## Report card

### Equatorial Guinea

<table>
<thead>
<tr>
<th>Contents</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Obesity prevalence</td>
<td>2</td>
</tr>
<tr>
<td>Overweight/obesity by education</td>
<td>3</td>
</tr>
<tr>
<td>Overweight/obesity by region</td>
<td>5</td>
</tr>
<tr>
<td>Overweight/obesity by socio-economic group</td>
<td>7</td>
</tr>
<tr>
<td>Estimated per-capita fruit intake</td>
<td>9</td>
</tr>
<tr>
<td>Estimated per-capita processed meat intake</td>
<td>10</td>
</tr>
<tr>
<td>Estimated per-capita whole grains intake</td>
<td>11</td>
</tr>
<tr>
<td>Mental health - depression disorders</td>
<td>12</td>
</tr>
<tr>
<td>Mental health - anxiety disorders</td>
<td>13</td>
</tr>
<tr>
<td>Oesophageal cancer</td>
<td>14</td>
</tr>
<tr>
<td>Breast cancer</td>
<td>16</td>
</tr>
<tr>
<td>Colorectal cancer</td>
<td>17</td>
</tr>
<tr>
<td>Pancreatic cancer</td>
<td>19</td>
</tr>
<tr>
<td>Gallbladder cancer</td>
<td>21</td>
</tr>
<tr>
<td>Kidney cancer</td>
<td>23</td>
</tr>
<tr>
<td>Cancer of the uterus</td>
<td>25</td>
</tr>
<tr>
<td>Raised blood pressure</td>
<td>26</td>
</tr>
<tr>
<td>Raised cholesterol</td>
<td>29</td>
</tr>
<tr>
<td>Raised fasting blood glucose</td>
<td>32</td>
</tr>
<tr>
<td>Diabetes prevalence</td>
<td>34</td>
</tr>
</tbody>
</table>
## Obesity prevalence

### Adults, 2011

![Bar chart showing obesity prevalence among adults in 2011](chart.png)

- **Survey type:** Self-reported
- **Age:** 15-49
- **Sample size:** 2799
- **Area covered:** National
- **References:** Demographic Health Survey Equatorial Guinea 2011
- **Notes:**
  - Age 15-59 Males Overweight 18.7%, Obesity 4.5%
  - Demographic Health Survey data includes ever married women aged 15-49 years only and includes males aged 15-59.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².
Overweight/obesity by education

Men, 2011

Survey type: Measured
Sample size: 2799
Area covered: National
References: Demographic Health Survey Equatorial Guinea 2011
Notes: Demographic Health Survey data includes ever married women aged 15-49 years only and includes males aged 15-59.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².
Women, 2011

Survey type: Measured
Sample size: 2799
Area covered: National
References: Demographic Health Survey Equatorial Guinea 2011
Notes: Demographic Health Survey data includes ever married women aged 15-49 years only and includes males aged 15-59.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².
Overweight/obesity by region

Men, 2011

Survey type: Measured
Sample size: 2799
Area covered: National
References: Demographic Health Survey Equatorial Guinea 2011
Notes: Demographic Health Survey data includes ever married women aged 15-49 years only and includes males aged 15-59.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².
Women, 2011

Survey type: Measured
Sample size: 2799
Area covered: National
References: Demographic Health Survey Equatorial Guinea 2011
Notes: Demographic Health Survey data includes ever married women aged 15-49 years only and includes males aged 15-59.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m². Obesity refers to a BMI greater than 30kg/m².
Overweight/obesity by socio-economic group

Men, 2011

![Graph showing overweight and obesity by socio-economic group for men in 2011.](image)

Survey type: Measured
Sample size: 2799
Area covered: National
References: Demographic Health Survey Equatorial Guinea 2011
Notes: Demographic Health Survey data includes ever married women aged 15-49 years only and includes males aged 15-59.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².
Women, 2011

Survey type: Measured
Sample size: 2799
Area covered: National
References: Demographic Health Survey Equatorial Guinea 2011
Notes: Demographic Health Survey data includes ever married women aged 15-49 years only and includes males aged 15-59.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².
Estimated per-capita fruit intake

Adults, 2017

Survey type: Measured
Age: 25+
References: Global Burden of Disease, the Institute for Health Metrics and Evaluation [http://ghdx.healthdata.org/]
Definitions: Estimated per-capita fruit intake (g/day)
### Estimated per-capita processed meat intake

**Adults, 2017**

<table>
<thead>
<tr>
<th>Country</th>
<th>Survey type</th>
<th>Age</th>
<th>References</th>
<th>Definitions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Central African Rep</td>
<td>Measured</td>
<td>25+</td>
<td>Global Burden of Disease, the Institute for Health Metrics and Evaluation</td>
<td>Estimated per-capita processed meat intake (g per day)</td>
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Survey type: Measured

Age: 25+

Estimated per-capita whole grains intake

Adults, 2017

Survey type: Measured
Age: 25+
References: Global Burden of Disease, the Institute for Health Metrics and Evaluation [http://ghdx.healthdata.org/]
Definitions: Estimated per-capita whole grains intake (g/day)
Mental health - depression disorders

Adults, 2015


Definitions: % of population with depression disorders
Mental health - anxiety disorders

Adults, 2015

References:

Definitions:
% of population with anxiety disorders
Oesophageal cancer

Men, 2018

Incidence per 100,000

Age:

20+


Definitions: Estimated age-standardized incidence rates (World) in 2018, oesophagus, adults ages 20+. ASR (World) per 100,000
Women, 2018

Incidence per 100,000

Age:

20+


Definitions: Estimated age-standardized incidence rates (World) in 2018, oesophagus, adults ages 20+. ASR (World) per 100,000
Breast cancer

Women, 2018


Definitions: Estimated age-standardized incidence rates (World) in 2018, breast, females, ages 20+. ASR (World) per 100,000
Colorectal cancer

Men, 2018

Age: 20+


Definitions: Estimated age-standardized incidence rates (World) in 2018, colorectum, adults, ages 20+. ASR (World) per 100,000
Women, 2018

Age: 20+


Definitions: Estimated age-standardized incidence rates (World) in 2018, colorectum, adults, ages 20+. ASR (World) per 100,000
Pancreatic cancer

Men, 2018

Age: 20+


Definitions: Estimated age-standardized incidence rates (World) in 2018, pancreas, adults, ages 20+. ASR (World) per 100,000
Women, 2018

Age: 20+


Definitions: Estimated age-standardized incidence rates (World) in 2018, pancreas, adults, ages 20+. ASR (World) per 100,000
Gallbladder cancer

Men, 2018

Incidence per 100,000

Age:
20+

References:

Definitions:
Estimated age-standardized incidence rates (World) in 2018, gallbladder, adults, ages 20+. ASR (World) per 100,000
Women, 2018

Incidence per 100,000 and above

Age: 20+


Definitions: Estimated age-standardized incidence rates (World) in 2018, gallbladder, adults, ages 20+. ASR (World) per 100,000
Kidney cancer

Men, 2018


Definitions: Estimated age-standardized incidence rates (World) in 2018, kidney, adults, ages 20+. ASR (World) per 100,000
Incidence per 100,000

Age: 20+


Definitions: Estimated age-standardized incidence rates (World) in 2018, kidney, adults, ages 20+. ASR (World) per 100,000
Cancer of the uterus

Women, 2018

References: Global Cancer Observatory, Cancer incidence rates [http://gco.iarc.fr/] (last accessed 30th June 2020)

Definitions: Estimated age-standardized incidence rates (World) in 2018, cervix uteri, females, ages 20+. ASR (World) per 100,000
Raised blood pressure

Adults, 2015


Definitions: Age Standardised estimated % Raised blood pressure 2015 (SBP=>140 OR DBP=>90).
Men, 2015


Definitions: Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).
Women, 2015

References:
Global Health Observatory data repository, World Health Organisation,
http://apps.who.int/gho/data/node.main.A875?lang=en

Definitions:
Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).
Raised cholesterol

Adults, 2008


Definitions: % Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).
Men, 2008

% raised cholesterol

References:

Definitions:
% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).
Women, 2008

References: Global Health Observatory data repository, World Health Organisation, [http://apps.who.int/gho/data/node.main.A885](http://apps.who.int/gho/data/node.main.A885)

Definitions: % Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).
Raised fasting blood glucose

Men, 2014

References:
Global Health Observatory data repository, World Health Organisation,
http://apps.who.int/gho/data/node.main.A869?lang=en

Definitions:
Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).
Women, 2014

References:
Global Health Observatory data repository, World Health Organisation,
http://apps.who.int/gho/data/node.main.A869?lang=en

Definitions:
Age Standardised % raised fasting blood glucose (≥ 7.0 mmol/L or on medication).
Diabetes prevalence

Adults, 2017

References:

Definitions:
Diabetes age-adjusted comparative prevalence (%).

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