

Report card France



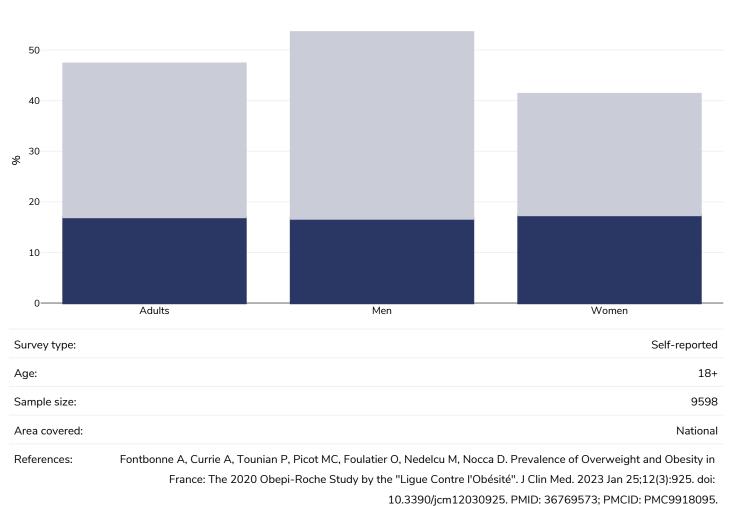
Contents	Page
Obesity prevalence	2
Trend: % Adults living with obesity, 1994-2015	4
Trend: % Adults living with overweight or obesity, 2000-2019	6
Trend: % Adults living with obesity, 2000-2019	8
Overweight/obesity by age and education	10
Overweight/obesity by education	13
Overweight/obesity by age	17
Overweight/obesity by region	19
Overweight/obesity by age and region	21
Overweight/obesity by age and socio-economic group	23
Overweight/obesity by socio-economic group	26
Overweight/obesity by age and limited activity	28
Insufficient physical activity	31
Sugar consumption	37
Estimated per capita sugar sweetened beverages intake	38
Prevalence of at least daily carbonated soft drink consumption	39
Prevalence of confectionery consumption	40
Prevalence of sweet/savoury snack consumption	41
Estimated per capita fruit intake	42
Prevalence of less than daily fruit consumption	43
Prevalence of less than daily vegetable consumption	44
Estimated per-capita processed meat intake	45
Estimated per capita whole grains intake	46
Mental health - depression disorders	47
Mental health - anxiety disorders	48
Oesophageal cancer	49
Breast cancer	51
Colorectal cancer	52
Pancreatic cancer	54
Gallbladder cancer	56
Kidney cancer	58
Cancer of the uterus	60
Raised blood pressure	61
Raised cholesterol	64
Raised fasting blood glucose	67
Diabetes prevalence	69
Contextual factors	70



Obesity prevalence

Adults, 2020

Obesity Overweight

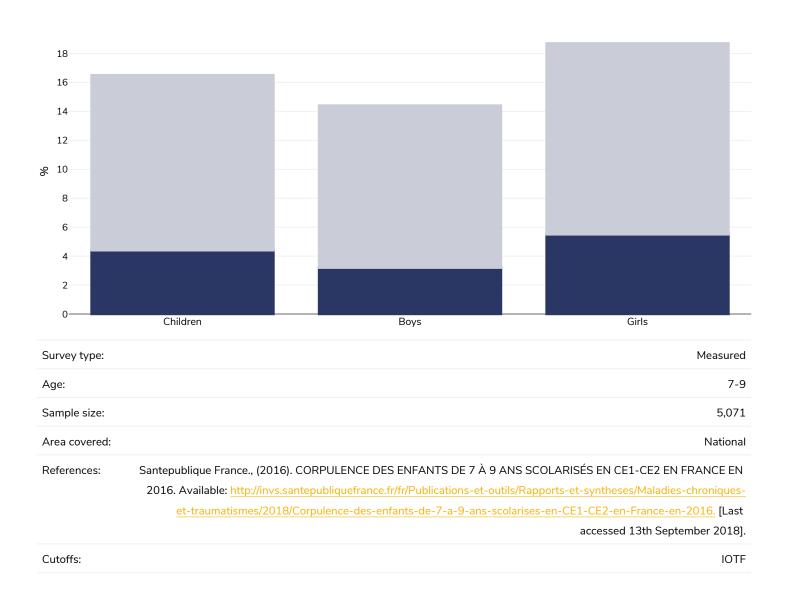


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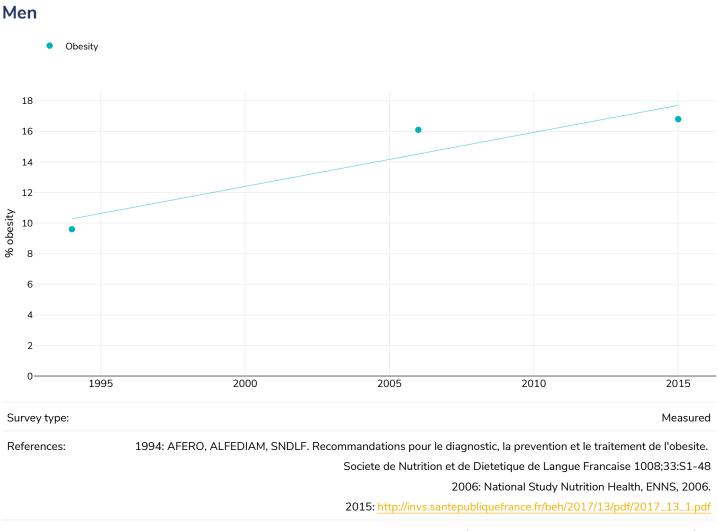
Children, 2016

Obesity Overweight





% Adults living with obesity, 1994-2015



Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



Women

Obesity 18 16 14 12 % obesity 10 8 6 4 2 0 1995 2000 2005 2010 2015 Survey type: Measured References:

1994: AFERO, ALFEDIAM, SNDLF. Recommandations pour le diagnostic, la prevention et le traitement de l'obesite. Societe de Nutrition et de Dietetique de Langue Francaise 1008;33:S1-48

2006: National Study Nutrition Health, ENNS, 2006.

2015: http://invs.santepubliquefrance.fr/beh/2017/13/pdf/2017_13_1.pdf

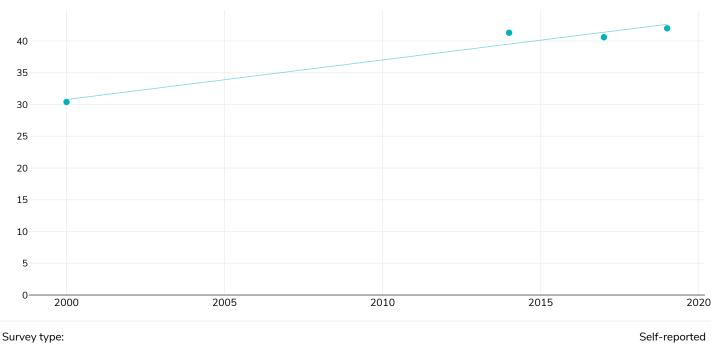
Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



% Adults living with overweight or obesity, 2000-2019

Women

Overweight or obesity



Self-reported

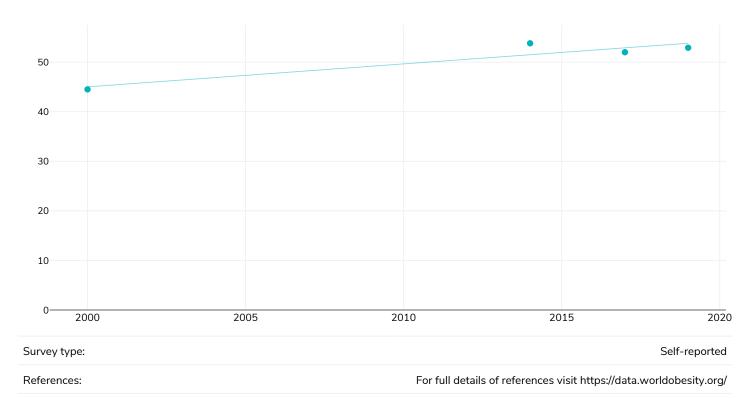
References:

For full details of references visit https://data.worldobesity.org/



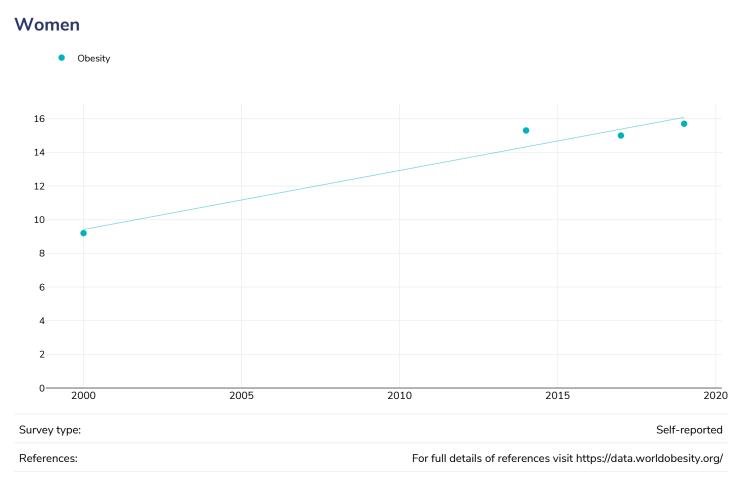
Men

• Overweight or obesity





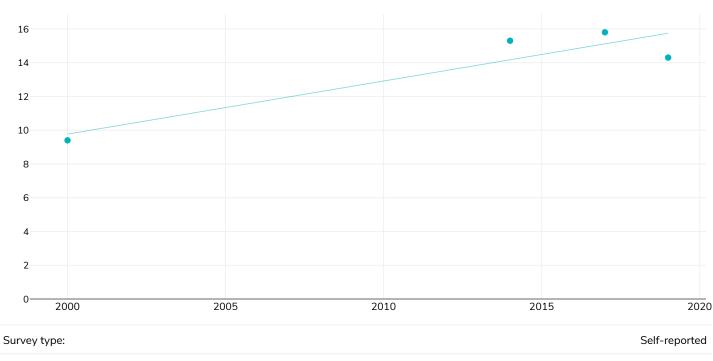
% Adults living with obesity, 2000-2019





Men

Obesity



References:

For full details of references visit https://data.worldobesity.org/



Overweight/obesity by age and education

Adults, 2019

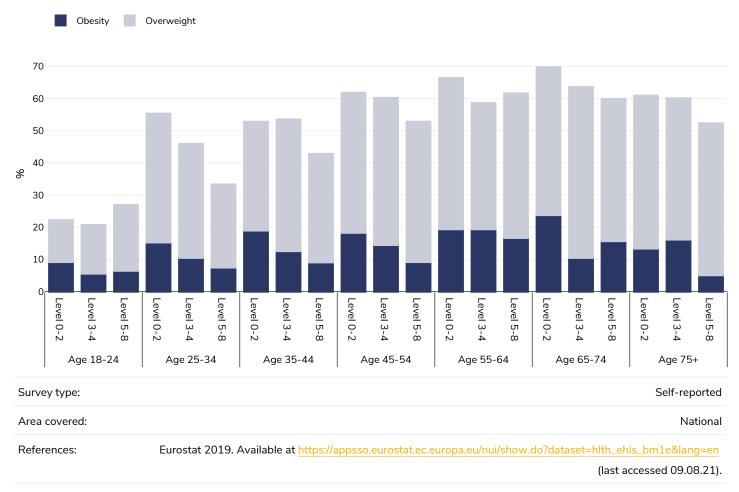
Obesity Overweight



(last accessed 09.08.21).



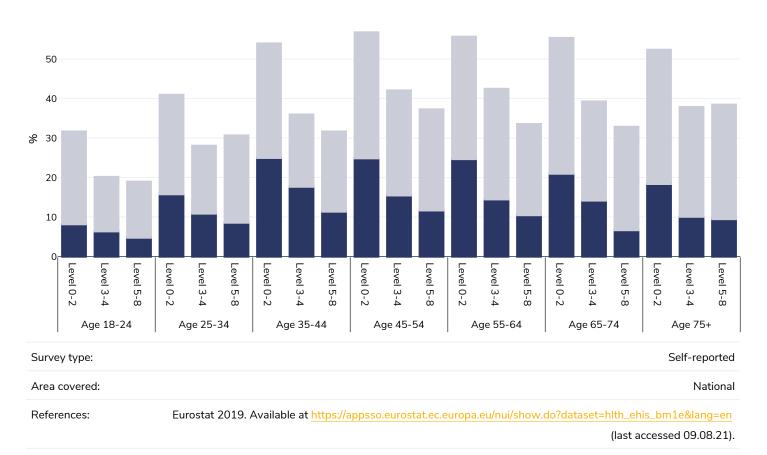
Men, 2019





Women, 2019

Obesity Overweight





Overweight/obesity by education

Men, 2014

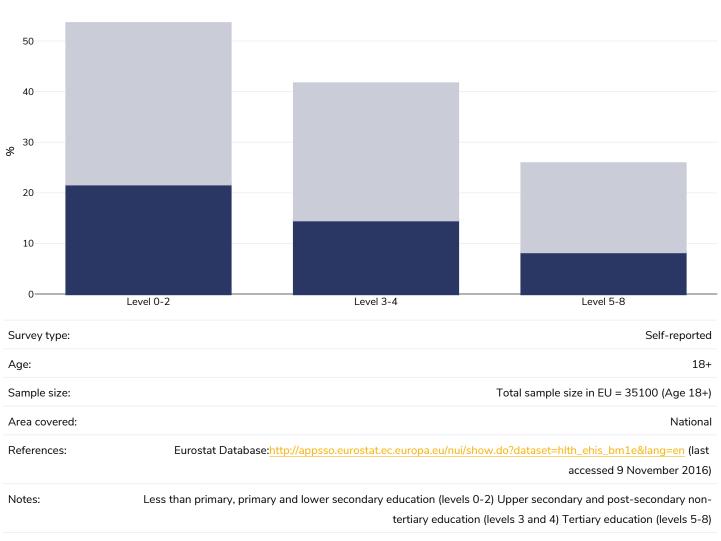
Obesity
Overweight

20			
10			
0	Level 0-2	Level 3-4	Level 5-8
Survey type:			Self-reported
Age:			18+
Sample size:	Total sample size in EU = 35100 (Age 18+)		
Area covered:			National
References:	Eurostat Data	base: <u>http://appsso.eurostat.ec.europa.eu/n</u> u	ui/show.do?dataset=hlth_ehis_bm1e⟨=en (last accessed 9 November 2016)
Notes:	Less than primary, p		els 0-2) Upper secondary and post-secondary non- ation (levels 3 and 4) Tertiary education (levels 5-8)



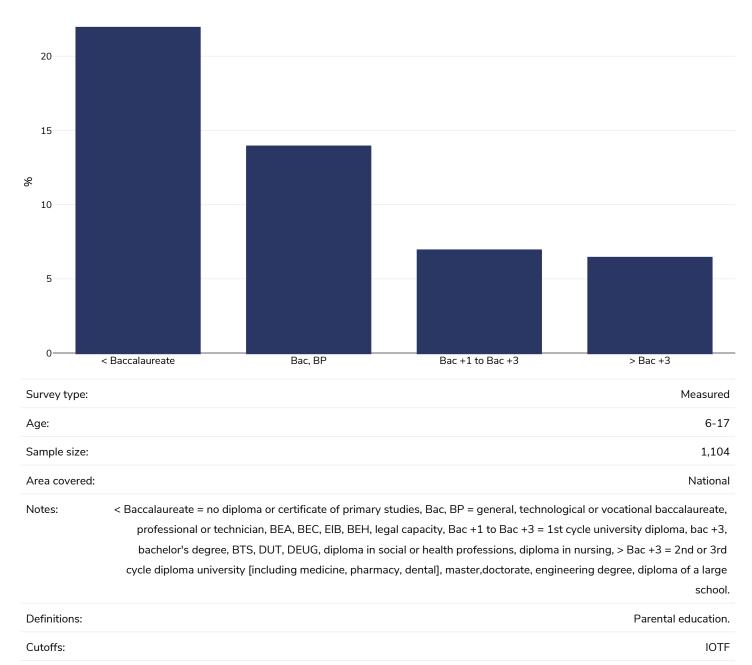
Women, 2014

Obesity Overweight





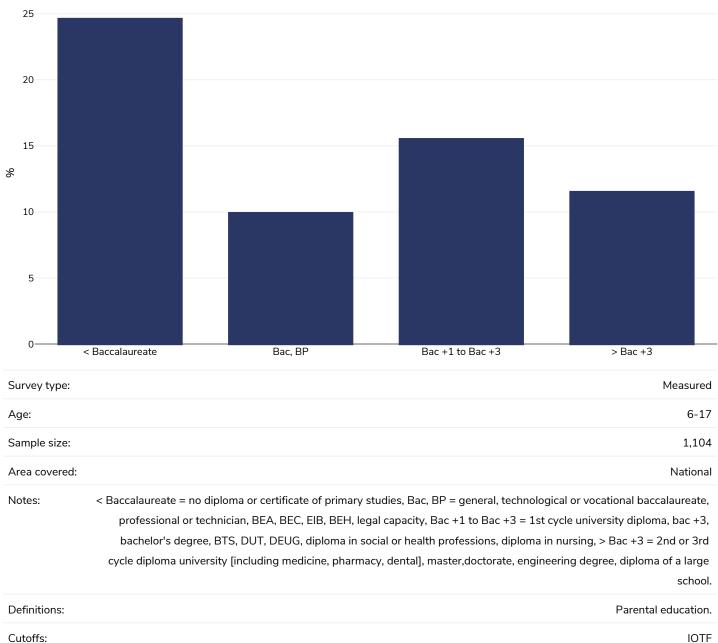
Boys, 2015



15

WG 'Y

Girls, 2015

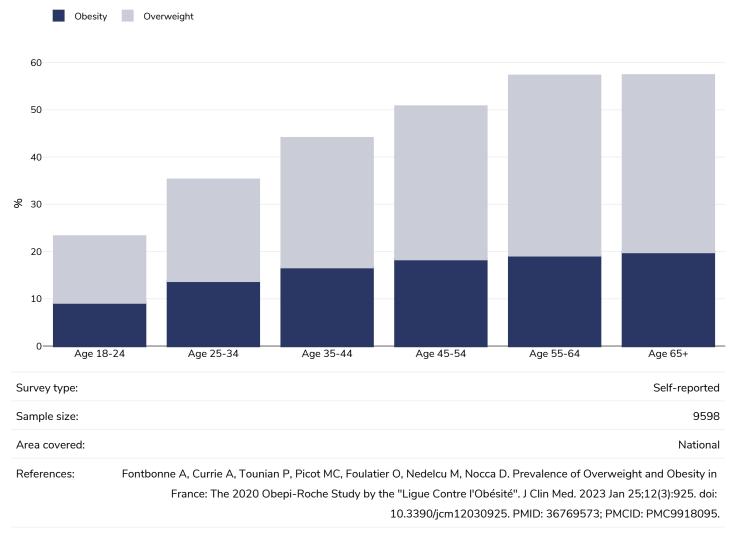


Cutoffs:



Overweight/obesity by age

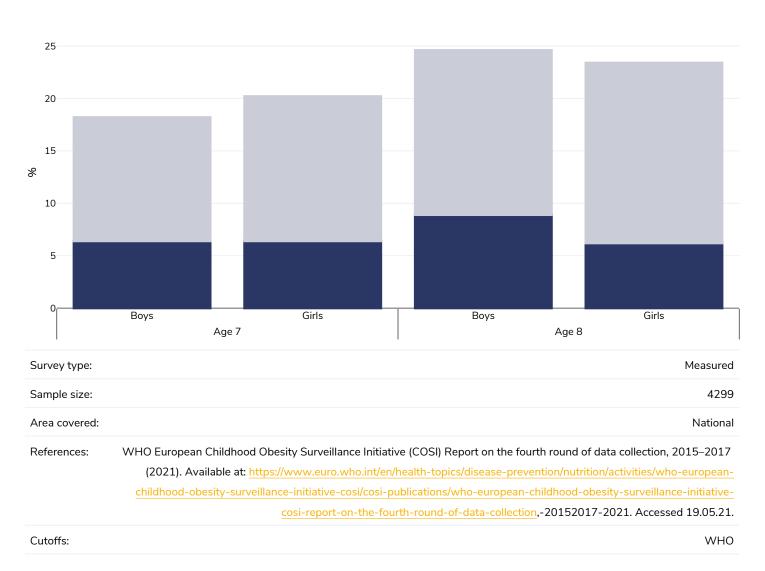
Adults, 2020





Children, 2015-2017

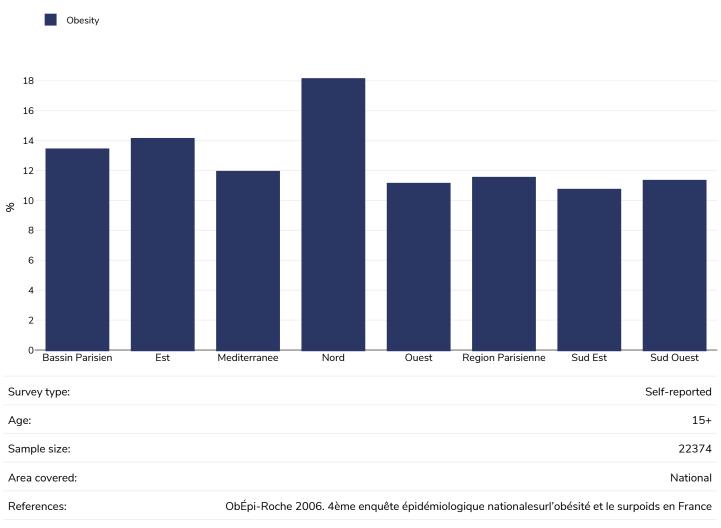
Obesity Overweight





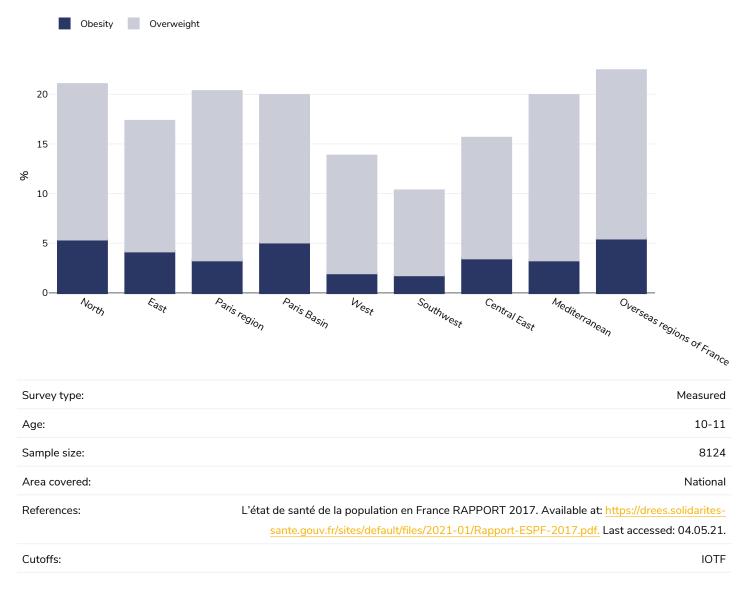
Overweight/obesity by region

Adults, 2006





Boys, 2014-2015

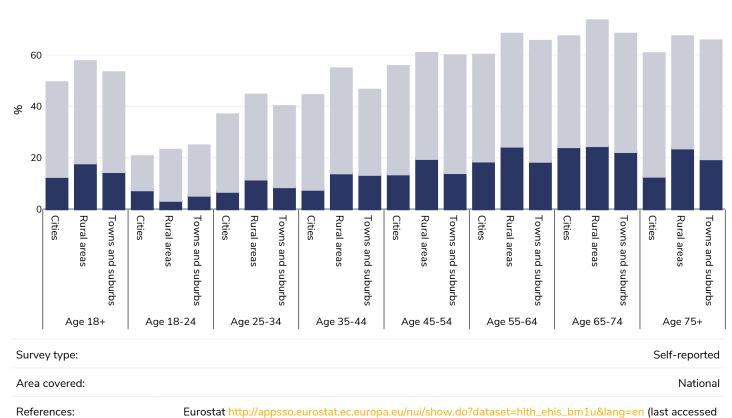




Overweight/obesity by age and region

Men, 2014

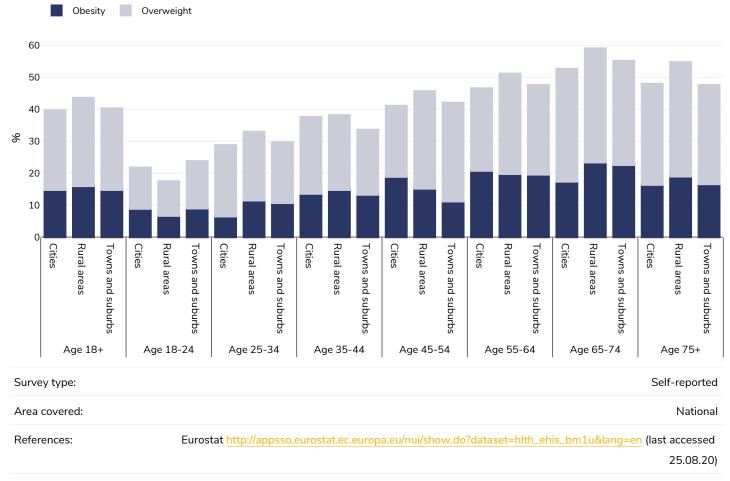
Obesity Overweight



25.08.20)



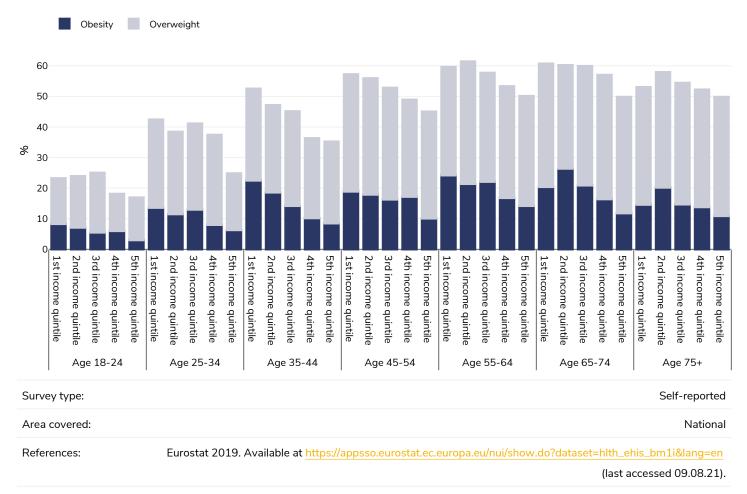
Women, 2014





Overweight/obesity by age and socio-economic group

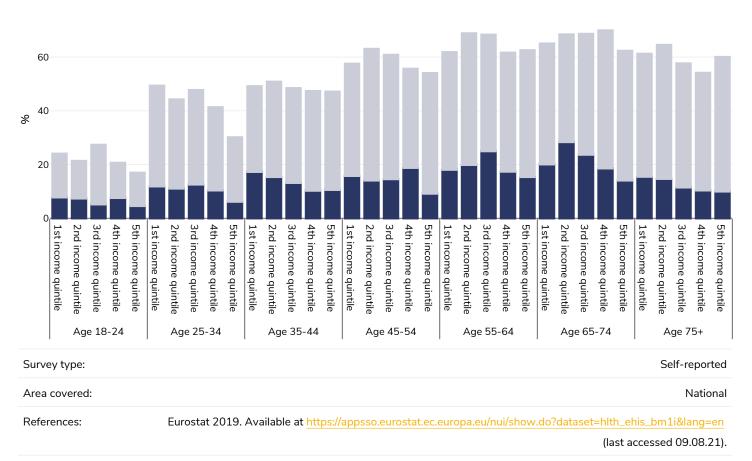
Adults, 2019





Men, 2019

Obesity Overweight

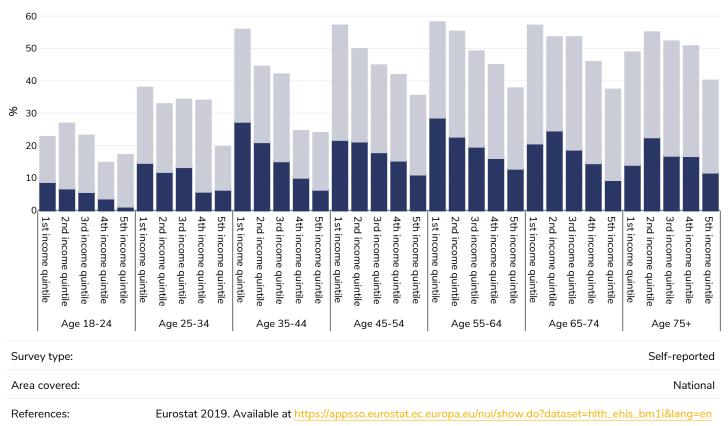




Women, 2019

Obesity





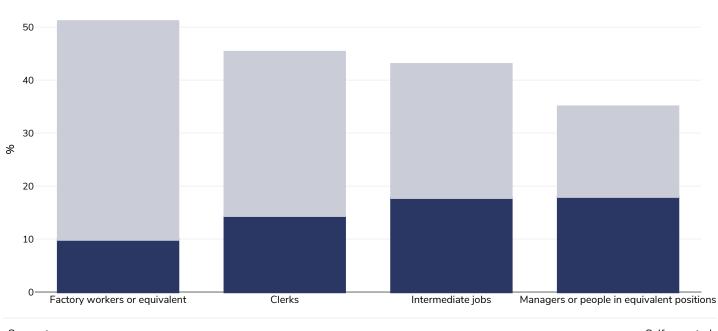
(last accessed 09.08.21).



Overweight/obesity by socio-economic group

Adults, 2020

Obesity Overweight

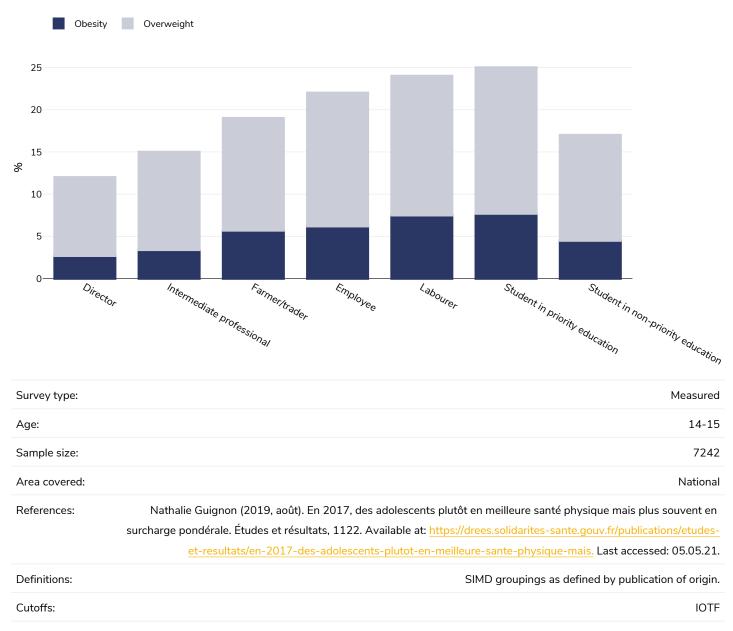


Survey type:	Self-reported	
Age:	18+	
Sample size:	9598	
Area covered:	National	
References:	Fontbonne A, Currie A, Tounian P, Picot MC, Foulatier O, Nedelcu M, Nocca D. Prevalence of Overweight and Obesity in France: The 2020 Obepi-Roche Study by the "Ligue Contre l'Obésité". J Clin Med. 2023 Jan 25;12(3):925. doi:	

10.3390/jcm12030925. PMID: 36769573; PMCID: PMC9918095.



Children, 2016-2017

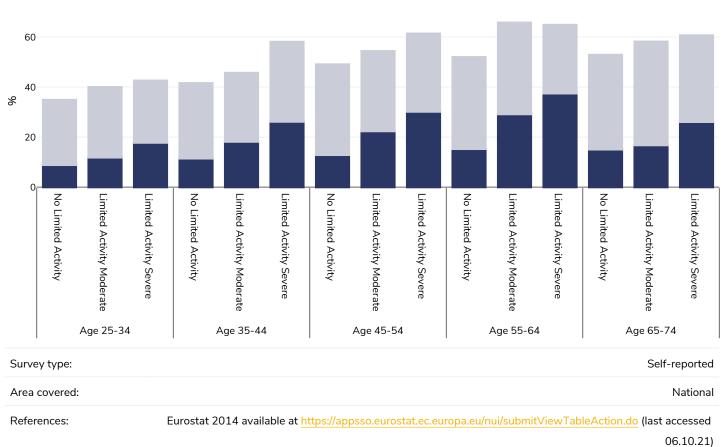




Overweight/obesity by age and limited activity

Adults, 2014

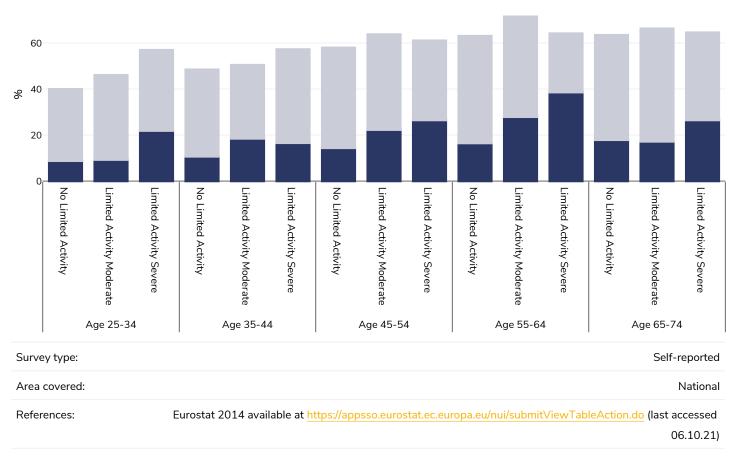
Obesity Overweight





Men, 2014

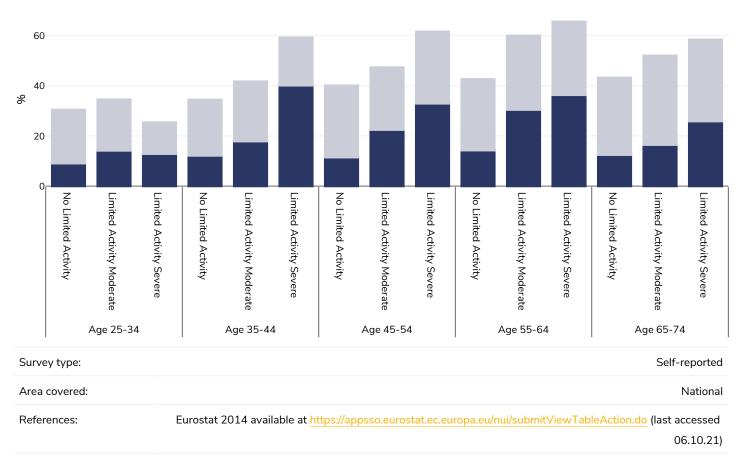
Obesity Overweight





Women, 2014

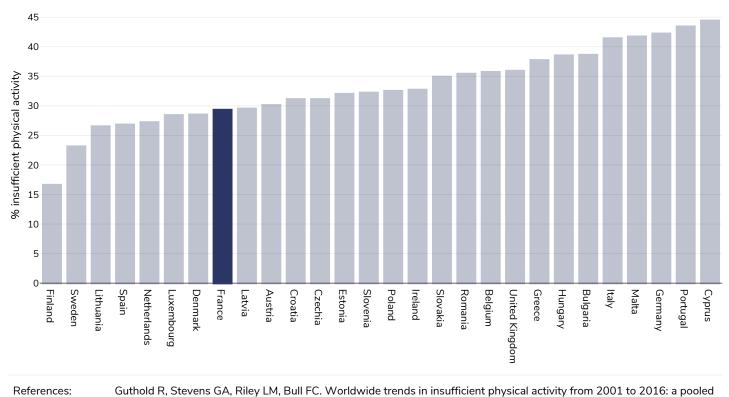
Obesity Overweight





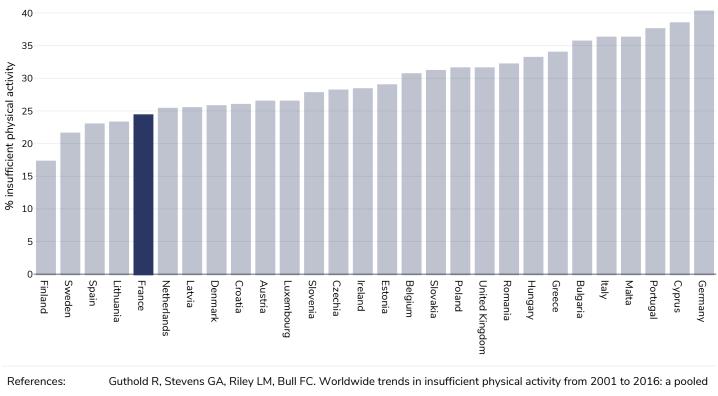
Insufficient physical activity

Adults, 2016



Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 <u>http://dx.doi.org/10.1016/S2214-</u> 109X(18)30357-7

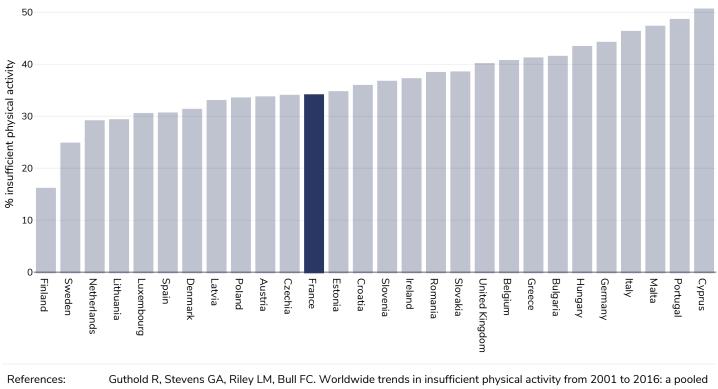
Men, 2016



analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 <u>http://dx.doi.org/10.1016/S2214-</u> 109X(18)30357-7



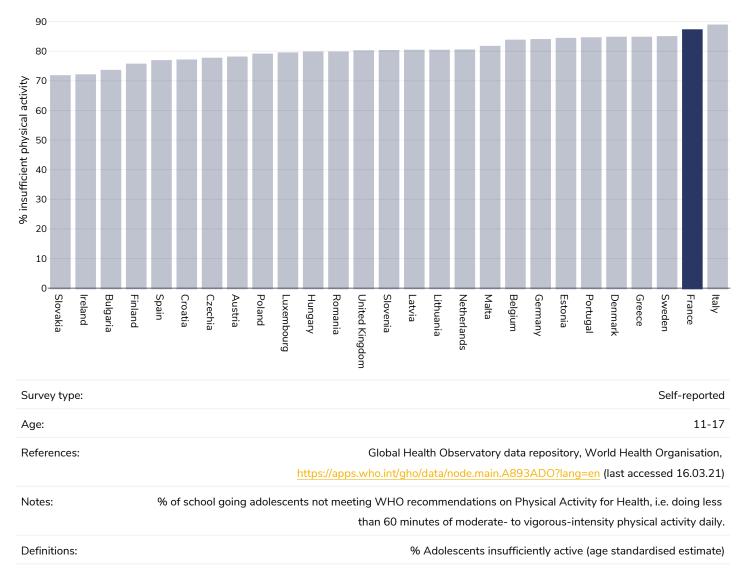
Women, 2016



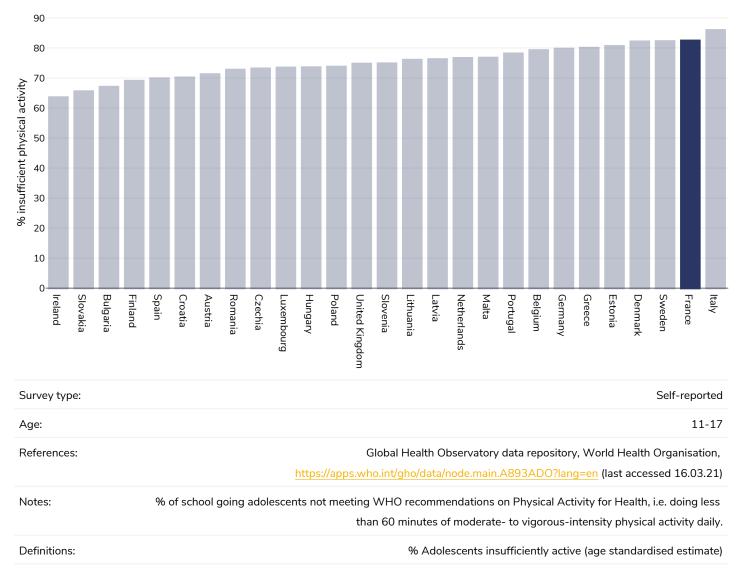
analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 <u>http://dx.doi.org/10.1016/S2214-</u> 109X(18)30357-7



Children, 2016

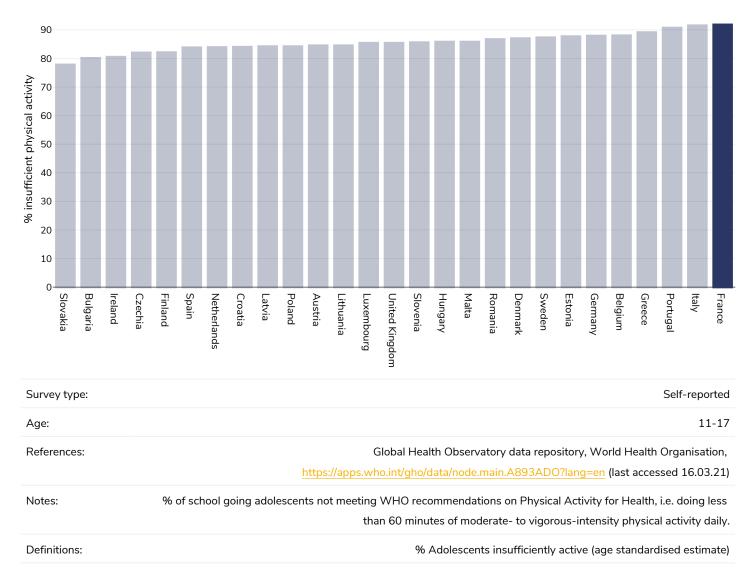


Boys, 2016



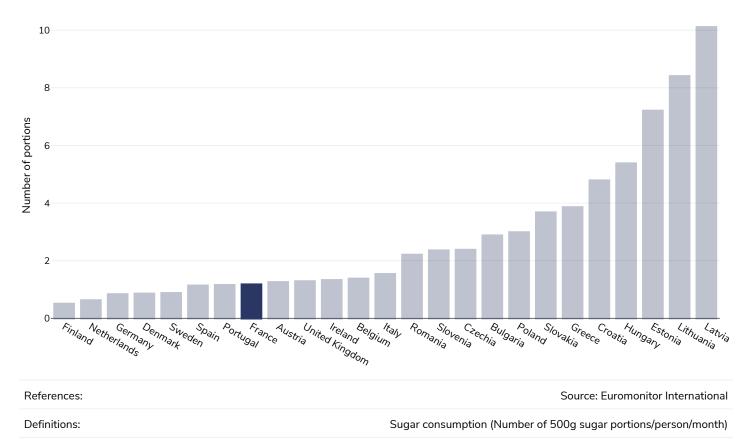


Girls, 2016





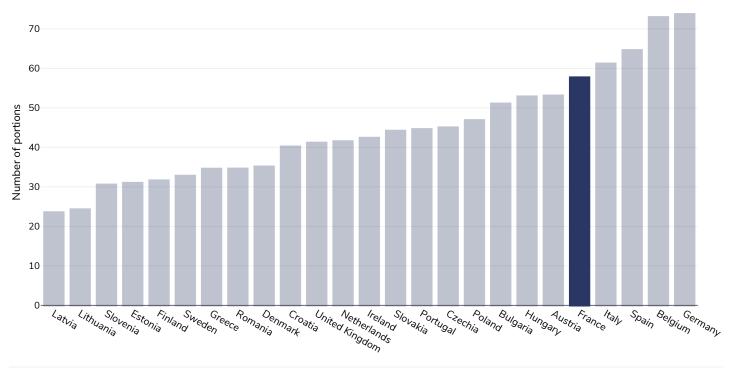
Sugar consumption





Estimated per capita sugar sweetened beverages intake

Adults, 2016



References:

Source: Euromonitor International



Prevalence of at least daily carbonated soft drink consumption

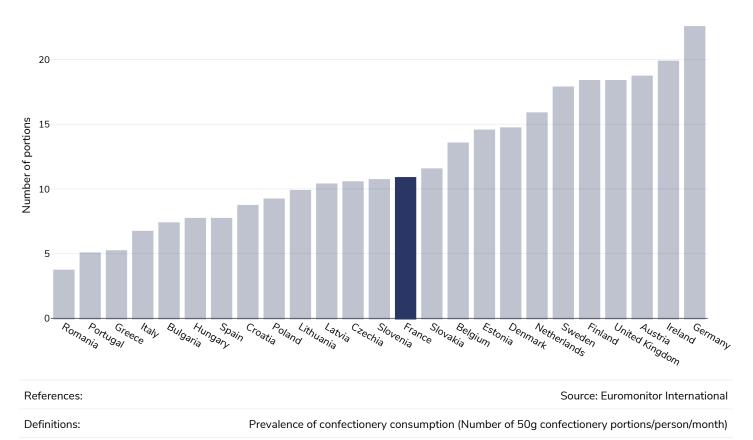
40 35 30 25 8 20 15 10 5 n Estonia Greece Czechia Austria Spain Poland France Hungary Bulgaria Malta Latvia Ireland Italy Croatia Finland Sweden Denmark Slovenia Lithuania United Kingdom Slovakia Luxembourg Netherlands Portugal Germany Romania Survey type: Measured References: World Health Organization. (2017). Adolescent obesity and related behaviours: Trends and inequalities in the who european region, 2002-2014: observations from the Health Behavior in School-aged Children (HBSC) WHO collaborative cross-national study (J. Inchley, D. Currie, J. Jewel, J. Breda, & V. Barnekow, Eds.). World Health Organization. Sourced from Food Systems Dashboard http://www.foodsystemsdashboard.org Notes: 15-year-old adolescents Definitions:

Children, 2014

Prevalence of at least daily carbonated soft drink consumption (% of at least daily carbonated soft drink consumption)

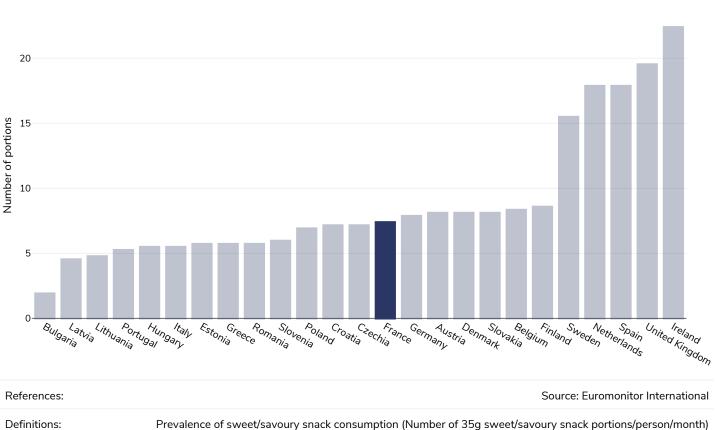


Prevalence of confectionery consumption



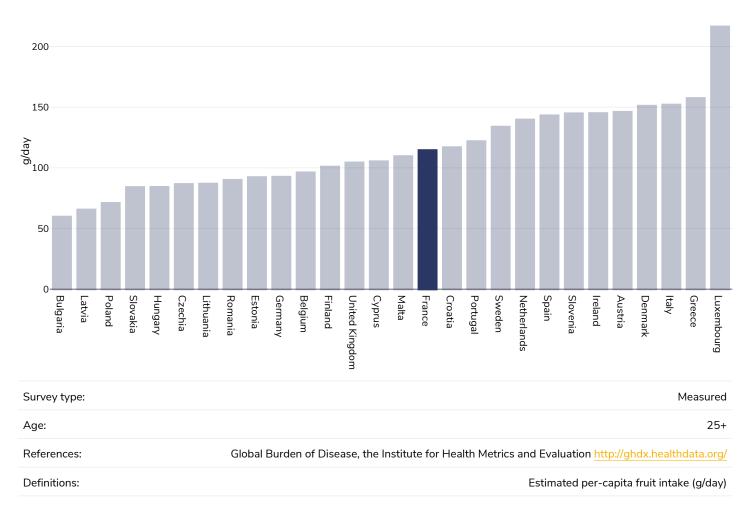


Prevalence of sweet/savoury snack consumption





Estimated per capita fruit intake

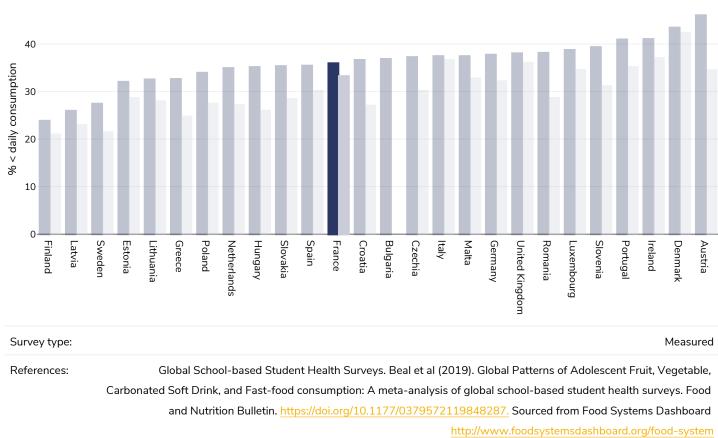




Prevalence of less than daily fruit consumption

Children, 2014

Age 12-17 Age 15



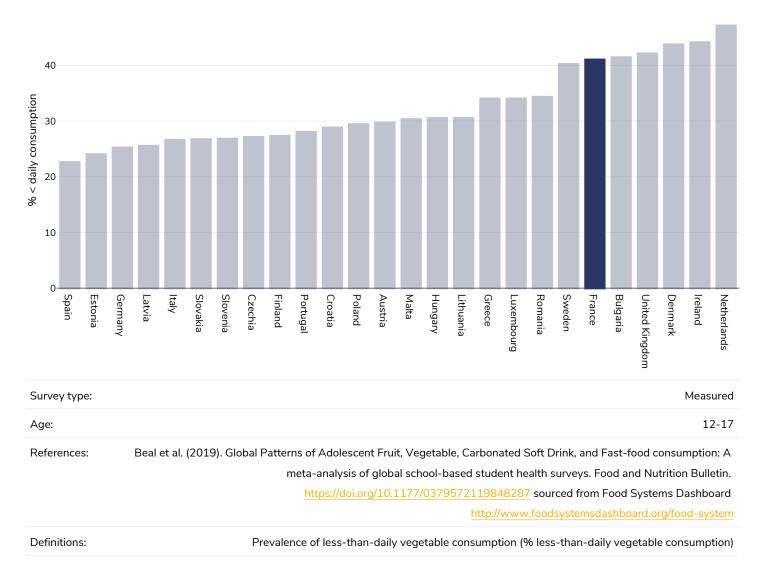
Definitions:

Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)



Prevalence of less than daily vegetable consumption

Children, 2014



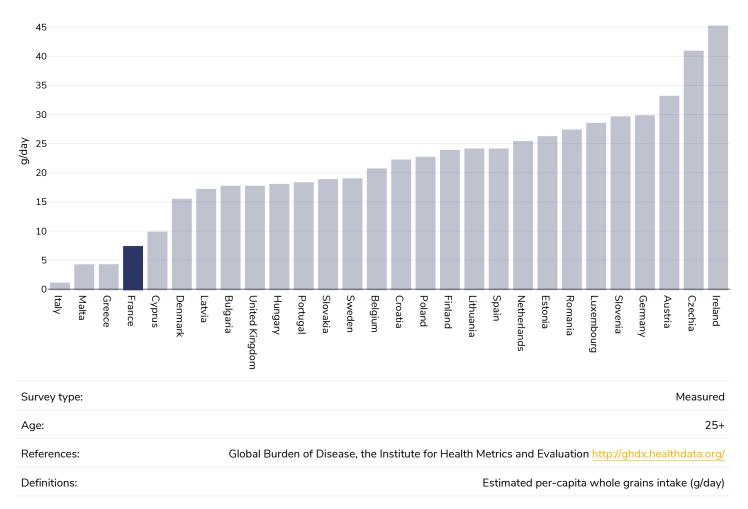


Estimated per-capita processed meat intake

20 15 yedy 10 5 0 Sweden Croatia Portugal Greece Poland Cyprus Hungary Romania Austria Bulgaria Ireland Malta Finland Spain Belgium France Italy Latvia Germany Czechia Estonia Slovakia Slovenia Denmark Netherlands Lithuania United Kingdom Luxembourg Measured Survey type: Age: 25+ Global Burden of Disease, the Institute for Health Metrics and Evaluation http://ghdx.healthdata.org/ References: Definitions: Estimated per-capita processed meat intake (g per day)



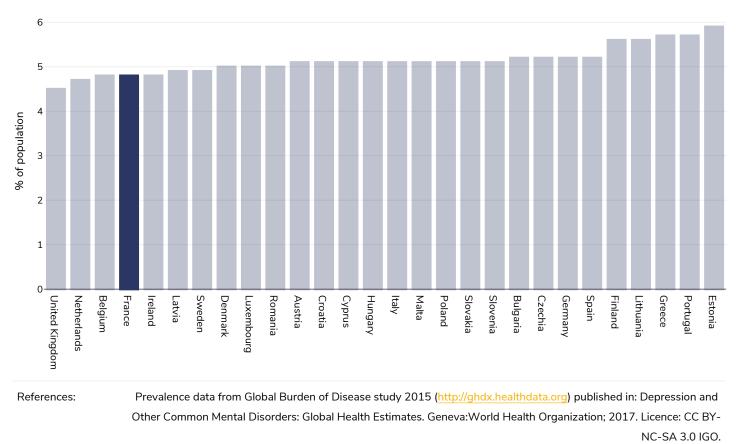
Estimated per capita whole grains intake





Mental health - depression disorders

Adults, 2015



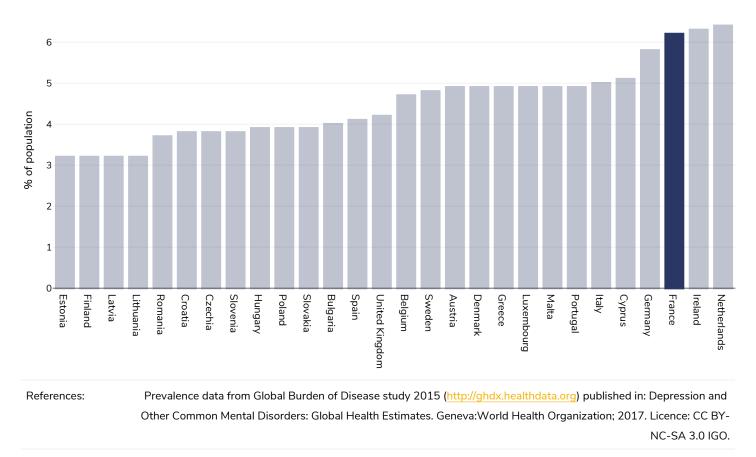
Definitions:

% of population with depression disorders



Mental health - anxiety disorders

Adults, 2015

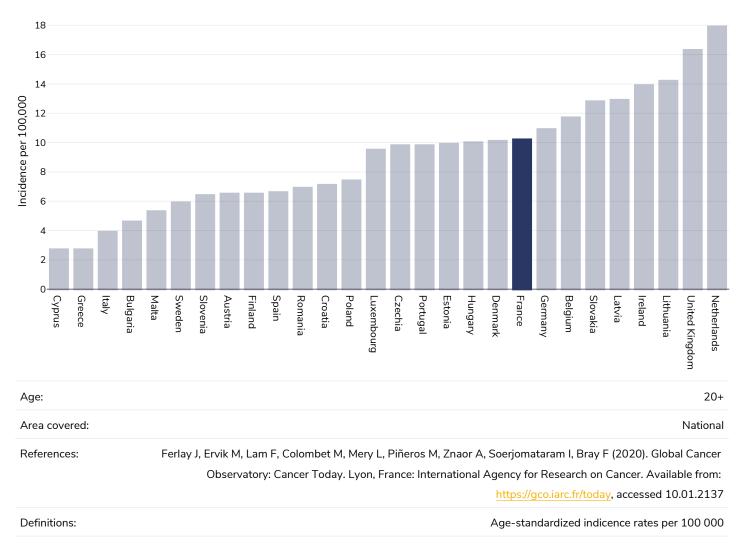


Definitions:

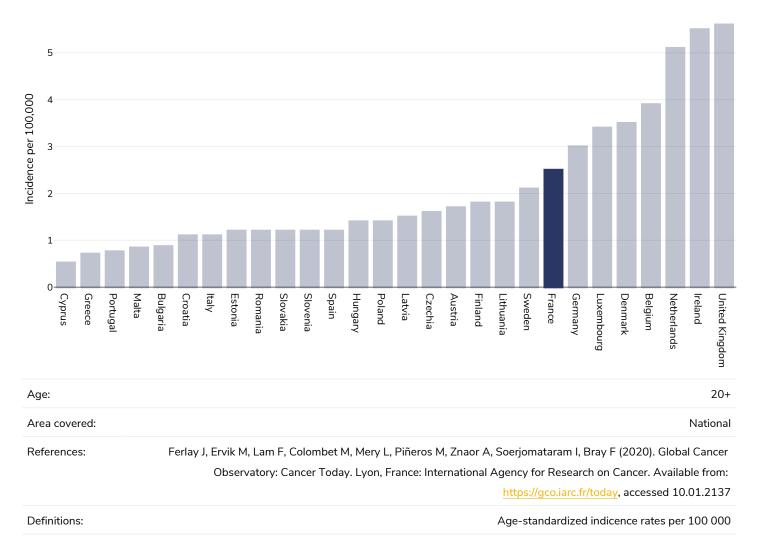
% of population with anxiety disorders



Oesophageal cancer

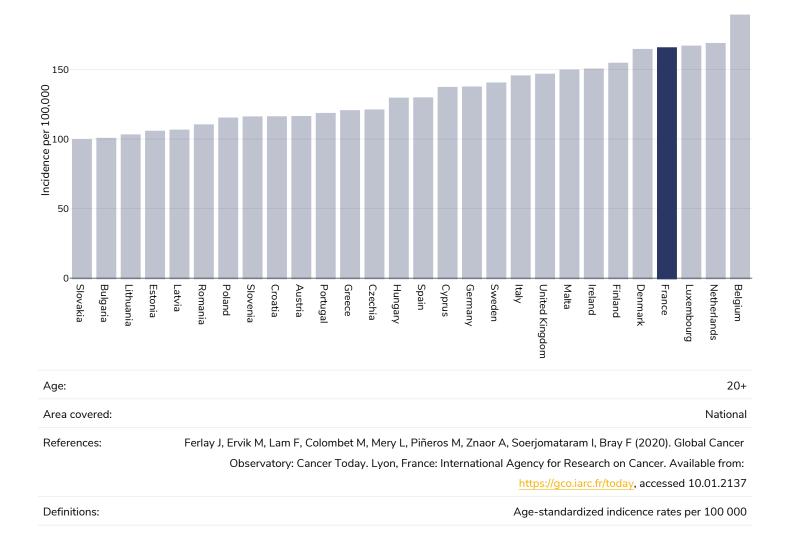






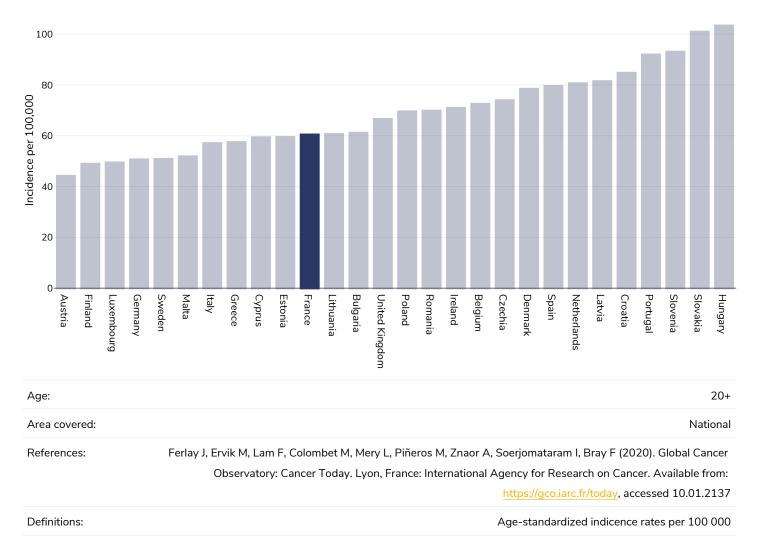


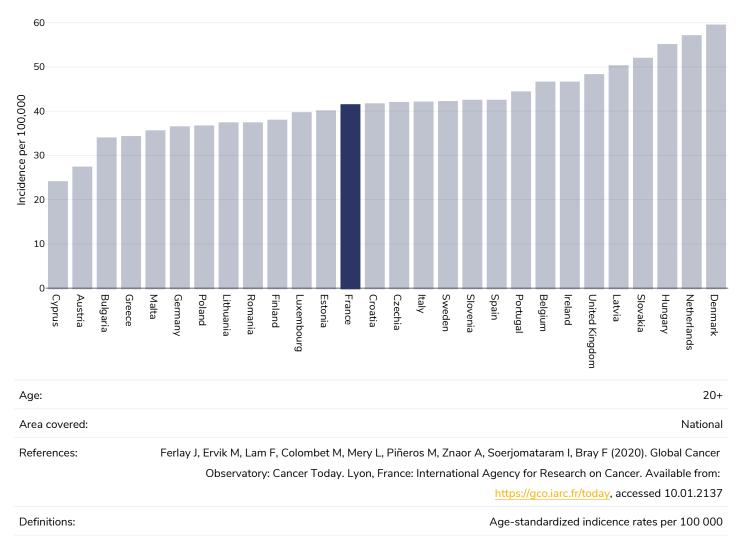
Breast cancer





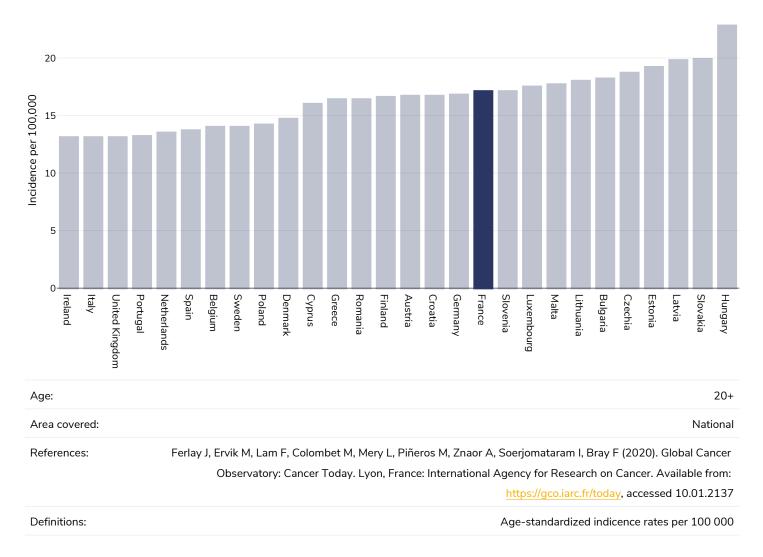
Colorectal cancer

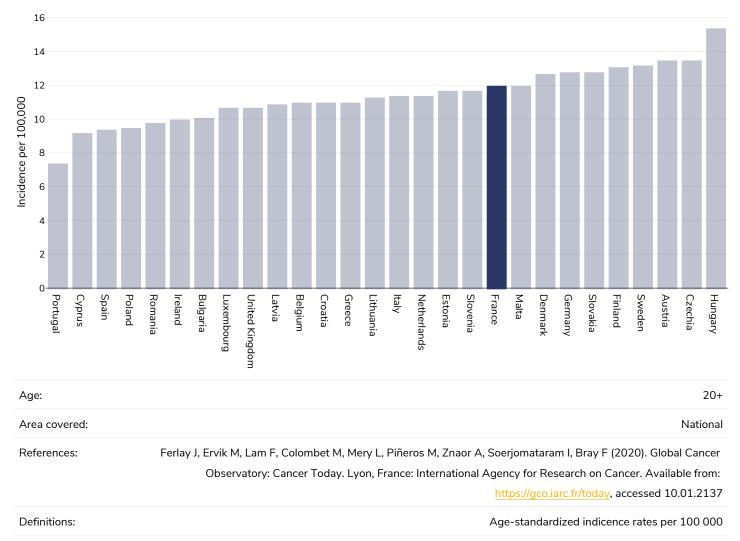






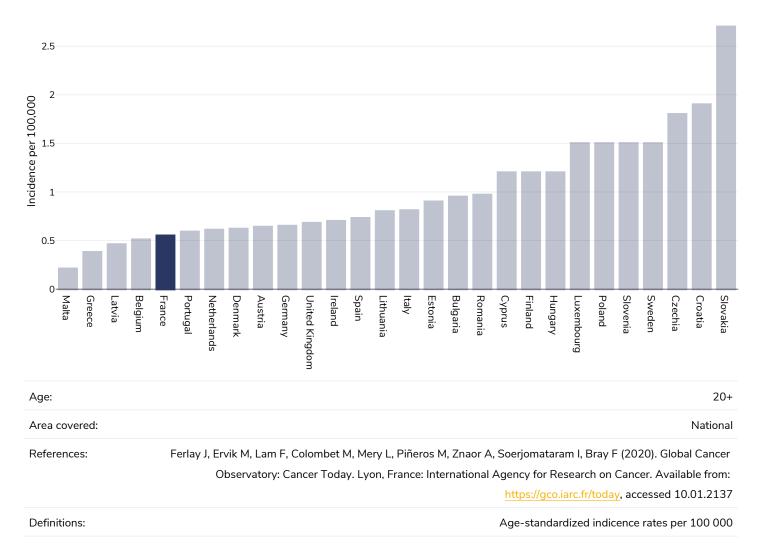
Pancreatic cancer



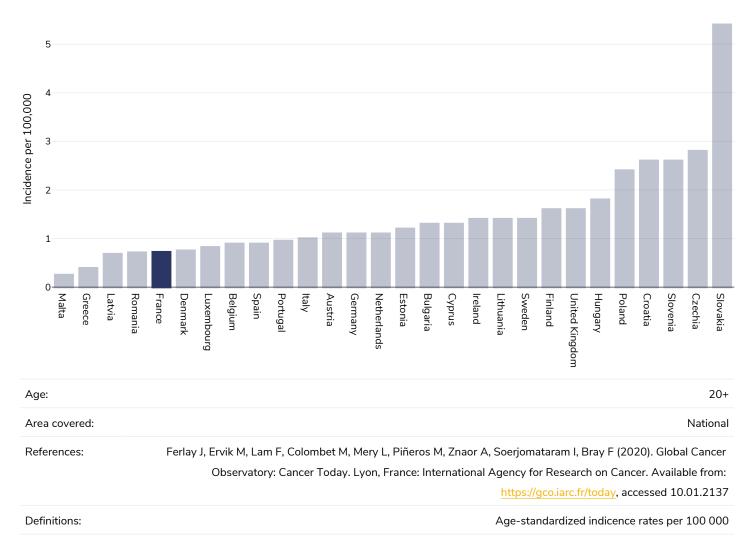




Gallbladder cancer

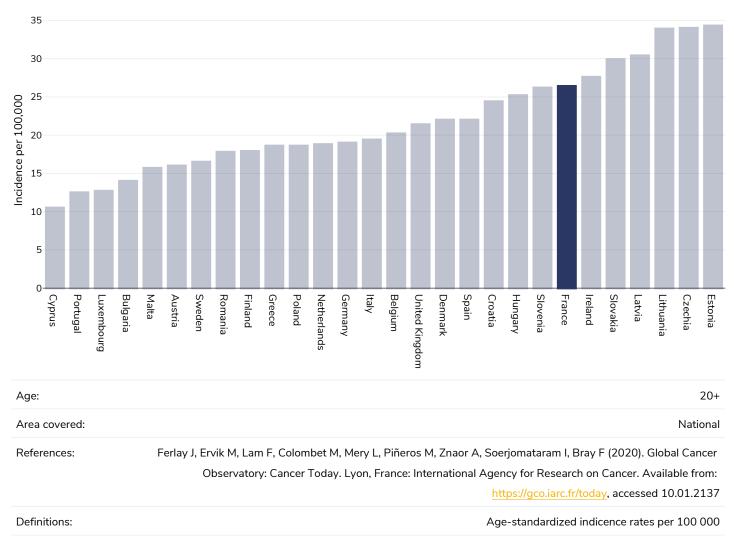


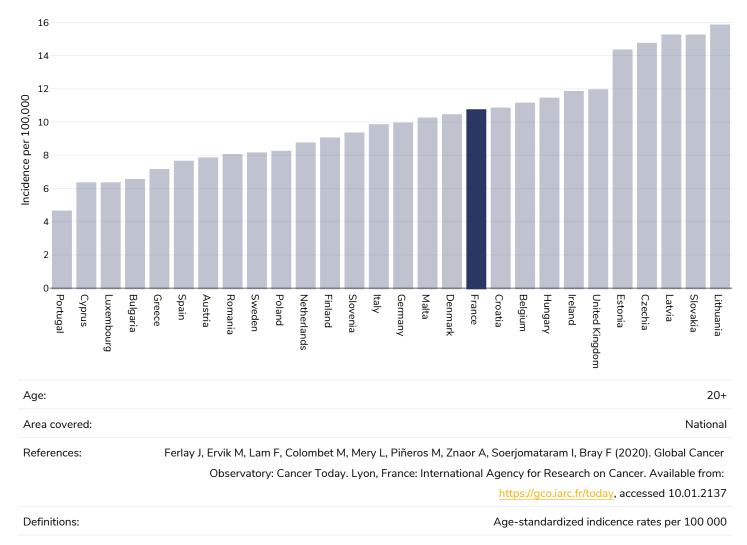






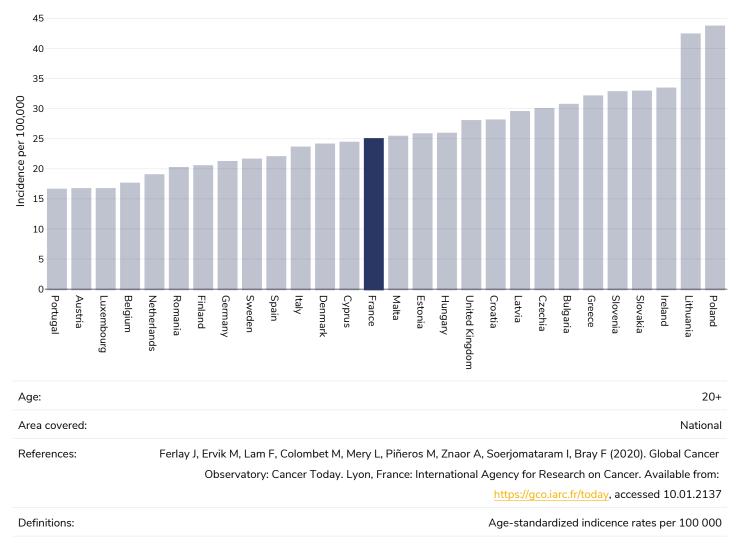
Kidney cancer





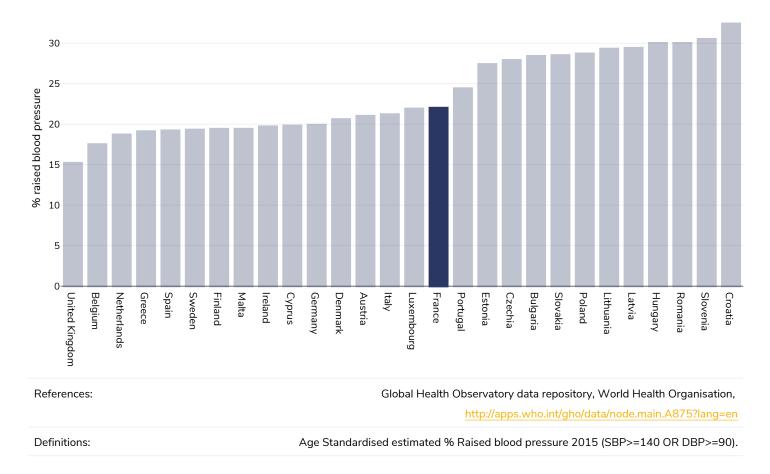


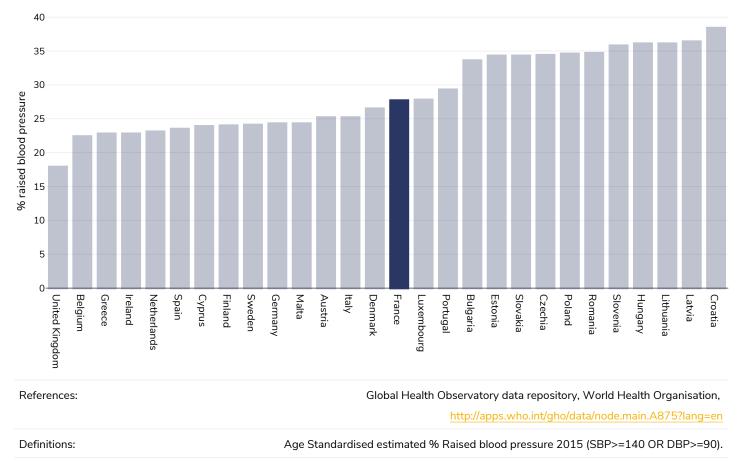
Cancer of the uterus



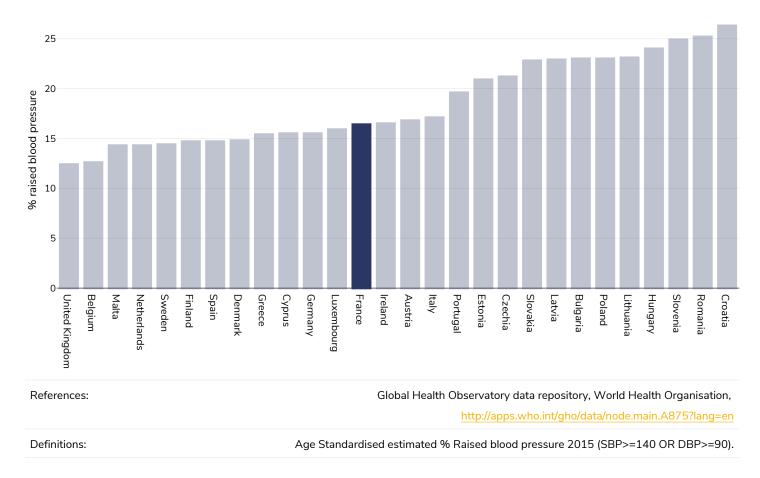


Raised blood pressure





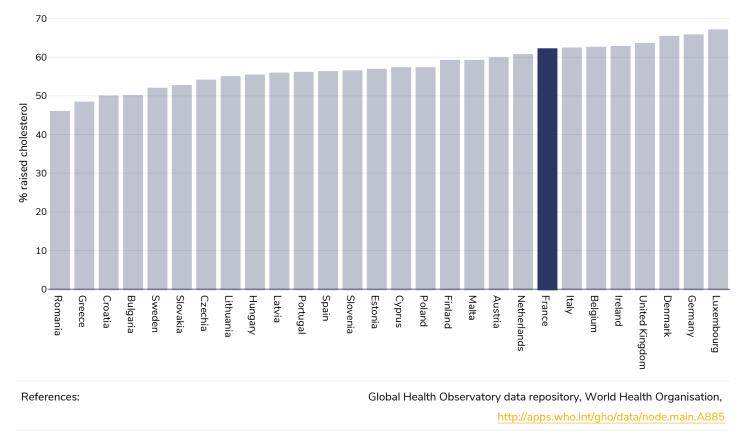






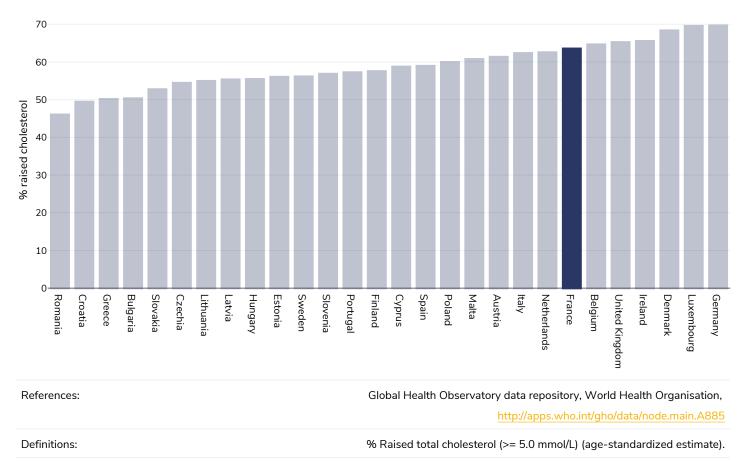
Raised cholesterol

Adults, 2008

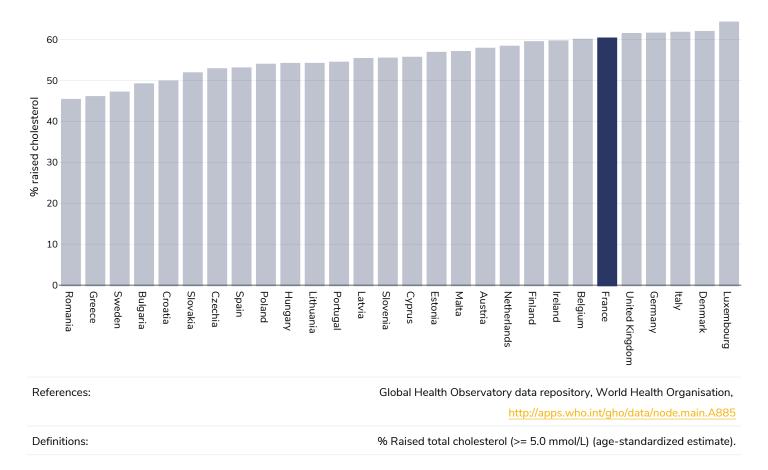


Definitions:

% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).



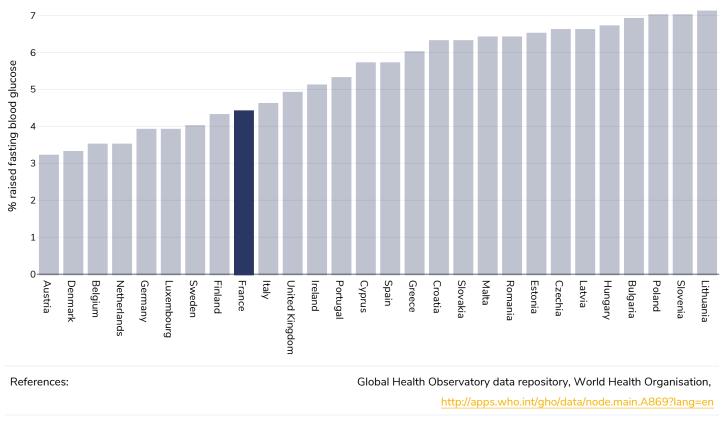






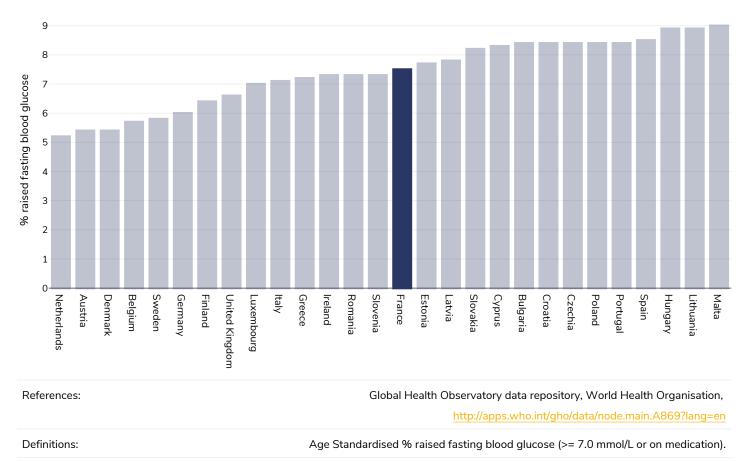
Raised fasting blood glucose





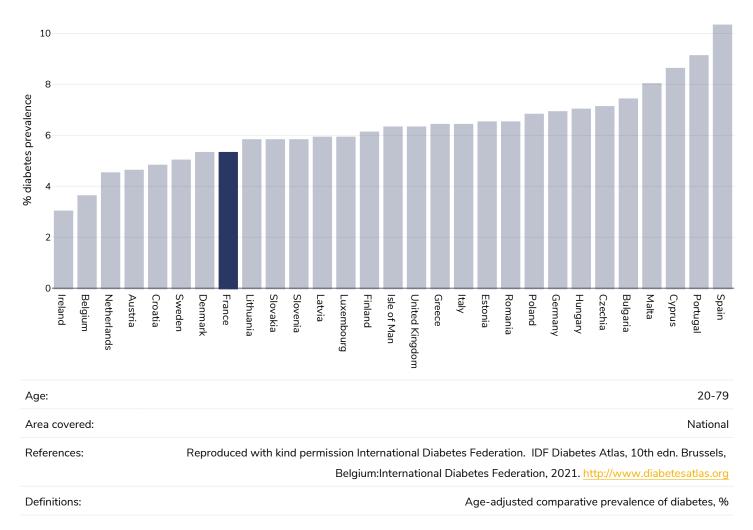
Definitions:

Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).





Diabetes prevalence





Contextual factors

Disclaimer: These contextual factors should be interpreted with care. Results are updated as regularly as possible and use very specific criteria. The criteria used and full definitions are available for download at the bottom of this page.



Labelling

Is there mandatory nutrition labelling?	\checkmark
Front-of-package labelling?	√ v
Back-of-pack nutrition declaration?	✓
Color coding?	√ v
Warning label?	×



Regulation and marketing	
Are there fiscal policies on unhealthy products?	\checkmark
Tax on unhealthy foods?	×
Tax on unhealthy drinks?	~
Are there fiscal policies on healthy products?	X
Subsidy on fruits?	×
Subsidy on vegetables?	X
Subsidy on other healthy products?	X
Mandatory limit or ban of trans fat (all settings)?	\checkmark
Mandatory limit of trans fats in place (all settings)?	~
Ban on trans-fats or phos in place (all settings)?	×
Are there any mandatory policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	~
Mandatory restriction on broadcast media?	~
Mandatory restriction on non-broadcast media?	
Voluntary policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	X
Are there mandatory standards for food in schools?	\checkmark
Are there any mandatory nutrient limits in any manufactured food products?	X
Nutrition standards for public sector procurement?	X



$\begin{array}{c} \underline{\mathbb{A}} \\ \underline{\mathbb{A}} \\ \underline{\mathbb{P}} \end{array} \quad \textbf{Political will and support} \\ \end{array}$

National obesity strategy or nutrition and physical activity national strategy?	\checkmark
National obesity strategy?	~
National childhood obesity strategy?	~
Comprehensive nutrition strategy?	~
Comprehensive physical activity strategy?	~
Evidence-based dietary guidelines and/or RDAs?	\checkmark
National target(s) on reducing obesity?	\checkmark
Guidelines/policy on obesity treatment?	\checkmark
Promotion of breastfeeding?	\checkmark
Monitoring and surveillance	
Monitoring of the prevalence and incidence for the main obesity-related NCDs and risk factors?	\checkmark
Within 5 years?	~
Governance and resource	
Multi-sectoral national co-ordination mechanism for obesity or nutrition (including obesity)?	\checkmark
Кеу	
Present V Present (voluntary) V Incoming X Absent ? Unknown	
Last updated June 26, 2023	

PDF created on May 12, 2024