

Ethiopia



Policies, Interventions and Actions

Ethiopia: Food-Based Dietary Guidelines–2022

The development of the Ethiopian dietary guidelines was led and coordinated by the Ethiopian Public Health Institute (EPHI), the technical arm of the Ministry of Health. Stakeholders from national and international organizations were involved in their development. Government institutions included the Ministries of Health, Agriculture, and Education. The development process was supported by the following international organizations: the Food and Agriculture Organization of the United Nations (FAO), International Livestock Institute (ILRI), Wageningen University and Research (WUR), and the CGIAR Research Program on Agriculture for Nutrition and Health. Representing the multi-sectoral engagement in their development and implementation, the guidelines have been endorsed by the Ministry of Health, the Ministry of Agriculture, and the Ministry of Education.

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2022 (ongoing)
Target age group:	Adults and children
Organisation:	Ministry of Health, Ministry of Agriculture, and Ministry of Education.
Linked document:	Download linked document
References:	https://www.fao.org/nutrition/education/food-dietary-guidelines/regions/countries/ethiopia/en/

Excise Tax Proclamation No. 1186/2020

Excise Tax to be paid on: - Fats and oils - Sugar and sugar confectionery - Chocolate and food preparation containing cocoa - Soft drink powder - Beverages and spirits Approved by the Ministry of Finance and adopted from March 2020. (Available in Ethiopian language with translation in English language)

Categories:	Taxation/Subsidies on Food or Beverages or law relating to public health
Year(s):	2020 (ongoing)
Target age group:	Adults and children
Organisation:	Ministry of Finance
Linked document:	Download linked document
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): https://extranet.who.int/nutrition/gina/en/node/40429 (last accessed 04.08.22) Please note the GINA website has been replaced by the GIFNA database and the GINA link will no longer work. You will find this document by searching this new database: https://gifna.who.int/

National food and nutrition policy

Comprehensive Nutrition strategy (including overweight/obesity) adopted from 2016.

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2016-2030
Target age group:	Adults and children
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): https://extranet.who.int/nutrition/gina/en/node/39358 (last accessed 04.08.22) Please note the GINA website has been replaced by the GIFNA database and the GINA link will no longer work. You will find this document by searching this new database: https://gifna.who.int/

Alive & Thrive (Promoting Breastfeeding)

Alive and Thrive (A&T) is an initiative to save lives, prevent illness, and ensure healthy growth and development through optimal maternal nutrition, breastfeeding, and complementary feeding practices.

Categories:	Evidence of Breastfeeding promotion or related activity
Year(s):	2009 (ongoing)
Target age group:	Adults
Organisation:	Alive & Thrive
References:	https://www.aliveandthrive.org/en

National NCD Targets for Ethiopia

Halt the rise in obesity by 2025

Categories:	Evidence of Obesity Target
Target age group:	Adults and children
Linked document:	Download linked document

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