<table>
<thead>
<tr>
<th>Contents</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Obesity prevalence</td>
<td>2</td>
</tr>
<tr>
<td>Insufficient physical activity</td>
<td>3</td>
</tr>
<tr>
<td>Estimated per-capita fruit intake</td>
<td>6</td>
</tr>
<tr>
<td>Estimated per-capita processed meat intake</td>
<td>7</td>
</tr>
<tr>
<td>Estimated per-capita whole grains intake</td>
<td>8</td>
</tr>
<tr>
<td>Mental health - depression disorders</td>
<td>9</td>
</tr>
<tr>
<td>Mental health - anxiety disorders</td>
<td>10</td>
</tr>
<tr>
<td>Oesophageal cancer</td>
<td>11</td>
</tr>
<tr>
<td>Breast cancer</td>
<td>13</td>
</tr>
<tr>
<td>Colorectal cancer</td>
<td>14</td>
</tr>
<tr>
<td>Pancreatic cancer</td>
<td>16</td>
</tr>
<tr>
<td>Gallbladder cancer</td>
<td>18</td>
</tr>
<tr>
<td>Kidney cancer</td>
<td>20</td>
</tr>
<tr>
<td>Cancer of the uterus</td>
<td>22</td>
</tr>
<tr>
<td>Raised blood pressure</td>
<td>23</td>
</tr>
<tr>
<td>Raised cholesterol</td>
<td>26</td>
</tr>
<tr>
<td>Raised fasting blood glucose</td>
<td>29</td>
</tr>
<tr>
<td>Diabetes prevalence</td>
<td>31</td>
</tr>
</tbody>
</table>
Obesity prevalence

Women, 2012

Survey type: Measured
Age: 15-49
Sample size: 4757
Area covered: National
References: Demographic Health Survey 2012 Gabon
Notes: Demographic Health Survey data includes ever married women aged 15-49 years only and may include males aged 15-59.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².
Insufficient physical activity

Adults, 2016

Women, 2016

Estimated per-capita fruit intake

Adults, 2017

Survey type: Measured
Age: 25+

References: Global Burden of Disease, the Institute for Health Metrics and Evaluation [http://ghdx.healthdata.org/]

Definitions: Estimated per-capita fruit intake (g/day)
Estimated per-capita processed meat intake

Adults, 2017

Survey type: Measured
Age: 25+
References: Global Burden of Disease, the Institute for Health Metrics and Evaluation [http://ghdx.healthdata.org/]
Definitions: Estimated per-capita processed meat intake (g per day)
Estimated per-capita whole grains intake

Adults, 2017

Survey type: Measured
Age: 25+
References: Global Burden of Disease, the Institute for Health Metrics and Evaluation [http://ghdx.healthdata.org/]
Definitions: Estimated per-capita whole grains intake (g/day)
Mental health - depression disorders

Adults, 2015


Definitions: % of population with depression disorders
Mental health - anxiety disorders

Adults, 2015


Definitions: % of population with anxiety disorders
Oesophageal cancer

Men, 2018

Incidence per 100,000

Age: 20+


Definitions: Estimated age-standardized incidence rates (World) in 2018, oesophagus, adults ages 20+. ASR (World) per 100,000
**Women, 2018**

- **Incidence per 100,000:***
  - **Age:** 20+
  - **Definitions:** Estimated age-standardized incidence rates (World) in 2018, oesophagus, adults ages 20+. ASR (World) per 100,000
Breast cancer

Women, 2018

Age: 20+


Definitions: Estimated age-standardized incidence rates (World) in 2018, breast, females, ages 20+. ASR (World) per 100,000
Colorectal cancer

Men, 2018

Incidence per 100,000

Age: 20+


Definitions: Estimated age-standardized incidence rates (World) in 2018, colorectum, adults, ages 20+. ASR (World) per 100,000
Women, 2018

Incidence per 100,000

Age:

References: Global Cancer Observatory, Cancer incidence rates http://gco.iarc.fr/ (last accessed 30th June 2020)

Definitions: Estimated age-standardized incidence rates (World) in 2018, colorectum, adults, ages 20+. ASR (World) per 100,000
Pancreatic cancer

Men, 2018

Age: 20+


Definitions: Estimated age-standardized incidence rates (World) in 2018, pancreas, adults, ages 20+. ASR (World) per 100,000
Women, 2018

Age: 20+


Definitions: Estimated age-standardized incidence rates (World) in 2018, pancreas, adults, ages 20+. ASR (World) per 100,000
# Gallbladder cancer

## Men, 2018

<table>
<thead>
<tr>
<th>Country</th>
<th>Incidence per 100,000</th>
</tr>
</thead>
<tbody>
<tr>
<td>Algeria</td>
<td>3.5</td>
</tr>
<tr>
<td>Kenya</td>
<td>3.0</td>
</tr>
<tr>
<td>Mauritius</td>
<td>2.5</td>
</tr>
<tr>
<td>Ghana</td>
<td>2.0</td>
</tr>
<tr>
<td>Benin</td>
<td>1.5</td>
</tr>
<tr>
<td>Eritrea</td>
<td>1.0</td>
</tr>
<tr>
<td>Nigeria</td>
<td>0.5</td>
</tr>
<tr>
<td>Namibia</td>
<td>0.0</td>
</tr>
</tbody>
</table>

**Age:**
- 20+

**References:**

**Definitions:**
Estimated age-standardized incidence rates (World) in 2018, gallbladder, adults, ages 20+. ASR (World) per 100,000
Women, 2018


Definitions: Estimated age-standardized incidence rates (World) in 2018, gallbladder, adults, ages 20+. ASR (World) per 100,000
Kidney cancer

Men, 2018


Definitions: Estimated age-standardized incidence rates (World) in 2018, kidney, adults, ages 20+. ASR (World) per 100,000
Women, 2018

Incidence per 100,000 and age group

Age: 20+

References: Global Cancer Observatory, Cancer incidence rates [http://gco.iarc.fr/] (last accessed 30th June 2020)

Definitions: Estimated age-standardized incidence rates (World) in 2018, kidney, adults, ages 20+. ASR (World) per 100,000
Cancer of the uterus

Women, 2018

Age: 20+


Definitions: Estimated age-standardized incidence rates (World) in 2018, cervix uteri, females, ages 20+. ASR (World) per 100,000
Raised blood pressure

Adults, 2015


Definitions: Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90)
Men, 2015


Definitions: Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).
Women, 2015


Definitions: Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).
Raised cholesterol

Adults, 2008


Definitions: % Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).
Men, 2008


Definitions: % Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).
Women, 2008

References:

Definitions:
% Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).
Raised fasting blood glucose

Men, 2014


Definitions: Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).

Definitions: Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).
Diabetes prevalence

Adults, 2017


Definitions: Diabetes age-adjusted comparative prevalence (%).