



# Federated States of Micronesia



## Country report card - children

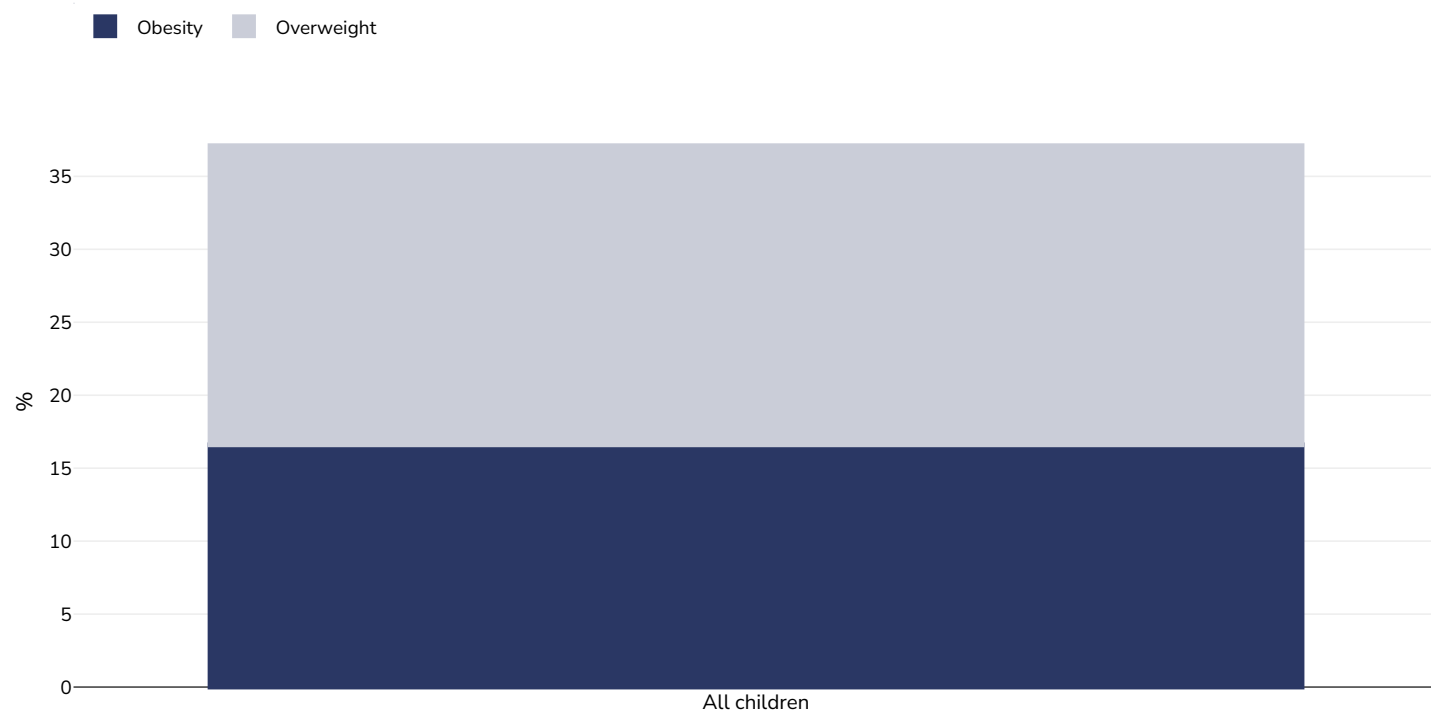
*This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children, including adolescents (aged 5 to 18 years). Where available, data on common and relevant obesity drivers and comorbidities are also presented.*

*View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/federated-states-of-micronesia-68/>.*

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## Obesity prevalence

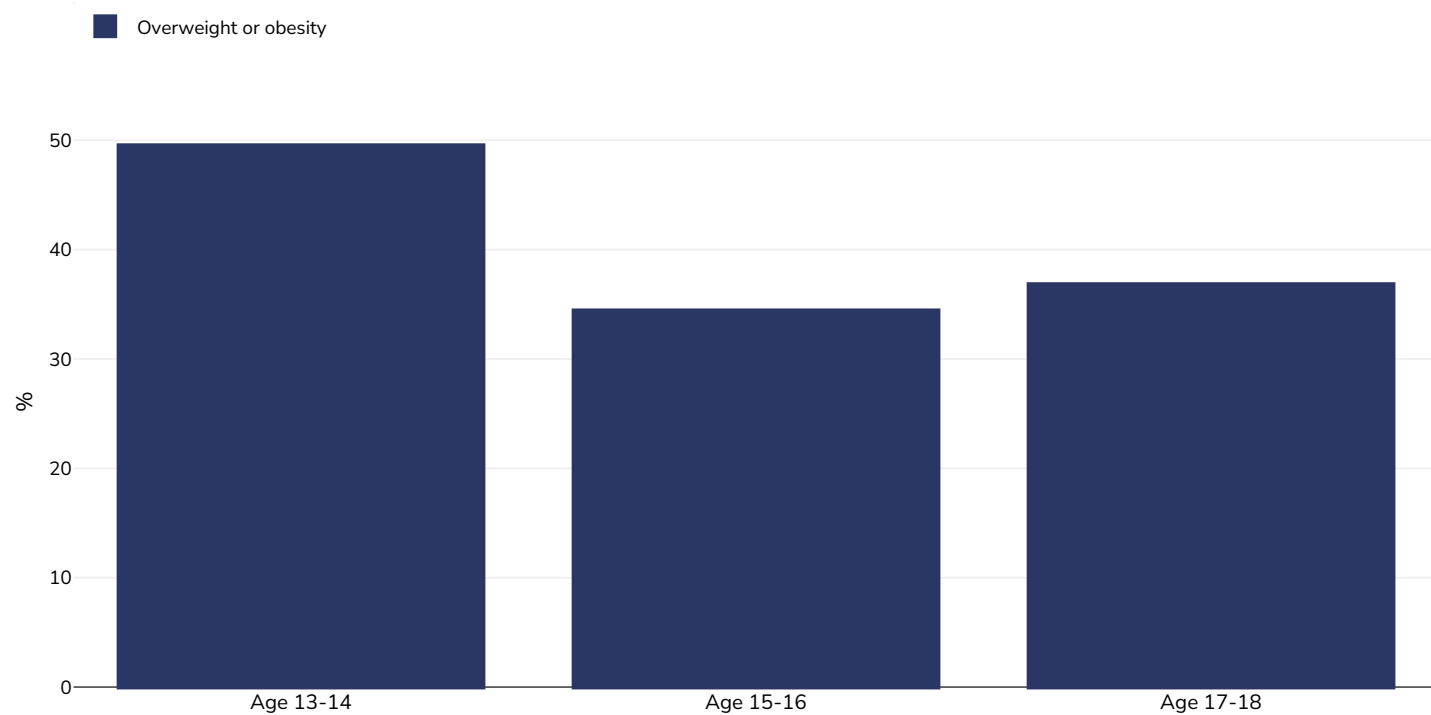
### Children, 2022



<b>Survey type:</b>	Measured
<b>Age:</b>	13-20
<b>Sample size:</b>	1076
<b>Area covered:</b>	Regional
<b>References:</b>	Chuuk Rapid Youth Survey, 2021 Report. <a href="https://www.pihoa.org/wp-content/uploads/2022/10/Chuuk-High-School-Survey-report-2021_FINAL.pdf">https://www.pihoa.org/wp-content/uploads/2022/10/Chuuk-High-School-Survey-report-2021_FINAL.pdf</a> [Accessed 11.12.25]
<b>Notes:</b>	Chuuk. Surveys on other states also available at: <a href="https://www.pihoa.org/regional-initiatives/health-information-management-systems-surveillance-2/usapi-ncd-surveillance-data/">https://www.pihoa.org/regional-initiatives/health-information-management-systems-surveillance-2/usapi-ncd-surveillance-data/</a>
<b>Definitions:</b>	BMI percentiles were used to determine BMI categories for students under 18 years old. Adult BMI calculations were used for students aged 18 and older.
<b>Cutoffs:</b>	CDC

## Overweight/obesity by age

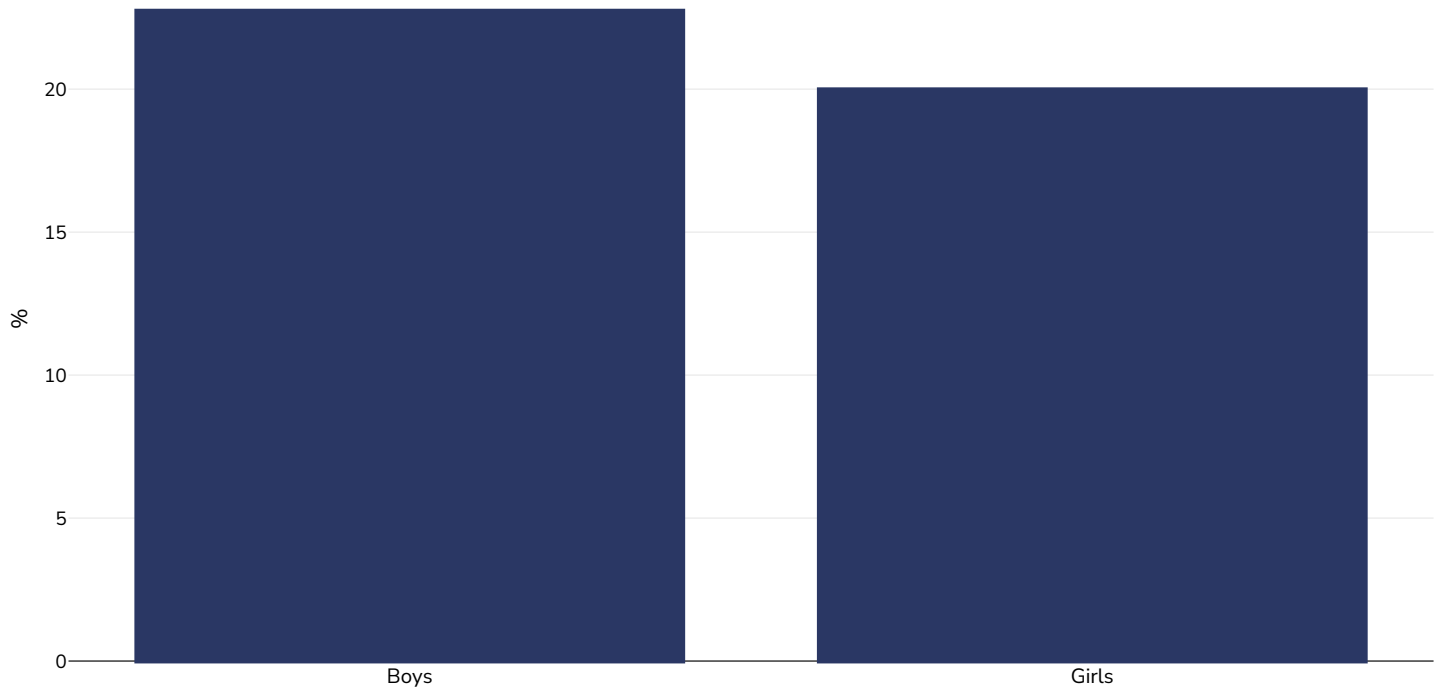
### Children, 2022



<b>Survey type:</b>	Measured
<b>Sample size:</b>	1076
<b>Area covered:</b>	Regional
<b>References:</b>	Chuuk Rapid Youth Survey, 2021 Report. <a href="https://www.pihoa.org/wp-content/uploads/2022/10/Chuuk-High-School-Survey-report-2021_FINAL.pdf">https://www.pihoa.org/wp-content/uploads/2022/10/Chuuk-High-School-Survey-report-2021_FINAL.pdf</a> [Accessed 11.12.25]
<b>Notes:</b>	Chuuk. Surveys on other states also available at: <a href="https://www.pihoa.org/regional-initiatives/health-information-management-systems-surveillance-2/usapi-ncd-surveillance-data/">https://www.pihoa.org/regional-initiatives/health-information-management-systems-surveillance-2/usapi-ncd-surveillance-data/</a>
<b>Definitions:</b>	BMI percentiles were used to determine BMI categories for students under 18 years old. Adult BMI calculations were used for students aged 18 and older.
<b>Cutoffs:</b>	CDC

## Double burden of underweight & overweight

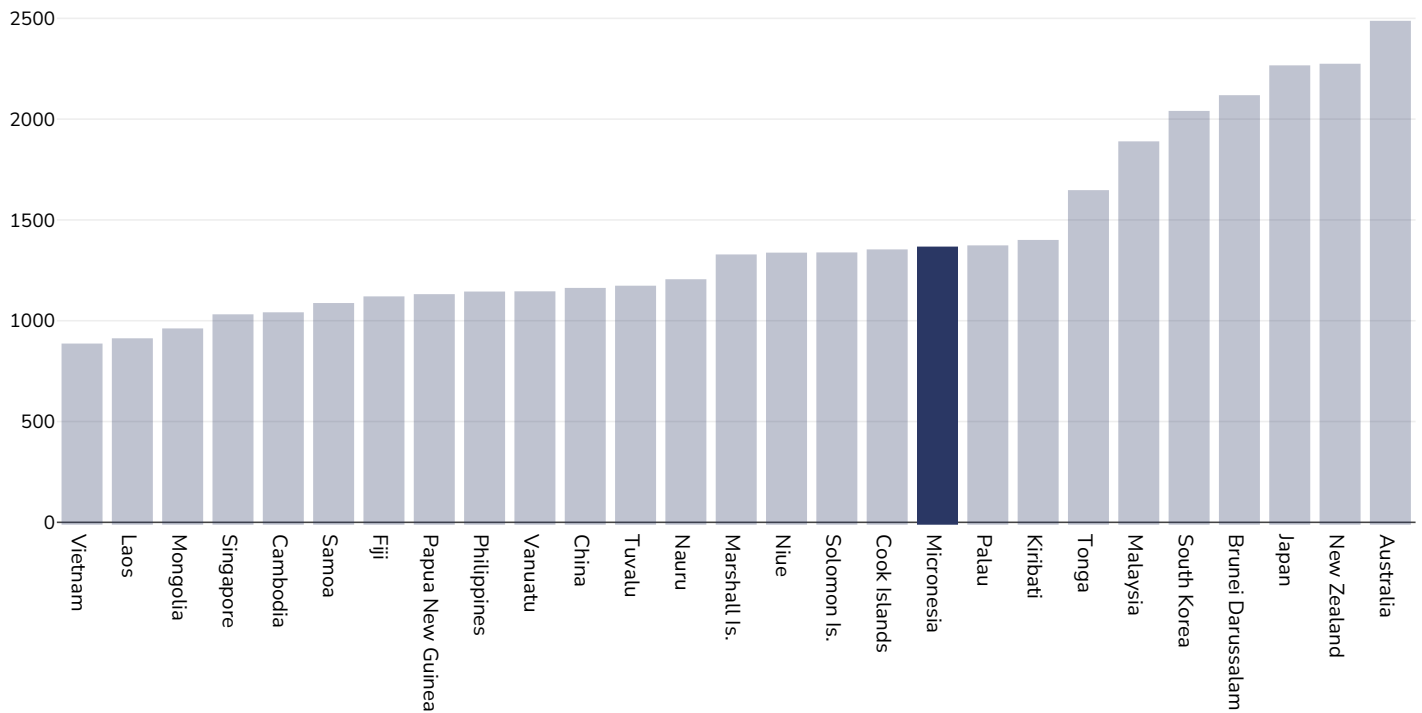
Children, 2022



<b>Survey type:</b>	Measured
<b>Age:</b>	5-19
<b>References:</b>	NCD Risk Factor Collaboration (NCD-RisC). Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population representative studies with 222 million children, adolescents, and adults. Lancet 2024; published online Feb 29. <a href="https://doi.org/10.1016/S0140-6736(23)02750-2">https://doi.org/10.1016/S0140-6736(23)02750-2</a> .
<b>Notes:</b>	Age standardised estimates
<b>Definitions:</b>	Combined prevalence of BMI < -2SD and BMI > 2SD (double burden of thinness and obesity)
<b>Cutoffs:</b>	BMI < -2SD and BMI > 2SD

## Mental health - depression disorders

### Children, 2023



Area covered:

National

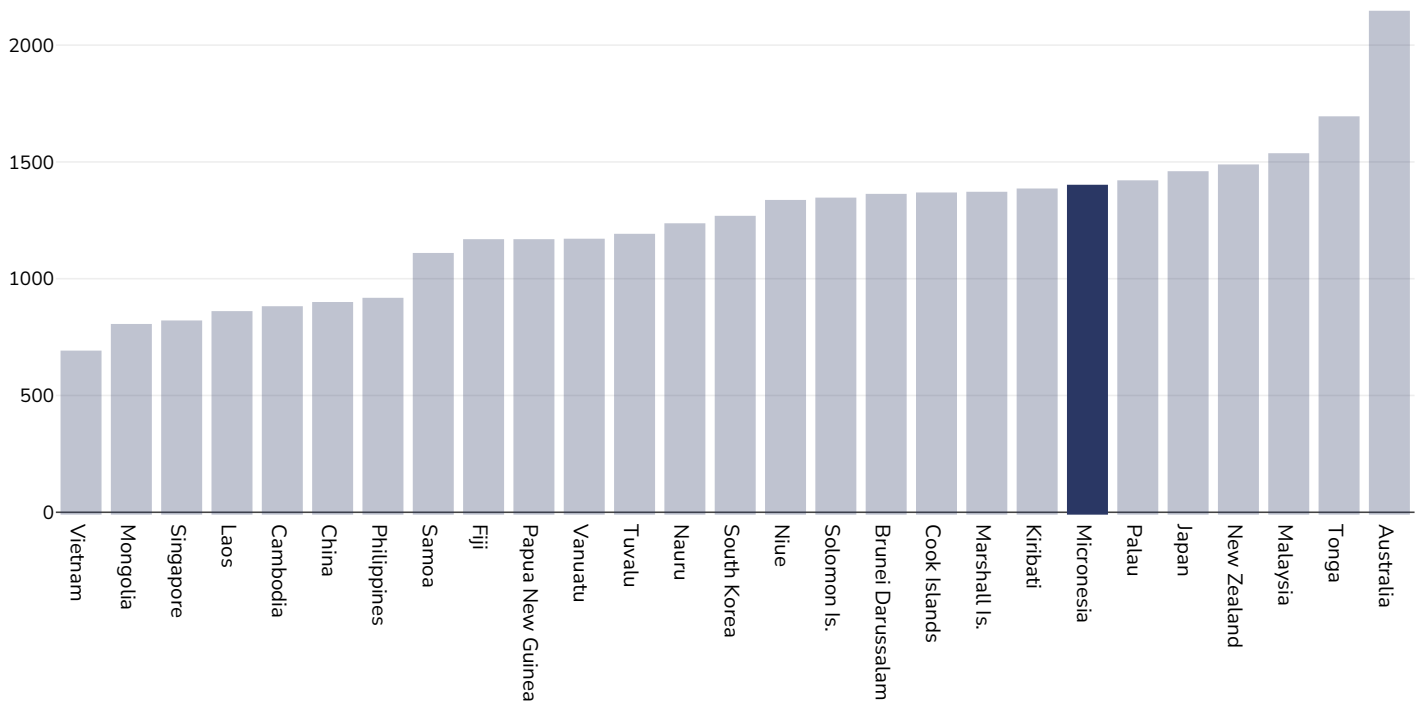
References:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from <https://vizhub.healthdata.org/gbd-compare/> [Accessed 17.03.26]

Definitions:

Estimated number living with depressive disorders per 100,000 population (under 20 years of age)

## Boys, 2023



Area covered:

National

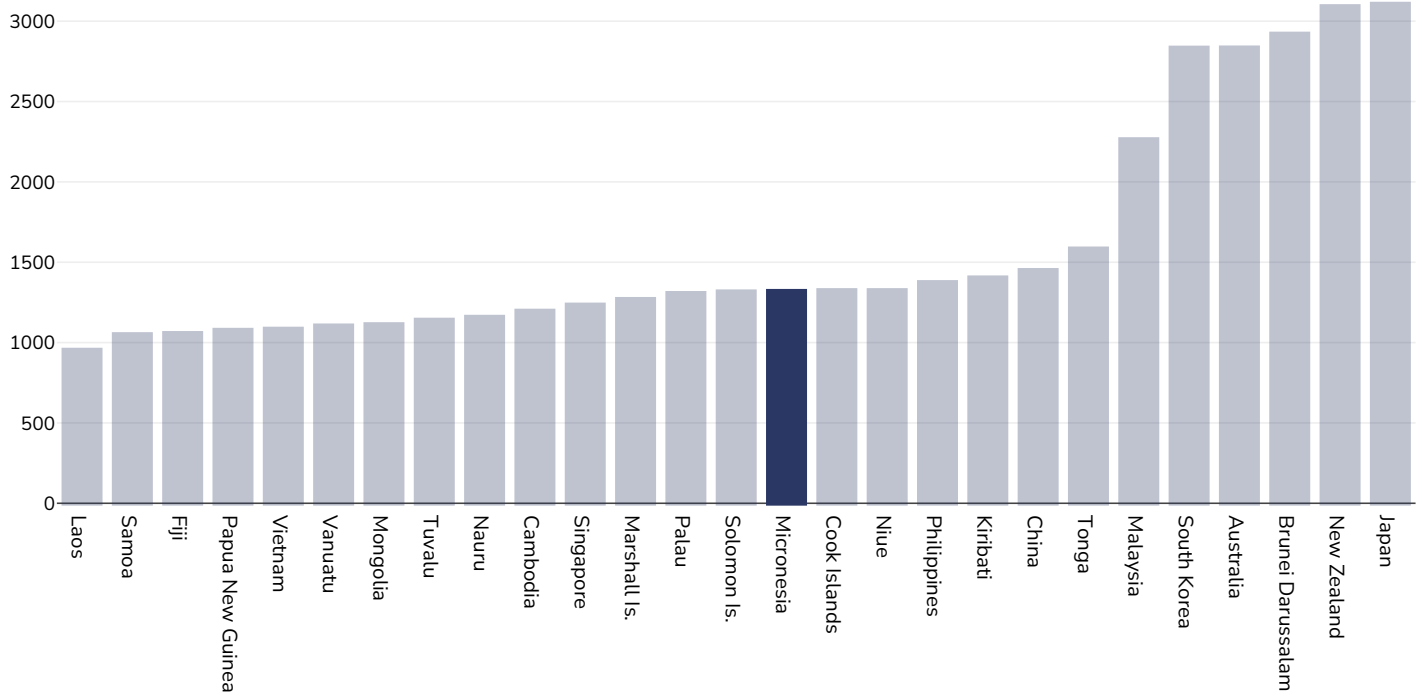
References:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from <https://vizhub.healthdata.org/gbd-compare/> [Accessed 17.03.26]

Definitions:

Estimated number living with depressive disorders per 100,000 population (under 20 years of age)

## Girls, 2023



Area covered:

National

References:

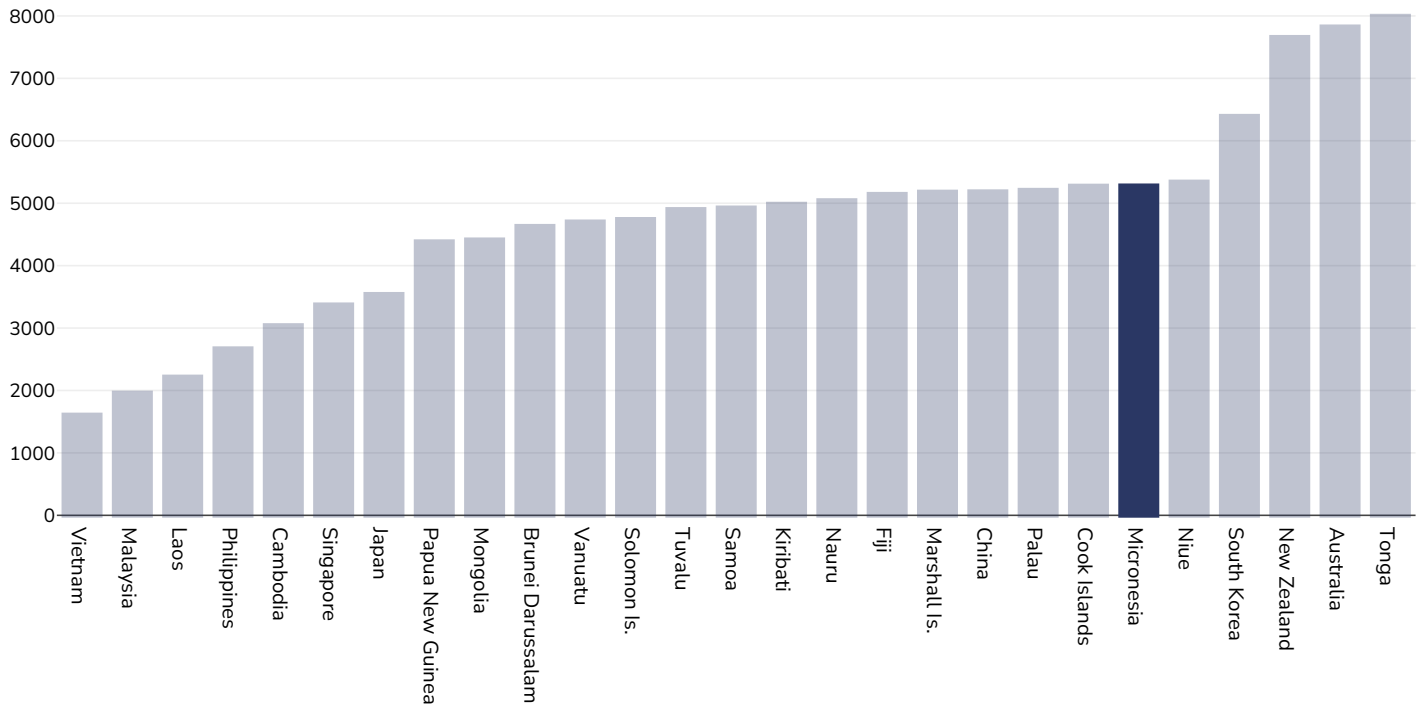
Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from <https://vizhub.healthdata.org/gbd-compare/> [Accessed 17.03.26]

Definitions:

Estimated number living with depressive disorders per 100,000 population (under 20 years of age)

## Mental health - anxiety disorders

### Children, 2023



Area covered:

National

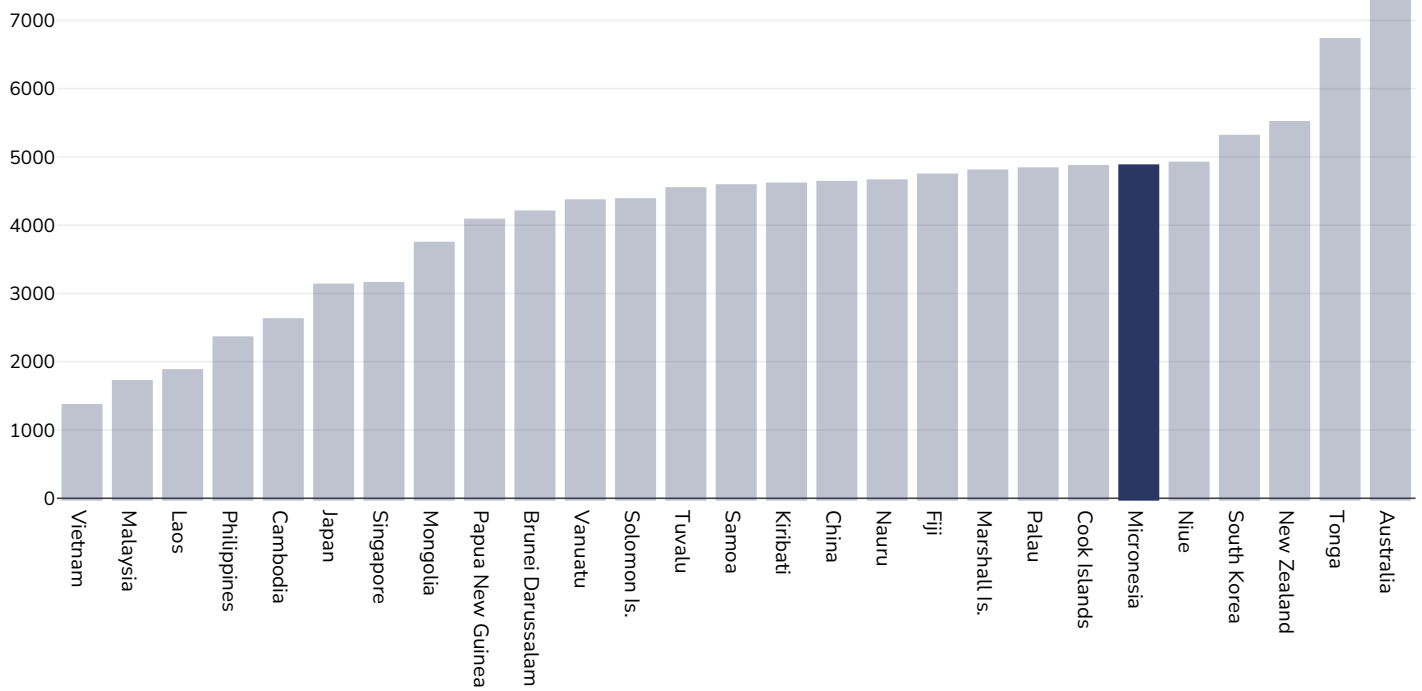
References:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from <https://vizhub.healthdata.org/gbd-compare/> [Accessed 17.03.26]

Definitions:

Estimated number living with anxiety disorders per 100,000 population (under 20 years of age)

## Boys, 2023



Area covered:

National

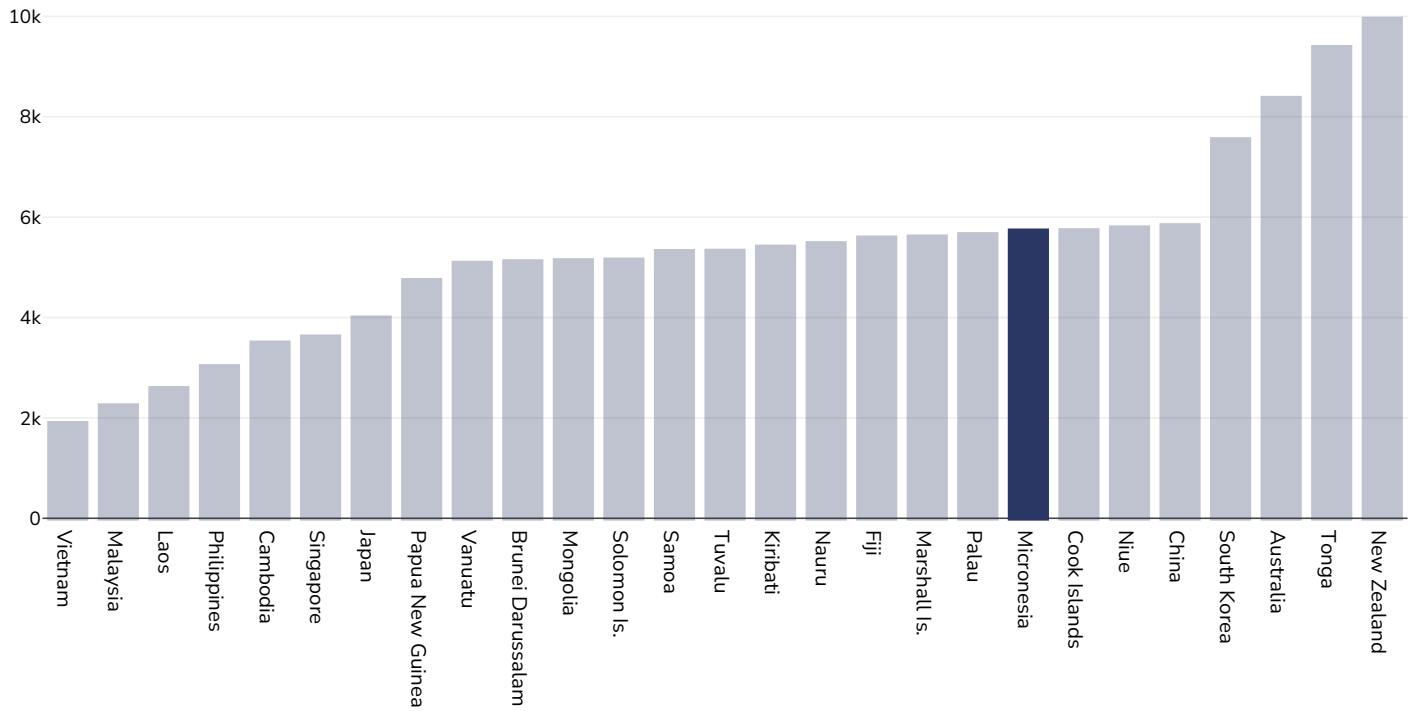
References:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from <https://vizhub.healthdata.org/gbd-compare/> [Accessed 17.03.26]

Definitions:

Estimated number living with anxiety disorders per 100,000 population (under 20 years of age)

## Girls, 2023



Area covered:

National

References:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from <https://vizhub.healthdata.org/gbd-compare/> [Accessed 17.03.26]

Definitions:

Estimated number living with anxiety disorders per 100,000 population (under 20 years of age)

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