



Kolumbia



Country report card - children

This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children, including adolescents (aged 5 to 18 years). Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/colombia-43/>.

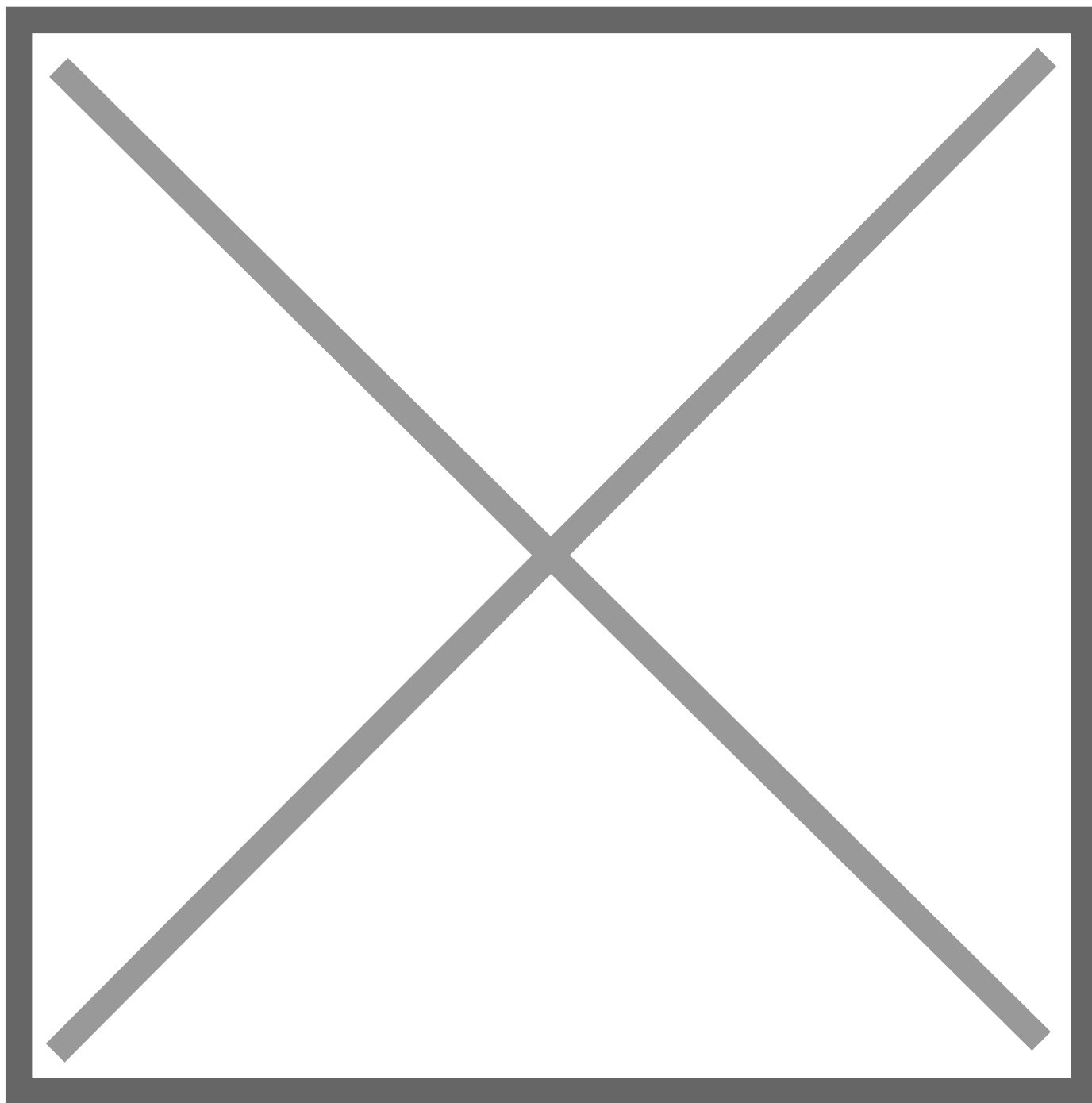
Kansallinen lihavuuden riski *7,5/10 This is a composite "obesity risk" score (out of 10, the highest risk) based on obesity prevalence, rate of increase, likelihood of meeting the 2025 target, treatment indicator and childhood stunting levels.

Lapsuusajan lihavuuden riski *6,5/11 This is a "risk score" for each country's likelihood of having or acquiring a major childhood obesity problem during the 2020s, taking account of current prevalence levels and risk for future obesity (based on stunting among infants, maternal obesity, maternal smoking, and breastfeeding rates).

* Perustuu arvioituihin tietoihin. Lisätietoja näet kohdasta Julkaisut

Lihavuuden esiintyvyys

Lapset, 2018

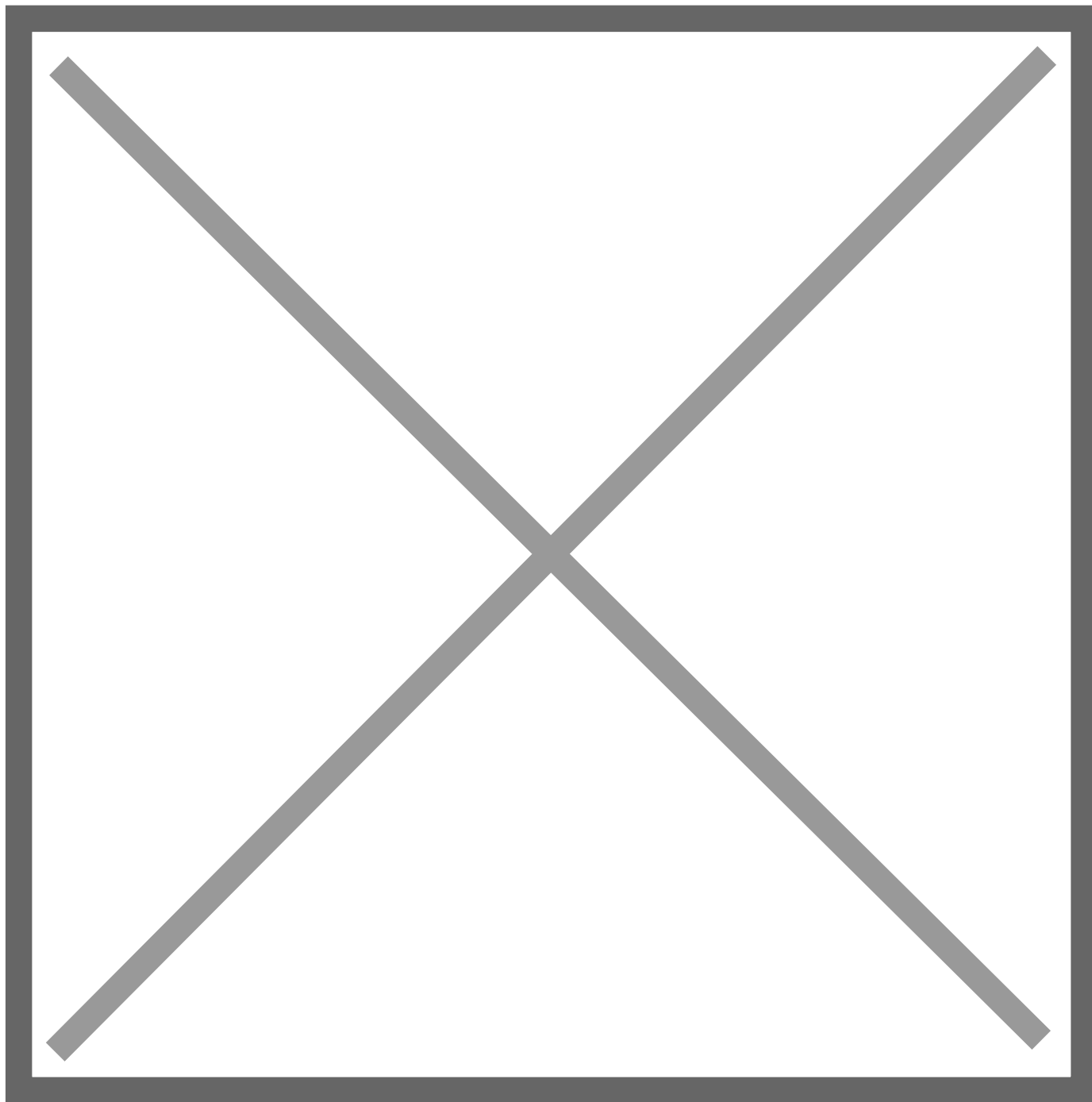


Tutkimustyyppi:	Mitattu
Ikä:	5-17
Otoksen koko:	385
Peittoalue:	Kaupunkialue

Viitteet:	Jimenez-Mora, Mario A et al. "Association of Overweight, Obesity and Abdominal Obesity with Socioeconomic Status and Educational Level in Colombia." Diabetes, metabolic syndrome and obesity : targets and therapy vol. 13 1887-1898. 3 Jun. 2020, doi:10.2147/DMSO.S244761
Huomiot:	PLEASE NOTE SMALL SAMPLE SIZE Conflicting age ranges presented in paper. The Child data may be either 2-17 years of 5-17 years. It has been assumed 5-17 years, though author has been contacted to confirm.
Määritelmät:	Cut offs. 25-59 months BMI for Age Z Score $>1 \leq 3$ for overweight, >3 Obesity 5-17 years BMI for Age Z Score $>1 \leq 2$ for overweight, > 2 Obesity

Ylipaino/lihavuus koulutuksen mukaan

Lapset, 2015-2016

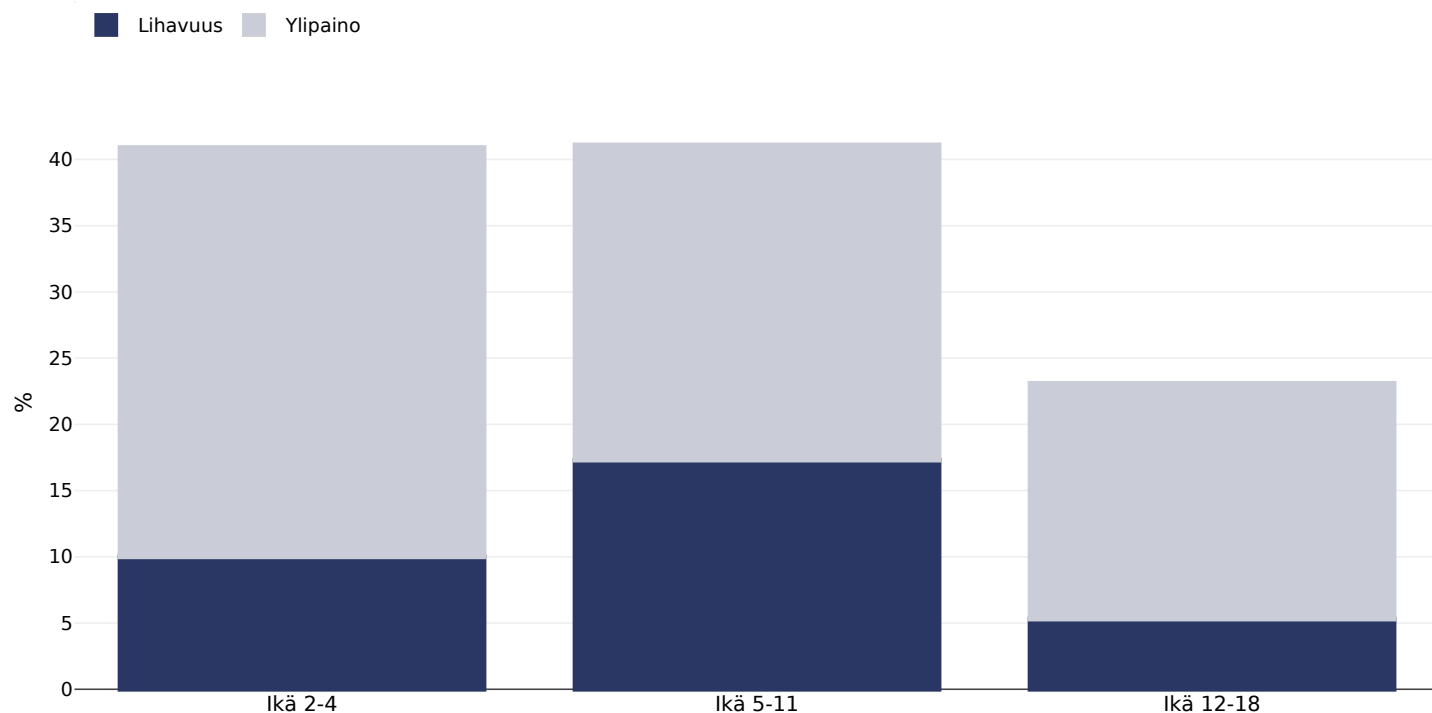


Tutkimustyyppi:	Mitattu
Ikä:	5-12
Otoksen koko:	21,497
Peittoalue:	Kansallinen

Viitteet:	Libro ENSIN 2015. Available at: https://www.minsalud.gov.co/ [Accessed 18.07.25]
Määritelmät:	Highest level of completed education of the head of household
Cutoffs:	WHO

Ylipaino/lihavuus iÄän mukaan

Lapset, 2018



Tutkimustyyppi:

Mitattu

Otoksen koko:

385

Peittoalue:

Kaupunkialue

Viitteet:

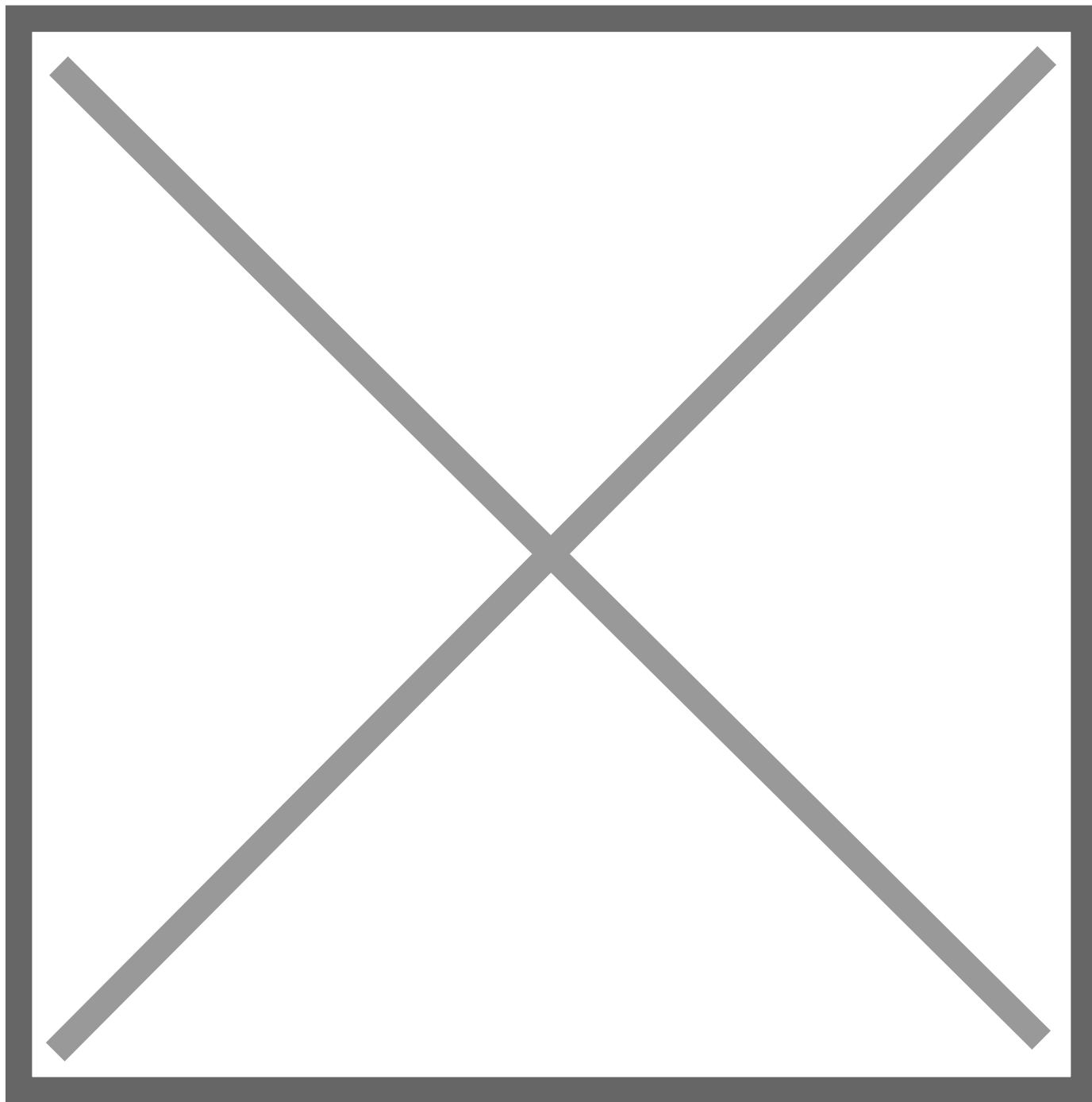
Jimenez-Mora, Mario A et al. "Association of Overweight, Obesity and Abdominal Obesity with Socioeconomic Status and Educational Level in Colombia." Diabetes, metabolic syndrome and obesity : targets and therapy vol. 13 1887-1898. 3 Jun. 2020, doi:10.2147/DMSO.S244761

Huomiot:

PLEASE NOTE SMALL SAMPLE SIZE Conflicting age ranges presented in paper. The Child data may be either 2-17 years of 5-17 years. It has been assumed 5-17 years, though author has been contacted to confirm. Cut offs. 25-59 months BMI for Age Z Score $>1 \leq 3$ for overweight, >3 Obesity 5-17 years BMI for Age Z Score $>1 \leq 2$ for overweight, >2 Obesity

Ylipaino/lihavuus alueen mukaan

Lapset, 2018

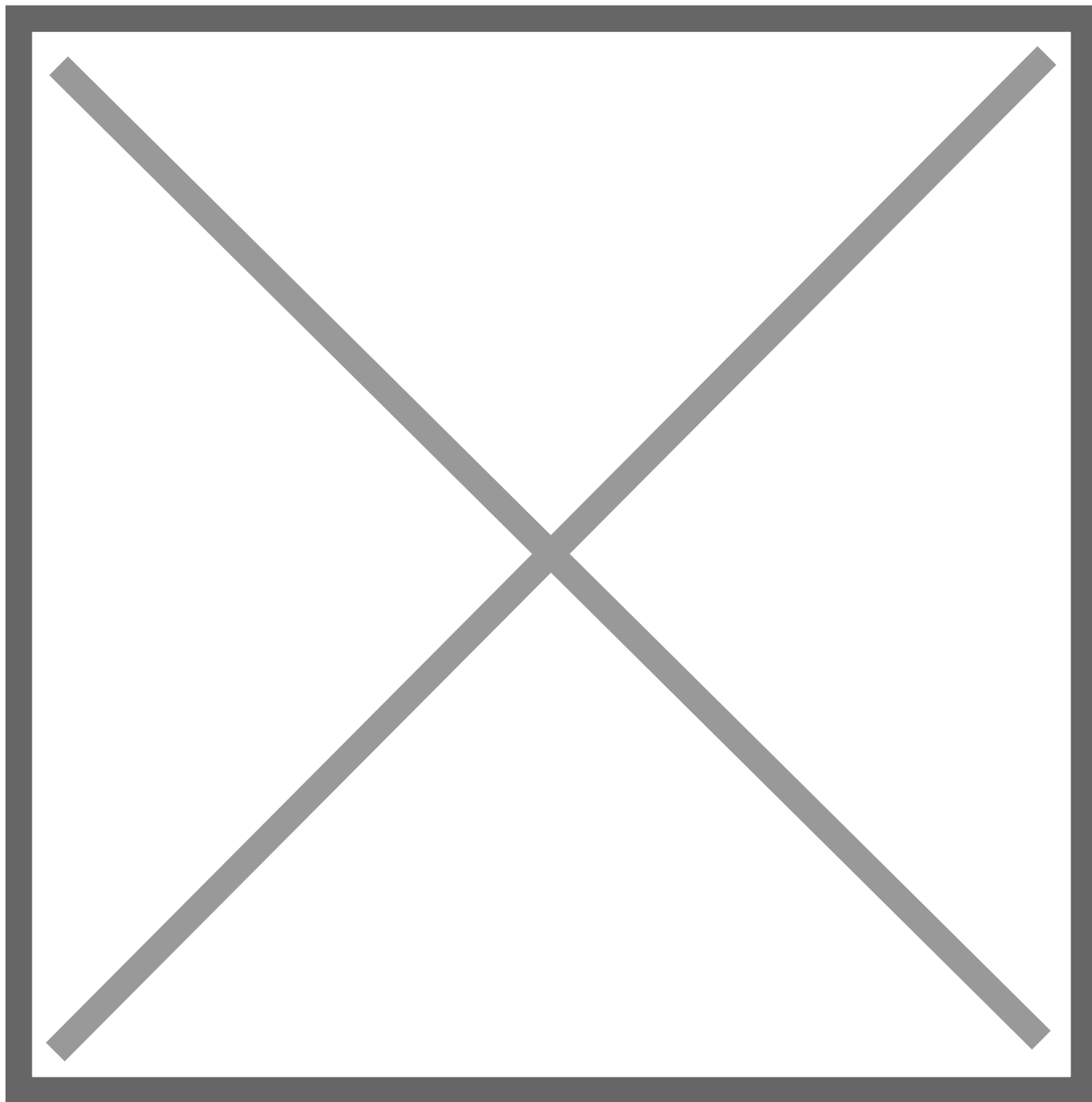


Tutkimustyyppi:	Mitattu
Ikä:	5-17
Otoksen koko:	385
Peittoalue:	Kaupunkialue

Viitteet:	Jimenez-Mora, Mario A et al. "Association of Overweight, Obesity and Abdominal Obesity with Socioeconomic Status and Educational Level in Colombia." Diabetes, metabolic syndrome and obesity : targets and therapy vol. 13 1887-1898. 3 Jun. 2020, doi:10.2147/DMSO.S244761
Huomiot:	PLEASE NOTE SMALL SAMPLE SIZE Conflicting age ranges presented in paper. The Child data may be either 2-17 years of 5-17 years. It has been assumed 5-17 years, though author has been contacted to confirm. Cut offs. 25-59 months BMI for Age Z Score $>1 \leq 3$ for overweight, >3 Obesity 5-17 years BMI for Age Z Score $>1 \leq 2$ for overweight, > 2 Obesity

Ylipaino/lihavuus sosioekonomisen ryhmän mukaan

Lapset, 2018



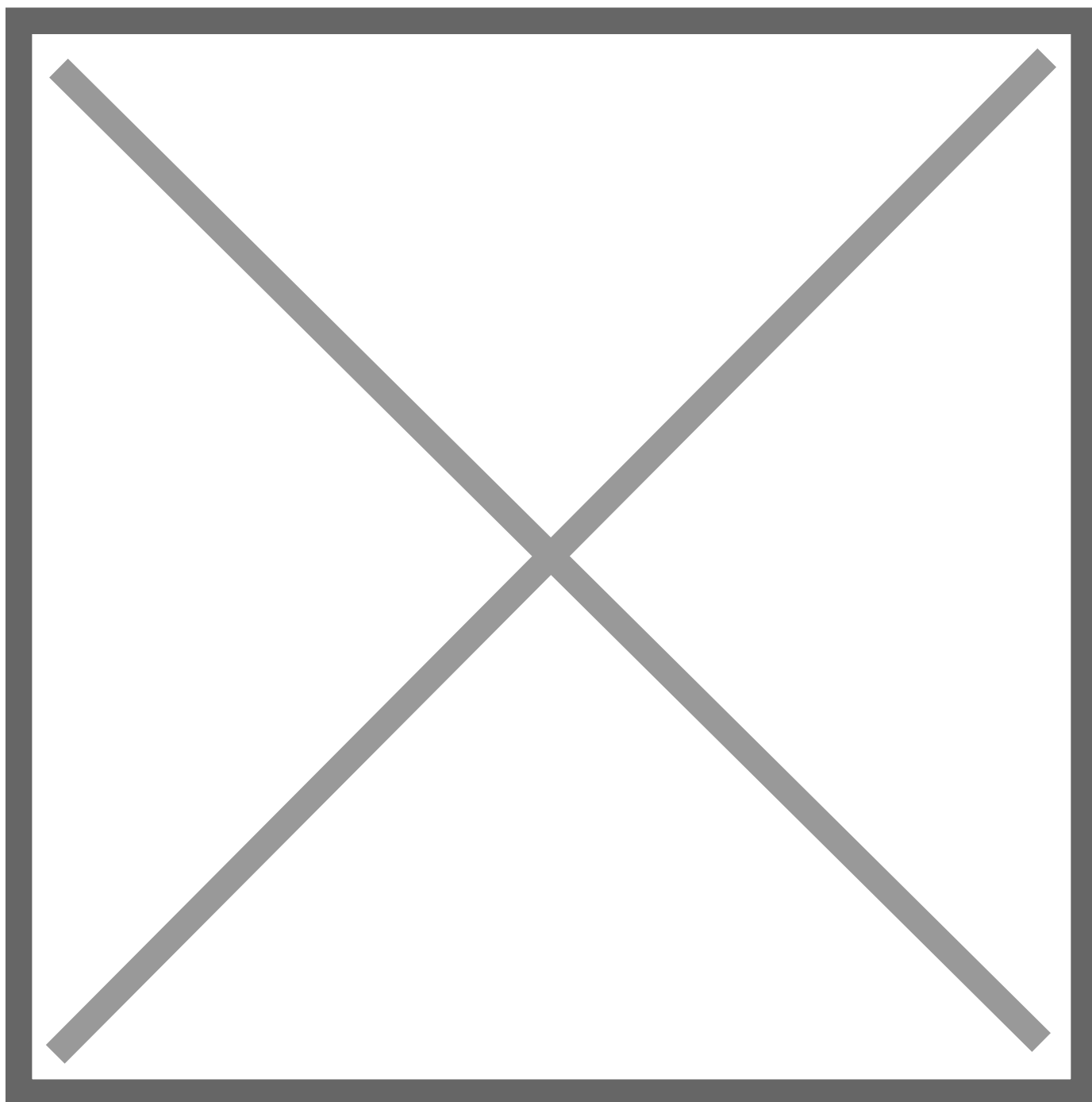
Tutkimustyyppi:	Mitattu
Ikä:	5-17
Otoksen koko:	385
Peittoalue:	Kaupunkialue

Viitteet:	Jimenez-Mora, Mario A et al. "Association of Overweight, Obesity and Abdominal Obesity with Socioeconomic Status and Educational Level in Colombia." Diabetes, metabolic syndrome and obesity : targets and therapy vol. 13 1887-1898. 3 Jun. 2020, doi:10.2147/DMSO.S244761
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Ylipaino/lihavuus etnisen alkuperän mukaan

Ethnic groups are as defined by publication of origin and are not as defined by WOF. In some instances ethnicity is conflated with nationality and/or race.

Lapset, 2015-2016



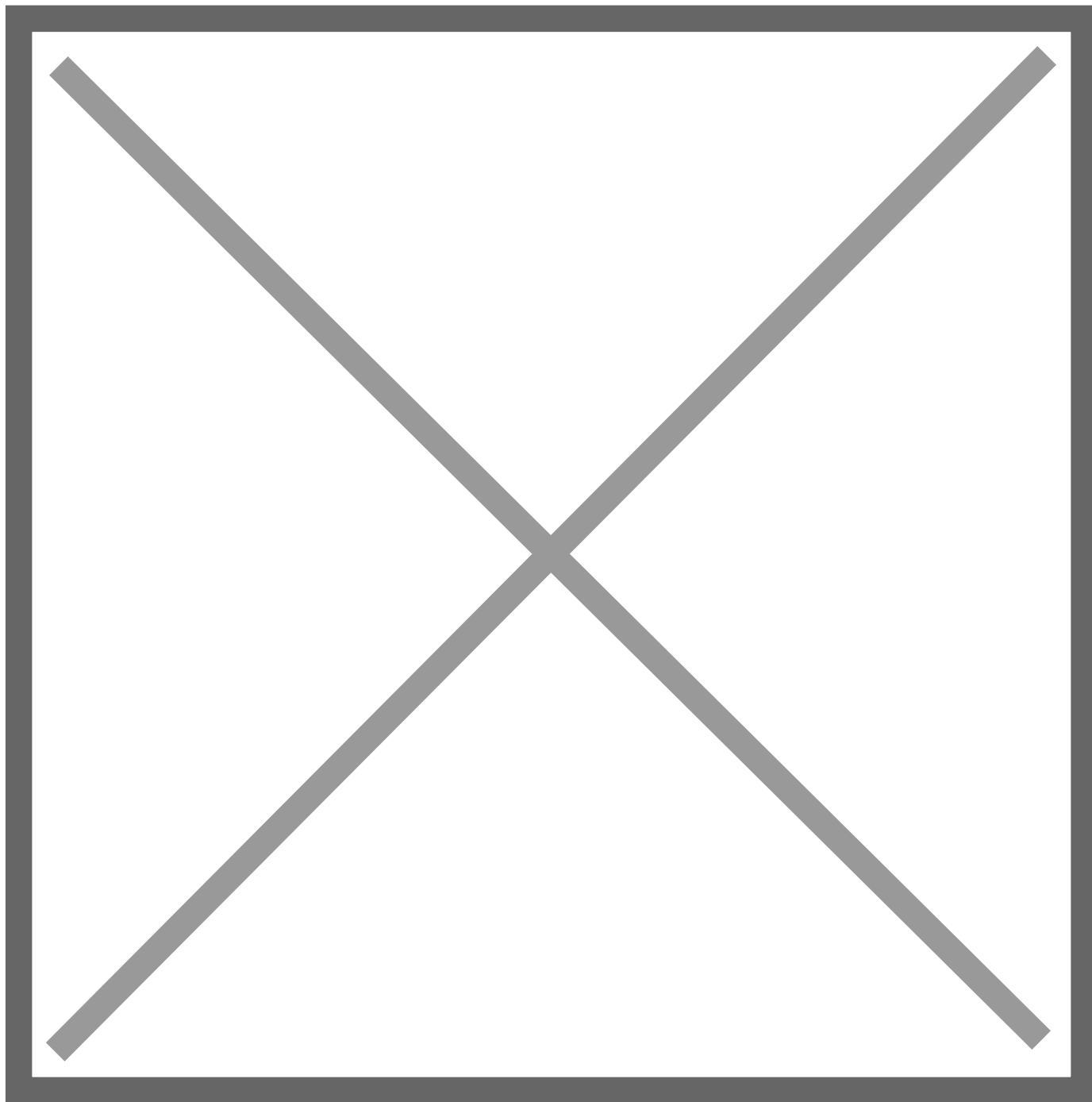
Tutkimustyyppi:	Mitattu
Ikä:	5-12
Otoksen koko:	20,382
Peittoalue:	Kansallinen
Viitteet:	Libro ENSIN 2015. (2020). Available at: https://www.minsalud.gov.co/ [Accessed 18.07.25]
Huomiot:	NB. Obesity prevalence in indigenous population flagged for high variability, estimate should be used with caution

Cutoffs:

WHO

Double burden of underweight & overweight

Lapset, 2022



Tutkimustyyppi:

Mitattu

Ikä:

5-19

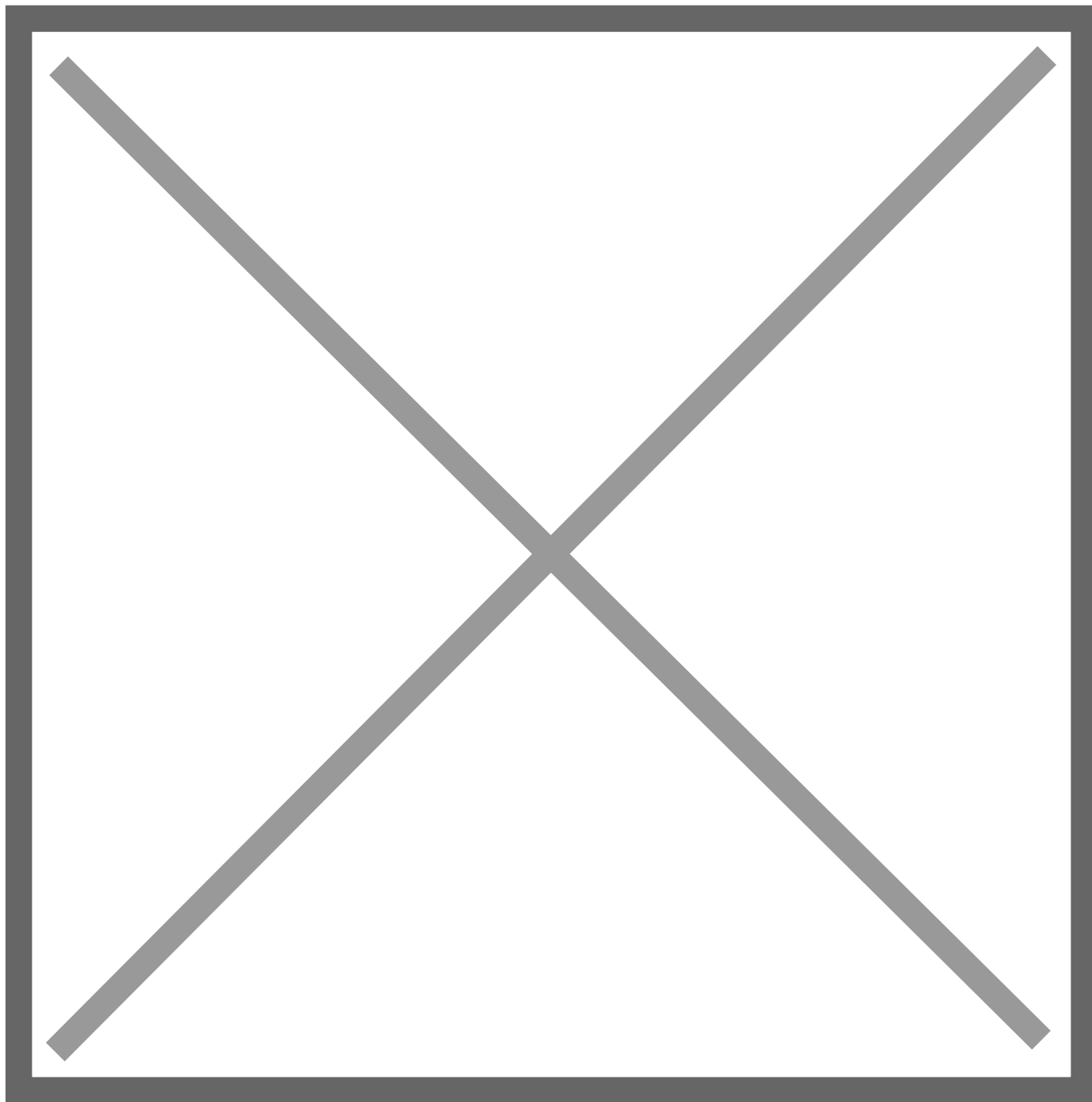
Viitteet:

NCD Risk Factor Collaboration (NCD-RisC). Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population representative studies with 222 million children, adolescents, and adults. Lancet 2024; published online Feb 29. [https://doi.org/10.1016/S0140-6736\(23\)02750-2](https://doi.org/10.1016/S0140-6736(23)02750-2).

Huomiot:	Age standardised estimates
Määritelmät:	Combined prevalence of BMI < -2SD and BMI > 2SD (double burden of thinness and obesity)
Cutoffs:	BMI < -2SD and BMI > 2SD

Riittävä määrä liikunta

Lapset, 2016



Tutkimustyyppi:

Itse ilmoitettu

Ikä:

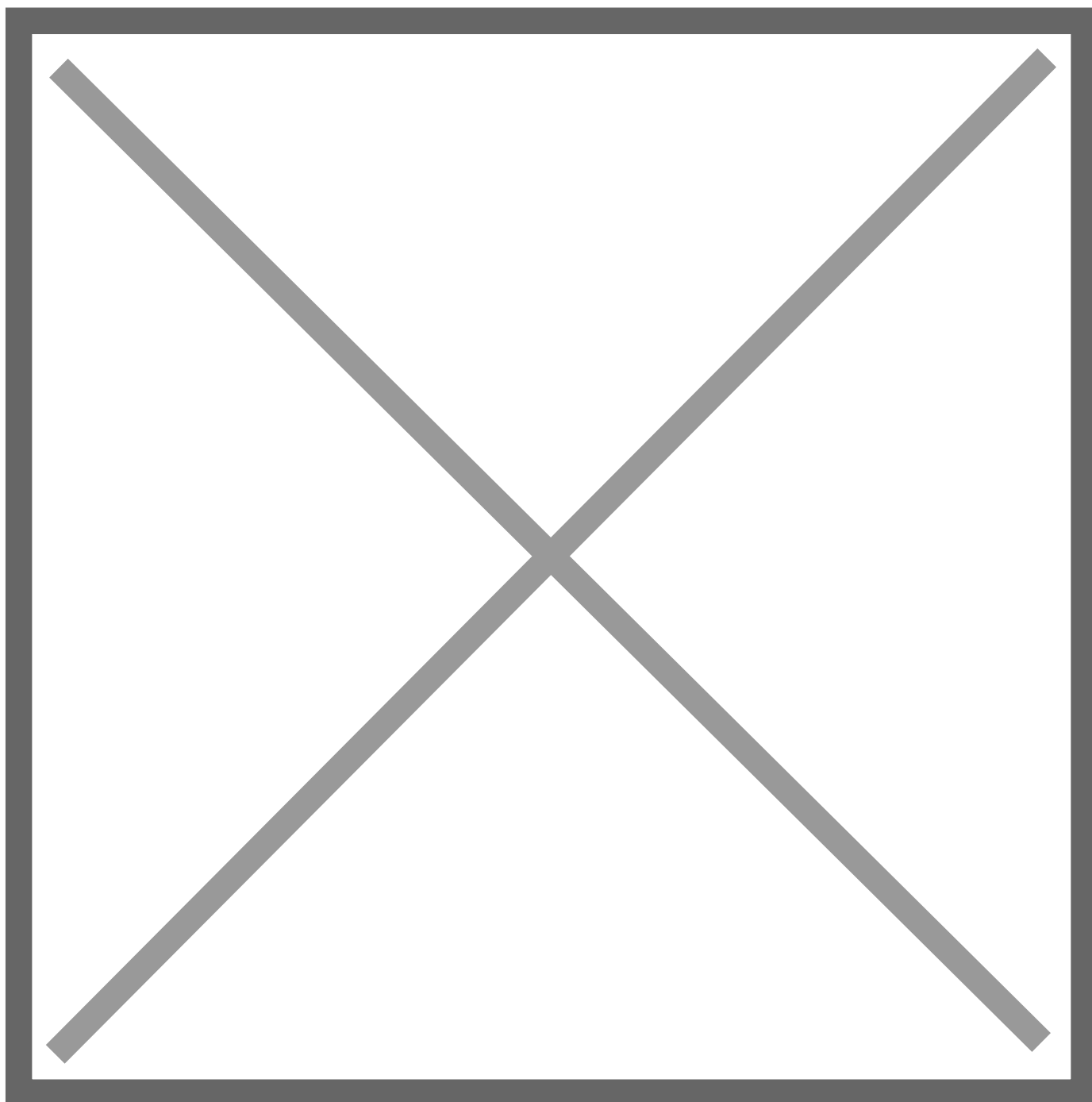
11-17

Viitteet:

Global Health Observatory data repository, World Health Organisation,
<https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

Huomiot:	% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.
Määritelmät:	% Adolescents insufficiently active (age standardised estimate)

Pojat, 2016

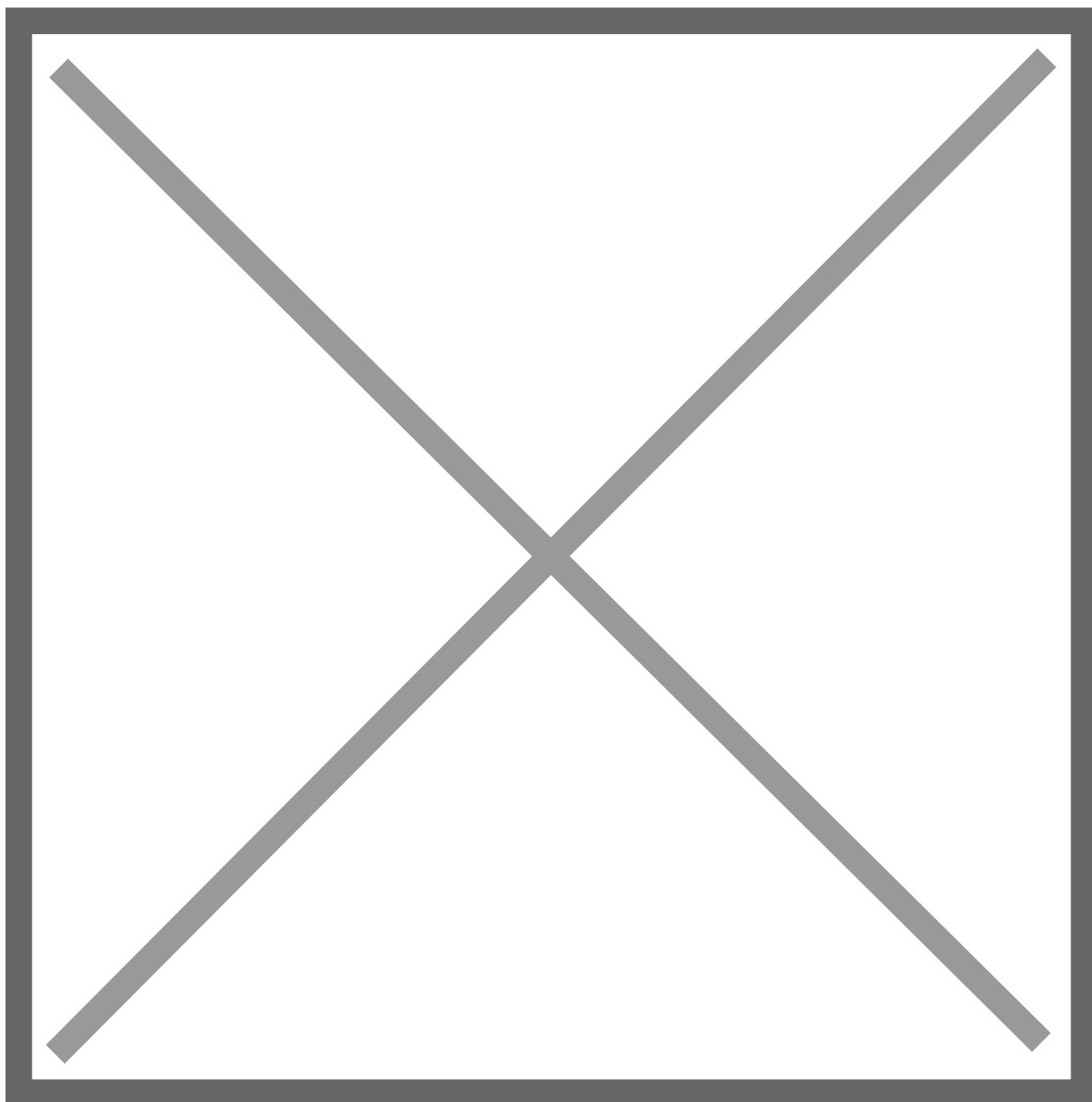


Tutkimustyyppi:	Itse ilmoitettu
Ikä:	11-17
Viitteet:	Global Health Observatory data repository, World Health Organisation, https://apps.who.int/gho/data/node.main.A893ADO?lang=en (last accessed 16.03.21)
Huomiot:	% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Määritelmät:

% Adolescents insufficiently active (age standardised estimate)

Työntö, 2016



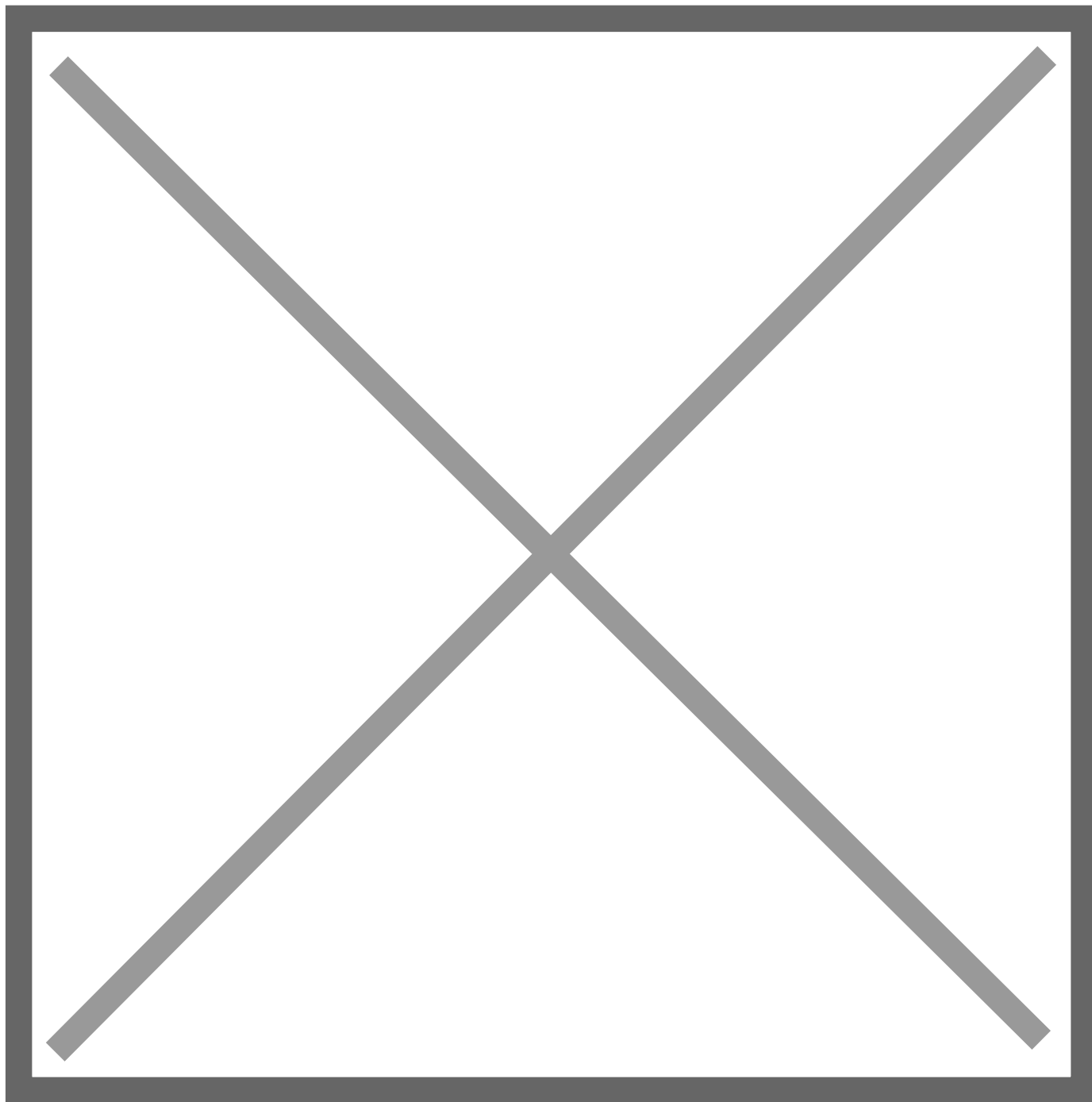
Tutkimustyyppi:	Itse ilmoitettu
Ikä:	11-17
Viitteet:	Global Health Observatory data repository, World Health Organisation, https://apps.who.int/gho/data/node.main.A893ADO?lang=en (last accessed 16.03.21)
Huomiot:	% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Määritelmät:

% Adolescents insufficiently active (age standardised estimate)

Mielenterveys- ja masennustilat

Lapset, 2021



Peittoalue:

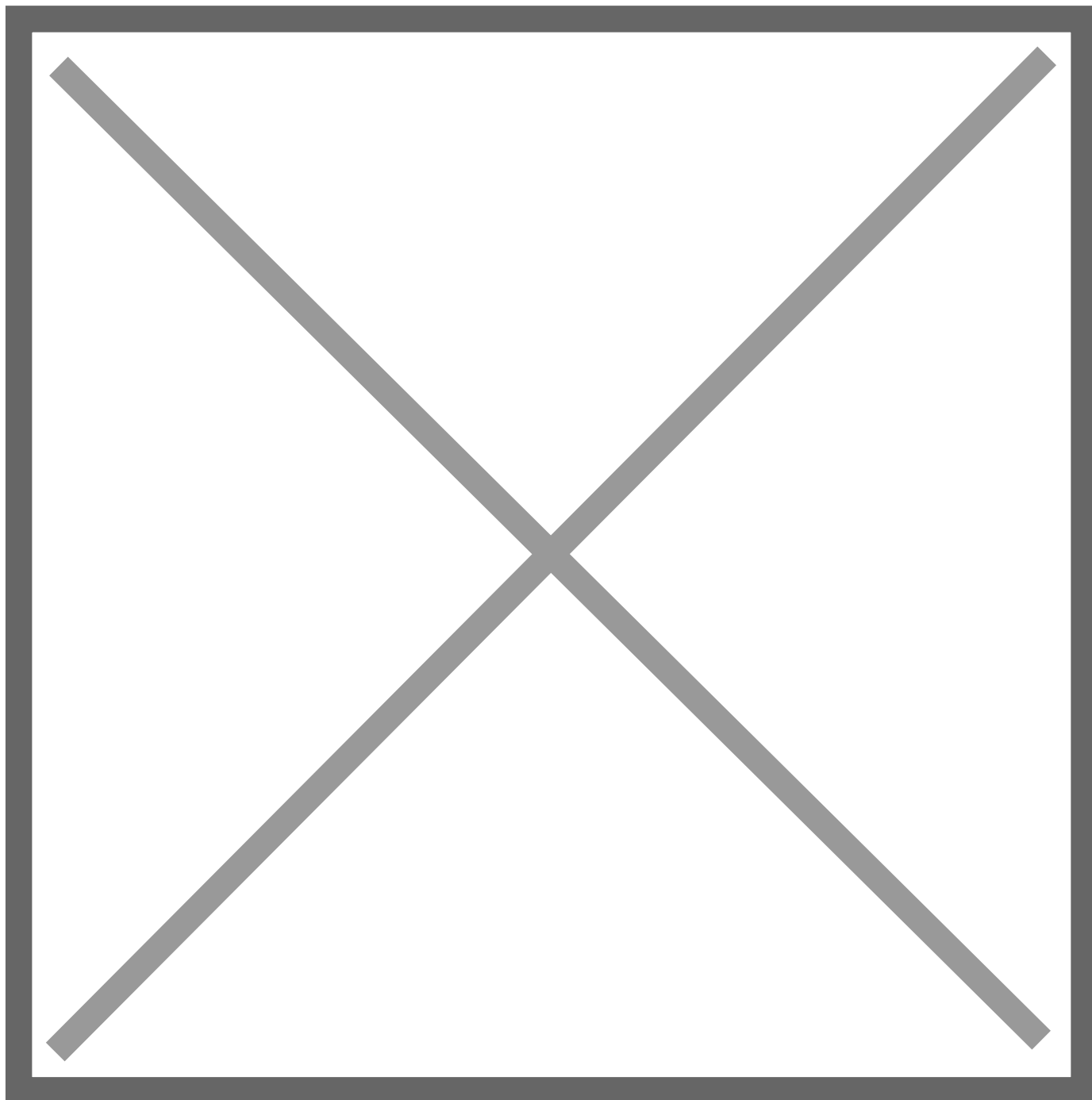
Kansallinen

Viitteet:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Määritelmät:

Number living with depressive disorder per 100,000 population (Under 20 years of age)

Pojat, 2021**Peittoalue:**

Kansallinen

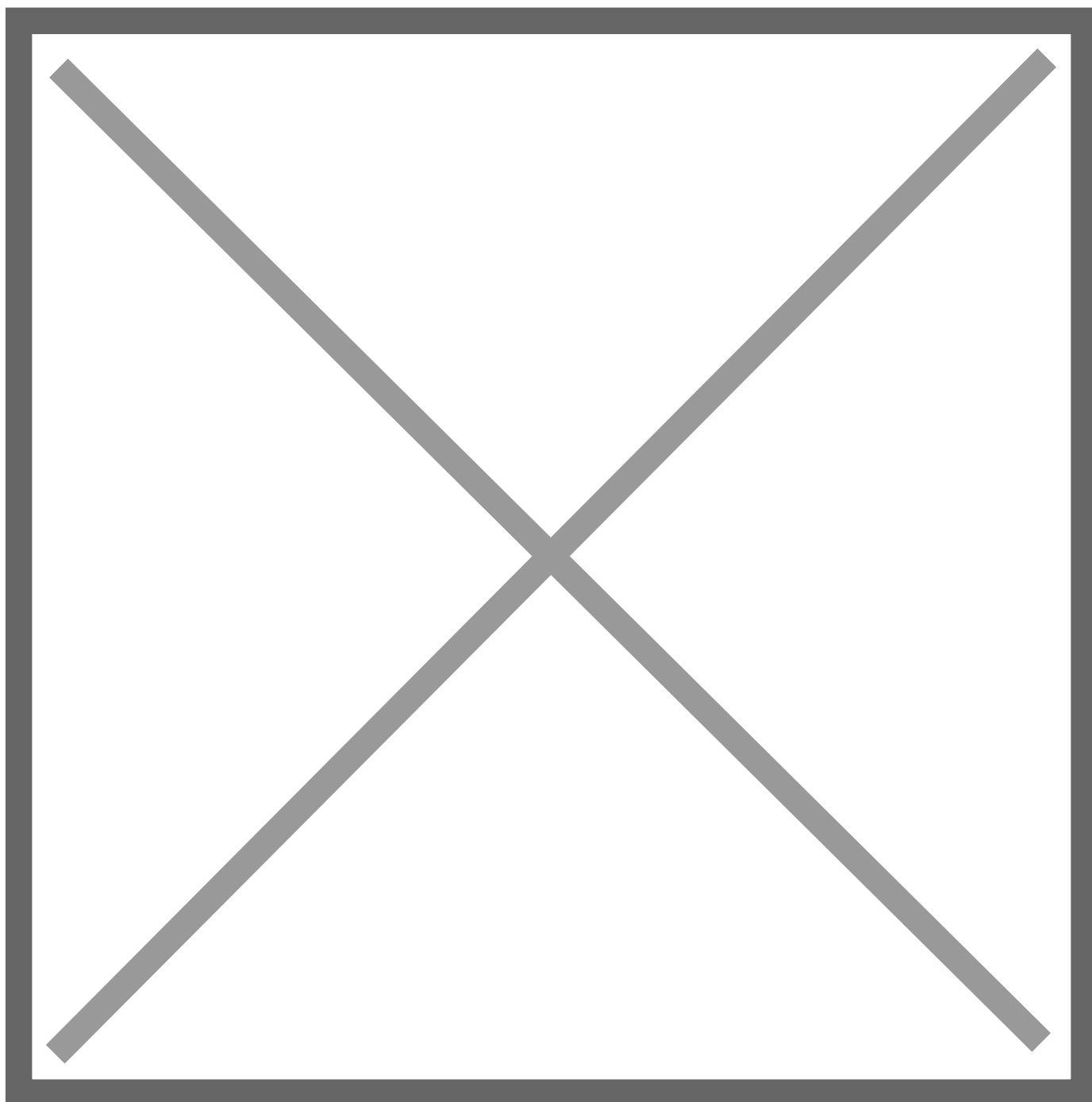
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Määritelmät:

Number living with depressive disorder per 100,000 population (Under 20 years of age)

Tytöille, 2021



Peittoalue:

Kansallinen

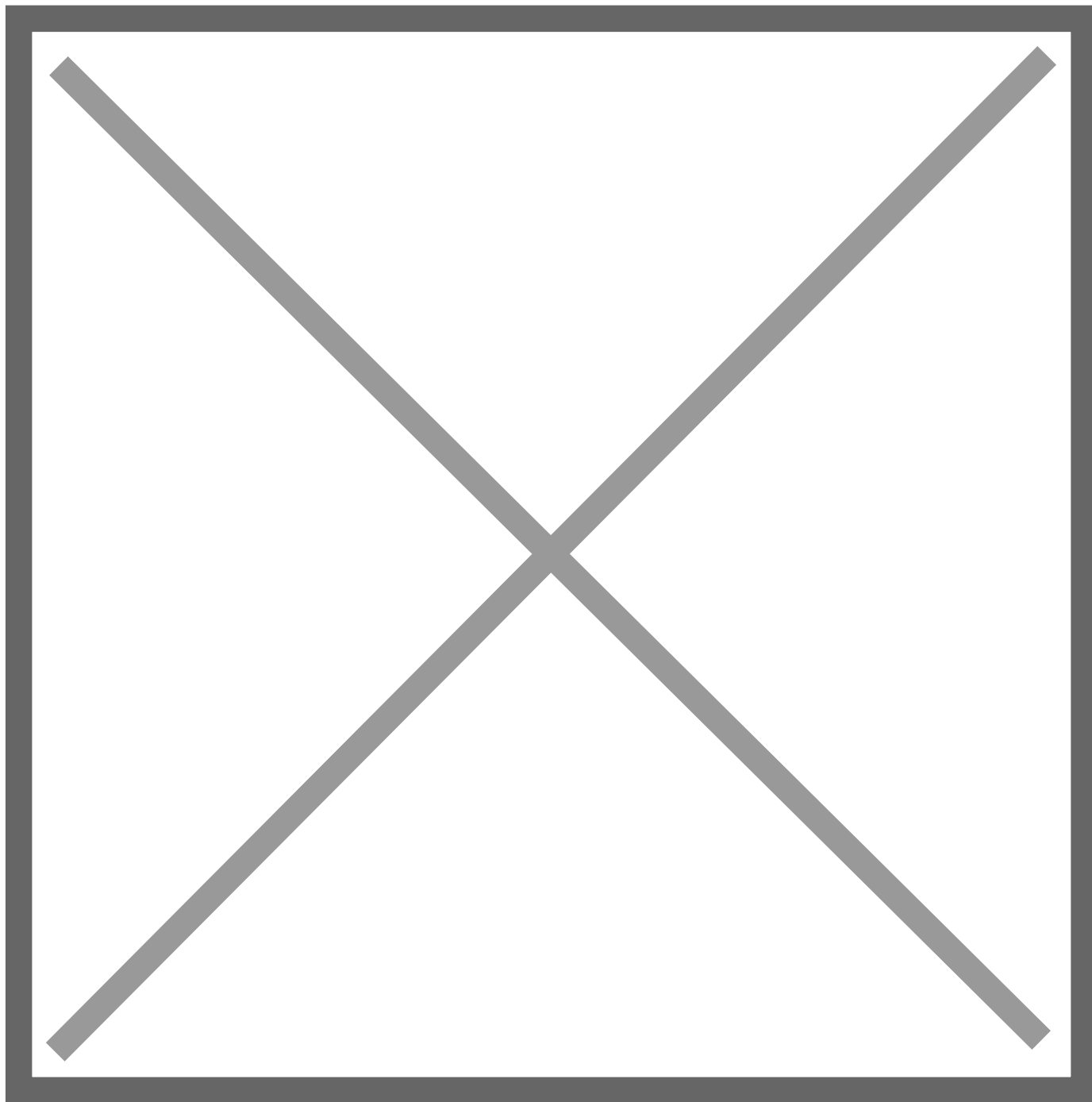
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Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Määritelmät:

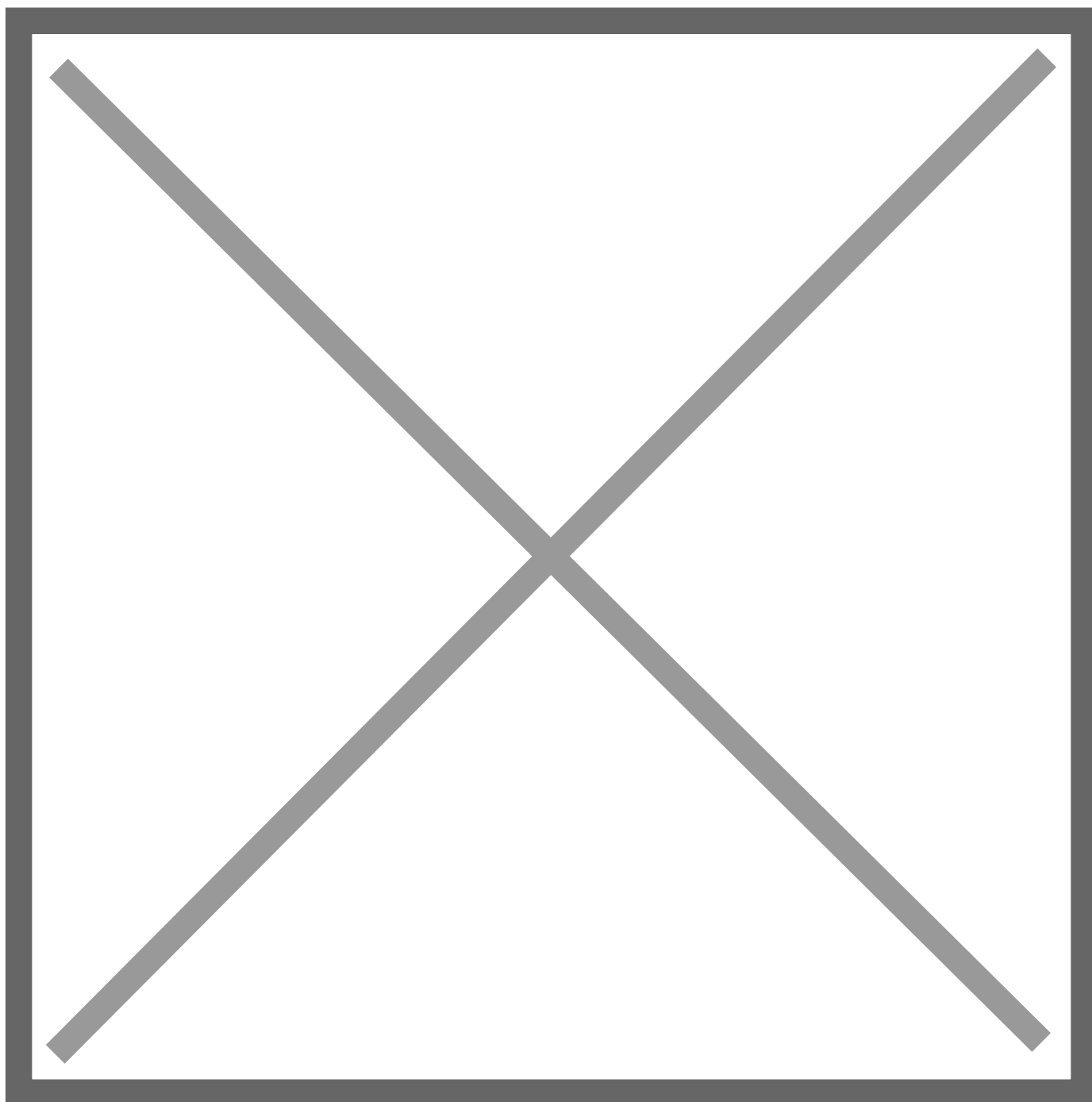
Number living with depressive disorder per 100,000 population (Under 20 years of age)

Lapset, 2021



Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

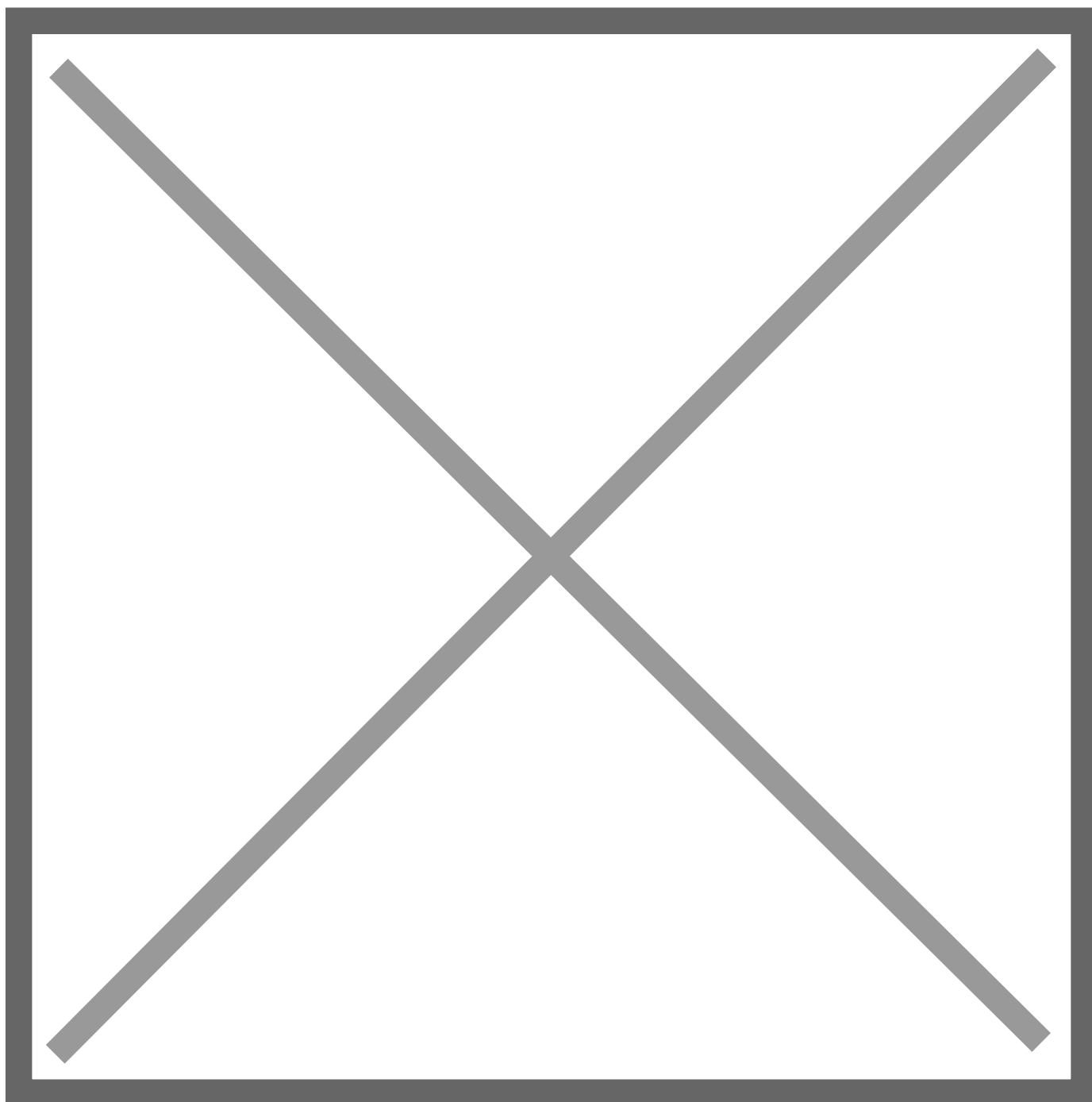
Pojat, 2021



Viitteet:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

TytÅt, 2021



Viitteet:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

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