



Kolumbija



Country report card - adults

This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for adults. Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/colombia-43/>.

Nacionalno tveganje za debelost *7,5/10 This is a composite "obesity risk" score (out of 10, the highest risk) based on obesity prevalence, rate of increase, likelihood of meeting the 2025 target, treatment indicator and childhood stunting levels. Tveganje za debelost pri otrocih *6,5/11 This is a "risk score" for each country's likelihood of having or acquiring a major childhood obesity problem during the 2020s, taking account of current prevalence levels and risk for future obesity (based on stunting among infants, maternal obesity, maternal smoking, and breastfeeding rates).

*Na podlagi okvirnih podatkov. Za več informacij si oglejte Publikacije

Razširjenost debelosti

Odrasli, 2018



Vrsta ankete:	Izmerjeni
Starost:	18-75
Obseg vzorcev:	1537

Zajeto območje:

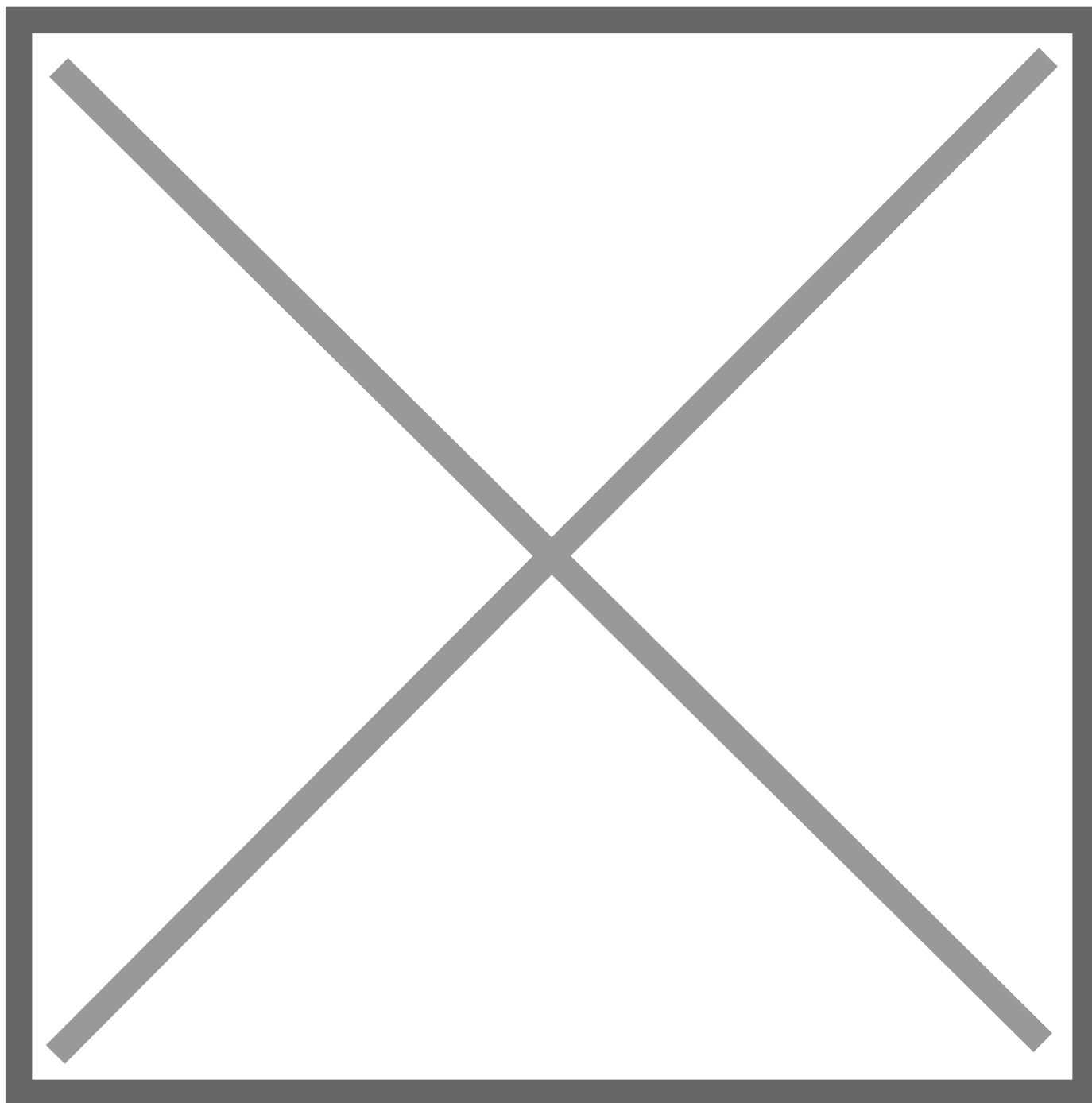
Urbana naselja

Literatura: Jimenez-Mora, Mario A et al. "Association of Overweight, Obesity and Abdominal Obesity with Socioeconomic Status and Educational Level in Colombia." Diabetes, metabolic syndrome and obesity : targets and therapy vol. 13 1887-1898. 3 Jun. 2020, doi:10.2147/DMSO.S244761

Če ni navedeno drugače, se prekomerna teža nanaša na ITM med 25 kg in 29,9 kg/m², debelost pa na ITM, višji od 30 kg/m².

% Adults living with obesity in Colombia, 2004-2015

Å½enske



Vrsta ankete:

Izmerjeni

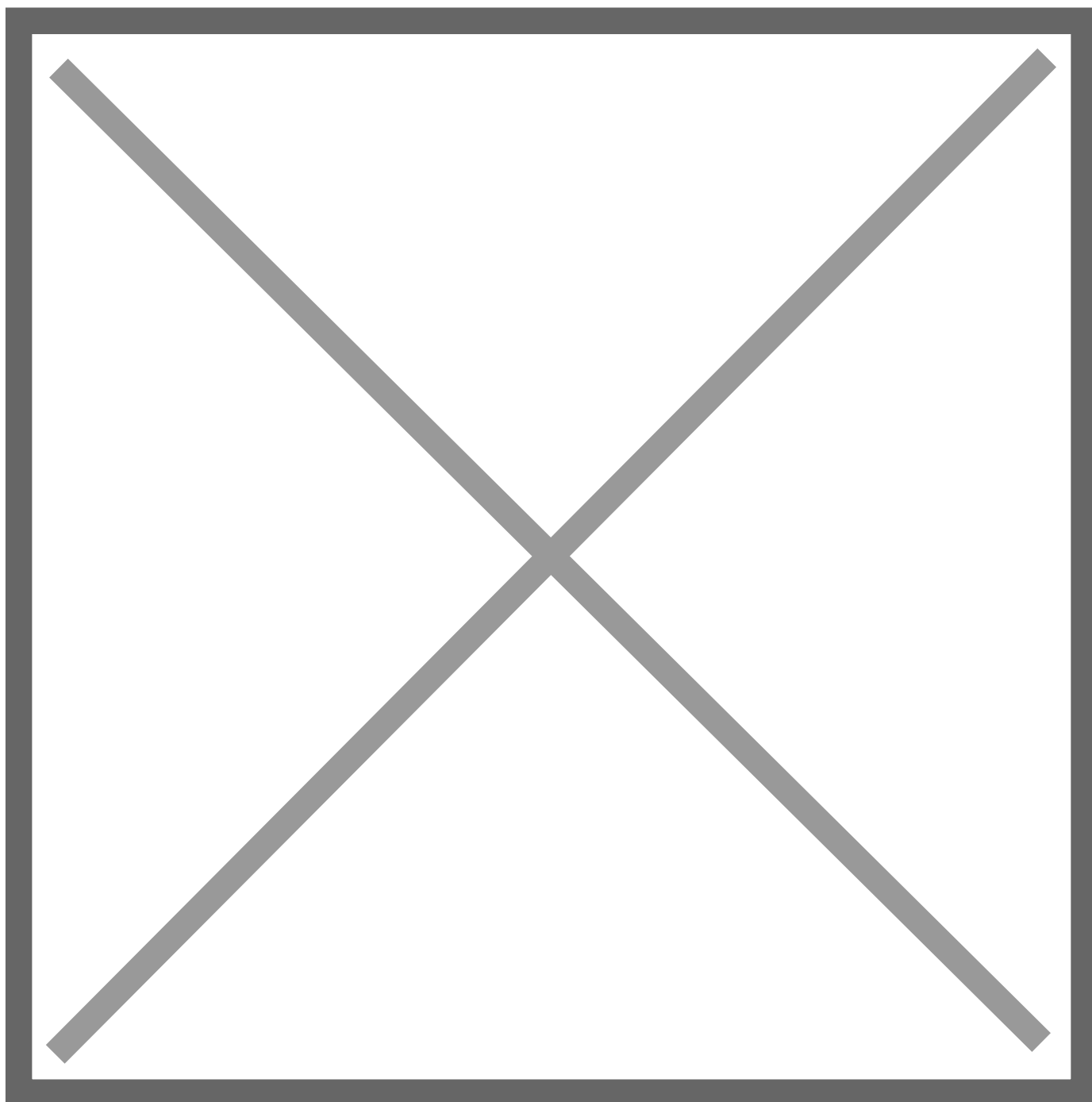
Literatura:

2004: Instituto Colombiano de Bienestar Familiar. Encuesta Nacional de la Situación Nutricional (ENSIN), 2005. (2006). Available at: https://www.icbf.gov.co/sites/default/files/libro_2005.pdf [Accessed 18.07.25]
2010: ENSIN 2010. Available at <https://www.minsalud.gov.co/> (last accessed 05.10.20)
2015: ENSIN 2015. Available at <https://www.minsalud.gov.co/> (last accessed 05.10.20)

Å½ e ni navedeno drugaÅ½ e, se prekomerna teÅ½ina nanaÅ½ja na ITM med 25 kg in 29,9 kg/m², debelost pa na ITM, viÅ½ji od 30 kg/m².

Za zbiranje teh podatkov so bile morda uporabljene različne metodologije, zato podatki iz različnih raziskav morda niso strogo primerljivi. Prosim, da uporabljene metodologije preverite pri izvirnih virih podatkov

Moški



Vrsta ankete:

Izmerjeni

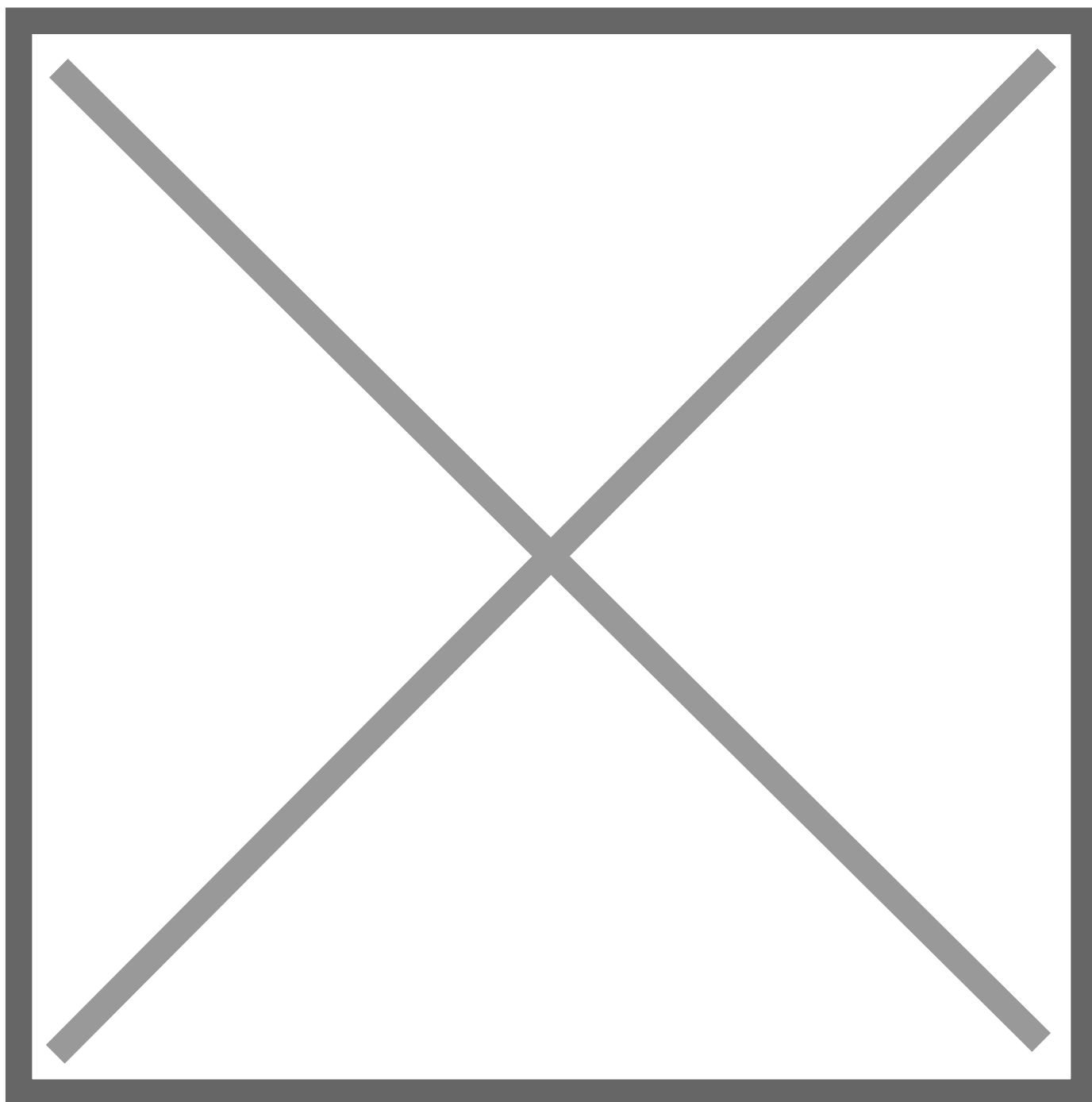
Literatura:

2004: Instituto Colombiano de Bienestar Familiar. Encuesta Nacional de la Situación Nutricional (ENSIN), 2005. (2006). Available at: https://www.icbf.gov.co/sites/default/files/libro_2005.pdf [Accessed 18.07.25]
2010: ENSIN 2010. Available at <https://www.minsalud.gov.co/> (last accessed 05.10.20)
2015: ENSIN 2015. Available at <https://www.minsalud.gov.co/> (last accessed 05.10.20)

Ä e ni navedeno drugaÄ e, se prekomerna teÅ¼a nanaÅ¼a na ITM med 25 kg in 29,9 kg/m², debelost pa na ITM, viÅ¼ji od 30 kg/m².

Za zbiranje teh podatkov so bile morda uporabljene razliÄ ne metodologije, zato podatki iz razliÄ nih raziskav morda niso strogo primerljivi. Prosimo, da uporabljene metodologije preverite pri izvirnih virih podatkov

Men and women

**Vrsta ankete:**

Izmerjeni

Literatura:

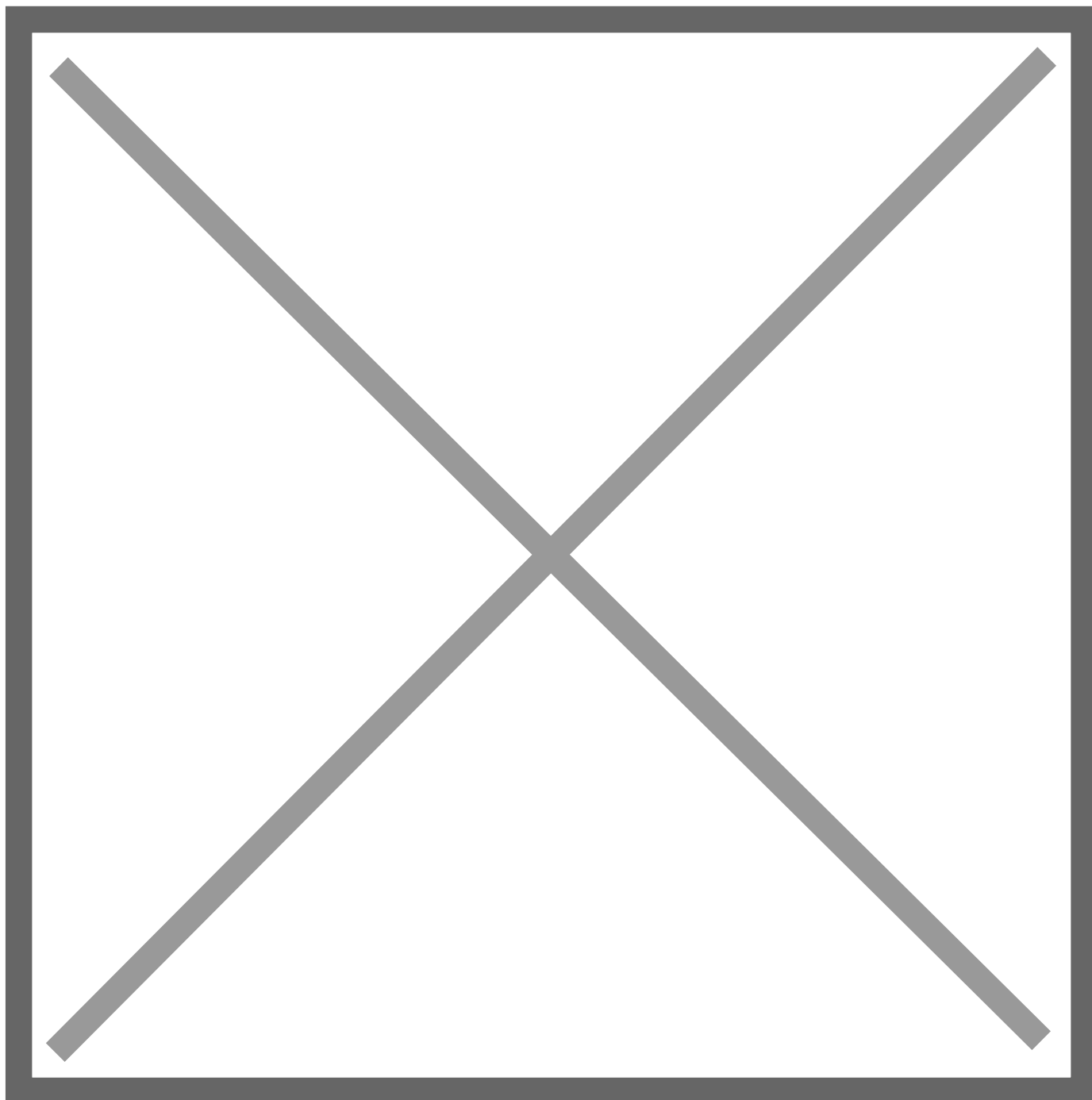
2004: Instituto Colombiano de Bienestar Familiar. Encuesta Nacional de la Situación Nutricional (ENSIN), 2005. (2006). Available at: https://www.icbf.gov.co/sites/default/files/libro_2005.pdf [Accessed 18.07.25]
2010: ENSIN 2010. Available at <https://www.minsalud.gov.co/> (last accessed 05.10.20)
2015: ENSIN 2015. Available at <https://www.minsalud.gov.co/> (last accessed 05.10.20)

Ä e ni navedeno drugaÄ e, se prekomerna teÅ¼a nanaÅja na ITM med 25 kg in 29,9 kg/m², debelost pa na ITM, viÅji od 30 kg/m².

Za zbiranje teh podatkov so bile morda uporabljene razliÄ ne metodologije, zato podatki iz razliÄ nih raziskav morda niso strogo primerljivi. Prosimo, da uporabljene metodologije preverite pri izvirnih virih podatkov

% Adults living with overweight or obesity in Colombia, 2004-2015

Å½enske



Vrsta ankete:

Izmerjeni

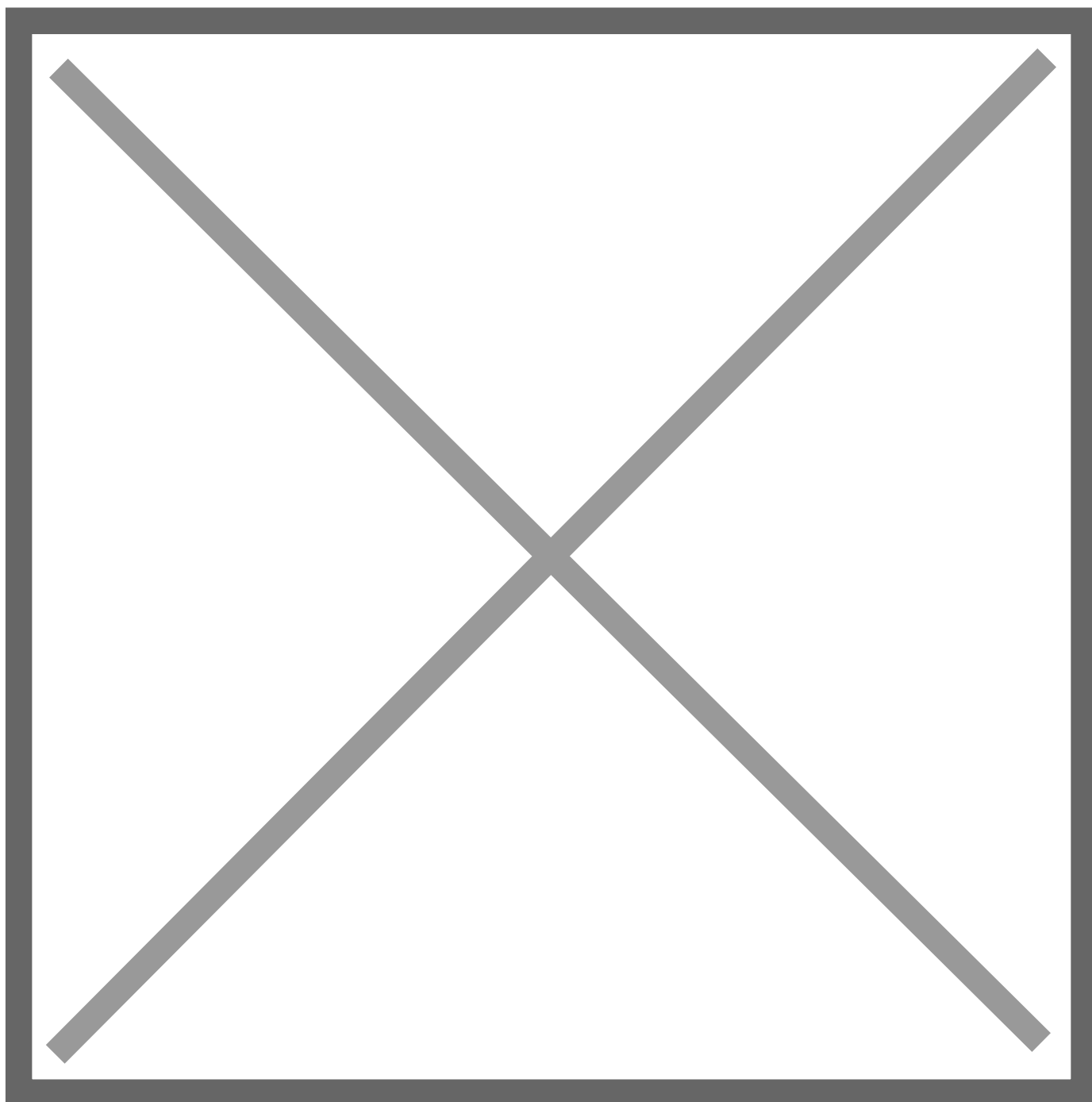
Literatura:

2004: Instituto Colombiano de Bienestar Familiar. Encuesta Nacional de la Situación Nutricional (ENSIN), 2005. (2006). Available at: https://www.icbf.gov.co/sites/default/files/libro_2005.pdf [Accessed 18.07.25]
2010: ENSIN 2010. Available at <https://www.minsalud.gov.co/> (last accessed 05.10.20)
2015: ENSIN 2015. Available at <https://www.minsalud.gov.co/> (last accessed 05.10.20)

Ä e ni navedeno drugaÄ e, se prekomerna teÅ¼a nanaÄja na ITM med 25 kg in 29,9 kg/m², debelost pa na ITM, viÄji od 30 kg/m².

Za zbiranje teh podatkov so bile morda uporabljene razliÄ ne metodologije, zato podatki iz razliÄ nih raziskav morda niso strogo primerljivi. Prosim, da uporabljene metodologije preverite pri izvirnih virih podatkov

Moški



Vrsta ankete:

Izmerjeni

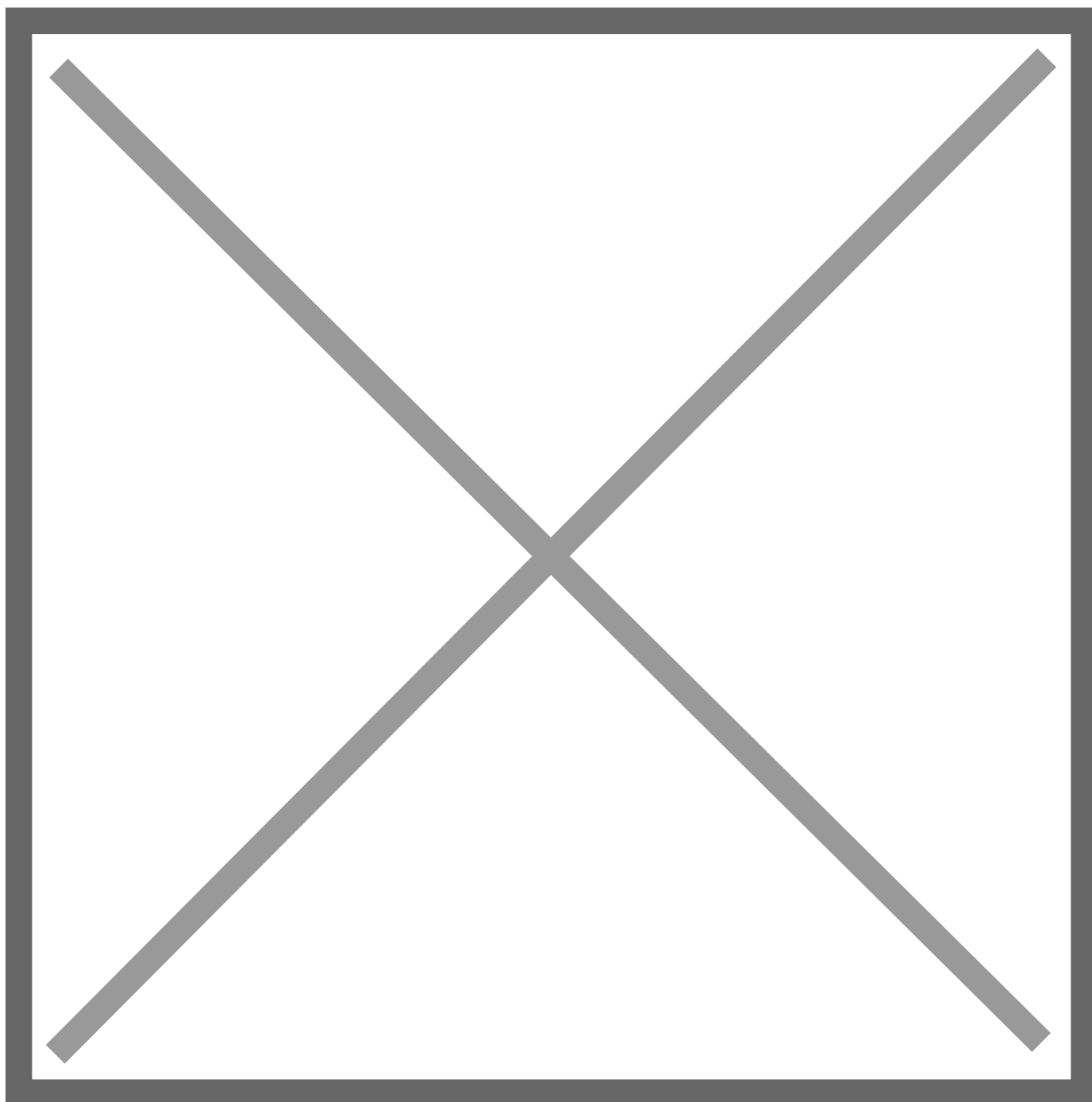
Literatura:

2004: Instituto Colombiano de Bienestar Familiar. Encuesta Nacional de la Situación Nutricional (ENSIN), 2005. (2006). Available at: https://www.icbf.gov.co/sites/default/files/libro_2005.pdf [Accessed 18.07.25]
2010: ENSIN 2010. Available at <https://www.minsalud.gov.co/> (last accessed 05.10.20)
2015: ENSIN 2015. Available at <https://www.minsalud.gov.co/> (last accessed 05.10.20)

Ä e ni navedeno drugaÄ e, se prekomerna teÅ¼a nanaÅ¼a na ITM med 25 kg in 29,9 kg/m², debelost pa na ITM, viÅ¼ji od 30 kg/m².

Za zbiranje teh podatkov so bile morda uporabljene razliÄ ne metodologije, zato podatki iz razliÄ nih raziskav morda niso strogo primerljivi. Prosimo, da uporabljene metodologije preverite pri izvirnih virih podatkov

Men and women

**Vrsta ankete:**

Izmerjeni

Literatura:

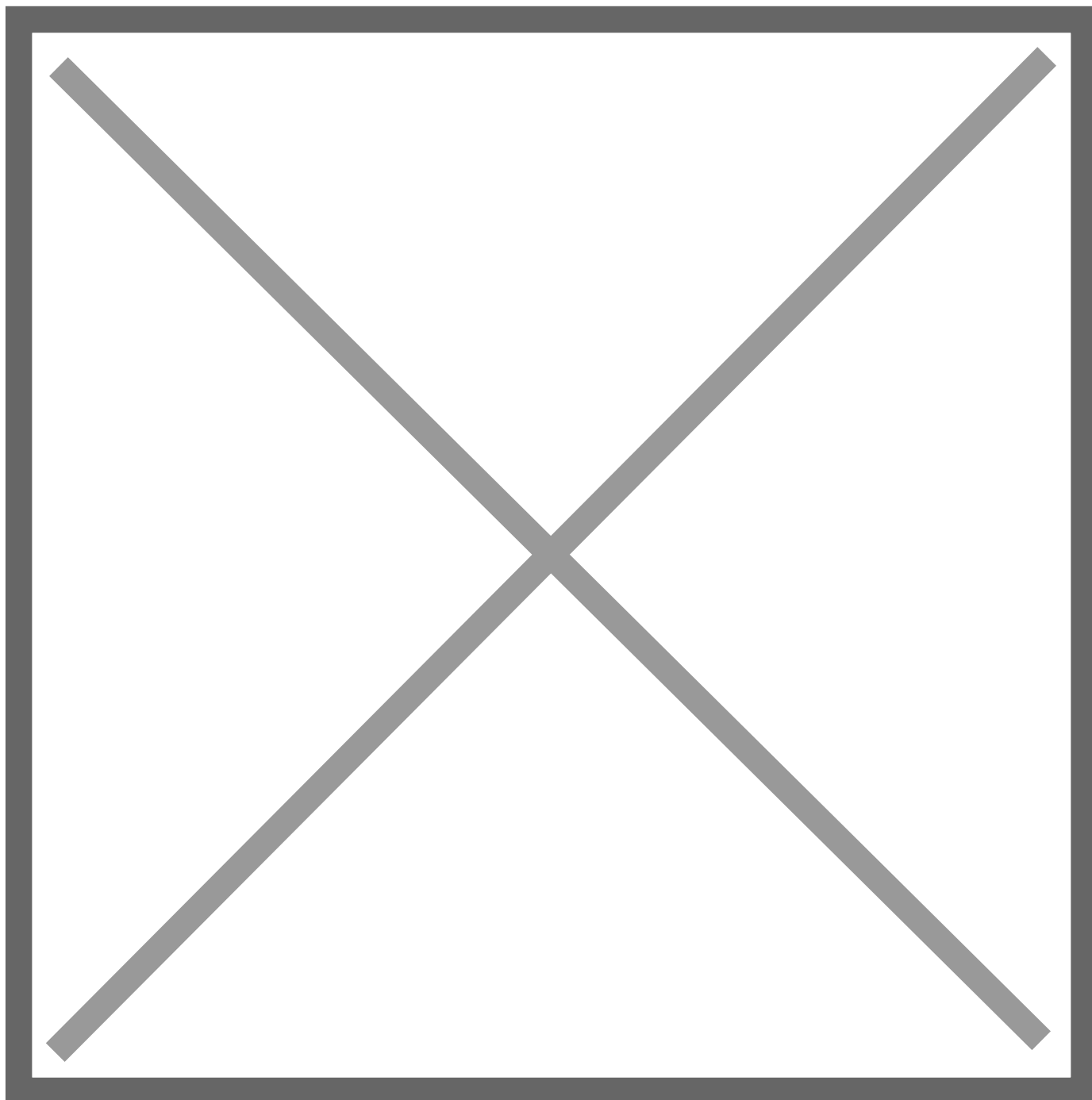
2004: Instituto Colombiano de Bienestar Familiar. Encuesta Nacional de la Situación Nutricional (ENSIN), 2005. (2006). Available at: https://www.icbf.gov.co/sites/default/files/libro_2005.pdf [Accessed 18.07.25]
2010: ENSIN 2010. Available at <https://www.minsalud.gov.co/> (last accessed 05.10.20)
2015: ENSIN 2015. Available at <https://www.minsalud.gov.co/> (last accessed 05.10.20)

Ä e ni navedeno drugaÄ e, se prekomerna teÅ¼a nanaÅ¼a na ITM med 25 kg in 29,9 kg/m², debelost pa na ITM, viÅ¼ji od 30 kg/m².

Za zbiranje teh podatkov so bile morda uporabljene razliÄ ne metodologije, zato podatki iz razliÄ nih raziskav morda niso strogo primerljivi. Prosimo, da uporabljene metodologije preverite pri izvirnih virih podatkov

% Adults living with obesity in selected countries in the Americas Region 1960-2018, izbrane države

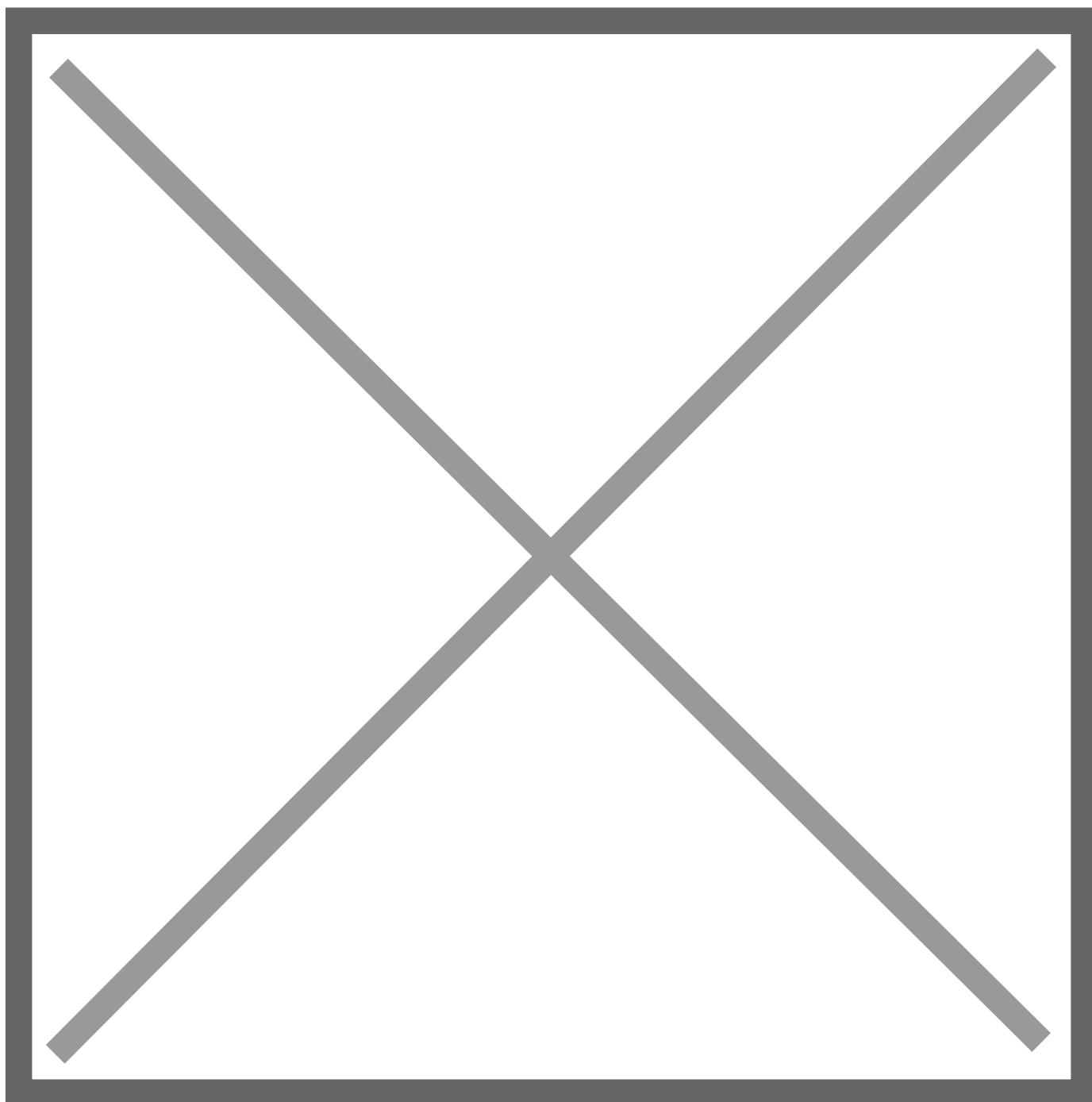
Moški



Literatura:

- 1960, 1971, 1973, 1976, 1991: Flegal KM, Carroll MD, Kuczmarski RJ, Johnson CL. Overweight and obesity in the United States: prevalence and trends, 1960-1994. *International Journal of Obesity* (1998);22:39-47
- 1975: Monteiro CA, Conde WL, Popking BM. Is obesity replacing or adding to undernutrition? Evidence from different social classes in Brazil. 2002. *Public Health Nutrition*:51(1A), 105-112
- 1988: Berrios X, Jadue I, Zenteno J, Ross MI, Rodriguez H. Prevalencia de factores de riesgo para enfermedades crónicas. Estudio de la población general de la región Metropolitana, 1986-1987. *Rev. Med. Chile.* 1990;118:597-604
- 1992: Uauy R, Albal C, Kain J. Obesity Trends in Latin America: Transiting from Under-to Overweight. *Journal of Nutrition* 2001;131:S893-S899
- 1994, 1995: Martorell R, Khan LK, Hughes ML, Grummer Strawn LM. Obesity in women from developing countries. *EJCN* (2000) 54:247-252
- 1997: Filozof C, Gonzales C, Sereday M, Mazza C, Braguinsky J. Obesity prevalence and trends in Latin American countries. *Obesity Reviews*, 2001;2:99-196
- 1998: Instituto Nacional de Estadística - INE/Guatemala and Macro International. 1999. Guatemala Encuesta Nacional de Salud Materno Infantil 1998-1999. Calverton, Maryland, USA: Instituto Nacional de Estadística - INE/Guatemala and Macro International.
- 1999: Centres for Disease Control and Prevention. <http://www.cdc.gov/>
- 2000: Personal Communication from Dr C Sanchez Castillio, Body Mass Index cutoff points for Type 2 Diabetes Mellitus and Hypertension in the Mexican National Health Survey 2000.
- 2001: Ogden CL, Carroll MD, Curtin LR, McDowell MA, Tabak CJ, Flegal KM. Prevalence of Overweight and Obesity in the United States, 1999-2004. *JAMA* 2006;295(13):1549-1555
- 2002: Monteiro CA, Conde WL and Popkin BA. (2007). Income-specific trends in obesity in Brazil: 1975 - 2003. *American Journal of Public Health*, 97 (10): 1808 - 1812.
- 2003: 2003 ENS Report. Final results on the National Health Survey. [Http://epi.minsal.cl/epi/html/invest/ENS/informeFinalENS.pdf](http://epi.minsal.cl/epi/html/invest/ENS/informeFinalENS.pdf).
- 2004: Instituto Colombiano de Bienestar Familiar. Encuesta Nacional de la Situación Nutricional (ENSIN), 2005. (2006). Available at: https://www.icbf.gov.co/sites/default/files/libro_2005.pdf [Accessed 18.07.25]
- 2005: Cayemittes, Michel, Marie Florence Placide, Soumaïla Mariko, Bernard Barrère, Blaise Sévère, and Canez Alexandre. 2007. Enquête Mortalité, Morbidité et Utilisation des Services, Haïti, 2005-2006. Calverton, Maryland, USA: Ministère de la Santé Publique et de la Population, Institut Haïtien de l'Enfance and Macro International.
- 2006: Olaiz-Fernández G, Rivera-Dommarco J, Shamah-Levy T, Rojas R, Villalpando-Hernández S, Hernández-Avila M, Sepúlveda-Amor J. Encuesta Nacional de Salud y Nutrición 2006. Cuernavaca, México: Instituto Nacional de Salud Pública, 2006. (National Health and Nutrition Survey 2006).
- 2007: Flegal KM, Carroll MD, Ogden CL and Curtin LR. (2010). Prevalence and trends in obesity among US adults, 1999-2008. *Journal of the American Medical Association*, 303 (3): 235 - 241.
- 2008: Ramirez-Zea M, Kroker-Lobos MF, Close-Fernandez R, Kanter R. The double burden of malnutrition in indigenous and nonindigenous Guatemalan populations. *Am J Clin Nutr.* 2014 Dec;100(6):1644S-51S. doi: 10.3945/ajcn.114.083857
- 2009: NHANES Survey - Published in Flegal KM, Carroll MD, Kit BK, Ogden CL. Prevalence of Obesity and Trends in the Distribution of Body Mass Index Among US Adults, 1999-2010. *JAMA* Published online January 17, 2012. doi: 10.1001/jama.2012.39
- 2010: ENSIN 2010. Available at <https://www.minsalud.gov.co/> (last accessed 05.10.20)
- 2011: Ruopeng An, "Prevalence and Trends of Adult Obesity in the US, 1999-2012", *ISRN Obesity*, vol. 2014, Article ID 185132, 6 pages, 2014. doi:10.1155/2014/185132
- 2012: Cayemittes, Michel, Michelle Fatuma Busangu, Jean de Dieu Bizimana, Bernard Barrère, Blaise Sévère, Viviane Cayemittes and Emmanuel Charles. 2013. Enquête Mortalité, Morbidité et Utilisation des Services, Haïti, 2012. Calverton, Maryland, USA: Ministère de la Santé Publique et de la Population - MSP/Haïti, l'Institut Haïtien de l'Enfance - IHE, and ICF International.
- 2013: FERREIRA, Arthur Pate de Souza; SZWARCOWALD, Célia Landmann and DAMACENA, Giseli Nogueira. Prevalence of obesity and associated factors in the Brazilian population: a study of data from the 2013 National Health Survey. *Rev. bras. epidemiol.* [online]. 2019, vol.22 [cited 2019-05-16], e190024. Available from: http://www.scielo.br/scielo.php?script=sci_arttext&pid=S1415-790X2019000100420&lng=en&nrm=iso. Epub Apr 01, 2019. ISSN 1415-790X. <http://dx.doi.org/10.1590/1980-549720190024>.
- 2014: Ministerio de Salud Pública y Asistencia Social - MSPAS/Guatemala, Instituto Nacional de Estadística - INE/Guatemala, Secretaría de Planificación y Programación de la Presidencia - Segeplán/Guatemala and ICF International. 2017. Encuesta Nacional de Salud Materno Infantil 2014-2015: Informe Final. Rockville, Maryland, USA: MSPAS, INE, Segeplán and ICF International.
- 2015: ENSIN 2015. Available at <https://www.minsalud.gov.co/> (last accessed 05.10.20)
- 2016: Encuesta Nacional de Salud y Nutrición de Medio Camino 2016
- 2017: Reanalysis of NHANES 2017/18 by Rachel Jackson Leach, Jaynaide Powis World Obesity Federation
- 2018: 4th National Survey, Full report available at http://www.msal.gob.ar/images/stories/bes/graficos/0000001622cnt-2019-10_4ta-encuesta-nacional-factores-riesgo.pdf (last accessed 29.04.20)
- 2019: Pesquisa nacional de saúde : 2019 : ciclos de vida : Brasil / IBGE, Coordenação de Trabalho e Rendimento. - Rio de Janeiro : IBGE, 2021. Available at <https://www.ibge.gov.br/en/statistics/social/health/16840-national-survey-of-health.html?=&t=resultados> (last accessed 04.04.23)
- 2020: INEI (2021) Peru Encuesta Demográfica y de Salud Familiar Endes 2020. Available at https://www.inei.gob.pe/media/MenuRecursivo/publicaciones_digitales/Est/Lib1795/ (last accessed 28.03.23)
- 2021: Shamah-Levy T, Romero-Martínez M, Barrientos-Gutiérrez T, Cuevas-Nasu L, Bautista-Arredondo S, Colchero MA, Gaona-Pineda EB, Lazcano-Ponce E, Martínez-Barnette J, Alpuche-Arana C, Rivera-Dommarco J. Encuesta Nacional de Salud y Nutrición 2021 sobre Covid-19. Resultados nacionales. Cuernavaca, México: Instituto Nacional de Salud Pública, 2022. <https://ensanut.insp.mx/encuestas/ensanutcontinua2021/informes.php> (Accessed 03.01.2023)
- 2022: Perú: Encuesta Demográfica y de Salud Familiar 2022 - Nacional y Departamental. Available at <https://www.gob.pe/institucion/inei/informes-publicaciones/4233597-peru-encuesta-demografica-y-de-salud-familiar-endes-2022>
- 2023: Shamah-Levy T, Lazcano-Ponce E, Cuevas-Nasu L, Romero-Martínez M, Gaona-Pineda EB, Gómez-Acosta JM,

Za zbiranje teh podatkov so bile morda uporabljene različne metodologije, zato podatki iz različnih raziskav morda niso strogo primerljivi. Prosim, da uporabljene metodologije preverite pri izvirnih virih podatkov

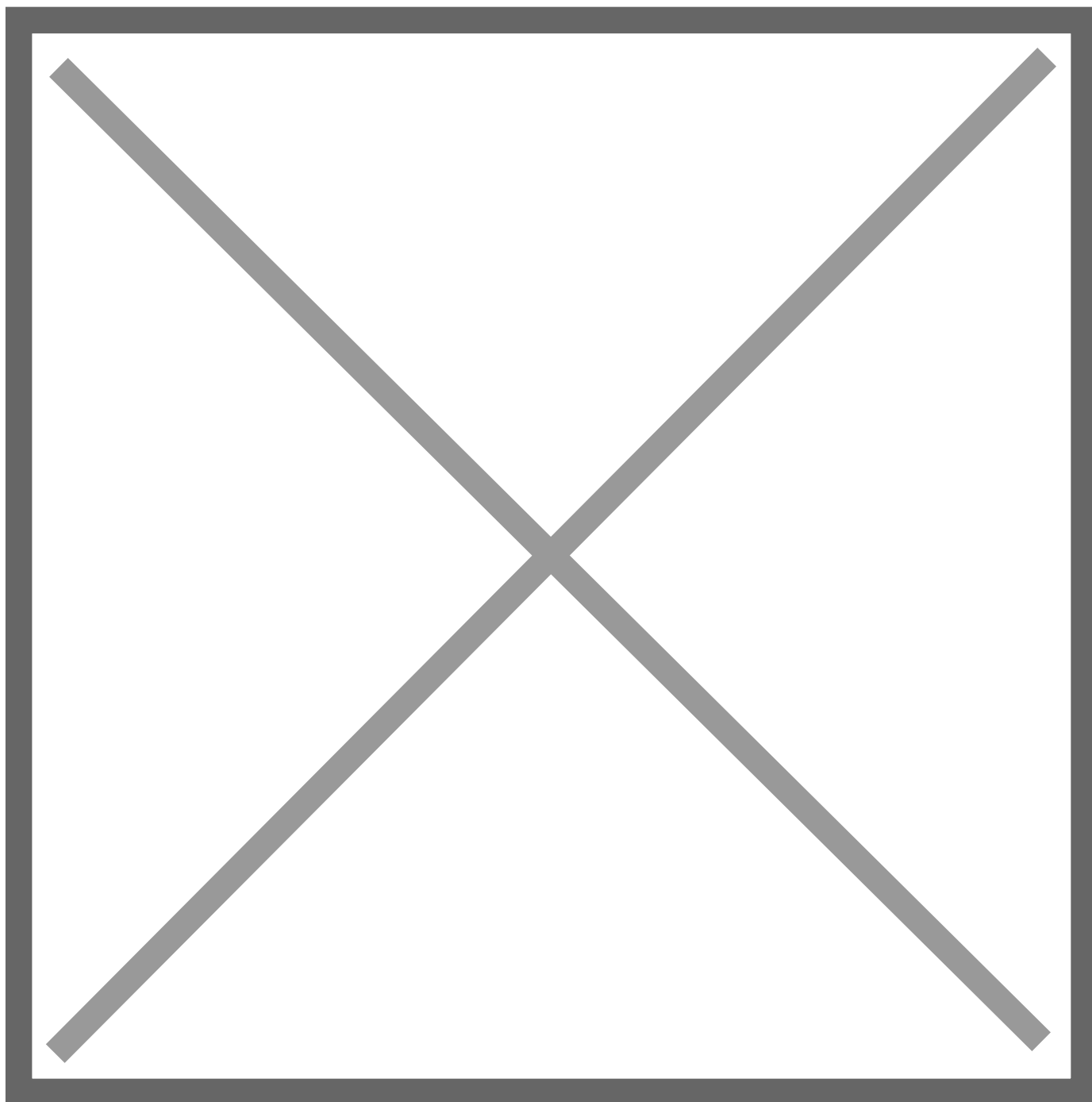
A¹/₂enske**Literatura:**

- 1960, 1971, 1973, 1976, 1991: Flegal KM, Carroll MD, Kuczmarski RJ, Johnson CL. Overweight and obesity in the United States: prevalence and trends, 1960-1994. *International Journal of Obesity* (1998);22:39-47
- 1975: Monteiro CA, Conde WL, Popking BM. Is obesity replacing or adding to undernutrition? Evidence from different social classes in Brazil. 2002. *Public Health Nutrition*:51(1A), 105-112
- 1988: Berrios X, Jadue I, Zenteno J, Ross MI, Rodriguez H. Prevalencia de factores de riesgo para enfermedades cronicas. Estudio de la poblacion general de la region Metropolitana, 1986-1987. *Rev. Med. Chile*. 1990;118:597-604
- 1992: Uauy R, Albal C, Kain J. Obesity Trends in Latin America: Transiting from Under-to Overweight. *Journal of Nutrition* 2001;131:S893-S899
- 1994, 1995: Martorell R, Khan LK, Hughes ML, Grummer Strawn LM. Obesity in women from developing countries. *EJCN* (2000) 54;247-252
- 1997: Filozof C, Gonzales C, Sereday M, Mazza C, Braguinsky J. Obesity prevalence and trends in Latin American countries. *Obesity Reviews*, 2001;2:99-196
- 1998: Instituto Nacional de Estadística - INE/Guatemala and Macro International. 1999. Guatemala Encuesta Nacional de

Za zbiranje teh podatkov so bile morda uporabljene različne metodologije, zato podatki iz različnih raziskav morda niso strogo primerljivi. Prosim, da uporabljene metodologije preverite pri izvirnih virih podatkov

Prekomerna telesna teŹa/debelost glede na izobrazbo

Odrasli, 2018



Vrsta ankete:	Izmerjeni
Starost:	18-75
Obseg vzorcev:	1537

Zajeto območje:

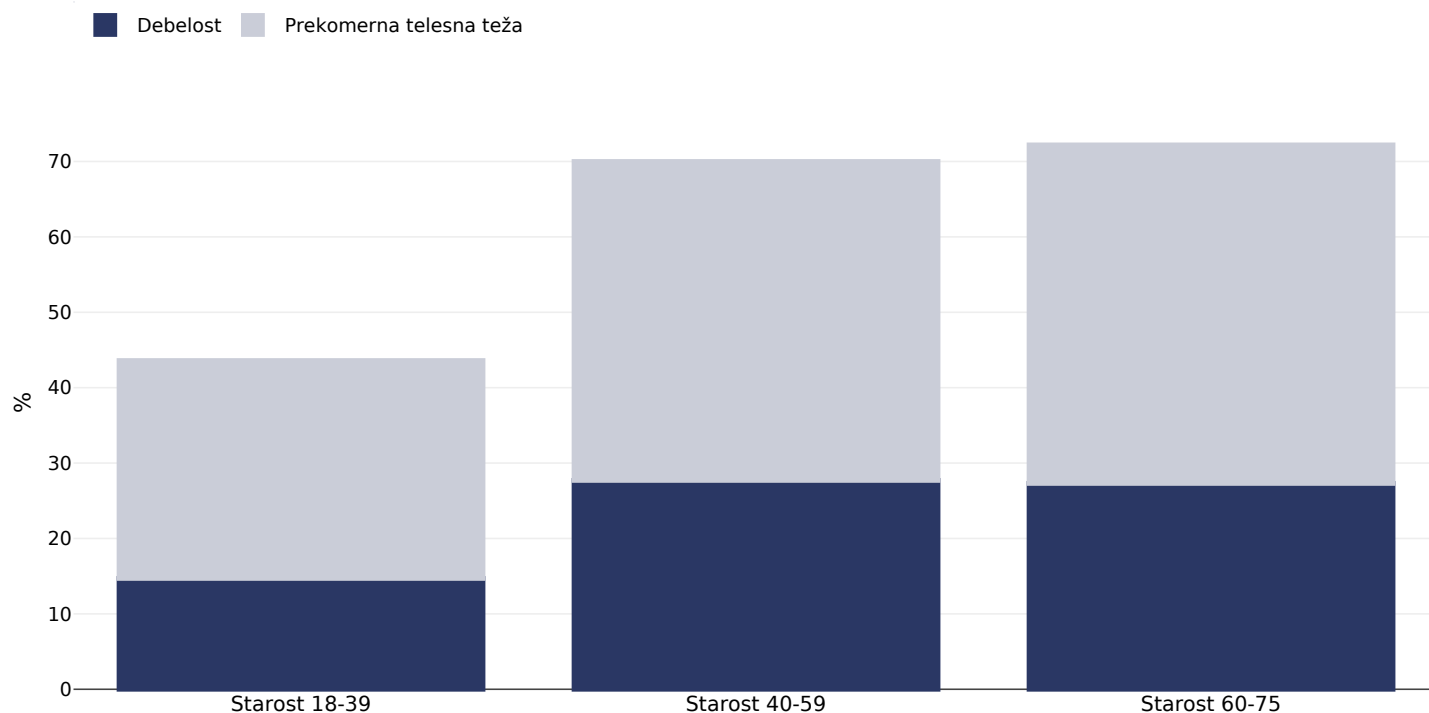
Urbana naselja

Literatura: Jimenez-Mora, Mario A et al. "Association of Overweight, Obesity and Abdominal Obesity with Socioeconomic Status and Educational Level in Colombia." Diabetes, metabolic syndrome and obesity : targets and therapy vol. 13 1887-1898. 3 Jun. 2020, doi:10.2147/DMSO.S244761

Če ni navedeno drugače, se prekomerna teža nanaša na ITM med 25 kg in 29,9 kg/m², debelost pa na ITM, višji od 30 kg/m².

Prekomerna telesna teža^{3/4}/debelost glede na starost

Odrasli, 2018



Vrsta ankete: Izmerjeni

Obseg vzorcev: 1537

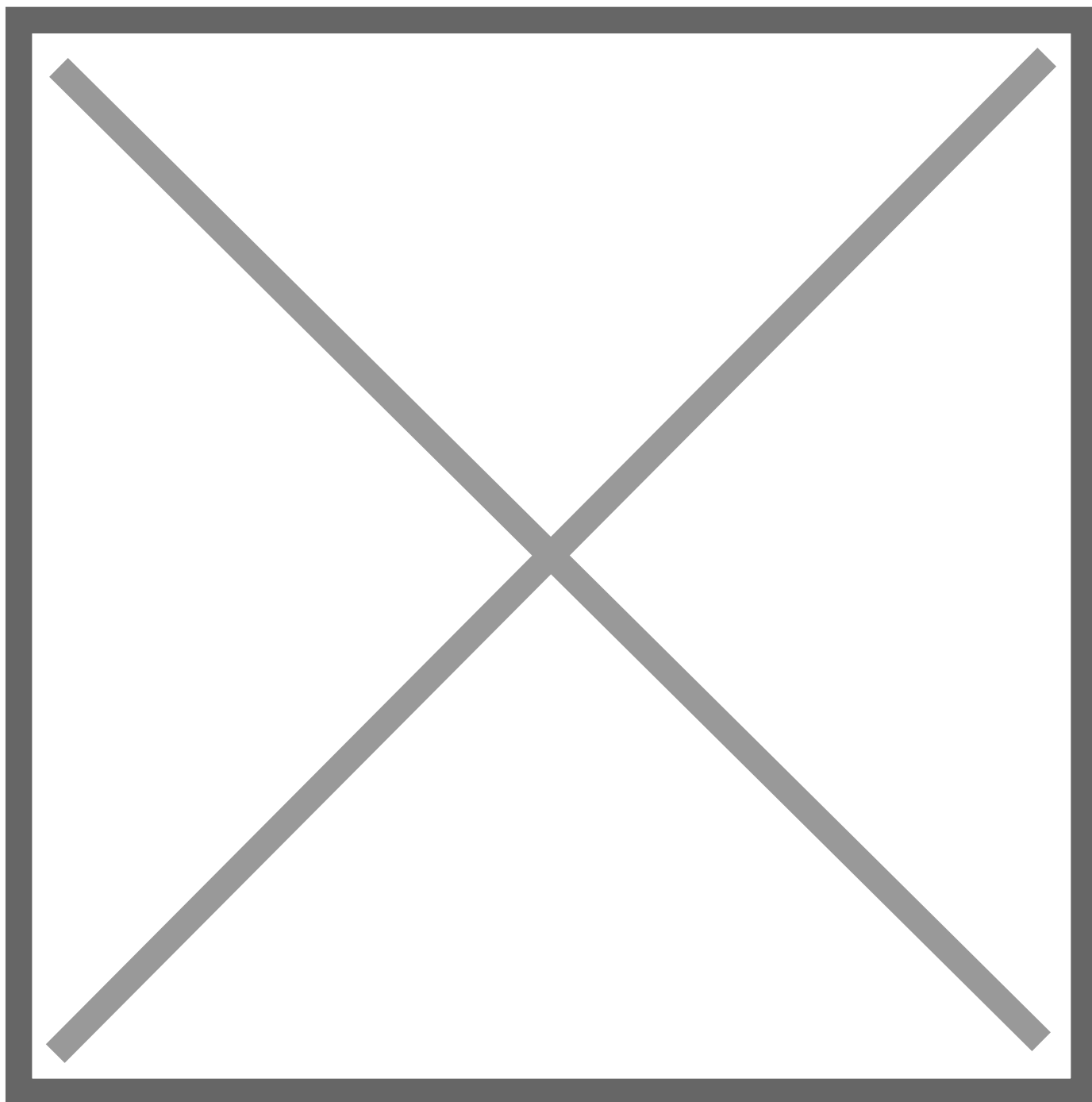
Zajeto območje: Urbana naselja

Literatura: Jimenez-Mora, Mario A et al. "Association of Overweight, Obesity and Abdominal Obesity with Socioeconomic Status and Educational Level in Colombia." Diabetes, metabolic syndrome and obesity : targets and therapy vol. 13 1887-1898. 3 Jun. 2020, doi:10.2147/DMSO.S244761

Če ni navedeno drugače, se prekomerna teža nanaša na ITM med 25 kg in 29,9 kg/m², debelost pa na ITM, višji od 30 kg/m².

Prekomerna telesna teŹa/debelost glede na regijo

Odrasli, 2018



Vrsta ankete:	Izmerjeni
Starost:	18-75
Obseg vzorcev:	1537

Zajeto območje:

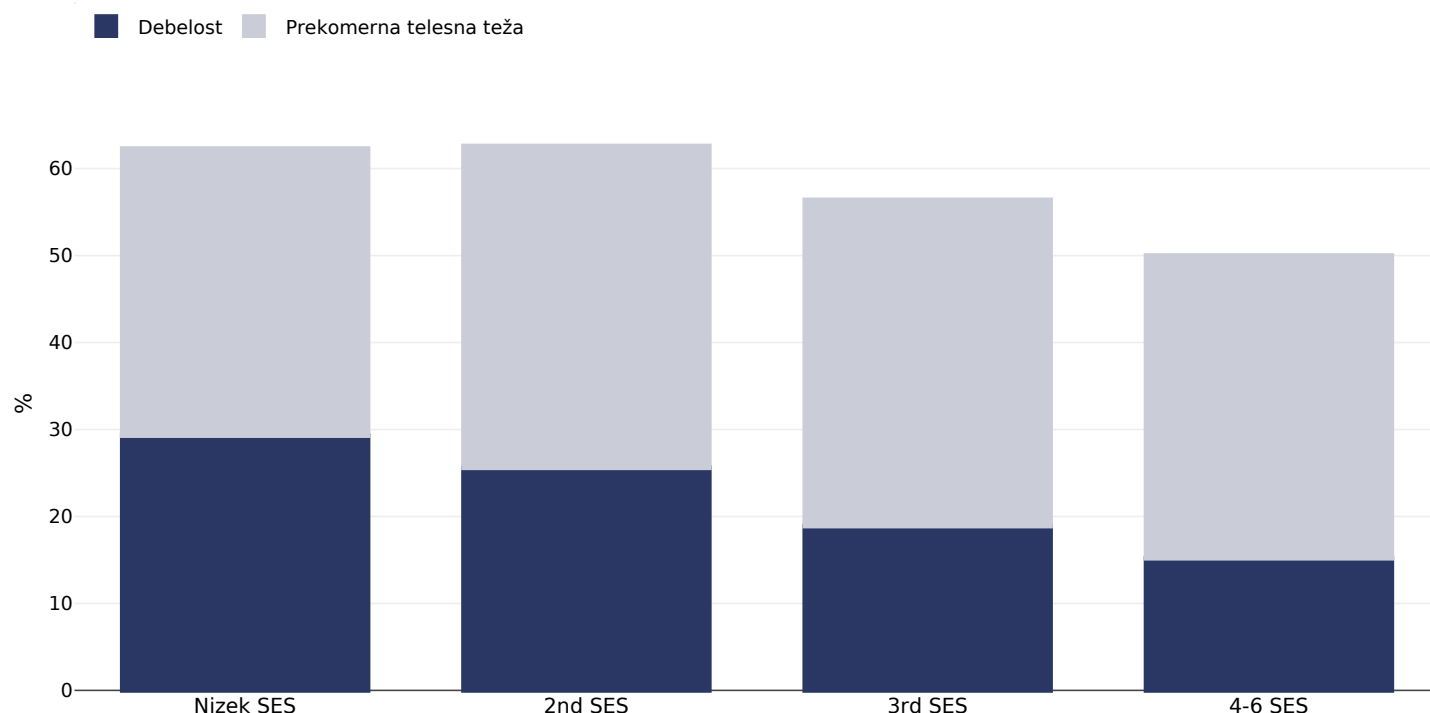
Urbana naselja

Literatura: Jimenez-Mora, Mario A et al. "Association of Overweight, Obesity and Abdominal Obesity with Socioeconomic Status and Educational Level in Colombia." Diabetes, metabolic syndrome and obesity : targets and therapy vol. 13 1887-1898. 3 Jun. 2020, doi:10.2147/DMSO.S244761

Če ni navedeno drugače, se prekomerna teža nanaša na ITM med 25 kg in 29,9 kg/m², debelost pa na ITM, višji od 30 kg/m².

Prekomerna telesna teŹa/debelost glede na socialno-ekonomsko skupino

Odrasli, 2018



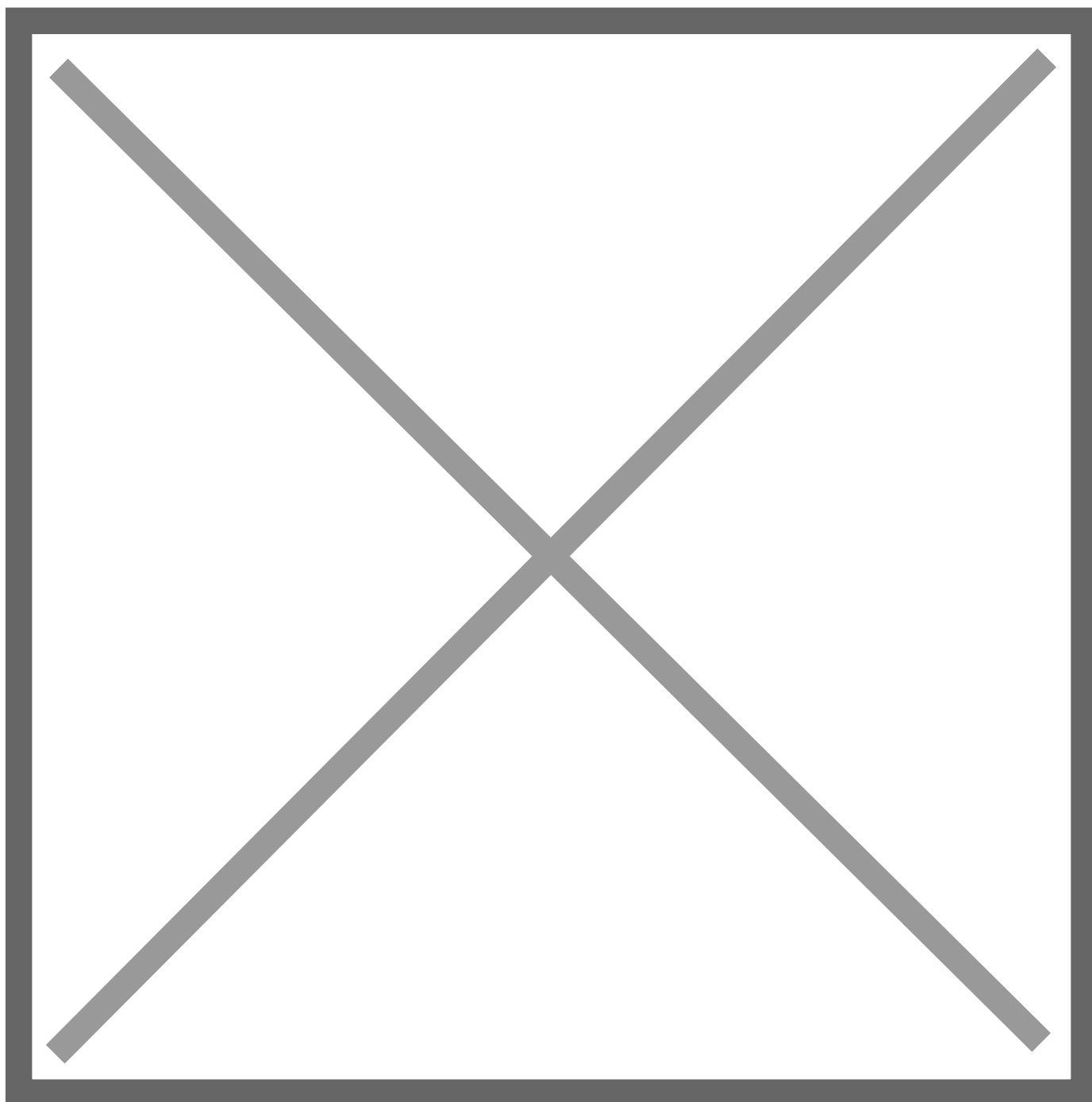
Vrsta ankete:	Izmerjeni
Starost:	18-75
Obseg vzorcev:	1537
Zajeto obmoĉje:	Urbana naselja
Literatura:	Jimenez-Mora, Mario A et al. "Association of Overweight, Obesity and Abdominal Obesity with Socioeconomic Status and Educational Level in Colombia." Diabetes, metabolic syndrome and obesity : targets and therapy vol. 13 1887-1898. 3 Jun. 2020, doi:10.2147/DMSO.S244761

Ā e ni navedeno drugaĀ e, se prekomerna teŹa nanaĹja na ITM med 25 kg in 29,9 kg/mĀ², debelost pa na ITM, viĹji od 30 kg/mĀ².

Prekomerna telesna teŹa/debelost glede na etniÄ no poreklo

Ethnic groups are as defined by publication of origin and are not as defined by WOF. In some instances ethnicity is conflated with nationality and/or race.

Odrasli, 2015-2016

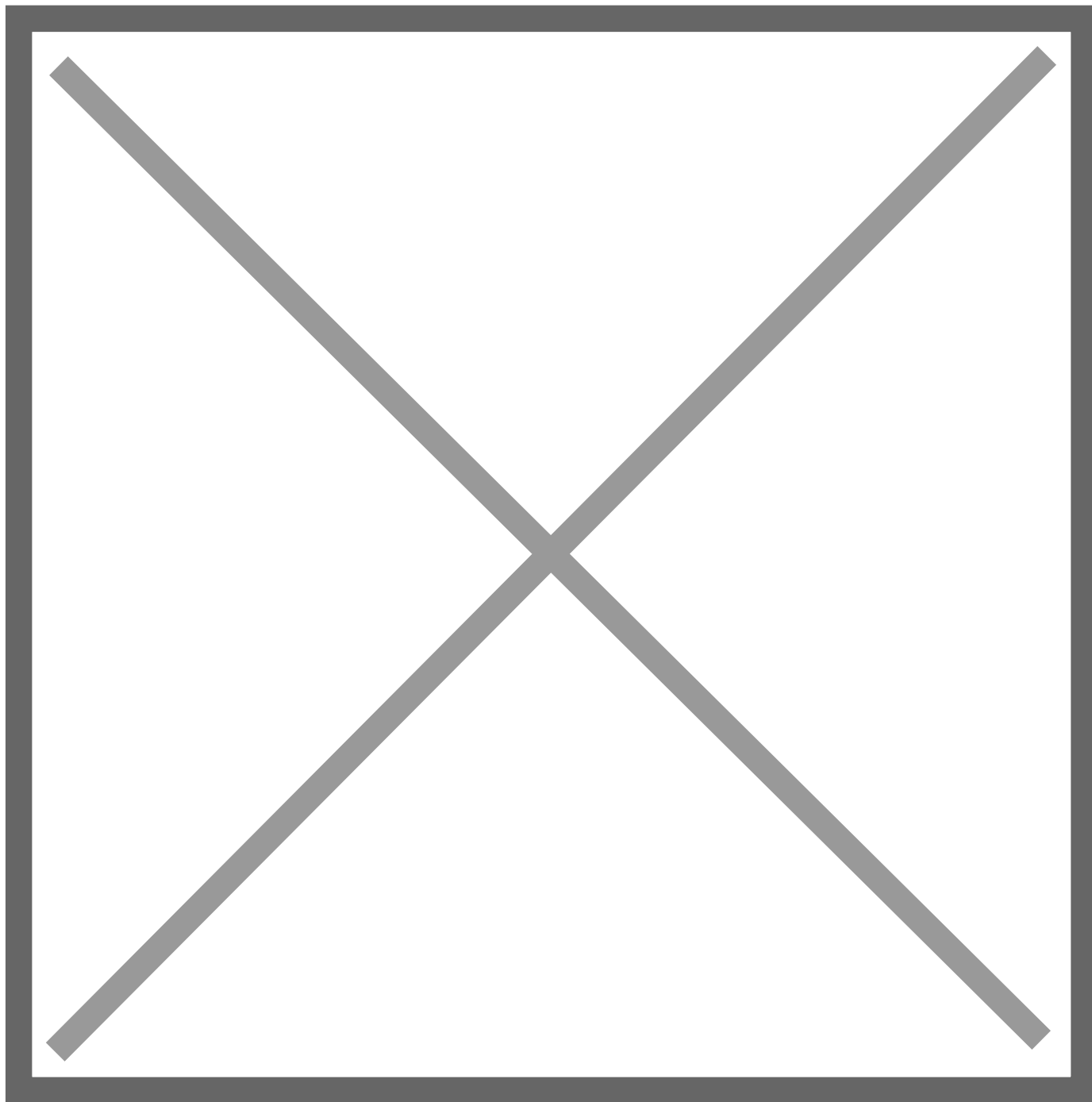


Vrsta ankete:	Izmerjeni
Starost:	18-64
Obseg vzorcev:	74,200
Zajeto območje je:	Na državni ravni
Literatura:	Libro ENSIN 2015. Available at: https://www.minsalud.gov.co/ [Accessed 18.07.25]

Če ni navedeno drugače, se prekomerna teža nanaša na ITM med 25 kg in 29,9 kg/m², debelost pa na ITM, višji od 30 kg/m².

Double burden of underweight & overweight

Odrasli, 2022



Vrsta ankete:

Izmerjeni

Starost:

20+

Literatura:

NCD Risk Factor Collaboration (NCD-RisC). Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population representative studies with 222 million children, adolescents, and adults. Lancet 2024; published online Feb 29. [https://doi.org/10.1016/S0140-6736\(23\)02750-2](https://doi.org/10.1016/S0140-6736(23)02750-2).

Opombe (na
voljo samo v
angleščini):

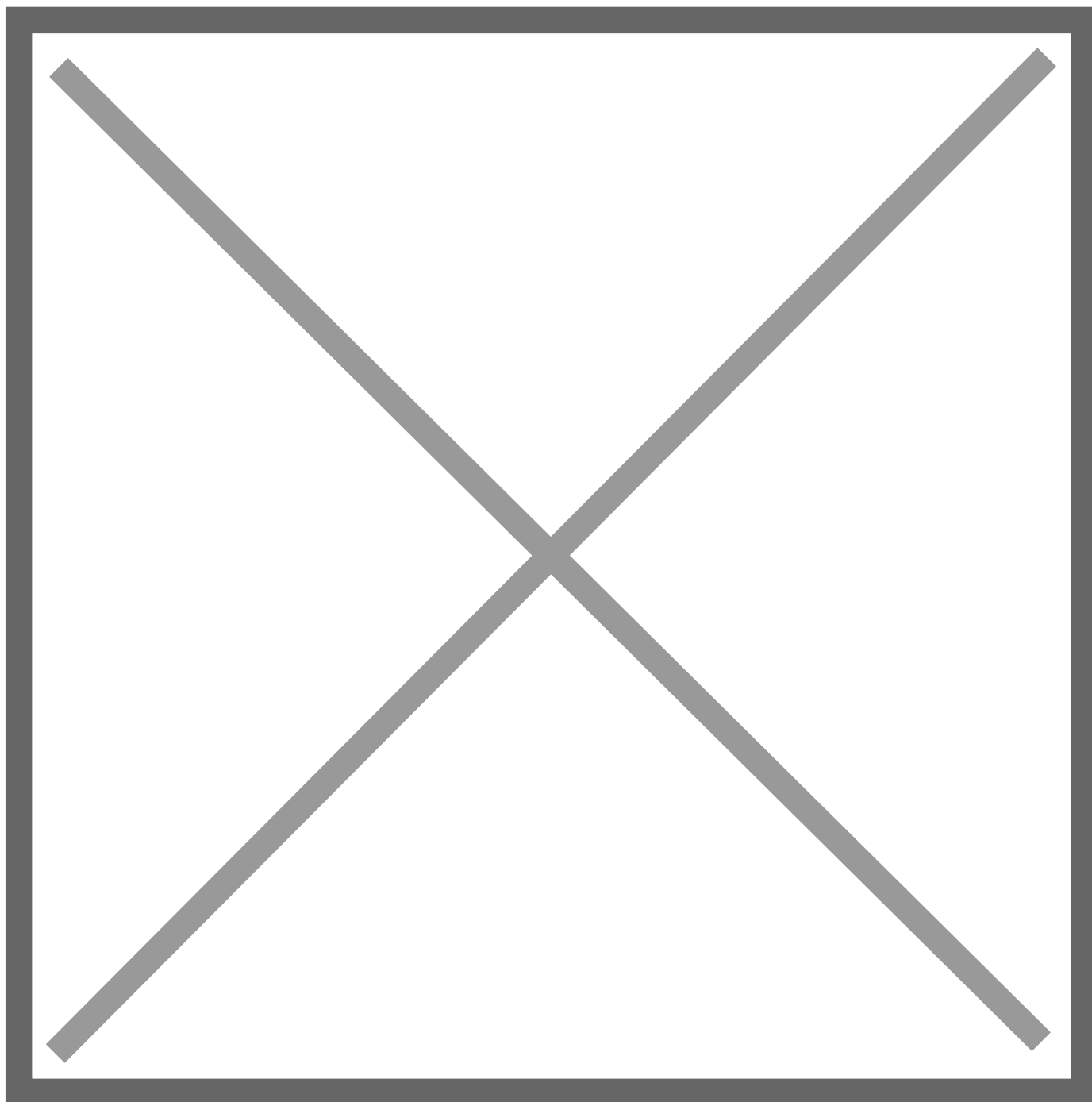
Age Standardised estimates

Definicije (na
voljo samo v
angleščini):

Combined prevalence of BMI<18.5 kg/m² and BMI≥30 kg/m² (double burden of underweight and obesity)

Nezadostna telesna aktivnost

Odrasli, 2022

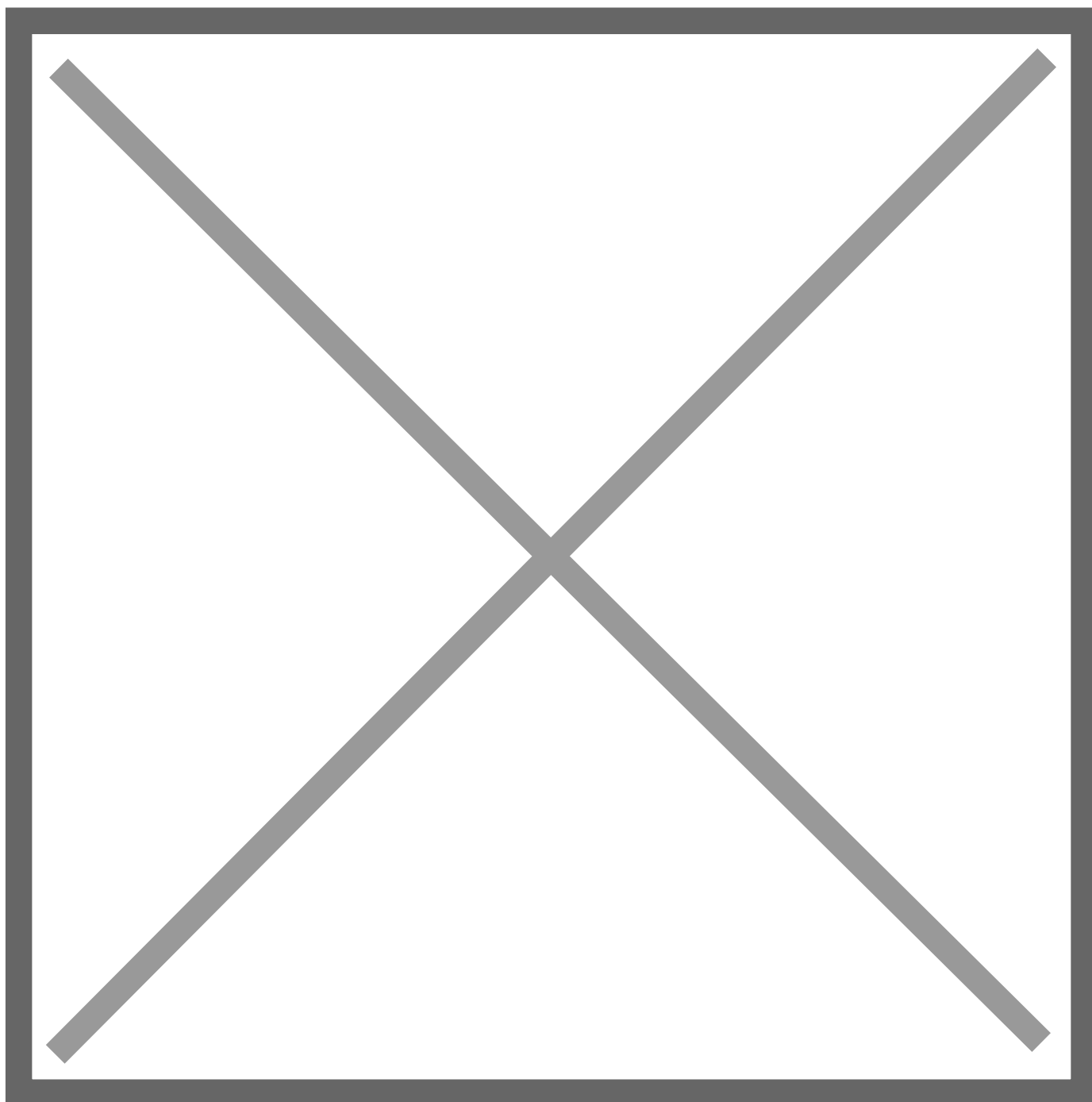


Vrsta ankete:	Samoprijavljeni
Starost:	18+
Zajeto območje:	Na državni ravni

Literatura: WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at [https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-\(age-standardized-estimate\)-\(-\)](https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-))

Definicije (na voljo samo v angleščini): Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.

Moški, 2022



Vrsta ankete: Samoprijavljeni

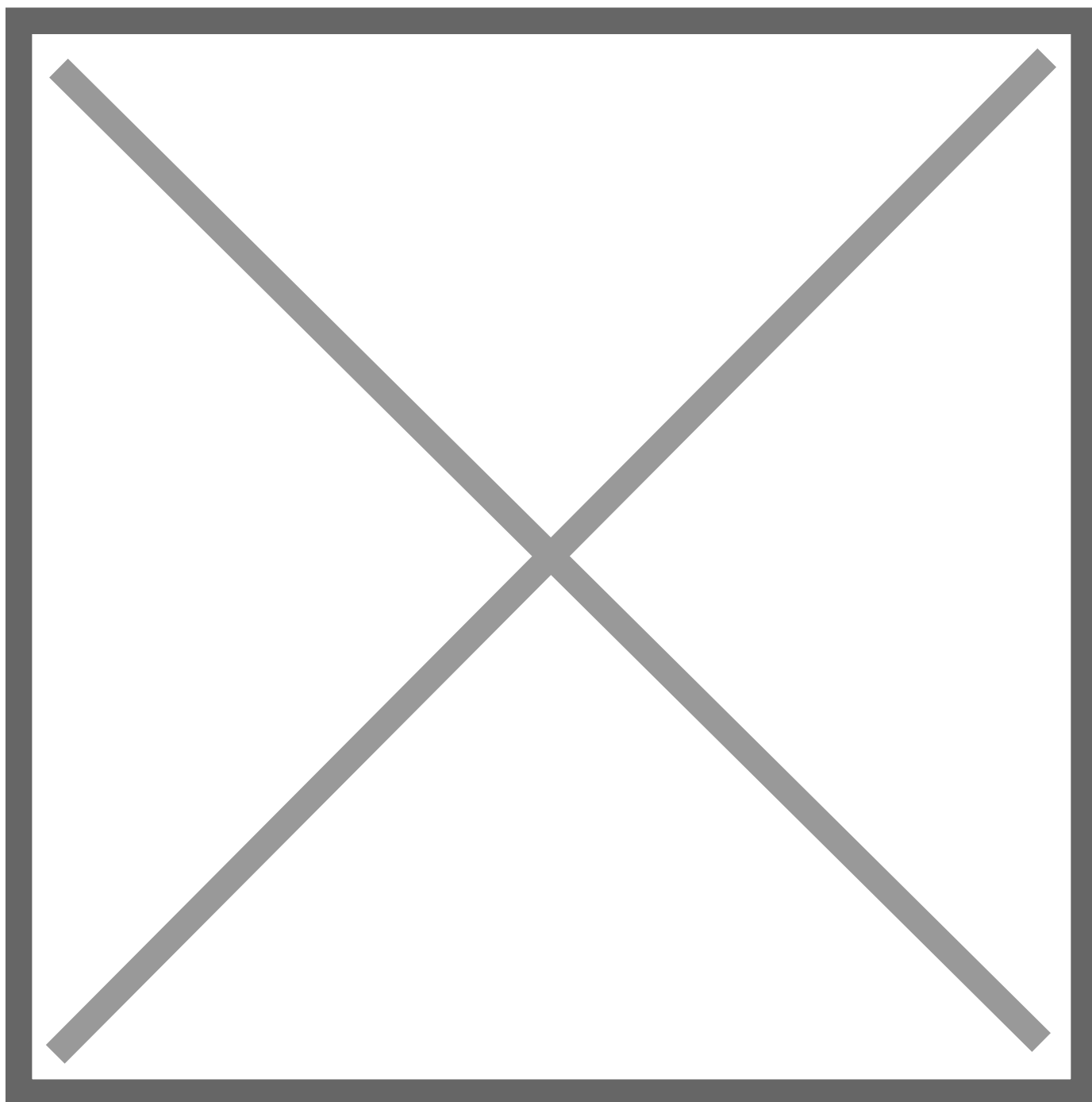
Starost: 18+

Zajeto območje: Na državni ravni

Literatura: WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at [https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-\(age-standardized-estimate\)-\(-\)](https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-))

**Definicije (na
voljo samo v
angleščini):**

Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.

A¹/₂enske, 2022

Vrsta ankete:	Samoprijavljeni
---------------	-----------------

Starost:	18+
----------	-----

Zajeto območje:	Na državni ravni
-----------------	------------------

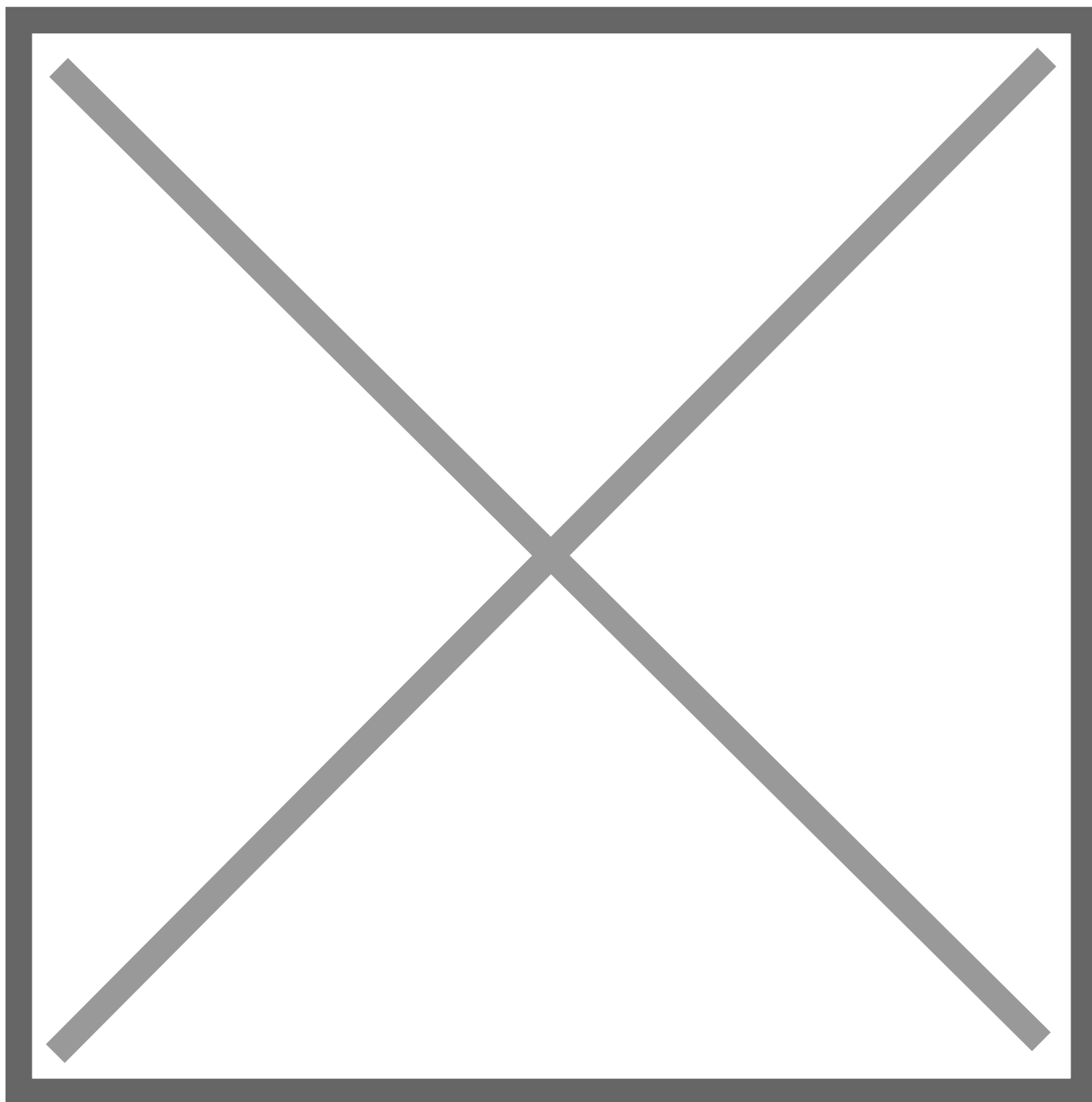
Literatura:	WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-)
-------------	---

**Definicije (na
voljo samo v
angleščini):**

Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.

Estimated per capita fruit intake

Odrasli, 2017



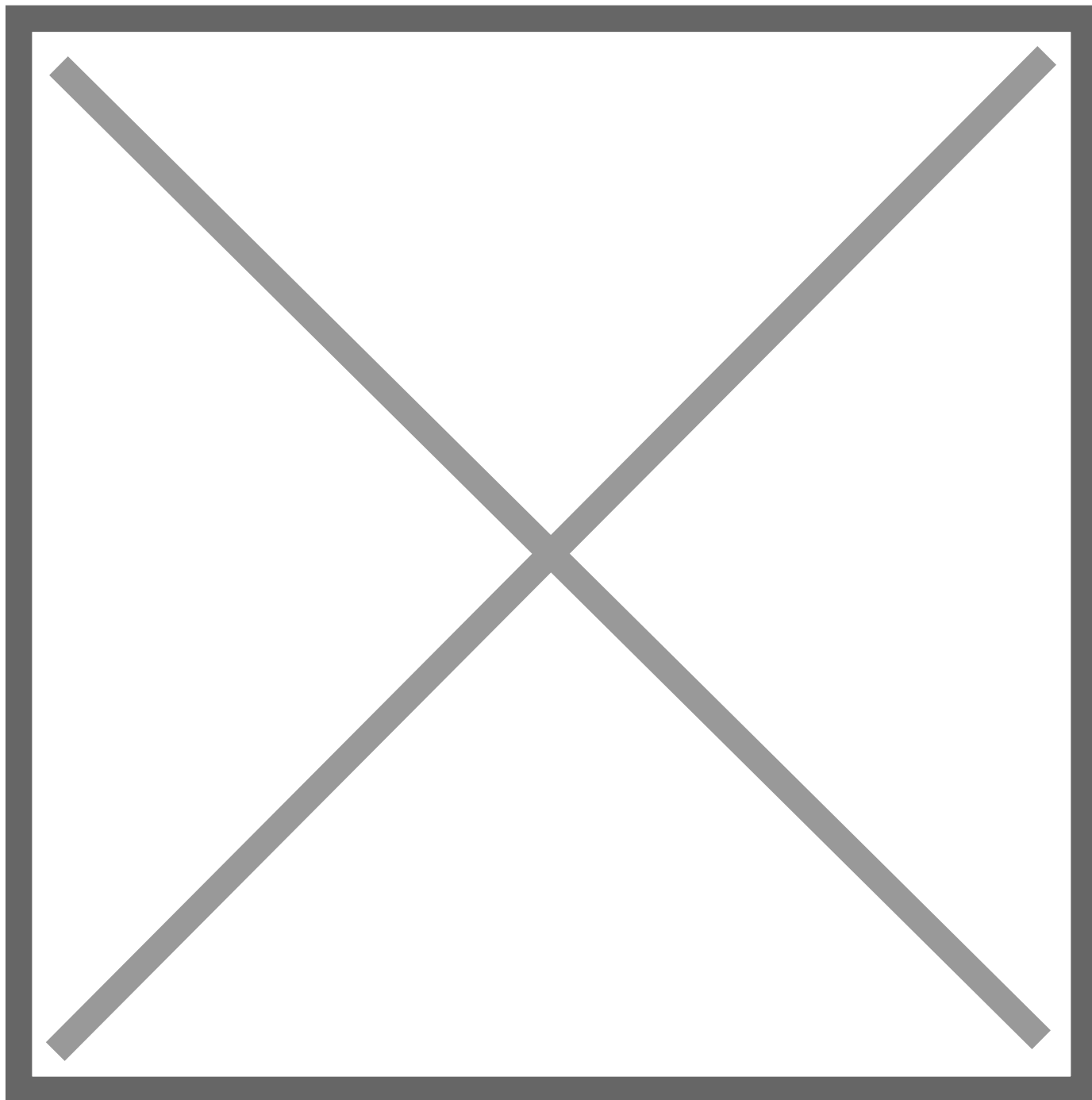
Vrsta ankete:	Izmerjeni
Starost:	25+
Literatura:	Global Burden of Disease, the Institute for Health Metrics and Evaluation http://ghdx.healthdata.org/

Definicije (na
voljo samo v
angleščini):

Estimated per-capita fruit intake (g/day)

Ocenjeni vnos predelanega mesa na prebivalca

Odrasli, 2017



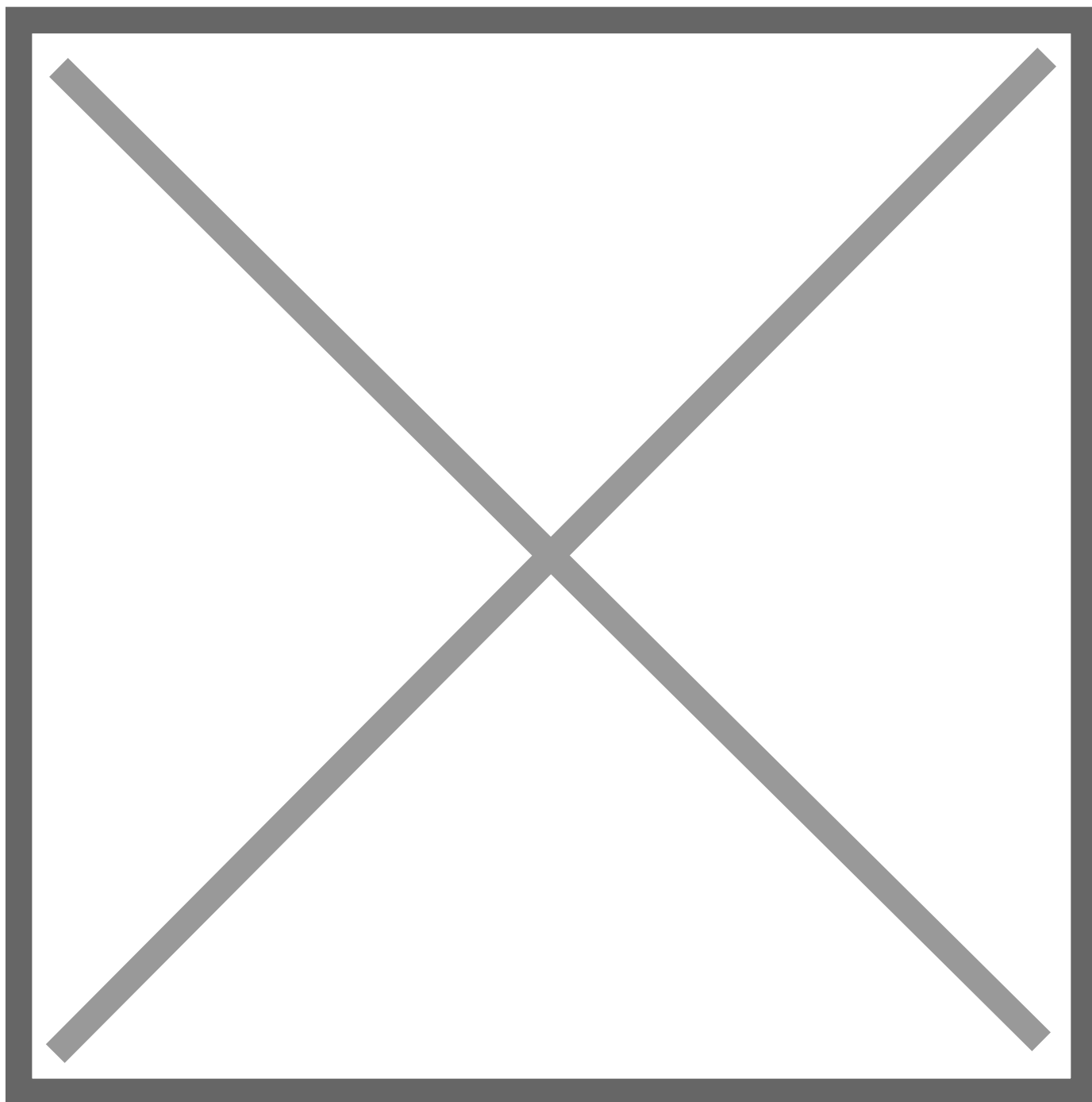
Vrsta ankete:	Izmerjeni
Starost:	25+
Literatura:	Global Burden of Disease, the Institute for Health Metrics and Evaluation http://ghdx.healthdata.org/

Definicije (na
voljo samo v
angleščini):

Estimated per-capita processed meat intake (g per day)

Estimated per capita whole grains intake

Odrasli, 2017



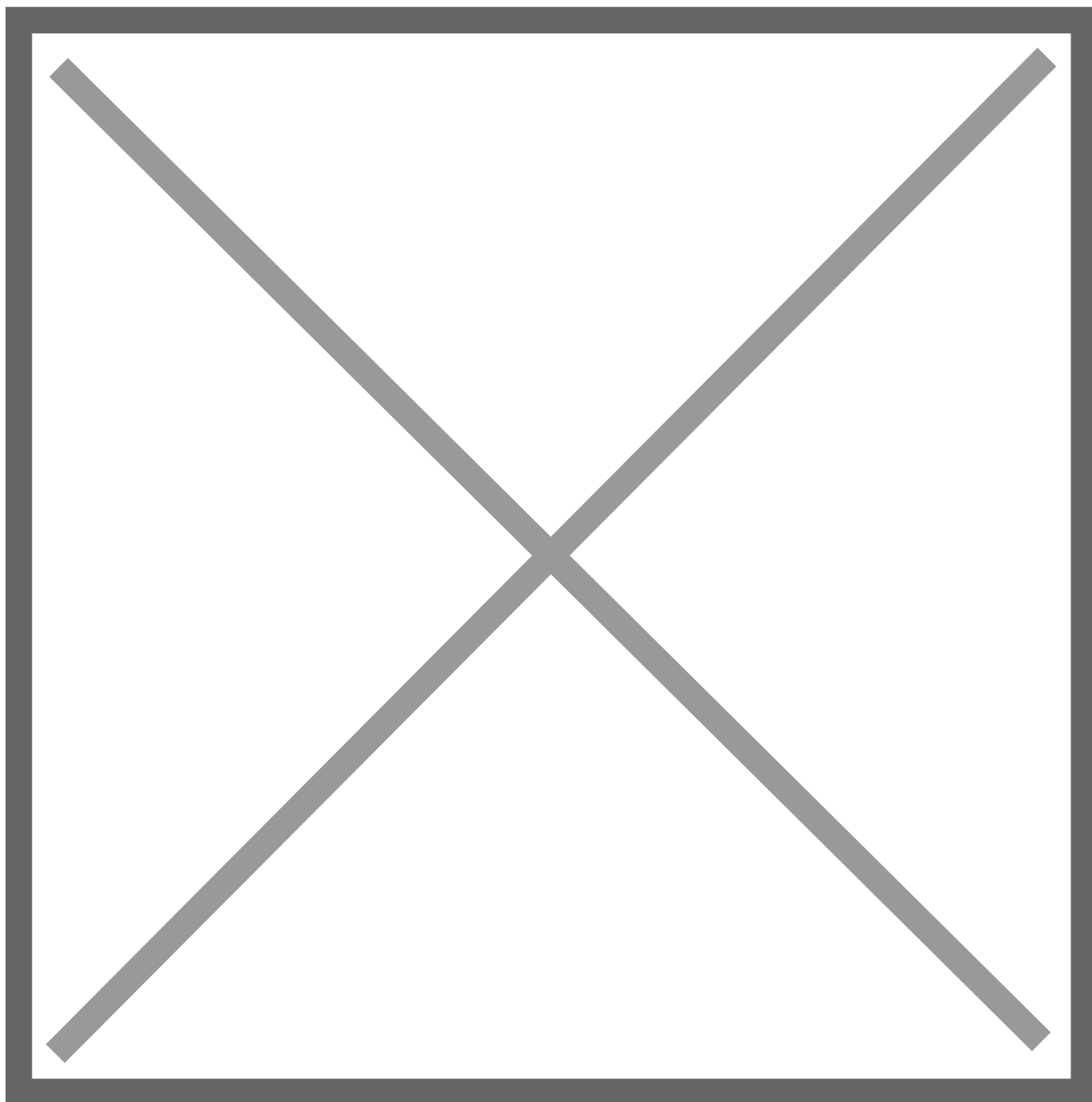
Vrsta ankete:	Izmerjeni
Starost:	25+
Literatura:	Global Burden of Disease, the Institute for Health Metrics and Evaluation http://ghdx.healthdata.org/

Definicije (na
voljo samo v
angleščini):

Estimated per-capita whole grains intake (g/day)

DuÅ¡evno zdravje â depresivne motnje

Odrasli, 2021



Starost:

20+

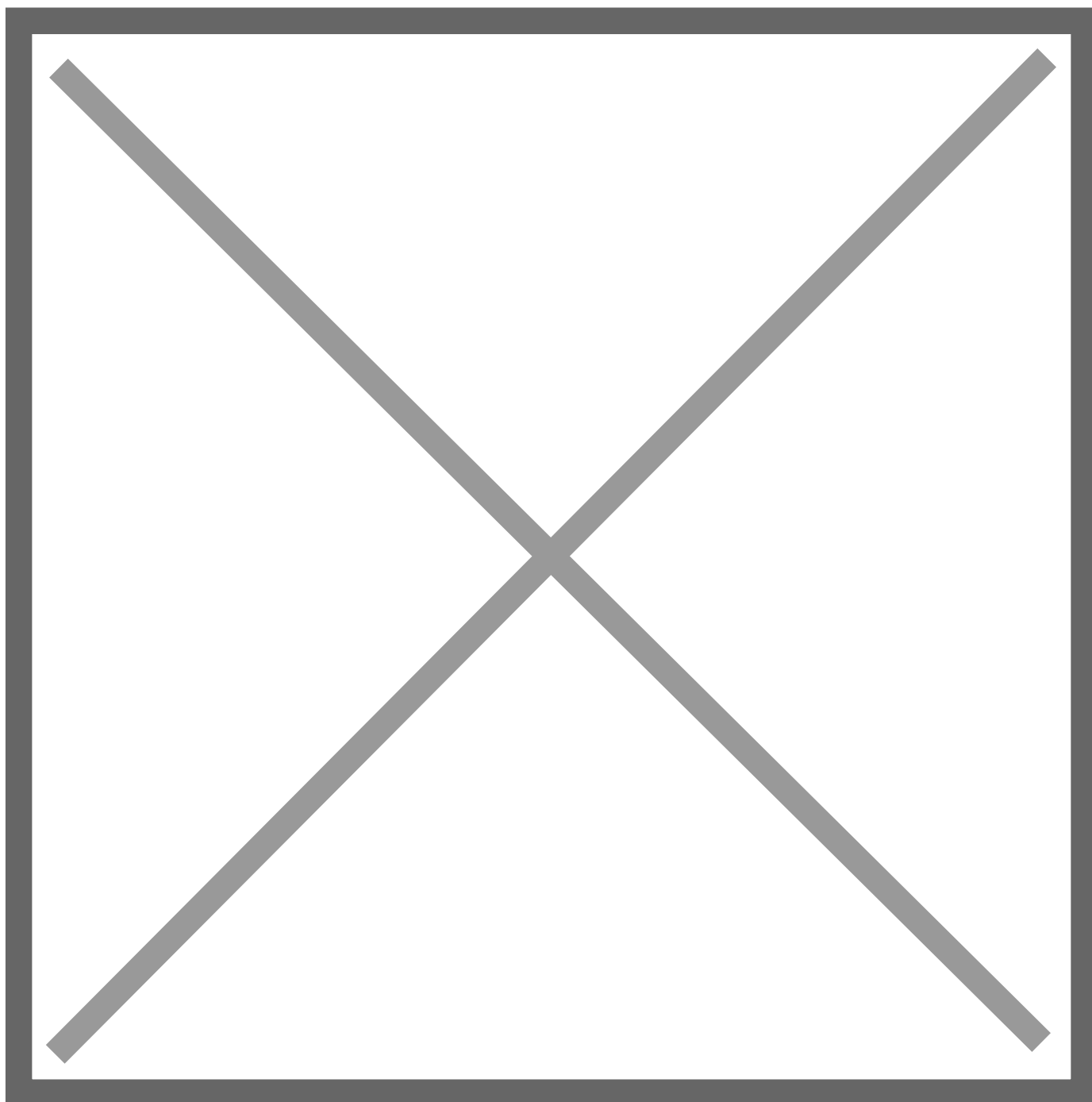
Zajeto obmoãje:
je:

Na drÅ¡avni ravni

Literatura: Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Definicije (na voljo samo v angleščini): Number living with depression per 100,000 population (adults 20+ years)

Moški, 2021



Starost:

20+

Zajeto območje
je:

Na državni ravni

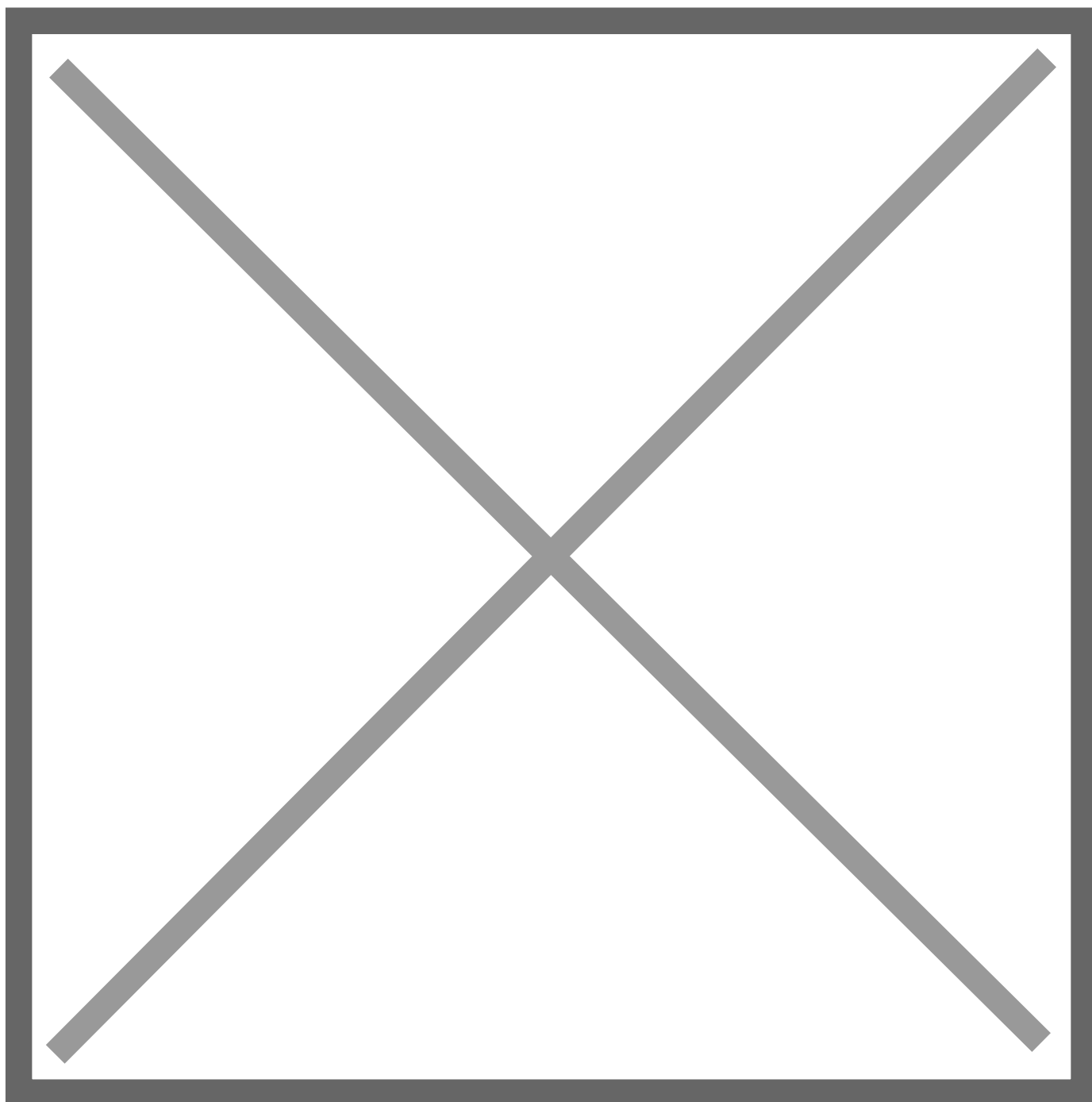
Literatura:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

Definicije (na
voljo samo v
angleščini):

Number living with depression per 100,000 population (adults 20+ years)

Å½enske, 2021



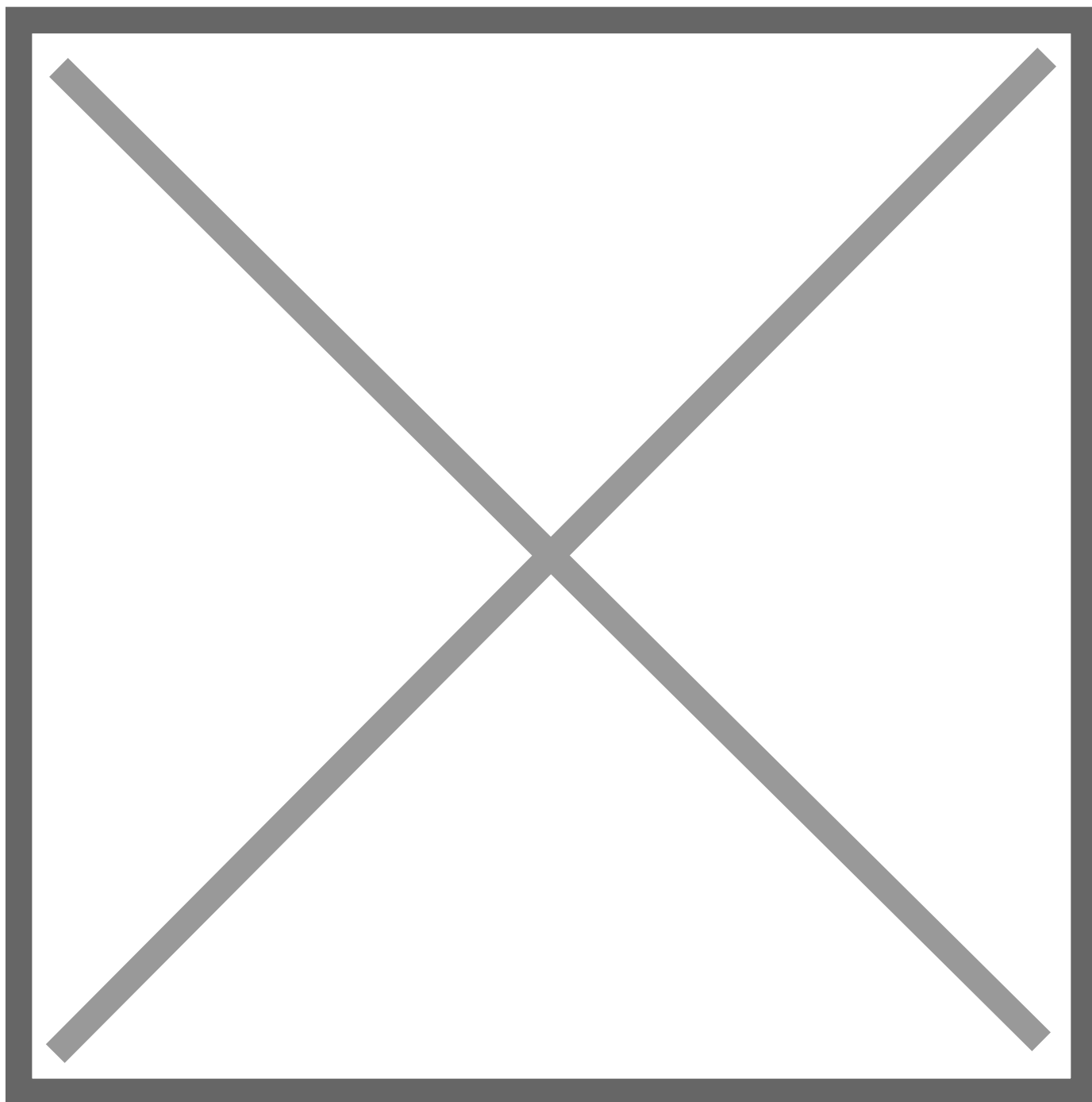
Starost:	20+
Zajeto območje:	Na državni ravni
Literatura:	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from http://vizhub.healthdata.org/gbd-compare . (Last accessed 23.04.25)

Definicije (na
voljo samo v
angleščini):

Number living with depression per 100,000 population (adults 20+ years)

DuÅ¡evno zdravje â anksiozne motnje

Odrasli, 2021



Starost:

20+

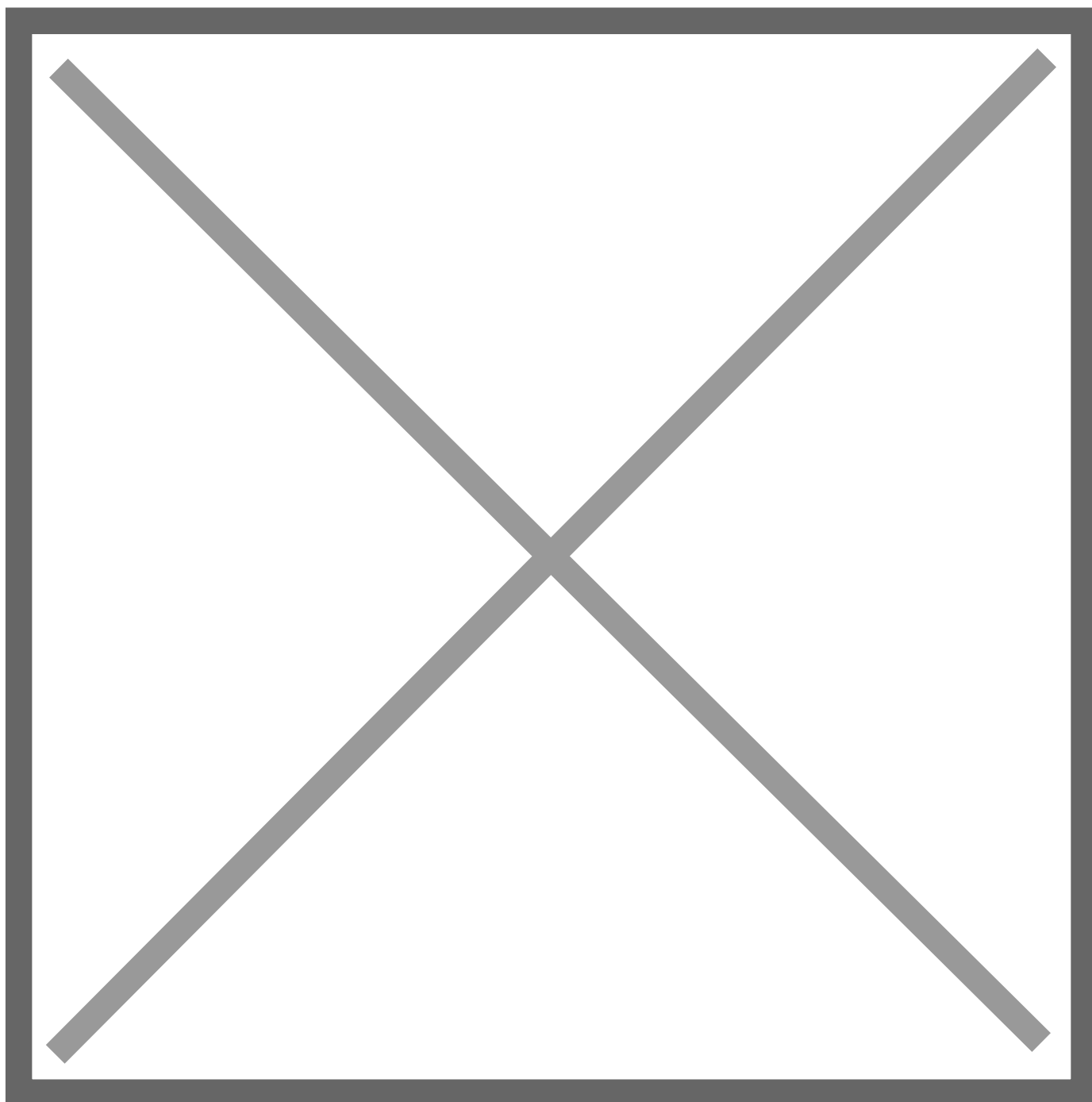
Literatura:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25).

Definicije (na
voljo samo v
angleščini):

Number living with anxiety per 100,000 population

Moški, 2021



Starost:

20+

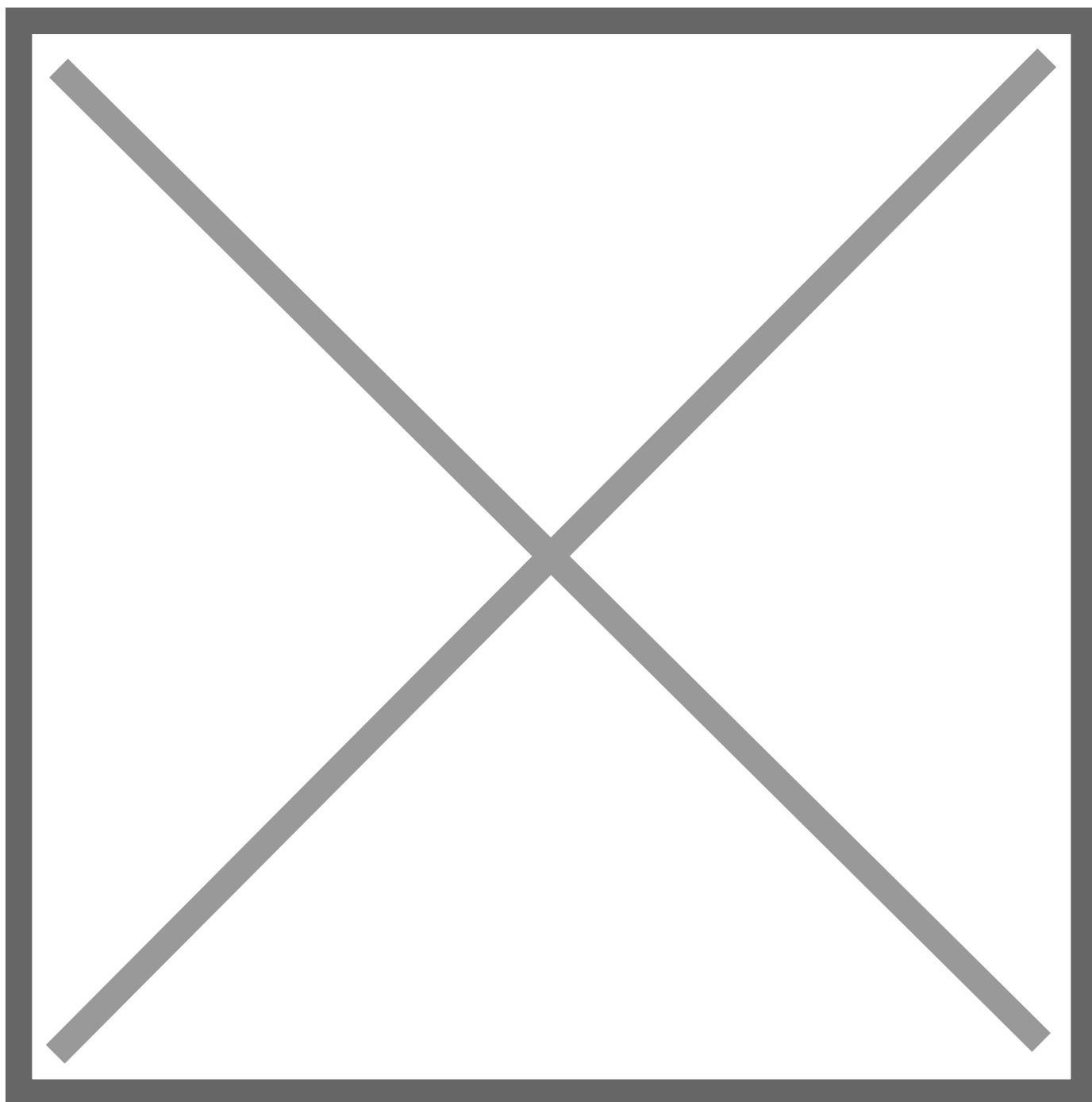
Literatura:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25).

Definicije (na voljo samo v angleščini):

Number living with anxiety per 100,000 population

Življenjske, 2021



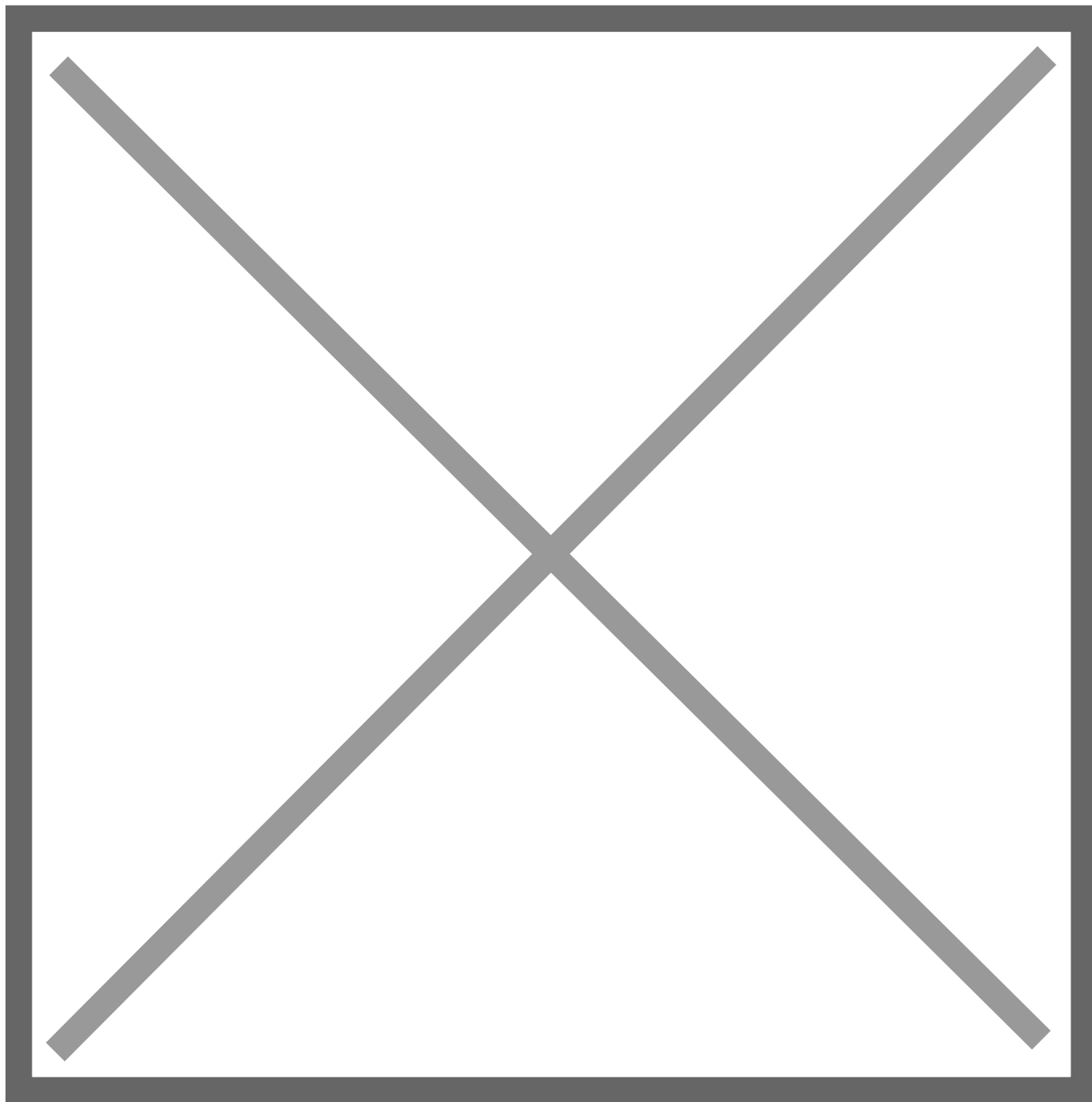
Starost: 20+

Literatura: Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25).

Definicije (na voljo samo v angleščini): Number living with anxiety per 100,000 population

Percent of population who cannot afford a healthy diet

Odrasli, 2022



Zajeto območje:
je:

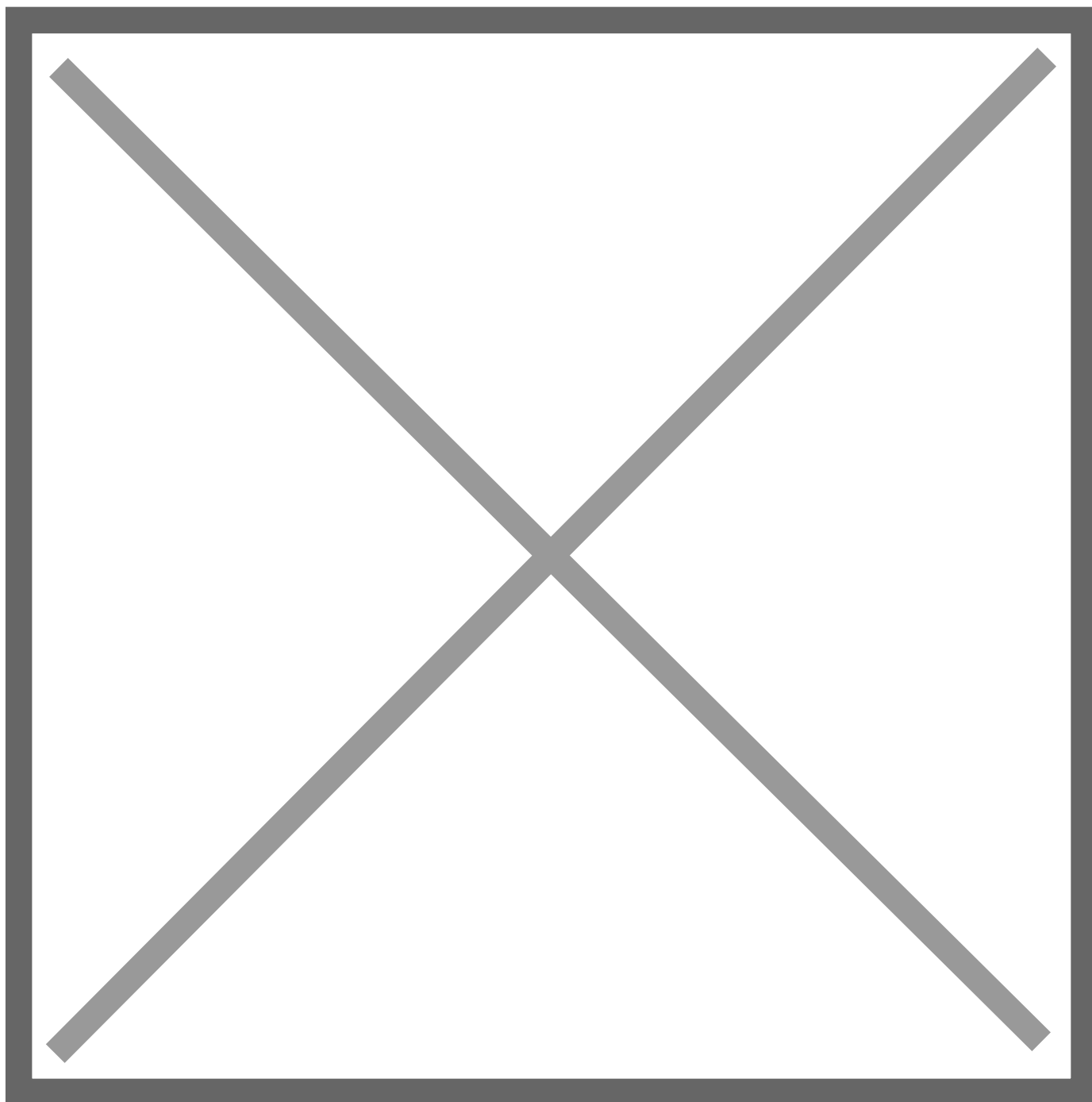
Na državni ravni

Literatura:

The Food Systems Dashboard. The Global Alliance for Improved Nutrition (GAIN), The Columbia Climate School, and Cornell University College of Agriculture and Life Sciences. 2024. Geneva, Switzerland.
<https://www.foodsystemsdashboard.org>. DOI: <https://doi.org/10.36072/db>.

Rak poÅ¾iralnika

Moški, 2022



Starost:

20+

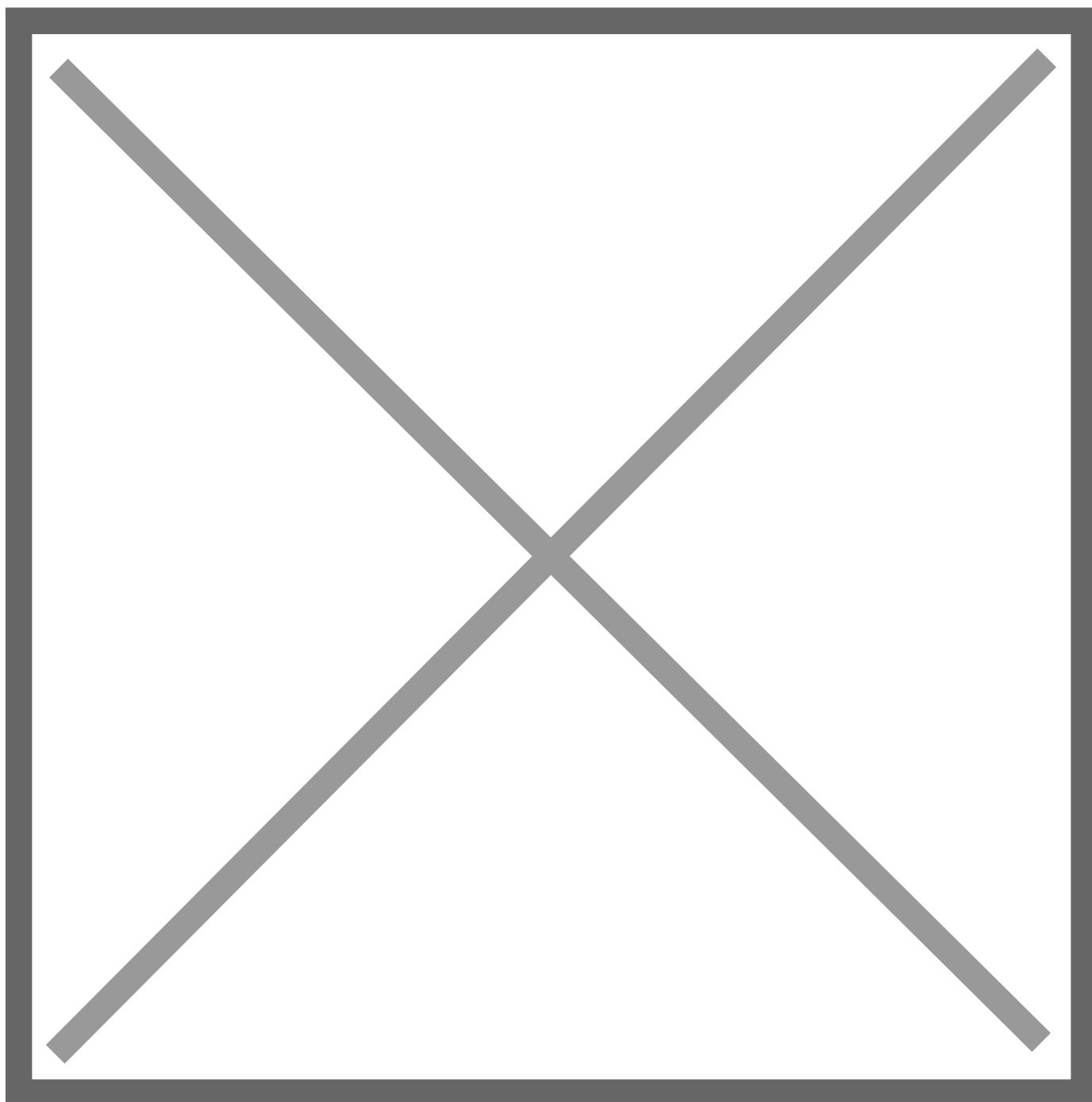
Zajeto območje:
je:

Na državni ravni

Literatura: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definicije (na voljo samo v angleščini): Incidence per 100,000

1/2enske, 2022



Starost:

20+

Zajeto območje
je:

Na državnih ravni

Literatura:

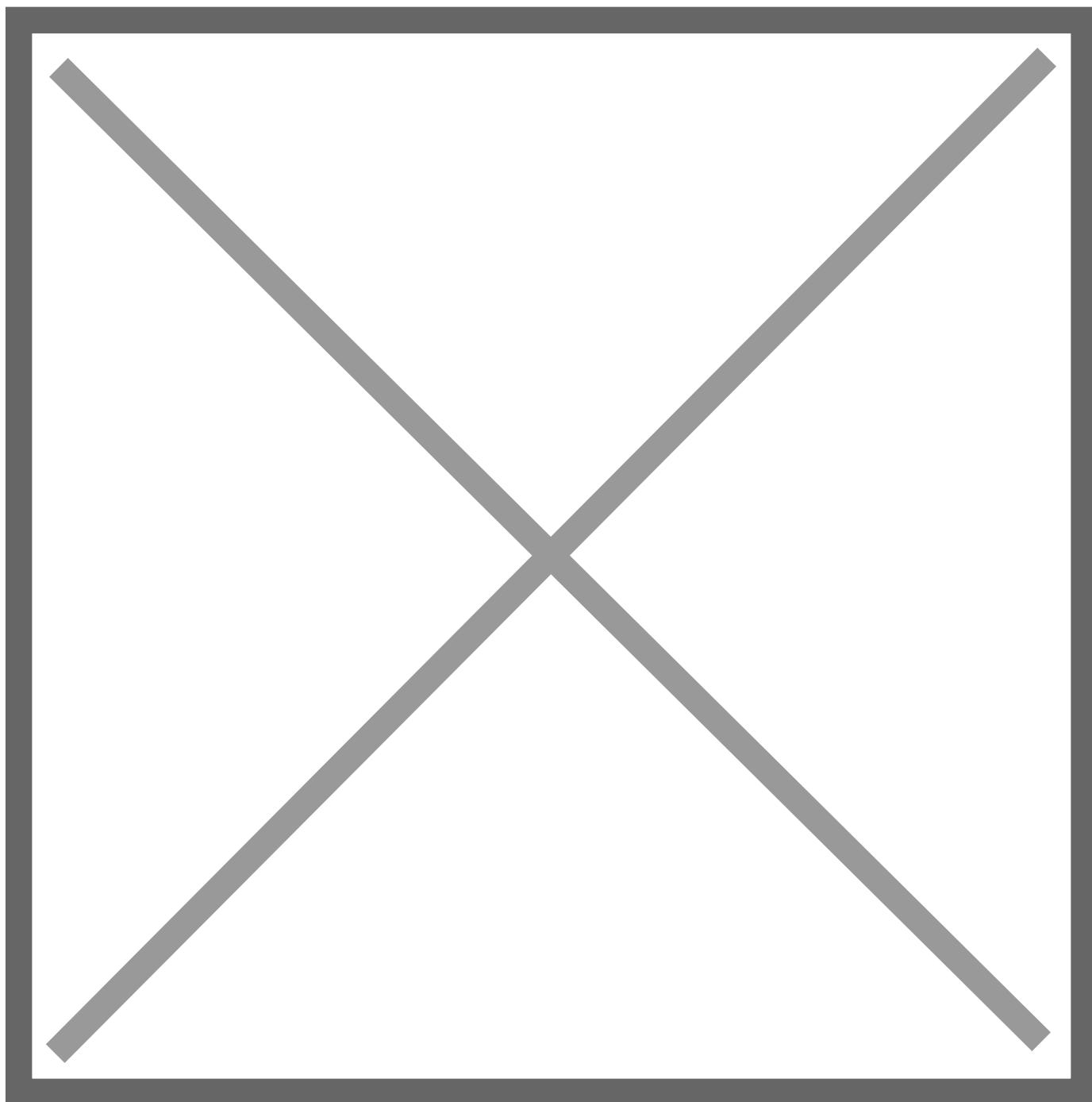
Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definicije (na
voljo samo v
angleščini):

Indicence per 100,000

Rak dojke

Ženske, 2022



Zajeto območje:

Na državni ravni

Literatura:

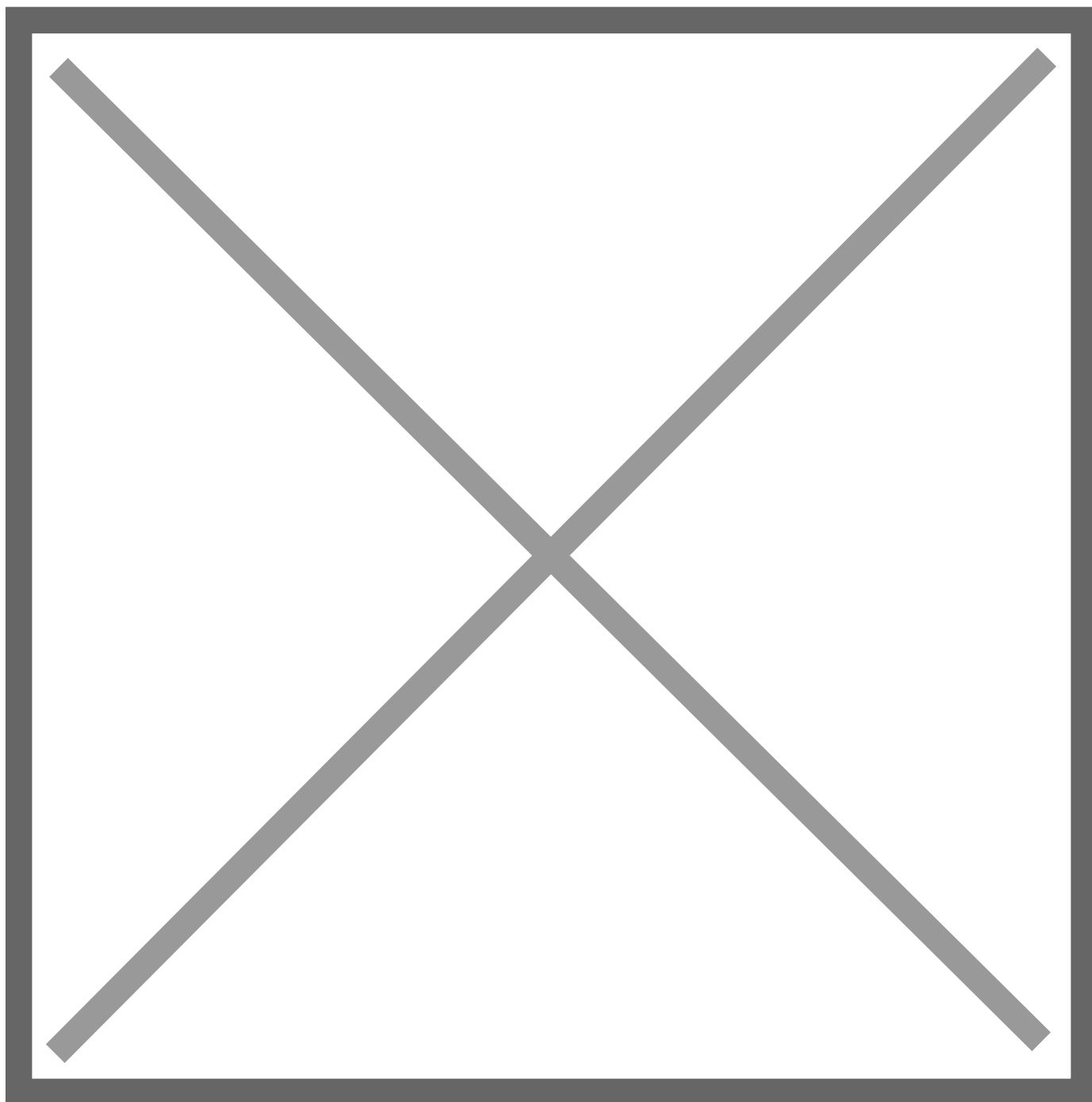
Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definicije (na
voljo samo v
angleščini):

Incidence per 100,000

Kolorektalni rak

Moški, 2022



Starost:

20+

Zajeto območje:
je:

Na državni ravni

Literatura: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definicije (na voljo samo v angleščini): Incidence per 100,000

A large, thick gray 'X' is drawn across the entire white square area. The 'X' is formed by two diagonal lines intersecting at the center. The lines are solid and have a consistent thickness. The background is a uniform light gray, and the 'X' is a darker gray, providing a clear visual indication of a crossed-out or invalid option.

20+

Na državni ravni

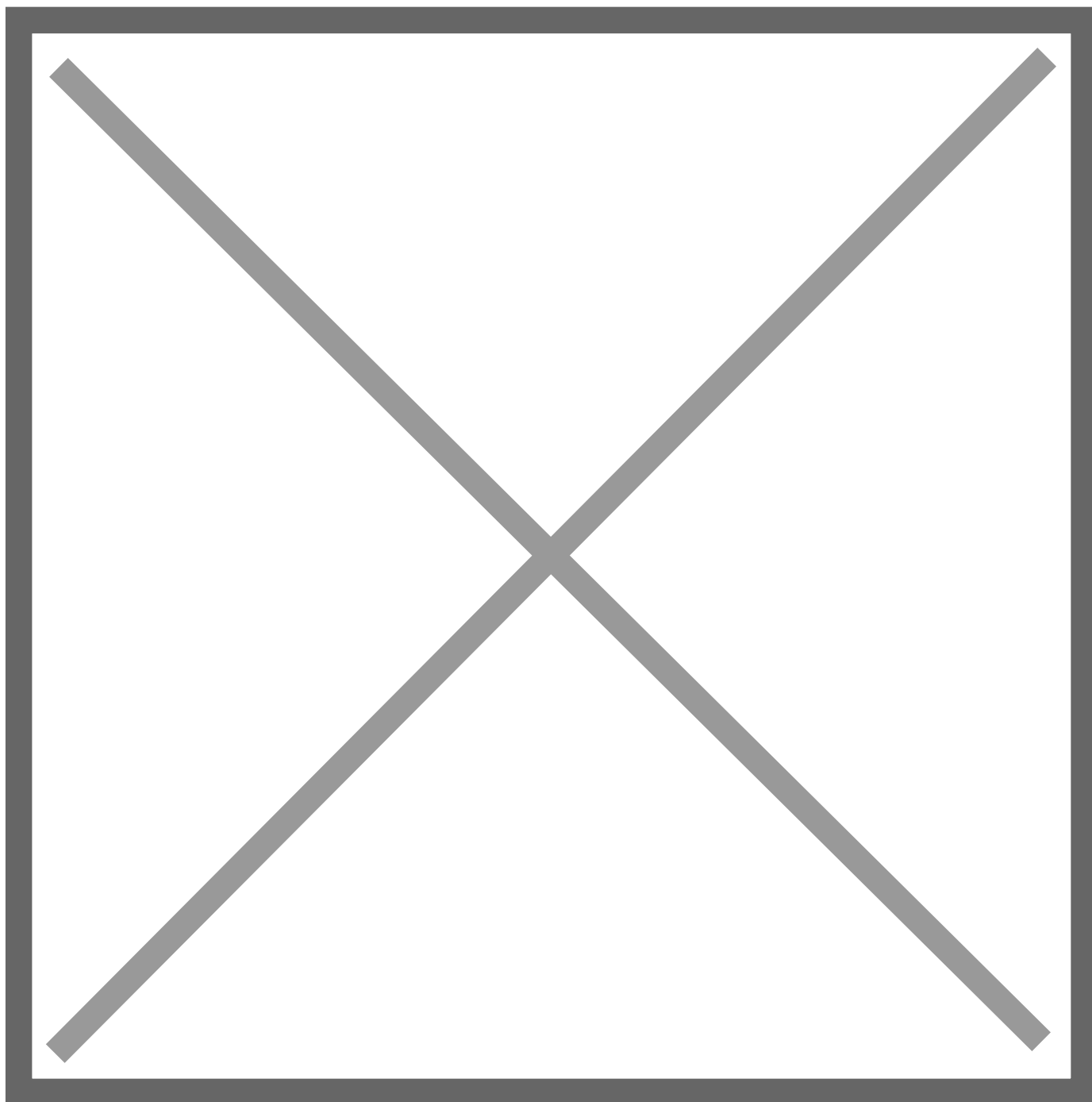
<https://gco.iarc.who.int/today>, accessed [16.07.24]

Definicije (na
voljo samo v
angleščini):

Incidence per 100,000

Rak trebušne slinavke

Moški, 2022



Starost:

20+

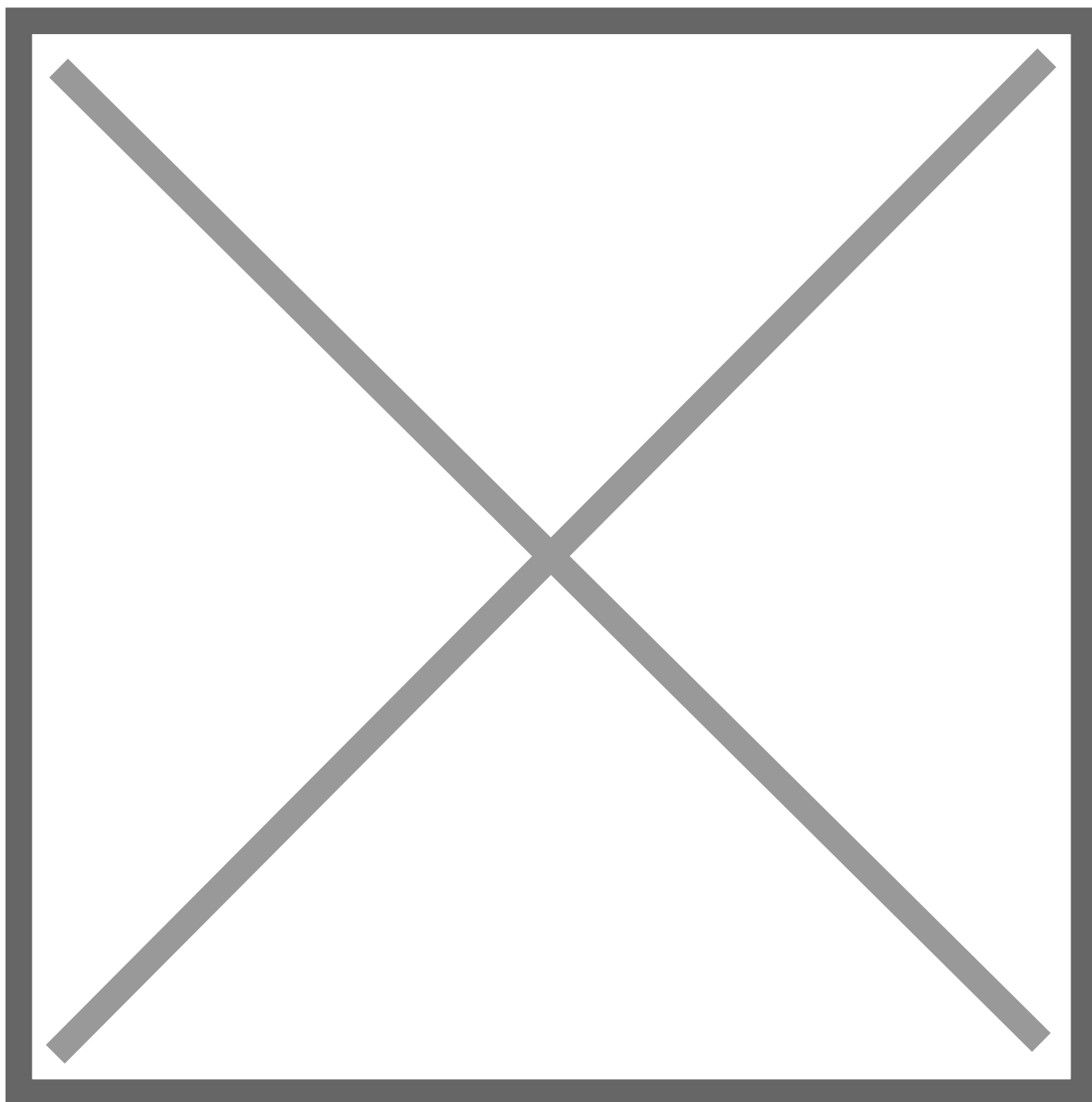
Zajeto območje:
je:

Na državni ravni

Literatura: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definicije (na voljo samo v angleščini): Incidence per 100,000

1/2enske, 2022



Starost:

20+

Zajeto območje
je:

Na državnih ravni

Literatura:

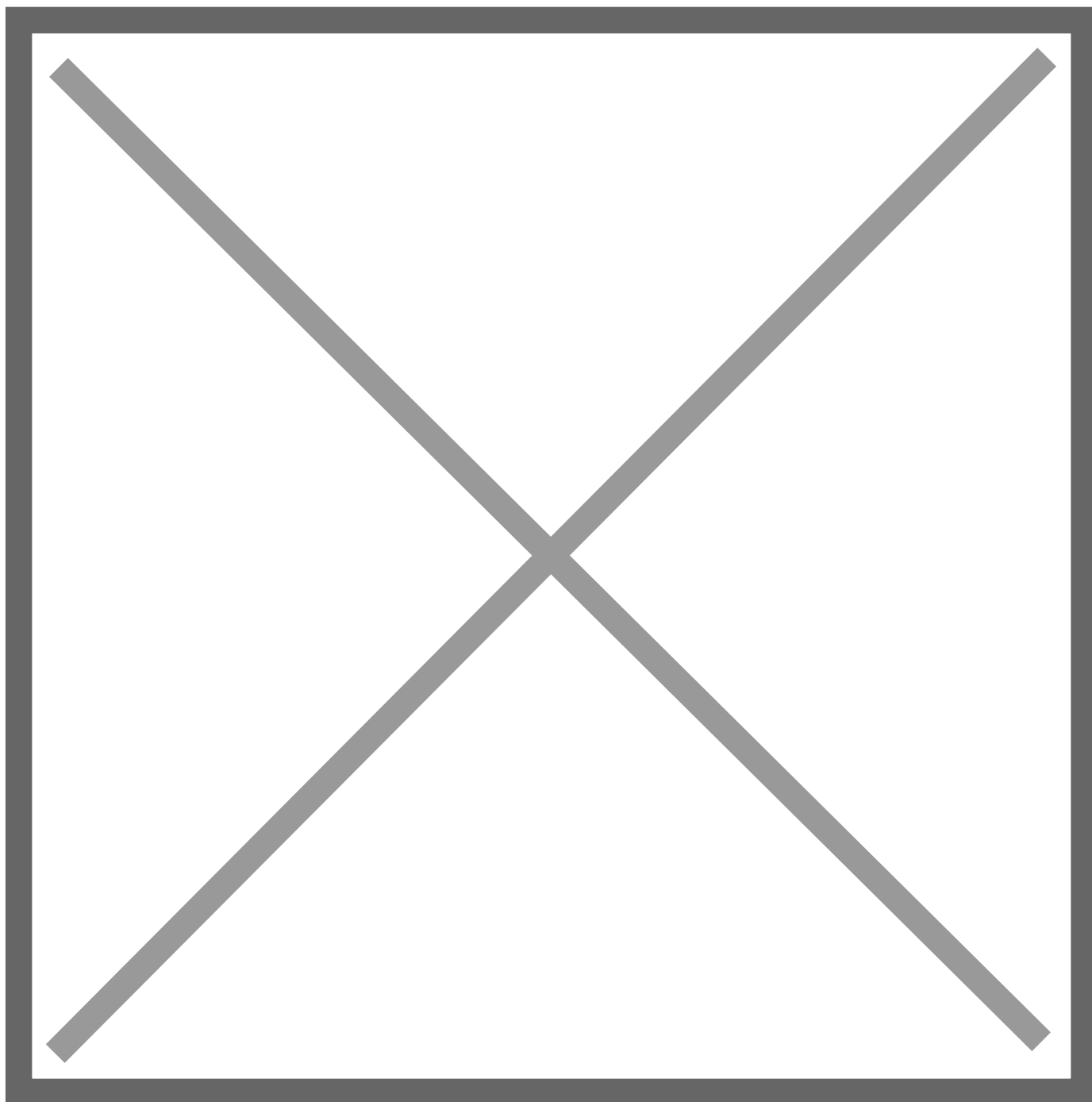
Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definicije (na
voljo samo v
angleščini):

Incidence per 100,000

Rak Å³olÄ nika

Moški, 2022



Starost:

20+

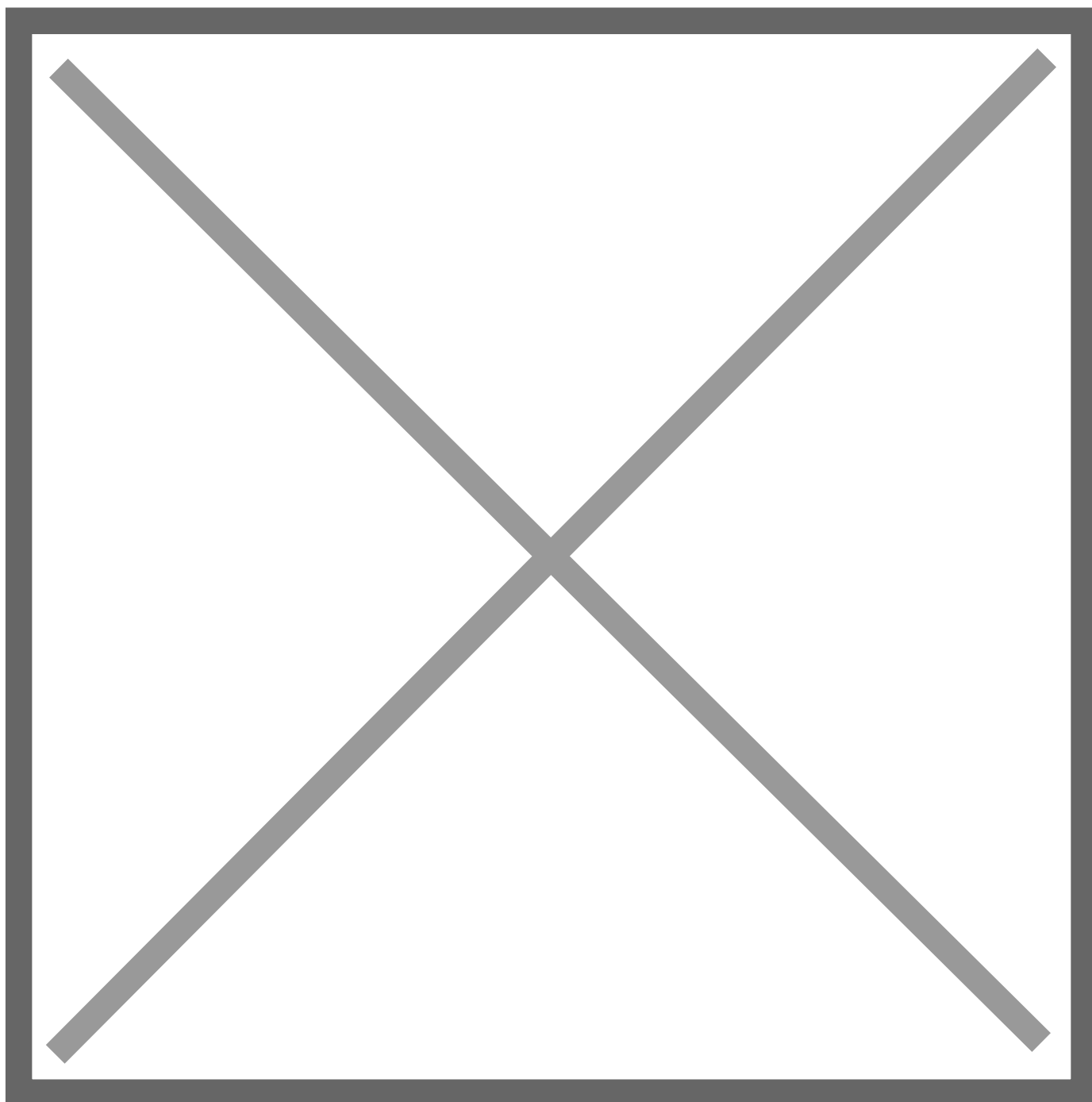
Zajeto obmoÄ
je:

Na drÅ¼avni ravni

Literatura: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definicije (na voljo samo v angleščini): Incidence per 100,000

1/2enske, 2022



Starost:

20+

Zajeto območje
je:

Na državnih ravni

Literatura:

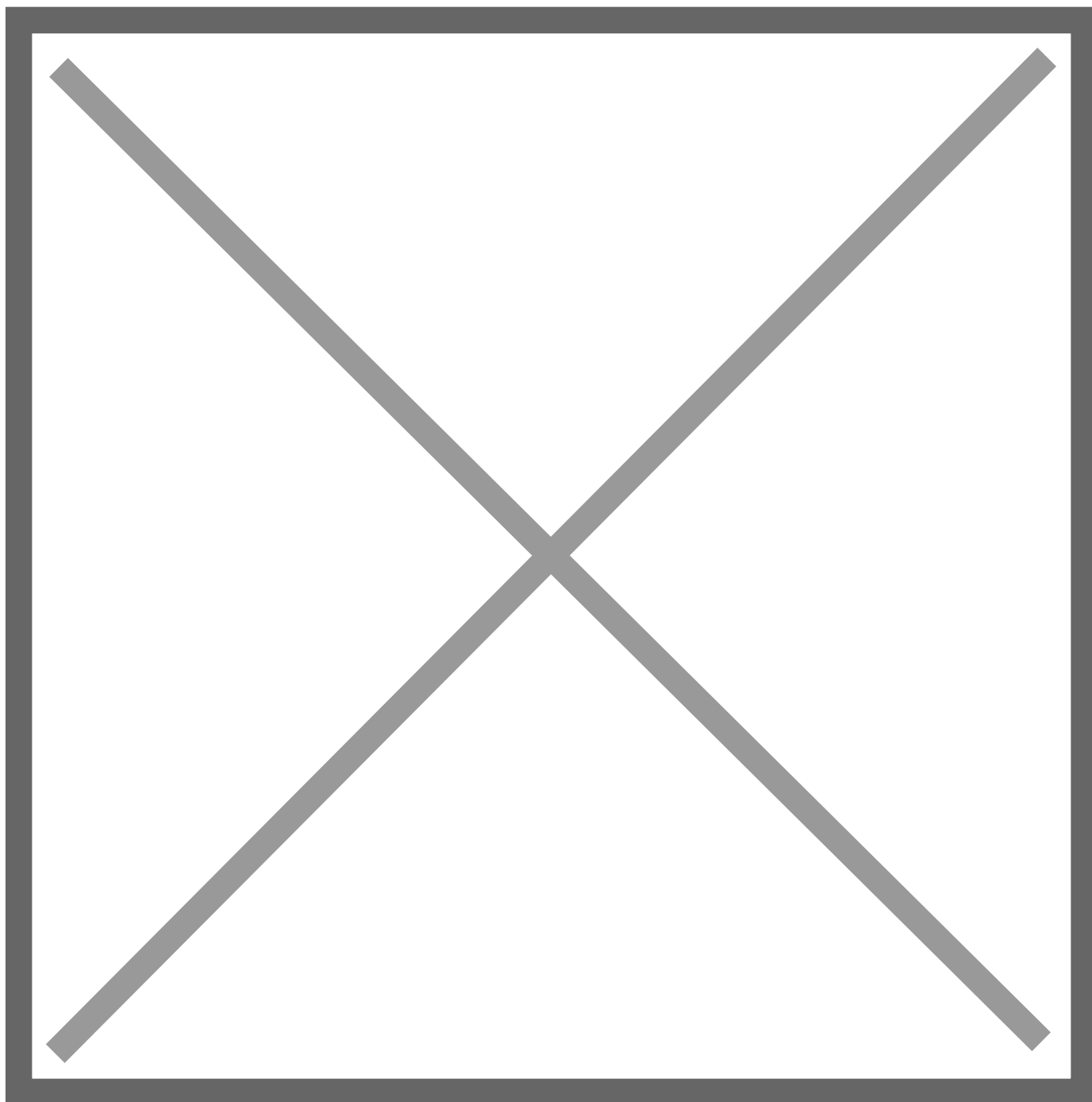
Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definicije (na
voljo samo v
angleščini):

Indicence per 100,000

Rak ledvic

Moški, 2022



Starost:

20+

Zajeto območje:

Na državni ravni

Literatura: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definicije (na voljo samo v angleščini): Incidence per 100,000

20+

Na dr³/₄avni ravni

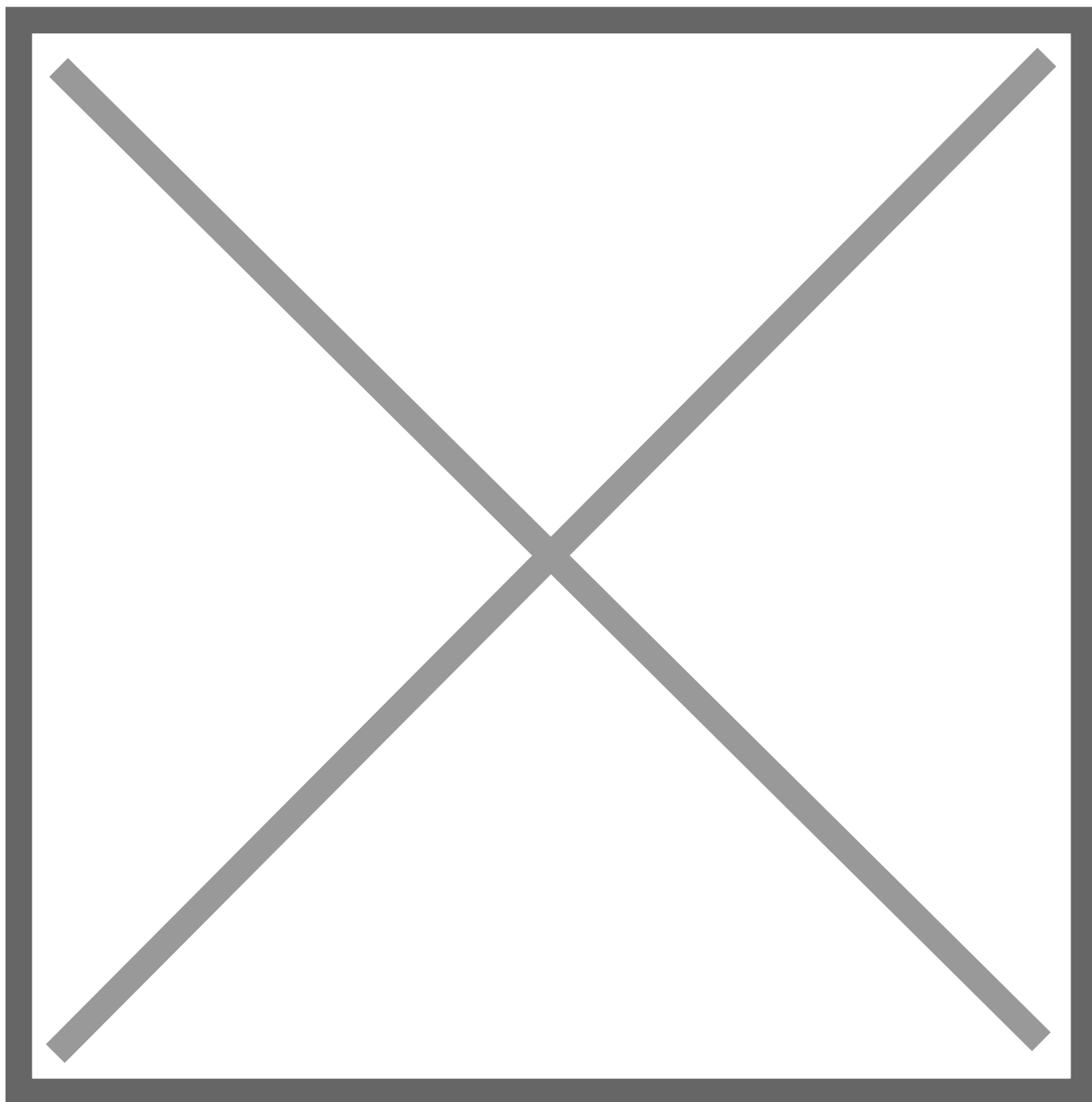
Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definicije (na
voljo samo v
angleščini):

Incidence per 100,000

Rak maternice

Ženska, 2022



Starost:

20+

Literatura:

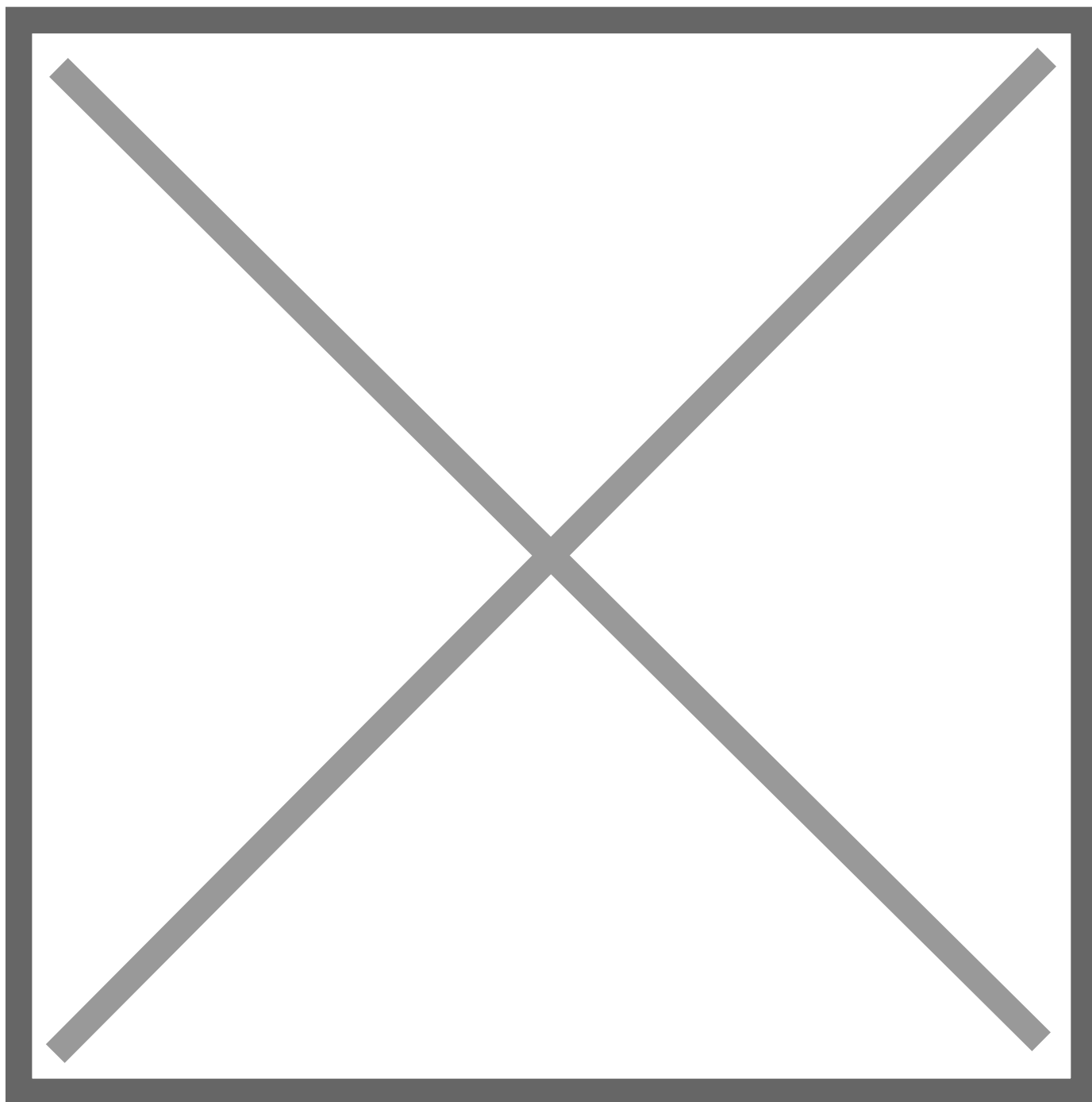
Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definicije (na
voljo samo v
angleščini):

Incidence per 100,000

ZviĀjan krvni tlak

Odrasli, 2015



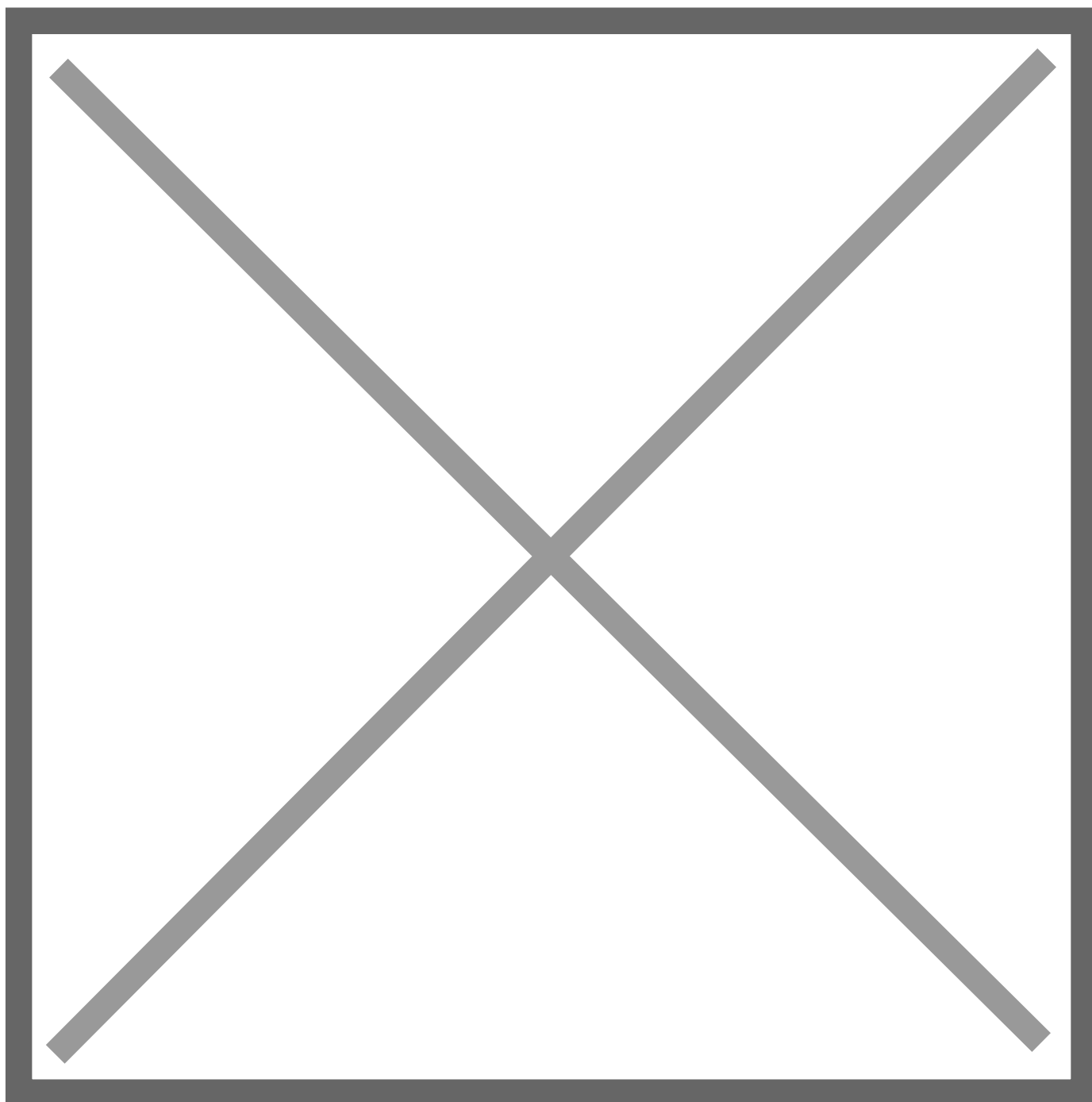
Literatura:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A875?lang=en>

Definicije (na
voljo samo v
angleščini):

Age Standardised estimated % Raised blood pressure 2015 (SBP $\geq$ 140 OR DBP $\geq$ 90).

Moški, 2015



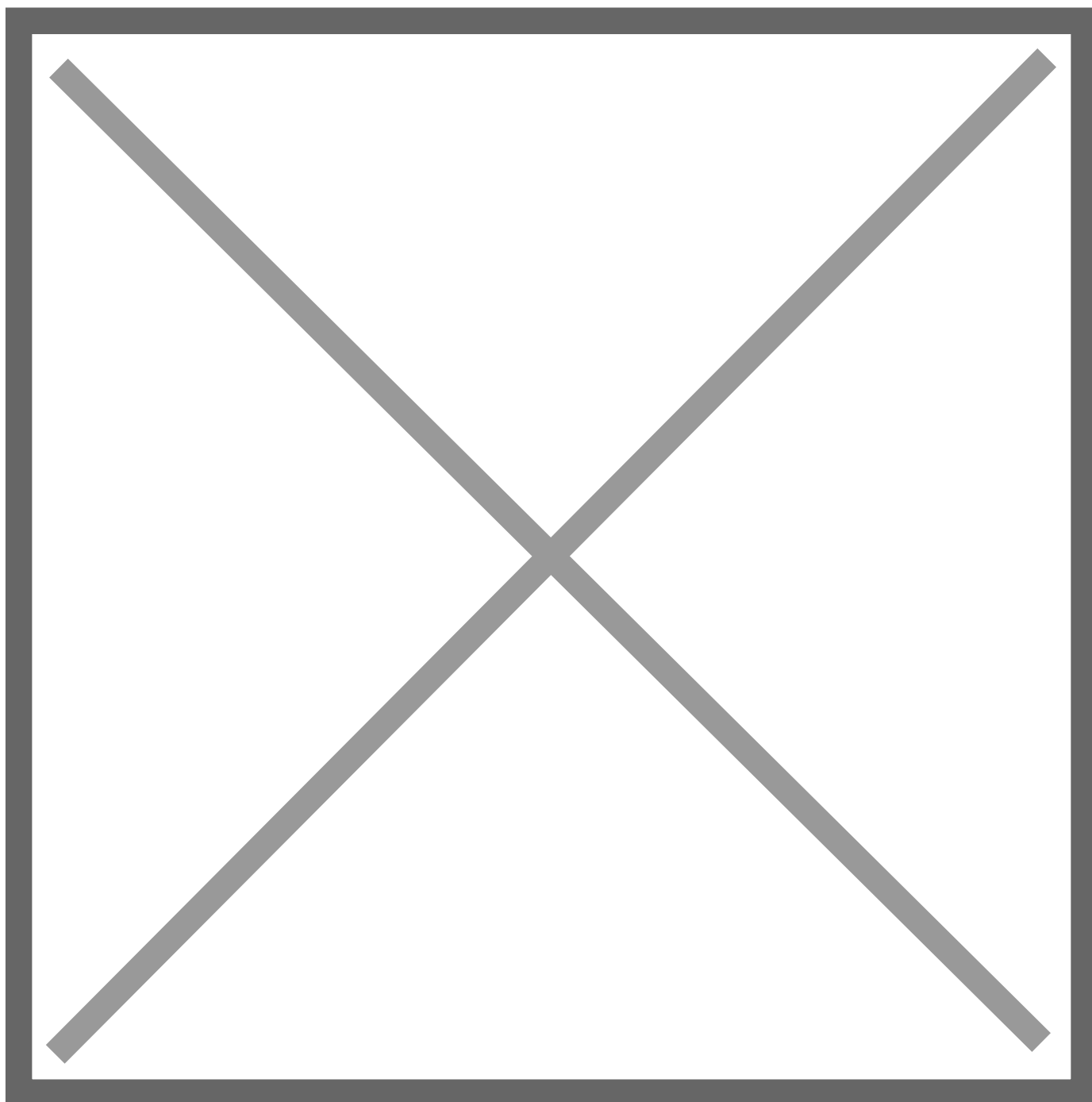
Literatura:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A875?lang=en>

Definicije (na voljo samo v angleščini):

Age Standardised estimated % Raised blood pressure 2015 (SBP $\geq$ 140 OR DBP $\geq$ 90).

Å½enske, 2015



Literatura:

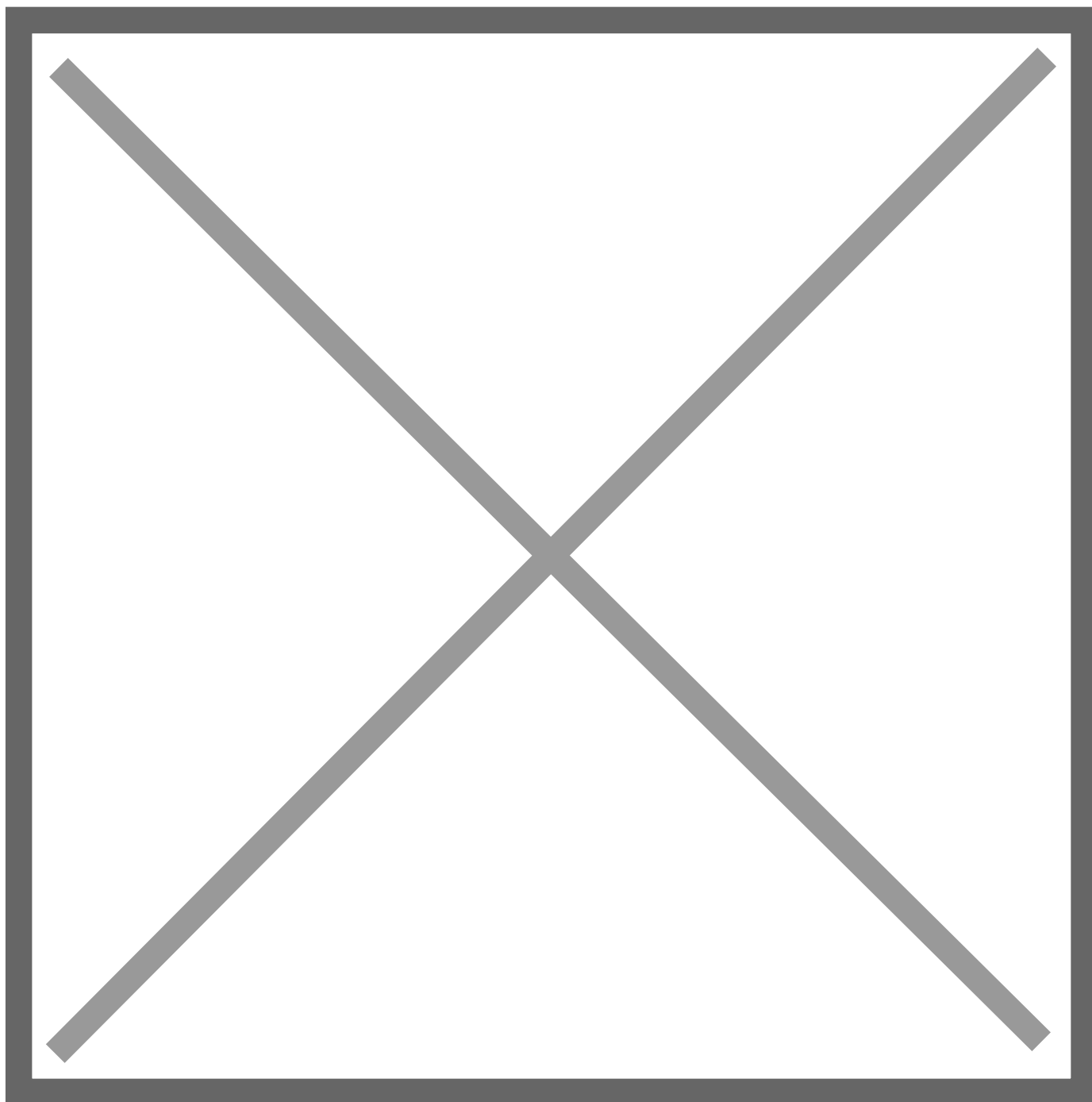
Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A875?lang=en>

Definicije (na voljo samo v angleÅ¡ini):

Age Standardised estimated % Raised blood pressure 2015 (SBP $\geq$ 140 OR DBP $\geq$ 90).

ZviĀšana raven holesterola

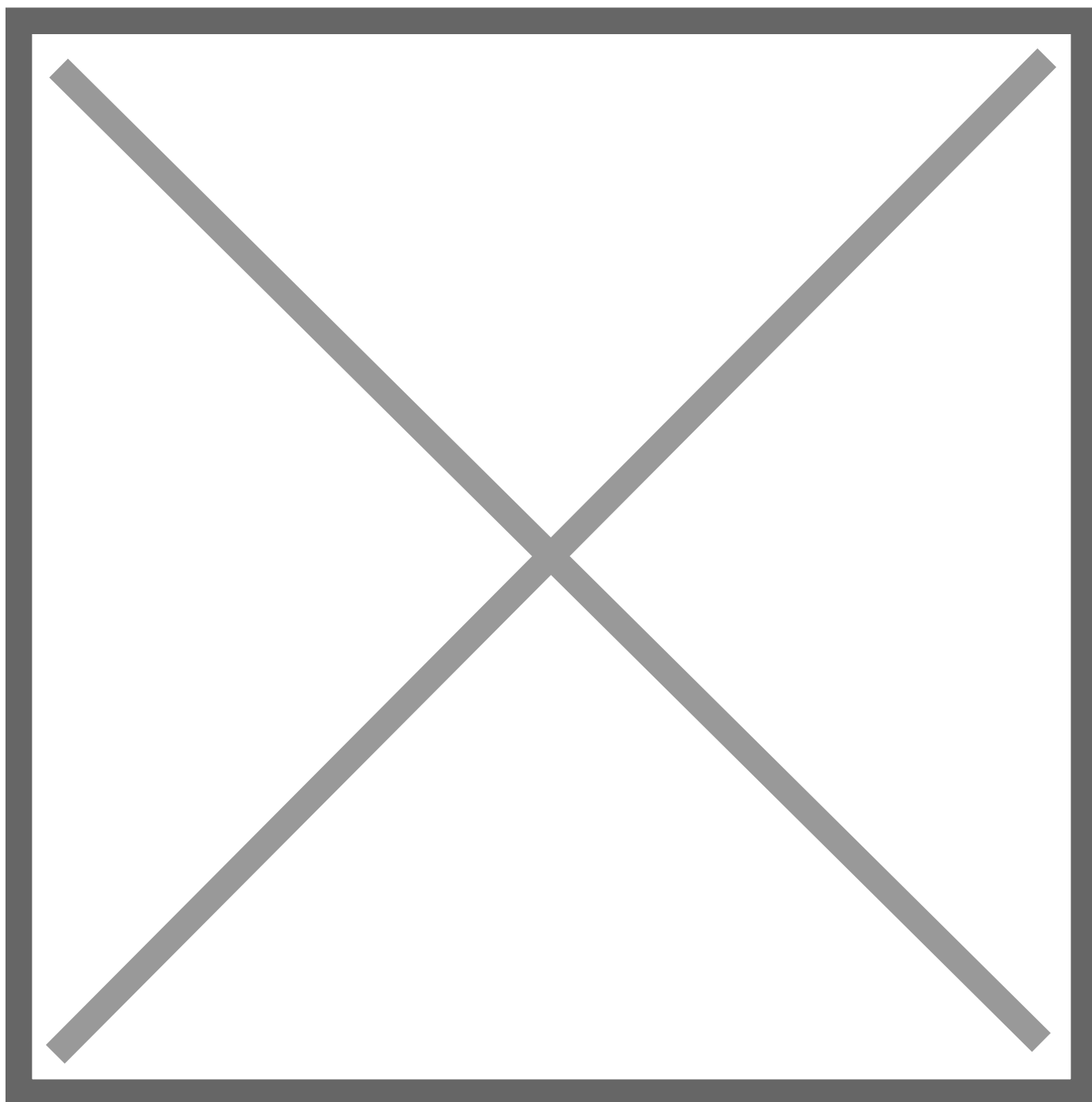
Odrasli, 2008



Literatura: Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A885>

Definicije (na voljo samo v angleĀiĀini): % Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

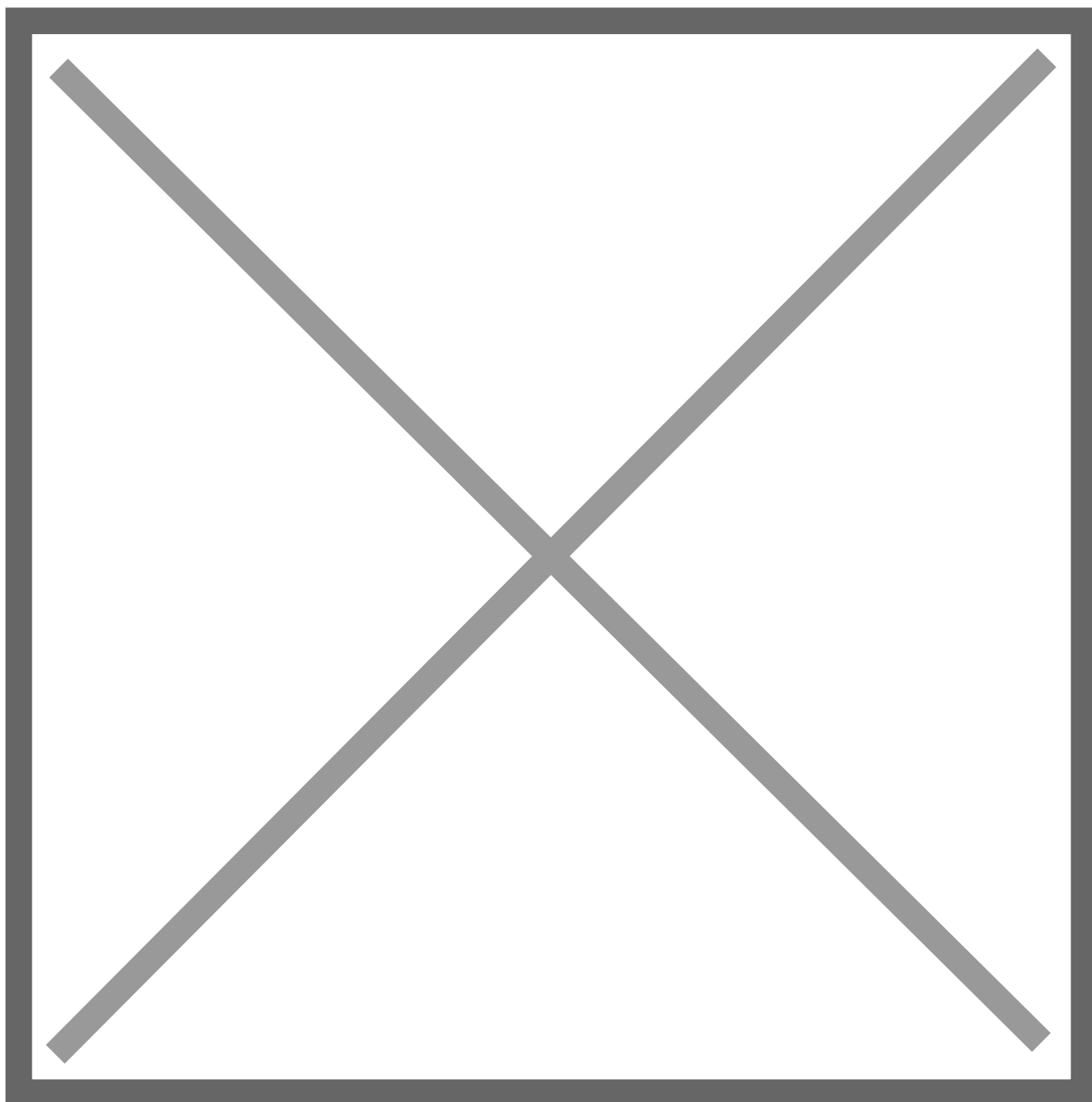
Moški, 2008



Literatura: Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A885>

Definicije (na voljo samo v angleščini): % Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

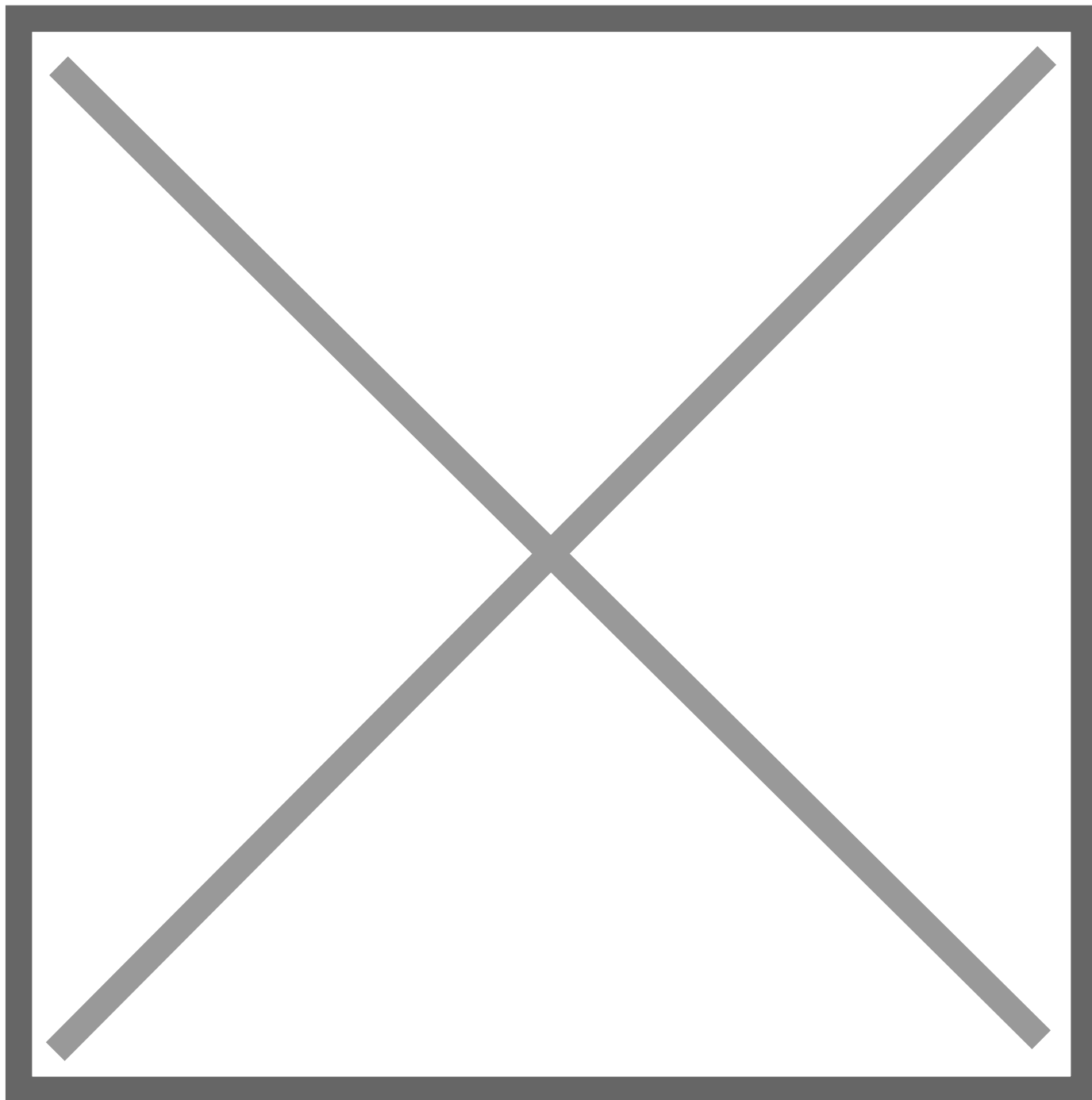
1/2enske, 2008



Literatura:	Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A885
Definicije (na voljo samo v angleÅiÄini):	% Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

ZviĀšana raven krvnega sladkorja (na teĀĀ e)

Moški, 2014



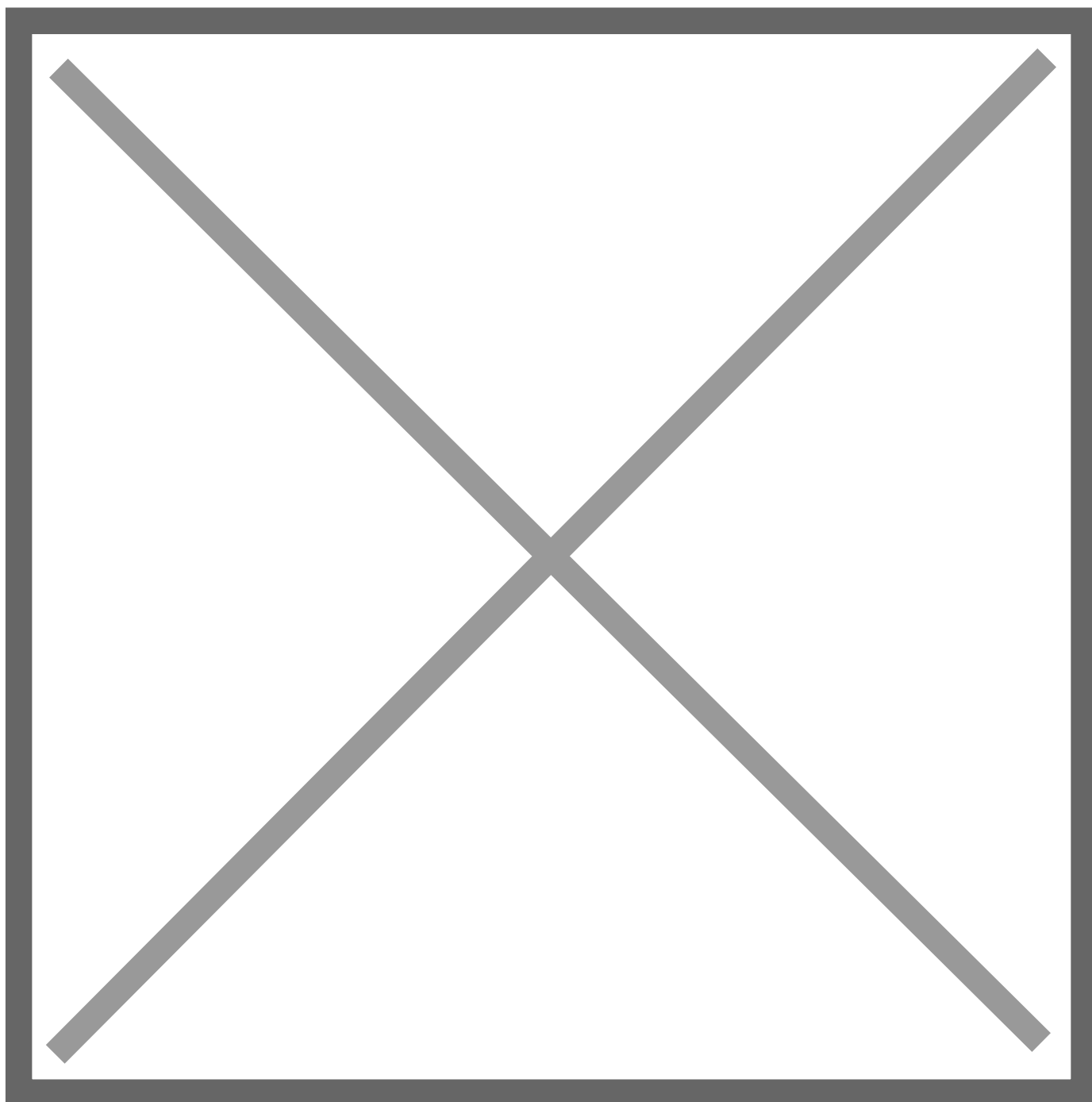
Literatura:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A869?lang=en>

Definicije (na
voljo samo v
angleščini):

Age Standardised % raised fasting blood glucose (≥ 7.0 mmol/L or on medication).

Prevalence, 2014



Literatura:

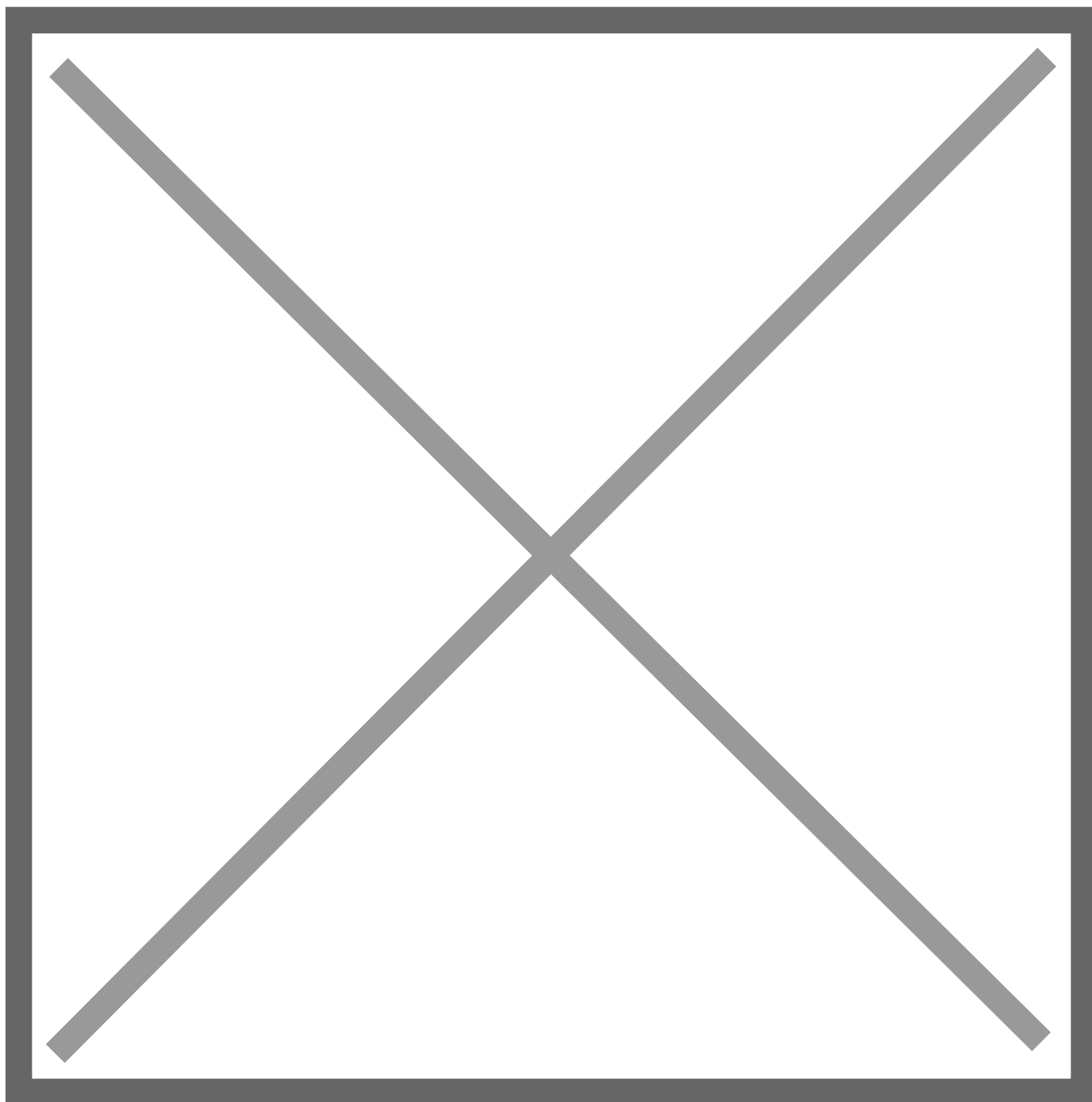
Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A869?lang=en>

Definicije (na voljo samo v angleščini):

Age Standardised % raised fasting blood glucose (≥ 7.0 mmol/L or on medication).

RazÅ¡irjenost sladkorne bolezni

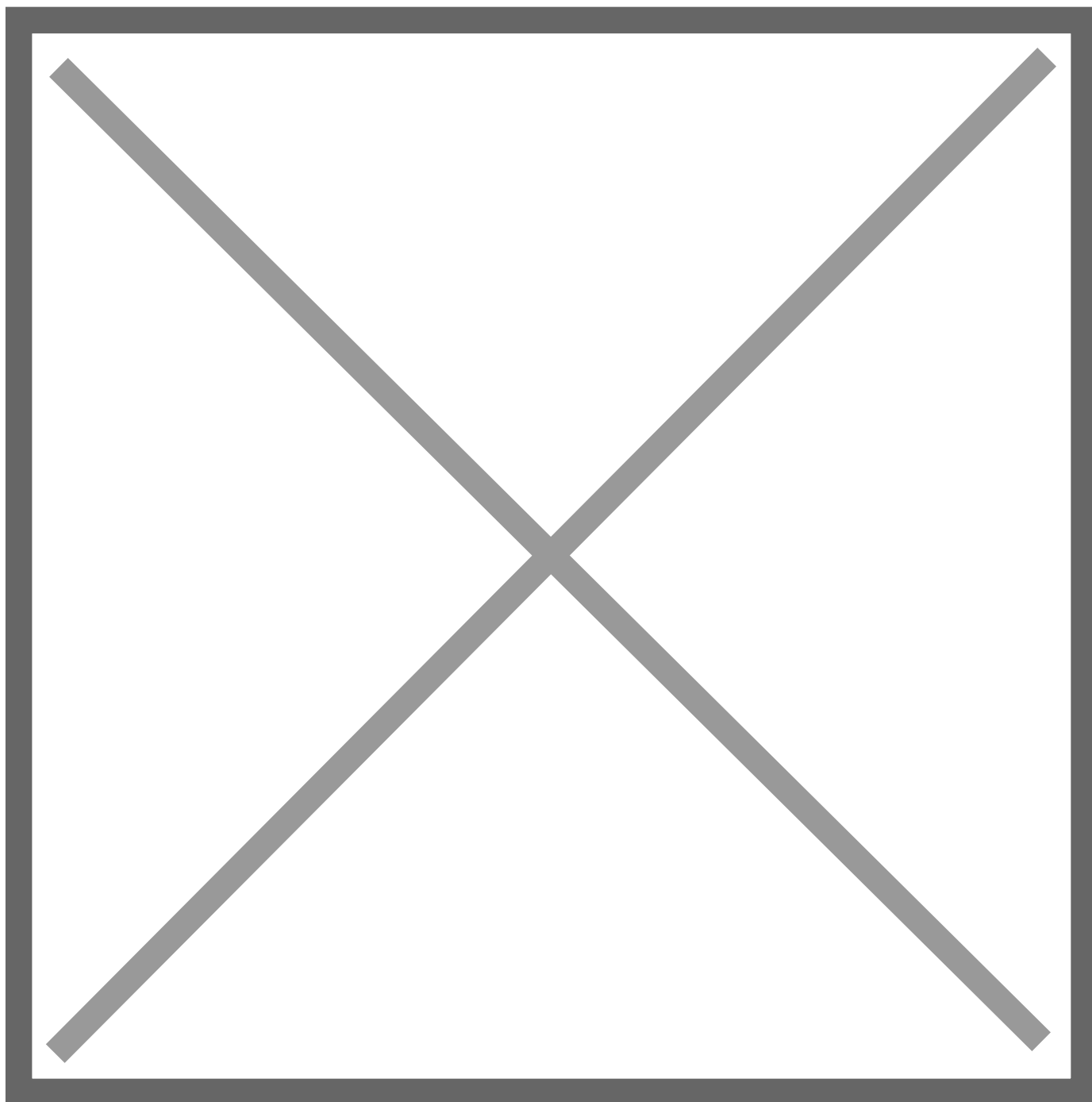
Odrasli, 2024

**Literatura:**

Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 11th edn. Brussels, Belgium:International Diabetes Federation, 2025. <http://www.diabetesatlas.org>

Ovarian Cancer

Å½enske, 2022



Starost:

20+

Literatura:

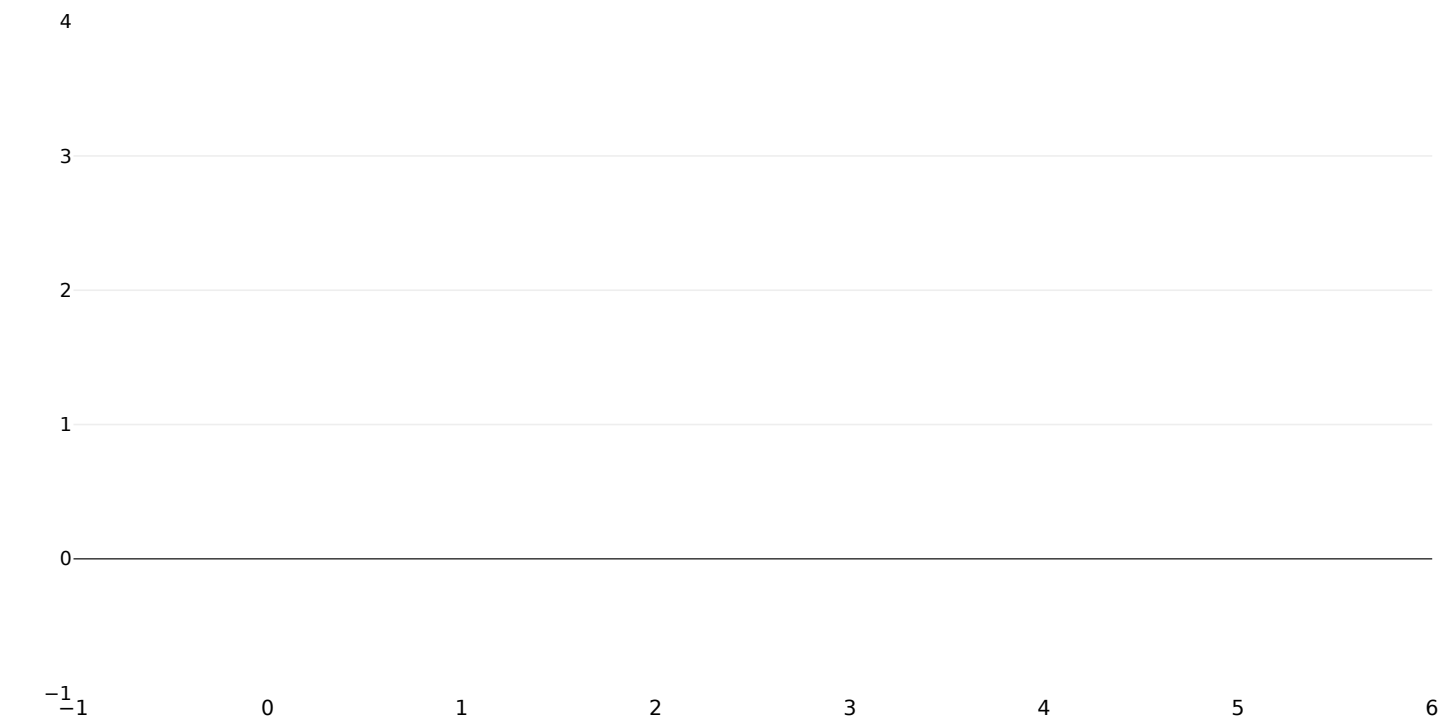
Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definicije (na
voljo samo v
angleščini):

Incidence per 100,000

Leukemia

Moški, 2022



Starost:

20+

Zajeto območje:
je:

Na državni ravni

Literatura:

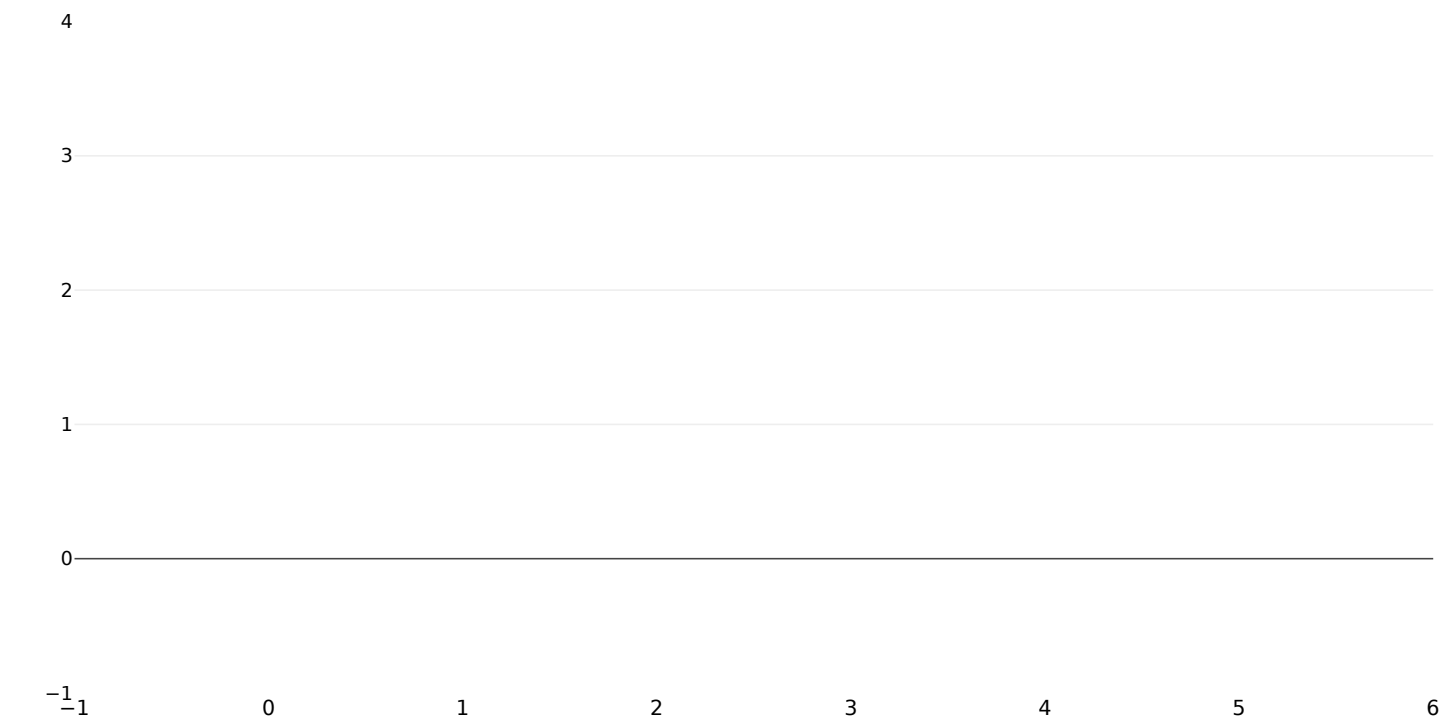
Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definicije (na
voljo samo v
angleščini):

Incidence per 100,000

Če ni navedeno drugače, se prekomerna teža nanaša na ITM med 25 kg in 29,9 kg/m², debelost pa na ITM, višji od 30 kg/m².

Å½enske, 2022



Starost:

20+

Zajeto območje
je:

Na državni ravni

Literatura:

Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

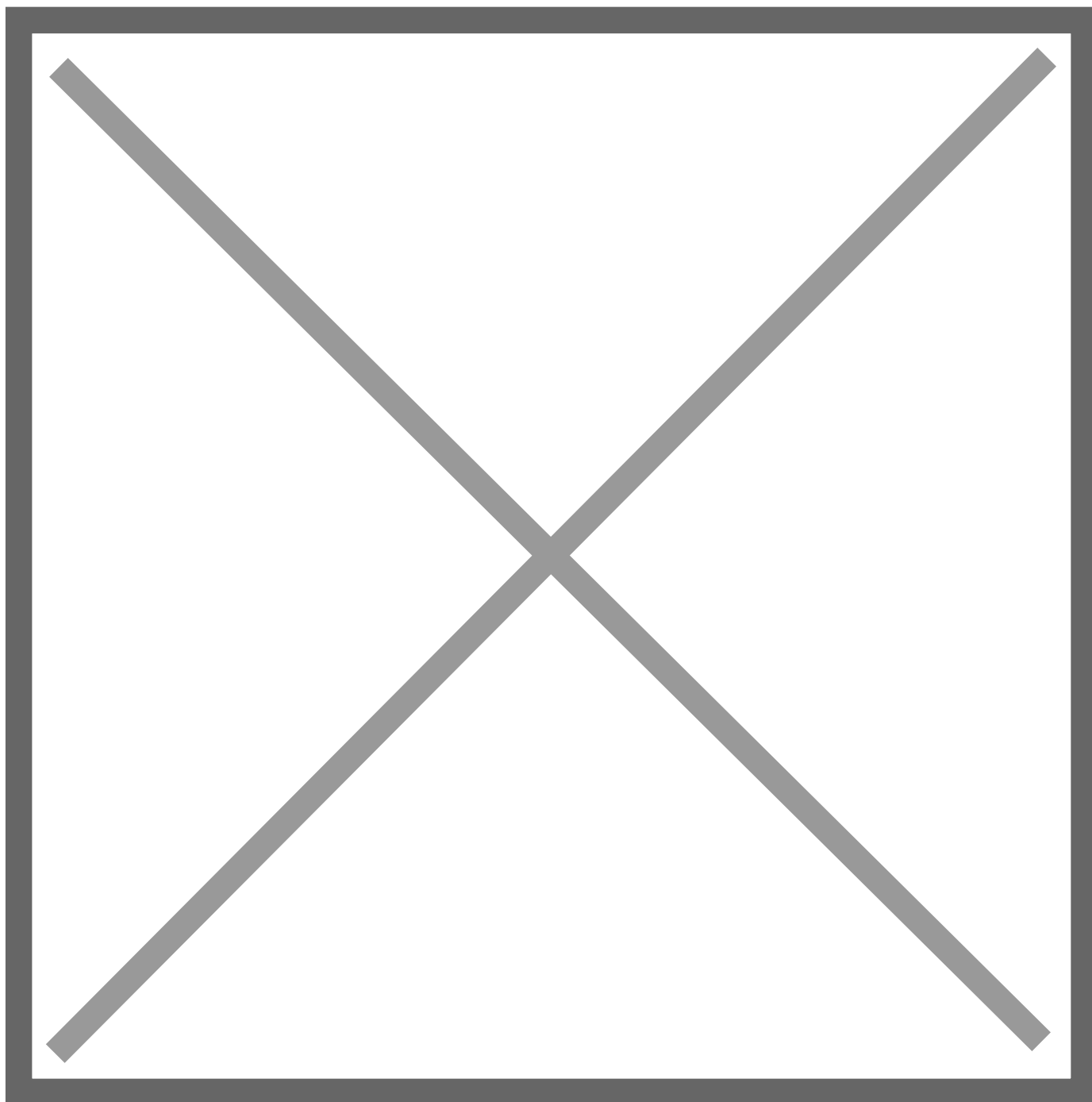
Definicije (na
voljo samo v
angleških
ini):

Incidence per 100,000

Če ni navedeno drugače, se prekomerna teža nanaša na ITM med 25 kg in 29,9 kg/m², debelost pa na ITM, višji od 30 kg/m².

Leukemia

Moški, 2022



Starost:	20+
Zajeto območje:	Na državni ravni

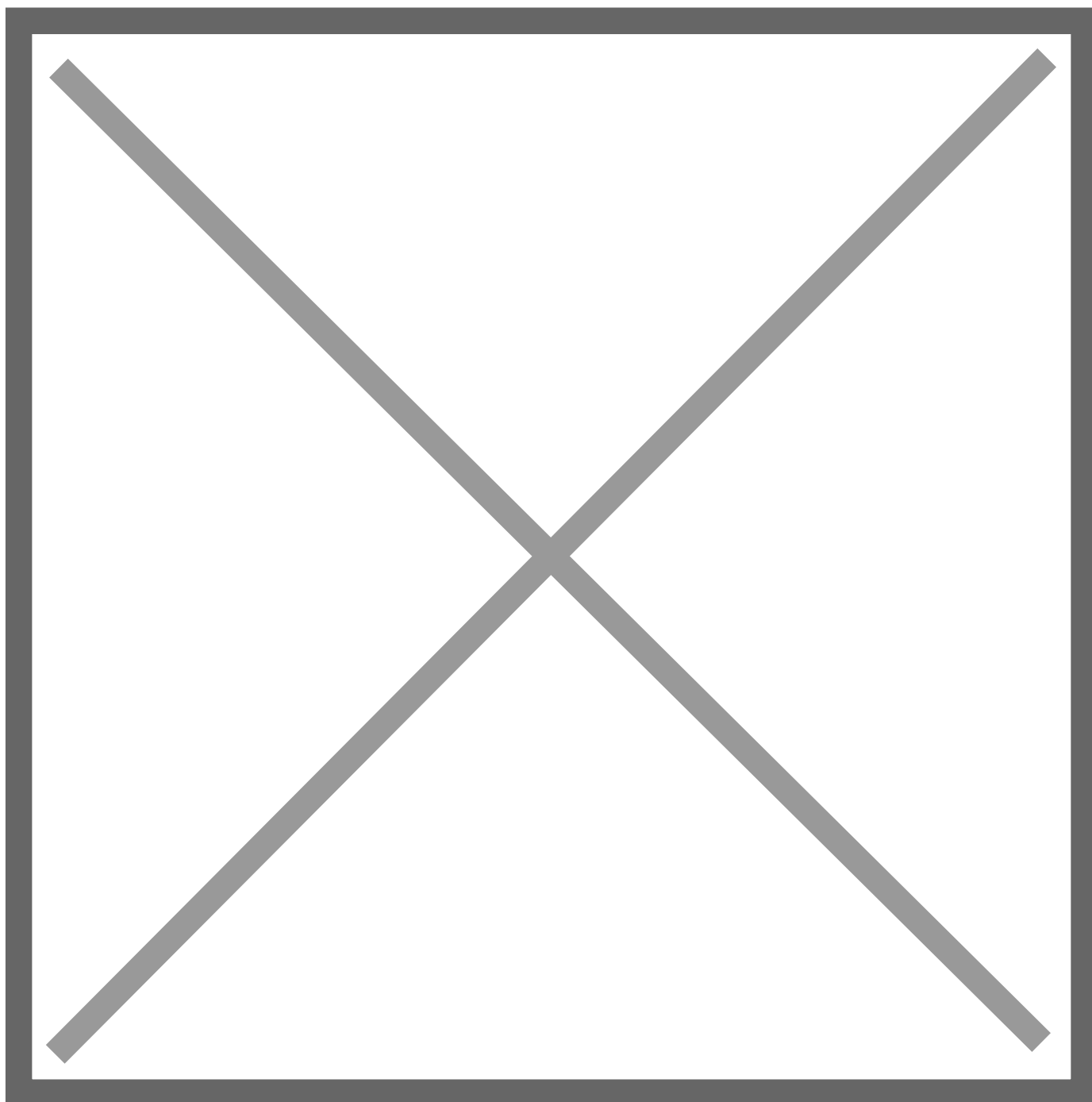
Literatura: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definicije (na voljo samo v angleščini):

Incidence per 100,000

Če ni navedeno drugače, se prekomerna teža nanaša na ITM med 25 kg in 29,9 kg/m², debelost pa na ITM, višji od 30 kg/m².

1/2enske, 2022



Starost:

20+

Zajeto območje
je:

Na državnih ravni

Literatura:

Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

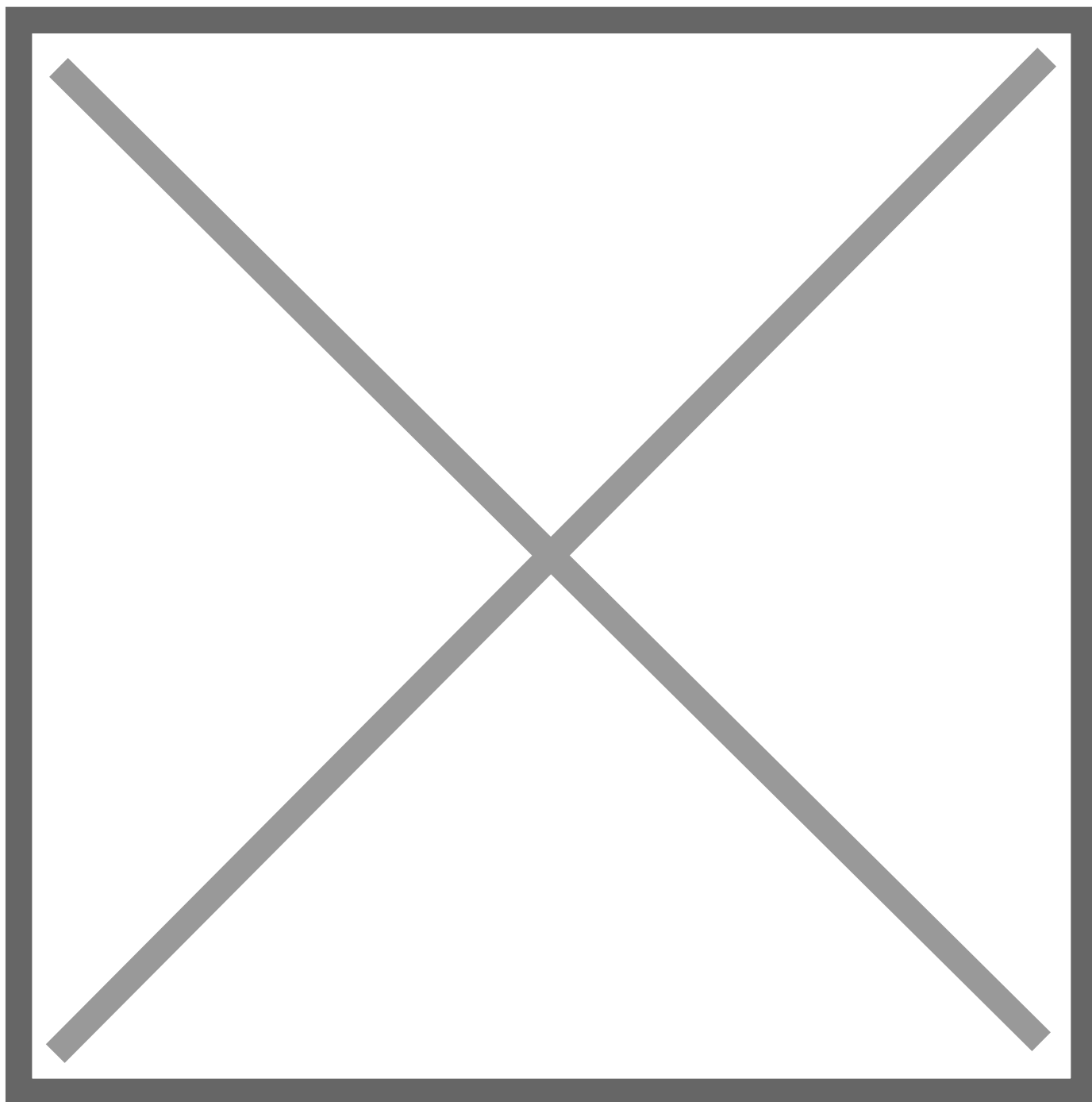
Definicije (na
voljo samo v
angleščini):

Incidence per 100,000

Če ni navedeno drugače, se prekomerna teža nanaša na ITM med 25 kg in 29,9 kg/m², debelost pa na ITM, višji od 30 kg/m².

Liver and intrahepatic bile duct Cancer

Moški, 2022



Starost:

20+

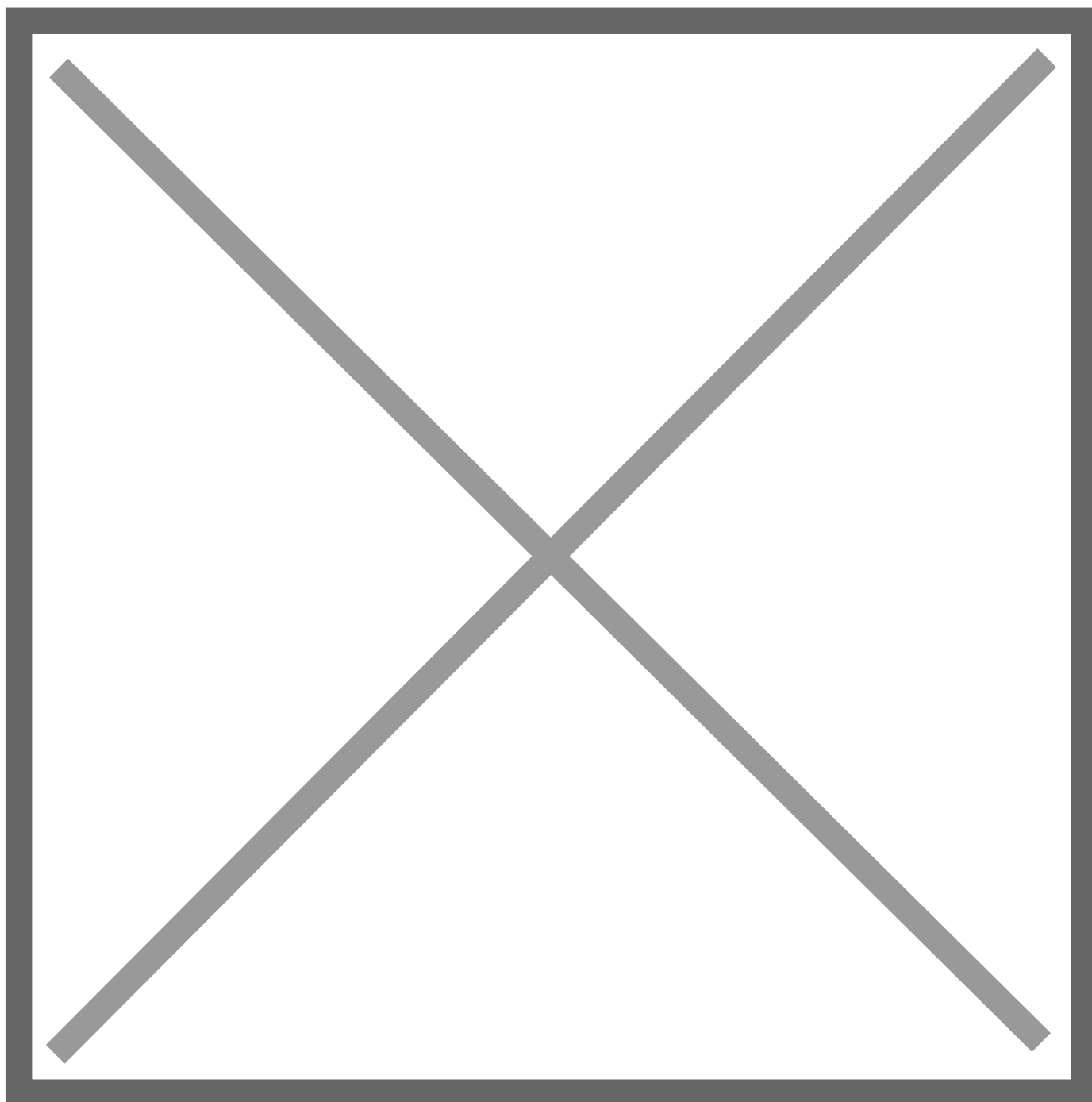
Zajeto območje:
je:

Na državni ravni

Literatura: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definicije (na voljo samo v angleščini): Incidence per 100,000

1/2enske, 2022



Starost:

20+

Zajeto območje
je:

Na državnih ravni

Literatura:

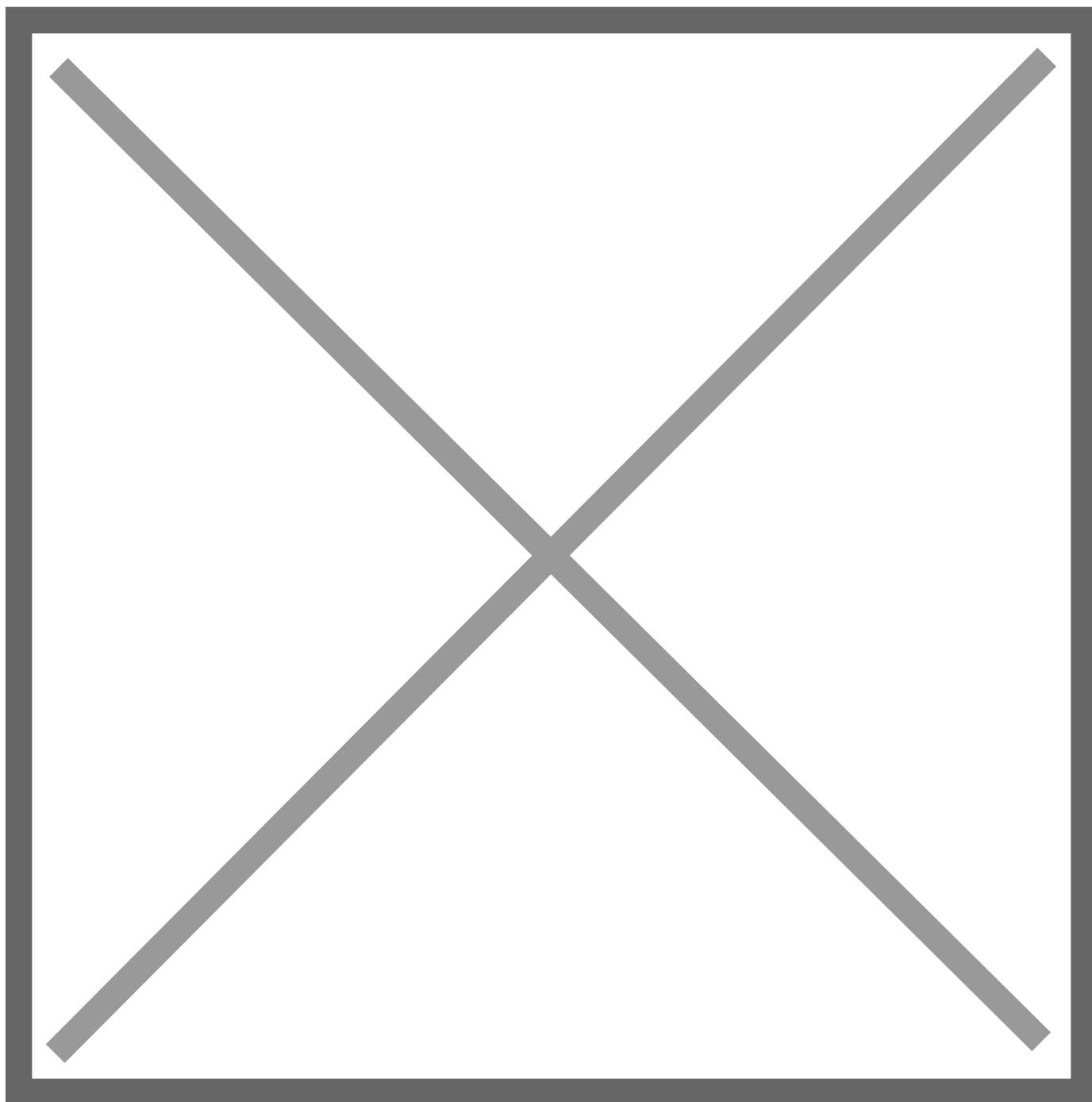
Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definicije (na
voljo samo v
angleščini):

Incidence per 100,000

Multiple Myeloma

Moški, 2022



Starost:

20+

Zajeto območje:
je:

Na državni ravni

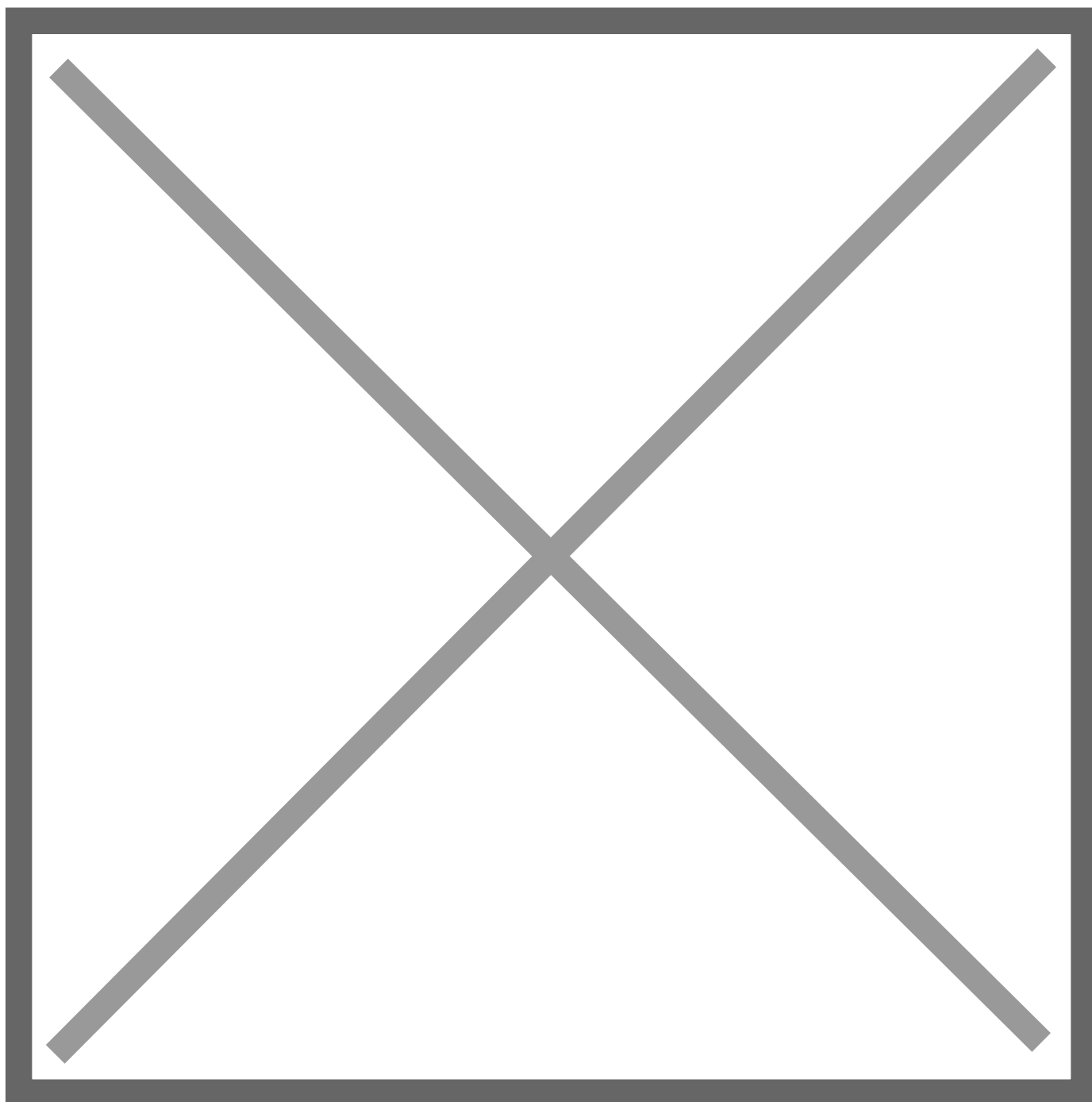
Literatura: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

**Definicije (na
voljo samo v
angleščini):**

Indicence per 100,000

Če ni navedeno drugače, se prekomerna teža nanaša na ITM med 25 kg in 29,9 kg/m², debelost pa na ITM, višji od 30 kg/m².

1/2enske, 2022



Starost:	20+
Zajeto območje je:	Na državni ravni
Literatura:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: https://gco.iarc.who.int/today , accessed [16.07.24]

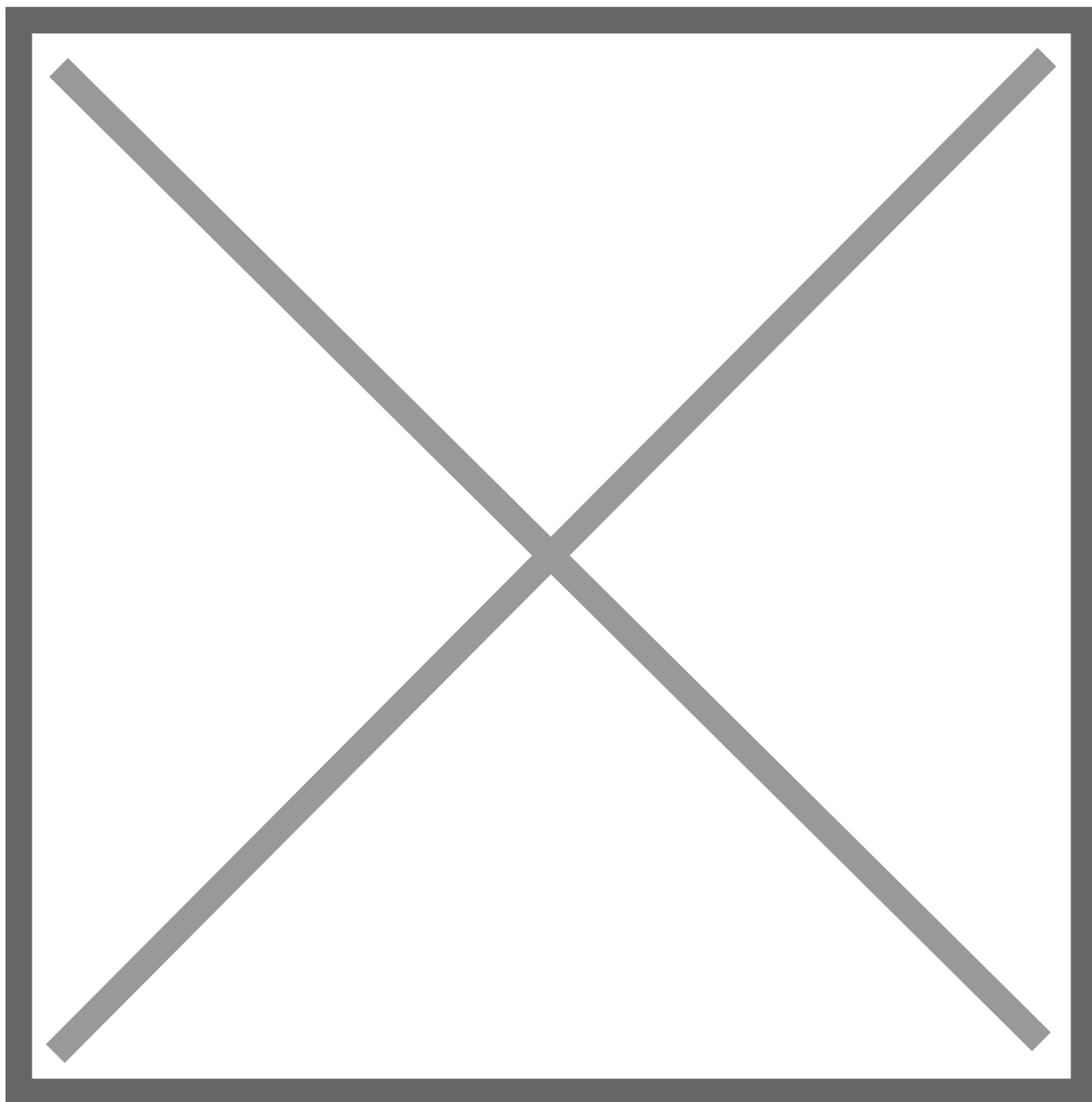
Definicije (na
voljo samo v
angleščini):

Indicence per 100,000

Če ni navedeno drugače, se prekomerna teža nanaša na ITM med 25 kg in 29,9 kg/m², debelost pa na ITM, višji od 30 kg/m².

Non Hodgkin Lymphoma

Moški, 2022



Starost:

20+

Zajeto območje:
je:

Na državni ravni

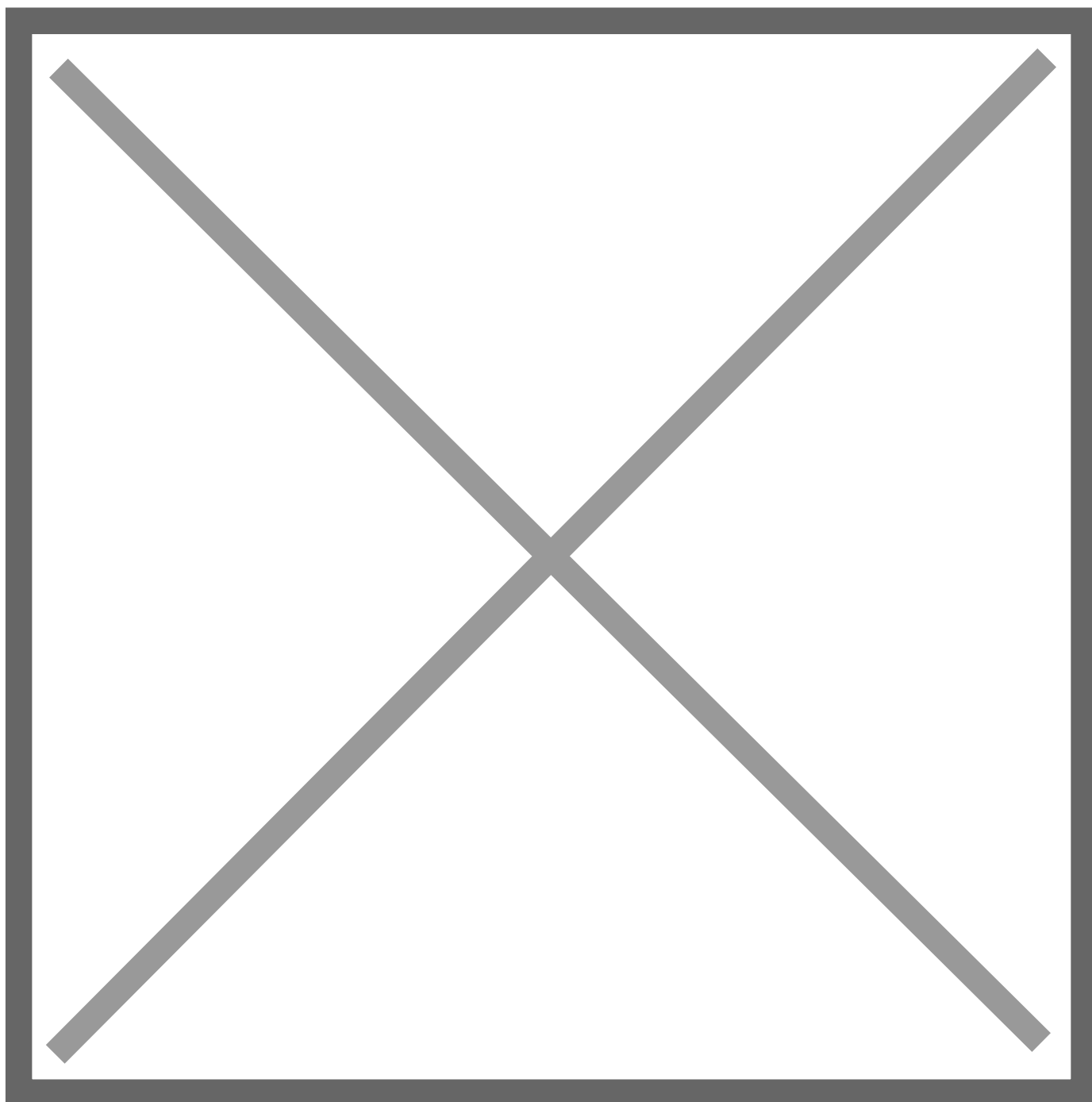
Literatura: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definicije (na voljo samo v angleščini):

Incidence per 100,000

Če ni navedeno drugače, se prekomerna teža nanaša na ITM med 25 kg in 29,9 kg/m², debelost pa na ITM, višji od 30 kg/m².

1/2enske, 2022



Starost:

20+

Zajeto območje
je:

Na državnih ravni

Literatura:

Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

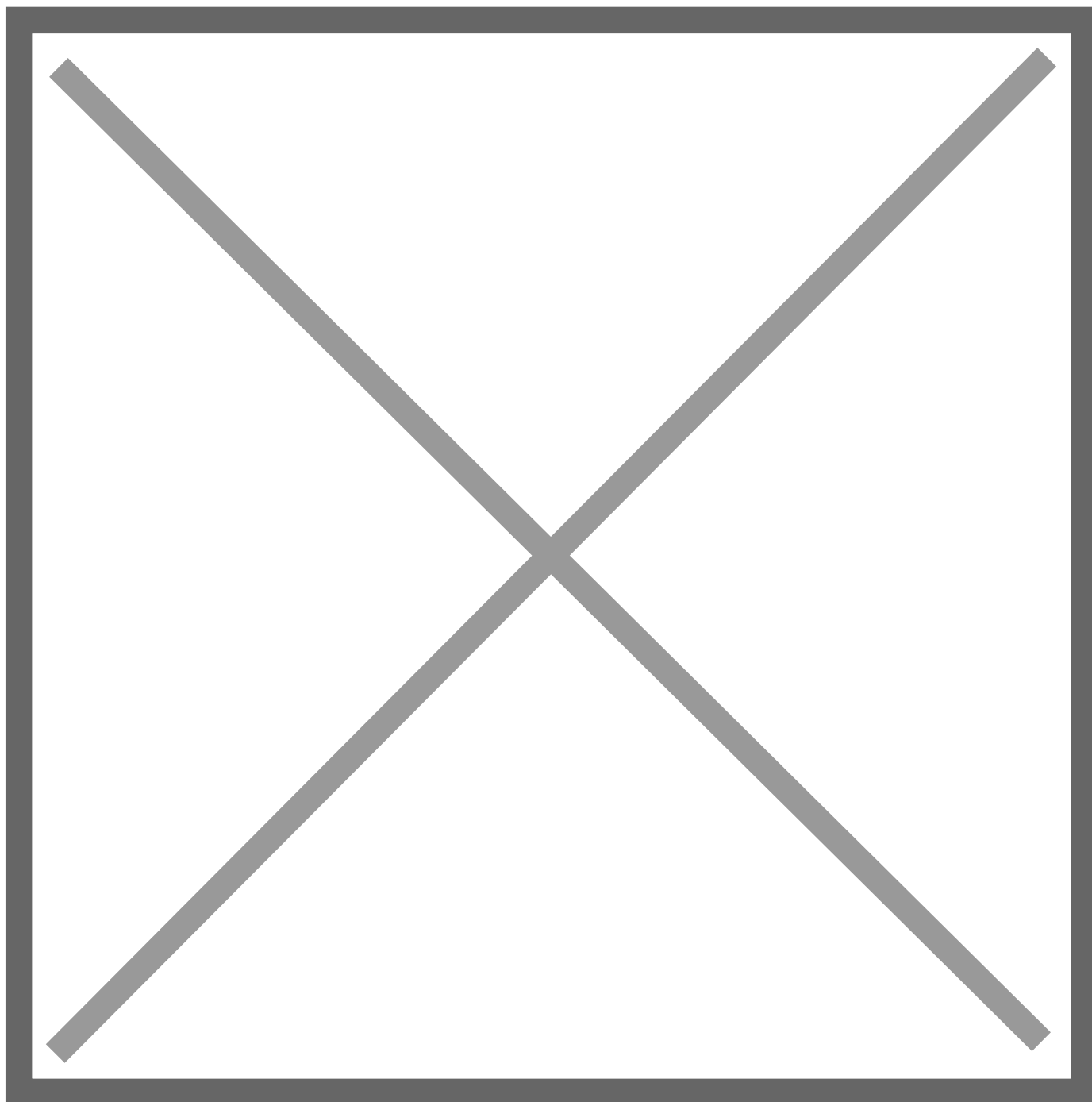
Definicije (na
voljo samo v
angleščini):

Incidence per 100,000

Če ni navedeno drugače, se prekomerna teža nanaša na ITM med 25 kg in 29,9 kg/m², debelost pa na ITM, višji od 30 kg/m².

Thyroid Cancer

Moški, 2022



Starost:

20+

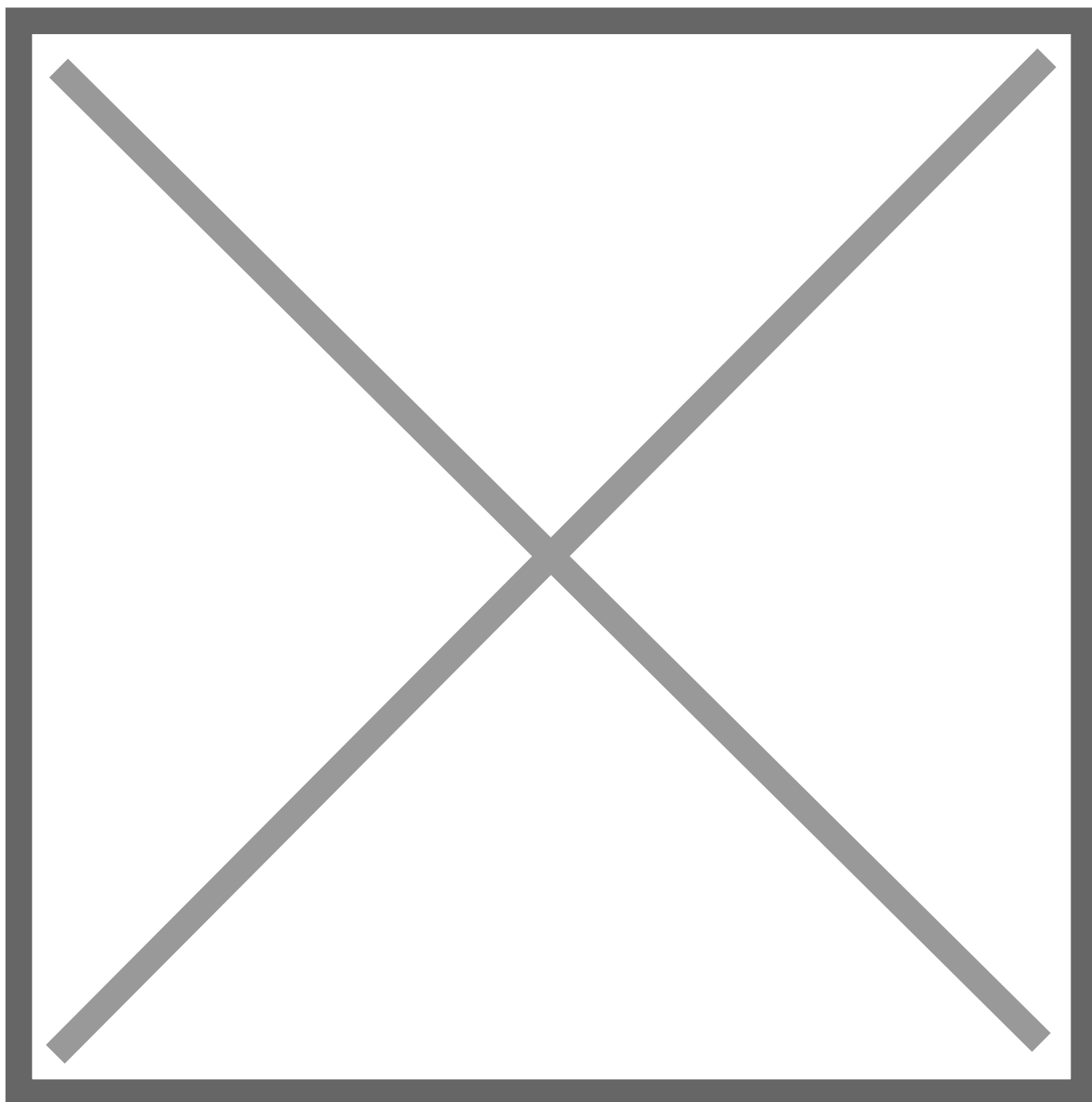
Zajeto območje
je:

Na državni ravni

Literatura: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definicije (na voljo samo v angleščini): Incidence per 100,000

1/2enske, 2022



Starost:

20+

Zajeto območje
je:

Na državnih ravni

Literatura:

Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definicije (na
voljo samo v
angleščini):

Incidence per 100,000

PDF created on July 19, 2025