



# Canary Islands (Sp.)



## Country report card - adults

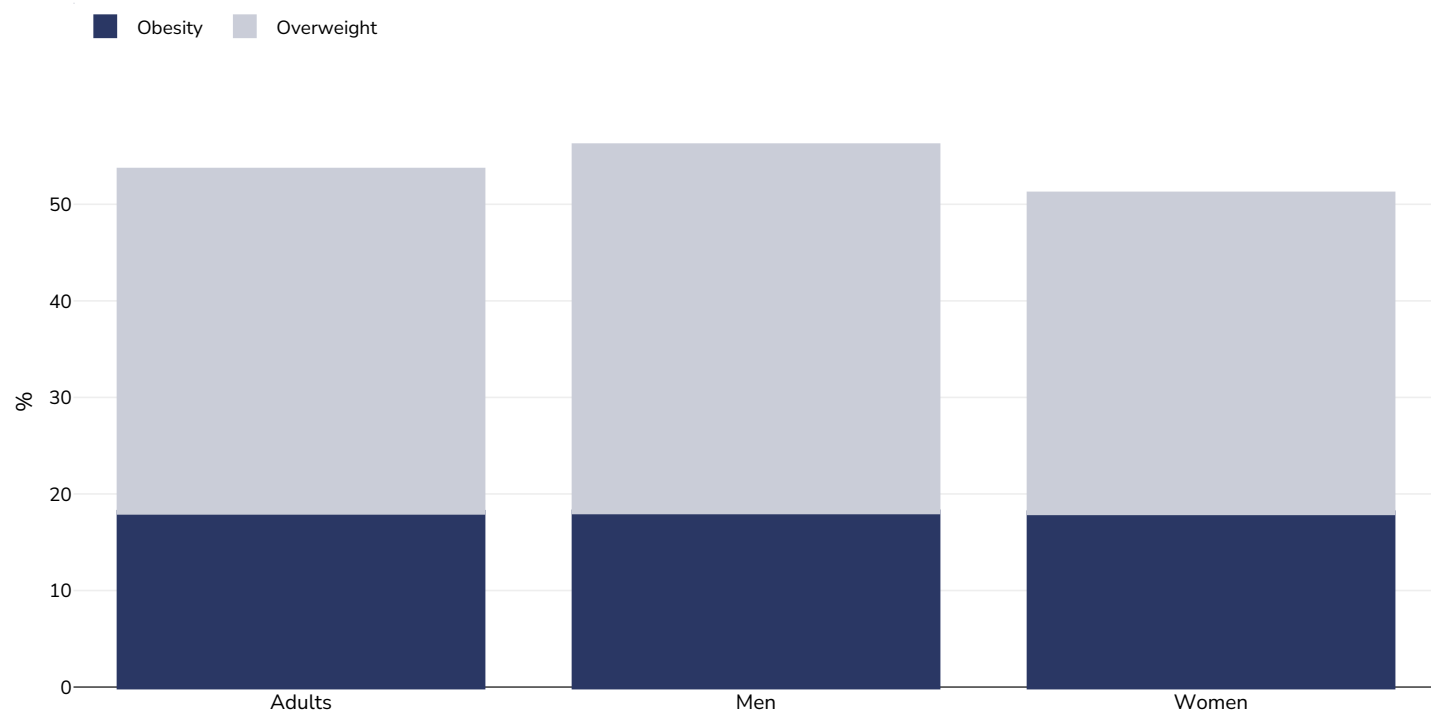
*This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for adults. Where available, data on common and relevant obesity drivers and comorbidities are also presented.*

*View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/canary-islands-sp-47/>.*

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## Obesity prevalence

### Adults, 2021

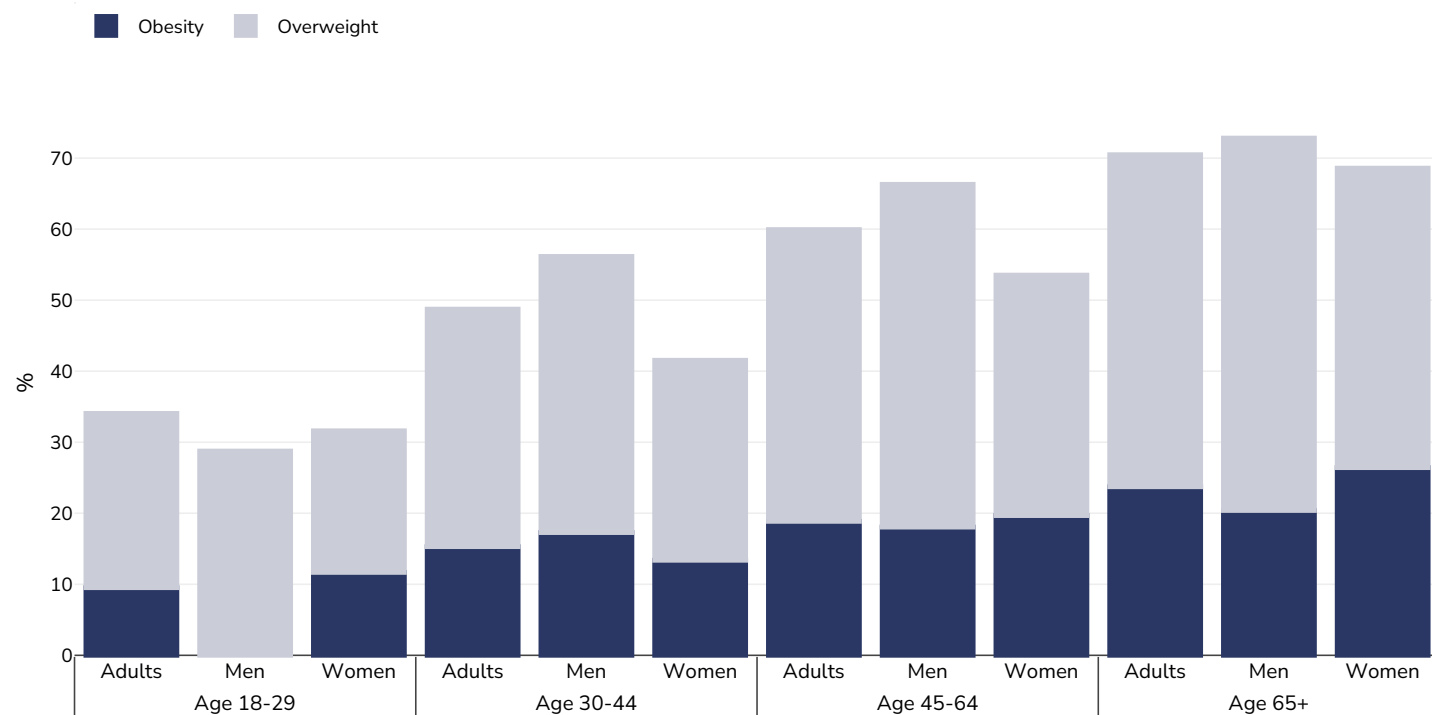


Survey type:	Self-reported
Age:	18+
Sample size:	4,600
Area covered:	National
References:	Encuesta de Salud de Canarias 2021. <a href="https://www.gobiernodecanarias.org/istac/estadisticas/sociedad/salud/estadodesalud/C00035A.html">https://www.gobiernodecanarias.org/istac/estadisticas/sociedad/salud/estadodesalud/C00035A.html</a> [Last Accessed 26.08.25]

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.

## Overweight/obesity by age

### Adults, 2015



Survey type: Measured

Sample size: 1739179

Area covered: National

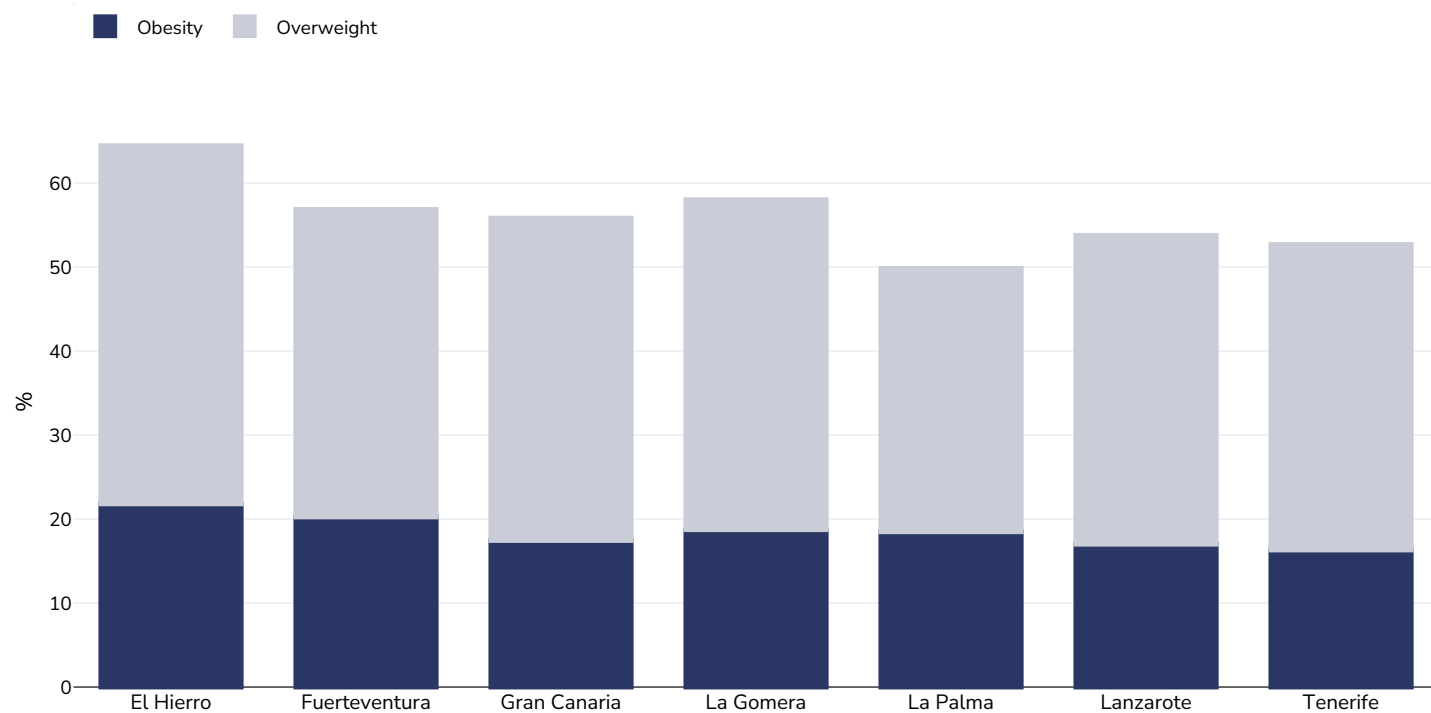
References: Canary Islands Health Survey (ESC). Available at: <http://www.gobiernodecanarias.org/istac/estadisticas/sociedad/salud/estadodesalud/> (last accessed 06.12.22)

Notes: Men aged 18-29 years was not added as the value for this category was estimated and not measured

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.

## Overweight/obesity by region

### Adults, 2015

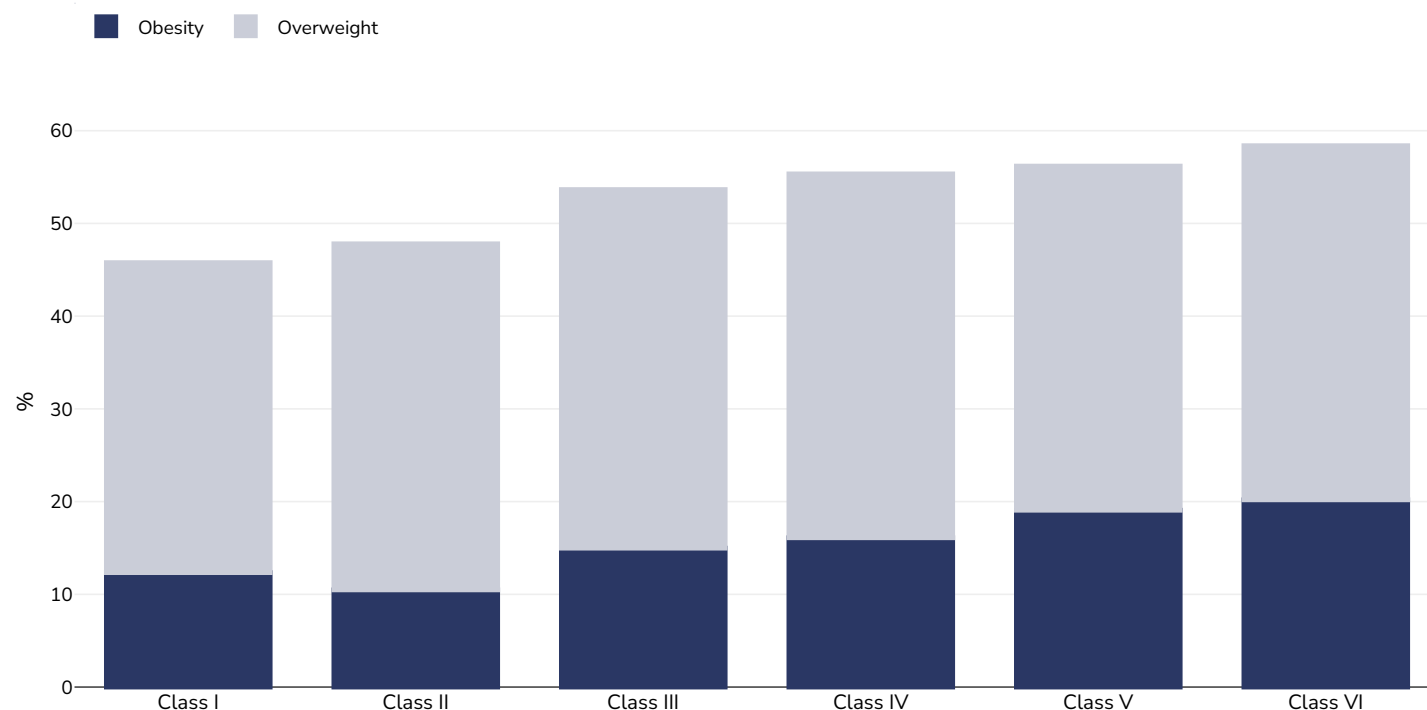


Survey type:	Measured
Age:	18+
Sample size:	1739179
Area covered:	National
References:	Canary Islands Health Survey (ESC). Available at: <a href="http://www.gobiernodecanarias.org/istac/estadisticas/sociedad/salud/estadodesalud/">http://www.gobiernodecanarias.org/istac/estadisticas/sociedad/salud/estadodesalud/</a> (last accessed 06.12.22)

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.*

## Overweight/obesity by socio-economic group

### Adults, 2015



<b>Survey type:</b>	Measured
<b>Age:</b>	18+
<b>Sample size:</b>	1739179
<b>Area covered:</b>	National
<b>References:</b>	Canary Islands Health Survey (ESC). Available at: <a href="http://www.gobiernodecanarias.org/istac/estadisticas/sociedad/salud/estadodesalud/">http://www.gobiernodecanarias.org/istac/estadisticas/sociedad/salud/estadodesalud/</a> (last accessed 06.12.22)
<b>Definitions:</b>	Population aged 18 and over according to body mass index and social classes based on the occupation of the reference person: - CLASS I: Directors and managers of establishments with 10 or more salaried employees and professionals traditionally associated with university degrees. - CLASS II: Directors and managers of establishments with less than 10 employees, professionals traditionally associated with university diplomas and other technical support professionals. Athletes and artists. - CLASS III: Intermediate occupations and self-employed workers. - CLASS IV: Supervisors and workers in skilled technical occupations. - CLASS V: Skilled workers in the primary sector and other semi-skilled workers. - CLASS VI: Unskilled workers.
<i>Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.</i>	

PDF created on April 1, 2026