



CÃ³sta Rica



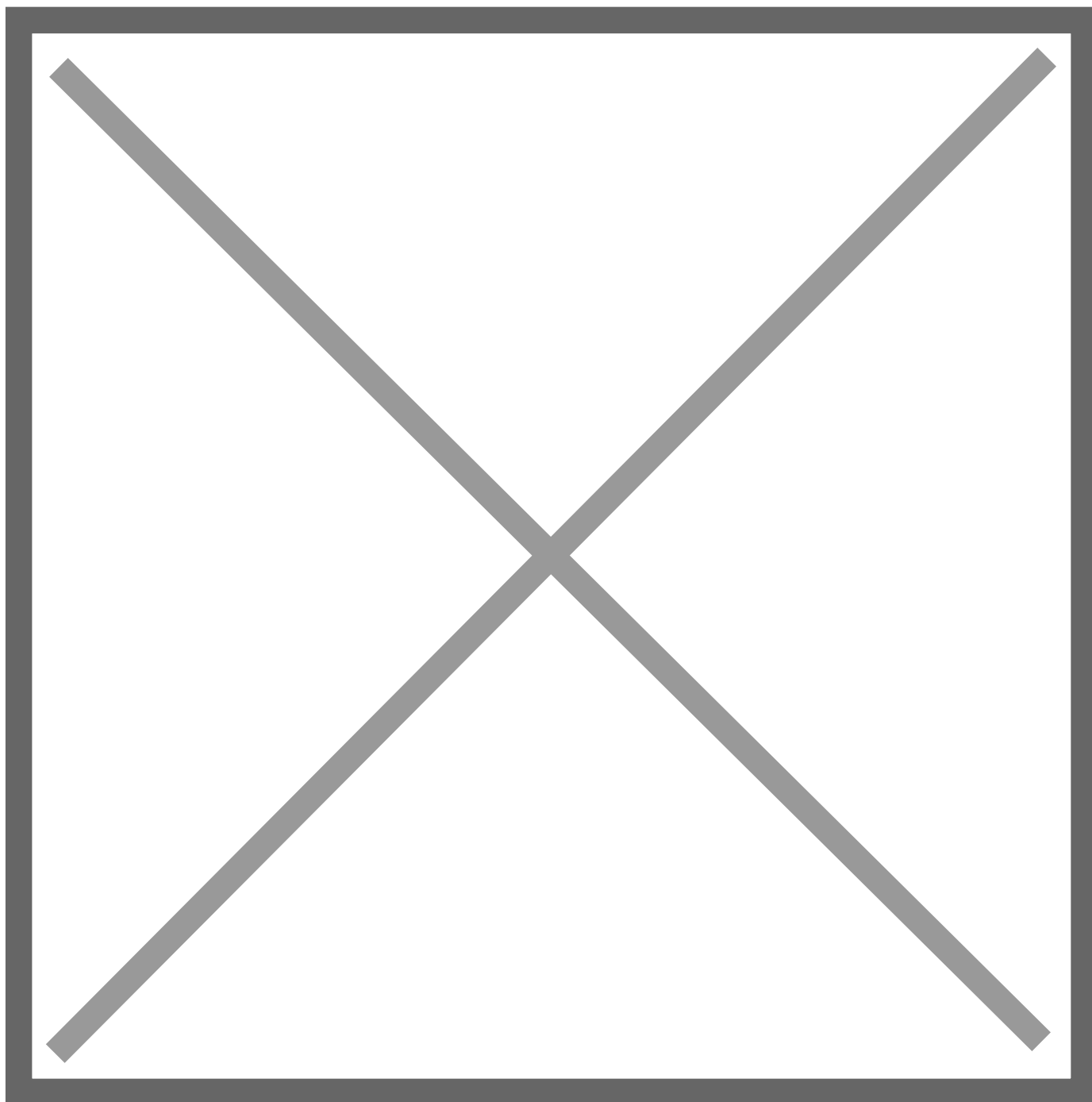
Country report card - children

This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children, including adolescents (aged 5 to 18 years). Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/costa-rica-49/>.

LeitheadÁlacht murtaill

Páistí, 2016



Cineál an tsuirbhí:

Tomhaiste

Aois:

6-12

Samplamh ID:

347366

Ceantar
Clárú daithe:

Náisiúnta

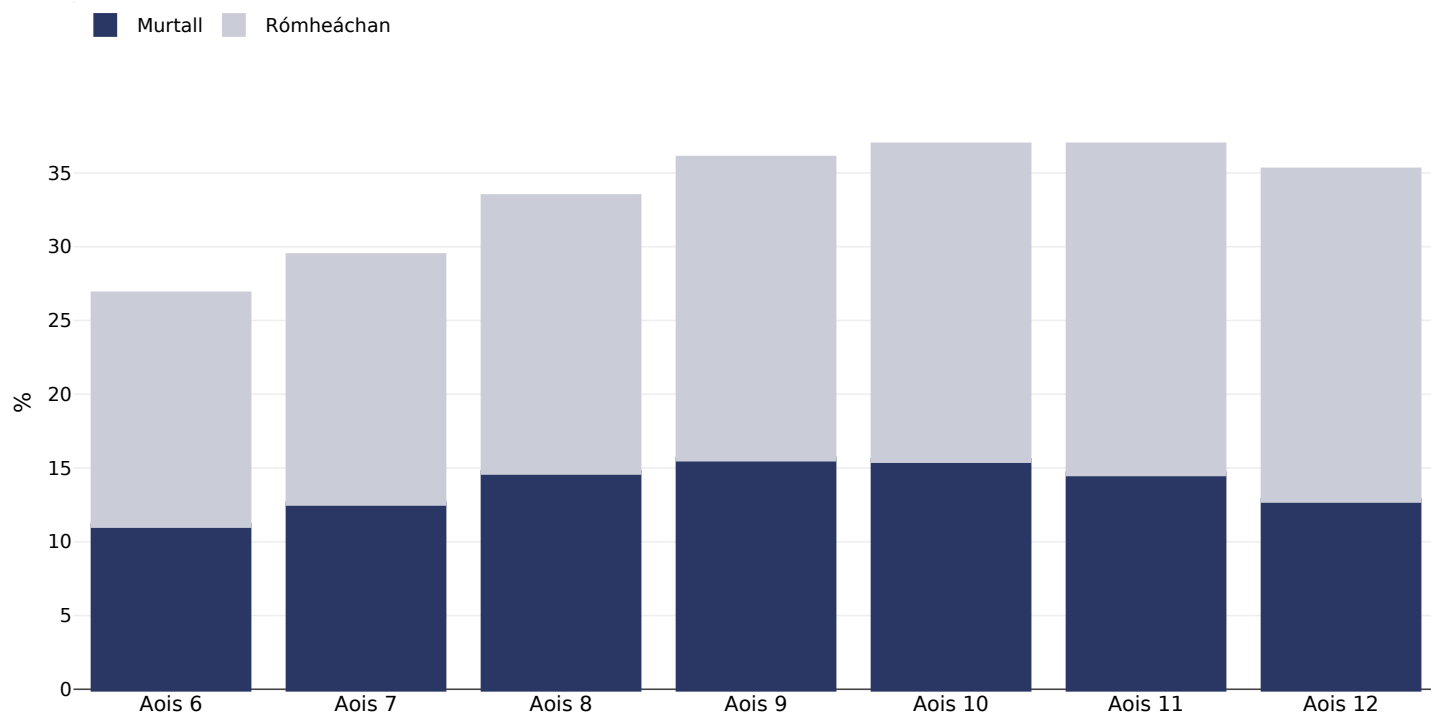
Tagairt: Gamboa-Gamboa, T., Fantin, R., Cordoba, J., Caravaca, I., & Gómez-Duarte, I. (2021). Relationship between childhood obesity and socioeconomic status among primary school children in Costa Rica. Public Health Nutrition, 1-24. doi:10.1017/S1368980021002032 <https://www.cambridge.org/core/journals/public-health-nutrition/article/abs/relationship-between-childhood-obesity-and-socioeconomic-status-among-primary-school-children-in-costa-rica/CF0EFAD6CA3F21C42695A675DA5C45A5> (Last accessed 18.05.21)

Nótaí: NB. Combined child data estimated. These estimates were calculated by weighting male and female survey results. Weighting based on World Bank Population % total female 2019 (<https://data.worldbank.org/indicator/SP.POP.TOTL.FE.ZS> - accessed 21.10.20)

Cutoffs: WHO

Rómheáchán/murtall de réir aoise

Páistí, 2016



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Tomhaiste

Samplamh:

347366

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Náisiúnta

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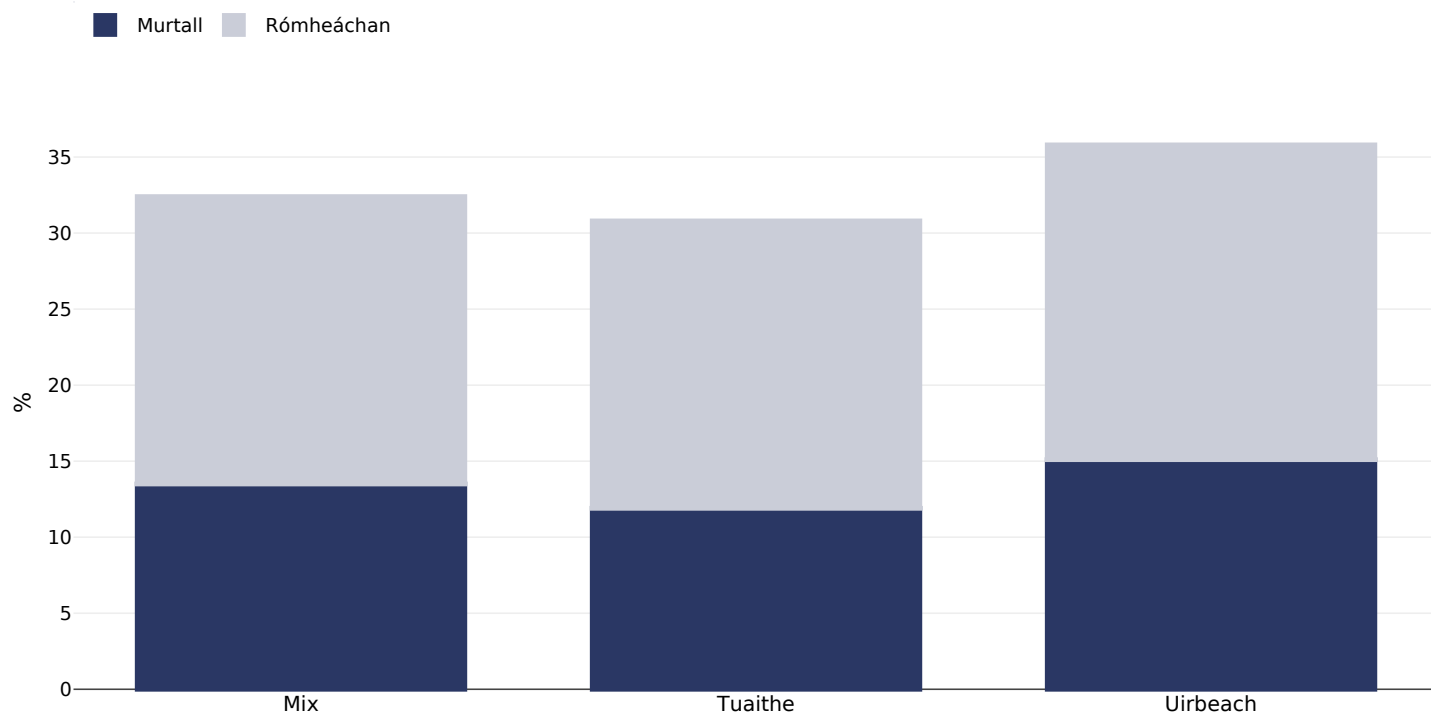
Gamboa-Gamboa, T., Fantin, R., Cordoba, J., Caravaca, I., & Gómez-Duarte, I. (2021). Relationship between childhood obesity and socioeconomic status among primary school children in Costa Rica. Public Health Nutrition, 1-24. doi:10.1017/S1368980021002032 <https://www.cambridge.org/core/journals/public-health-nutrition/article/abs/relationship-between-childhood-obesity-and-socioeconomic-status-among-primary-school-children-in-costa-rica/CF0EFAD6CA3F21C42695A675DA5C45A5> (Last accessed 18.05.21)

Cutoffs:

WHO

Rómheáchán/murtall de réir réigiúin

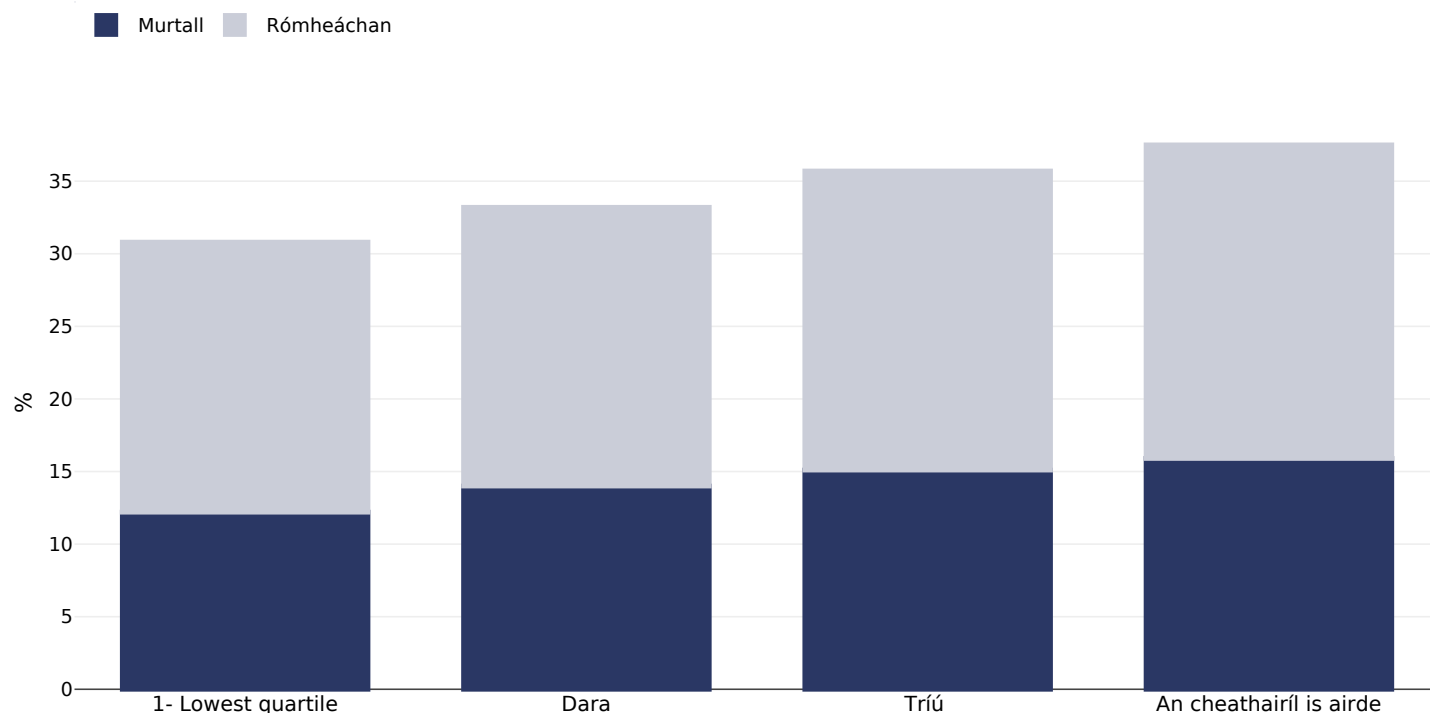
Páistí, 2016



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Cutoffs:	WHO

Rómheáchán/murtall de réir grúpa socheacnamaíoch

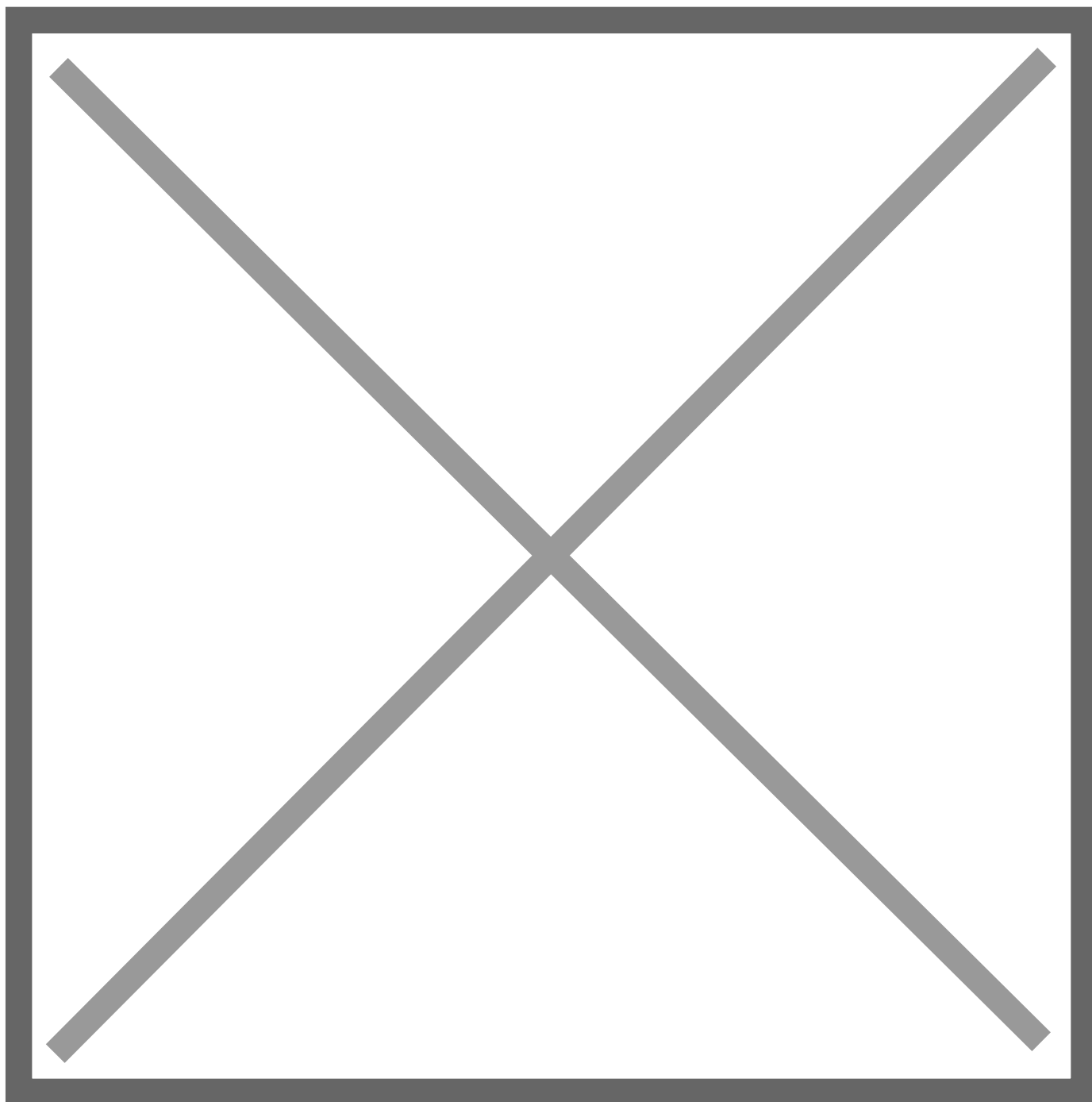
Páistí, 2016



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Cutoffs:	WHO

Double burden of underweight & overweight

Páist, 2022



Cineál an tsuirbhí:

Tomhaiste

Aois:

5-19

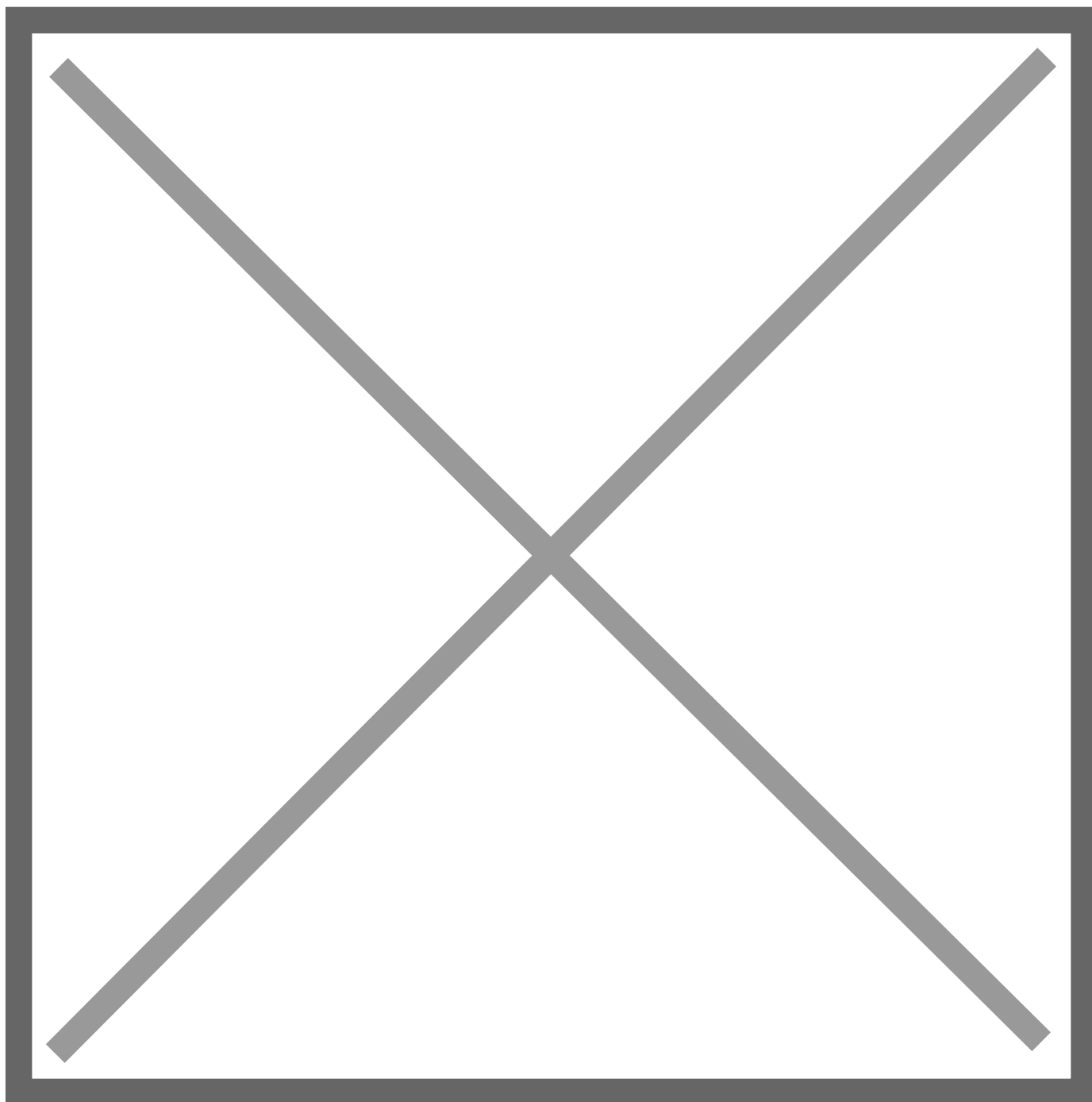
Tagairt:

NCD Risk Factor Collaboration (NCD-RisC). Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population representative studies with 222 million children, adolescents, and adults. Lancet 2024; published online Feb 29. [https://doi.org/10.1016/S0140-6736\(23\)02750-2](https://doi.org/10.1016/S0140-6736(23)02750-2).

Nótaí:	Age standardised estimates
Sainmháinthe (ar fáil i mBéarla amháin):	Combined prevalence of BMI < -2SD and BMI > 2SD (double burden of thinness and obesity)
Cutoffs:	BMI < -2SD and BMI > 2SD

Gníomhaíocht choirp neamhimleor

Páistí, 2016



Cineál an tsuirbhí:

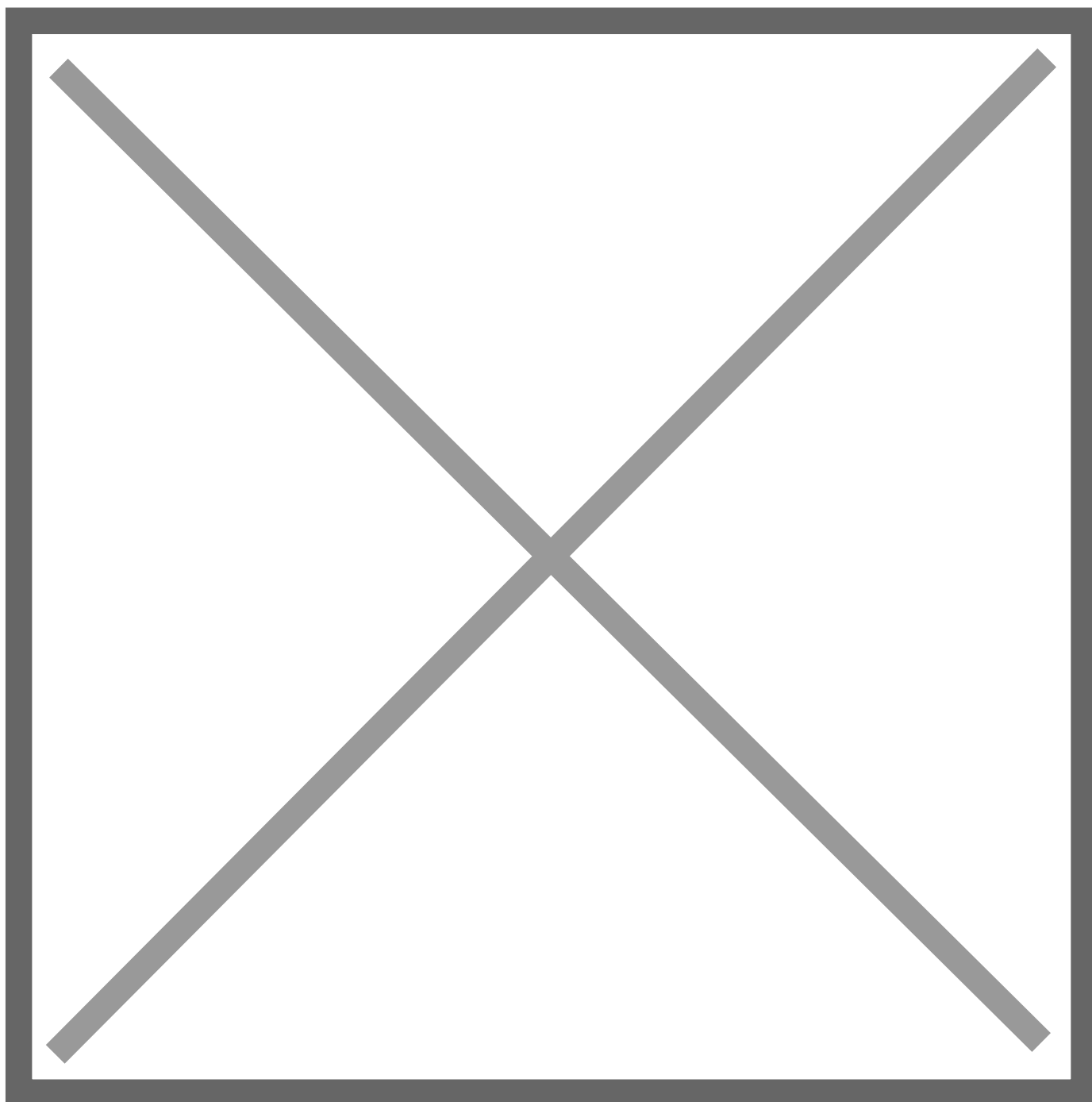
Féintuairiscithe

Aois:

11-17

Tagairt:	Global Health Observatory data repository, World Health Organisation, https://apps.who.int/gho/data/node.main.A893ADO?lang=en (last accessed 16.03.21)
Nótaí:	% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.
Sainmháinthe (ar fáil i mBéarla amháin):	% Adolescents insufficiently active (age standardised estimate)

Buachaill, 2016



Cineál an tsuirbhá:

Féintuairiscithe

Aois:

11-17

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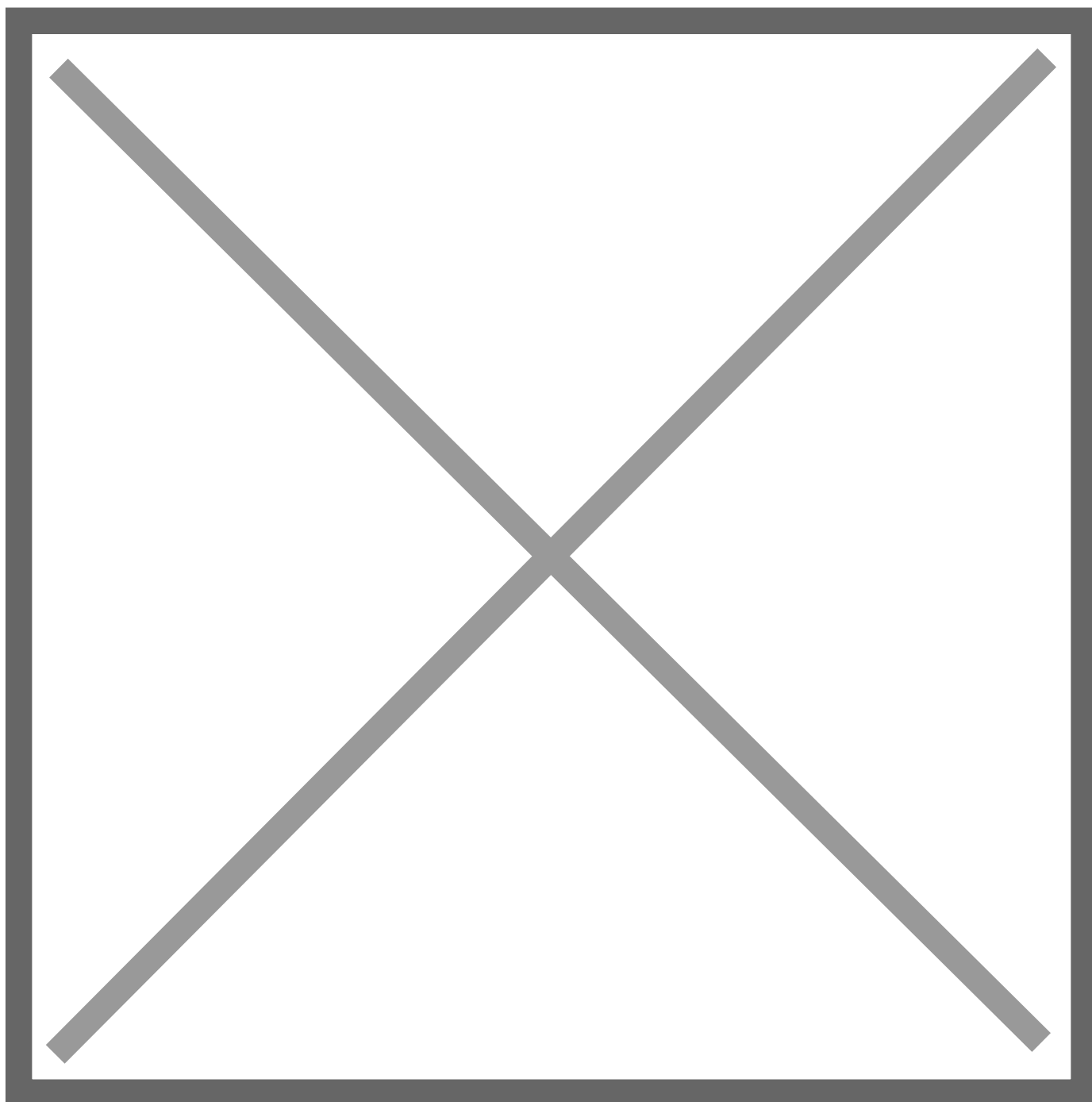
Nótaí:

% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

**SainmhÁnithe
(ar fÁjil i
mBÁ©arla
amhÁjin):**

% Adolescents insufficiently active (age standardised estimate)

CailAnÃ, 2016



**CineÃjl an
tsuirbhÃ©:**

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Aois:

11-17

TagairtÃ:

Global Health Observatory data repository, World Health Organisation,
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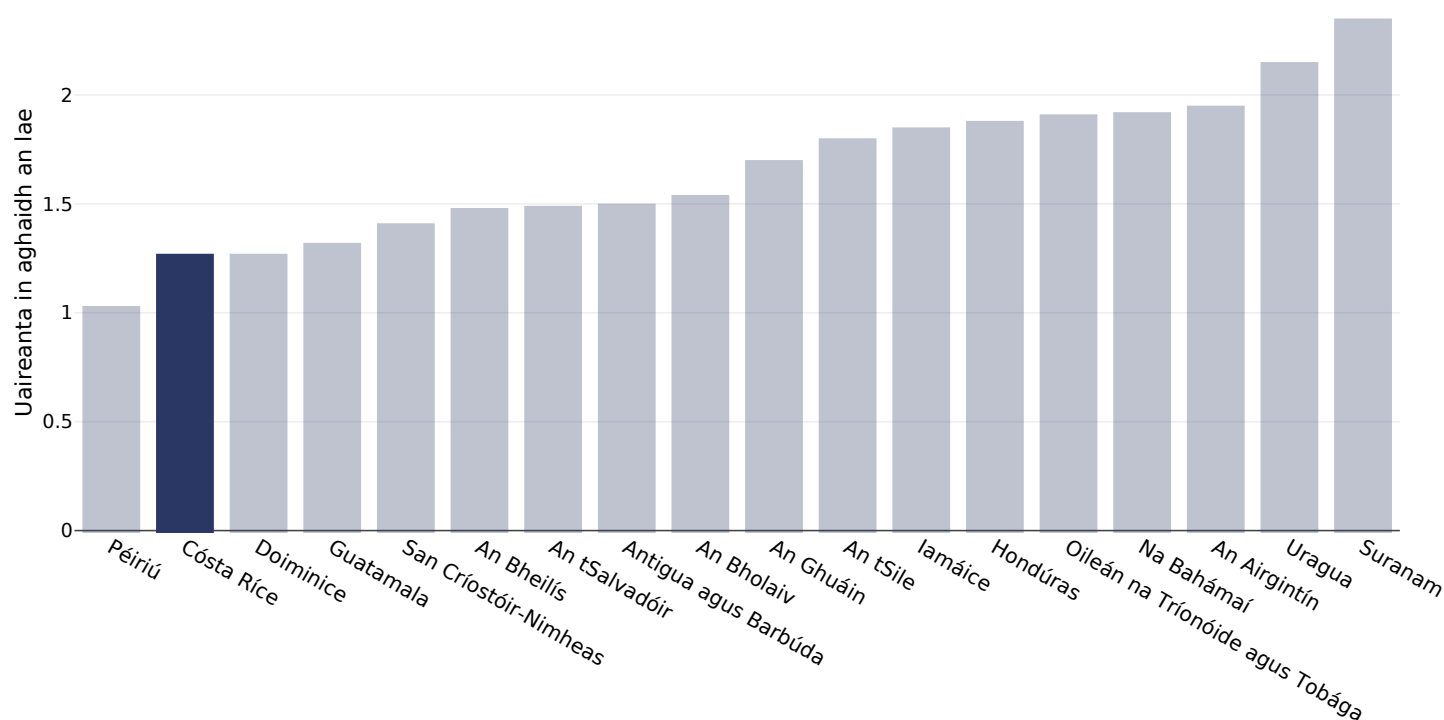
% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

**SainmhÁnithe
(ar fáil i
mBÁC arla
amhÁin):**

% Adolescents insufficiently active (age standardised estimate)

MeáinmhinicAocht laethAil A3Ita na ndeochanna boga carbA3nAjitithe

PÁistA, 2009-2015



CineAil an tsuirbhA:

Tomhaiste

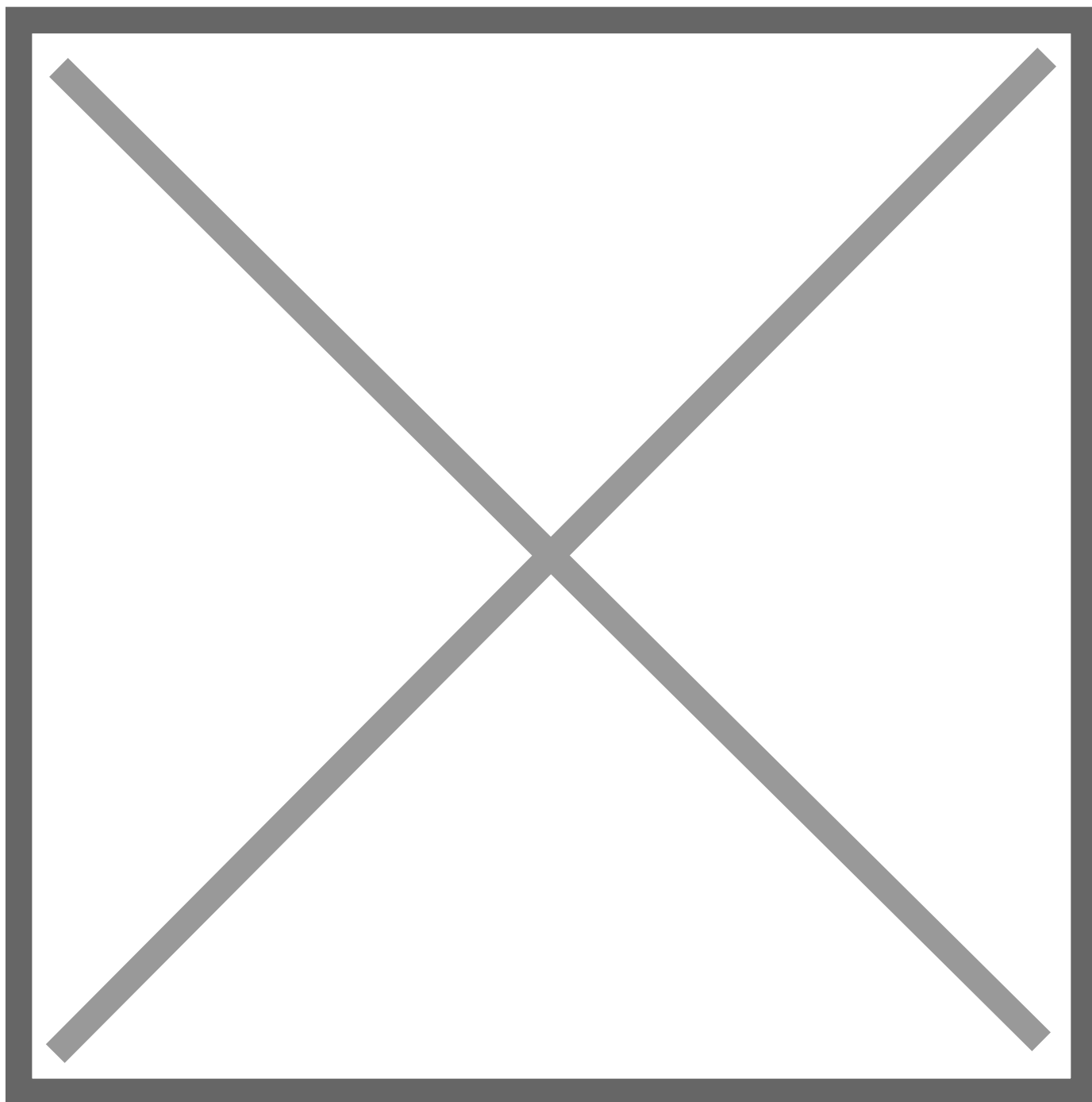
Aois:

12-17

TagairtA:

Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Leitheadáil níos láe ná ithe laethúil torthaí Páistí, 2009-2015



Cineál an tsuirbhí:

Tomhaiste

Aois:

12-17

Tagairt:

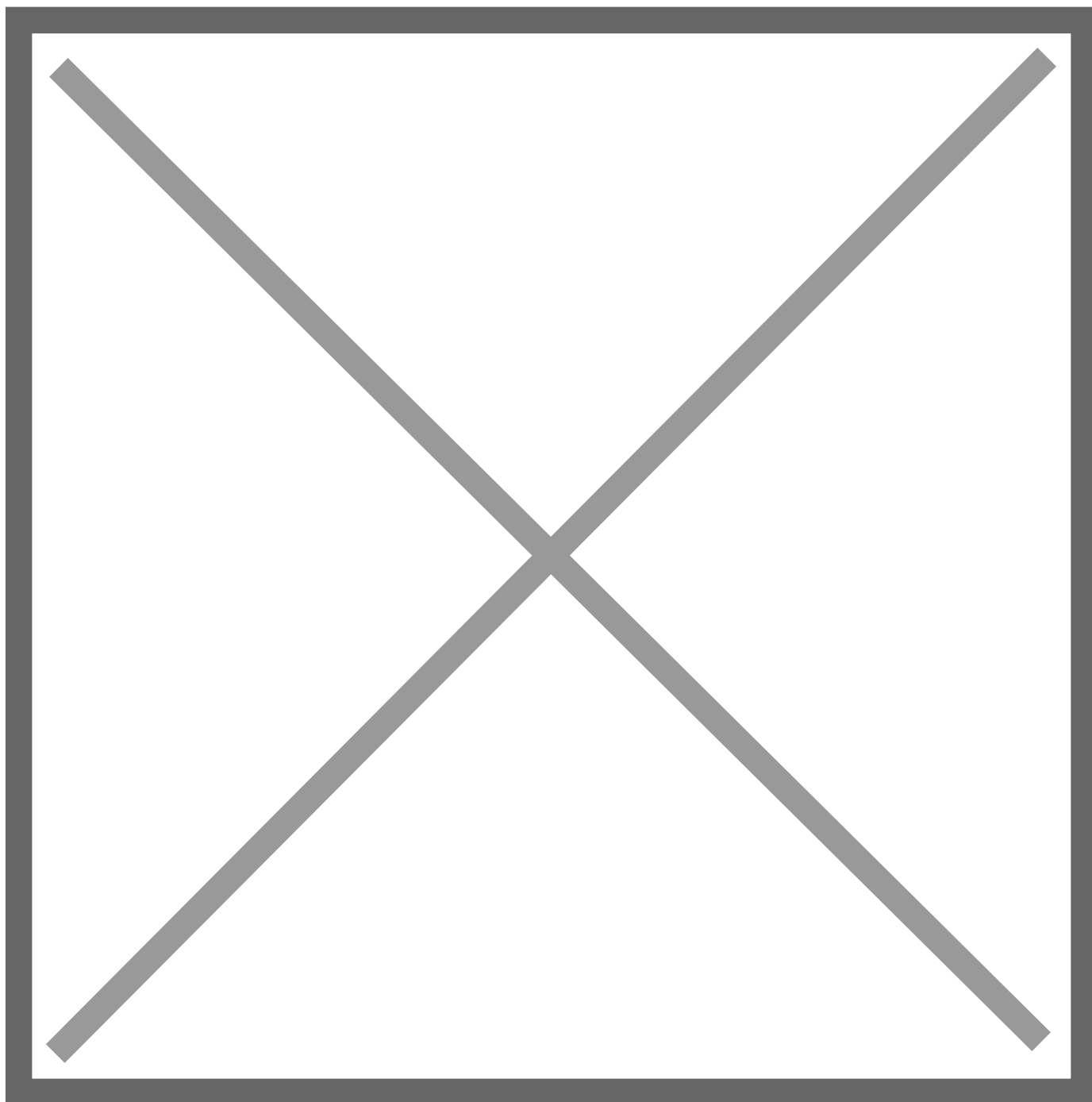
Global School-based Student Health Surveys. Beal et al (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287>. Sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

**Sainmháinthe
(ar fáil i
mBáarla
amháin):**

Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)

Leitheadáilacht nAos lá nA; ithe laetháil glasraA

PÁistA, 2009-2015



Cineál an tsuirbhA:

Tomhaiste

Aois:

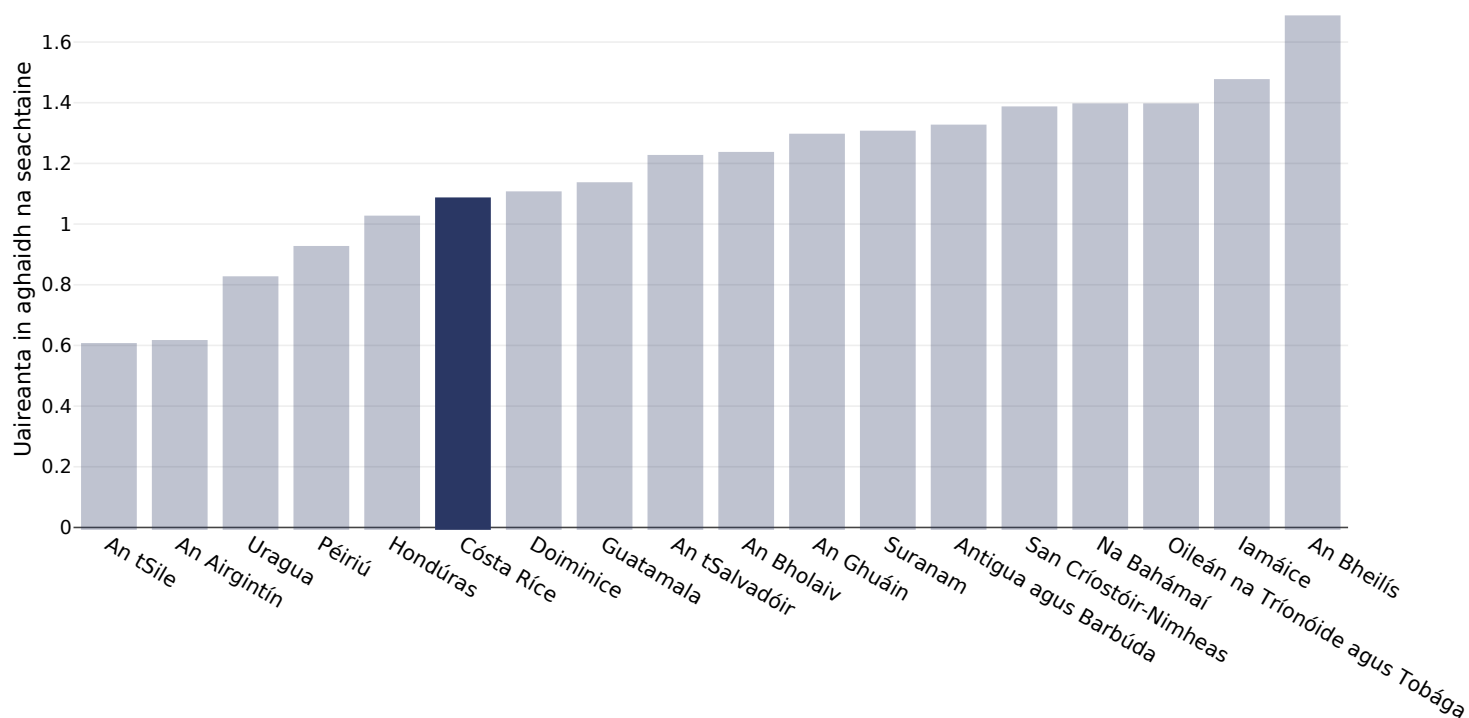
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Sainmháinthe (ar fáil i mBáirla amháin): Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)

Meáinmhinicíocht sheachtainiúilithe an mhearbhaia

Páistí, 2009-2015

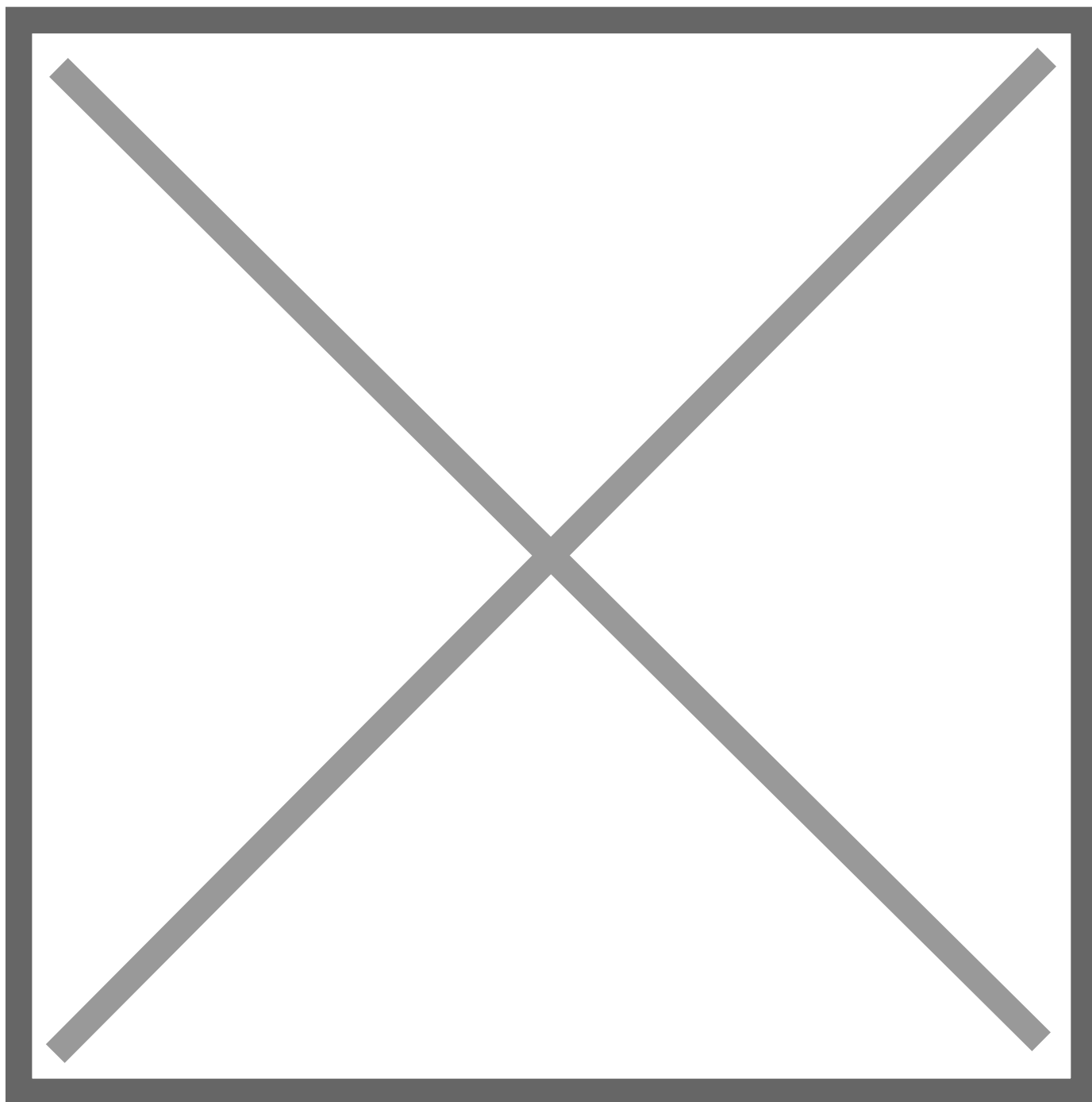


Aois: 12-17

Tagairt: Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Meabhairshláinte - neamhoird dAilagar

Páistí, 2021



**Ceantar
Cláiríoch:**

Náisiúnta

Tagairt:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**SainmhÁnithe
(ar fÁjil i
mBÁ©arla
amhÁjin):**

Number living with depressive disorder per 100,000 population (Under 20 years of age)

Buachaill, 2021



**Ceantar
Clárúdaíthe:**

Náisiúnta

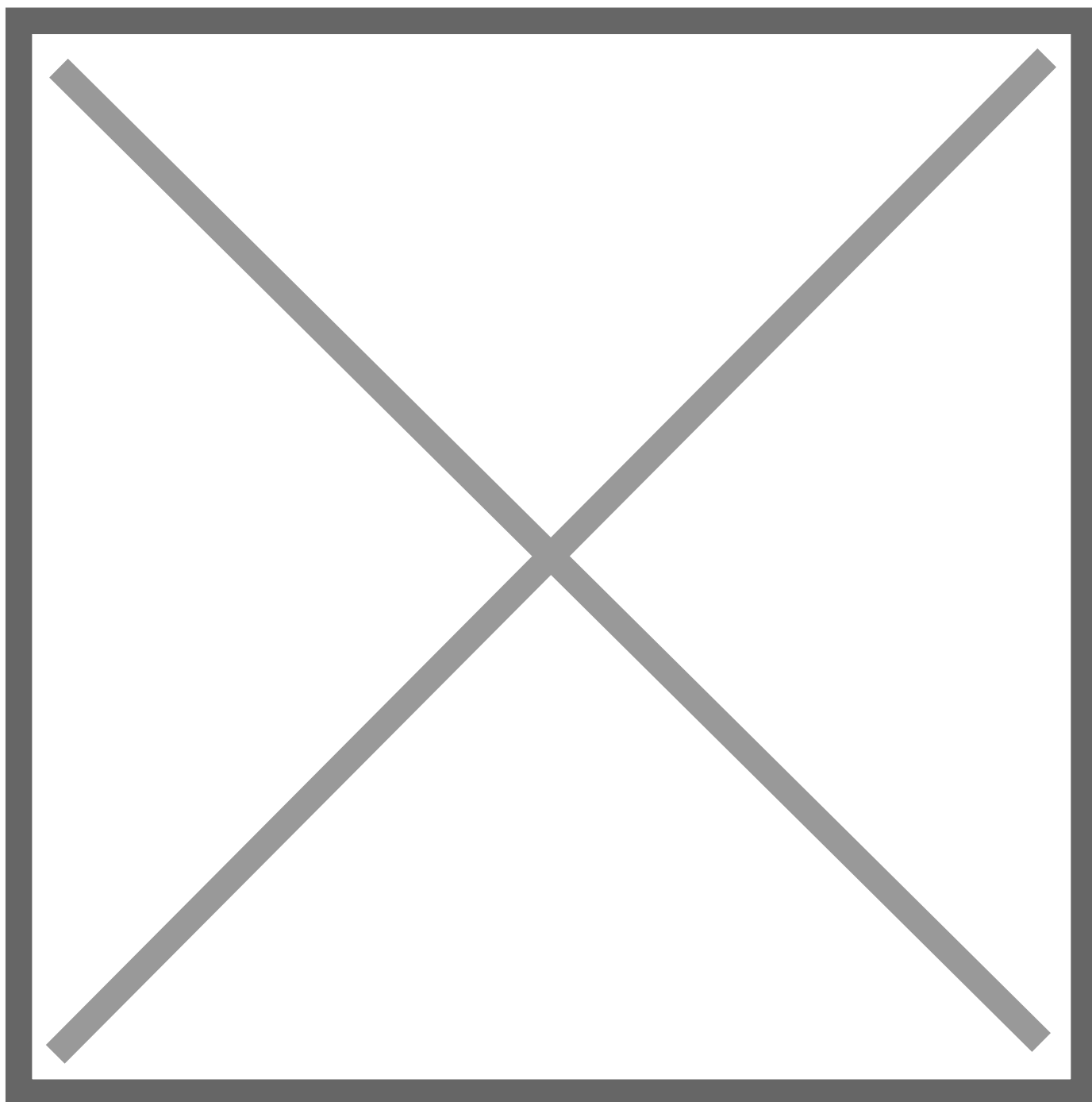
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amhÁjin):**

Number living with depressive disorder per 100,000 population (Under 20 years of age)

CailAnÃ, 2021



**Ceantar
CIÃºdaithe:**

NÃ¡isiÃºnta

TagairtÃ:

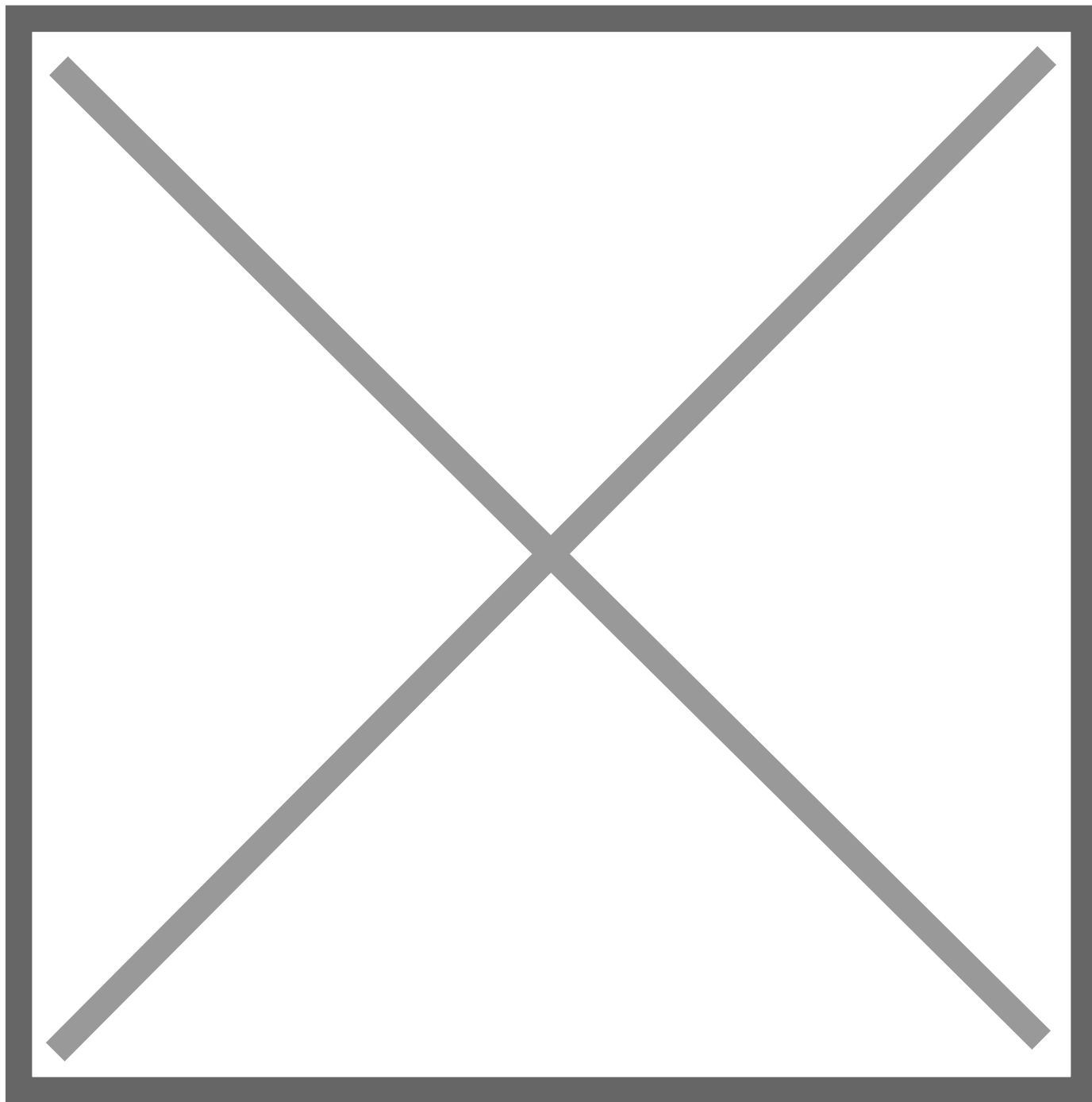
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mBÁ©arla
amhÁjin):**

Number living with depressive disorder per 100,000 population (Under 20 years of age)

Meabhairshláinte - neamhoird imní

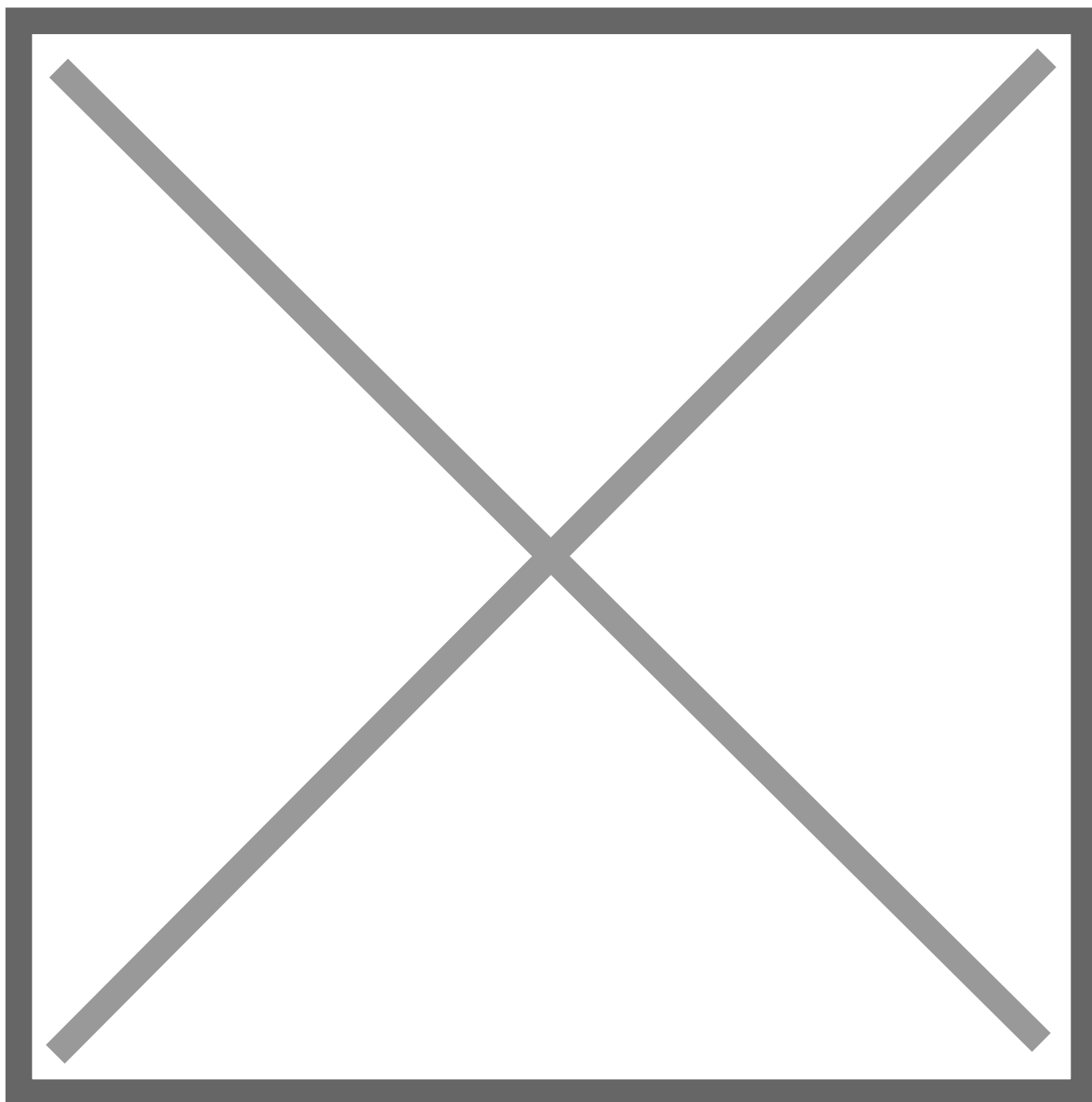
Páistí, 2021



Tagairt:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

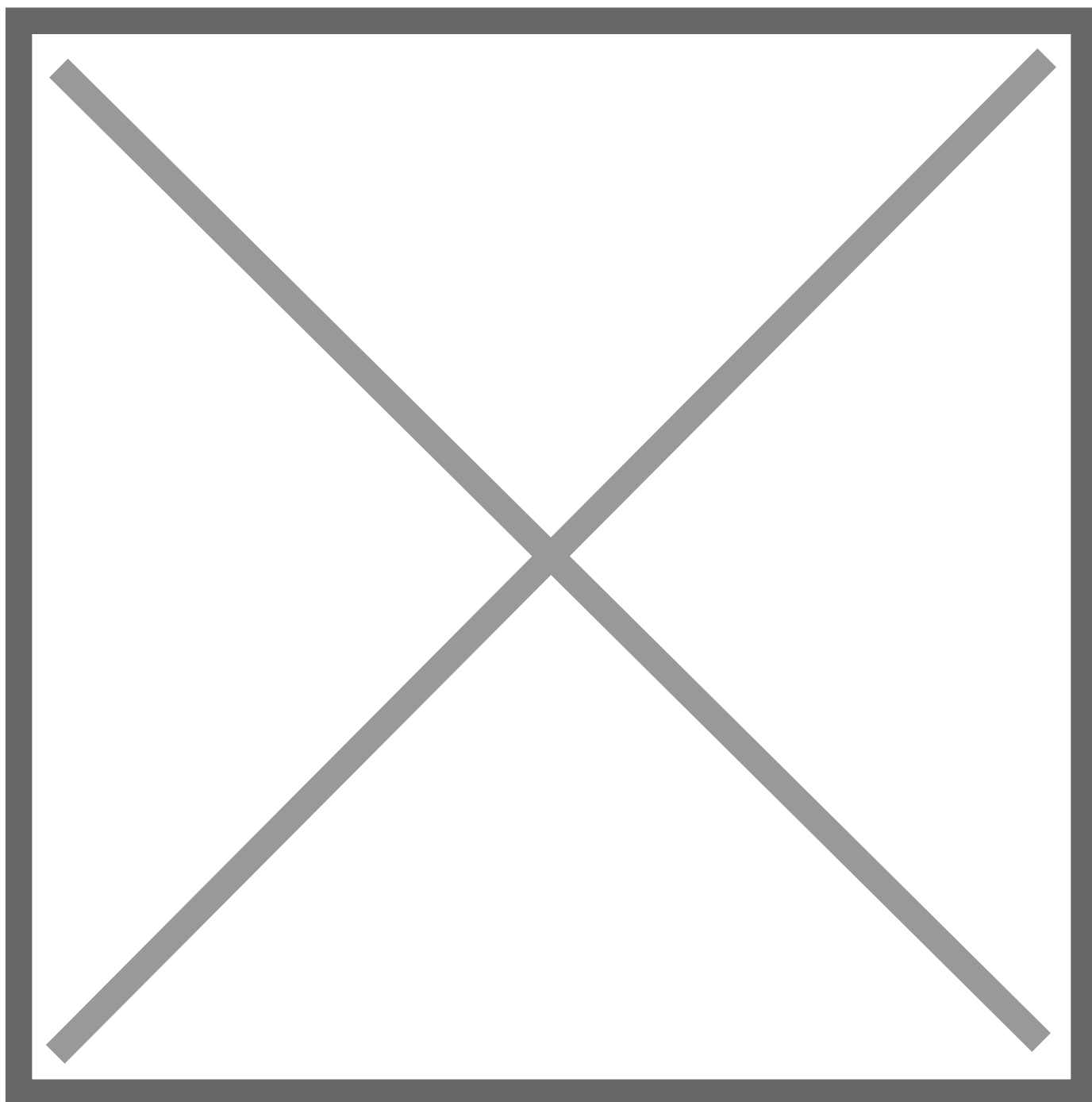
Buachaill, 2021



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CailÃnÃ, 2021



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