Drivande faktorer Swaziland

Lower-middle income

Report cards

Our report cards collate all the most-recent graphics for this country. If you would like to produce a custom report based on selected graphics, just tap the Add to custom PDF button below the graphics you would like to use.

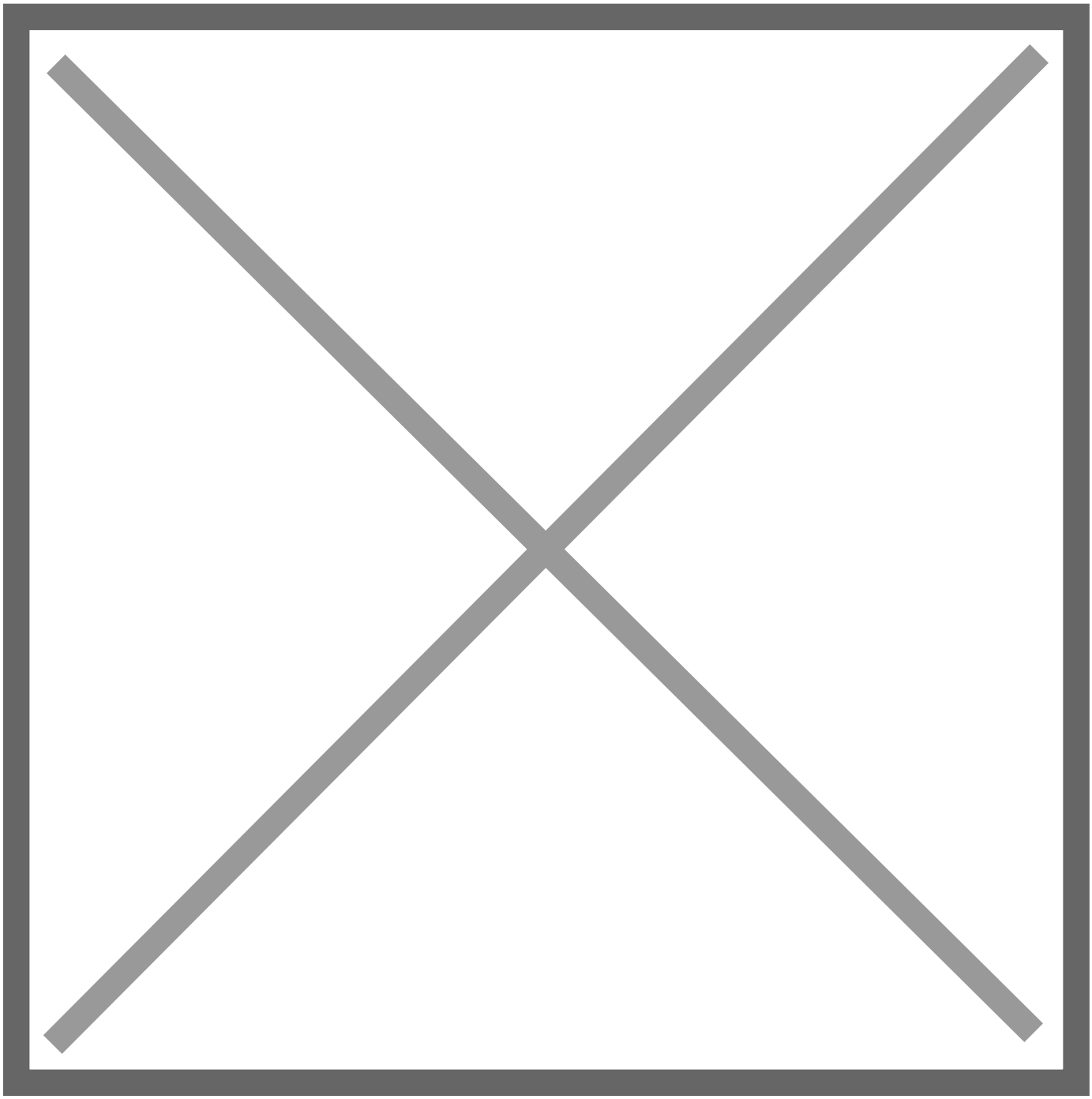
Report card (adult data)

Report card (child data)

Report card (under-5s data)

Otillräcklig fysisk aktivitet

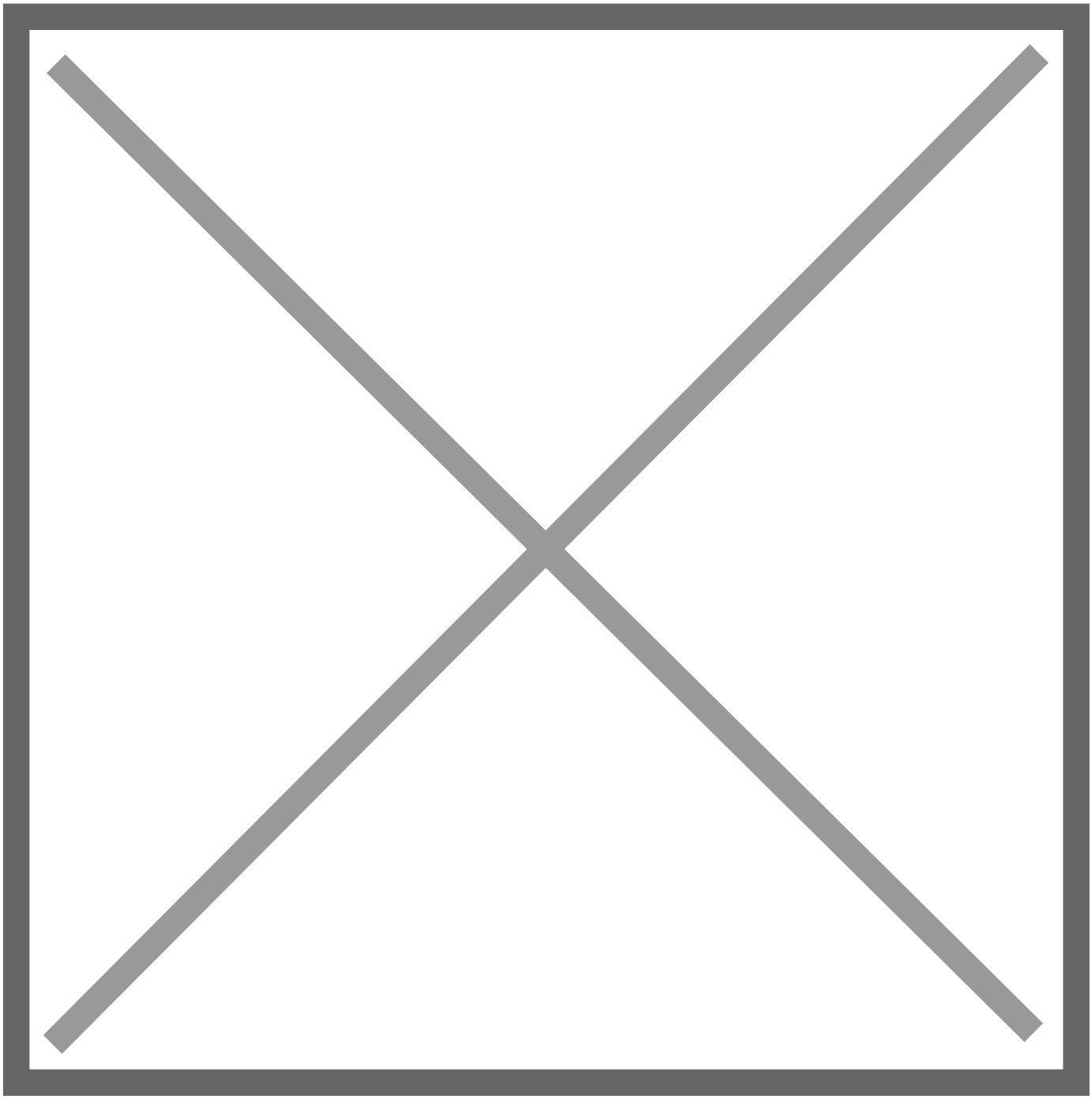
Vuxna, 2022



Undersökningstyp:	Egenanställd
Ålder:	18+
Område som omfattas:	Nationell

Referenser:	WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-)
Definitioner (endast tillgängliga på engelska):	Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.

Män, 2022



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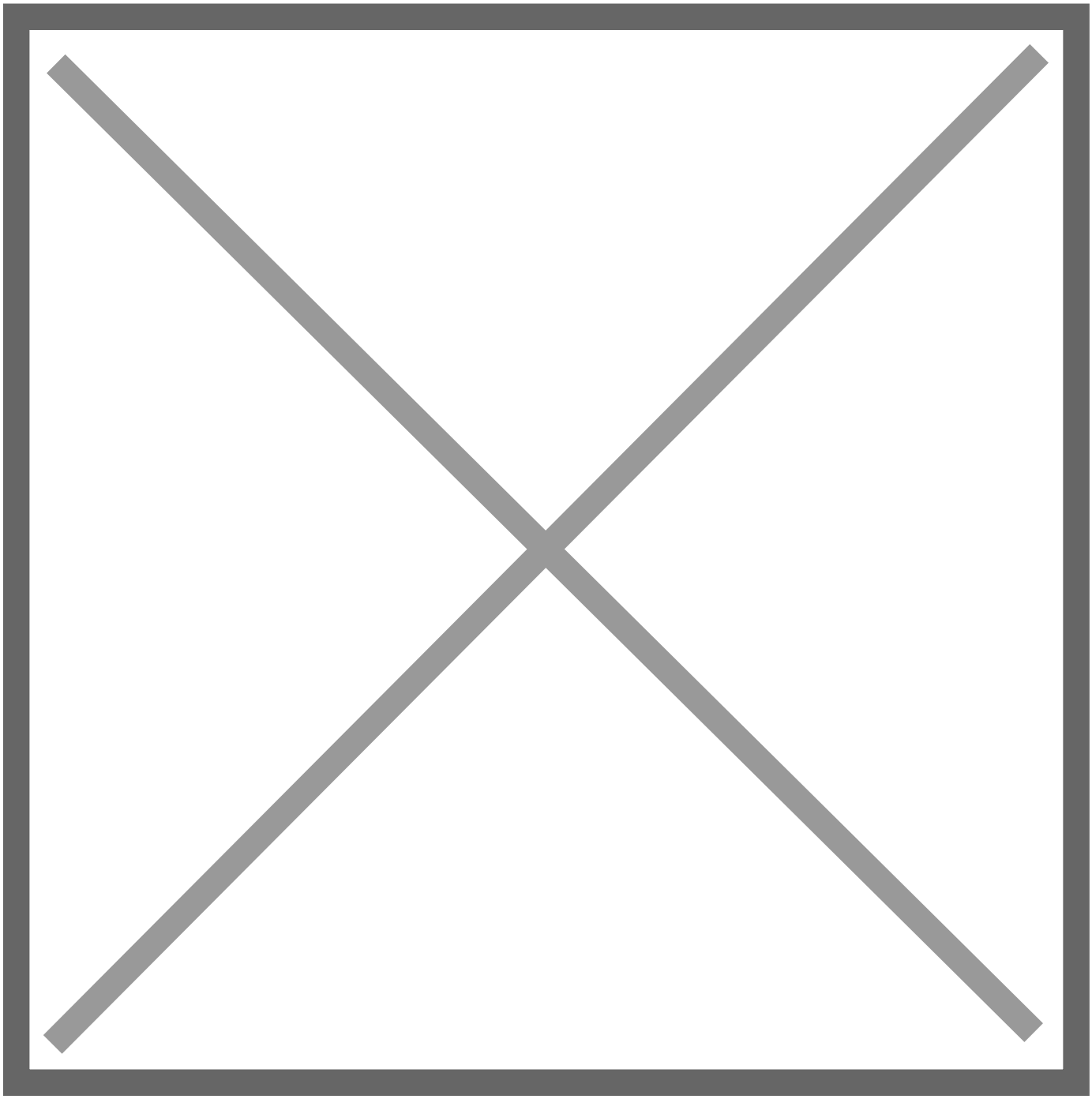
Definitioner (endast tillgängliga på engelska):	Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.

Kvinnor, 2022

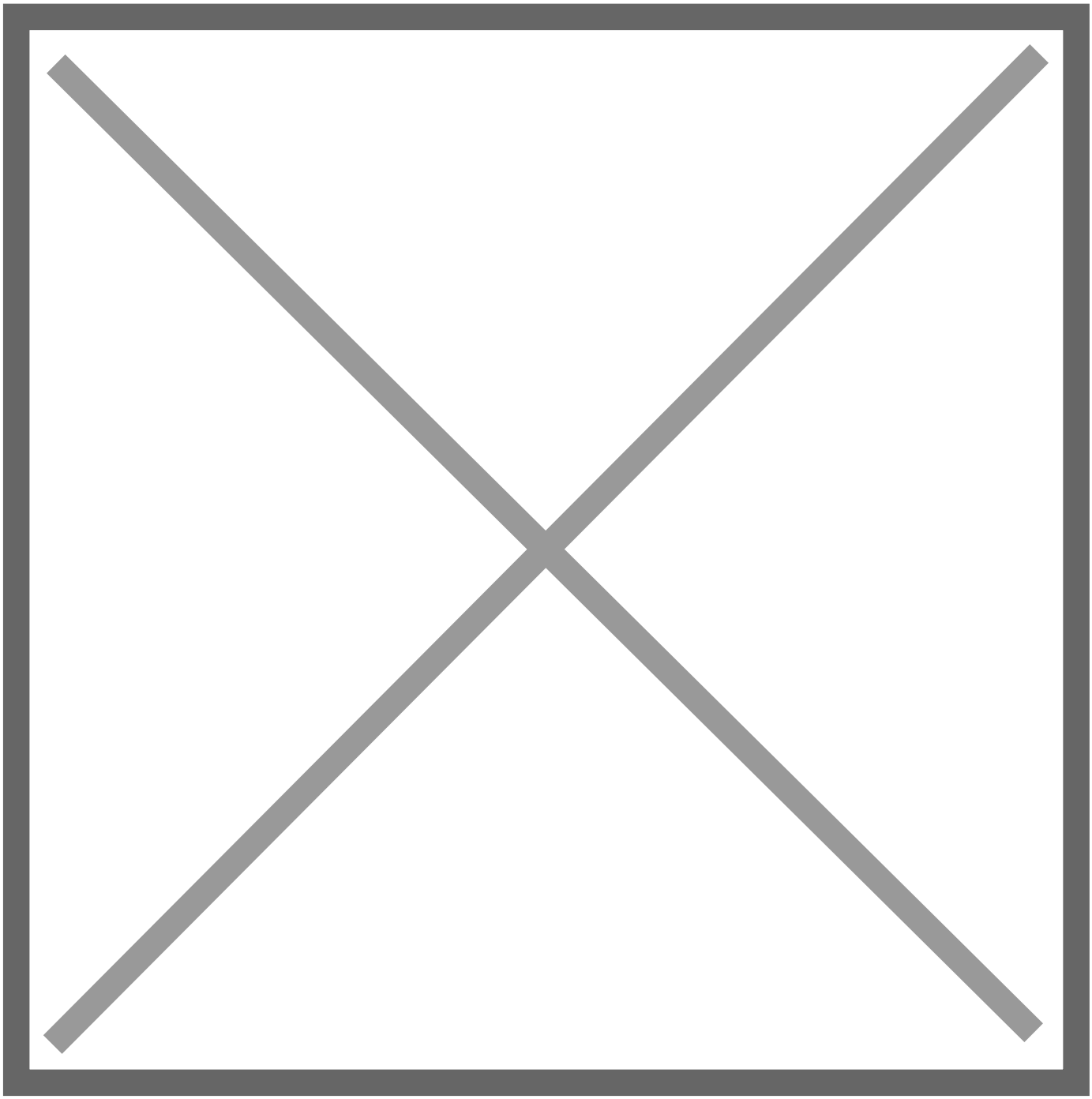


Undersökningstyp:	Egenanställd
Ålder:	18+
Område som omfattas:	Nationell
Referenser:	WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-)

Definitioner (endast tillgängliga på engelska):	Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.

Genomsnittligt dagligt intag av kolsyrad läskedryck

Barn, 2009-2015

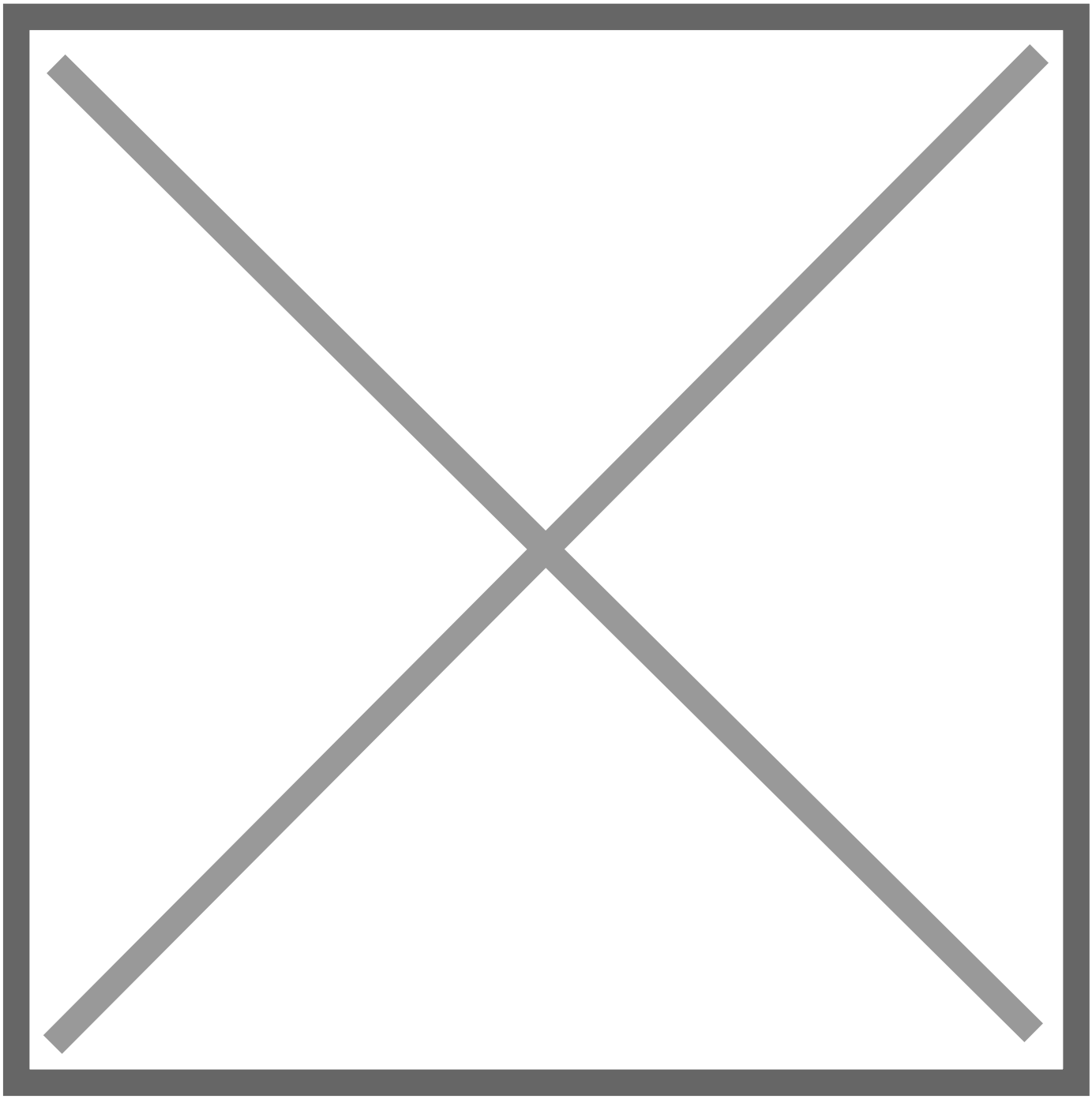


Undersökningstyp:	Uppmätt
Ålder:	12-17

Referenser: Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. https://doi.org/10.1177/0379572119848287 sourced from Food Systems Dashboard http://www.foodsystemsdashboard.org/food-system

Estimated per capita fruit intake

Vuxna, 2017

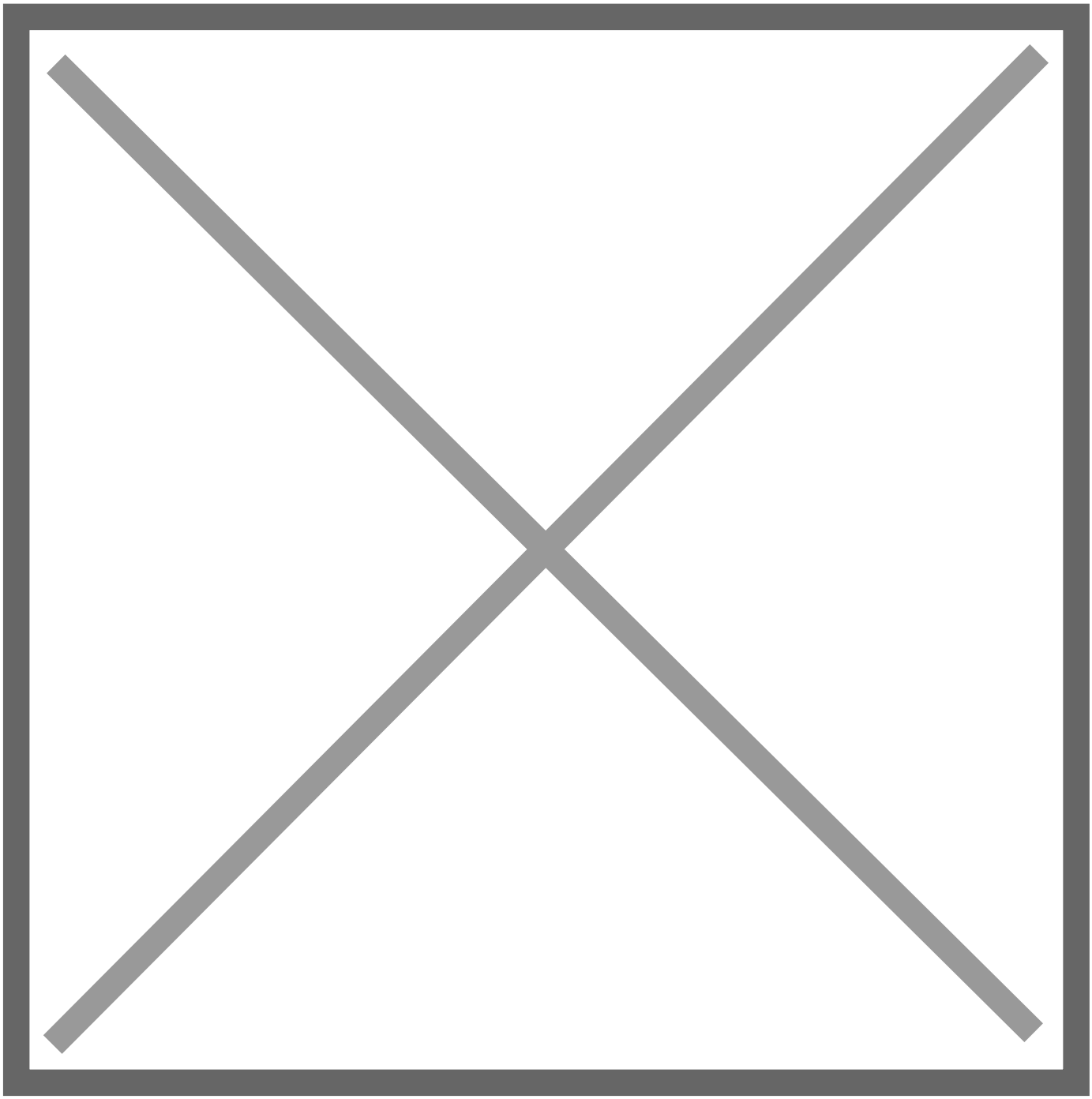


Ålder:	25+
Område som omfattas:	Nationell
Referenser:	Global Burden of Disease, the Institute for Health Metrics and Evaluation http://ghdx.healthdata.org/

Definitioner (endast tillgängliga på engelska):	Estimated per capita fruit intake (g/day)

Förekomst av mindre än daglig fruktkonsumtion

Barn, 2013

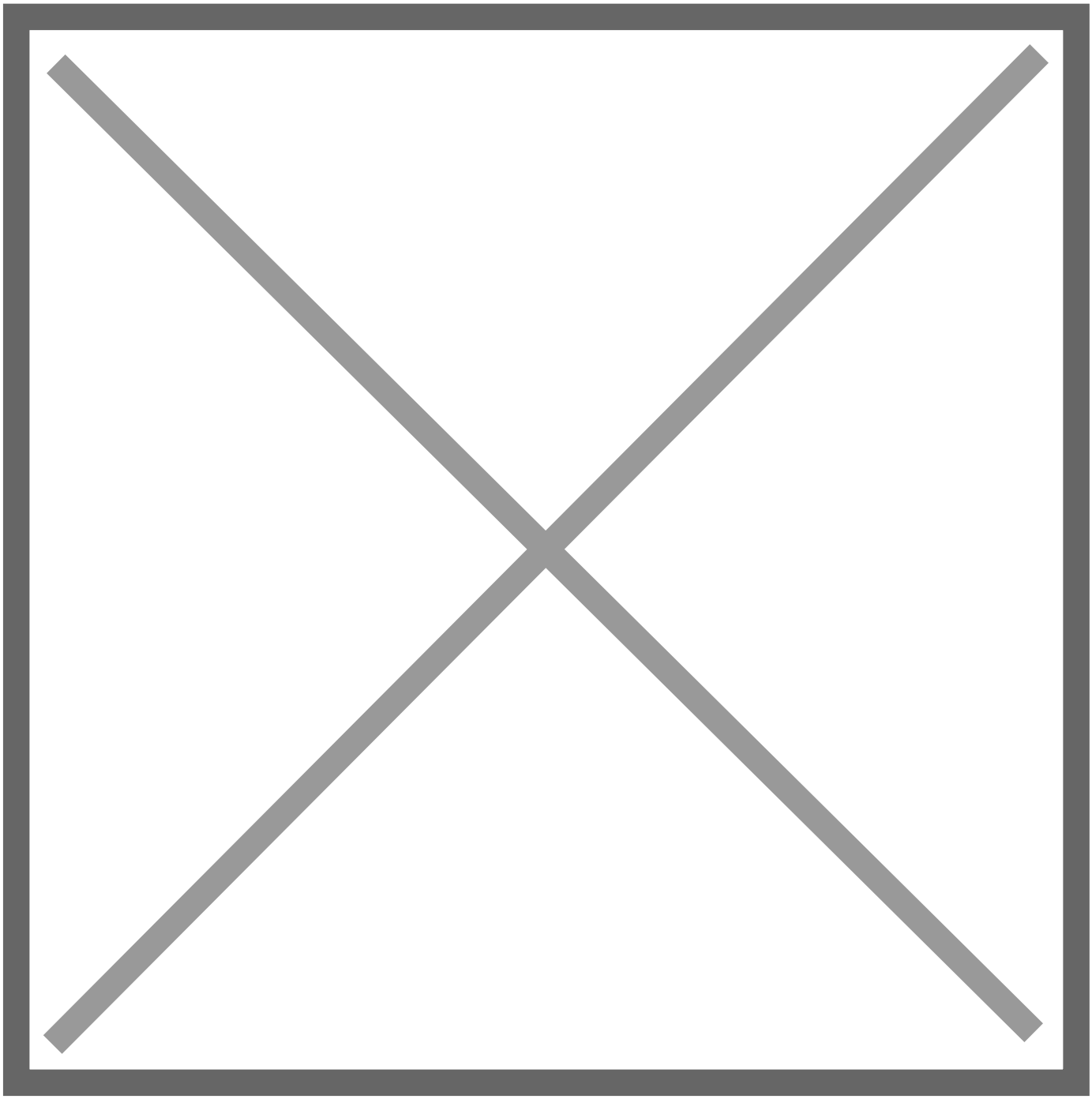


Undersökningstyp:	Egenanställd
Ålder:	12-17
Område som omfattas:	Nationell

Referenser:	Global School-based Student Health Surveys. Beal et al (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. https://doi.org/10.1177/0379572119848287. Sourced from Food Systems Dashboard http://www.foodsystemsdashboard.org/food-system
Definitioner (endast tillgängliga på engelska):	Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)

Förekomst av mindre än daglig konsumtion av grönsaker

Barn, 2013

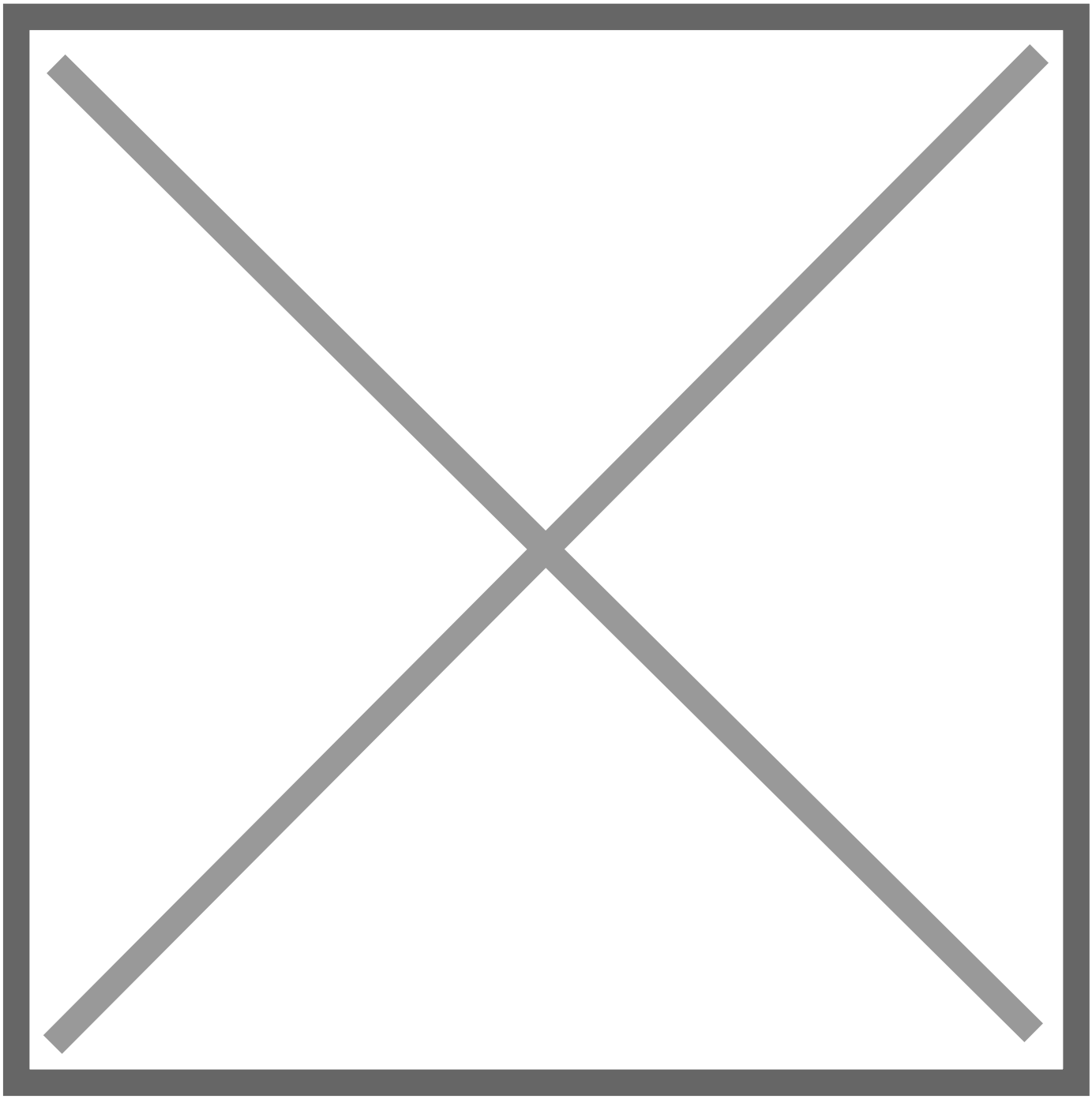


Undersökningstyp:	Egenanställd
Ålder:	12-17
Område som omfattas:	Nationell

Referenser:	Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. https://doi.org/10.1177/0379572119848287 sourced from Food Systems Dashboard http://www.foodsystemsdashboard.org/food-system
Definitioner (endast tillgängliga på engelska):	Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)

Genomsnittligt veckovist intag av snabbmat

Barn, 2009-2015



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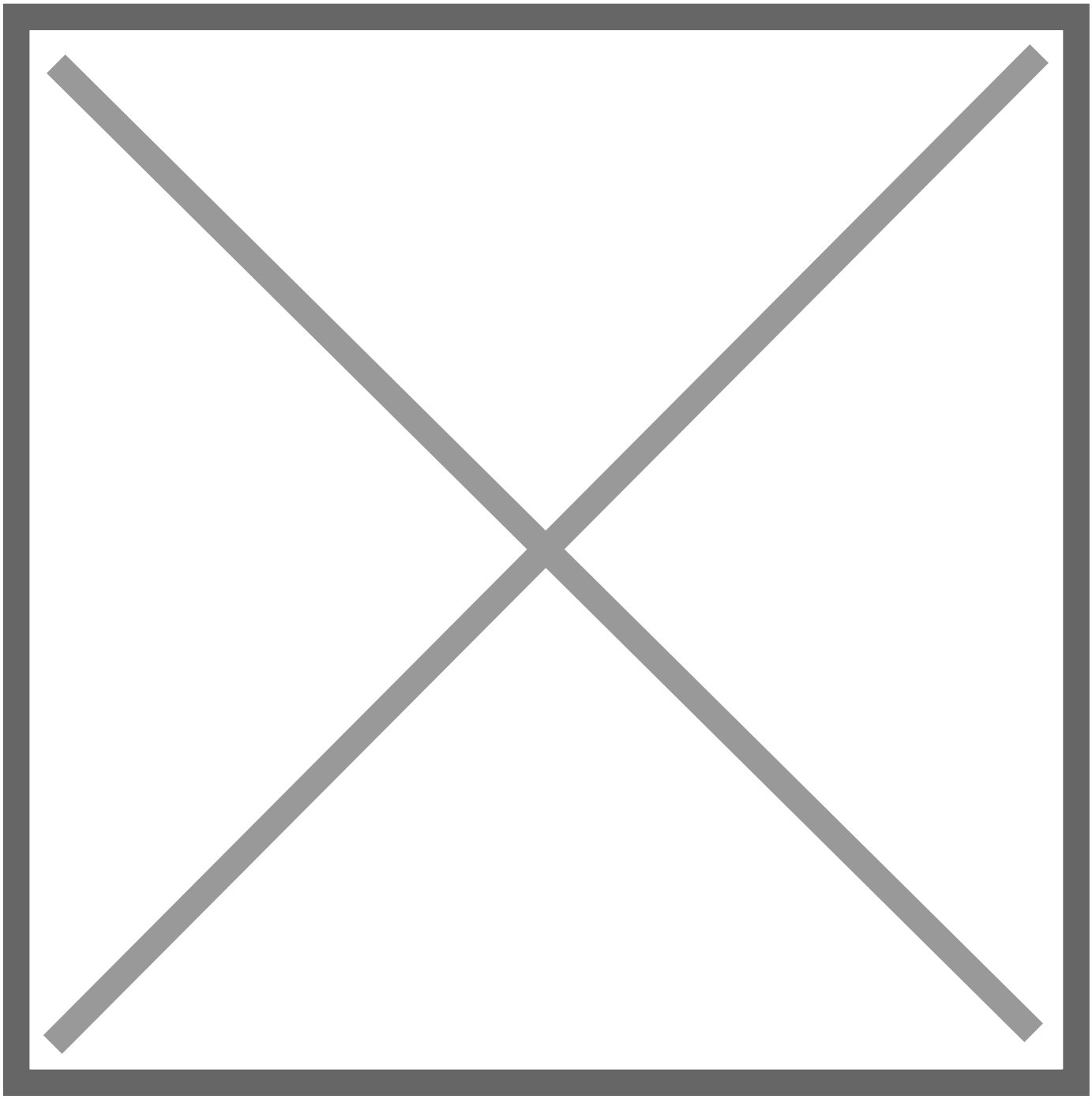
Estimated per capita processed meat intake

Vuxna, 2017

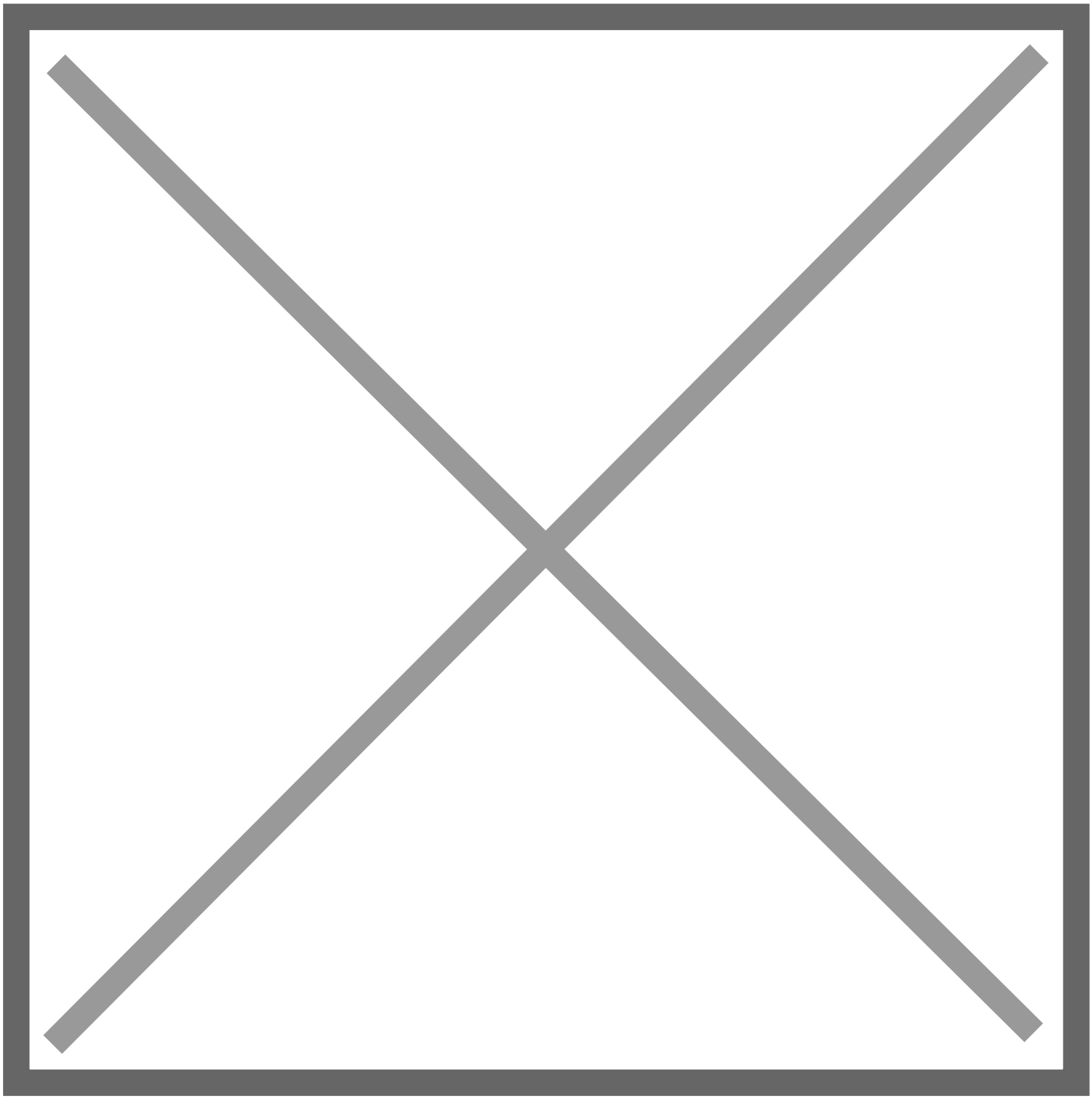


Ålder:	25+
Område som omfattas:	Nationell
Referenser:	Global Burden of Disease, the Institute for Health Metrics and Evaluation http://ghdx.healthdata.org/

Definitioner (endast tillgängliga på engelska):	Estimated per capita processed meat intake (g per day)

Estimated per capita whole grains intake

Vuxna, 2017

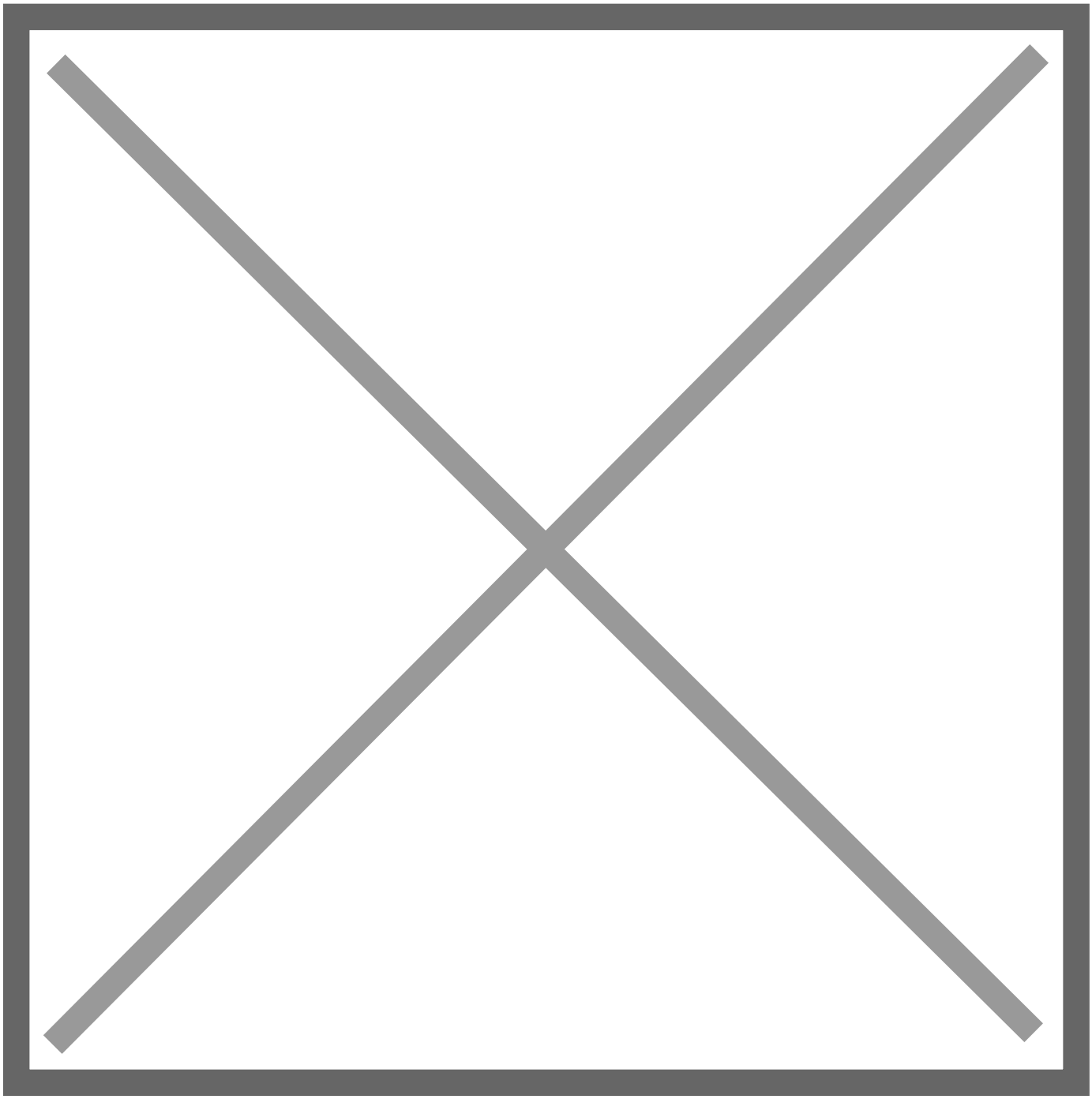


Undersökningstyp:	Uppmätt
Ålder:	25+
Referenser:	Global Burden of Disease, the Institute for Health Metrics and Evaluation http://ghdx.healthdata.org/

Definitioner (endast tillgängliga på engelska):	Estimated per-capita whole grains intake (g/day)

Psykisk hälsa - depression

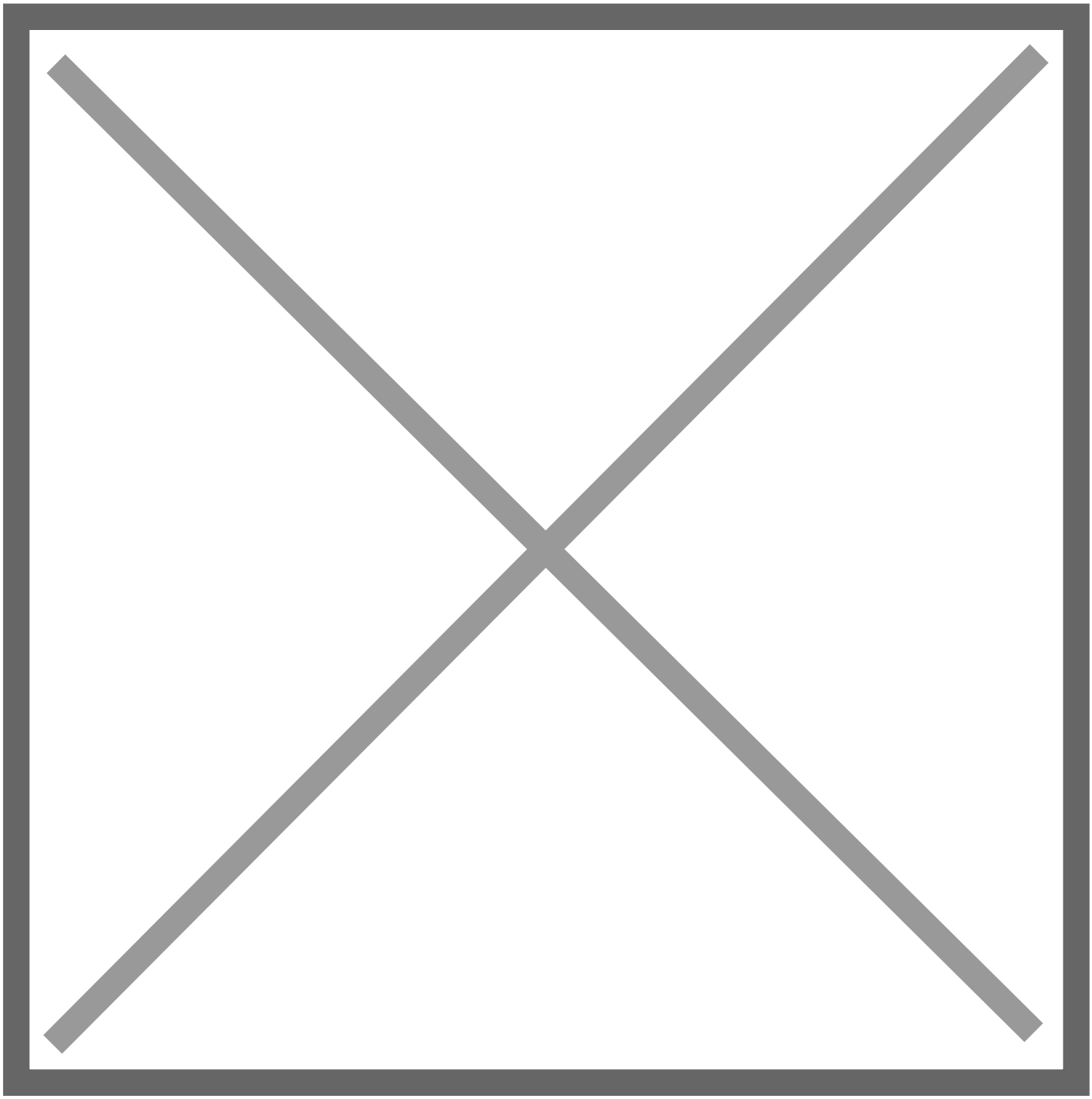
Vuxna, 2021



Ålder:	20+
Område som omfattas:	Nationell

Referenser:	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from http://vizhub.healthdata.org/gbd-compare. (Last accessed 23.04.25)
Definitioner (endast tillgängliga på engelska):	Number living with depression per 100,000 population (adults 20+ years)

Män, 2021



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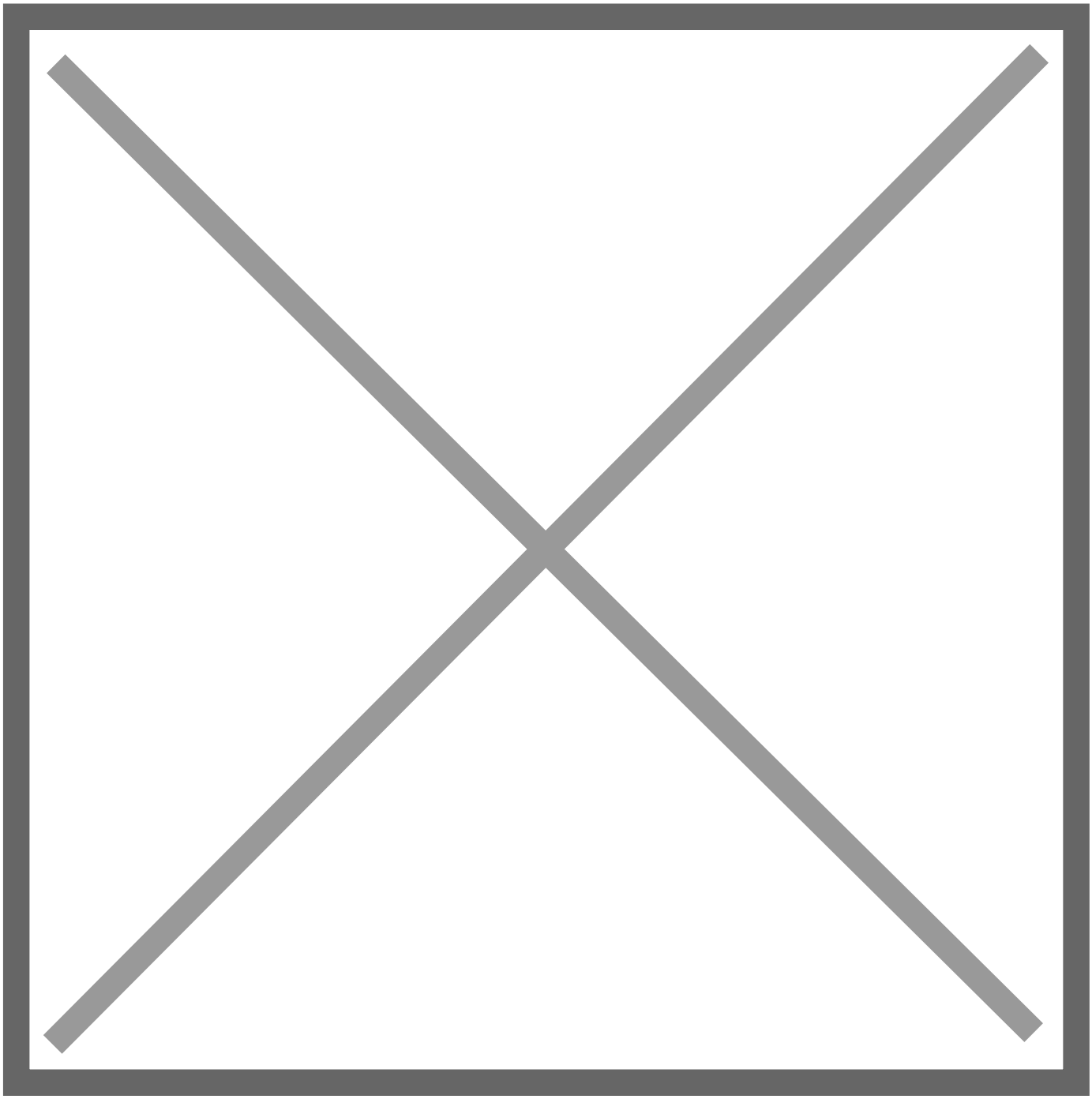
Definitioner (endast tillgängliga på engelska):	Number living with depression per 100,000 population (adults 20+ years)

Kvinnor, 2021



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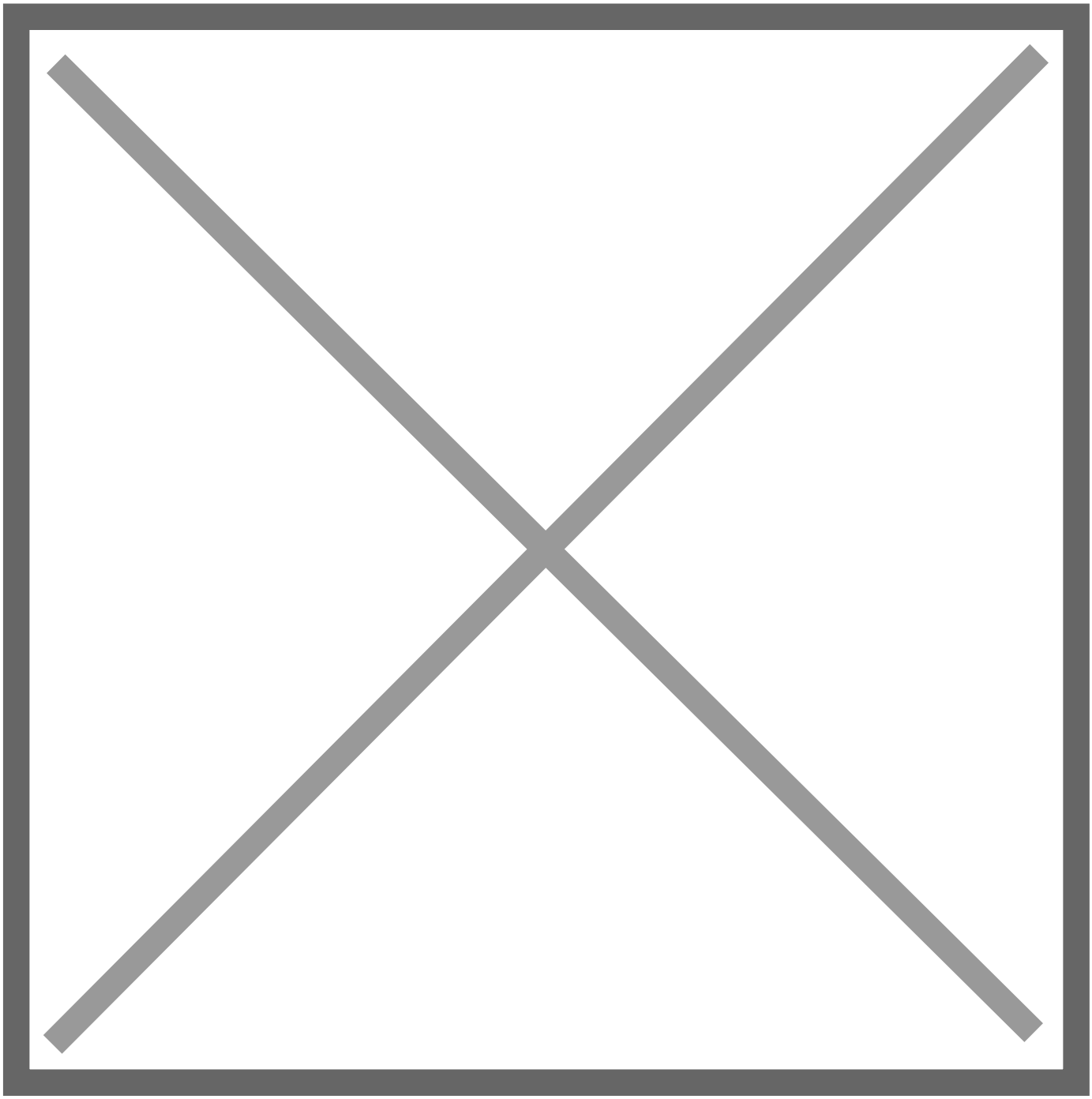
Definitioner (endast tillgängliga på engelska):	Number living with depression per 100,000 population (adults 20+ years)

Barn, 2021



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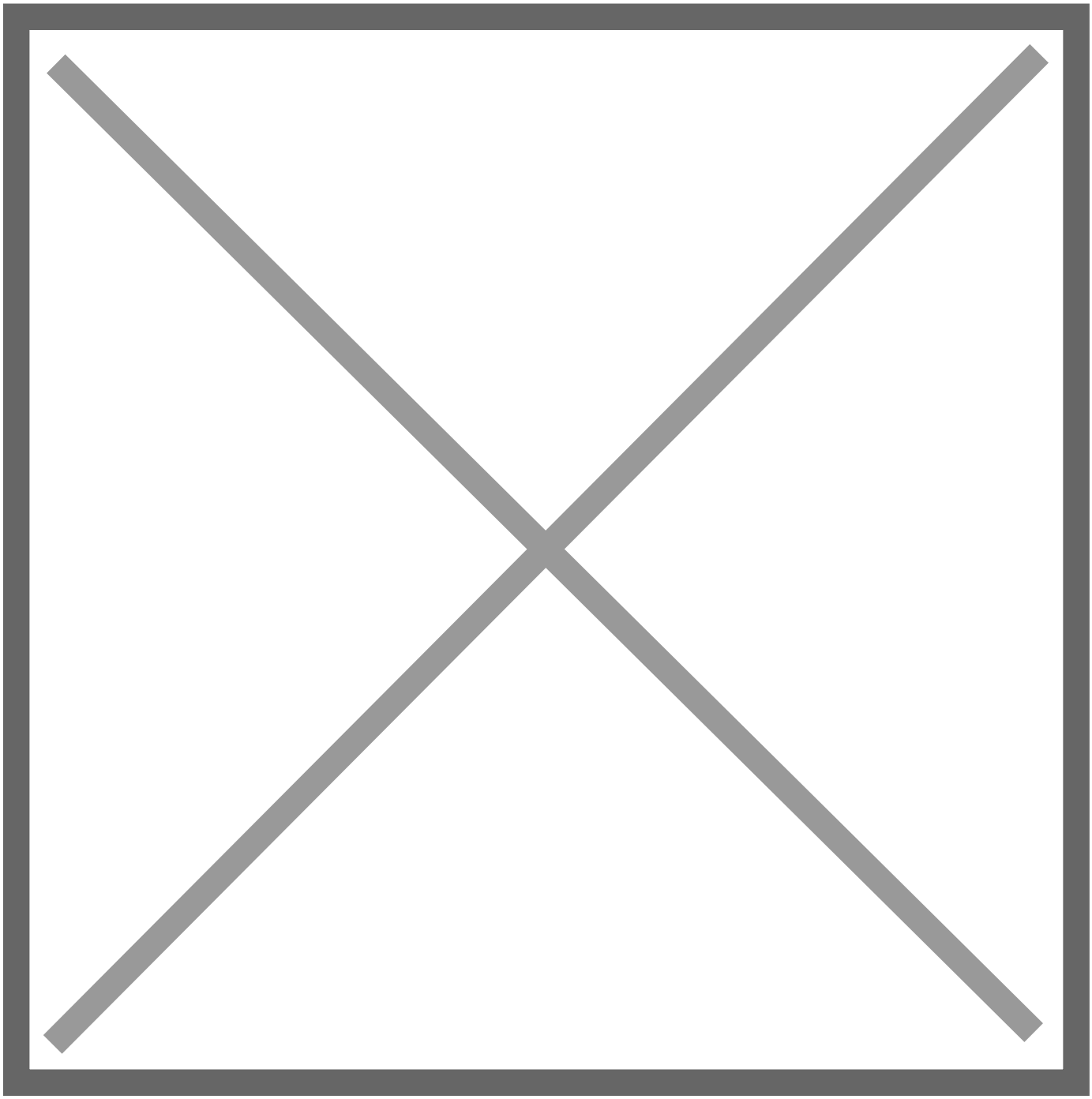
Definitioner (endast tillgängliga på engelska):	Number living with depressive disorder per 100,000 population (Under 20 years of age)

Pojkar, 2021



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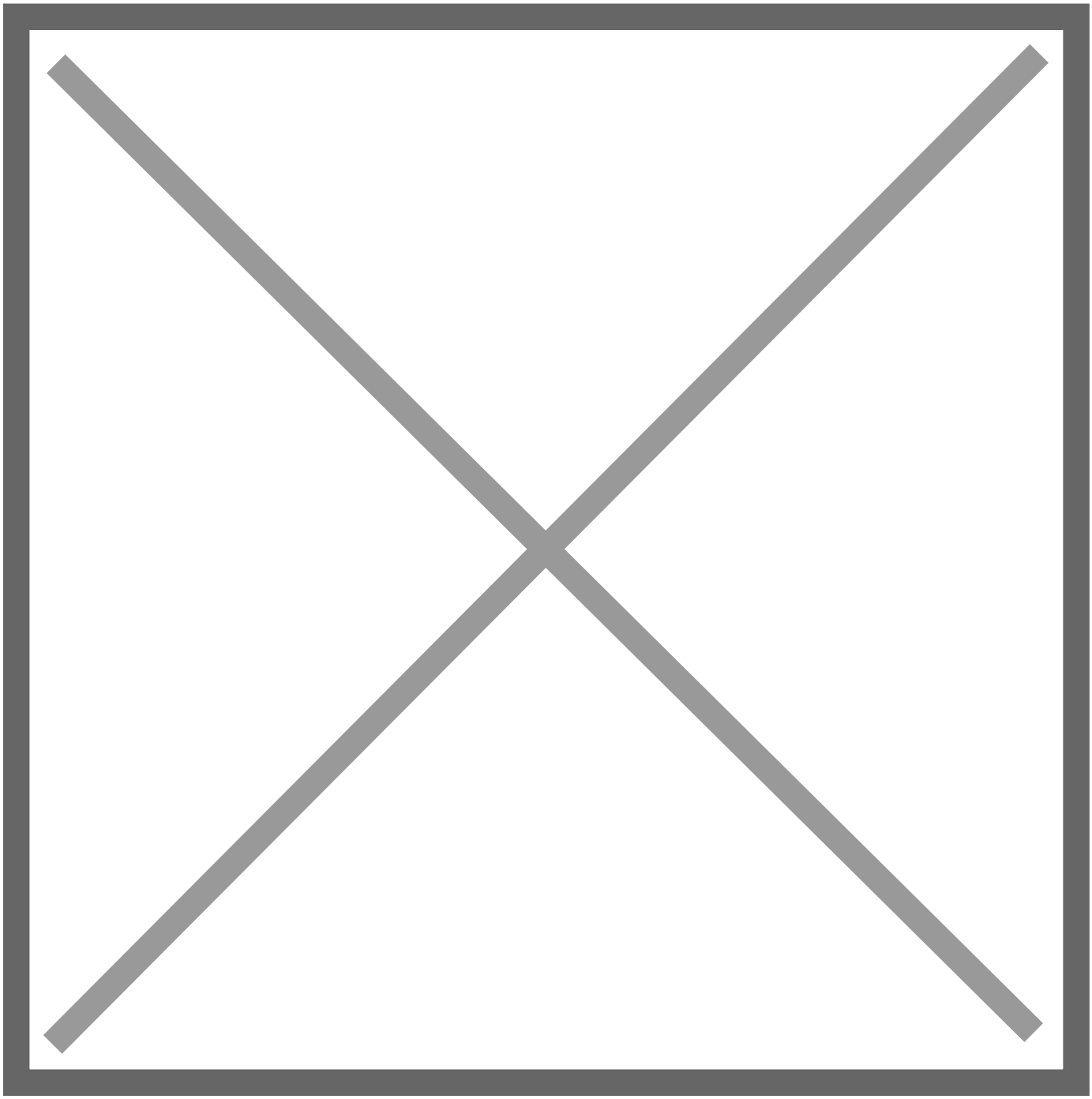
Definitioner (endast tillgängliga på engelska):	Number living with depressive disorder per 100,000 population (Under 20 years of age)

Flickor, 2021



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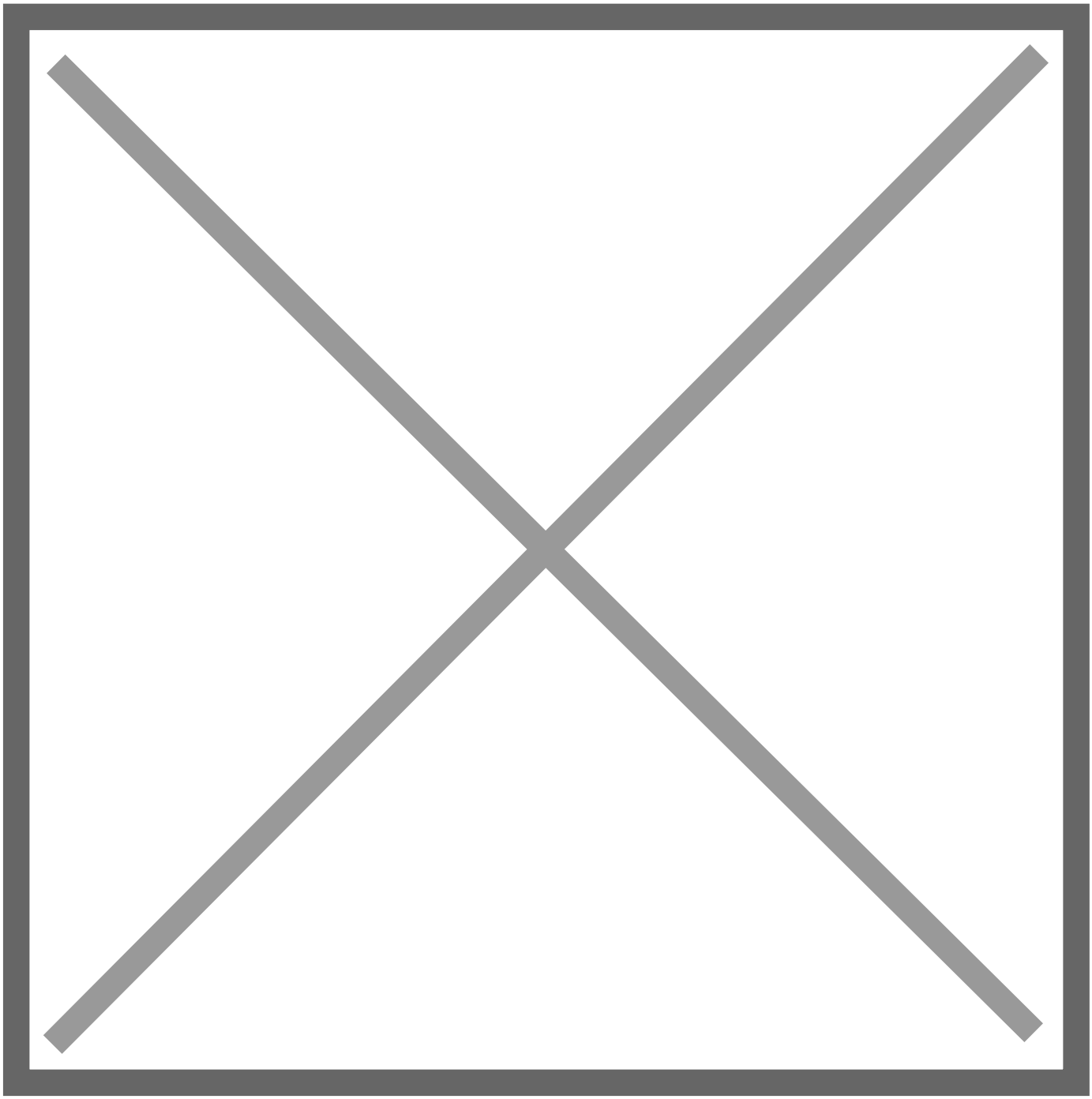
Definitioner (endast tillgängliga på engelska):	Number living with depressive disorder per 100,000 population (Under 20 years of age)

Psykisk hälsa - ångeststörningar

Vuxna, 2021



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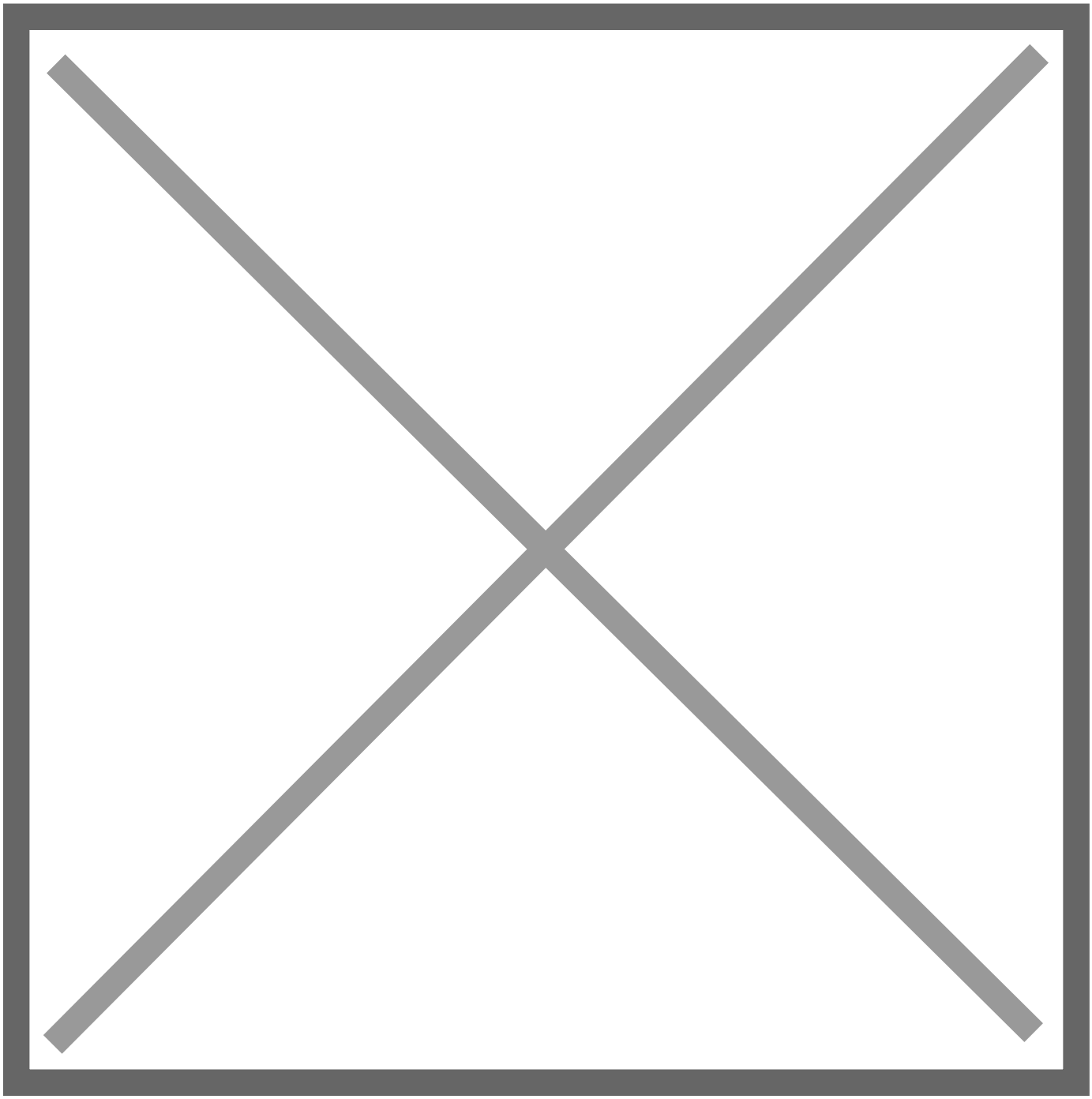
Definitioner (endast tillgängliga på engelska):	Number living with anxiety per 100,000 population

Män, 2021



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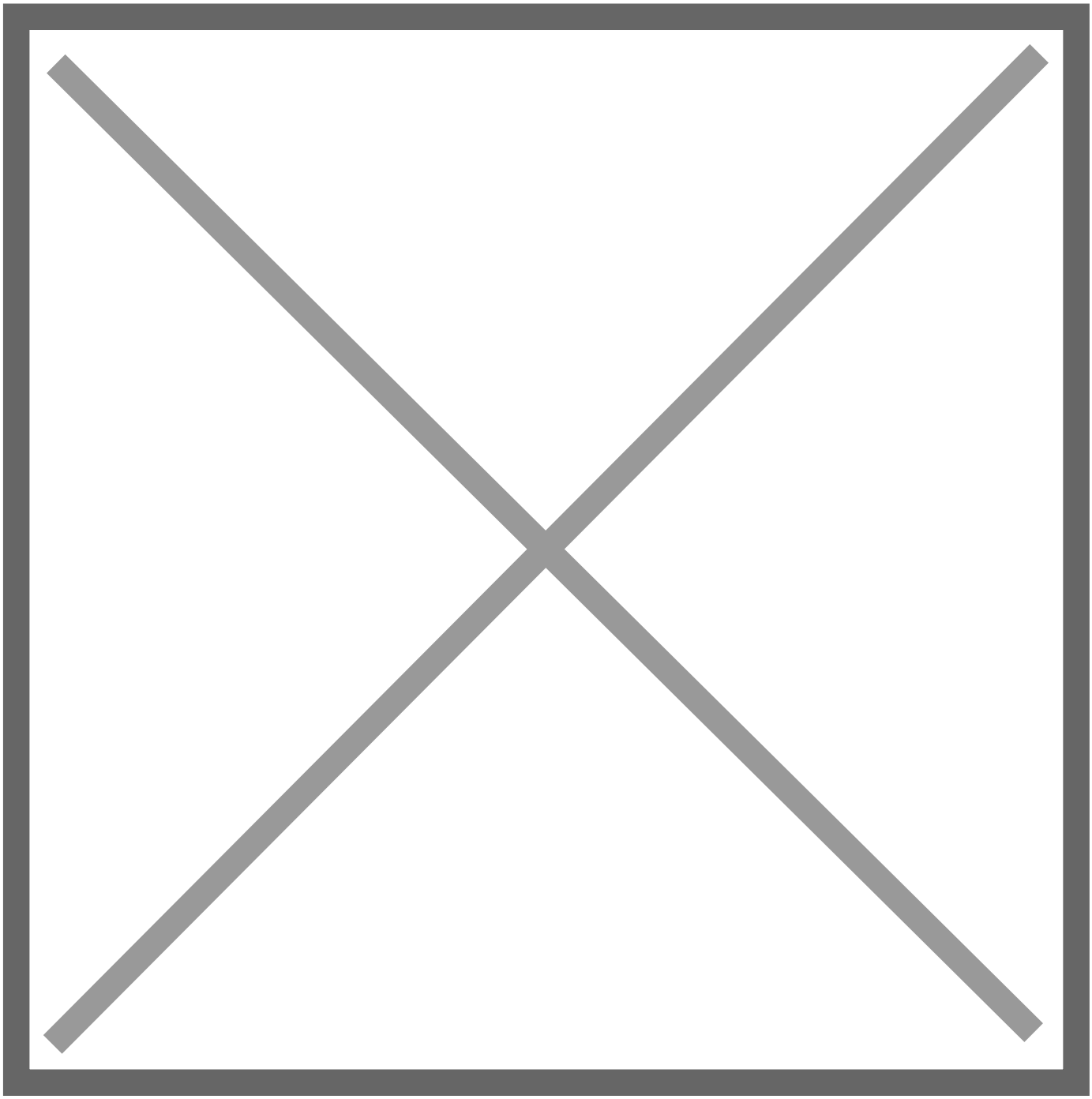
Kvinnor, 2021



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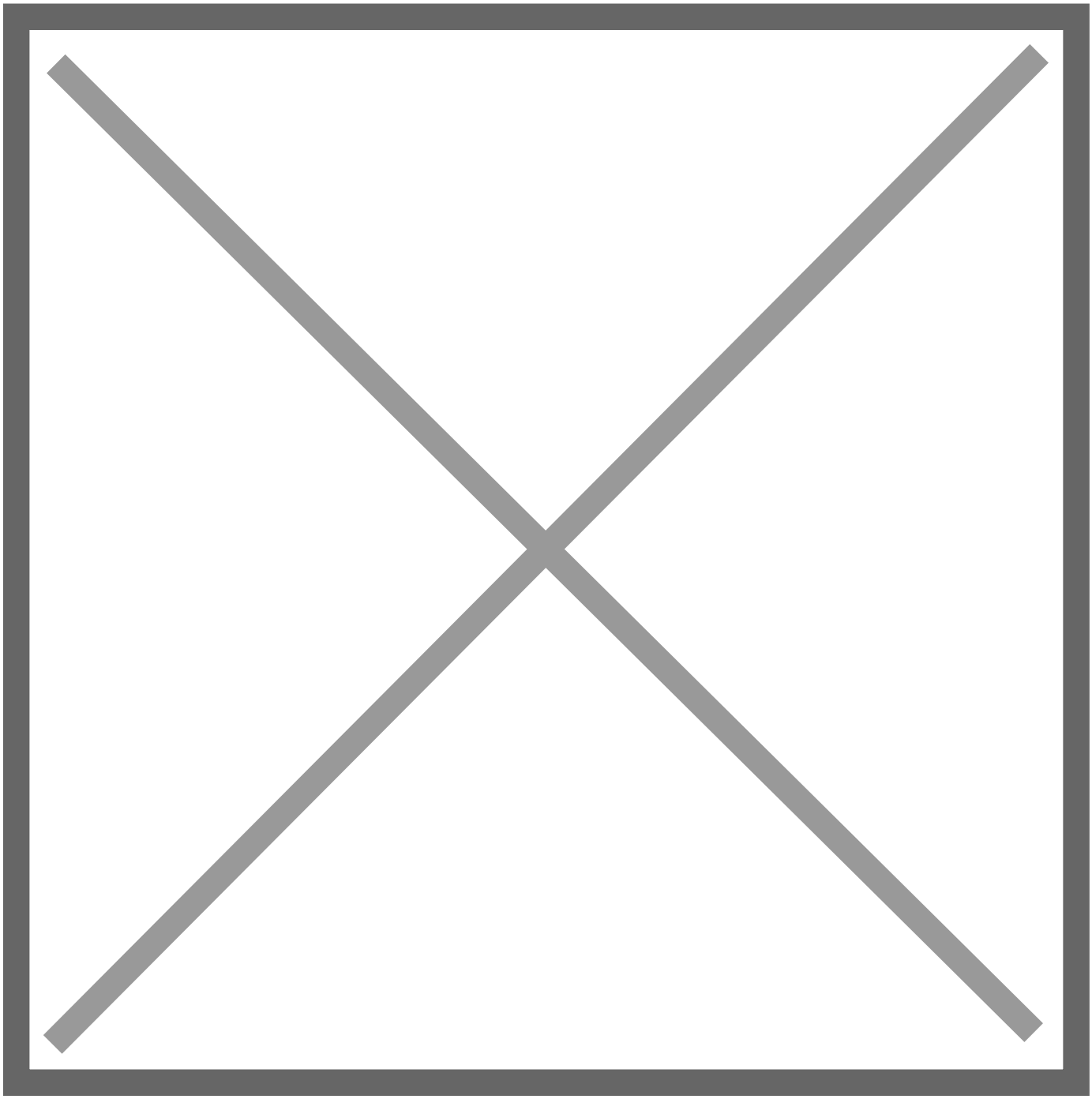
Definitioner (endast tillgängliga på engelska):	Number living with anxiety per 100,000 population

Barn, 2021



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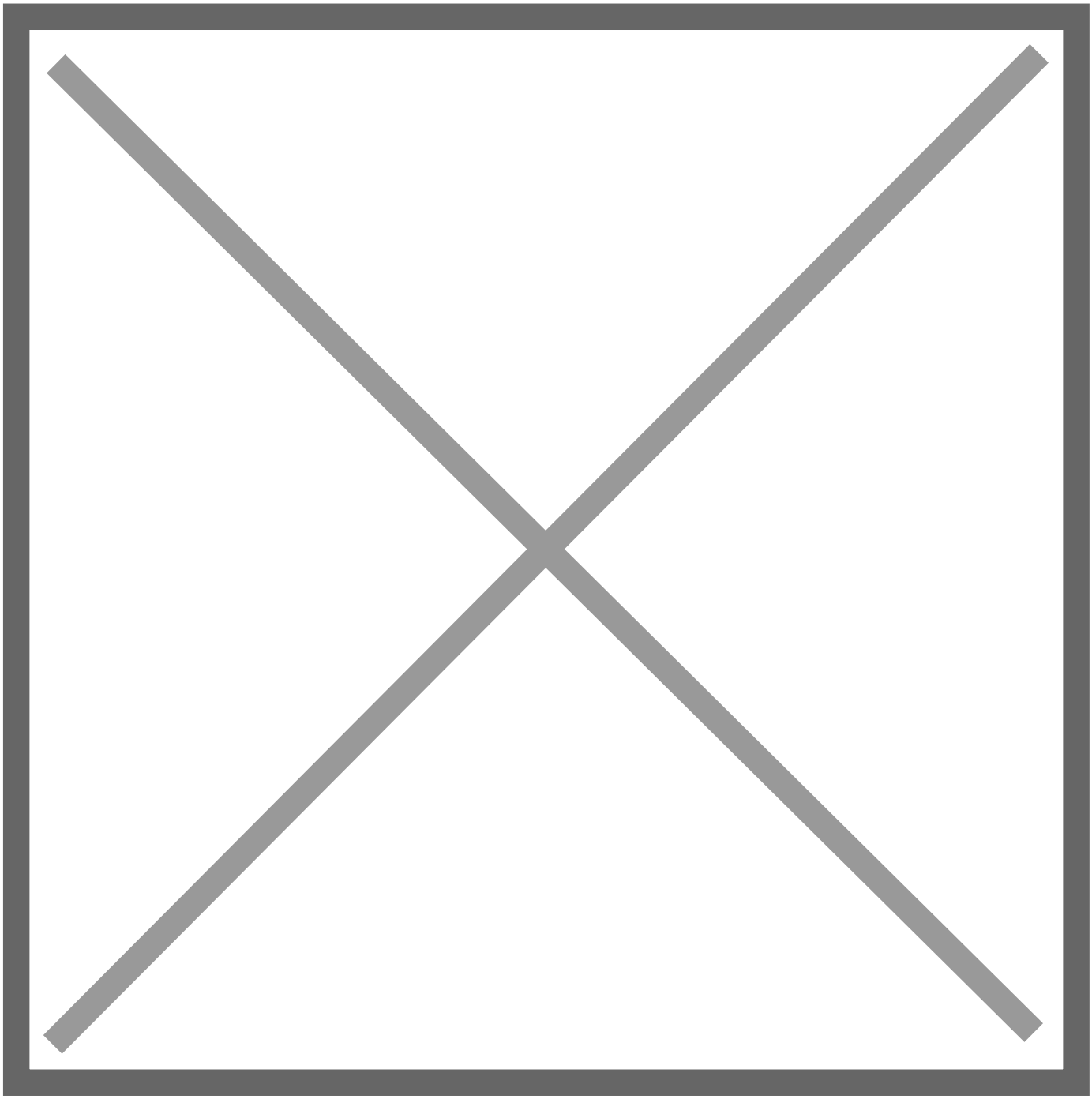
Pojkar, 2021



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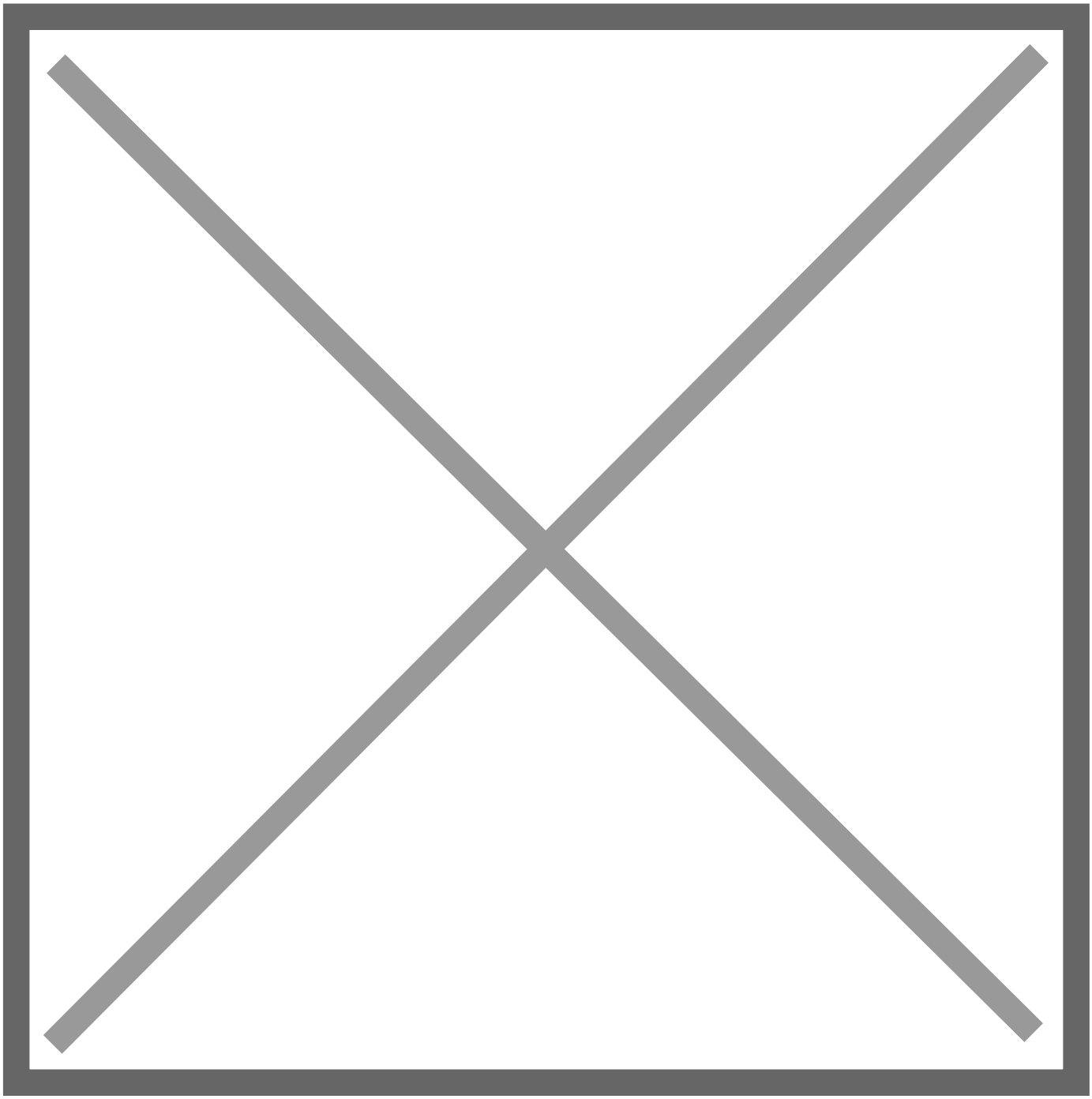
Flickor, 2021



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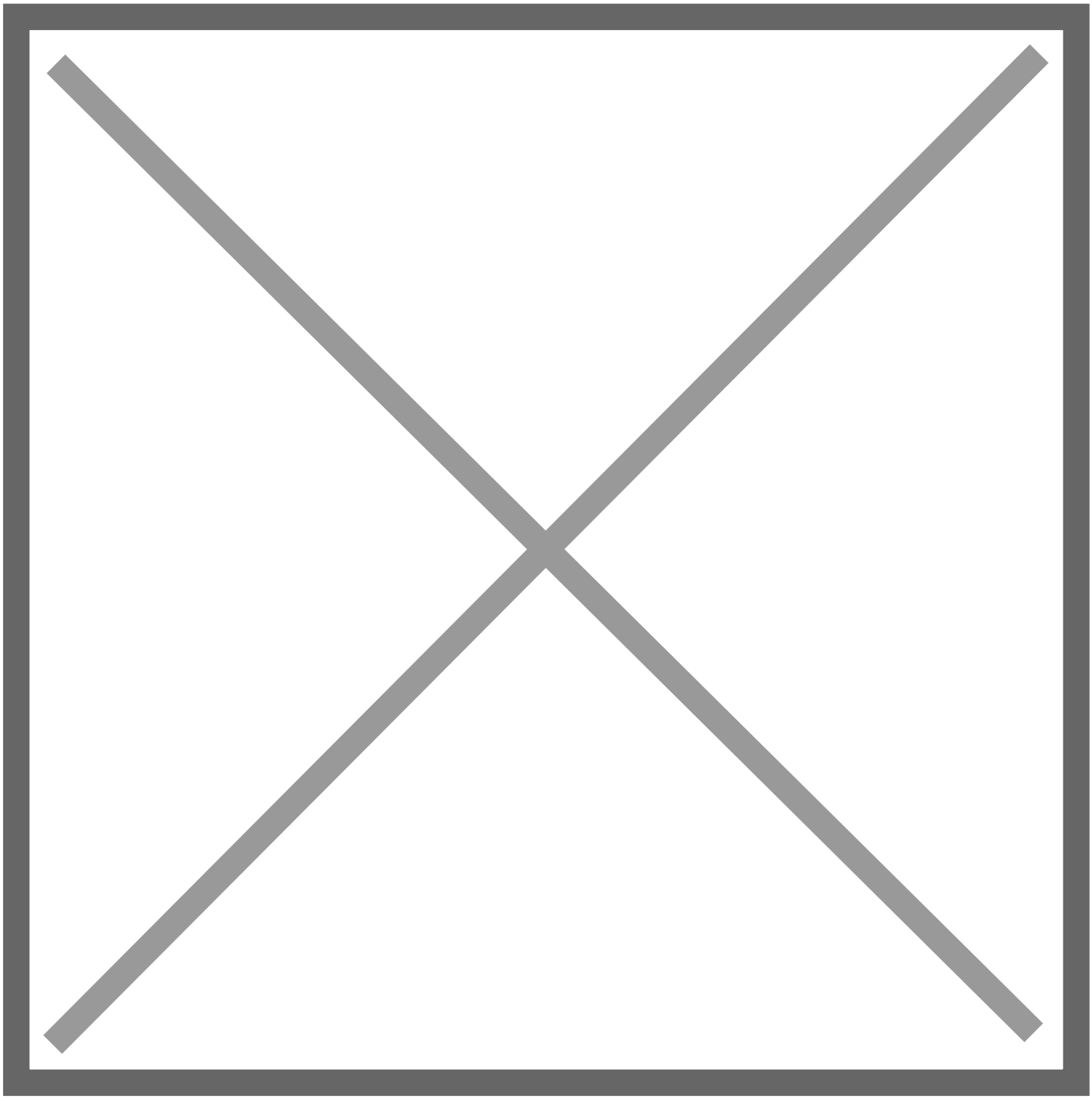
% Spädbarn som uteslutande ammas 0-5 månader

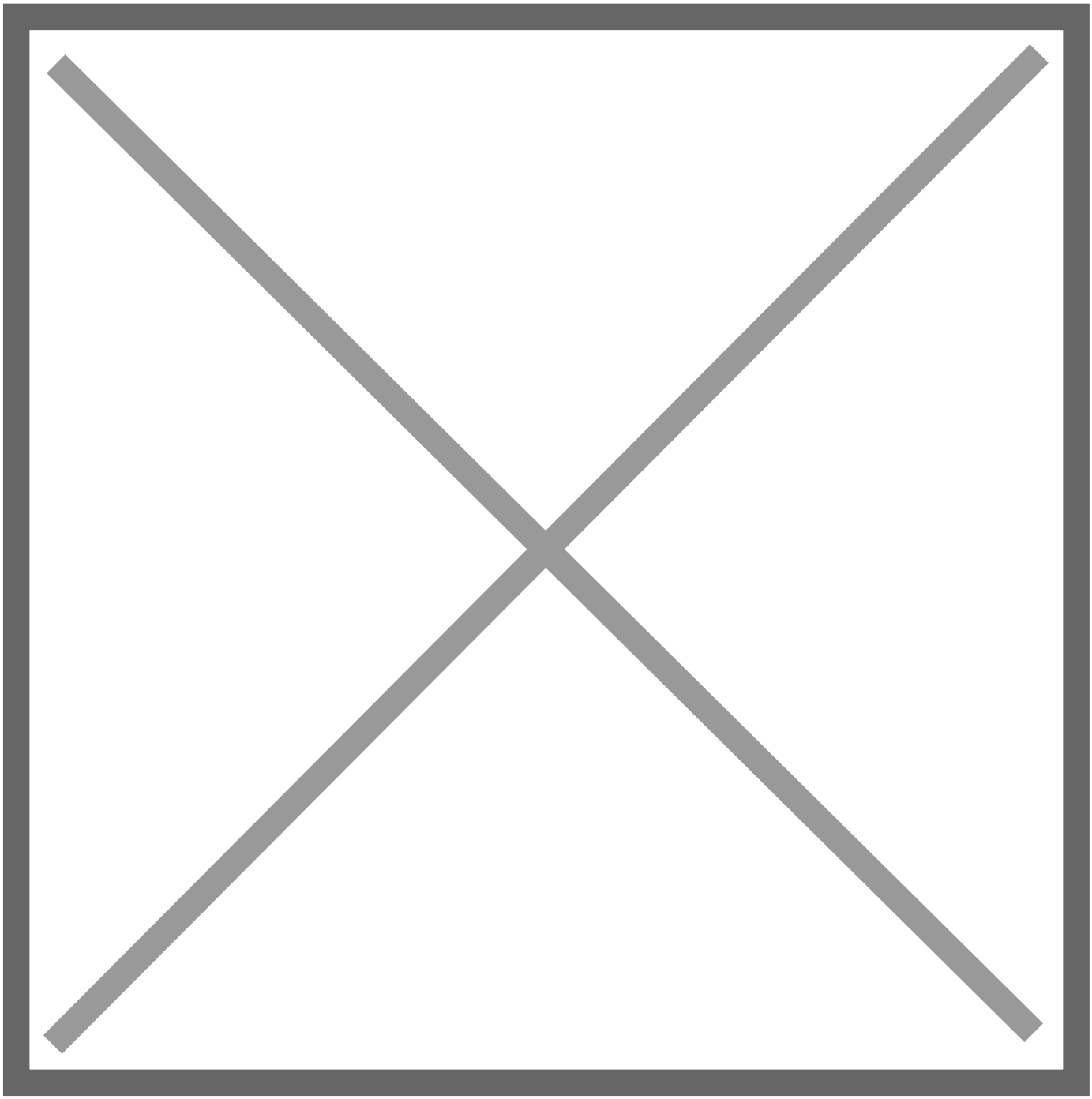
0-5 years, 2010-2024



Referenser:	Swaziland Multiple Indicator Cluster Survey 2014. Final Report. Mbabane, Swaziland, Central Statistical Office and UNICEF
Anteckningar:	Full details are available. Original citation United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2023). Global UNICEF Global Databases: Infant and Young Child Feeding: Exclusive breastfeeding, New York, October 2023.

Percent of population who cannot afford a healthy diet

Vuxna, 2024



Område som omfattas:	Nationell
Referenser:	FAO. 2025. FAOSTAT: Cost and Affordability of a Healthy Diet (CoAHD). https://www.fao.org/faostat/en/#data/CAHD. Licence: CC-BY-4.0. [Last Accessed 15.10.25]
Anteckningar:	The percent of the population whose food budget is below the cost of a healthy diet.

PDF created on January 11, 2026