



Kolumbia



Country report card - children

This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children, including adolescents (aged 5 to 18 years). Where available, data on common and relevant obesity drivers and comorbidities are also presented.

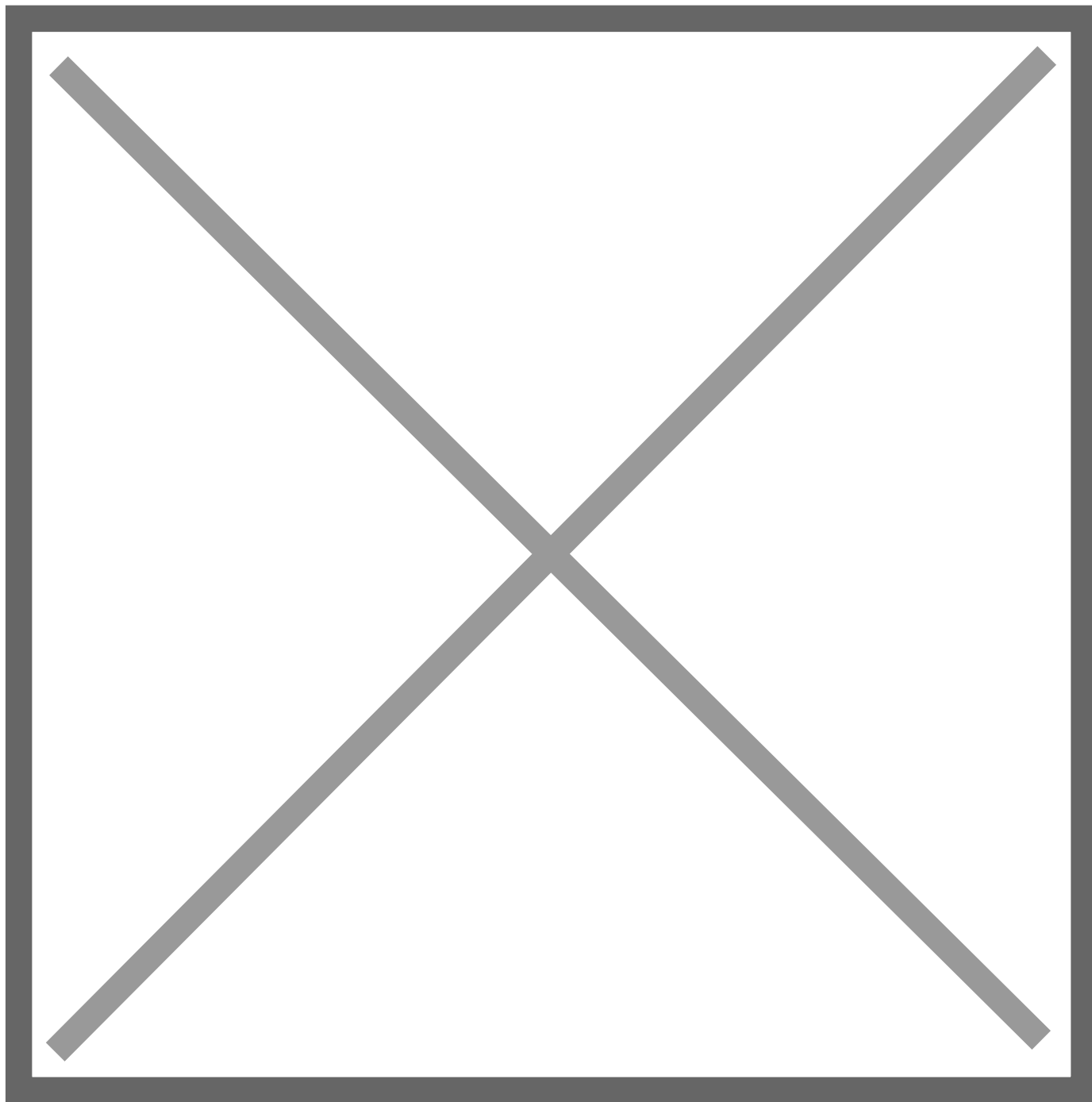
View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/colombia-43/>.

Ryzyko otyłości w skali kraju *7,5/10 This is a composite obesity risk score (out of 10, the highest risk) based on obesity prevalence, rate of increase, likelihood of meeting the 2025 target, treatment indicator and childhood stunting levels. Ryzyko otyłości u dzieci *6,5/11 This is a risk score for each country's likelihood of having or acquiring a major childhood obesity problem during the 2020s, taking account of current prevalence levels and risk for future obesity (based on stunting among infants, maternal obesity, maternal smoking, and breastfeeding rates).

* Na podstawie danych szacunkowych. Aby uzyskać więcej informacji, zobacz Publikacje

Występowanie otyłości

Dzieci, 2018



Typ ankiety:	Dane obserwowane
Wiek:	5-17
Liczba próby:	385

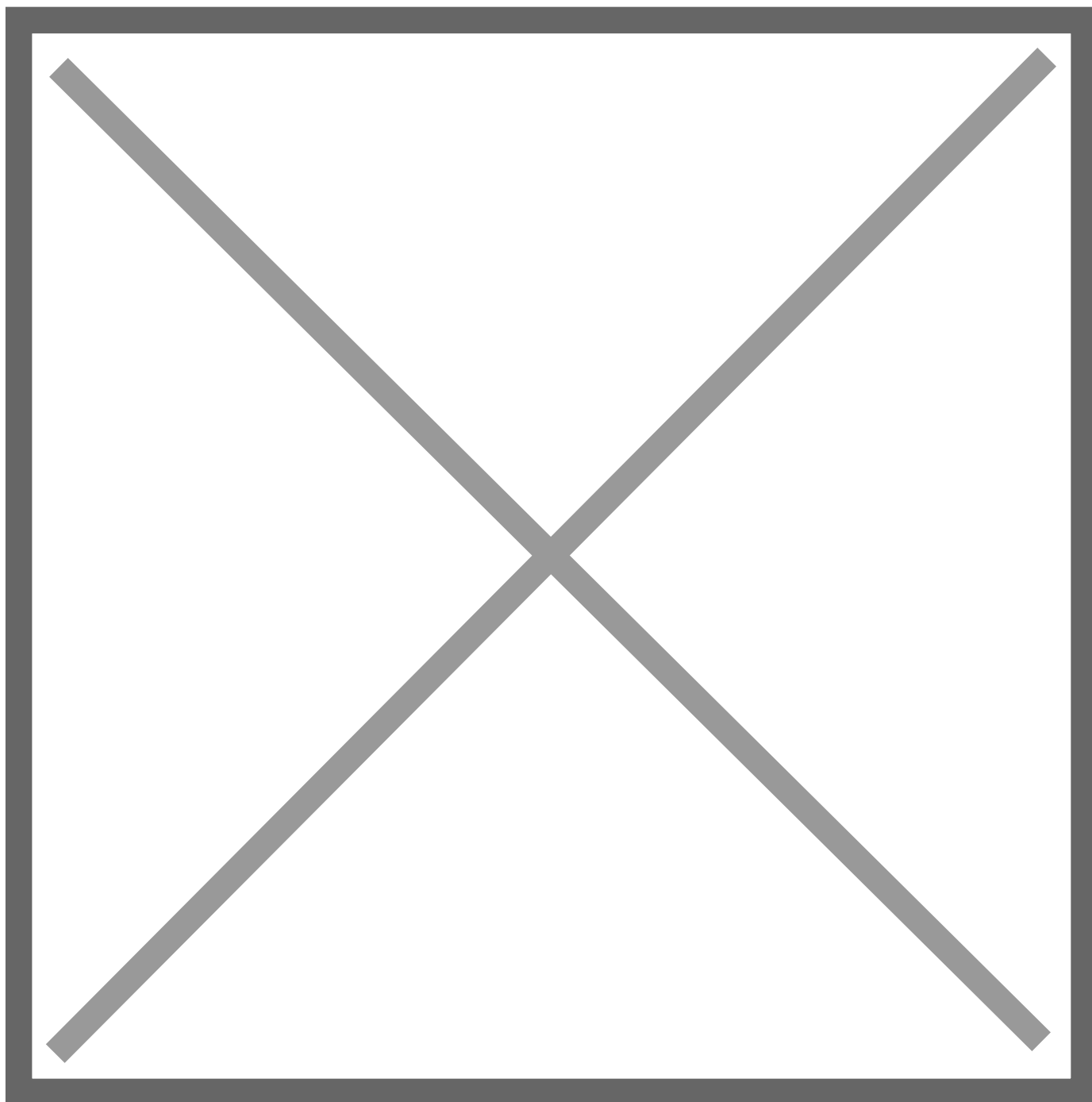
**Objęty
obszar:**

Obszar miejski

Bibliografia:	Jimenez-Mora, Mario A et al. "Association of Overweight, Obesity and Abdominal Obesity with Socioeconomic Status and Educational Level in Colombia." Diabetes, metabolic syndrome and obesity : targets and therapy vol. 13 1887-1898. 3 Jun. 2020, doi:10.2147/DMSO.S244761
Uwagi:	PLEASE NOTE SMALL SAMPLE SIZE Conflicting age ranges presented in paper. The Child data may be either 2-17 years of 5-17 years. It has been assumed 5-17 years, though author has been contacted to confirm.
Definicje (dostępne tylko w języku angielskim):	Cut offs. 25-59 months BMI for Age Z Score $>1 \leq 3$ for overweight, >3 Obesity 5-17 years BMI for Age Z Score $>1 \leq 2$ for overweight, > 2 Obesity

Nadwaga/otyłość według wykształcenia

Dzieci, 2015-2016



Typ ankiety:	Dane obserwowane
Wiek:	5-12
Liczba próby:	21,497

**Objęty
obszar:**

Krajowe

Bibliografia:

Libro ENSIN 2015. Available at: <https://www.minsalud.gov.co/> [Accessed 18.07.25]

**Definicje
(dostępne
tylko w języku
angielskim):**

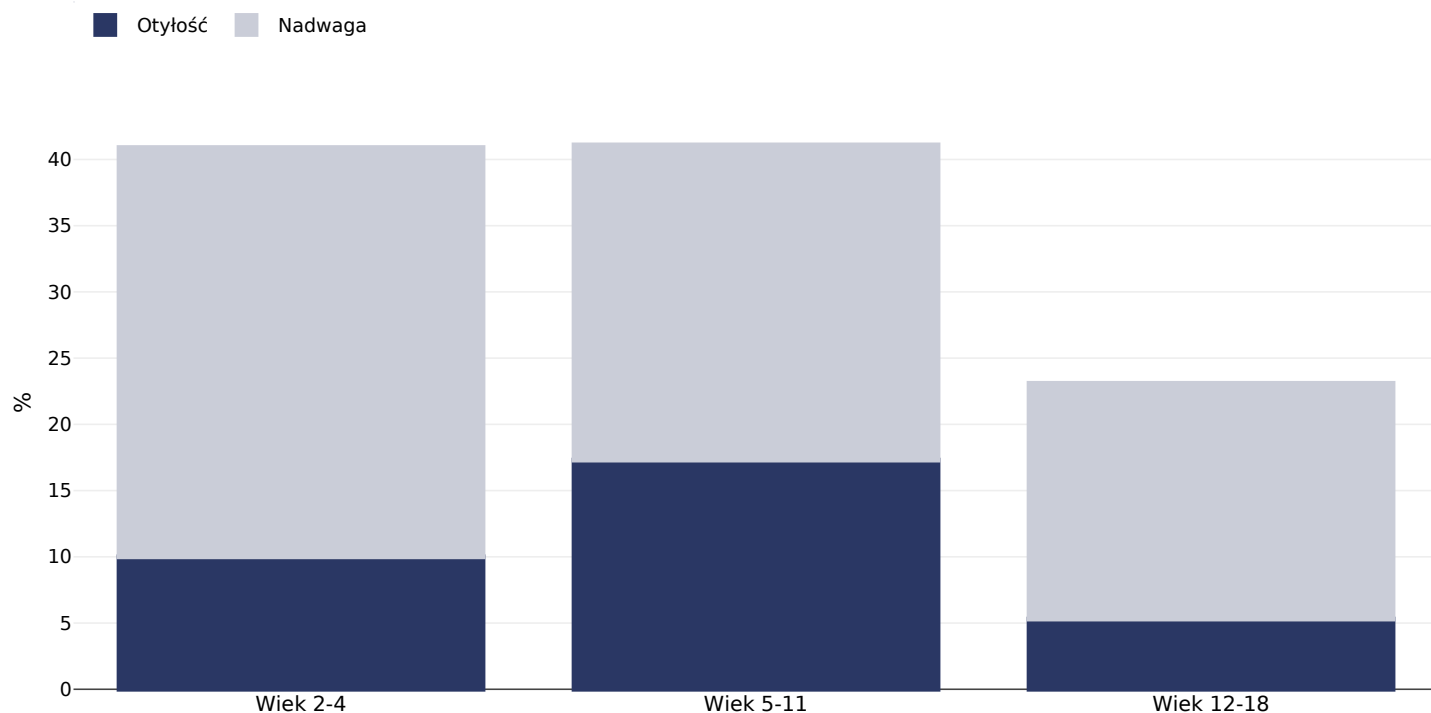
Highest level of completed education of the head of household

Cutoffs:

WHO

Nadwaga/otyłość według wieku

Dzieci, 2018



Typ ankiety:

Dane obserwowane

Liczba próby:

385

Objęty obszar:

Obszar miejski

Bibliografia:

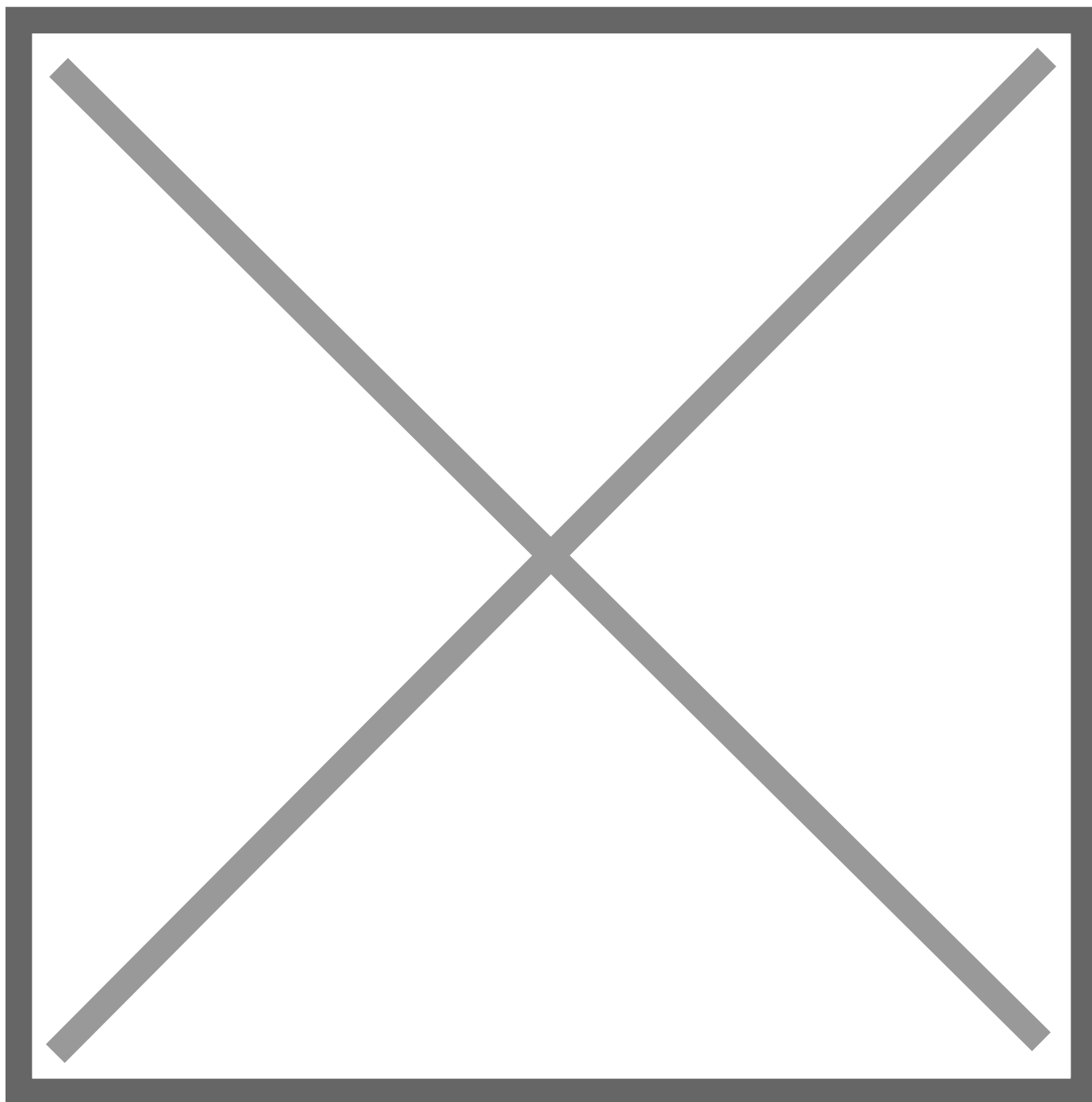
Jimenez-Mora, Mario A et al. "Association of Overweight, Obesity and Abdominal Obesity with Socioeconomic Status and Educational Level in Colombia." Diabetes, metabolic syndrome and obesity : targets and therapy vol. 13 1887-1898. 3 Jun. 2020, doi:10.2147/DMSO.S244761

Uwagi:

PLEASE NOTE SMALL SAMPLE SIZE Conflicting age ranges presented in paper. The Child data may be either 2-17 years of 5-17 years. It has been assumed 5-17 years, though author has been contacted to confirm. Cut offs. 25-59 months BMI for Age Z Score $>1 \leq 3$ for overweight, >3 Obesity 5-17 years BMI for Age Z Score $>1 \leq 2$ for overweight, > 2 Obesity

Nadwaga/otyłość według regionu

Dzieci, 2018



Typ ankiety:	Dane obserwowane
Wiek:	5-17
Liczba prób:	385

**Objekt
obszar:**

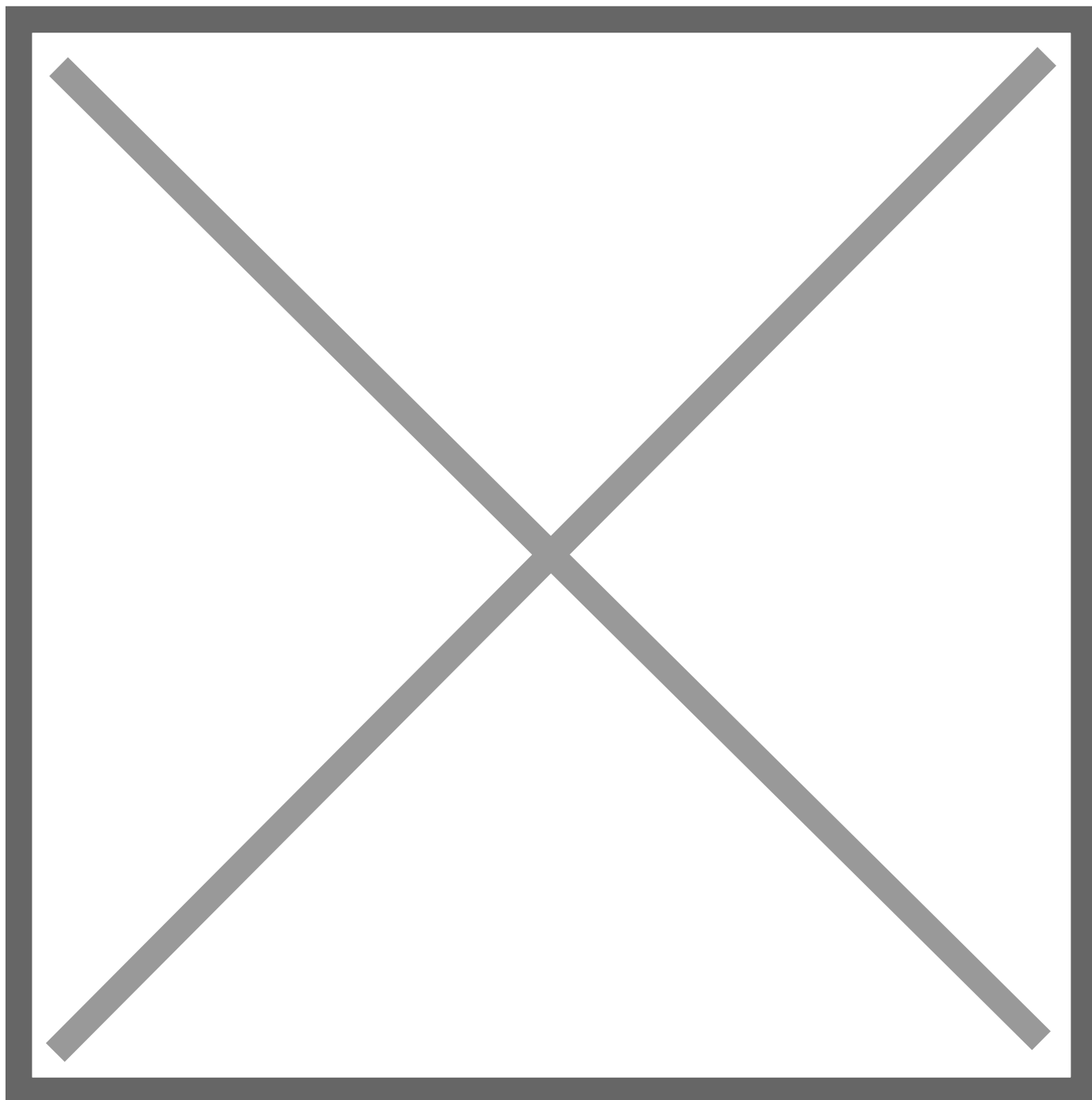
Obszar miejski

Bibliografia: Jimenez-Mora, Mario A et al. "Association of Overweight, Obesity and Abdominal Obesity with Socioeconomic Status and Educational Level in Colombia." Diabetes, metabolic syndrome and obesity : targets and therapy vol. 13 1887-1898. 3 Jun. 2020, doi:10.2147/DMSO.S244761

Uwagi: PLEASE NOTE SMALL SAMPLE SIZE Conflicting age ranges presented in paper. The Child data may be either 2-17 years of 5-17 years. It has been assumed 5-17 years, though author has been contacted to confirm. Cut offs. 25-59 months BMI for Age Z Score $>1 \leq 3$ for overweight, >3 Obesity 5-17 years BMI for Age Z Score $>1 \leq 2$ for overweight, > 2 Obesity

Nadwaga/otyłość odczuwana według grupy społeczno-ekonomicznej

Dzieci, 2018



Typ ankiety:

Dane obserwowane

Wiek:

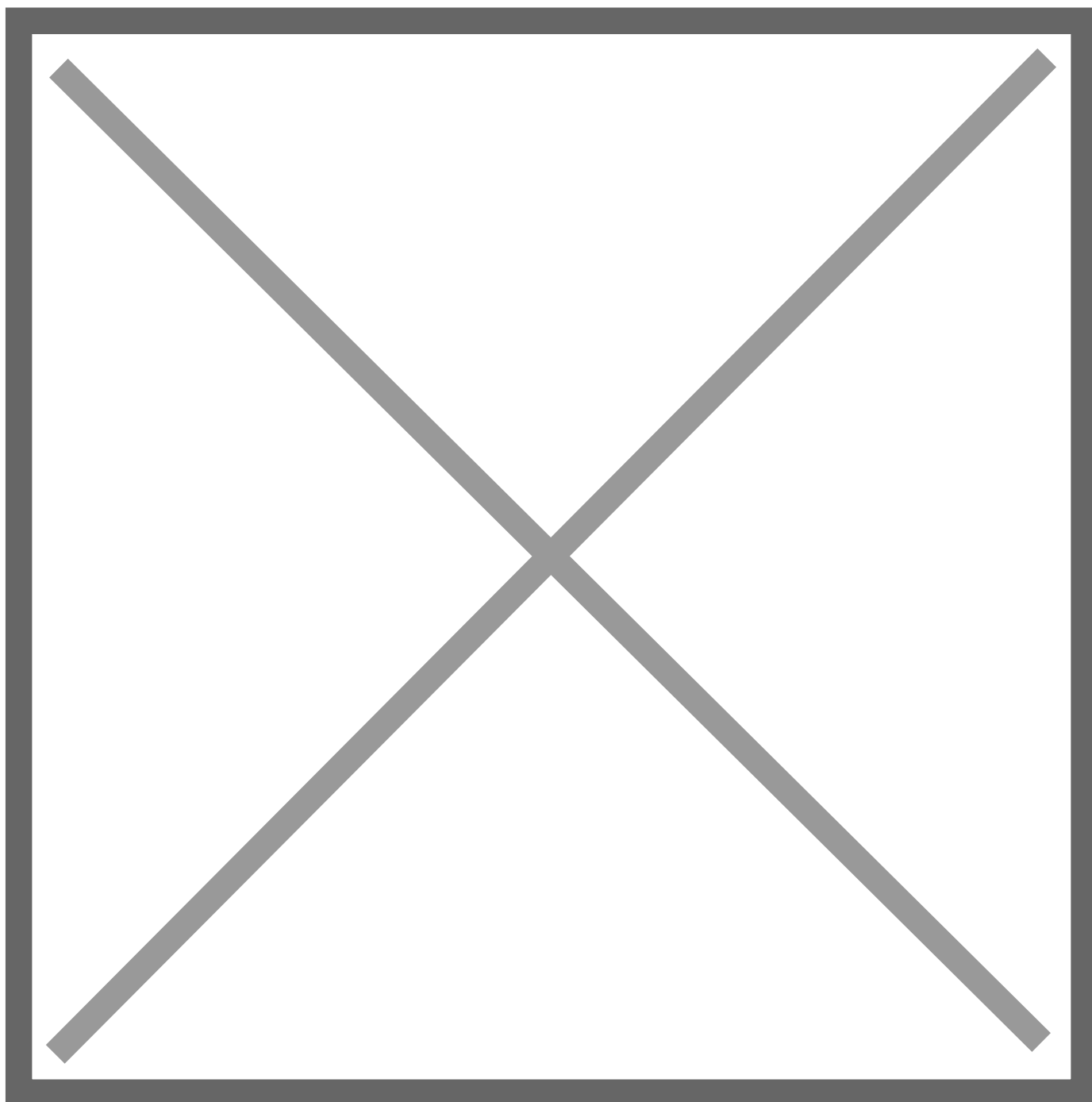
5-17

Liczba prób:	385
Objęty obszar:	Obszar miejski
Bibliografia:	Jimenez-Mora, Mario A et al. "Association of Overweight, Obesity and Abdominal Obesity with Socioeconomic Status and Educational Level in Colombia." Diabetes, metabolic syndrome and obesity : targets and therapy vol. 13 1887-1898. 3 Jun. 2020, doi:10.2147/DMSO.S244761
Uwagi:	PLEASE NOTE SMALL SAMPLE SIZE Conflicting age ranges presented in paper. The Child data may be either 2-17 years of 5-17 years. It has been assumed 5-17 years, though author has been contacted to confirm. Cut offs. 25-59 months BMI for Age Z Score $>1 \leq 3$ for overweight, >3 Obesity 5-17 years BMI for Age Z Score $>1 \leq 2$ for overweight, > 2 Obesity

Nadwaga/otyłość według pochodzenia etnicznego

Ethnic groups are as defined by publication of origin and are not as defined by WOF. In some instances ethnicity is conflated with nationality and/or race.

Dzieci, 2015-2016

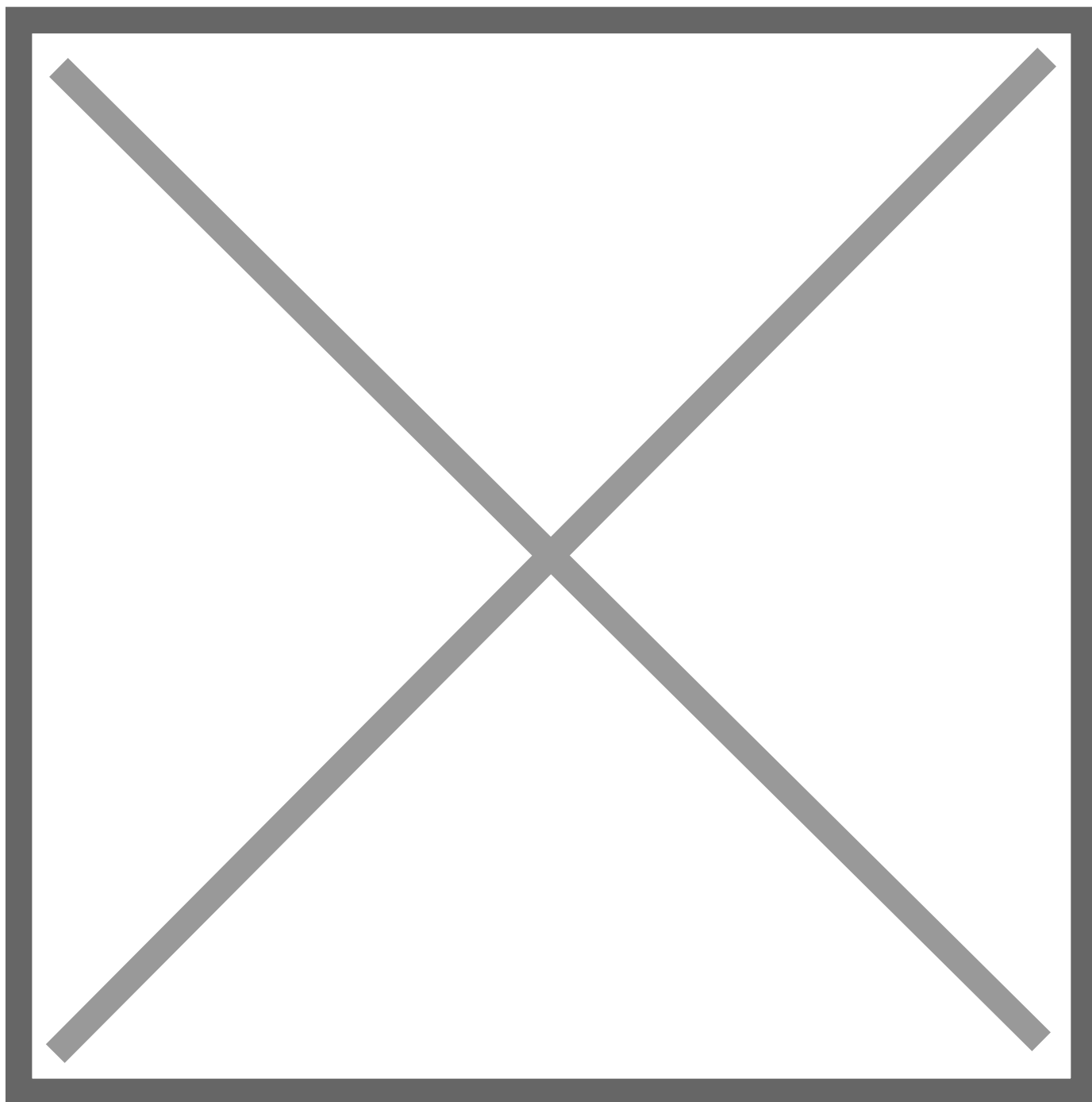


Typ ankiety:	Dane obserwowane
Wiek:	5-12
Liczba próby:	20,382
Objęty obszar:	Krajowe
Bibliografia:	Libro ENSIN 2015. (2020). Available at: https://www.minsalud.gov.co/ [Accessed 18.07.25]

Uwagi:	NB. Obesity prevalence in indigenous population flagged for high variability, estimate should be used with caution
Cutoffs:	WHO

Double burden of underweight & overweight

Dzieci, 2022



Typ ankiety:

Dane obserwowane

Wiek:

5-19

Bibliografia:

NCD Risk Factor Collaboration (NCD-RisC). Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population representative studies with 222 million children, adolescents, and adults. Lancet 2024; published online Feb 29. [https://doi.org/10.1016/S0140-6736\(23\)02750-2](https://doi.org/10.1016/S0140-6736(23)02750-2).

Uwagi:

Age standardised estimates

Definicje
(dostępne
tylko w języku
angielskim):

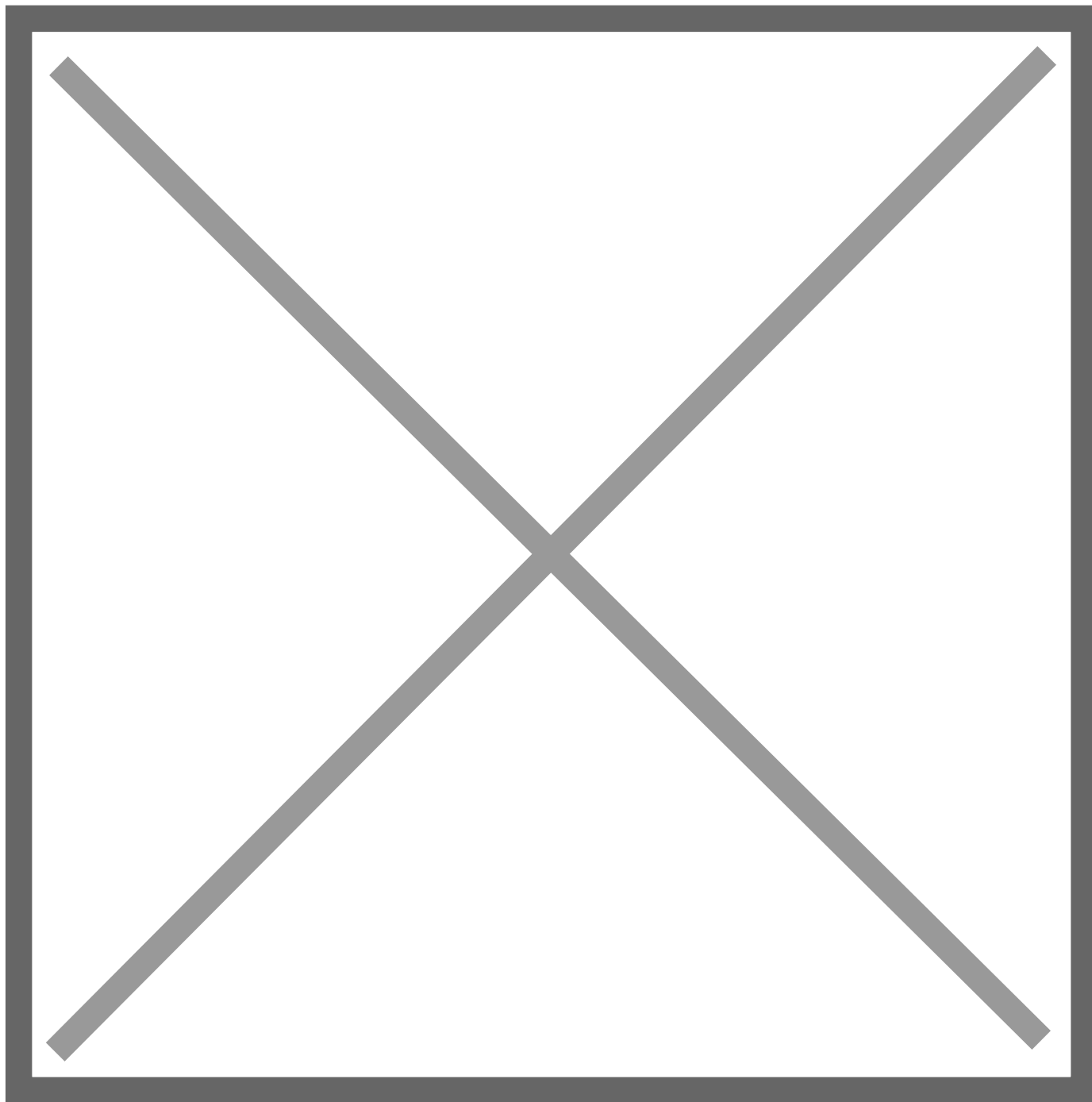
Combined prevalence of BMI < -2SD and BMI > 2SD (double burden of thinness and obesity)

Cutoffs:

BMI < -2SD and BMI > 2SD

Niewystarczająca aktywność fizyczna

Dzieci, 2016



Typ ankiety:

Dane deklarowane

Wiek:

11-17

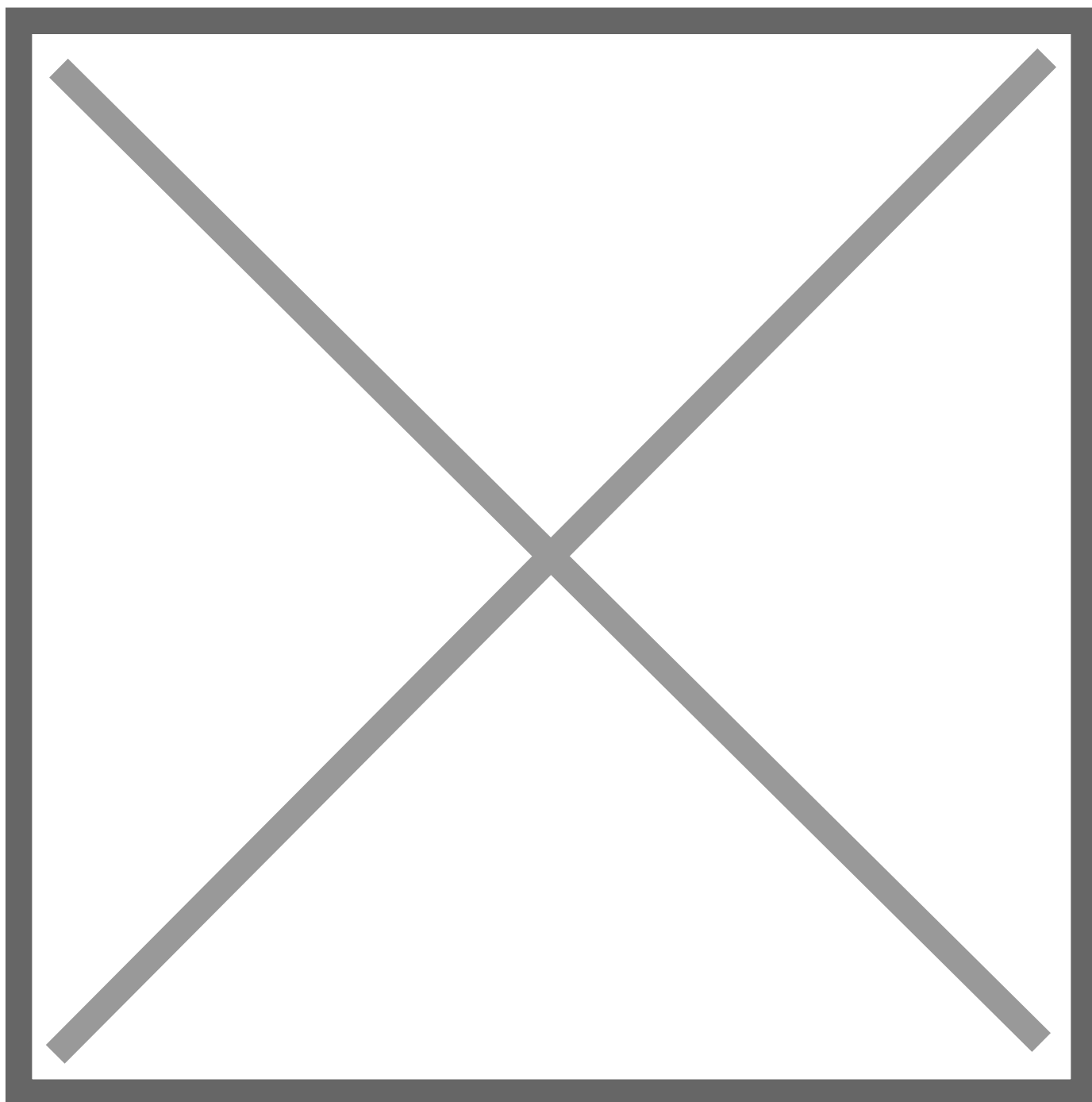
Bibliografia:

Global Health Observatory data repository, World Health Organisation,
<https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

Uwagi: % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definicje
(dostępne tylko w języku angielskim): % Adolescents insufficiently active (age standardised estimate)

Chłonopcy, 2016

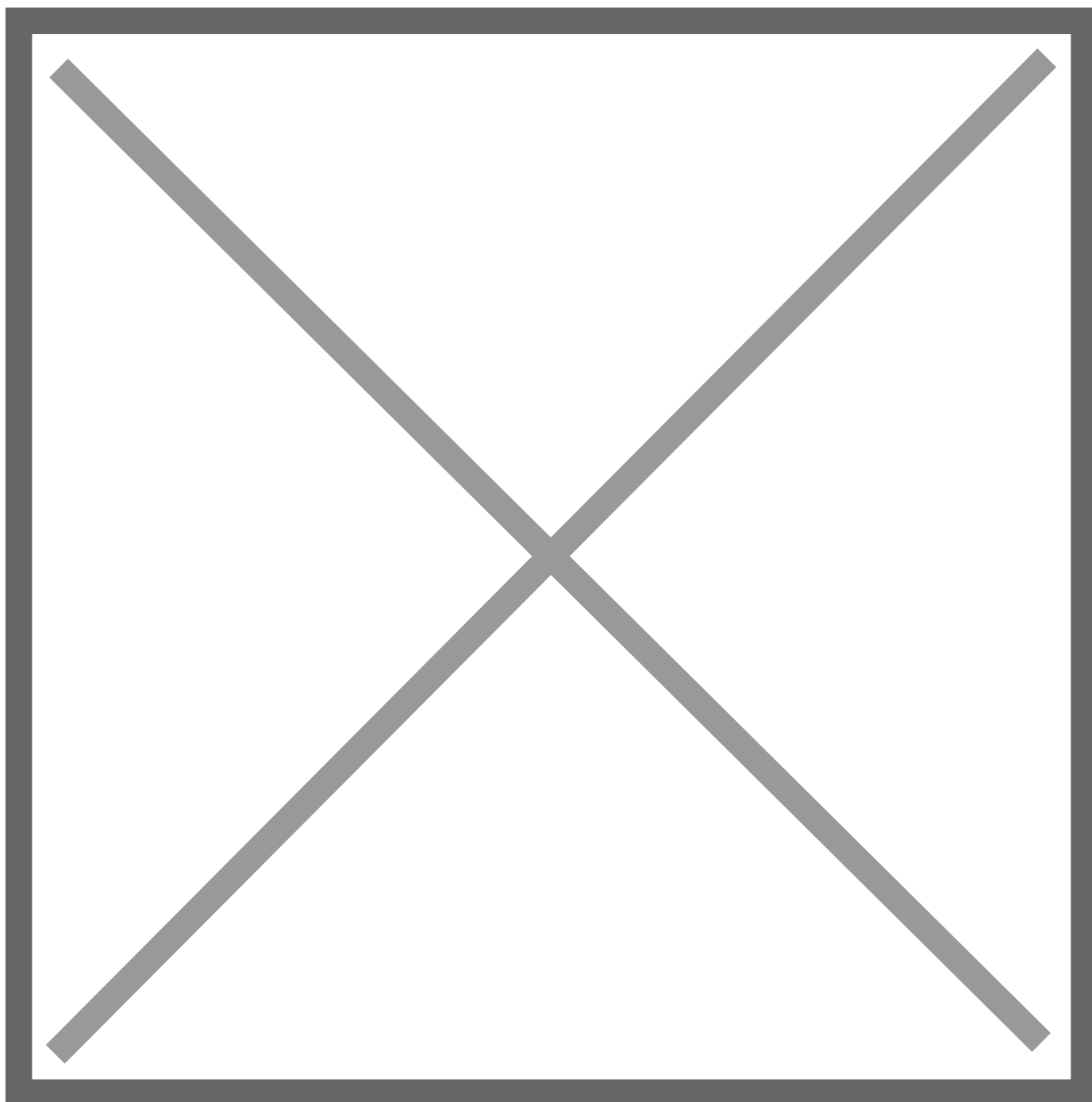


Typ ankiety:	Dane deklarowane
Wiek:	11-17
Bibliografia:	Global Health Observatory data repository, World Health Organisation, https://apps.who.int/gho/data/node.main.A893ADO?lang=en (last accessed 16.03.21)
Uwagi:	% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definicje
(dostępne
tylko w języku
angielskim):

% Adolescents insufficiently active (age standardised estimate)

Dziewcząt, 2016



Typ ankiety:

Dane deklarowane

Wiek:

11-17

Bibliografia:

Global Health Observatory data repository, World Health Organisation,
<https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

Uwagi:

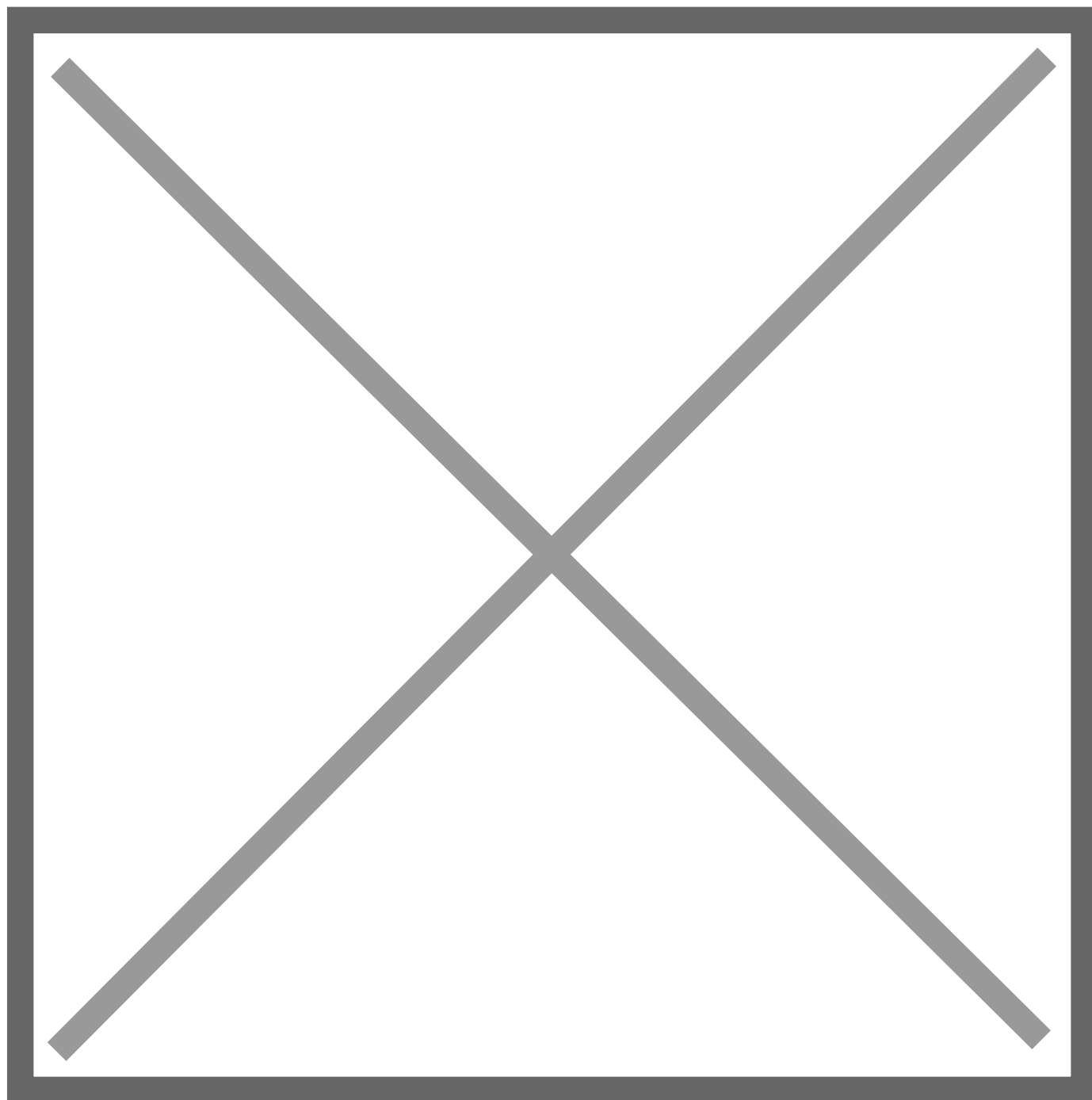
% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definicje
(dostępne
tylko w języku
angielskim):

% Adolescents insufficiently active (age standardised estimate)

Zdrowie psychiczne i zaburzenia depresyjne

Dzieci, 2021



Objęty
obszar:

Krajowe

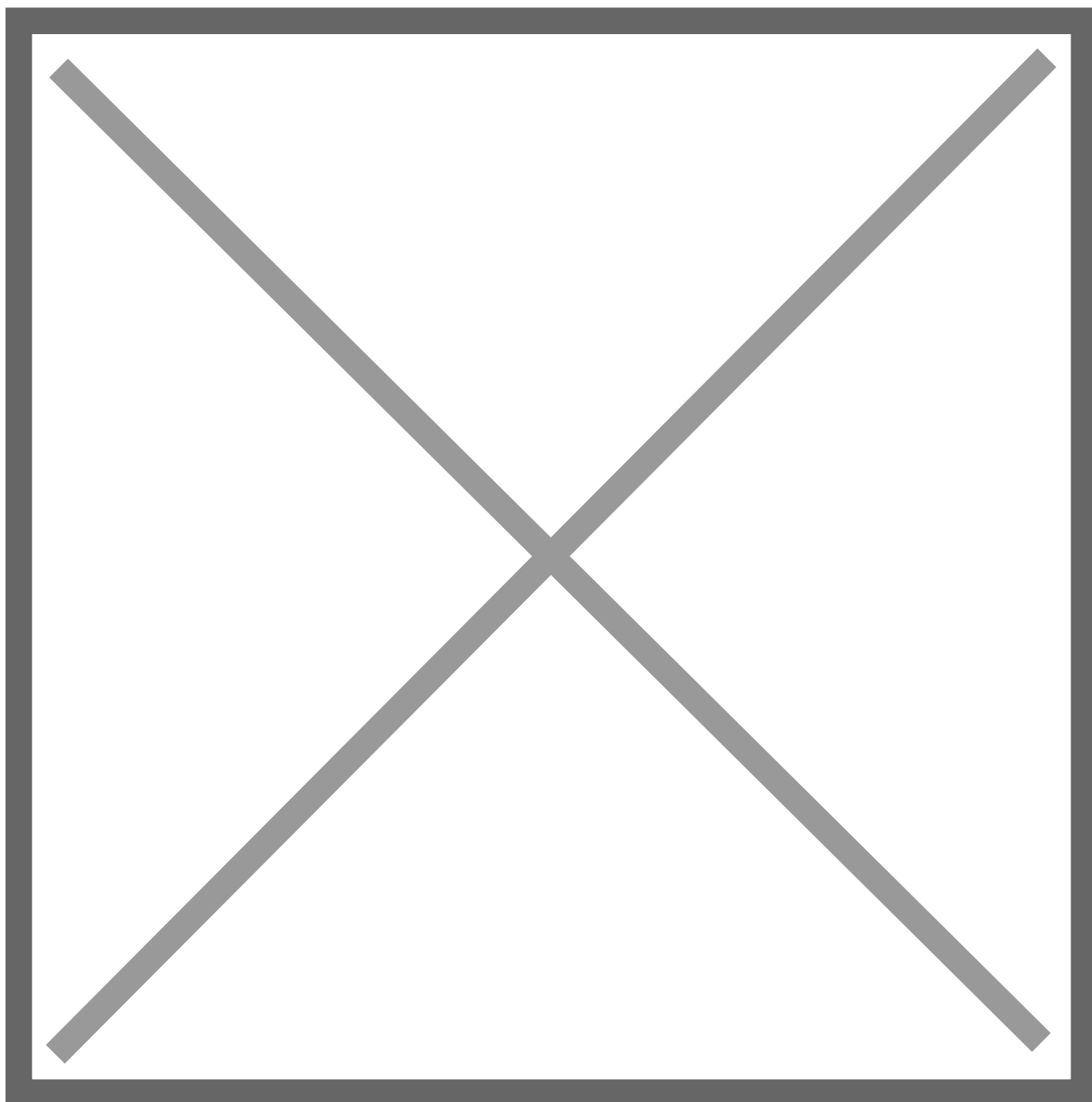
Bibliografia:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Definicje
(dostępne
tylko w języku
angielskim):

Number living with depressive disorder per 100,000 population (Under 20 years of age)

Chęć opcy, 2021

**Objęty
obszar:**

Krajowe

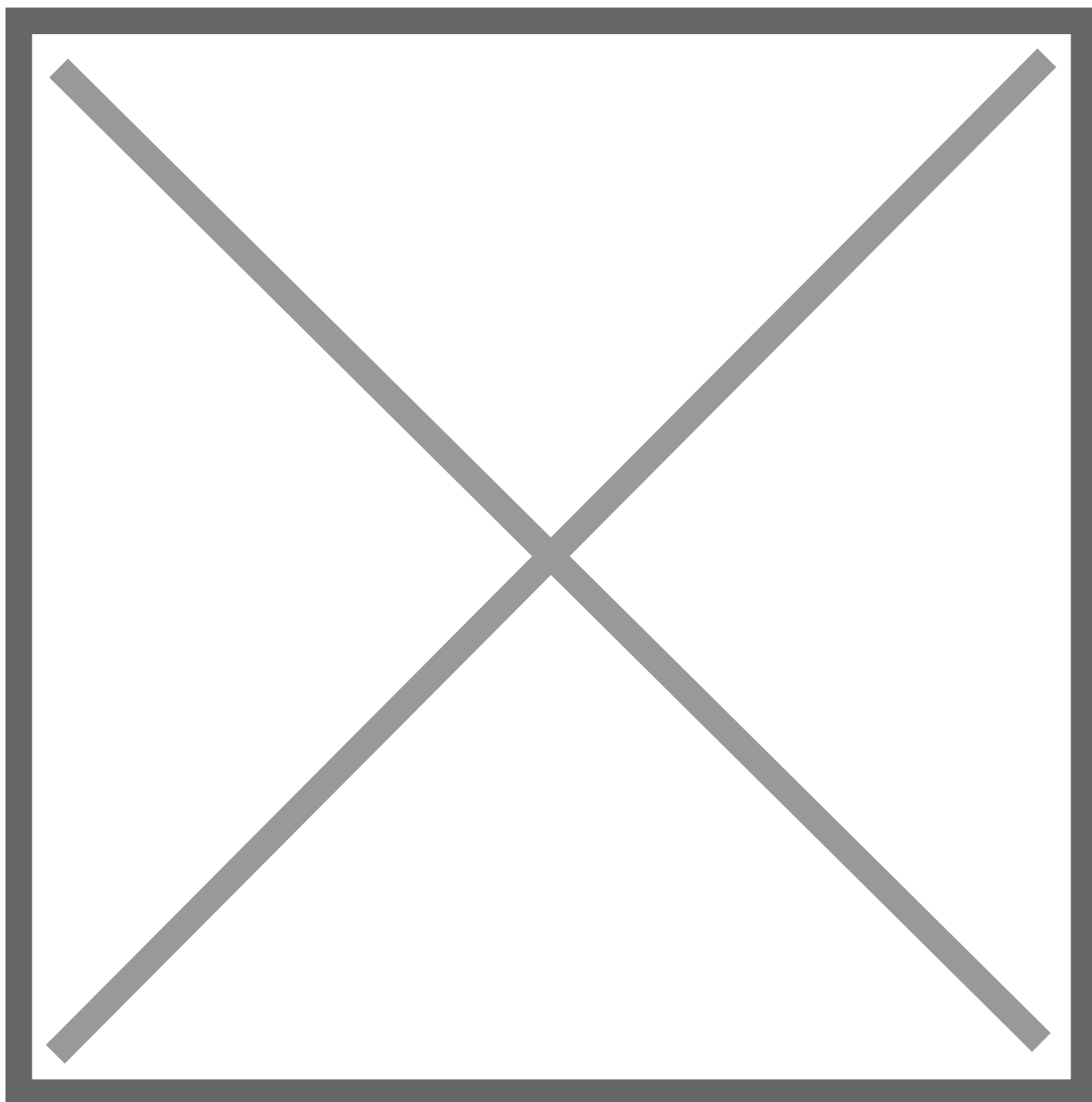
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(dostępne
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Dziewcząt, 2021

**Objęty
obszar:**

Krajowe

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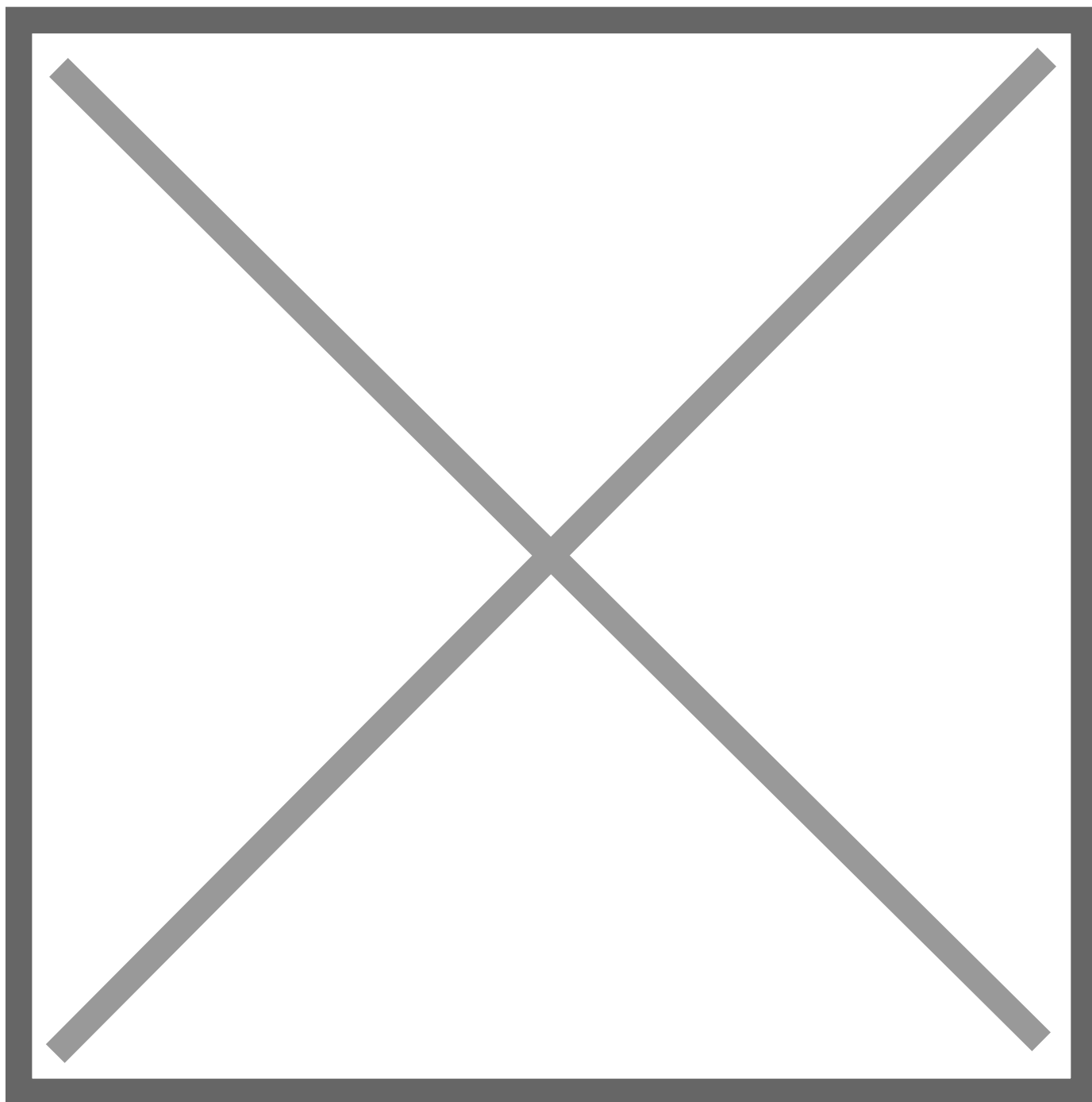
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Definicje
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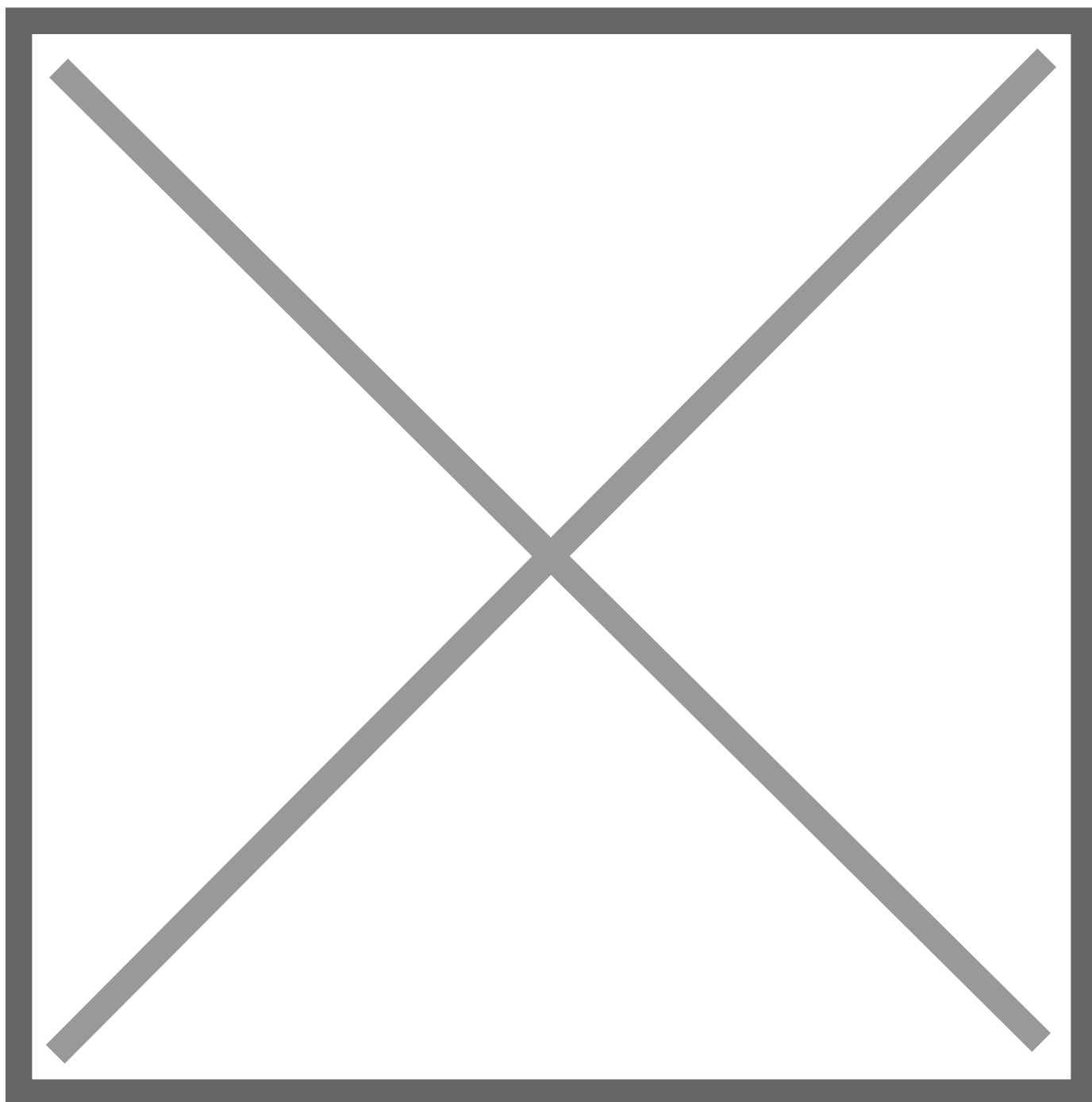
Zdrowie psychiczne i zaburzenia lękowe

Dzieci, 2021

**Bibliografia:**

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

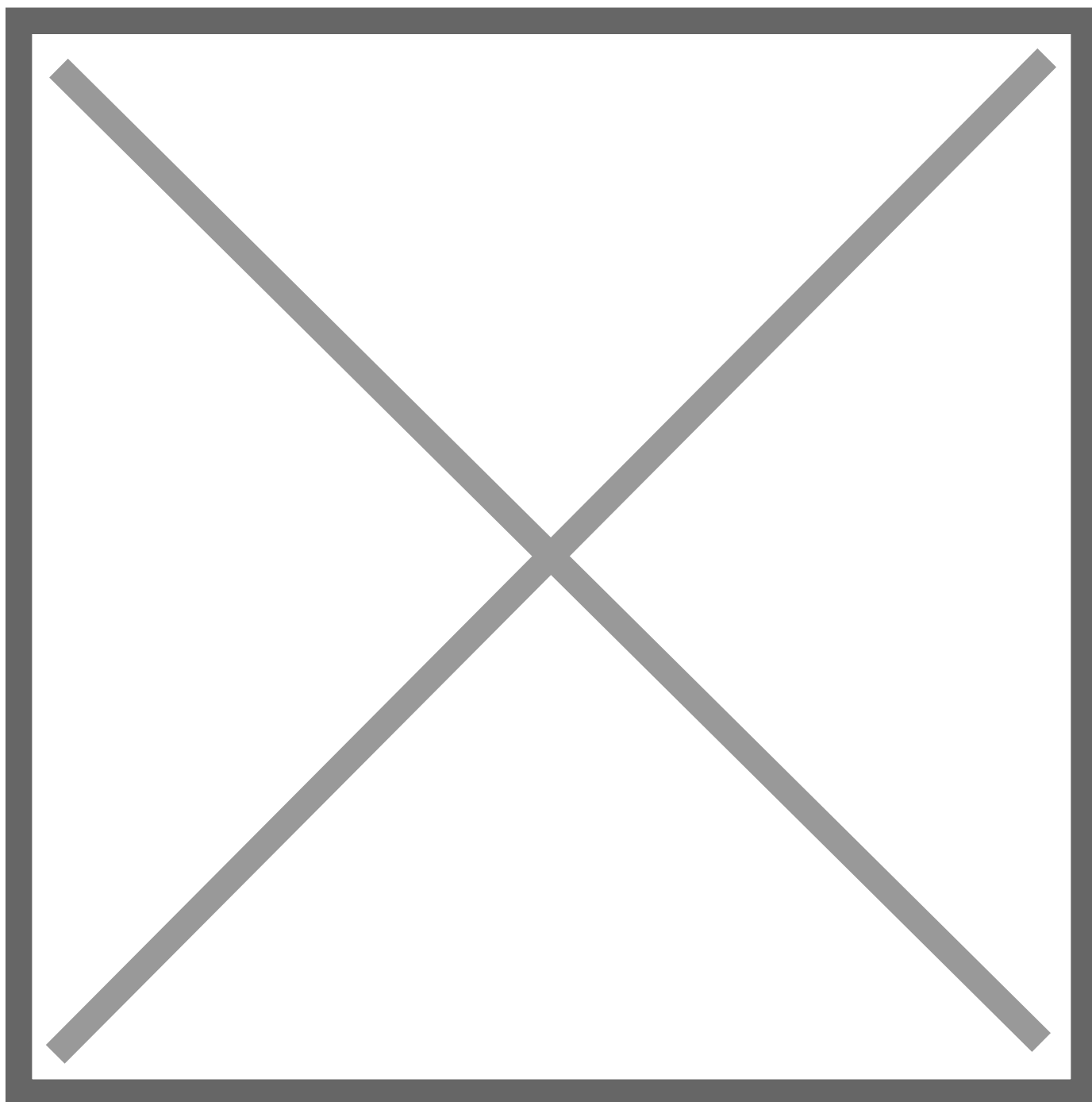
ChA opcy, 2021



Bibliografia:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

DziewczÄ ta, 2021

**Bibliografia:**

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

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