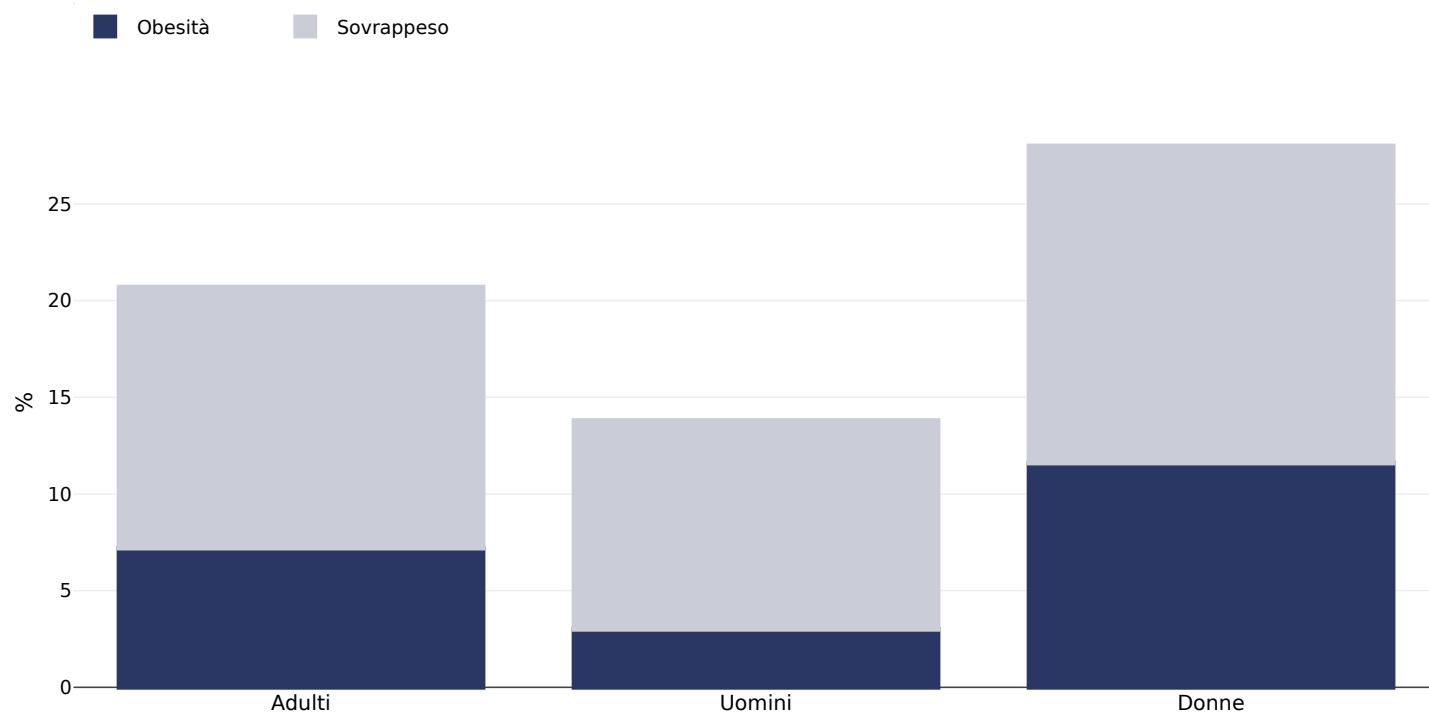


Report card Repubblica Centrafricana



Prevalenza dell'obesità

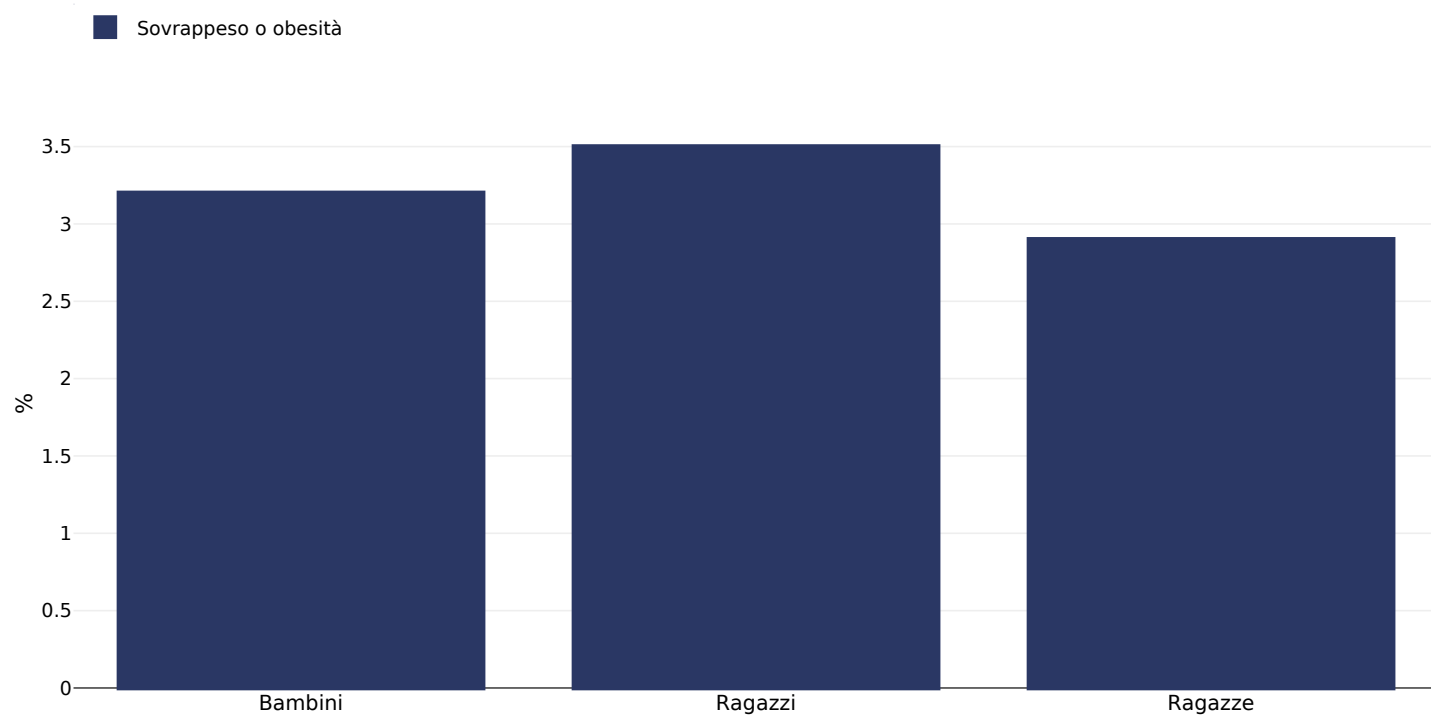
Adulti, 2010



Tipo di sondaggio:	Misurato
Età:	25-64
Dimensioni del campione:	4029
Area coperta:	Nazionale
Riferimenti:	Central African Republic STEPS Survey 2010

Salvo diversa indicazione, il sovrappeso si riferisce a un BMI compreso tra 25 kg e 29,9 kg/m², l'obesità si riferisce a un BMI superiore a 30 kg/m².

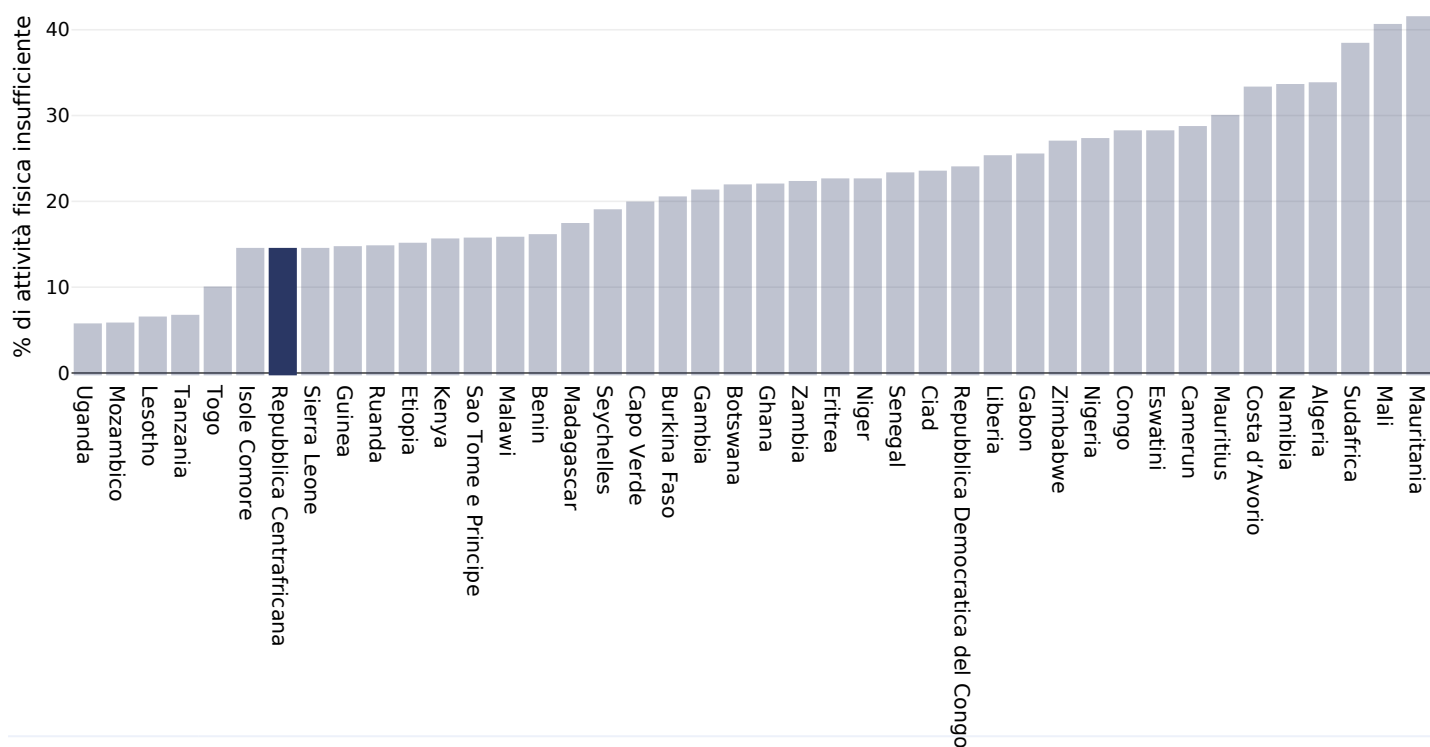
Bambini, 2018-2019



Tipo di sondaggio:	Misurato
Età:	0-5
Dimensioni del campione:	8741
Area coperta:	Nazionale
Riferimenti:	ICASEES. 2021. MICS6-RCA Enquête par grappes à indicateurs multiples 2018-2019, Rapport final des résultats de l'enquête. Bangui, République Centrafricaine : ICASEES.
Note (disponibile solo in inglese):	Infants only
Definizioni (disponibile solo in inglese):	Weight for height.
Cutoffs:	WHO

Attività fisica insufficiente

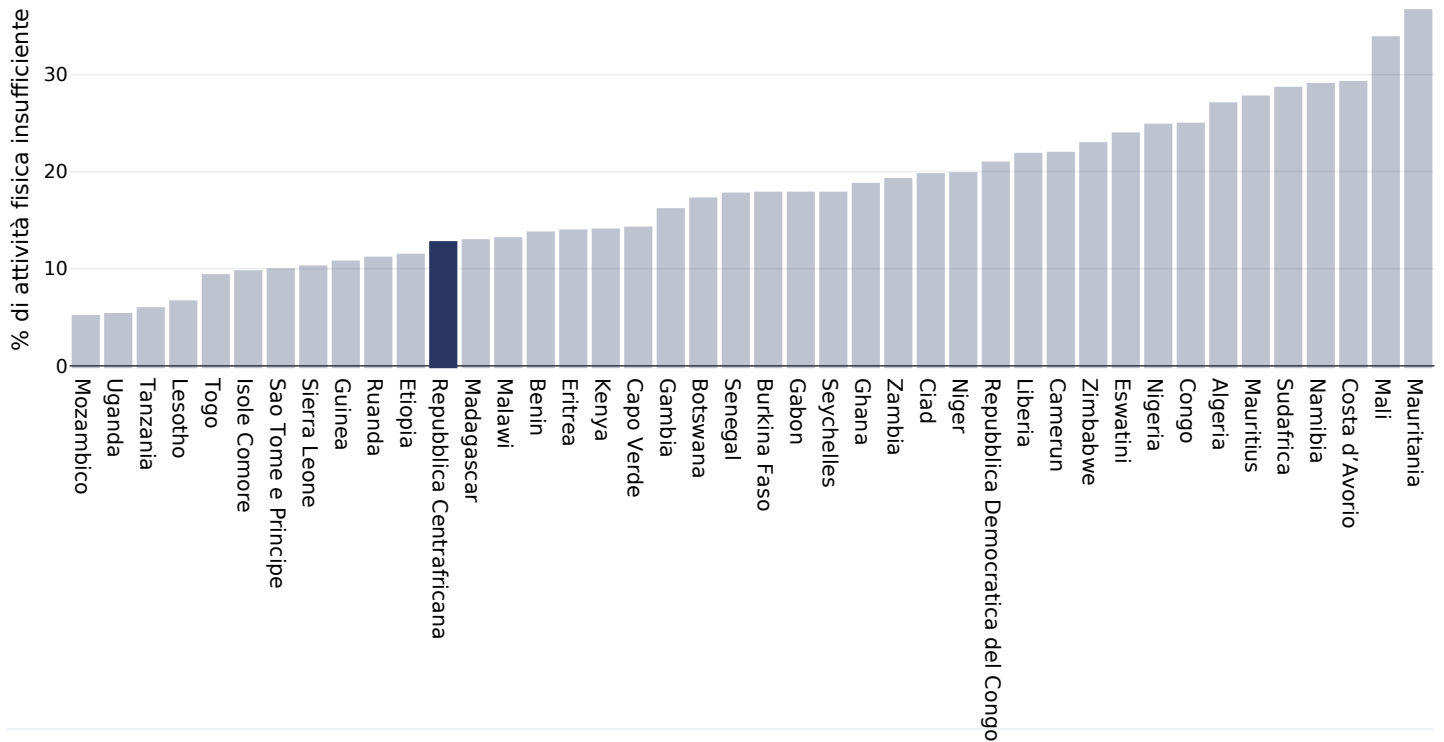
Adulti, 2016



Riferimenti:

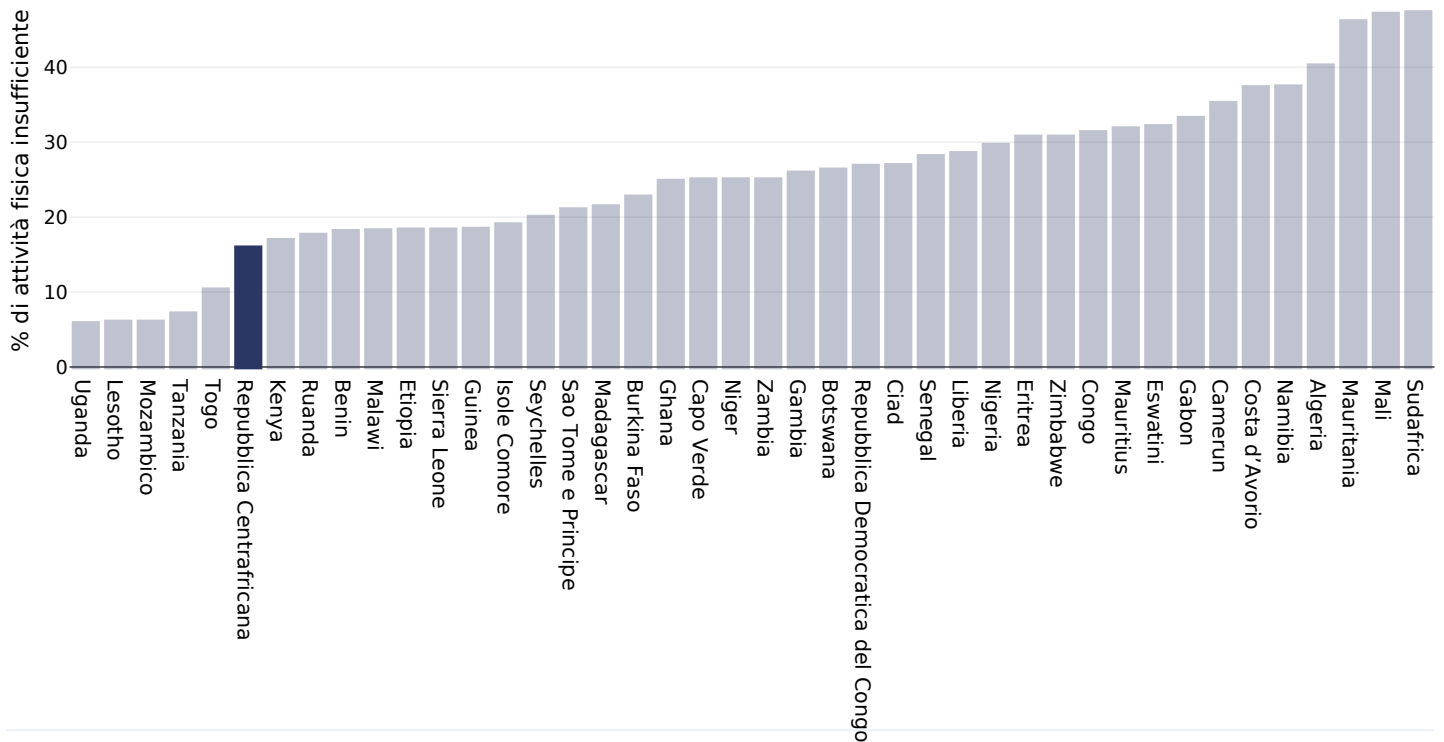
Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

Uomini, 2016



Riferimenti: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

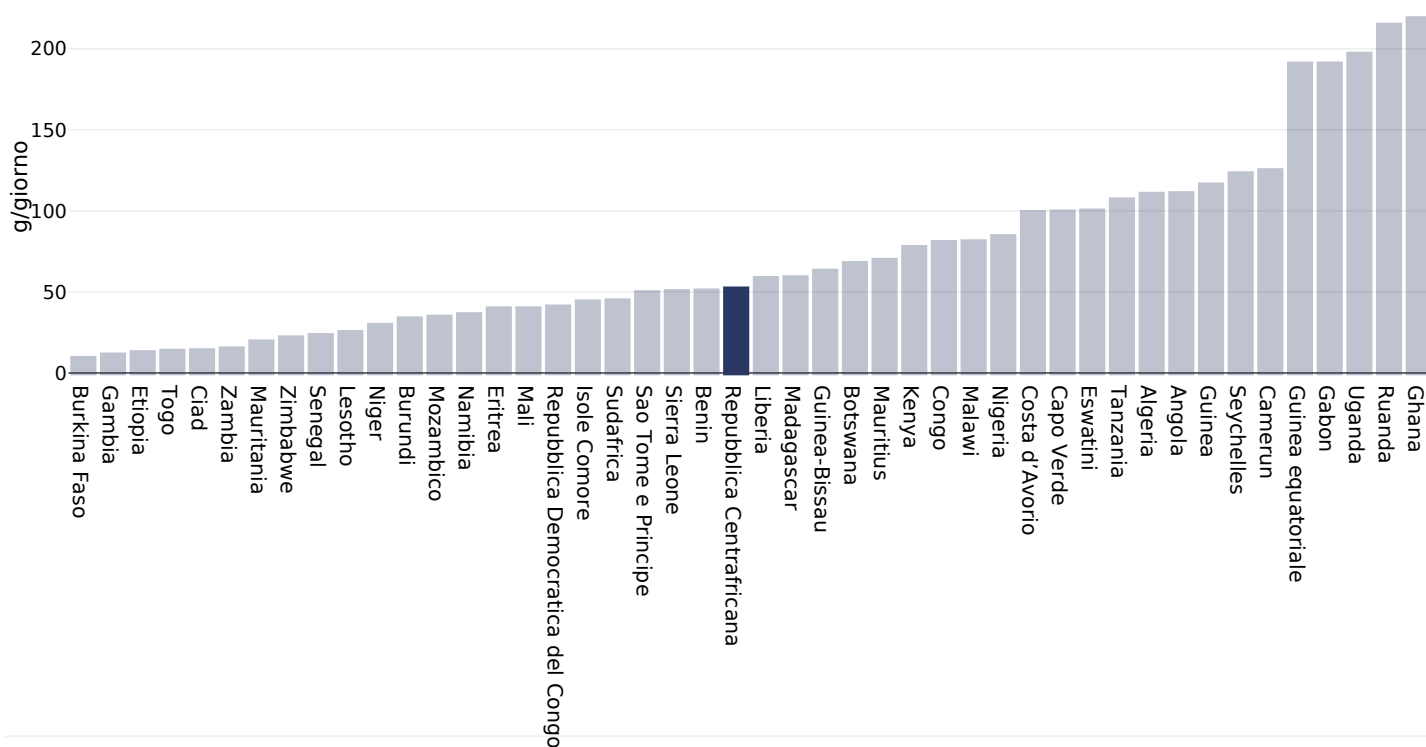
Donne, 2016



Riferimenti: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

Estimated per capita fruit intake

Adulti, 2017



Tipo di sondaggio:

Misurato

Età:

25+

Riferimenti:

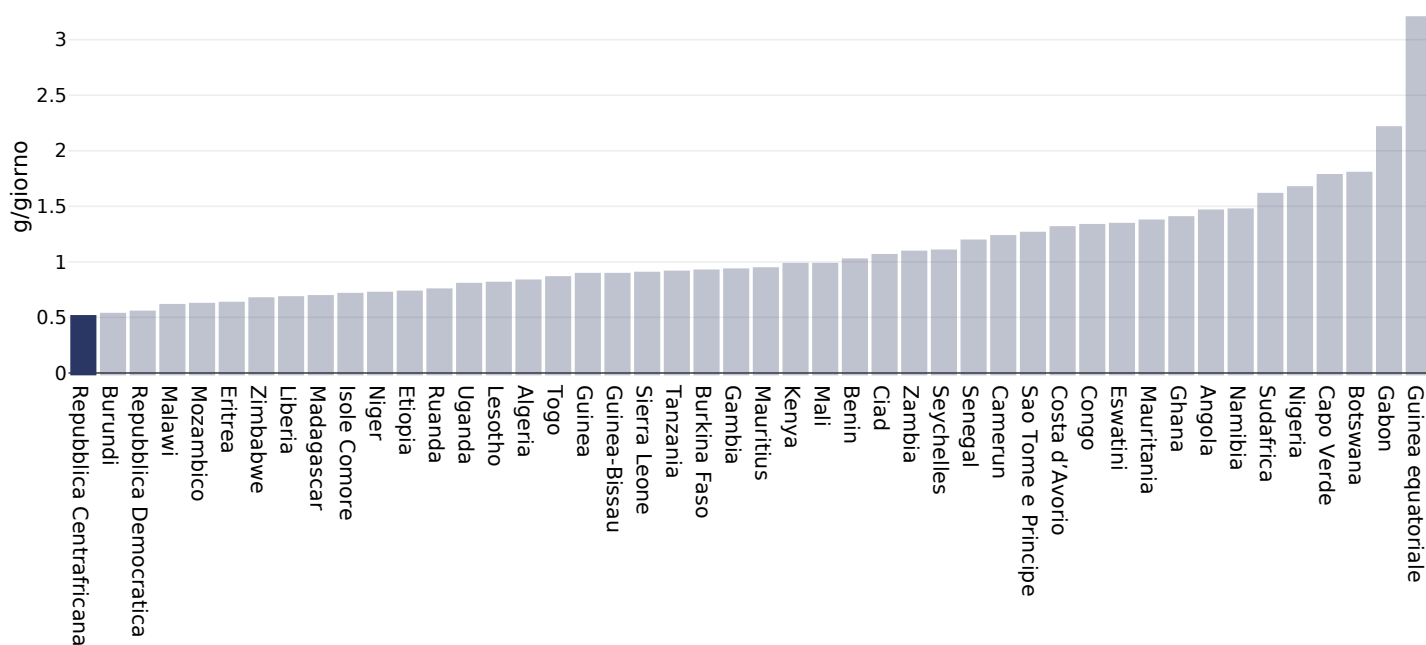
Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

Definizioni (disponibile solo in inglese):

Estimated per-capita fruit intake (g/day)

Assunzione stimata pro capite di carni lavorate

Adulti, 2017



Tipo di sondaggio:

Misurato

Età:

25+

Riferimenti:

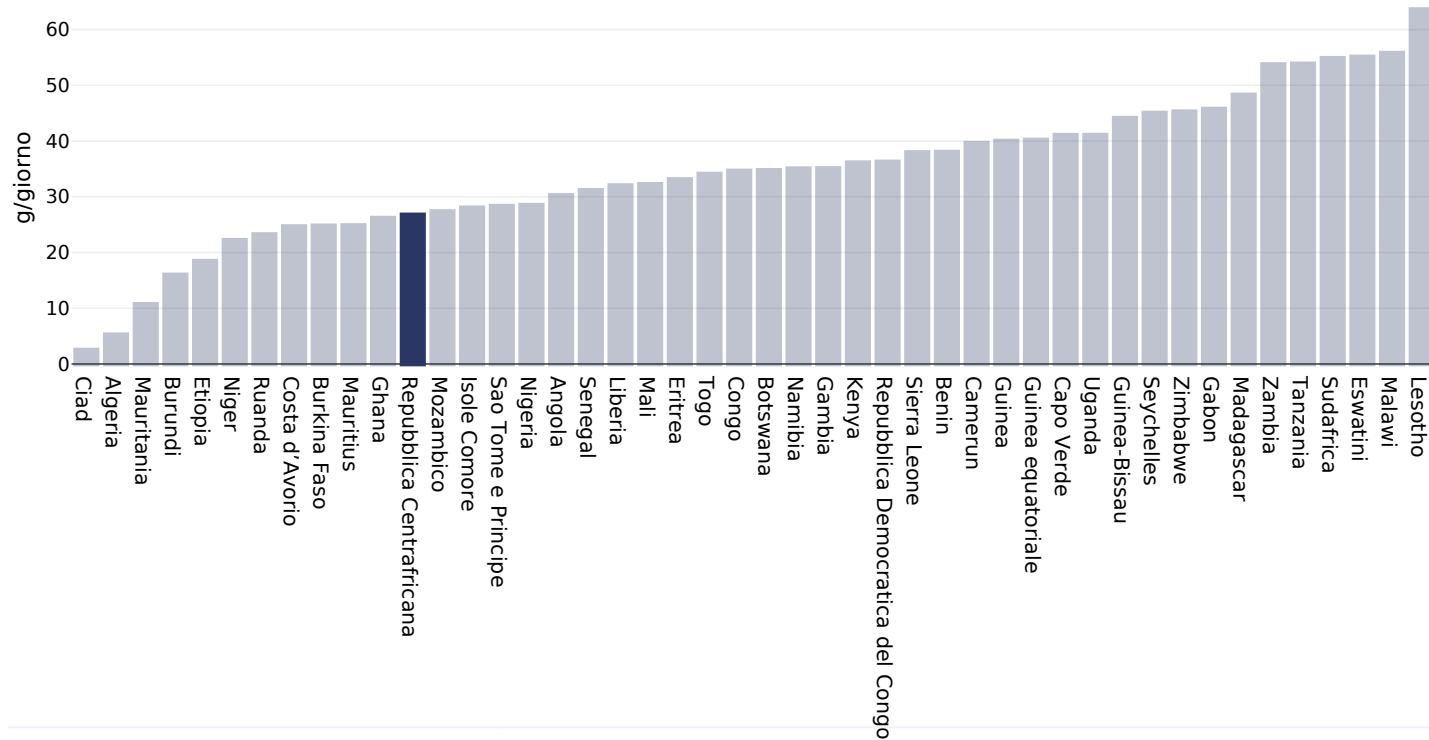
Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

Definizioni (disponibile solo in inglese):

Estimated per-capita processed meat intake (g per day)

Estimated per capita whole grains intake

Adulti, 2017



Tipo di sondaggio:

Misurato

Età:

25+

Riferimenti:

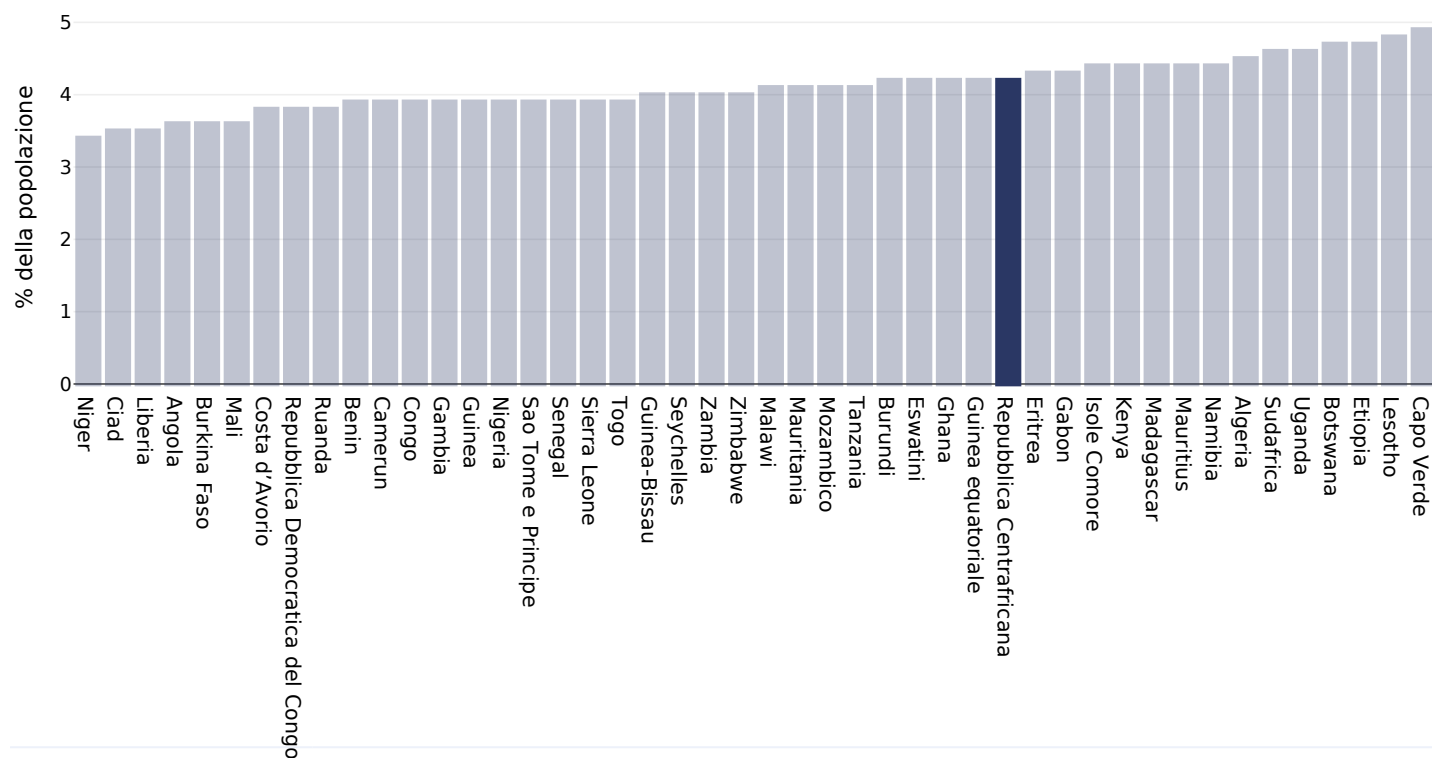
Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

Definizioni (disponibile solo in inglese):

Estimated per-capita whole grains intake (g/day)

Salute mentale - disturbi depressivi

Adulti, 2015



Riferimenti:

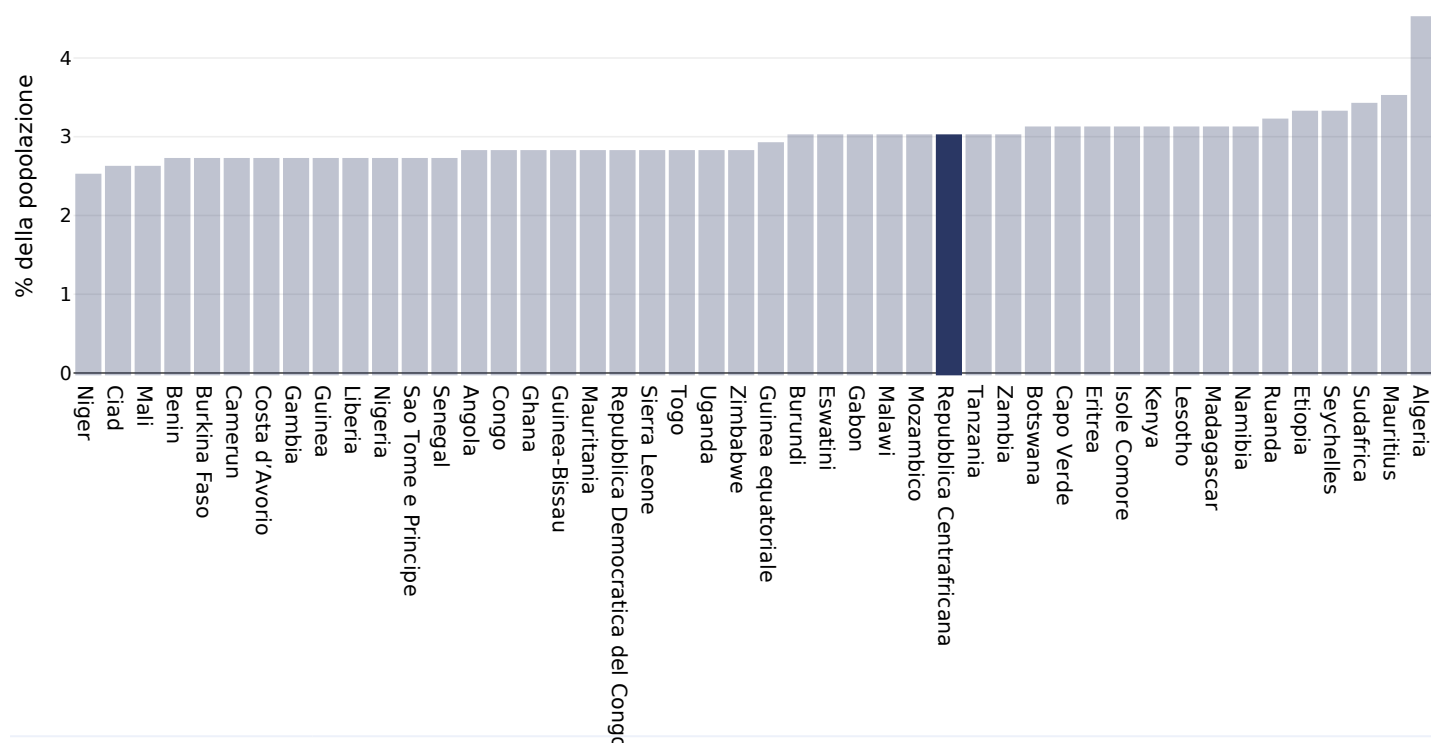
Prevalence data from Global Burden of Disease study 2015 (<http://ghdx.healthdata.org>) published in: Depression and Other Common Mental Disorders: Global Health Estimates. Geneva:World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO.

Definizioni (disponibile solo in inglese):

% of population with depression disorders

Salute mentale - disturbi d'ansia

Adulti, 2015



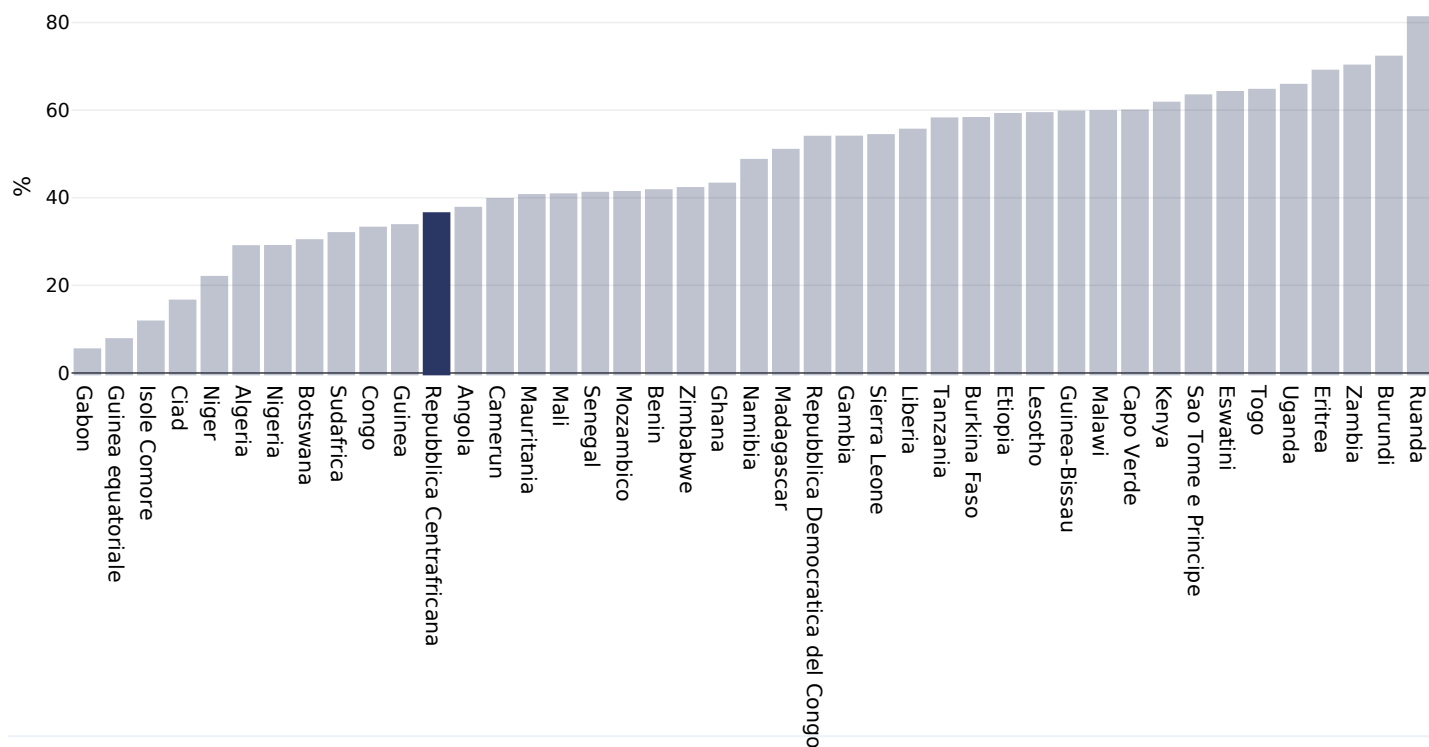
Riferimenti: Prevalence data from Global Burden of Disease study 2015 (<http://ghdx.healthdata.org>) published in: Depression and Other Common Mental Disorders: Global Health Estimates. Geneva:World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO.

Definizioni (disponibile solo in inglese):

% of population with anxiety disorders

% di neonati da 0-5 mesi allattati esclusivamente al seno

Bambini, 2005-2020



Area coperta:

Nazionale

Riferimenti:

MICS6-RCA Enquête par grappes à indicateurs multiples 2018-2019, Rapport final. Bangui, République Centrafricaine : ICASEES

Note (disponibile solo in inglese):

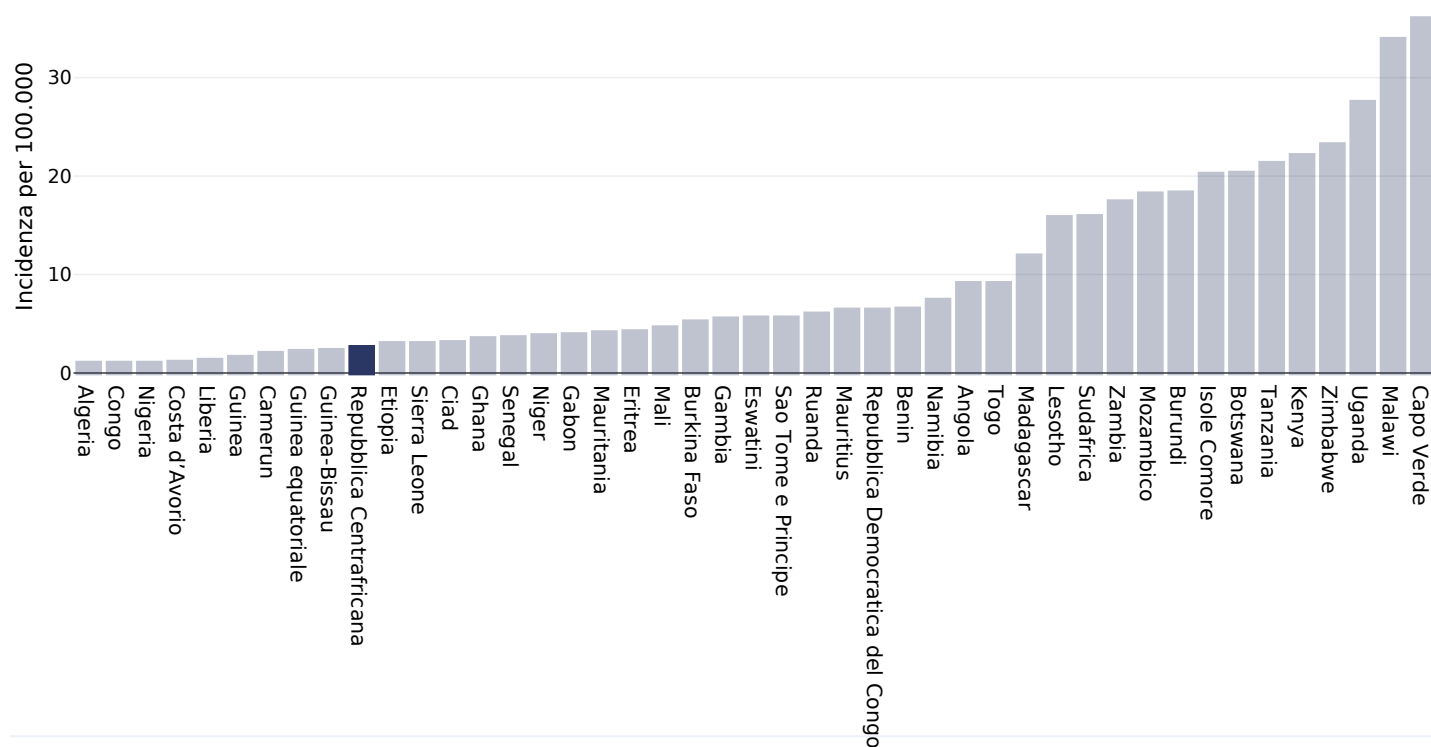
See UNICEF website for further survey information. Available at : <https://data.unicef.org/resources/dataset/infant-young-child-feeding/> (last accessed 28.9.21) Citation: United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2021). Global UNICEF Global Databases: Infant and Young Child Feeding: Exclusive breastfeeding, New York, September 2021.

Definizioni (disponibile solo in inglese):

% exclusively breastfed 0-5 months

Cancro dell'esofago

Uomini, 2020



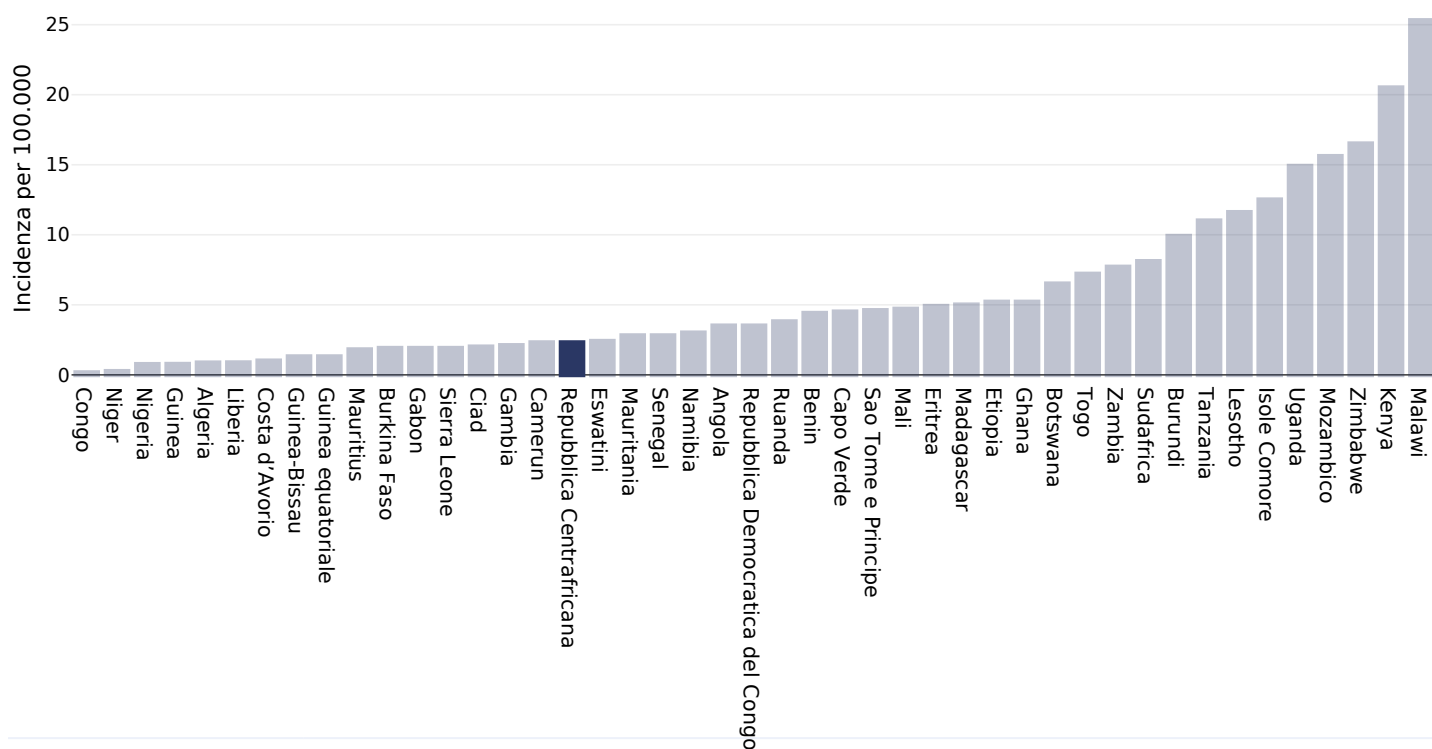
Età: 20+

Area coperta: Nazionale

Riferimenti: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2083

Definizioni (disponibile solo in inglese): Age-standardized incidence rates per 100 000

Donne, 2020



Età: 20+

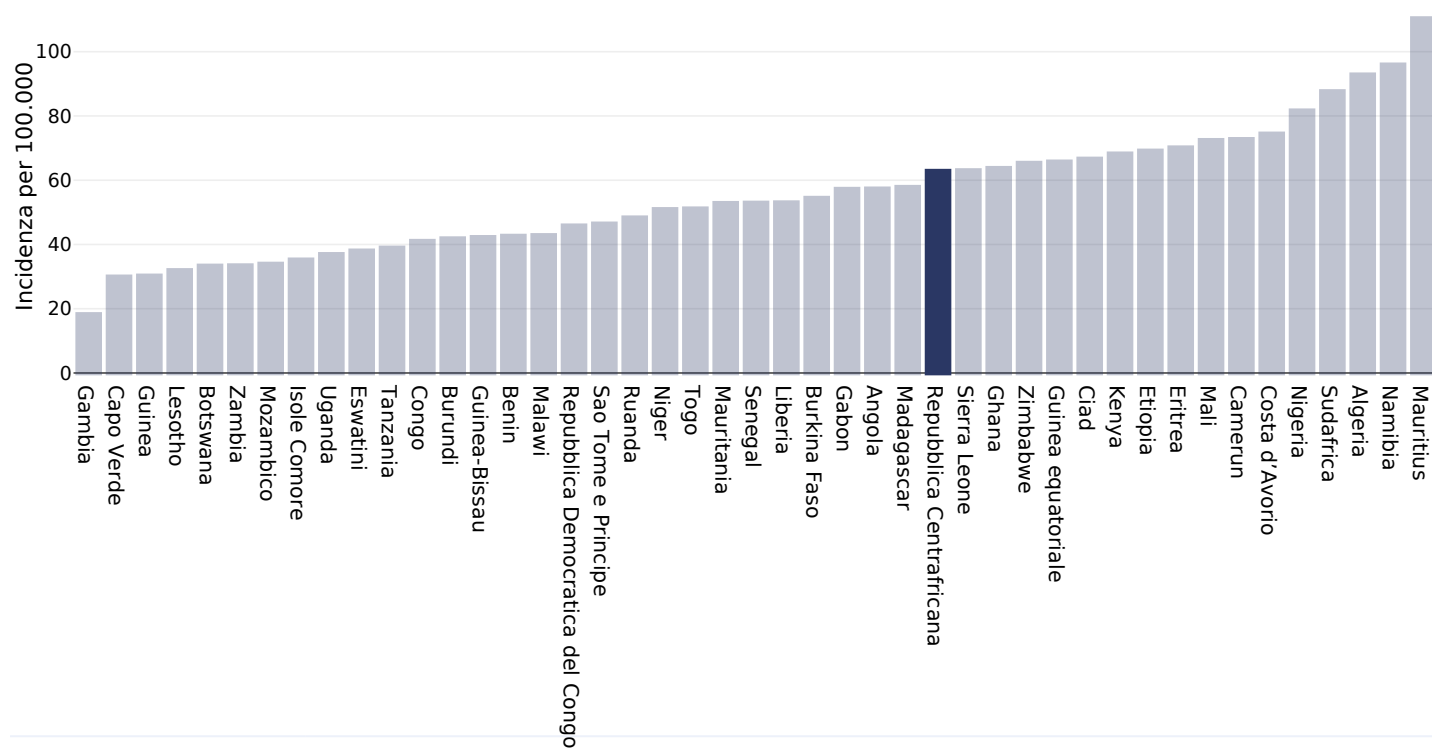
Area coperta: Nazionale

Riferimenti: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2083

Definizioni (disponibile solo in inglese): Age-standardized incidence rates per 100 000

Cancro al seno

Donne, 2020



Età: 20+

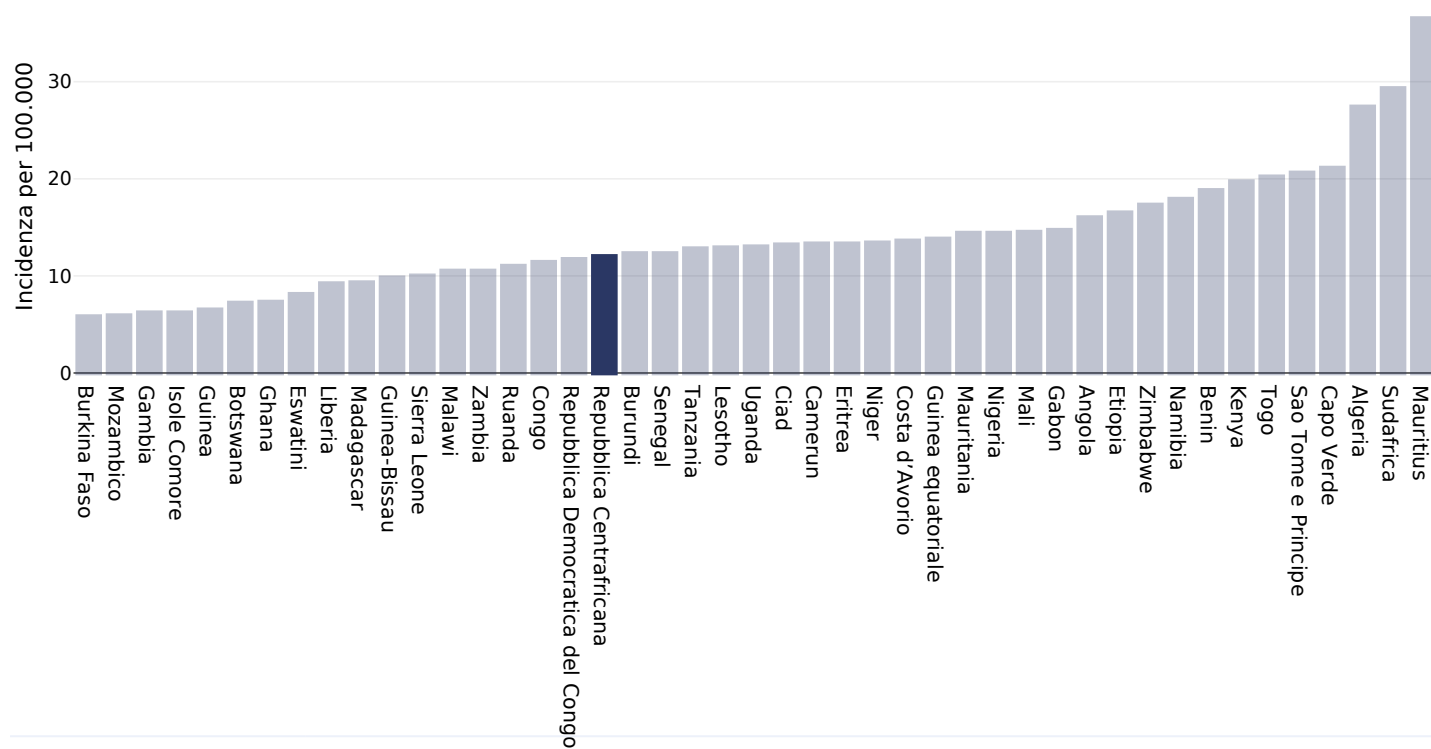
Area coperta: Nazionale

Riferimenti: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2083

Definizioni (disponibile solo in inglese): Age-standardized incidence rates per 100 000

Cancro colon-rettale

Uomini, 2020



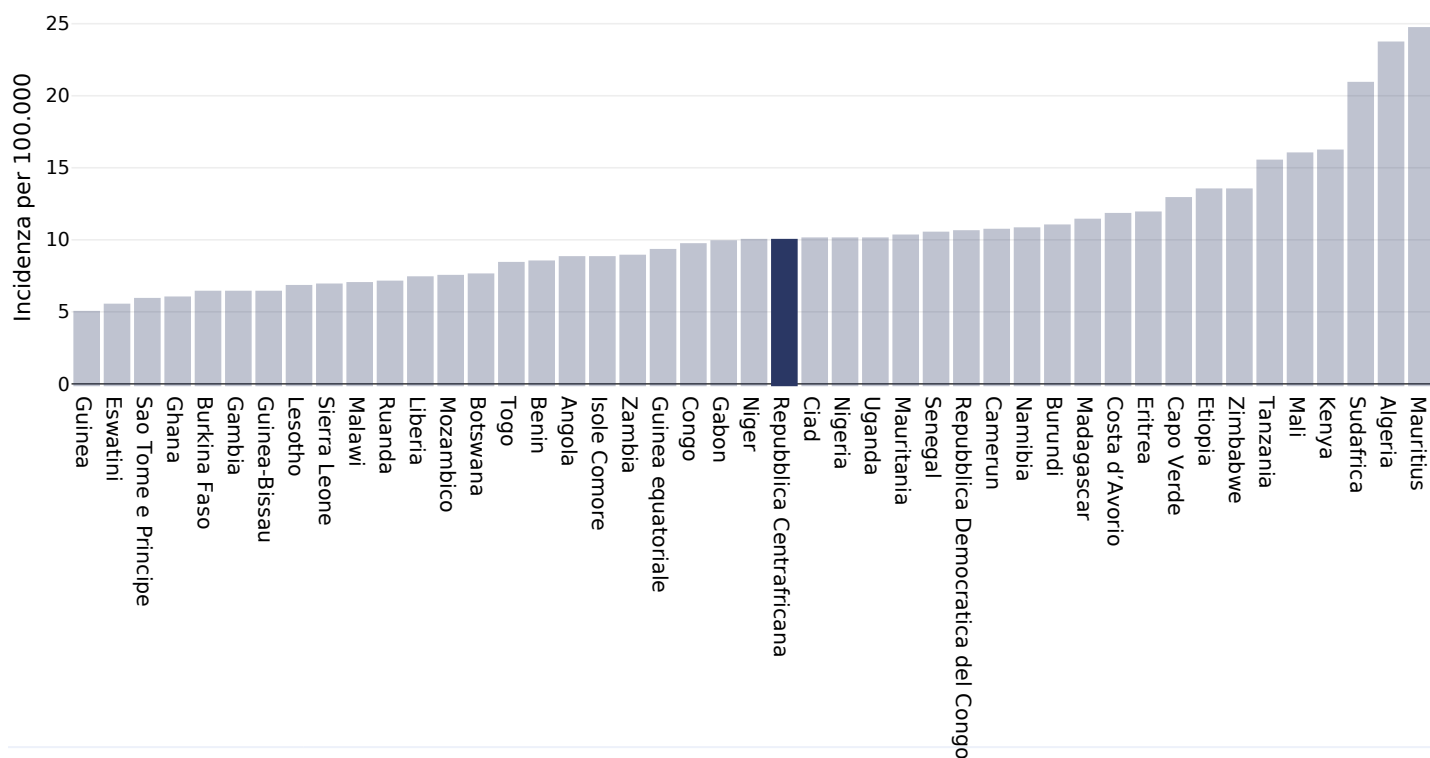
Età: 20+

Area coperta: Nazionale

Riferimenti: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2083

Definizioni (disponibile solo in inglese): Age-standardized incidence rates per 100 000

Donne, 2020



Età: 20+

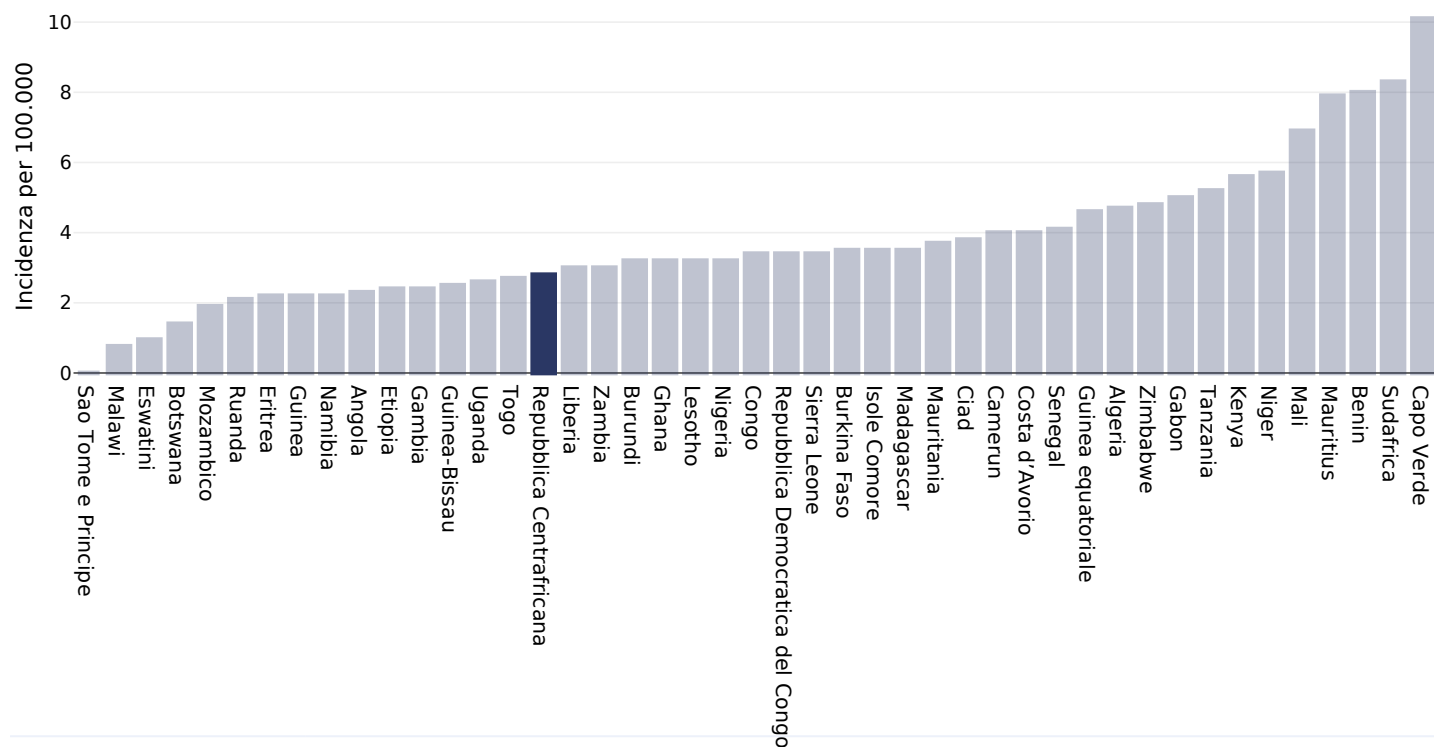
Area coperta: Nazionale

Riferimenti: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2023

Definizioni (disponibile solo in inglese): Age-standardized incidence rates per 100 000

Cancro del pancreas

Uomini, 2020



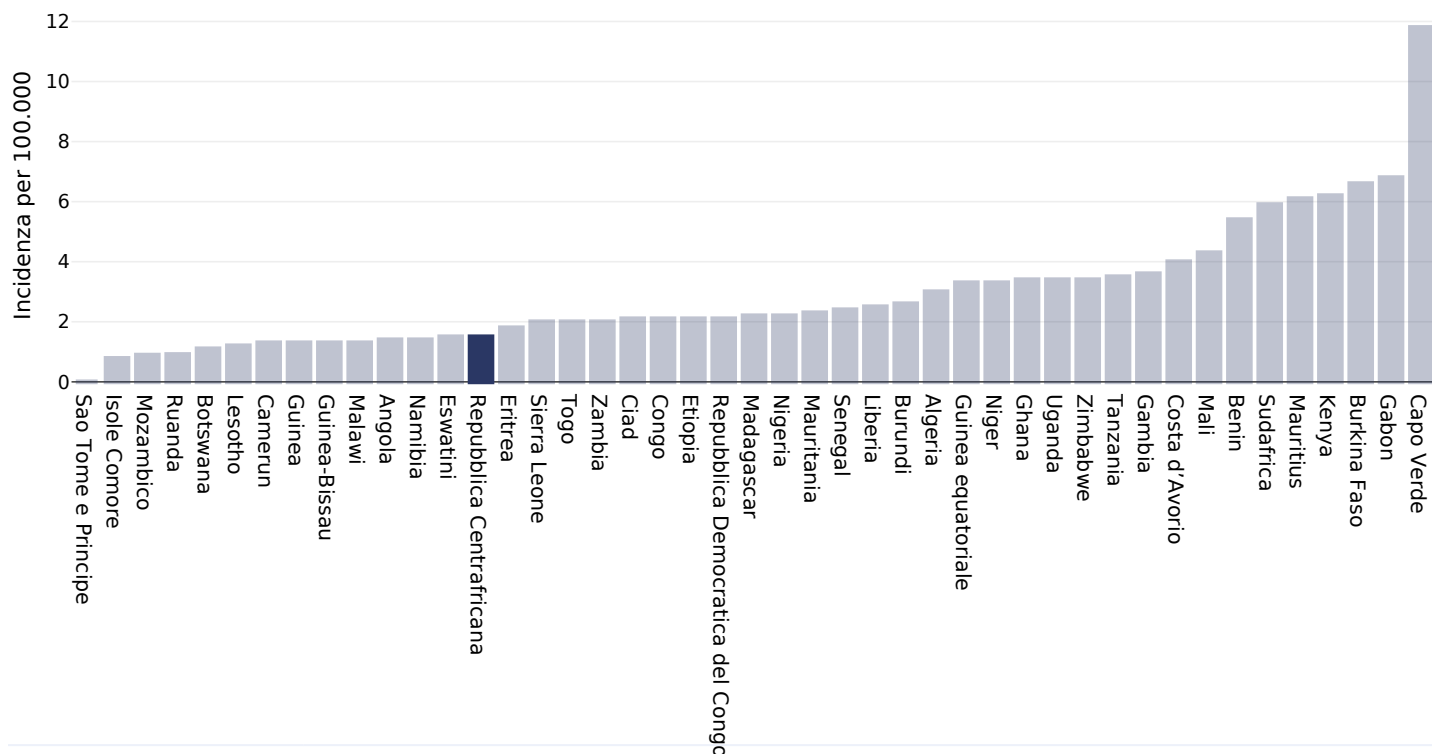
Età: 20+

Area coperta: Nazionale

Riferimenti: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2083

Definizioni (disponibile solo in inglese): Age-standardized incidence rates per 100 000

Donne, 2020



Età: 20+

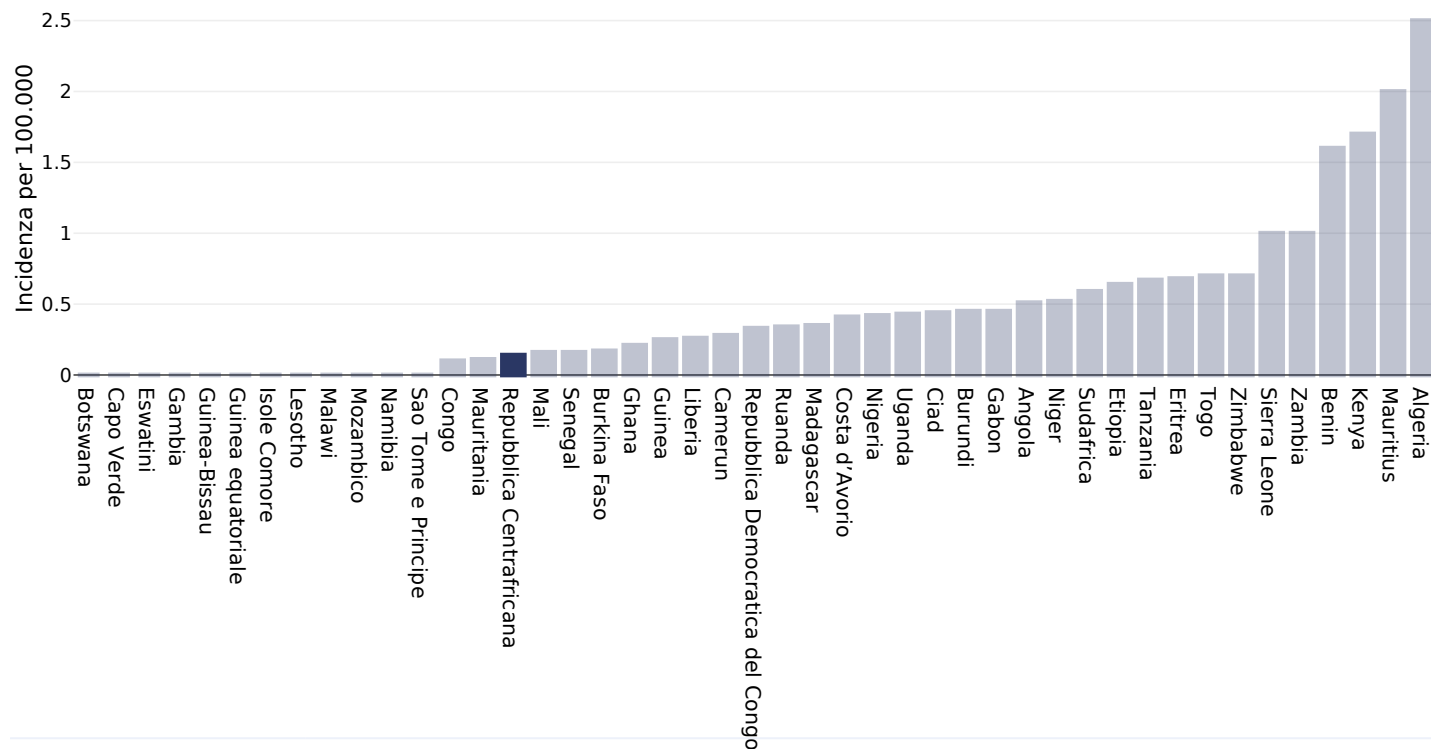
Area coperta: Nazionale

Riferimenti: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2083

Definizioni (disponibile solo in inglese): Age-standardized incidence rates per 100 000

Cancro della colecisti

Uomini, 2020



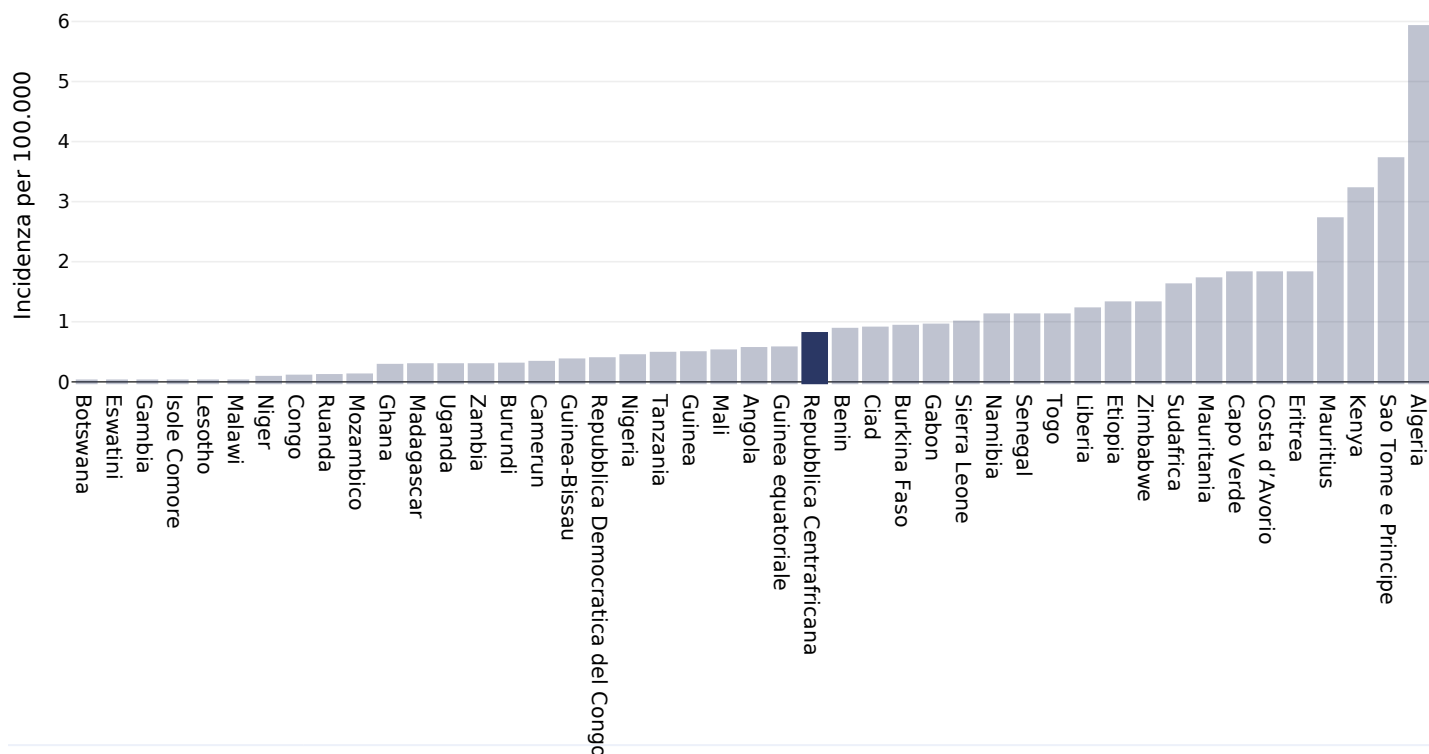
Età: 20+

Area coperta: Nazionale

Riferimenti: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2083

Definizioni (disponibile solo in inglese): Age-standardized incidence rates per 100 000

Donne, 2020



Età: 20+

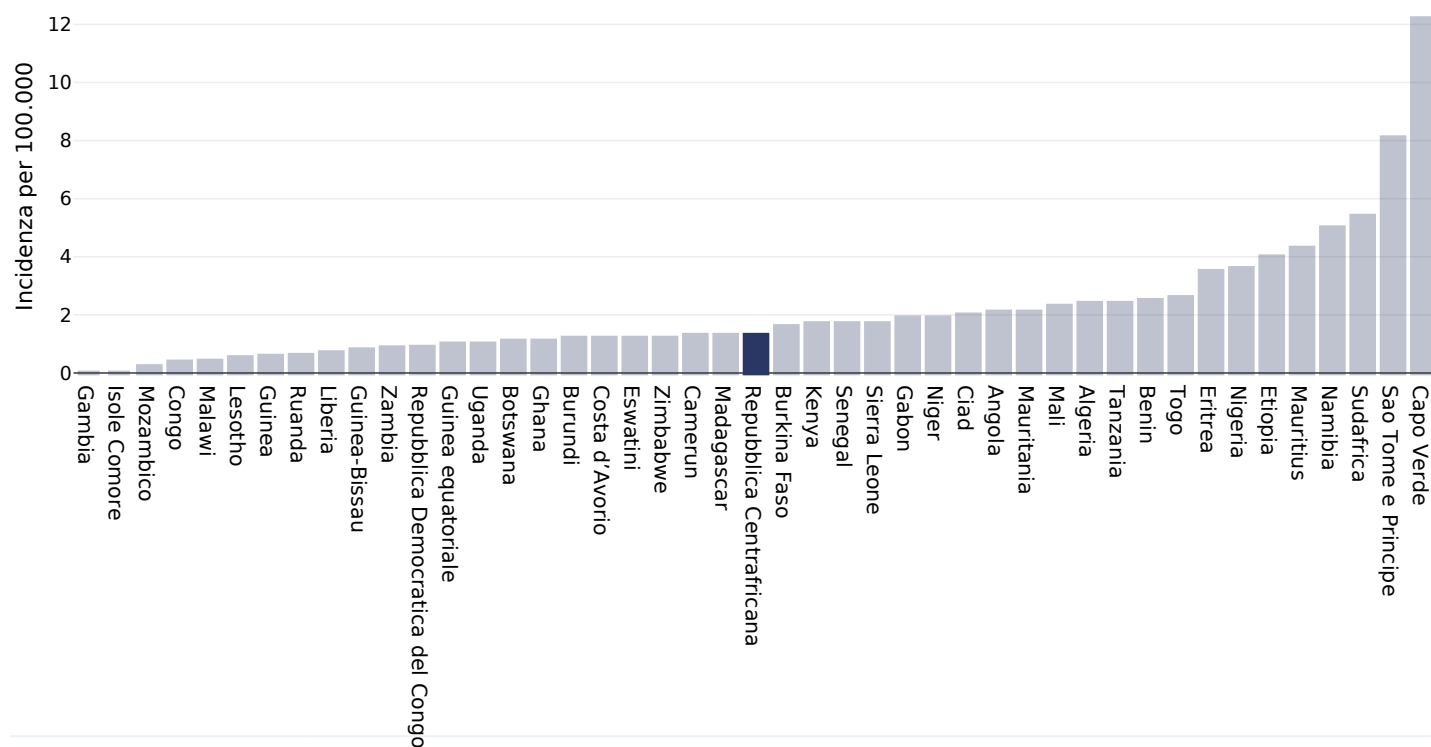
Area coperta: Nazionale

Riferimenti: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2083

Definizioni (disponibile solo in inglese): Age-standardized incidence rates per 100 000

Cancro del rene

Uomini, 2020



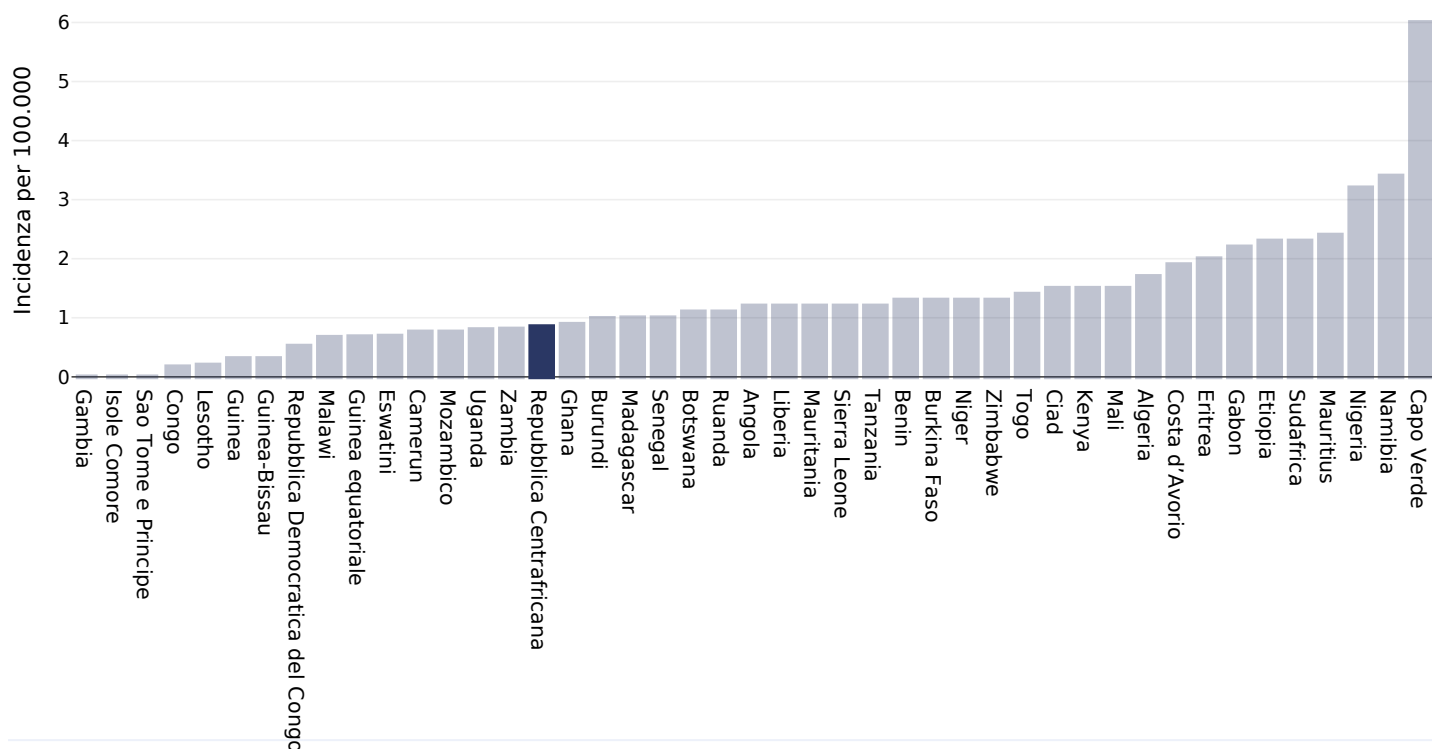
Età: 20+

Area coperta: Nazionale

Riferimenti: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2083

Definizioni (disponibile solo in inglese): Age-standardized incidence rates per 100 000

Donne, 2020



Età: 20+

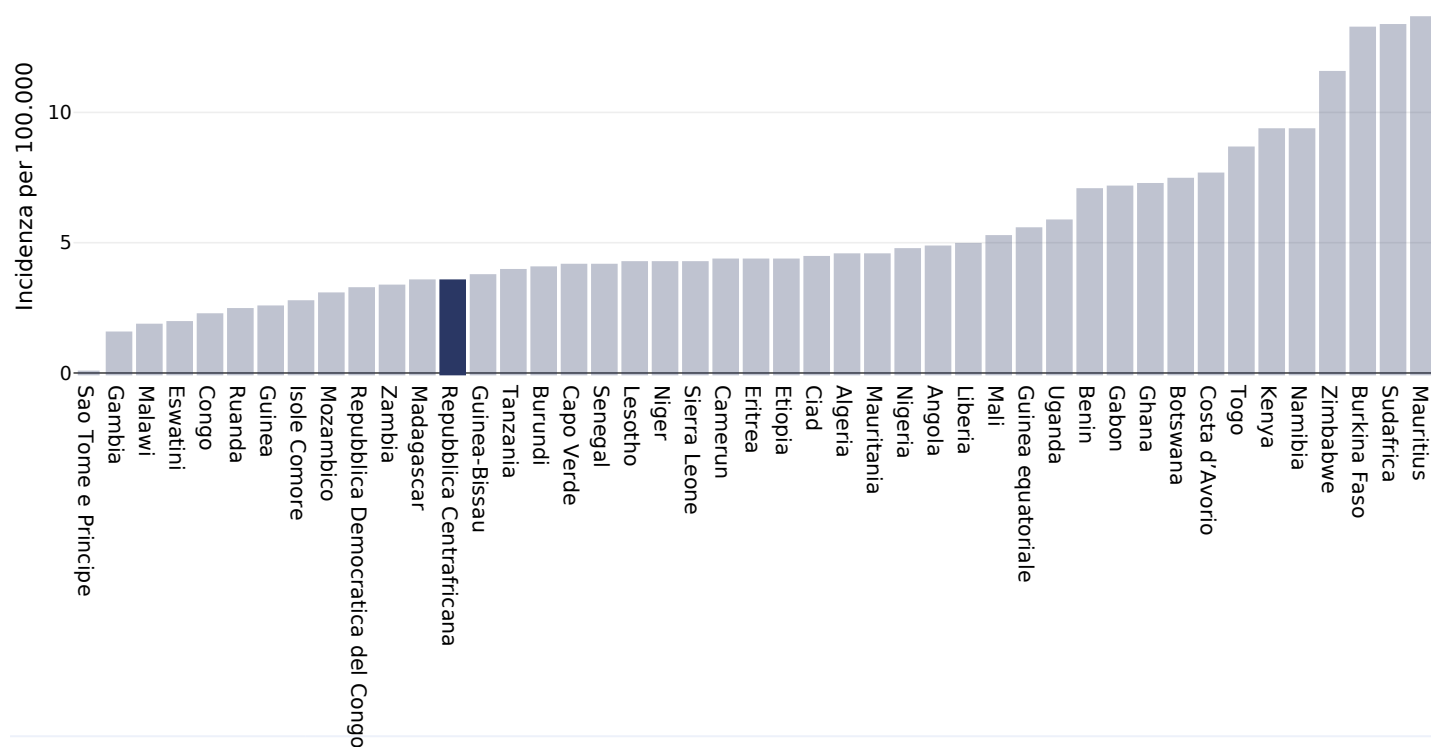
Area coperta: Nazionale

Riferimenti: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2083

Definizioni (disponibile solo in inglese): Age-standardized incidence rates per 100 000

Cancro dell'utero

Donne, 2020



Età: 20+

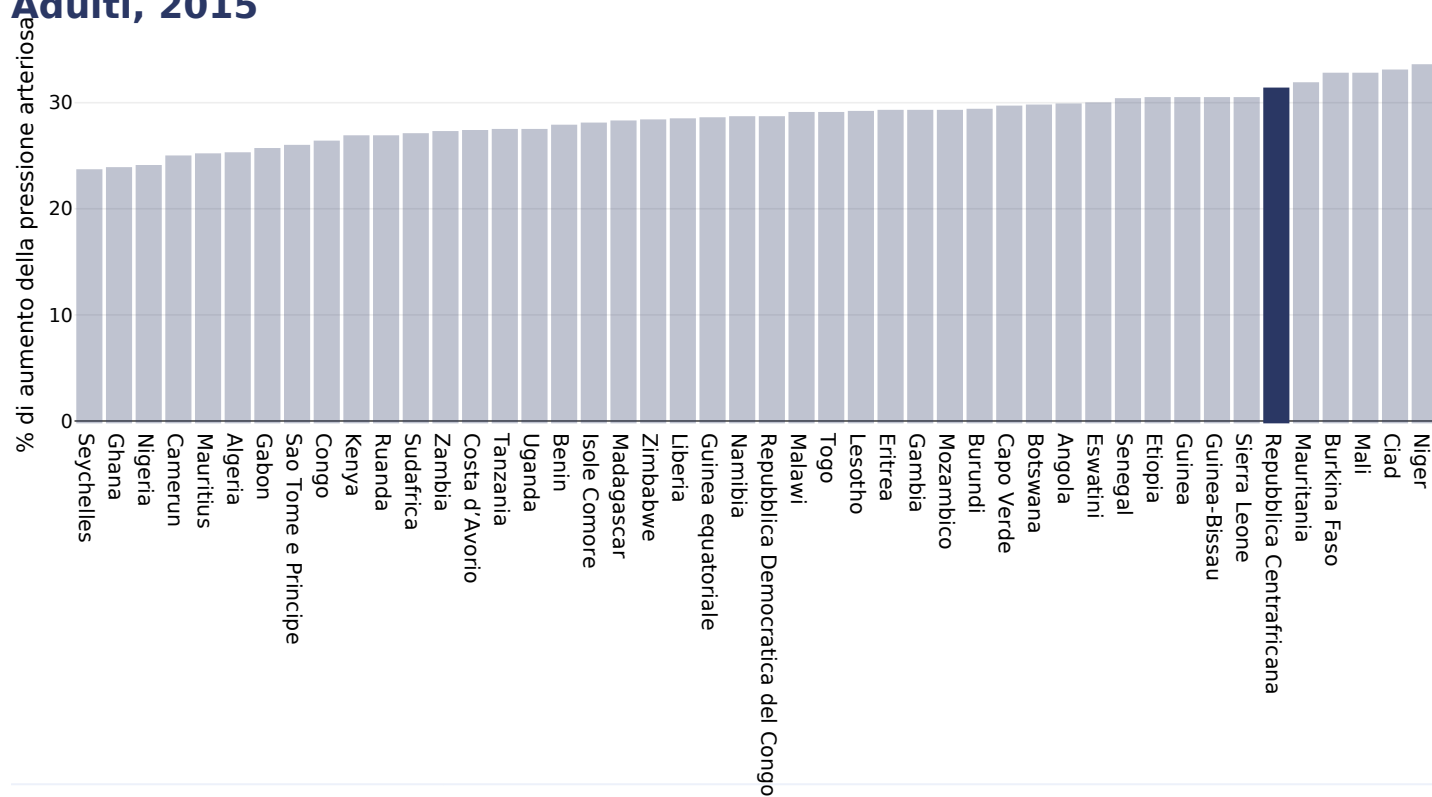
Area coperta: Nazionale

Riferimenti: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2083

Definizioni (disponibile solo in inglese): Age-standardized incidence rates per 100 000

Aumento della pressione arteriosa

Adulti, 2015



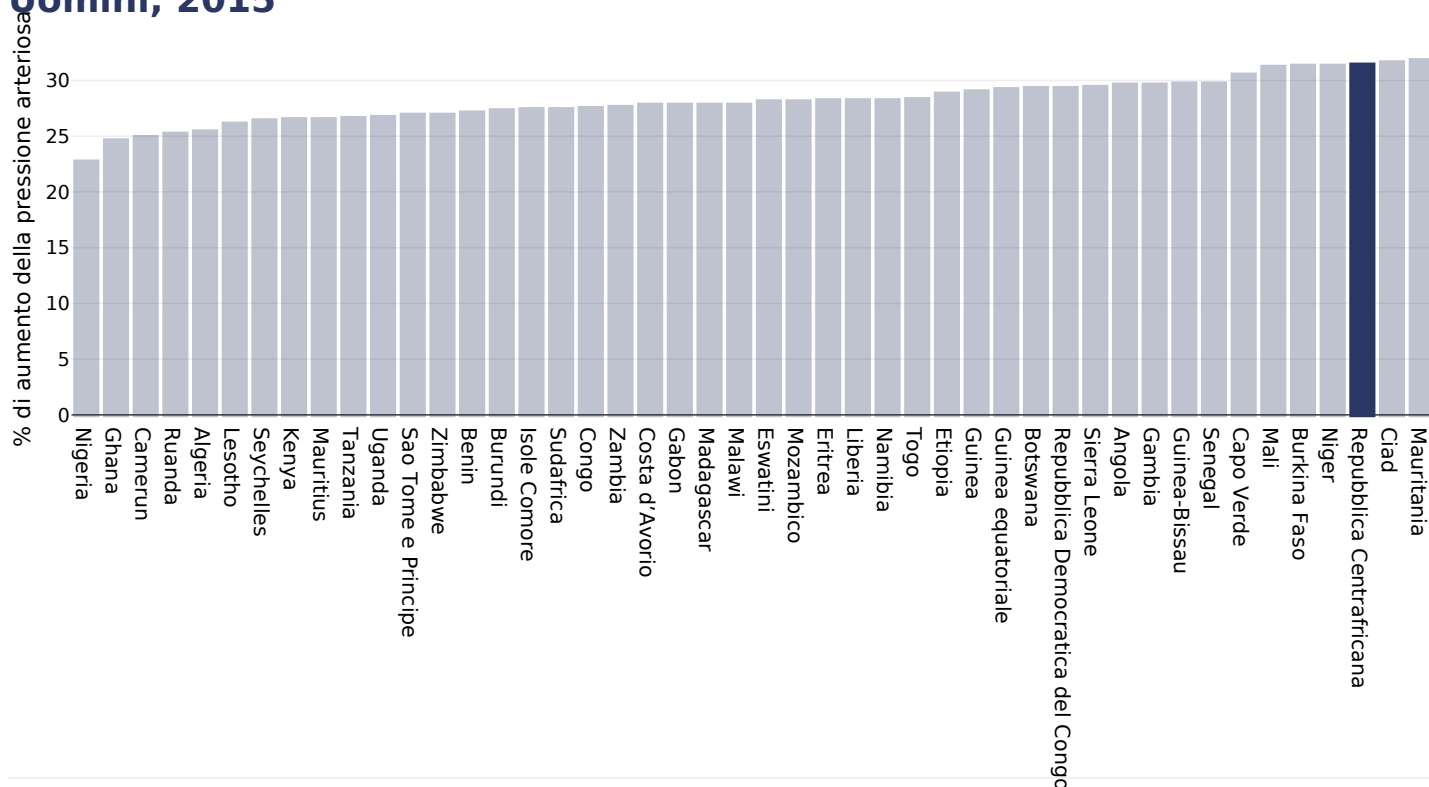
Riferimenti:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A875?lang=en>

Definizioni (disponibile solo in inglese):

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

Uomini, 2015



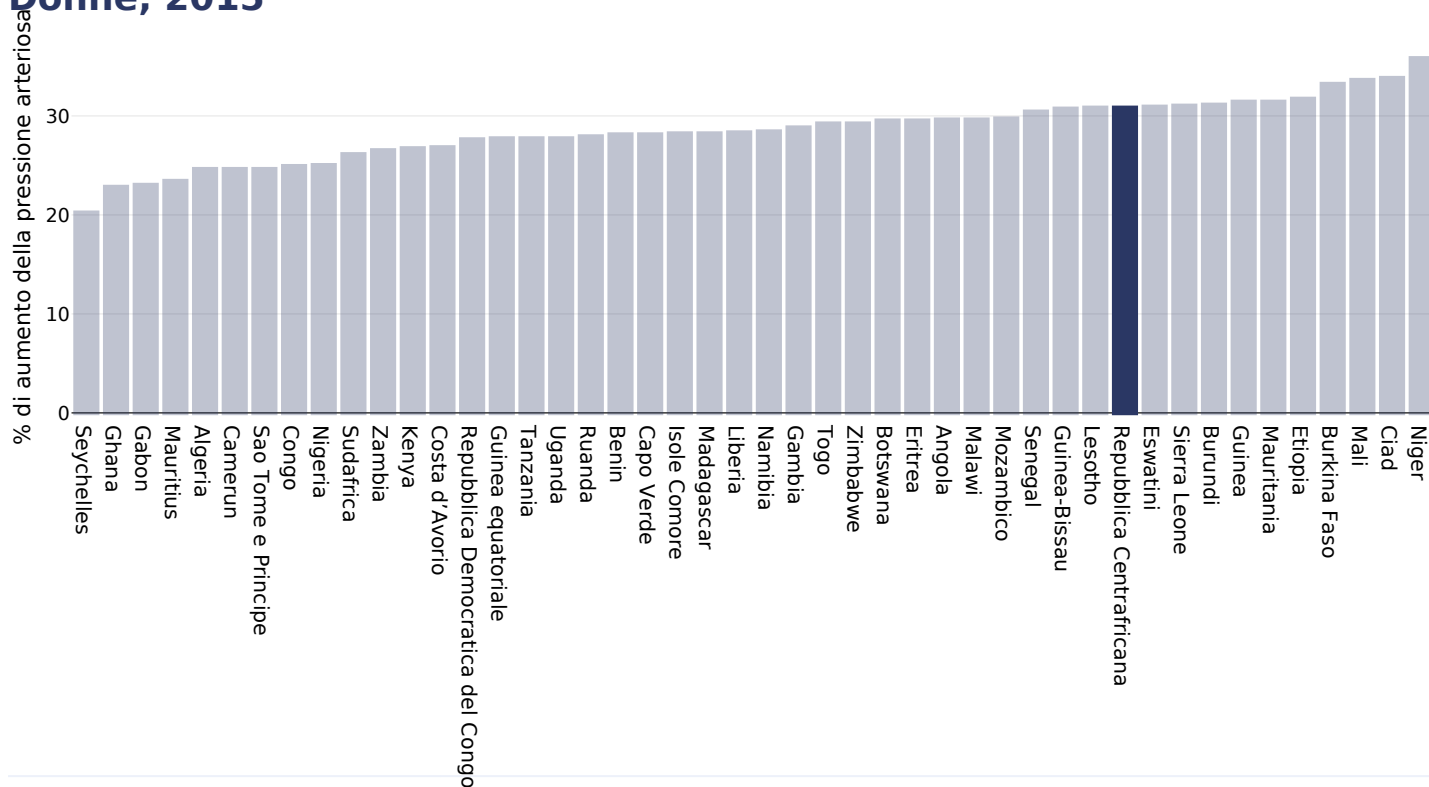
Riferimenti:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A875?lang=en>

Definizioni (disponibile solo in inglese):

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

Donne, 2015



Riferimenti:

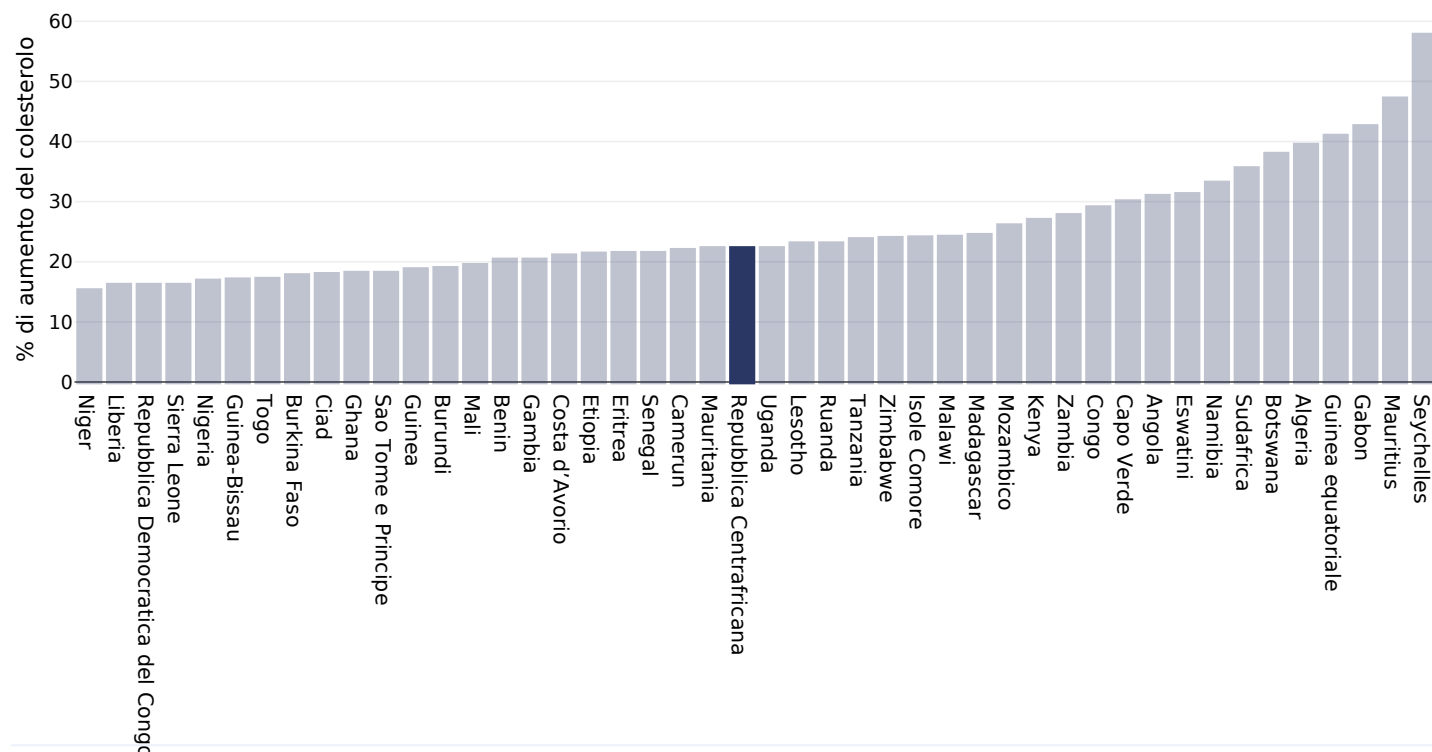
Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A875?lang=en>

Definizioni (disponibile solo in inglese):

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

Aumento del colesterolo

Adulti, 2008



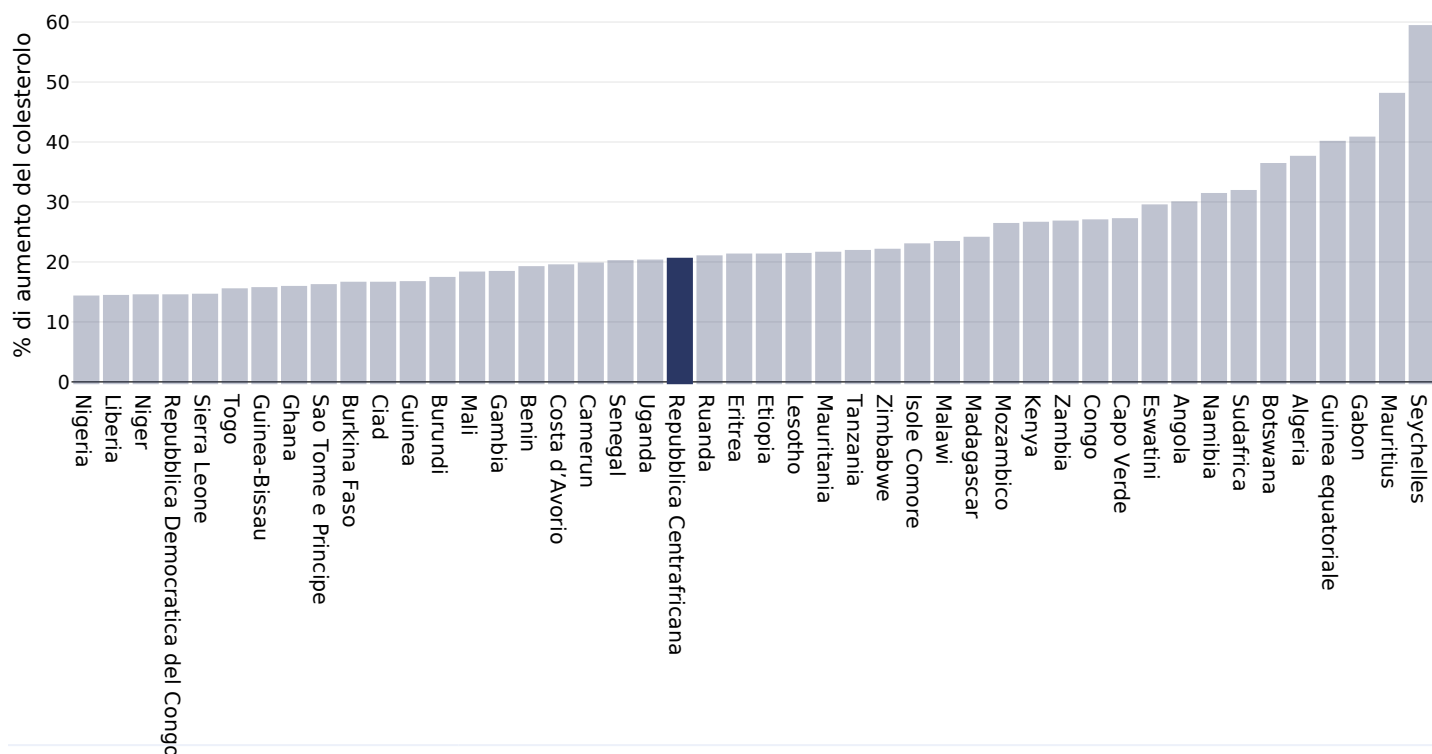
Riferimenti:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A885>

Definizioni (disponibile solo in inglese):

% Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

Uomini, 2008



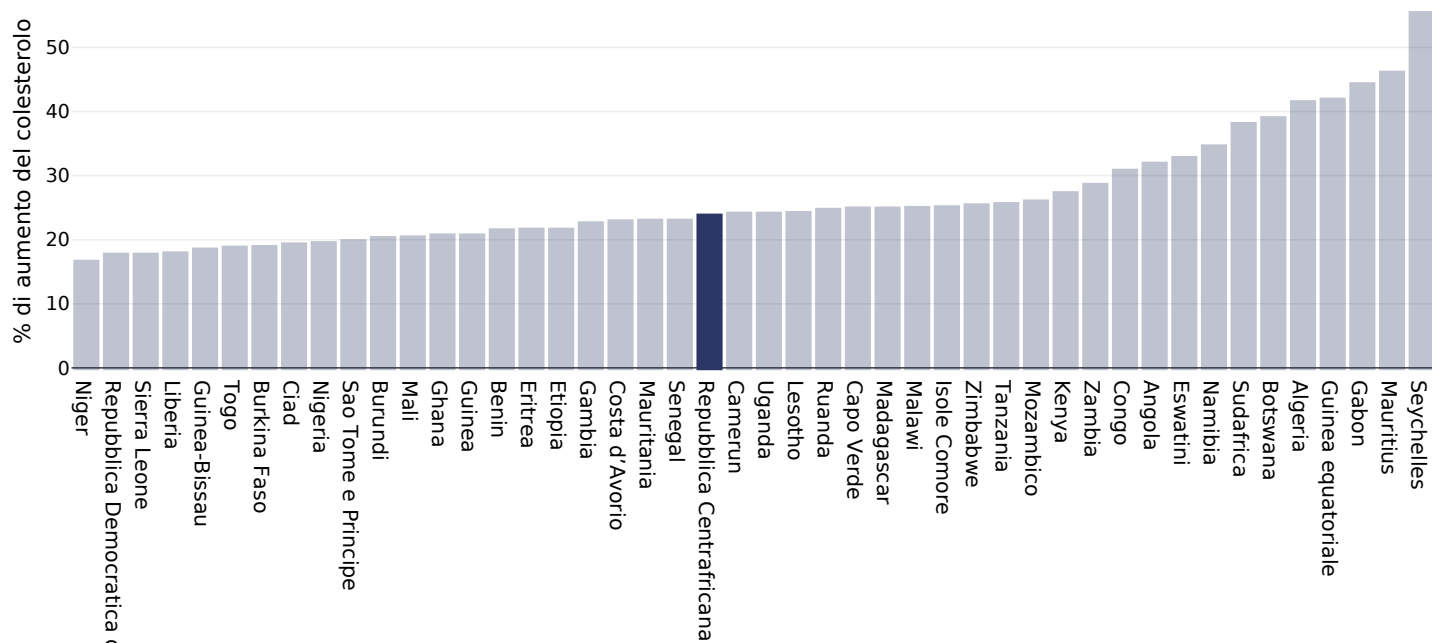
Riferimenti:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A885>

Definizioni (disponibile solo in inglese):

% Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

Donne, 2008



Riferimenti:

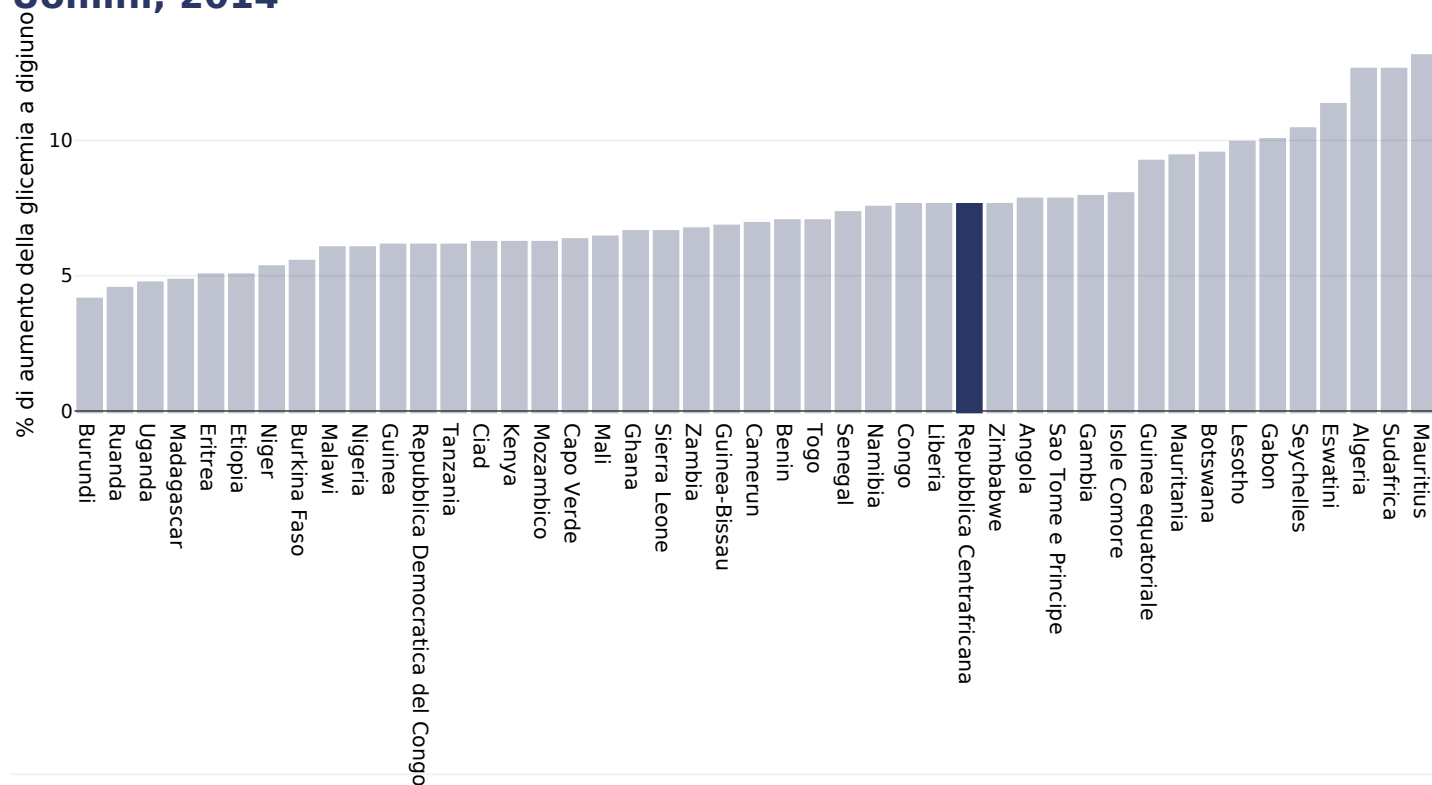
Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A885>

Definizioni (disponibile solo in inglese):

% Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

Aumento della glicemia a digiuno

Uomini, 2014



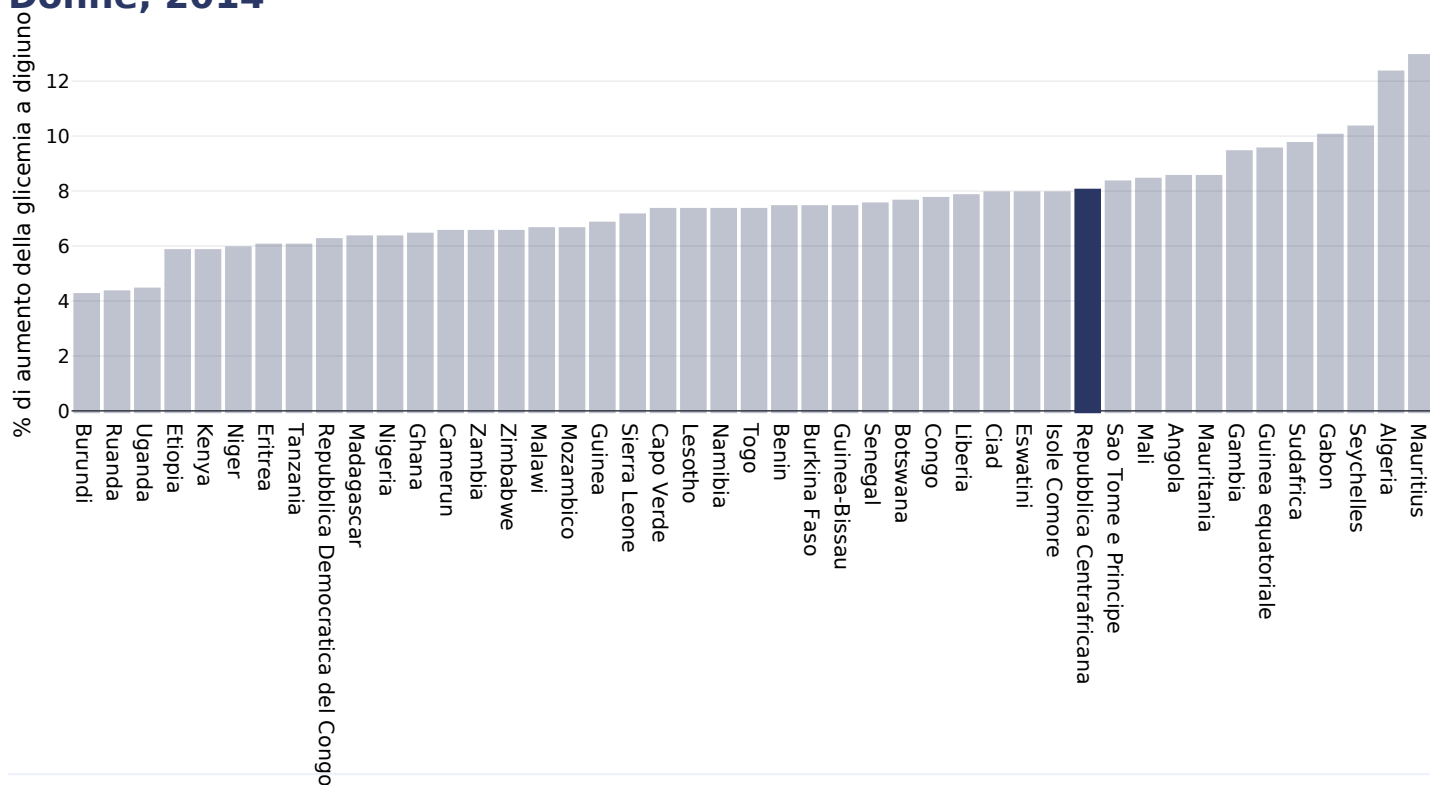
Riferimenti:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A869?lang=en>

Definizioni (disponibile solo in inglese):

Age Standardised % raised fasting blood glucose (≥ 7.0 mmol/L or on medication).

Donne, 2014



Riferimenti:

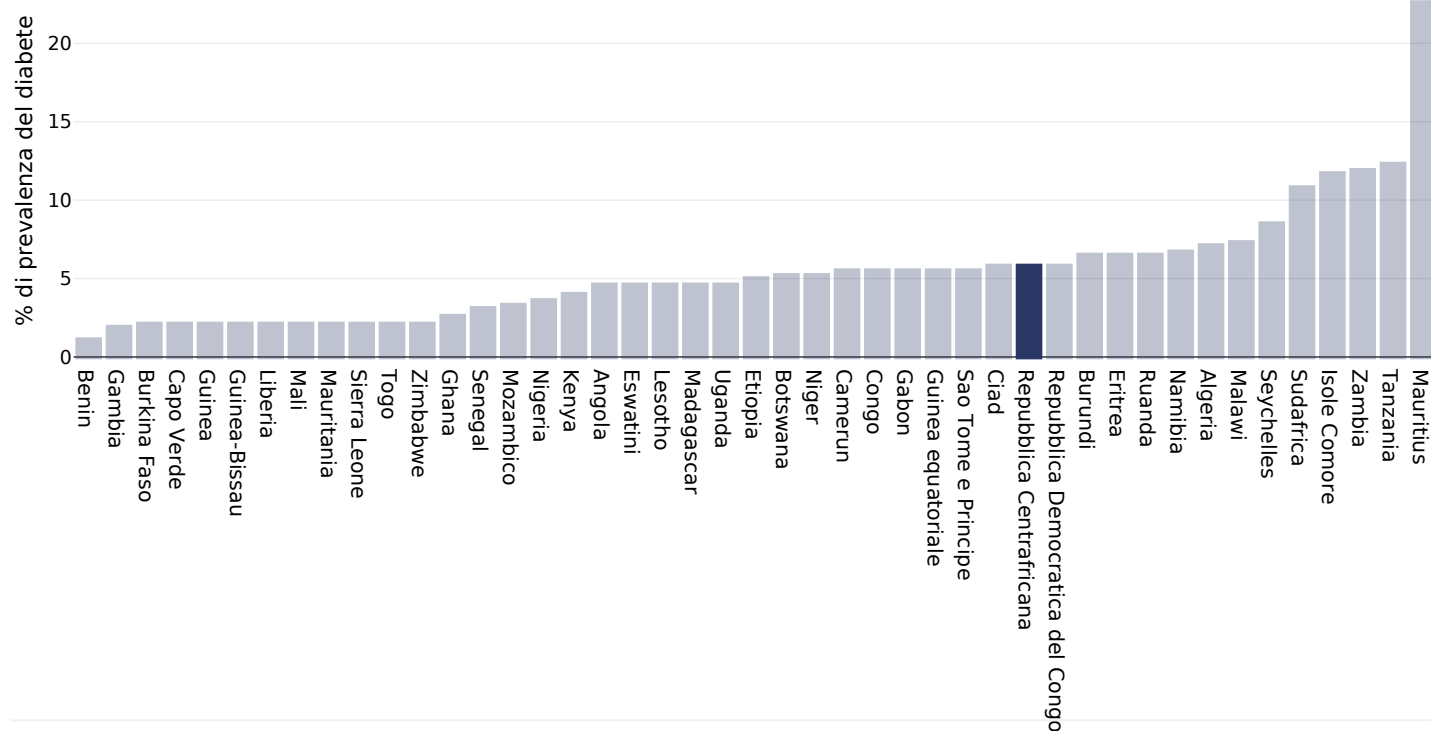
Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A869?lang=en>

Definizioni (disponibile solo in inglese):

Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).

Prevalenza del diabete

Adulti, 2021



Età: 20-79

Area coperta: Nazionale

Riferimenti: Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 10th edn. Brussels, Belgium:International Diabetes Federation, 2021. <http://www.diabetesatlas.org>

Definizioni (disponibile solo in inglese): Age-adjusted comparative prevalence of diabetes, %

Contextual factors

Disclaimer: These contextual factors should be interpreted with care. Results are updated as regularly as possible and use very specific criteria. The criteria used and full definitions are available for download at the bottom of this page.



Labelling

Is there mandatory nutrition labelling?	X
Front-of-package labelling?	X
Back-of-pack nutrition declaration?	X
Color coding?	X
Warning label?	X



Regulation and marketing

Are there fiscal policies on unhealthy products?	X
Tax on unhealthy foods?	X
Tax on unhealthy drinks?	X
Are there fiscal policies on healthy products?	X
Subsidy on fruits?	X
Subsidy on vegetables?	X
Subsidy on other healthy products?	X
Mandatory limit or ban of trans fat (all settings)?	X
Mandatory limit of trans fats in place (all settings)?	X
Ban on trans-fats or phos in place (all settings)?	X
Are there any mandatory policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	X
Mandatory restriction on broadcast media?	X
Mandatory restriction on non-broadcast media?	X
Voluntary policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	X
Are there mandatory standards for food in schools?	X
Are there any mandatory nutrient limits in any manufactured food products?	X
Nutrition standards for public sector procurement?	X



Political will and support

National obesity strategy or nutrition and physical activity national strategy?	✗
National obesity strategy?	✗
National childhood obesity strategy?	✗
Comprehensive nutrition strategy?	✗
Comprehensive physical activity strategy?	✗
Evidence-based dietary guidelines and/or RDAs?	✗
National target(s) on reducing obesity?	✓
Guidelines/policy on obesity treatment?	✗
Promotion of breastfeeding?	✗



Monitoring and surveillance

Monitoring of the prevalence and incidence for the main obesity-related NCDs and risk factors?	✓
Within 5 years?	✗



Governance and resource

Multi-sectoral national co-ordination mechanism for obesity or nutrition (including obesity)?	✗
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Key

Present
 Present (voluntary)
 Incoming
 Absent
 Unknown

Last updated September 13, 2022

PDF created on May 12, 2024