



Canary Islands (Sp.)



Country report card

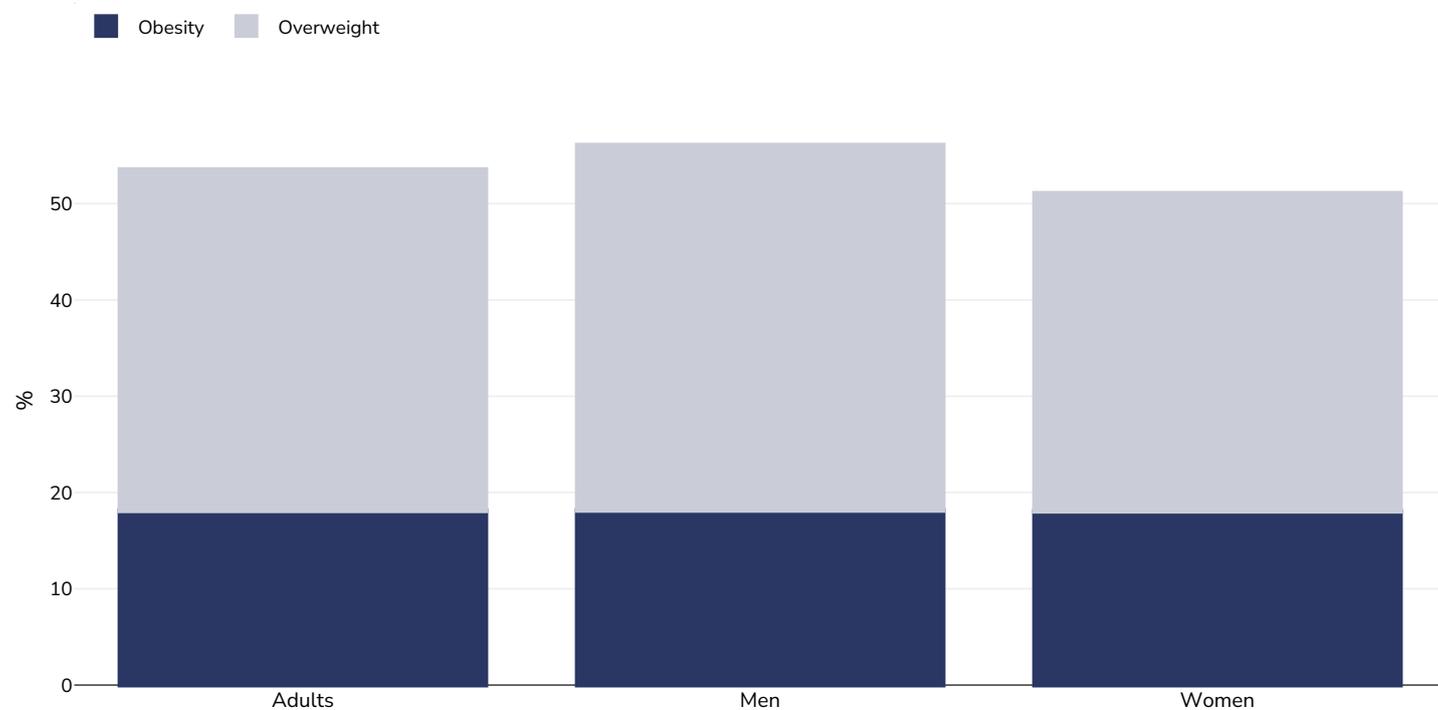
This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity . Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/canary-islands-sp-47/>.

Contents	Page
Obesity prevalence	3
Overweight/obesity by age	5
Overweight/obesity by region	7
Overweight/obesity by socio-economic group	9

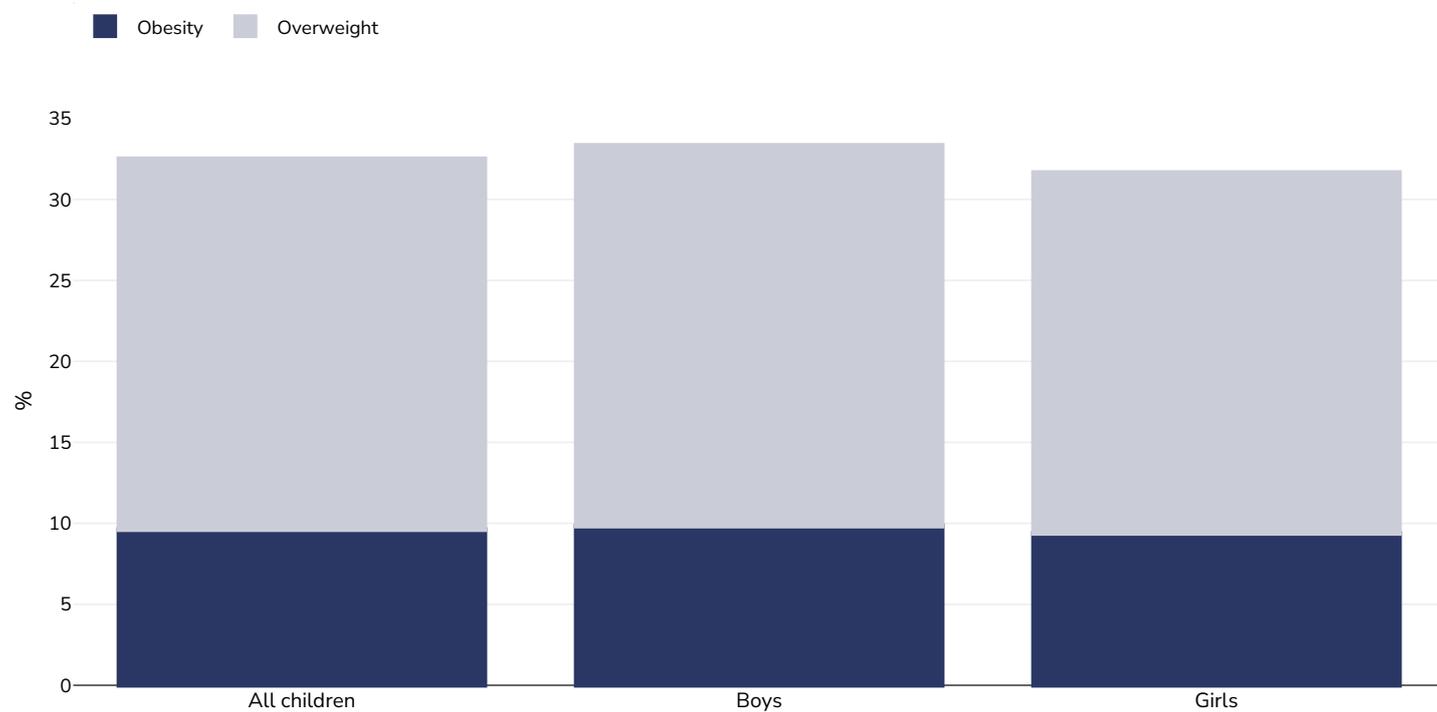
Obesity prevalence

Adults, 2021



Survey type:	Self-reported
Age:	18+
Sample size:	4,600
Area covered:	National
References:	Encuesta de Salud de Canarias 2021. https://www.gobiernodecanarias.org/istac/estadisticas/sociedad/salud/estadodesalud/C00035A.html [Last Accessed 26.08.25]
<i>Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².</i>	

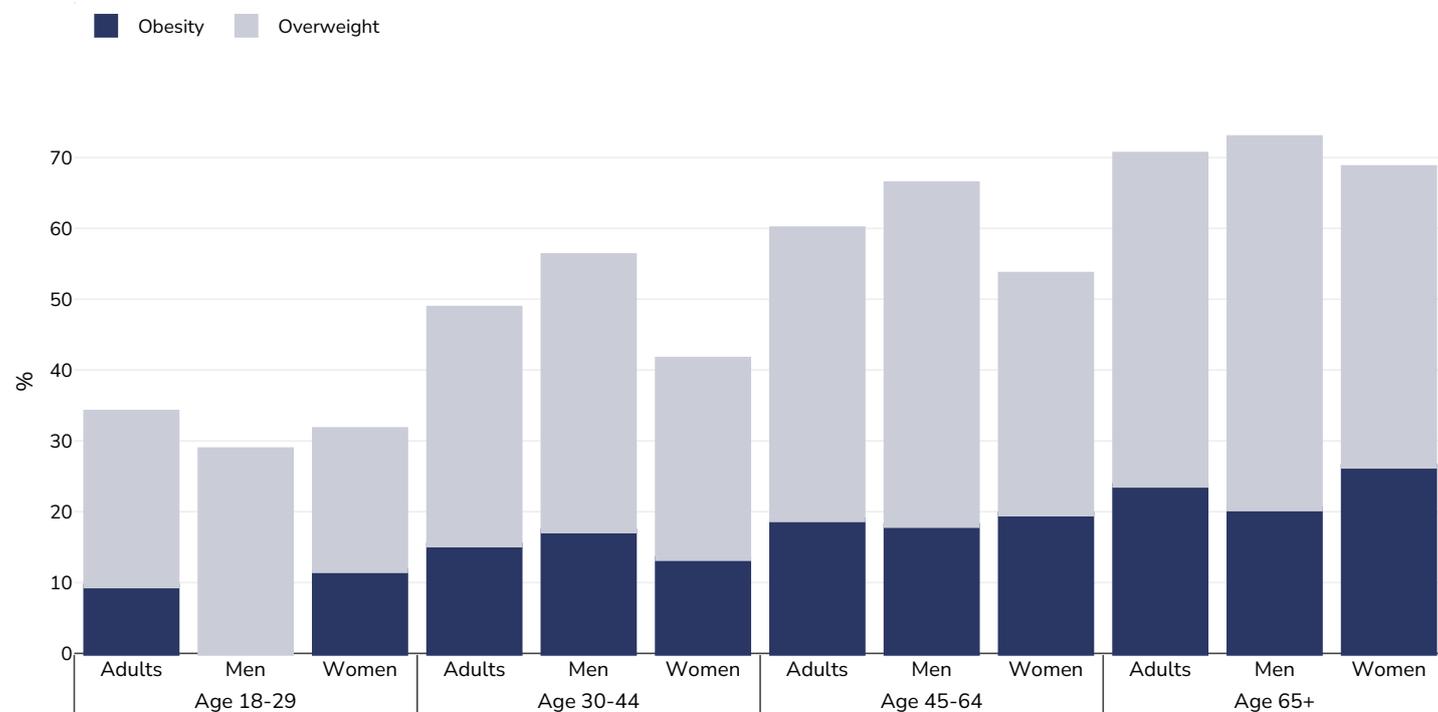
Children, 2021



Survey type:	Self-reported
Age:	2-17
Sample size:	4,600
Area covered:	National
References:	Encuesta de Salud de Canarias 2021. https://www.gobiernodecanarias.org/istac/estadisticas/sociedad/salud/estadodesalud/C00035A.html [Last Accessed 26.08.25]
Notes:	Sample listed is total number of households included
Cutoffs:	IOTF

Overweight/obesity by age

Adults, 2015



Survey type: Measured

Sample size: 1739179

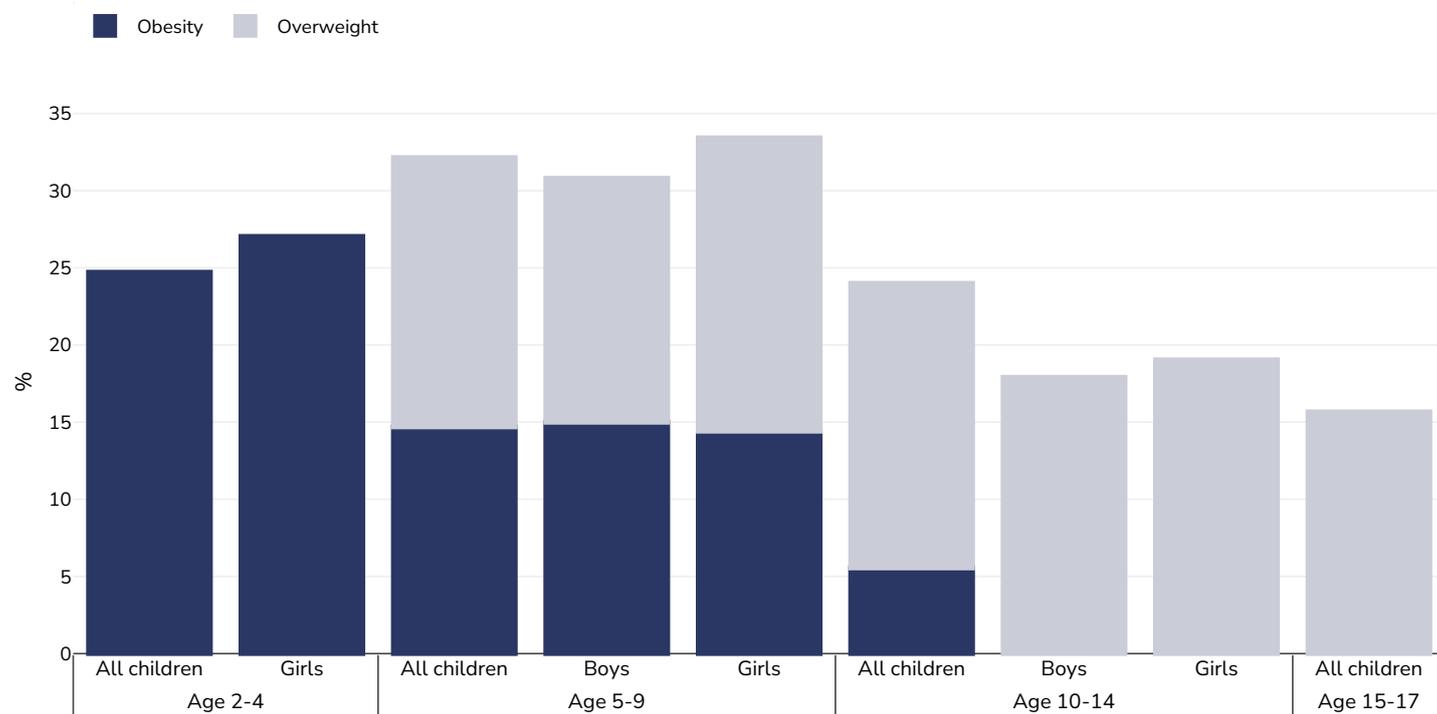
Area covered: National

References: Canary Islands Health Survey (ESC). Available at: <http://www.gobiernodecanarias.org/istac/estadisticas/sociedad/salud/estadodesalud/> (last accessed 06.12.22)

Notes: Men aged 18-29 years was not added as the value for this category was estimated and not measured

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Children, 2015



Survey type: Measured

Sample size: 331339

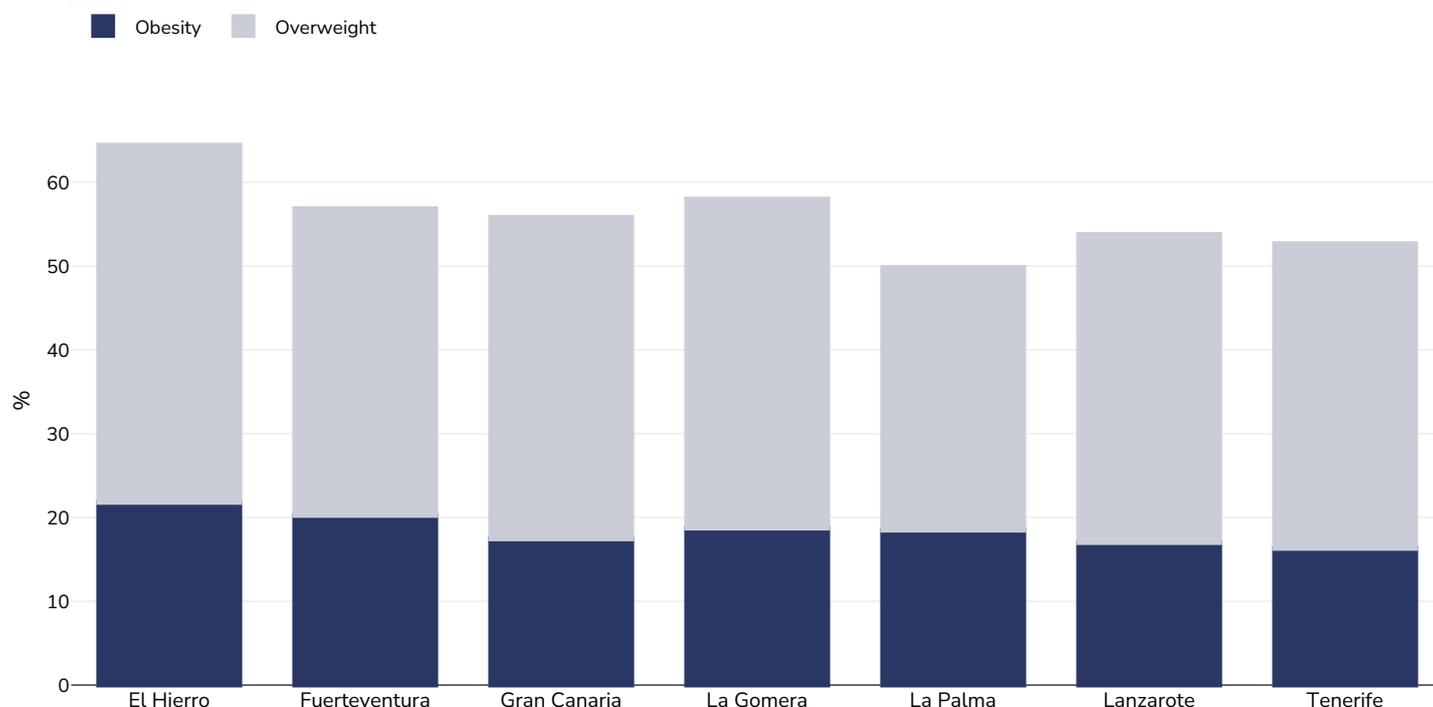
Area covered: National

References: Canary Islands Health Survey (ESC). Available at: <http://www.gobiernodecanarias.org/istac/estadisticas/sociedad/salud/estadodesalud/> (last accessed 06.12.22)

Notes: Some age categories were not added as the value were estimates and not precise measurements.

Overweight/obesity by region

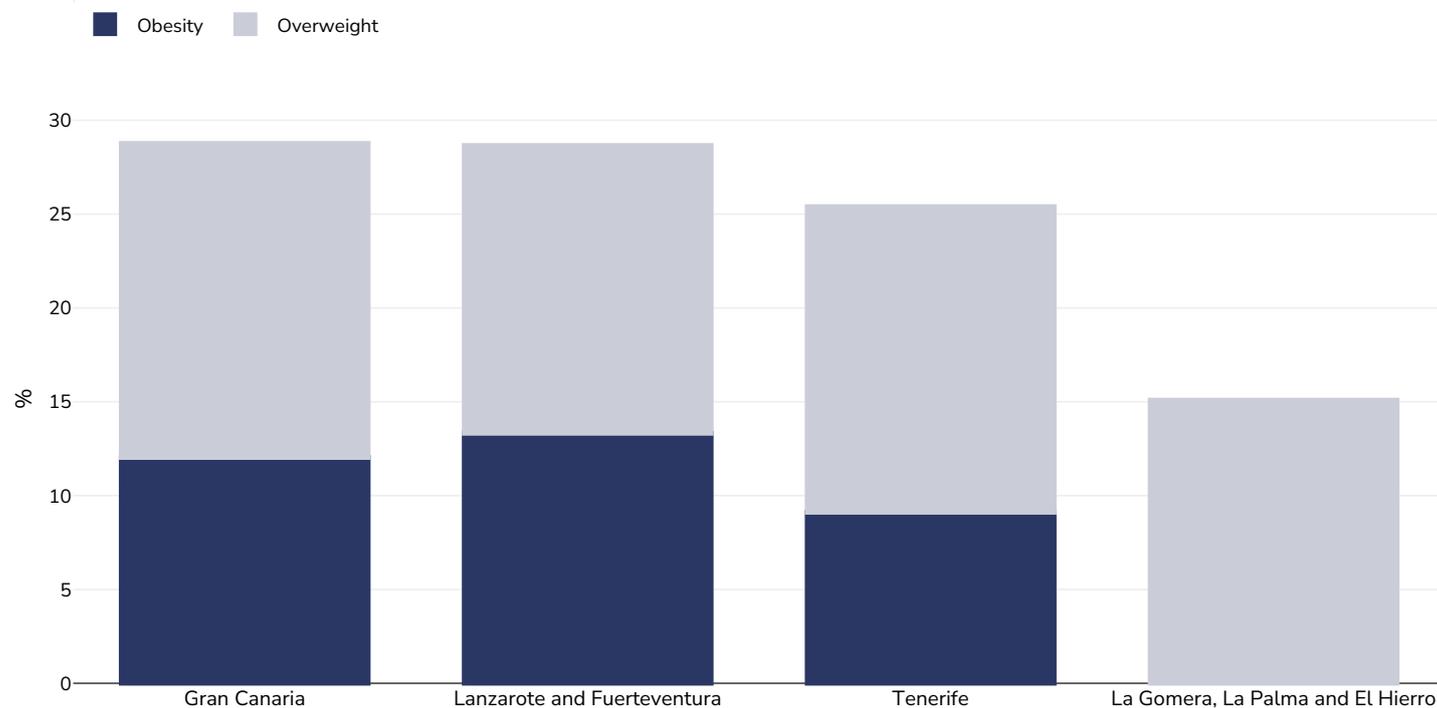
Adults, 2015



Survey type:	Measured
Age:	18+
Sample size:	1739179
Area covered:	National
References:	Canary Islands Health Survey (ESC). Available at: http://www.gobiernodecanarias.org/istac/estadisticas/sociedad/salud/estadodesalud/ (last accessed 06.12.22)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Children, 2015



Survey type: Measured

Age: 2-17

Sample size: 331339

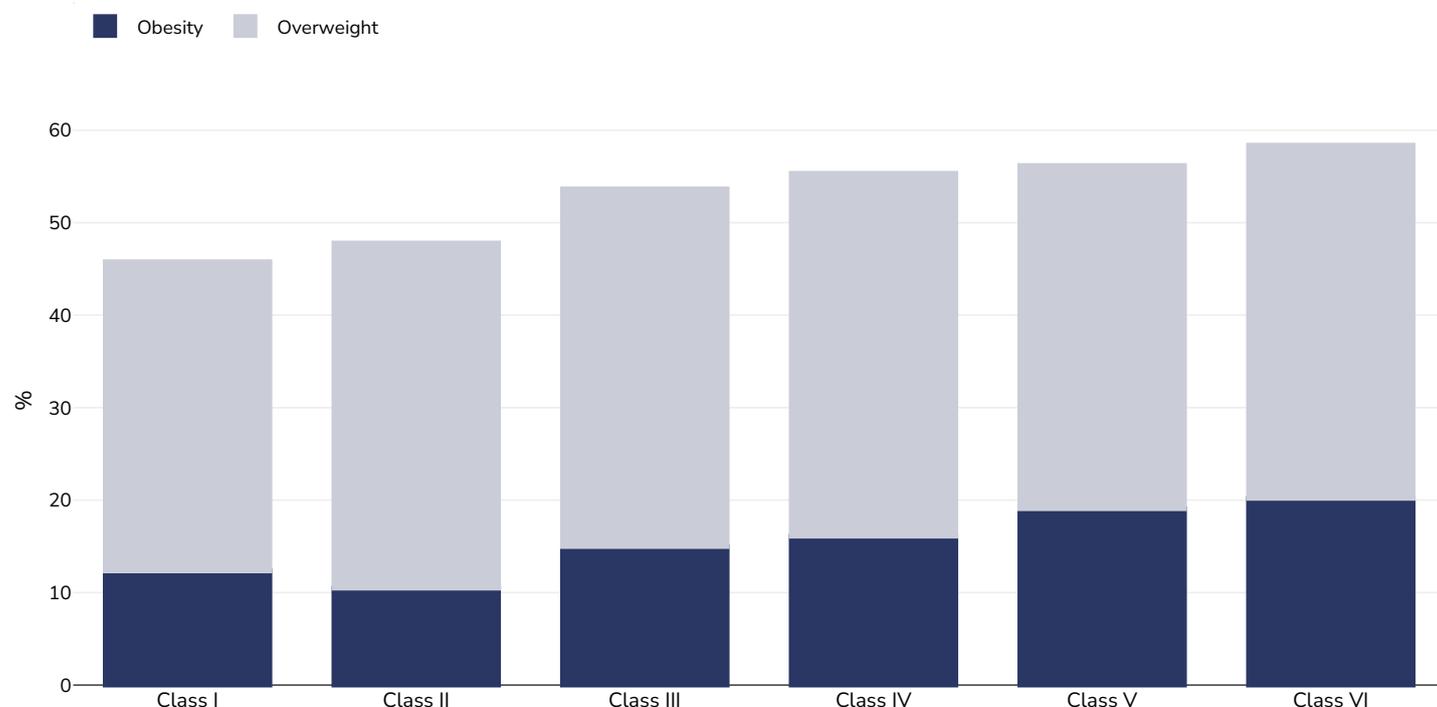
Area covered: National

References: Canary Islands Health Survey (ESC). Available at: <http://www.gobiernodecanarias.org/istac/estadisticas/sociedad/salud/estadodesalud/> (last accessed 06.12.22)

Notes: Some age categories were not added as the value were estimates and not precise measurements.

Overweight/obesity by socio-economic group

Adults, 2015



Survey type: Measured

Age: 18+

Sample size: 1739179

Area covered: National

References: Canary Islands Health Survey (ESC). Available at: <http://www.gobiernodecanarias.org/istac/estadisticas/sociedad/salud/estadodesalud/> (last accessed 06.12.22)

Definitions: Population aged 18 and over according to body mass index and social classes based on the occupation of the reference person: - CLASS I: Directors and managers of establishments with 10 or more salaried employees and professionals traditionally associated with university degrees. - CLASS II: Directors and managers of establishments with less than 10 employees, professionals traditionally associated with university diplomas and other technical support professionals. Athletes and artists. - CLASS III: Intermediate occupations and self-employed workers. - CLASS IV: Supervisors and workers in skilled technical occupations. - CLASS V: Skilled workers in the primary sector and other semi-skilled workers. - CLASS VI: Unskilled workers.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

PDF created on April 1, 2026