



Country report card - children

This report card contains the latest data available on the GlobalObesityObservatory on overweight and obesity for children, including adolescents (aged 5 to 18 years). Where available, data on common and relevant obesity drivers and comorbidities are also presented.

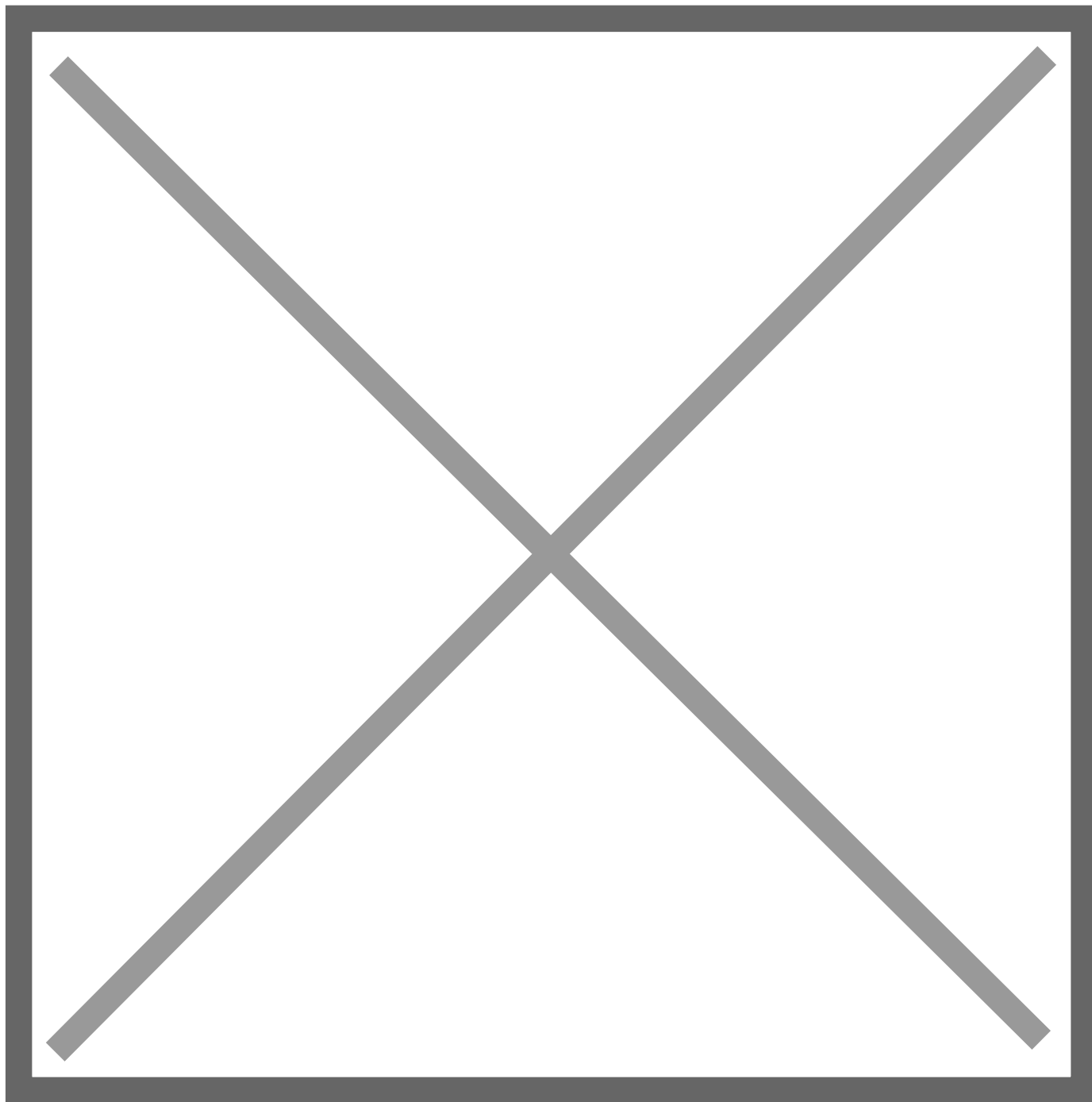
View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/czechia-54/>.

Национален риск от затлъстяване *7/10 This is a composite 'obesity risk' score (out of 10, the highest risk) based on obesity prevalence, rate of increase, likelihood of meeting the 2025 target, treatment indicator and childhood stunting levels. Риск от затлъстяване в детска възраст *7/11 This is a 'risk score' for each country's likelihood of having or acquiring a major childhood obesity problem during the 2020s, taking account of current prevalence levels and risk for future obesity (based on stunting among infants, maternal obesity, maternal smoking, and breastfeeding rates).

* Въз основа на приблизителни данни. За повече информация вижте „Публикации“

Разпространение на затлъстяването

Деца, 2022-2024



Тип анкета:	Измерено
Възраст:	7
Количество на пробите:	669

Обхваната зона:

Национално

Референции:

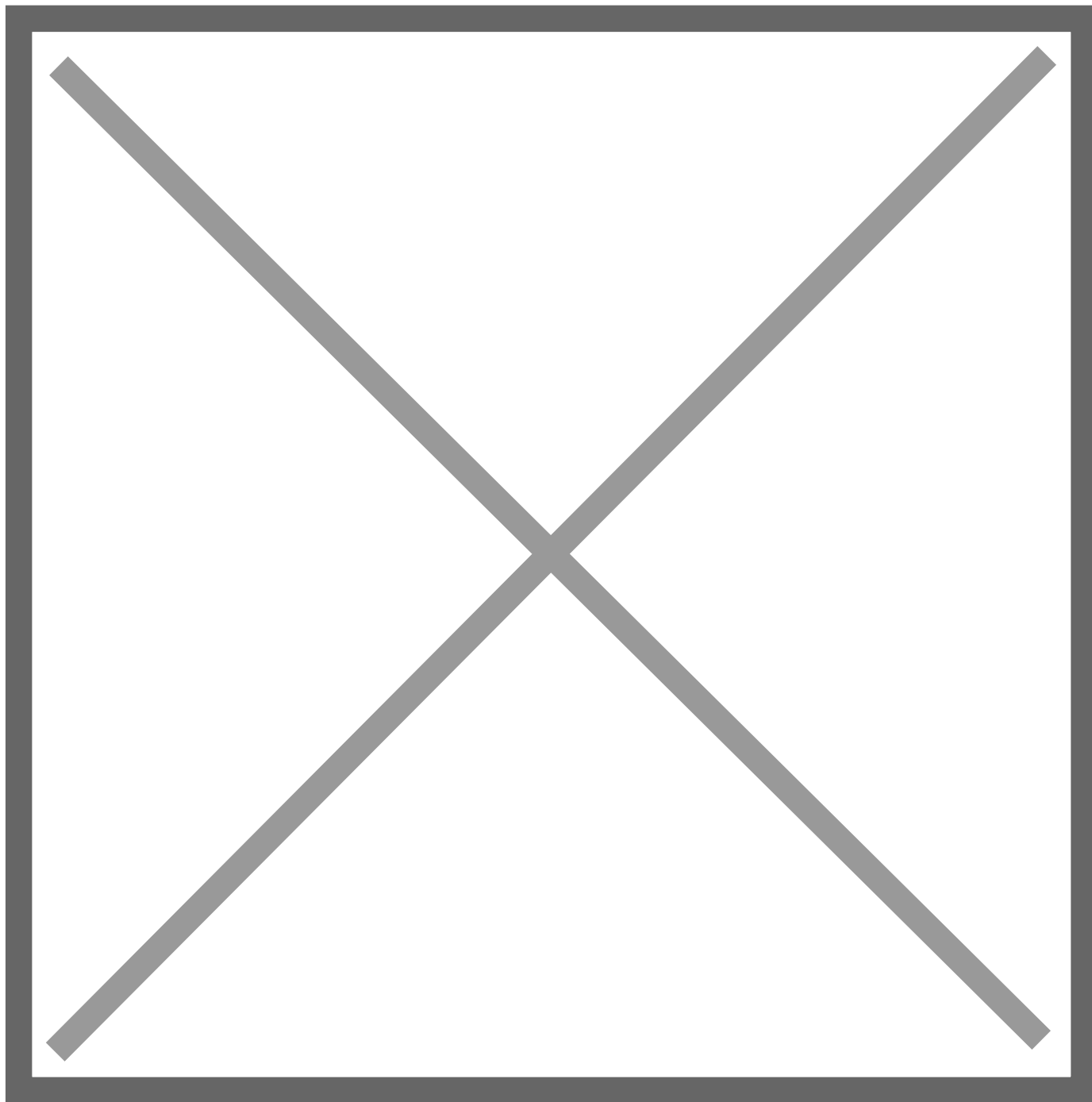
WHO European Childhood Obesity Surveillance Initiative (COSI): report on the sixth round of data collection, 2022 2024. Copenhagen: WHO Regional Office for Europe; 2025. Licence: CC BY-NC-SA 3.0 IGO.

Cutoffs:

WHO 2007

% Children (aged 7) living with obesity, 2007-2022 (WHO)

Момчета



Тип анкета:

Измерено

Референции:

- 2007: Wijnhoven, T.M.A., van Raaij, J.M.A., Spinelli, A., Rito, A.I., Hovengen, R., Kunesova, M., Starc, G., Rutter, H., Sjoberg, A., Petrauskiene, A., O'Dwyer, U., Petrova, S., Farrugia Sant'Angelo, V., Wauters, M., Yngve, A., Rubana, I.-M. and Breda, J. (2013), WHO-COSI 2008: weight, height and BMI. *Pediatric Obesity*, 8: 79-97. <https://doi.org/10.1111/j.2047-6310.2012.00090.x>
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- 2016: Report on the fourth round of data collection, 20152017: WHO European Childhood Obesity Surveillance Initiative (COSI).
- 2018: Report on the fifth round of data collection, 20182020: WHO European Childhood Obesity Surveillance Initiative (COSI). Copenhagen: WHO Regional Office for Europe; 2022. Licence: CC BY-NC-SA 3.0 IGO.

Забележки:

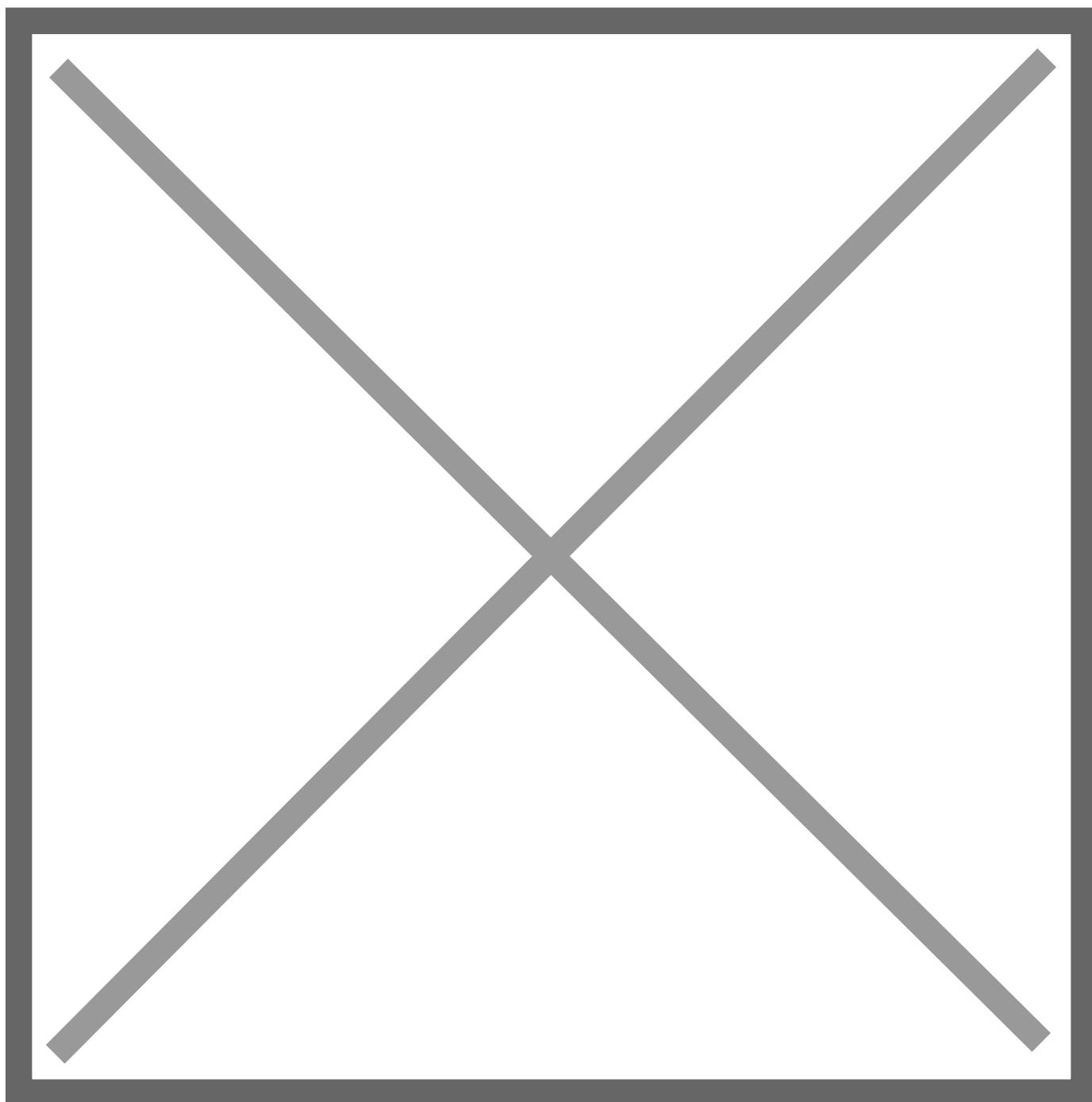
WHO European Childhood Obesity Surveillance Initiative (COSI)

Определения:

WHO 2007 cutoffs

За събиране на тези данни може да са използвани различни методологии, така че данните от различни проучвания може да не са строго сравними. Проверете при оригиналните източници на данни за използваните методологии

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Забележки:

WHO European Childhood Obesity Surveillance Initiative (COSI)

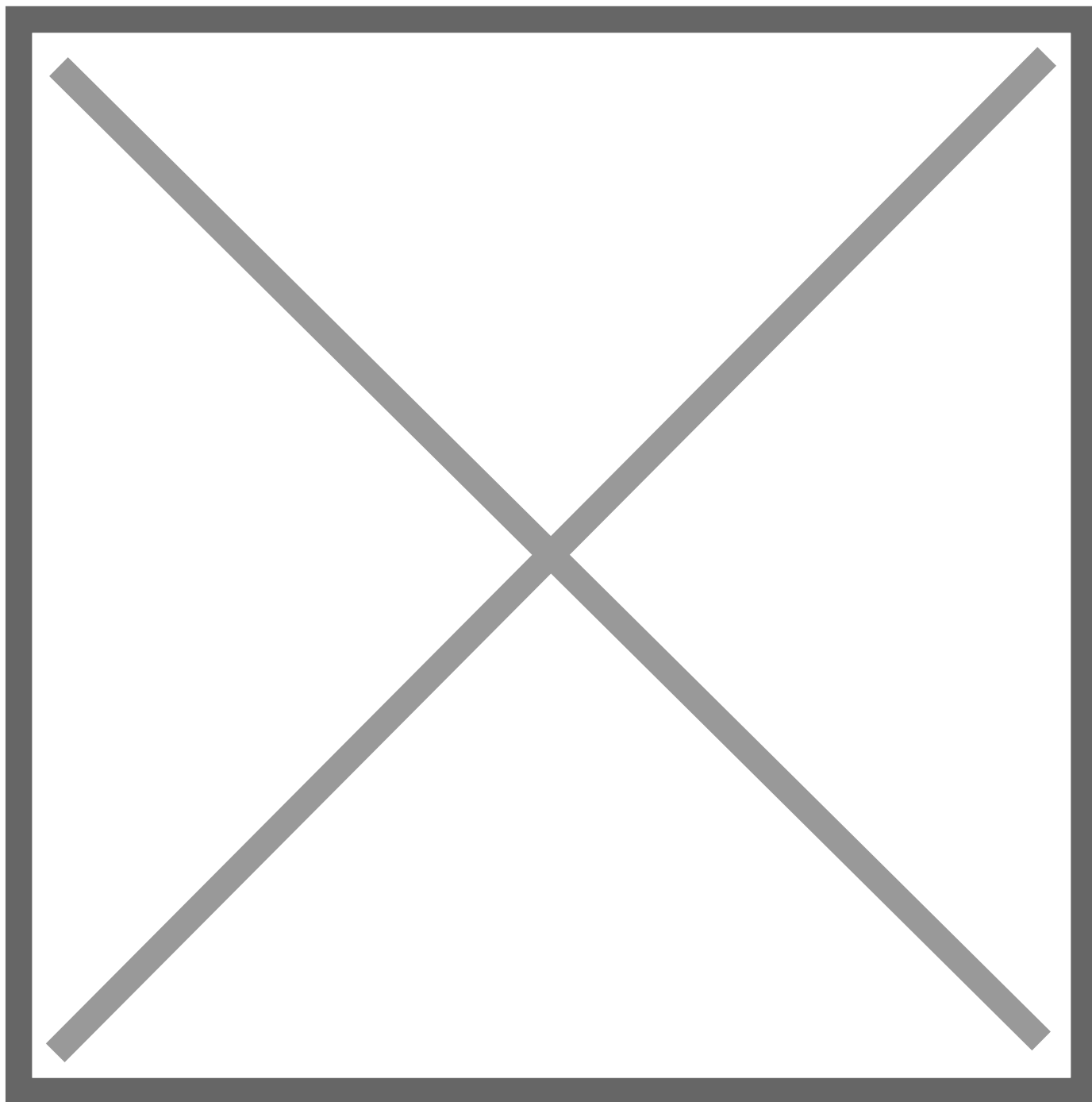
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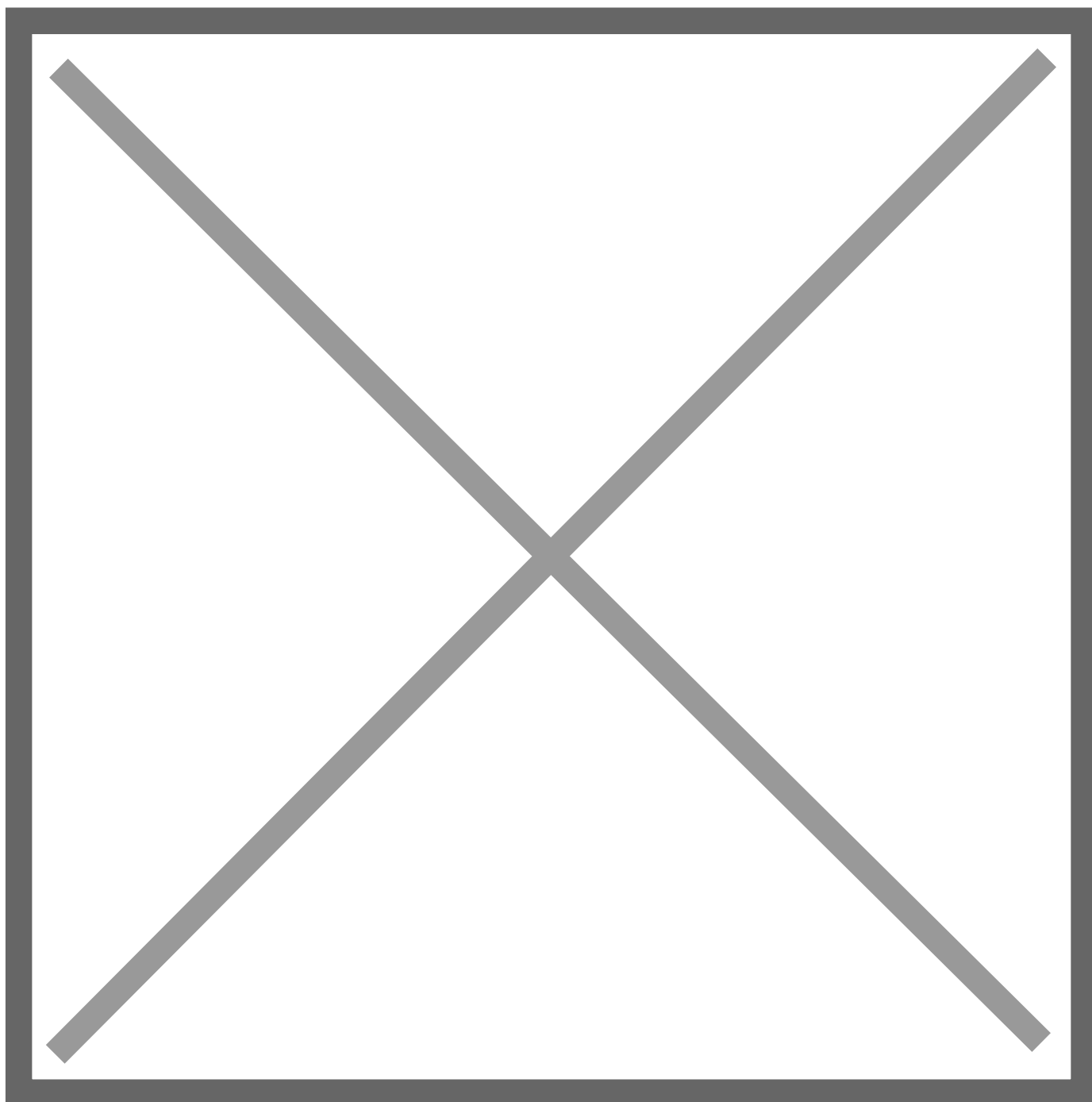
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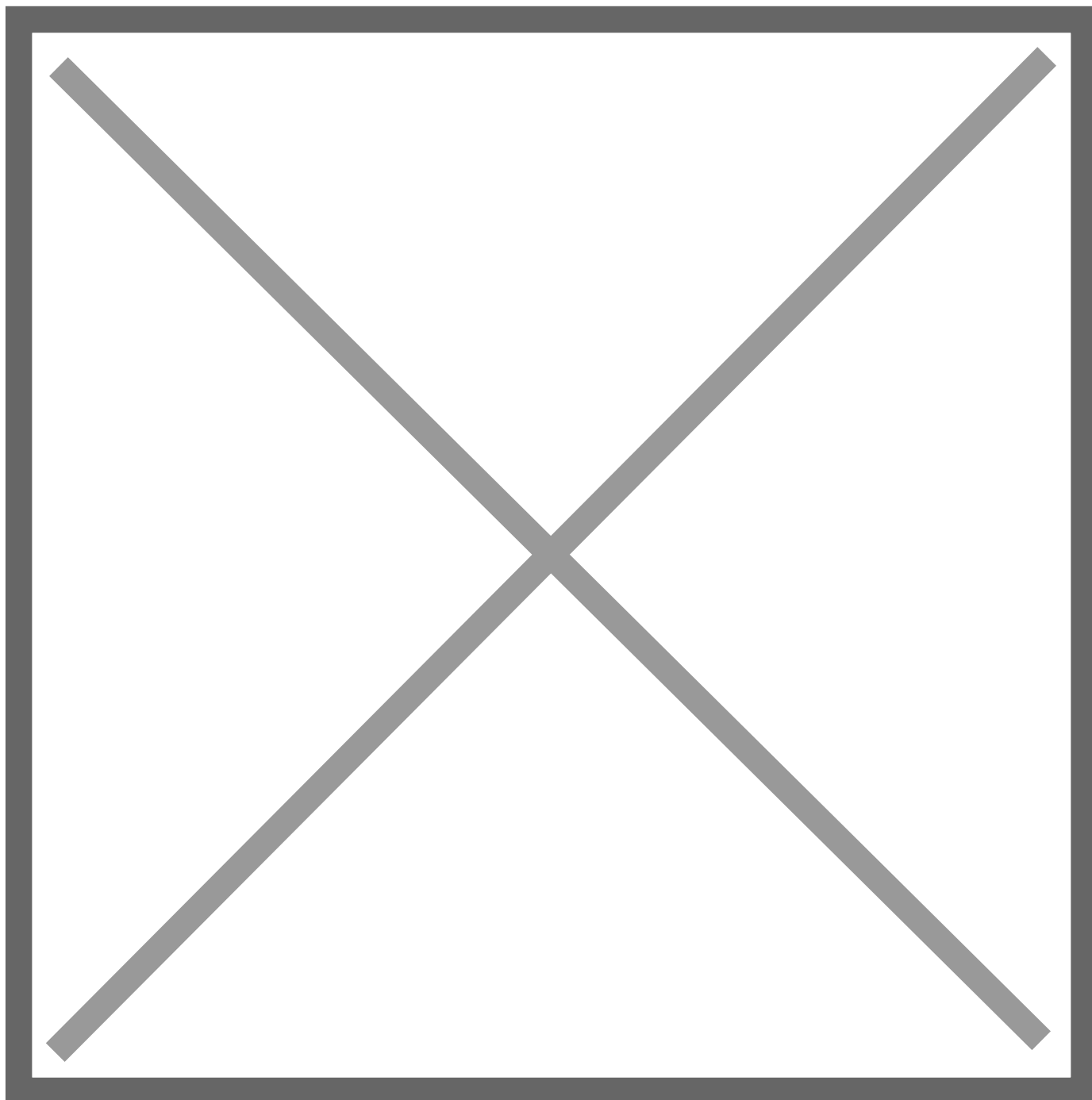
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10-16 year olds living with obesity in Czech Republic by socio-economic group

Момчета



Тип анкета:

Самоотчитане

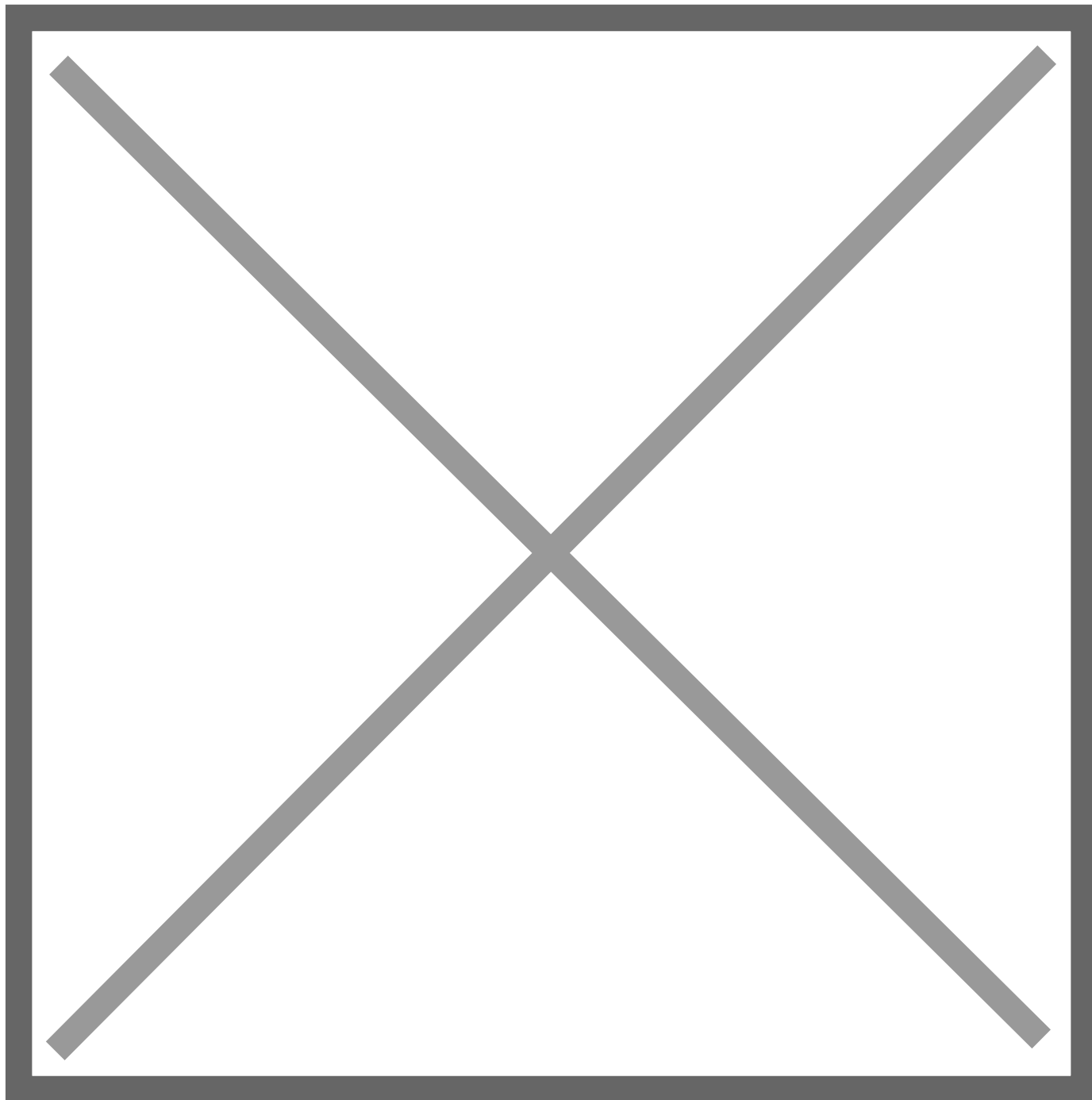
Референции: Sigmund E, Sigmundov D, Badura P, et al. Time-trends and correlates of obesity in Czech adolescents in relation to family socioeconomic status over a 16-year study period (2002-2018). BMC Public Health. 2020;20(1):229.

Забележки:

> 97th Centile

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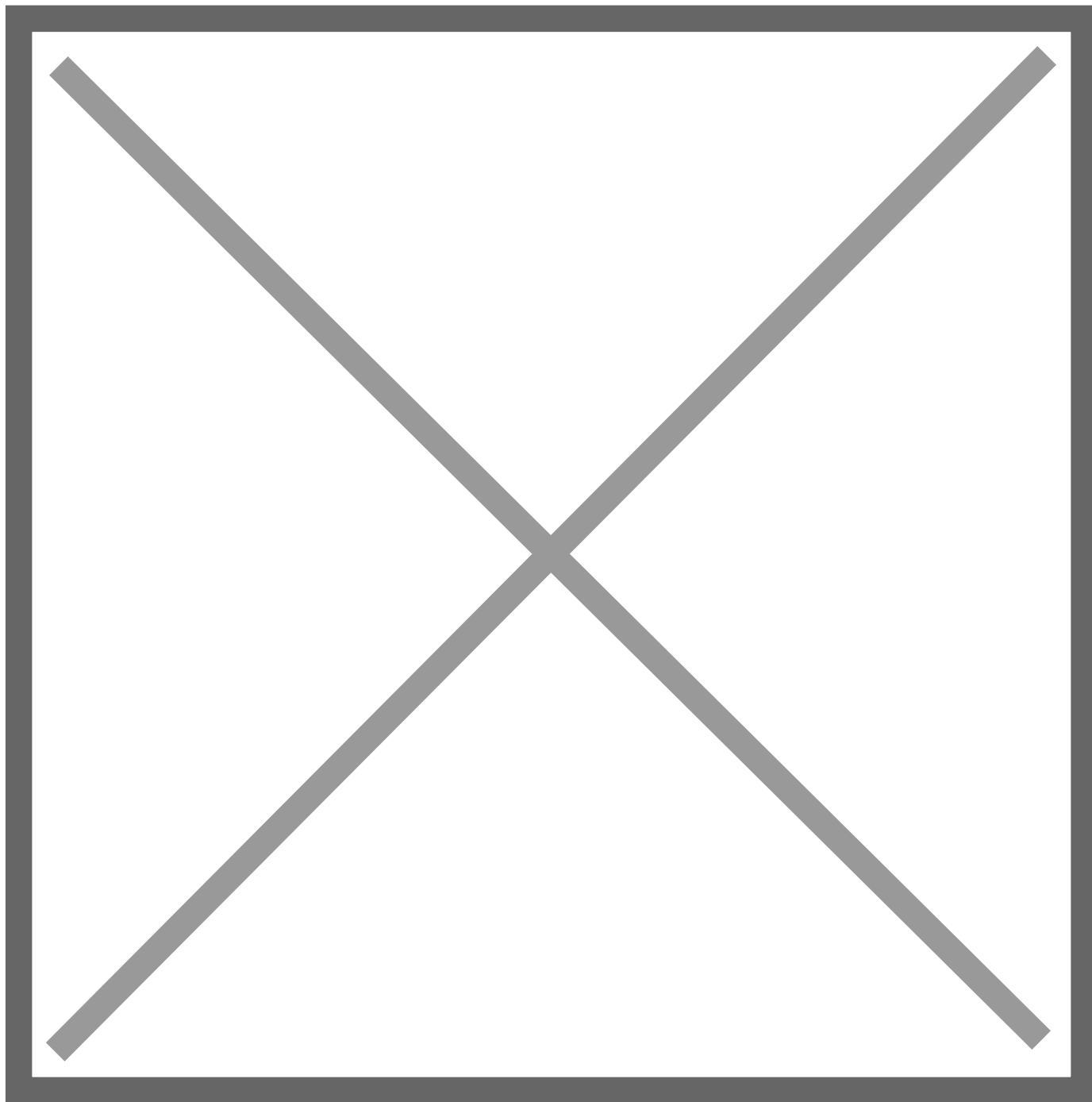
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Наднормено тегло/затлъстяване по образование

Деца, 2007-2013



Тип анкета:	Измерено
Възраст:	7
Количество на пробите:	6,250

Обхваната зона:

Национално

Референции:

Spinelli et al (2019). 'Childhood Severe Obesity in Europe', Obes Facts.12, pp. 244258. (Data from COSI round 1-3)

Забележки:

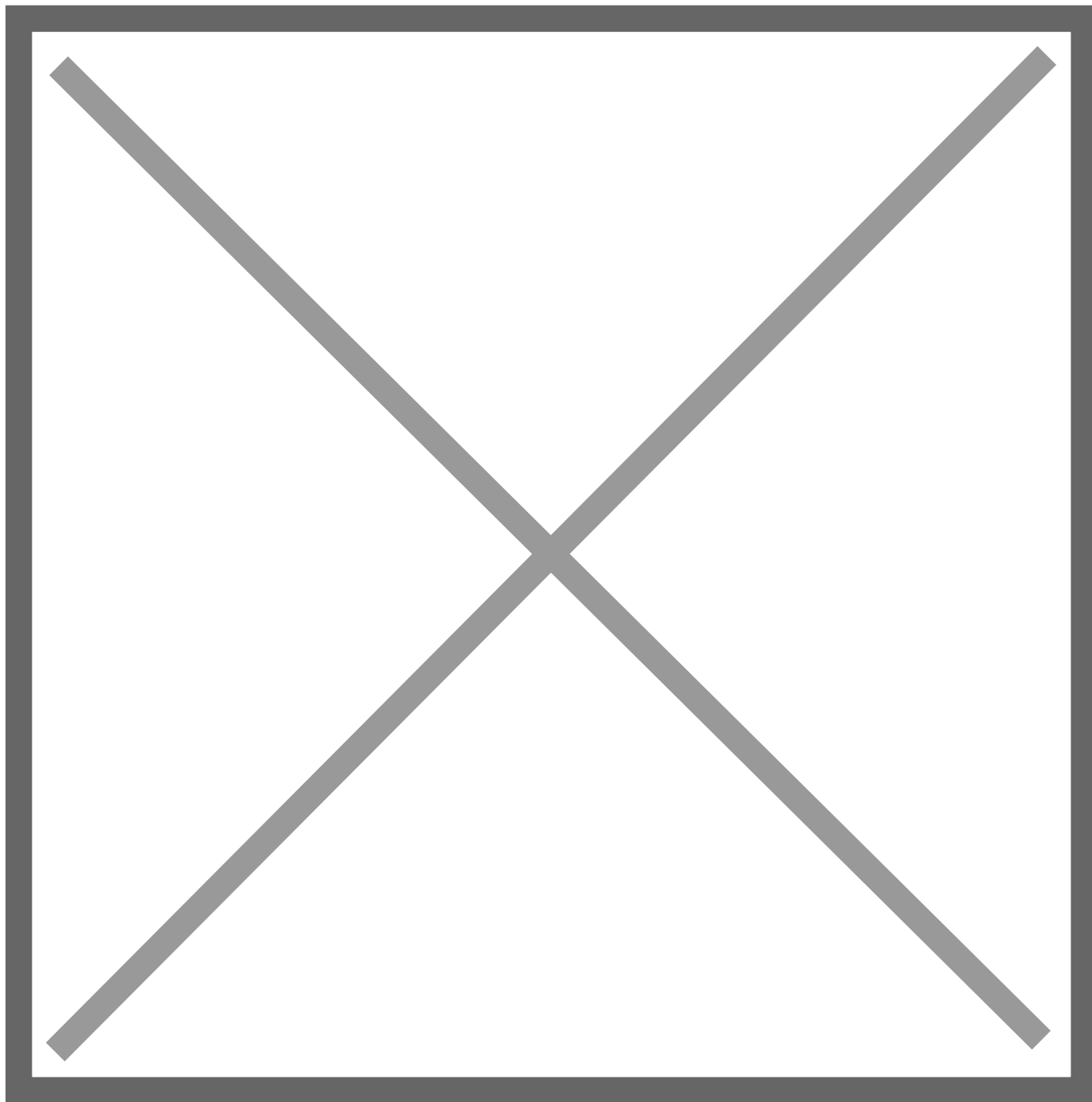
WHO cut-offs used. Based on Mother's education level.

Cutoffs:

WHO

Наднормено тегло/затлъстяване по възраст

Деца, 2021-2022



Тип анкета:

Самоотчитане

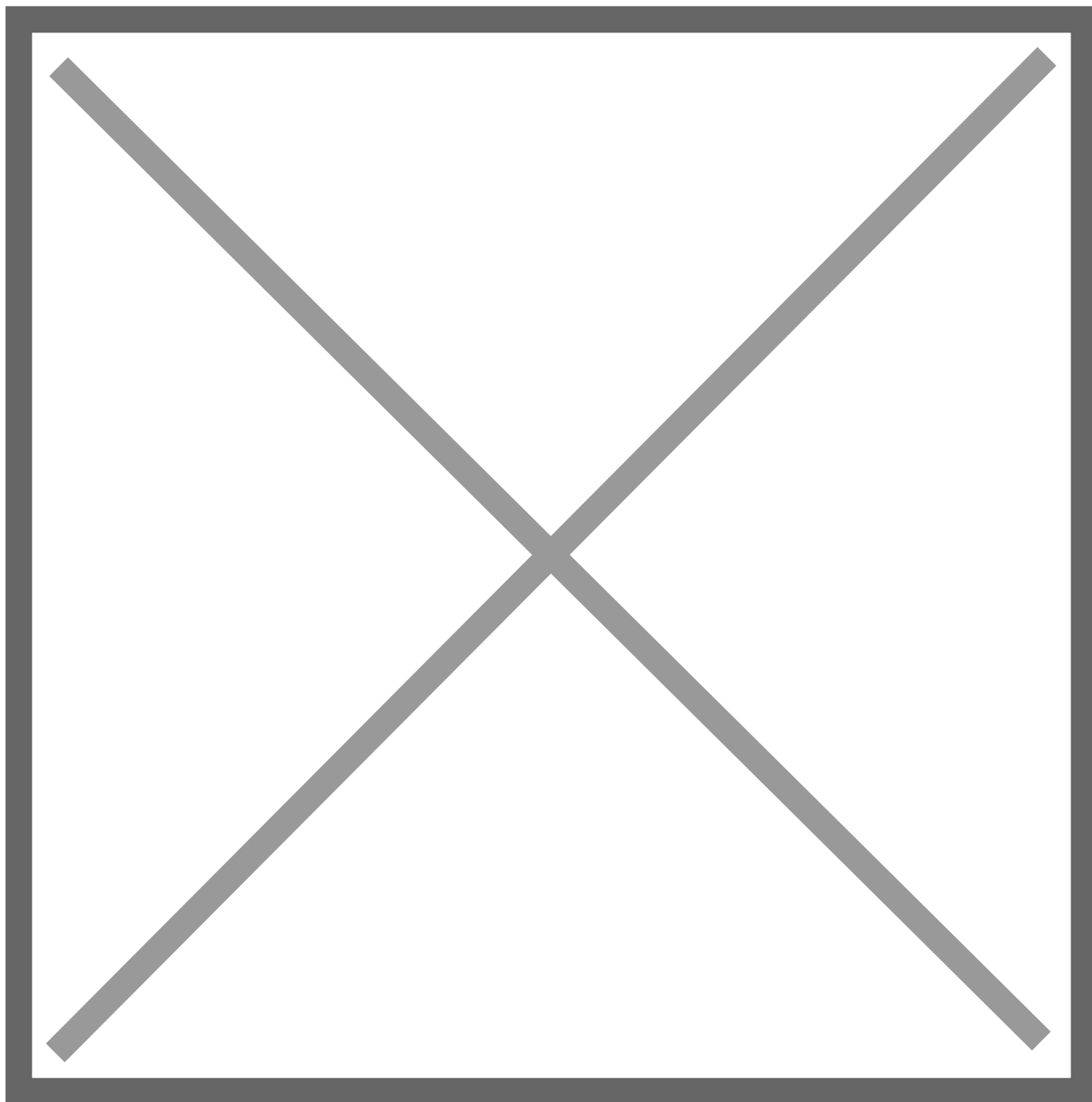
Обхваната
зона:

See Report

Референции:	RakiÅž JG, Hamrik Z, Dzielska A, Felder-Puig R, Oja L, Bakalr P et al. A focus on adolescent physical activity, eating behaviours, weight status and body image in Europe, central Asia and Canada. Health Behaviour in School-aged Children (HBSC) international report from the 2021/2022 survey. Volume 4. Copenhagen: WHO Regional Office for Europe; 2024. 'Any translation was not created by the World Health Organization (WHO). WHO is not responsible for the content or accuracy of this translation. The original English edition shall be the binding and authentic edition'
Забележки:	HBSC aims to survey approximately 1500 pupils per age group in each country or region (totaling around 4500)
Cutoffs:	+2SD

Наднормено тегло/затлъстяване по социално-икономическа група

Момчета, 2021-2022



Тип анкета:

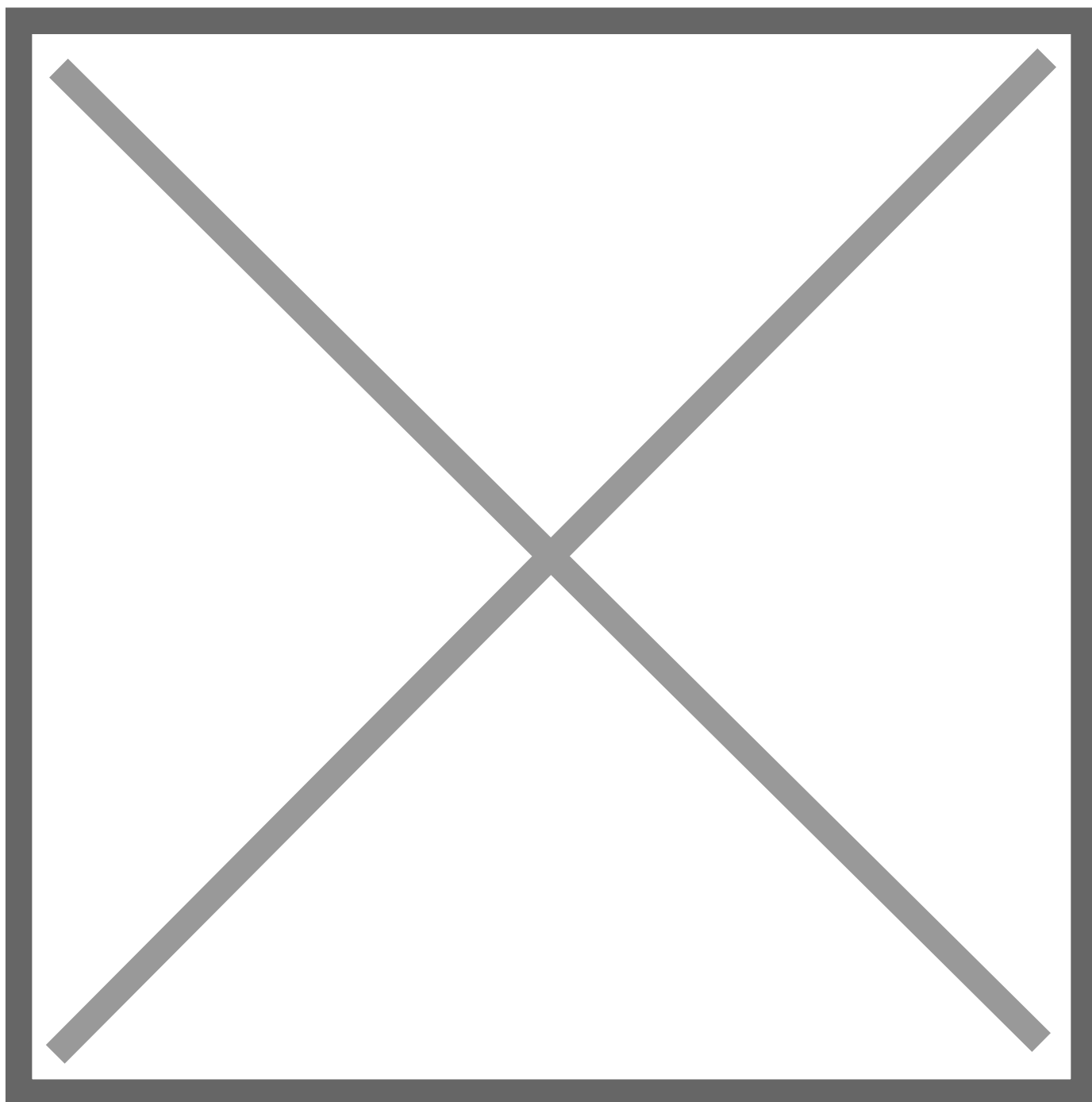
Самоотчитане

Възраст:

11-15

Референции:	Raki? JG, Hamrik Z, Dzielska A, Felder-Puig R, Oja L, Bakalr P et al. A focus on adolescent physical activity, eating behaviours, weight status and body image in Europe, central Asia and Canada. Health Behaviour in School-aged Children (HBSC) international report from the 2021/2022 survey. Volume 4. Copenhagen: WHO Regional Office for Europe; 2024. 'Any translation was not created by the World Health Organization (WHO). WHO is not responsible for the content or accuracy of this translation. The original English edition shall be the binding and authentic edition'
Забележки:	Family affluence scaleHBSC aims to survey approximately 1500 pupils per age group in each country or region (totaling around 4500)
Cutoffs:	+2SD

Момичета, 2021-2022



Тип анкета:

Самоотчитане

Възраст:

11-15

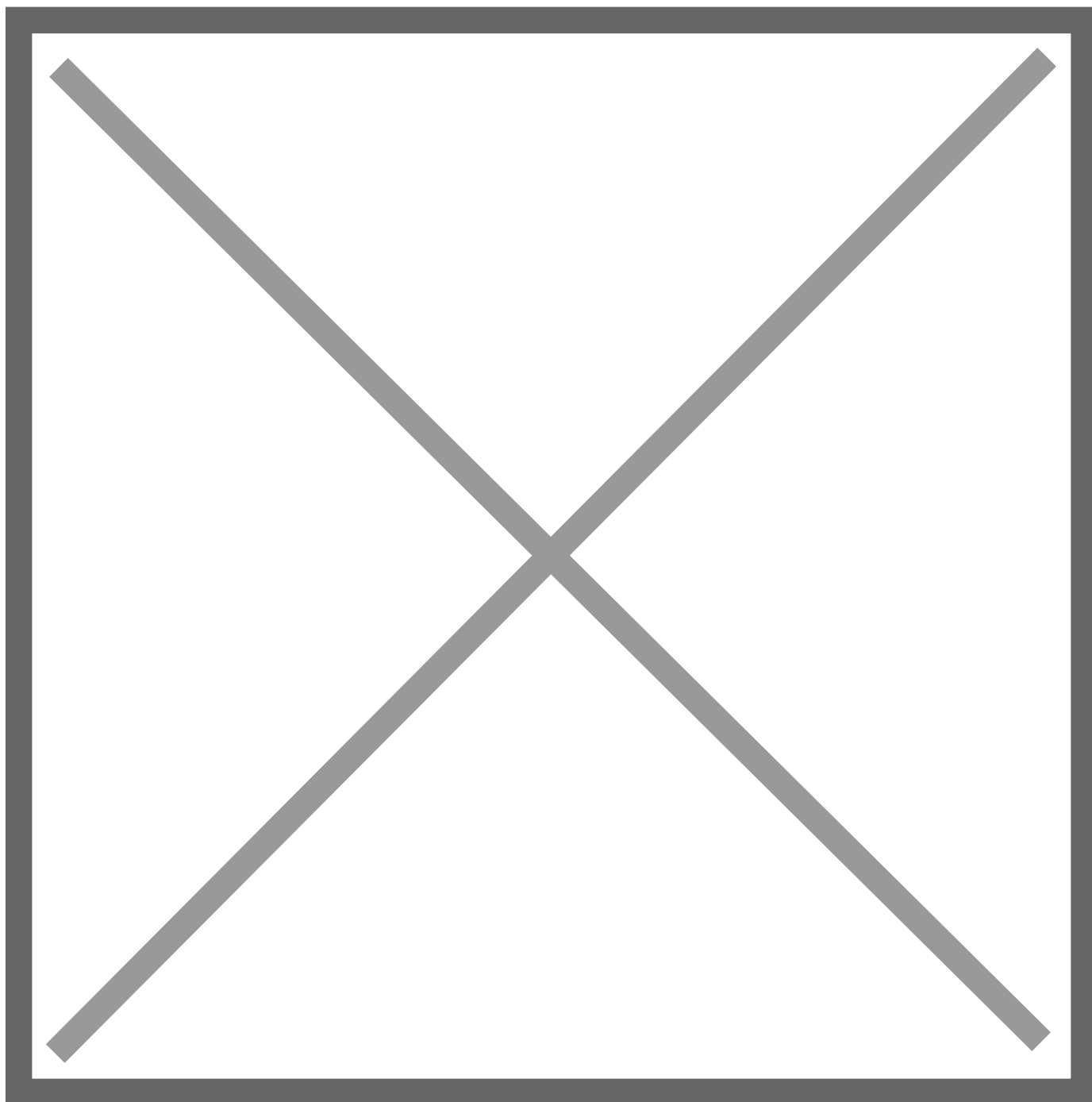
Референции:

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Cutoffs:	+2SD

Double burden of underweight & overweight

Деца, 2022



Тип анкета:

Измерено

Възраст:

5-19

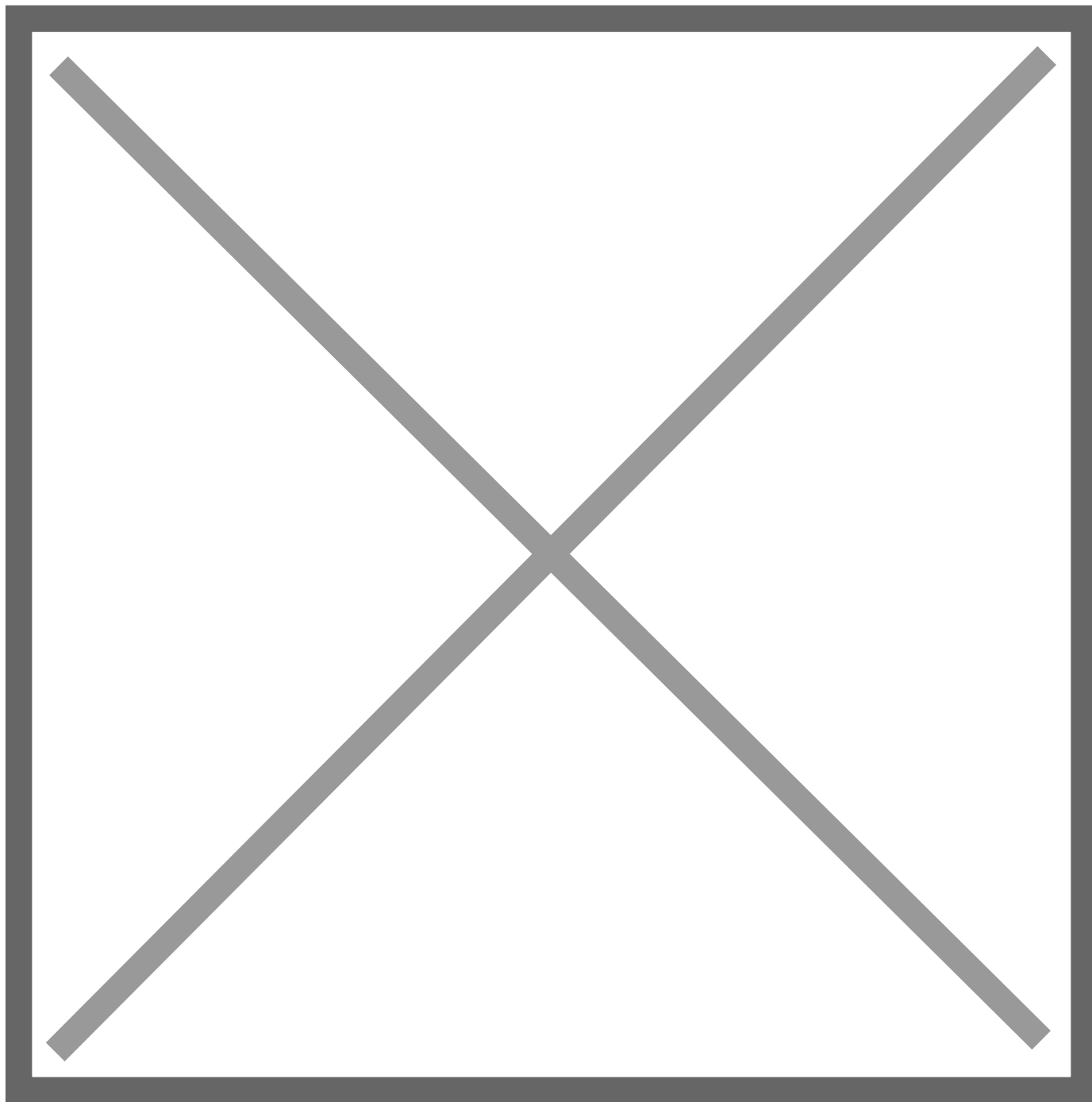
Референции:

NCD Risk Factor Collaboration (NCD-RisC). Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population representative studies with 222 million children, adolescents, and adults. Lancet 2024; published online Feb 29. [https://doi.org/10.1016/S0140-6736\(23\)02750-2](https://doi.org/10.1016/S0140-6736(23)02750-2).

Забележки:	Age standardised estimates
Определения:	Combined prevalence of BMI < -2SD and BMI > 2SD (double burden of thinness and obesity)
Cutoffs:	BMI < -2SD and BMI > 2SD

Недостатъчна физическа активност

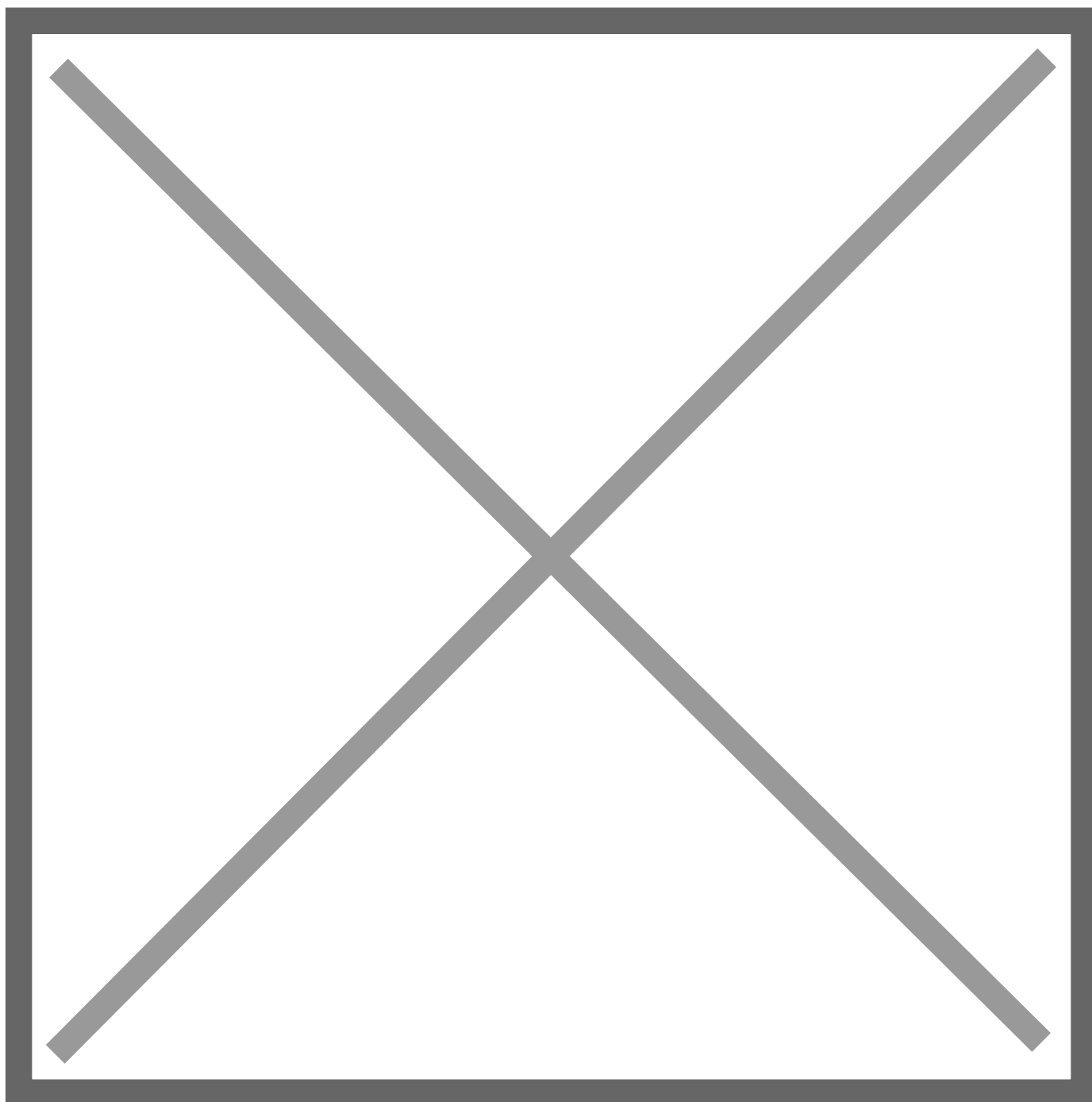
Деца, 2022-2024



Тип анкета:	Самоотчитане
Възраст:	6-9
Количество на пробите:	783

Обхваната зона:	Национално
Референции:	WHO European Childhood Obesity Surveillance Initiative (COSI): report on the sixth round of data collection, 2022 2024. Copenhagen: WHO Regional Office for Europe; 2025. Licence: CC BY-NC-SA 3.0 IGO.
Забележки:	National data excluding Germany (Bremen only) and Kazakhstan (Almaty only).
Определения:	Percentage of children not meeting WHO recommendations for physical activity, i.e. not playing actively/vigorously for at least one hour a day on an average day, as reported by their parent

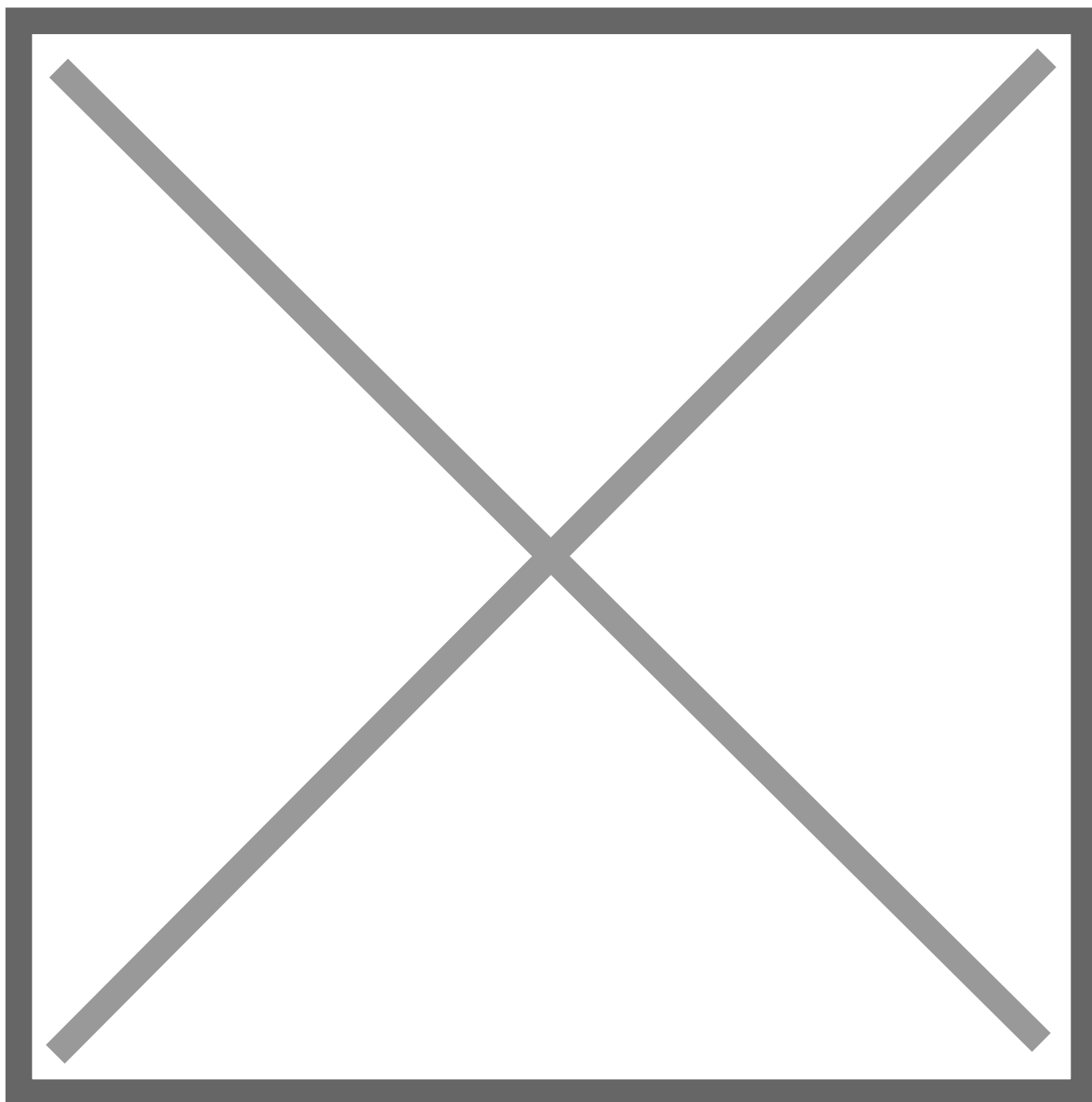
Момчета, 2022-2024



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Момичета, 2022-2024

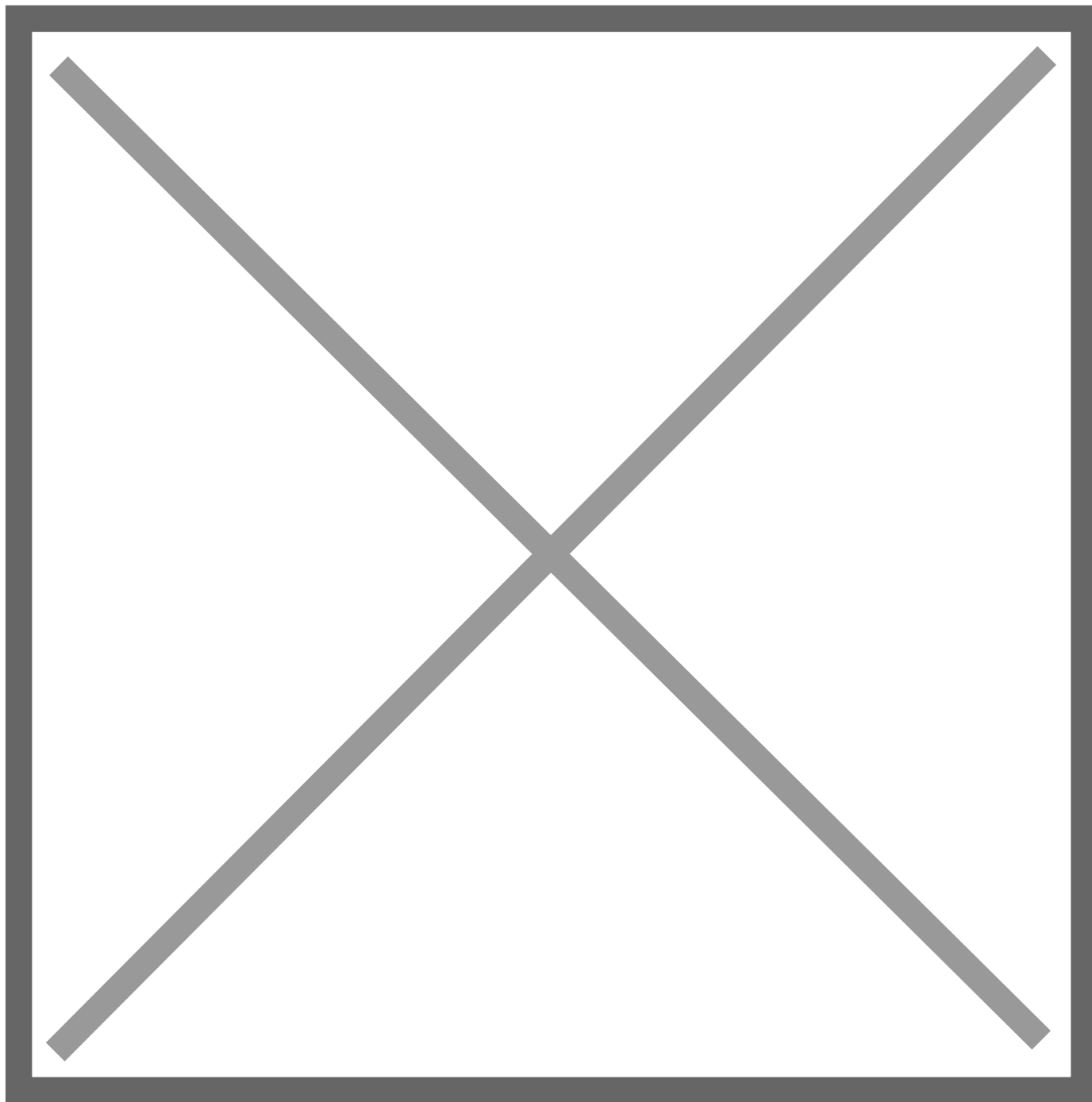


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Prevalence of at least daily soft drink consumption

Деца, 2022-2024



Тип анкета:	Самоотчитане
Възраст:	6-9
Количество на пробите:	883

Обхваната зона:

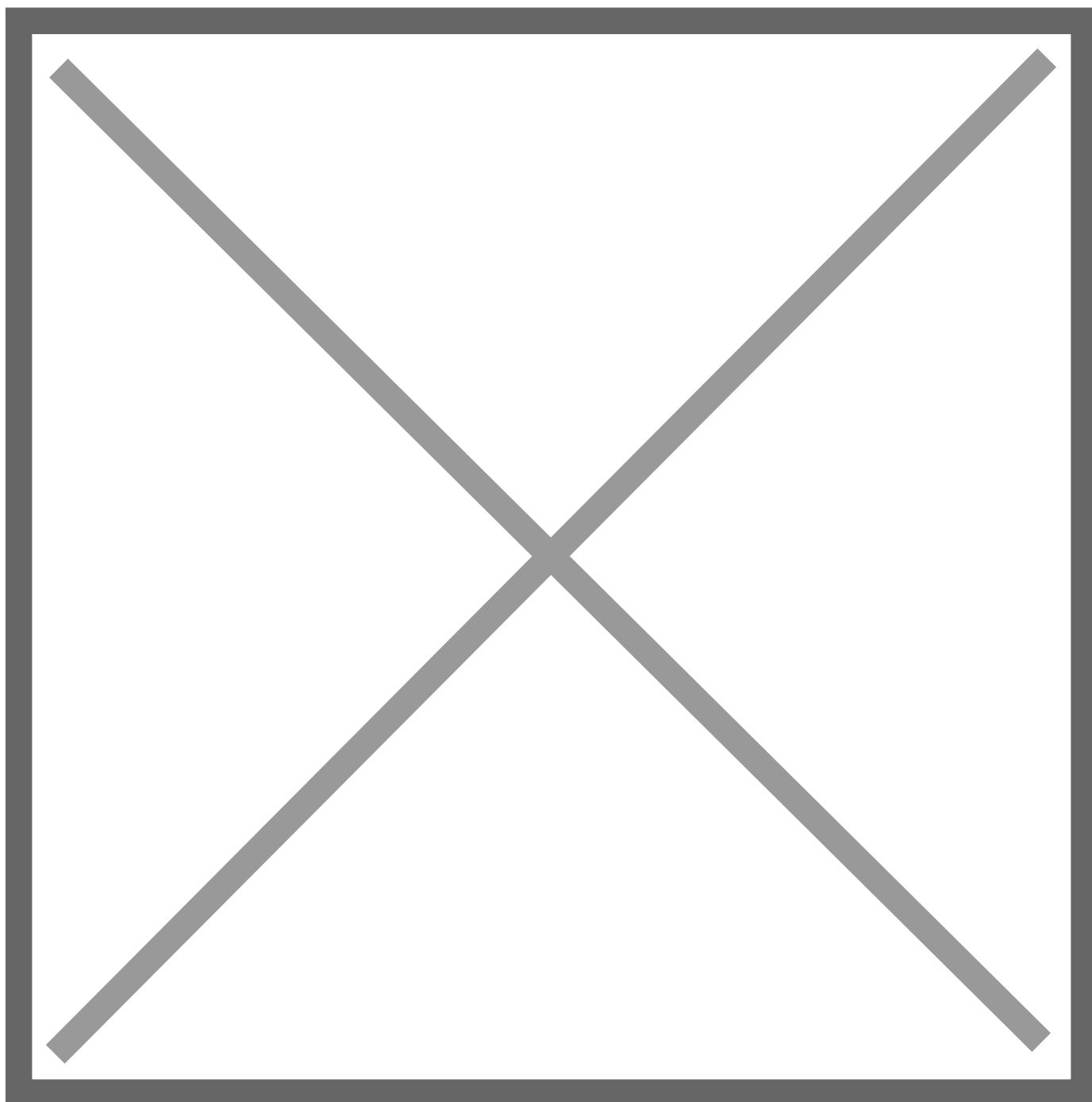
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Забележки: National data excluding Germany (Bremen only) and Kazakhstan (Almaty only)

Определения: Prevalence of daily consumption of soft drinks containing sugar, as reported by the child's parent (%)

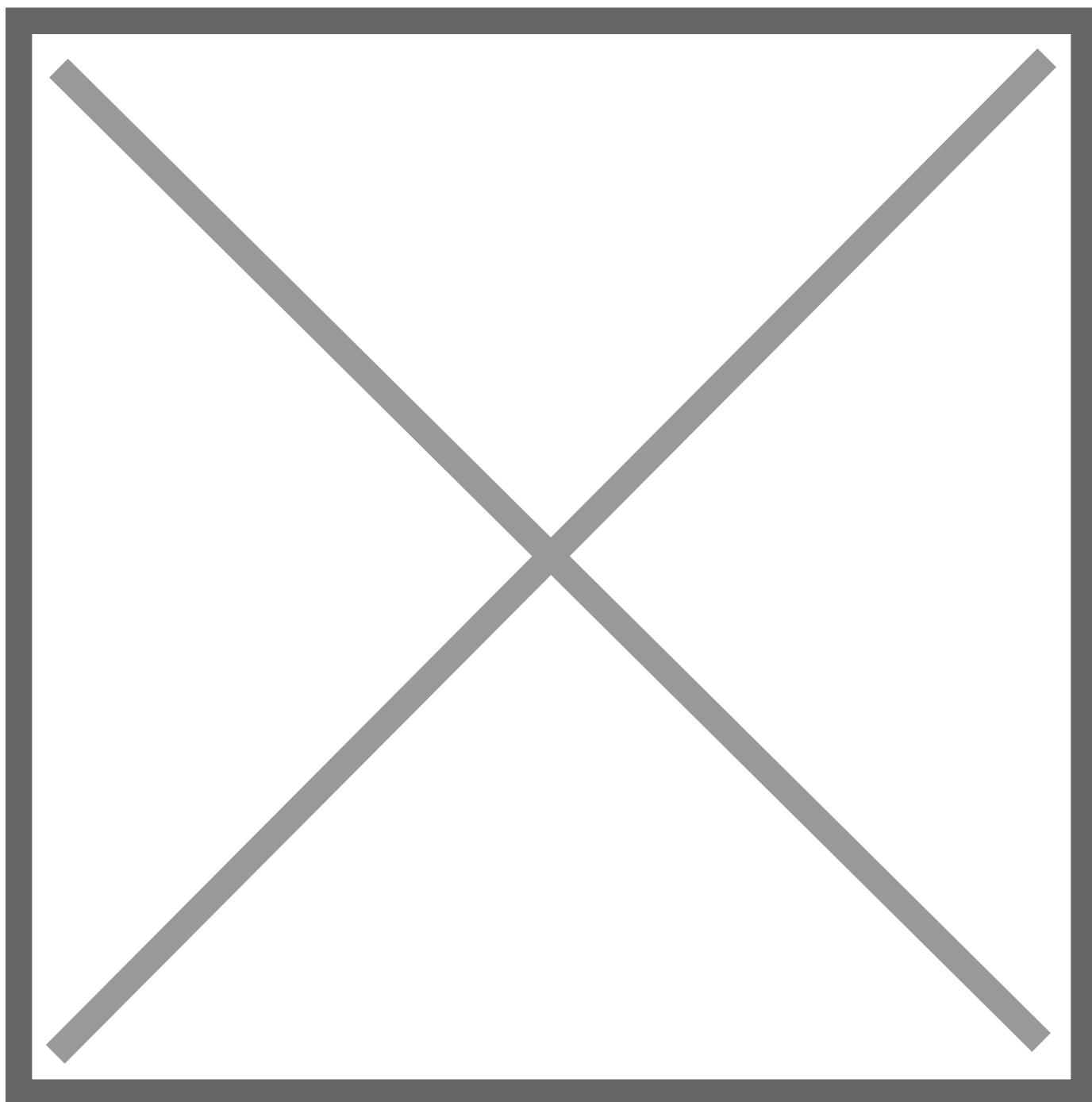
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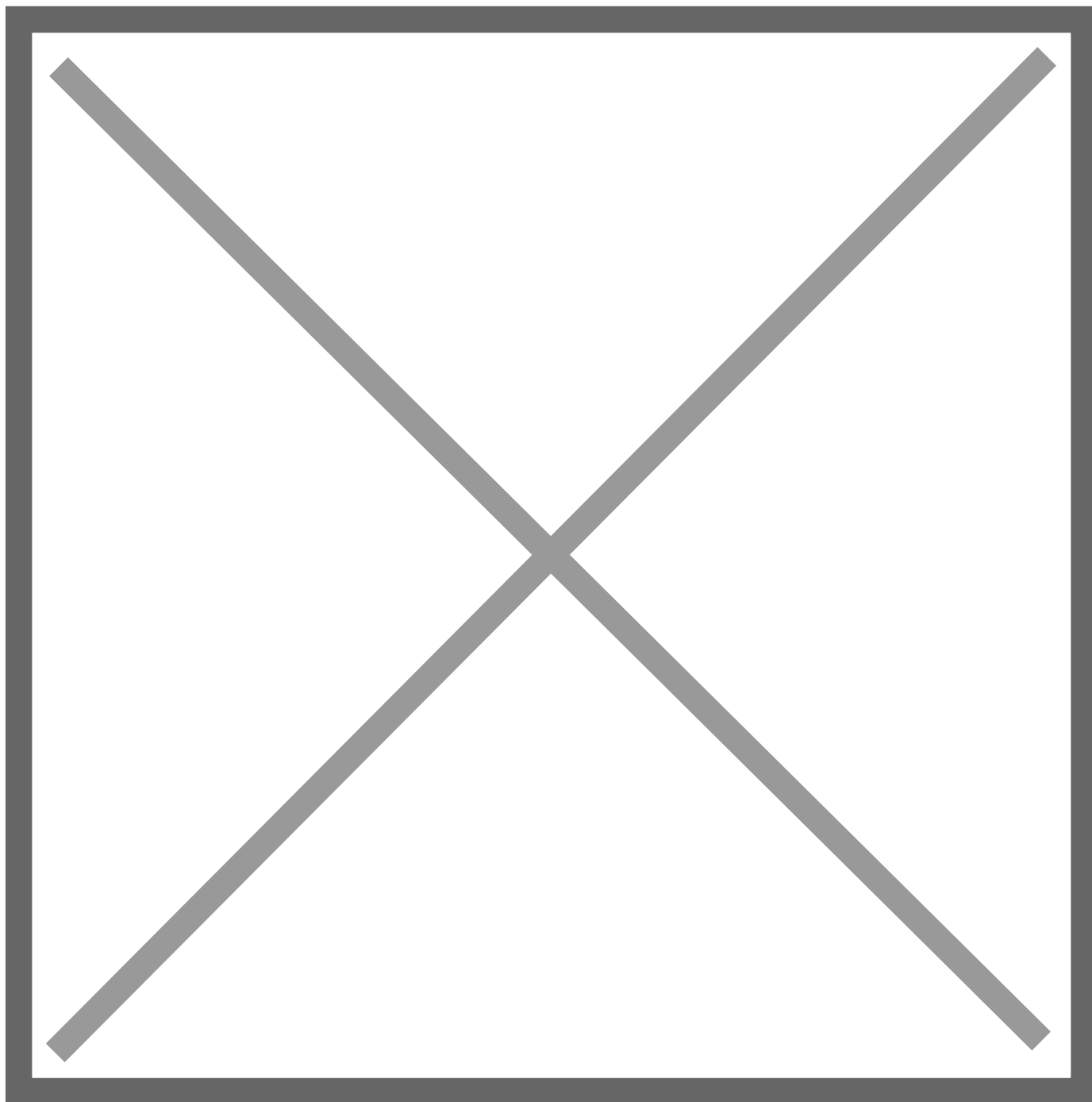


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Преобладаване на по-малко от дневна консумация на плодове

Деца, 2022-2024



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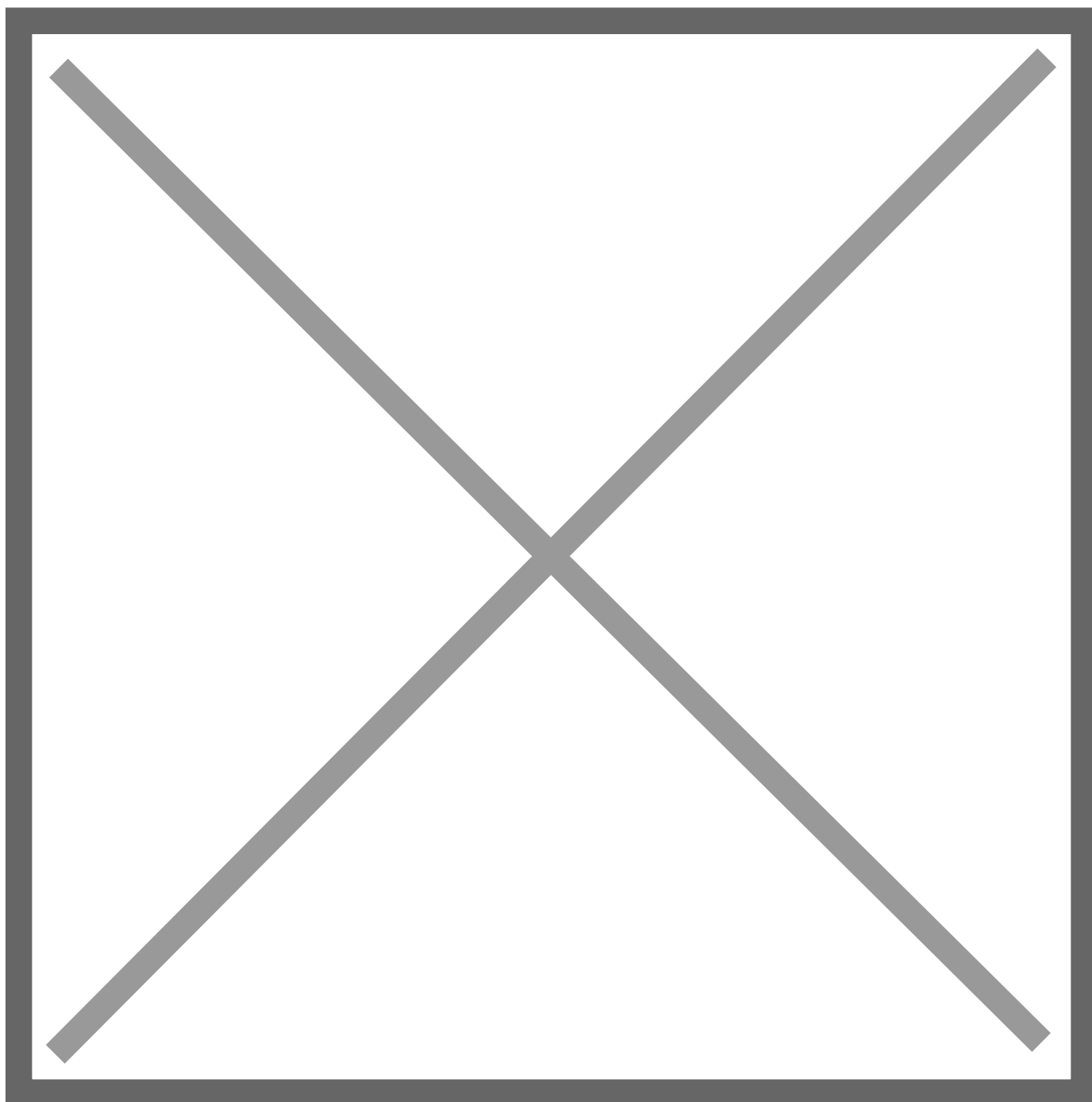
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Определения:	Proportion of children whose parents reported that their child consumes fruit less than daily

Момчета, 2022-2024

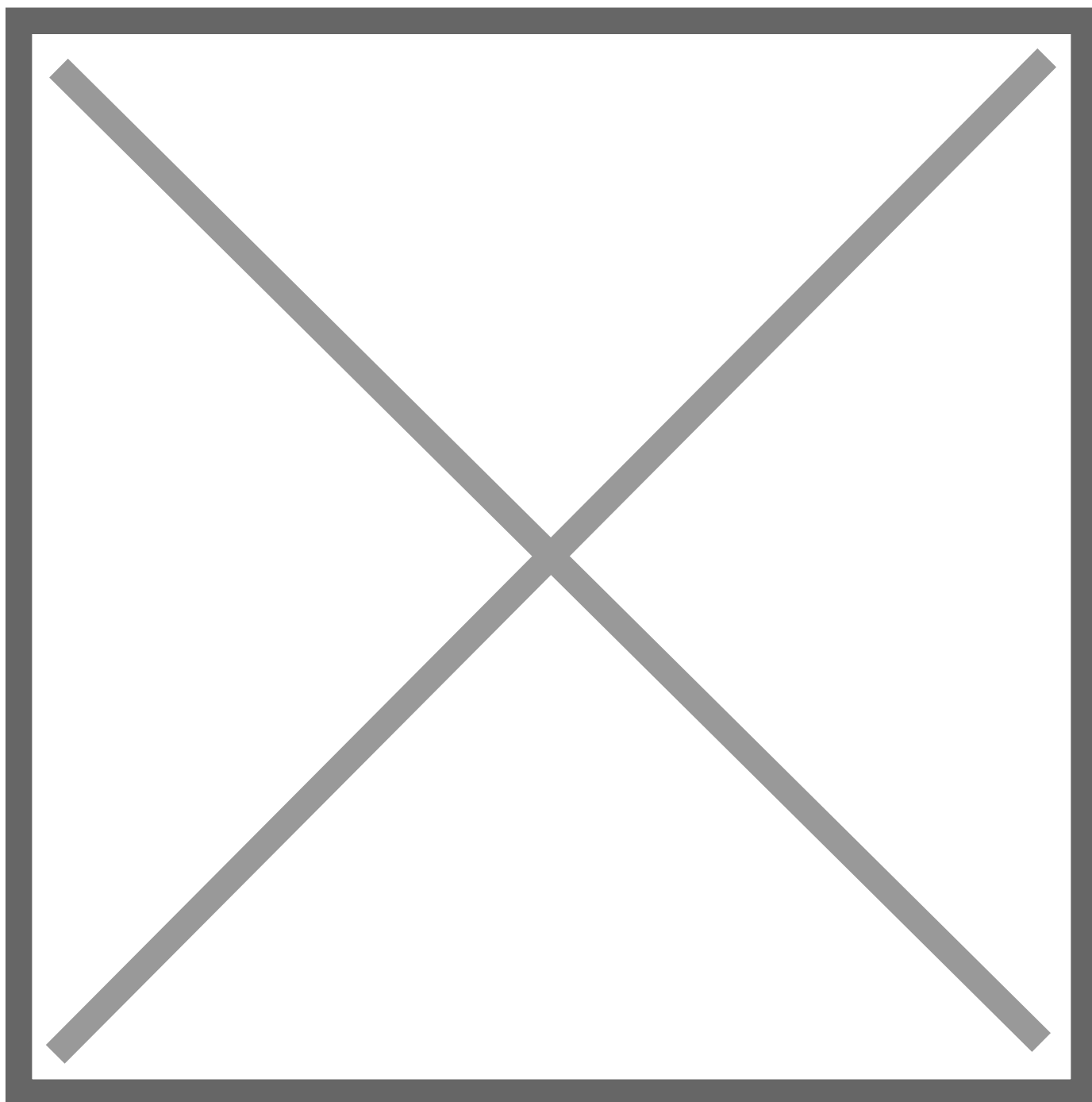


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Определения: Proportion of children whose parents reported that their child consumes fruit less than daily

Момичета, 2022-2024



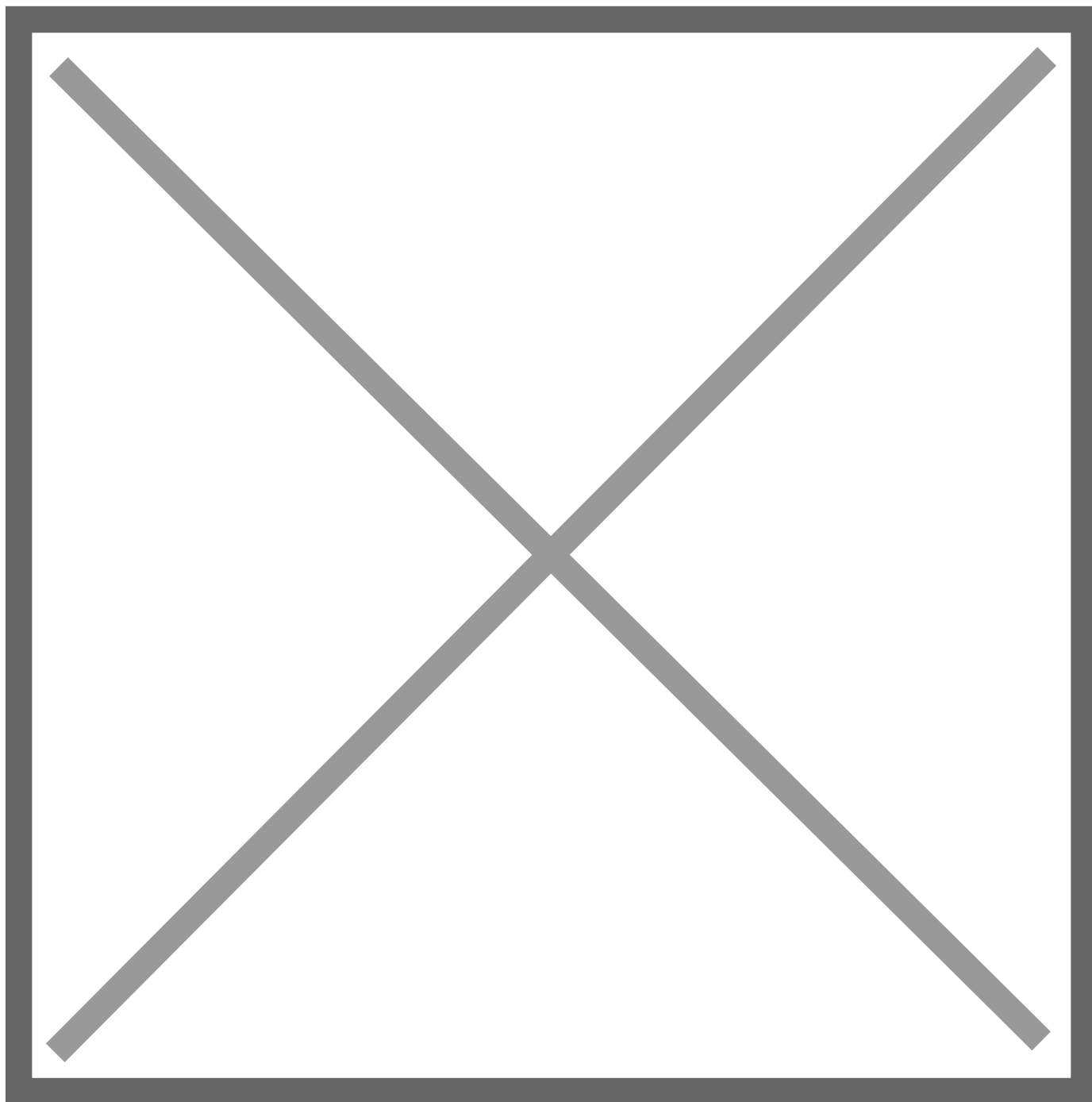
Тип анкета:	Самоотчитане
Възраст:	6-9
Количество на пробите:	882
Обхваната зона:	Национално

Референции: WHO European Childhood Obesity Surveillance Initiative (COSI): report on the sixth round of data collection, 2022 2024. Copenhagen: WHO Regional Office for Europe; 2025. Licence: CC BY-NC-SA 3.0 IGO.

Определения: Proportion of children whose parents reported that their child consumes fruit less than daily

Преобладаване на по-малко от дневна консумация на зеленчуци

Деца, 2022-2024



Тип анкета:

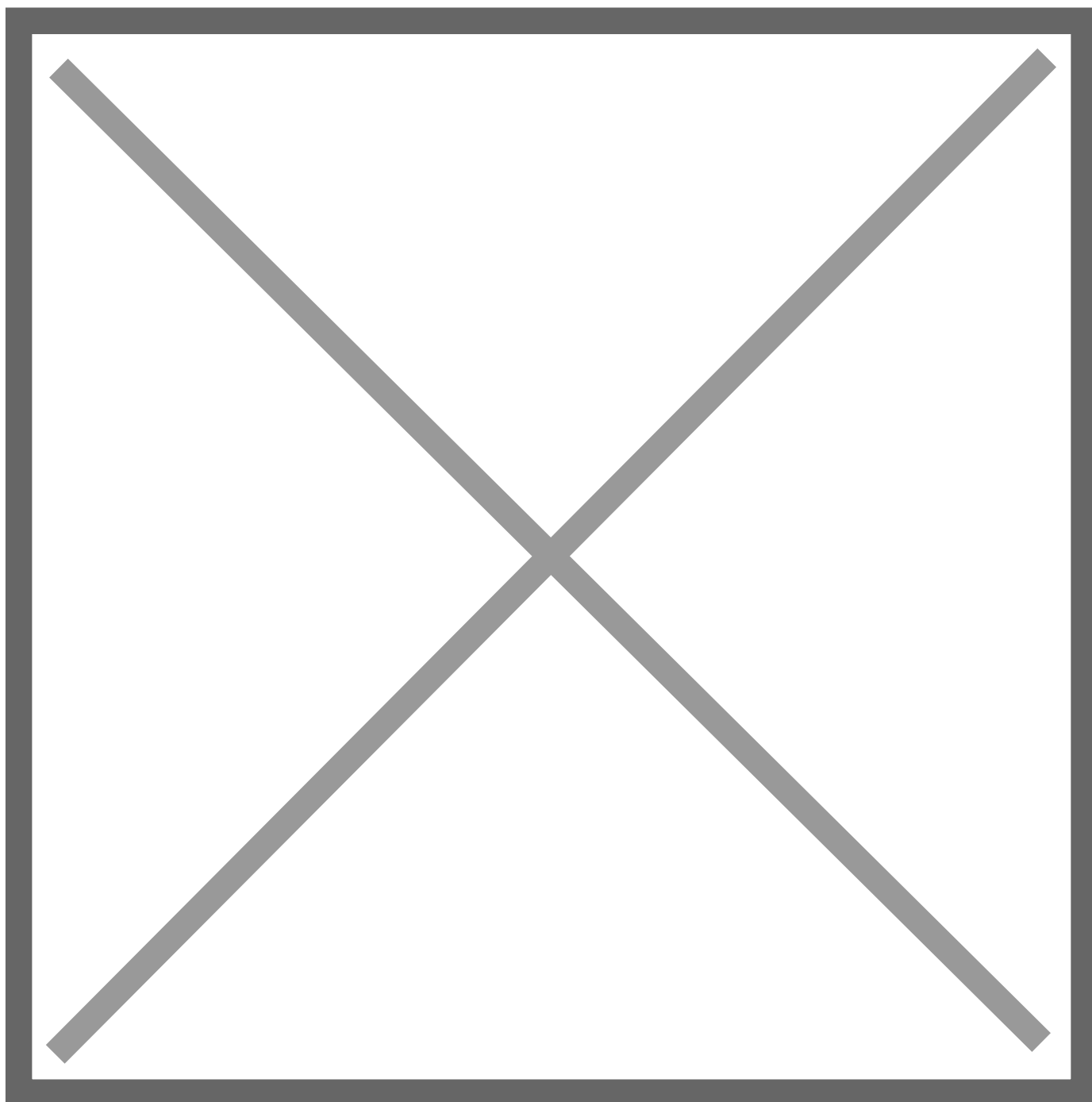
Самоотчитане

Възраст:

6-9

Количество на пробите:	883
Обхваната зона:	Национално
Референции:	WHO European Childhood Obesity Surveillance Initiative (COSI): report on the sixth round of data collection, 2022-2024. Copenhagen: WHO Regional Office for Europe; 2025. Licence: CC BY-NC-SA 3.0 IGO.
Забележки:	National data excluding Germany (Bremen only) and Kazakhstan (Almaty only).
Определения:	Proportion of children whose parents reported that their child consumes vegetables less than daily

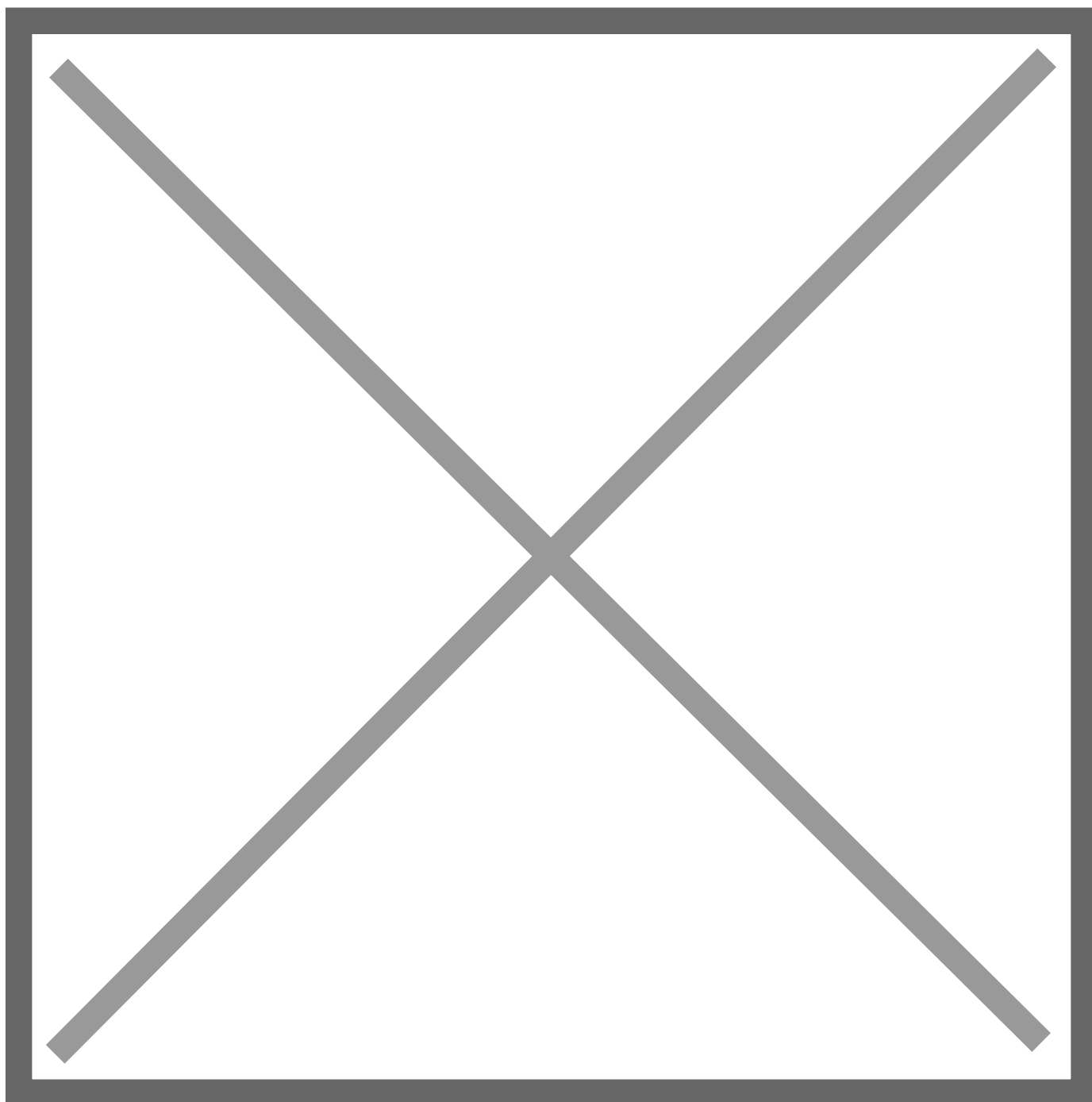
Момчета, 2022-2024



Тип анкета:	Самоотчитане
Възраст:	6-9
Количество на пробите:	883
Обхваната зона:	Национално

Референции:	WHO European Childhood Obesity Surveillance Initiative (COSI): report on the sixth round of data collection, 2022 2024. Copenhagen: WHO Regional Office for Europe; 2025. Licence: CC BY-NC-SA 3.0 IGO.
Забележки:	National data excluding Germany (Bremen only) and Kazakhstan (Almaty only).
Определения:	Proportion of children whose parents reported that their child consumes vegetables less than daily

Момичета, 2022-2024

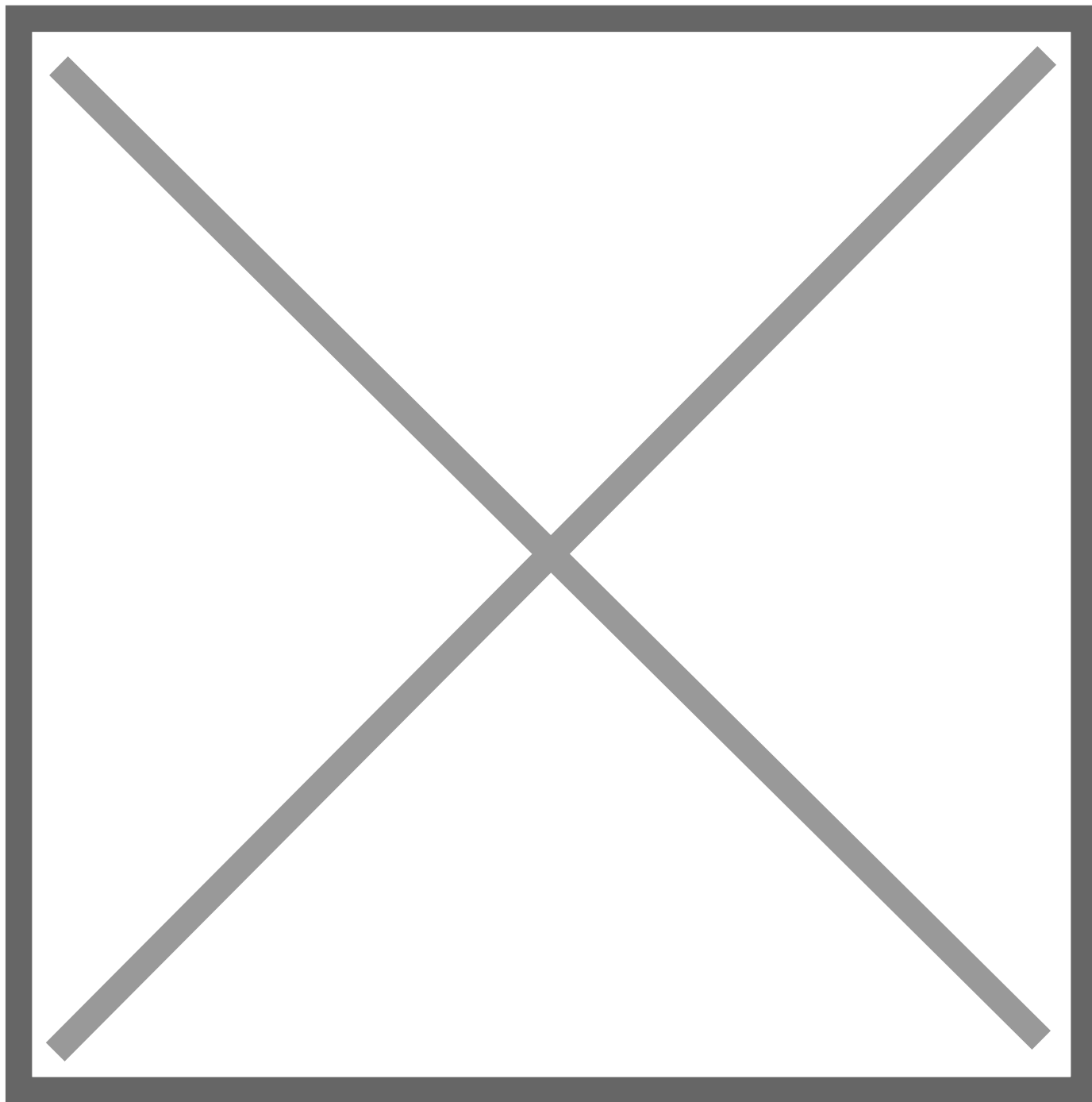


Тип анкета:	Самоотчитане
Възраст:	6-9
Количество на пробите:	883
Обхваната зона:	Национално

Референции:	WHO European Childhood Obesity Surveillance Initiative (COSI): report on the sixth round of data collection, 2022 2024. Copenhagen: WHO Regional Office for Europe; 2025. Licence: CC BY-NC-SA 3.0 IGO.
Забележки:	National data excluding Germany (Bremen only) and Kazakhstan (Almaty only).
Определения:	Proportion of children whose parents reported that their child consumes vegetables less than daily

Психично здраве - депресивни разстройства

Деца, 2021



Обхваната
зона:

Национално

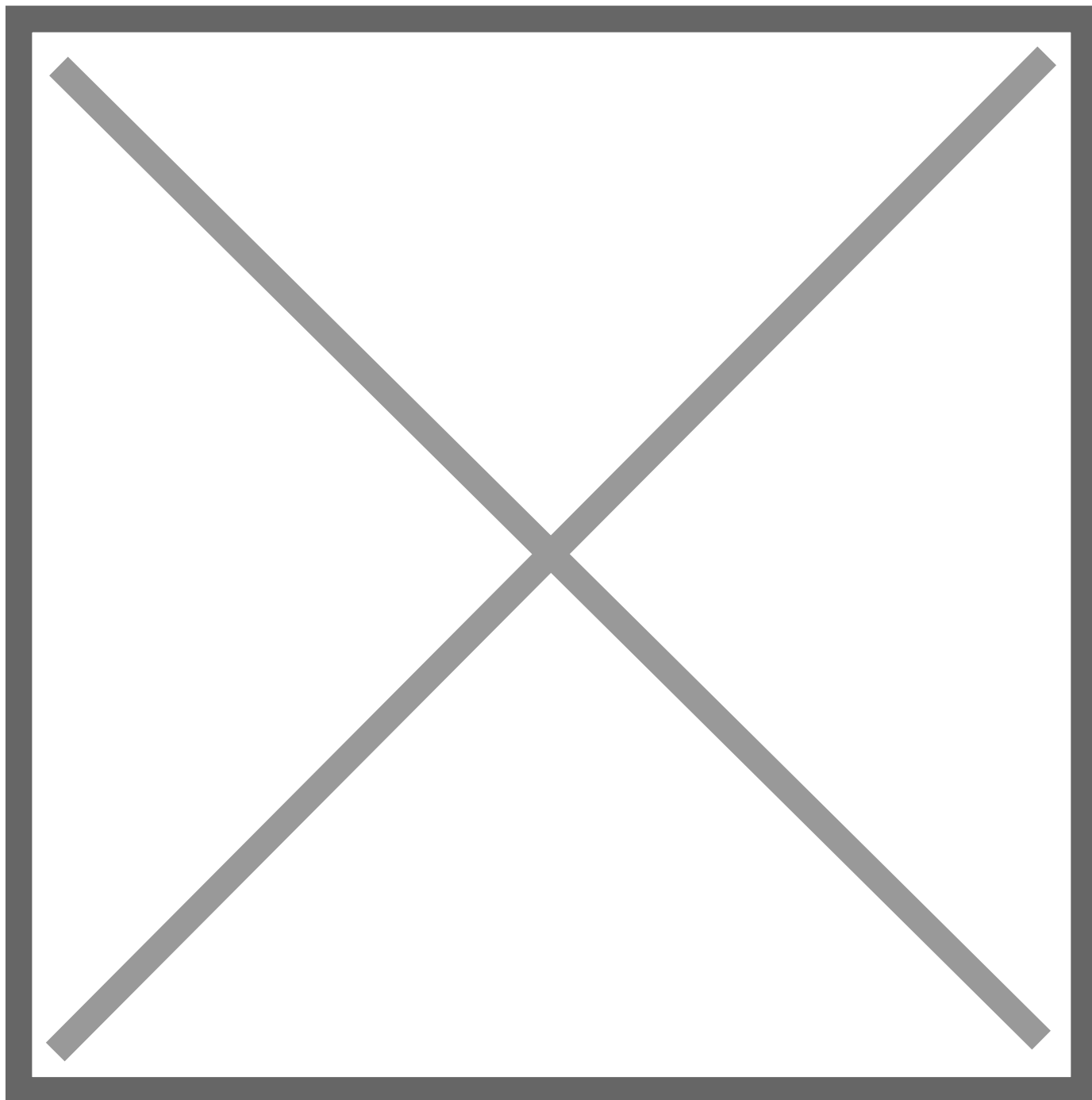
Референции:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Определения:

Number living with depressive disorder per 100,000 population (Under 20 years of age)

Момчета, 2021

Обхваната
зона:

Национално

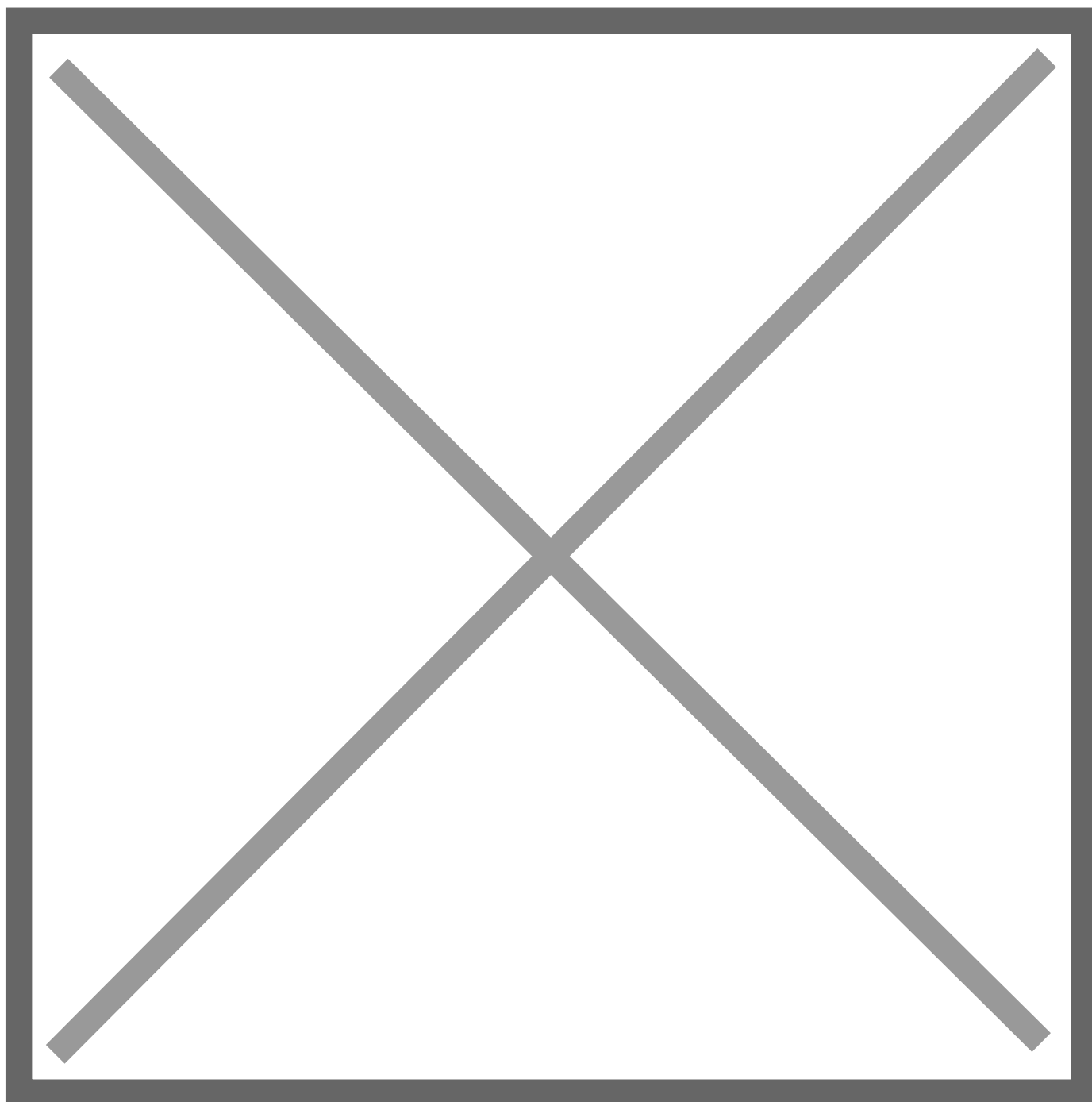
Референции:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Определения:

Number living with depressive disorder per 100,000 population (Under 20 years of age)

Момичета, 2021

**Обхваната
зона:**

Национално

Референции:

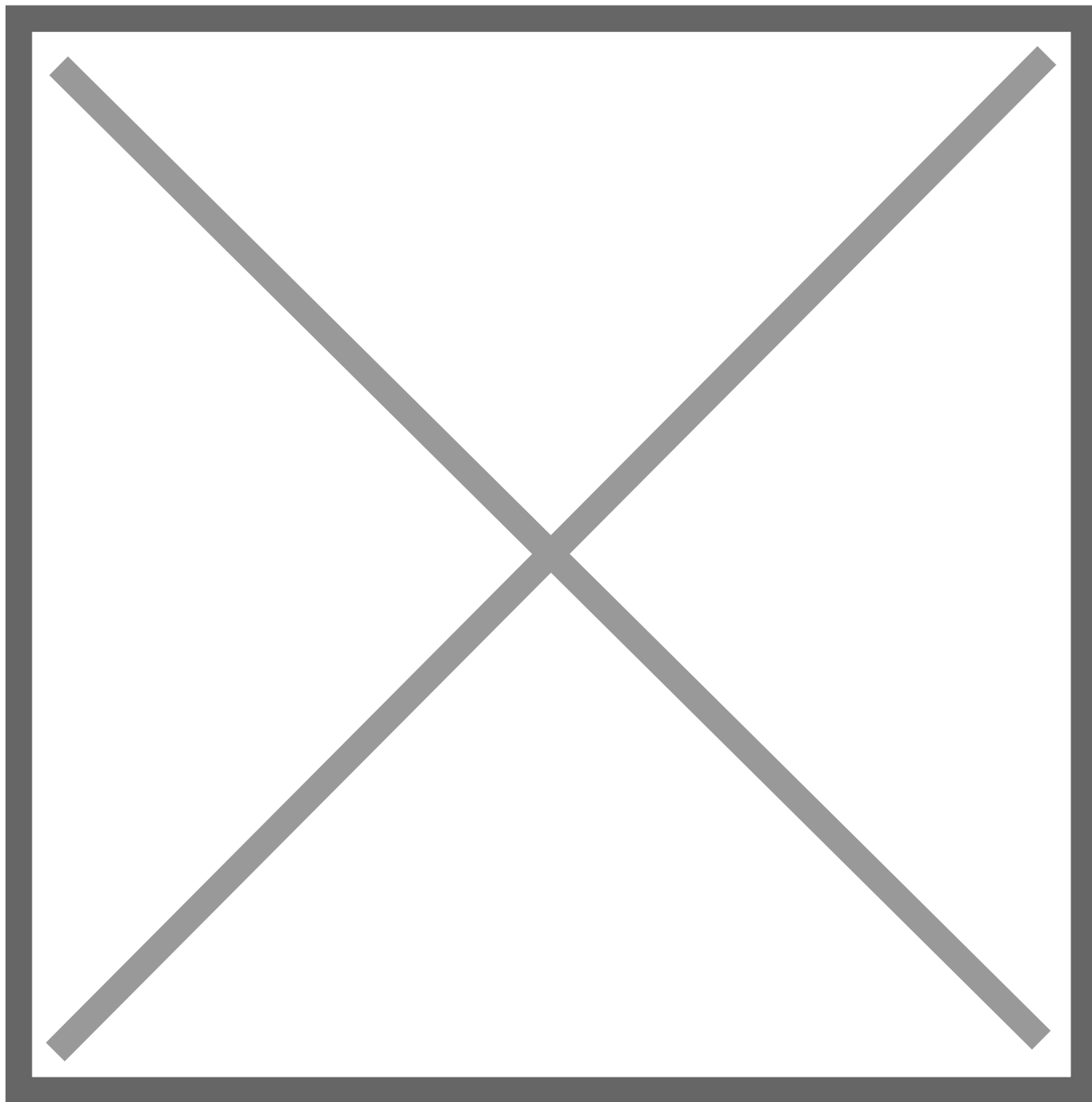
Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Определения:

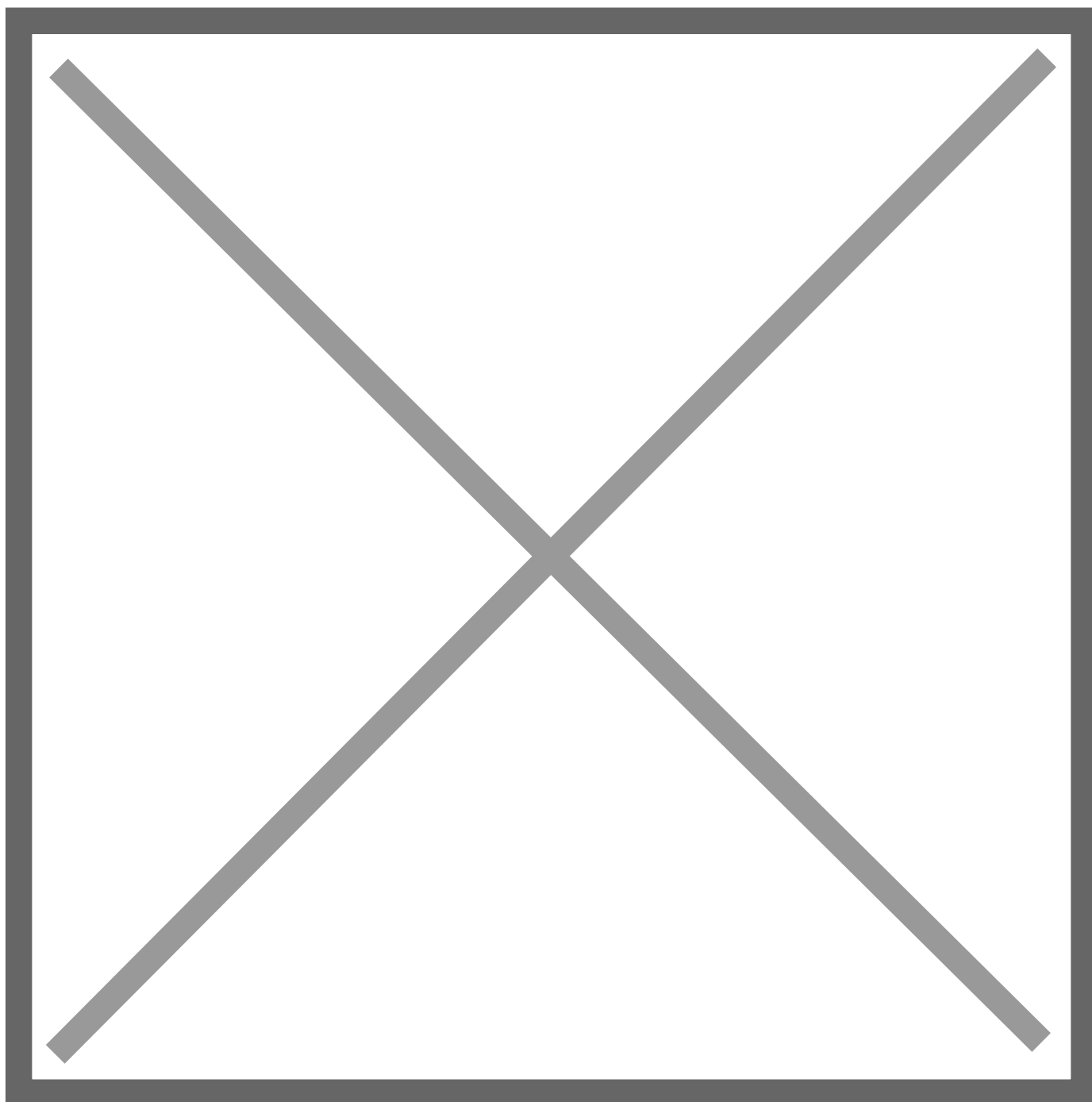
Number living with depressive disorder per 100,000 population (Under 20 years of age)

Психично здраве – тревожни разстройства

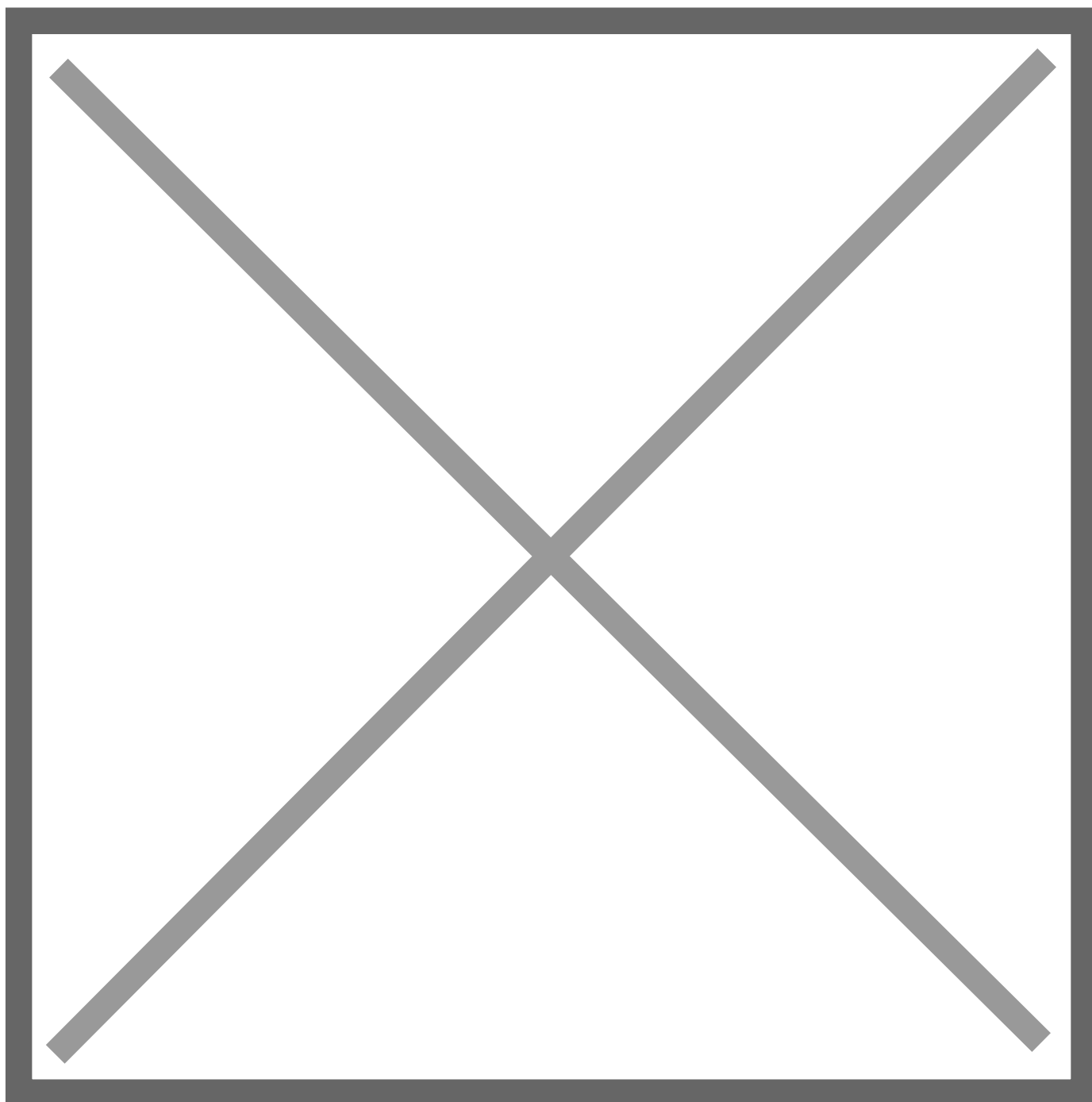
Деца, 2021

**Референции:**

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Момчета, 2021**Референции:**

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Момичета, 2021**Референции:**

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

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