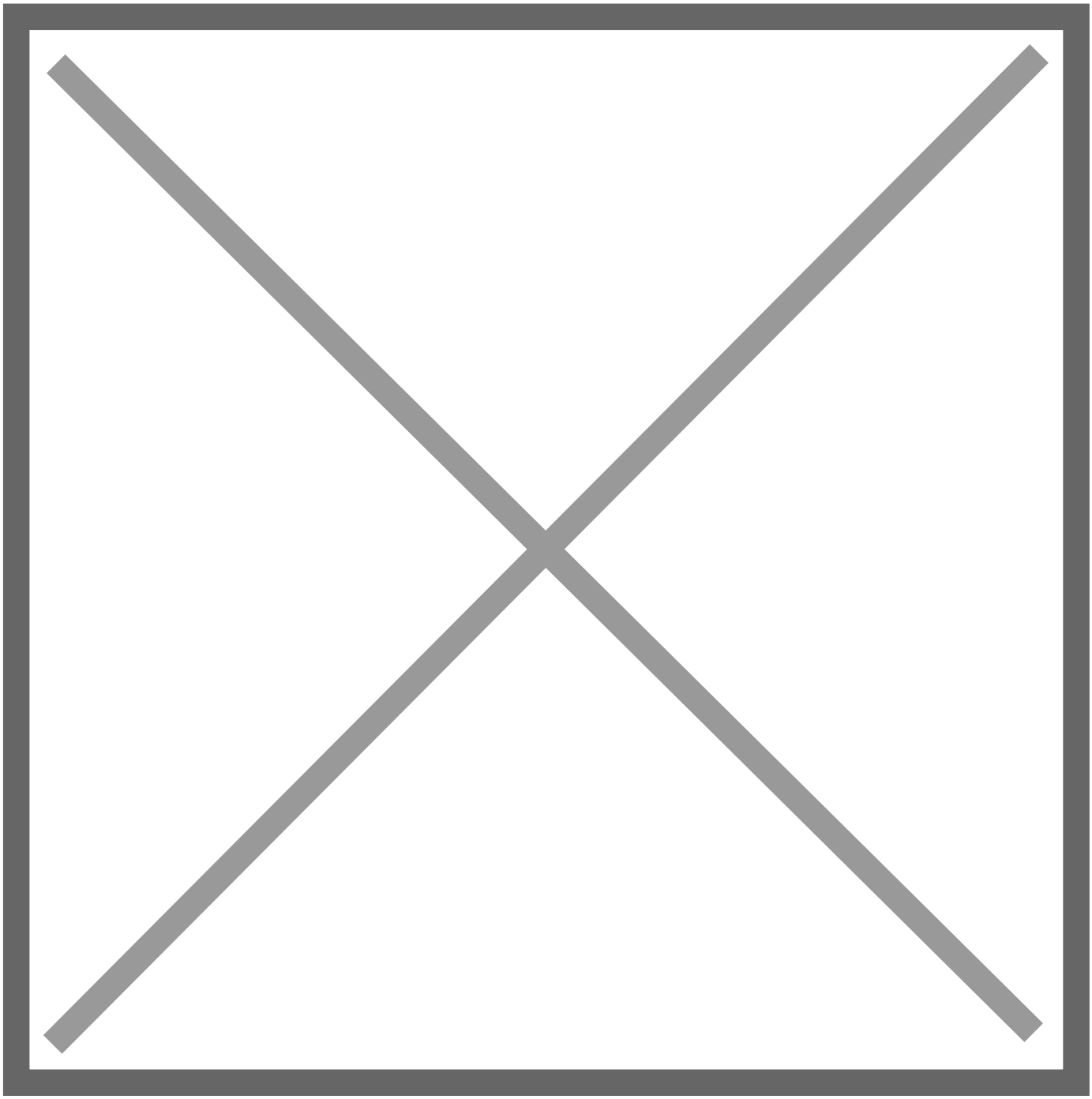
## Pancreatic cancer

## Men, 2022



| | |
|---|---|
| **Age:** | 20+ |
| **Area covered:** | National |
| **References:** | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |
| **Definitions:** | Incidence per 100,000 |

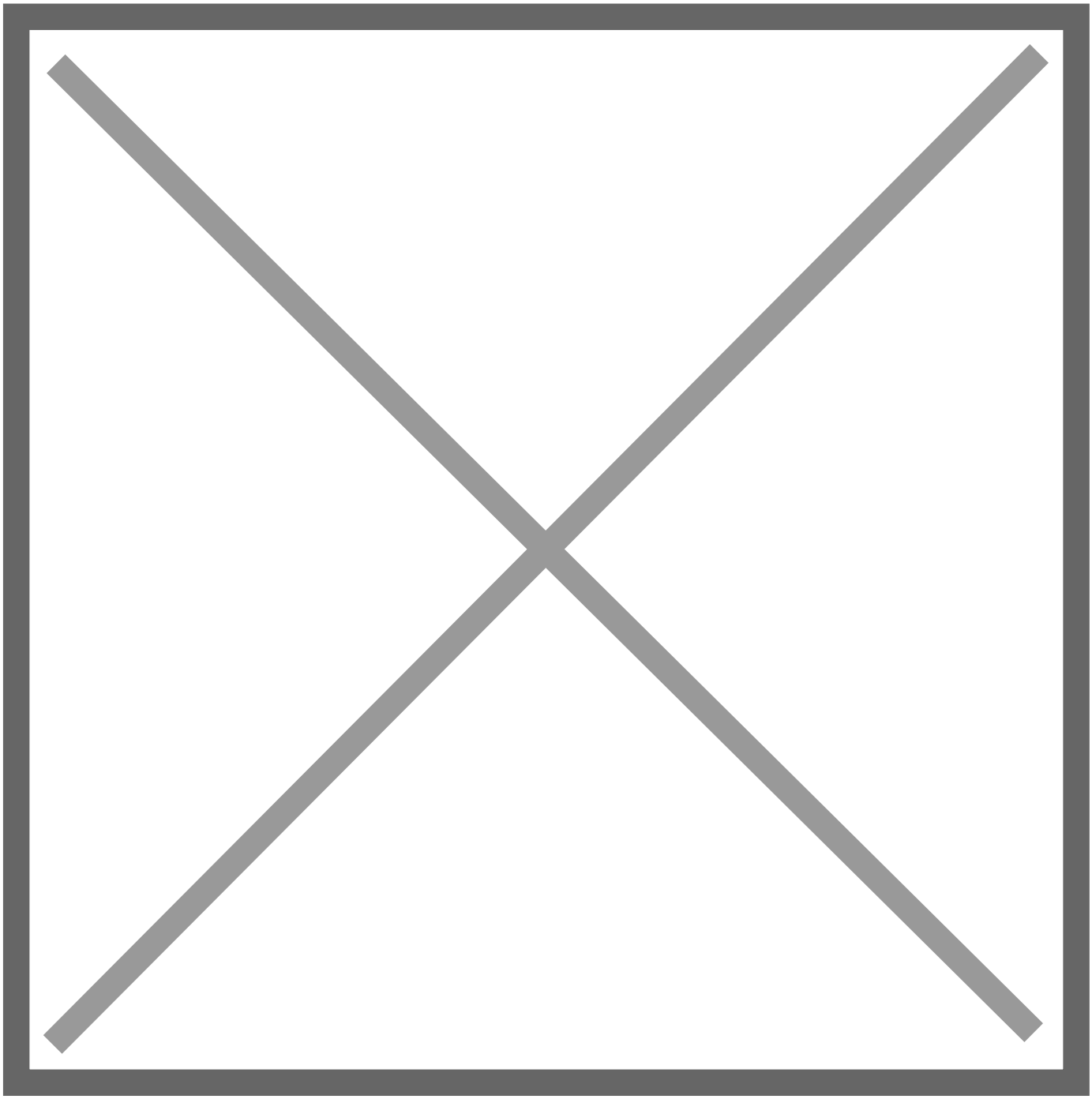
## Women, 2022



| | |
|---|---|
| **Age:** | 20+ |
| **Area covered:** | National |
| **References:** | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |
| **Definitions:** | Incidence per 100,000 |

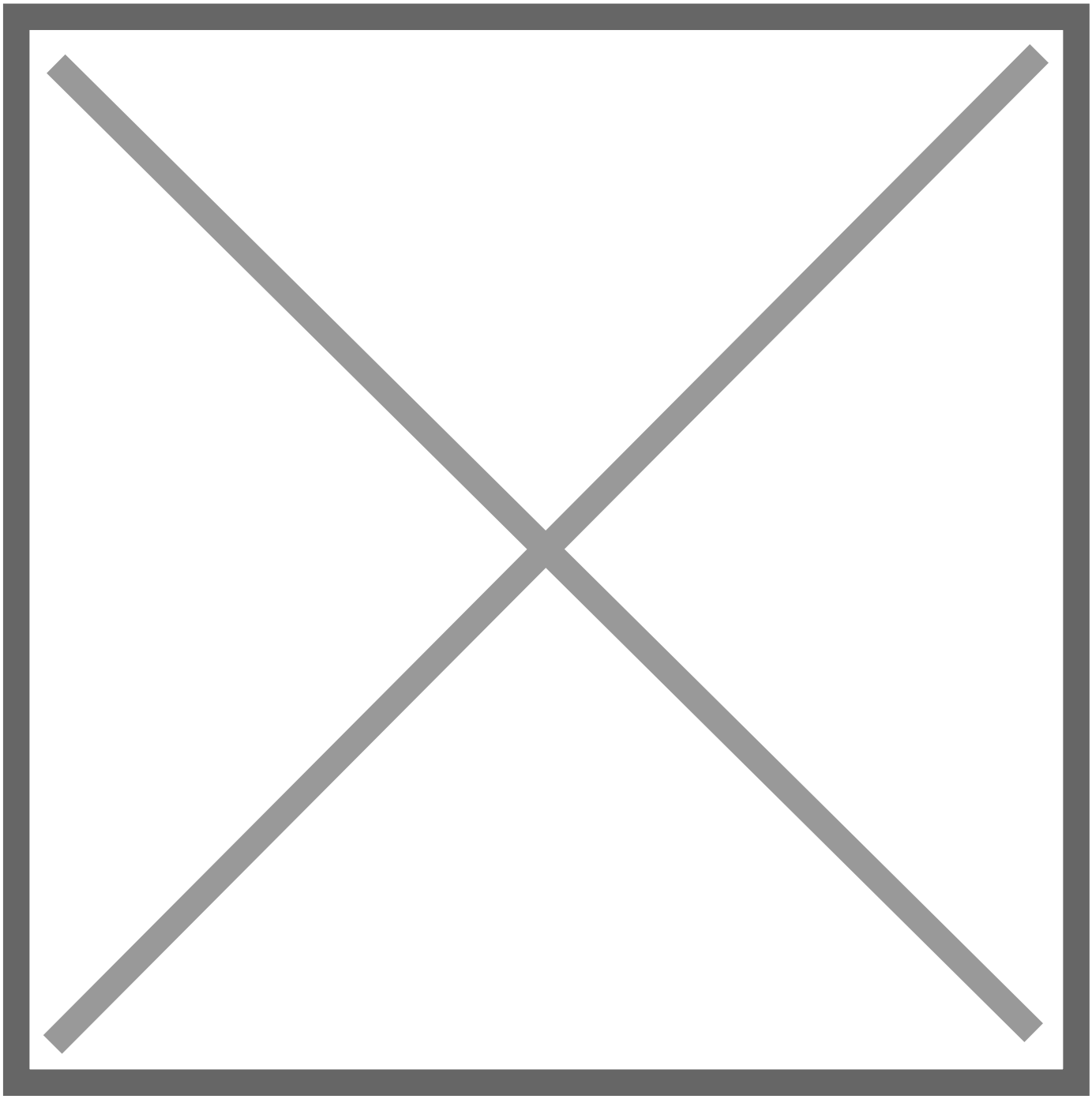
## Gallbladder cancer

## Men, 2022



| | |
|---|---|
| **Age:** | 20+ |
| **Area covered:** | National |
| **References:** | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |
| **Definitions:** | Indicence per 100,000 |

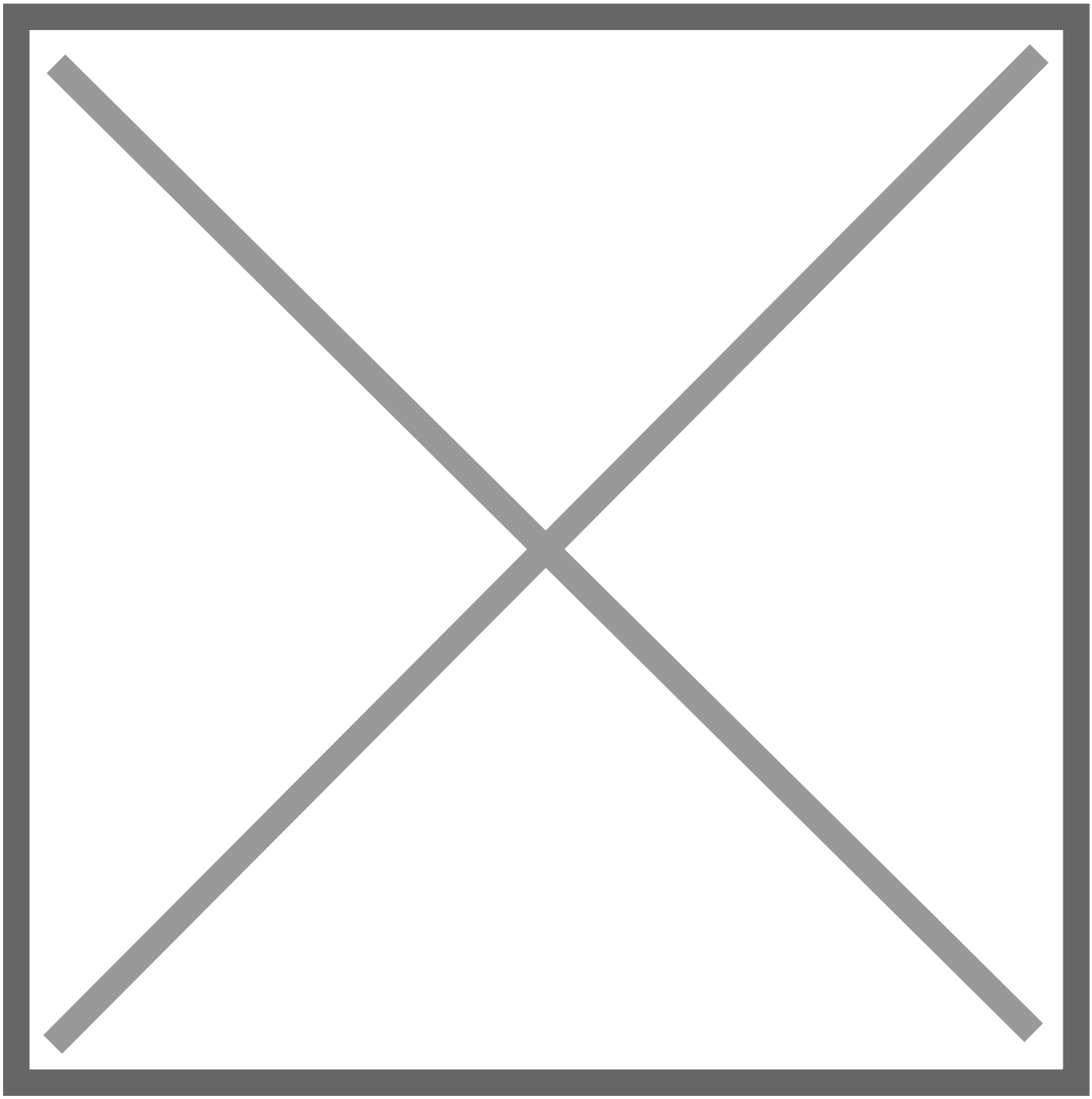
## Women, 2022



| | |
|---|---|
| **Age:** | 20+ |
| **Area covered:** | National |
| **References:** | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |
| **Definitions:** | Indicence per 100,000 |

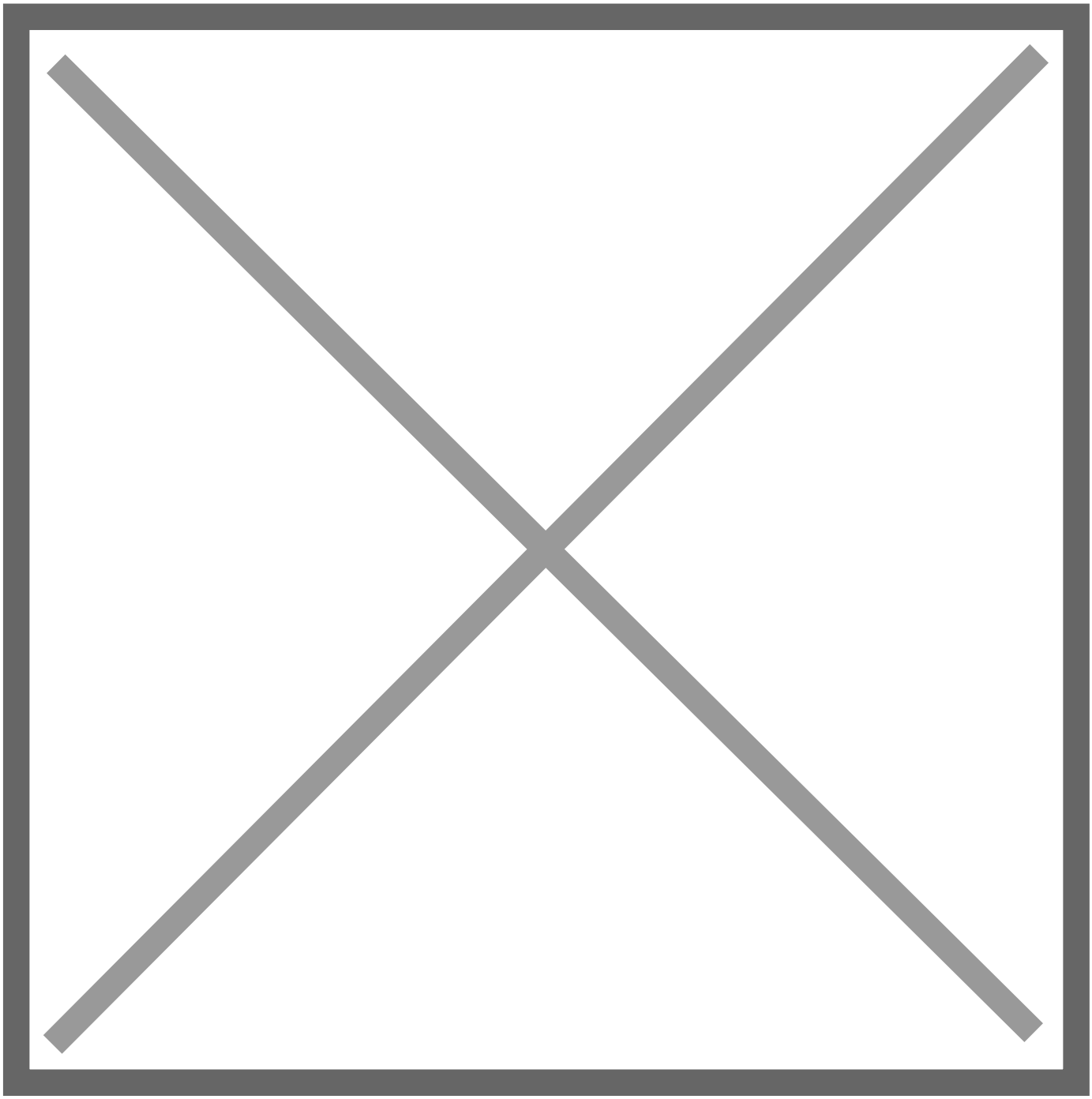
## Kidney cancer

## Men, 2022



| | |
|---|---|
| **Age:** | 20+ |
| **Area covered:** | National |
| **References:** | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |
| **Definitions:** | Incidence per 100,000 |

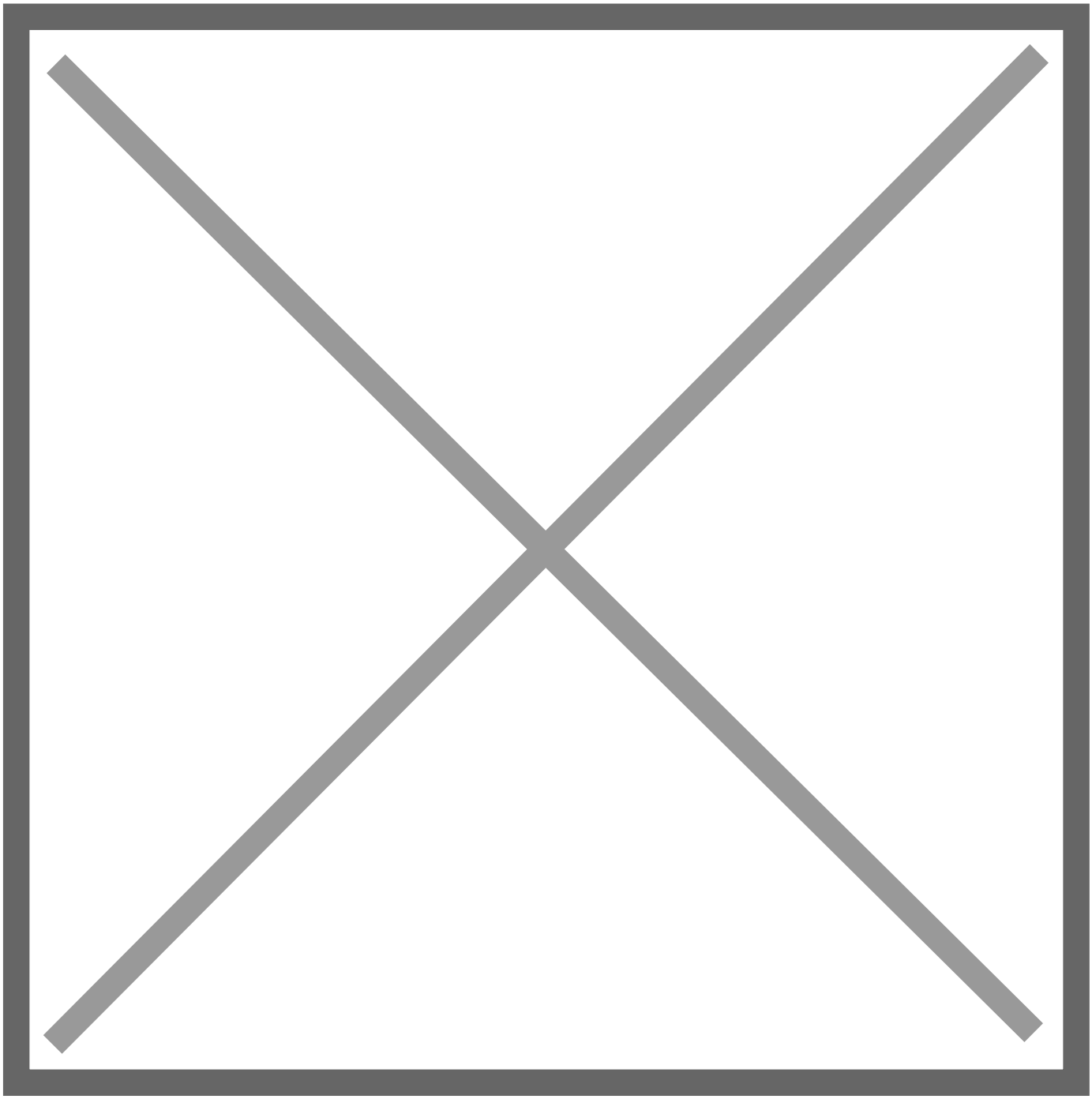
## Women, 2022



| | |
|---|---|
| **Age:** | 20+ |
| **Area covered:** | National |
| **References:** | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |
| **Definitions:** | Incidence per 100,000 |

## Cancer of the uterus

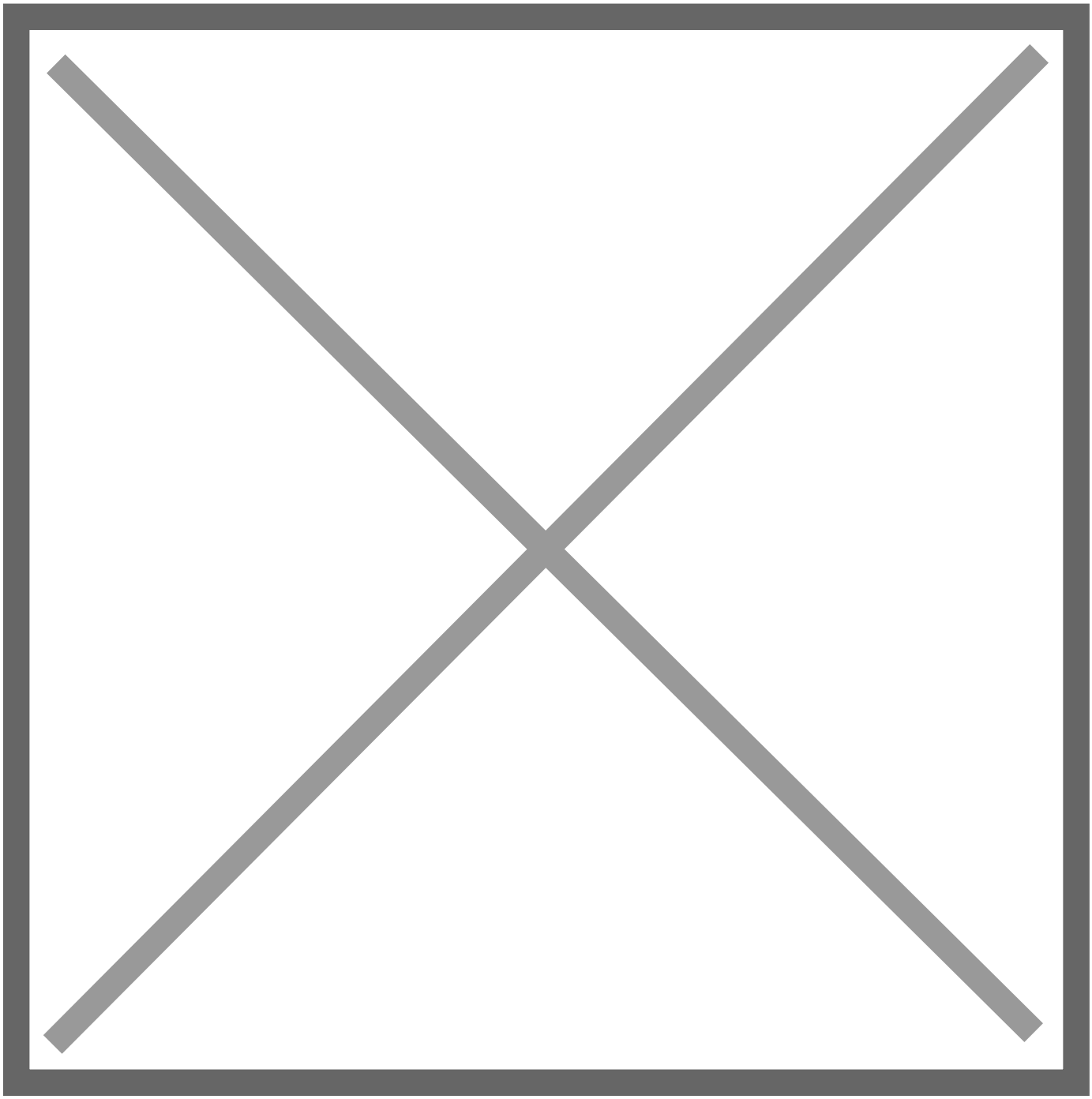
## Women, 2022



| | |
|---|---|
| **Age:** | 20+ |
| **References:** | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |
| **Definitions:** | Incidence per 100,000 |

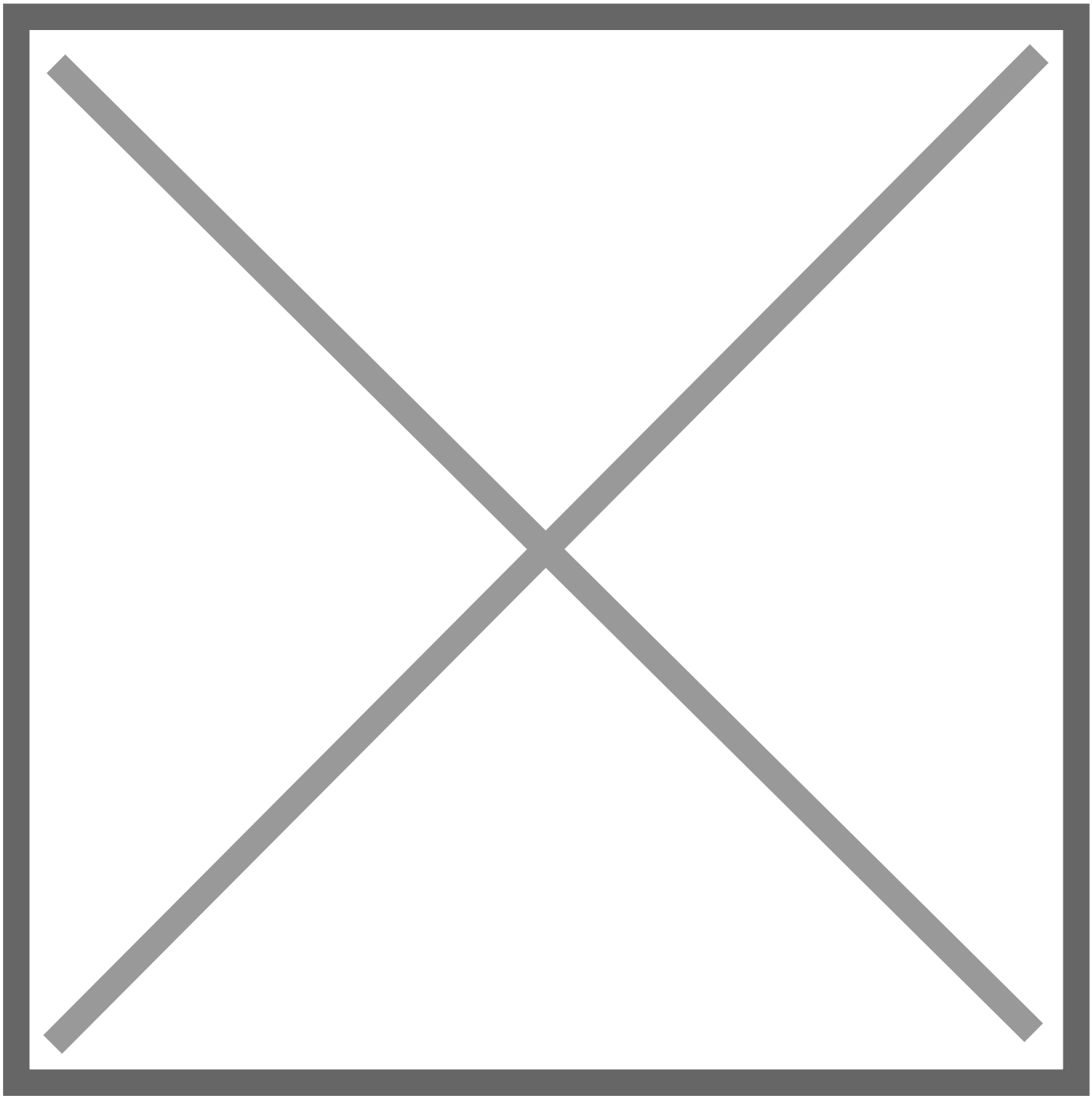
## Raised blood pressure

## Adults, 2019



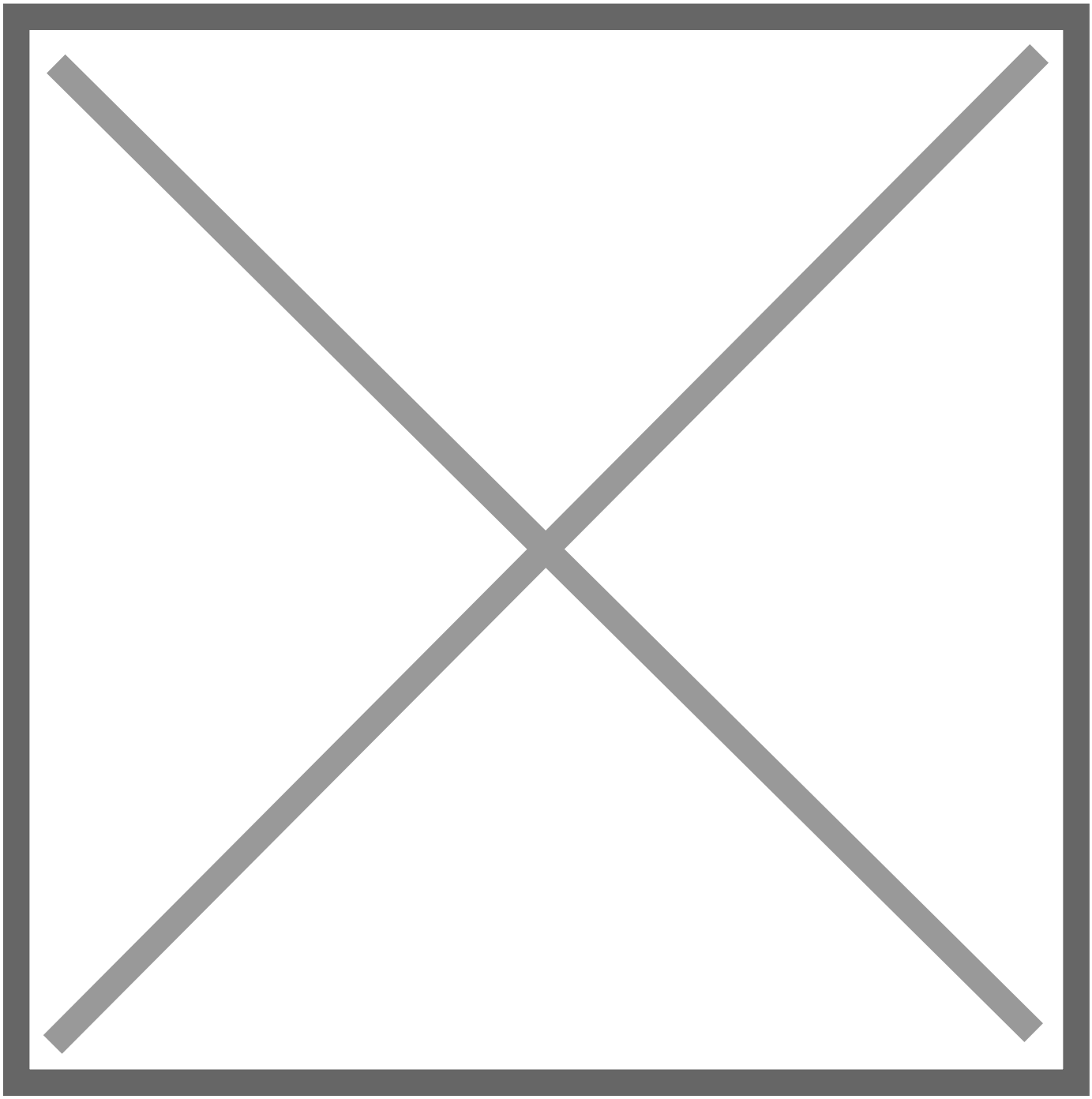
| | |
|---|---|
| **Age:** | 30-79 |
| **References:** | World Health Organization. 2024. Hypertension: raised blood pressure (uncontrolled hypertension) among adults aged 30-79 years (%). Global Health Observatory. https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-raised-blood-pressure-among-adults-30-79-years [Accessed 16.03.26] |
| **Definitions:** | Prevalence of raised blood pressure (defined as having systolic blood pressure ≥140 mmHg or diastolic blood pressure ≥90 mmHg) among adults aged 30-79. |

## Men, 2019



| | |
|---|---|
| **Age:** | 30-79 |
| **References:** | World Health Organization. 2024. Hypertension: raised blood pressure (uncontrolled hypertension) among adults aged 30-79 years (%). Global Health Observatory. https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-raised-blood-pressure-among-adults-30-79-years [Accessed 16.03.26] |
| **Definitions:** | Prevalence of raised blood pressure (defined as having systolic blood pressure ≥140 mmHg or diastolic blood pressure ≥90 mmHg) among adults aged 30-79. |

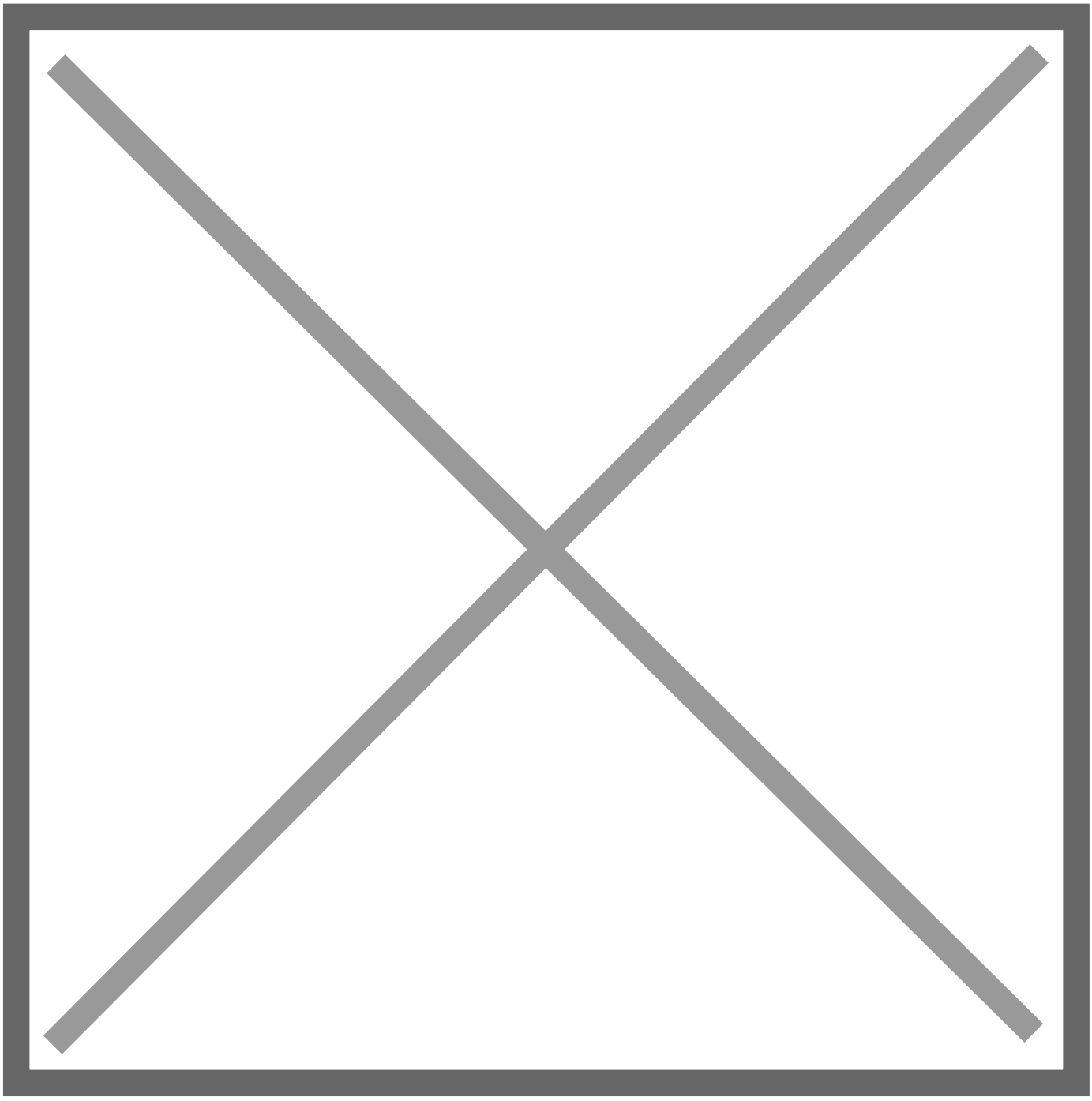
## Women, 2019



| | |
|---|---|
| **Age:** | 30-79 |
| **References:** | World Health Organization. 2024. Hypertension: raised blood pressure (uncontrolled hypertension) among adults aged 30-79 years (%). Global Health Observatory. https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-raised-blood-pressure-among-adults-30-79-years [Accessed 16.03.26] |
| **Definitions:** | Prevalence of raised blood pressure (defined as having systolic blood pressure ≥140 mmHg or diastolic blood pressure ≥90 mmHg) among adults aged 30-79. |

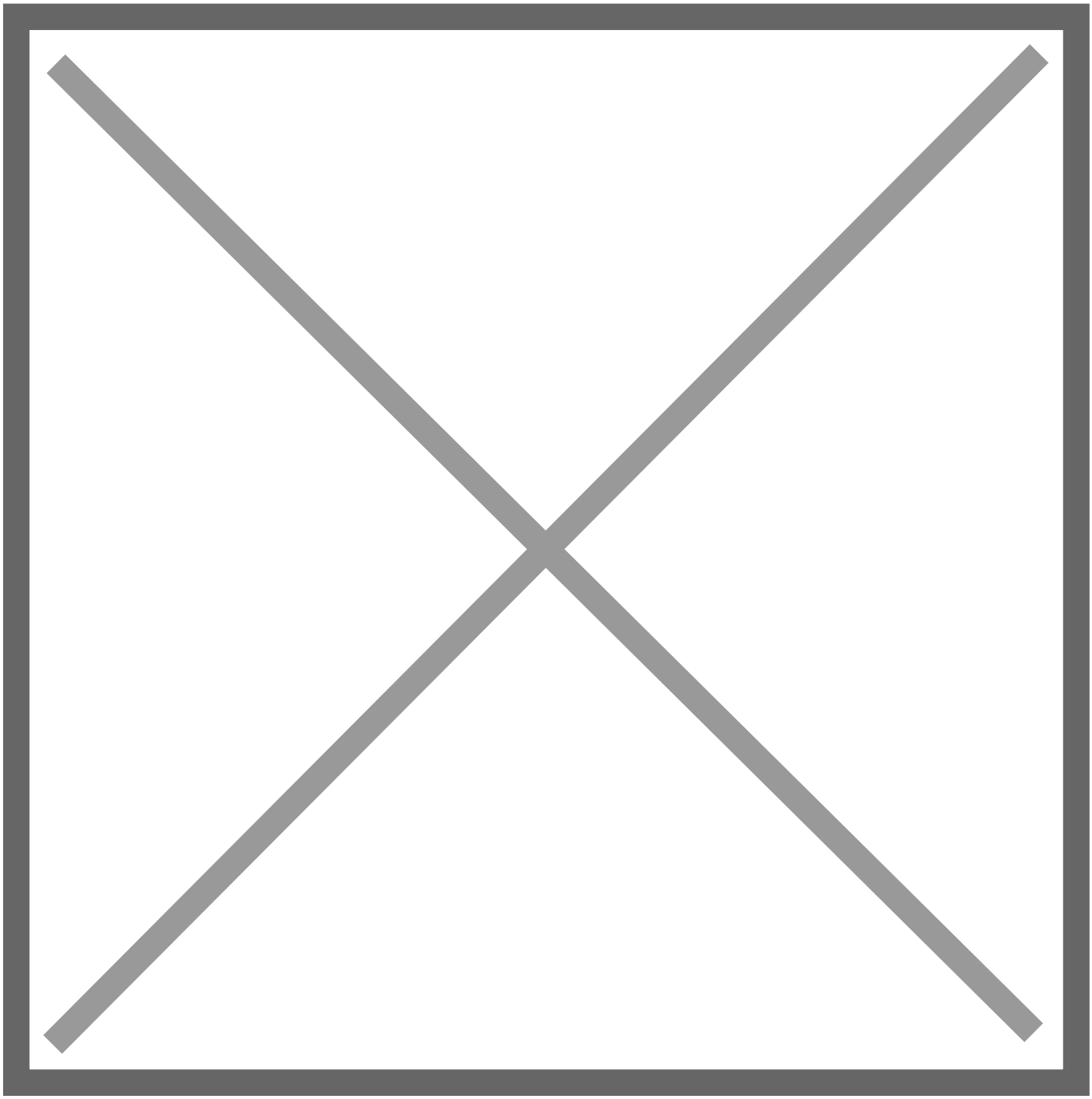
## Raised cholesterol

### Adults, 2008



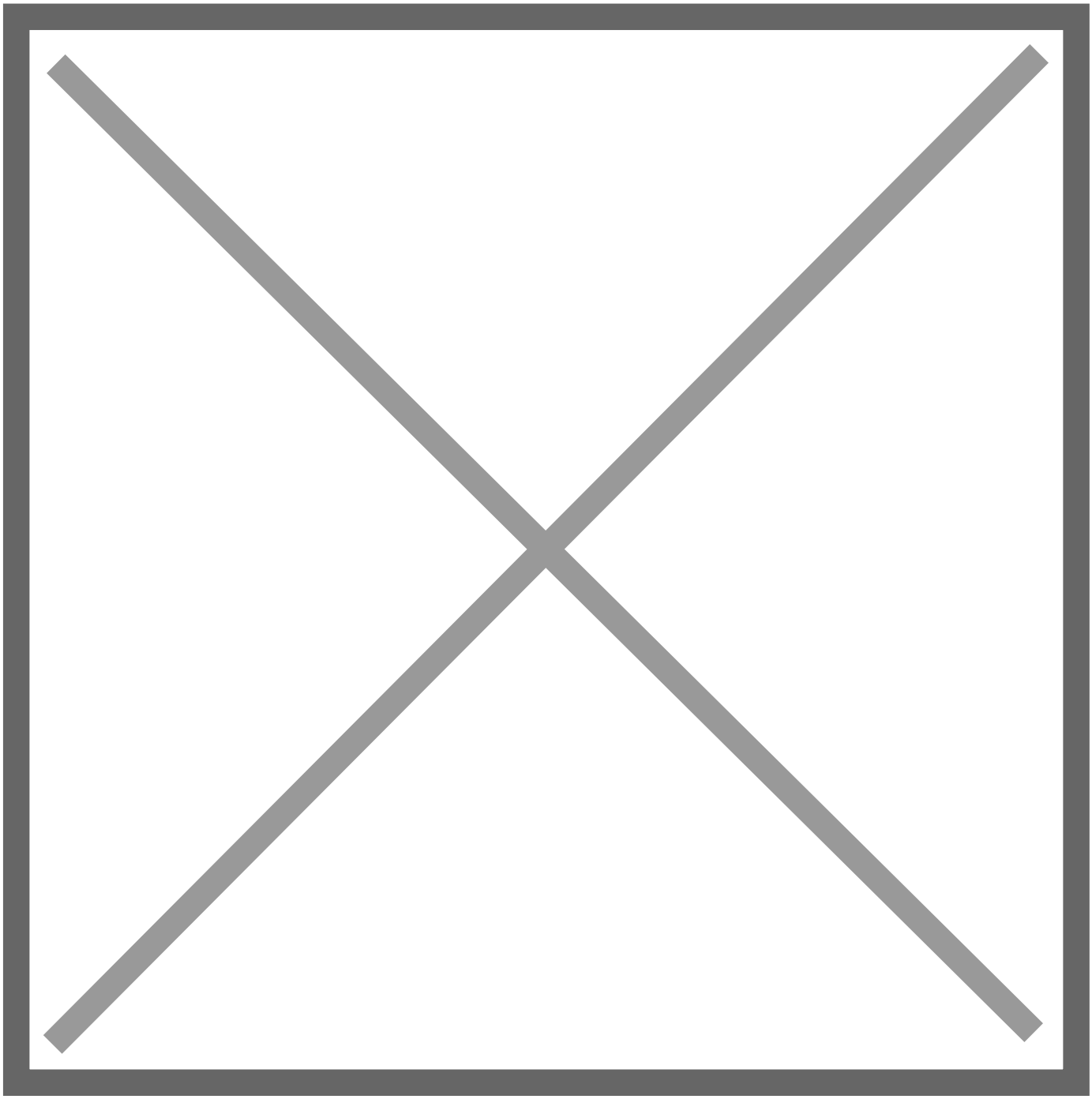
| | |
|---|---|
| **References:** | Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A885 |
| **Definitions:** | % Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate). |

## Men, 2008



| | |
|---|---|
| **References:** | Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A885 |
| **Definitions:** | % Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate). |

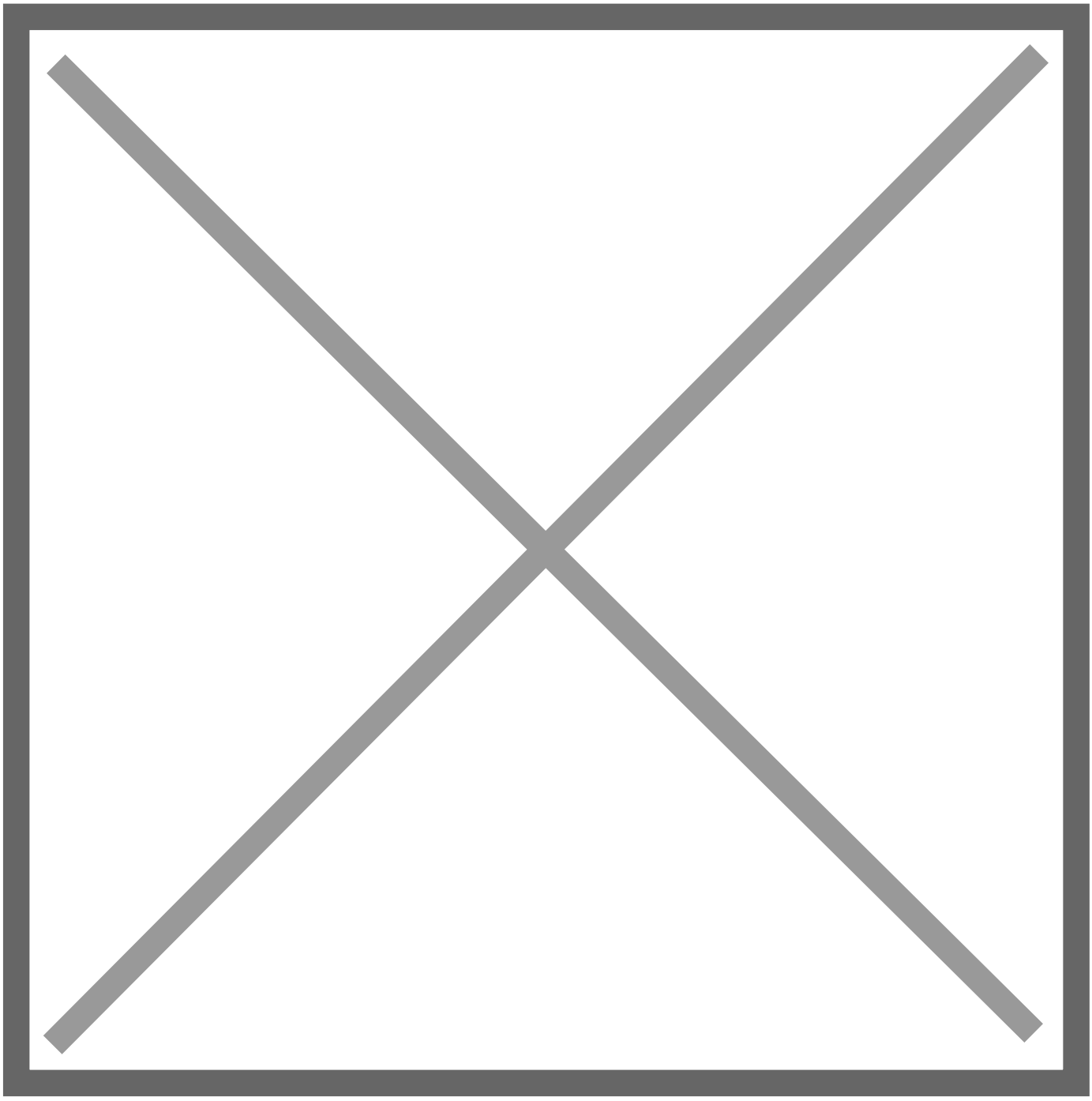
## Women, 2008



| | |
|---|---|
| **References:** | Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A885 |
| **Definitions:** | % Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate). |

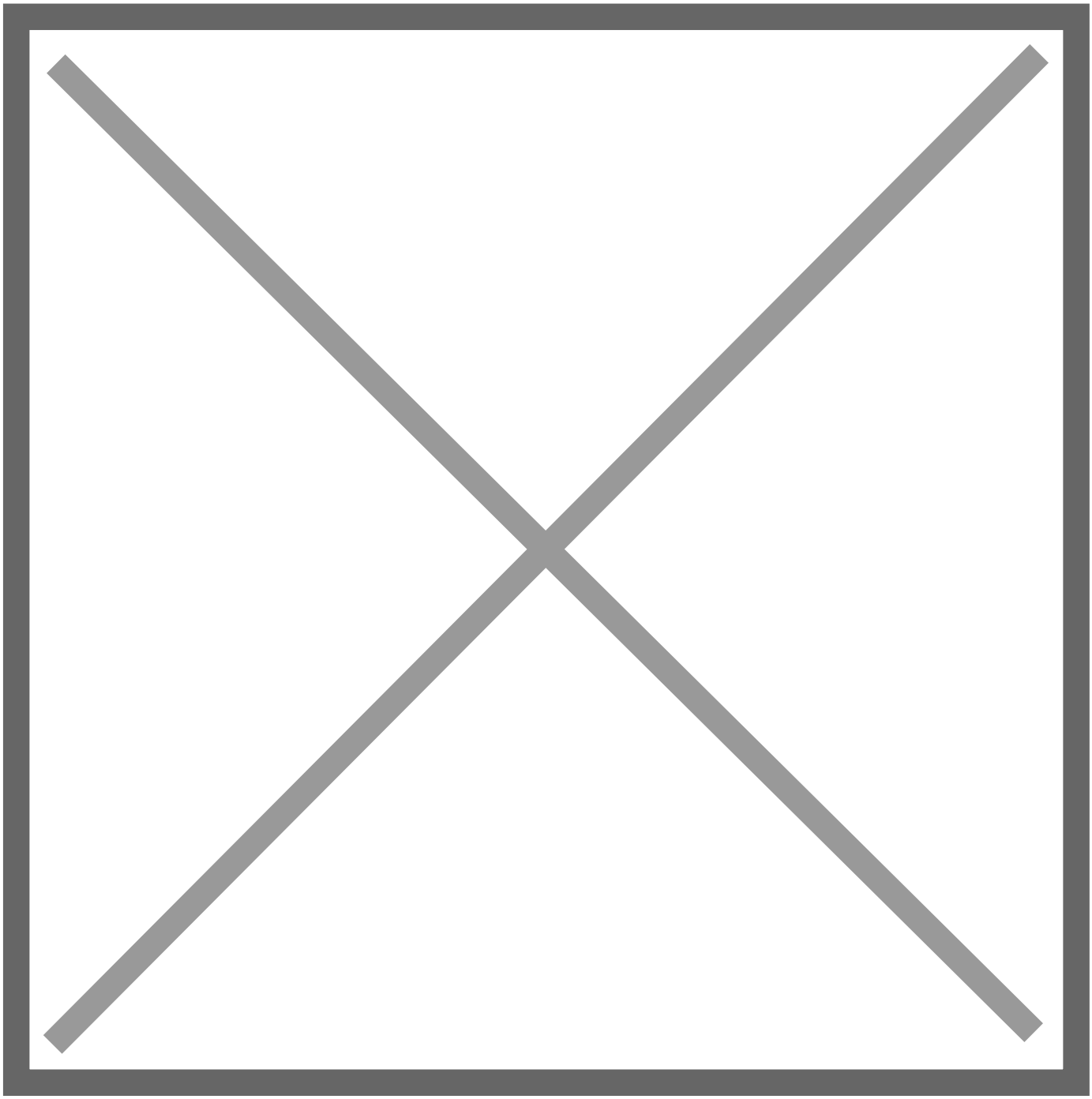
# Raised fasting blood glucose

## Men, 2014



| | |
|---|---|
| **References:** | Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A869?lang=en |
| **Definitions:** | Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication). |

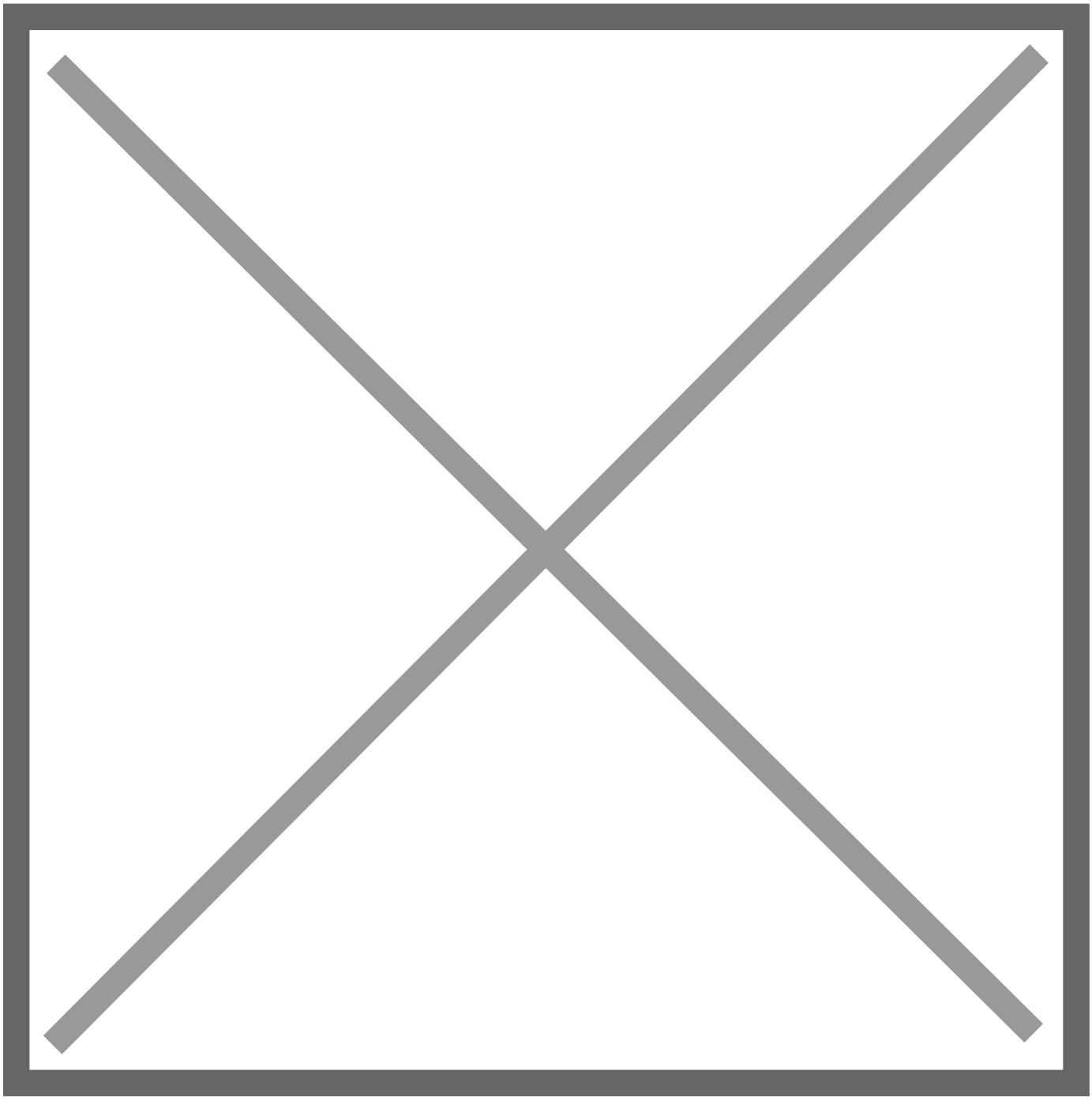
## Women, 2014



| | |
|---|---|
| **References:** | Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A869?lang=en |
| **Definitions:** | Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication). |

# Diabetes prevalence

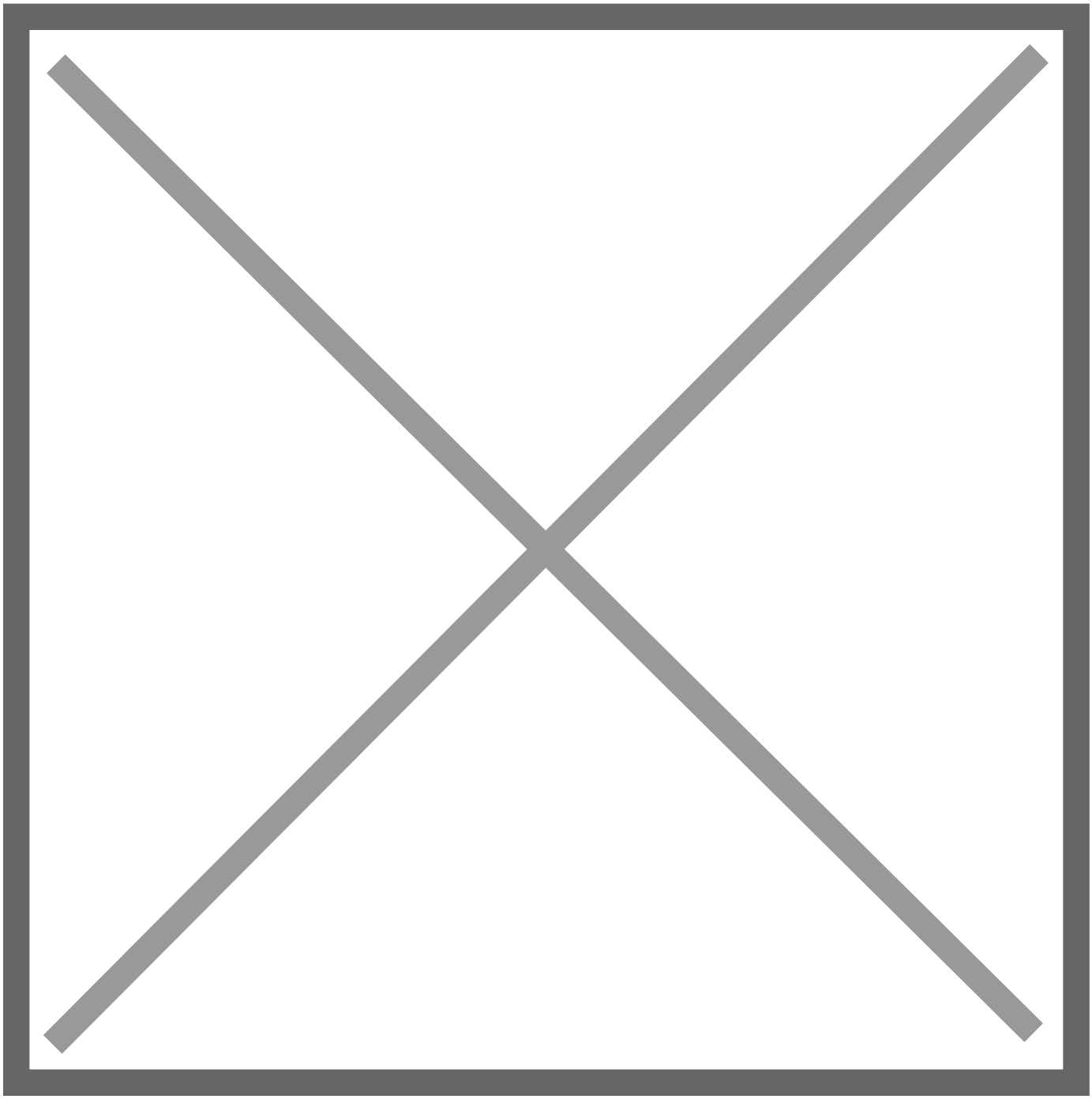
## Adults, 2024



**References:** Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 11th edn. Brussels, Belgium:International Diabetes Federation, 2025. http://www.diabetesatlas.org

## Ovarian Cancer

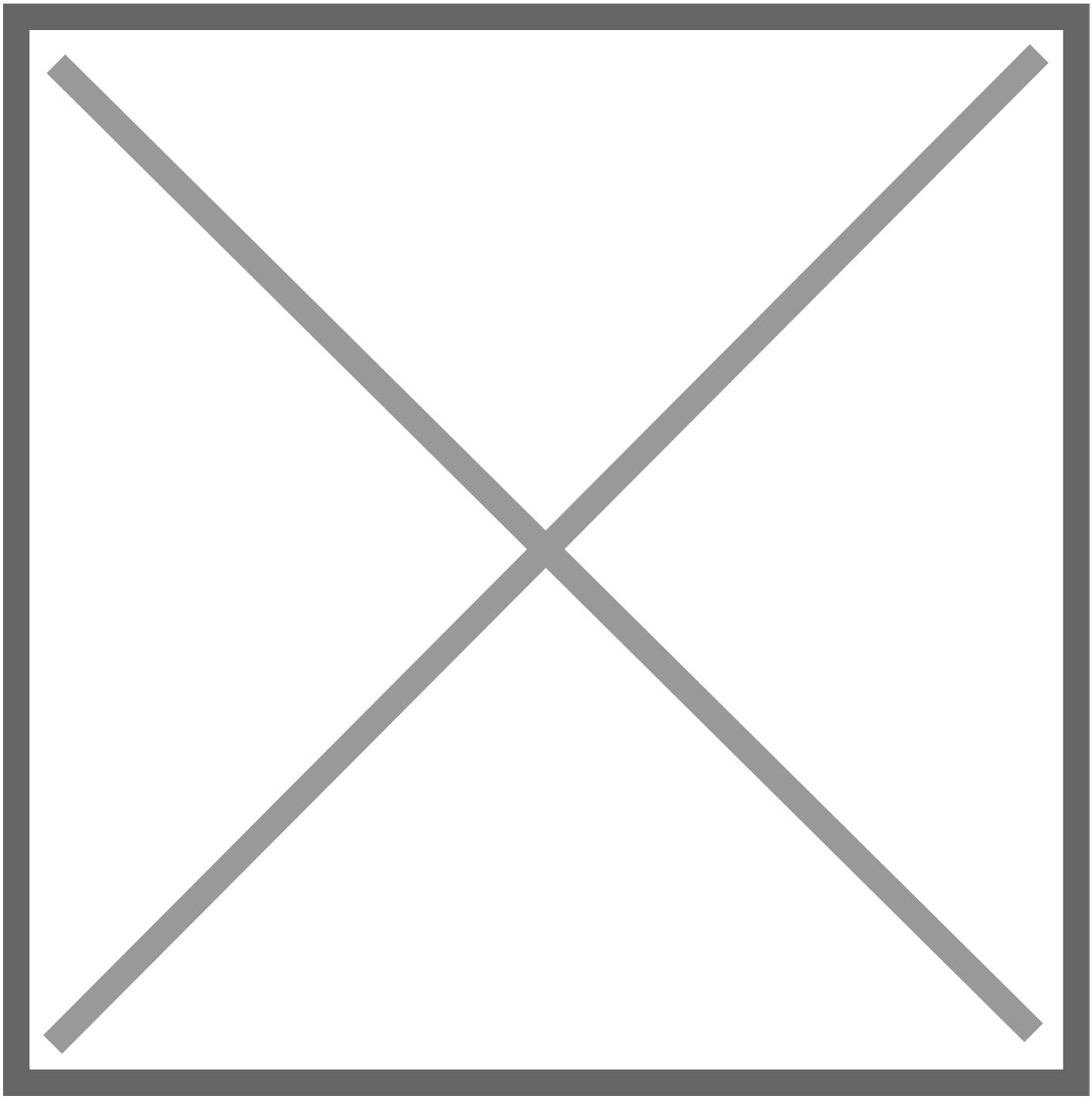
## Women, 2022



| | |
|---|---|
| **Age:** | 20+ |
| **References:** | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |
| **Definitions:** | Incidence per 100,000 |

## Leukemia

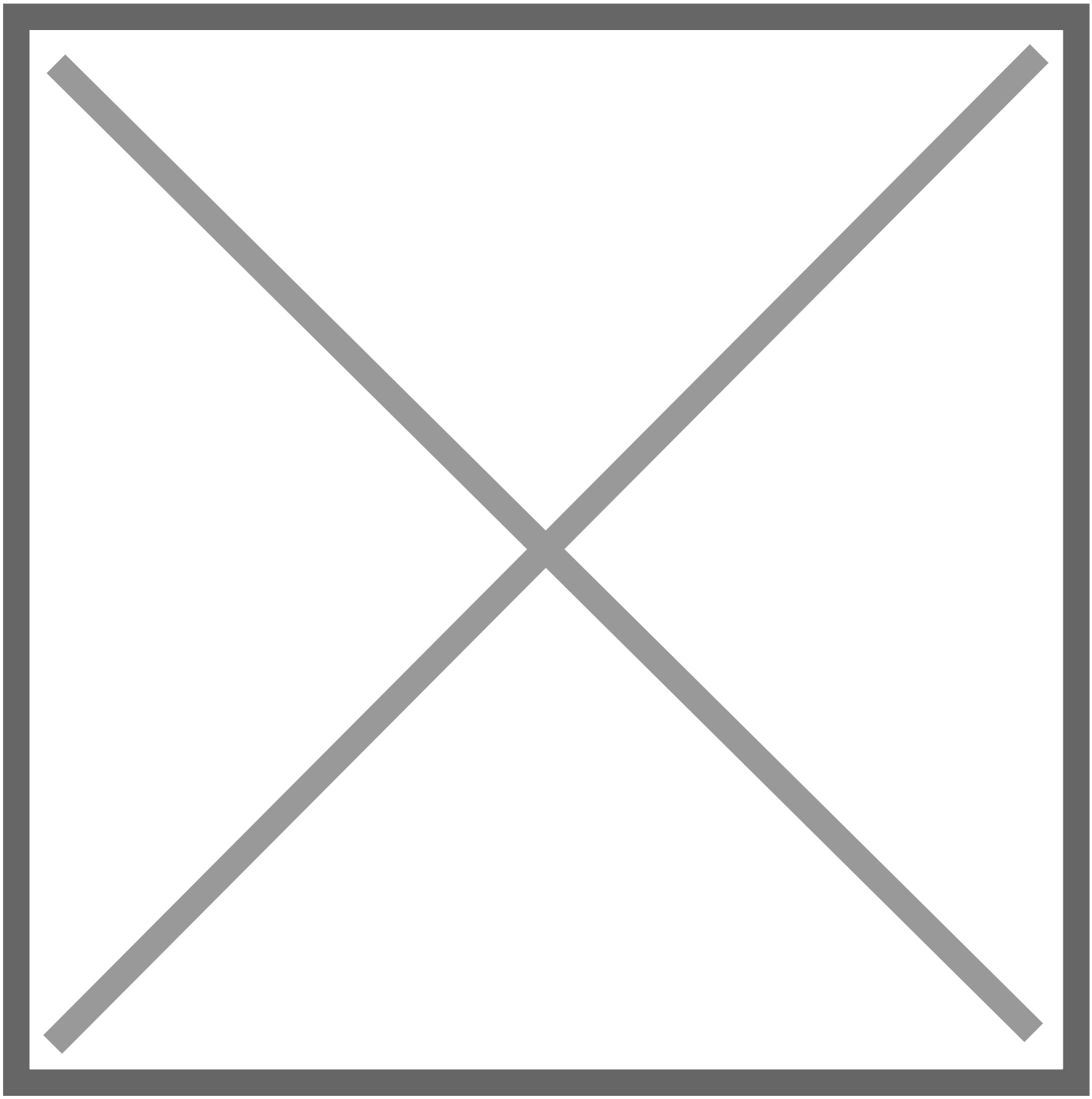
## Men, 2022



| | |
|---|---|
| **Age:** | 20+ |
| **Area covered:** | National |
| **References:** | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |
| **Definitions:** | Incidence per 100,000 |

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².*

## Women, 2022

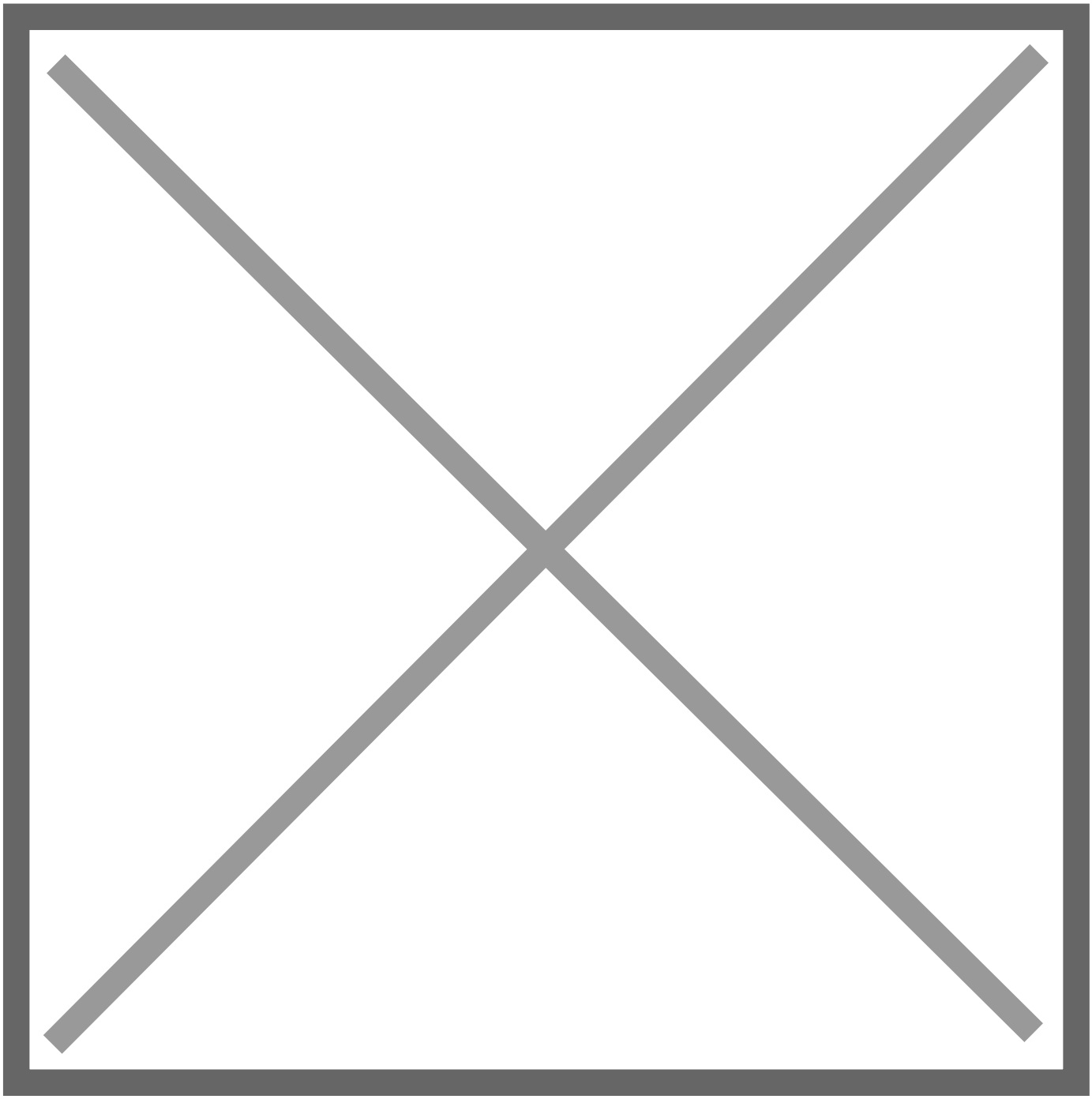


| | |
|---|---|
| **Age:** | 20+ |
| **Area covered:** | National |
| **References:** | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |
| **Definitions:** | Incidence per 100,000 |

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².*

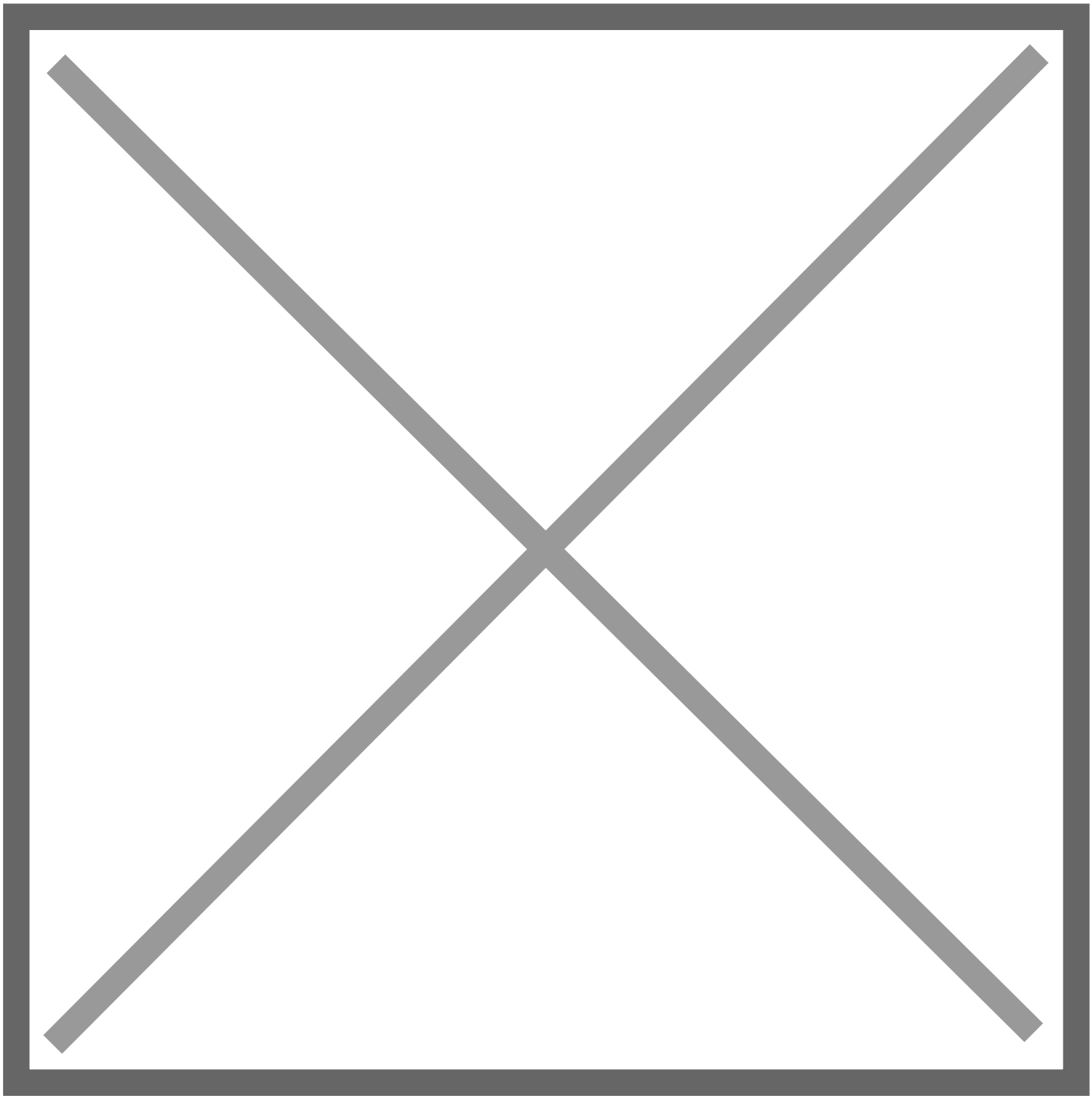
## Liver and intrahepatic bile duct Cancer

## Men, 2022



| | |
|---|---|
| **Age:** | 20+ |
| **Area covered:** | National |
| **References:** | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |
| **Definitions:** | Incidence per 100,000 |

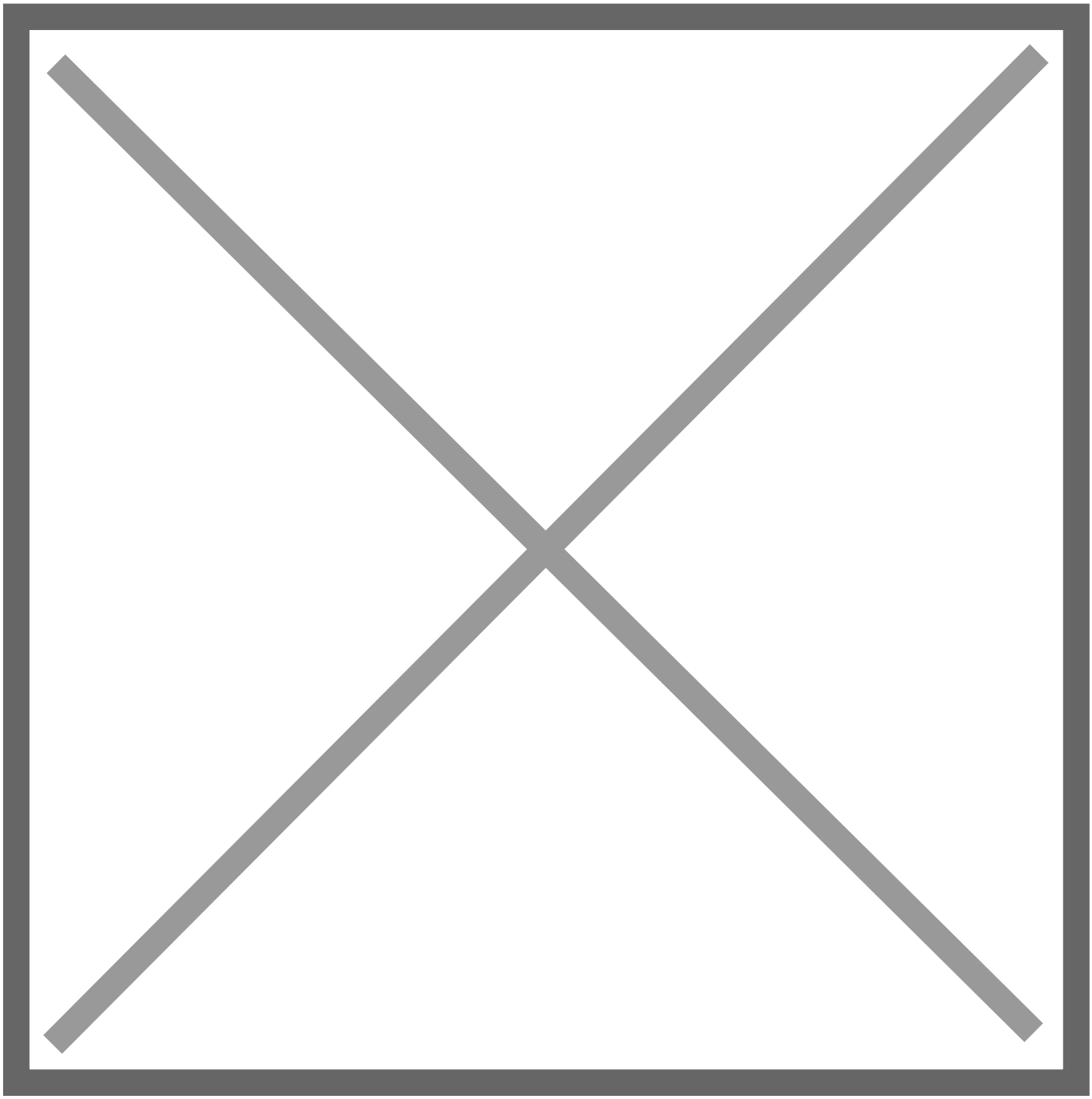
## Women, 2022



| | |
|---|---|
| **Age:** | 20+ |
| **Area covered:** | National |
| **References:** | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |
| **Definitions:** | Incidence per 100,000 |

## Multiple Myeloma

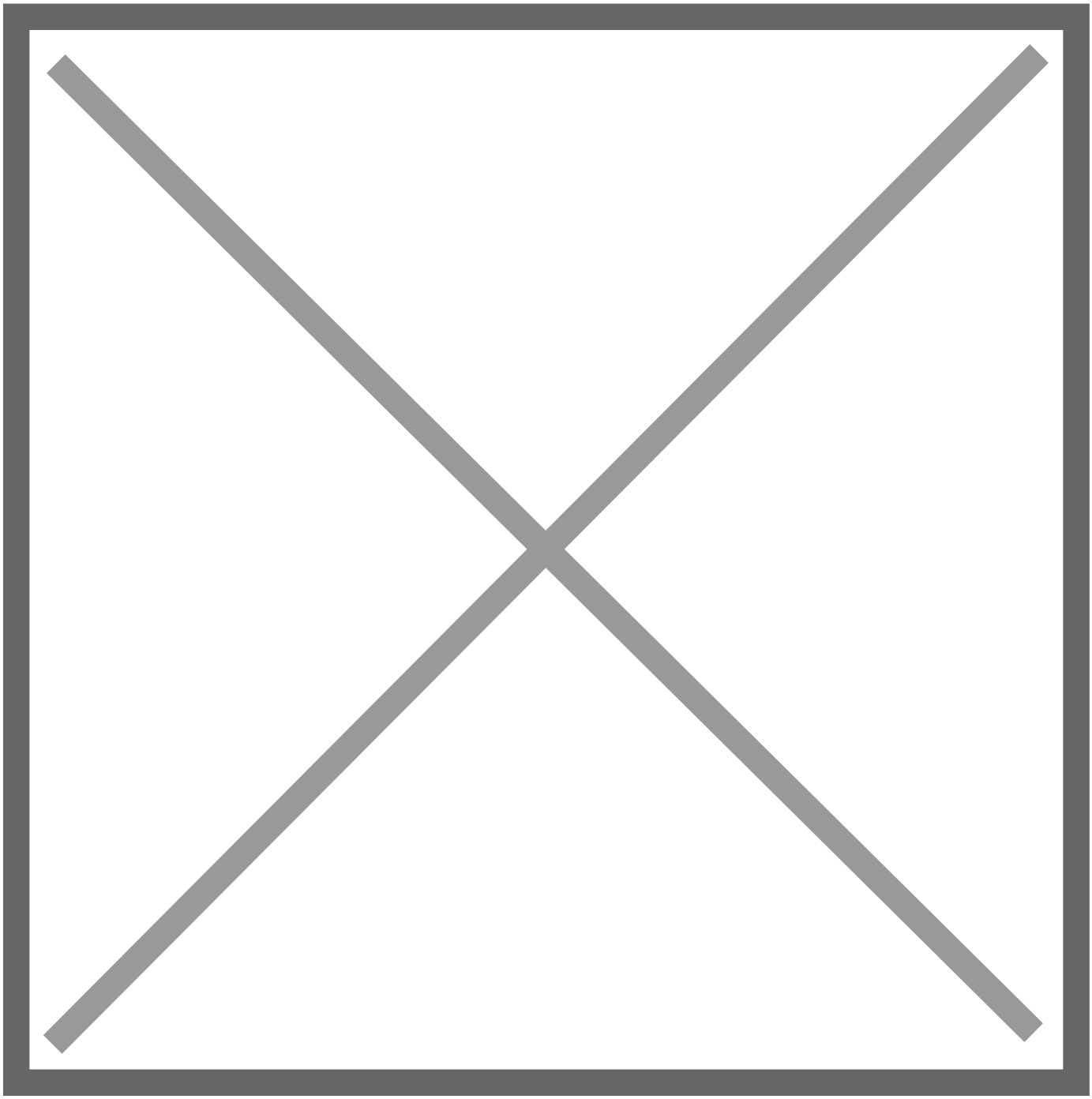
## Men, 2022



| | |
|---|---|
| **Age:** | 20+ |
| **Area covered:** | National |
| **References:** | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |
| **Definitions:** | Indicence per 100,000 |

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².*

## Women, 2022

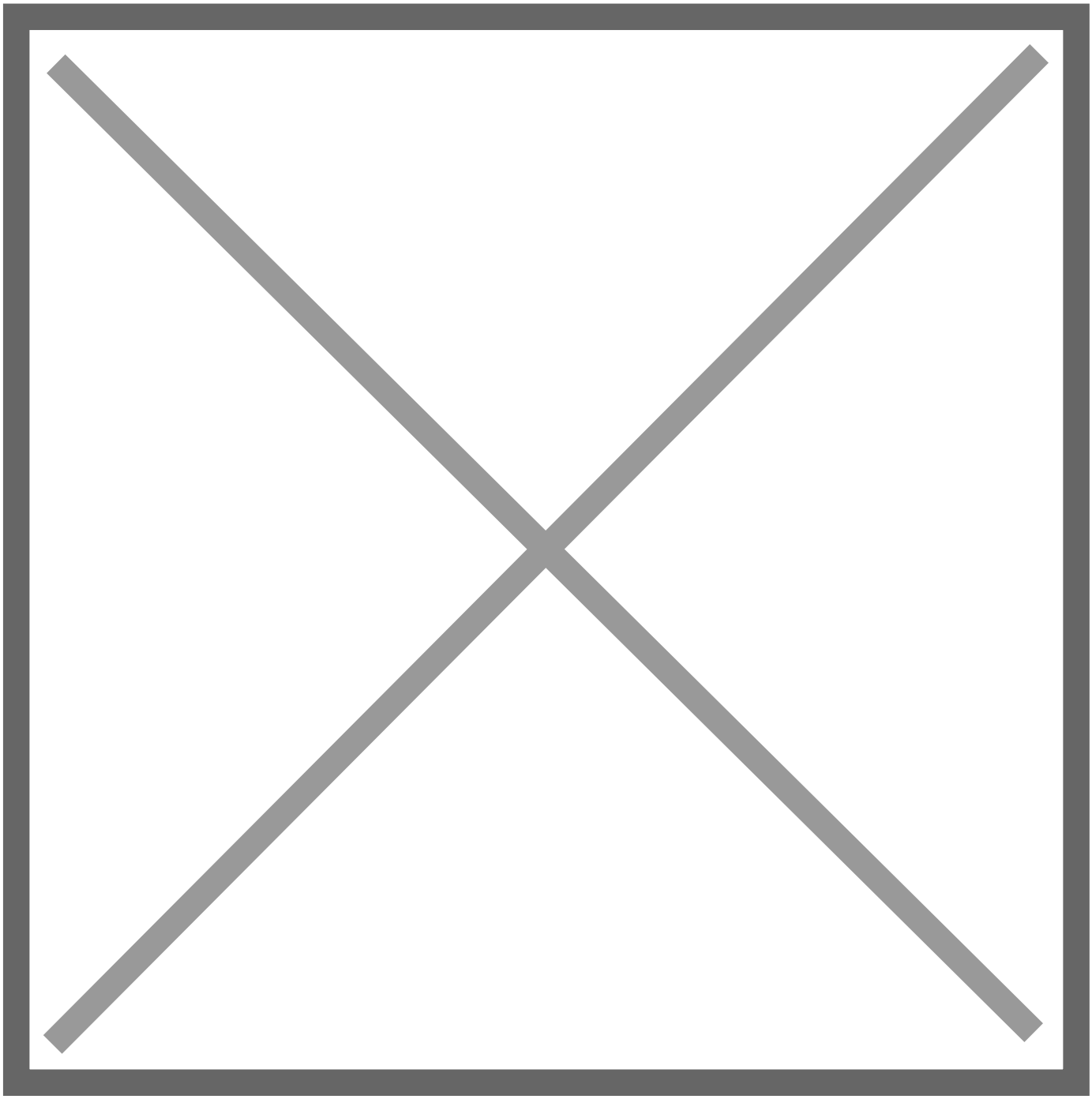


| | |
|---|---|
| **Age:** | 20+ |
| **Area covered:** | National |
| **References:** | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |
| **Definitions:** | Indicence per 100,000 |

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².*

## Non Hodgkin Lymphoma

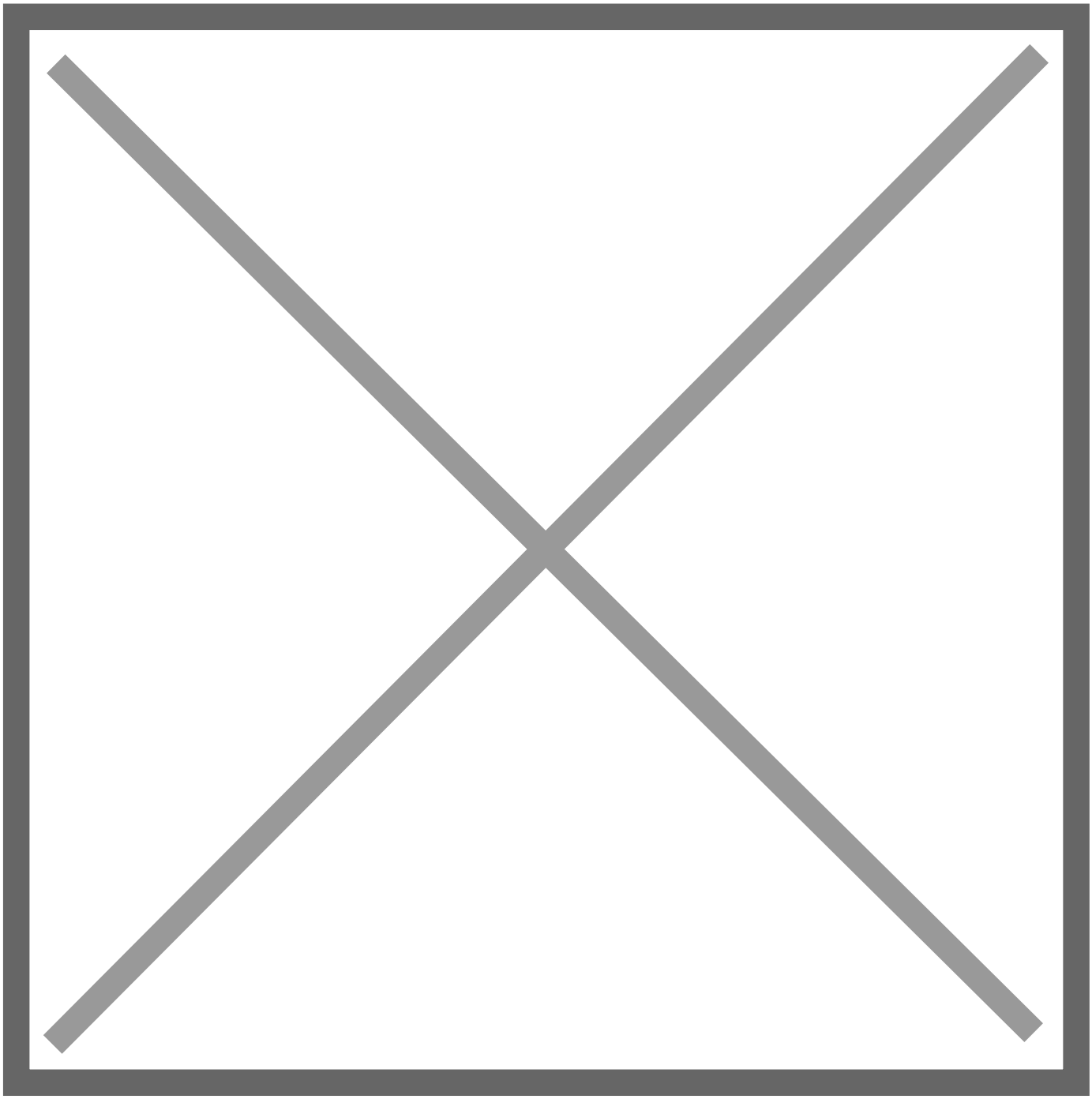
## Men, 2022



| | |
|---|---|
| **Age:** | 20+ |
| **Area covered:** | National |
| **References:** | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |
| **Definitions:** | Incidence per 100,000 |

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².*

## Women, 2022

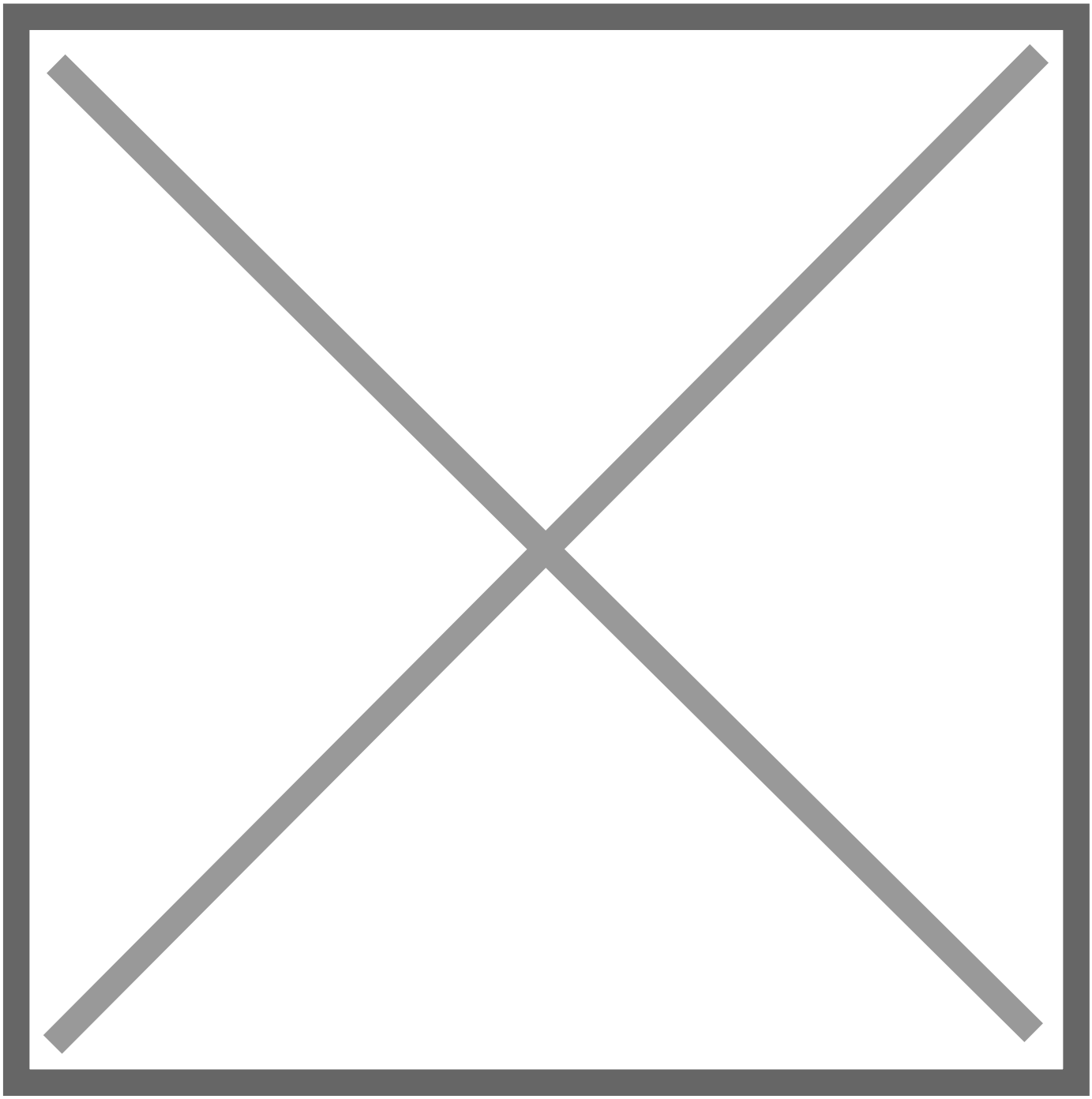


| | |
|---|---|
| **Age:** | 20+ |
| **Area covered:** | National |
| **References:** | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |
| **Definitions:** | Incidence per 100,000 |

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².*

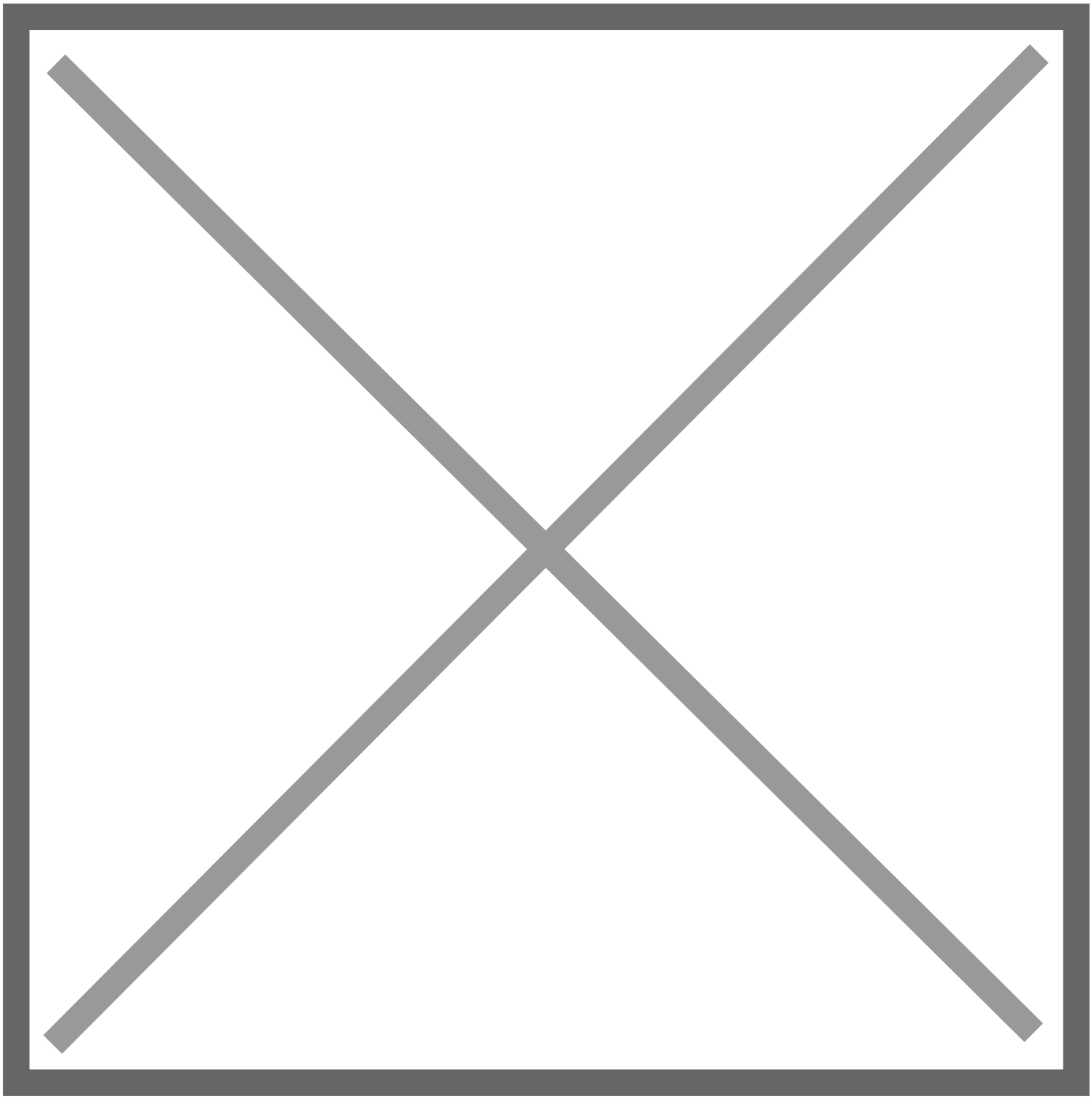
## Thyroid Cancer

## Men, 2022



| | |
|---|---|
| **Age:** | 20+ |
| **Area covered:** | National |
| **References:** | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |
| **Definitions:** | Incidence per 100,000 |

## Women, 2022



| | |
|---|---|
| **Age:** | 20+ |
| **Area covered:** | National |
| **References:** | Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24] |
| **Definitions:** | Incidence per 100,000 |

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