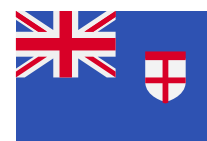


Fiji



Policies, Interventions and Actions

Food and health guidelines for Fiji

Categories:	Evidence of Nutritional or Health Strategy/Guidelines/Policy/Action plan
Year(s):	2018 (ongoing)
Target age group:	Adults and children
Organisation:	Ministry of Health
Find out more:	www.fao.org
References:	https://www.fao.org/nutrition/education/food-dietary-guidelines/regions/countries/fiji/en/

NCD Country Profiles 2018 (Obesity Targets)

The profiles also provide data on the key metabolic risk factors, namely raised blood pressure, raised blood glucose and obesity and National Targets on Obesity (as of 2017)

Categories:	Evidence of Obesity Target
Year(s):	2017 (ongoing)
Target age group:	Adults and children
Organisation:	World Health Organisation
References:	Noncommunicable diseases country profiles 2018. Geneva: World Health Organization; 2018. Licence: CC BY-NC-SA 3.0 IGO.

Excise duty on sweetened beverages

Since 2016, Fiji has had an excise tax on sweetened beverages. The tax was raised to 35 cents per litre in 2017. In 2023, the Ministry of Health confirmed the tax would be increased to 40 cents per kilogram or per litre on juice, ice cream, sweet biscuits, snacks, and sugar confectionery, and introducing an import excise of 15% on those items.

Categories:	Taxation/Subsidies on Food or Beverages or law relating to public health
Year(s):	2016 (ongoing)
Target age group:	Adults and children
Organisation:	Parliament of the Republic of Fiji
Linked document:	Download linked document
References:	Anon (2016c) Prepared by Tirisiane Logavatu Excise (Budget Amendment) Bill. [Online]. Available from: http://www.parliament.gov.fj/wp-content/uploads/2017/03/Bill-Summary-Excise-Budget-Amendment-Bill-2016.pdf [Accessed: 28 July 2020].

Action Plan to Reduce the Double Burden of Malnutrition in the Western Pacific Region (2015–2020)

The WHO action plan to reduce the double burden of malnutrition in the Western Pacific Region. It calls for accelerated efforts to improve nutrition. The plan includes targets to halt the increase in childhood overweight and adult and adolescent diabetes and obesity by 2025.

Categories:	Evidence of Obesity Target Transnational Obesity Strategies/Policy/Recommendations or Action Plan
Year(s):	2015-2020
Target age group:	Children
Organisation:	World Health Organisation
Find out more:	www.who.int
Linked document:	Download linked document
References:	World Health Organization. 2015. Action plan to reduce the double burden of malnutrition in the Western Pacific Region (2015–2020).

NCD Strategic Plan

Fiji's NCD strategy, including the target of halting the rise in obesity prevalence in adults and children.

Categories:	Evidence of NCD strategy
Year(s):	2015-2019
Target age group:	Adults and children
Organisation:	Ministry of Health
Linked document:	Download linked document

Perspectives of Fijian Policymakers on the Obesity Prevention Policy Landscape

Facilitators include policy entrepreneurs and policy brokers who were active when a window of opportunity opened and who strengthened intersectoral collaboration. Fiji's policy landscape can become more conducive to obesity policies if power inequalities are reduced. In Fiji and other Pacific Island countries, this may be achievable through increased food self-sufficiency, strengthened intersectoral collaboration, and the establishment of an explicit functional focal unit within government to monitor and forecast the health impact of policy changes in non-health sectors.

Categories:	Health Effectiveness Reviews (obesity related)
Year(s):	2015 (ongoing)
Target age group:	Adults and children
Find out more:	www.ncbi.nlm.nih.gov
References:	"Hendriks, A.-M., Delai, M.Y., Thow, A.-M., Gubbels, J.S., et al. (2015) Perspectives of Fijian Policymakers on the Obesity Prevention Policy Landscape. BioMed Research International. [Online] 2015. Available from: doi:10.1155/2015/926159 [Accessed: 28 July 2020]. [1]"

Fiji's National Strategic NCD Plan

This plan calls for the MOH, at all levels of care, to prevent and control NCDs in Fiji. It spells out the need for us to strengthen community development with NCD as our entry point. We as civil servants and technicians need to address common risk factors, intermediate risk factors and NCDs using the innovative 3M approach. The brand reminds us of the WHO definition, that health is not merely the absence of infirmity, but mental and social well being as well. It aims to reorient MOH thinking that we need to, in a holistic way, address people with NCD rather than NCDs in people.

Categories (partial):	Evidence of NCD strategy
Year(s):	2010-2014
Target age group:	Adults and children
Organisation:	Ministry of Health and Medical Services
Find out more:	www.who.int
Linked document:	Download linked document
References:	Anon (2010a) "From Womb to Tomb with a Double Edged Sword" Health Sector Response. [Online]. Available from: https://www.who.int/fctc/reporting/party_reports/fiji_annex5_ncd_strategic_plan_2010_2014.pdf [Accessed: 28 July 2020]. []

Nutrition labelling regulation

"In Fiji, all food products sold are regulated through the Food Safety Act 2003 (15) and the Food Safety Regulations 2009. Regulations around the labelling of processed, packaged food products require all pre-packaged food produced, processed, packed, distributed or imported to be labelled in English with the following required nutritional information per 100 g (or per 100 ml for liquids) for: energy, protein, fat and carbohydrate. In 2014, an amendment of the Food and Safety (Amendment) Regulations 2014 was passed which stipulates mandatory reporting of additional nutrients including trans fatty acids, Na, total sugar, fat, saturated and unsaturated fats to be labelled per 100 g (or 100 ml for liquids)."

Categories:	Labelling Regulation/Guidelines
Year(s):	2009 (ongoing)
Organisation:	Government of Fiji
References:	https://www.cambridge.org/core/journals/public-health-nutrition/article/packaged-food-supply-in-fiji-nutrient-levels-compliance-with-sodium-targets-and-adherence-to-labelling-regulations/0B0EF99F6DA5D70C530EB8CC59746D1A

Healthy Youth Healthy Communities (HYHC)

This project was based in secondary schools and faith-based organisations to promote healthy eating and regular physical activity, and to prevent unhealthy weight gain in adolescents aged 13-18 years.

Categories:	Evidence of Community Interventions/Campaign
Categories (partial):	Evidence of Nutritional or Health Strategy/Guidelines/Policy/Action plan Evidence of Physical Activity Guidelines/Policy
Year(s):	2006-2008
Target age group:	Children
Organisation:	Fiji School of Medicine
Find out more:	pubmed.ncbi.nlm.nih.gov
Linked document:	Download linked document
References:	Waqa, G., Moodie, M., Schultz, J. & Swinburn, B. (2013) Process evaluation of a community-based intervention program: Healthy Youth Healthy Communities, an adolescent obesity prevention project in Fiji. <i>Global Health Promotion</i> . [Online] 20 (4), 23–34. Available from: doi:10.1177/1757975913501909 [Accessed: 27 February 2020].

School Canteen Guidelines

Fiji’s School Canteen Guidelines were developed in 2005 and revised in 2013. The guidelines outline how to prepare and provide healthy “everyday” food with recipes and nutrition guidelines and are enforced by the Ministry of Education.

Year(s):	2005 (ongoing)
Target age group:	Children
Organisation:	National Food and Nutrition Centre
Linked document:	Download linked document

GNPR 2016-17 (q7) Breastfeeding promotion and/or counselling

WHO Global Nutrition Policy Review 2016-2017 reported the evidence of breastfeeding promotion and/or counselling (q7)

Categories:	Evidence of Breastfeeding promotion or related activity
Target age group:	Adults
Organisation:	Ministry of Health (information provided by the GINA program)
Find out more:	extranet.who.int
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): https://extranet.who.int/nutrition/gina/en Please note the GINA website has been replaced by the GIFNA database and the GINA link will no longer work. You will find this document by searching this new database: https://gifna.who.int/

Marketing of Breast-Milk Substitutes: National Implementation of the International Code Status Report 2016 (Promotion of Breastfeeding)

The 2016 report provides information on the status of implementing the International Code of Marketing of Breast-milk Substitutes and subsequent relevant World Health Assembly resolutions (“the Code”) in and by countries. The report also identifies in which countries they actively promote the benefits of breastfeeding.

Categories:	Evidence of Breastfeeding promotion or related activity
Target age group:	Adults
Organisation:	WHO UNICEF IBFAN
References:	WHO. UNICEF. IBFAN. Marketing of Breast-milk Substitutes: National Implementation of the International Code. Status Report 2016. Geneva: World Health Organization; 2016

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