



Gambia



Country report card - children

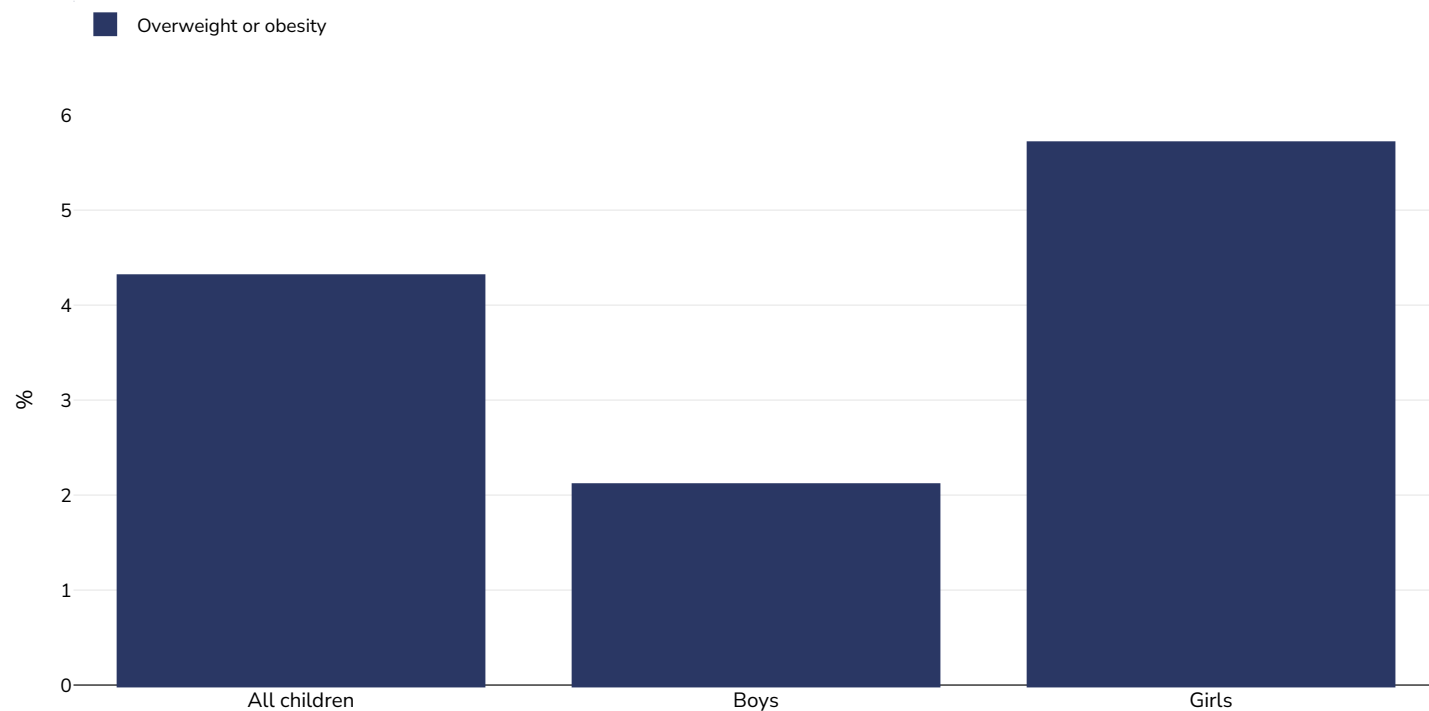
This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children, including adolescents (aged 5 to 18 years). Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/gambia-74/>

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Obesity prevalence

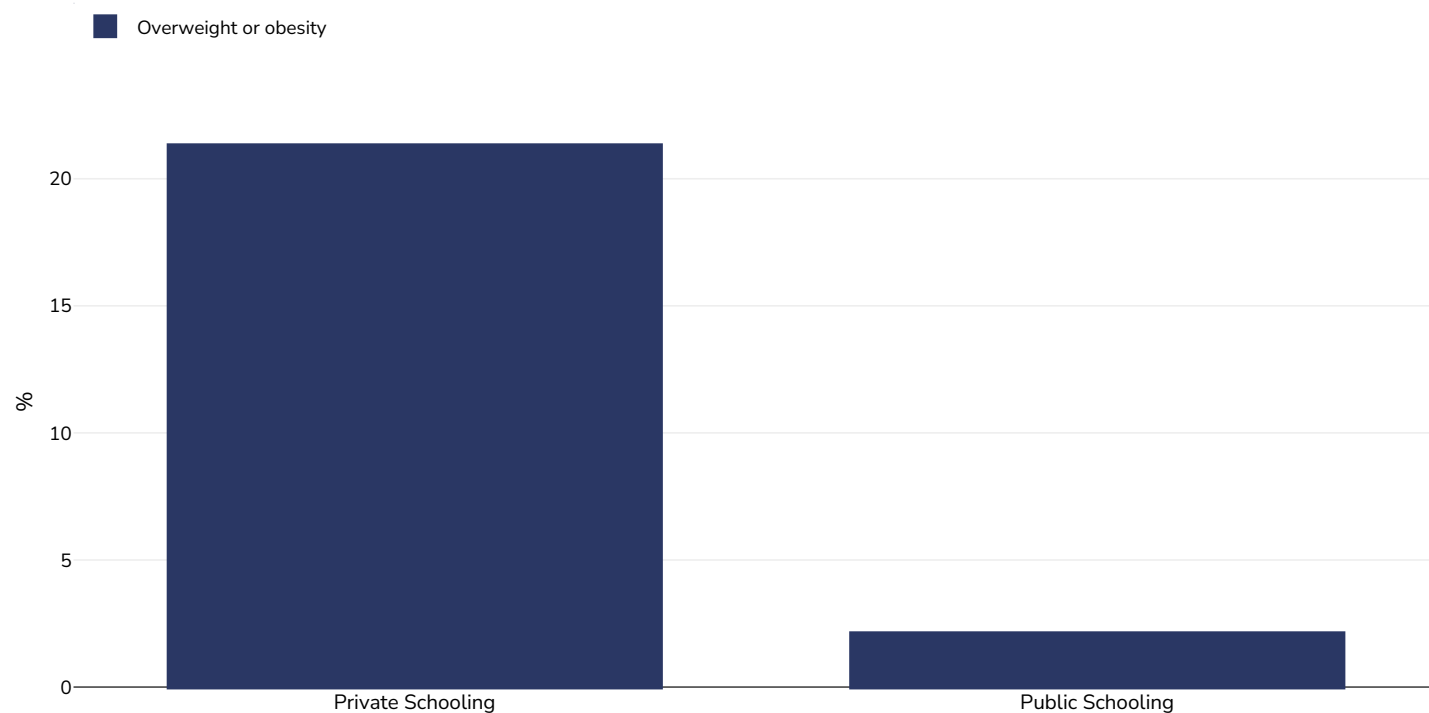
Children, 2014



Survey type:	Measured
Age:	13-15
Sample size:	960
Area covered:	Urban
References:	Juwara A, Huang N, Chien LY, Chen HJ. Stunting and weight statuses of adolescents differ between public and private schools in urban Gambia. <i>Int J Public Health</i> . 2016 Jul;61(6):717-726. doi: 10.1007/s00038-016-0836-6. Epub 2016 May 24. PMID: 27220546.
Notes:	Please note these figures are based on children attending urban public schools in Gambia. Currently no nationally representative data are available to us.
Cutoffs:	CDC

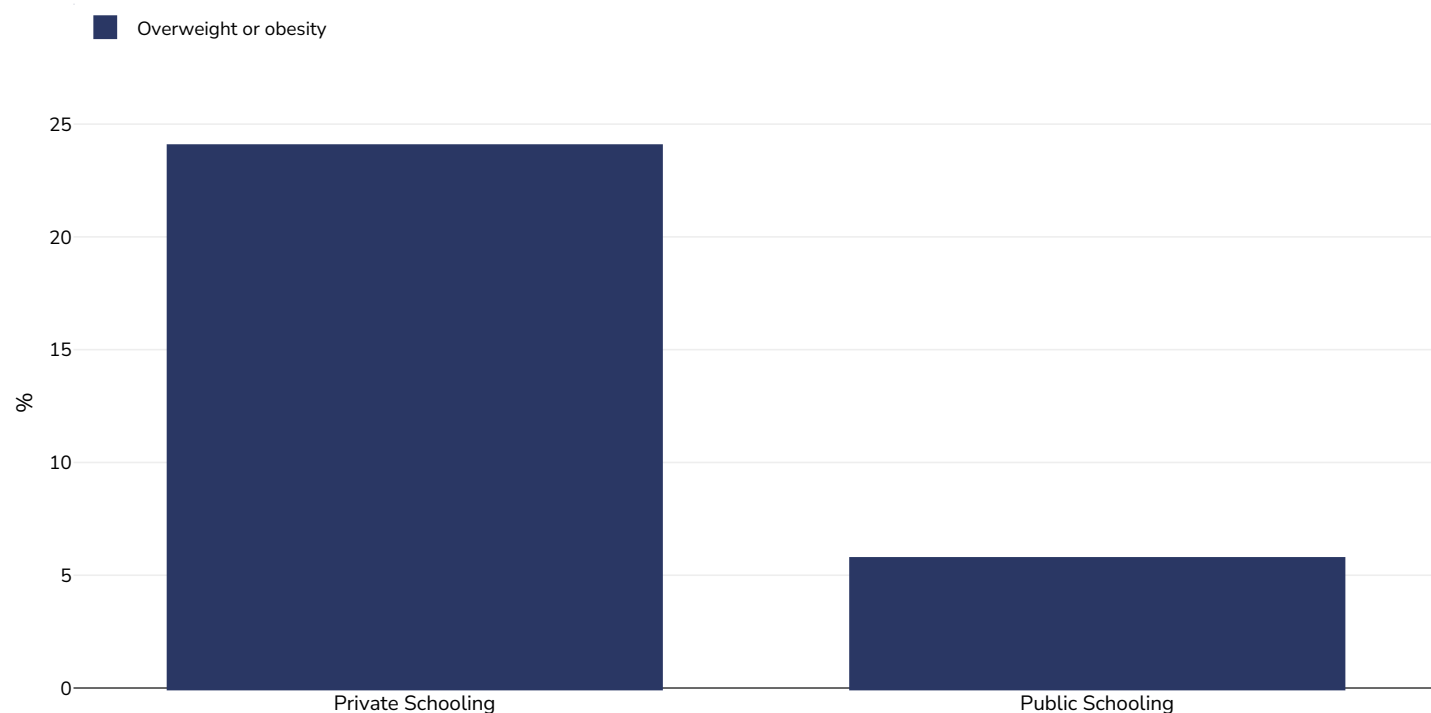
Overweight/obesity by socio-economic group

Boys, 2014



Survey type:	Measured
Age:	13-15
Sample size:	960
Area covered:	Urban
References:	Juwara A, Huang N, Chien LY, Chen HJ. Stunting and weight statuses of adolescents differ between public and private schools in urban Gambia. <i>Int J Public Health</i> . 2016 Jul;61(6):717-726. doi: 10.1007/s00038-016-0836-6. Epub 2016 May 24. PMID: 27220546.
Cutoffs:	CDC

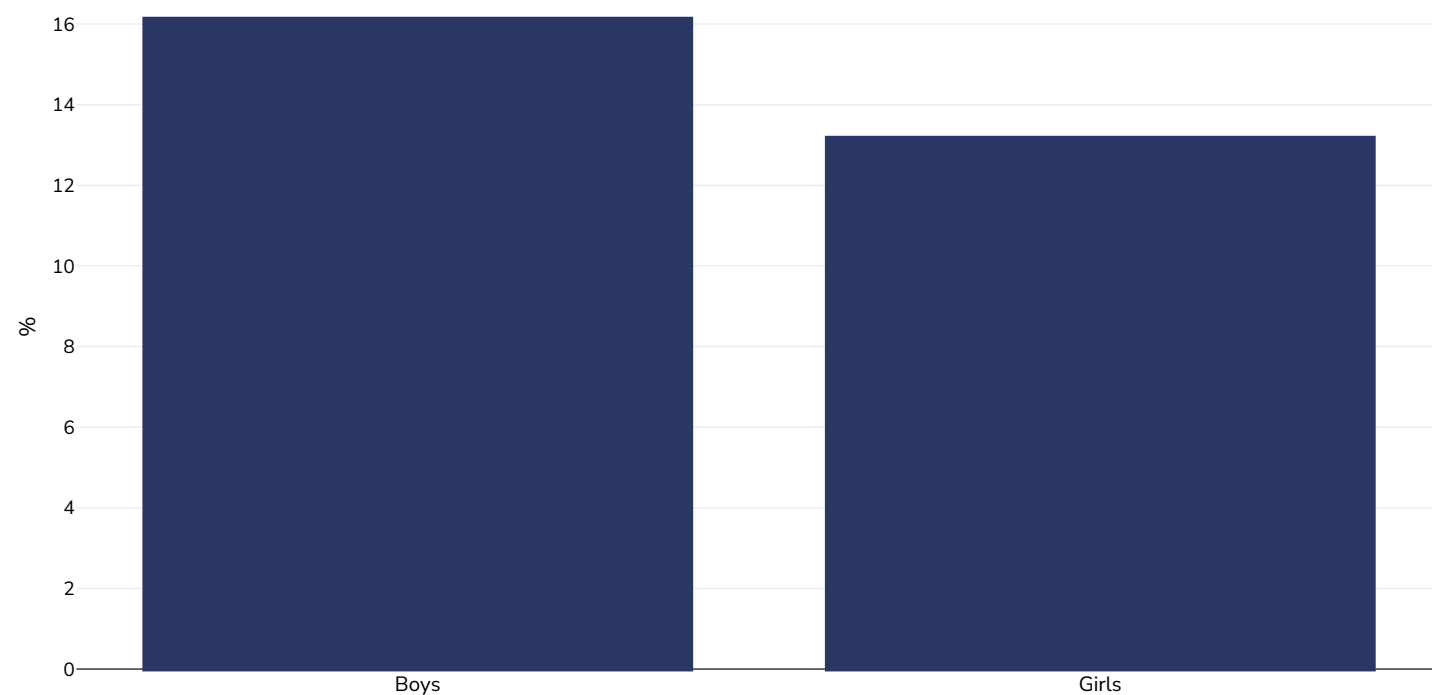
Girls, 2014



Survey type:	Measured
Age:	13-15
Sample size:	960
Area covered:	Urban
References:	Juwara A, Huang N, Chien LY, Chen HJ. Stunting and weight statuses of adolescents differ between public and private schools in urban Gambia. <i>Int J Public Health</i> . 2016 Jul;61(6):717-726. doi: 10.1007/s00038-016-0836-6. Epub 2016 May 24. PMID: 27220546.
Cutoffs:	CDC

Double burden of underweight & overweight

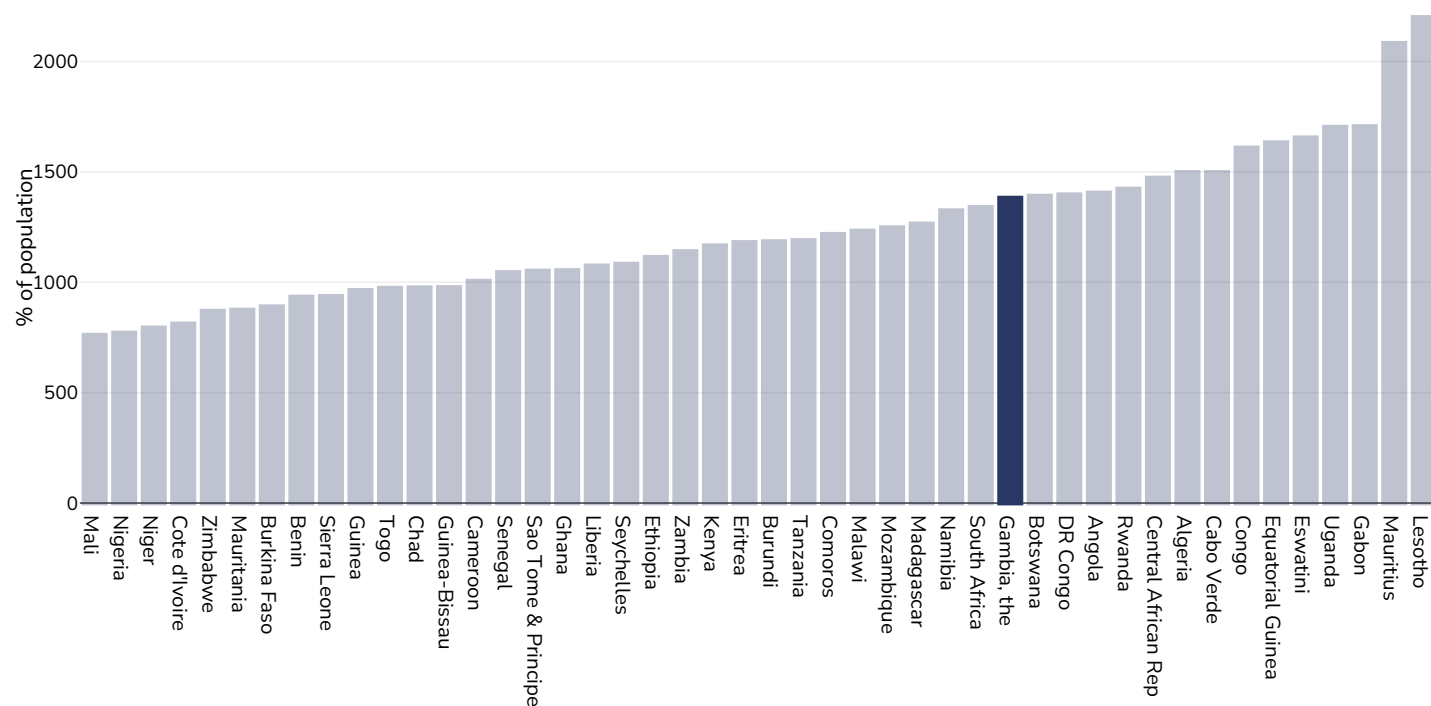
Children, 2022



Survey type:	Measured
Age:	5-19
References:	NCD Risk Factor Collaboration (NCD-RisC). Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population representative studies with 222 million children, adolescents, and adults. Lancet 2024; published online Feb 29. https://doi.org/10.1016/S0140-6736(23)02750-2 .
Notes:	Age standardised estimates
Definitions:	Combined prevalence of BMI < -2SD and BMI > 2SD (double burden of thinness and obesity)
Cutoffs:	BMI < -2SD and BMI > 2SD

Mental health - depression disorders

Children, 2021



Area covered:

National

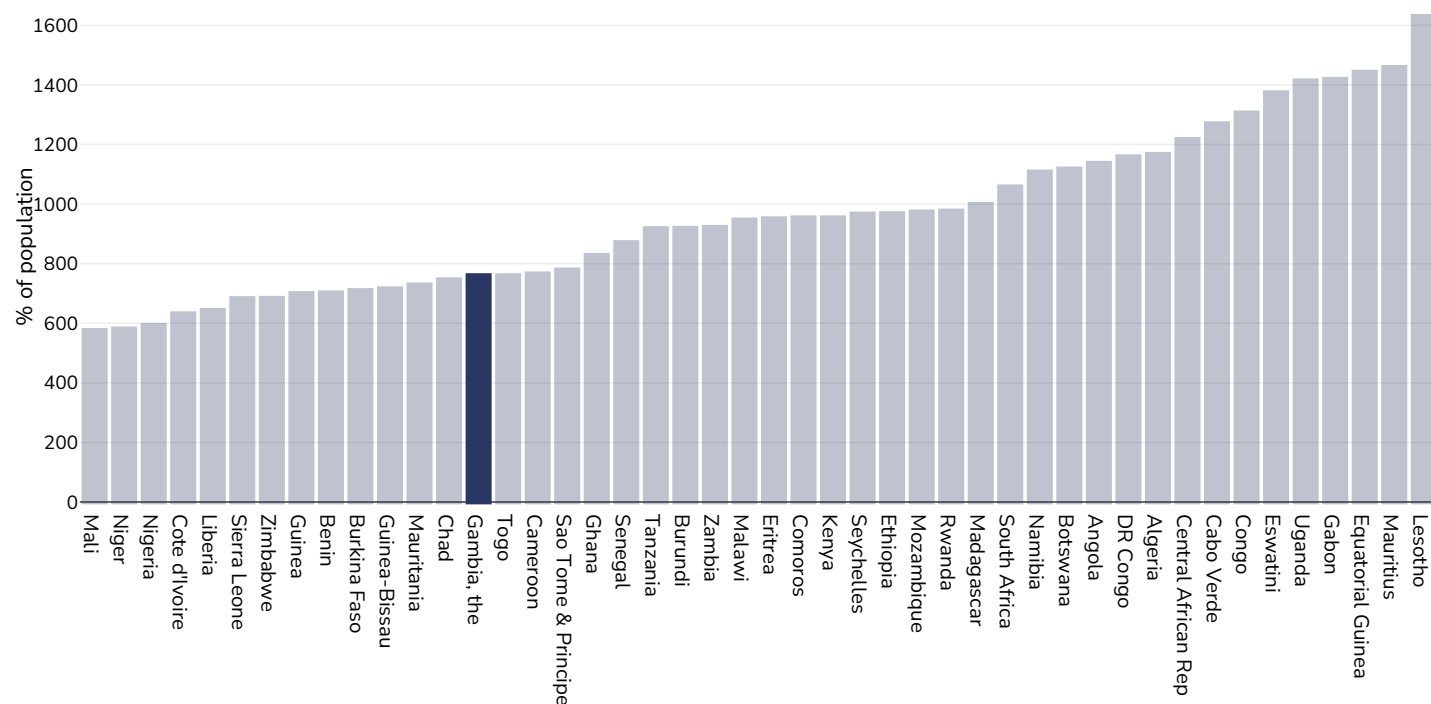
References:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Definitions:

Number living with depressive disorder per 100,000 population (Under 20 years of age)

Boys, 2021



Area covered:

National

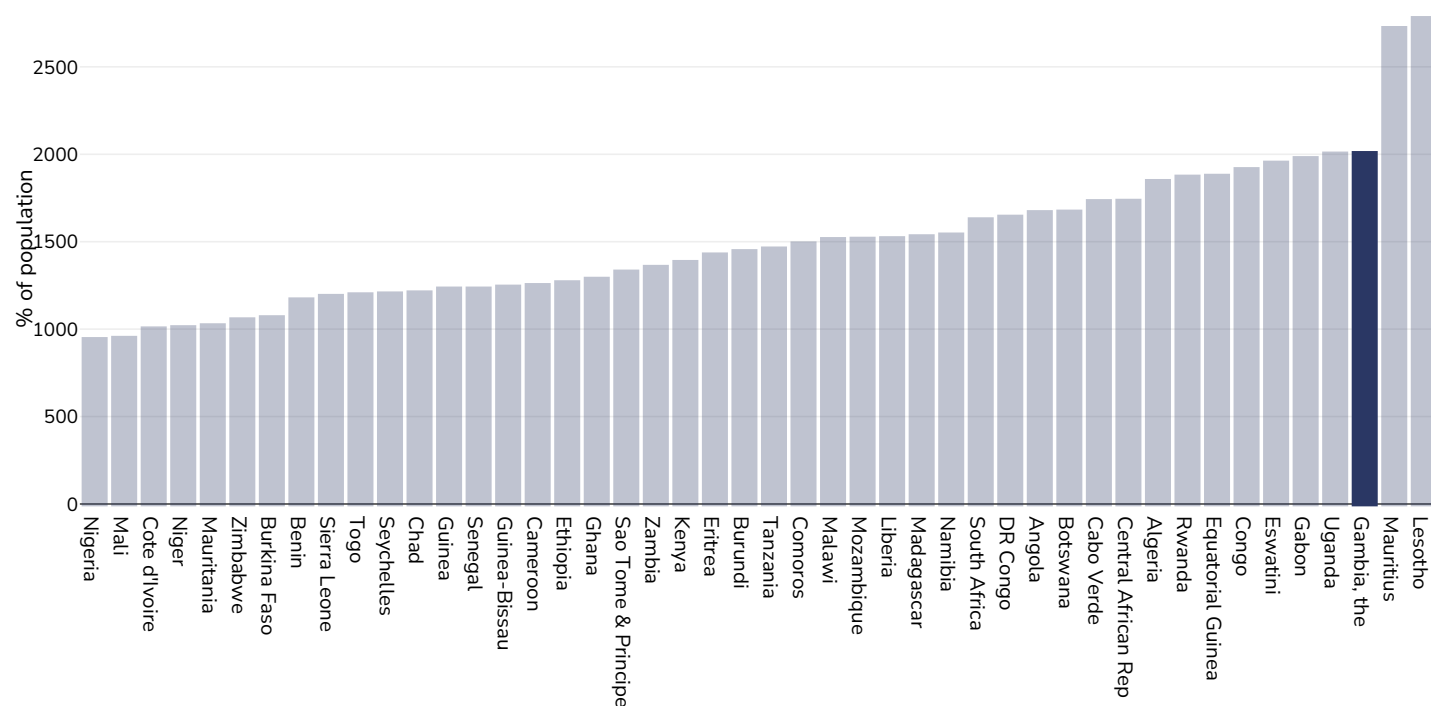
References:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Definitions:

Number living with depressive disorder per 100,000 population (Under 20 years of age)

Girls, 2021



Area covered:

National

References:

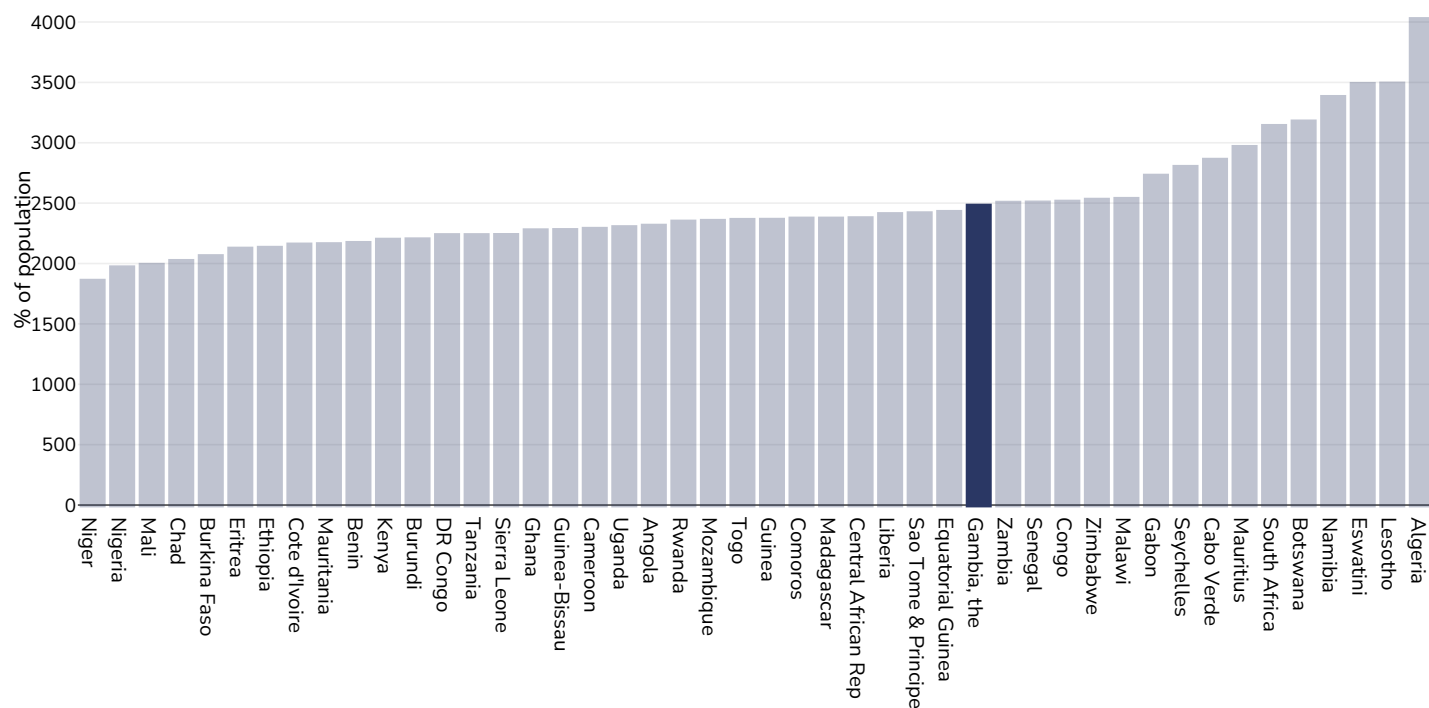
Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Definitions:

Number living with depressive disorder per 100,000 population (Under 20 years of age)

Mental health - anxiety disorders

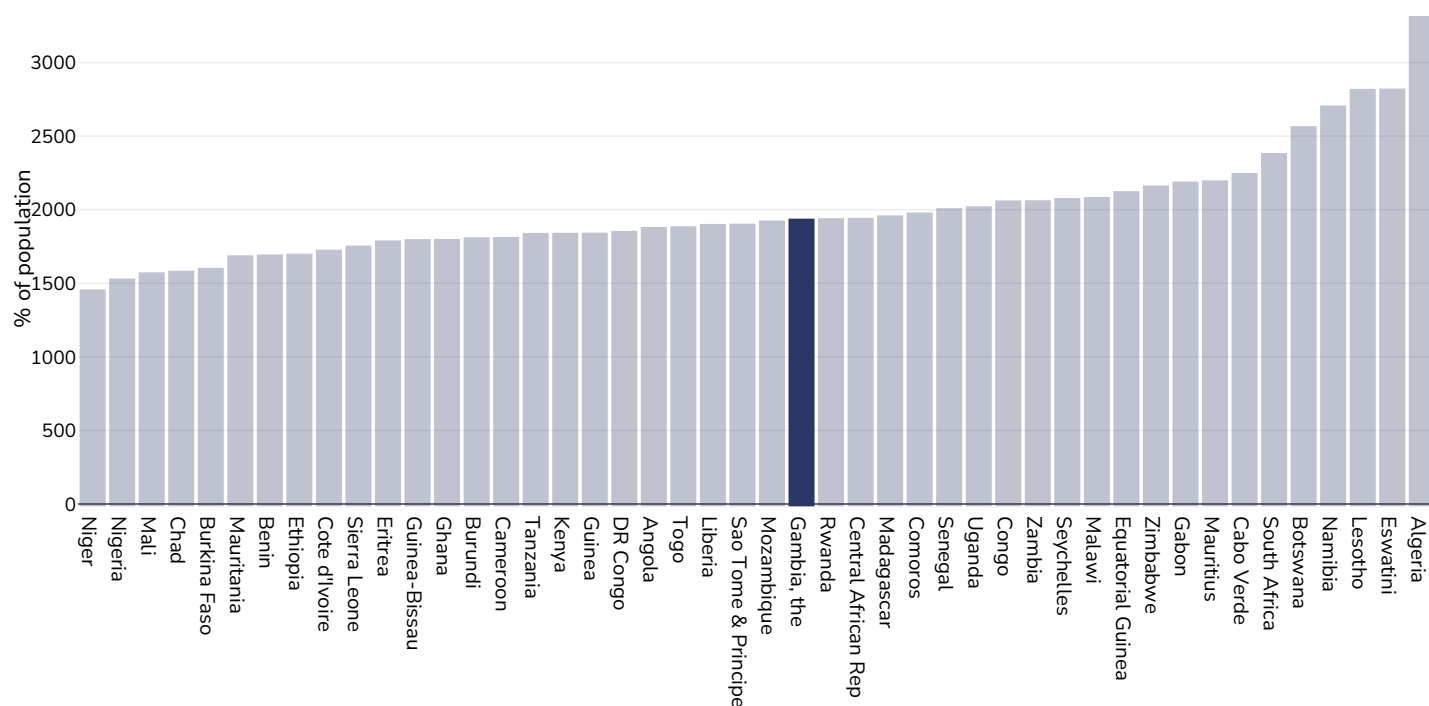
Children, 2021



References:

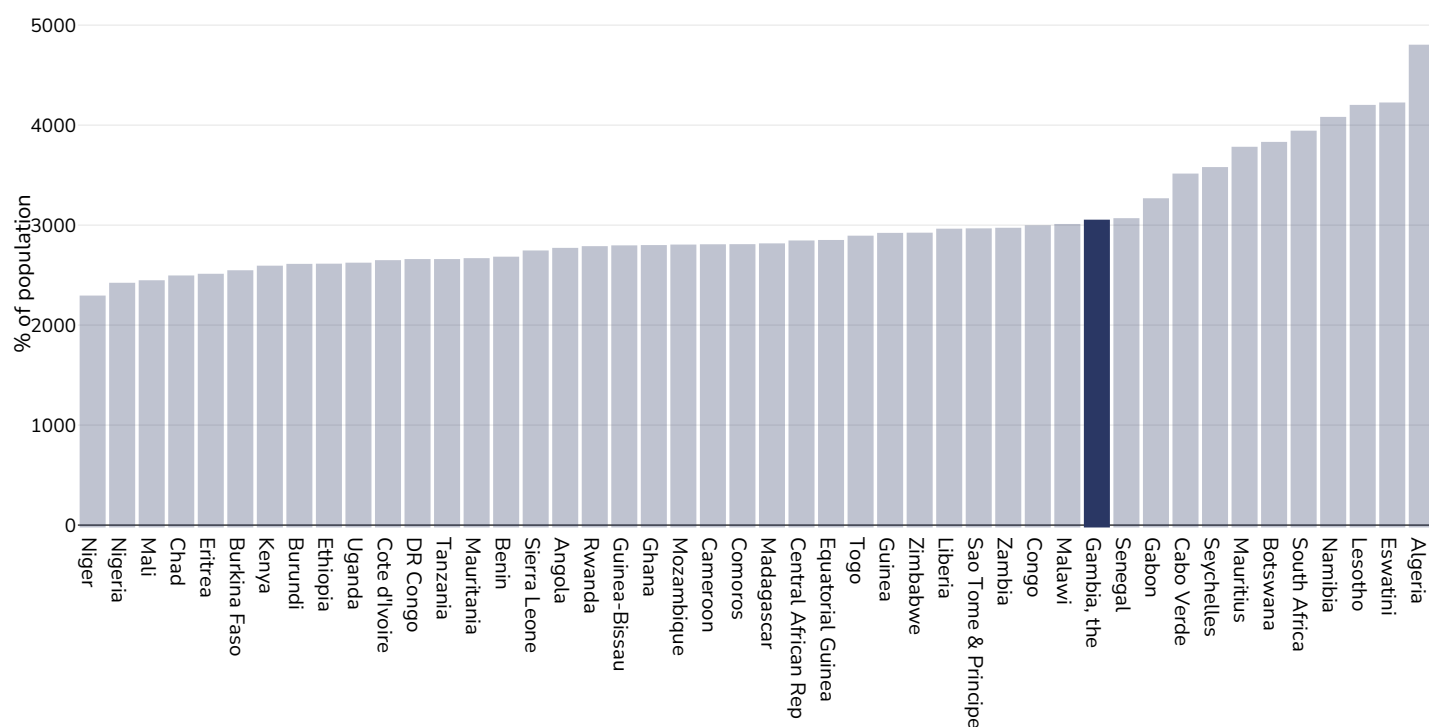
Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Boys, 2021



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Girls, 2021



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