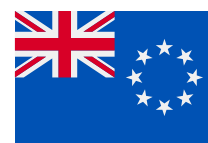
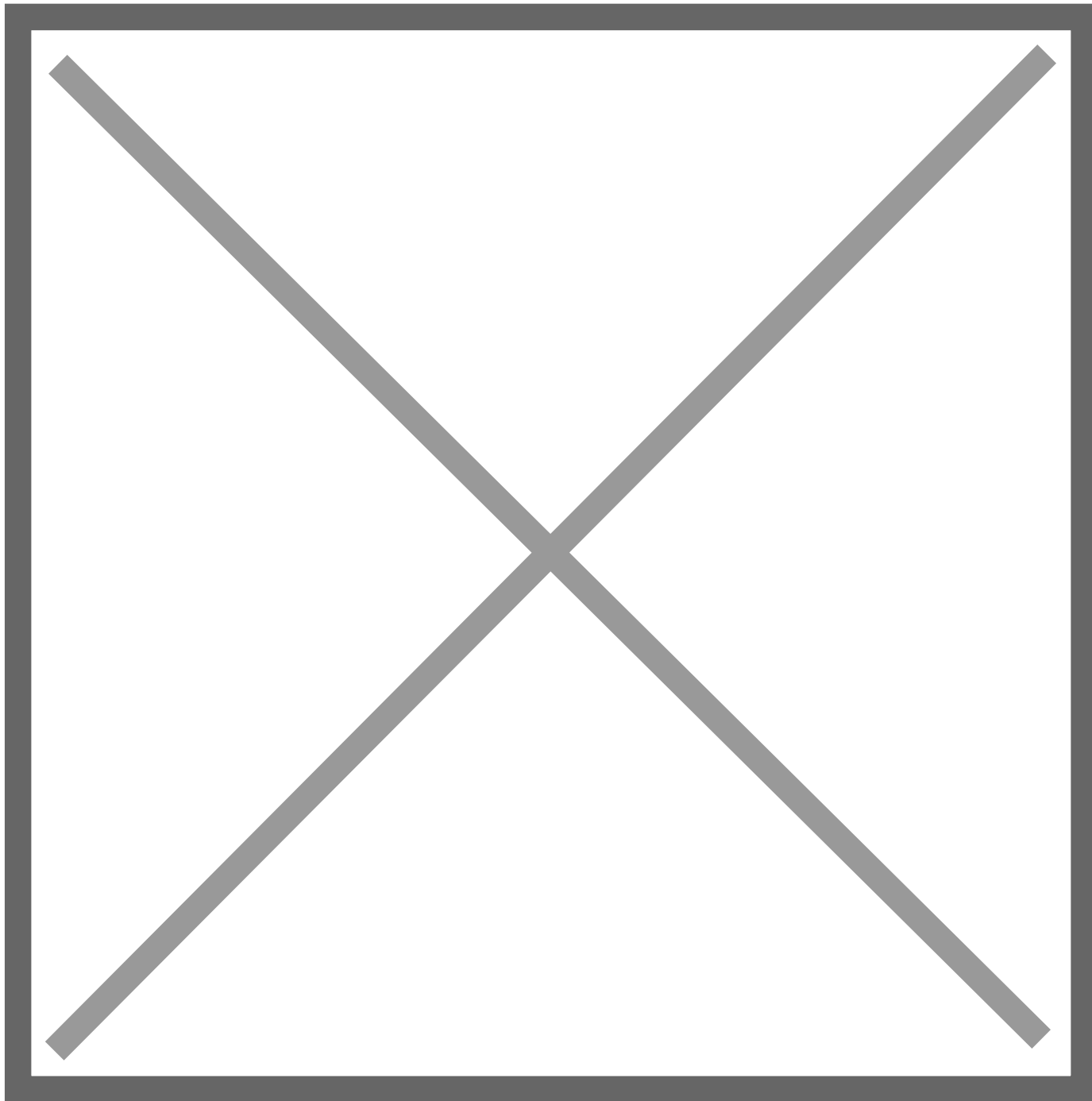


Report card Cooki saared



Rasvumise levimus

Täiskasvanud, 2013-2015

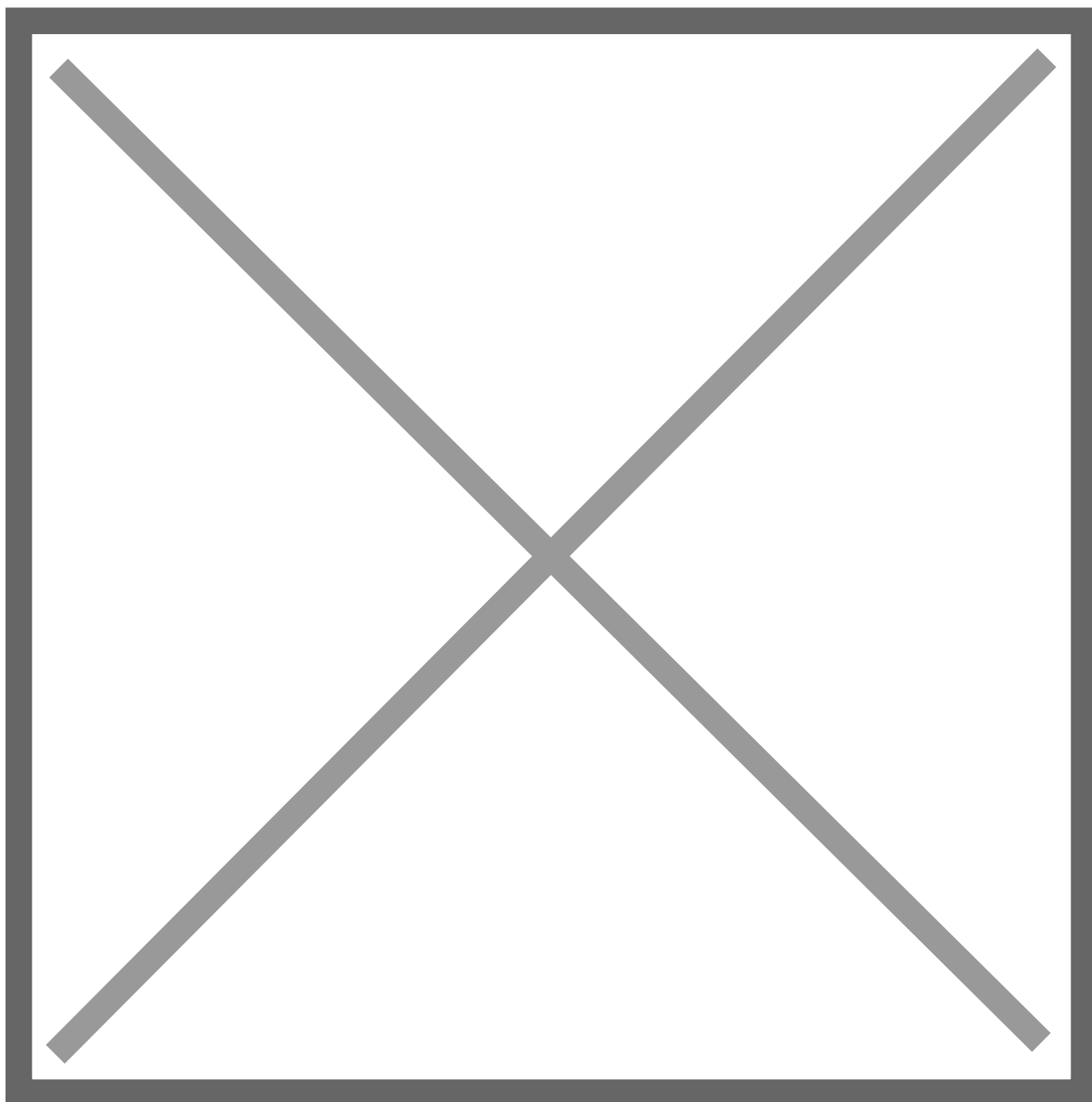


Uuringu tüüp:	Möödetud
Vanus:	18-64
Valimi suurus:	918
Hõlmatud piirkond:	Riiklik

Viited: STEPS Survey Cook Islands 2013-15, available at <https://extranet.who.int/ncdsmicrodata/index.php/catalog/611> (last accessed 16.10.20)

Kui ei ole märgitud teisiti, tähendab ülekaal KMI vahemikku 25 kg ja 29,9 kg/m², rasvumine KMI-t üle 30 kg/m².

Lapsed, 2015



Uuringu tüüp: Ise teatatud

Vanus: 13-17

Valimi suurus: 701

Hõlmatud piirkond: Riiklik

Viited: Global School-based Student Health Survey (GSHS), available at https://www.who.int/ncds/surveillance/gshs/gshs_fs_cook_islands_2015.pdf (last accessed 03.11.20)

Märkused:

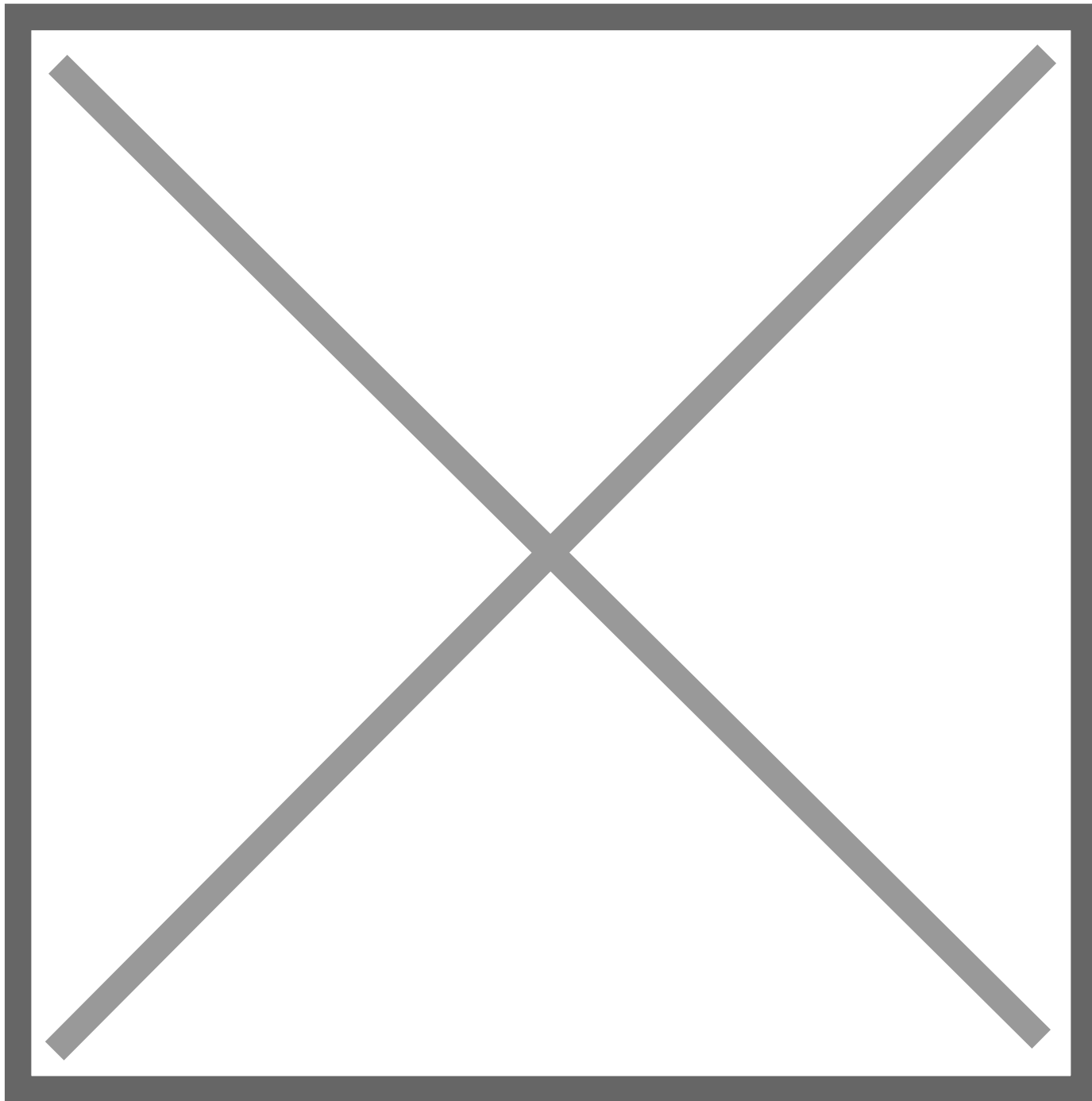
NB Small Sample size

Cutoffs:

WHO

Ülekaalulisus / rasvumine vanuse järgi

Täiskasvanud, 2013-2015



Uuringu tüüp:

Möödetud

Valimi suurus:

918

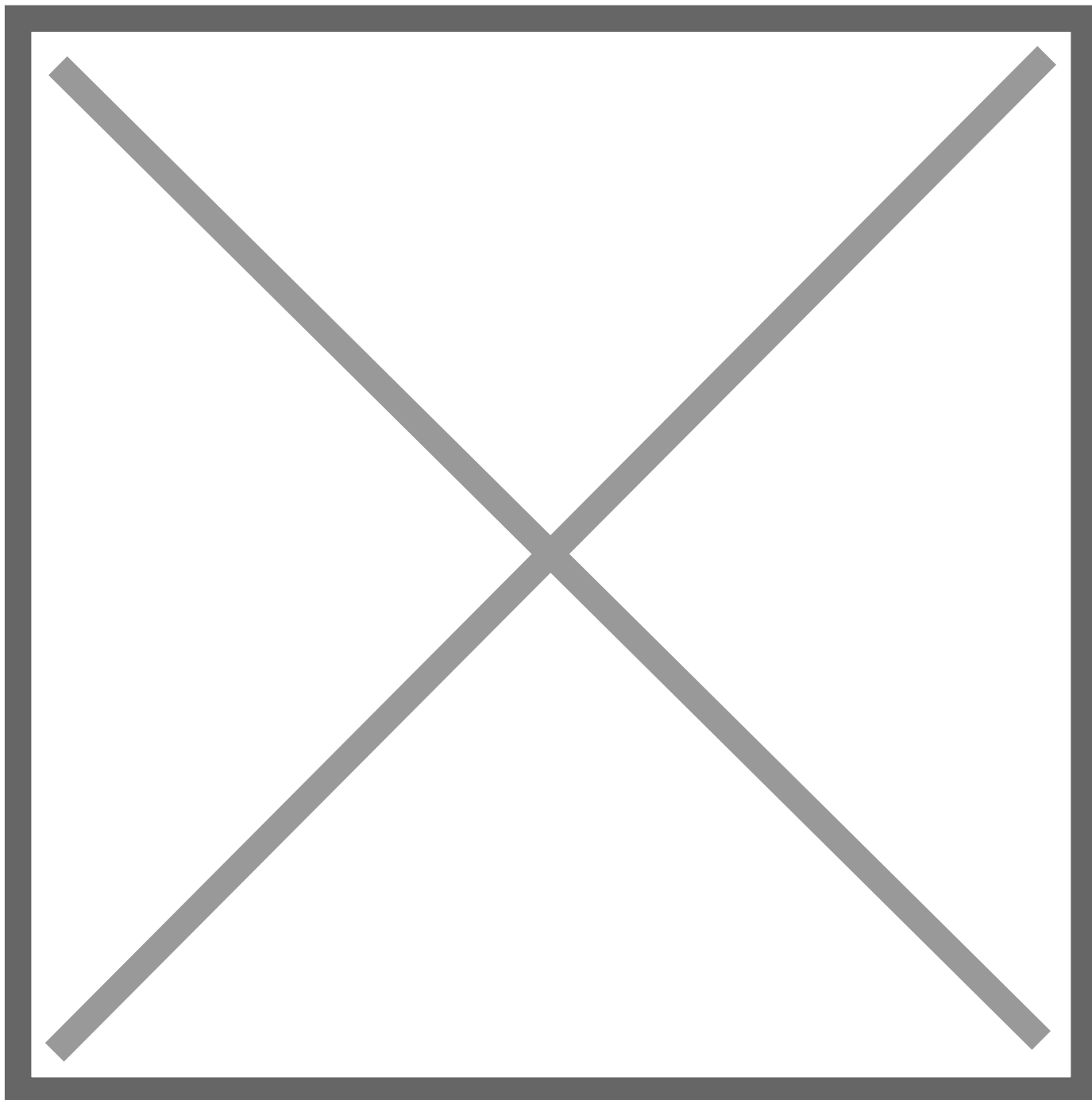
Hõlmatud
piirkond:

Riiklik

Viited: STEPS Survey Cook Islands 2013-15, available at <https://extranet.who.int/ncdsmicrodata/index.php/catalog/611> (last accessed 16.10.20)

Kui ei ole märgitud teisiti, tähendab ülekaal KMI vahemikku 25 kg ja 29,9 kg/m², rasvumine KMI-t üle 30 kg/m².

Lapsed, 2015



Uuringu tüüp:

Ise teatatud

Valimi
suurus:

701

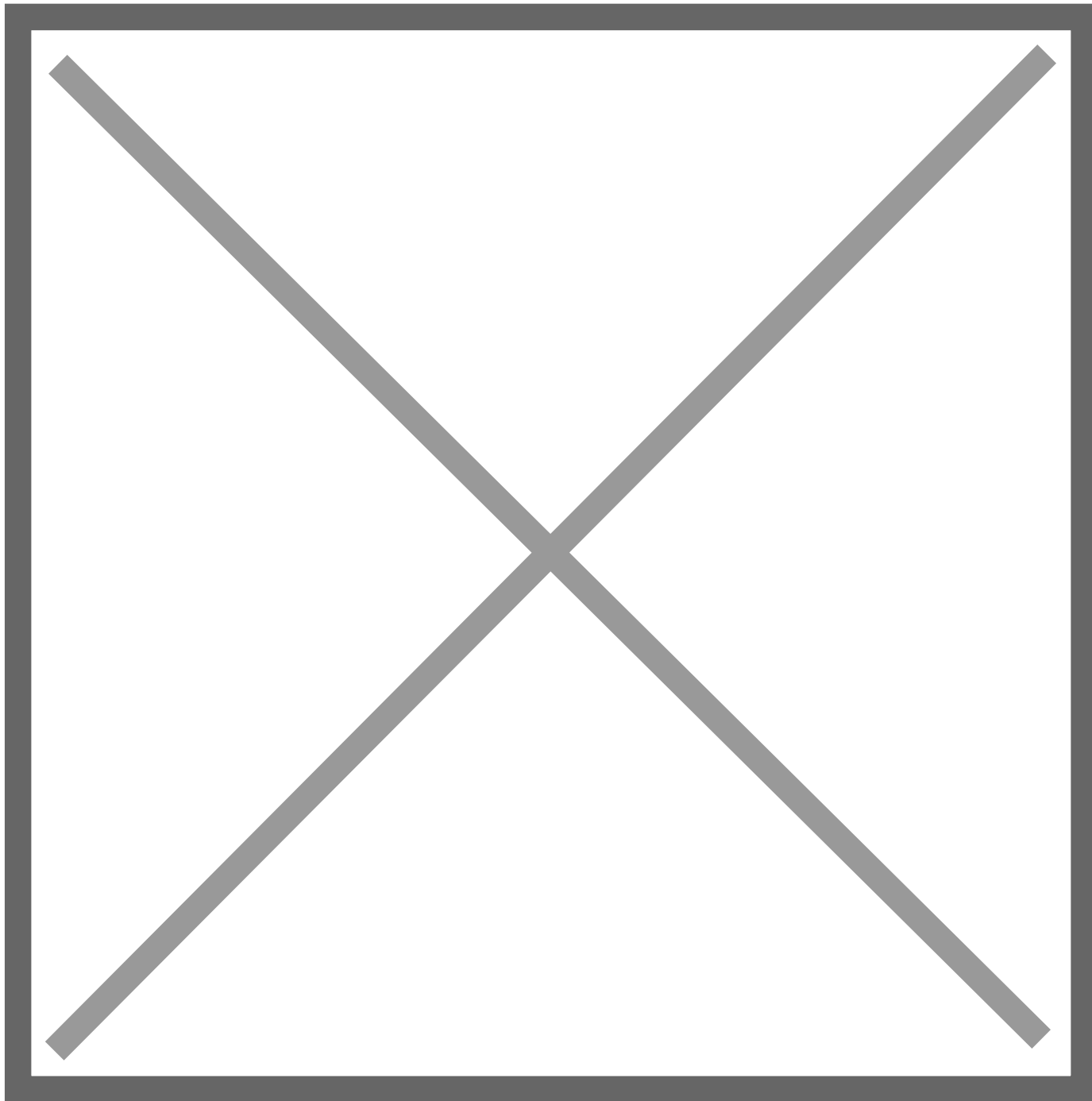
Hõlmatud
piirkond:

Riiklik

Viited: Global School-based Student Health Survey Cook Islands Factsheet 2015. Available at: https://cdn.who.int/media/docs/default-source/ncds/ncd-surveillance/data-reporting/cook-islands/gshs/gshs-fs-cook-islands-2015.pdf?sfvrsn=b6b57041_3&download=true.

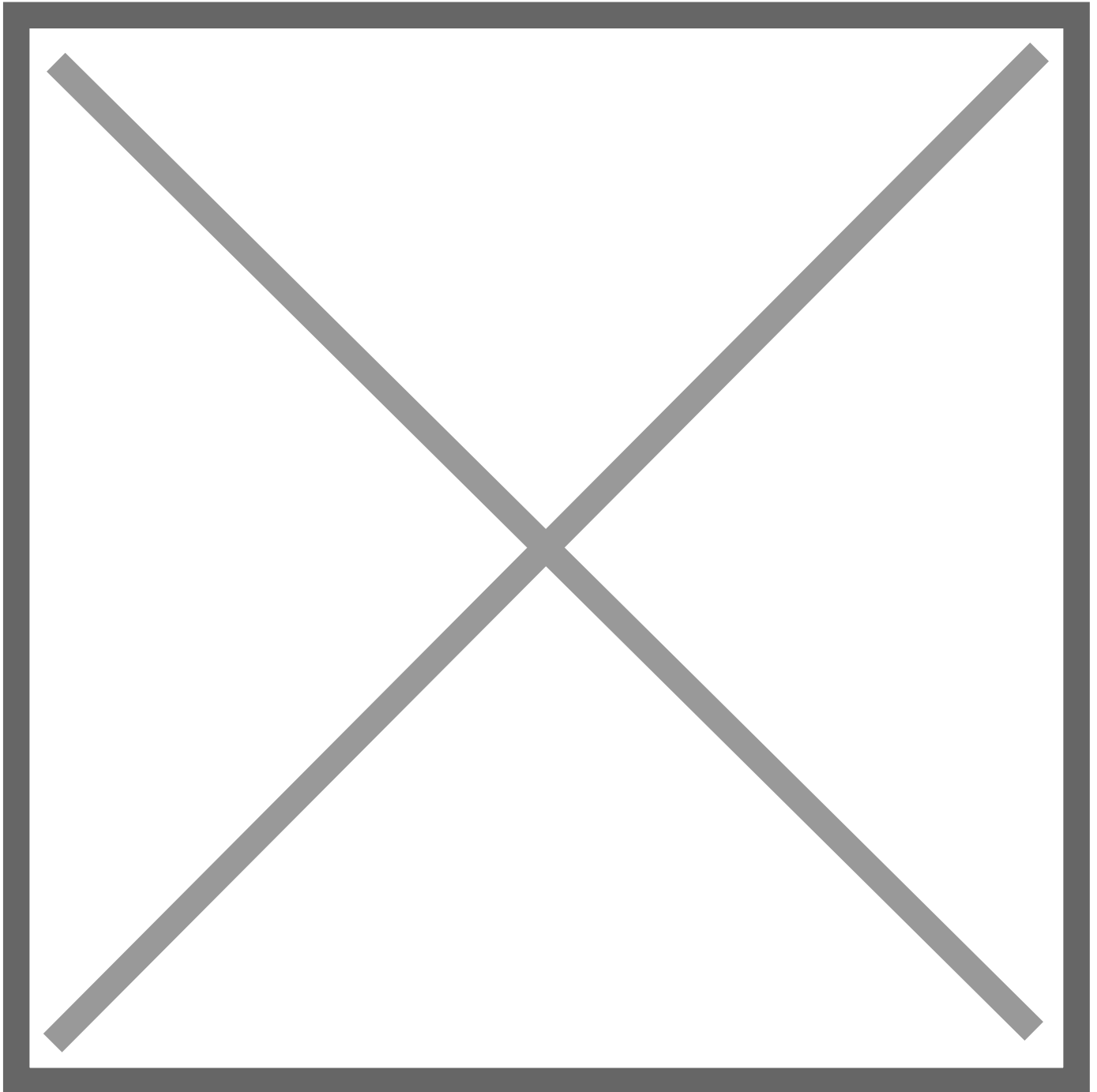
Ebapiisav füüsiline aktiivsus

Täiskasvanud, 2016



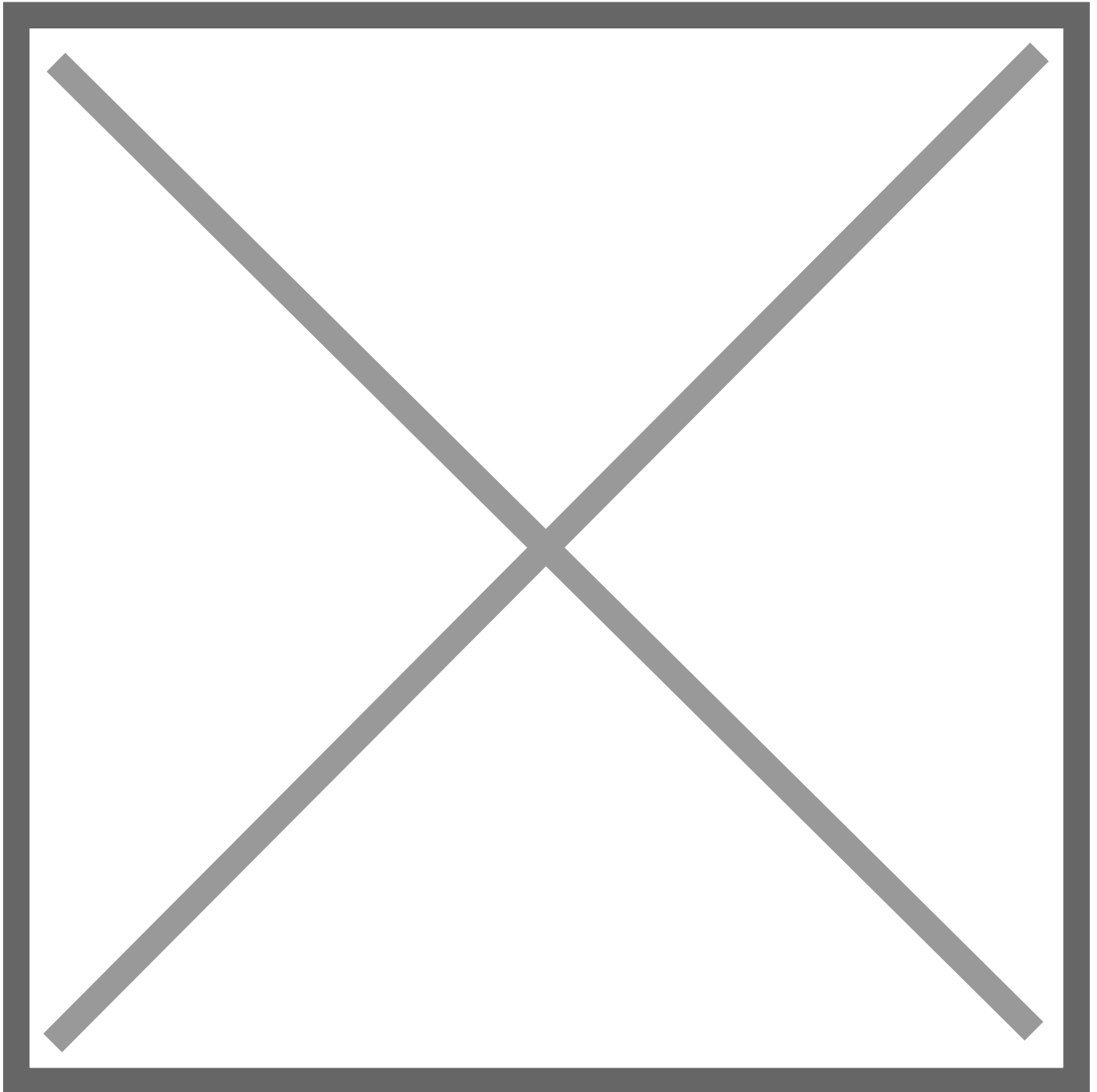
Viited: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

Mehed, 2016



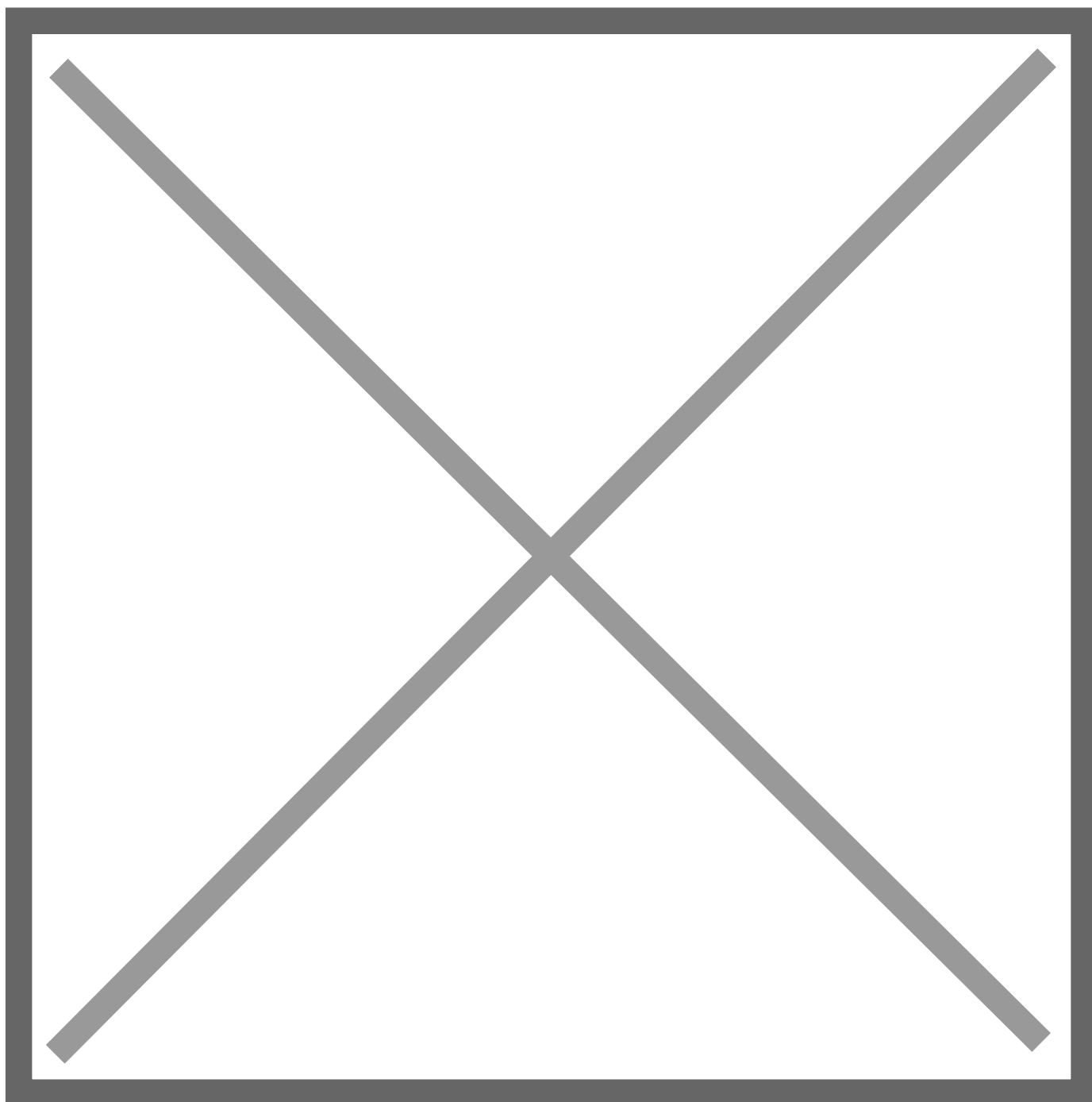
Viited: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

Naised, 2016



Viited: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

Lapsed, 2016



Uuringu
tüüp:

Ise teatatud

Vanus:

11-17

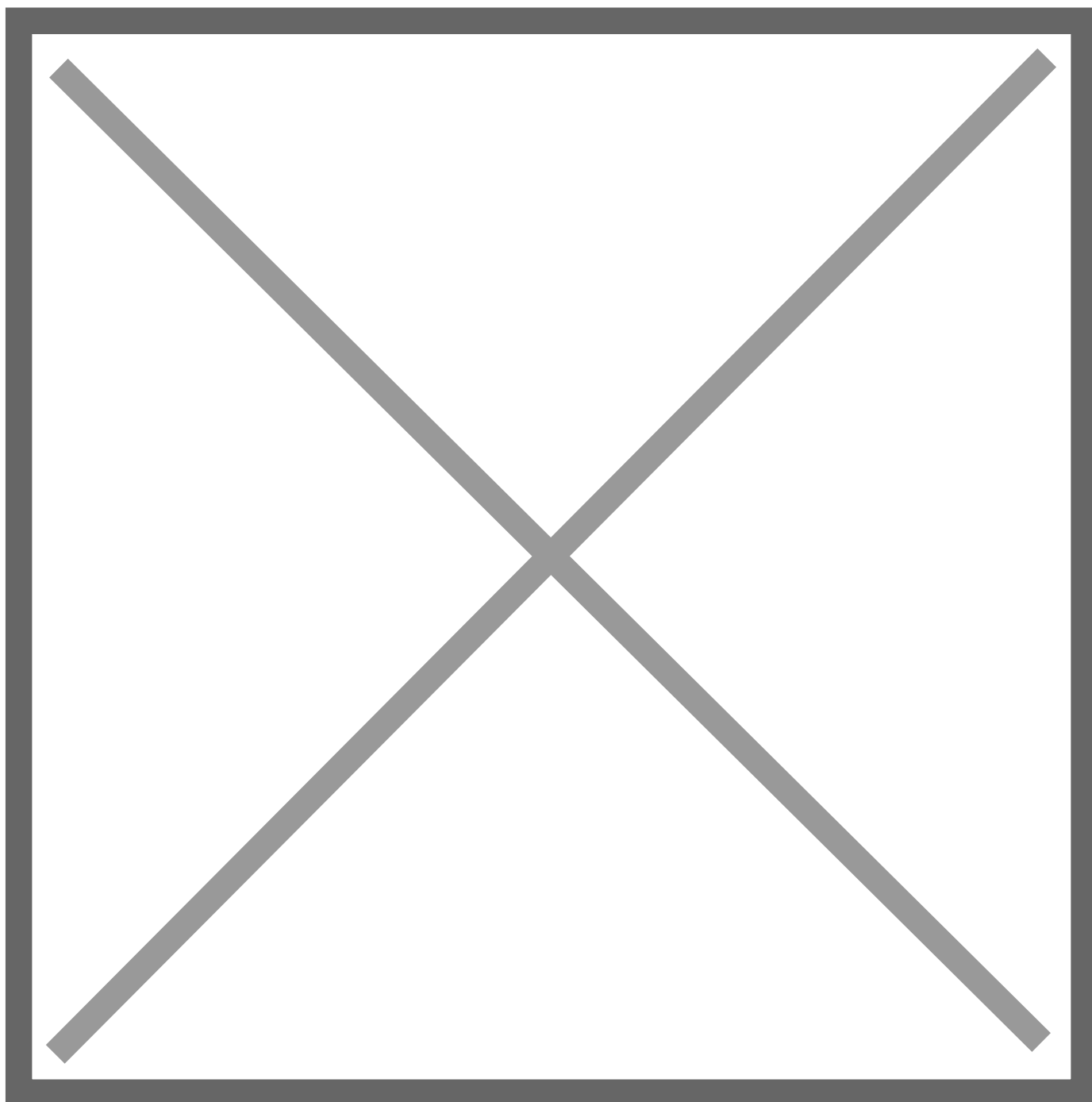
Viited: Global Health Observatory data repository, World Health Organisation, <https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

Märkused: % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Mõisted:

% Adolescents insufficiently active (age standardised estimate)

Poisid, 2016



Uuringu
tüüp:

Ise teatatud

Vanus:

11-17

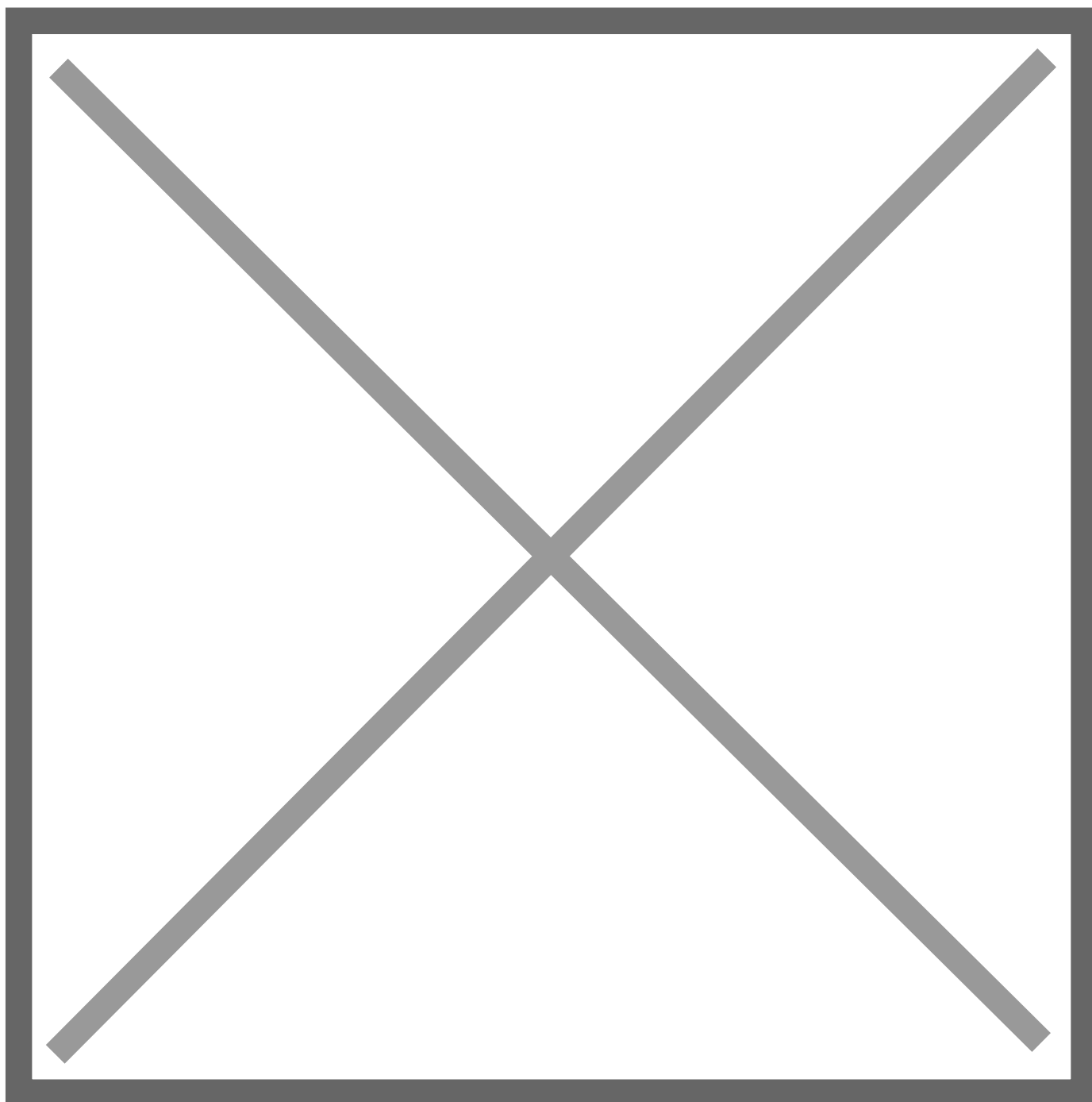
Viited: Global Health Observatory data repository, World Health Organisation, <https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

Märkused: % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Mõisted:

% Adolescents insufficiently active (age standardised estimate)

Tüdrukud, 2016



Uuringu
tüüp:

Ise teatatud

Vanus:

11-17

Viited: Global Health Observatory data repository, World Health Organisation, <https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

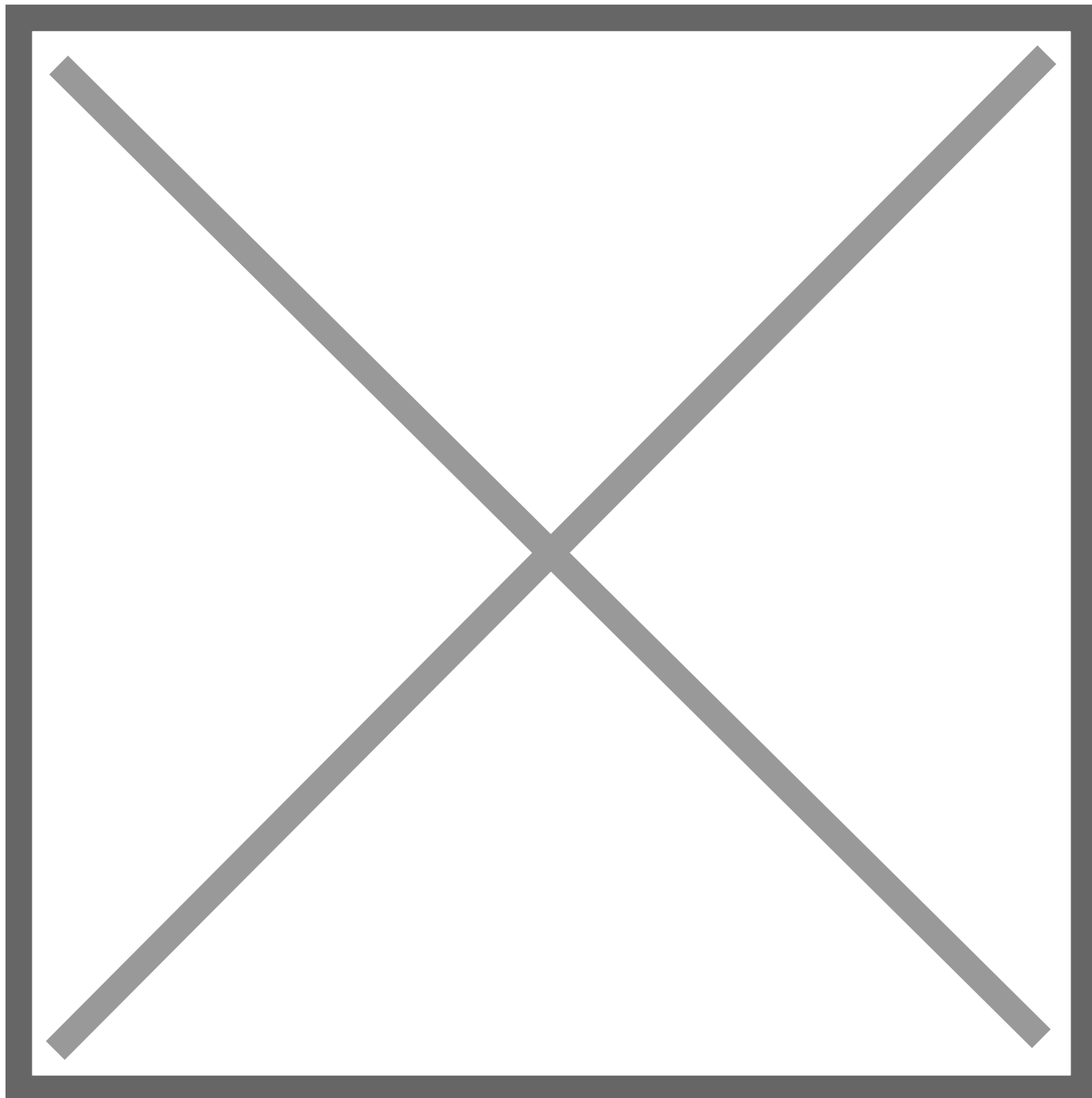
Märkused: % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Mõisted:

% Adolescents insufficiently active (age standardised estimate)

Keskmine päevane gaseeritud karastusjookide tarbimissagedus

Lapsed, 2010-2015



Uuringu
tüüp:

Möödetud

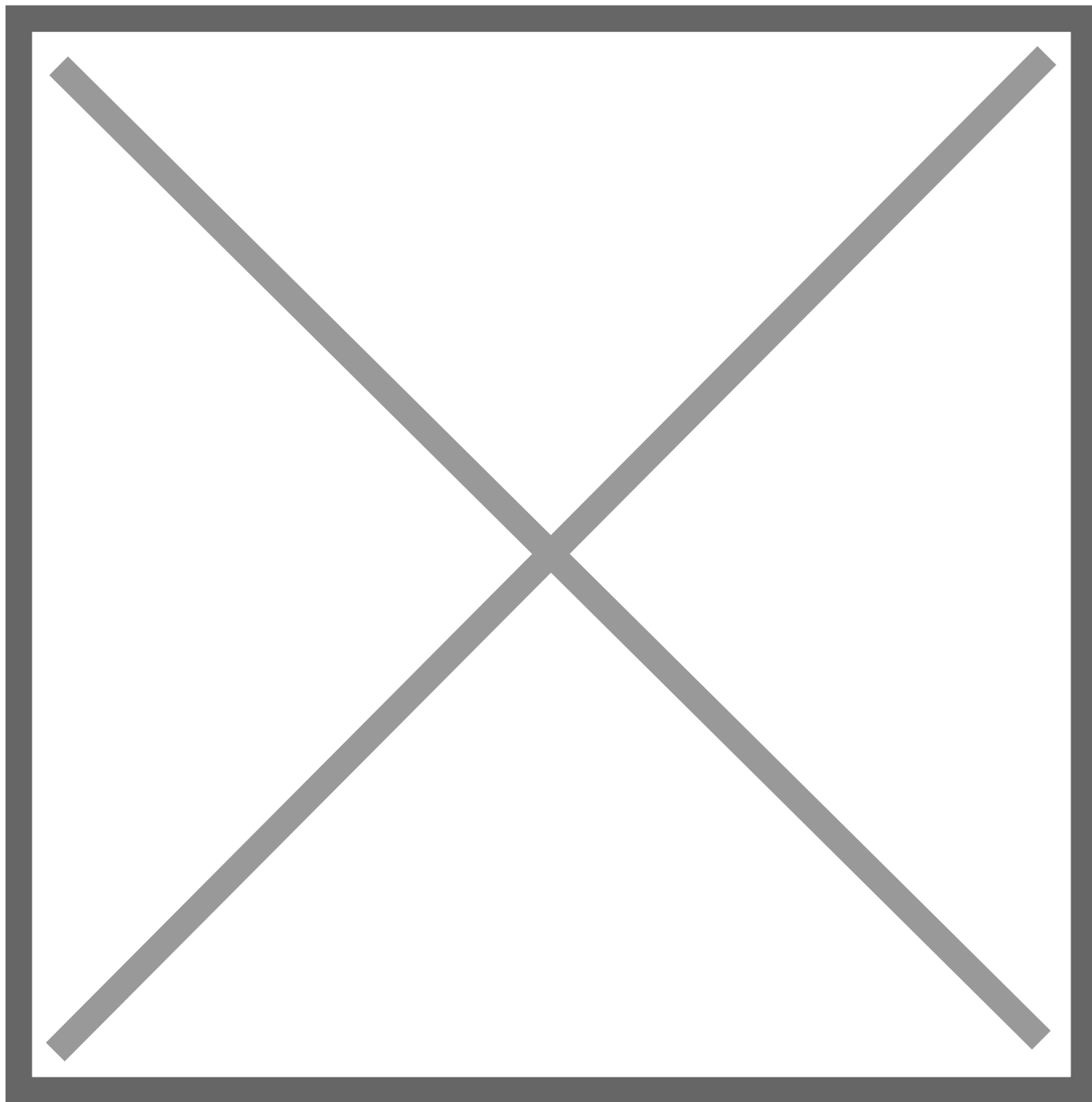
Vanus:

12-17

Viited: Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Puuviljade vähem kui igapäevase tarbimise levimus

Lapsed, 2010-2015



Uuringu
tüüp:

Möödetud

Vanus:

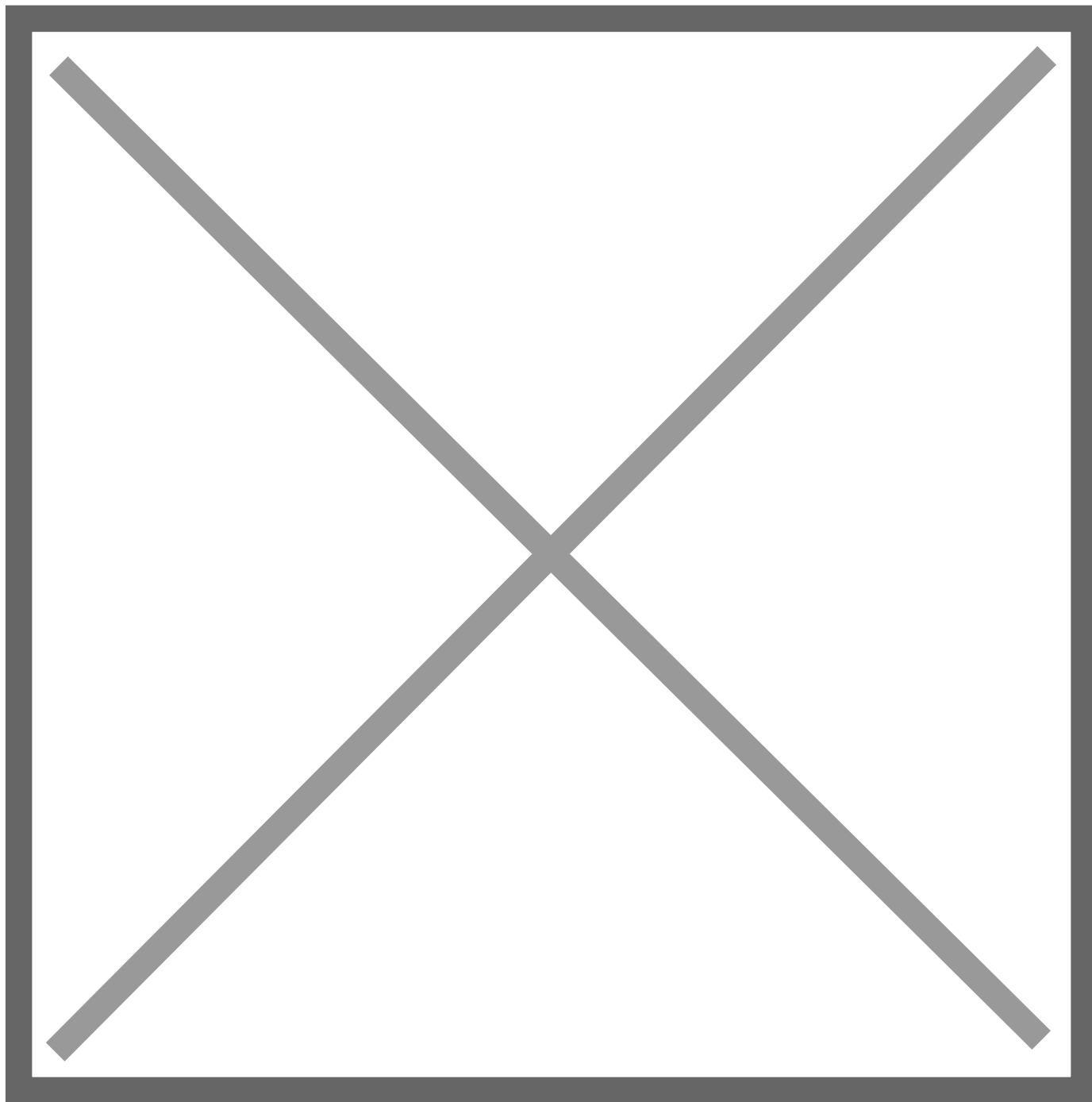
12-17

Viited: Global School-based Student Health Surveys. Beal et al (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287>. Sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Mõisted: Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)

Köögiviljade vähem kui igapäevase tarbimise levimus

Lapsed, 2010-2015



Uuringu
tüüp:

Mõõdetud

Vanus:

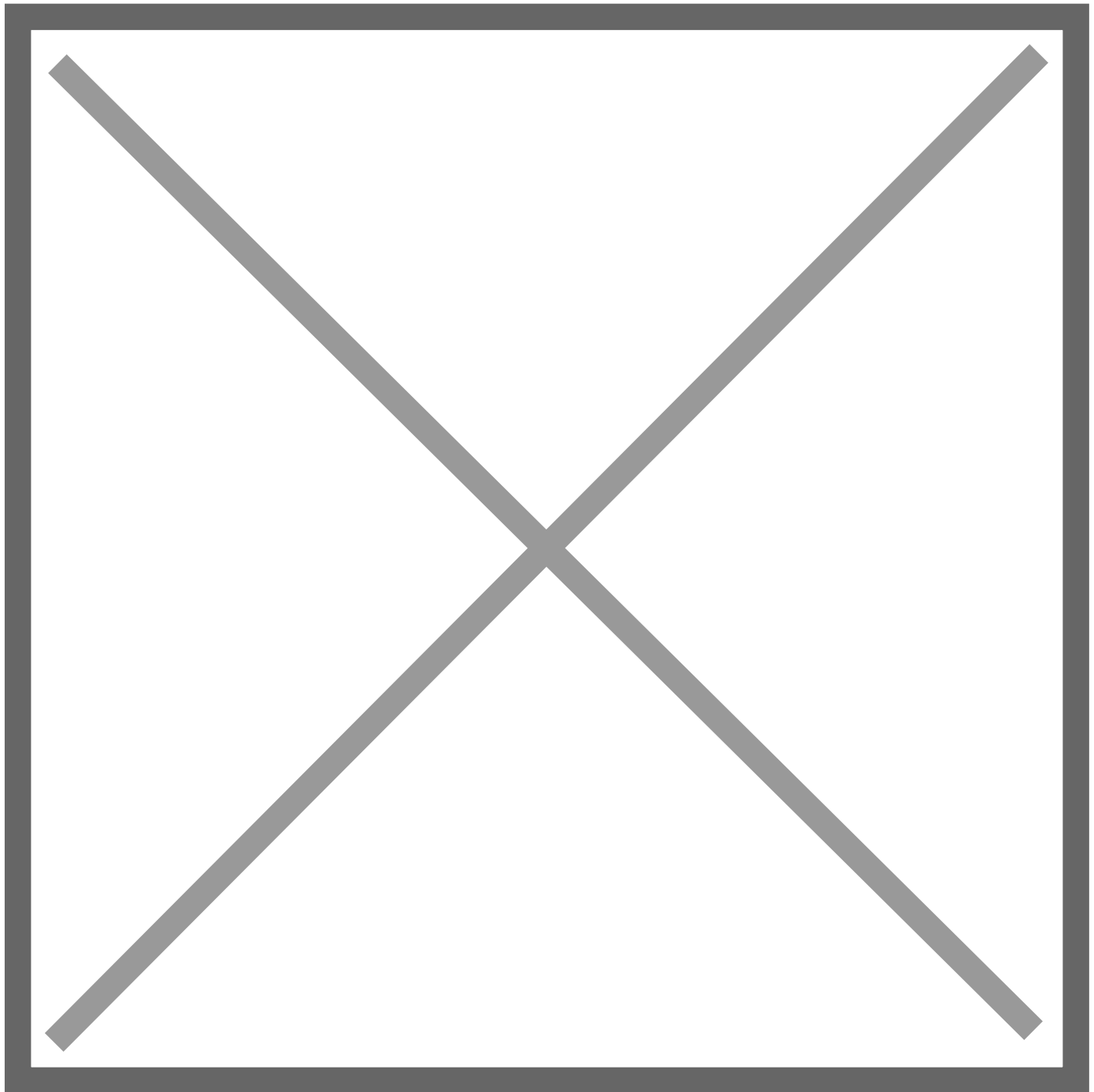
12-17

Viited: Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Mõisted: Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)

Kiirtoidu tarbimise keskmine nädalane sagedus

Lapsed, 2010-2015

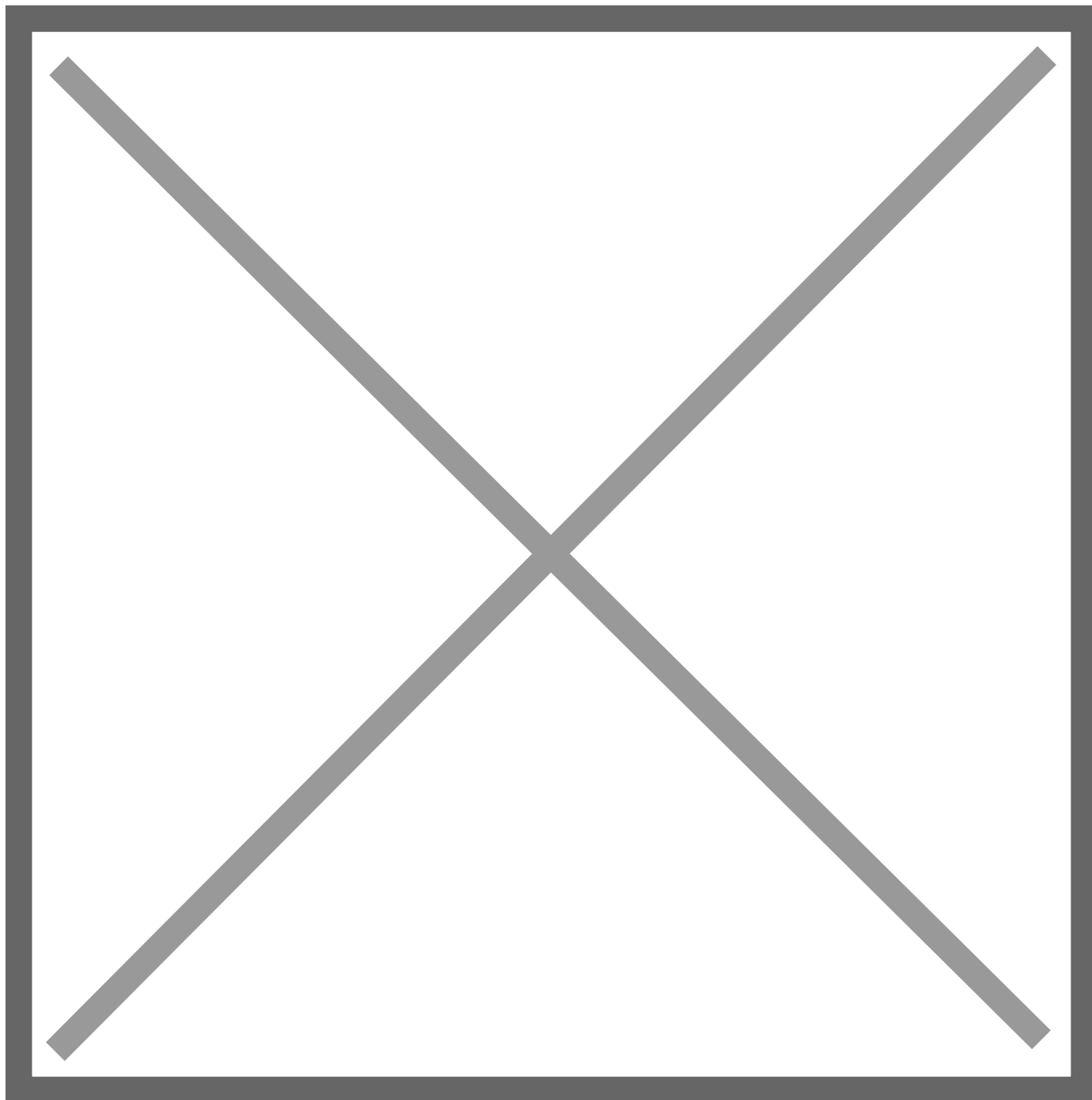


Vanus: 12-17

Viited: Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

Kõrgenenud vererõhk

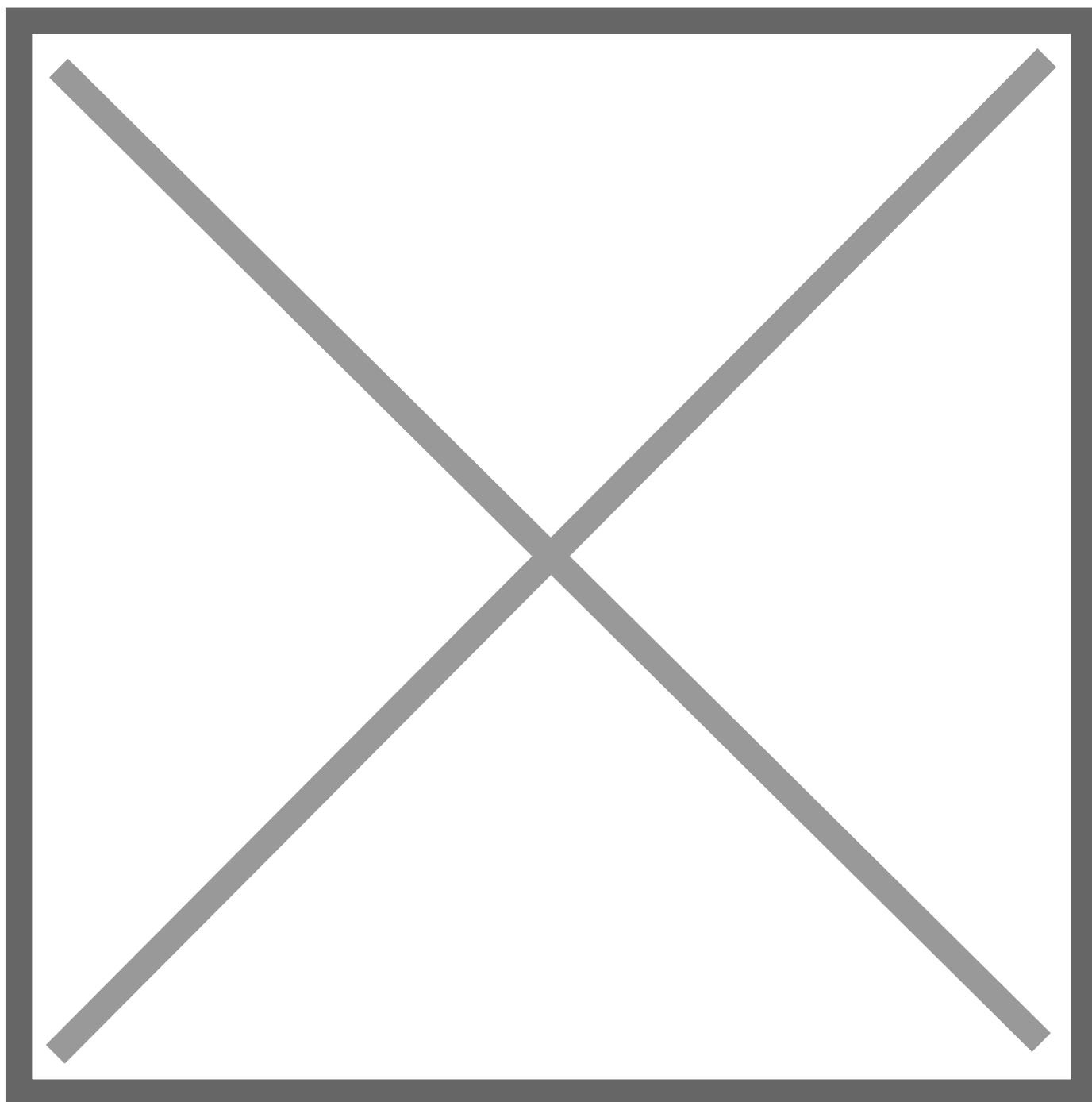
Täiskasvanud, 2015



Viited: Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A875?lang=en>

Mõisted: Age Standardised estimated % Raised blood pressure 2015 (SBP \geq 140 OR DBP \geq 90).

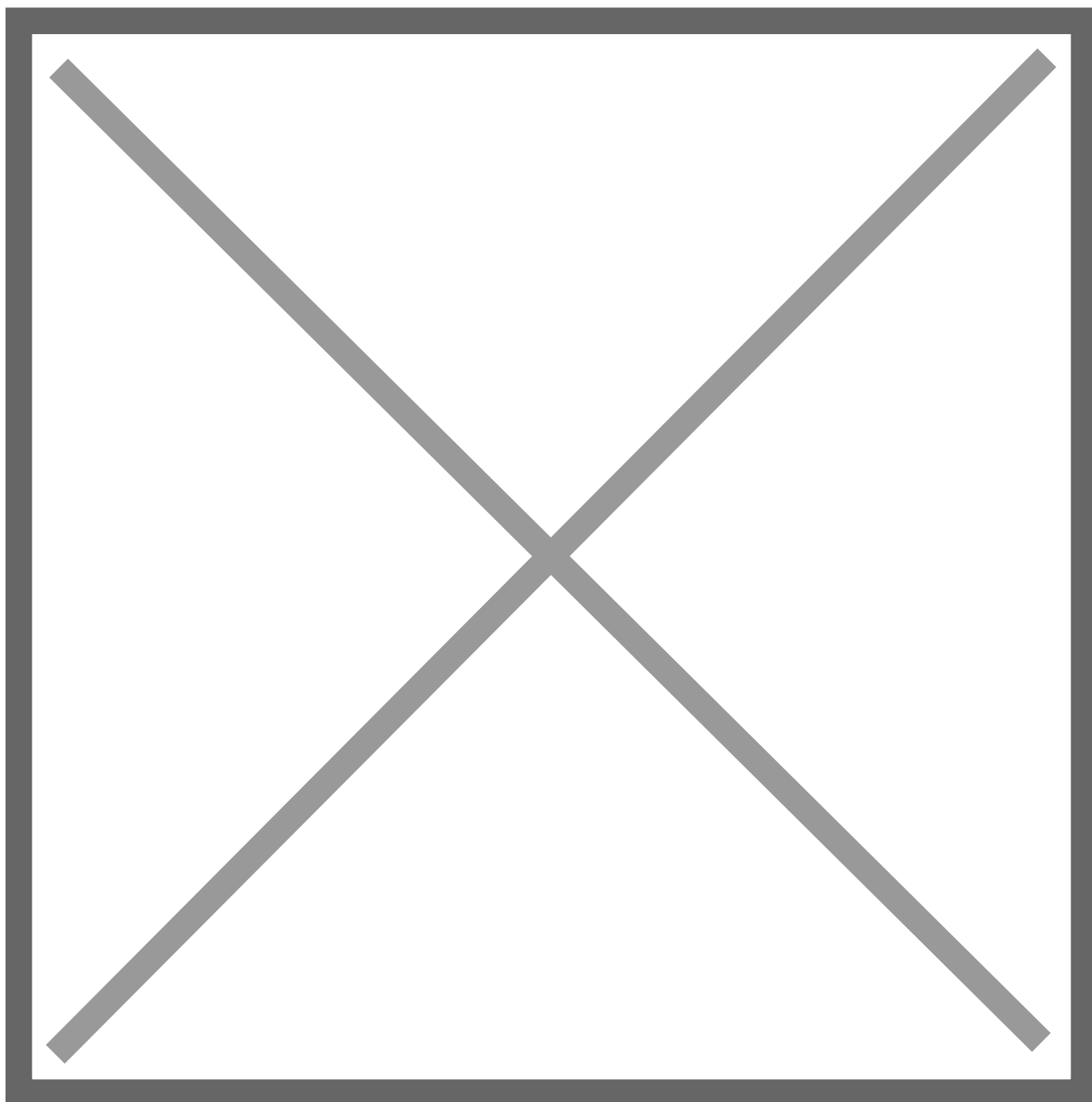
Mehed, 2015



Viited: Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A875?lang=en>

Mõisted: Age Standardised estimated % Raised blood pressure 2015 (SBP \geq 140 OR DBP \geq 90).

Naised, 2015

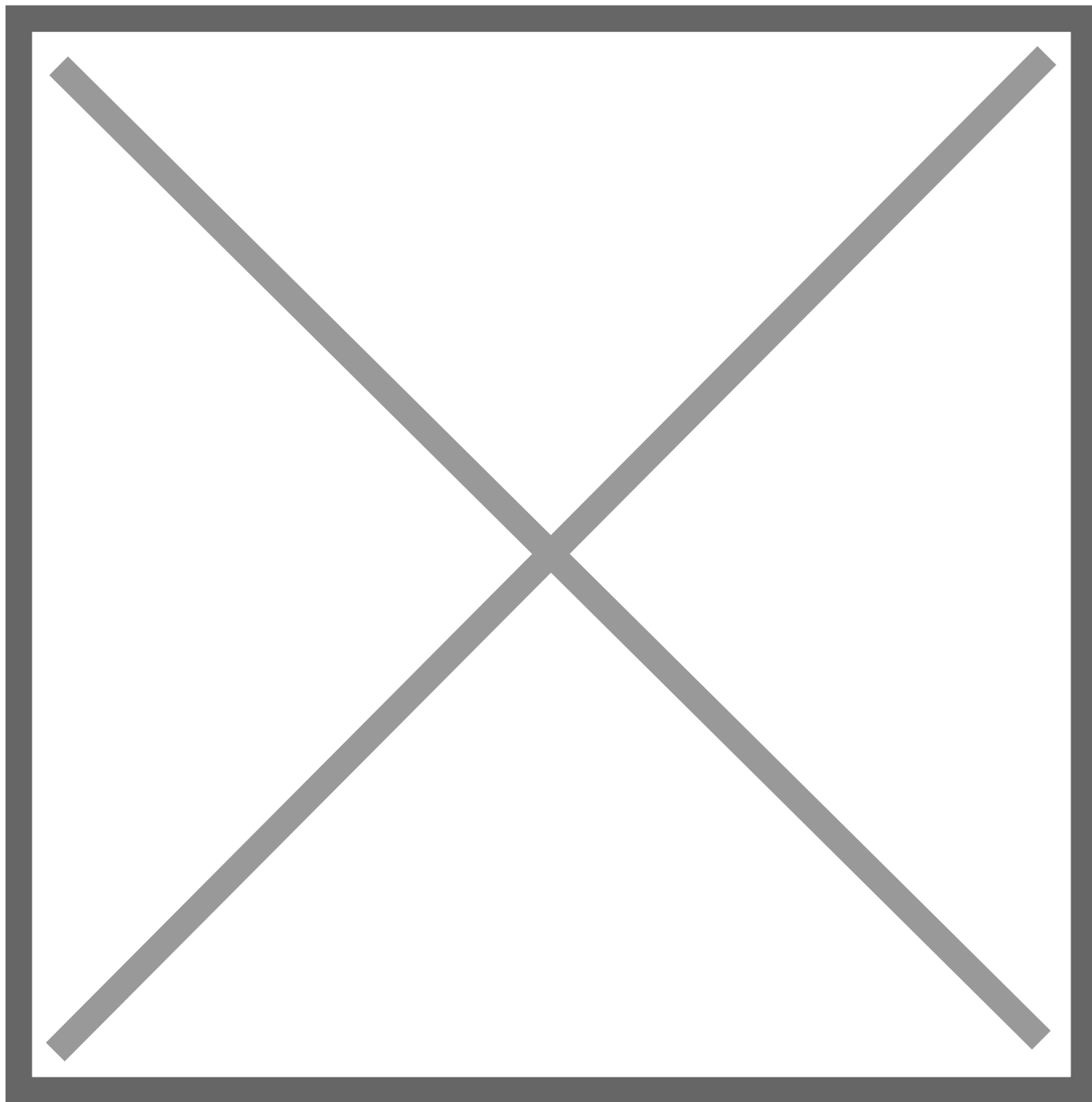


Viited: Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A875?lang=en>

Mõisted: Age Standardised estimated % Raised blood pressure 2015 (SBP \geq 140 OR DBP \geq 90).

Kõrgenenud kolesteroolitase

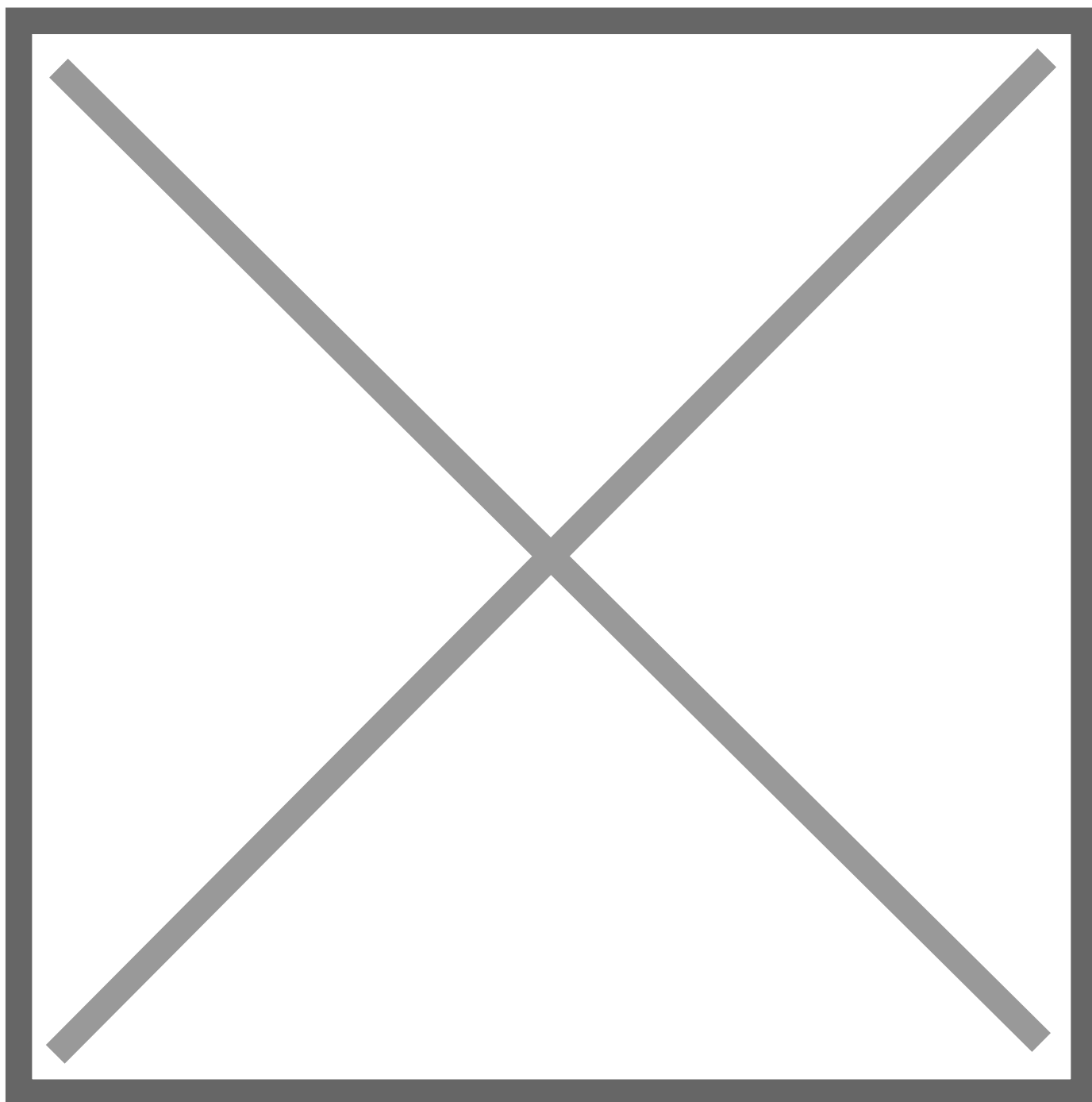
Täiskasvanud, 2008



Viited: Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A885>

Mõisted: % Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

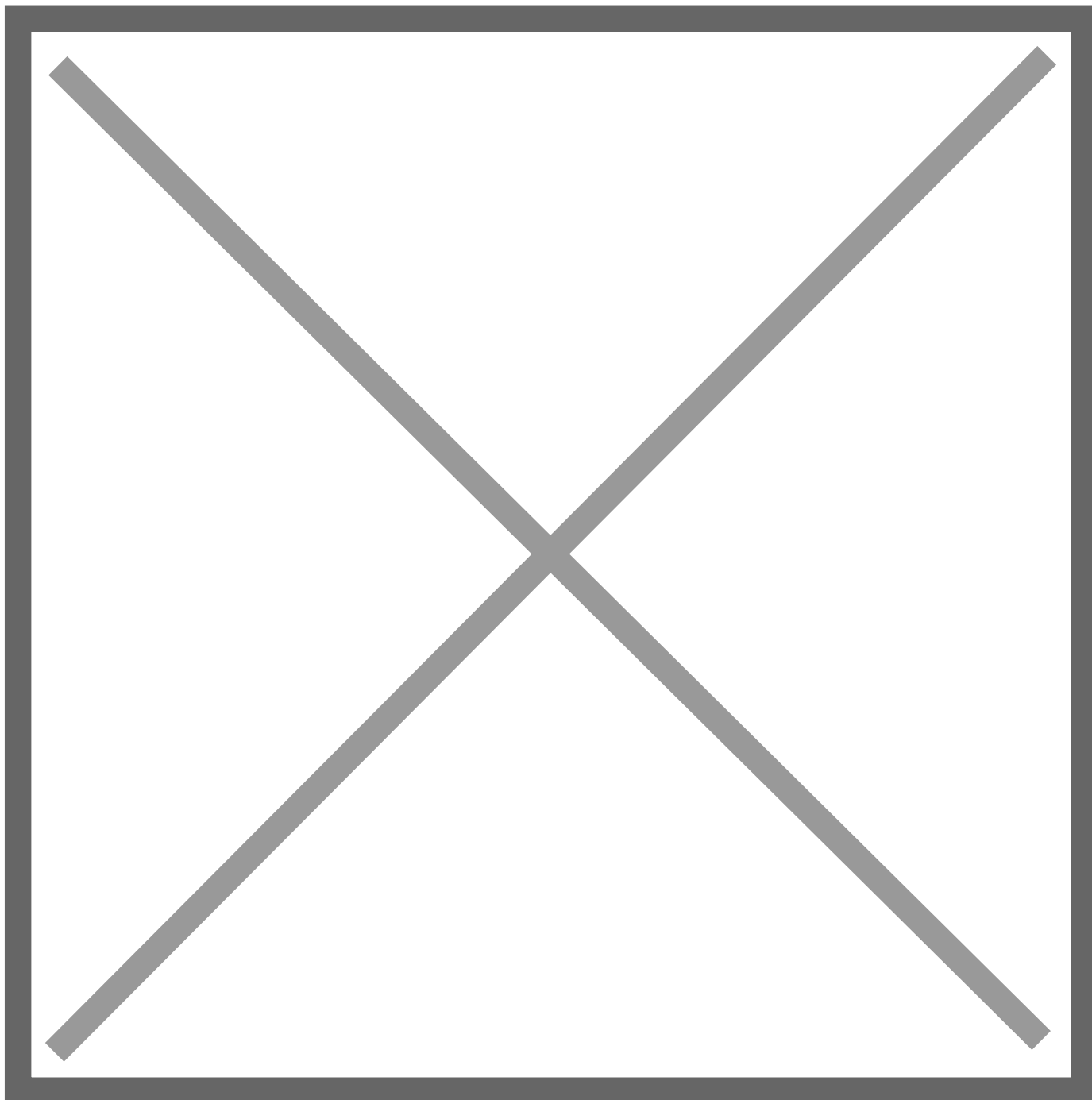
Mehed, 2008



Viited: Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A885>

Mõisted: % Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

Naised, 2008

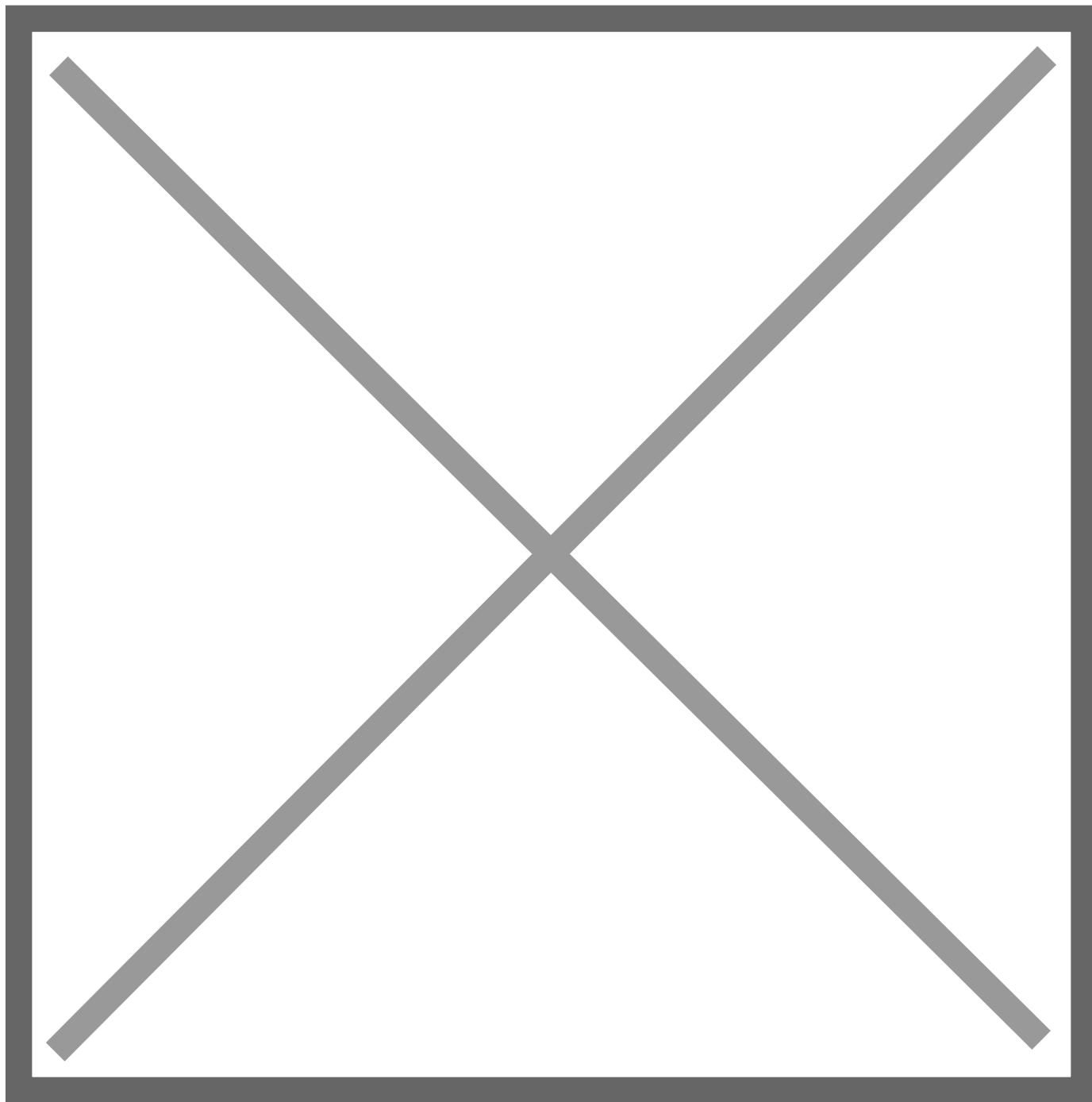


Viited: Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A885>

Mõisted: % Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

Kõrgenenud veresuhkru tase tühja kõhuga

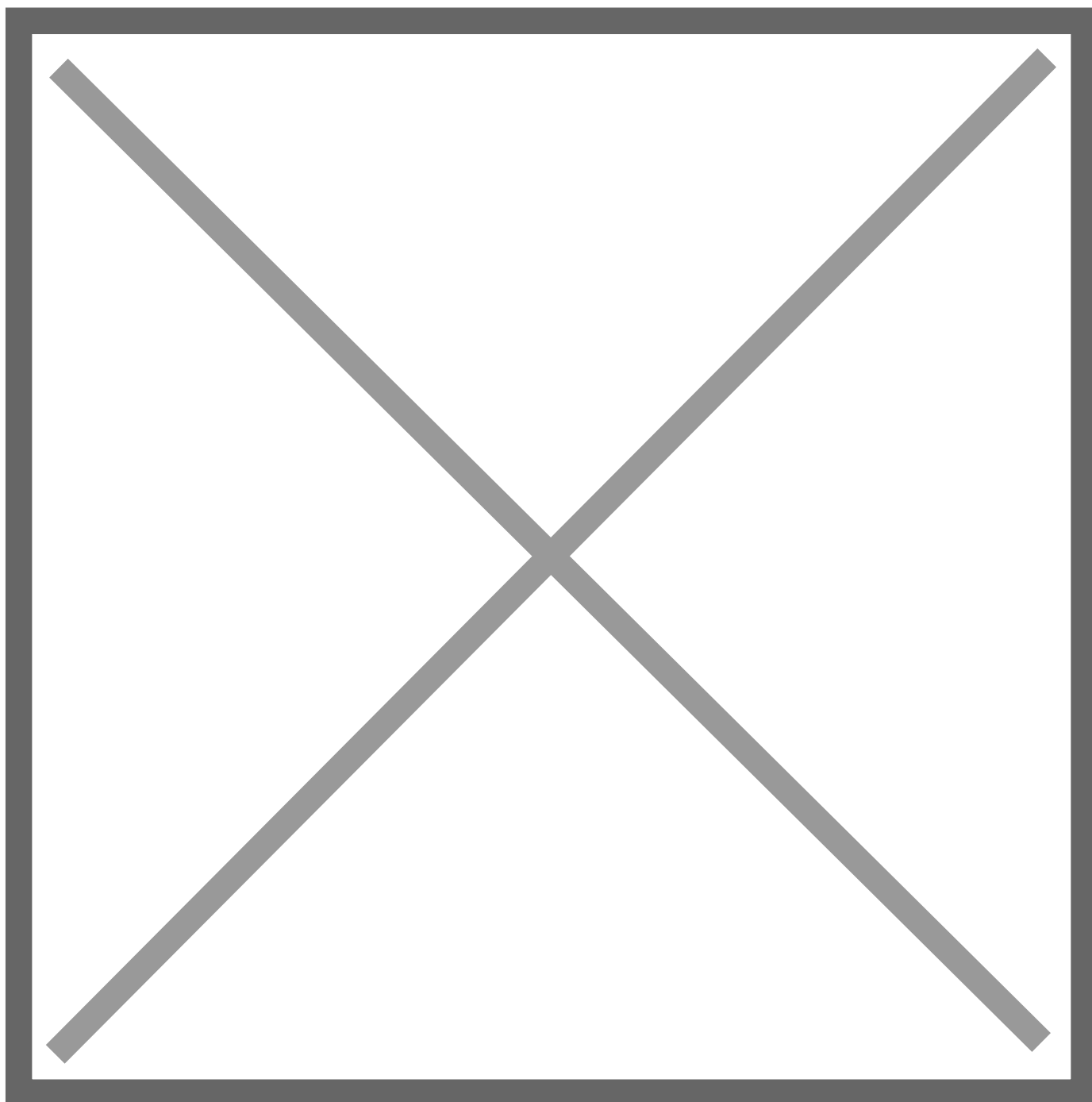
Mehed, 2014



Viited: Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A869?lang=en>

Mõisted: Age Standardised % raised fasting blood glucose (≥ 7.0 mmol/L or on medication).

Naised, 2014

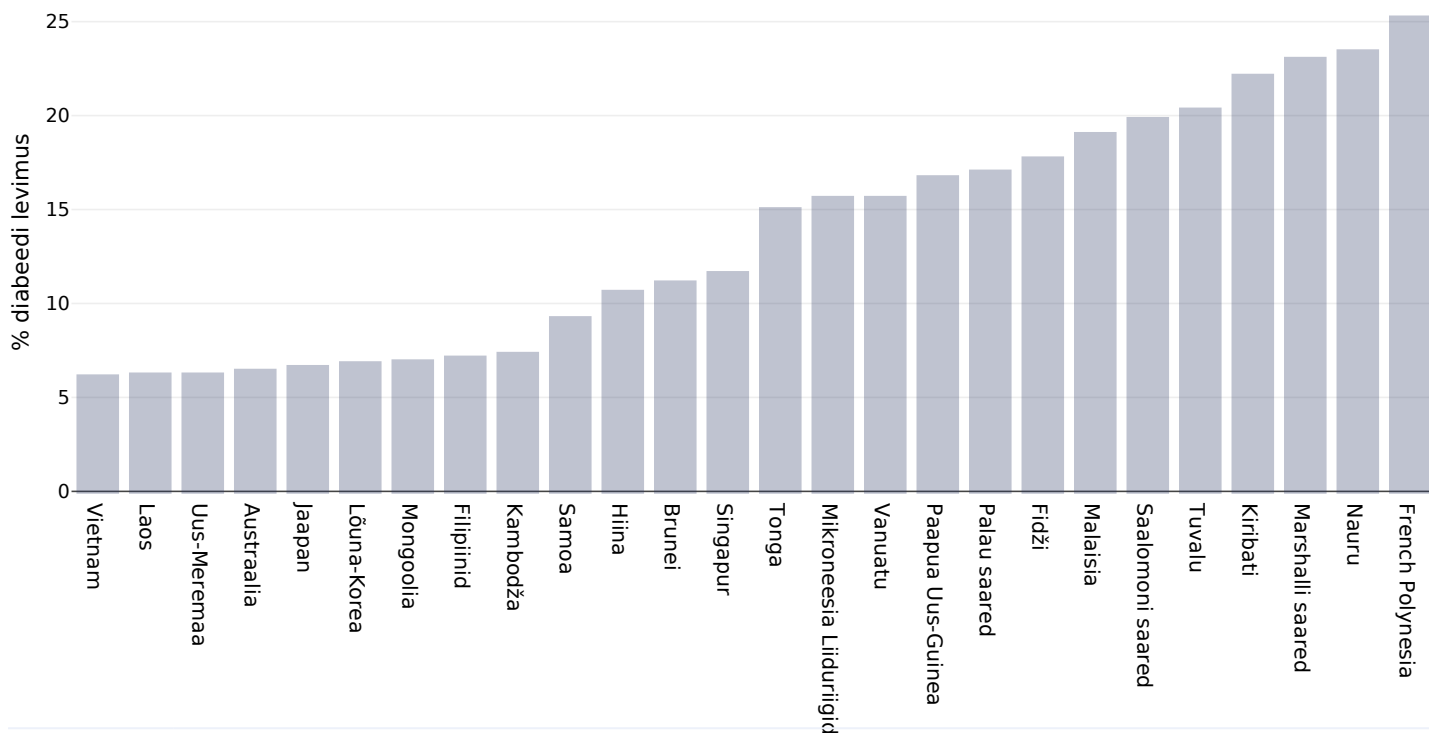


Viited: Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A869?lang=en>

Mõisted: Age Standardised % raised fasting blood glucose (≥ 7.0 mmol/L or on medication).

Diabeedi levimus

Täiskasvanud, 2021



Vanus: 20-79

Hõlmatud piirkond: Riiklik

Viited: Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 10th edn. Brussels, Belgium:International Diabetes Federation, 2021. <http://www.diabetesatlas.org>

Mõisted: Age-adjusted comparative prevalence of diabetes, %

Contextual factors

Disclaimer: These contextual factors should be interpreted with care. Results are updated as regularly as possible and use very specific criteria. The criteria used and full definitions are available for download at the bottom of this page.



Labelling

Is there mandatory nutrition labelling?	✓
Front-of-package labelling?	✗
Back-of-pack nutrition declaration?	✓
Color coding?	✗
Warning label?	✗



Regulation and marketing

Are there fiscal policies on unhealthy products?	✓
Tax on unhealthy foods?	✗
Tax on unhealthy drinks?	✓
Are there fiscal policies on healthy products?	?
Subsidy on fruits?	✓
Subsidy on vegetables?	?
Subsidy on other healthy products?	?
Mandatory limit or ban of trans fat (all settings)?	?
Mandatory limit of trans fats in place (all settings)?	?
Ban on trans-fats or phos in place (all settings)?	?
Are there any mandatory policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	✓
Mandatory restriction on broadcast media?	✓
Mandatory restriction on non-broadcast media?	✓
Voluntary policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	?
Are there mandatory standards for food in schools?	?
Are there any mandatory nutrient limits in any manufactured food products?	?
Nutrition standards for public sector procurement?	?



Political will and support

National obesity strategy or nutrition and physical activity national strategy?	?
National obesity strategy?	?
National childhood obesity strategy?	✓
Comprehensive nutrition strategy?	?
Comprehensive physical activity strategy?	?
Evidence-based dietary guidelines and/or RDAs?	?
National target(s) on reducing obesity?	✓
Guidelines/policy on obesity treatment?	✓
Promotion of breastfeeding?	✓



Monitoring and surveillance

Monitoring of the prevalence and incidence for the main obesity-related NCDs and risk factors?	✓
Within 5 years?	✗



Governance and resource

Multi-sectoral national co-ordination mechanism for obesity or nutrition (including obesity)?	✓
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Key

✓ Present	✓ Present v (voluntary)	✓ Incoming	✗ Absent	? Unknown
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Last updated January 16, 2023

PDF created on June 2, 2024