

# Tegurid Taani

High income



## Report cards

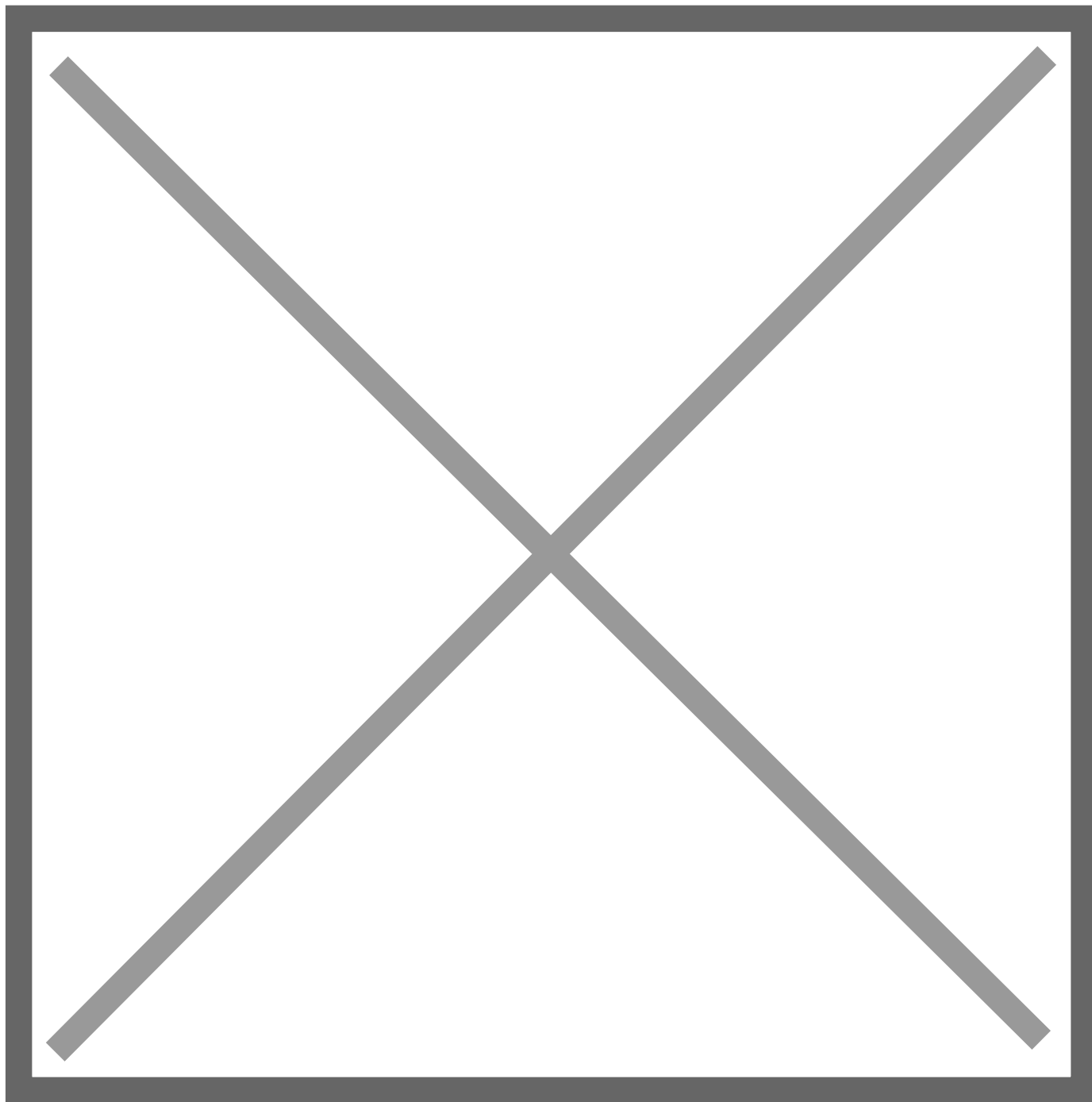
Our report cards collate all the most-recent graphics for this country. If you would like to produce a custom report based on selected graphics, just tap the Add to custom PDF button below the graphics you would like to use.

**[Report card \(adult data\)](#)**

**[Report card \(child data\)](#)**

## Ebapiisav füüsiline aktiivsus

Täiskasvanud, 2022



**Uuringu tüüp:**

Ise teatatud

**Vanus:**

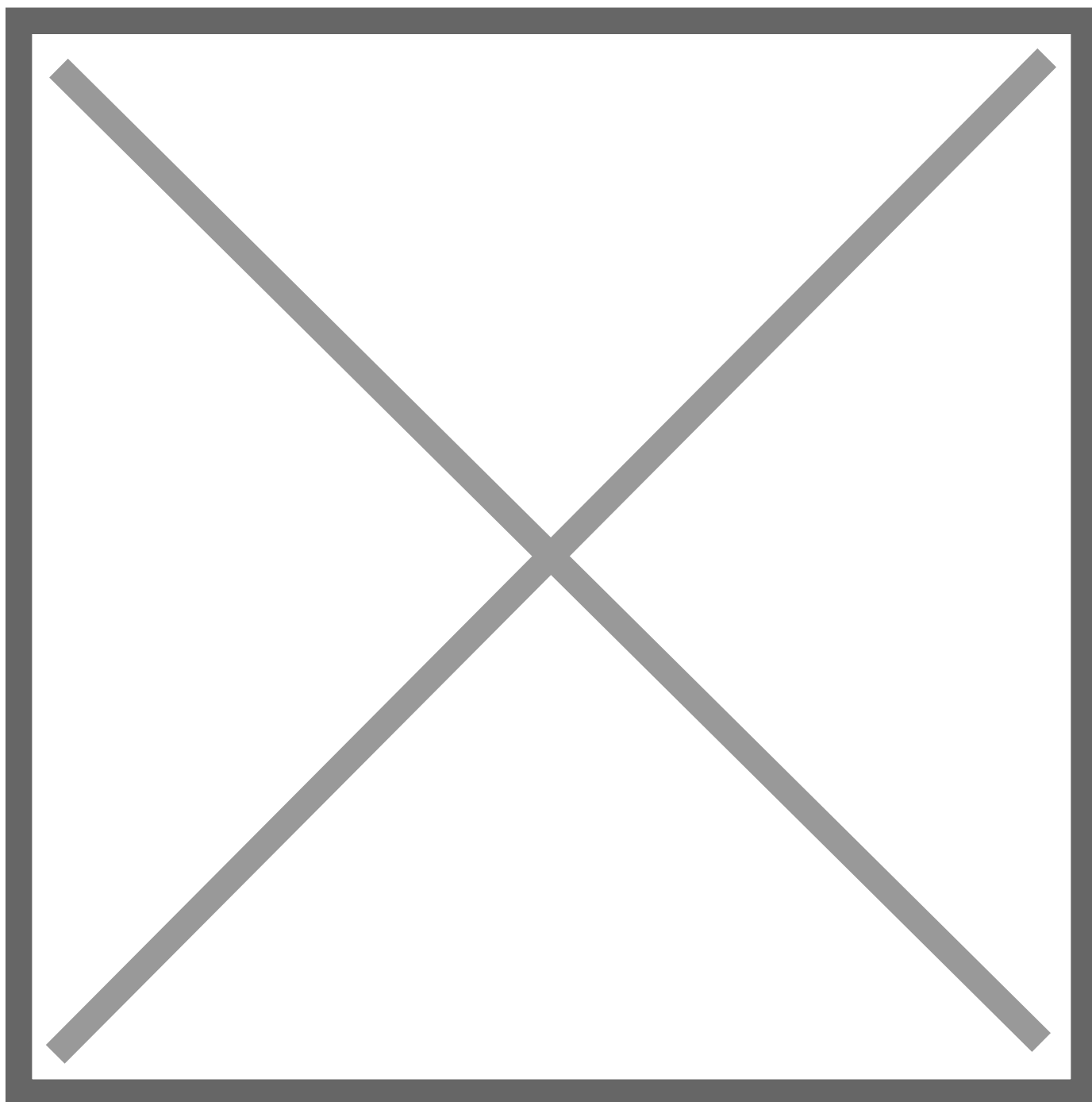
18+

**Hõlmatud  
piirkond:**

Riiklik

|                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
|-----------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Viited:</b>  | WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at <a href="https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-)">https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-)</a> |
| <b>Mõisted:</b> | Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.                                                                                                                                                                                                                                                                                                        |

Mehed, 2022



**Uuringu tüüp:**

Ise teatatud

**Vanus:**

18+

**Hõlmatud  
piirkond:**

Riiklik

**Viited:**

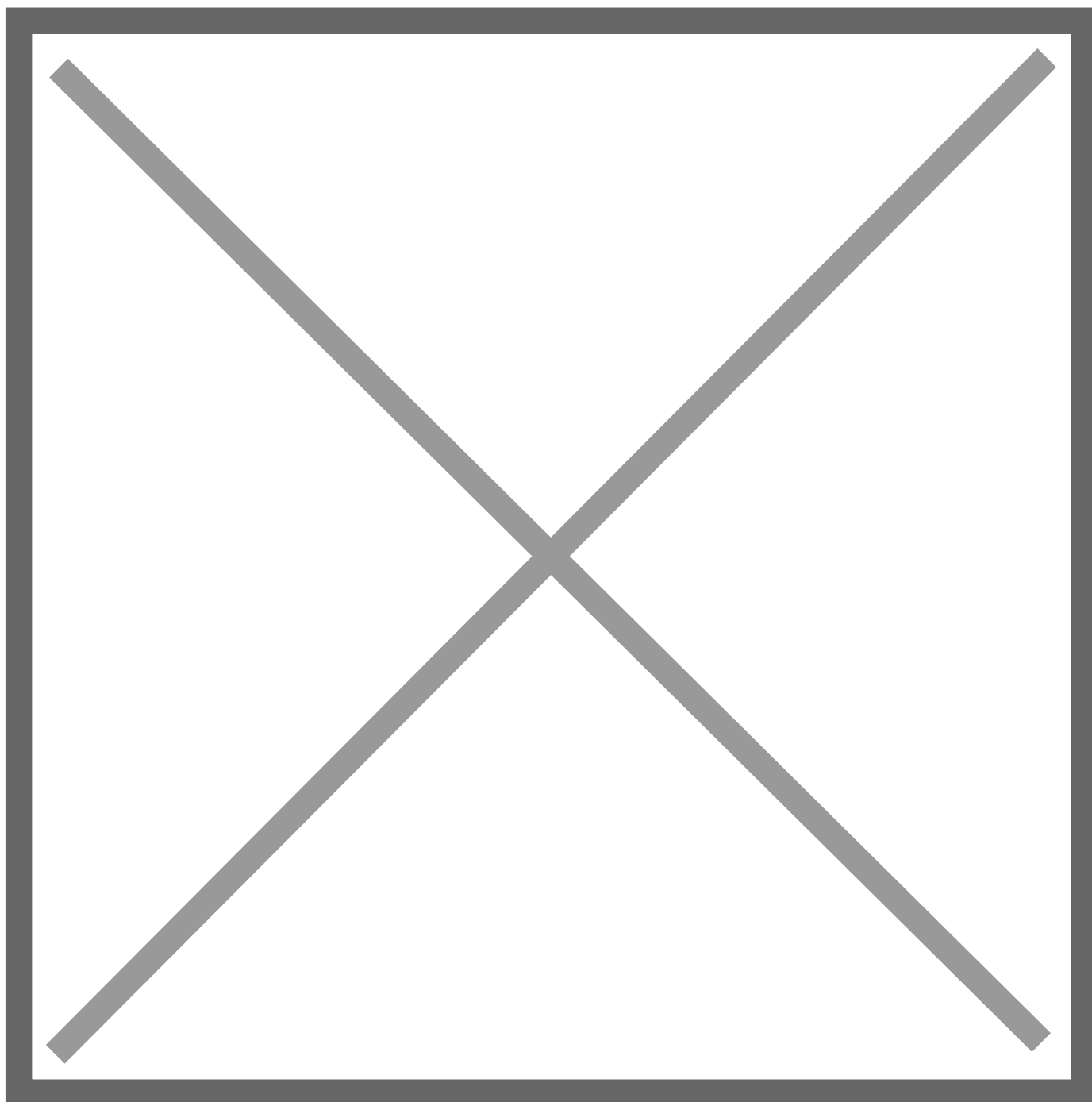
WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at [https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-\(age-standardized-estimate\)-\(-\)](https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-))

**Möisted:**

Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.

---

## Naised, 2022



**Uuringu tüüp:**

Ise teatatud

**Vanus:**

18+

**Hõlmatud  
piirkond:**

Riiklik

**Viited:**

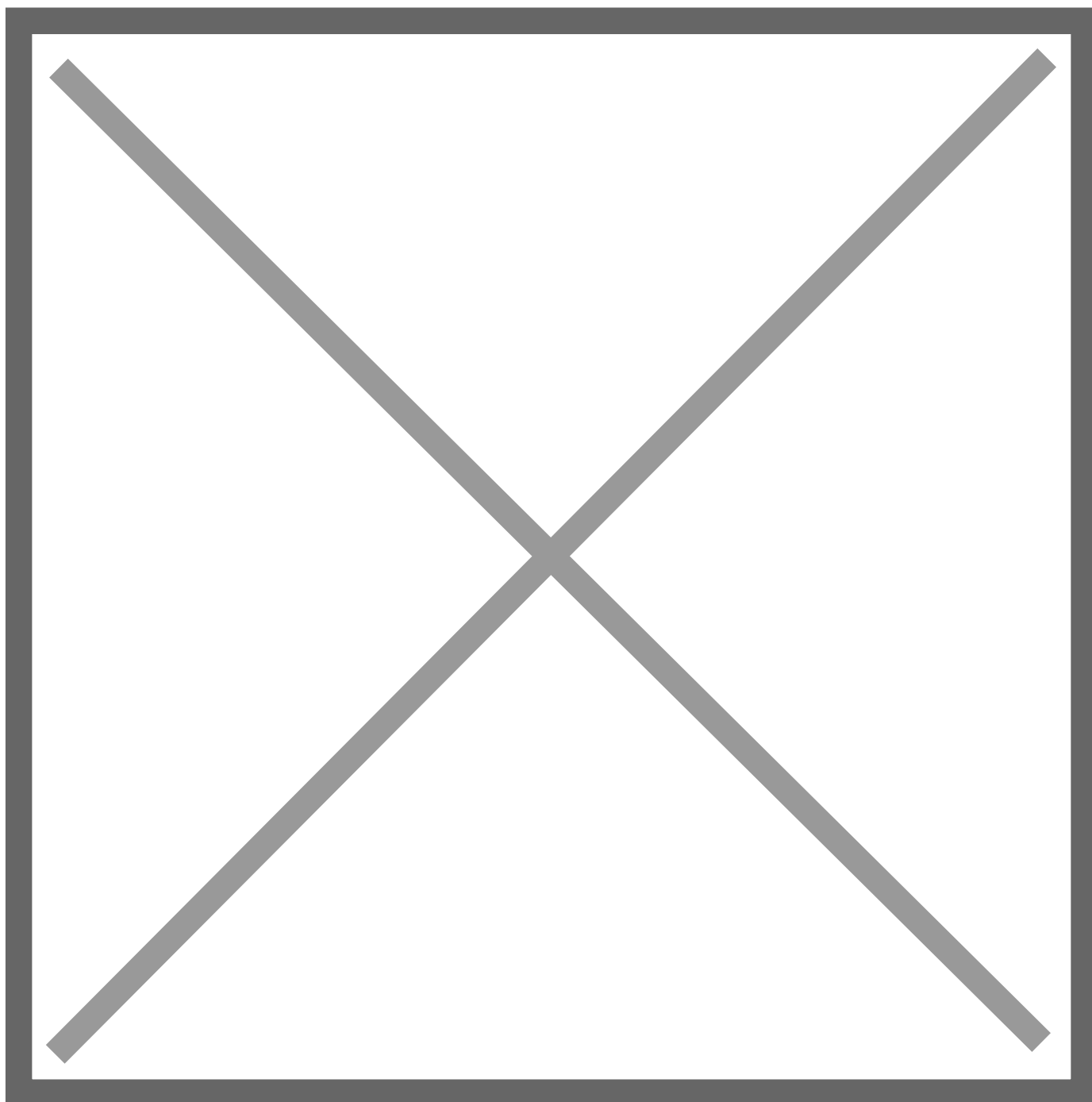
WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at [https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-\(age-standardized-estimate\)-\(-\)](https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-))

**Möisted:**

Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.

---

## Poisid, 2022



### Viited:

Rakić JG, Hamrik Z, Dzielska A, Felder-Puig R, Oja L, Bakalár P et al. A focus on adolescent physical activity, eating behaviours, weight status and body image in Europe, central Asia and Canada. Health Behaviour in School-aged Children international report from the 2021/2022 survey. Volume 4. Copenhagen: WHO Regional Office for Europe; 2024. Licence: CC BY-NC-SA 3.0 IGO. Health Behaviour in School-aged Children study (2023), Data browser (findings from the 2021/22 international HBSC survey): <https://data-browser.hbsc.org>.

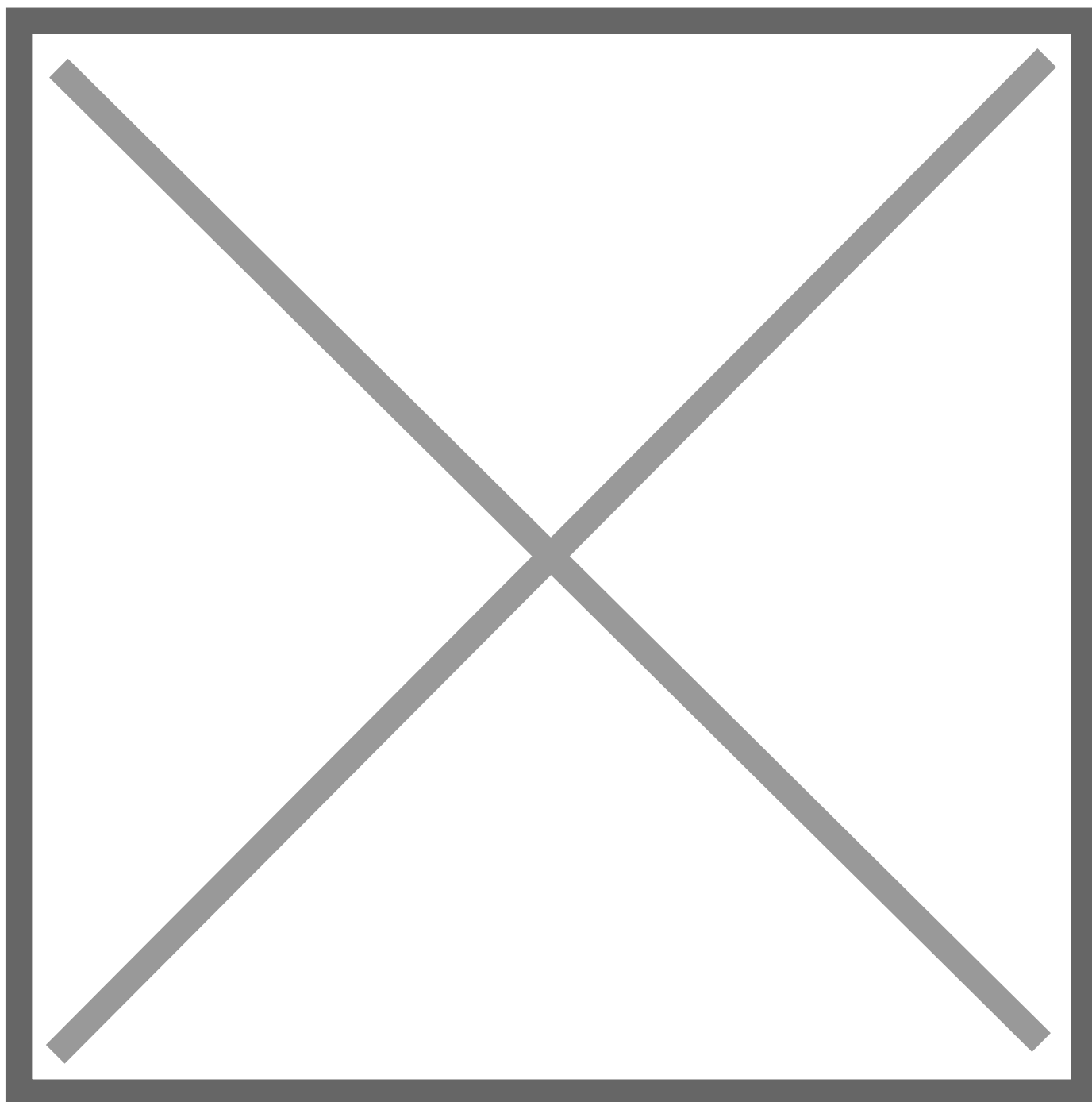
### Märkused:

Young people were asked to report the number of days over the past week during which they were physically active for a total of at least 60 minutes. The question was introduced by text defining moderate-to-vigorous physical activity (MVPA) as any activity that increases the heart rate and makes the person get out of breath some of the time, with examples provided. Findings presented on the Observatory show the proportions who report less than 60 minutes of MVPA daily.

Möisted:

% reporting less than 60 minutes of MVPA daily

## Tüdrukud, 2022



### Viited:

Rakić JG, Hamrik Z, Dzielska A, Felder-Puig R, Oja L, Bakalár P et al. A focus on adolescent physical activity, eating behaviours, weight status and body image in Europe, central Asia and Canada. Health Behaviour in School-aged Children international report from the 2021/2022 survey. Volume 4. Copenhagen: WHO Regional Office for Europe; 2024. Licence: CC BY-NC-SA 3.0 IGO. Health Behaviour in School-aged Children study (2023), Data browser (findings from the 2021/22 international HBSC survey): <https://data-browser.hbsc.org>.

### Märkused:

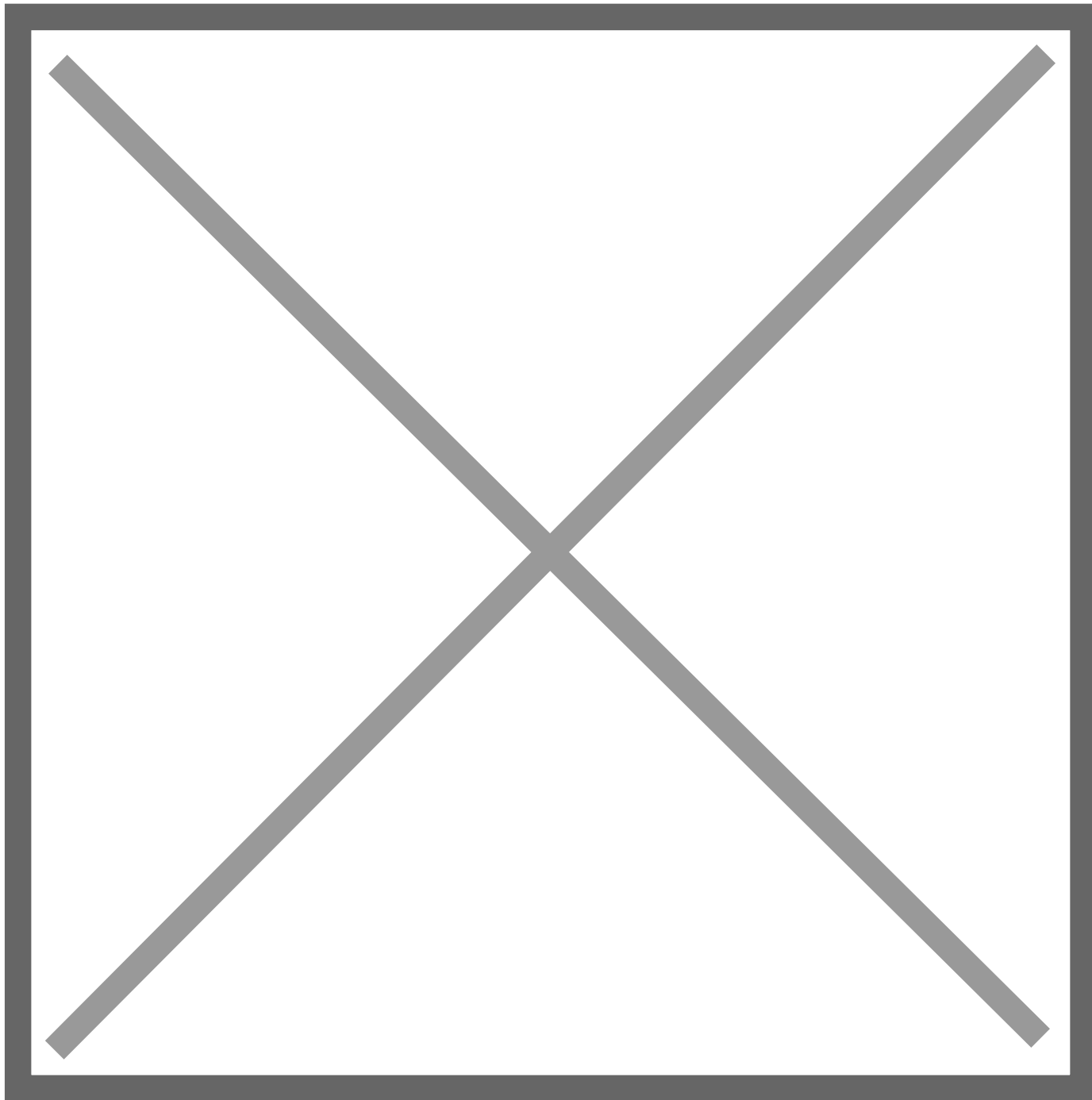
Young people were asked to report the number of days over the past week during which they were physically active for a total of at least 60 minutes. The question was introduced by text defining moderate-to-vigorous physical activity (MVPA) as any activity that increases the heart rate and makes the person get out of breath some of the time, with examples provided. Findings presented on the Observatory show the proportions who report less than 60 minutes of MVPA daily.

Möisted:

% reporting less than 60 minutes of MVPA daily

## Suhkrutarbimine

Täiskasvanud, 2016



**Viited:**

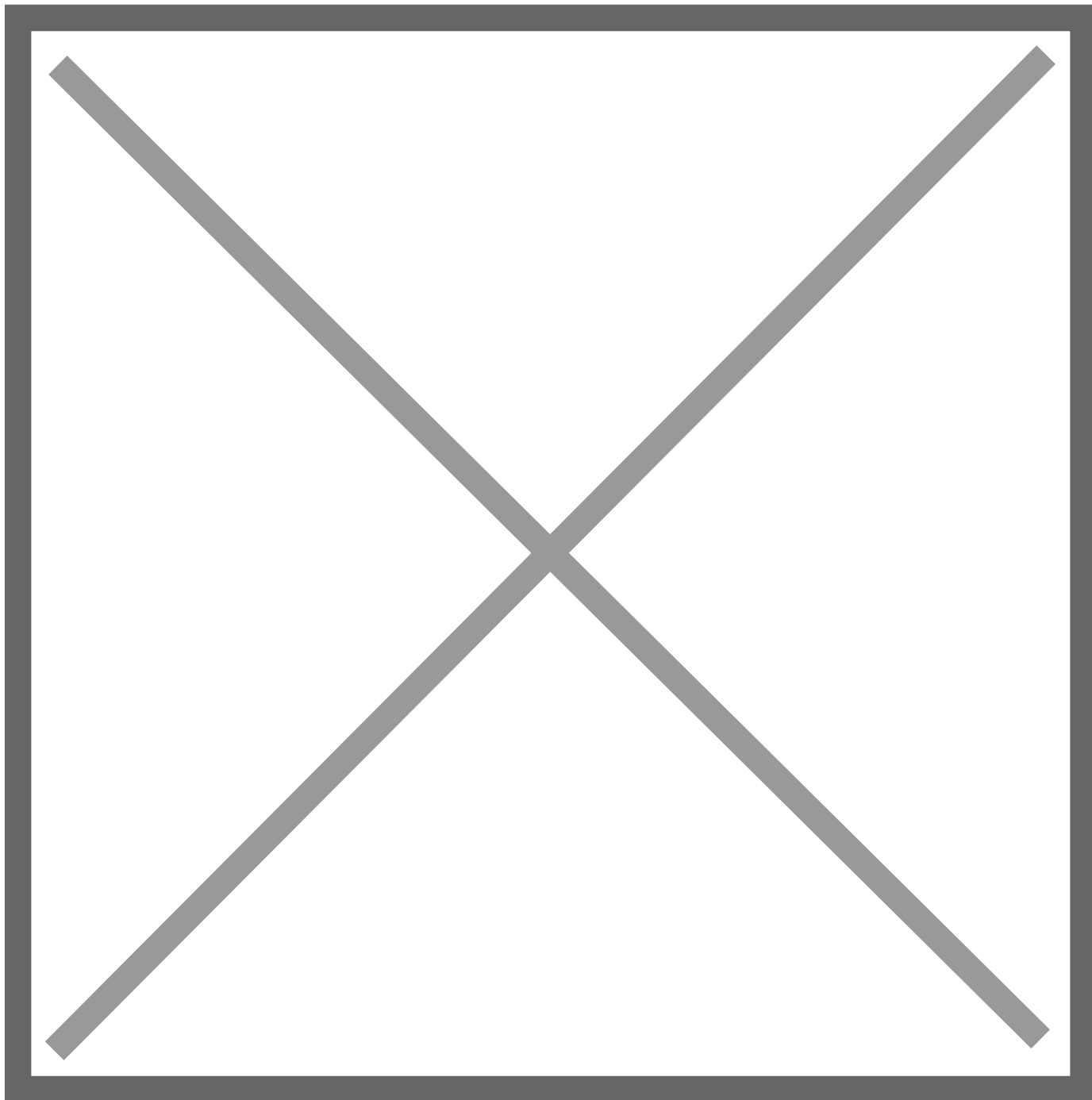
Source: Euromonitor International

**Mõisted:**

Sugar consumption (Number of 500g sugar portions/person/month)

## Hinnanguline suhkruga magustatud jookide tarbimine inimese kohta

Täiskasvanud, 2016

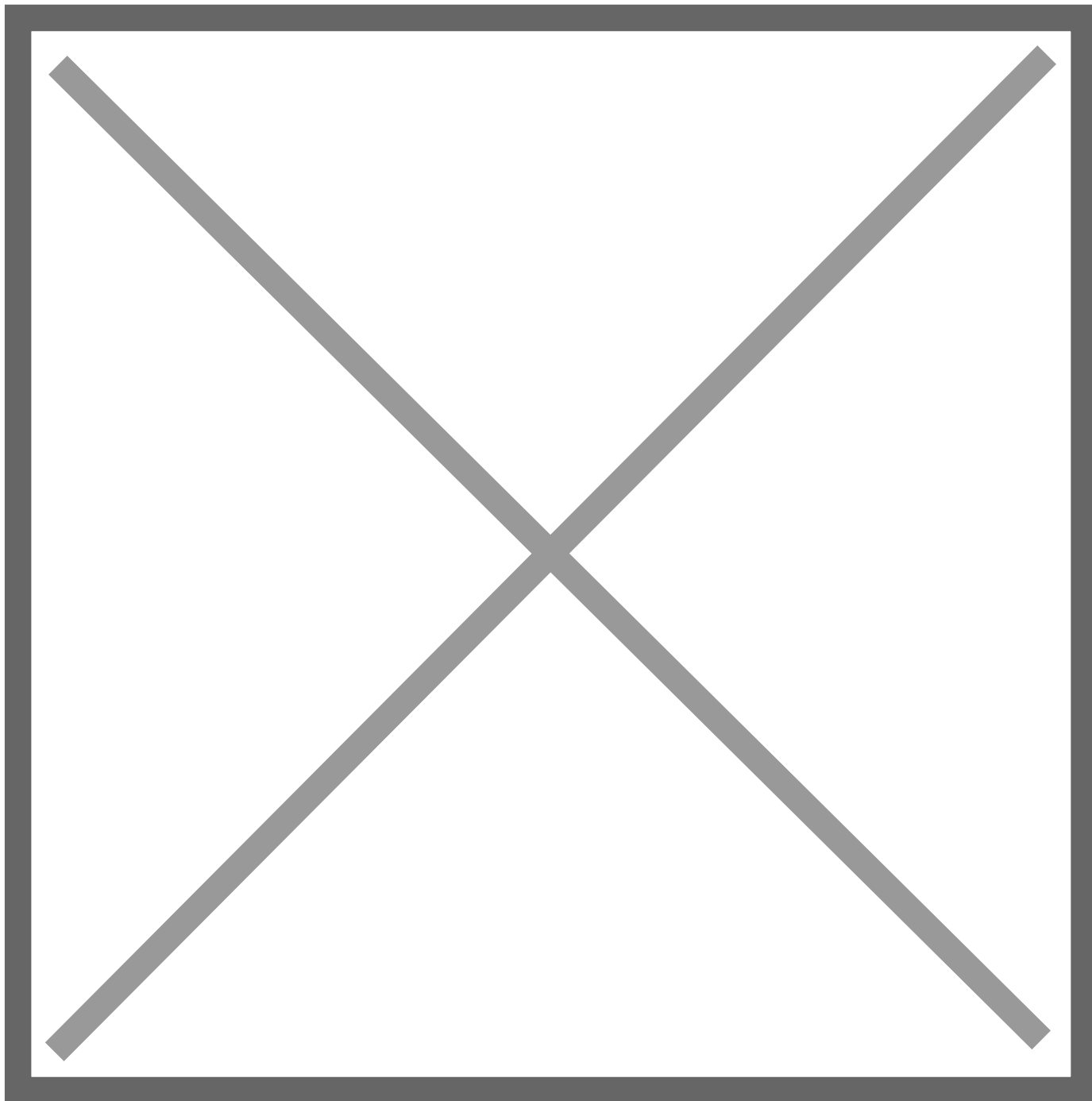


Viited:

Source: Euromonitor International

## Gaseeritud karastusjookide vähemalt igapäevase tarbimise levimus

Poisid, 2021-2022

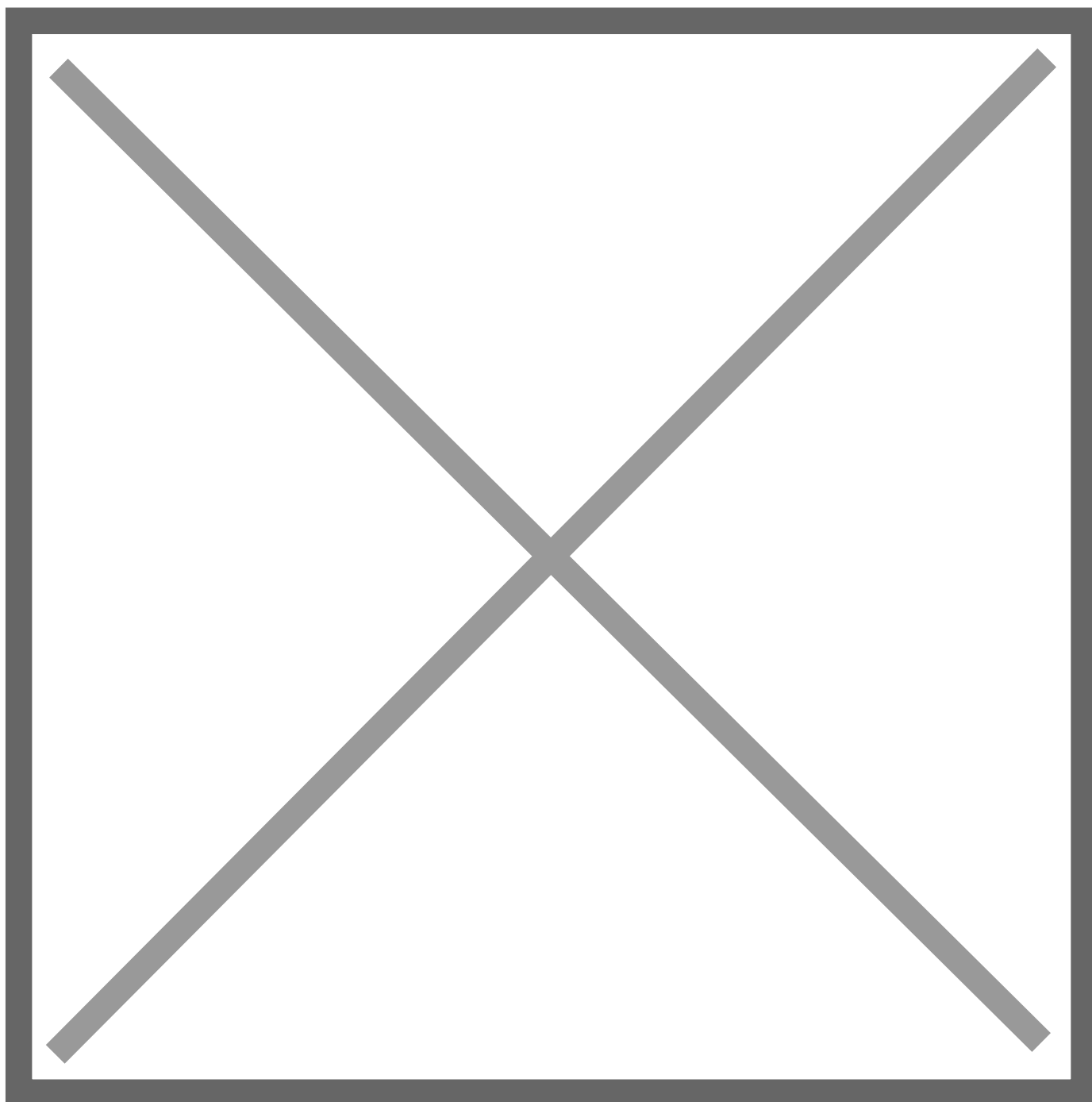


Hõlmatud  
piirkond:

Riiklik

|                 |                                                                                                                                                                                                          |
|-----------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Viited:</b>  | Health Behaviour in School-aged Children study (2023), Data browser (findings from the 2021/22 international HBSC survey): <a href="https://data-browser.hbsc.org..">https://data-browser.hbsc.org..</a> |
| <b>Mõisted:</b> | Proportion who reported drinking sugary soft drinks daily (at least once)                                                                                                                                |

## Tüdrukud, 2021-2022



**Hõlmatud  
piirkond:**

Riiklik

**Viited:**

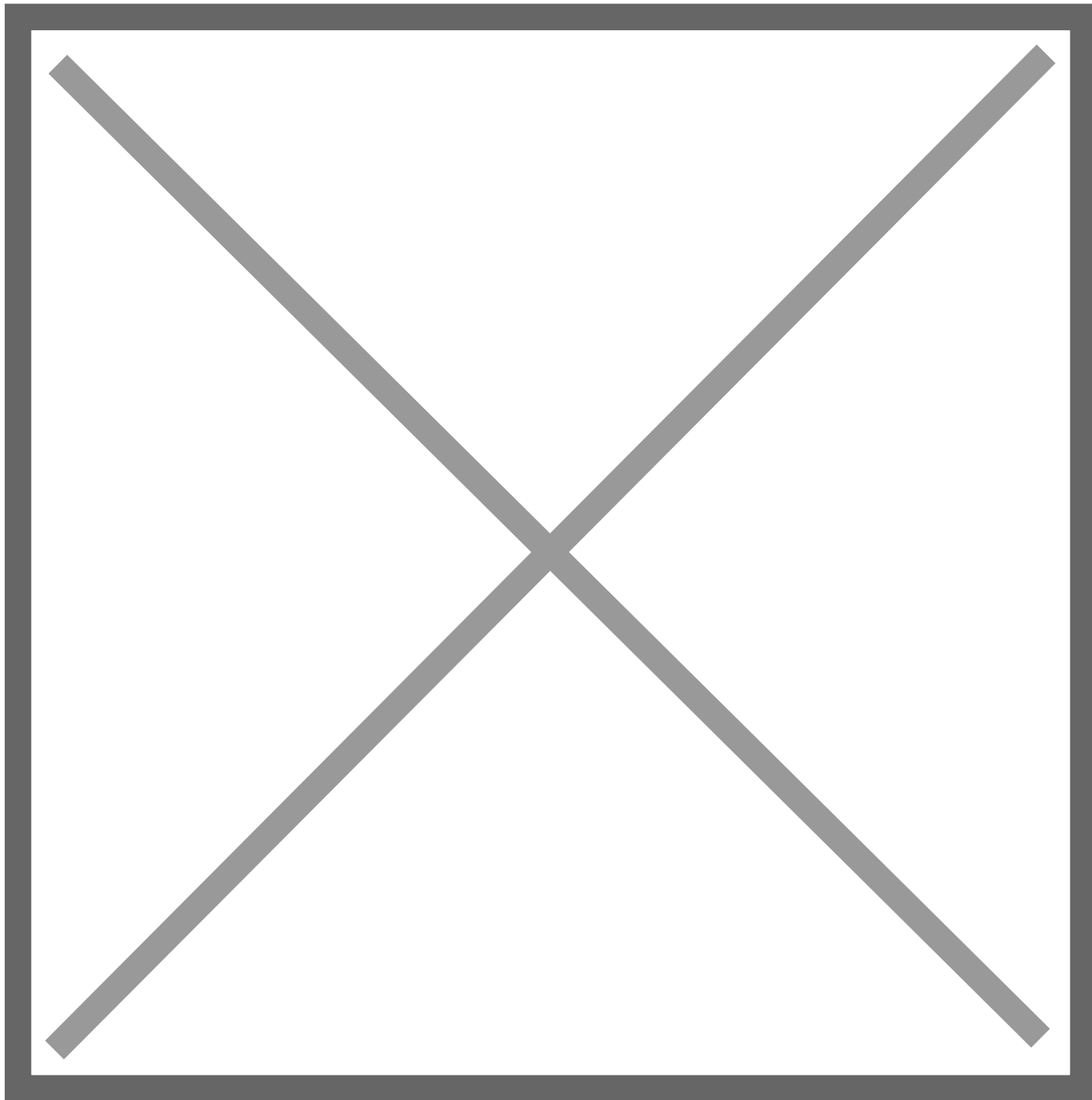
Health Behaviour in School-aged Children study (2023), Data browser (findings from the 2021/22 international HBSC survey): <https://data-browser.hbsc.org..>

**Mõisted:**

Proportion who reported drinking sugary soft drinks daily (at least once)

## Maiustuste tarbimise levimus

Täiskasvanud, 2016



**Viited:**

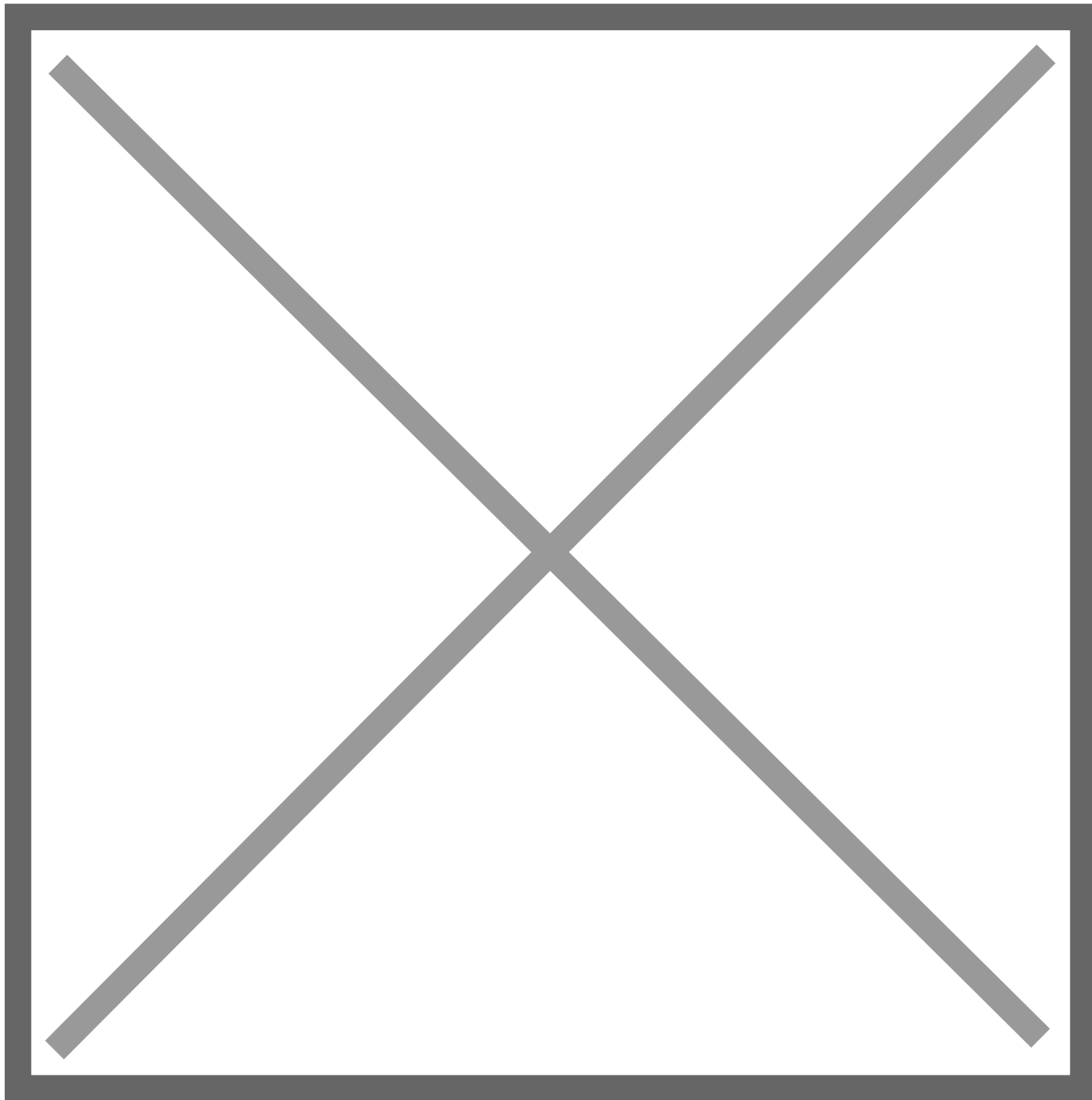
Source: Euromonitor International

**Mõisted:**

Prevalence of confectionery consumption (Number of 50g confectionery portions/person/month)

## Magusate / soolaste suupistete tarbimise levimus

Täiskasvanud, 2016



**Viited:**

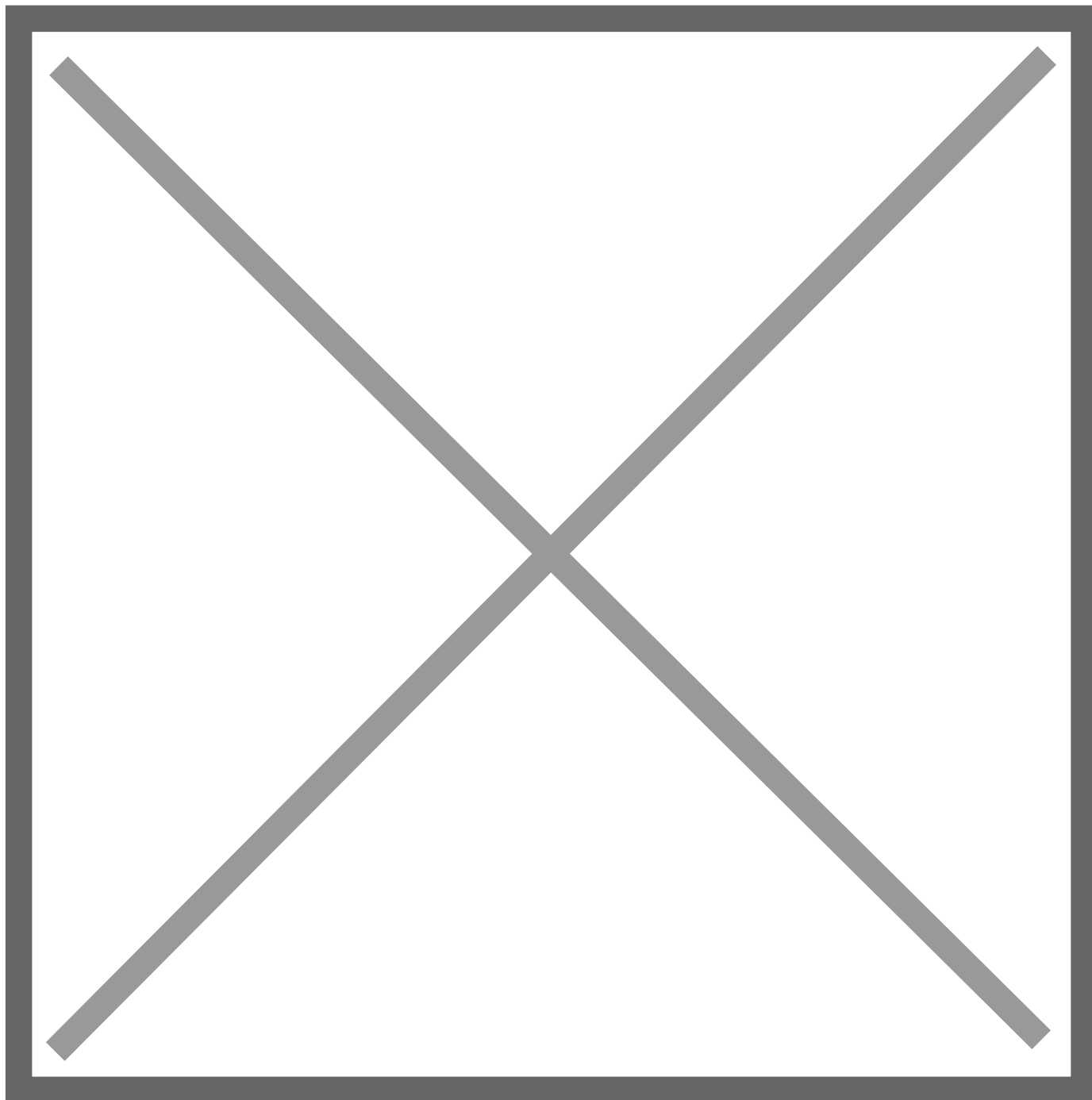
Source: Euromonitor International

**Mõisted:**

Prevalence of sweet/savoury snack consumption (Number of 35g sweet/savoury snack portions/person/month)

## Estimated per capita fruit intake

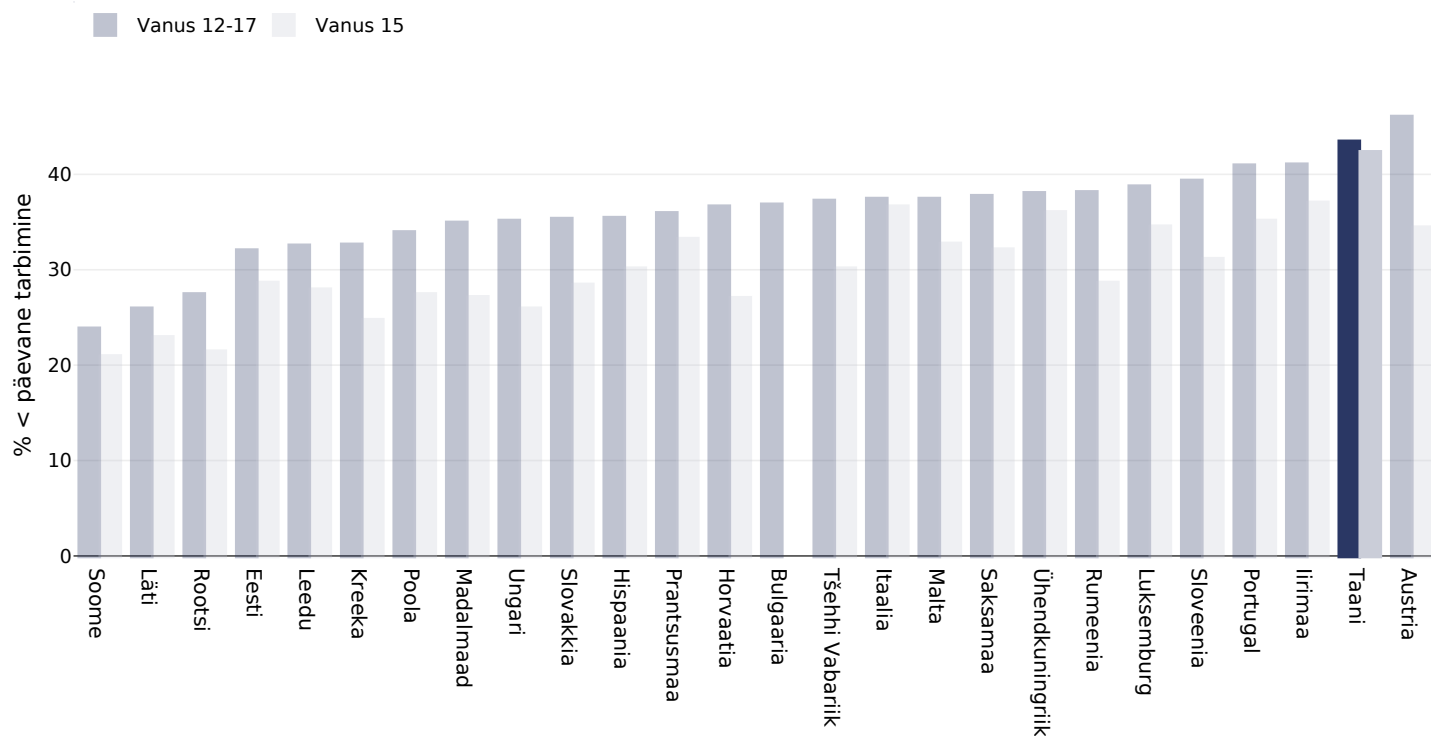
Täiskasvanud, 2017



|                      |                                                                                                                                                 |
|----------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Uuringu tüüp:</b> | Möödetud                                                                                                                                        |
| <b>Vanus:</b>        | 25+                                                                                                                                             |
| <b>Viited:</b>       | Global Burden of Disease, the Institute for Health Metrics and Evaluation <a href="http://ghdx.healthdata.org/">http://ghdx.healthdata.org/</a> |
| <b>Mõisted:</b>      | Estimated per-capita fruit intake (g/day)                                                                                                       |

## Puuviljade vähem kui igapäevase tarbimise levimus

### Lapsed, 2014



**Uuringu tüüp:**

Möödetud

**Viited:**

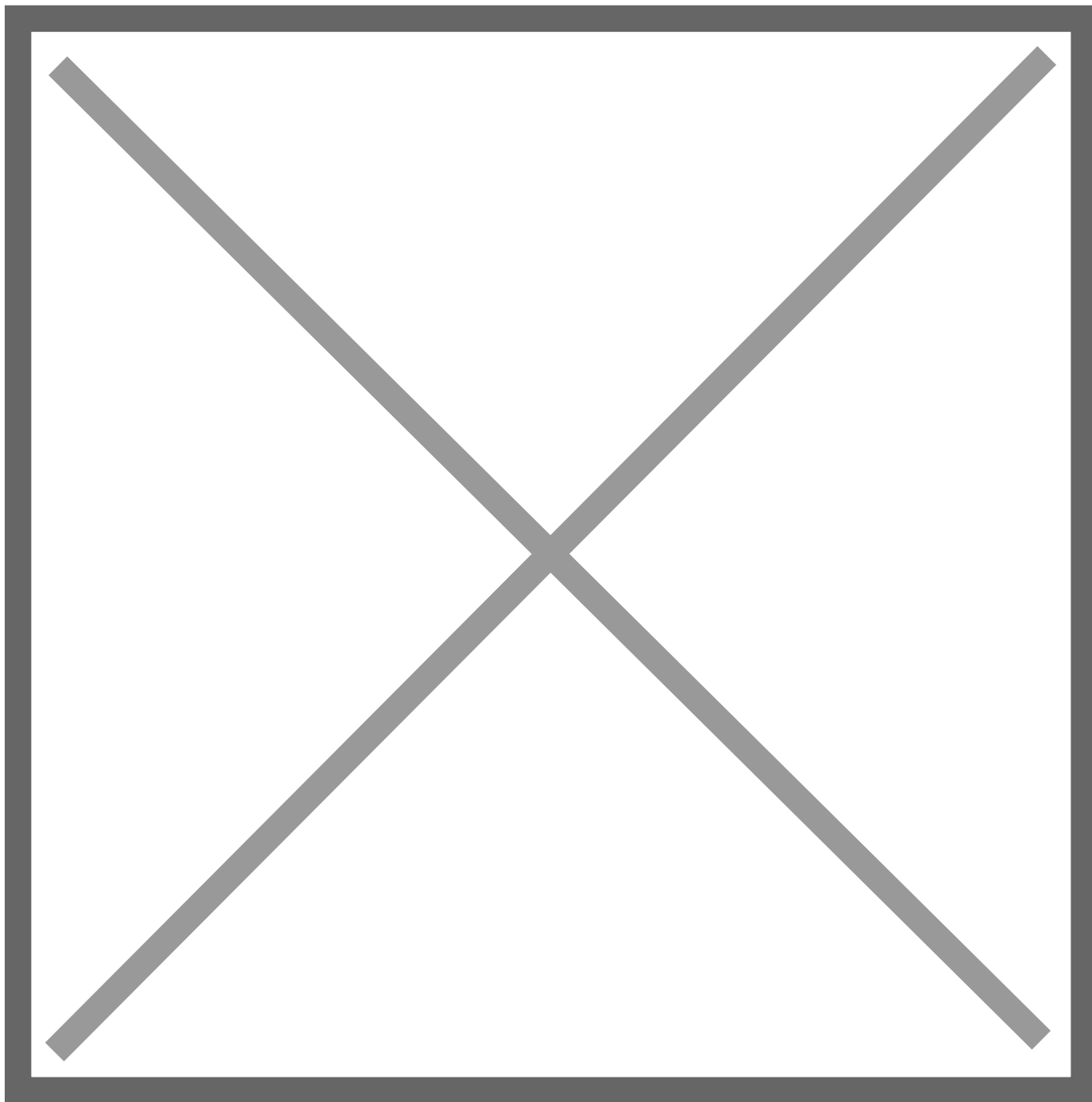
Global School-based Student Health Surveys. Beal et al (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287>. Sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

**Mõisted:**

Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)

## Köögiviljade vähem kui igapäevase tarbimise levimus

Lapsed, 2014



Uuringu tüüp:

Möödetud

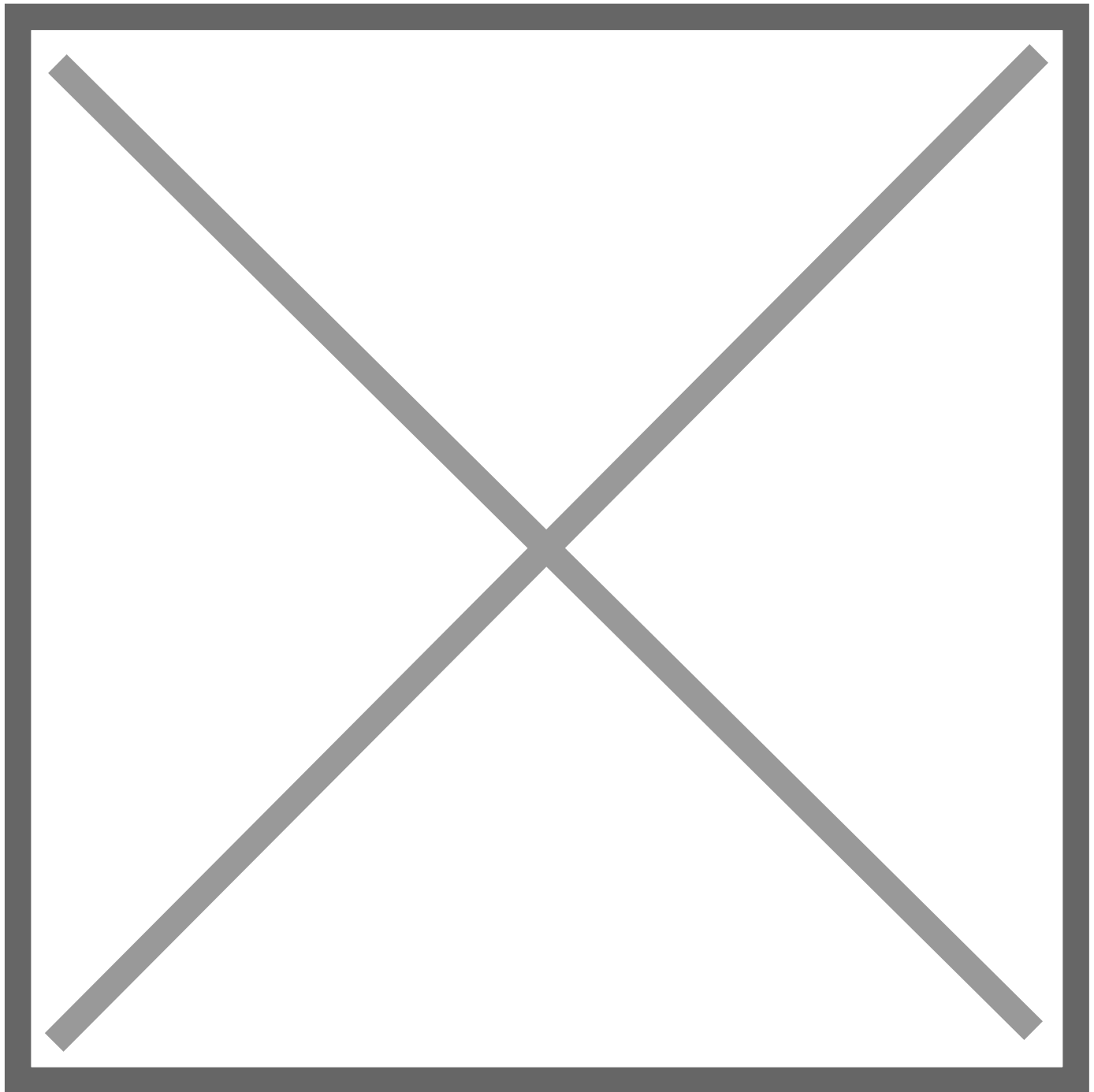
Vanus:

12-17

|                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
|-----------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Viited:</b>  | Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <a href="https://doi.org/10.1177/0379572119848287">https://doi.org/10.1177/0379572119848287</a> sourced from Food Systems Dashboard <a href="http://www.foodsystemsdashboard.org/food-system">http://www.foodsystemsdashboard.org/food-system</a> |
| <b>Mõisted:</b> | Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)                                                                                                                                                                                                                                                                                                                                                                       |

## Hinnanguline töödeldud liha tarbimine inimese kohta

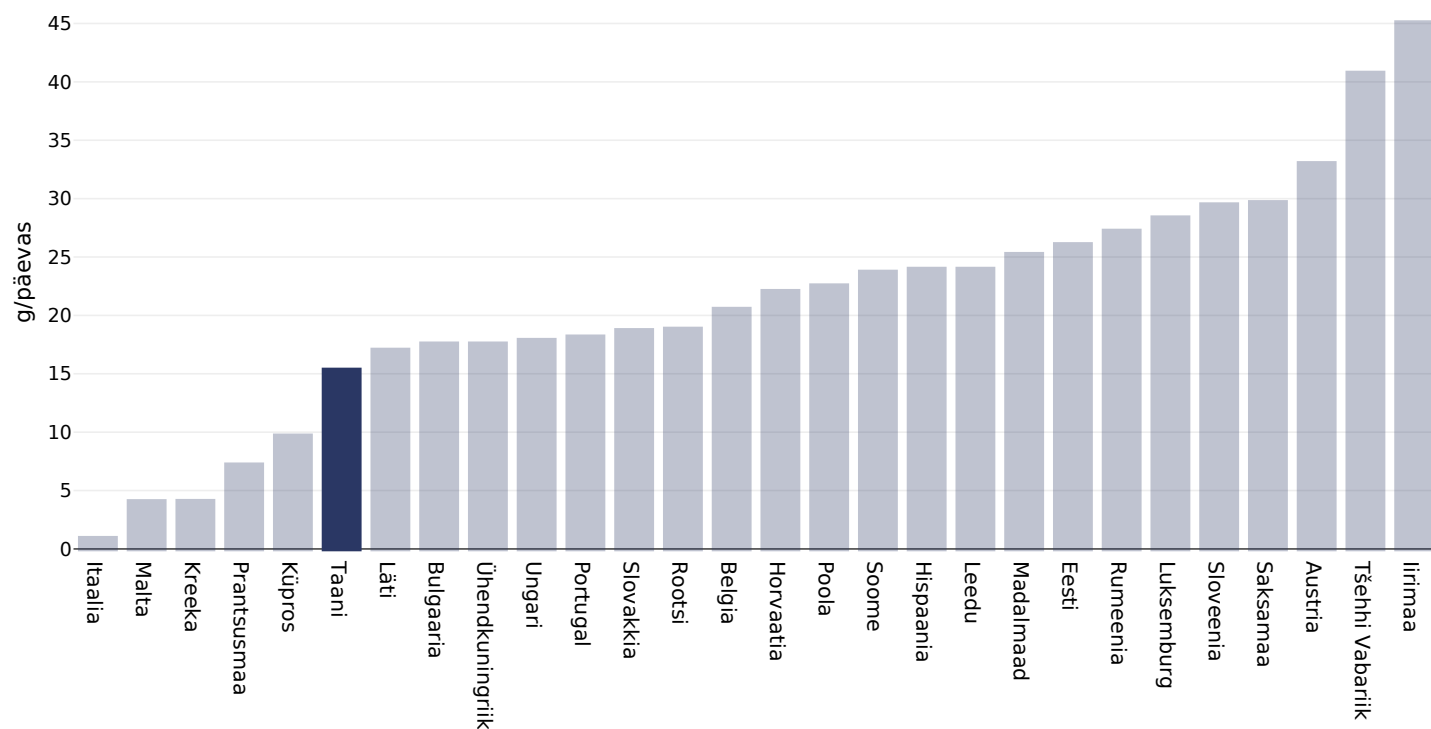
Täiskasvanud, 2017



|                      |                                                                                                                                                 |
|----------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Uuringu tüüp:</b> | Möödetud                                                                                                                                        |
| <b>Vanus:</b>        | 25+                                                                                                                                             |
| <b>Viited:</b>       | Global Burden of Disease, the Institute for Health Metrics and Evaluation <a href="http://ghdx.healthdata.org/">http://ghdx.healthdata.org/</a> |
| <b>Mõisted:</b>      | Estimated per-capita processed meat intake (g per day)                                                                                          |

## Estimated per capita whole grains intake

Täiskasvanud, 2017



**Uuringu tüüp:**

Mõõdetud

**Vanus:**

25+

**Viited:**

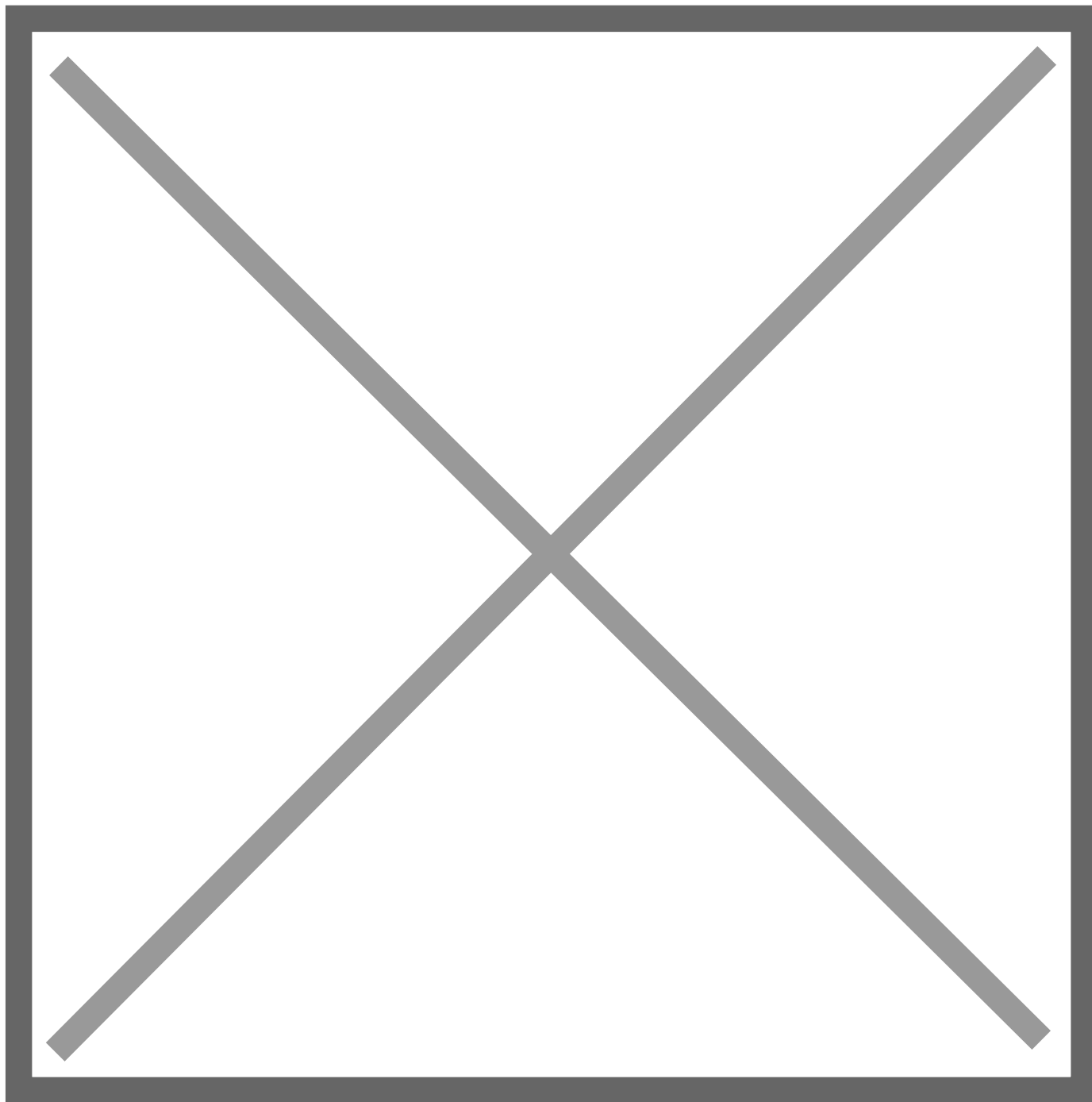
Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

**Mõisted:**

Estimated per-capita whole grains intake (g/day)

## Vaimne tervis - depressiivsed häired

Täiskasvanud, 2021



Vanus:

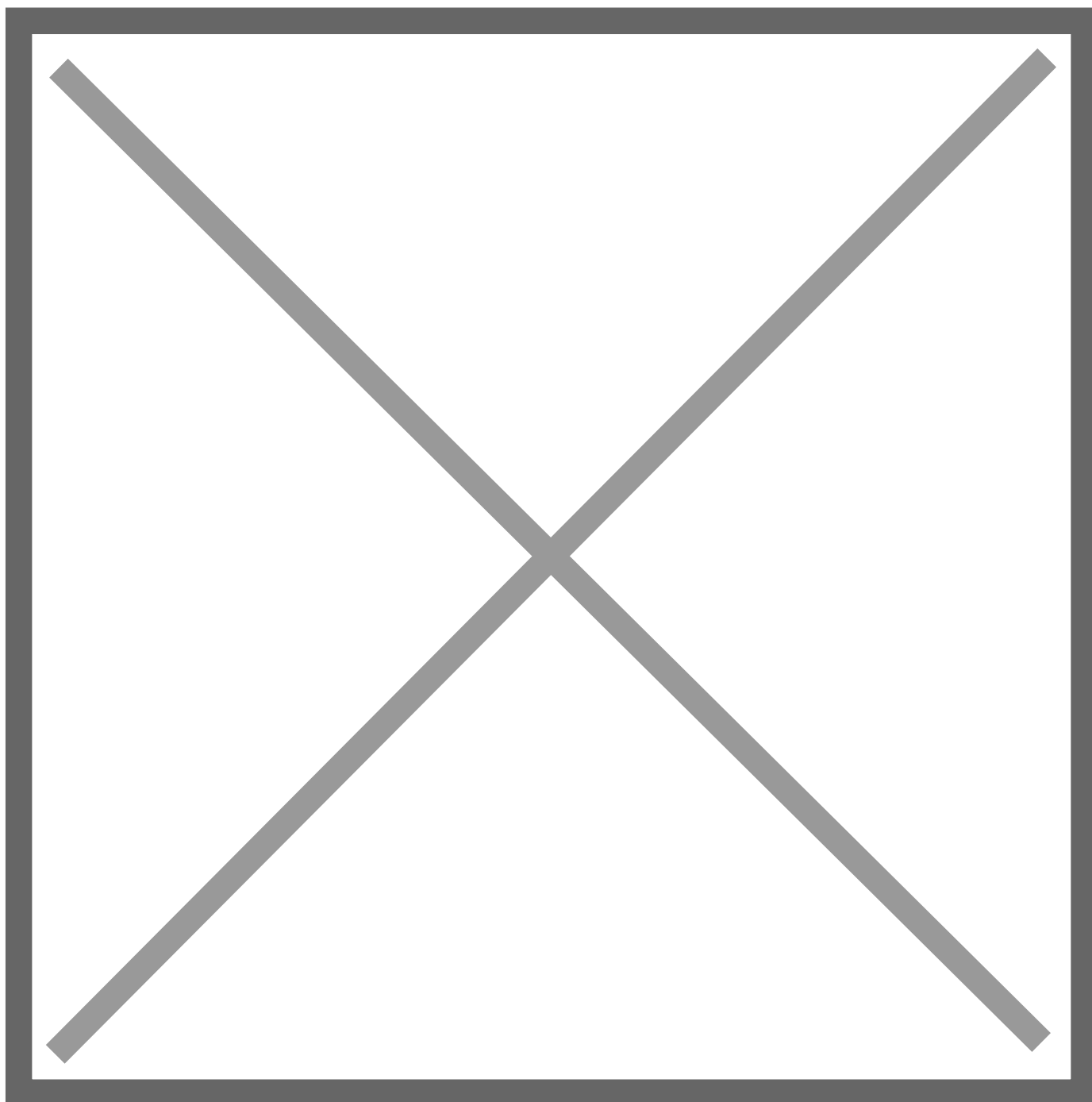
20+

Hõlmatud  
piirkond:

Riiklik

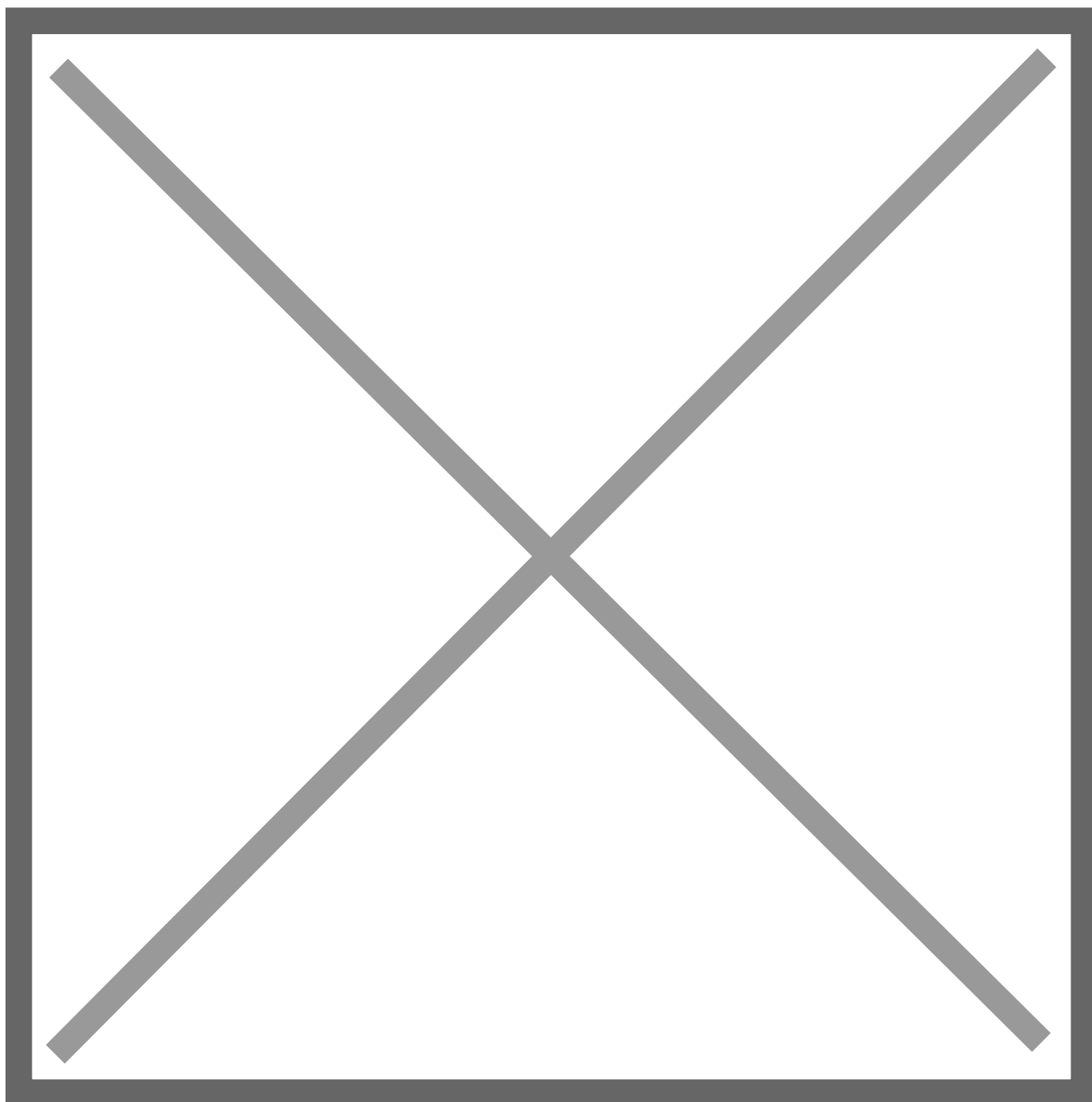
|                 |                                                                                                                                                                                                                                                                                                                             |
|-----------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Viited:</b>  | Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <a href="http://vizhub.healthdata.org/gbd-compare">http://vizhub.healthdata.org/gbd-compare</a> . (Last accessed 23.04.25) |
| <b>Mõisted:</b> | Number living with depression per 100,000 population (adults 20+ years)                                                                                                                                                                                                                                                     |

## Mehed, 2021



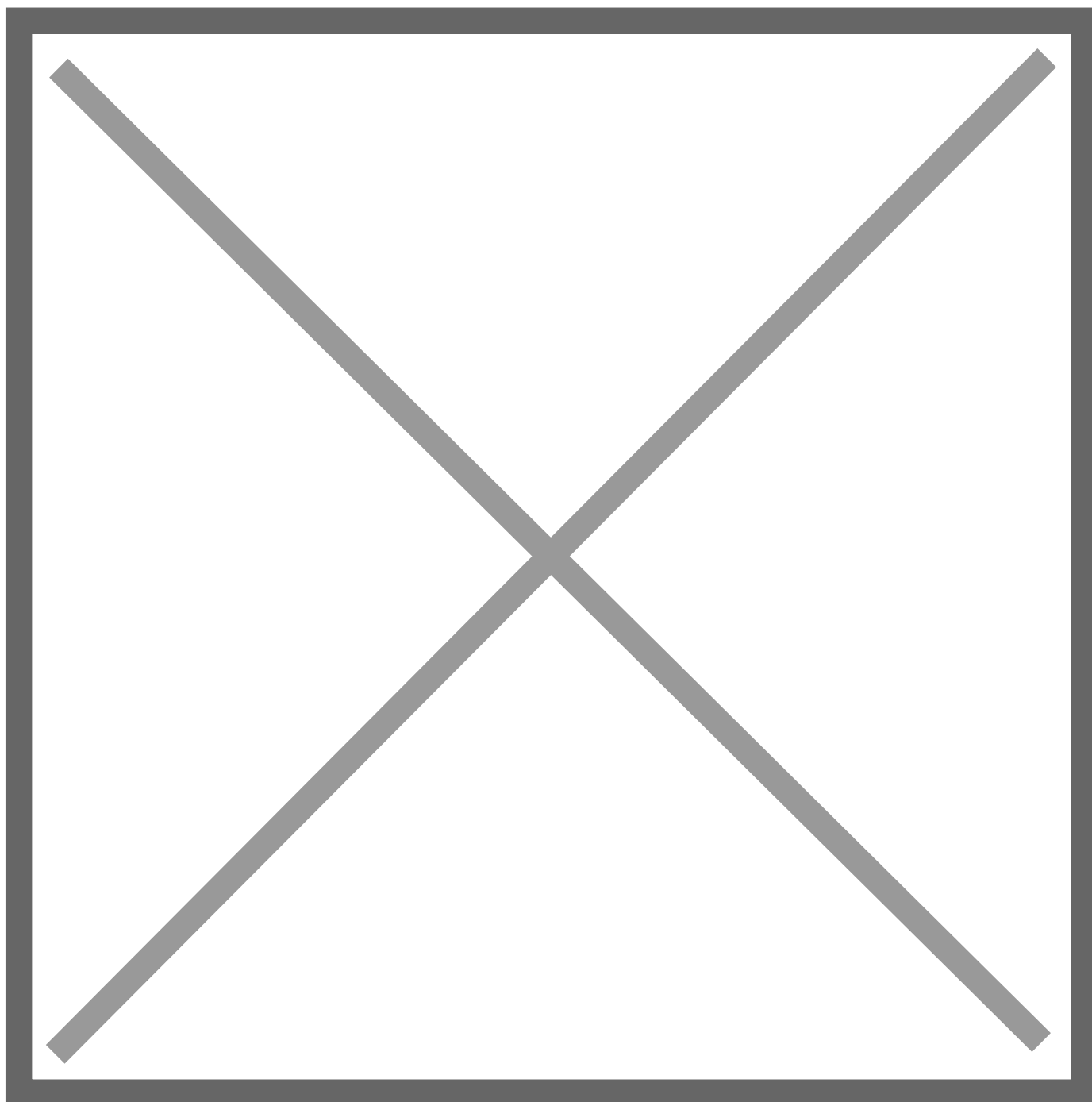
|                           |                                                                                                                                                                                                                                                                                                                             |
|---------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Vanus:</b>             | 20+                                                                                                                                                                                                                                                                                                                         |
| <b>Hõlmatud piirkond:</b> | Riiklik                                                                                                                                                                                                                                                                                                                     |
| <b>Viited:</b>            | Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <a href="http://vizhub.healthdata.org/gbd-compare">http://vizhub.healthdata.org/gbd-compare</a> . (Last accessed 23.04.25) |
| <b>Mõisted:</b>           | Number living with depression per 100,000 population (adults 20+ years)                                                                                                                                                                                                                                                     |

## Naised, 2021



|                           |                                                                                                                                                                                                                                                                                                                             |
|---------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Vanus:</b>             | 20+                                                                                                                                                                                                                                                                                                                         |
| <b>Hõlmatud piirkond:</b> | Riiklik                                                                                                                                                                                                                                                                                                                     |
| <b>Viited:</b>            | Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <a href="http://vizhub.healthdata.org/gbd-compare">http://vizhub.healthdata.org/gbd-compare</a> . (Last accessed 23.04.25) |
| <b>Mõisted:</b>           | Number living with depression per 100,000 population (adults 20+ years)                                                                                                                                                                                                                                                     |

## Lapsed, 2021



**Hõlmatud  
piirkond:**

Riiklik

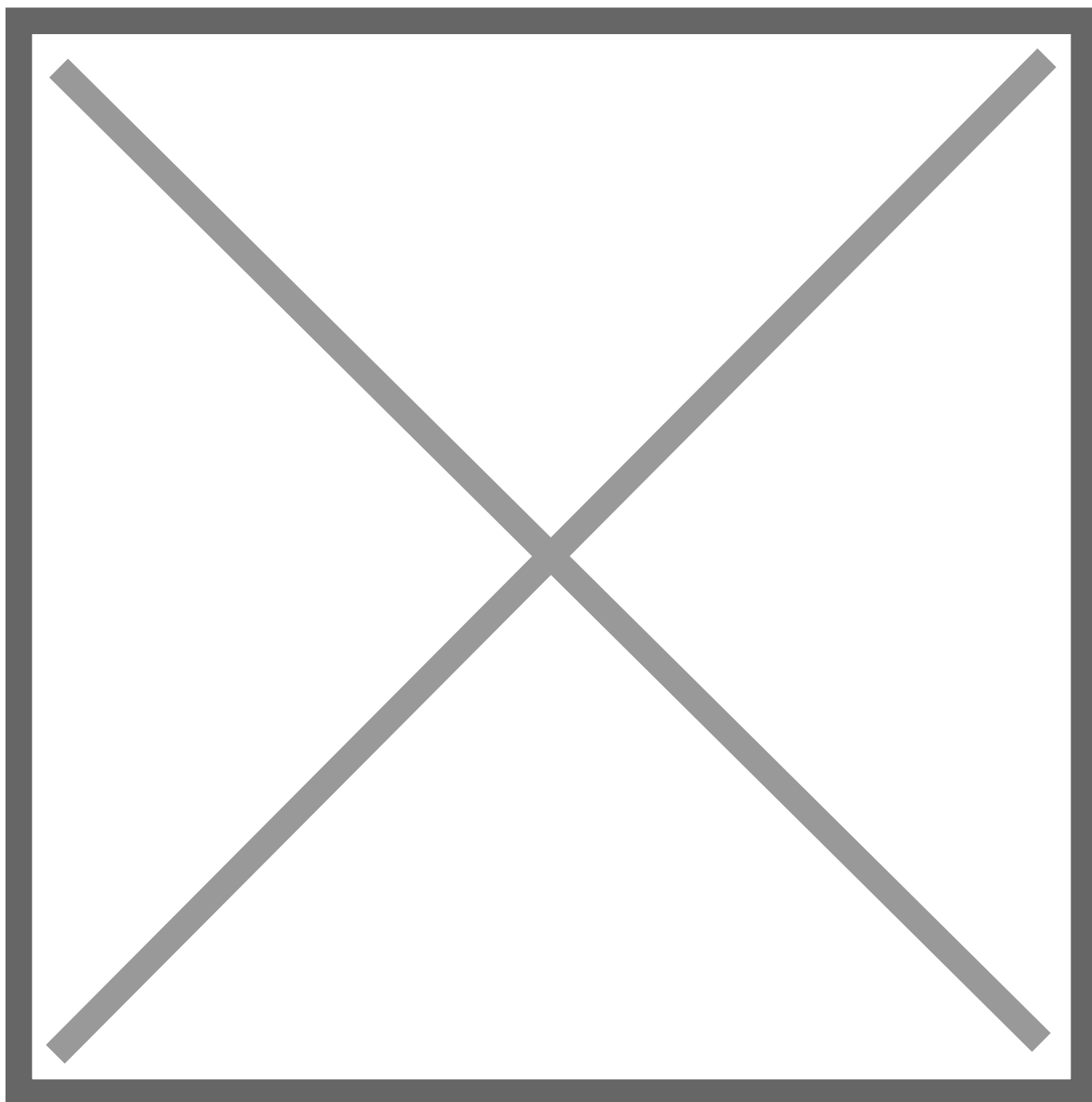
**Viited:**

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**Mõisted:**

Number living with depressive disorder per 100,000 population (Under 20 years of age)

## Poisid, 2021



**Hõlmatud  
piirkond:**

Riiklik

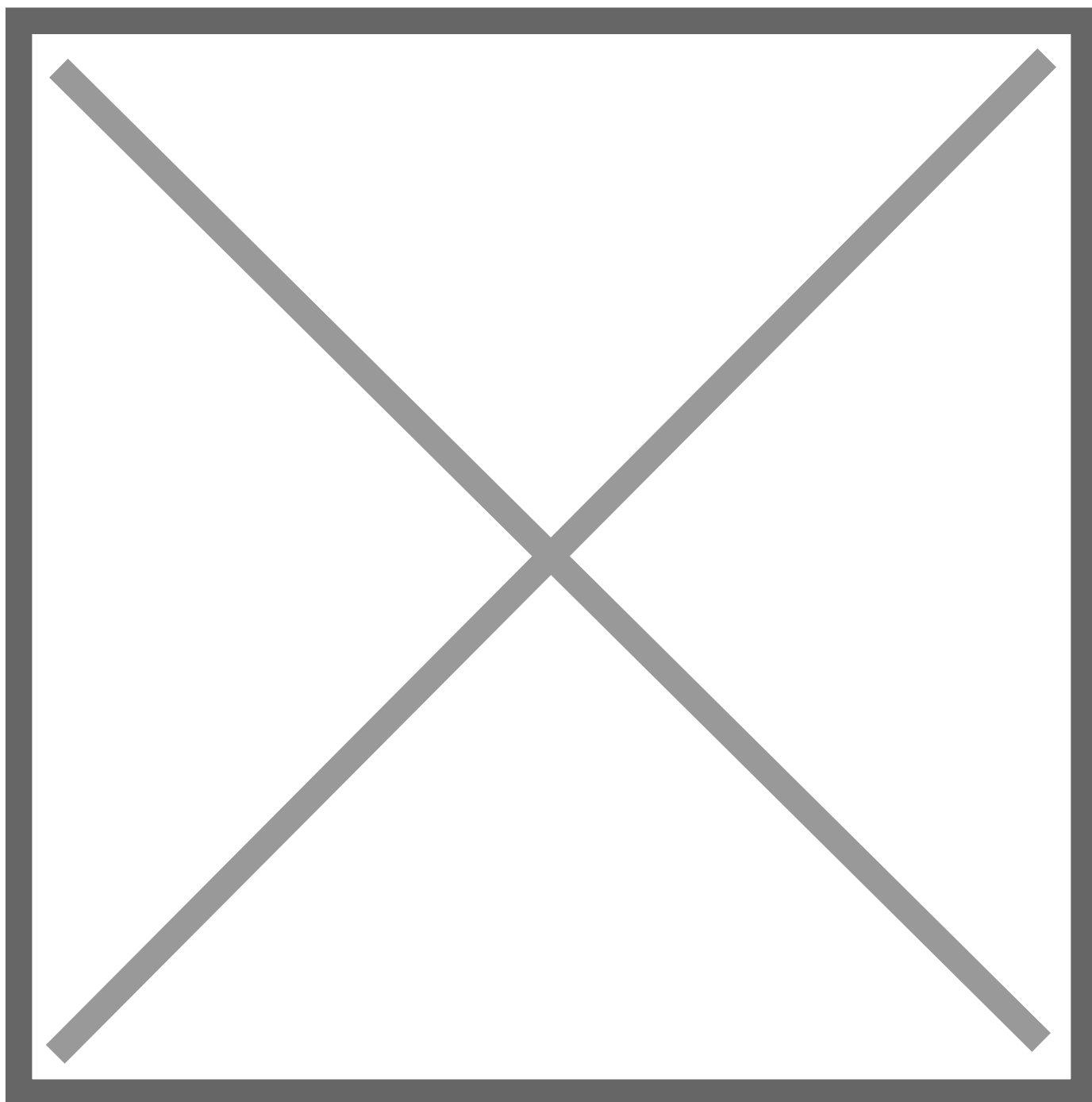
**Viited:**

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**Mõisted:**

Number living with depressive disorder per 100,000 population (Under 20 years of age)

## Tüdrukud, 2021



**Hõlmatud  
piirkond:**

Riiklik

**Viited:**

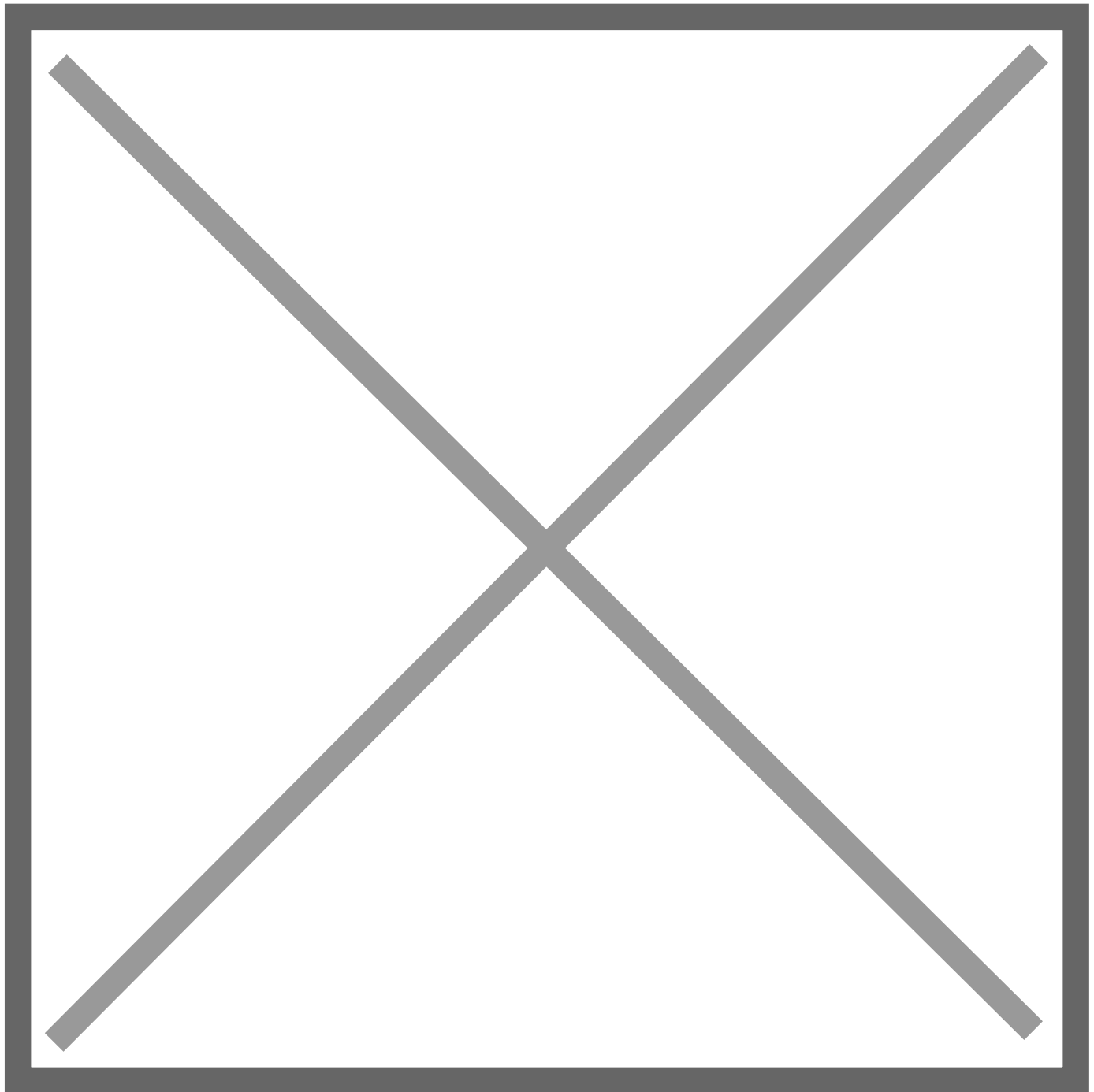
Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**Mõisted:**

Number living with depressive disorder per 100,000 population (Under 20 years of age)

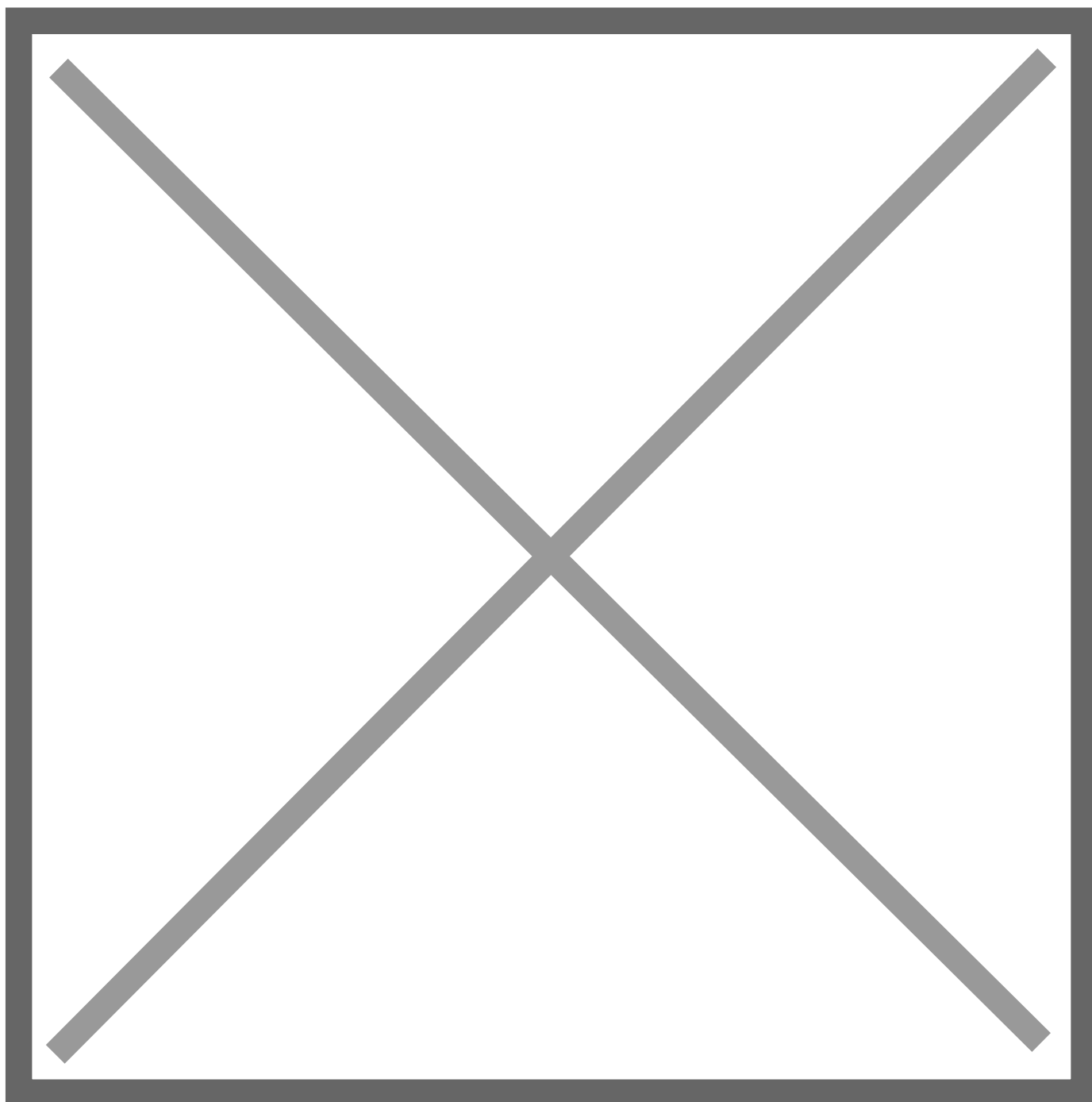
## Vaimne tervis - ärevushäired

Täiskasvanud, 2021



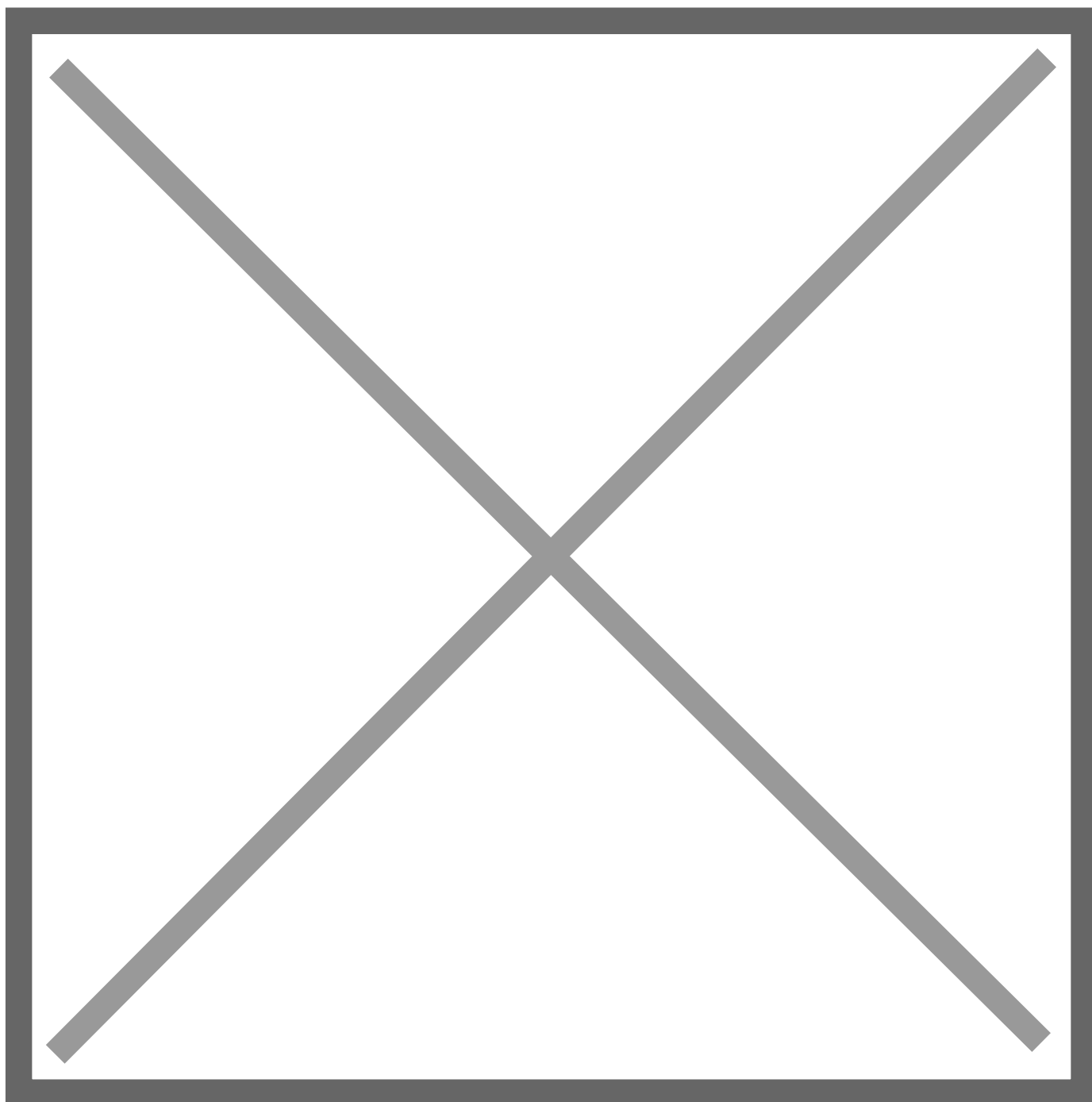
|                 |                                                                                                                                                                                                                                                                                                                              |
|-----------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Vanus:</b>   | 20+                                                                                                                                                                                                                                                                                                                          |
| <b>Viited:</b>  | Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <a href="http://vizhub.healthdata.org/gbd-compare">http://vizhub.healthdata.org/gbd-compare</a> . (Last accessed 23.04.25). |
| <b>Mõisted:</b> | Number living with anxiety per 100,000 population                                                                                                                                                                                                                                                                            |

## Mehed, 2021



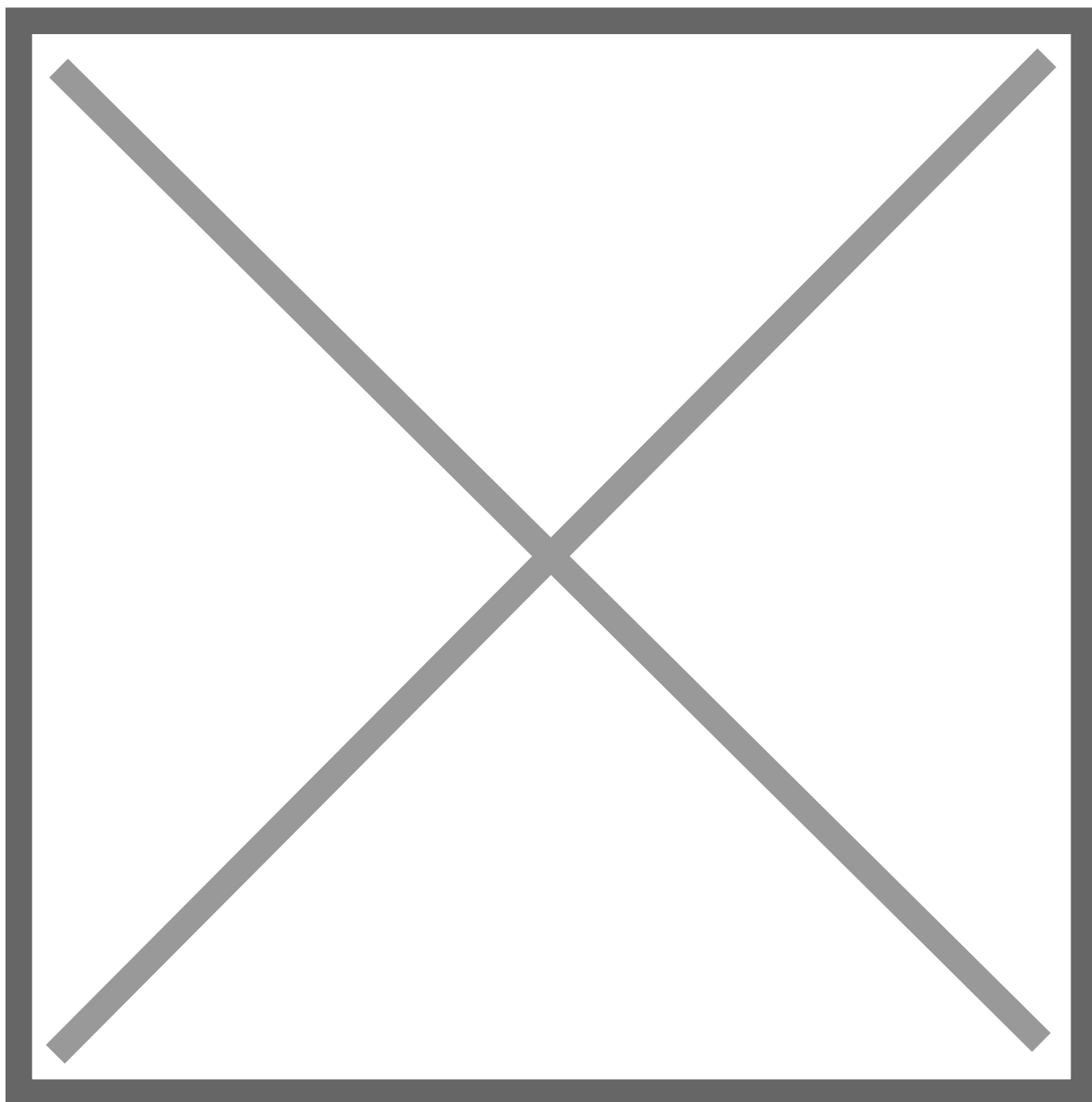
|                 |                                                                                                                                                                                                                                                                                                                              |
|-----------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Vanus:</b>   | 20+                                                                                                                                                                                                                                                                                                                          |
| <b>Viited:</b>  | Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <a href="http://vizhub.healthdata.org/gbd-compare">http://vizhub.healthdata.org/gbd-compare</a> . (Last accessed 23.04.25). |
| <b>Mõisted:</b> | Number living with anxiety per 100,000 population                                                                                                                                                                                                                                                                            |

## Naised, 2021



|                 |                                                                                                                                                                                                                                                                                                                              |
|-----------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Vanus:</b>   | 20+                                                                                                                                                                                                                                                                                                                          |
| <b>Viited:</b>  | Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <a href="http://vizhub.healthdata.org/gbd-compare">http://vizhub.healthdata.org/gbd-compare</a> . (Last accessed 23.04.25). |
| <b>Mõisted:</b> | Number living with anxiety per 100,000 population                                                                                                                                                                                                                                                                            |

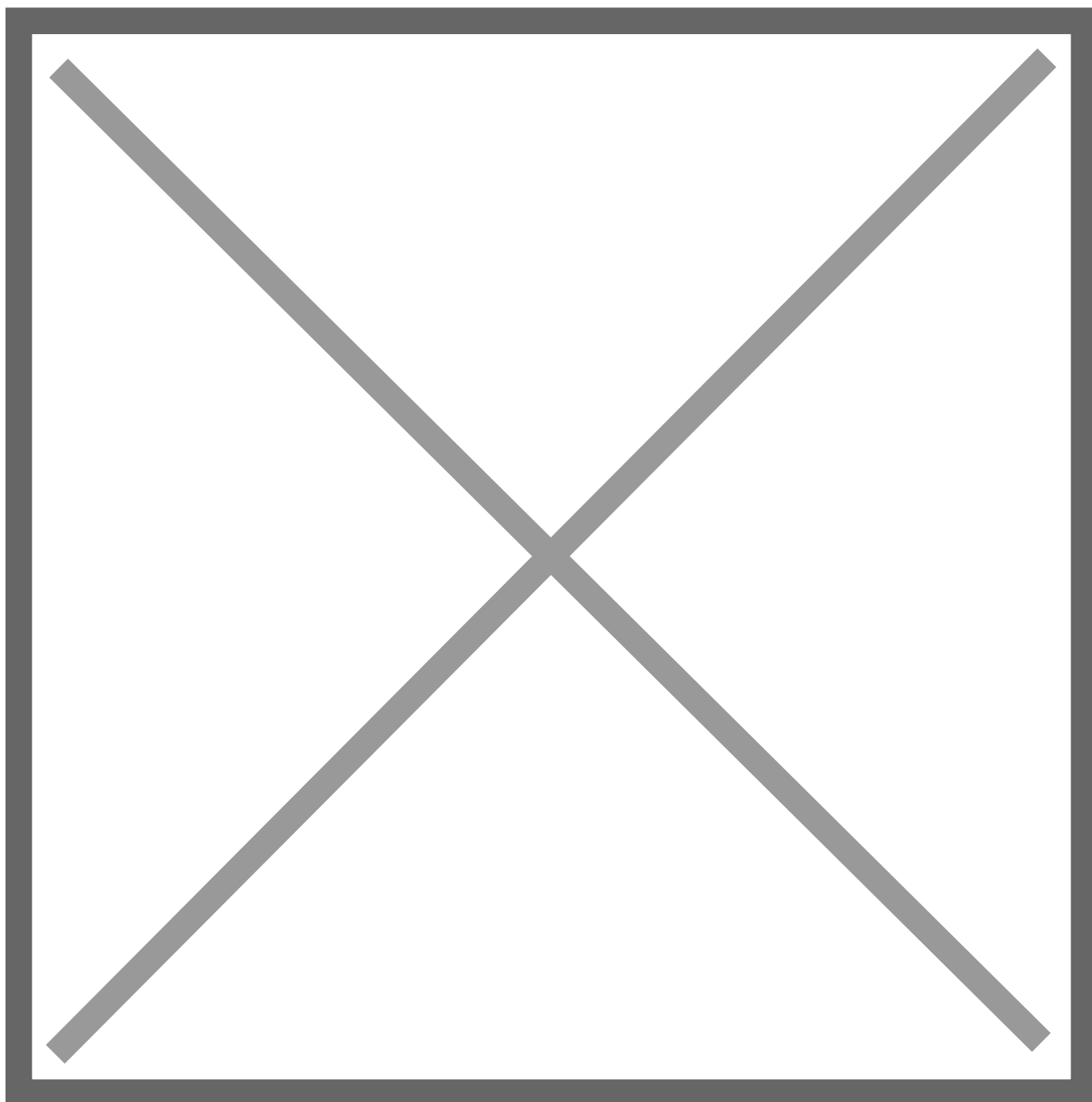
## Lapsed, 2021



**Viited:**

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

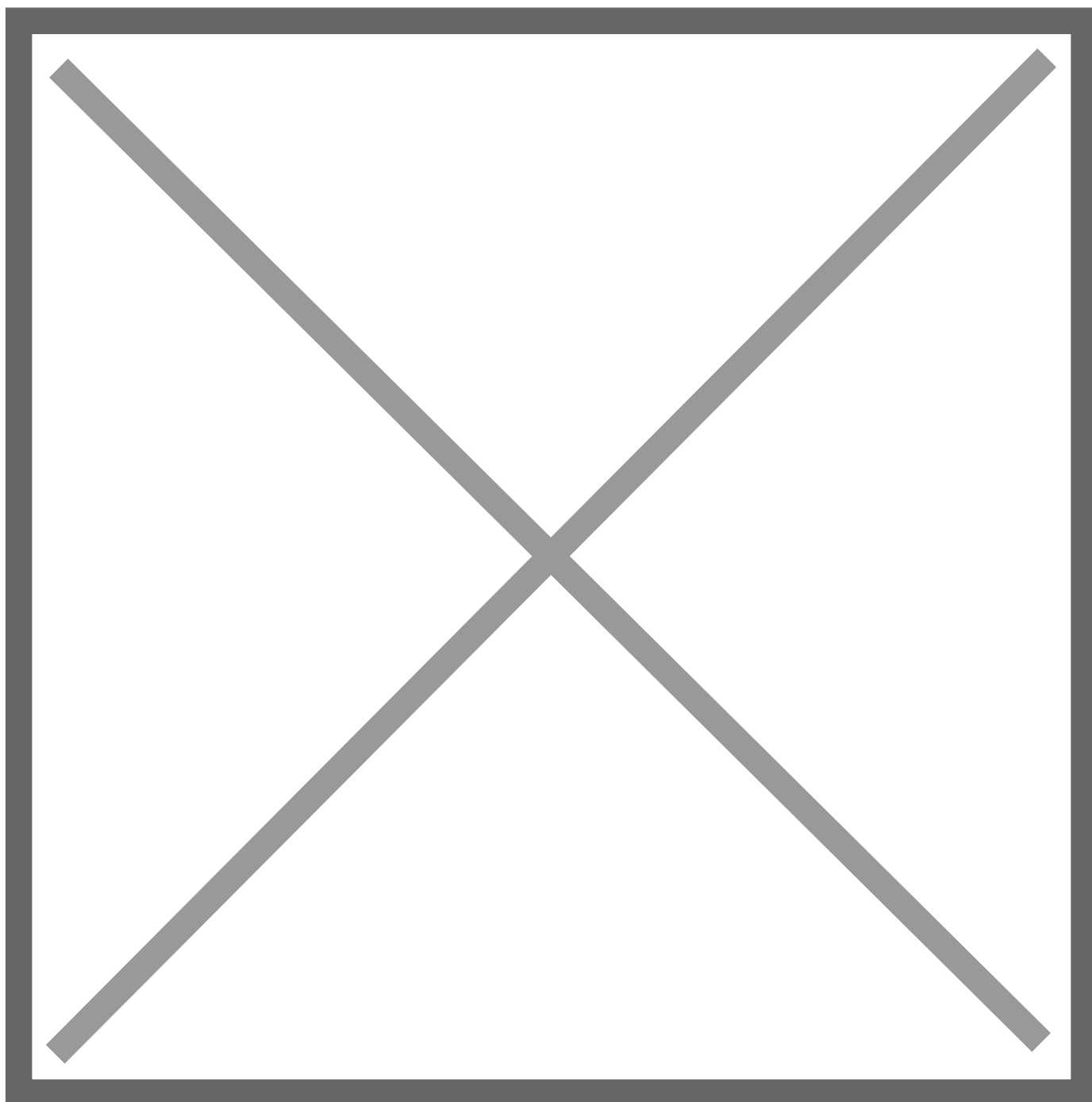
## Poisid, 2021



**Viited:**

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

## Tüdrukud, 2021

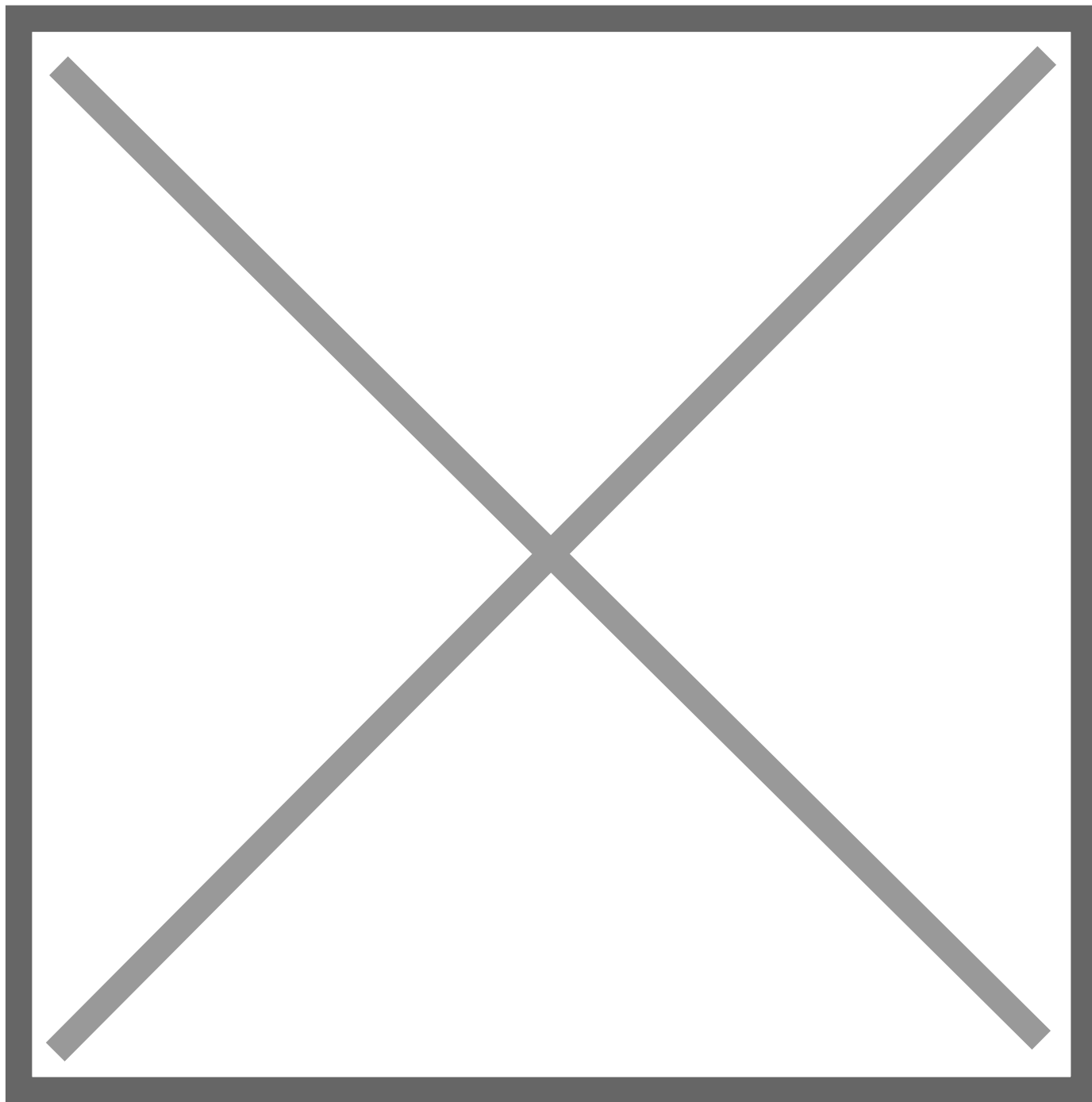


**Viited:**

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

## Percent of population who cannot afford a healthy diet

Täiskasvanud, 2022



Hõlmatud  
piirkond:

Riiklik

Viited:

The Food Systems Dashboard. The Global Alliance for Improved Nutrition (GAIN), The Columbia Climate School, and Cornell University College of Agriculture and Life Sciences. 2024. Geneva, Switzerland.  
<https://www.foodsystemsdashboard.org>. DOI: <https://doi.org/10.36072/db>.

