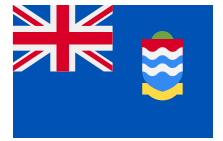


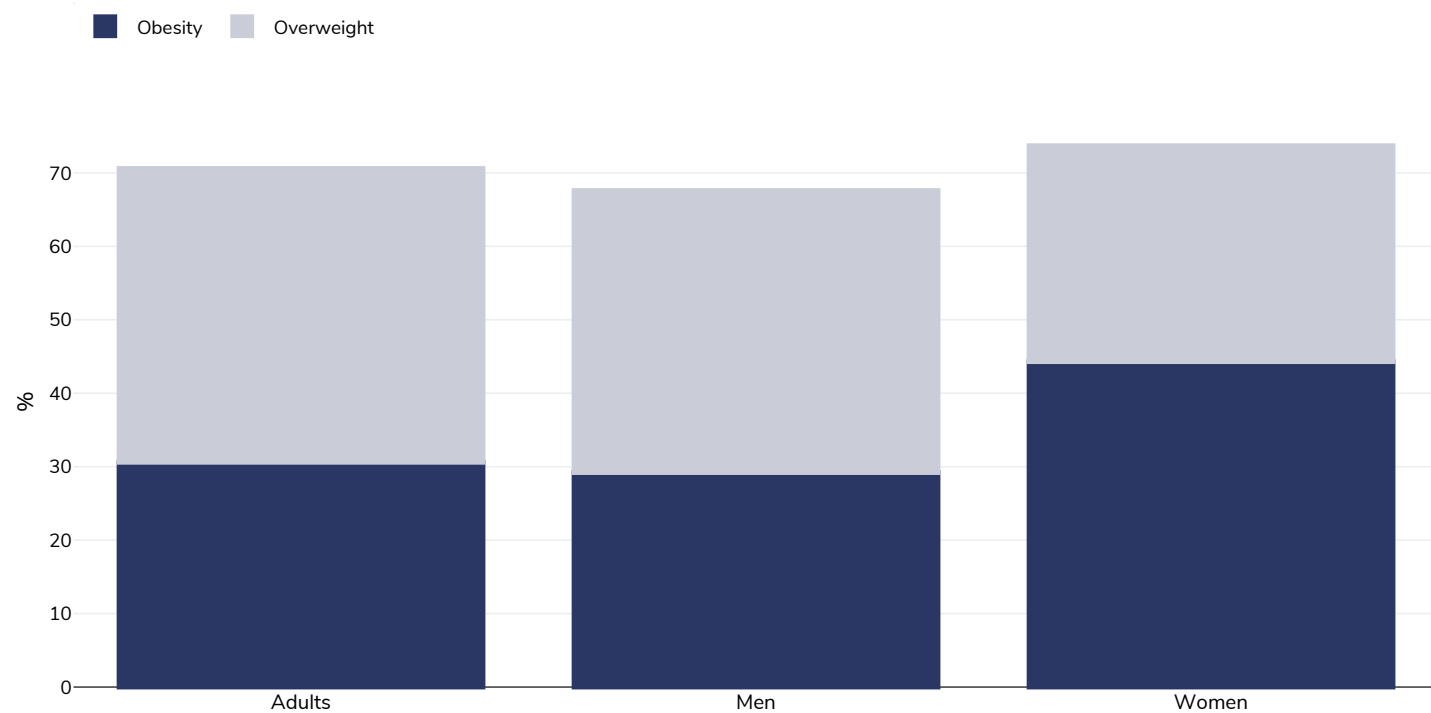
Report card Cayman Islands



Contents	Page
Obesity prevalence	2
Insufficient physical activity	4
Diabetes prevalence	7

Obesity prevalence

Adults, 2012



Survey type: Measured

Age: 25-64

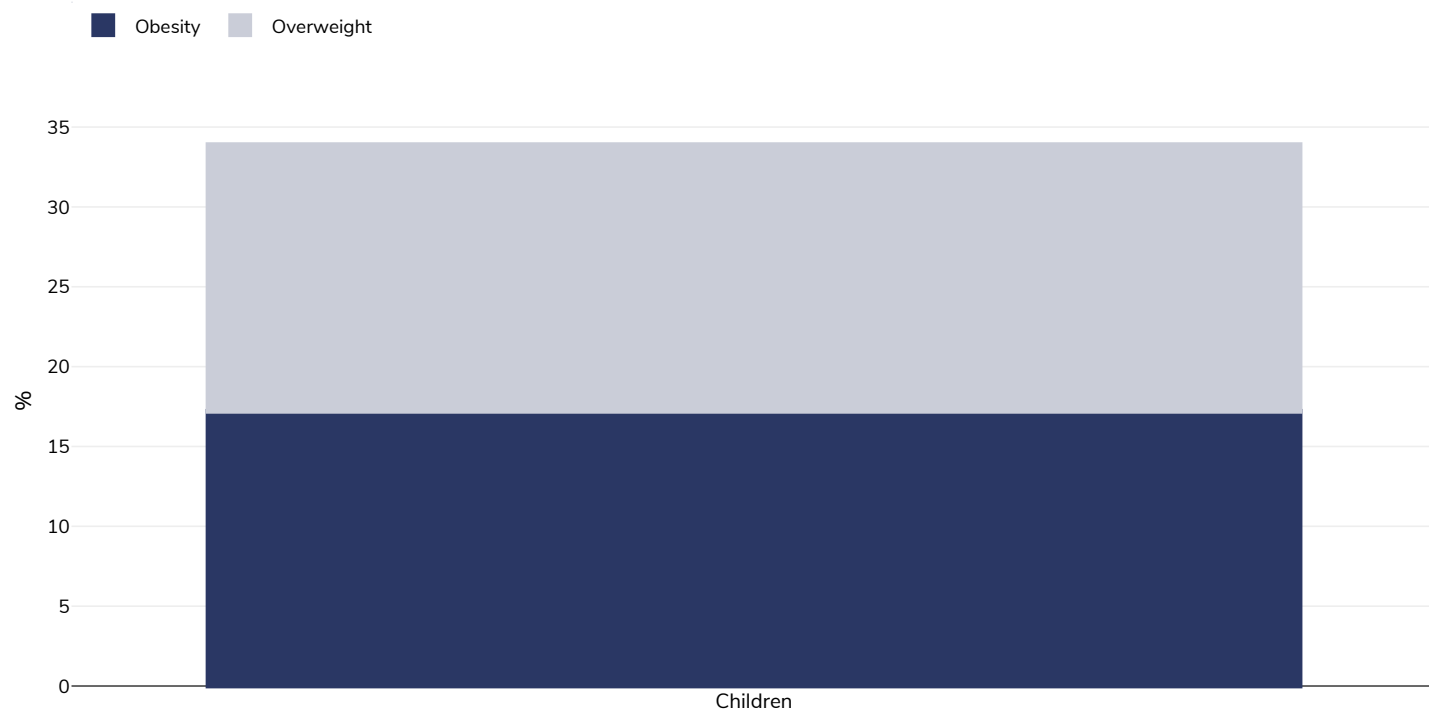
Sample size: 2105

Area covered: National

References: STEPS Survey Cayman Islands 2012. Fact Sheet available at https://www.who.int/ncds/surveillance/steps/CaymanIslands_2012_STEPS_FactSheet.pdf (last accessed 05.10.20)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

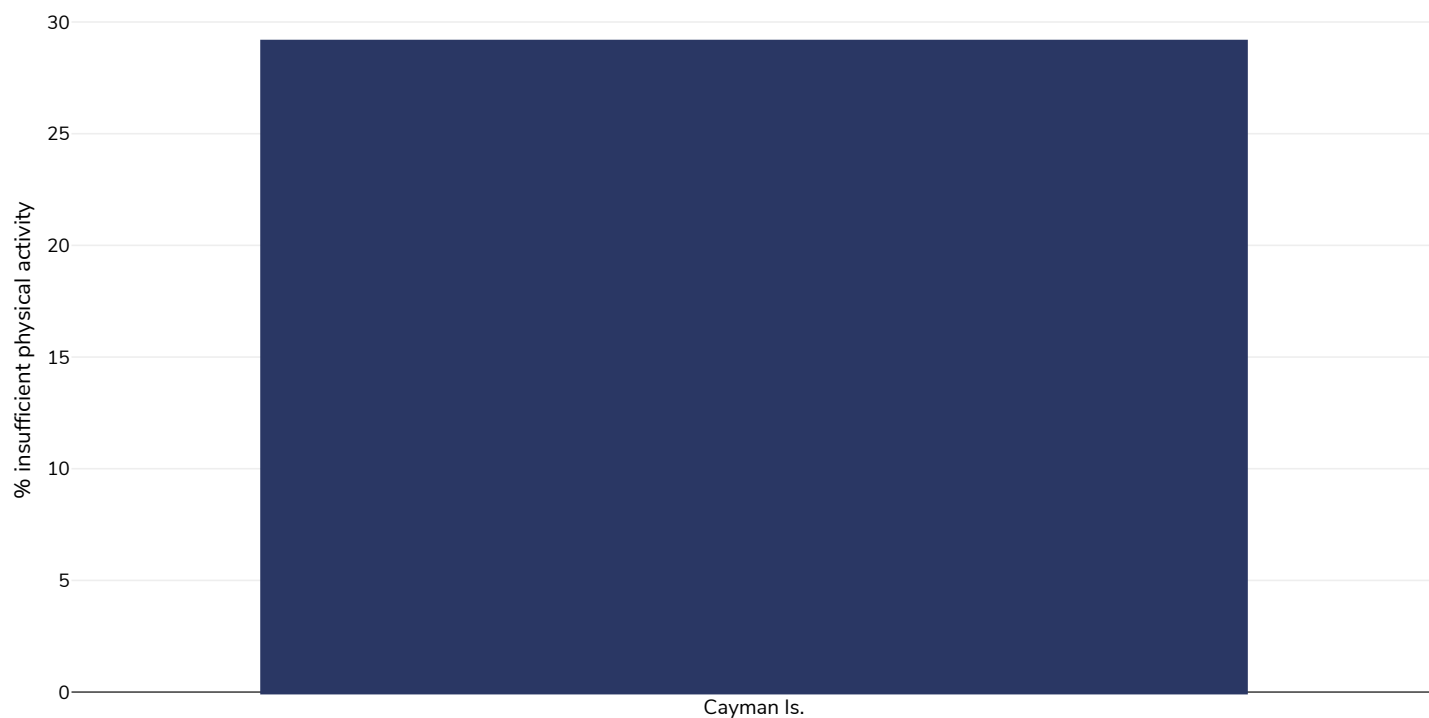
Children, 2009-2010



Survey type:	Measured
Age:	10-13
References:	Health Services Authority Data provided within WHO STEPS Chronic Disease, Risk Factor Survey 2012. Ministry of Health, Environment, Youth, Sports & Culture Cayman Islands Government. Available at https://extranet.who.int/ncdsmicrodata/index.php/catalog/635/download/4551 (last accessed 05.10.20)
Notes:	No survey details available
Cutoffs:	CDC

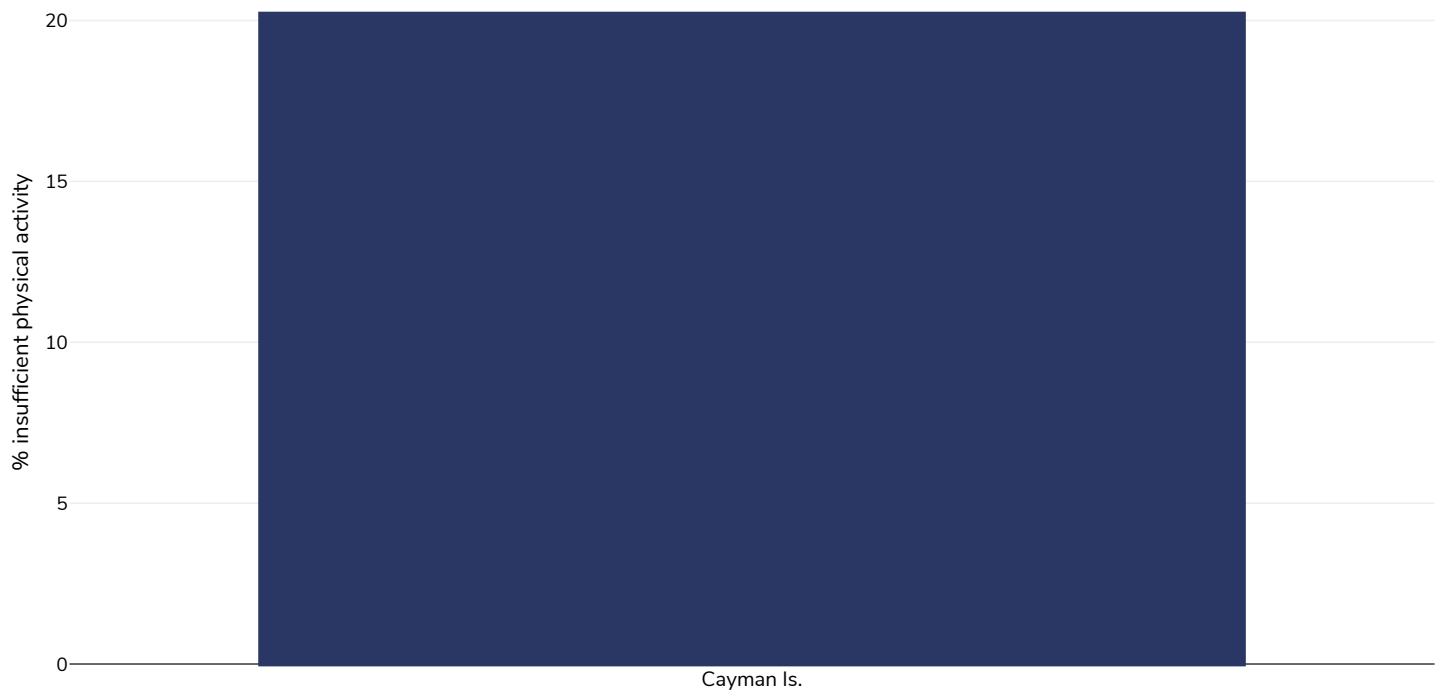
Insufficient physical activity

Adults, 2016



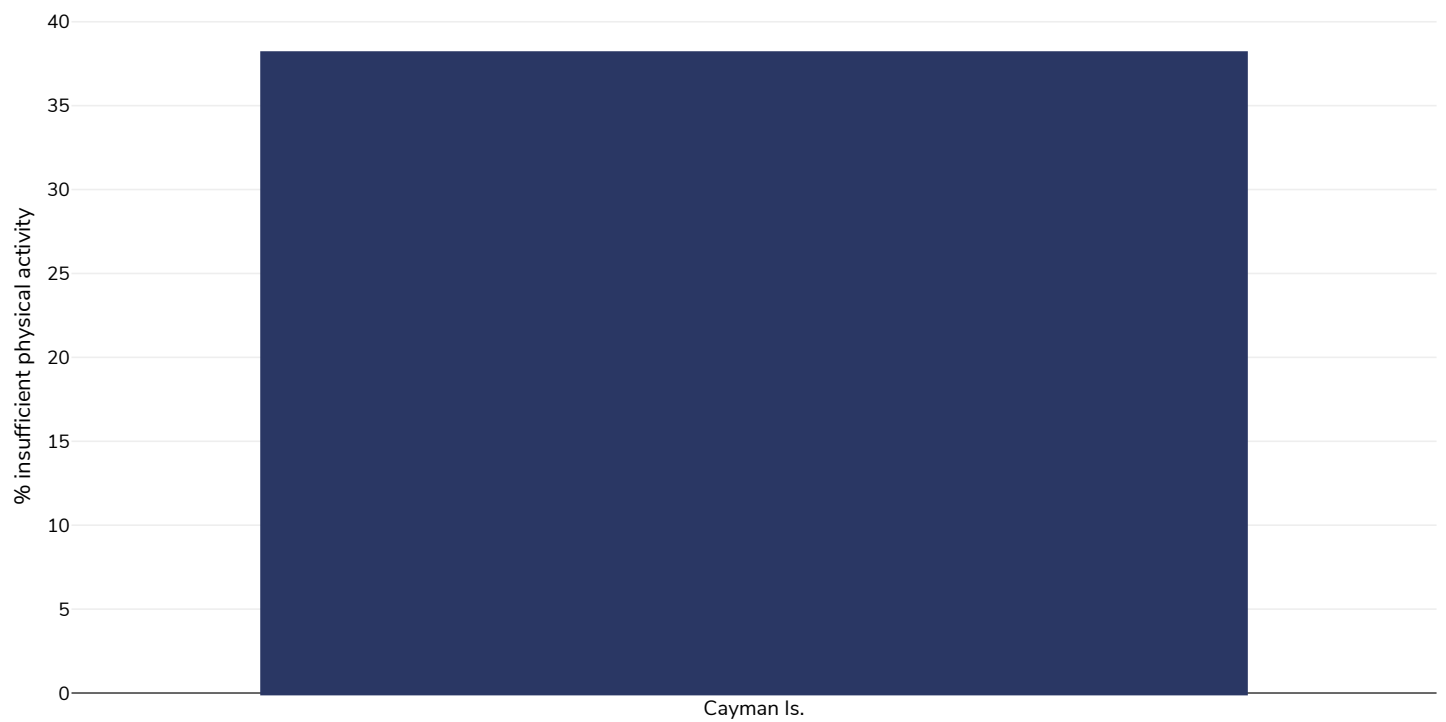
References: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

Men, 2016



References: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

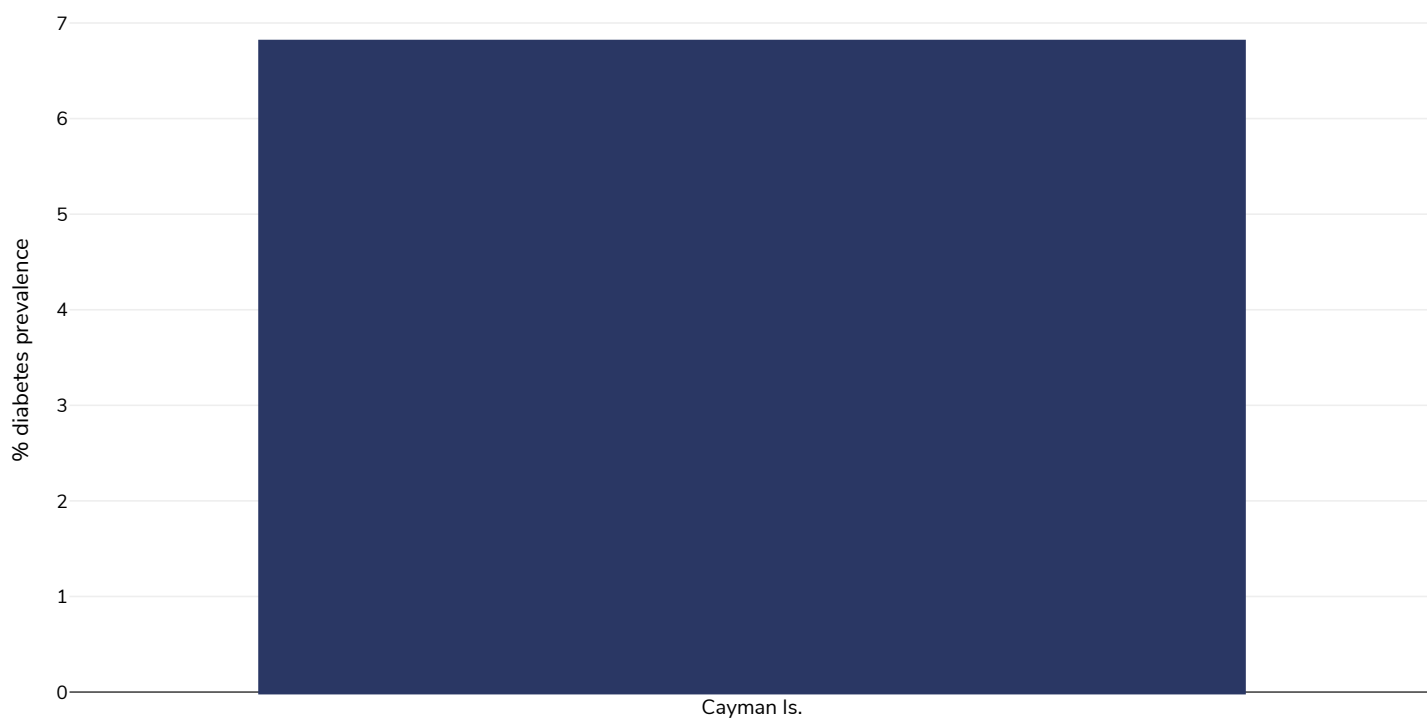
Women, 2016



References: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

Diabetes prevalence

Adults, 2019



Age: 20-79

References: Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 9th edn. Brussels, Belgium: 2019. Available at: <https://www.diabetesatlas.org>

Definitions: Diabetes age-adjusted comparative prevalence (%).

PDF created on June 29, 2021