

# Report card Cyprus

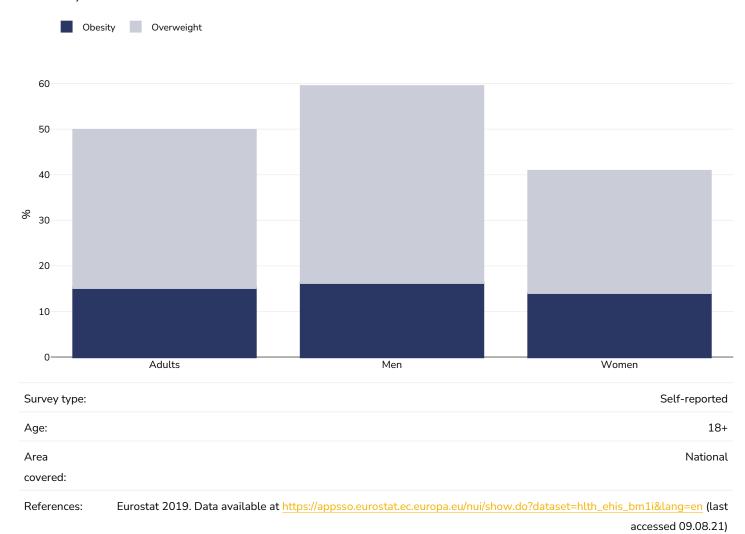


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# **Obesity prevalence**

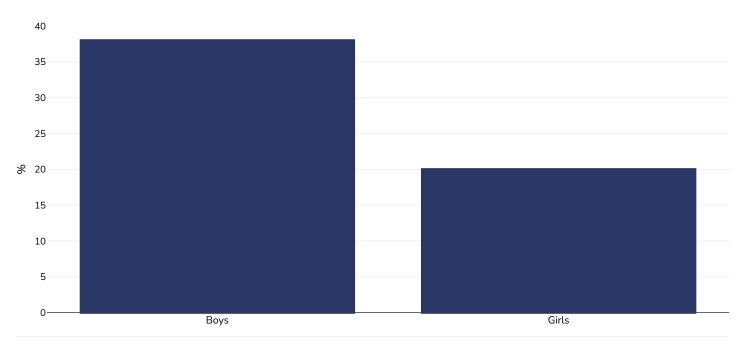
# Adults, 2019





#### Children, 2021-2022





Survey Self-reported type:

Age: 13

References: Rakic JG, Hamrik Z, Dzielska A, Felder-Puig R, Oja L, Bakalár P et al. A focus on adolescent physical activity, eating behaviours, weight status and body image in Europe, central Asia and Canada. Health Behaviour in School-aged Children (HBSC) international report from the 2021/2022 survey. Volume 4. Copenhagen: WHO Regional Office for Europe; 2024. 'Any translation was not created by the World Health Organization (WHO). WHO is not responsible for the content or accuracy of this translation. The original English edition shall be the binding and authentic edition'

Notes: HBSC aims to survey approximately 1500 pupils per age group in each country or region (totaling around 4500)

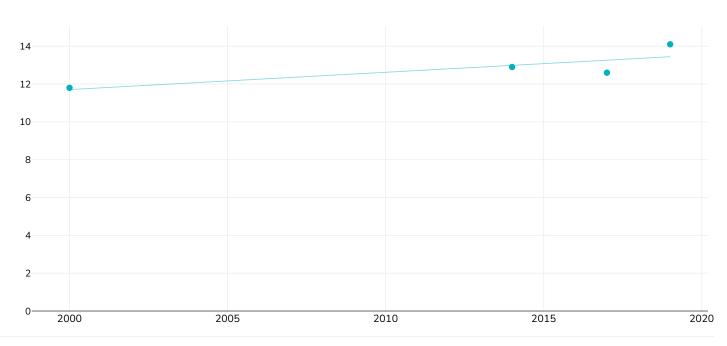
Cutoffs: +2SD



# % Trend obesity Cyprus 2000 2019

#### Women

Obesity



Survey Self-reported

type:

References:

2000: Eurostat Yearbook 2006/07. A goldmine of statistical information. Available at

 $\frac{\text{https://ec.europa.eu/eurostat/documents/2995521/5059290/1-20022007-BP-EN.PDF.pdf/edab8c31-b9f3-4c8e-b4db-4137bd045efa?t=1414683510000} \text{(last accessed 04.11.21)}$ 

2014: Eurostat Database: <a href="http://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth\_ehis\_bm1e&lang=en">http://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth\_ehis\_bm1e&lang=en</a> (last accessed 25.08.20)

2017: EUROSTAT Database <a href="http://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=ilc\_hch10&lang=en">http://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=ilc\_hch10&lang=en</a>
2019: Eurostat 2019. Data available at <a href="https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth\_ehis\_bm1i&lang=en">https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth\_ehis\_bm1i&lang=en</a>

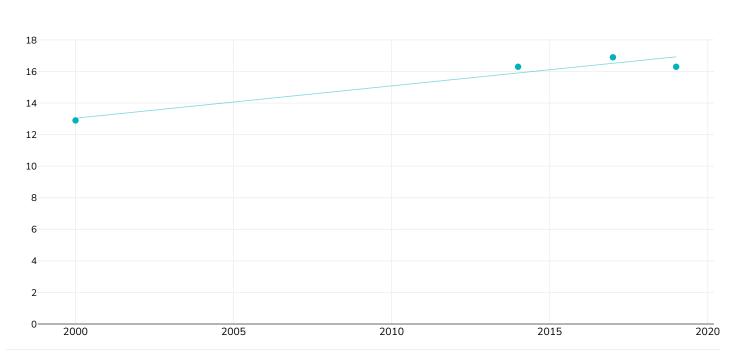
(last accessed 09.08.21)

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.



#### Men





Survey Self-reported

type:

References:

2000: Eurostat Yearbook 2006/07. A goldmine of statistical information. Available at

https://ec.europa.eu/eurostat/documents/2995521/5059290/1-20022007-BP-EN.PDF.pdf/edab8c31-b9f3-4c8e-b4db-4137bd045efa?t=1414683510000 (last accessed 04.11.21)

2014: Eurostat Database: <a href="http://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth\_ehis\_bm1e&lang=en">http://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth\_ehis\_bm1e&lang=en</a> (last accessed 25.08.20)

2017: EUROSTAT Database <a href="http://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=ilc\_hch10&lang=en">http://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=ilc\_hch10&lang=en</a>
2019: Eurostat 2019. Data available at <a href="https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth\_ehis\_bm1i&lang=en">https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth\_ehis\_bm1i&lang=en</a>
(last accessed 09.08.21)

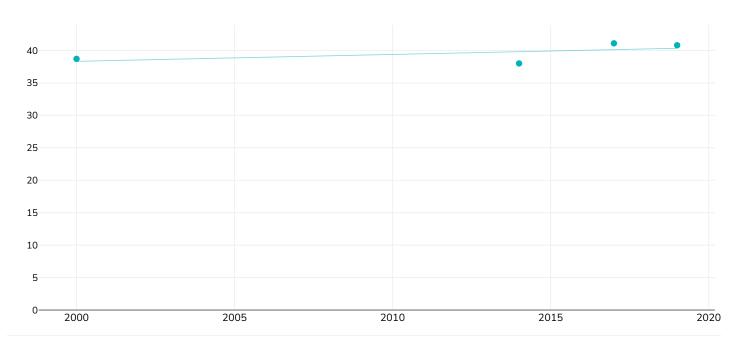
Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.



### % Trend overweight obesity Cyprus Adult 2000 2019

#### Women

Overweight or obesity



Survey Self-reported

type:

References:

2000: Eurostat Yearbook 2006/07. A goldmine of statistical information. Available at

4137bd045efa?t=1414683510000 (last accessed 04.11.21)

2014: Eurostat Database: <a href="http://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth\_ehis\_bm1e&lang=en">http://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth\_ehis\_bm1e&lang=en</a> (last accessed 25.08.20)

2017: EUROSTAT Database http://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=ilc\_hch10&lang=en

2019: Eurostat 2019. Data available at https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth\_ehis\_bm1i&lang=en

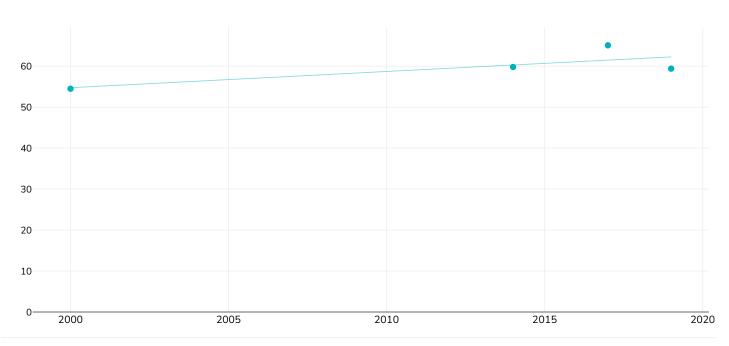
(last accessed 09.08.21)

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.



#### Men

Overweight or obesity



Survey Self-reported

type:

References:

2000: Eurostat Yearbook 2006/07. A goldmine of statistical information. Available at

https://ec.europa.eu/eurostat/documents/2995521/5059290/1-20022007-BP-EN.PDF.pdf/edab8c31-b9f3-4c8e-b4db-edab8c31-b9f3-6c8e-b4db-edab8c31-b9f3-6c8e-b4 4137bd045efa?t=1414683510000 (last accessed 04.11.21)

2014: Eurostat Database: http://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth\_ehis\_bm1e&lang=en (last accessed 25.08.20)

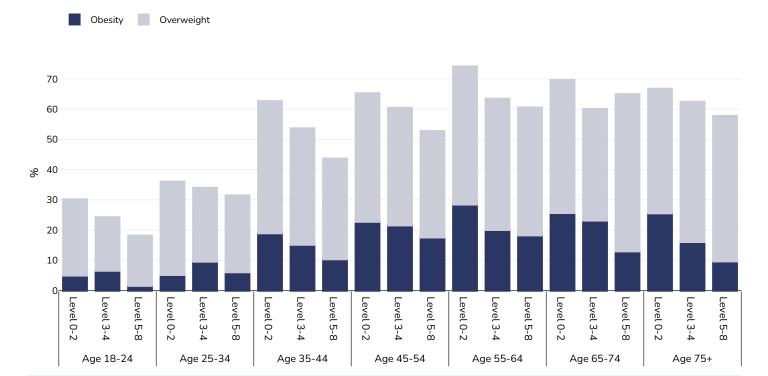
2017: EUROSTAT Database http://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=ilc\_hch10&lang=en 2019: Eurostat 2019. Data available at https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth\_ehis\_bm1i&lang=en (last accessed 09.08.21)

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.



# Overweight/obesity by age and education

#### Adults, 2019



Survey type: Self-reported

Area National

covered:

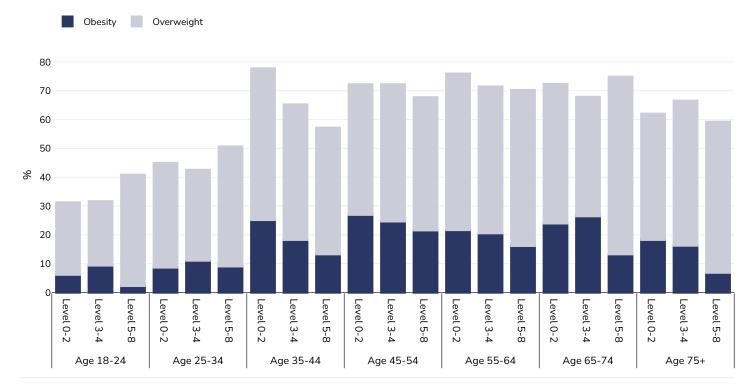
References: Eurostat 2019. Available at <a href="https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth\_ehis\_bm1e&lang=en">https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth\_ehis\_bm1e&lang=en</a> (last

accessed 09.08.21).

Notes: NB. Some age ranges missing due to insufficient data to display by age & educational status



### Men, 2019



Survey type: Self-reported

Area National

covered:

References: Eurostat 2019. Available at <a href="https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth\_ehis\_bm1e&lang=en">https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth\_ehis\_bm1e&lang=en</a> (last

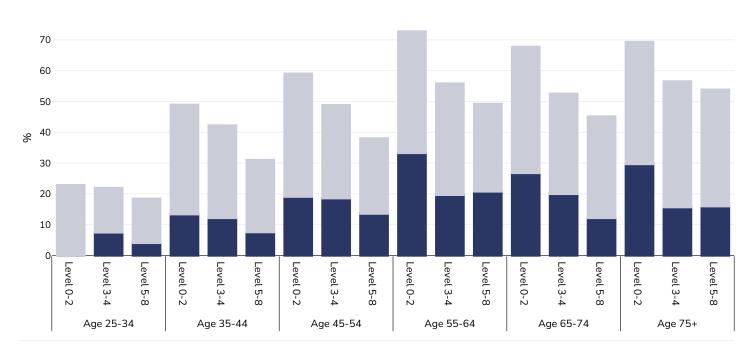
accessed 09.08.21).

Notes: NB. Some age ranges missing due to insufficient data to display by age & educational status



### Women, 2019





Survey type: Self-reported

Area National

covered:

References: Eurostat 2019. Available at <a href="https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth\_ehis\_bm1e&lang=en">https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth\_ehis\_bm1e&lang=en</a> (last

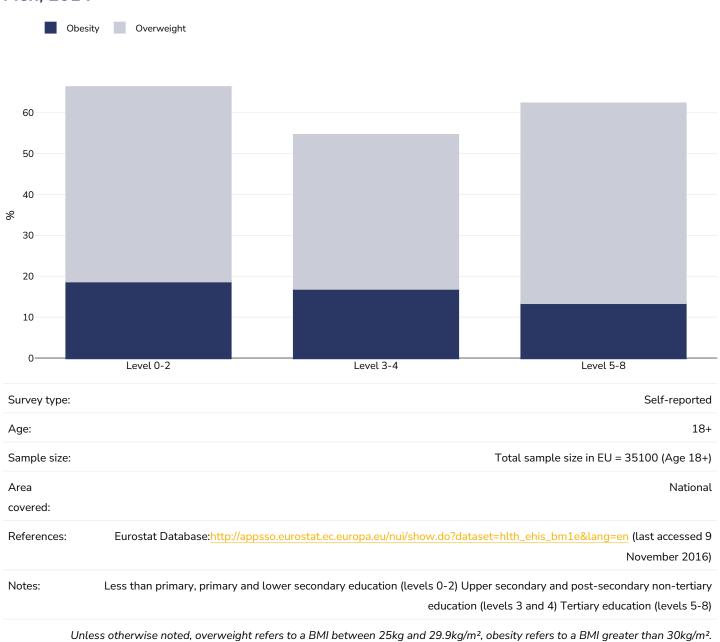
accessed 09.08.21).

Notes: NB. Some age ranges missing due to insufficient data to display by age & educational status



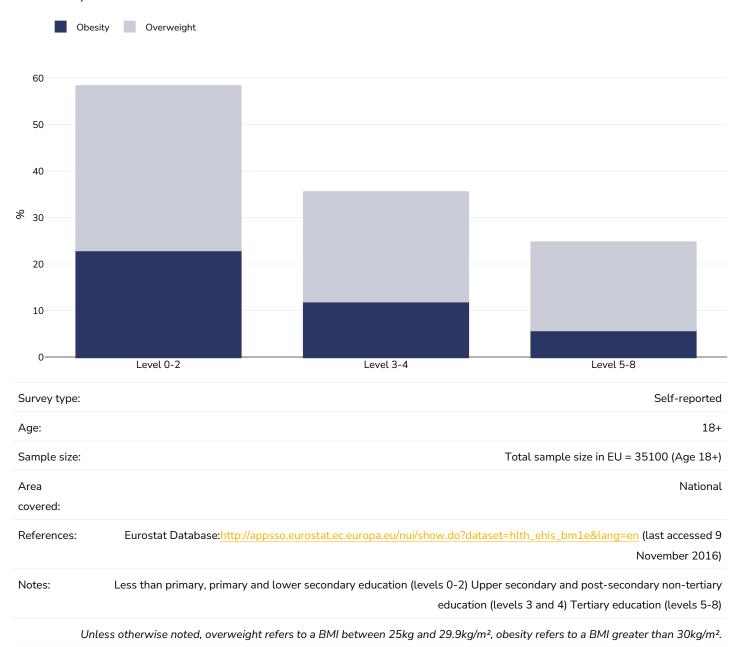
# Overweight/obesity by education

### Men, 2014



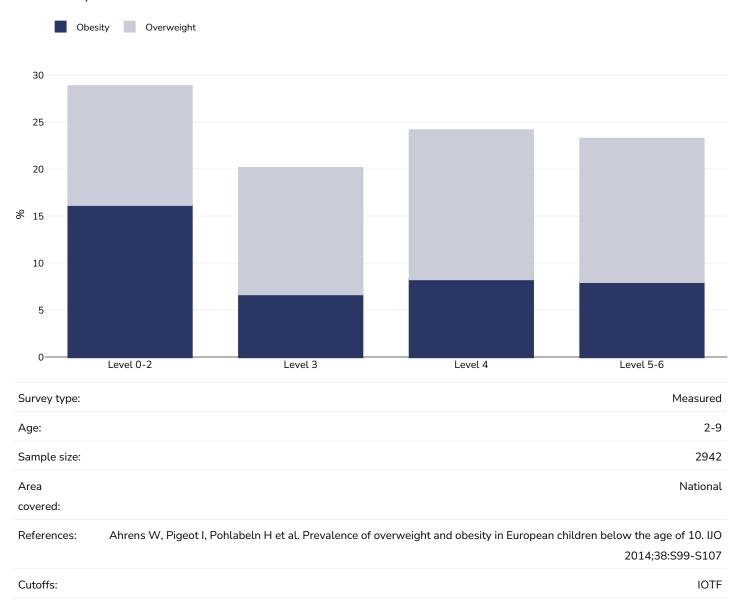


### Women, 2014





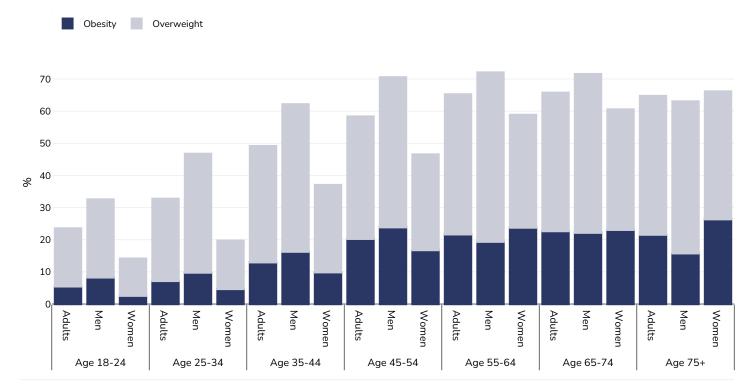
### Children, 2007-2008





# Overweight/obesity by age

### Adults, 2019



Survey type: Self-reported

Area National covered:

References:

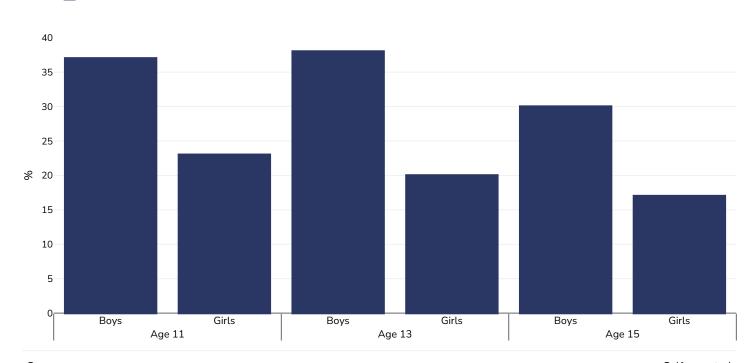
Eurostat 2019. Available at <a href="https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth\_ehis\_bm1i&lang=en">https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth\_ehis\_bm1i&lang=en</a> (last

accessed 09.08.21).



#### Children, 2021-2022





Survey Self-reported type:

Area See Report

References:

covered:

RakiÃ?â?¡ JG, Hamrik Z, Dzielska A, Felder-Puig R, Oja L, Bakalár P et al. A focus on adolescent physical activity, eating behaviours, weight status and body image in Europe, central Asia and Canada. Health Behaviour in School-aged Children (HBSC) international report from the 2021/2022 survey. Volume 4. Copenhagen: WHO Regional Office for Europe; 2024. 'Any translation was not created by the World Health Organization (WHO). WHO is not responsible for the content or accuracy of this translation. The original English edition shall be the binding and authentic edition'

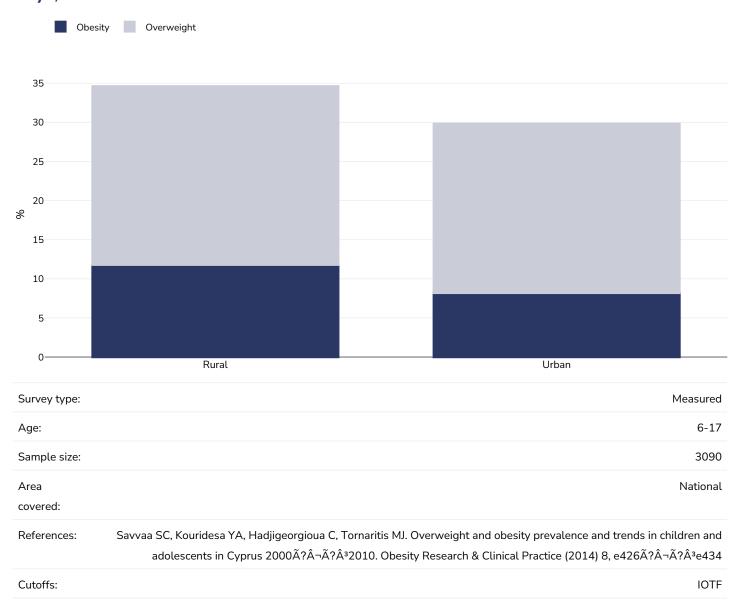
Notes: HBSC aims to survey approximately 1500 pupils per age group in each country or region (totaling around 4500)

Cutoffs: +2SD



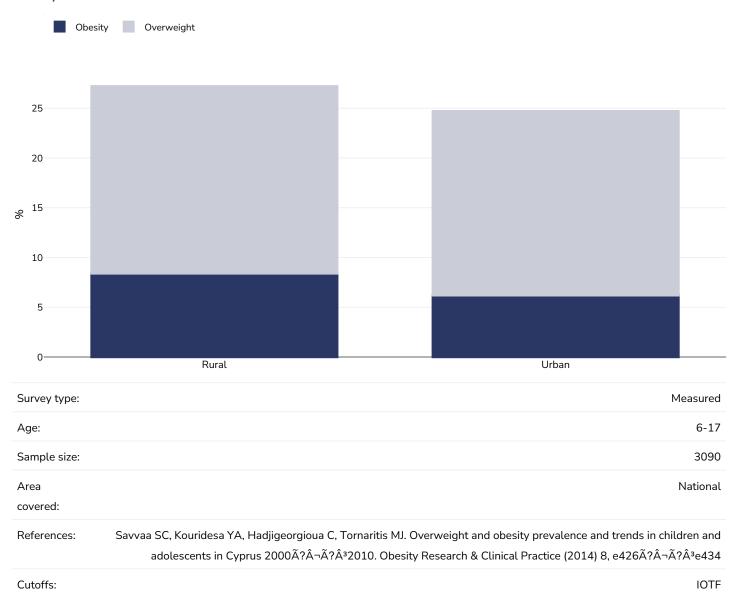
# Overweight/obesity by region

### Boys, 2009-2010





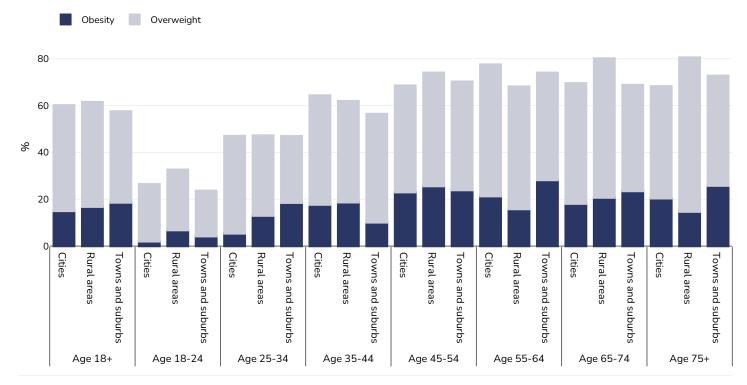
### Girls, 2009-2010





# Overweight/obesity by age and region

# Men, 2014



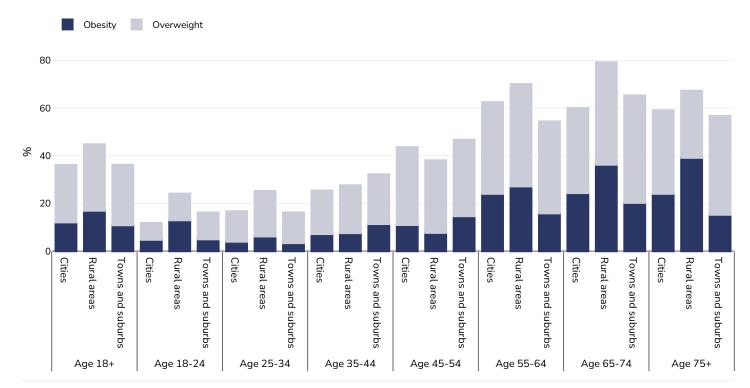
Survey type: Self-reported

Area covered: National

References: Eurostat http://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth\_ehis\_bm1u&lang=en (last accessed 25.08.20)



### Women, 2014



Survey type: Self-reported

Area covered: National

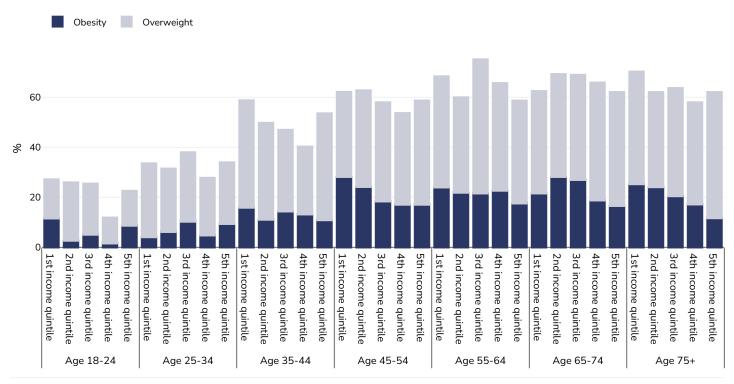
References:

Eurostat <a href="http://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth\_ehis\_bm1u&lang=en">http://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth\_ehis\_bm1u&lang=en</a> (last accessed 25.08.20)



### Overweight/obesity by age and socio-economic group

#### Adults, 2019



Survey type: Self-reported

Area National

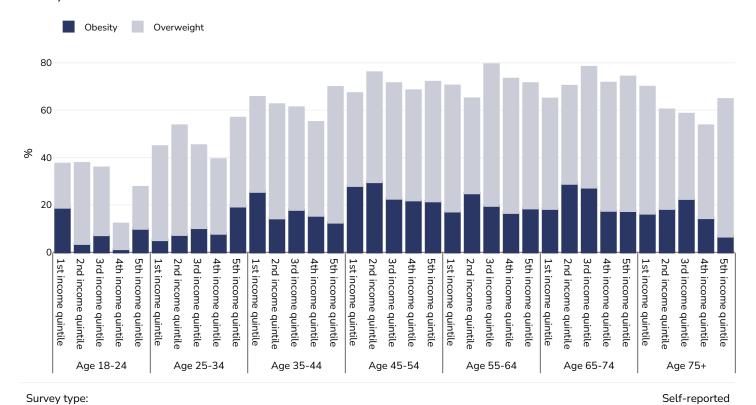
covered:

References: Eurostat 2019. Available at <a href="https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth\_ehis\_bm1i&lang=en">https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth\_ehis\_bm1i&lang=en</a> (last

accessed 09.08.21).



#### Men, 2019



Area National covered:

References:

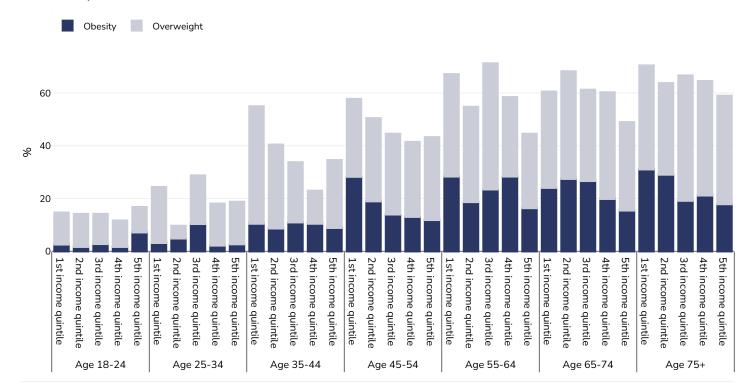
Eurostat 2019. Available at <a href="https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth\_ehis\_bm1i&lang=en">https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth\_ehis\_bm1i&lang=en</a> (last

accessed 09.08.21).

 $Unless \ otherwise \ noted, overweight \ refers \ to \ a \ BMI \ between \ 25kg \ and \ 29.9kg/m^2, obesity \ refers \ to \ a \ BMI \ greater \ than \ 30kg/m^2.$ 



#### Women, 2019



Survey type:

Area

National covered:

References: Eurostat 2019. Available at https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth\_ehis\_bm1i&lang=en (last

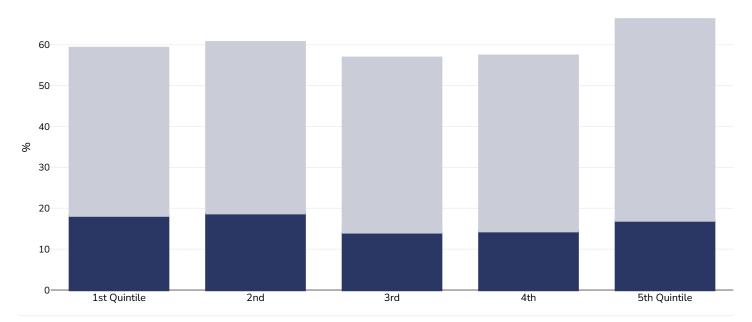
accessed 09.08.21).



# Overweight/obesity by socio-economic group

### Men, 2014





Survey type:

Age:

Sample size:

Total sample number in EU: 35100 (Age 18+)

Area

covered:

References:

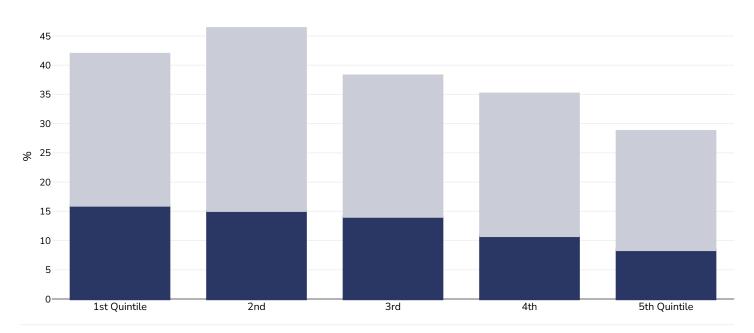
EUROSTAT Database: <a href="http://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth\_ehis\_bm1i&lang=en">http://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth\_ehis\_bm1i&lang=en</a> (last accessed 9 November 2016)

Notes: 1st Quintile (lowest income), 5th Quintile (highest income) Please note where data = zero, there were insufficient data.



### Women, 2014





Survey type: Self-reported

Age: 18+

Sample size: Total sample number in EU: 35100 (Age 18+)

Area National

covered:

 $References: \qquad EUROSTAT\ Database: \\ \underline{\text{http://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth\_ehis\_bm1i\&lang=en}}\ (last\ accessed\ 9)$ 

November 2016)

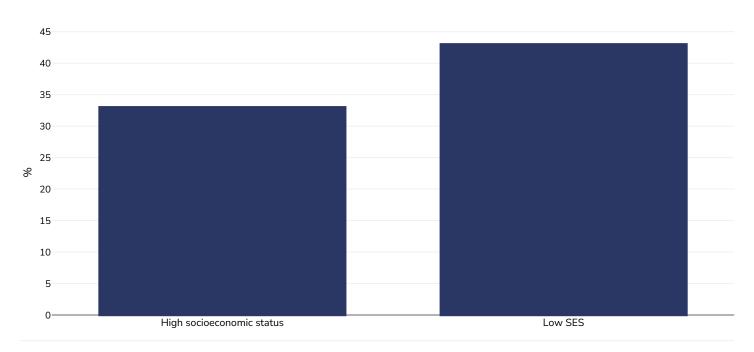
Notes: 1st Quintile (lowest income), 5th Quintile (highest income) Please note where data = zero, there were insufficient data.

 $Unless \ otherwise \ noted, overweight \ refers \ to \ a \ BMI \ between \ 25kg \ and \ 29.9kg/m^2, obesity \ refers \ to \ a \ BMI \ greater \ than \ 30kg/m^2.$ 



#### Boys, 2021-2022





Surv	/ey	Self-reported
type	:	
Age	:	11-15

References: Raki? JG, Hamrik Z, Dzielska A, Felder-Puig R, Oja L, Bakalár P et al. A focus on adolescent physical activity, eating behaviours, weight status and body image in Europe, central Asia and Canada. Health Behaviour in School-aged Children (HBSC) international report from the 2021/2022 survey. Volume 4. Copenhagen: WHO Regional Office for Europe; 2024. 'Any translation was not created by the World Health Organization (WHO). WHO is not responsible for the content or accuracy of this translation. The original English edition shall be the binding and authentic edition'

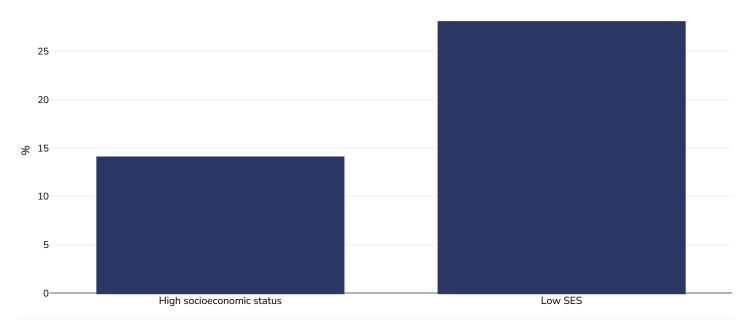
Notes: Family affluence scaleHBSC aims to survey approximately 1500 pupils per age group in each country or region (totaling around 4500)

Cutoffs: +2SD



#### Girls, 2021-2022

#### Overweight or obesity



Survey	Self-reported
type:	
Age:	11-15

References: Raki? JG, Hamrik Z, Dzielska A, Felder-Puig R, Oja L, Bakalár P et al. A focus on adolescent physical activity, eating behaviours, weight status and body image in Europe, central Asia and Canada. Health Behaviour in School-aged Children (HBSC) international report from the 2021/2022 survey. Volume 4. Copenhagen: WHO Regional Office for Europe; 2024. 'Any translation was not created by the World Health Organization (WHO). WHO is not responsible for the content or accuracy of this translation. The original English edition shall be the binding and authentic edition'

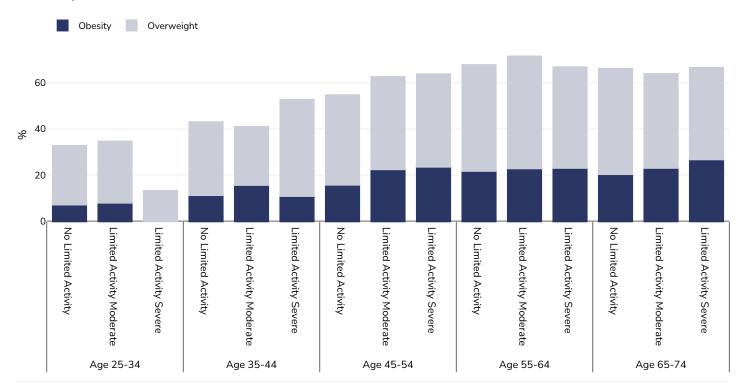
Notes: Family affluence scaleHBSC aims to survey approximately 1500 pupils per age group in each country or region (totaling around 4500)

Cutoffs: +2SD



# Overweight/obesity by age and limited activity

#### Adults, 2014



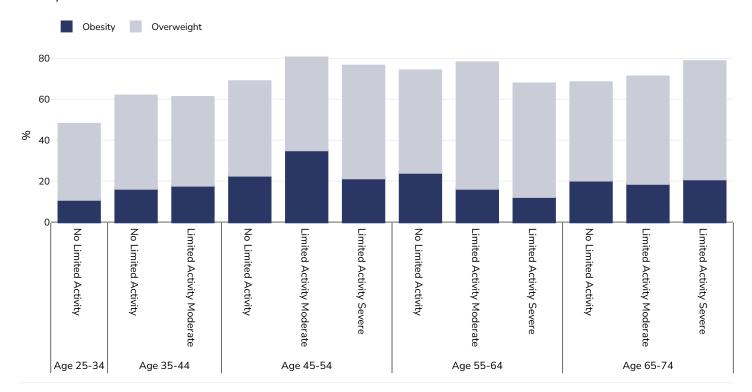
Survey type: Self-reported

Area covered: National

References: Eurostat 2014 available at <a href="https://appsso.eurostat.ec.europa.eu/nui/submitViewTableAction.do">https://appsso.eurostat.ec.europa.eu/nui/submitViewTableAction.do</a> (last accessed 06.10.21)



### Men, 2014



Survey type: Self-reported

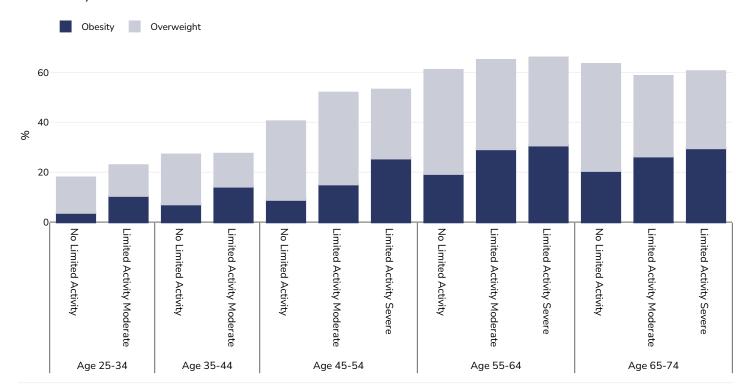
Area covered: National

References:

Eurostat 2014 available at <a href="https://appsso.eurostat.ec.europa.eu/nui/submitViewTableAction.do">https://appsso.eurostat.ec.europa.eu/nui/submitViewTableAction.do</a> (last accessed 06.10.21)



### Women, 2014



Survey type: Self-reported

Area covered: National

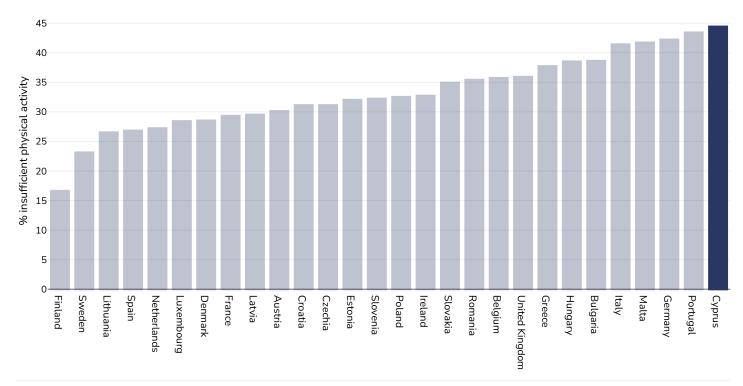
References:

Eurostat 2014 available at <a href="https://appsso.eurostat.ec.europa.eu/nui/submitViewTableAction.do">https://appsso.eurostat.ec.europa.eu/nui/submitViewTableAction.do</a> (last accessed 06.10.21)



# Insufficient physical activity

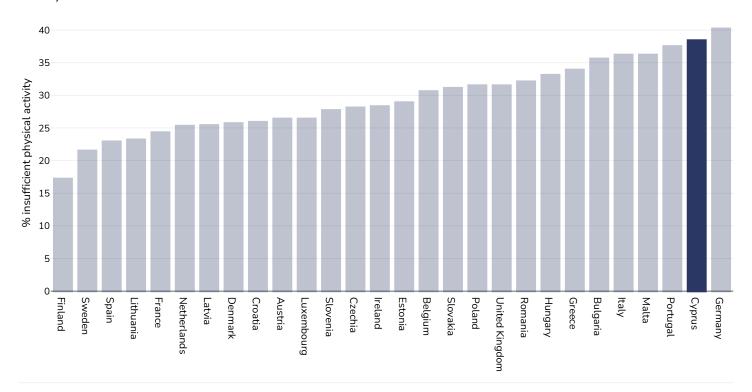
### Adults, 2016



References: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 <a href="http://dx.doi.org/10.1016/S2214-109X">http://dx.doi.org/10.1016/S2214-109X</a>
(18)30357-7



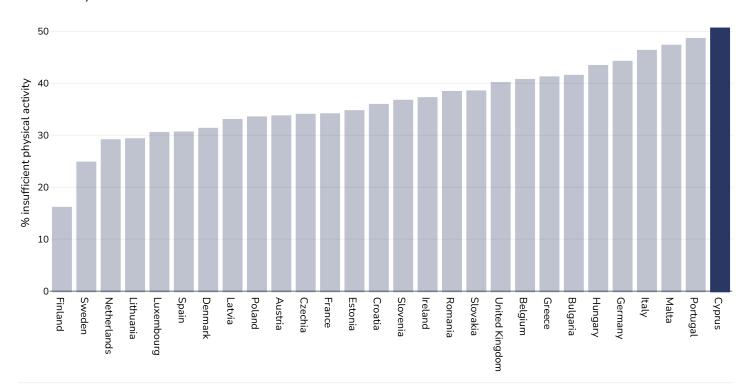
### Men, 2016



References: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 <a href="http://dx.doi.org/10.1016/S2214-109X">http://dx.doi.org/10.1016/S2214-109X</a>
(18)30357-7



### Women, 2016

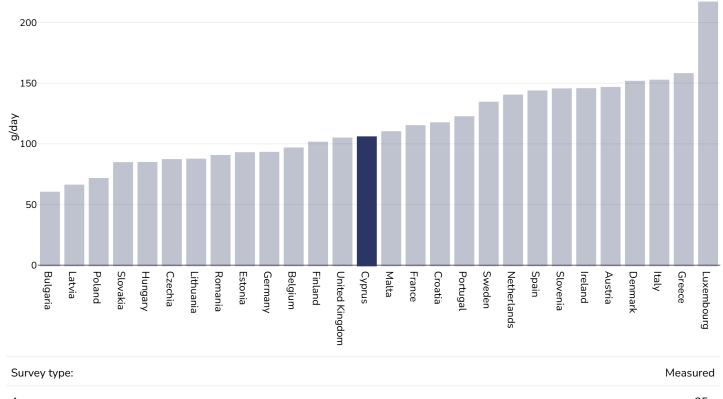


References: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 <a href="http://dx.doi.org/10.1016/S2214-109X">http://dx.doi.org/10.1016/S2214-109X</a>
(18)30357-7



# Estimated per capita fruit intake

### Adults, 2017



Survey type: Measured

Age: 25+

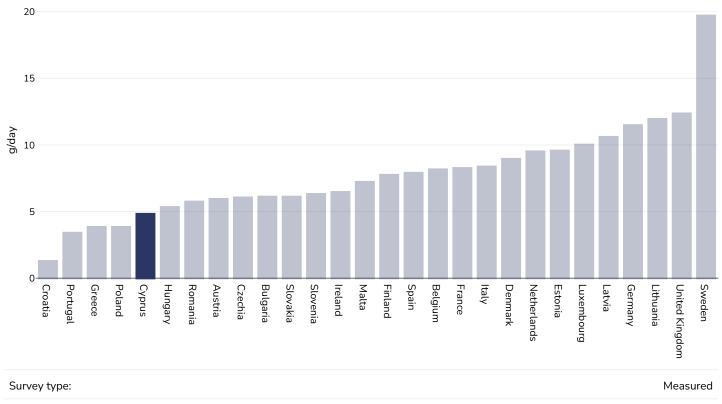
References: Global Burden of Disease, the Institute for Health Metrics and Evaluation <a href="http://ghdx.healthdata.org/">http://ghdx.healthdata.org/</a>

Definitions: Estimated per-capita fruit intake (g/day)



# Estimated per-capita processed meat intake

# Adults, 2017

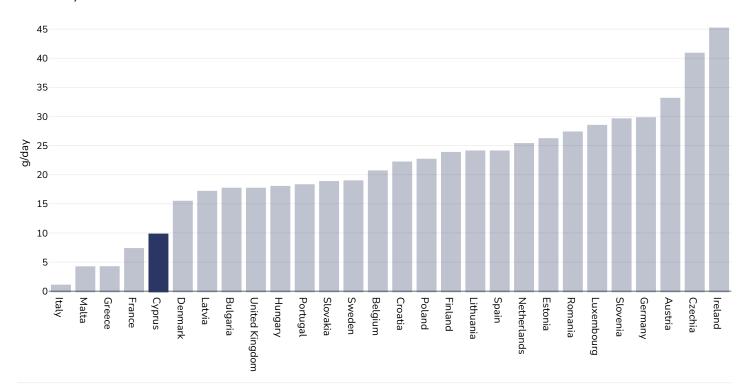


Survey type:	Measured
Age:	25+
References:	Global Burden of Disease, the Institute for Health Metrics and Evaluation <a href="http://ghdx.healthdata.org/">http://ghdx.healthdata.org/</a>
Definitions:	Estimated per-capita processed meat intake (g per day)



# Estimated per capita whole grains intake

# Adults, 2017

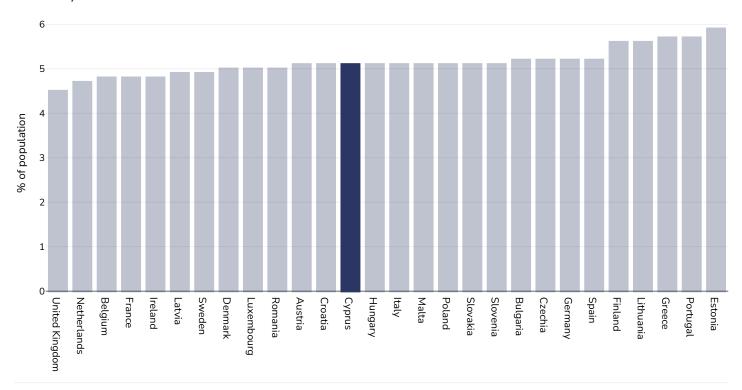


Survey type:	Measured
Age:	25+
References:	Global Burden of Disease, the Institute for Health Metrics and Evaluation <a href="http://ghdx.healthdata.org/">http://ghdx.healthdata.org/</a>
Definitions:	Estimated per-capita whole grains intake (g/day)



# Mental health - depression disorders

#### Adults, 2015



References:

Prevalence data from Global Burden of Disease study 2015 (<a href="http://ghdx.healthdata.org">http://ghdx.healthdata.org</a>) published in: Depression and Other Common Mental Disorders: Global Health Estimates. Geneva: World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO.

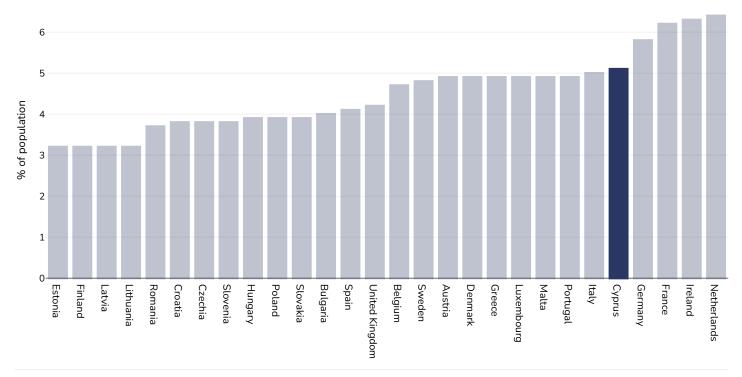
Definitions:

% of population with depression disorders



## Mental health - anxiety disorders

## Adults, 2015



References: Prevalence data from Global Burden of Disease study 2015 (<a href="http://ghdx.healthdata.org">http://ghdx.healthdata.org</a>) published in: Depression and Other Common Mental Disorders: Global Health Estimates. Geneva: World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO.

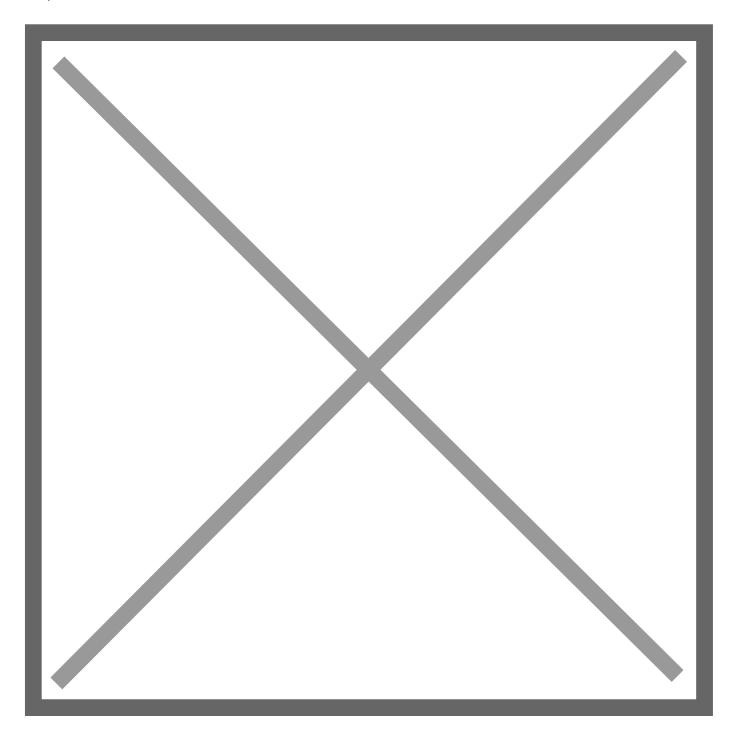
Definitions: % of population with anxiety disorders



Oesophageal cancer



# Men, 2022

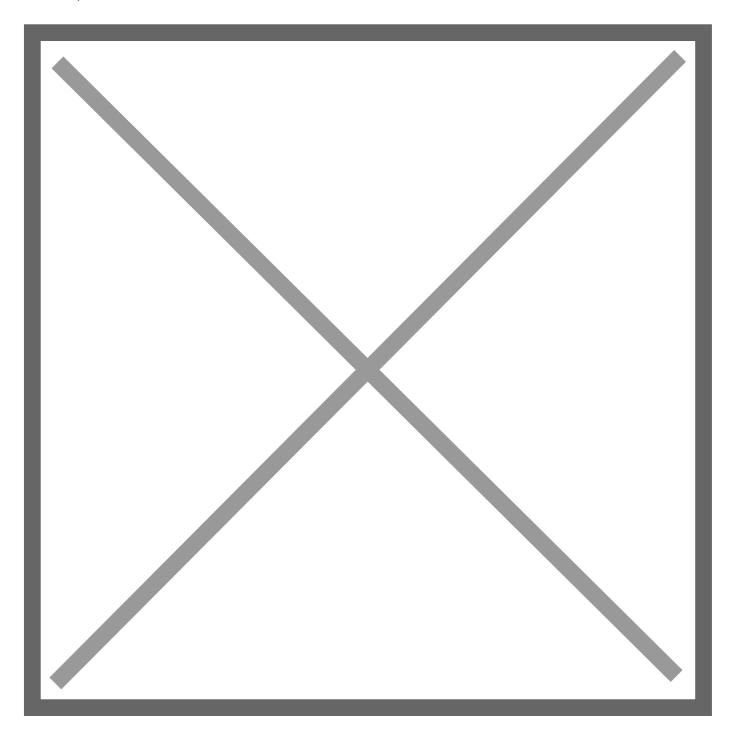


Age:	20+
Area covered:	National
References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024 Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Availab	



Definitions: Indicence per 100,000





Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global

Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <a href="https://gco.iarc.who.int/today">https://gco.iarc.who.int/today</a>, accessed [16.07.24]

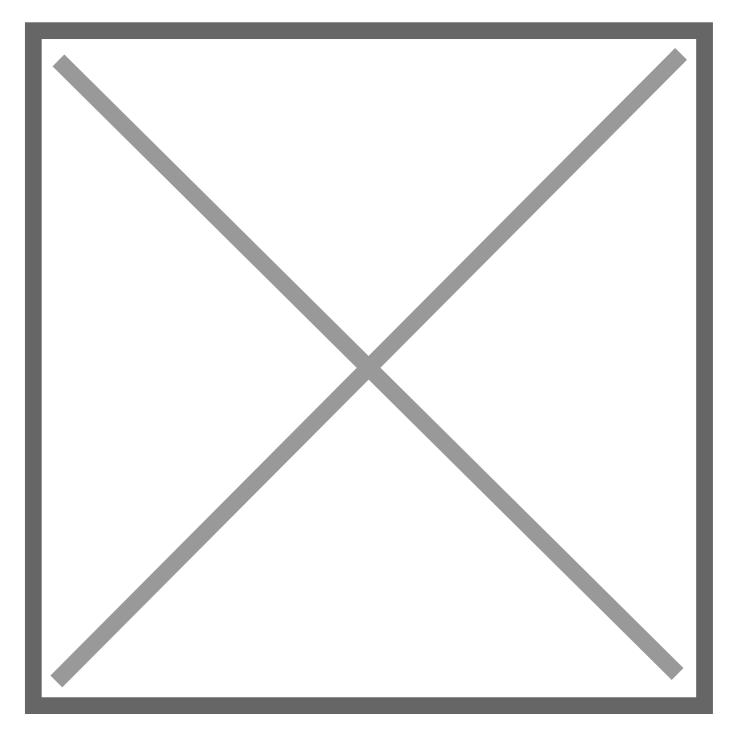


Definitions: Indicence per 100,000



**Breast cancer** 





Area Covered:

References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

<a href="https://gco.iarc.who.int/today">https://gco.iarc.who.int/today</a>, accessed [16.07.24]



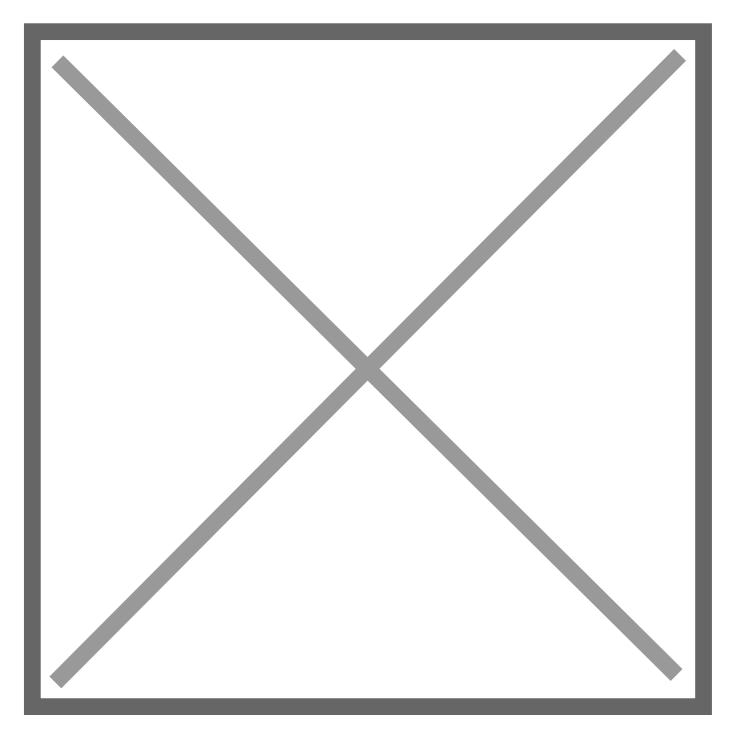
Definitions: Incidence per 100,000



# Colorectal cancer



# Men, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon. France: International Agency for Research on Cancer. Available from:

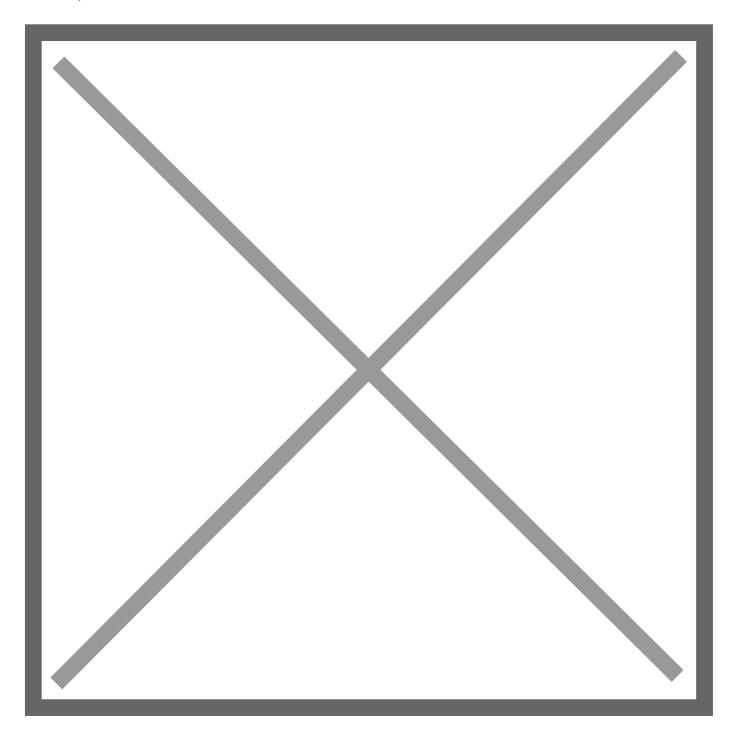
Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

<a href="https://gco.iarc.who.int/today">https://gco.iarc.who.int/today</a>, accessed [16.07.24]



Definitions: Incidence per 100,000





Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global

Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

<a href="https://gco.iarc.who.int/today">https://gco.iarc.who.int/today</a>, accessed [16.07.24]



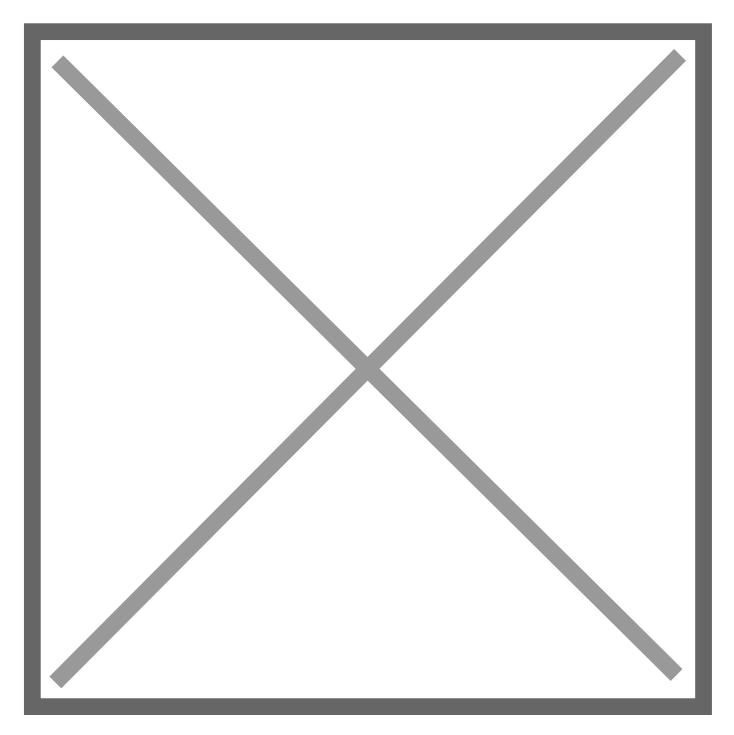
Definitions: Incidence per 100,000



# Pancreatic cancer



# Men, 2022

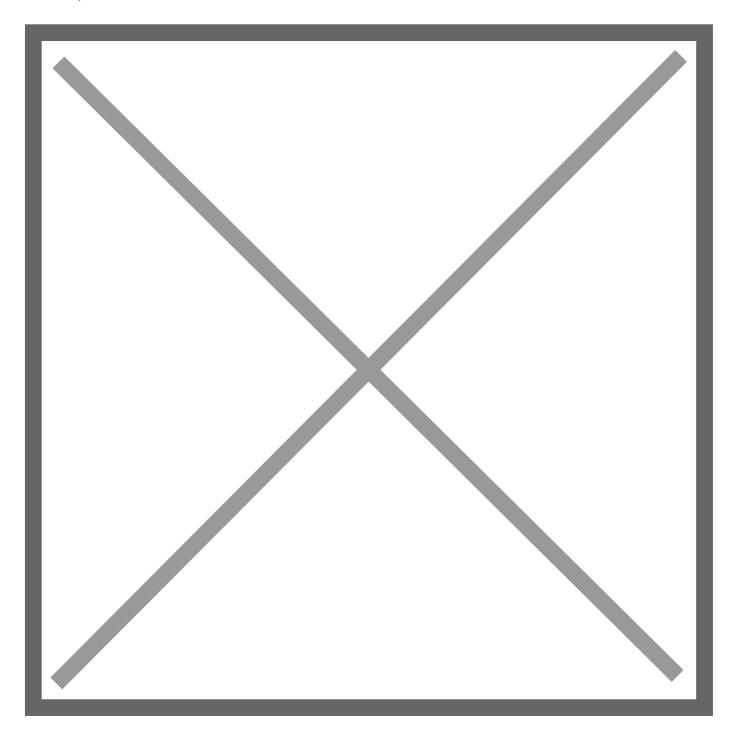


Age:	20+
Area covered:	National
References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Glo Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available fro <a href="https://gco.iarc.who.int/today">https://gco.iarc.who.int/today</a> , accessed [16.07.	



Definitions: Incidence per 100,000





Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

https://gco.iarc.who.int/today, accessed [16.07.24]



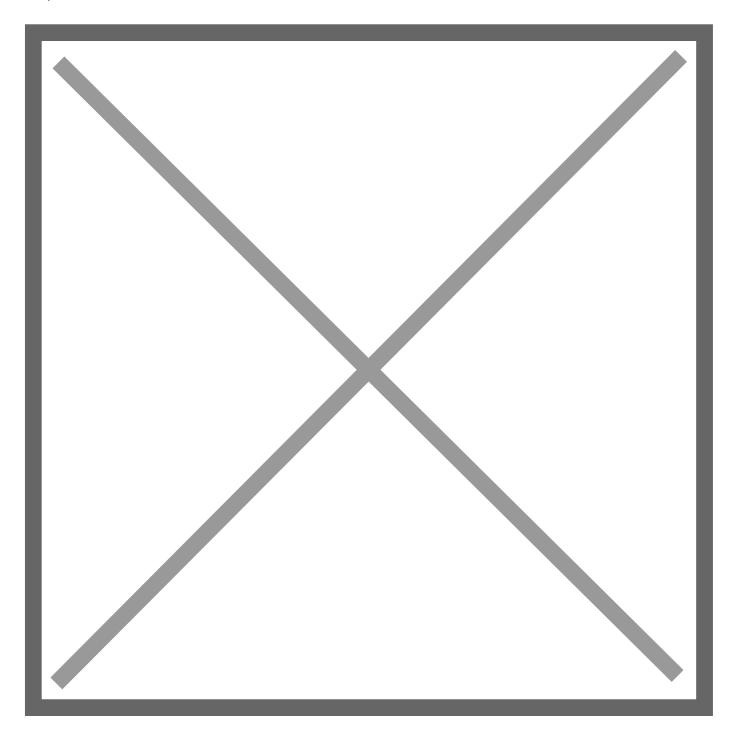
Definitions: Incidence per 100,000



Gallbladder cancer



# Men, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global

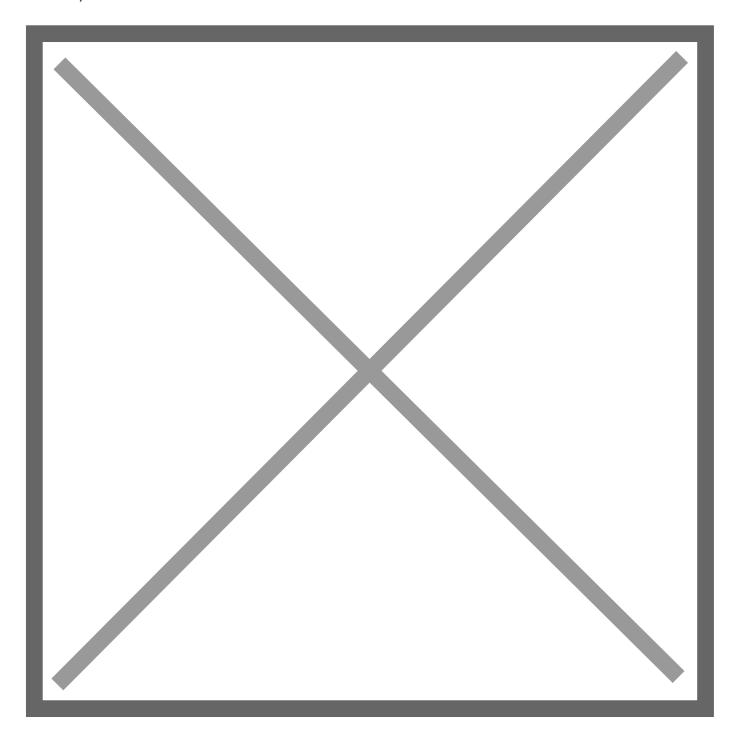
Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

https://gco.iarc.who.int/today, accessed [16.07.24]



Definitions: Indicence per 100,000





Age:	20+
Area covered:	National
References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).G  Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available	

https://gco.iarc.who.int/today, accessed [16.07.24]



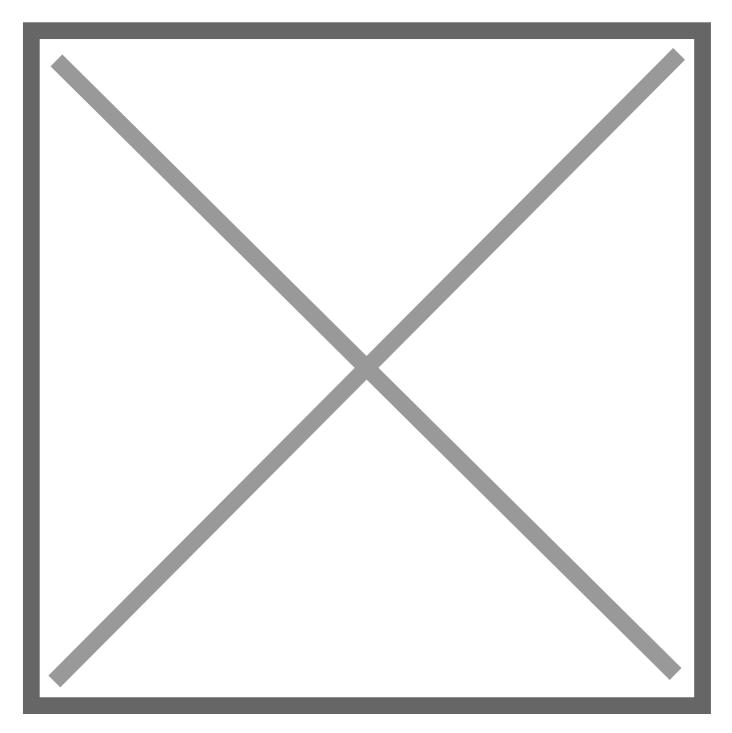
Definitions: Indicence per 100,000



Kidney cancer



# Men, 2022

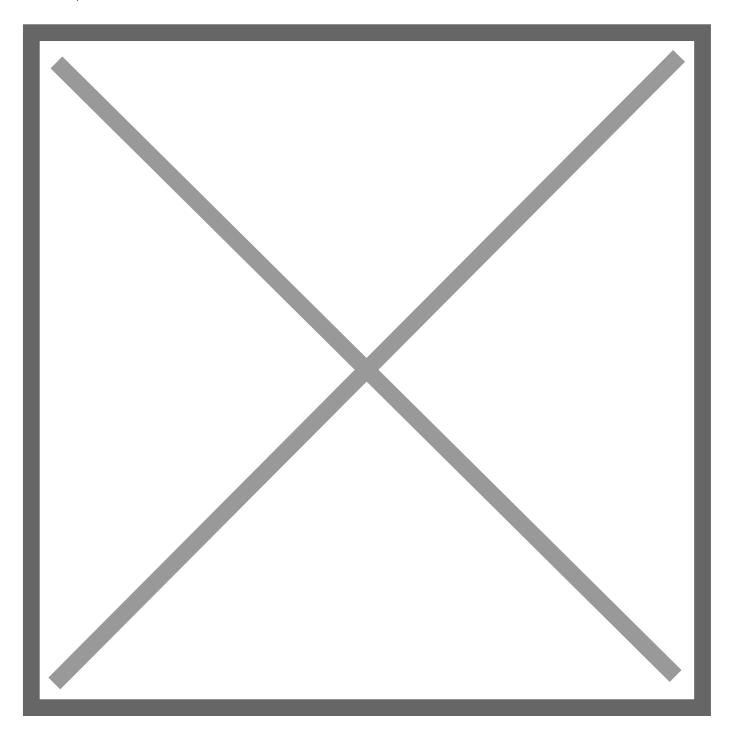


Age:	20+
Area covered:	National
References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Glob Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from <a href="https://gco.iarc.who.int/today">https://gco.iarc.who.int/today</a> , accessed [16.07.2-1]	



Definitions: Incidence per 100,000





Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global

Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <a href="https://gco.iarc.who.int/today">https://gco.iarc.who.int/today</a>, accessed [16.07.24]

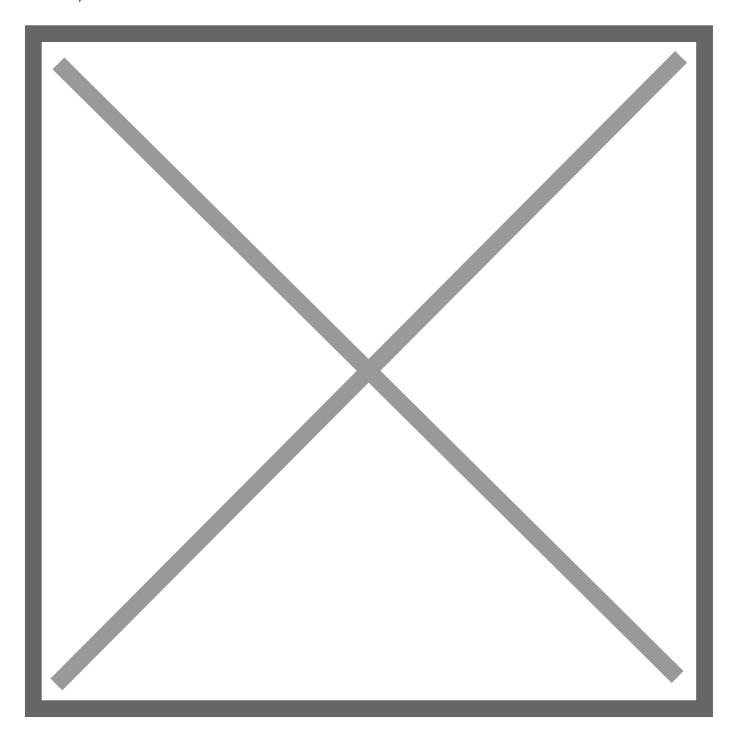


Definitions: Incidence per 100,000



**Cancer of the uterus** 





Age: 20+

References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024).Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

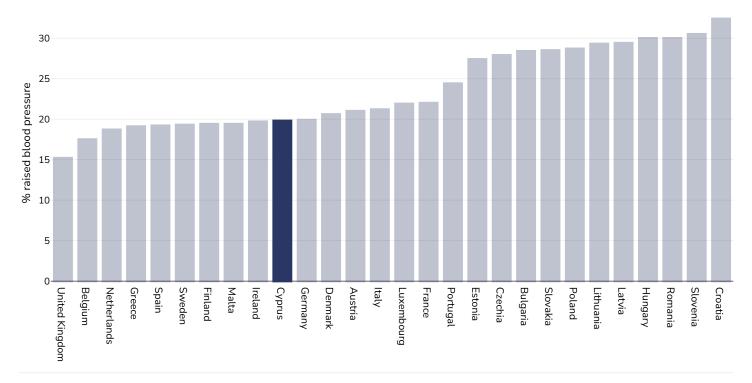
https://gco.iarc.who.int/today, accessed [16.07.24]

Definitions: Incidence per 100,000



## Raised blood pressure

#### Adults, 2015



References:

Global Health Observatory data repository, World Health Organisation,

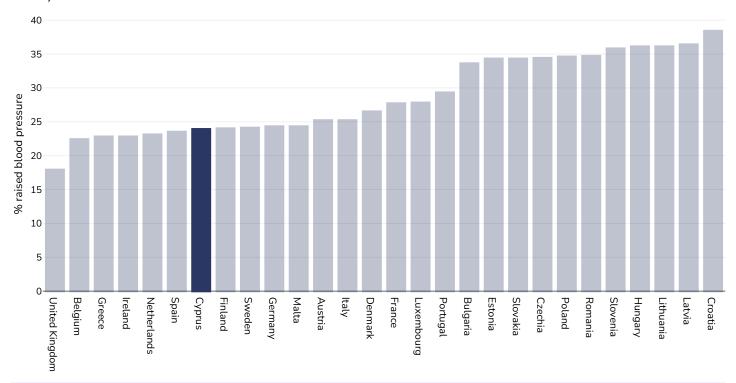
http://apps.who.int/gho/data/node.main.A875?lang=en

Definitions:

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).



#### Men, 2015



References:

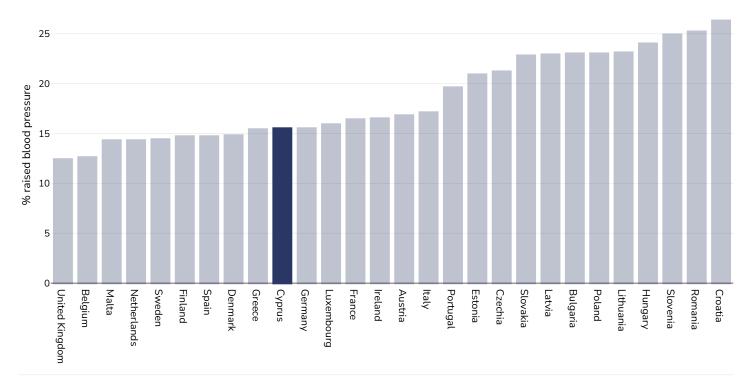
Global Health Observatory data repository, World Health Organisation,

http://apps.who.int/gho/data/node.main.A875?lang=en

Definitions:

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).





References:

Global Health Observatory data repository, World Health Organisation,

http://apps.who.int/gho/data/node.main.A875?lang=en

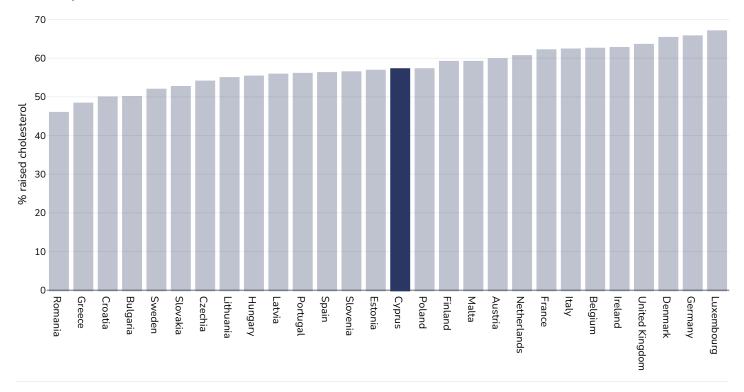
Definitions:

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).



#### Raised cholesterol

#### Adults, 2008



References:

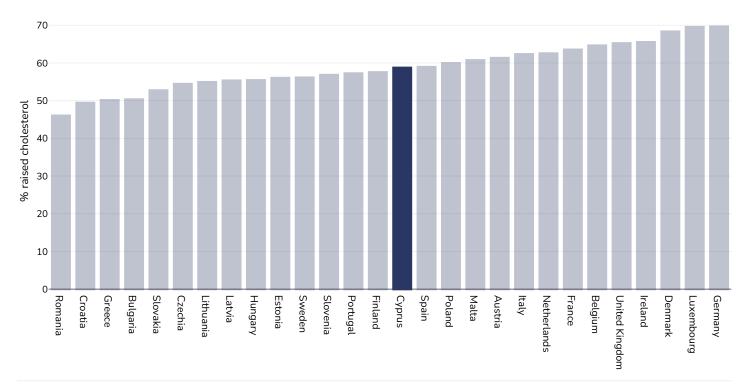
Global Health Observatory data repository, World Health Organisation, <a href="http://apps.who.int/gho/data/node.main.A885">http://apps.who.int/gho/data/node.main.A885</a>

Definitions:

% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).



#### Men, 2008

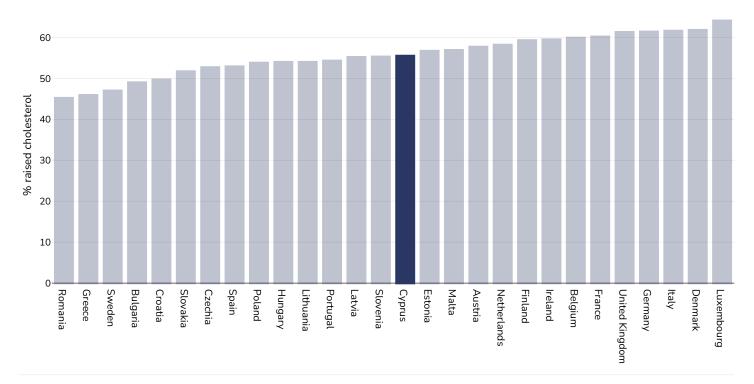


References: Global Health Observatory data repository, World Health Organisation, <a href="http://apps.who.int/gho/data/node.main.A885">http://apps.who.int/gho/data/node.main.A885</a>

Definitions:

% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).





References:

Global Health Observatory data repository, World Health Organisation, <a href="http://apps.who.int/gho/data/node.main.A885">http://apps.who.int/gho/data/node.main.A885</a>

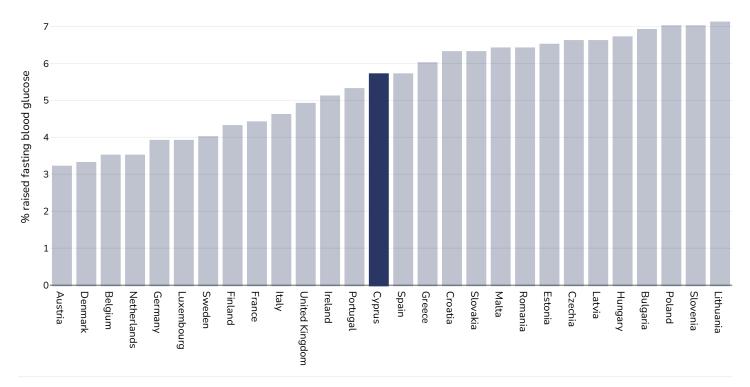
Definitions:

% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).



## Raised fasting blood glucose

#### Men, 2014



References:

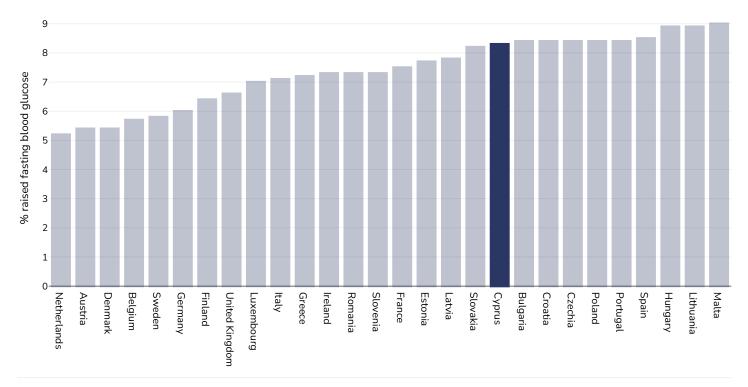
Global Health Observatory data repository, World Health Organisation,

http://apps.who.int/gho/data/node.main.A869?lang=en

Definitions:

Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).





References:

Global Health Observatory data repository, World Health Organisation,

http://apps.who.int/gho/data/node.main.A869?lang=en

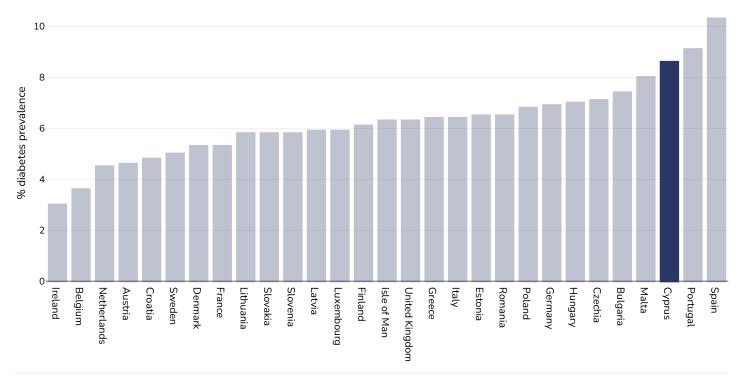
Definitions:

Age Standardised % raised fasting blood glucose ( $\geq$  7.0 mmol/L or on medication).



## Diabetes prevalence

#### Adults, 2021



Age: 20-79

Area National

covered:

References:

Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 10th edn. Brussels,

Belgium:International Diabetes Federation, 2021. http://www.diabetesatlas.org

Definitions: Age-adjusted comparative prevalence of diabetes, %



## **Contextual factors**

**Disclaimer:** These contextual factors should be interpreted with care. Results are updated as regularly as possible and use very specific criteria. The criteria used and full definitions are available for download at the bottom of this page.



#### Labelling

Is there mandatory nutrition labelling?	<b>✓</b>
Front-of-package labelling?	×
Back-of-pack nutrition declaration?	<b>✓</b>
Color coding?	×
Warning label?	×





# Regulation and marketing

Are there fiscal policies on unhealthy products?	X
Tax on unhealthy foods?	×
Tax on unhealthy drinks?	×
Are there fiscal policies on healthy products?	X
Subsidy on fruits?	×
Subsidy on vegetables?	×
Subsidy on other healthy products?	X
Mandatory limit or ban of trans fat (all settings)?	<b>~</b>
Mandatory limit of trans fats in place (all settings)?	<b>~</b>
Ban on trans-fats or phos in place (all settings)?	×
Are there any mandatory policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	×
Mandatory restriction on broadcast media?	X
Mandatory restriction on non-broadcast media?	X
Voluntary policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	X
Are there mandatory standards for food in schools?	X
Are there any mandatory nutrient limits in any manufactured food products?	X
Nutrition standards for public sector procurement?	X





# Political will and support

National obesity strategy or nutrition and physical activity national strategy?	<b>\</b>
National obesity strategy?	<b>~</b>
National childhood obesity strategy?	X
Comprehensive nutrition strategy?	<b>~</b>
Comprehensive physical activity strategy?	<b>~</b>
Evidence-based dietary guidelines and/or RDAs?	<b>~</b>
National target(s) on reducing obesity?	×
Guidelines/policy on obesity treatment?	×
Promotion of breastfeeding?	<b>~</b>
Monitoring and surveillance	
Monitoring of the prevalence and incidence for the main obesity-related NCDs and risk factors?	<b>~</b>
Within 5 years?	<b>~</b>
Governance and resource	
Multi-sectoral national co-ordination mechanism for obesity or nutrition (including obesity)?	X
Key	
Present Present Incoming Absent Unknown	
(voluntary)	

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