



Colombia



Country report card - children

This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children, including adolescents (aged 5 to 18 years). Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/colombia-43/>.

Az elh   s kock  zata nemzeti szinten *7,5/10This is a composite      obesity risk     score (out of 10, the highest risk) based on obesity prevalence, rate of increase, likelihood of meeting the 2025 target, treatment indicator and childhood stunting levels.A gyermekkori elh   s kock  zata *6,5/11This is a      risk score     for each country     s likelihood of having or acquiring a major childhood obesity problem during the 2020s, taking account of current prevalence levels and risk for future obesity (based on stunting among infants, maternal obesity, maternal smoking, and breastfeeding rates).

* Becs  lt adatok alapj  n. Tov  bbi inform  ci  t a kiadv  nyokban tekinthet meg

Az elhízás első fordulása

Gyermekek, 2018

Felmérés
társa:

Mórt

Általános
letkor:

5-17

Minta
nagysága:

385

**Árnyaltat
terület:**

Városi

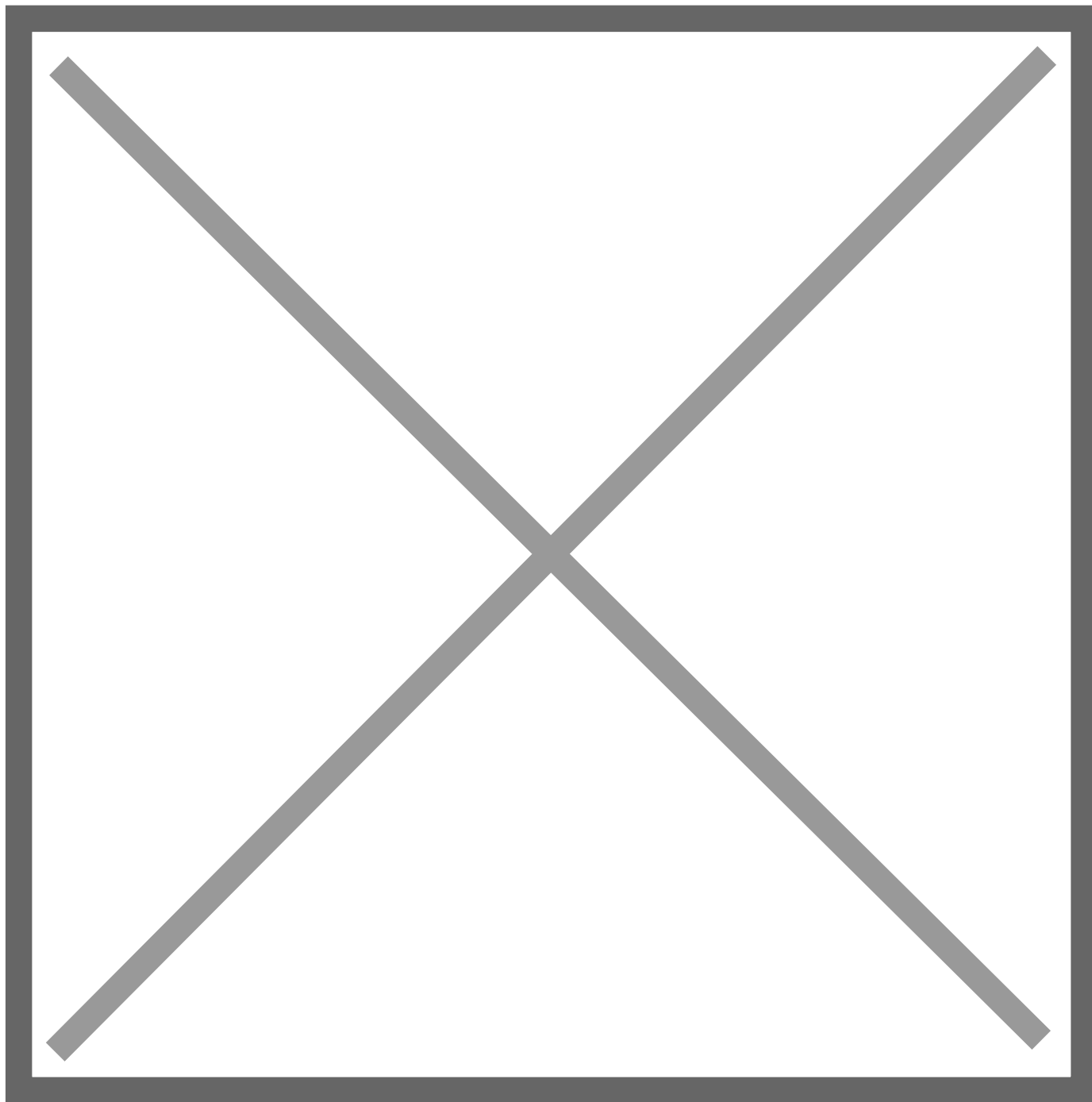
Referenciák: Jimenez-Mora, Mario A et al. "Association of Overweight, Obesity and Abdominal Obesity with Socioeconomic Status and Educational Level in Colombia." Diabetes, metabolic syndrome and obesity : targets and therapy vol. 13 1887-1898. 3 Jun. 2020, doi:10.2147/DMSO.S244761

Jegyzetek: PLEASE NOTE SMALL SAMPLE SIZE Conflicting age ranges presented in paper. The Child data may be either 2-17 years of 5-17 years. It has been assumed 5-17 years, though author has been contacted to confirm.

**Definíciók
(csak angol
nyelven
rövidítve):** Cut offs. 25-59 months BMI for Age Z Score $>1 \leq 3$ for overweight, >3 Obesity 5-17 years BMI for Age Z Score $>1 \leq 2$ for overweight, > 2 Obesity

T  ls  ly/elh  z  s iskolai v  gzetts  g szerint

Gyermekek, 2015-2016



Felm  r  s
t  pusa:

M  rt

   letkor:

5-12

Minta
nagys  ga:

21,497

Árnyalt
terület:

Országos

Referenciák:

Libro ENSIN 2015. Available at: <https://www.minsalud.gov.co/> [Accessed 18.07.25]

Definíciók
(csak angol
nyelven
ábrázolt k
el):

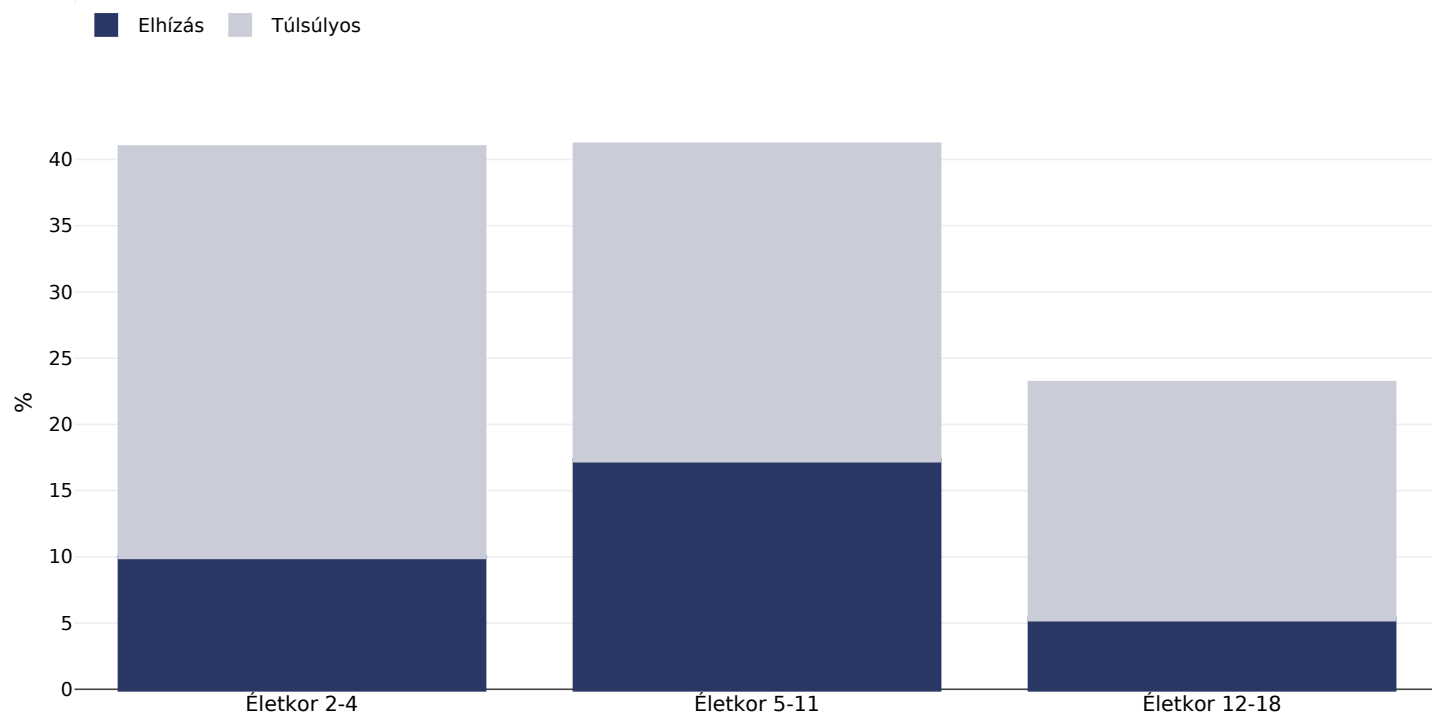
Highest level of completed education of the head of household

Cutoffs:

WHO

Társaság/életkor szerint

Gyermekek, 2018



**Felmérés
tápusa:**

Mórt

**Minta
nagysága:**

385

**Árnyalt
terület:**

Városi

Referenciák:

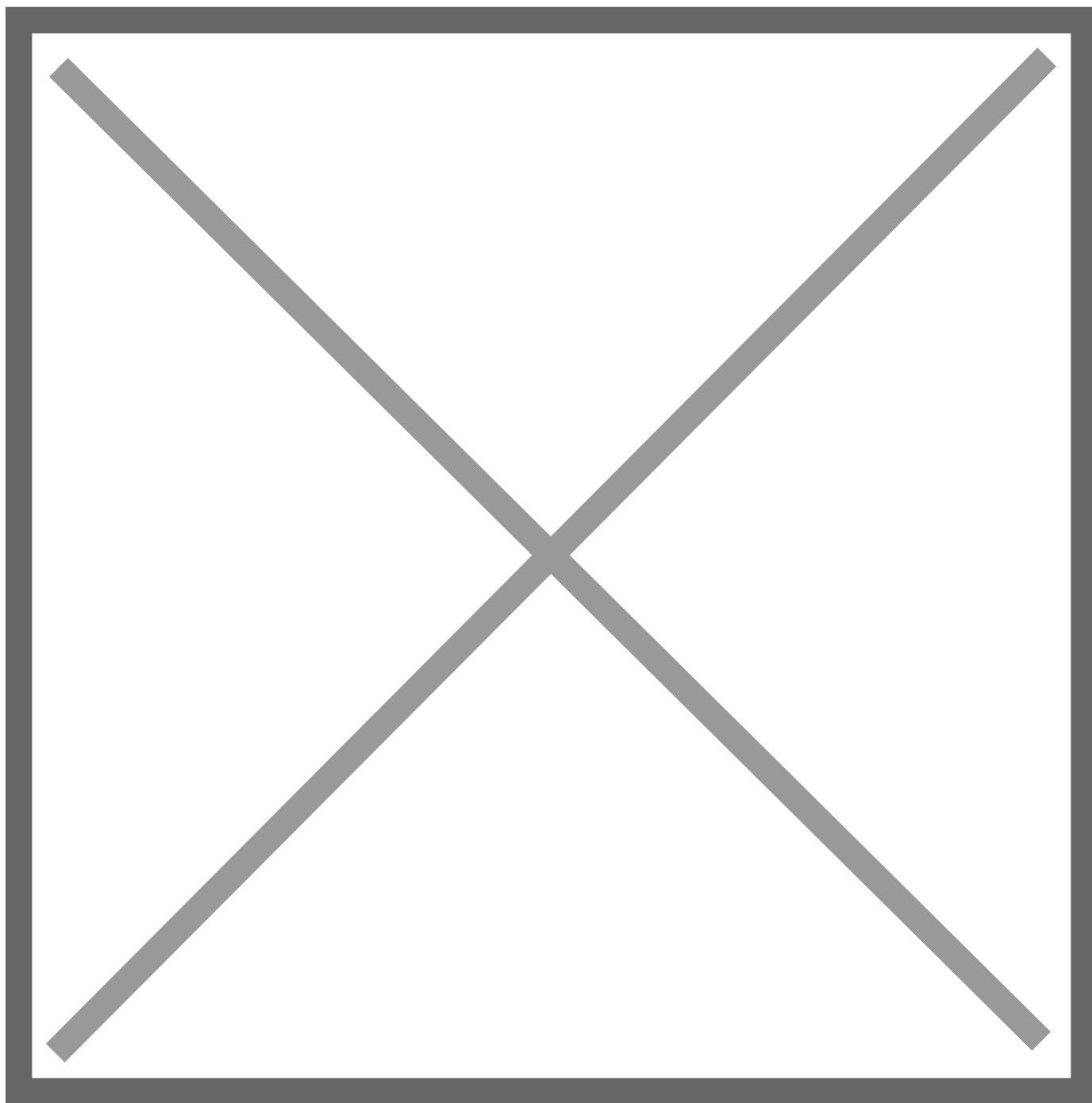
Jimenez-Mora, Mario A et al. "Association of Overweight, Obesity and Abdominal Obesity with Socioeconomic Status and Educational Level in Colombia." Diabetes, metabolic syndrome and obesity : targets and therapy vol. 13 1887-1898. 3 Jun. 2020, doi:10.2147/DMSO.S244761

Jegyzetek:

PLEASE NOTE SMALL SAMPLE SIZE Conflicting age ranges presented in paper. The Child data may be either 2-17 years of 5-17 years. It has been assumed 5-17 years, though author has been contacted to confirm. Cut offs. 25-59 months BMI for Age Z Score $>1 \leq 3$ for overweight, >3 Obesity 5-17 years BMI for Age Z Score $>1 \leq 2$ for overweight, > 2 Obesity

TÁrsÁsly/elhÁzÁjs rÁ©giÁ³ szerint

Gyermekek, 2018

FelmÁ©rÁ©s
tÁpusa:

MÁ©rt

Á© letkor:

5-17

Minta
nagysÁ©ga:

385

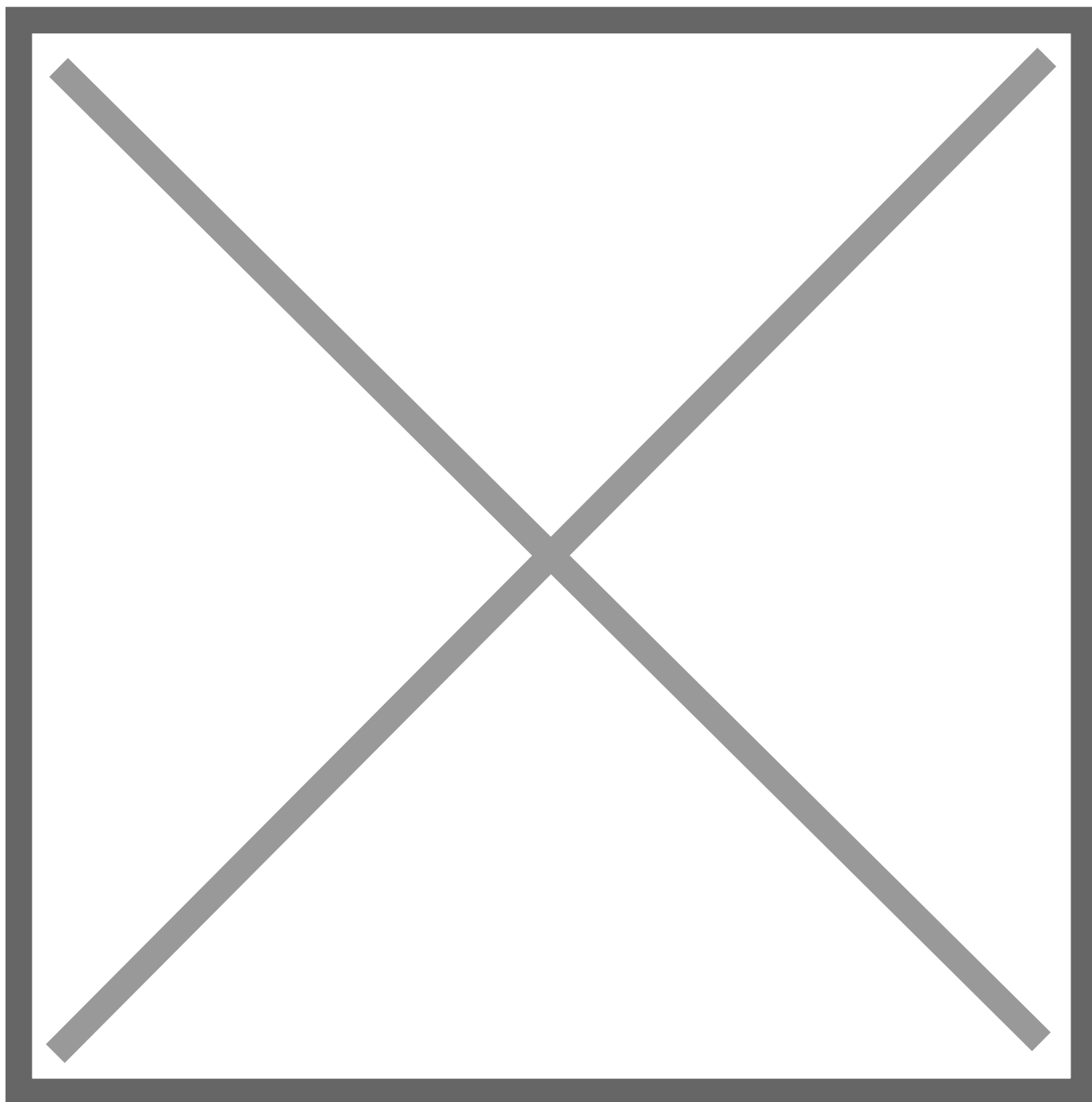
**Árnyalt
terület:**

Városi

Referenciák: Jimenez-Mora, Mario A et al. "Association of Overweight, Obesity and Abdominal Obesity with Socioeconomic Status and Educational Level in Colombia." Diabetes, metabolic syndrome and obesity : targets and therapy vol. 13 1887-1898. 3 Jun. 2020, doi:10.2147/DMSO.S244761

Jegyzetek: PLEASE NOTE SMALL SAMPLE SIZE Conflicting age ranges presented in paper. The Child data may be either 2-17 years of 5-17 years. It has been assumed 5-17 years, though author has been contacted to confirm. Cut offs. 25-59 months BMI for Age Z Score $>1 \leq 3$ for overweight, >3 Obesity 5-17 years BMI for Age Z Score $>1 \leq 2$ for overweight, > 2 Obesity

Társadalmi-gazdasági csoport szerint Gyermekek, 2018



Felmérés
tárgya:

Mórt

letkor:

5-17

Minta
nagysága:

385

**Árnyaltat
terület:**

Városi

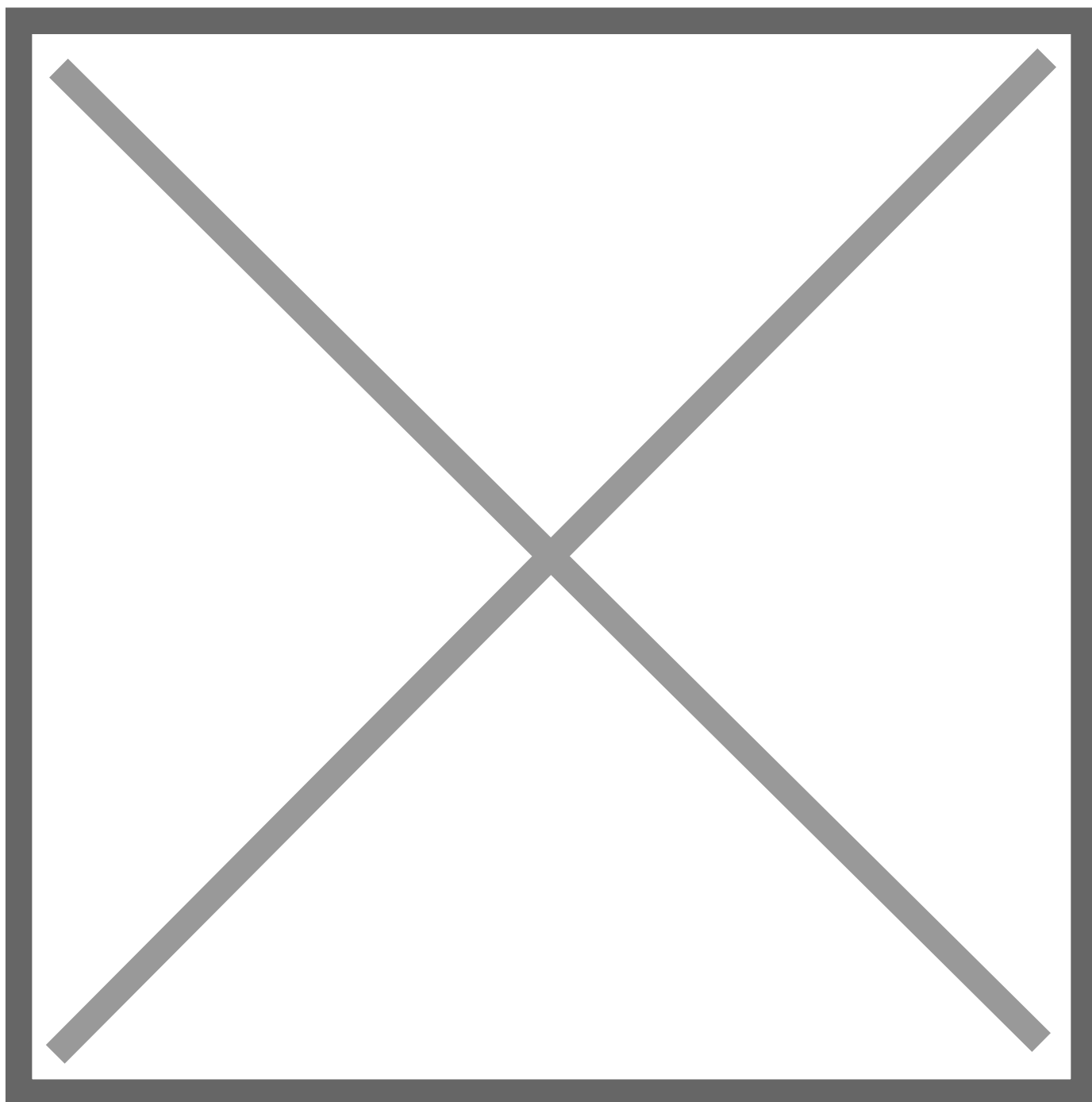
Referenciák: Jimenez-Mora, Mario A et al. "Association of Overweight, Obesity and Abdominal Obesity with Socioeconomic Status and Educational Level in Colombia." Diabetes, metabolic syndrome and obesity : targets and therapy vol. 13 1887-1898. 3 Jun. 2020, doi:10.2147/DMSO.S244761

Jegyzetek: PLEASE NOTE SMALL SAMPLE SIZE Conflicting age ranges presented in paper. The Child data may be either 2-17 years of 5-17 years. It has been assumed 5-17 years, though author has been contacted to confirm. Cut offs. 25-59 months BMI for Age Z Score $>1 \leq 3$ for overweight, >3 Obesity 5-17 years BMI for Age Z Score $>1 \leq 2$ for overweight, > 2 Obesity

Társaságok/ethnikum szerint

Ethnic groups are as defined by publication of origin and are not as defined by WOF. In some instances ethnicity is conflated with nationality and/or race.

Gyermekek, 2015-2016



Felmérés
tárgya:

Mórt

Életkor:

5-12

Minta
nagysága:

20,382

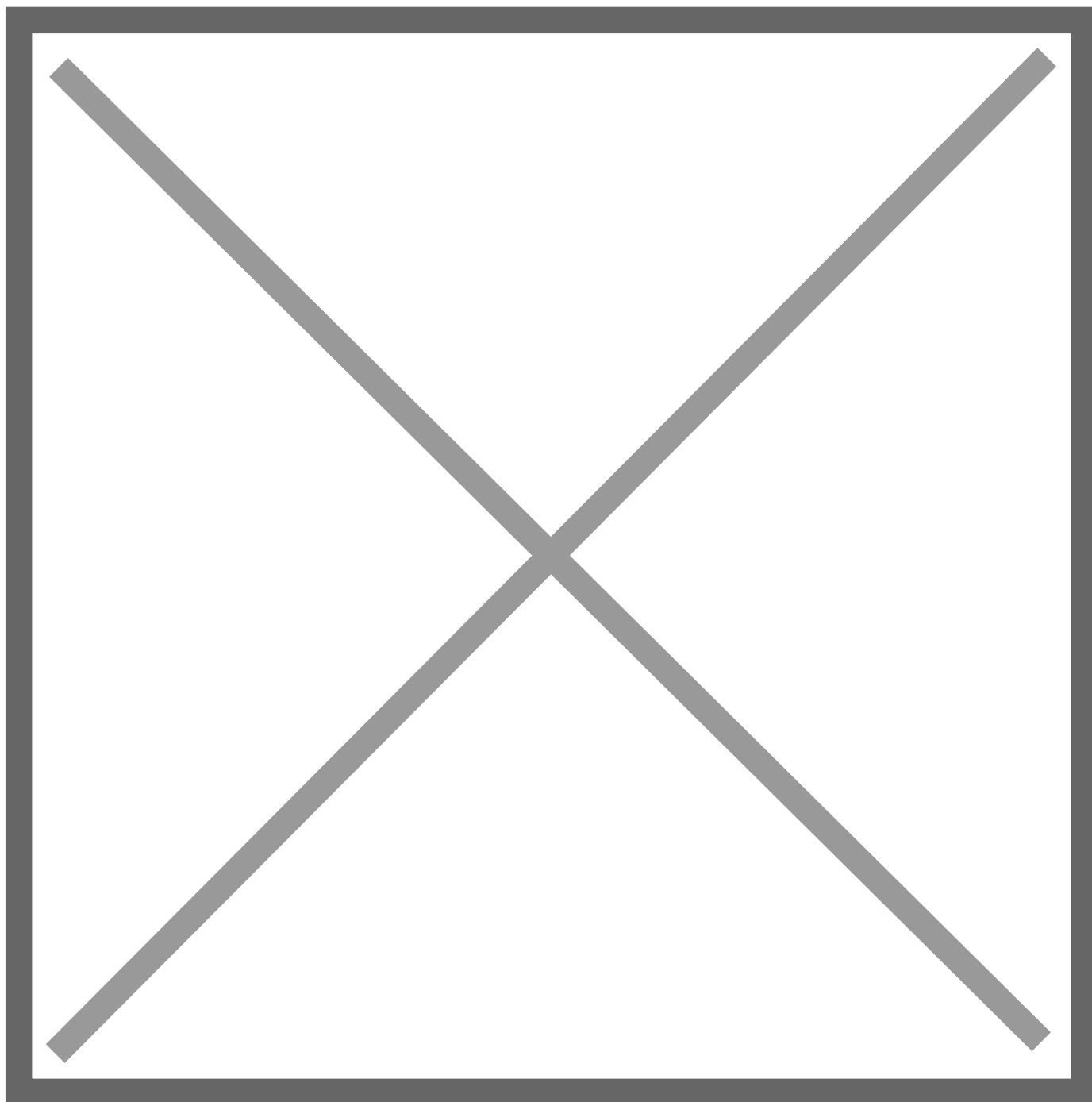
Érintett
terület:

Országos

Referenciák:	Libro ENSIN 2015. (2020). Available at: https://www.minsalud.gov.co/ [Accessed 18.07.25]
Jegyzetek:	NB. Obesity prevalence in indigenous population flagged for high variability, estimate should be used with caution
Cutoffs:	WHO

Double burden of underweight & overweight

Gyermekek, 2022



Felmérés
tárgya:

Mórt

Általános
lektor:

5-19

Referenciák:

NCD Risk Factor Collaboration (NCD-RisC). Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population representative studies with 222 million children, adolescents, and adults. Lancet 2024; published online Feb 29. [https://doi.org/10.1016/S0140-6736\(23\)02750-2](https://doi.org/10.1016/S0140-6736(23)02750-2).

Jegyzetek:

Age standardised estimates

**Definíciók
(csak angol
nyelven
érthetőek):**

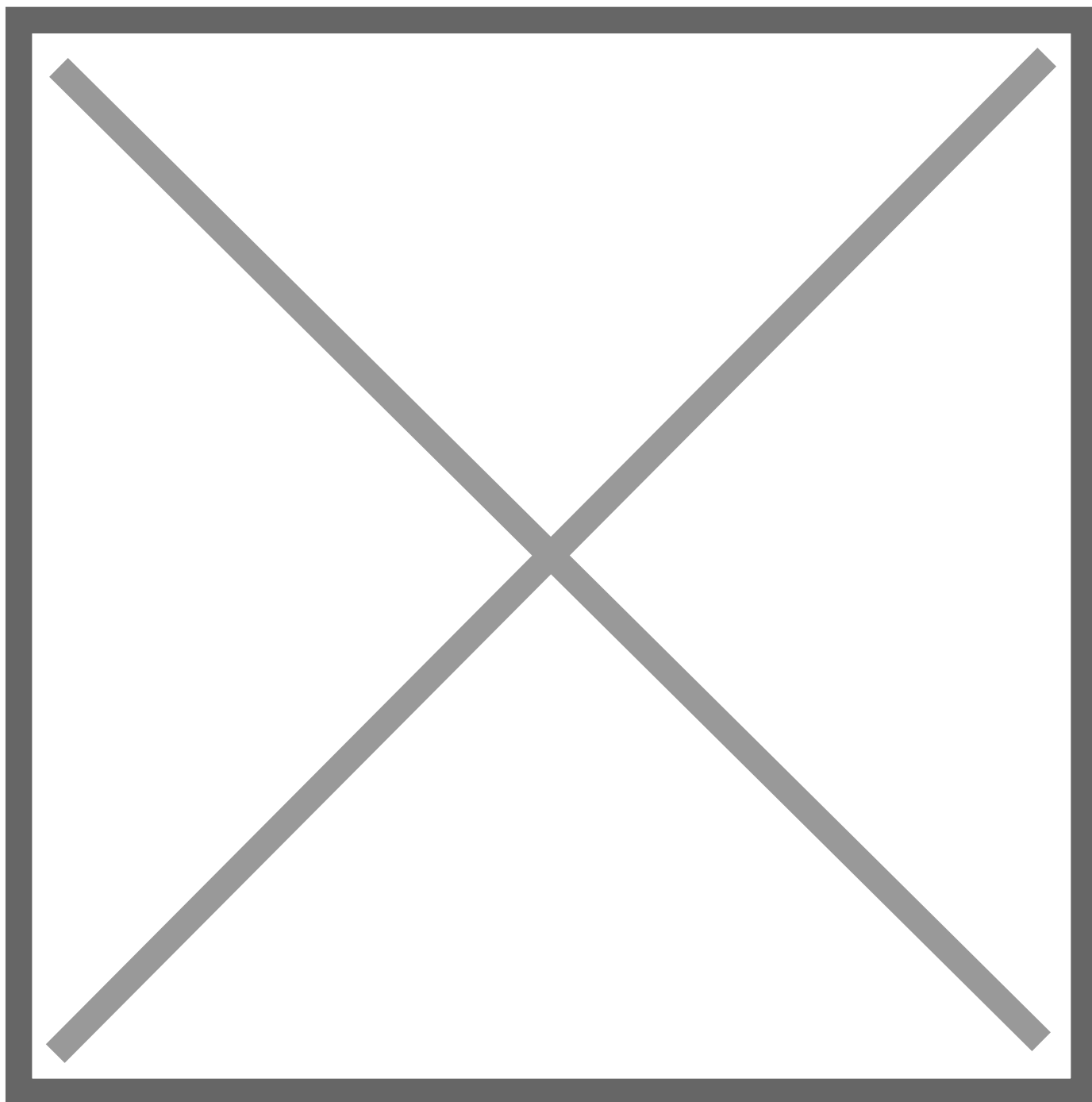
Combined prevalence of BMI < -2SD and BMI > 2SD (double burden of thinness and obesity)

Cutoffs:

BMI < -2SD and BMI > 2SD

Előzetes fizikai aktivitás

Gyermekek, 2016



Felmérés
tárgya:

Árnyékváltozat

Árnyékváltozat:

11-17

Referenciák:

Global Health Observatory data repository, World Health Organisation, <https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

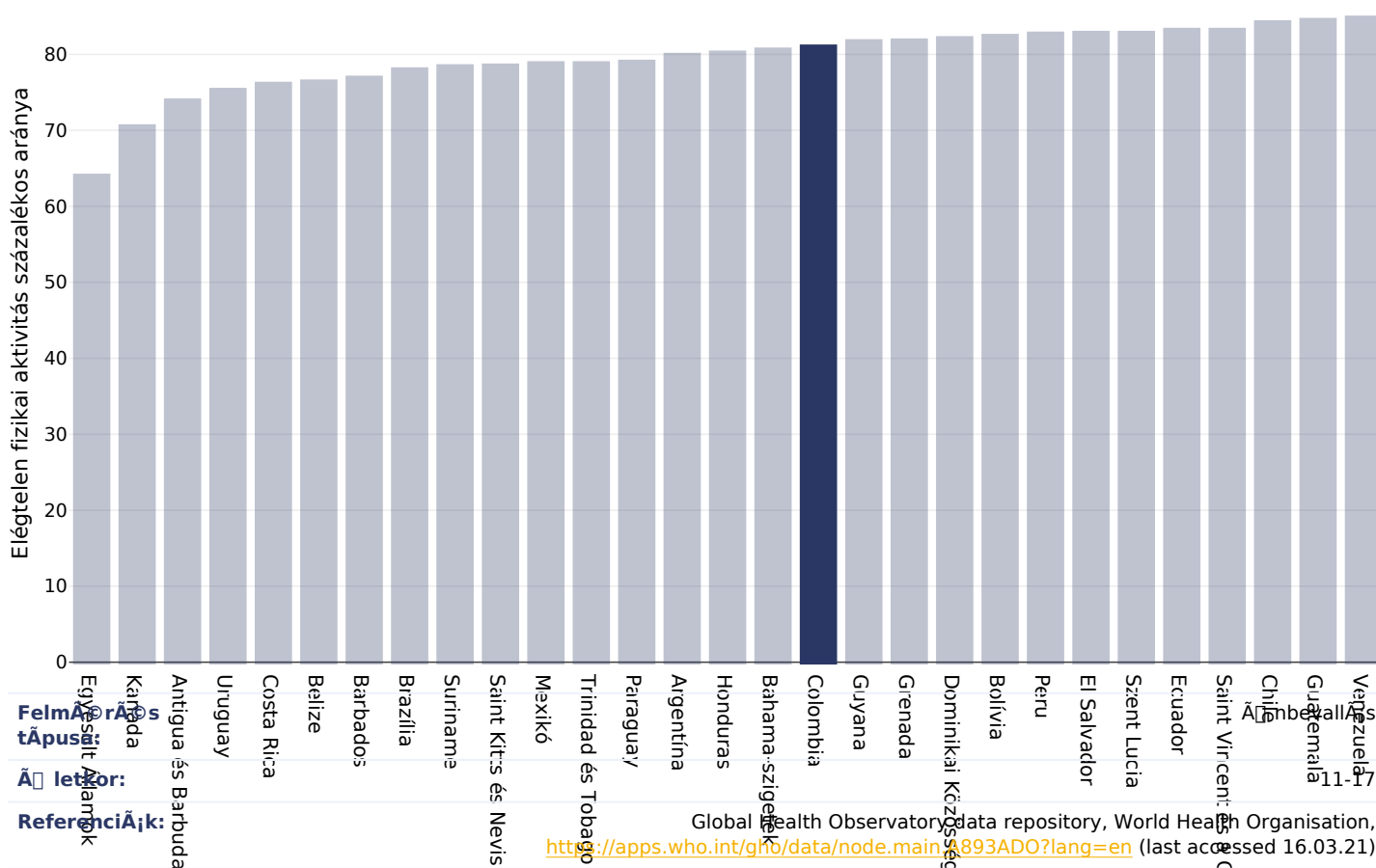
Jegyzetek:

% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definíciók
(csak angol
nyelven
lehet elérni):

% Adolescents insufficiently active (age standardised estimate)

Főnök, 2016



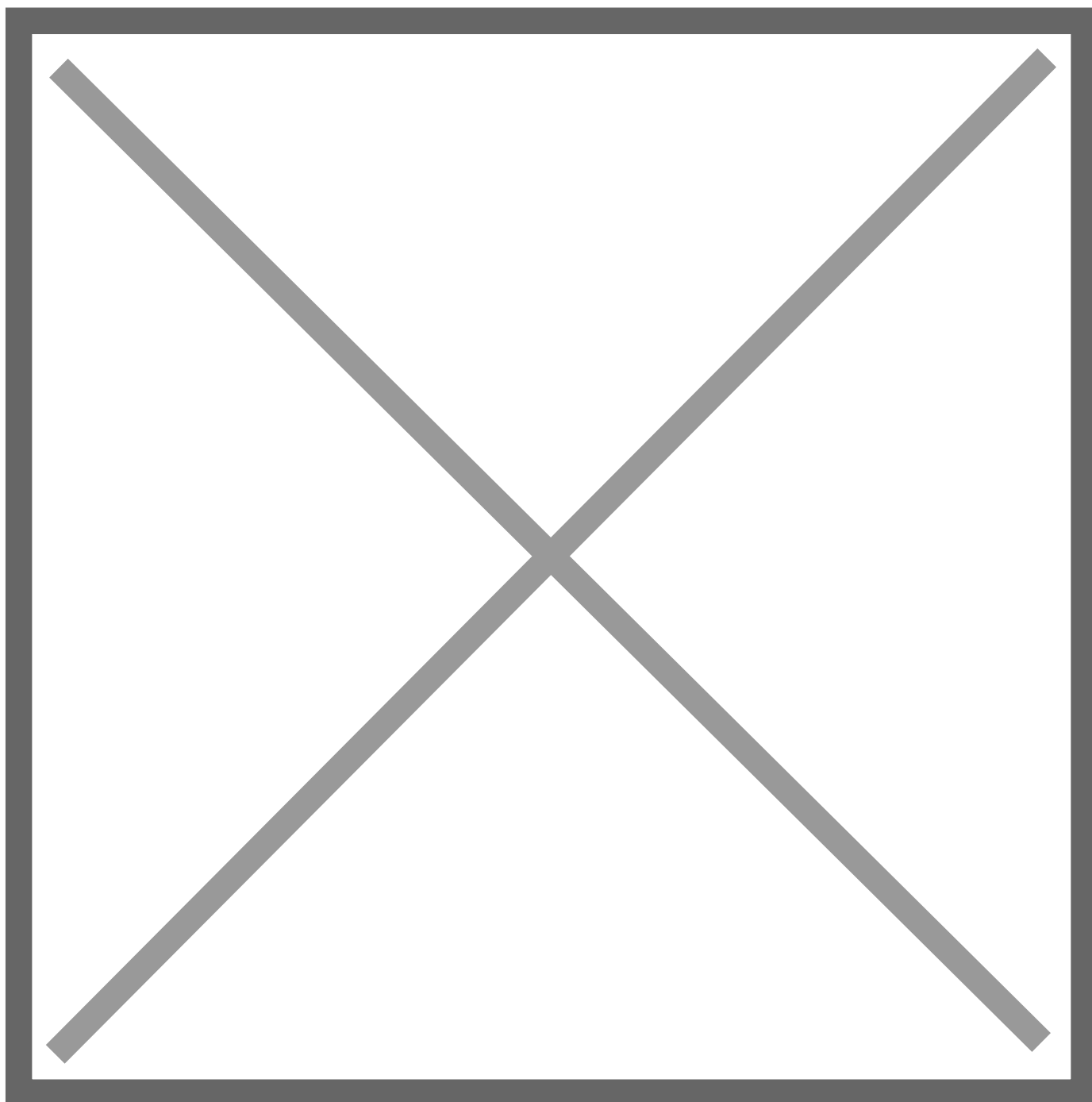
Jegyzetek:

% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definíciók
(csak angol
nyelven
lehet elérni):

% Adolescents insufficiently active (age standardised estimate)

Lányok, 2016



**Felmérés
tárgya:**

Általános

**Általános
letkor:**

11-17

Referenciák:

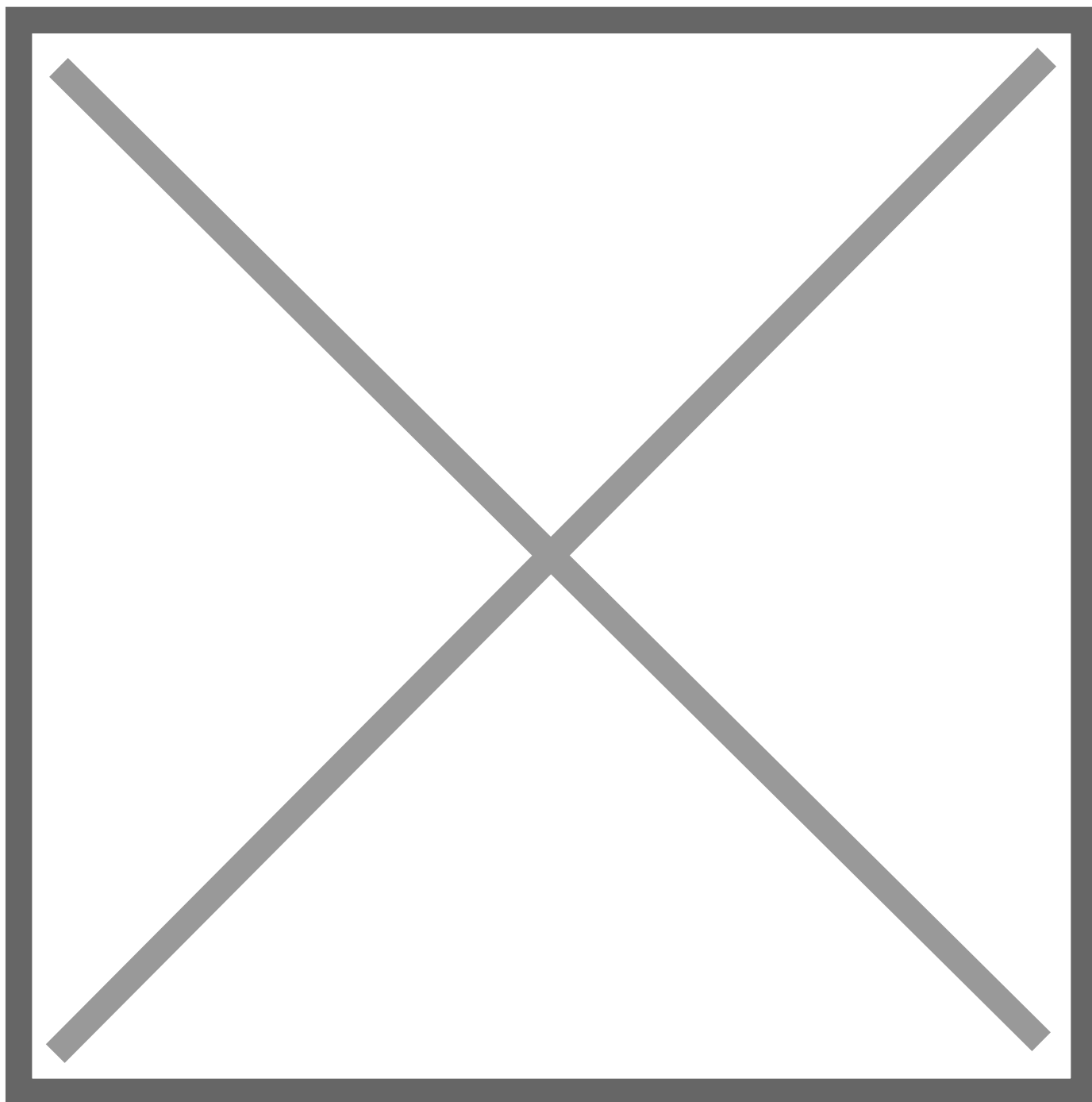
Global Health Observatory data repository, World Health Organisation,
<https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

Jegyzetek:

% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definíciók
(csak angol
nyelven
érhetők
el):

% Adolescents insufficiently active (age standardised estimate)

Mentális egészség és depressziós zavarok**Gyermekek, 2021****Árnyalt
terület:**

Országos

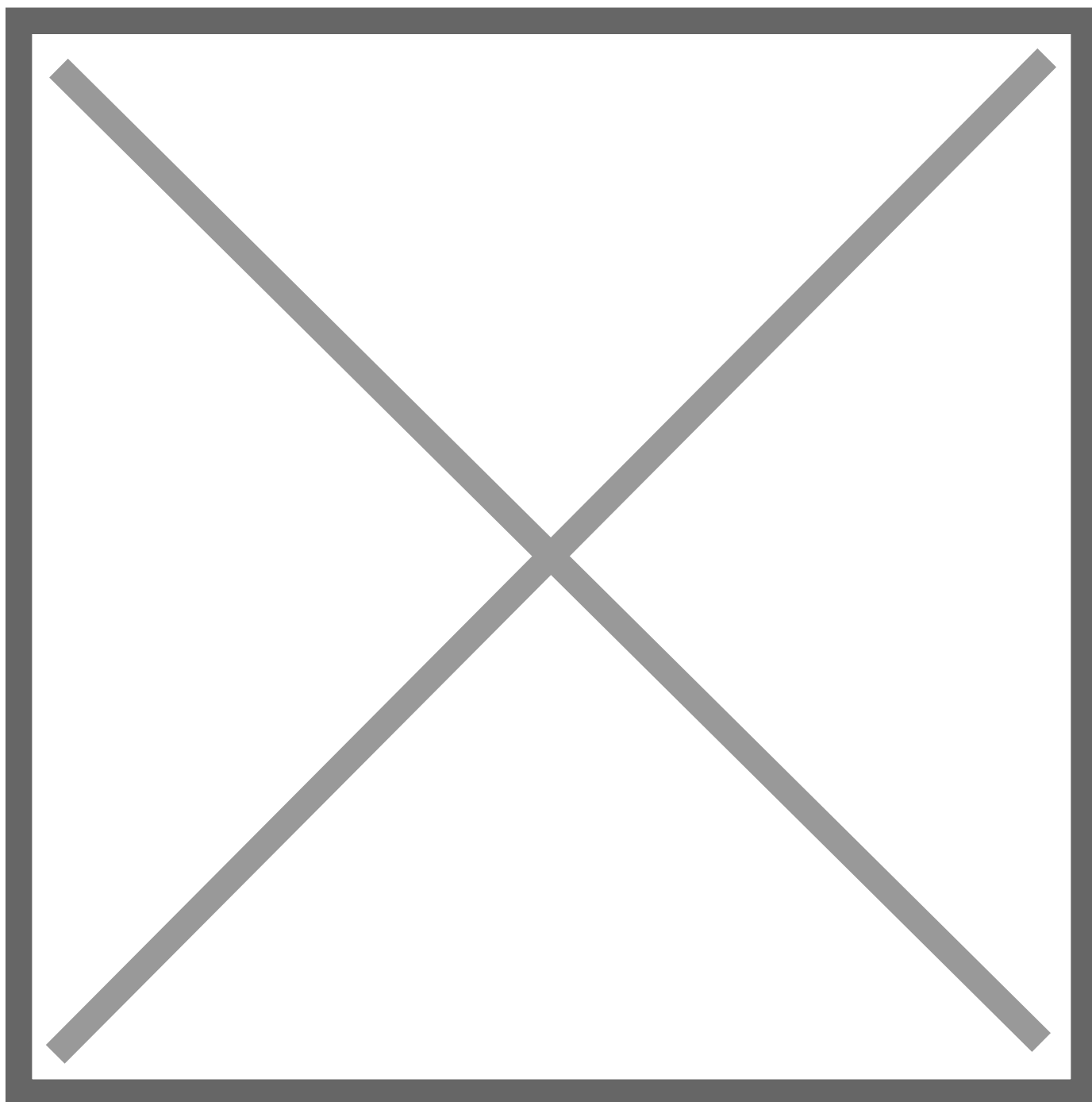
Referenciák:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Definición
(csak angol
nyelven
Árhető k
el):

Number living with depressive disorder per 100,000 population (Under 20 years of age)

FiÅ°k, 2021



Å° rintett
terÅ°let:

OrszÅ°gos

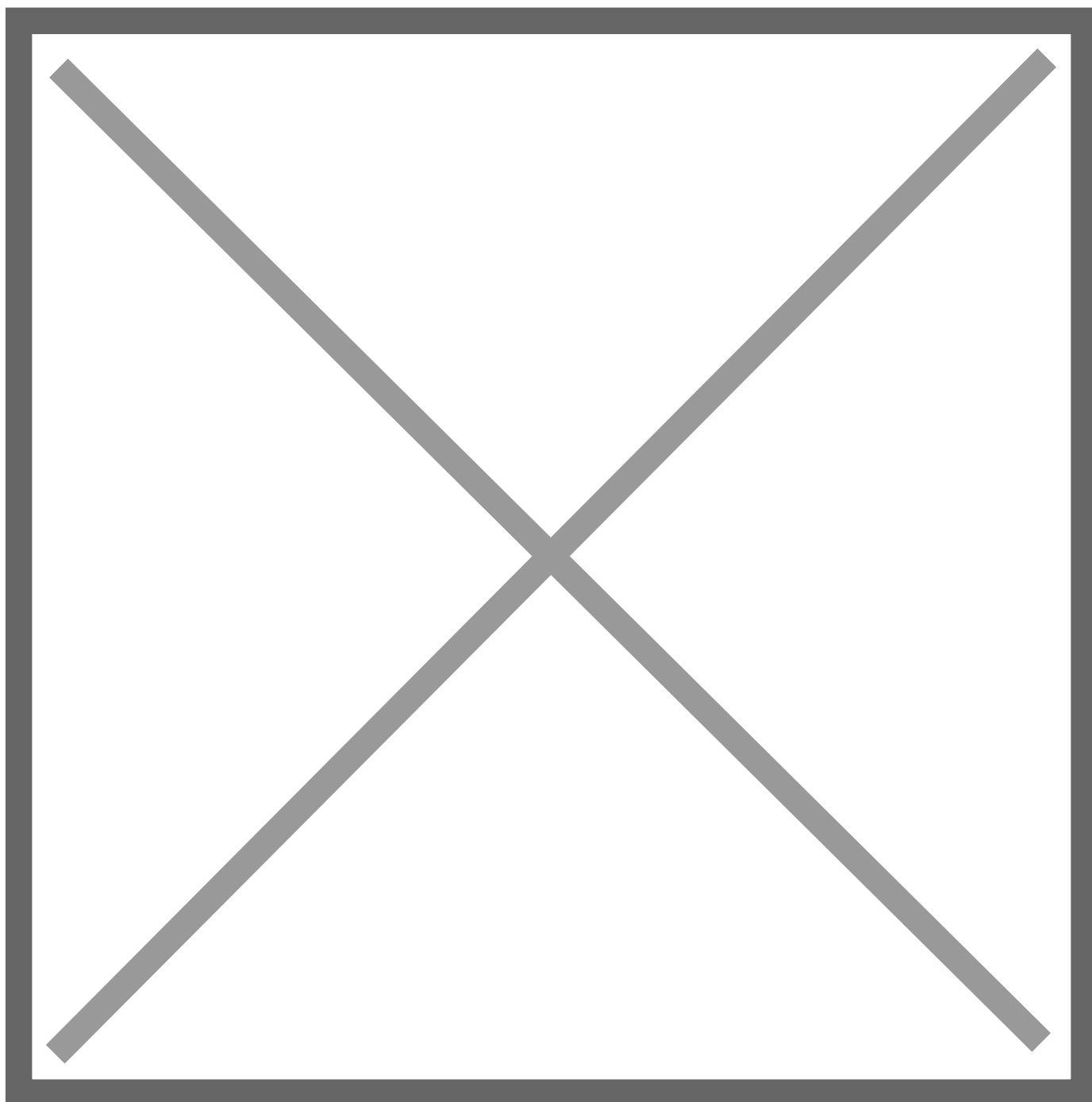
ReferenciÅ°k:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Definición
(csak angol
nyelven
Árhető k
el):

Number living with depressive disorder per 100,000 population (Under 20 years of age)

Lányok, 2021



Árnyéktérkép:

Országok

Referenciák:

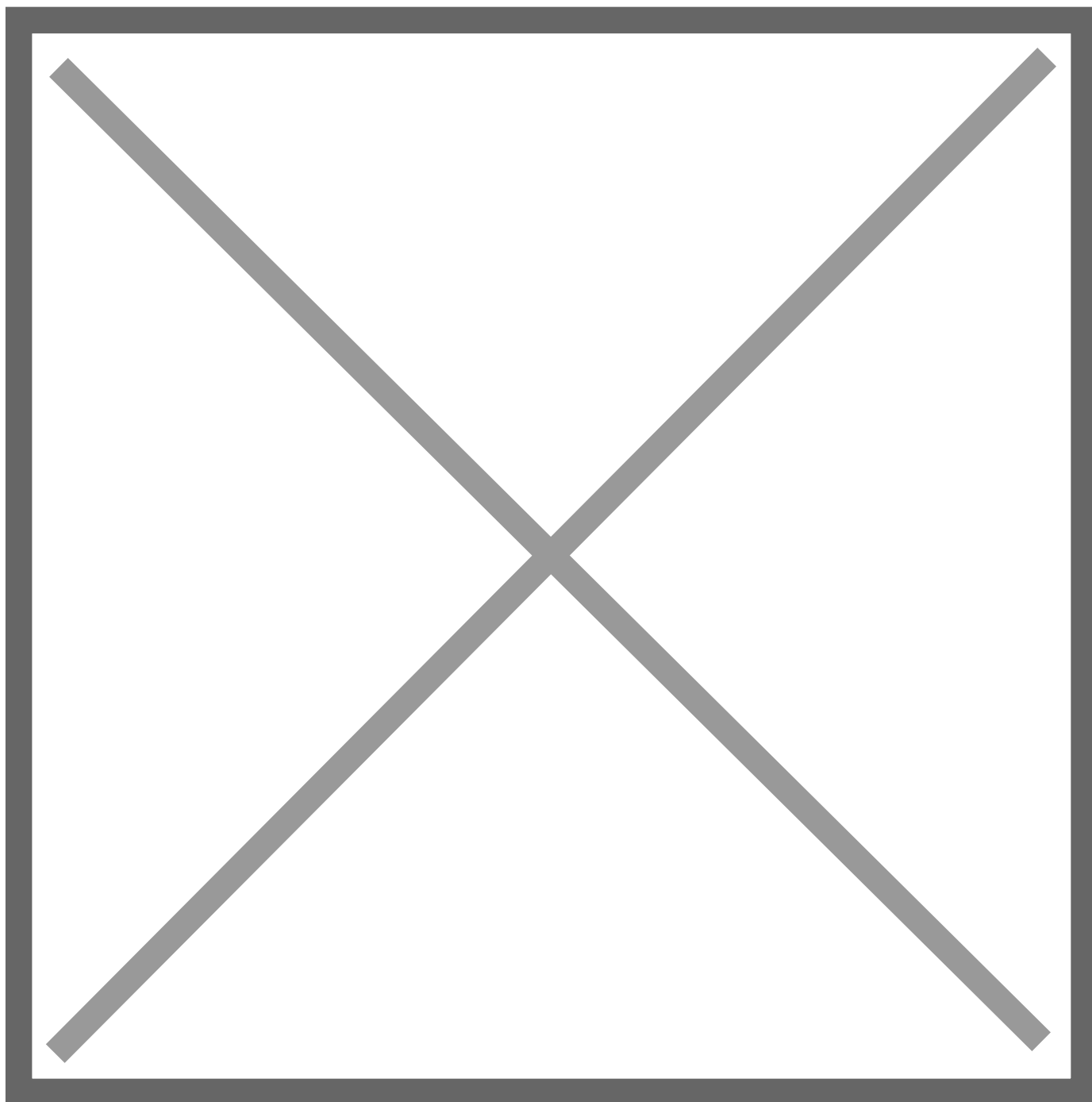
Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Definición
(csak angol
nyelven
Árhető k
el):

Number living with depressive disorder per 100,000 population (Under 20 years of age)

Mentális egészség és szorongásos zavarok

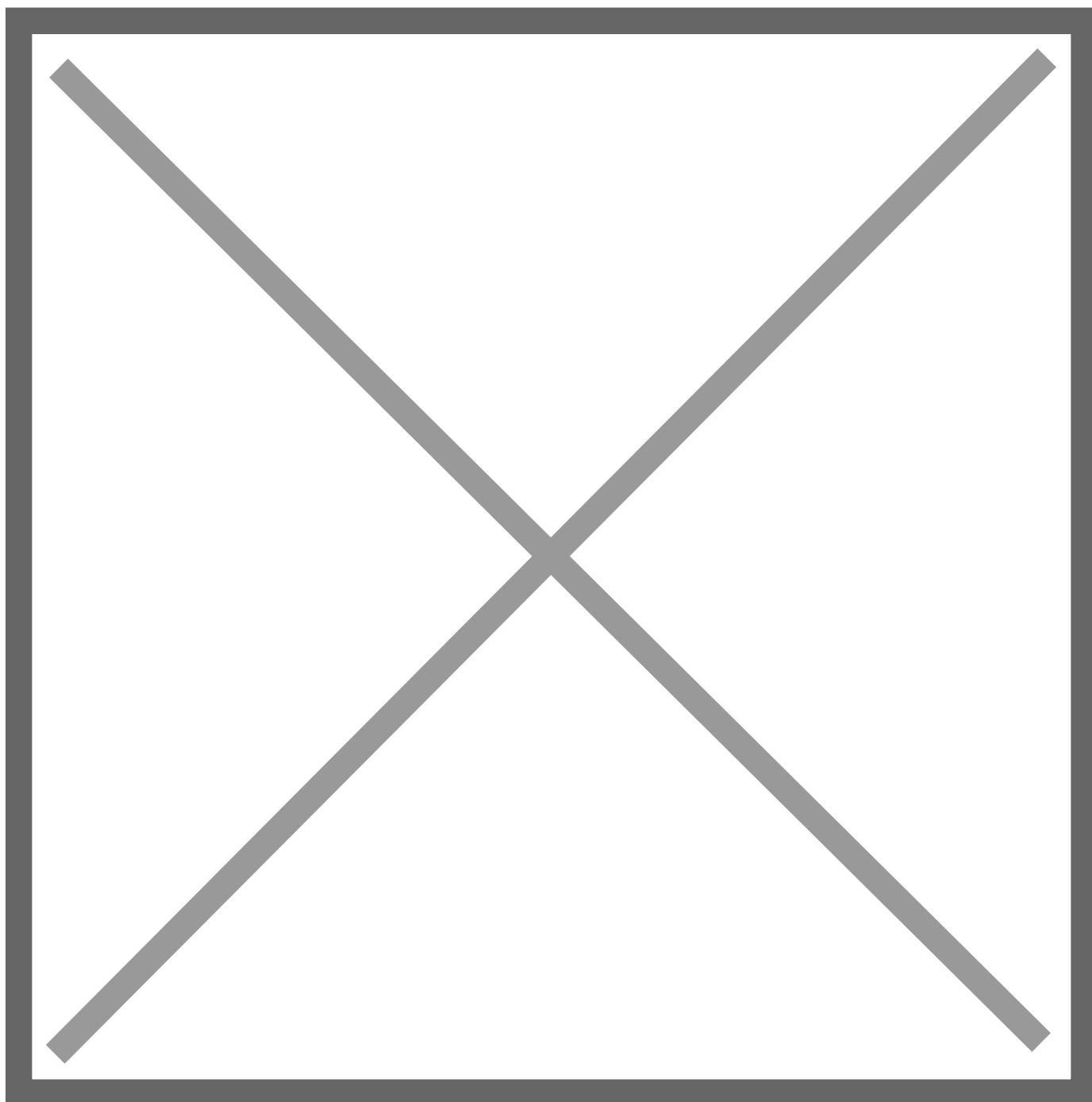
Gyermekek, 2021



Referenciák:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

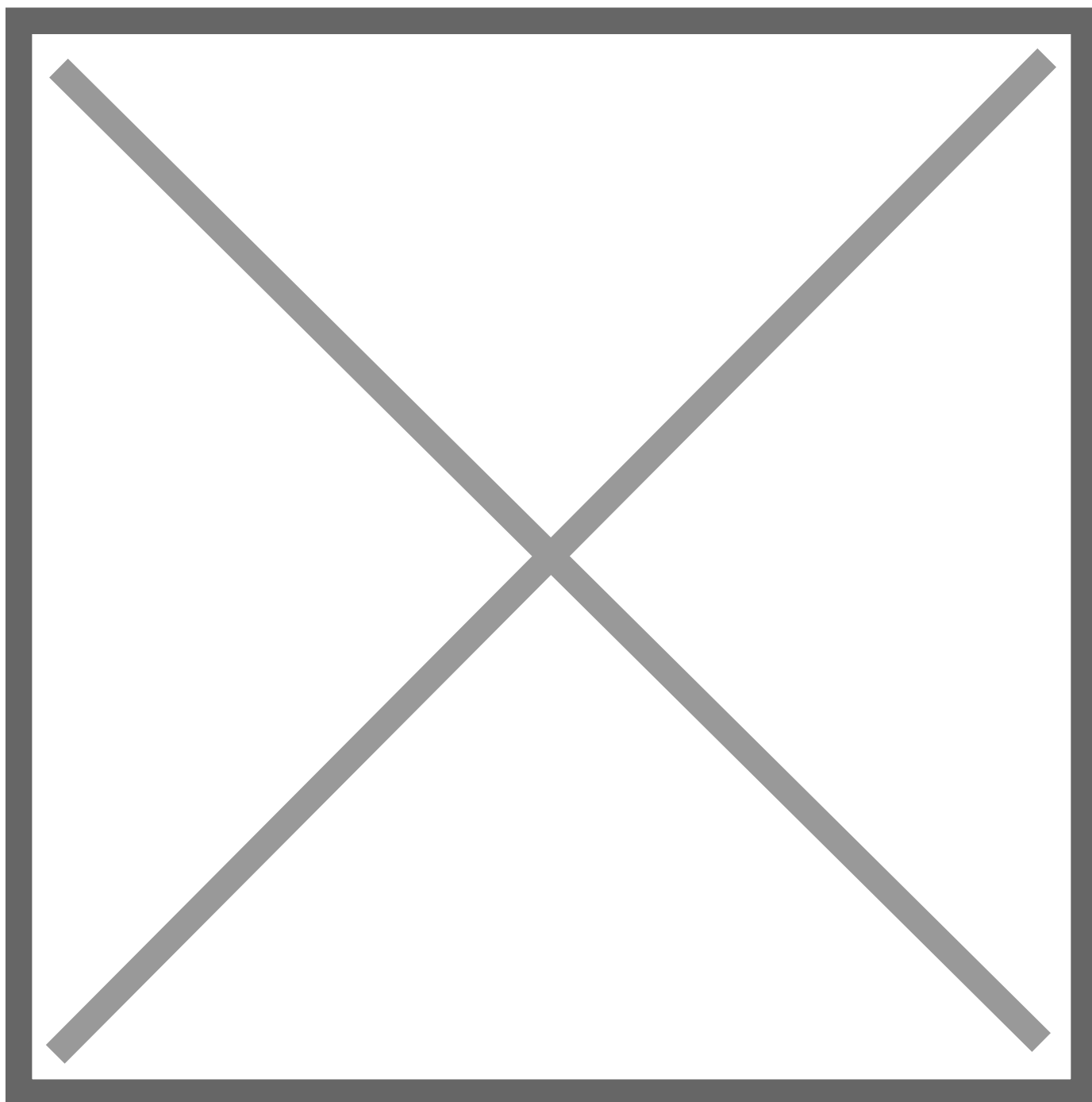
Fig. 1, 2021



Referenciak:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Lăinyok, 2021



ReferenŃik:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

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