

Taani

Country report card - children

This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children, including adolescents (aged 5 to 18 years). Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at https://data.worldobesity.org/country/denmark-55/.





Rasvumise levimus

Lapsed, 2022-2024



Uuringu tüüp:	Mõõdetud
Vanus:	7
Hõlmatud piirkond:	Riiklik



 Viited:
 WHO European Childhood Obesity Surveillance Initiative (COSI): A brief review of results from round 6 of COSI (2022-2024). Copenhagen: WHO Regional Office for Europe; 2024. Licence: CC BY-NC-SA 3.0 IGO.

 Cutoffs:
 WHO 2007

4



Ã□ lekaalulisus / rasvumine hariduse järgi

Lapsed, 2022



Uuringu tüüp:	lse teatatud
Vanus:	11-15
Valimi suurus:	5823



Hõlmatud piirkond:	Riiklik
Viited:	Madsen KR, Román JEI, Damsgaard MT, Holstein BE, Kristoffersen MJ, Pedersen TP, Michelsen SI, Rasmussen M, Toftager M. Skolebørnsundersøgelsen 2022. København. Statens Institut for Folkesundhed, SDU. 2023.
Märkused:	Data collected as part of HBSC 2021-22. Sample included children from the 5th, 7th, and 9th grade.
Mõisted:	Parents' highest completed level of education
Cutoffs:	IOTF



piirkond:

Ã□ lekaalulisus / rasvumine vanuse järgi

Lapsed, 2021-2022



See Report



Viited:	RakiÃ∏ â∏ ¡ JG, Hamrik Z, Dzielska A, Felder-Puig R, Oja L, Bakalár P et al. A focus on adolescent physical activity, eating behaviours, weight status and body image in Europe, central Asia and Canada. Health Behaviour in School-aged Children (HBSC) international report from the 2021/2022 survey. Volume 4. Copenhagen: WHO Regional Office for Europe; 2024. 'Any translation was not created by the World Health Organization (WHO). WHO is not responsible for the content or accuracy of this translation. The original English edition shall be the binding and authentic edition'
Märkused:	HBSC aims to survey approximately 1500 pupils per age group in each country or region (totaling around 4500)
Cutoffs:	+2SD



̸ lekaalulisus / rasvumine piirkonna järgi

Lapsed, 2023-2024



Uuringu tüþp:	Mõõdetud
Vanus:	5-8
Valimi suurus:	11163



Hõlmatud piirkond:	Riiklik
Viited:	Kjeld, S.G. and Pedersen, T.P. 2025. Sundhedsprofil for børn og unge ind- og udskolingsundersøgt i skoleåret 2023/24 (Health profile for children and young people entering and leaving school examined in the school year 2023/24). Databasen Børns Sundhed (The Children's Health Database). Available at: <u>https://www.sdu.dk/da/sif/forskning/projekter/databasen_boerns_sundhed/publikationer/rapporter</u> [Accessed 24.06.25]
Märkused:	Data from school entrance health exam. Average age $= 6.6$. Insufficient data for Dragør
Cutoffs:	IOTF



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 Iekaalulisus / rasvumine sotsiaalmajandusliku grupi järgi

Poisid, 2021-2022



 Uuringu tüüp:
 Ise teatatud

 Vanus:
 11-15



Viited:	Raki? JG, Hamrik Z, Dzielska A, Felder-Puig R, Oja L, Bakalár P et al. A focus on adolescent physical activity, eating behaviours, weight status and body image in Europe, central Asia and Canada. Health Behaviour in School-aged Children (HBSC) international report from the 2021/2022 survey. Volume 4. Copenhagen: WHO Regional Office for Europe; 2024. 'Any translation was not created by the World Health Organization (WHO). WHO is not responsible for the content or accuracy of this translation. The original English edition shall be the binding and authentic edition'
Märkused:	Family affluence scaleHBSC aims to survey approximately 1500 pupils per age group in each country or region (totaling around 4500)
Cutoffs:	+2SD



Tüdrukud, 2021-2022



Ise teatatud

11-15

Uuringu tüüp:

Vanus:

Viited:

Raki? JG, Hamrik Z, Dzielska A, Felder-Puig R, Oja L, Bakalár P et al. A focus on adolescent physical activity, eating behaviours, weight status and body image in Europe, central Asia and Canada. Health Behaviour in School-aged Children (HBSC) international report from the 2021/2022 survey. Volume 4. Copenhagen: WHO Regional Office for Europe; 2024. 'Any translation was not created by the World Health Organization (WHO). WHO is not responsible for the content or accuracy of this translation. The original English edition shall be the binding and authentic edition'



Märkused:	Family affluence scaleHBSC aims to survey approximately 1500 pupils per age group in each country or region (totaling around 4500)
Cutoffs:	+2SD



Ã□ lekaalulisus / rasvumine rahvuskuuluvuse järgi

Ethnic groups are as defined by publication of origin and are not as defined by WOF. In some instances ethnicity is conflated with nationality and/or race.



Poisid, 2007-2008



Uuringu tüüp:	Mõõdetud
Valimi suurus:	5444
Hõlmatud piirkond:	Copenhagen



Viited:	Pedersen, D.C., Aarestrup, J., Pearson, S. and Baker, J.L. (2016). Ethnic Inequalities in Overweight and Obesity Prevalence among Copenhagen Schoolchildren from 2002 to 2007. Obesity Facts, [online] 9(4), pp.284–295. doi: <u>https://doi.org/10.1159/000446482</u>
Cutoffs:	IOTF



Tüdrukud, 2007-2008



Uuringu tüþp:	Mõõdetud
Valimi suurus:	5444
Hõlmatud piirkond:	Copenhagen



Viited:	Pedersen, D.C., Aarestrup, J., Pearson, S. and Baker, J.L. (2016). Ethnic Inequalities in Overweight and Obesity Prevalence among Copenhagen Schoolchildren from 2002 to 2007. Obesity Facts, [online] 9(4), pp.284–295. doi: <u>https://doi.org/10.1159/000446482</u>
Cutoffs:	IOTF



Double burden of underweight & overweight

Lapsed, 2022



Mõõdetud

5-19

Vanus: Viited:

NCD Risk Factor Collaboration (NCD-RisC). Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population representative studies with 222 million children, adolescents, and adults. Lancet 2024; published online Feb 29. <u>https://doi.org/10.1016/S0140-6736(</u>23)02750-2.



Märkused:	Age standardised estimates
Mõisted:	Combined prevalence of $BMI < -2SD$ and $BMI > 2SD$ (double burden of thinness and obesity)
Cutoffs:	BMI < -2SD and BMI > 2SD



Ebapiisav füüsiline aktiivsus

Poisid, 2022





RakiÄ JG, Hamrik Z, Dzielska A, Felder-Puig R, Oja L, Bakalár P et al. A focus on adolescent physical activity, eating behaviours, weight status and body image in Europe, central Asia and Canada. Health Behaviour in School-aged Children international report from the 2021/2022 survey. Volume 4. Copenhagen: WHO Regional Office for Europe; 2024. Licence: CC BY-NC-SA 3.0 IGO. Health Behaviour in School-aged Children study (2023), Data browser (findings from the 2021/22 international HBSC survey): https://data-browser.hbsc.org.



Märkused: Young people were asked to report the number of days over the past week during which they were physically active for a total of at least 60 minutes. The question was introduced by text defining moderate-to-vigorous physical activity (MVPA) as any activity that increases the heart rate and makes the person get out of breath some of the time, with examples provided. Findings presented on the Observatory show the proportions who report less than 60 minutes of MVPA daily.

% reporting less than 60 minutes of MVPA daily

Mõisted:



Tüdrukud, 2022



Viited:

RakiÄ JG, Hamrik Z, Dzielska A, Felder-Puig R, Oja L, Bakalár P et al. A focus on adolescent physical activity, eating behaviours, weight status and body image in Europe, central Asia and Canada. Health Behaviour in School-aged Children international report from the 2021/2022 survey. Volume 4. Copenhagen: WHO Regional Office for Europe; 2024. Licence: CC BY-NC-SA 3.0 IGO. Health Behaviour in School-aged Children study (2023), Data browser (findings from the 2021/22 international HBSC survey): https://data-browser.hbsc.org.



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% reporting less than 60 minutes of MVPA daily

Mõisted:



Gaseeritud karastusjookide vähemalt igapäevase tarbimise levimus

Poisid, 2021-2022





Viited:	Health Behaviour in School-aged Children study (2023), Data browser (findings from the 2021/22 international HBSC survey): <u>https://data-browser.hbsc.org</u>
Mõisted:	Proportion who reported drinking sugary soft drinks daily (at least once)



Tüdrukud, 2021-2022



Hõlmatud piirkond:	Riiklik
Viited:	Health Behaviour in School-aged Children study (2023), Data browser (findings from the 2021/22 international HBSC survey): <u>https://data-browser.hbsc.org.</u> .

Proportion who reported drinking sugary soft drinks daily (at least once)

Mõisted:



Puuviljade vĤhem kui igapĤevase tarbimise levimus

Lapsed, 2014

Vanus 12-17 Vanus 15



Mõisted:

Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)



Köögiviljade vähem kui igapäevase tarbimise levimus

Lapsed, 2014



Uuringu tüüp:	Mõõdetud
Vanus:	12-17



Viited:	Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <u>https://doi.org/10.1177/0379572119848287</u> sourced from Food Systems Dashboard <u>http://www.foodsystemsdashboard.org/food-system</u>
Mõisted:	Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)



Vaimne tervis - depressiivsed häired

Lapsed, 2021



Riiklik

Hõlmatud piirkond:

Viited:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from http://vizhub.healthdata.org/gbdcompare. (Last accessed 23.04.25)



Mõisted:

Number living with depressive disorder per 100,000 population (Under 20 years of age)

Poisid, 2021



Hõlmatud piirkond:	Riiklik
Viited:	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <u>http://vizhub.healthdata.org/gbd-</u> compare. (Last accessed 23.04.25)

Number living with depressive disorder per 100,000 population (Under 20 years of age)



Tüdrukud, 2021



Riiklik

Hõlmatud piirkond:

Viited:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <u>http://vizhub.healthdata.org/gbd-</u> <u>compare.</u> (Last accessed 23.04.25)

Number living with depressive disorder per 100,000 population (Under 20 years of age)

Mõisted:



Vaimne tervis - ĤrevushĤired

Lapsed, 2021



Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <u>http://vizhub.healthdata.org/gbd-</u> <u>compare.</u> (Last accessed 23.04.25)

Viited:



Poisid, 2021



Viited:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <u>http://vizhub.healthdata.org/gbd-</u> compare. (Last accessed 23.04.25)



Tüdrukud, 2021



Viited:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from http://vizhub.healthdata.org/gbdcompare. (Last accessed 23.04.25)

PDF created on July 16, 2025