

Egypt



Country report card - adults

This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for adults. Where available, data on common and relevant obesity drivers and comorbidities are also presented.

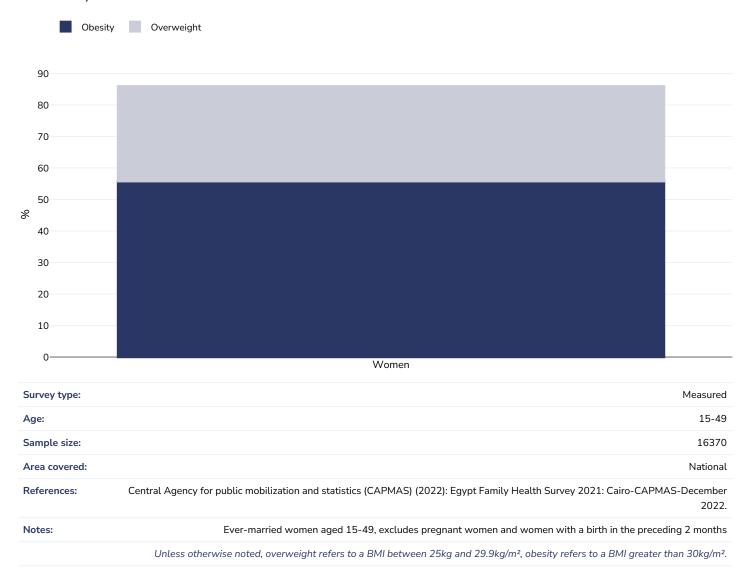


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Obesity prevalence

Women, 2021-2022

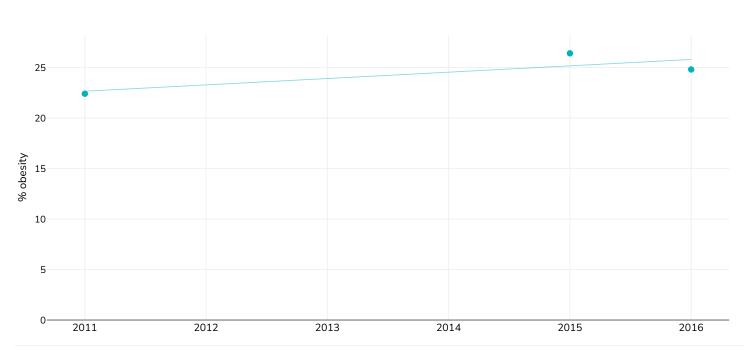




% Adults living with obesity in Egypt 2011-2016

Men





Survey type: Mea

References:

2011: WHO EMRO Egypt STEPS Survey 201

2015: Ministry of Health and Population/Egypt, El-Zanaty and Associates/Egypt, and ICF International. 2015. Egypt Health Issues Survey 2015. Egypt: Ministry of Health and Population/Egypt and ICF International. Available at http://dhsprogram.com/publications/publication-FR313-DHS-IR-Reports.cfm#sthash.StgV9s6X

2016: Egypt National STEPwise Survey For Noncommunicable Diseases Risk Factors Report

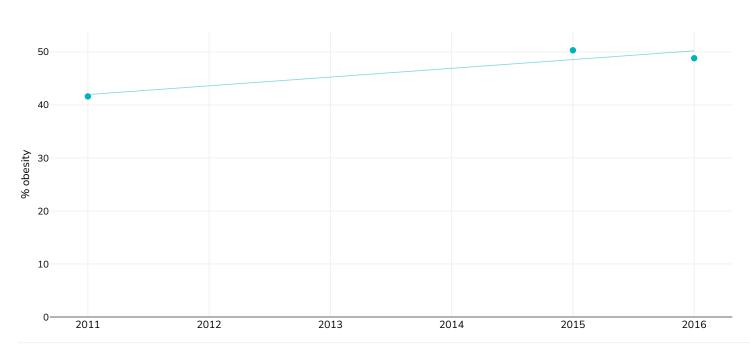
https://www.who.int/ncds/surveillance/steps/Egypt_National_STEPwise_Survey_For_Noncommunicable_Diseases_Risk_Factors_2017_Report.pdf?

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30k



Women





Survey type:

References:

2011: WHO EMRO Egypt STEPS Survey 201

2015: Ministry of Health and Population/Egypt, El-Zanaty and Associates/Egypt, and ICF International. 2015. Egypt Health Issues Survey 2015. Egypt: Ministry of Health and Population/Egypt and ICF International. Available at <a href="http://dhsprogram.com/publications/publication-FR313-DHS-FR313-

Reports.cfm#sthash.StgV9s6X

Mea:

 $2016: Egypt\ National\ STEPwise\ Survey\ For\ Noncommunicable\ Diseases\ Risk\ Factors\ Report$

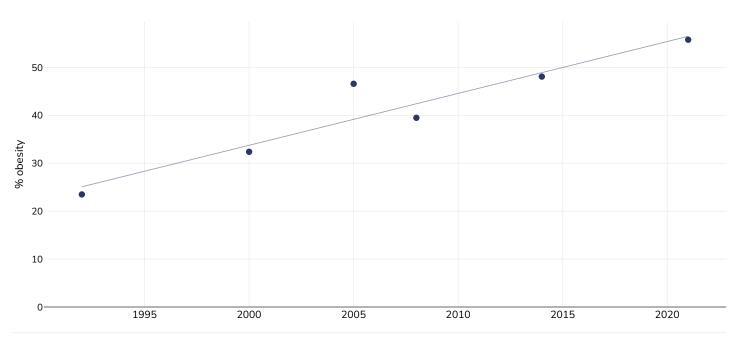
https://www.who.int/ncds/surveillance/steps/Egypt_National_STEPwise_Survey_For_Noncommunicable_Diseases_Risk_Factors_2017_Report.pdf?

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% Adults living with obesity in Egypt 1992-2021

Obesity, Women



Survey type: Measured

References:

1992: Martorell R, Khan LK, Hughes ML, Grummer Strawn LM. Obesity in women from developing countries. EJCN (2000) 54;247-252 2000: SCN (2004). 5th Report on the World Nutrition Situation. Nutrition for Improved Development Outcomes. Appendix 11 2005: El-Zanaty, Fatma and Ann Way. 2006. Egypt Demographic and Health Survey 2005. Cairo, Egypt: Ministry of Health and Population, National Population Council, El-Zanaty and Associates, and ORC Macro.

2008: El-Zanaty, Fatma and Ann Way. 2009. Egypt Demographic and Health Survey 2008. Cairo, Egypt: Ministry of Health/Egypt, El-Zanaty and Associates/Egypt, and Macro International.

2014: Ministry of Health and Population/Egypt, El-Zanaty and Associates/Egypt, and ICF International. 2015. Egypt Demographic and Health Survey 2014. Cairo, Egypt: Ministry of Health and Population and ICF International.

2021: Central Agency for public mobilization and statistics (CAPMAS) (2022): Egypt Family Health Survey 2021: Cairo-CAPMAS-December 2022.

Notes: Adults aged 15-49

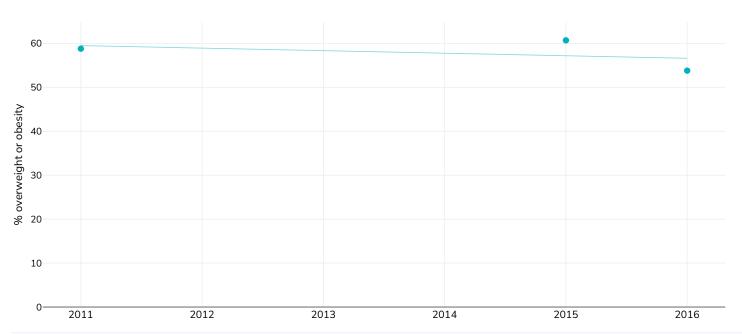
Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



% Adults living with overweight or obesity in Egypt 2011-2016

Men

Overweight or obesity



Survey type:

References:

2011: WHO EMRO Egypt STEPS Survey 201

Mea:

2015: Ministry of Health and Population/Egypt, El-Zanaty and Associates/Egypt, and ICF International. 2015. Egypt Health Issues Survey 2015. Egypt: Ministry of Health and Population/Egypt and ICF International. Available at http://dhsprogram.com/publications/publication-FR313-DHS-IR-Reports.cfm#sthash.StgV9s6X

2016: Egypt National STEPwise Survey For Noncommunicable Diseases Risk Factors Report

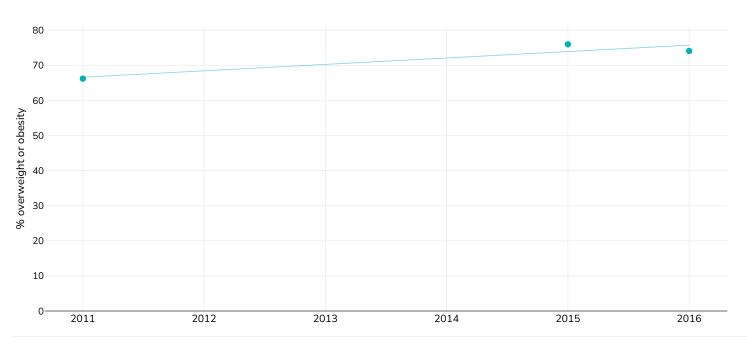
 $\underline{\text{https://www.who.int/ncds/surveillance/steps/Egypt_National_STEPwise_Survey_For_Noncommunicable_Diseases_Risk_Factors_2017_Report.pdf?} \\$

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30k



Women

Overweight or obesity



Survey type: Mea:

References:

2011: WHO EMRO Egypt STEPS Survey 201

2015: Ministry of Health and Population/Egypt, El-Zanaty and Associates/Egypt, and ICF International. 2015. Egypt Health Issues Survey 2015. Egypt: Ministry of Health and Population/Egypt and ICF International. Available at <a href="http://dhsprogram.com/publications/publication-FR313-DHS-FR313-

Reports.cfm#sthash.StgV9s6X

 $2016: Egypt\ National\ STEPwise\ Survey\ For\ Noncommunicable\ Diseases\ Risk\ Factors\ Report$

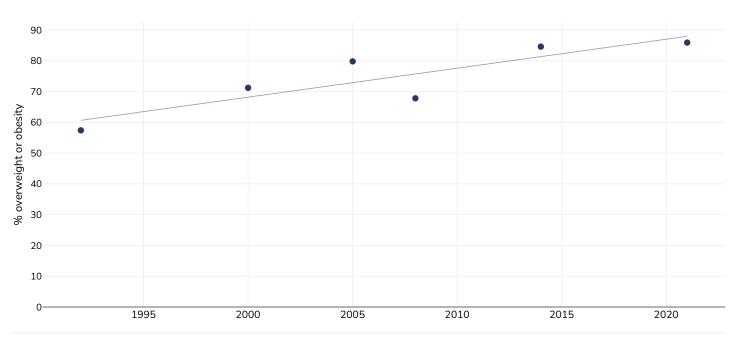
https://www.who.int/ncds/surveillance/steps/Egypt_National_STEPwise_Survey_For_Noncommunicable_Diseases_Risk_Factors_2017_Report.pdf?

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% Adults living with overweight or obesity in Egypt 1992-2021

Overweight or obesity, Women



Survey type: Measured

References:

1992: Martorell R, Khan LK, Hughes ML, Grummer Strawn LM. Obesity in women from developing countries. EJCN (2000) 54;247-252 2000: SCN (2004). 5th Report on the World Nutrition Situation. Nutrition for Improved Development Outcomes. Appendix 11 2005: El-Zanaty, Fatma and Ann Way. 2006. Egypt Demographic and Health Survey 2005. Cairo, Egypt: Ministry of Health and Population, National Population Council, El-Zanaty and Associates, and ORC Macro.

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2021: Central Agency for public mobilization and statistics (CAPMAS) (2022): Egypt Family Health Survey 2021: Cairo-CAPMAS-December 2022.

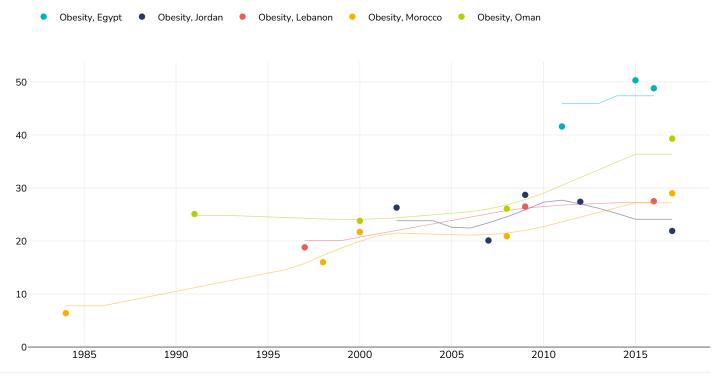
Notes: Adults aged 15-49

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



% Adults living with obesity in selected countries in the EMRO Region 1984-2017, selected countries

Women



References:

1984, 1998: Benjelloun S. Nutrition transition in Morocco. Public Health Nutrition. 2002;5(1A):135-140

1991: Al-Lawati JA, Jousilahti PJ. Prevalence and 10year secular trend of obesity in Oman. Saudi Med J 2004;25:346-351 1997: Sibai AM, Hwalla N, Adra N, Rahal B. Prevalence and Covariates of Obesity in Lebanon: Findings from the First Epidemiolgical Study. Obesity Research 203;11:1353-1361

2000: Personal Communication from Morocco Minister of Health. National Survey carried out in 2000. Details in press for Journal of Hypertension (Arpil 03)

2002: WHO Infobase, Macro international data

2007: Department of Statistics [Jordan] and Macro International. 2008. Jordan Population and Family Health Survey 2007: Key Findings. Calverton, Maryland, USA: Department of Statistics and Macro International.

2008: Rhazi K El, Nejjari C, Zidouh A et al. Prevalence of obesity and associated sociodemographic and lifestyle factors in Morocco. Public Health Nutrition 2010:14(1)160-167

2009: WHO STEPS Report 2009 Lebanon

2011: WHO EMRO Egypt STEPS Survey 2011-12

2012: Department of Statistics/Jordan and ICF International. 2013. Jordan Population and Family Health Survey 2012. Calverton, Maryland, USA: Department of Statistics/Jordan and ICF International.

2015: Ministry of Health and Population/Egypt, El-Zanaty and Associates/Egypt, and ICF International. 2015. Egypt Health Issues Survey 2015. Cairo, Egypt: Ministry of Health and Population/Egypt and ICF International. Available at

 $\underline{\text{http://dhsprogram.com/publications/publication-FR313-DHS-Final-Reports.cfm} \\ \text{sthash.StgV9s6X.dpuf} \\ \underline{\text{http://dhsprogram.com/publications/publication-FR313-DHS-Final-Reports.cfm} \\ \underline{\text{http://dhsprogram.com/publications/publication-FR313-DHS-Final-Reports.cfm} \\ \underline{\text{http://dhsprogram.com/publications/publication-FR313-DHS-Final-Reports.cfm} \\ \underline{\text{http://dhsprogram.com/publication-FR313-DHS-Final-Reports.cfm} \\ \underline{\text{http://dhsprogram.cfm} \\ \underline{\text{h$

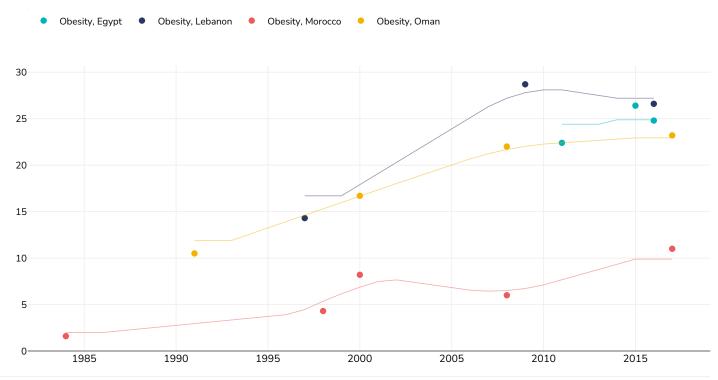
2016: WHO STEPWISE APPROACH FOR NON-COMMUNICABLE DISEASESRISK FACTOR SURVEILLANCE, Lebanon, 2016-2017

https://www.who.int/ncds/surveillance/steps/Lebanon_STEPS_report_2016-2017.pdf?ua=1 (last accessed 16.10.19)

2017: Executive Summary. Oman National Non-Communicable Disease & their Risk Factors Survey 2017 https://mohcsr.gov.om/wp-content/uploads/2019/01/Executive-Summary_NCDsurvey2017_En.pdf (last accessed 17.10.19)



Men



References:

1984, 1998: Benjelloun S. Nutrition transition in Morocco. Public Health Nutrition. 2002;5(1A):135-140

1991: Al-Lawati JA, Jousilahti PJ. Prevalence and 10year secular trend of obesity in Oman. Saudi Med J 2004;25:346-351 1997: Sibai AM, Hwalla N, Adra N, Rahal B. Prevalence and Covariates of Obesity in Lebanon: Findings from the First Epidemiolgical Study. Obesity Research 203;11:1353-1361

2000: Personal Communication from Morocco Minister of Health. National Survey carried out in 2000. Details in press for Journal of Hypertension (Arpil 03)

2002: WHO Infobase, Macro international data

2007: Department of Statistics [Jordan] and Macro International. 2008. Jordan Population and Family Health Survey 2007: Key Findings.

Calverton, Maryland, USA: Department of Statistics and Macro International.

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http://dhsprogram.com/publications/publication-FR313-DHS-Final-Reports.cfm#sthash.StgV9s6X.dpuf

2016: WHO STEPWISE APPROACH FOR NON-COMMUNICABLE DISEASESRISK FACTOR SURVEILLANCE, Lebanon, 2016-2017 https://www.who.int/ncds/surveillance/steps/Lebanon_STEPS_report_2016-2017.pdf?ua=1 (last accessed 16.10.19)

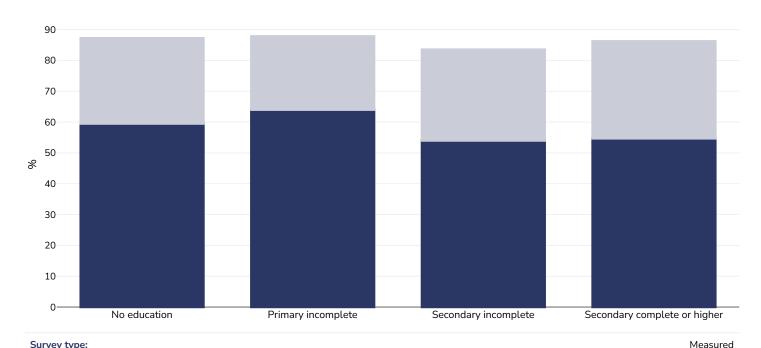
2017: Executive Summary. Oman National Non-Communicable Disease & their Risk Factors Survey 2017 https://mohcsr.gov.om/wp-content/uploads/2019/01/Executive-Summary_NCDsurvey2017_En.pdf (last accessed 17.10.19)



Overweight/obesity by education

Women, 2021-2022





our vey type.	Heddired
Age:	15-49
Sample size:	16370
Area covered:	National
References:	Central Agency for public mobilization and statistics (CAPMAS) (2022): Egypt Family Health Survey 2021: Cairo-CAPMAS-December 2022.
Notes:	Ever-married women aged 15-49, excludes pregnant women and women with a birth in the preceding 2 months

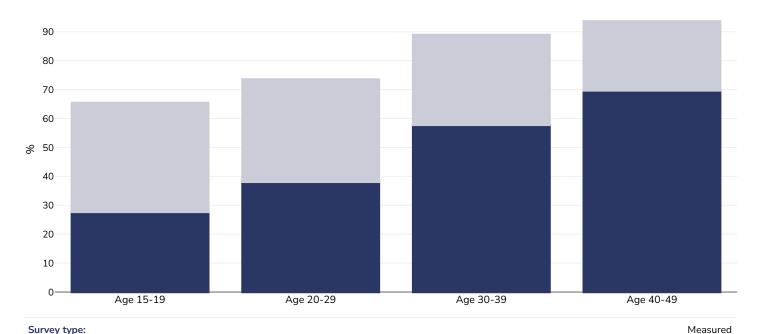
Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



Overweight/obesity by age

Women, 2021-2022





Survey type: Measured
Sample size: 16370
Area covered: National
References: Central Agency for public mobilization and statistics (CAPMAS) (2022): Egypt Family Health Survey 2021: Cairo-CAPMAS-December

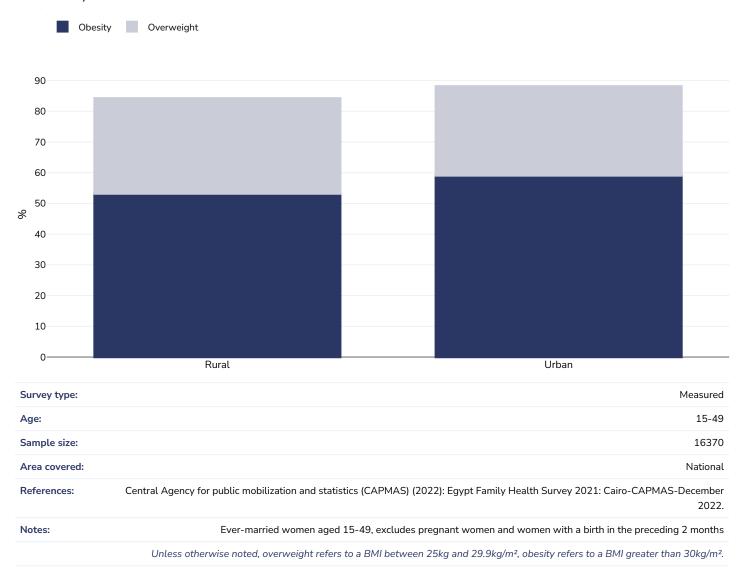
Notes: Ever-married women aged 15-49, excludes pregnant women and women with a birth in the preceding 2 months

 $Unless \ otherwise \ noted, overweight \ refers \ to \ a \ BMI \ between \ 25kg \ and \ 29.9kg/m^2, obesity \ refers \ to \ a \ BMI \ greater \ than \ 30kg/m^2.$



Overweight/obesity by region

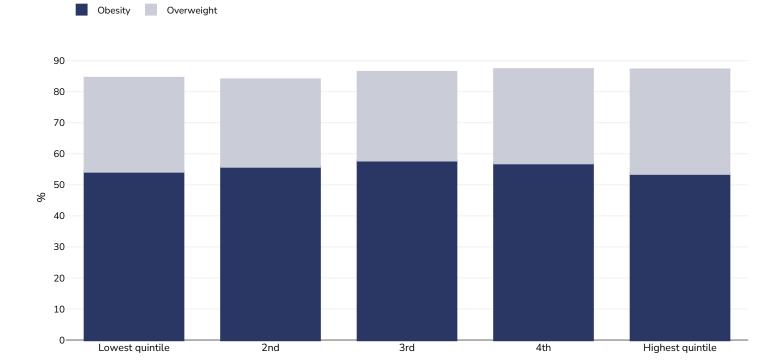
Women, 2021-2022





Overweight/obesity by socio-economic group

Women, 2021-2022

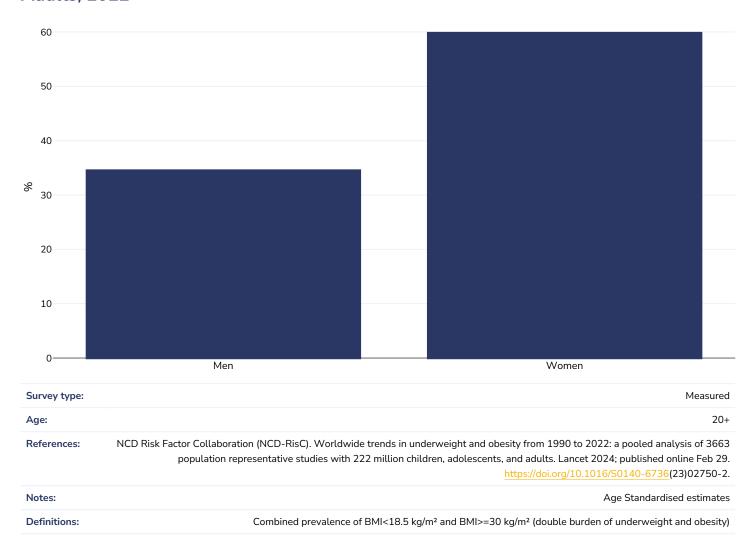


Survey type:	Measured
Age:	15-49
Sample size:	19021
Area covered:	National
References:	Central Agency for public mobilization and statistics (CAPMAS) (2022): Egypt Family Health Survey 2021: Cairo-CAPMAS-December 2022.
Notes:	Ever-married women aged 15-49, excludes pregnant women and women with a birth in the preceding 2 months

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

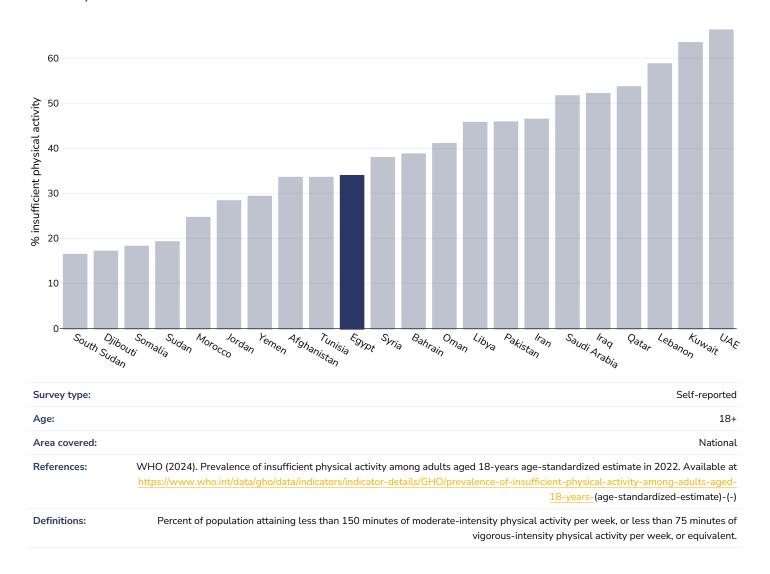


Double burden of underweight & overweight



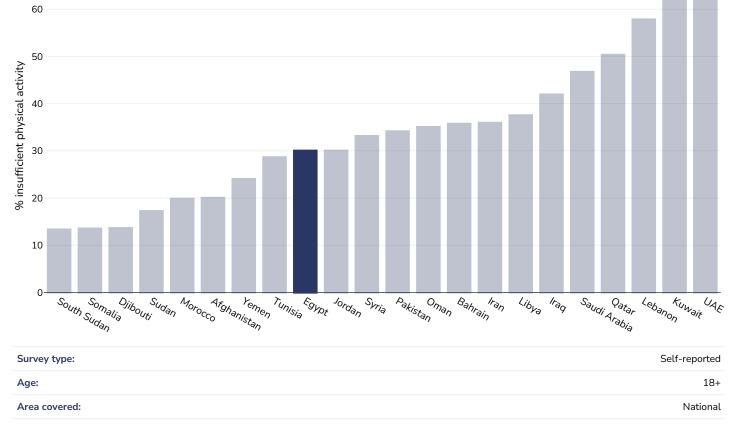


Insufficient physical activity





Men, 2022



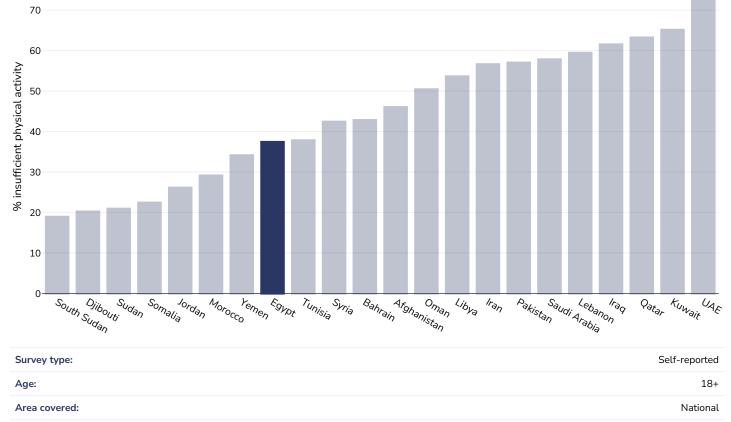
References: WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at <a href="https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-data/indicators/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-data/indicators/i

18-years-(age-standardized-estimate)-(-)

Definitions: Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.



Women, 2022



References:

WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at <a href="https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-indicator-details/gHO/prevalence-of-insufficient-physical-activity-among-adults-aged-indicator-details/gHO/prevalence-of-insufficient-physical-activity-among-adults-aged-indicator-details/gHO/prevalence-of-insufficient-physical-activity-aged-ind

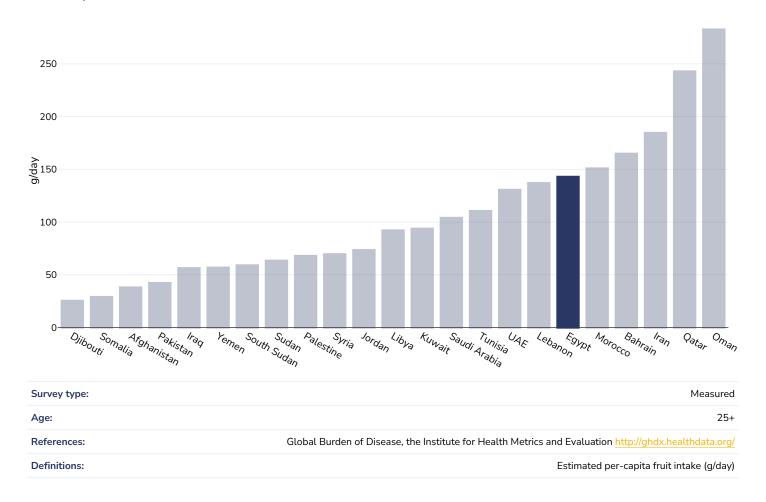
18-years-(age-standardized-estimate)-(-)

Definitions:

Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.

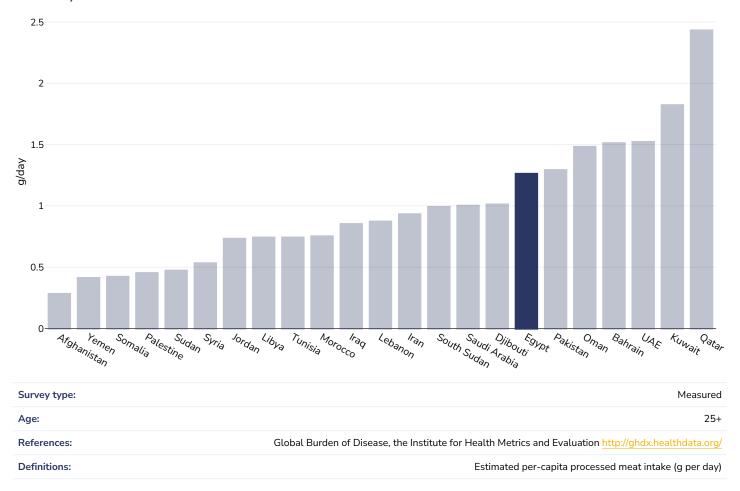


Estimated per capita fruit intake



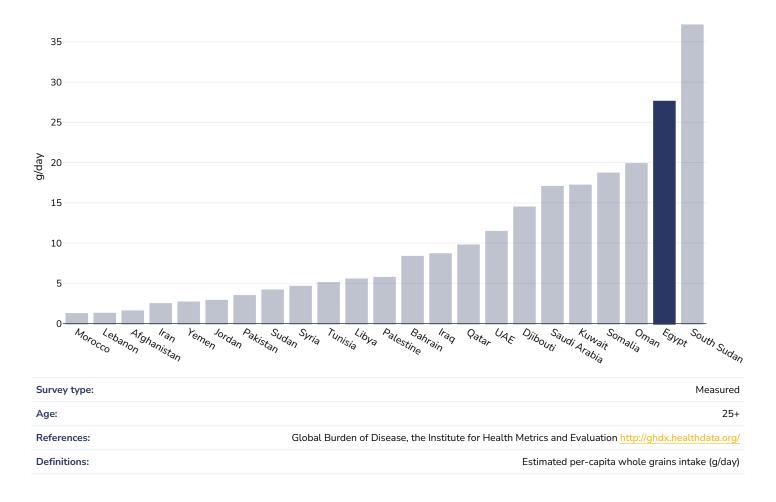


Estimated per-capita processed meat intake





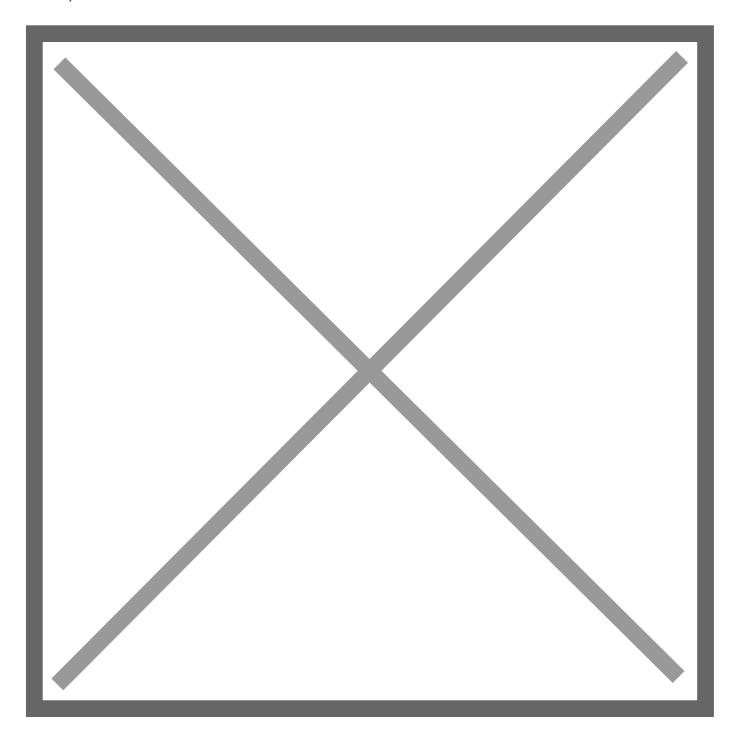
Estimated per capita whole grains intake





Mental health - depression disorders

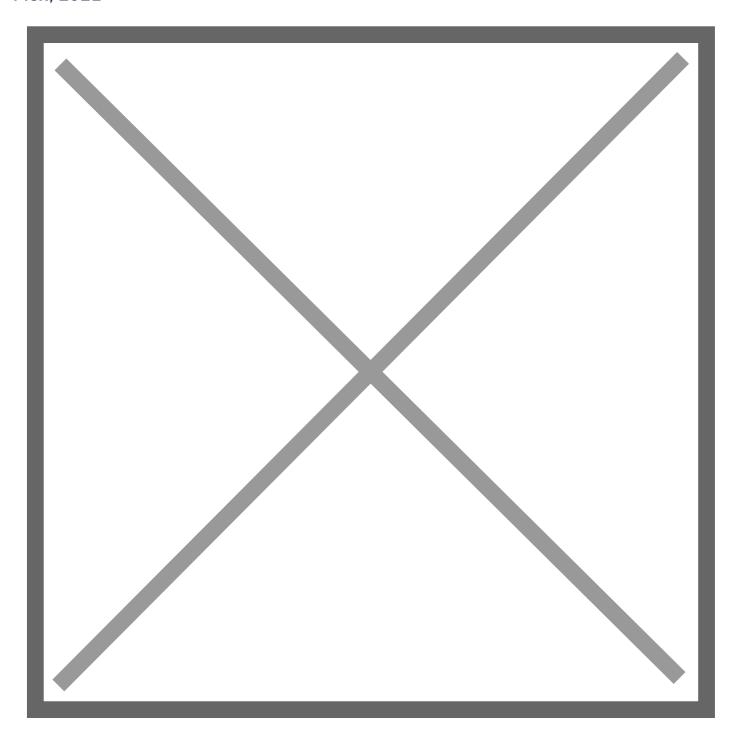




Age:	20+
Area covered:	National
References:	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from http://vizhub.healthdata.org/gbd-compare . (Last accessed 23.04.25)
Definitions:	Number living with depression per 100,000 population (adults 20+ years)



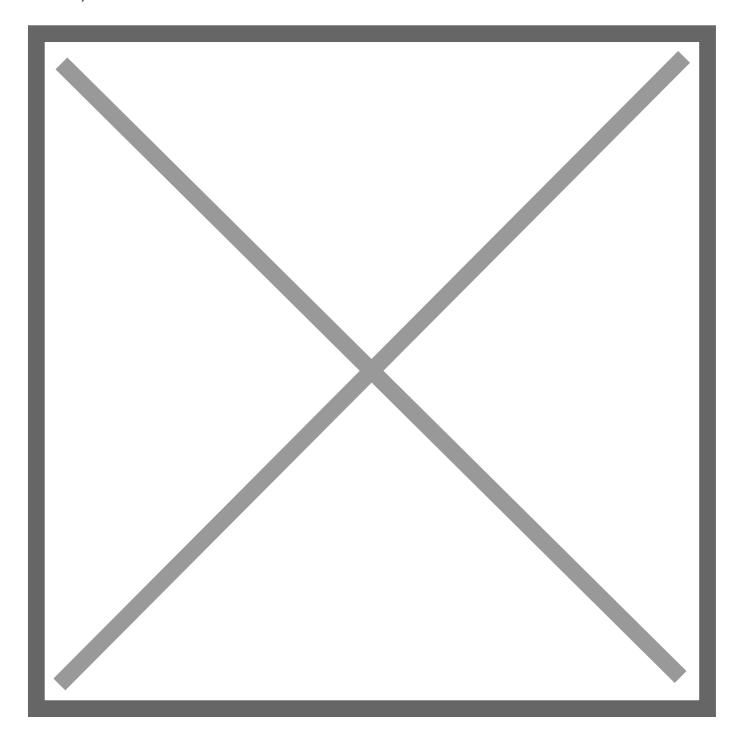
Men, 2021



Age:	20+
Area covered:	National
References:	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from http://vizhub.healthdata.org/gbd-compare . (Last accessed 23.04.25)
Definitions:	Number living with depression per 100,000 population (adults 20+ years)



Women, 2021

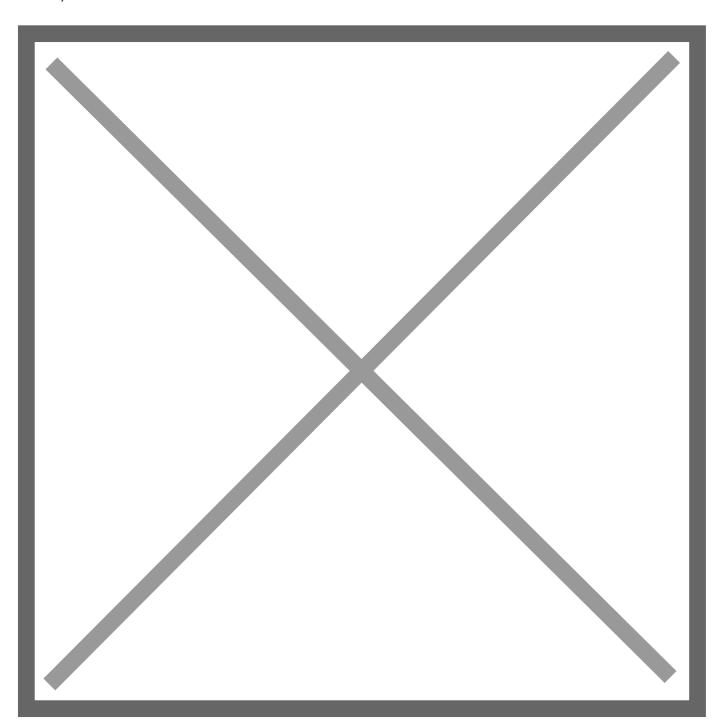


Age:	20+
Area covered:	National
References:	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from http://vizhub.healthdata.org/gbd-compare . (Last accessed 23.04.25)
Definitions:	Number living with depression per 100,000 population (adults 20+ years)



Mental health - anxiety disorders

Adults, 2021



Age: 20+

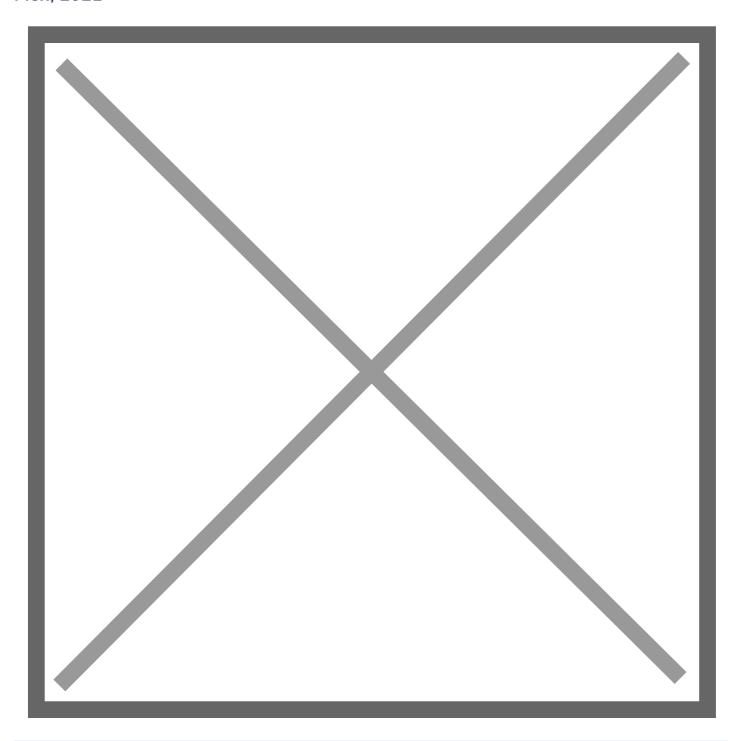
References: Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021.

Seattle, WA: IHME, University of Washington, 2023. Available from http://vizhub.healthdata.org/gbd-compare. (Last accessed 23.04.25).

Definitions:Number living with anxiety per 100,000 population



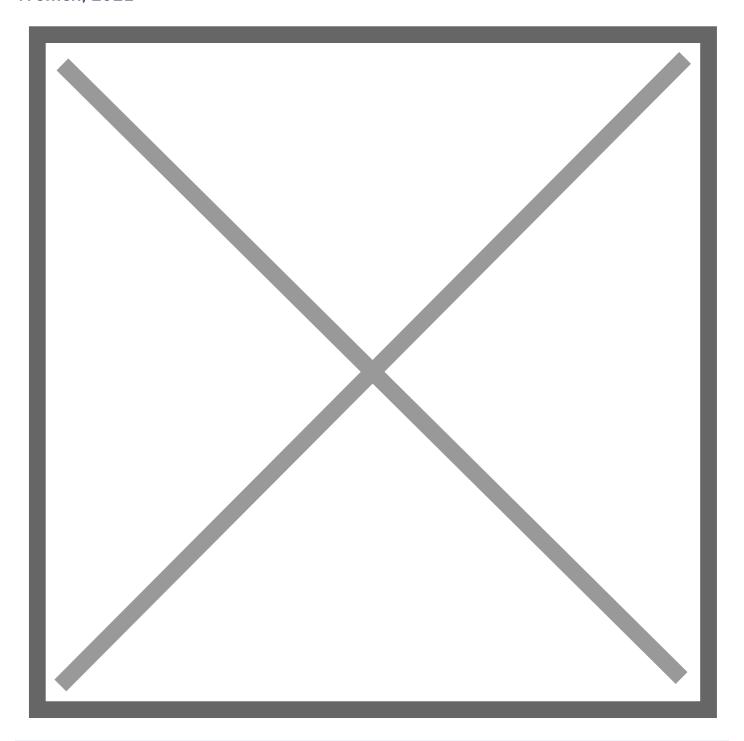
Men, 2021



Age:	20+
References:	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from http://vizhub.healthdata.org/gbd-compare . (Last accessed 23.04.25).
Definitions:	Number living with anxiety per 100,000 population



Women, 2021



Age:

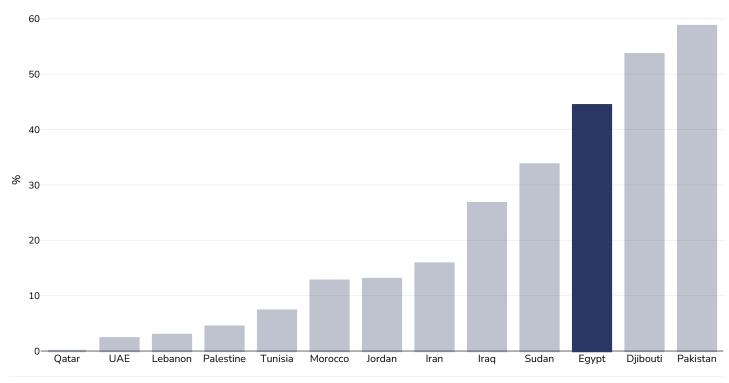
References: Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from http://vizhub.healthdata.org/gbd-compare. (Last accessed 23.04.25).

Definitions: Number living with anxiety per 100,000 population



Percent of population who cannot afford a healthy diet

Adults, 2022



Area covered: National

References:

The Food Systems Dashboard. The Global Alliance for Improved Nutrition (GAIN), The Columbia Climate School, and Cornell University

College of Agriculture and Life Sciences. 2024. Geneva, Switzerland. https://www.foodsystemsdashboard.org. DOI:

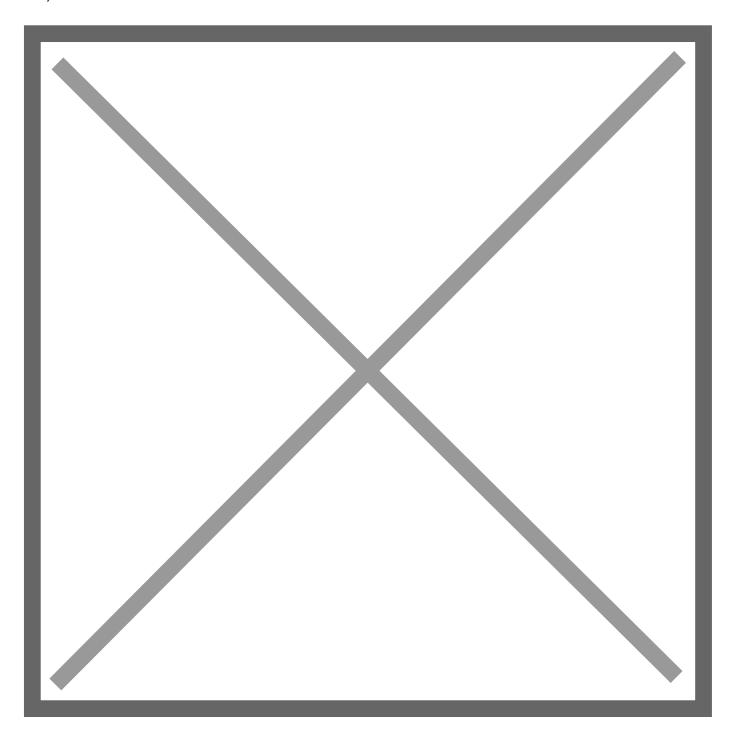
https://doi.org/10.36072/db.



Oesophageal cancer



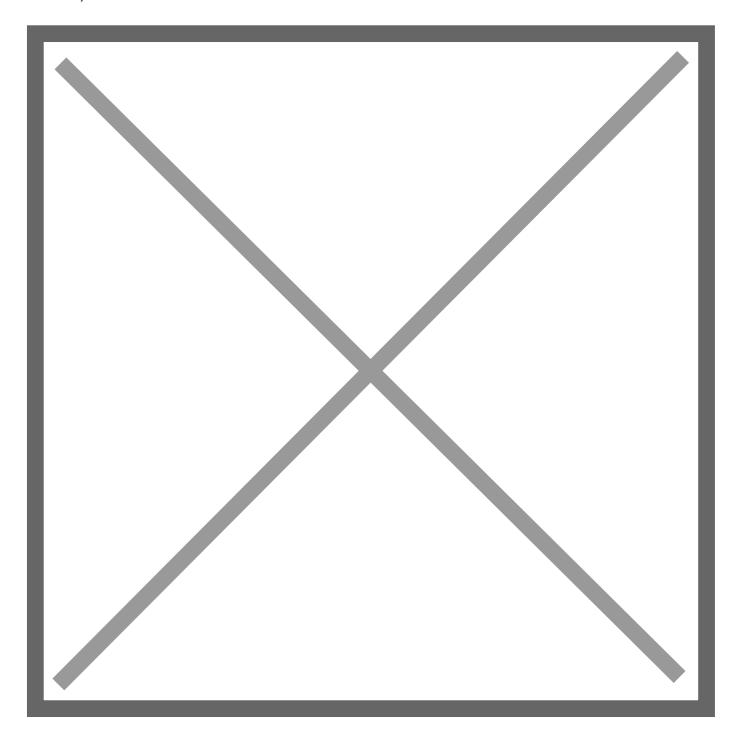
Men, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today , accessed [16.07.24]
Definitions:	Indicence per 100 000



Women, 2022



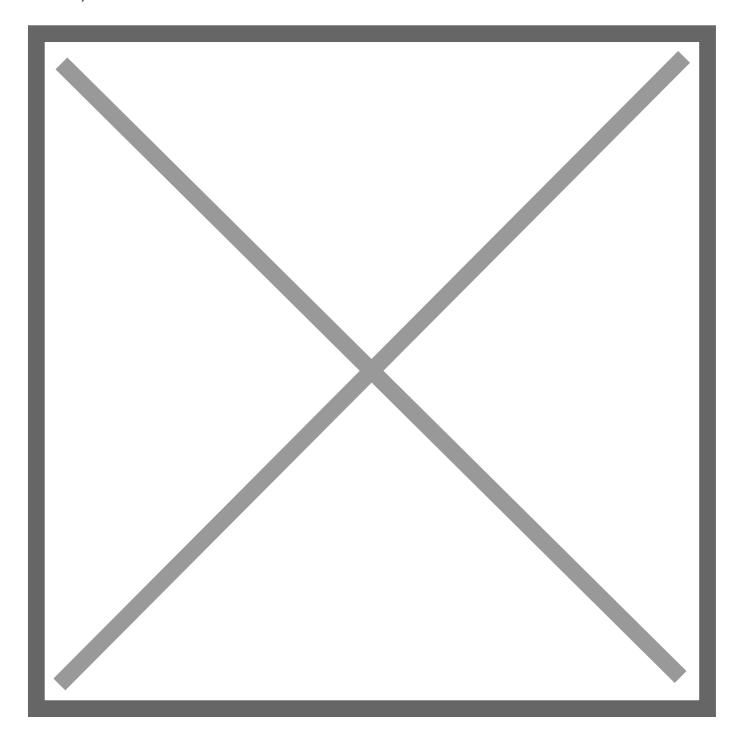
Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today , accessed [16.07.24]
Definitions:	Indicence per 100.000



Breast cancer



Women, 2022



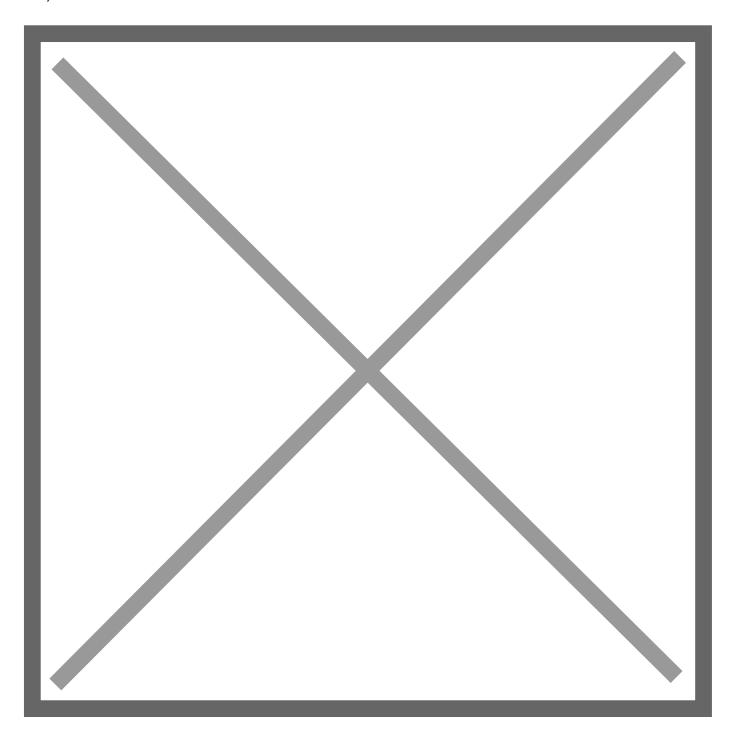
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today , accessed [16.07.24]
Definitions:	Incidence per 100,000



Colorectal cancer

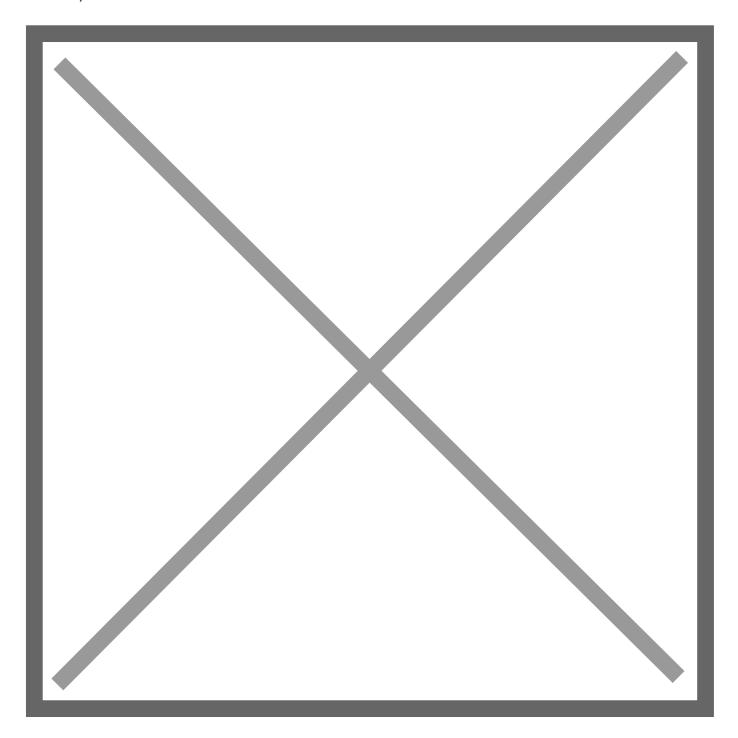


Men, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today , accessed [16.07.24]
Definitions:	Incidence per 100,000





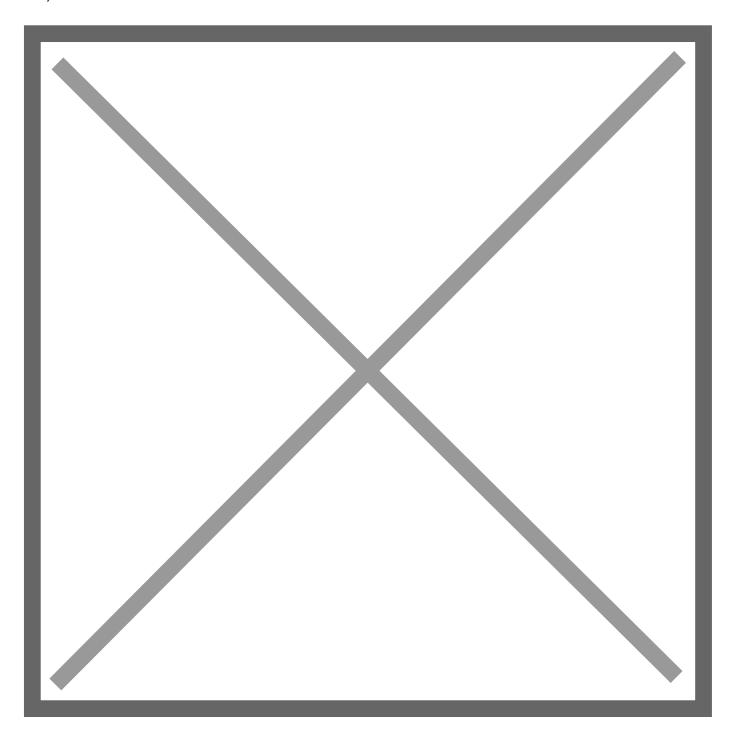
Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today , accessed [16.07.24]
Definitions:	Incidence per 100.000



Pancreatic cancer

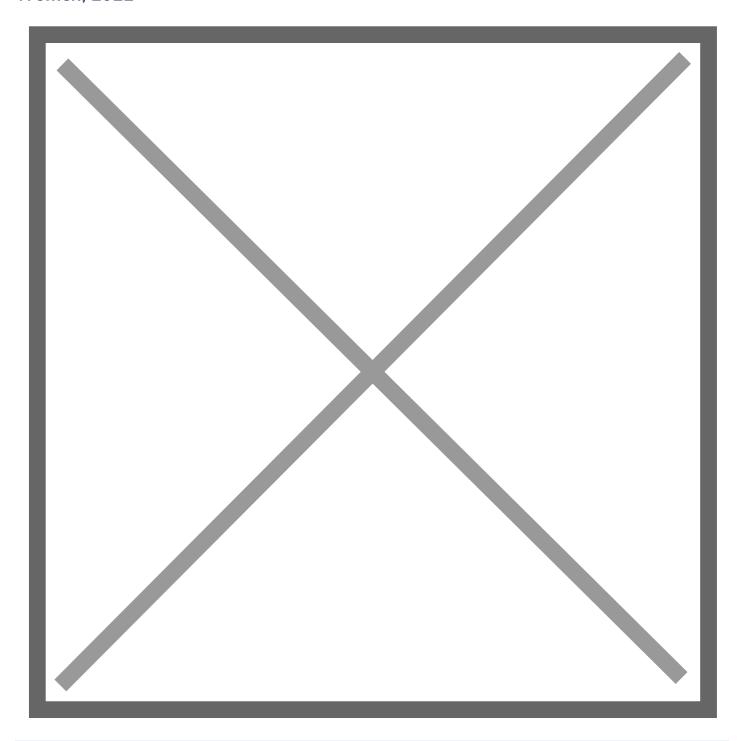


Men, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today , accessed [16.07.24]
Definitions:	Incidence per 100,000





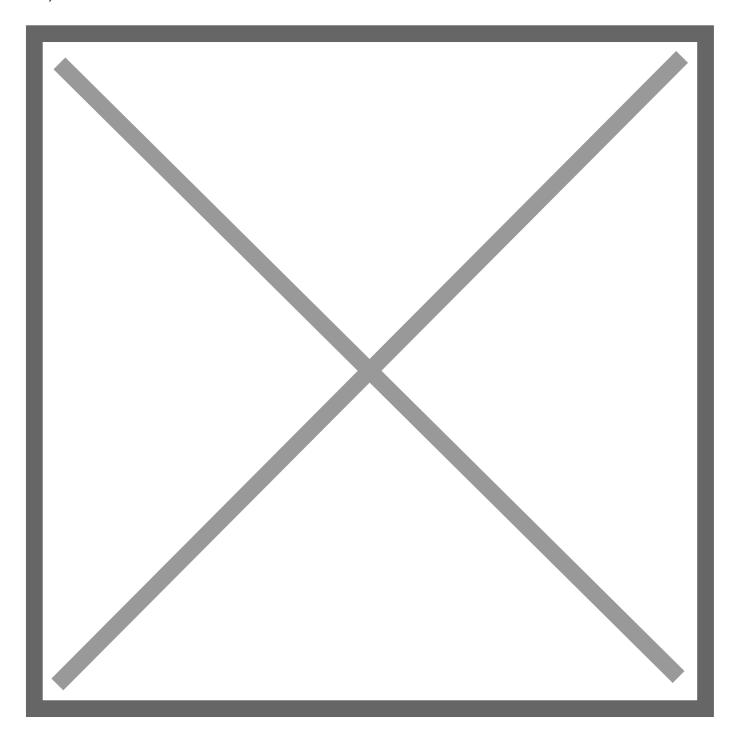
Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today , accessed [16.07.24]
Definitions:	Incidence per 100,000



Gallbladder cancer

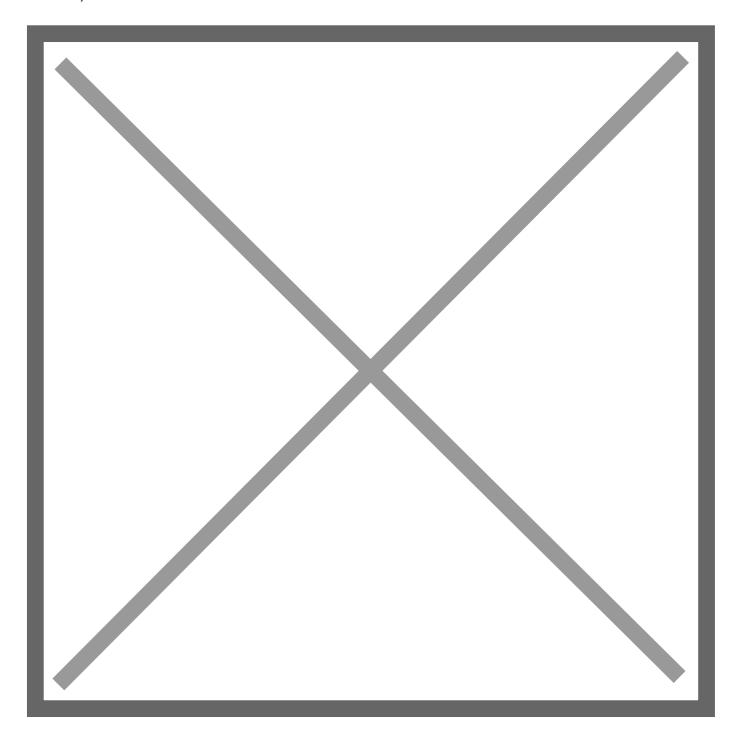


Men, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today , accessed [16.07.24]
Definitions:	Indicence per 100 000





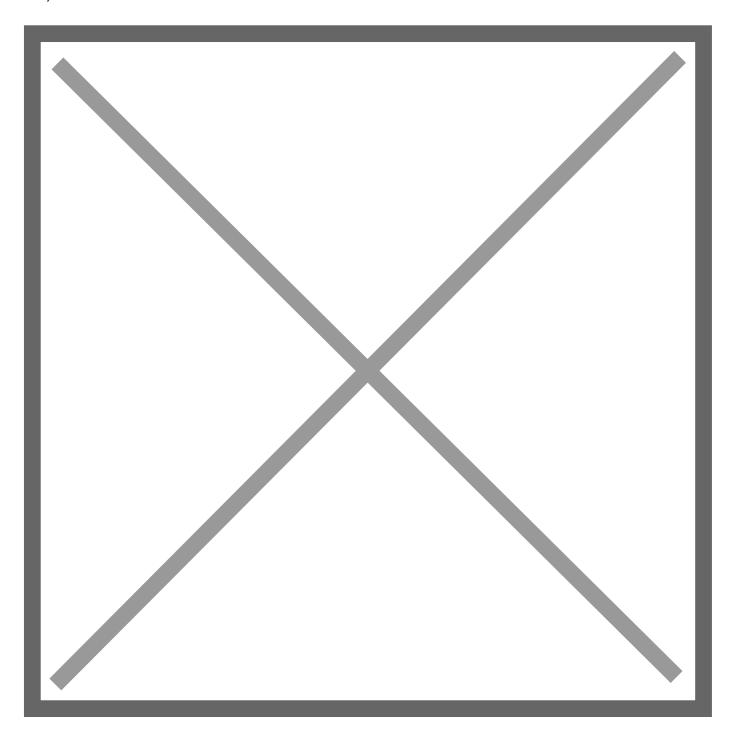
Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today , accessed [16.07.24]
Definitions:	Indicence per 100.000



Kidney cancer

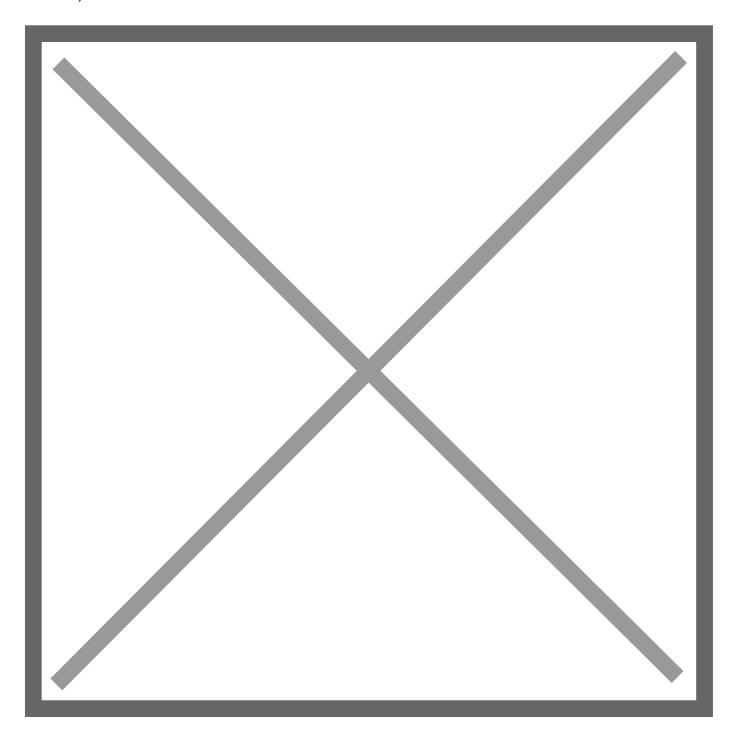


Men, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today , accessed [16.07.24]
Definitions:	Incidence per 100,000



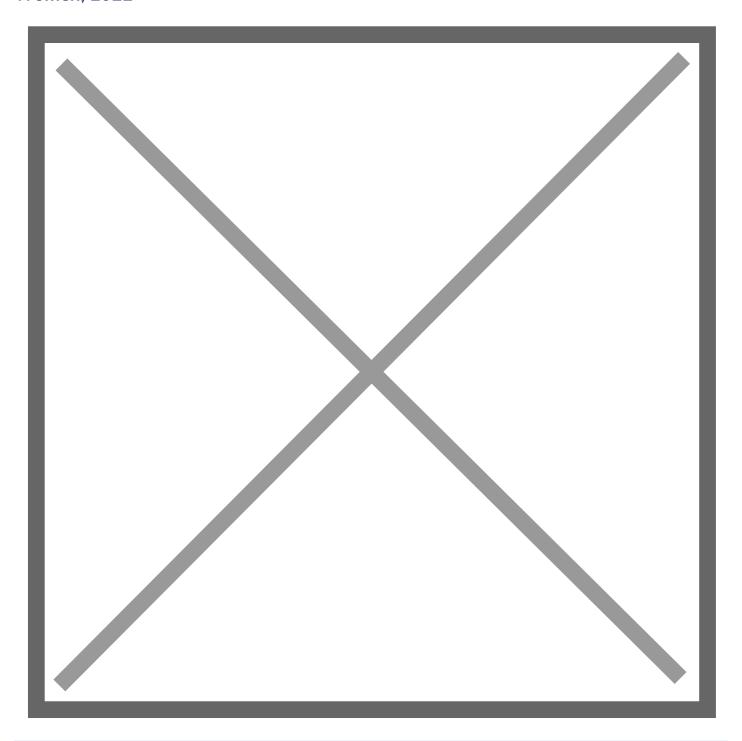


Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today , accessed [16.07.24]
Definitions:	Incidence per 100.000



Cancer of the uterus





Age: 20+

References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today,

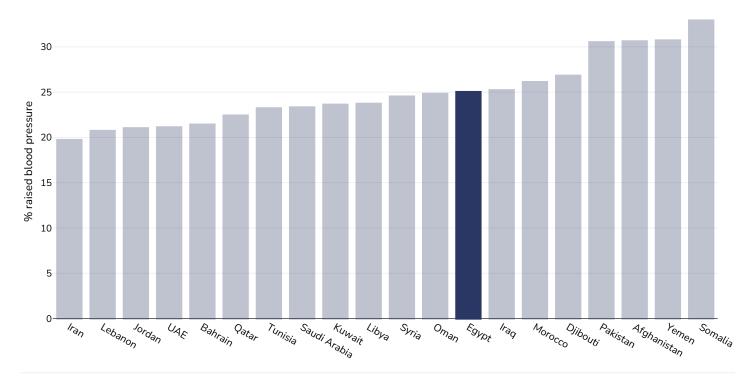
accessed [16.07.24]

Definitions: Incidence per 100,000



Raised blood pressure

Adults, 2015



References:

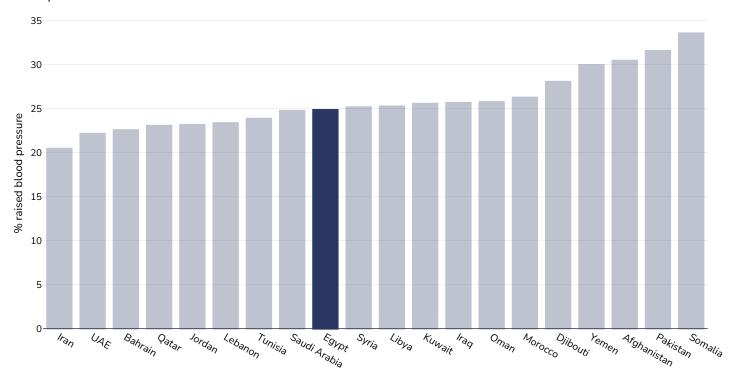
Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A875?lang=en

Definitions:

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).



Men, 2015



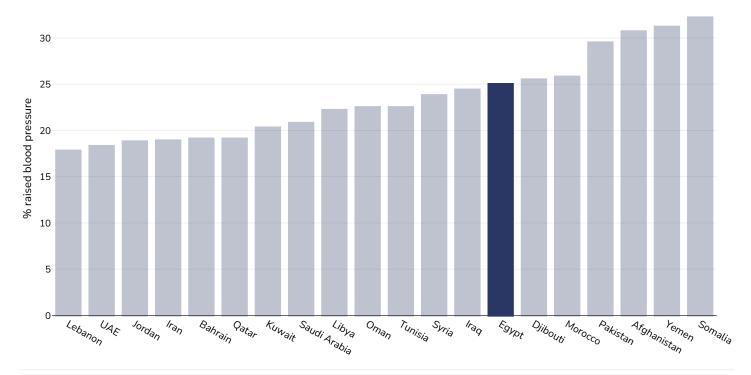
References:

Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A875?lang=en

Definitions:

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).





References:

Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A875?lang=en

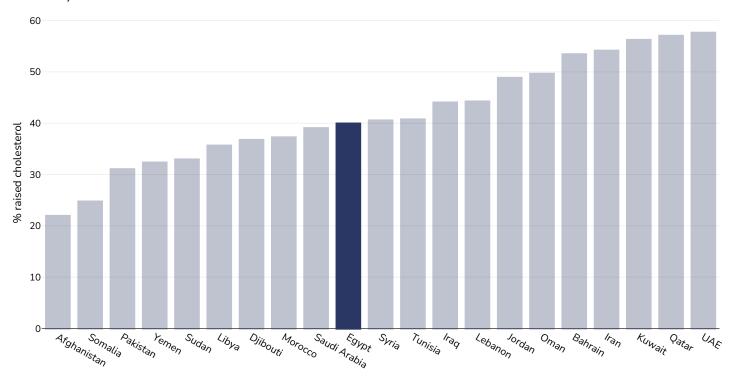
Definitions:

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).



Raised cholesterol

Adults, 2008



References:

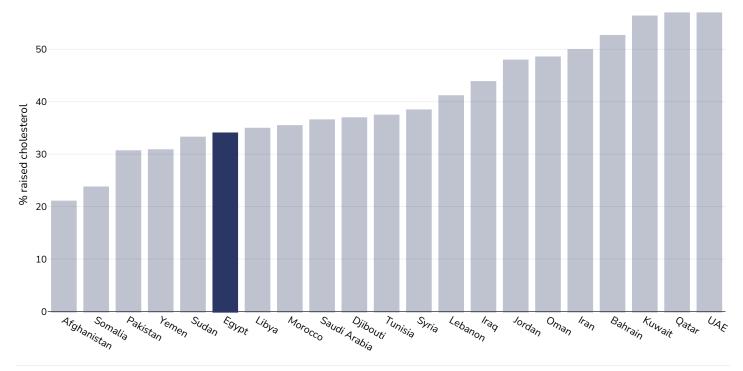
Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A885

Definitions:

% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).



Men, 2008



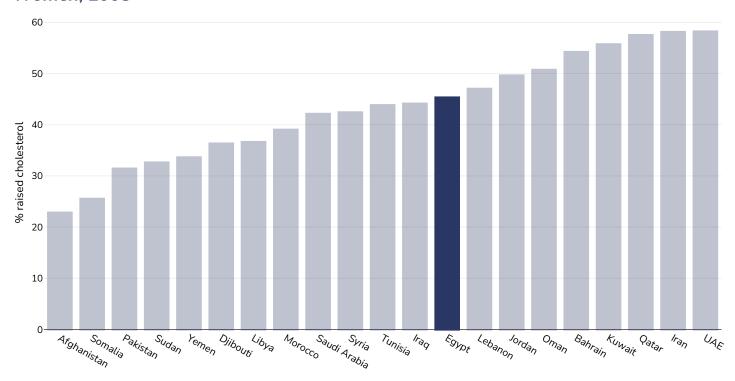
References:

Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A885

Definitions:

% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).





References:

Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A885

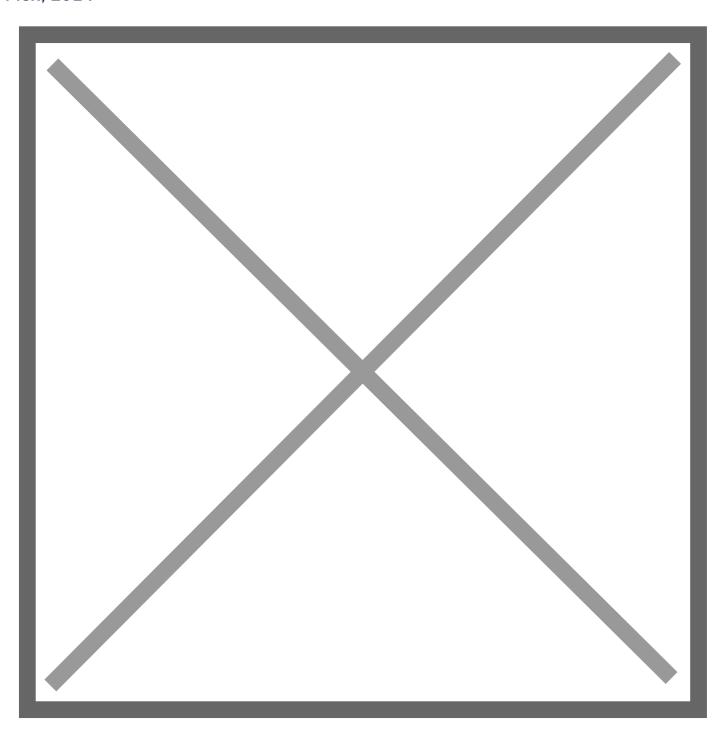
Definitions:

% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).



Raised fasting blood glucose

Men, 2014



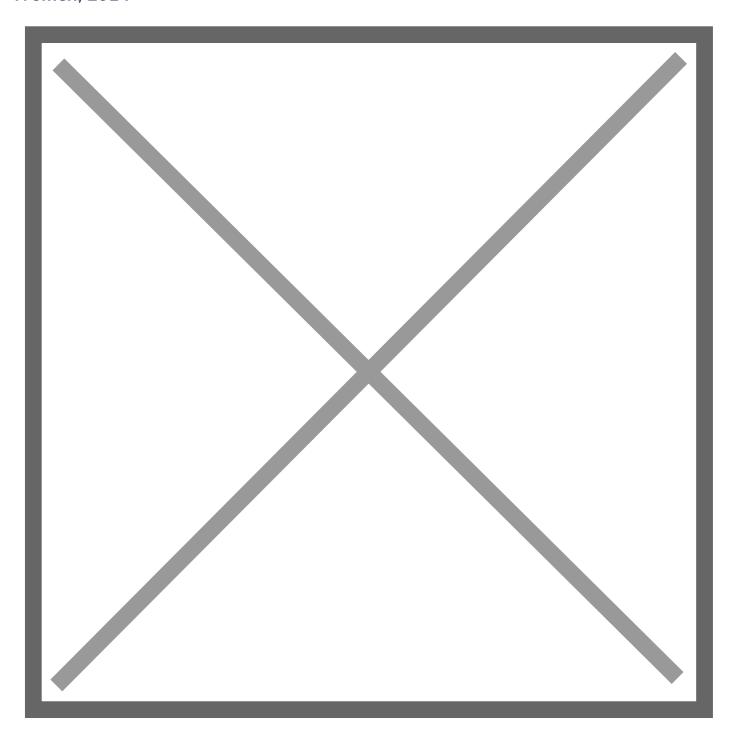
References:

Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A869?lang=en

Definitions:

Age Standardised % raised fasting blood glucose (>= 7.0 mmoVL or on medication).





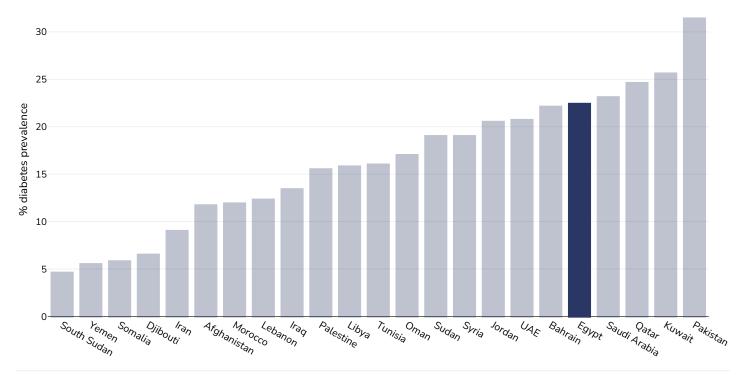
References: Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A869?lang=en

Definitions: Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).



Diabetes prevalence

Adults, 2024



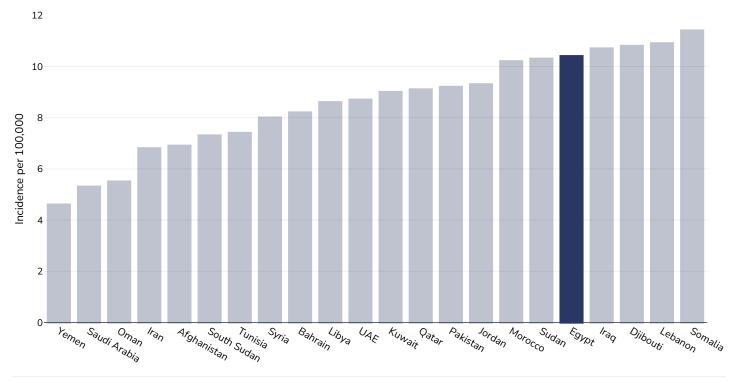
References:

Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 11th edn. Brussels, Belgium:International Diabetes Federation, 2025. http://www.diabetesatlas.org



Ovarian Cancer

Women, 2022



Age: 20+

References:

Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today,

accessed [16.07.24]

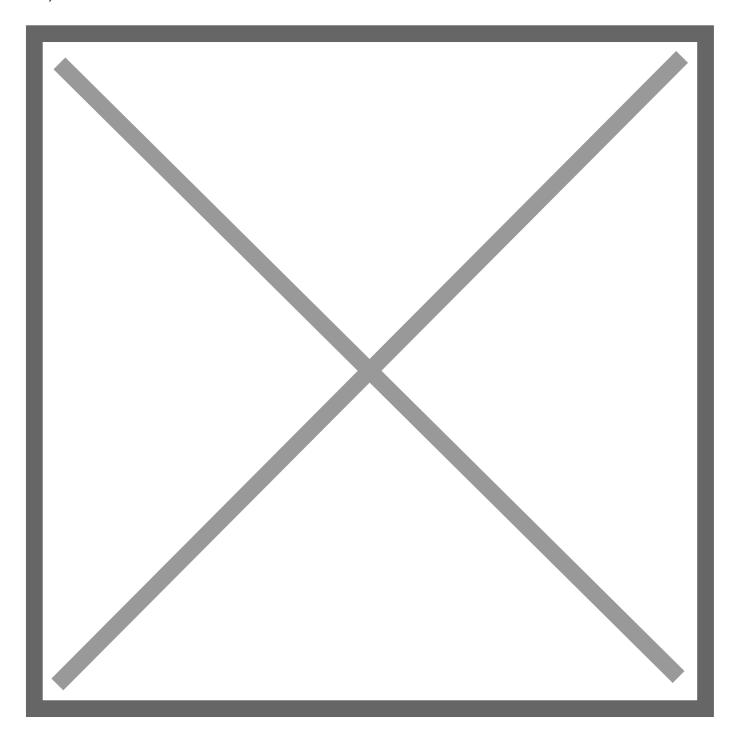
Definitions: Incidence per 100,000



Leukemia



Men, 2022

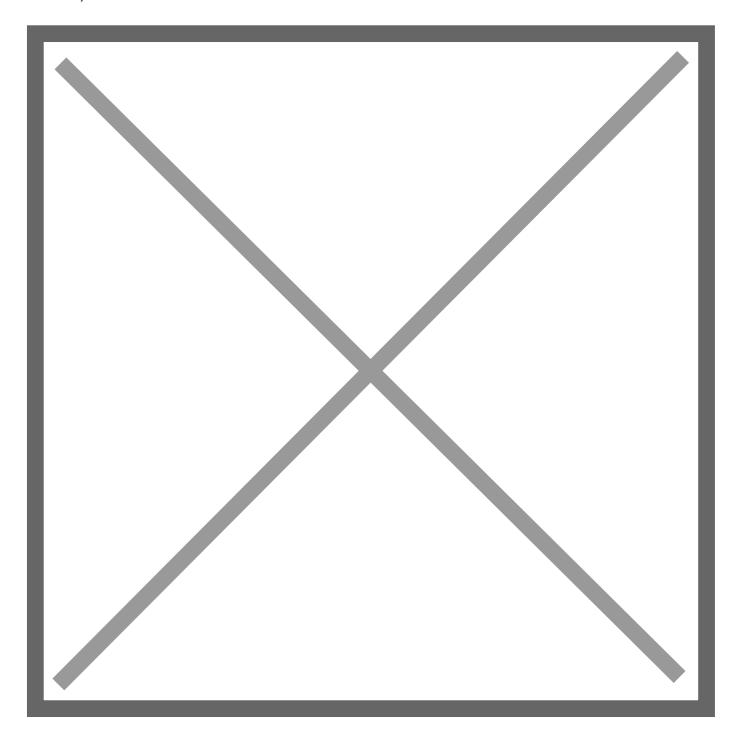


Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today , accessed [16.07.24]
Definitions:	Incidence per 100,000



 $Unless \ otherwise \ noted, overweight \ refers \ to \ a \ BMI \ between \ 25kg \ and \ 29.9kg/m^2, obesity \ refers \ to \ a \ BMI \ greater \ than \ 30kg/m^2.$





Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today , accessed [16.07.24]
Definitions:	Incidence per 100.000

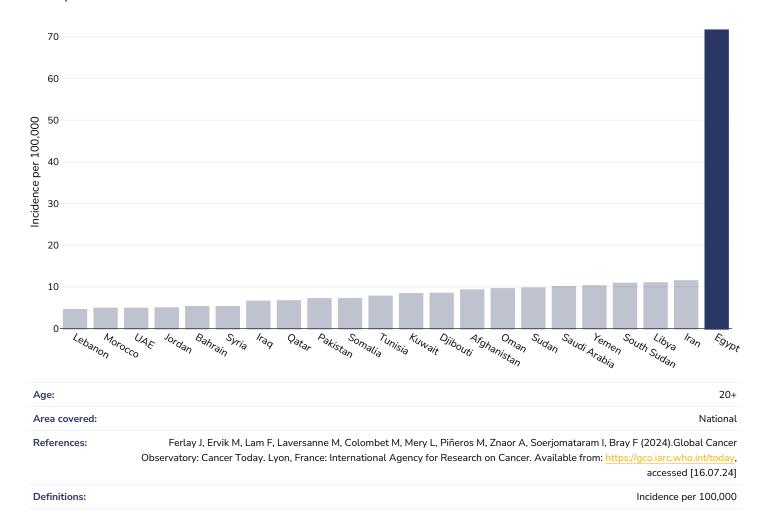


 $Unless \ otherwise \ noted, overweight \ refers \ to \ a \ BMI \ between \ 25kg \ and \ 29.9kg/m^2, obesity \ refers \ to \ a \ BMI \ greater \ than \ 30kg/m^2.$

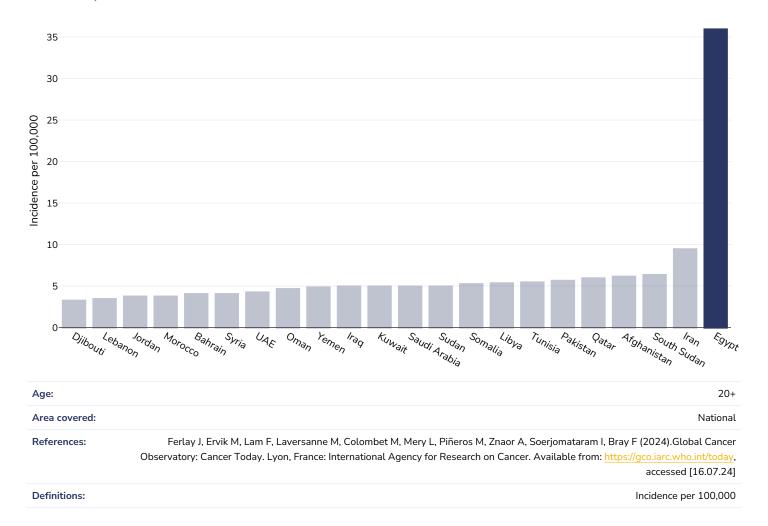


Liver and intrahepatic bile duct Cancer

Men, 2022



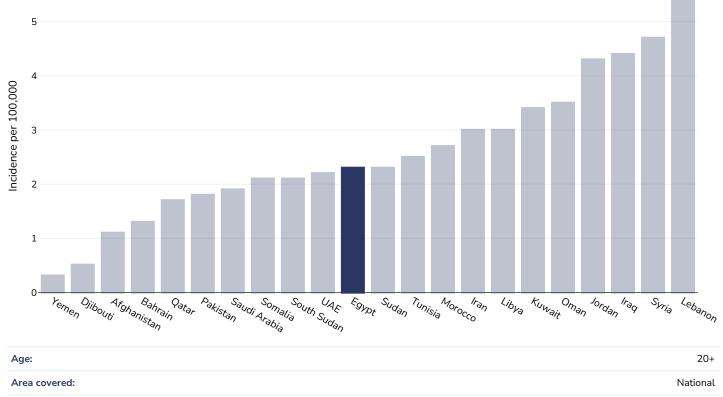






Multiple Myeloma

Men, 2022

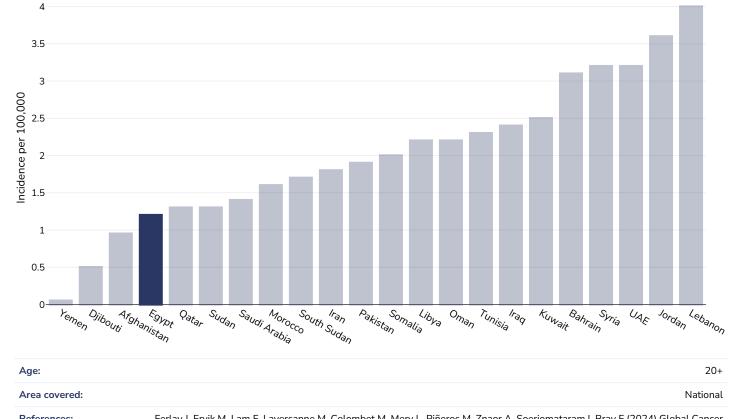


References:

Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]

Definitions: Indicence per 100,000





Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer References:

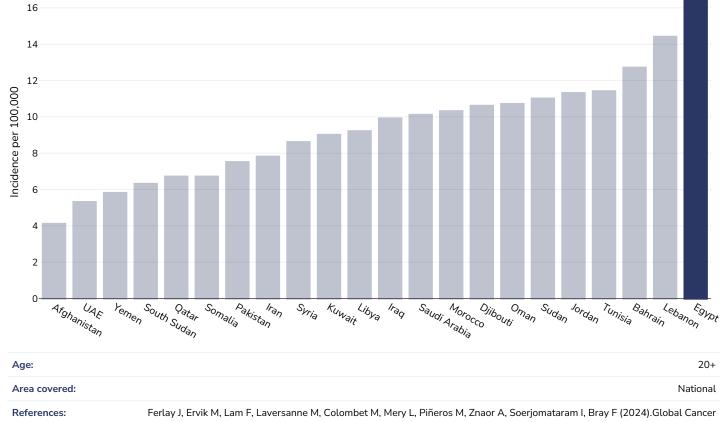
Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]

Definitions: Indicence per 100,000



Non Hodgkin Lymphoma

Men, 2022

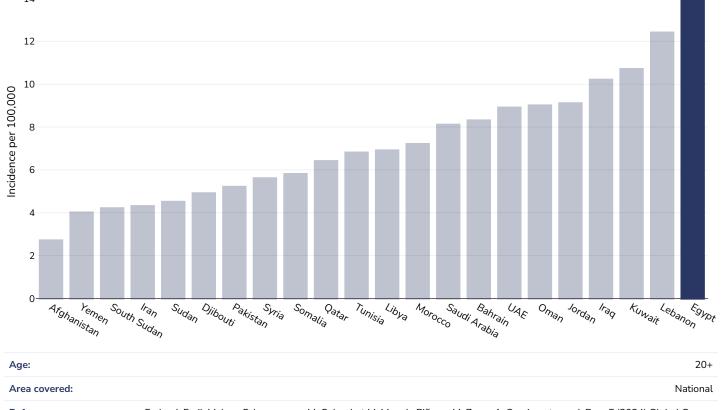


Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]

Incidence per 100,000

Definitions:





Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer References:

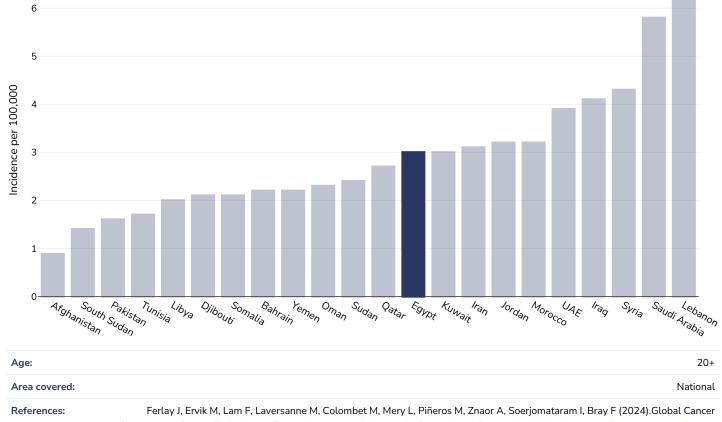
Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]

Definitions: Incidence per 100,000



Thyroid Cancer

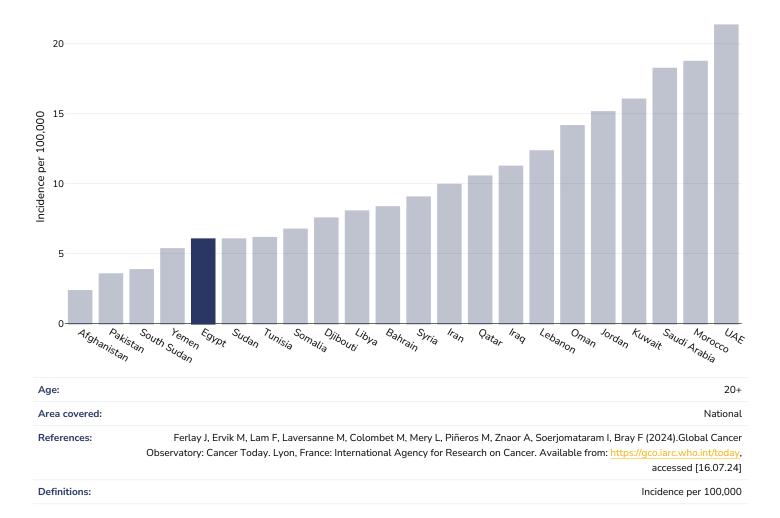
Men, 2022



Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today, accessed [16.07.24]

Definitions: Incidence per 100,000





PDF created on August 20, 2025