

# Faktory Egypt

Lower-middle income



## Report cards

Our report cards collate all the most-recent graphics for this country. If you would like to produce a custom report based on selected graphics, just tap the Add to custom PDF button below the graphics you would like to use.

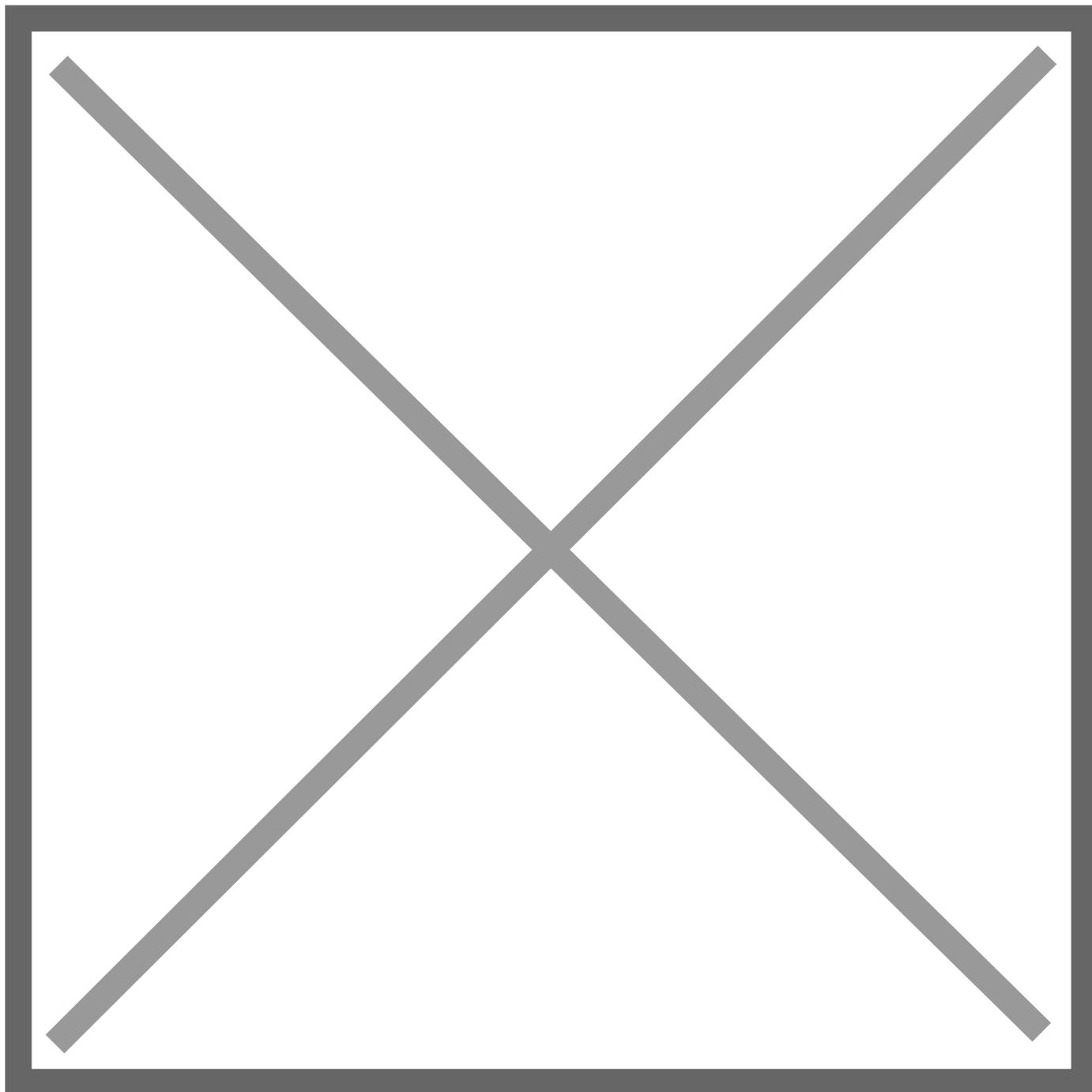
[Report card \(adult data\)](#)

[Report card \(child data\)](#)

[Report card \(under-5s data\)](#)

## Nedostatečná fyzická aktivita

Dospělí, 2022



**Typ  
průzkumu:**

Samohlášený

**Věk:**

18+

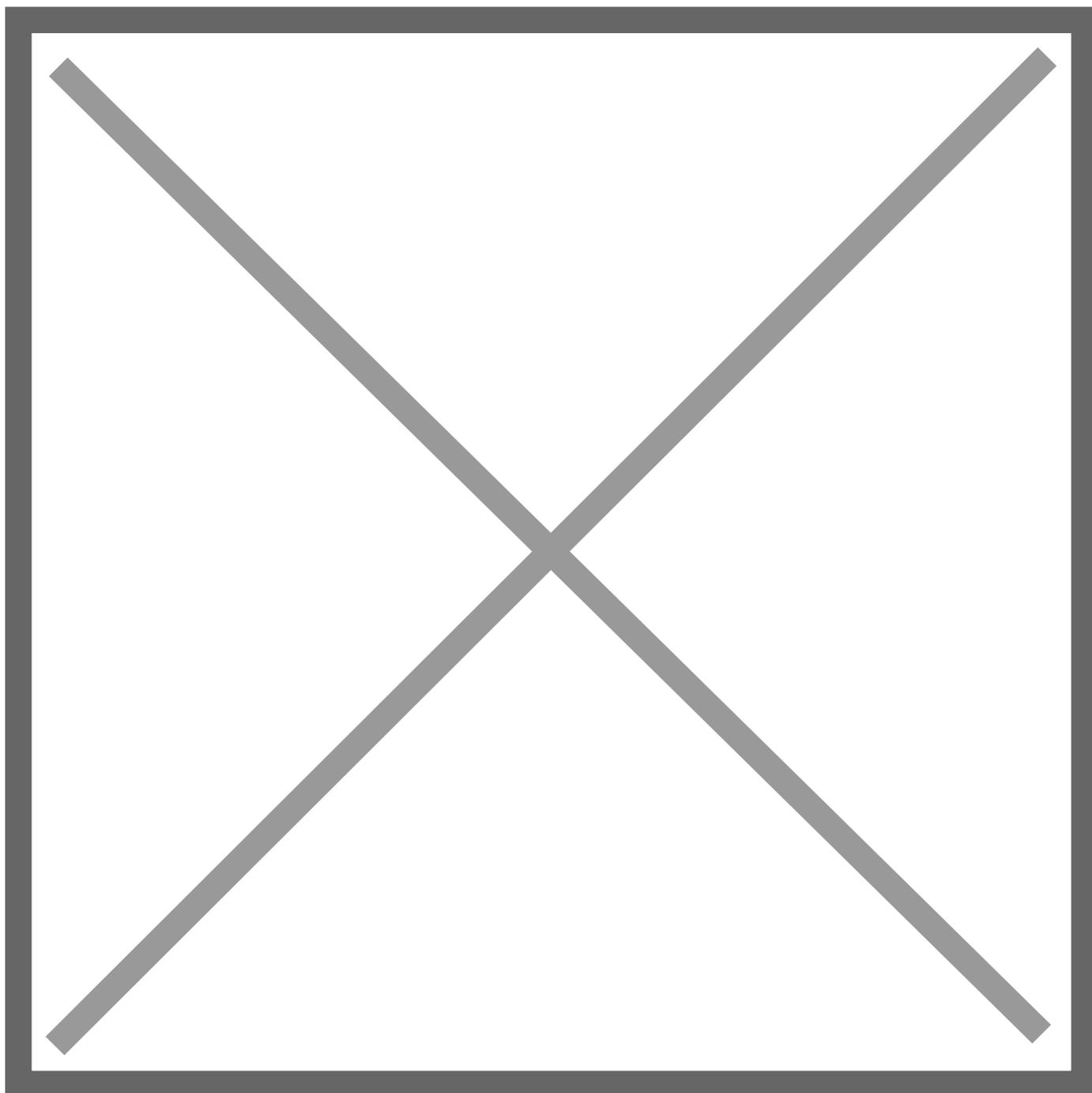
**Pokrytá  
oblast:**

Národní

**Reference:** WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at [https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-\(age-standardized-estimate\)-\(-\)](https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-))

**Definice (k dispozici pouze v angličtině):** Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.

## Muži, 2022



**Typ průzkumu:**

Samonahlášený

**Věk:**

18+

**Pokrytá oblast:**

Národní

**Reference:**

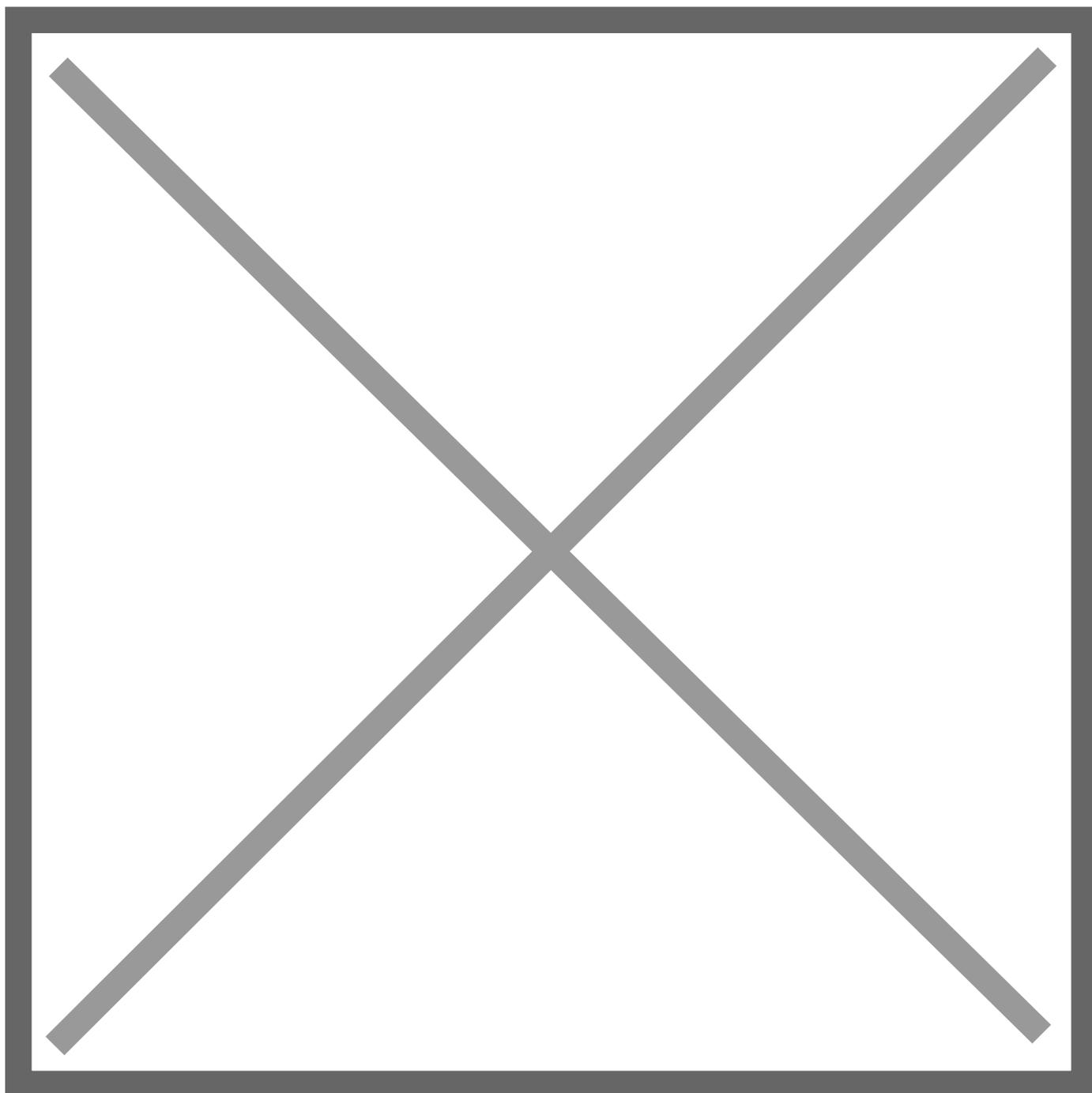
WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at [https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-\(age-standardized-estimate\)-\(-\)](https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-))

**Definice  
(k dispozici  
pouze  
v angličtině):**

Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.

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## Ženy, 2022



**Typ průzkumu:**

Samonahlášený

**Věk:**

18+

**Pokrytá oblast:**

Národní

**Reference:**

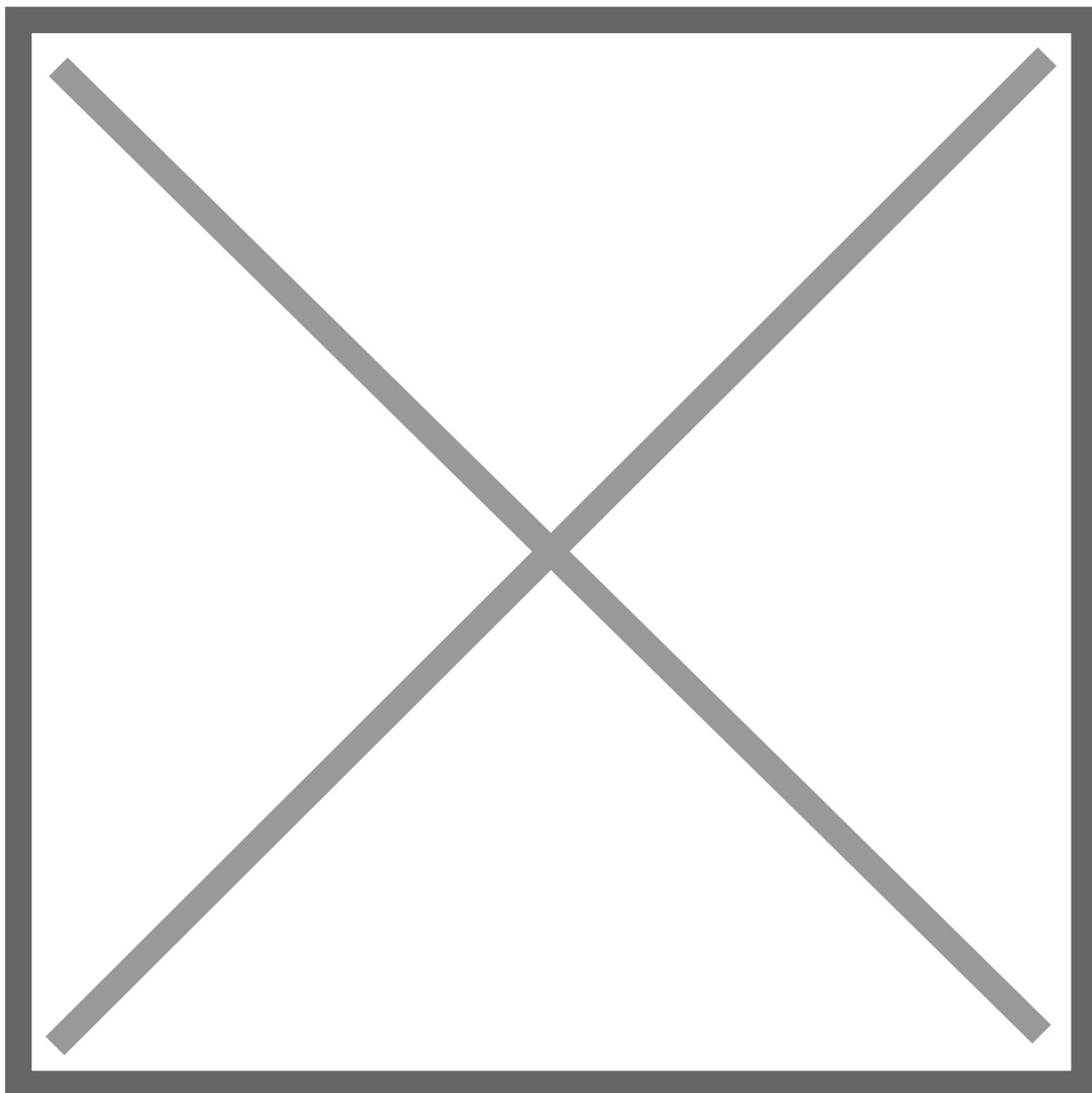
WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at [https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-\(age-standardized-estimate\)-\(-\)](https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-))

**Definice  
(k dispozici  
pouze  
v angličtině):**

Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.

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## Děti, 2016



**Typ průzkumu:**

Samonahlášený

**Věk:**

11-17

**Reference:**

Global Health Observatory data repository, World Health Organisation, <https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

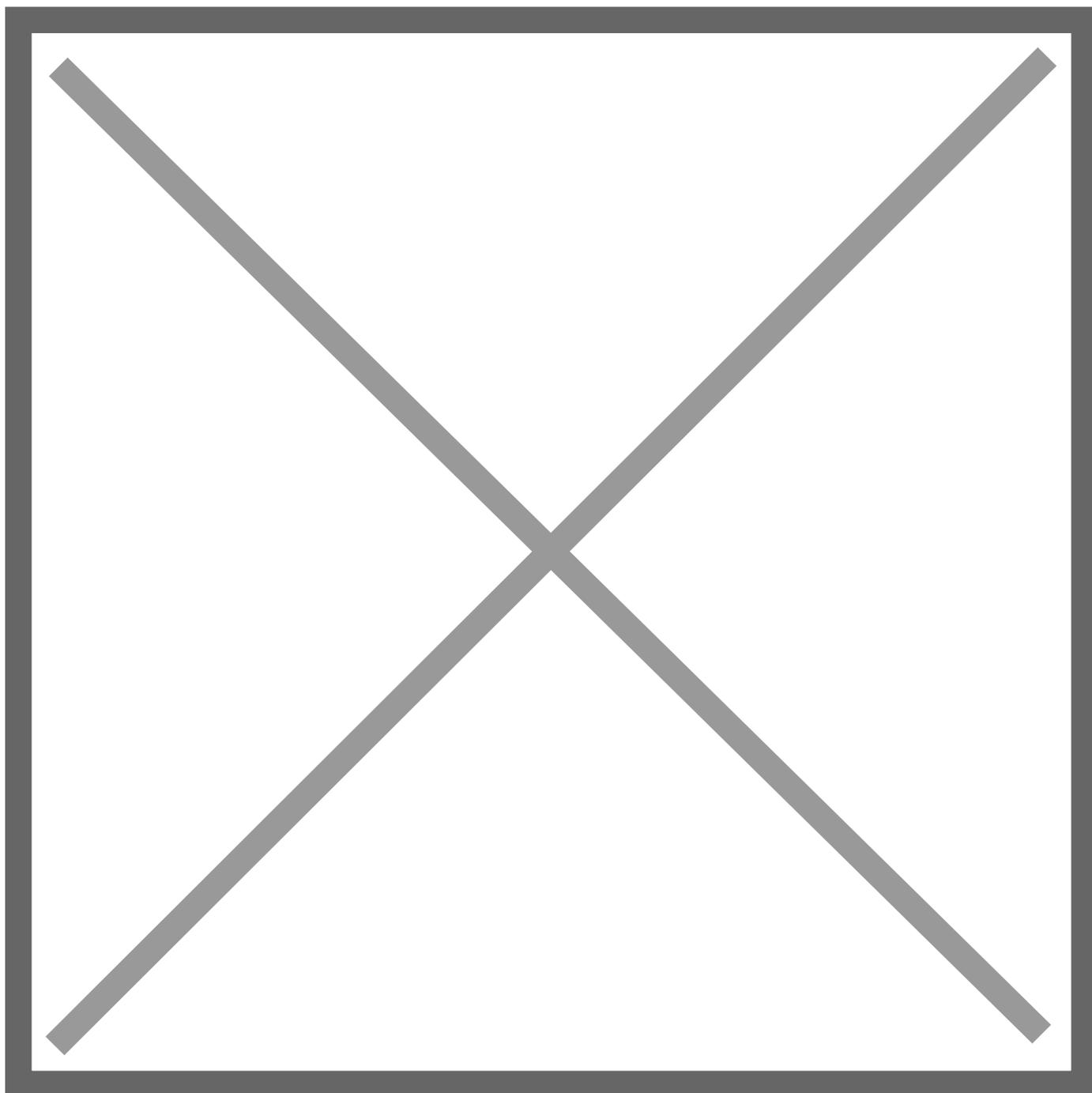
**Poznámky:**

% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

**Definice  
(k dispozici  
pouze  
v angličtině):**

% Adolescents insufficiently active (age standardised estimate)

## Chlapci, 2016



**Typ průzkumu:**

Samonahlášený

**Věk:**

11-17

**Reference:**

Global Health Observatory data repository, World Health Organisation, <https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

**Poznámky:**

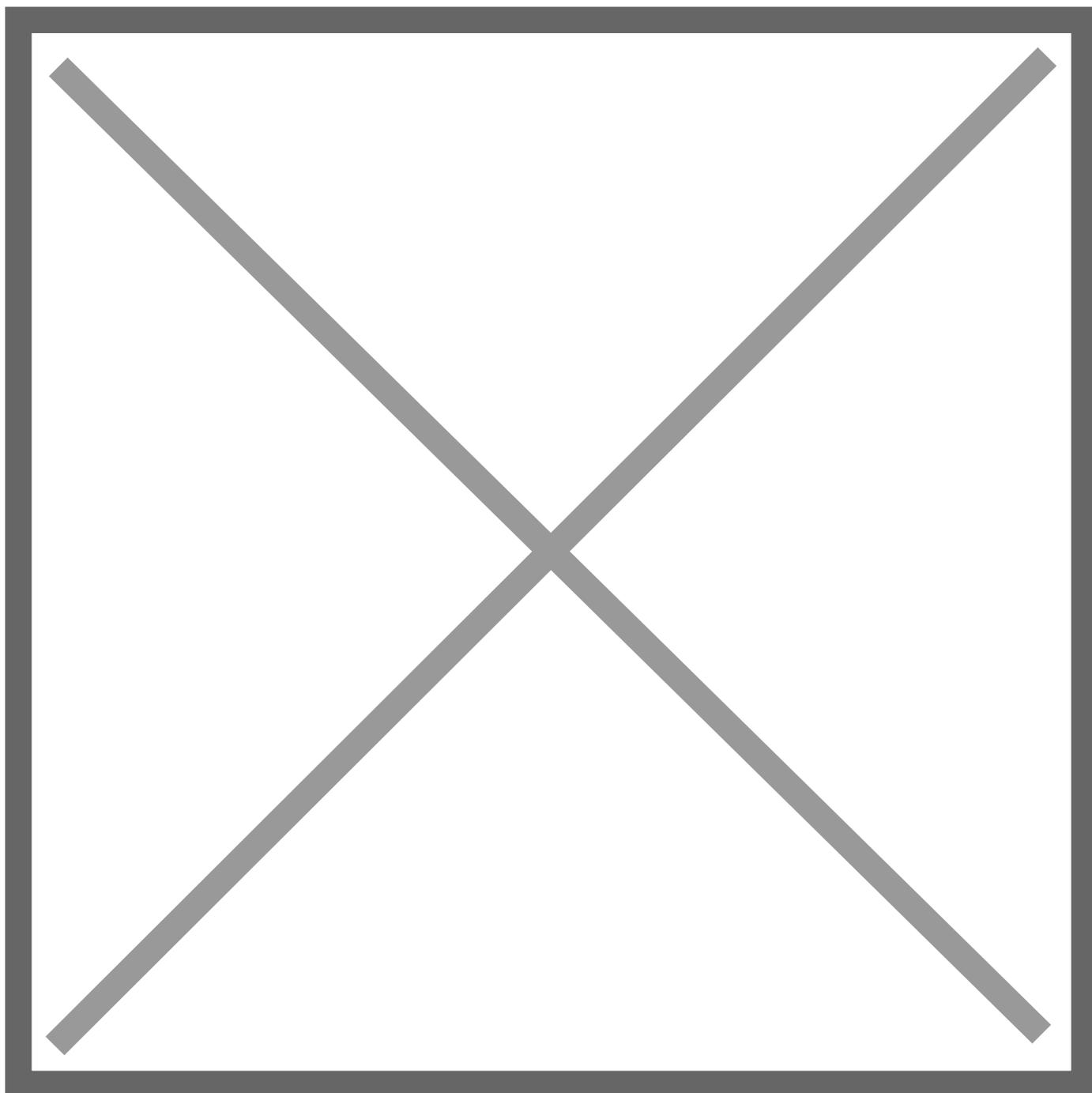
% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

**Definice  
(k dispozici  
pouze  
v angličtině):**

% Adolescents insufficiently active (age standardised estimate)

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## Dívky, 2016



**Typ  
průzkumu:**

Samonahlášený

**Věk:**

11-17

**Reference:**

Global Health Observatory data repository, World Health Organisation,  
<https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

**Poznámky:**

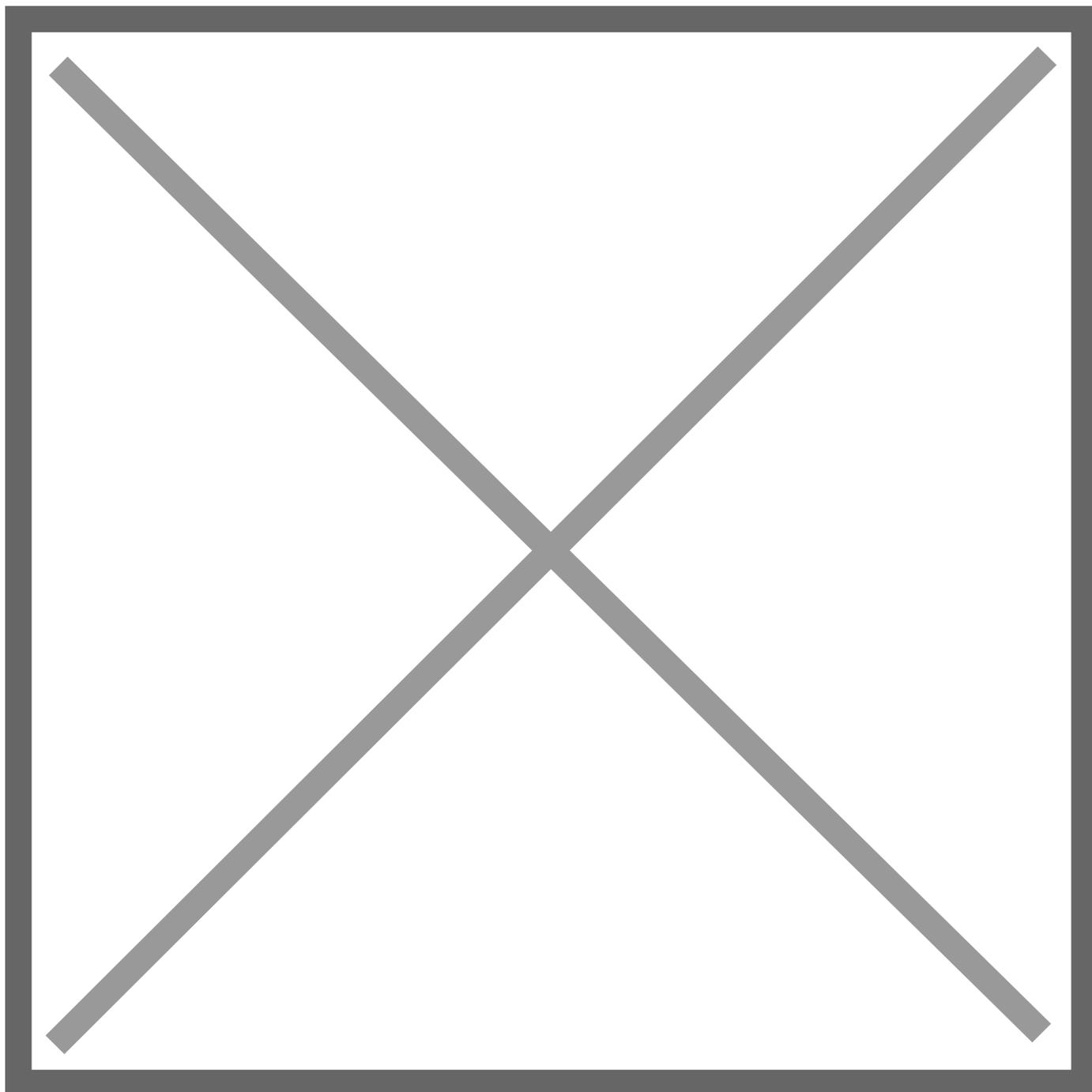
% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

**Definice  
(k dispozici  
pouze  
v angličtině):**

% Adolescents insufficiently active (age standardised estimate)

## Průměrná denní frekvence konzumace sycených nealkoholických nápojů

**Děti, 2009-2015**



**Typ  
průzkumu:**

Naměřené

**Věk:**

12-17

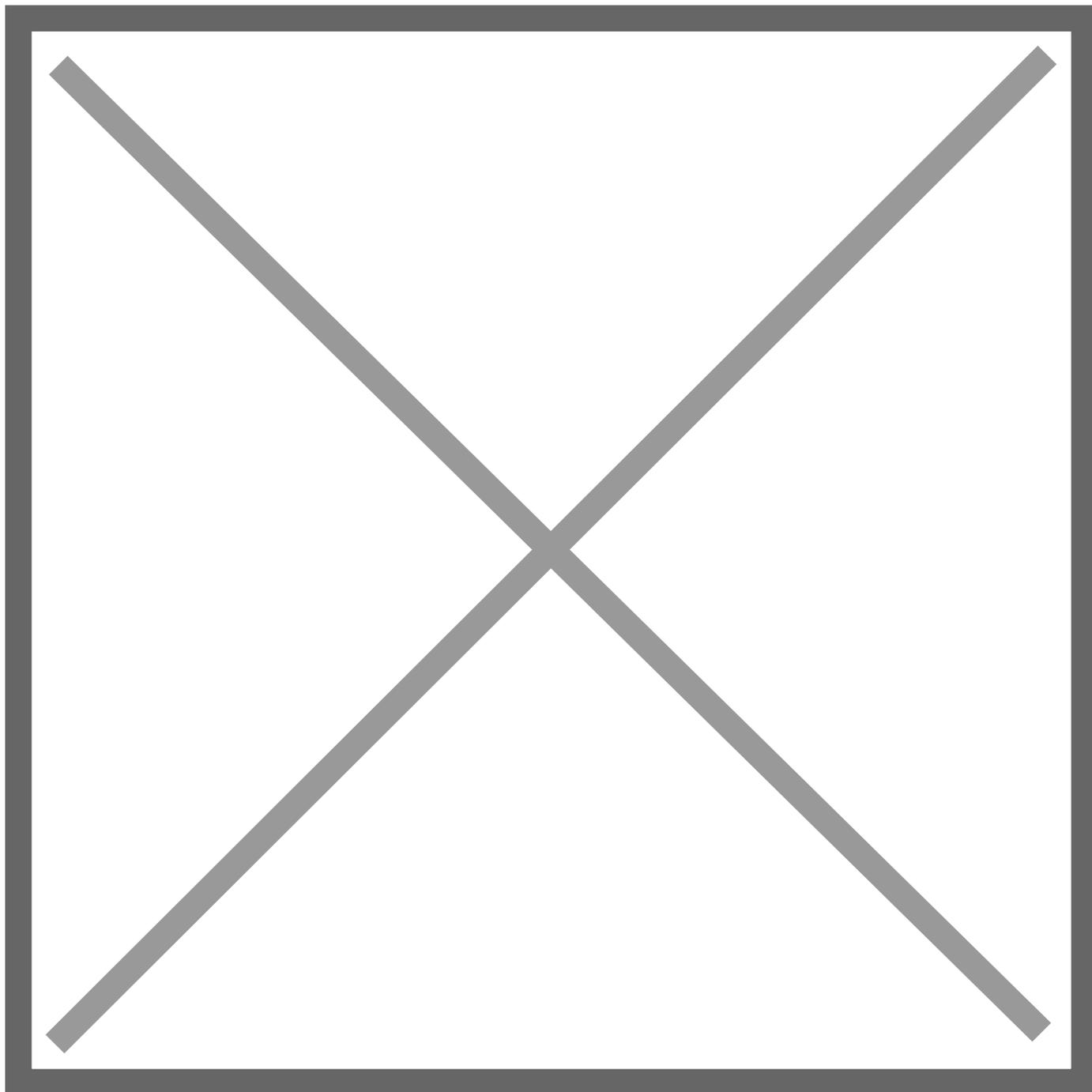
**Reference:**

Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

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## Estimated per capita fruit intake

Dospělí, 2017



**Typ  
průzkumu:**

Naměřené

**Věk:**

25+

**Reference:**

Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

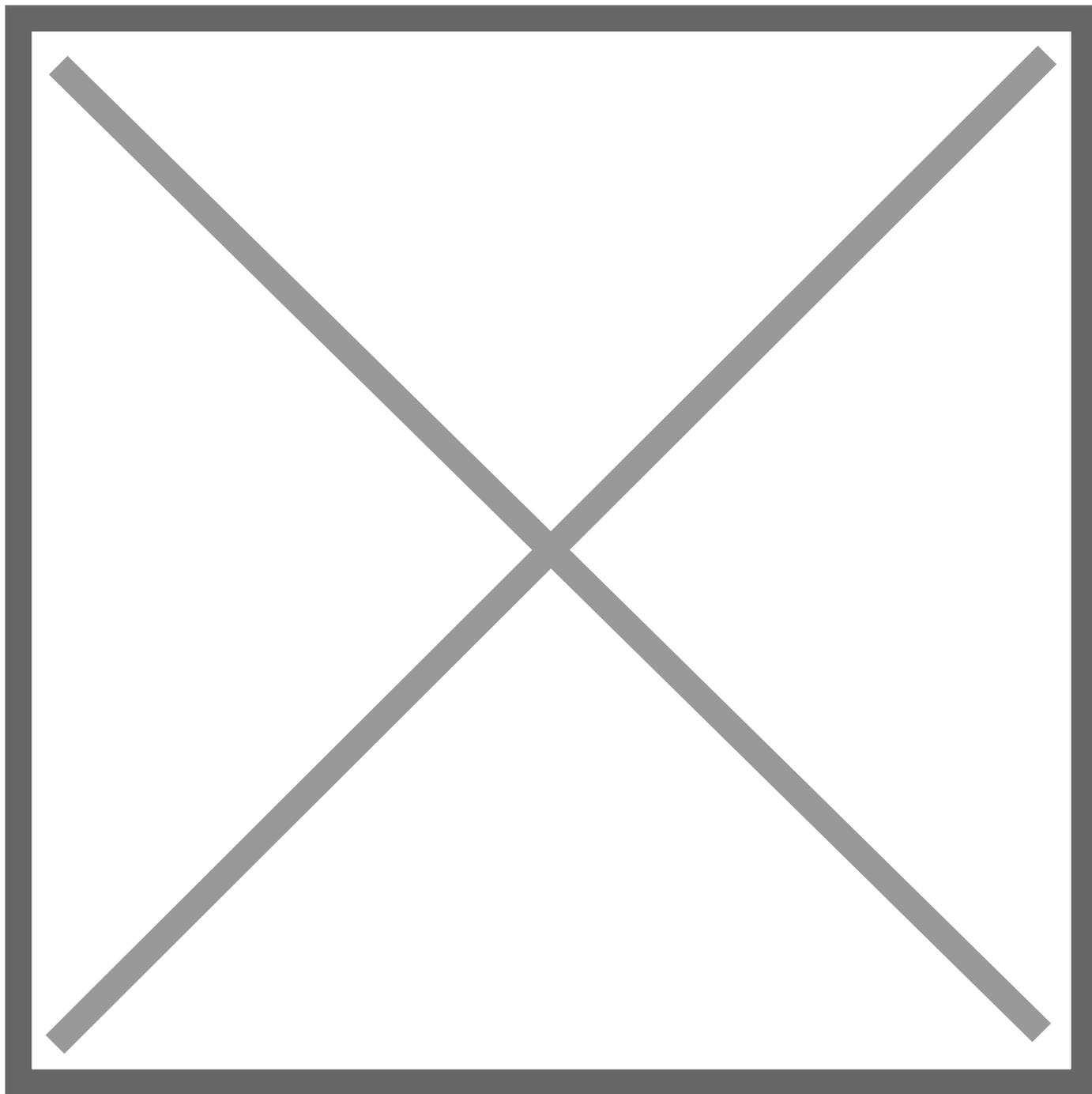
**Definice  
(k dispozici  
pouze  
v angličtině):**

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Estimated per-capita fruit intake (g/day)

## Prevalence spotřeby méně než jednoho ovoce denně

**Děti, 2008-2015**



**Typ  
průzkumu:**

Naměřené

**Věk:**

12-17

**Reference:**

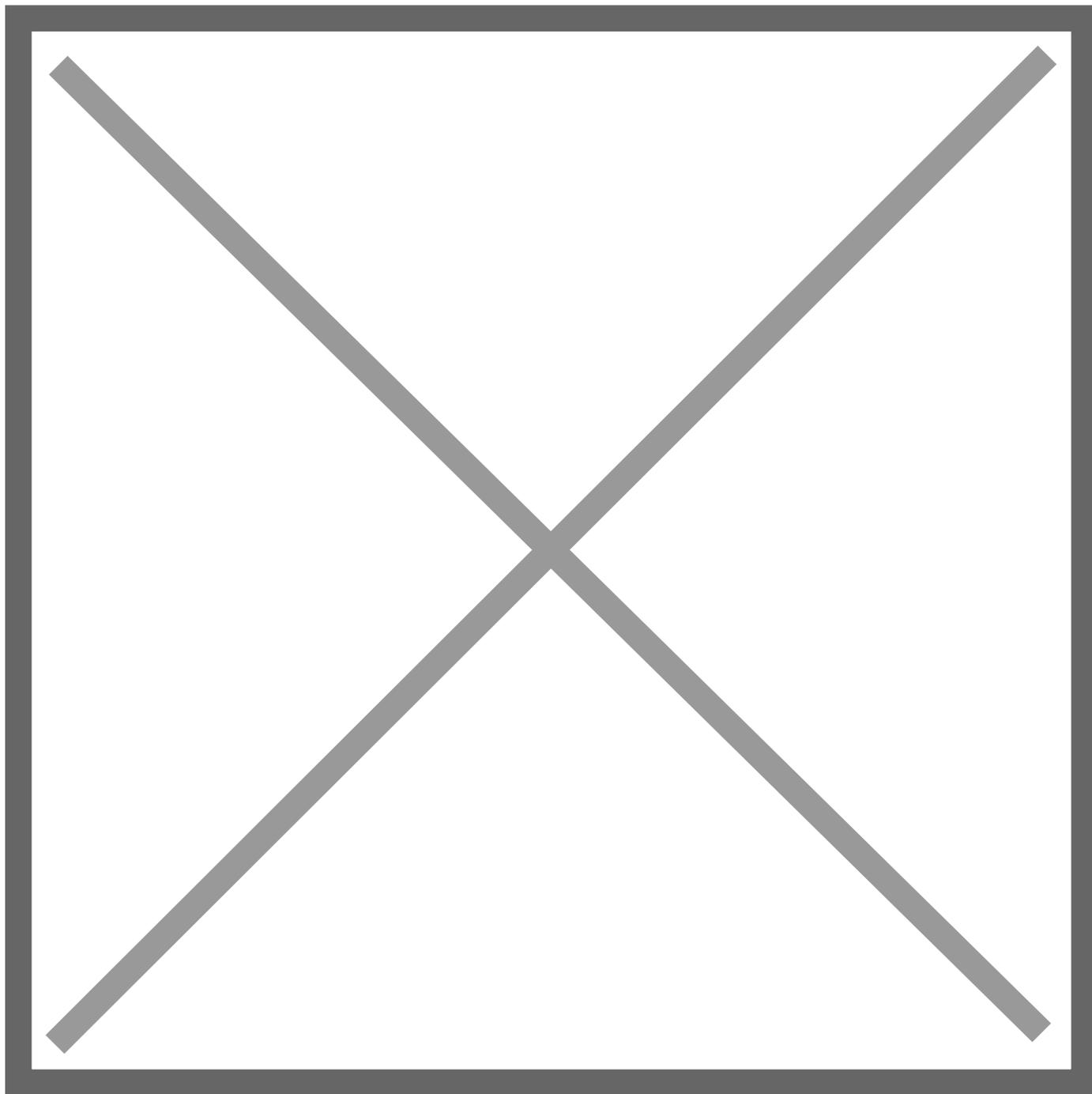
Global School-based Student Health Surveys. Beal et al (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287>. Sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

**Definice  
(k dispozici  
pouze  
v angličtině):**

Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)

## Prevalence spotřeby méně než jedné zeleniny denně

**Děti, 2008-2015**



**Typ  
průzkumu:**

Naměřené

**Věk:**

12-17

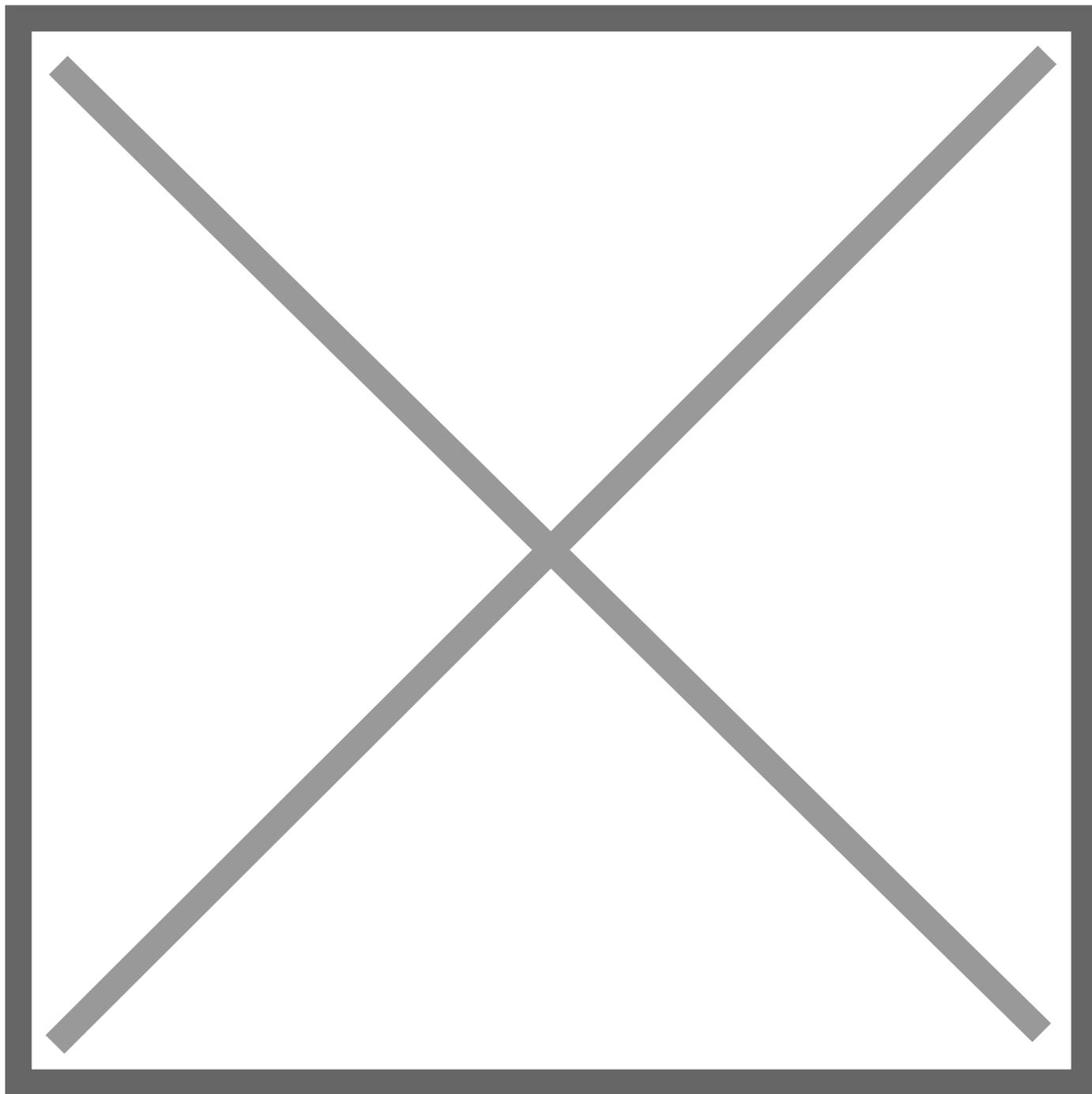
**Reference:**

Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

**Definice  
(k dispozici  
pouze  
v angličtině):**

Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)

## Průměrná týdenní frekvence konzumace rychlého občerstvení Děti, 2009-2015

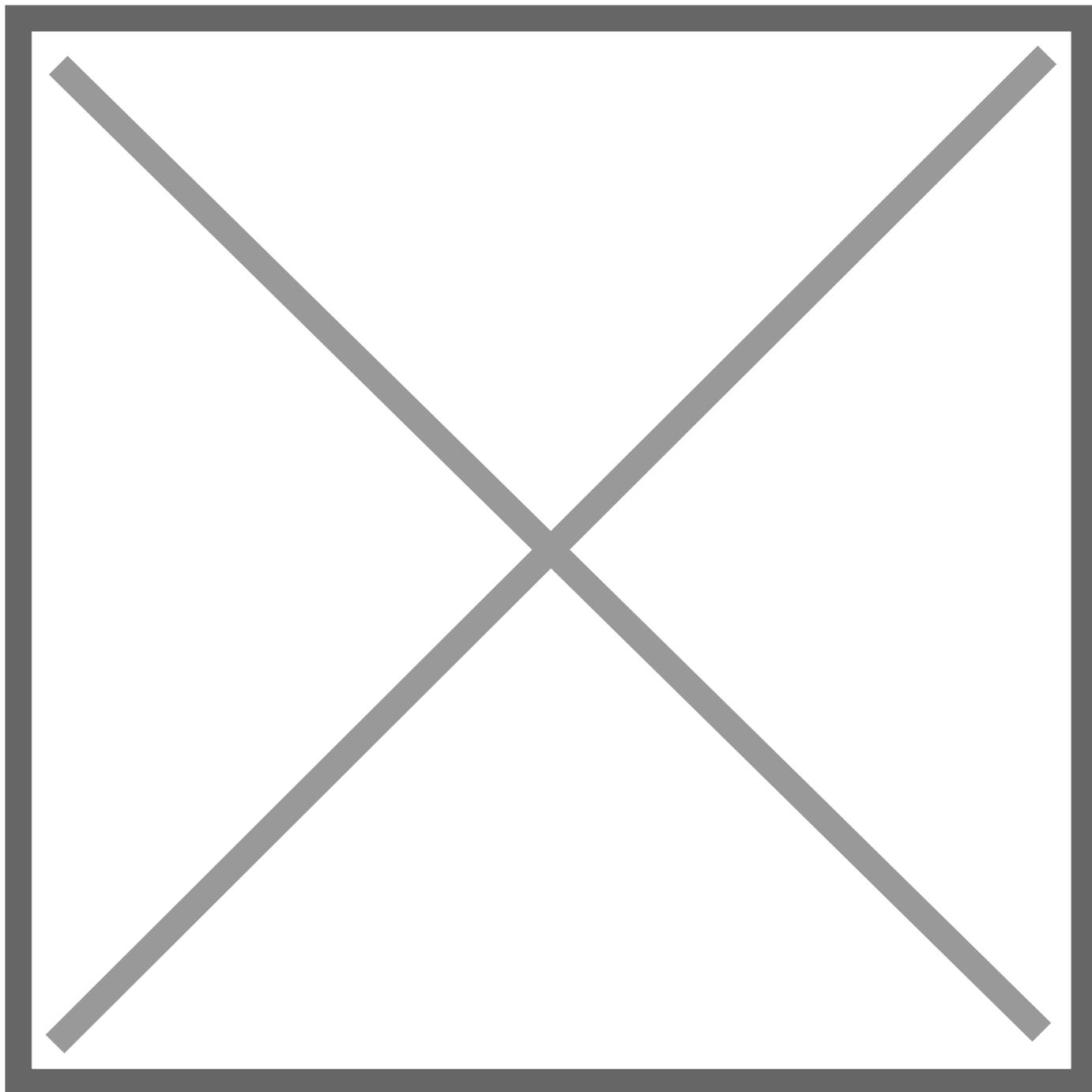


**Věk:** 12-17

**Reference:** Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

## Odhadovaný příjem zpracovaného masa na osobu

Dospělí, 2017



Typ  
průzkumu:

Naměřené

Věk:

25+

Reference:

Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

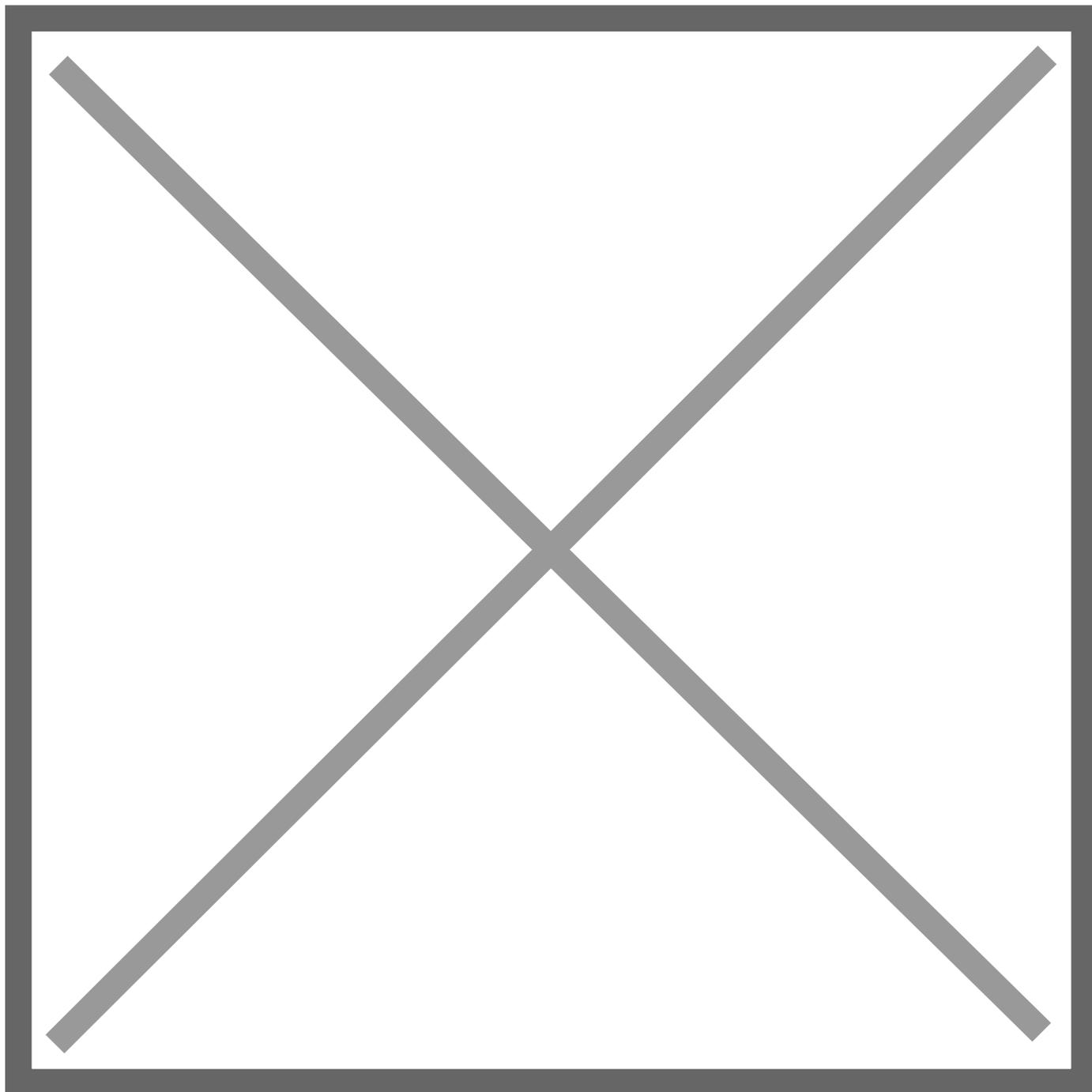
**Definice  
(k dispozici  
pouze  
v angličtině):**

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Estimated per-capita processed meat intake (g per day)

## Estimated per capita whole grains intake

Dospělí, 2017



**Typ  
průzkumu:**

Naměřené

**Věk:**

25+

**Reference:**

Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

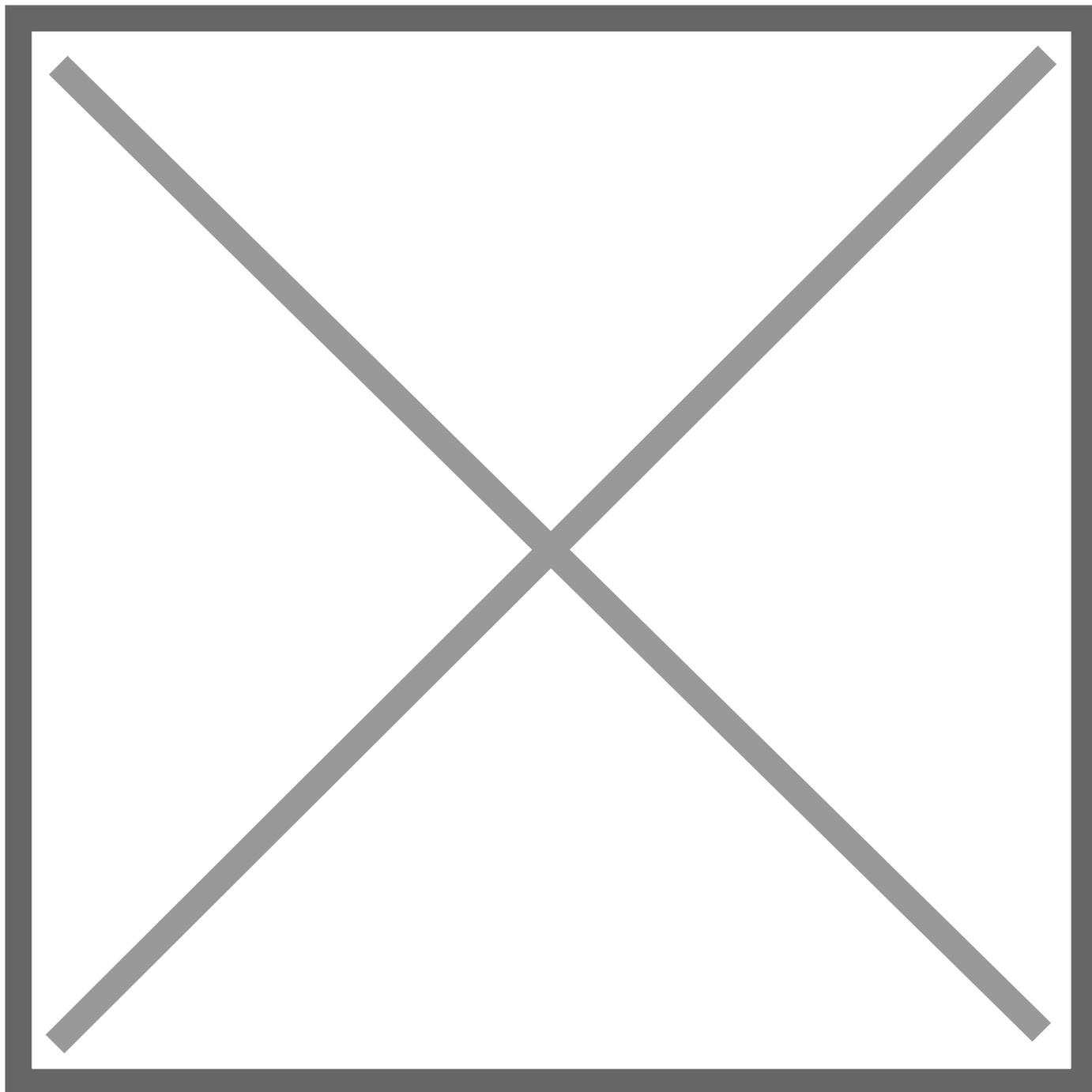
**Definice  
(k dispozici  
pouze  
v angličtině):**

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Estimated per-capita whole grains intake (g/day)

## Duševní zdraví - stavy deprese

Dospělí, 2021



<b>Věk:</b>	20+
<b>Pokrytá oblast:</b>	Národní

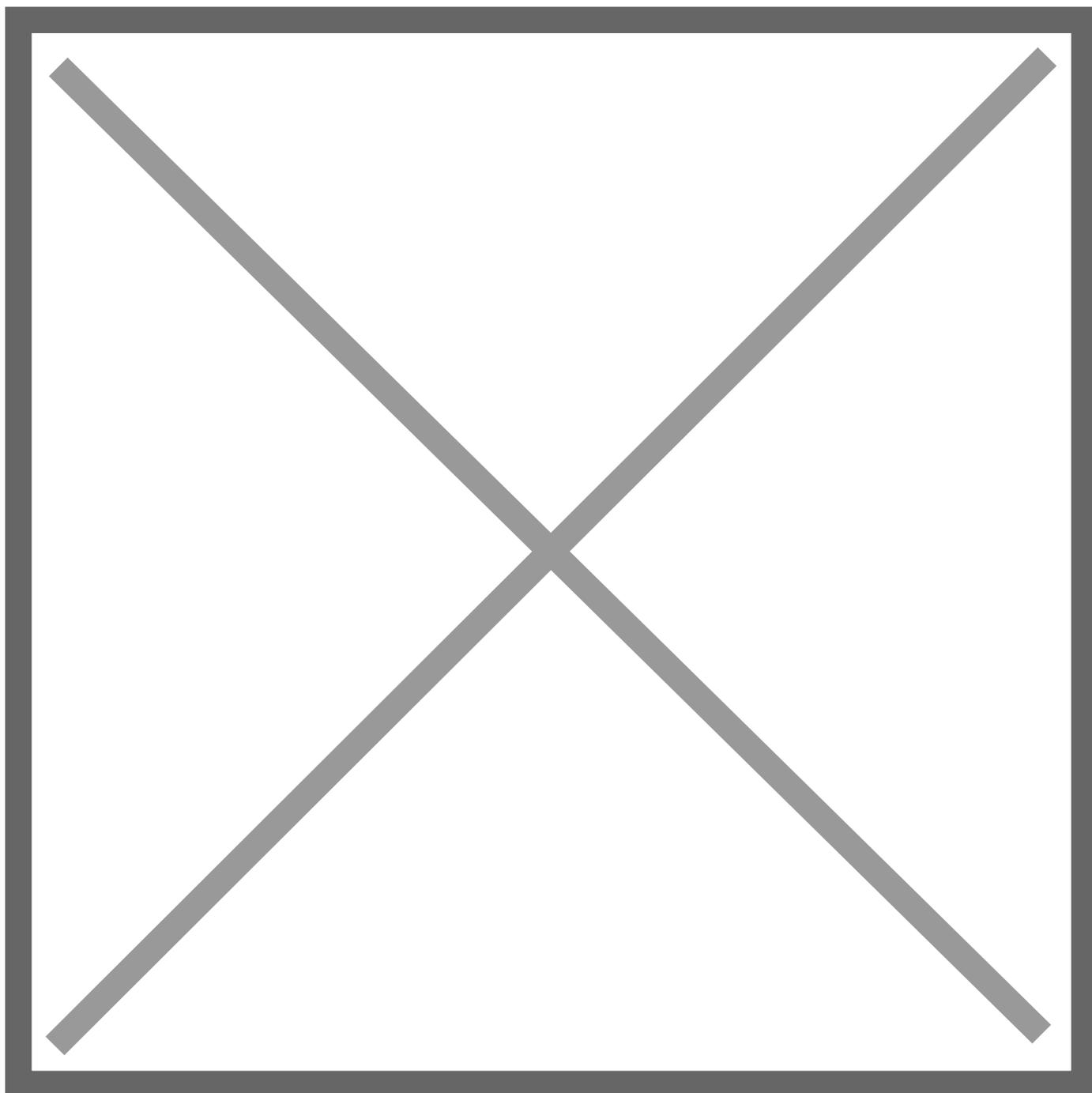
**Reference:**

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**Definice  
(k dispozici  
pouze  
v angličtině):**

Number living with depression per 100,000 population (adults 20+ years)

## Muži, 2021



**Věk:** 20+

**Pokrytá oblast:** Národní

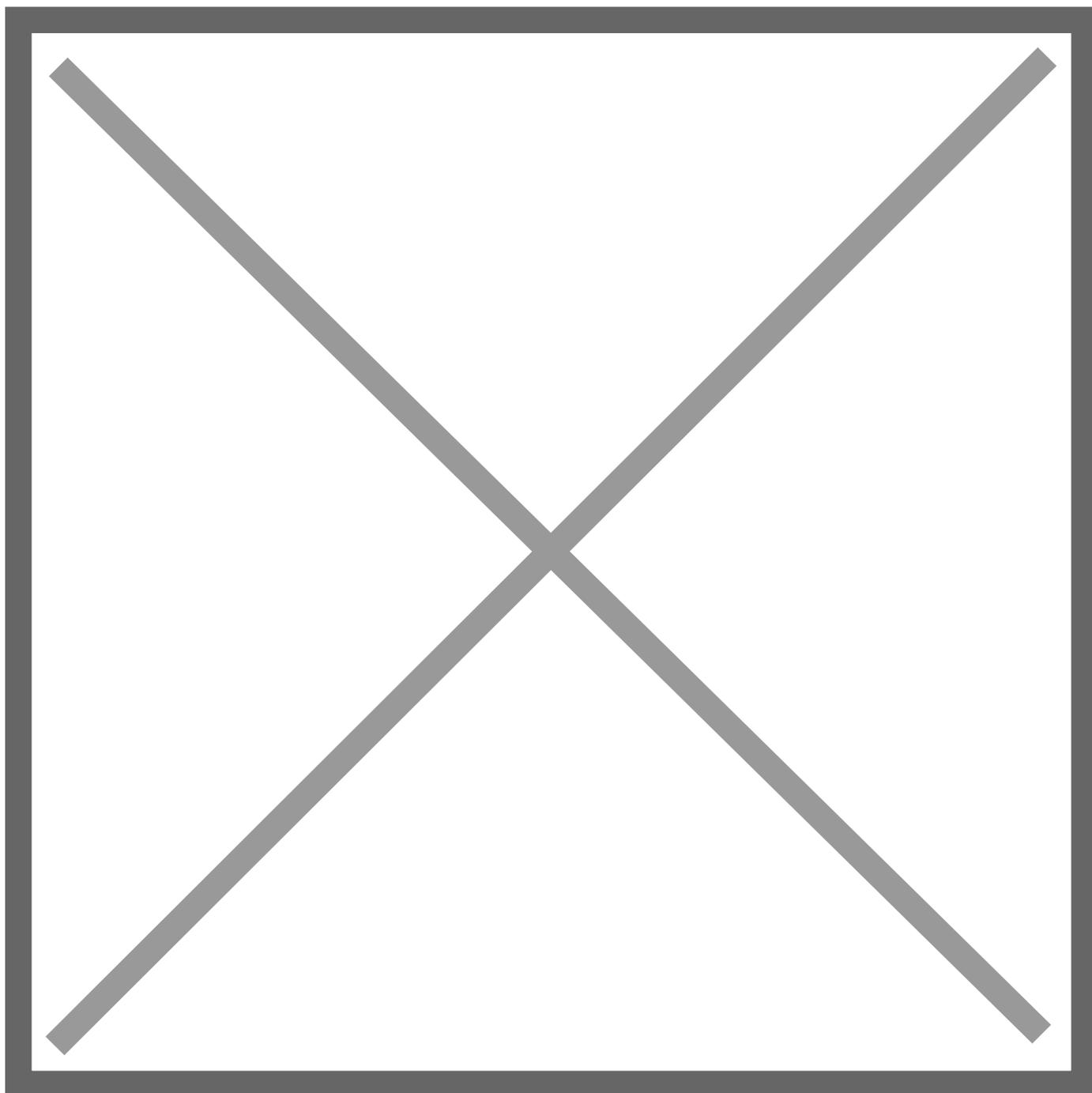
**Reference:** Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**Definice  
(k dispozici  
pouze  
v angličtině):**

Number living with depression per 100,000 population (adults 20+ years)

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## Ženy, 2021



**Věk:** 20+

**Pokrytá oblast:** Národní

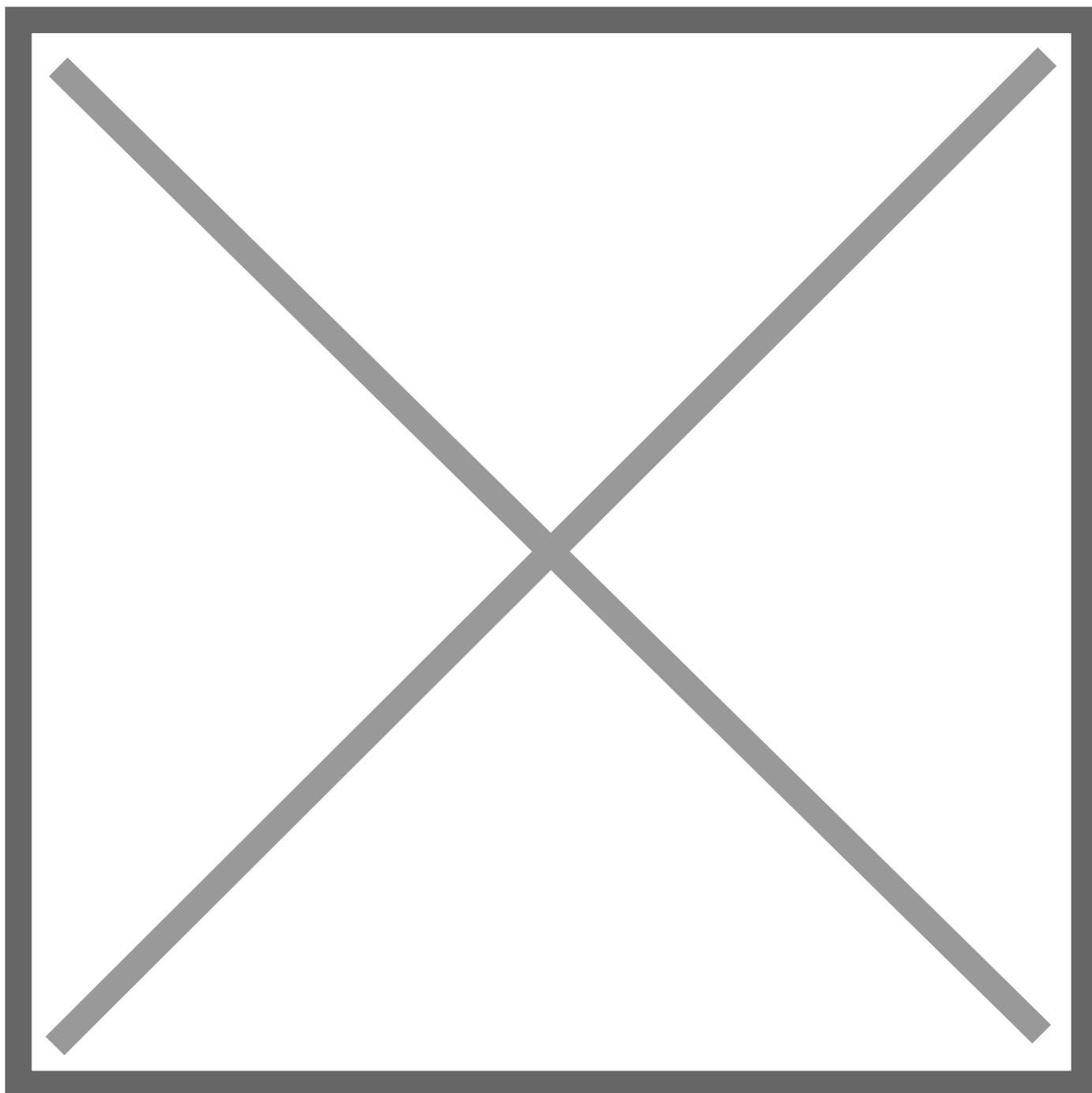
**Reference:** Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**Definice  
(k dispozici  
pouze  
v angličtině):**

Number living with depression per 100,000 population (adults 20+ years)

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## Děti, 2021



**Pokrytá  
oblast:**

Národní

**Reference:**

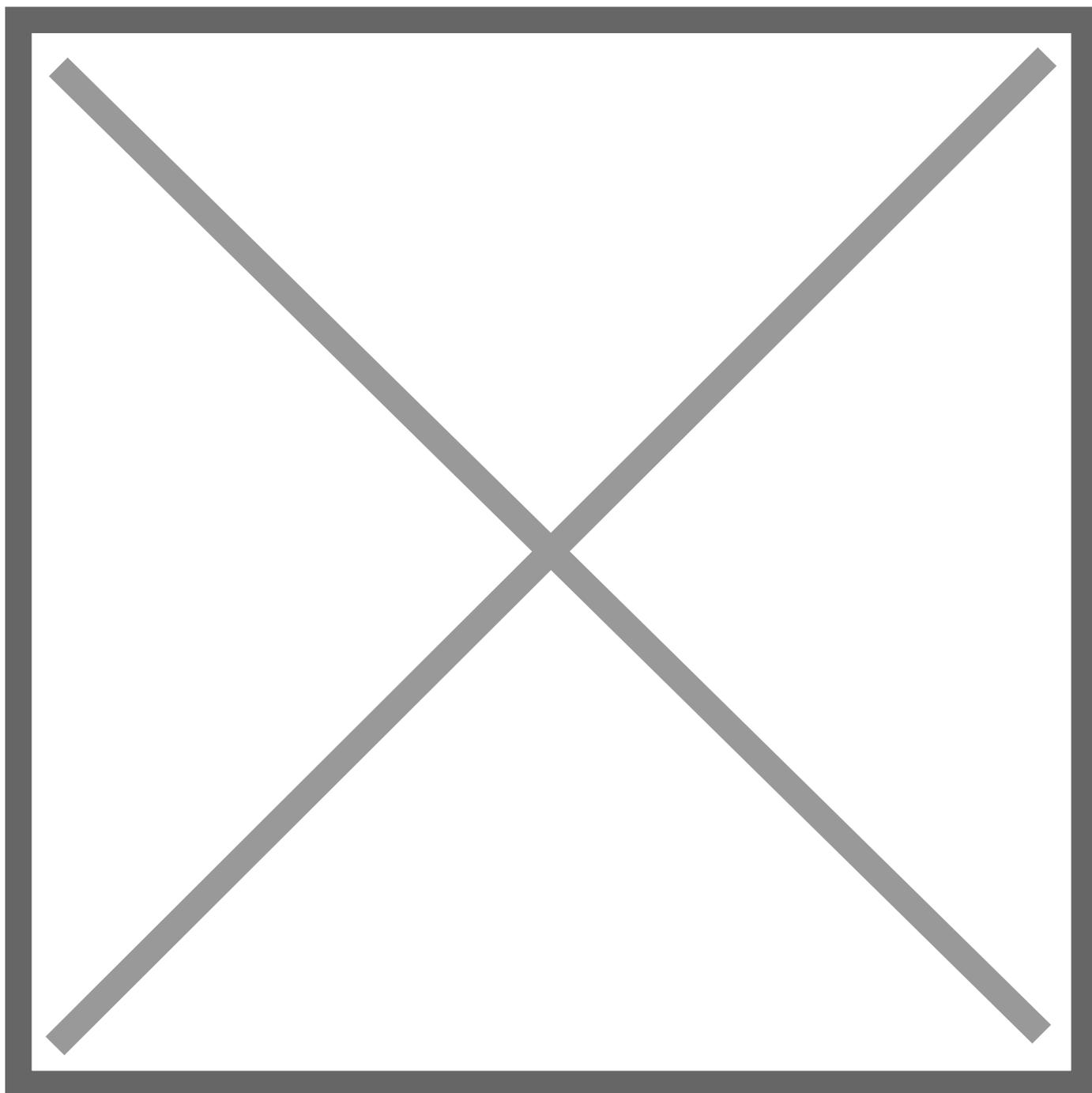
Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**Definice  
(k dispozici  
pouze  
v angličtině):**

Number living with depressive disorder per 100,000 population (Under 20 years of age)

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## Chlapci, 2021



**Pokrytá  
oblast:**

Národní

**Reference:**

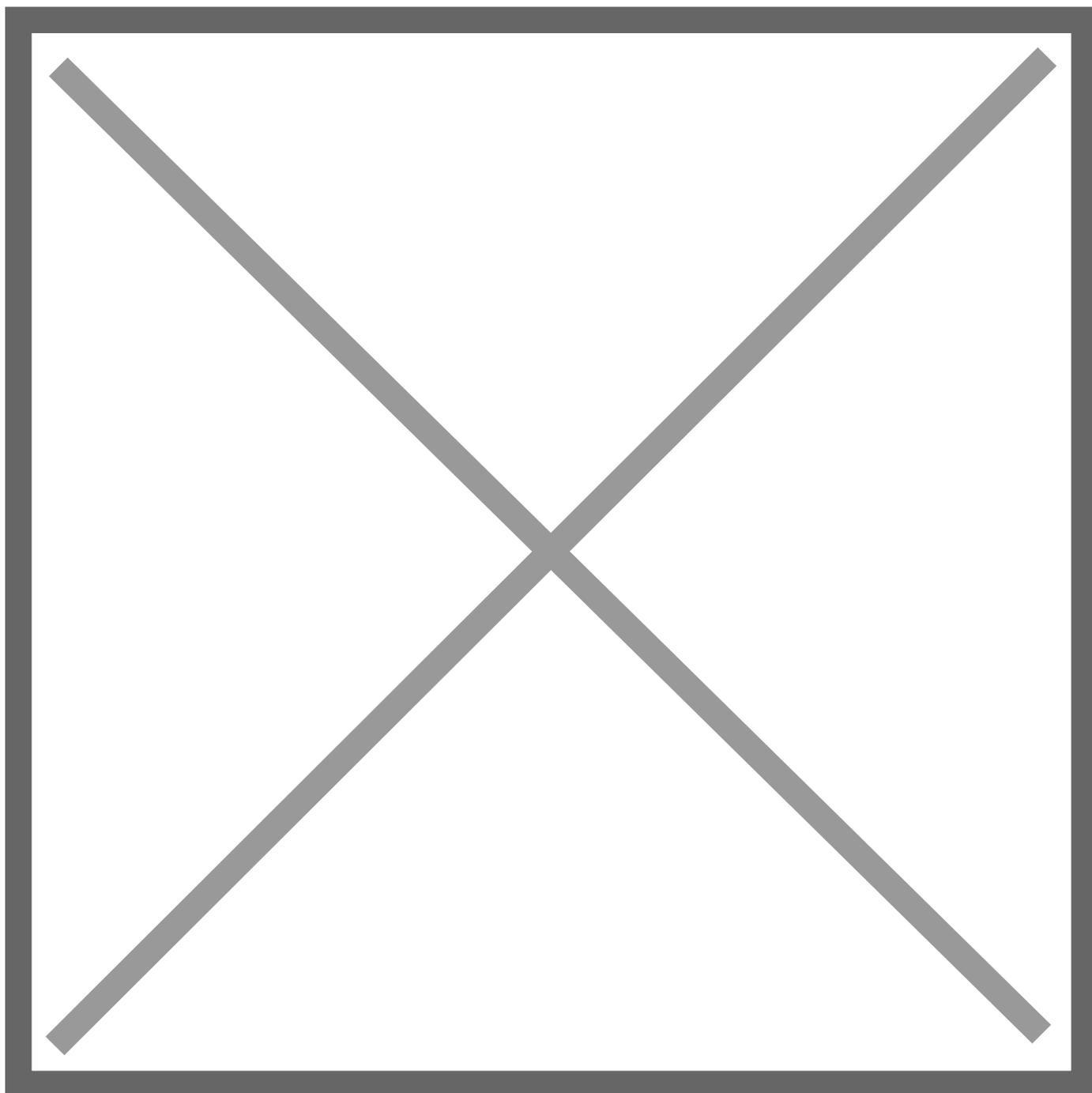
Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**Definice  
(k dispozici  
pouze  
v angličtině):**

Number living with depressive disorder per 100,000 population (Under 20 years of age)

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## Dívky, 2021



**Pokrytá  
oblast:**

Národní

**Reference:**

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

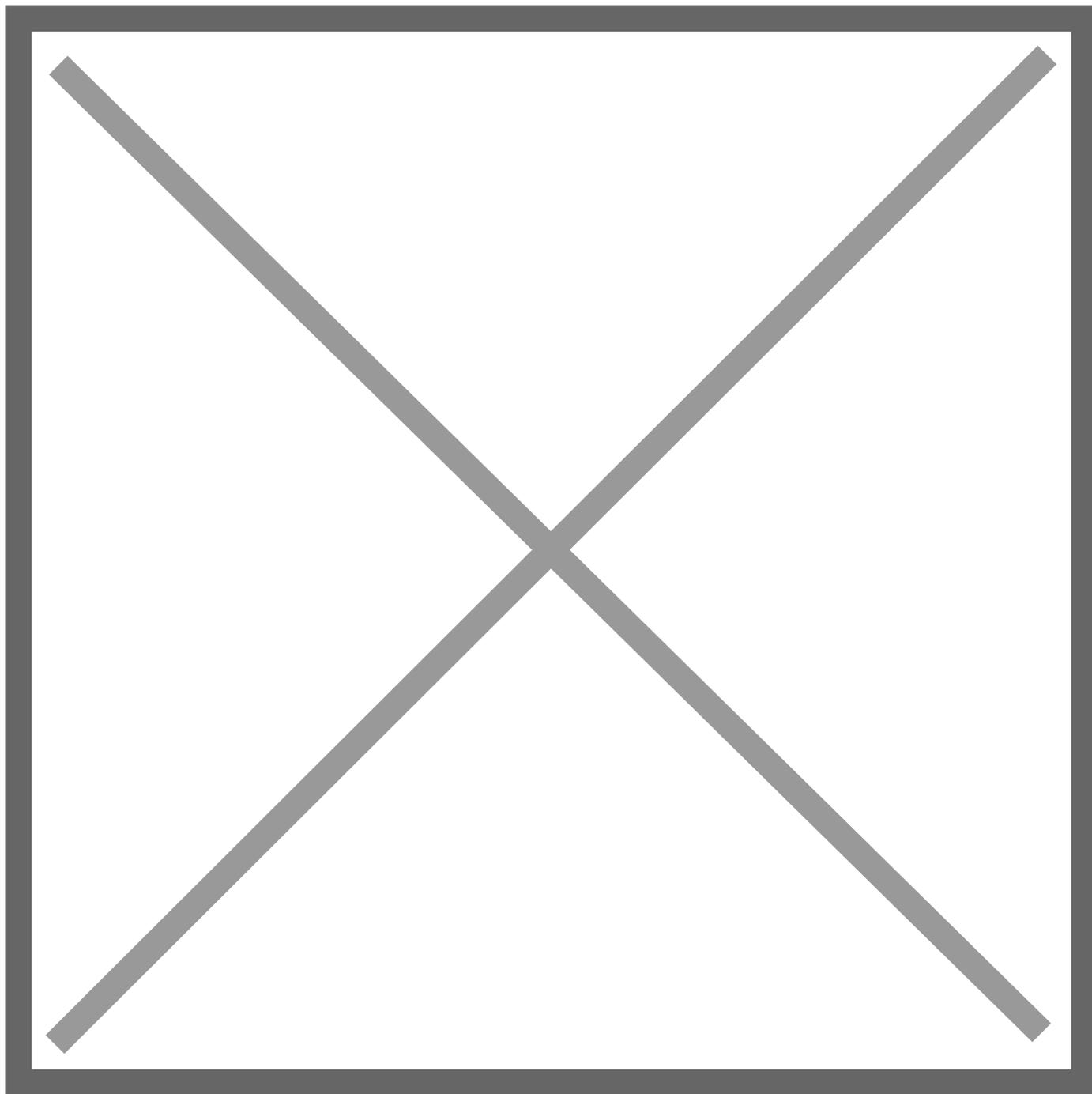
**Definice  
(k dispozici  
pouze  
v angličtině):**

Number living with depressive disorder per 100,000 population (Under 20 years of age)

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## Duševní zdraví - stavy úzkosti

Dospělí, 2021



**Věk:** 20+

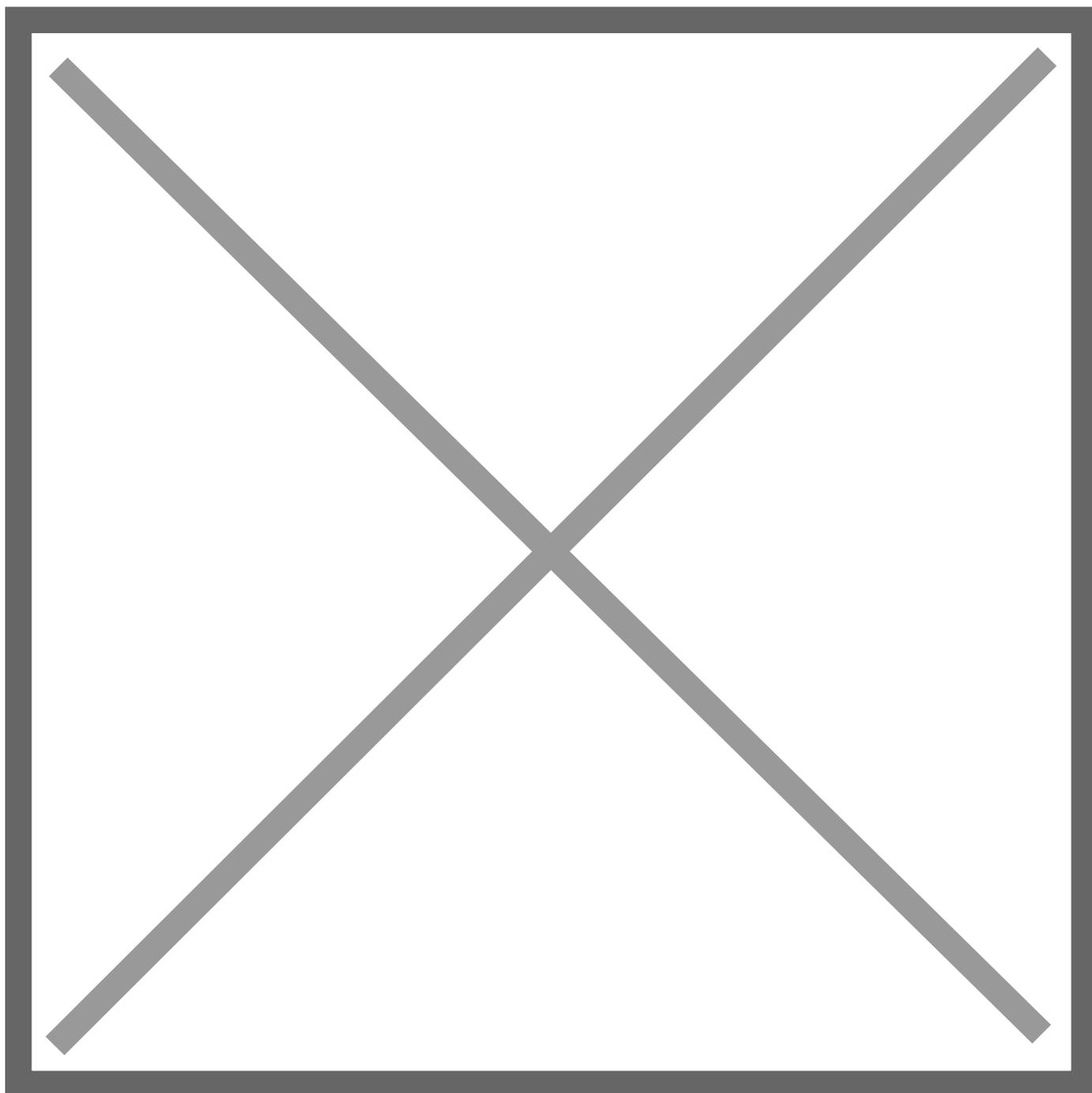
**Reference:** Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25).

**Definice  
(k dispozici  
pouze  
v angličtině):**

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Number living with anxiety per 100,000 population

## Muži, 2021

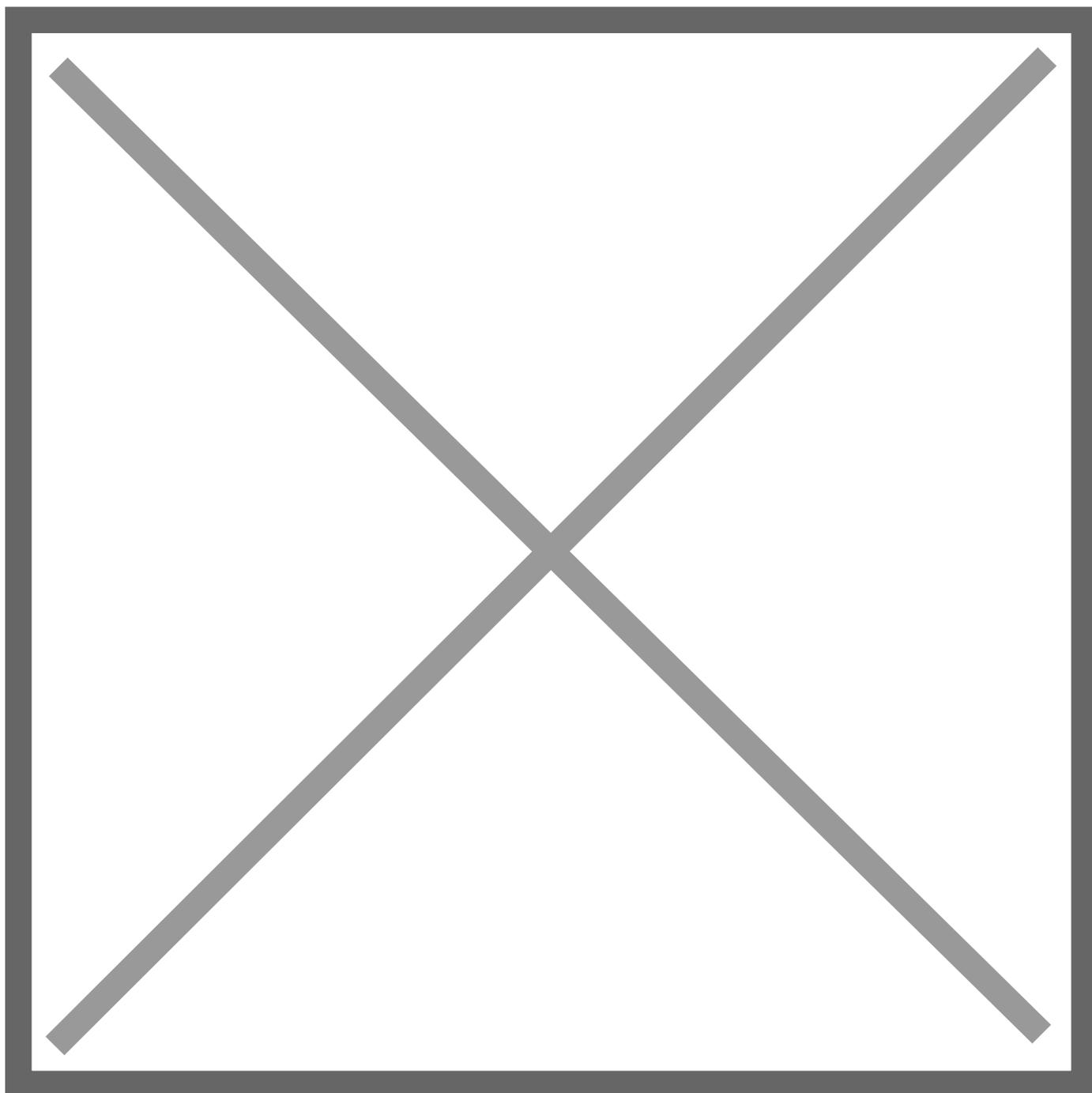


**Věk:** 20+

**Reference:** Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25).

**Definice (k dispozici pouze v angličtině):** Number living with anxiety per 100,000 population

## Ženy, 2021

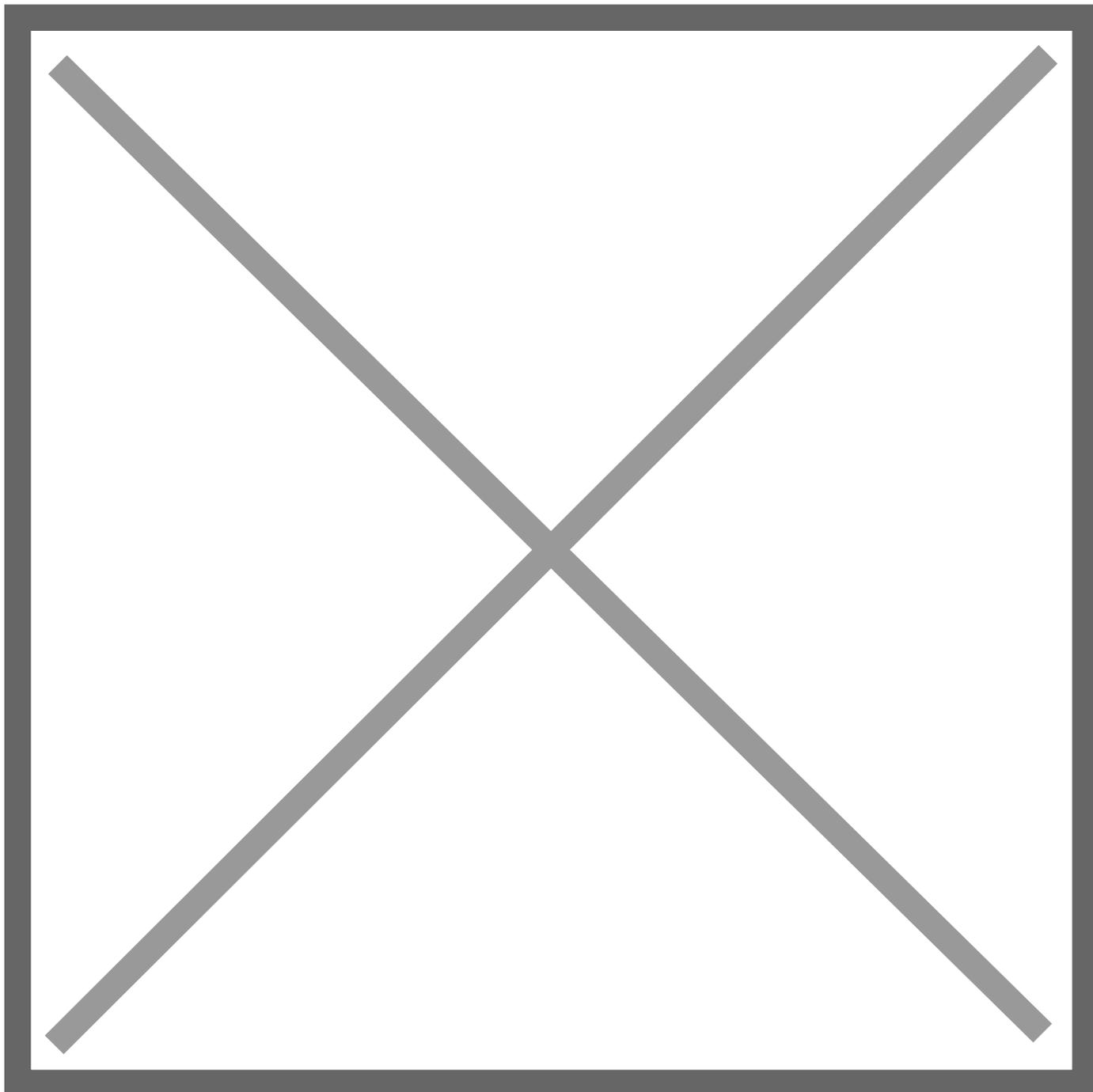


**Věk:** 20+

**Reference:** Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25).

**Definice (k dispozici pouze v angličtině):** Number living with anxiety per 100,000 population

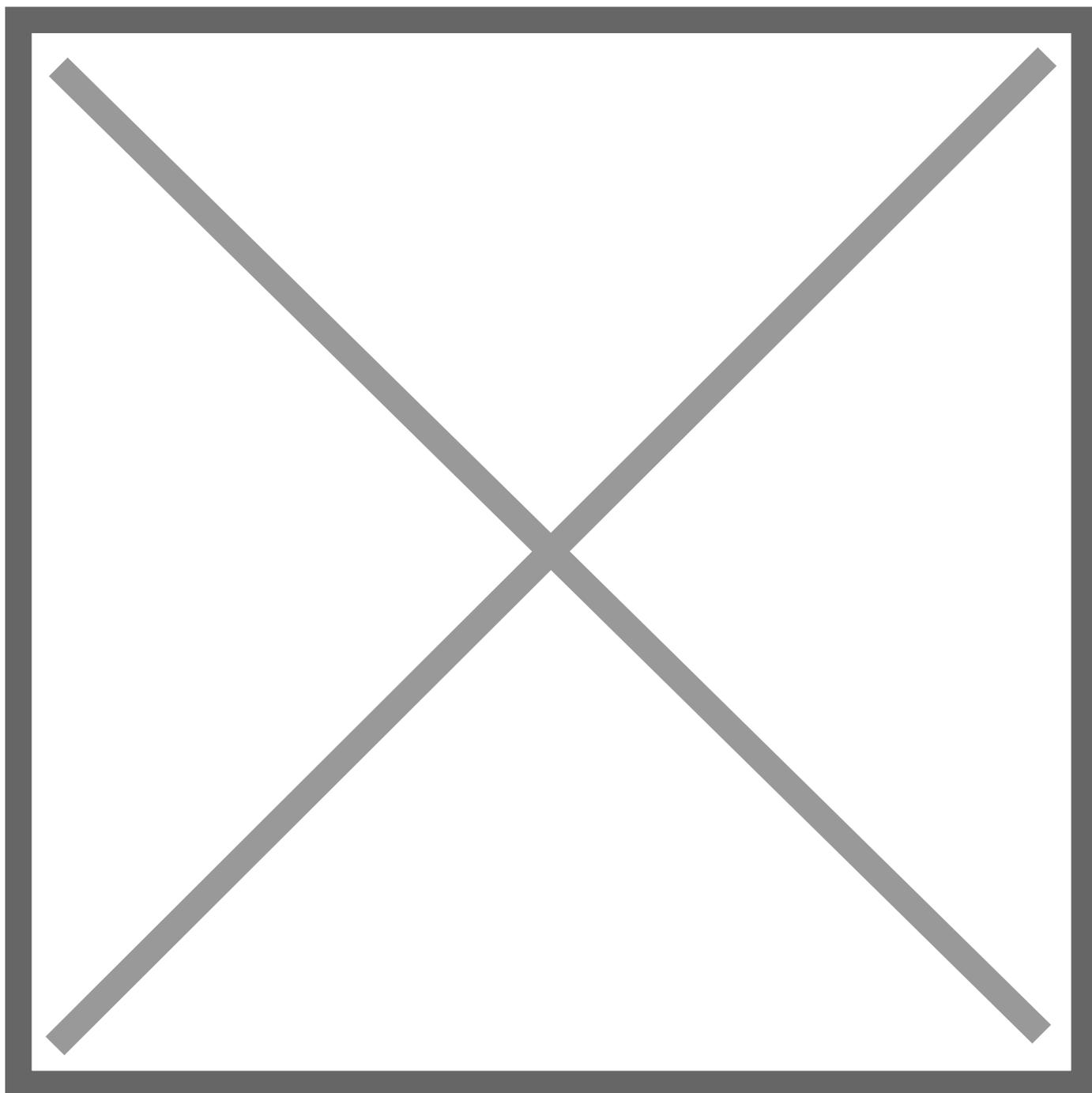
## Děti, 2021



**Reference:**

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

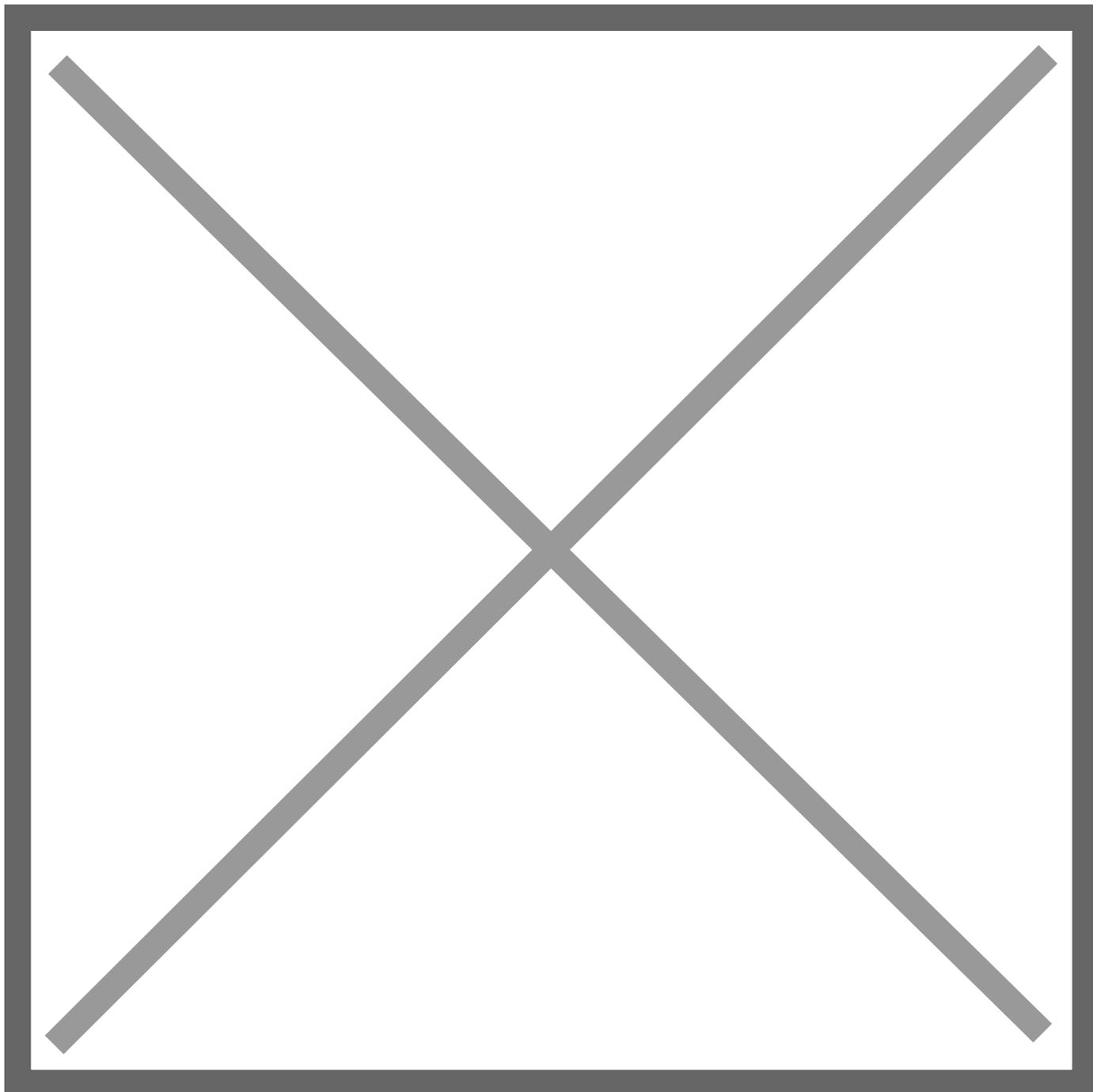
## Chlapci, 2021



**Reference:**

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

## Dívky, 2021

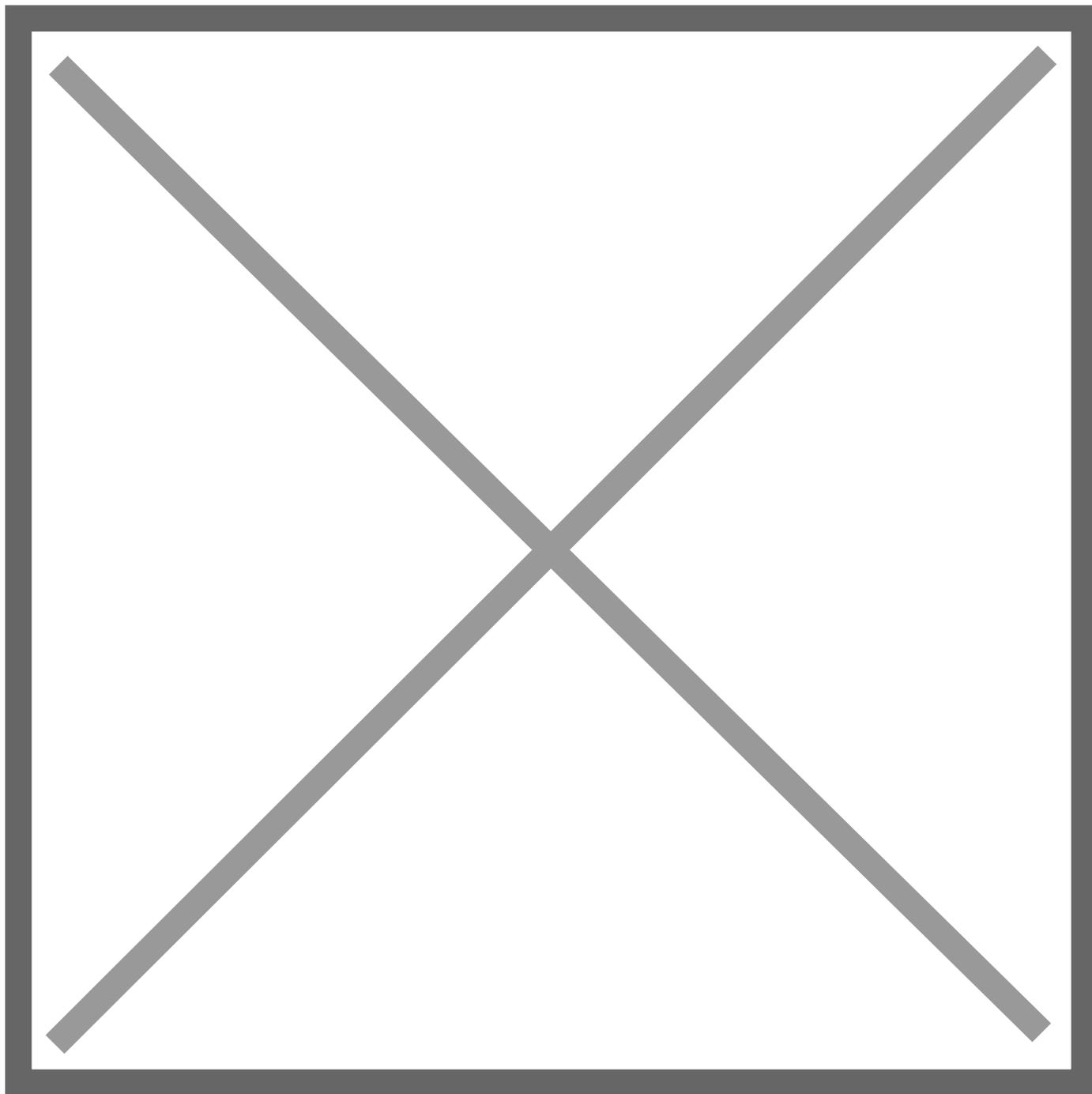


**Reference:**

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

## % výhradně kojených dětí 0-5 měsíců

0-5 years, 2010-2023



**Reference:**

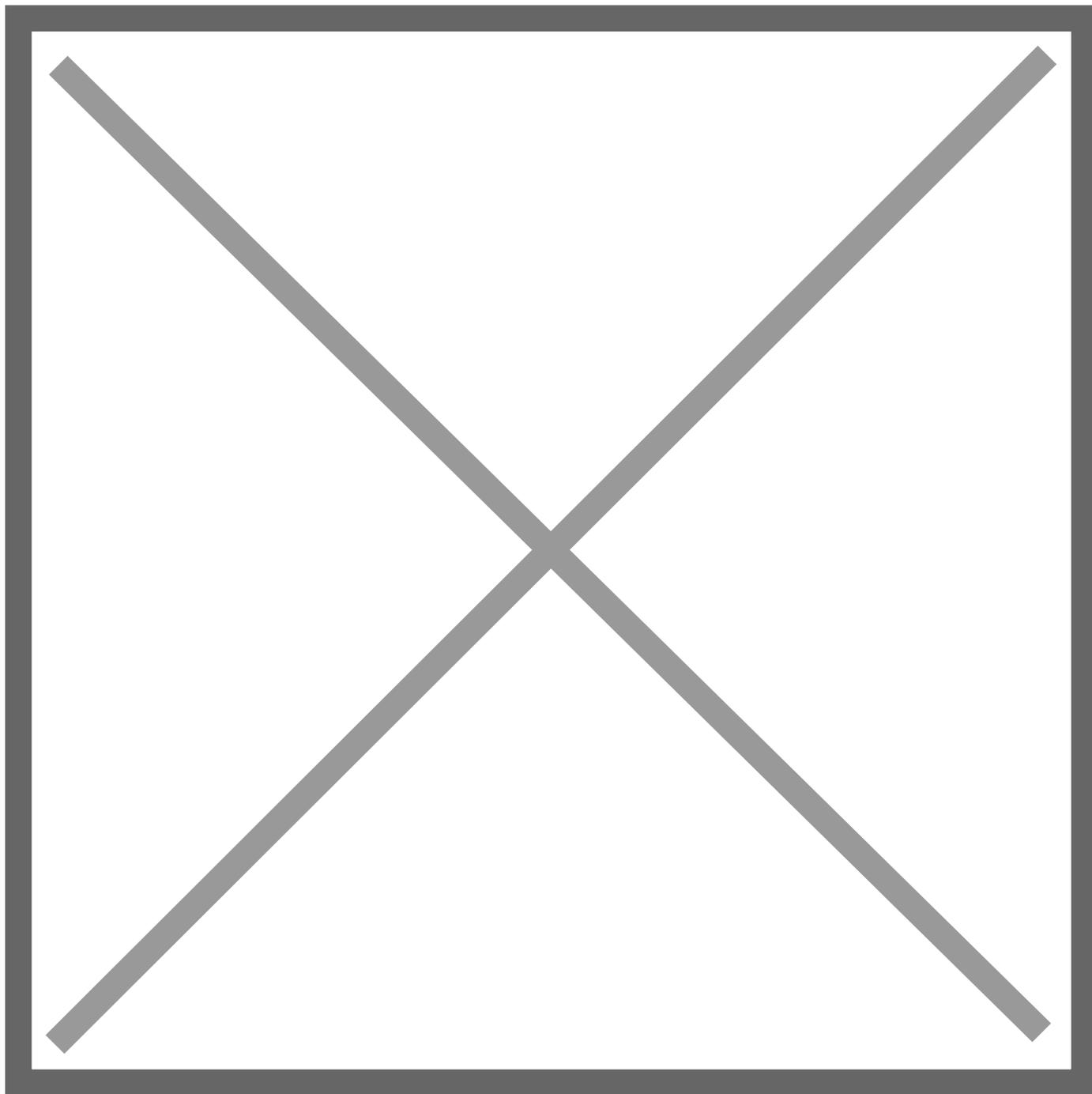
Egypt Family Health Survey (EFHS) 2021

**Poznámky:**

Full details are available. Original citation United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2023). Global UNICEF Global Databases: Infant and Young Child Feeding: Exclusive breastfeeding, New York, October 2023.

## Percent of population who cannot afford a healthy diet

Dospělí, 2022



**Pokrytá  
oblast:**

Národní

**Reference:**

The Food Systems Dashboard. The Global Alliance for Improved Nutrition (GAIN), The Columbia Climate School, and Cornell University College of Agriculture and Life Sciences. 2024. Geneva, Switzerland.  
<https://www.foodsystemsdashboard.org>. DOI: <https://doi.org/10.36072/db>.

