



# Canada



## Country report card - children

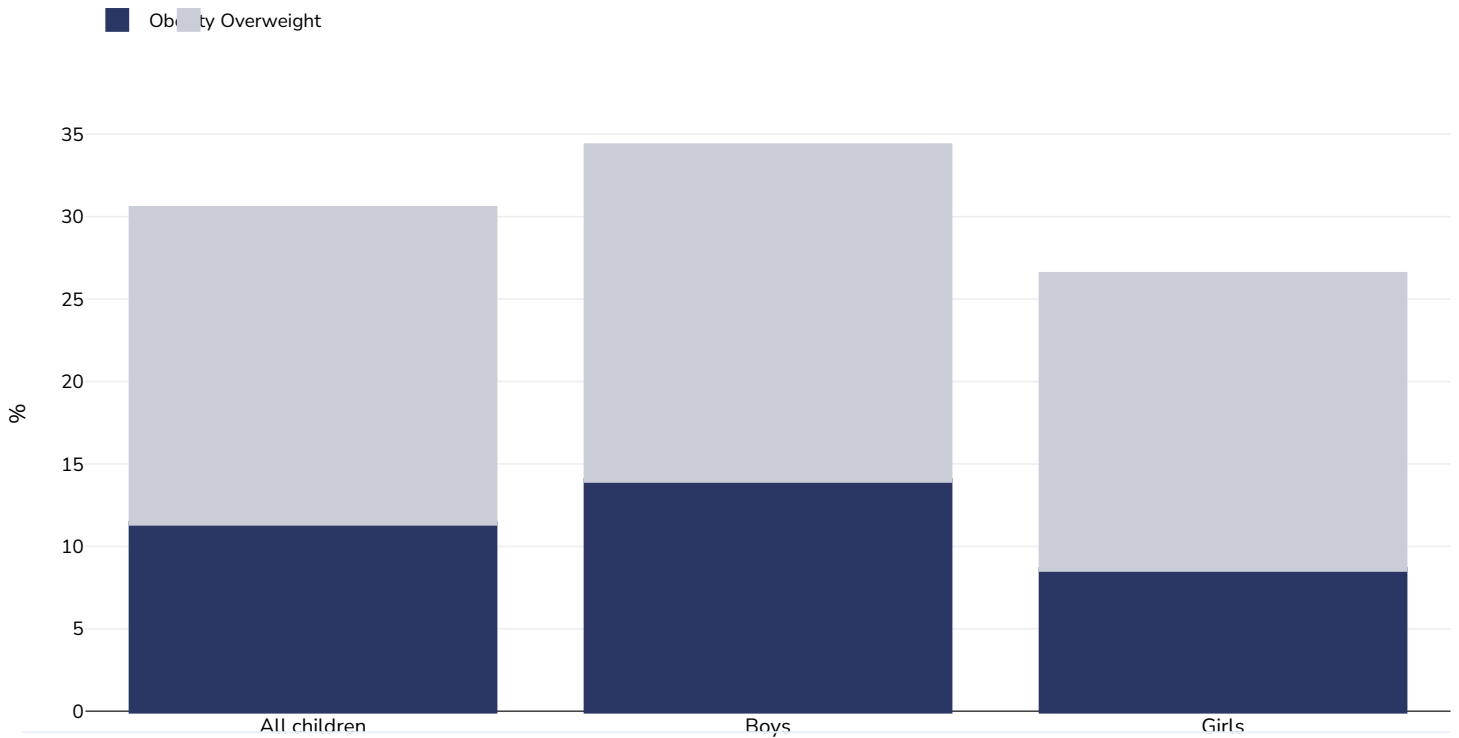
*This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children, including adolescents (aged 5 to 18 years). Where available, data on common and relevant obesity drivers and comorbidities are also presented.*

*View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/canada-36/>*

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## Obesity prevalence

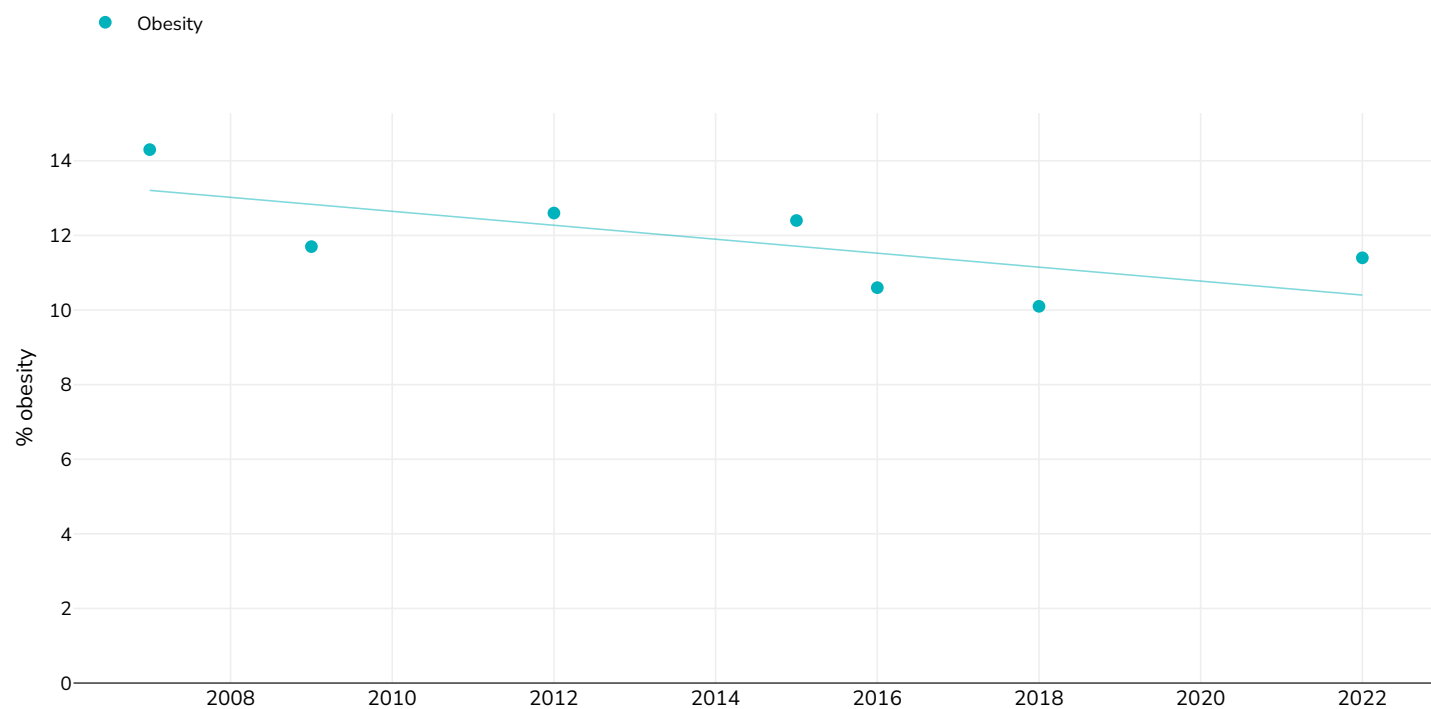
### Children, 2022-2024



Survey type:	Measured
Age:	5-17
Sample size:	~5700
Area covered:	National
References:	Statistics Canada. Table 13-10-0373-01 Overweight and obesity based on measured body mass index, by age group and sex <a href="https://doi.org/10.25318/1310037301-eng">https://doi.org/10.25318/1310037301-eng</a> [Accessed 06.10.25]
Notes:	Canadian Health Measures Survey (CHMS) Cycle 7. Sample size includes adults and children.
Cutoffs:	WHO 2007

## % Children living with obesity in Canada, 2009-2024

### Boys and girls



Survey type: Measured

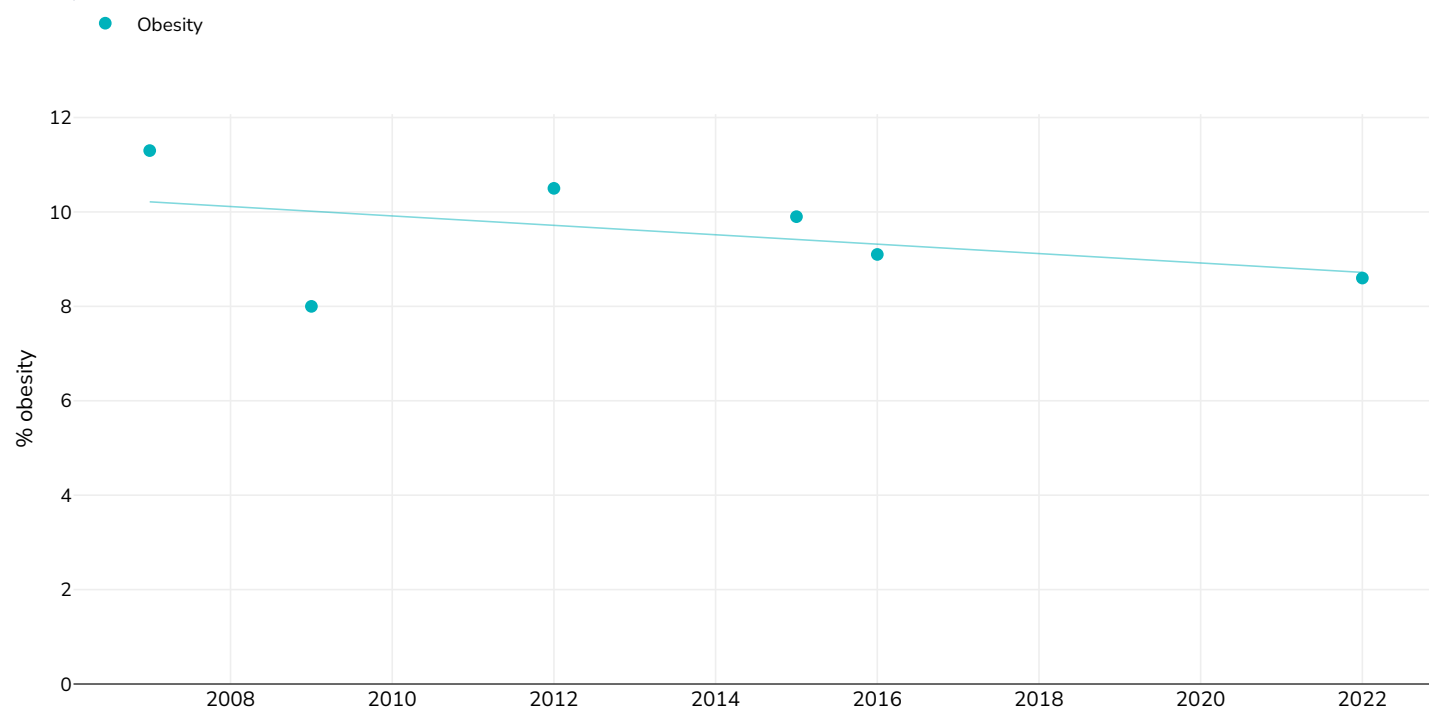
- References:**
- 2007: Canadian Health Measures Survey (CHMS) 2009. Available from: <https://doi.org/10.25318/1310037301-eng> [Accessed 25 May 2023].
  - 2009: Canadian Health Measures Survey (CHMS) 2011. Available from: <https://doi.org/10.25318/1310037301-eng> [Accessed 25 May 2023].
  - 2012: Canadian Health Measures Survey (CHMS) 2013. Available from: <https://doi.org/10.25318/1310037301-eng> [Accessed 25 May 2023].
  - 2015: Obesity Statistics in Canada: Report. 2025. Figure 3.1. Data from 2015 Canadian Community Health Survey - Nutrition. <https://www.canada.ca/en/public-health/services/publications/healthy-living/obesity-statistics-canada.html#t-3d> [Accessed 14.08.25]
  - 2016: Canadian Health Measures Survey (CHMS) 2017. Available from: <https://www150.statcan.gc.ca/t1/tbl1/en/tv.action?pid=1310037301&pickMembers%5B0%5D=3.3>. [Accessed 6 March 2019].
  - 2018: Canadian Health Measures Survey (CHMS) 2019. Available from: <https://doi.org/10.25318/1310037301-eng> [Accessed 25 May 2023].
  - 2022: Statistics Canada. Table 13-10-0373-01 Overweight and obesity based on measured body mass index, by age group and sex <https://doi.org/10.25318/1310037301-eng> [Accessed 06.10.25]

**Notes:** Data from Canadian Health Measures Survey (CHMS) typically collected over a two year reference period. 2007 refers to 2007-09; 2009, 2009-11; 2012, 2012-13; 2016, 2016-17; 2018, 2018-19; and 2022, 2022-24

**Definitions:** WHO cutoffs

*Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.*

## Girls



**Survey type:** Measured

**References:**

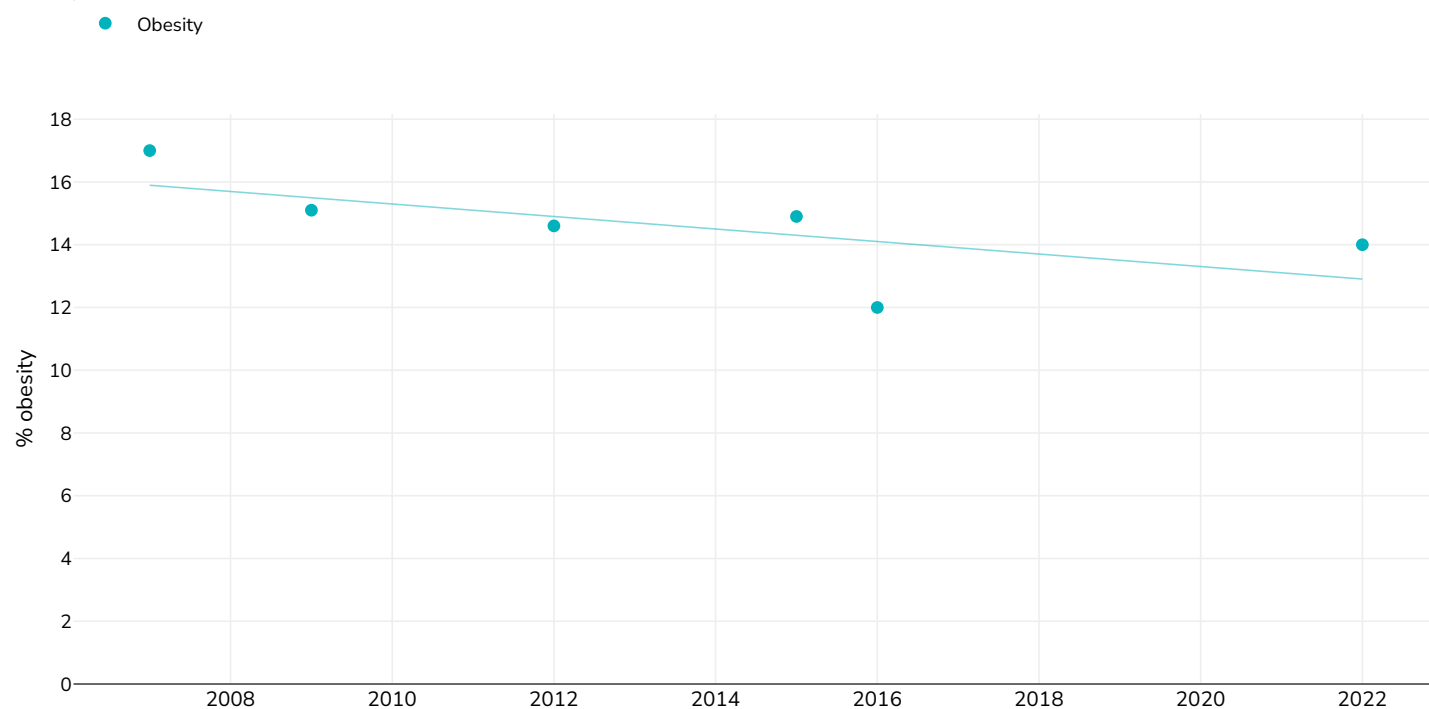
- 2007: Canadian Health Measures Survey (CHMS) 2009. Available from: <https://doi.org/10.25318/1310037301-eng> [Accessed 25 May 2023].
- 2009: Canadian Health Measures Survey (CHMS) 2011. Available from: <https://doi.org/10.25318/1310037301-eng> [Accessed 25 May 2023].
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- 2015: Obesity Statistics in Canada: Report. 2025. Figure 3.1. Data from 2015 Canadian Community Health Survey - Nutrition. <https://www.canada.ca/en/public-health/services/publications/healthy-living/obesity-statistics-canada.html#t-3d> [Accessed 14.08.25]
- 2016: Canadian Health Measures Survey (CHMS) 2017. Available from: <https://www150.statcan.gc.ca/t1/tbl1/en/tv.action?pid=1310037301&pickMembers%5B0%5D=3.3> [Accessed 6 March 2019].
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- 2022: Statistics Canada. Table 13-10-0373-01 Overweight and obesity based on measured body mass index, by age group and sex <https://doi.org/10.25318/1310037301-eng> [Accessed 06.10.25]

**Notes:** Data from Canadian Health Measures Survey (CHMS) typically collected over a two year reference period. 2007 refers to 2007-09; 2009, 2009-11; 2012, 2012-13; 2016, 2016-17; 2018, 2018-19; and 2022, 2022-24

**Definitions:** WHO cutoffs

*Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.*

## Boys



**Survey type:** Measured

**References:**

- 2007: Canadian Health Measures Survey (CHMS) 2009. Available from: <https://doi.org/10.25318/1310037301-eng> [Accessed 25 May 2023].
- 2009: Canadian Health Measures Survey (CHMS) 2011. Available from: <https://doi.org/10.25318/1310037301-eng> [Accessed 25 May 2023].
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- 2016: Canadian Health Measures Survey (CHMS) 2017. Available from: <https://www150.statcan.gc.ca/t1/tbl1/en/tv.action?pid=1310037301&pickMembers%5B0%5D=3.3> [Accessed 6 March 2019].
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- 2022: Statistics Canada. Table 13-10-0373-01 Overweight and obesity based on measured body mass index, by age group and sex <https://doi.org/10.25318/1310037301-eng> [Accessed 06.10.25]

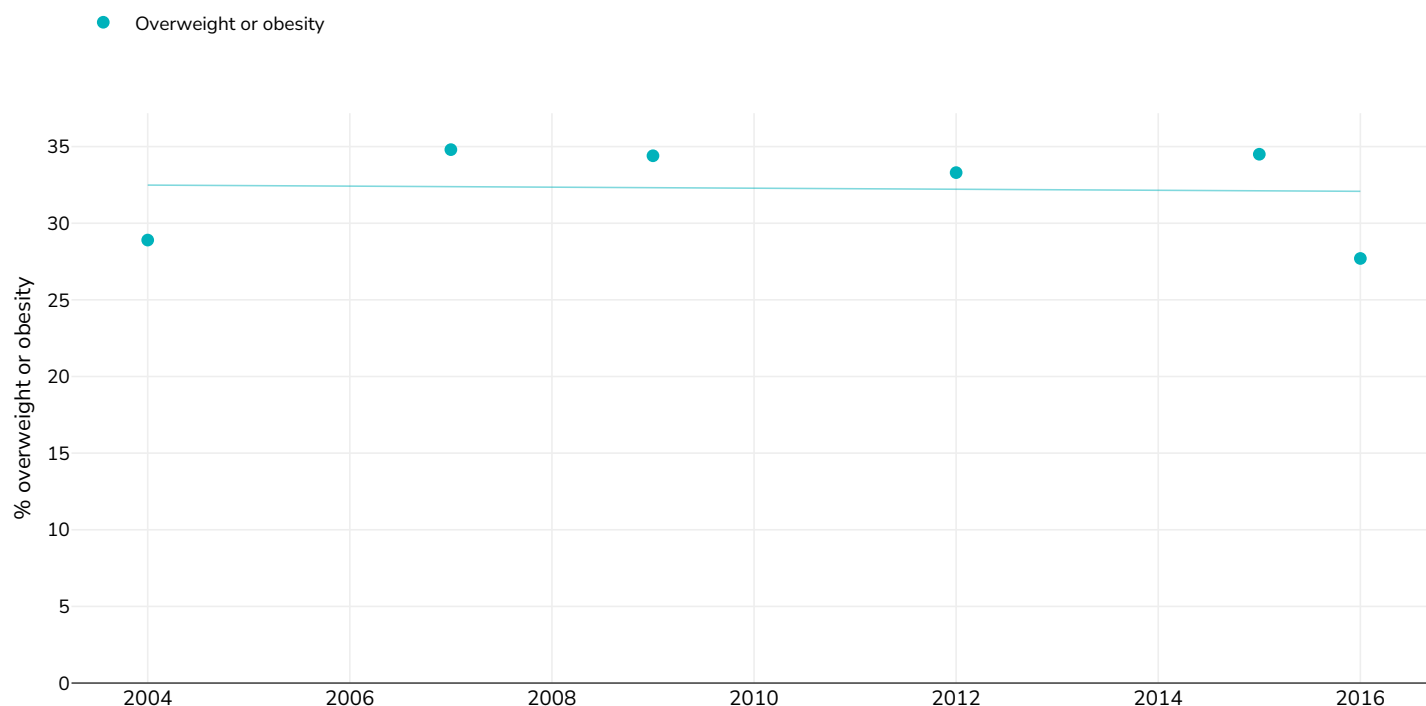
**Notes:** Data from Canadian Health Measures Survey (CHMS) typically collected over a two year reference period. 2007 refers to 2007-09; 2009, 2009-11; 2012, 2012-13; 2016, 2016-17; 2018, 2018-19; and 2022, 2022-24

**Definitions:** WHO cutoffs

*Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.*

## % Children living with overweight or obesity in Canada, 2009-2024

### Boys



**Survey type:** Measured

**References:**

- 2004: Shields M. 2006. Overweight and obesity among children and youth. Health Reports 17(3), 28 - 44.
- 2007: Canadian Health Measures Survey (CHMS) 2009. Available from: <https://doi.org/10.25318/1310037301-eng> [Accessed 25 May 2023].
- 2009: Canadian Health Measures Survey (CHMS) 2011. Available from: <https://doi.org/10.25318/1310037301-eng> [Accessed 25 May 2023].
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- 2016: Canadian Health Measures Survey (CHMS) 2017. Available from: <https://www150.statcan.gc.ca/t1/tbl1/en/tv.action?pid=1310037301&pickMembers%5B0%5D=3.3>. [Accessed 6 March 2019].
- 2018: Canadian Health Measures Survey (CHMS) 2019. Available from: <https://doi.org/10.25318/1310037301-eng> [Accessed 25 May 2023].

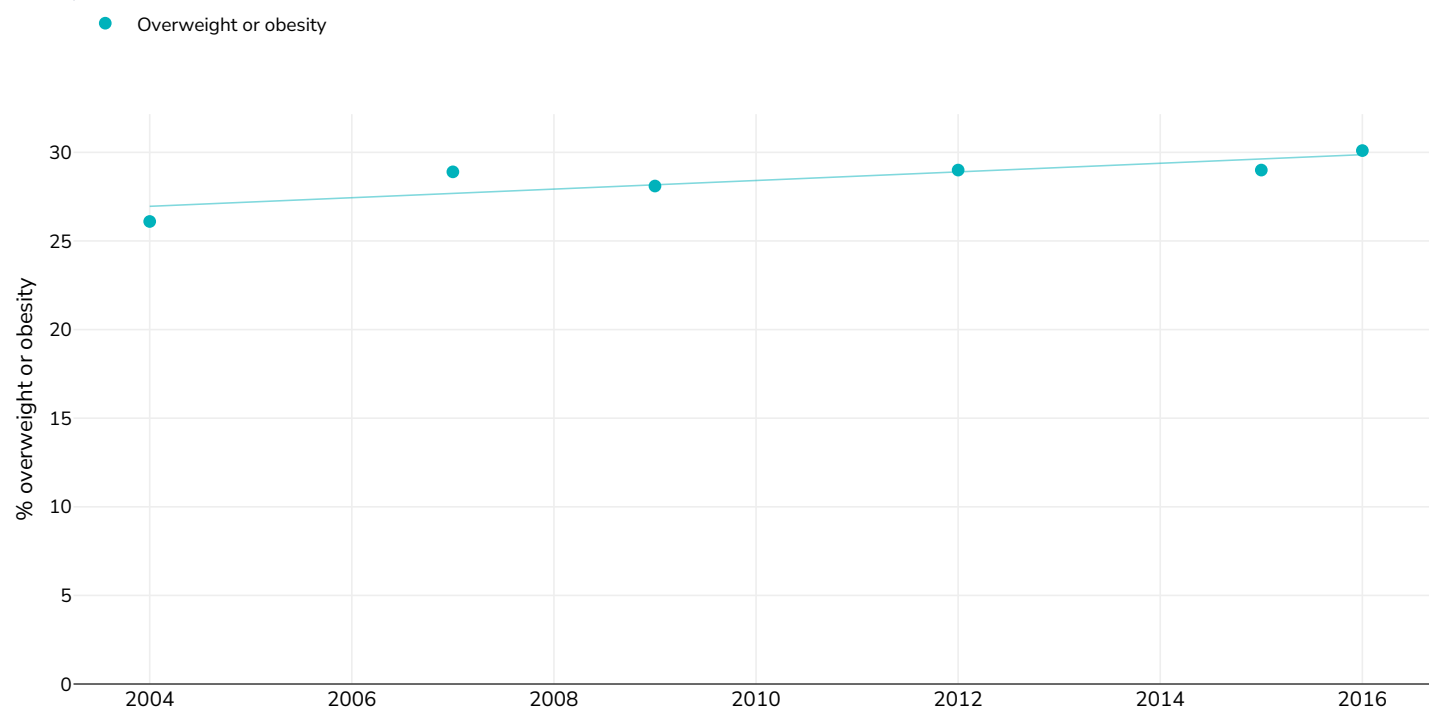
**Notes:** Data from Canadian Health Measures Survey (CHMS) typically collected over a two year reference period. 2007 refers to 2007-09; 2009, 2009-11; 2012, 2012-13; 2016, 2016-17; 2018, 2018-19; and 2022, 2022-24

**Definitions:** WHO cutoffs

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.*

*Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.*

## Girls



**Survey type:** Measured

**References:**

- 2004: Shields M. 2006. Overweight and obesity among children and youth. Health Reports 17(3), 28 - 44.
- 2007: Canadian Health Measures Survey (CHMS) 2009. Available from: <https://doi.org/10.25318/1310037301-eng> [Accessed 25 May 2023].
- 2009: Canadian Health Measures Survey (CHMS) 2011. Available from: <https://doi.org/10.25318/1310037301-eng> [Accessed 25 May 2023].
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- 2016: Canadian Health Measures Survey (CHMS) 2017. Available from: <https://www150.statcan.gc.ca/t1/tbl1/en/tv.action?pid=1310037301&pickMembers%5B0%5D=3.3>. [Accessed 6 March 2019].
- 2018: Canadian Health Measures Survey (CHMS) 2019. Available from: <https://doi.org/10.25318/1310037301-eng> [Accessed 25 May 2023].

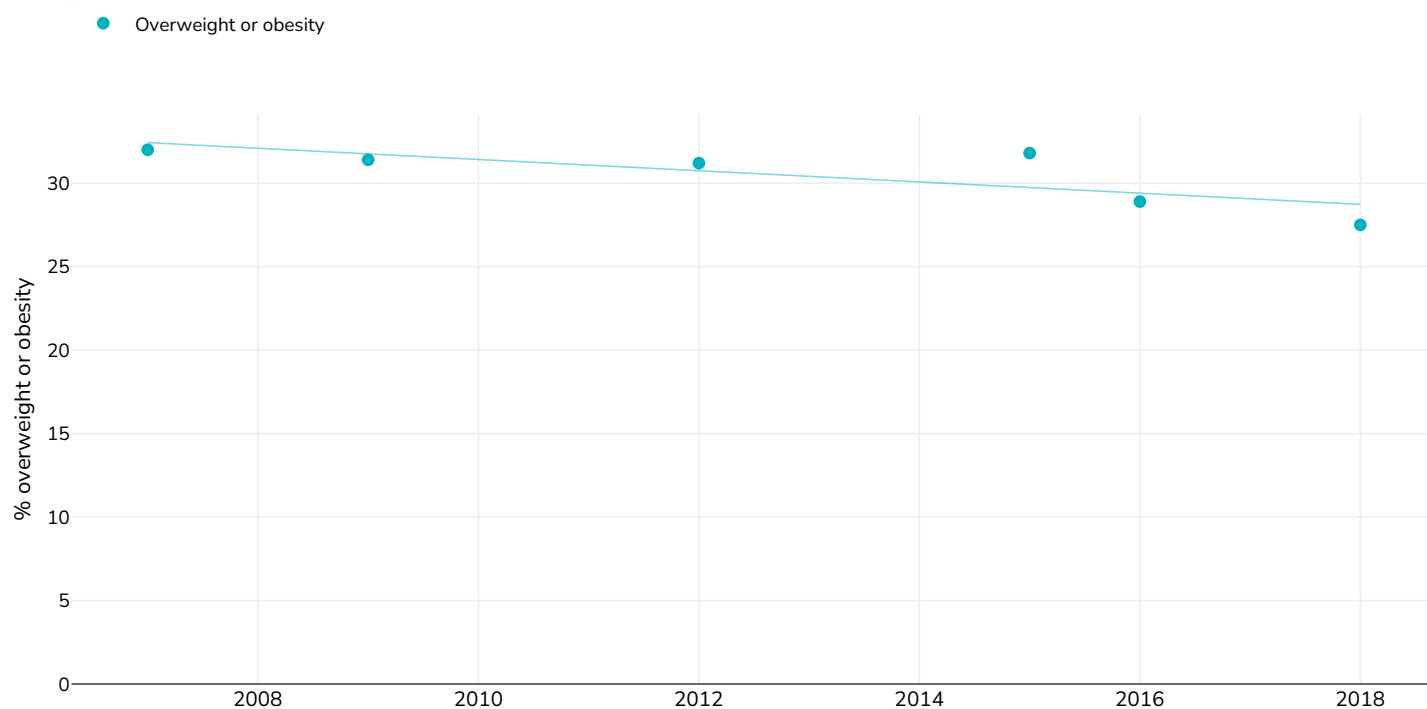
**Notes:** Data from Canadian Health Measures Survey (CHMS) typically collected over a two year reference period. 2007 refers to 2007-09; 2009, 2009-11; 2012, 2012-13; 2016, 2016-17; 2018, 2018-19; and 2022, 2022-24

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## Boys and girls



**Survey type:** Measured

**References:**

2004: Shields M. 2006. Overweight and obesity among children and youth. Health Reports 17(3), 28 - 44.

2007: Canadian Health Measures Survey (CHMS) 2009. Available from: <https://doi.org/10.25318/1310037301-eng> [Accessed 25 May 2023].

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2016: Canadian Health Measures Survey (CHMS) 2017. Available from: <https://www150.statcan.gc.ca/t1/tbl1/en/tv.action?pid=1310037301&pickMembers%5B0%5D=3.3>. [Accessed 6 March 2019].

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**Notes:** Data from Canadian Health Measures Survey (CHMS) typically collected over a two year reference period. 2007 refers to 2007-09; 2009, 2009-11; 2012, 2012-13; 2016, 2016-17; 2018, 2018-19; and 2022, 2022-24

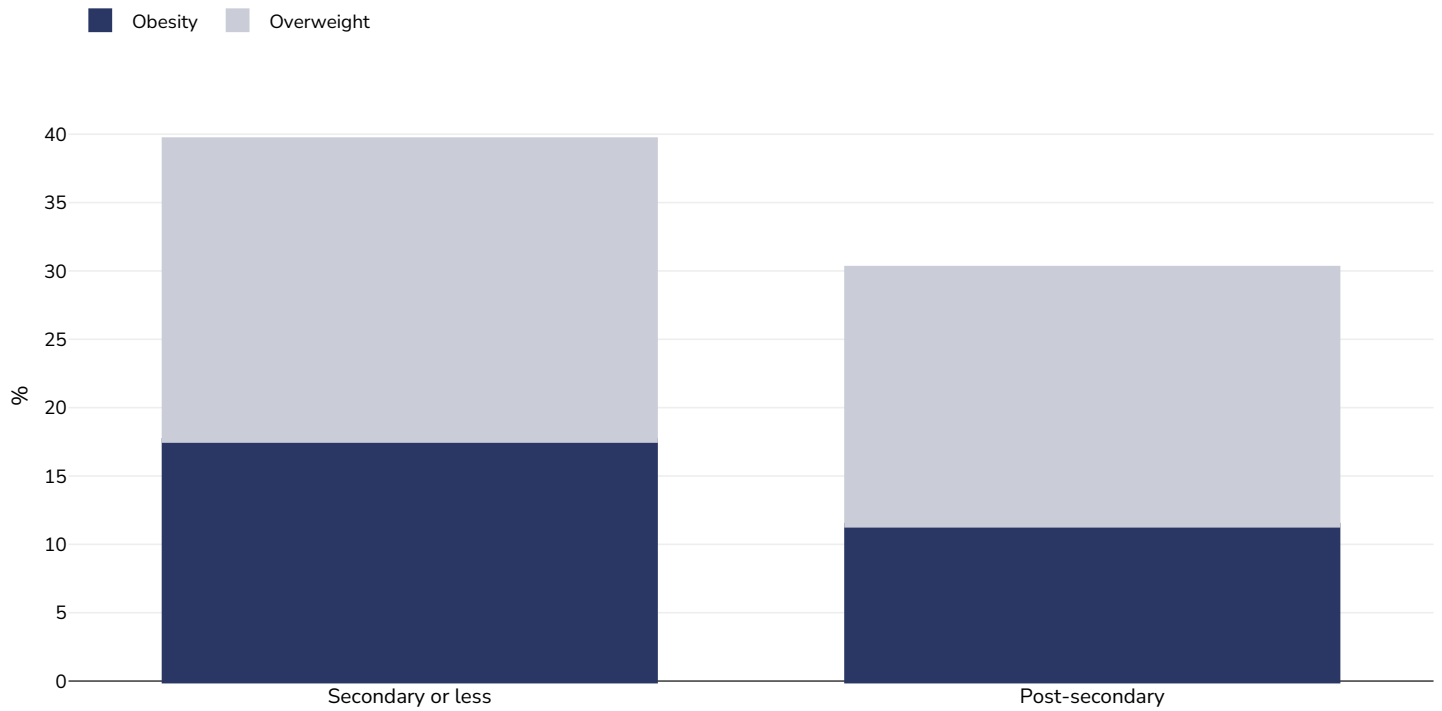
**Definitions:** WHO cutoffs

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.*

*Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.*

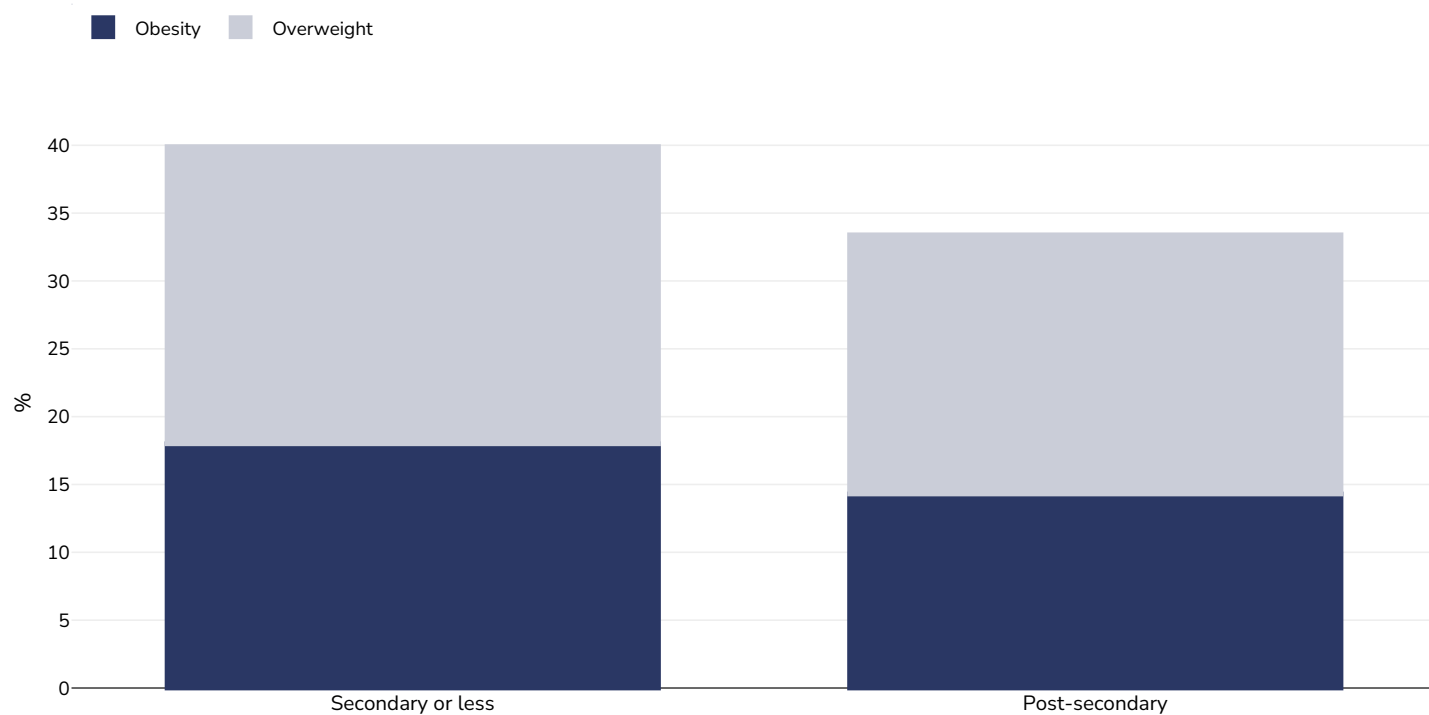
## Overweight/obesity by education

### Children, 2015



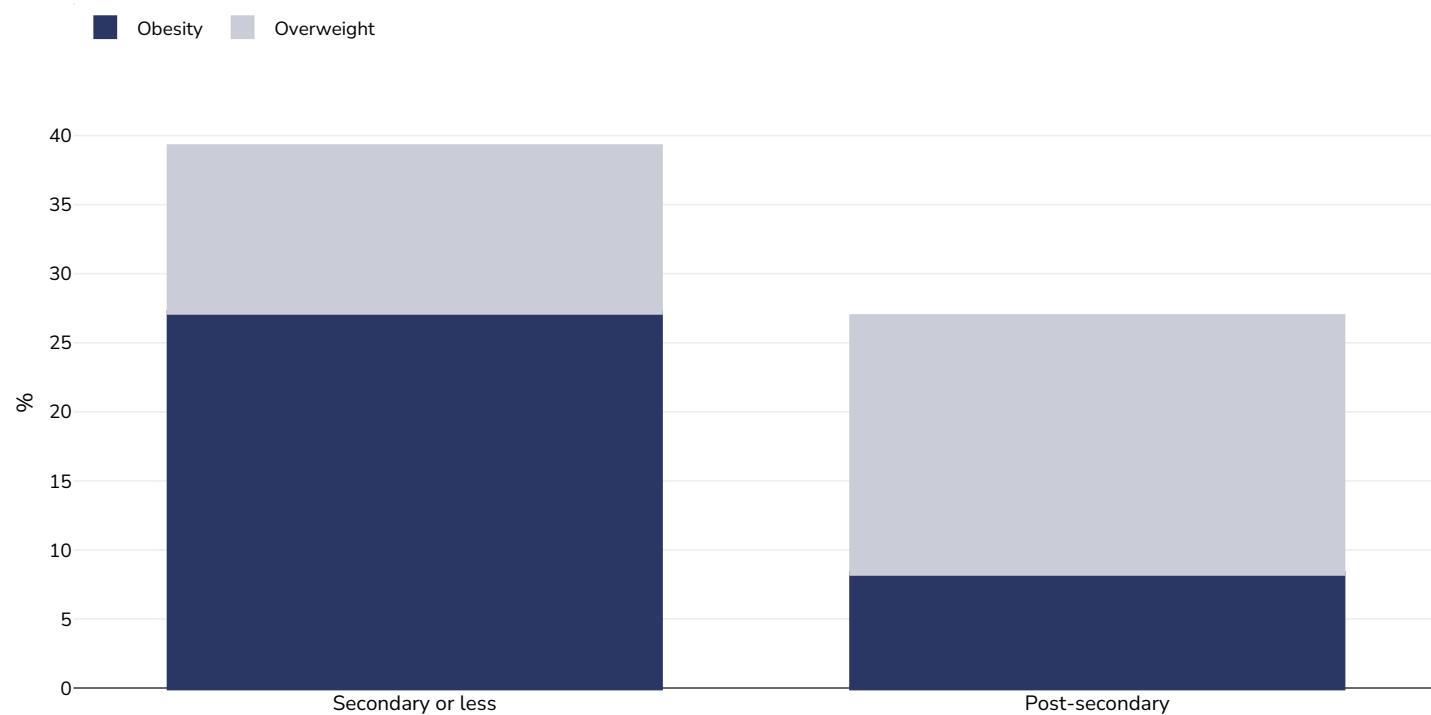
Survey type:	Measured
Age:	5-17
Sample size:	3571
Area covered:	National
References:	Obesity Statistics in Canada: Report. 2025. Data from 2015 Canadian Community Health Survey - Nutrition. <a href="https://www.canada.ca/en/public-health/services/publications/healthy-living/obesity-statistics-canada.html#t-3d">https://www.canada.ca/en/public-health/services/publications/healthy-living/obesity-statistics-canada.html#t-3d</a> [Accessed 14.08.25]
Definitions:	Highest level of education in the household
Cutoffs:	WHO 2007

## Boys, 2015



Survey type:	Measured
Age:	5-17
Sample size:	3571
Area covered:	National
References:	Obesity Statistics in Canada: Report. 2025. Data from 2015 Canadian Community Health Survey - Nutrition. <a href="https://www.canada.ca/en/public-health/services/publications/healthy-living/obesity-statistics-canada.html#t-3d">https://www.canada.ca/en/public-health/services/publications/healthy-living/obesity-statistics-canada.html#t-3d</a> [Accessed 14.08.25]
Definitions:	Highest level of education in the household
Cutoffs:	WHO 2007

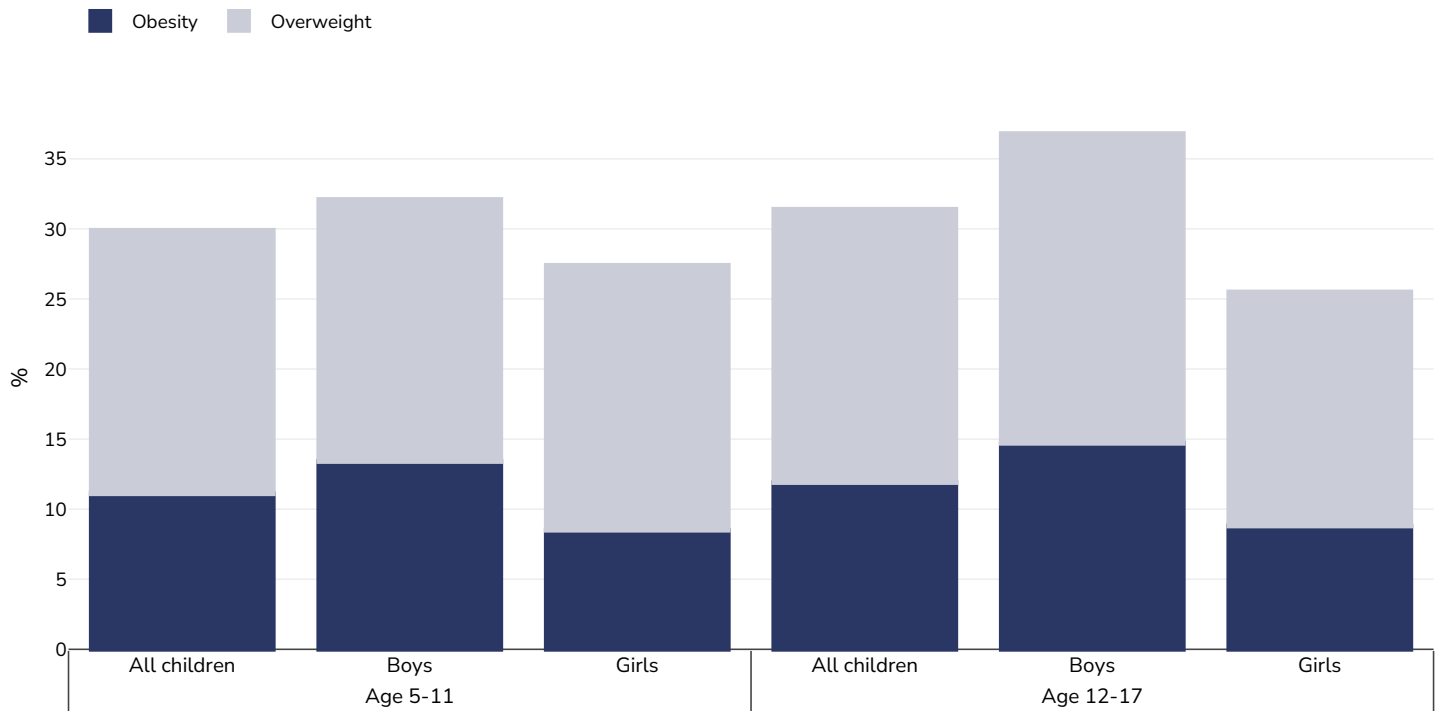
## Girls, 2015



Survey type:	Measured
Age:	5-17
Sample size:	3571
Area covered:	National
References:	Obesity Statistics in Canada: Report. 2025. Data from 2015 Canadian Community Health Survey - Nutrition. <a href="https://www.canada.ca/en/public-health/services/publications/healthy-living/obesity-statistics-canada.html#t-3d">https://www.canada.ca/en/public-health/services/publications/healthy-living/obesity-statistics-canada.html#t-3d</a> [Accessed 14.08.25]
Definitions:	Highest level of education in the household
Cutoffs:	WHO 2007

## Overweight/obesity by age

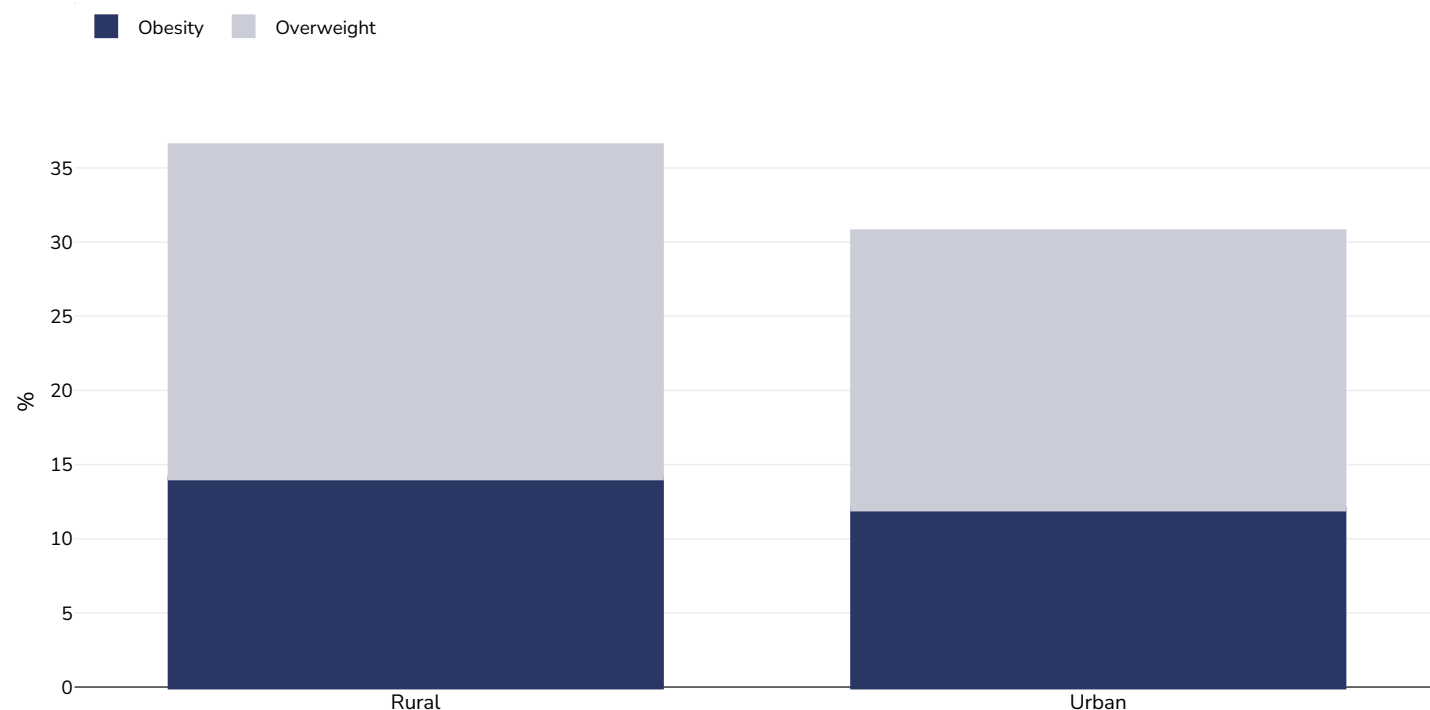
### Children, 2022-2024



<b>Survey type:</b>	Measured
<b>Sample size:</b>	~5700
<b>Area covered:</b>	National
<b>References:</b>	Statistics Canada. Table 13-10-0373-01 Overweight and obesity based on measured body mass index, by age group and sex <a href="https://doi.org/10.25318/1310037301-eng">https://doi.org/10.25318/1310037301-eng</a> [Accessed 06.10.25]
<b>Notes:</b>	Canadian Health Measures Survey (CHMS) Cycle 7. Sample size listed includes adults and children
<b>Cutoffs:</b>	WHO

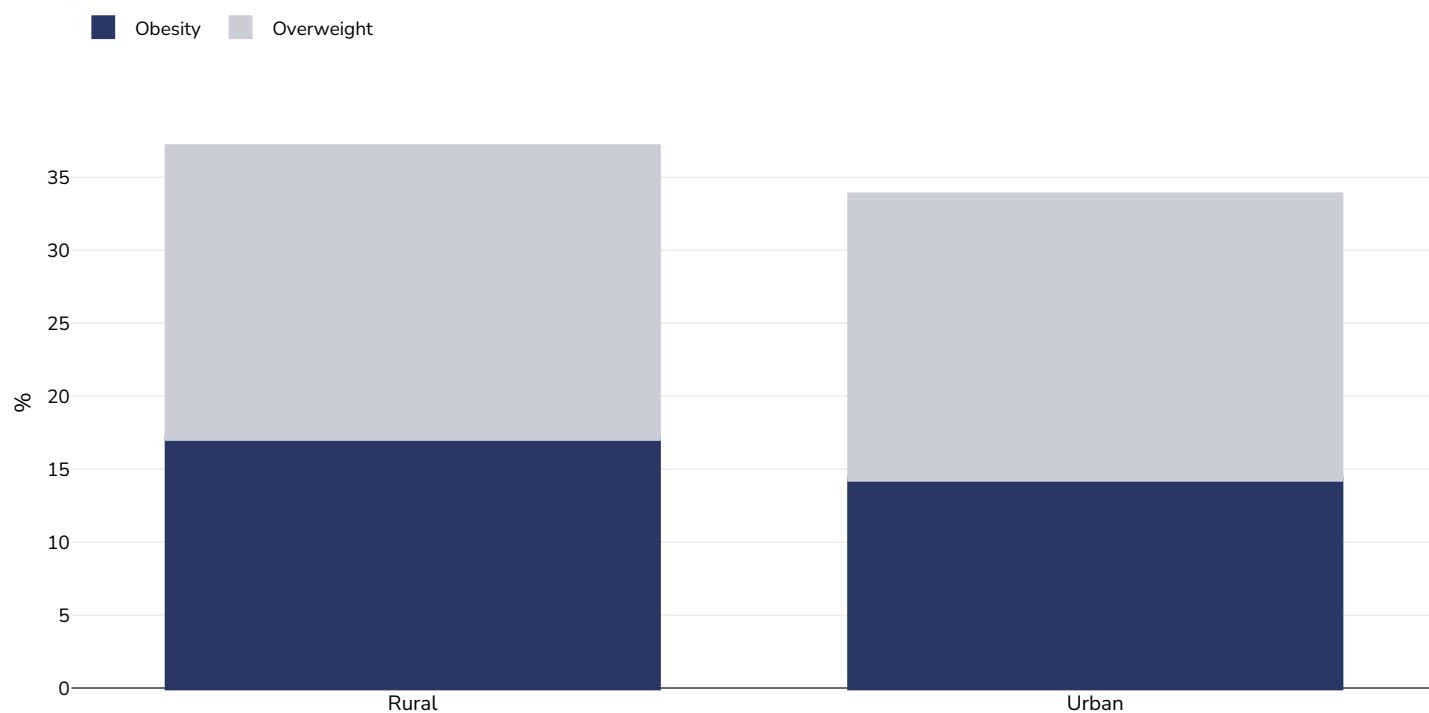
## Overweight/obesity by region

### Children, 2015



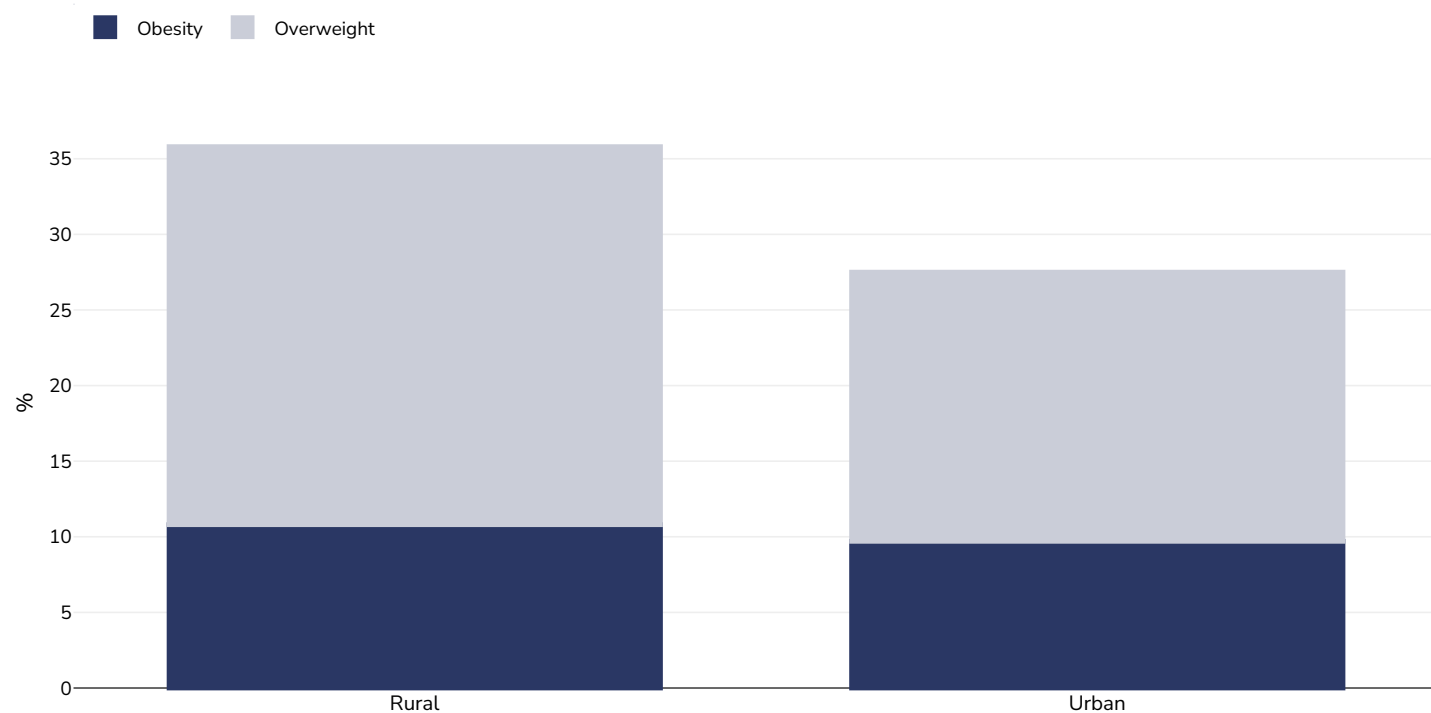
Survey type:	Measured
Age:	5-17
Area covered:	National
References:	Obesity Statistics in Canada: Report. 2025. Data from 2015 Canadian Community Health Survey - Nutrition. <a href="https://www.canada.ca/en/public-health/services/publications/healthy-living/obesity-statistics-canada.html#t-3d">https://www.canada.ca/en/public-health/services/publications/healthy-living/obesity-statistics-canada.html#t-3d</a> [Accessed 14.08.25]
Notes:	NB. High coefficient of variation for obesity values in boys and girls in rural areas, interpret with caution
Cutoffs:	WHO 2007

## Boys, 2015



Survey type:	Measured
Age:	5-17
Area covered:	National
References:	Obesity Statistics in Canada: Report. 2025. Data from 2015 Canadian Community Health Survey - Nutrition. <a href="https://www.canada.ca/en/public-health/services/publications/healthy-living/obesity-statistics-canada.html#t-3d">https://www.canada.ca/en/public-health/services/publications/healthy-living/obesity-statistics-canada.html#t-3d</a> [Accessed 14.08.25]
Notes:	NB. High coefficient of variation for obesity values in boys and girls in rural areas, interpret with caution
Cutoffs:	WHO 2007

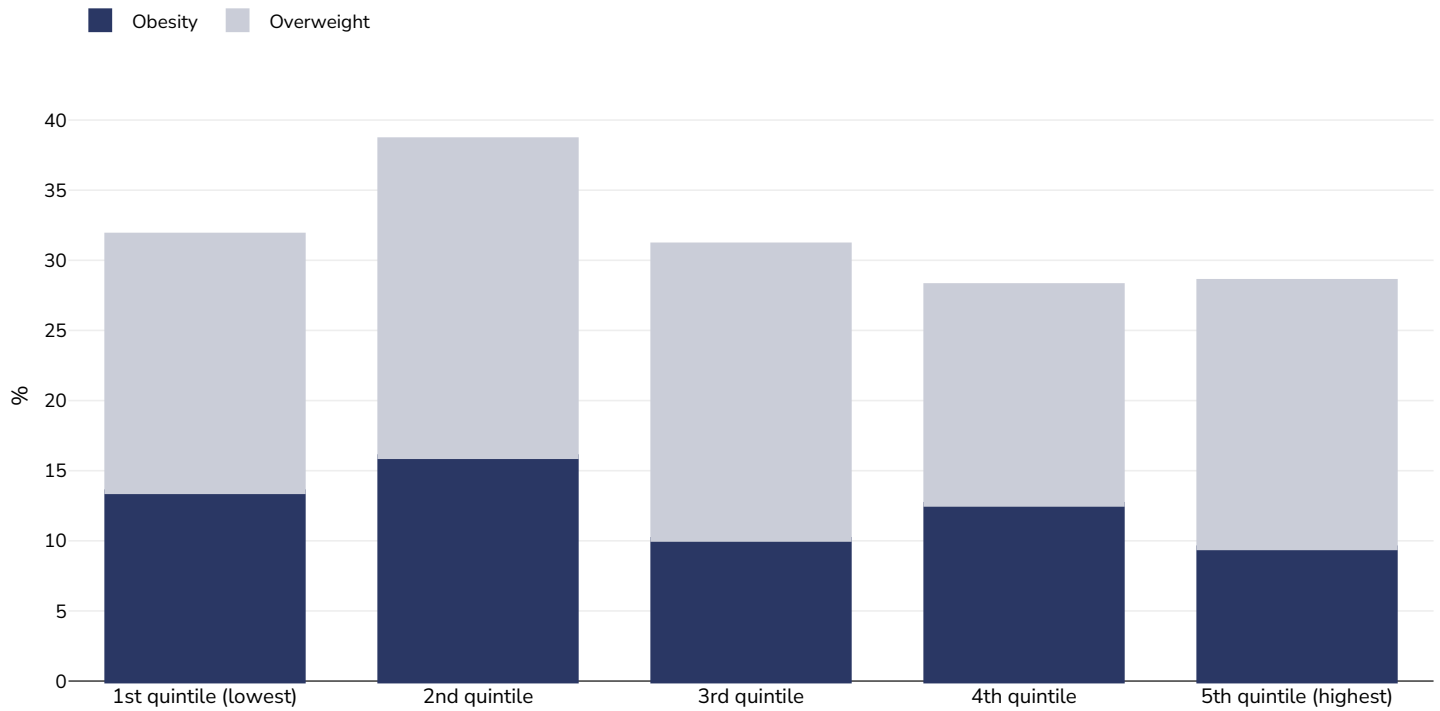
## Girls, 2015



Survey type:	Measured
Age:	5-17
Area covered:	National
References:	Obesity Statistics in Canada: Report. 2025. Data from 2015 Canadian Community Health Survey - Nutrition. <a href="https://www.canada.ca/en/public-health/services/publications/healthy-living/obesity-statistics-canada.html#t-3d">https://www.canada.ca/en/public-health/services/publications/healthy-living/obesity-statistics-canada.html#t-3d</a> [Accessed 14.08.25]
Notes:	NB. High coefficient of variation for obesity values in boys and girls in rural areas, interpret with caution
Cutoffs:	WHO 2007

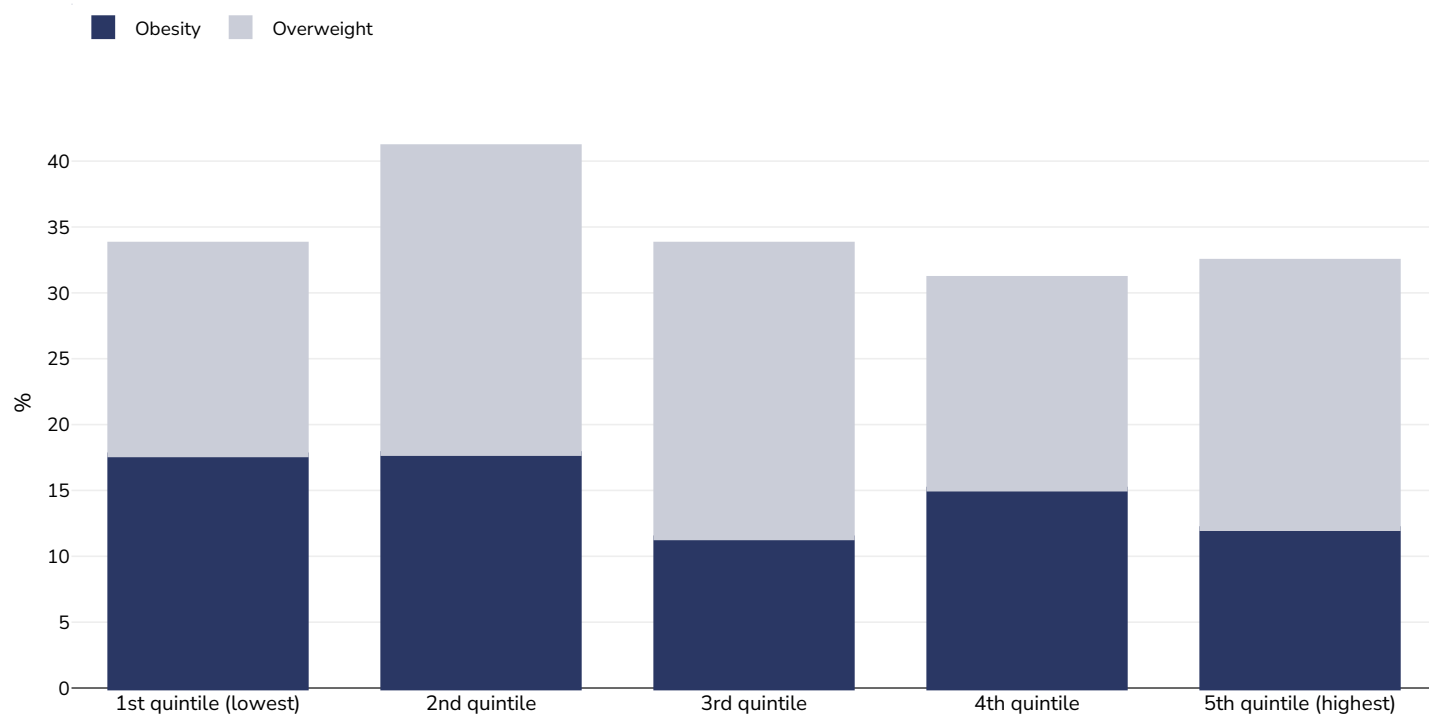
## Overweight/obesity by socio-economic group

### Children, 2015



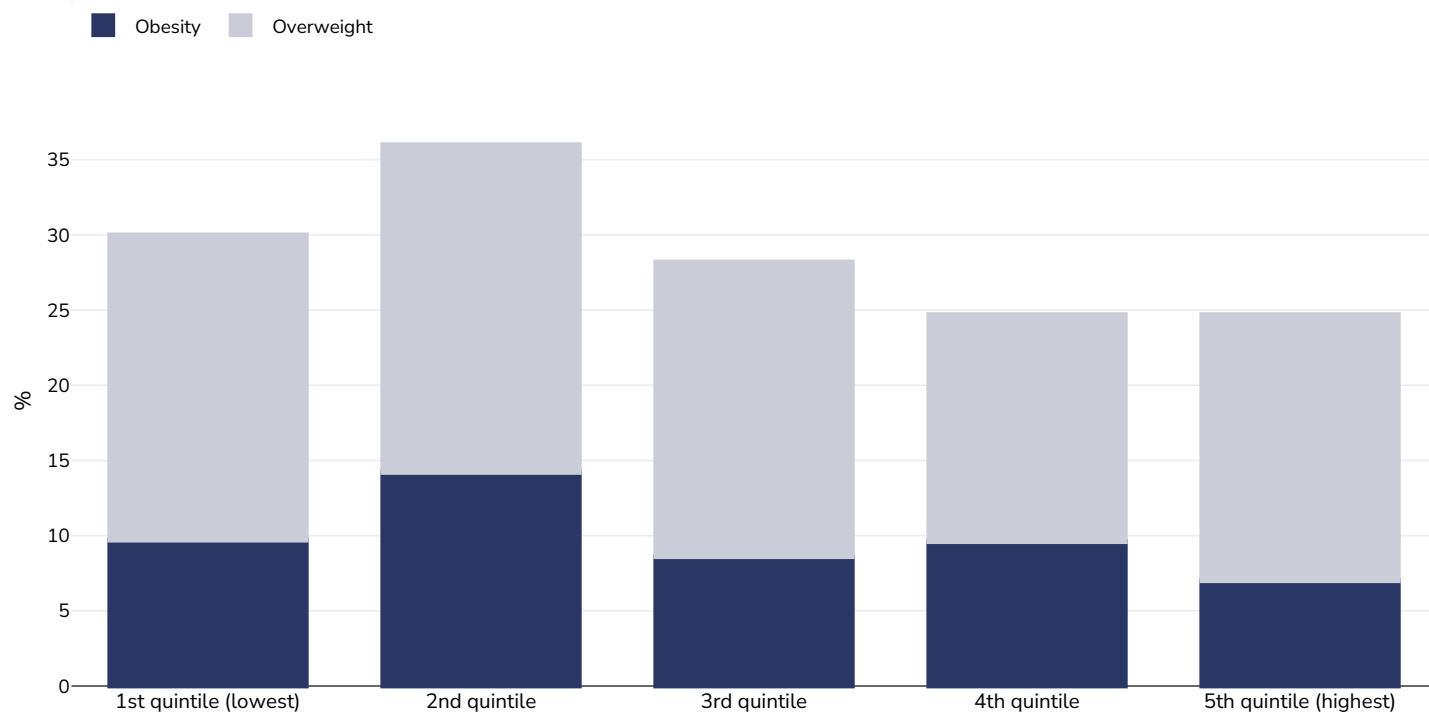
Survey type:	Measured
Age:	5-17
Sample size:	3571
Area covered:	National
References:	Obesity Statistics in Canada: Report. 2025. Data from 2015 Canadian Community Health Survey - Nutrition. <a href="https://www.canada.ca/en/public-health/services/publications/healthy-living/obesity-statistics-canada.html#t-3d">https://www.canada.ca/en/public-health/services/publications/healthy-living/obesity-statistics-canada.html#t-3d</a> [Accessed 14.08.25]
Definitions:	Household income quintile
Cutoffs:	WHO

## Boys, 2015



Survey type:	Measured
Age:	5-17
Sample size:	3571
Area covered:	National
References:	Obesity Statistics in Canada: Report. 2025. Data from 2015 Canadian Community Health Survey - Nutrition. <a href="https://www.canada.ca/en/public-health/services/publications/healthy-living/obesity-statistics-canada.html#t-3d">https://www.canada.ca/en/public-health/services/publications/healthy-living/obesity-statistics-canada.html#t-3d</a> [Accessed 14.08.25]
Definitions:	Household income quintile
Cutoffs:	WHO

## Girls, 2015

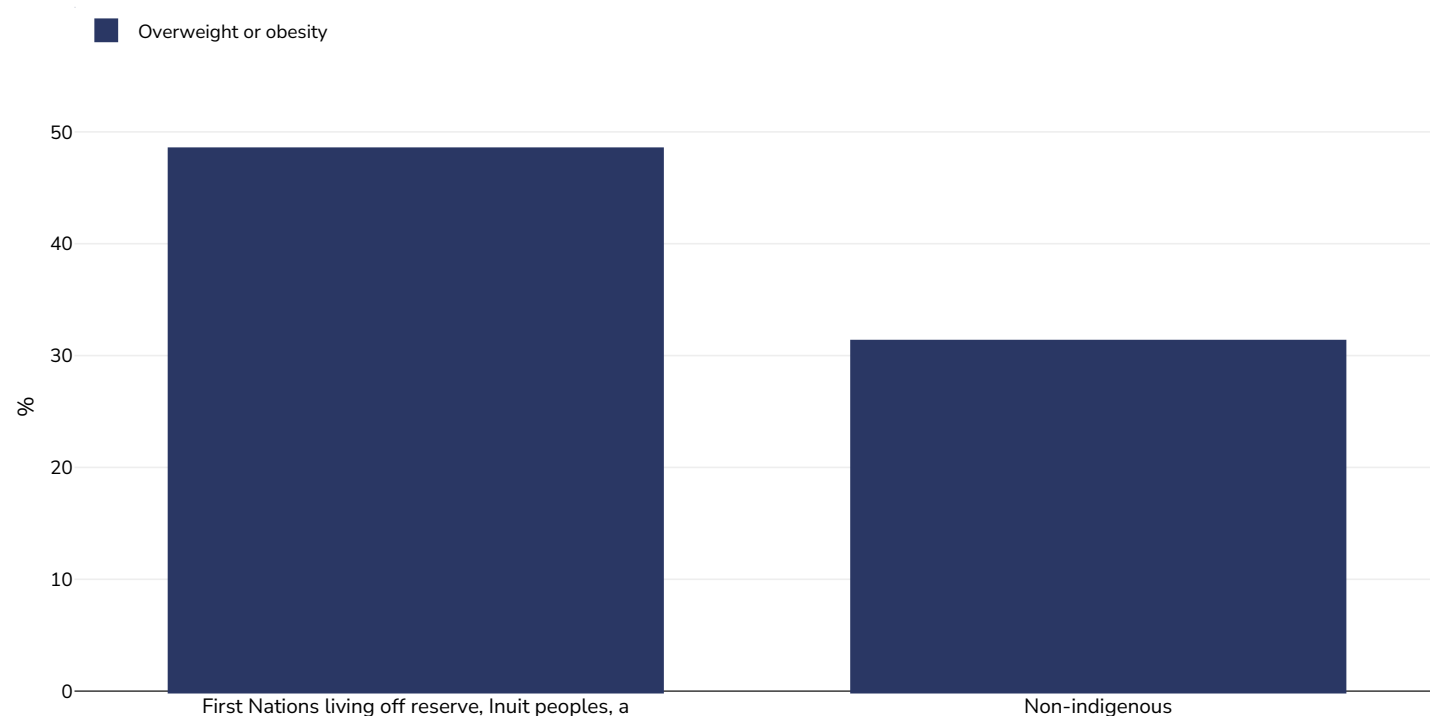


Survey type:	Measured
Age:	5-17
Sample size:	3571
Area covered:	National
References:	Obesity Statistics in Canada: Report. 2025. Data from 2015 Canadian Community Health Survey - Nutrition. <a href="https://www.canada.ca/en/public-health/services/publications/healthy-living/obesity-statistics-canada.html#t-3d">https://www.canada.ca/en/public-health/services/publications/healthy-living/obesity-statistics-canada.html#t-3d</a> [Accessed 14.08.25]
Definitions:	Household income quintile
Cutoffs:	WHO

## Overweight/obesity by ethnicity

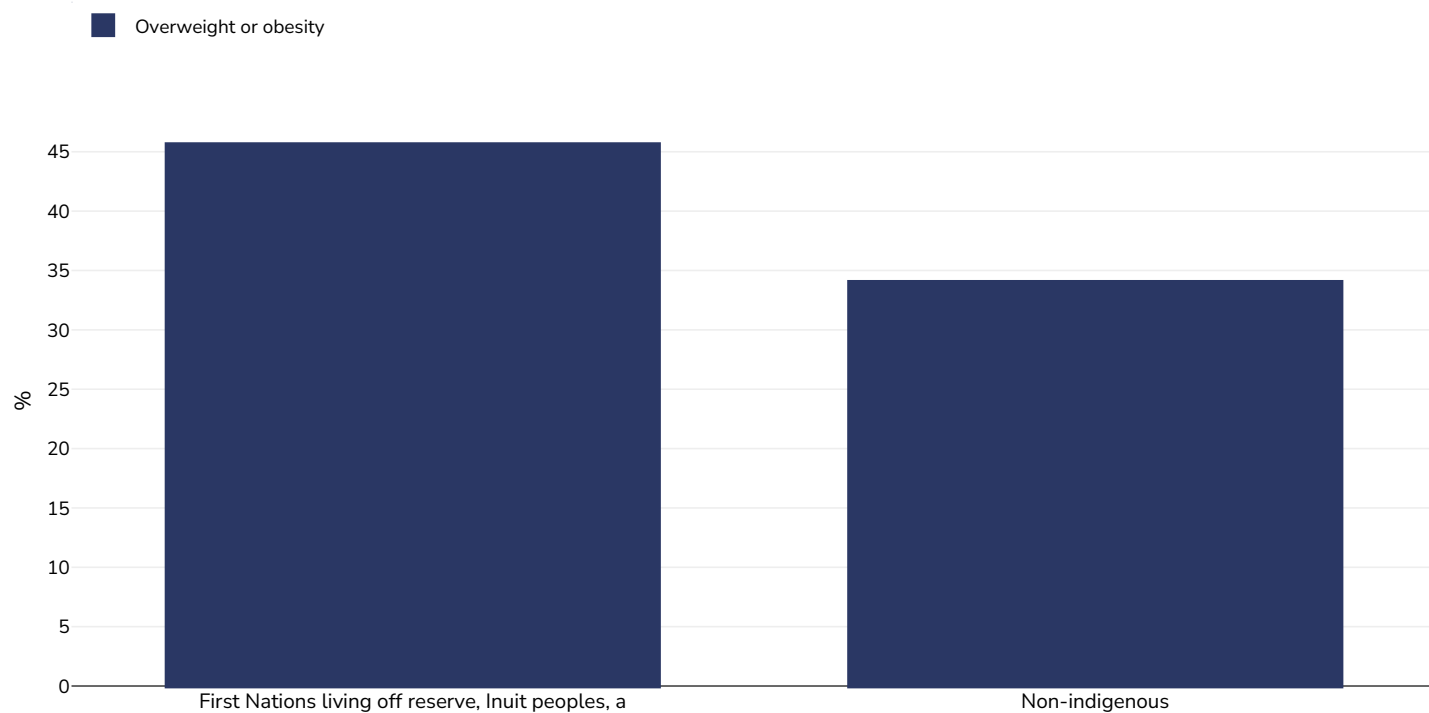
Ethnic groups are as defined by publication of origin and are not as defined by WOF. In some instances ethnicity is conflated with nationality and/or race.

### Children, 2015



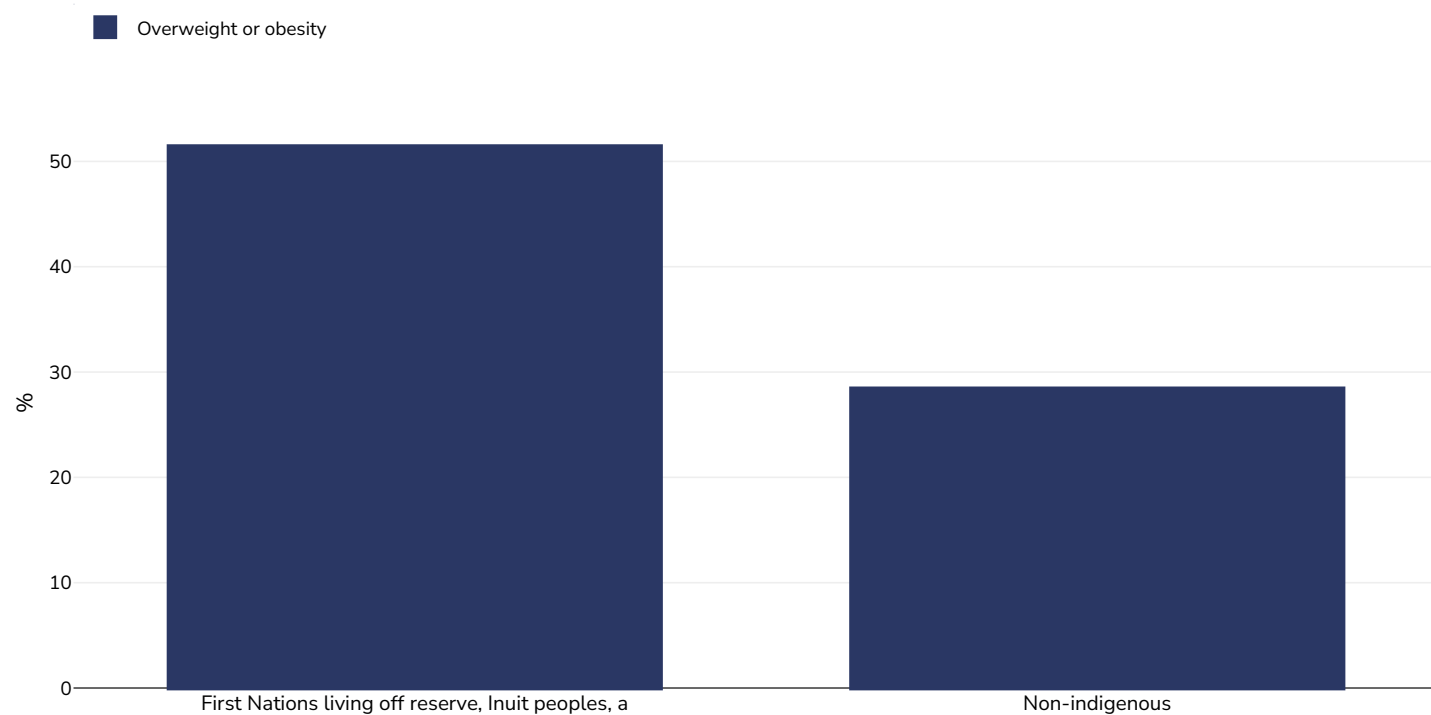
Survey type:	Measured
Age:	5-17
Sample size:	3571
Area covered:	National
References:	Obesity Statistics in Canada: Report. 2025. Table A3.6. Data from 2015 Canadian Community Health Survey - Nutrition. <a href="https://www.canada.ca/en/public-health/services/publications/healthy-living/obesity-statistics-canada.html#t-3d">https://www.canada.ca/en/public-health/services/publications/healthy-living/obesity-statistics-canada.html#t-3d</a> [Accessed 14.08.25]
Notes:	Obesity values with high coefficients of variation also available in report. Canada excluding territories
Cutoffs:	WHO 2007

## Boys, 2015



Survey type:	Measured
Age:	5-17
Sample size:	3571
Area covered:	National
References:	Obesity Statistics in Canada: Report. 2025. Table A3.6. Data from 2015 Canadian Community Health Survey - Nutrition. <a href="https://www.canada.ca/en/public-health/services/publications/healthy-living/obesity-statistics-canada.html#t-3d">https://www.canada.ca/en/public-health/services/publications/healthy-living/obesity-statistics-canada.html#t-3d</a> [Accessed 14.08.25]
Notes:	Obesity values with high coefficients of variation also available in report. Canada excluding territories
Cutoffs:	WHO 2007

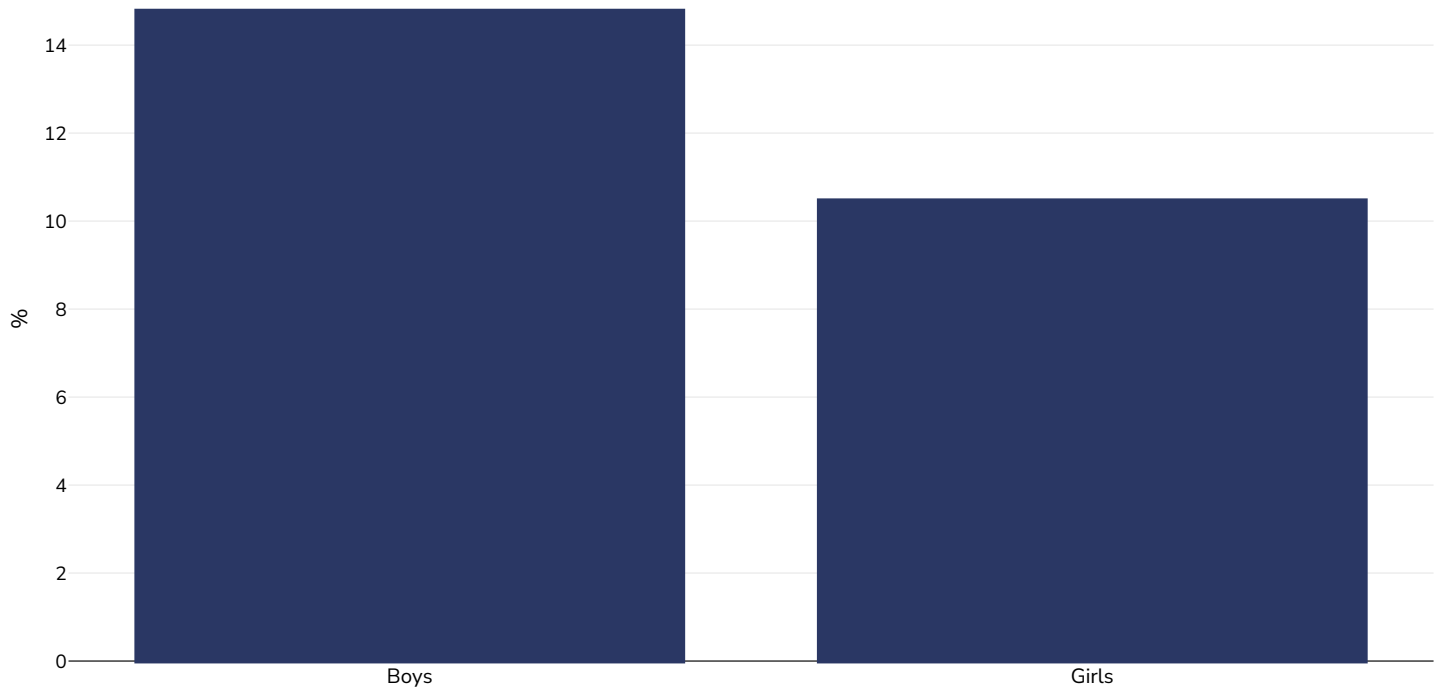
## Girls, 2015



Survey type:	Measured
Age:	5-17
Sample size:	3571
Area covered:	National
References:	Obesity Statistics in Canada: Report. 2025. Table A3.6. Data from 2015 Canadian Community Health Survey - Nutrition. <a href="https://www.canada.ca/en/public-health/services/publications/healthy-living/obesity-statistics-canada.html#t-3d">https://www.canada.ca/en/public-health/services/publications/healthy-living/obesity-statistics-canada.html#t-3d</a> [Accessed 14.08.25]
Notes:	Obesity values with high coefficients of variation also available in report. Canada excluding territories
Cutoffs:	WHO 2007

## Double burden of underweight & overweight

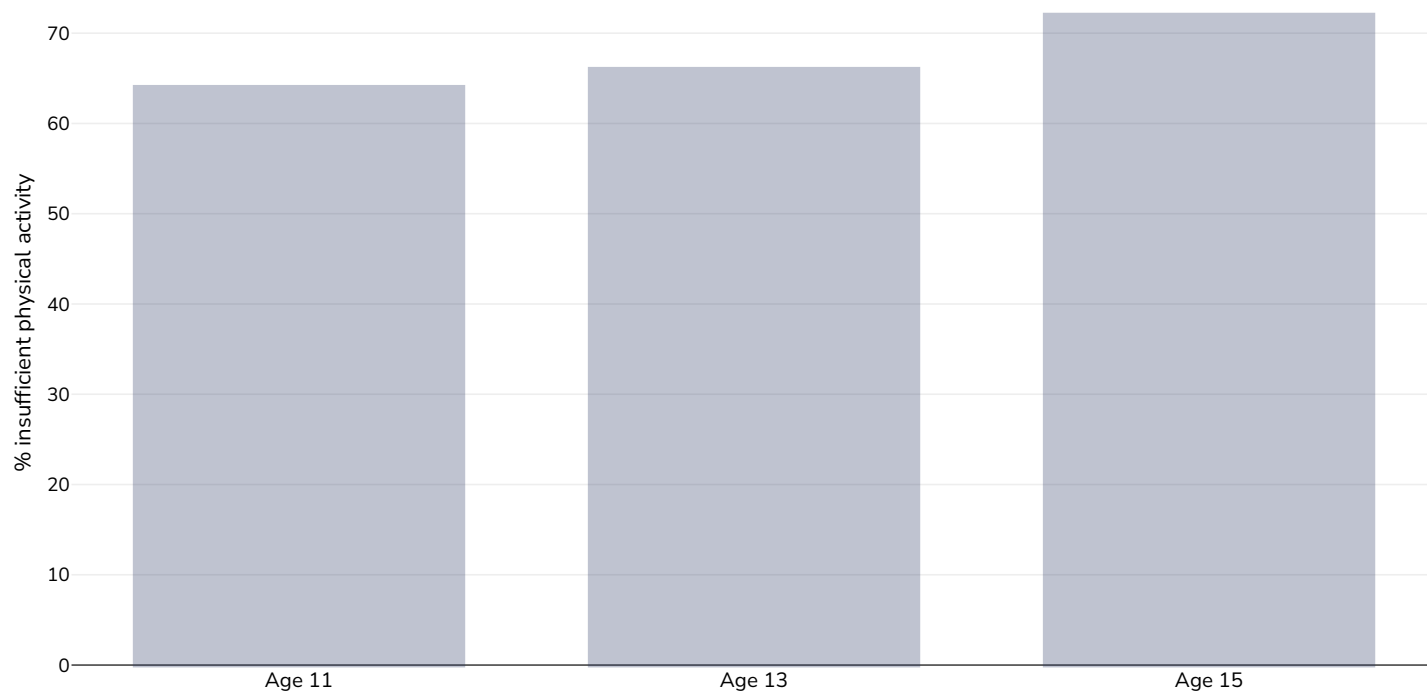
### Children, 2022



<b>Survey type:</b>	Measured
<b>Age:</b>	5-19
<b>References:</b>	NCD Risk Factor Collaboration (NCD-RisC). Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population representative studies with 222 million children, adolescents, and adults. Lancet 2024; published online Feb 29. <a href="https://doi.org/10.1016/S0140-6736(23)02750-2">https://doi.org/10.1016/S0140-6736(23)02750-2</a> .
<b>Notes:</b>	Age standardised estimates
<b>Definitions:</b>	Combined prevalence of BMI < -2SD and BMI > 2SD (double burden of thinness and obesity)
<b>Cutoffs:</b>	BMI < -2SD and BMI > 2SD

## Insufficient physical activity

### Boys, 2021-2022



**Survey type:** Self-reported

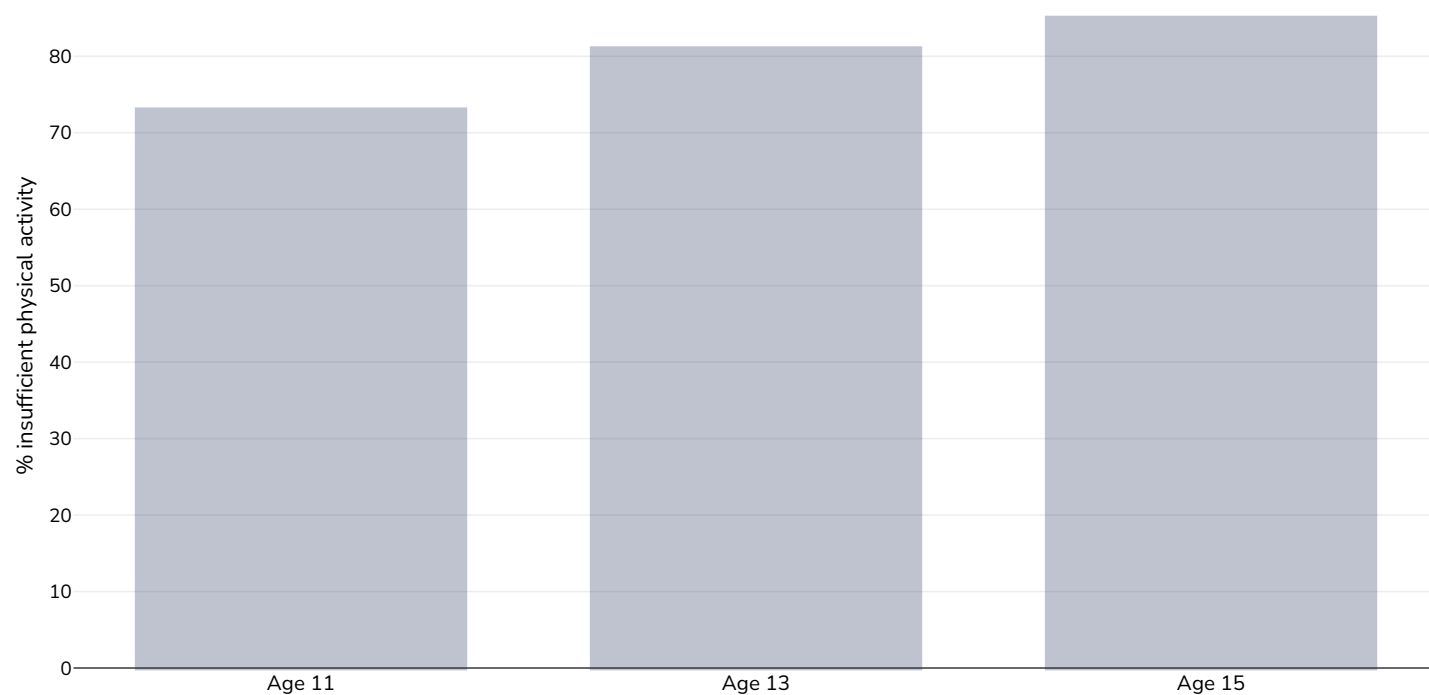
**Area covered:** National

**References:** Rakic JG, Hamrik Z, Dzielska A, Felder-Puig R, Oja L, Bakalár P et al. A focus on adolescent physical activity, eating behaviours, weight status and body image in Europe, central Asia and Canada. Health Behaviour in School-aged Children international report from the 2021/2022 survey. Volume 4. Copenhagen: WHO Regional Office for Europe; 2024. Licence: CC BY-NC-SA 3.0 IGO. Health Behaviour in School-aged Children study (2023), Data browser (findings from the 2021/22 international HBSC survey): <https://data-browser.hbsc.org>.

**Notes:** Young people were asked to report the number of days over the past week during which they were physically active for a total of at least 60 minutes. The question was introduced by text defining moderate-to-vigorous physical activity (MVPA) as any activity that increases the heart rate and makes the person get out of breath some of the time, with examples provided. Findings presented on the Observatory show the proportions who report less than 60 minutes of MVPA daily. NB. National except Belgium (Flemish speaking region only)

**Definitions:** % reporting less than 60 minutes of MVPA daily

## Girls, 2021-2022



**Survey type:** Self-reported

**Area covered:** National

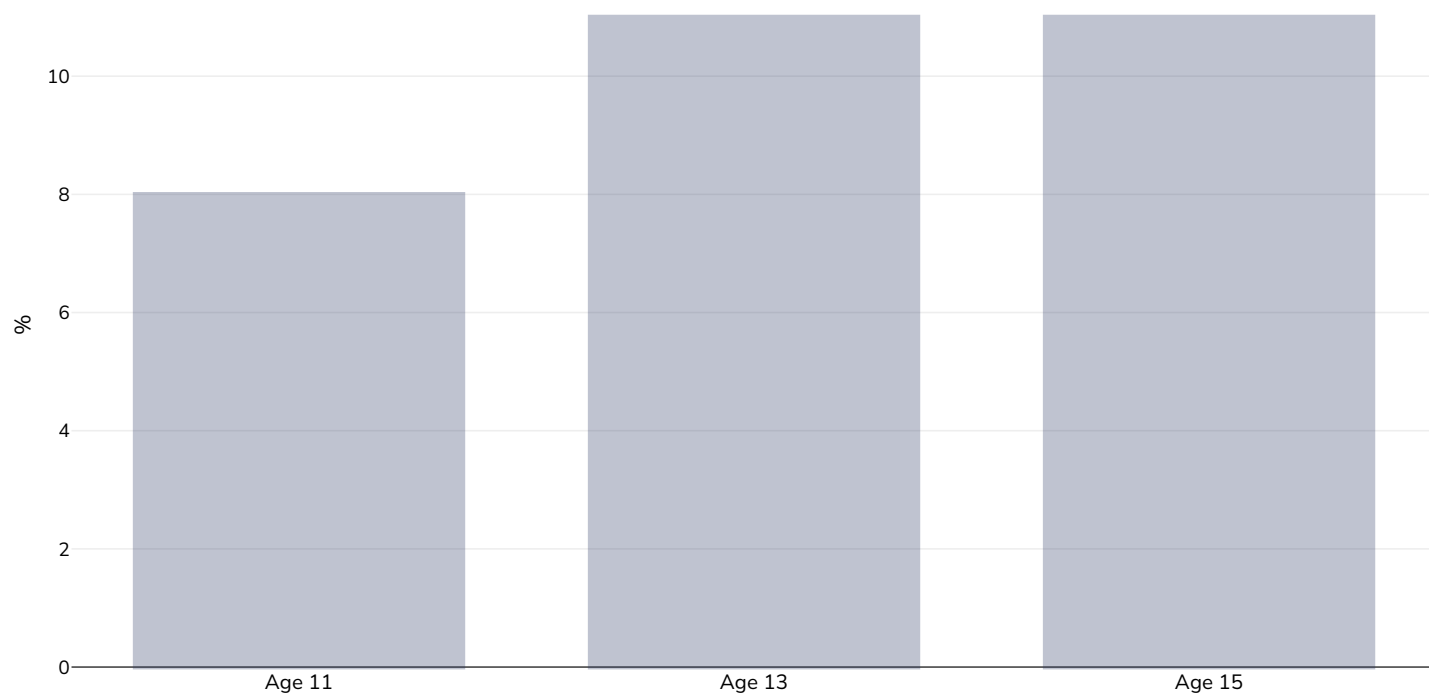
**References:** Rakic JG, Hamrik Z, Dzielska A, Felder-Puig R, Oja L, Bakalár P et al. A focus on adolescent physical activity, eating behaviours, weight status and body image in Europe, central Asia and Canada. Health Behaviour in School-aged Children international report from the 2021/2022 survey. Volume 4. Copenhagen: WHO Regional Office for Europe; 2024. Licence: CC BY-NC-SA 3.0 IGO. Health Behaviour in School-aged Children study (2023), Data browser (findings from the 2021/22 international HBSC survey): <https://data-browser.hbsc.org>.

**Notes:** Young people were asked to report the number of days over the past week during which they were physically active for a total of at least 60 minutes. The question was introduced by text defining moderate-to-vigorous physical activity (MVPA) as any activity that increases the heart rate and makes the person get out of breath some of the time, with examples provided. Findings presented on the Observatory show the proportions who report less than 60 minutes of MVPA daily. NB. National except Belgium (Flemish speaking region only)

**Definitions:** % reporting less than 60 minutes of MVPA daily

## Prevalence of at least daily soft drink consumption

### Boys, 2021-2022



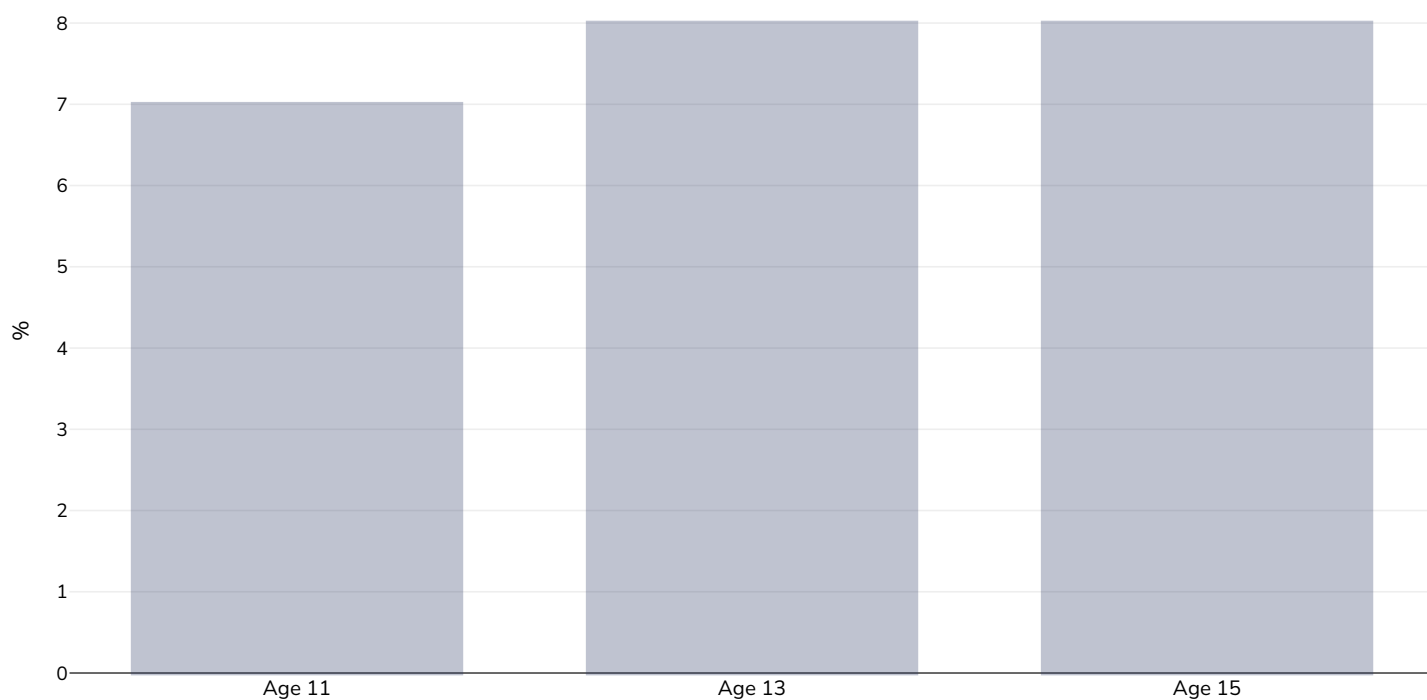
**Survey type:** Self-reported

**Area covered:** National

**References:** Health Behaviour in School-aged Children study (2023), Data browser (findings from the 2021/22 international HBSC survey): <https://data-browser.hbsc.org>

**Definitions:** Proportion who reported drinking sugary soft drinks daily (at least once)

## Girls, 2021-2022



**Survey type:** Self-reported

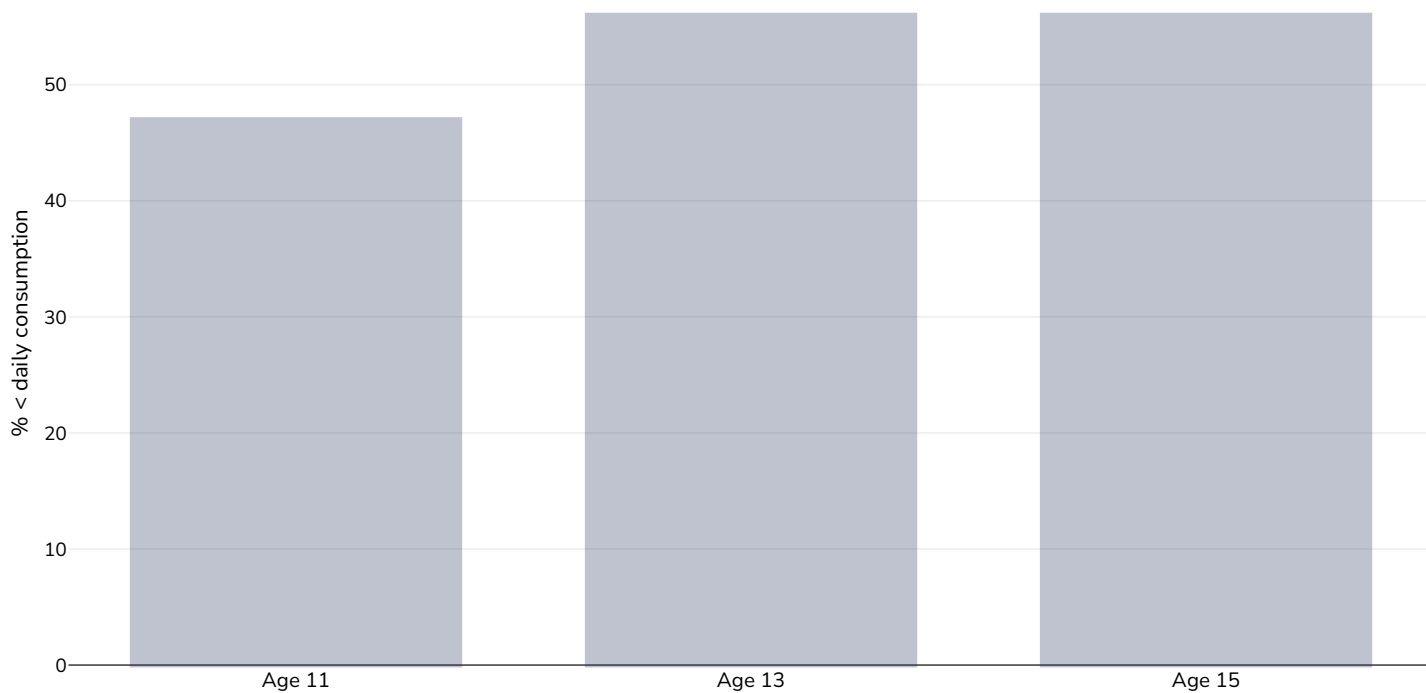
**Area covered:** National

**References:** Health Behaviour in School-aged Children study (2023), Data browser (findings from the 2021/22 international HBSC survey): <https://data-browser.hbsc.org>

**Definitions:** Proportion who reported drinking sugary soft drinks daily (at least once)

## Prevalence of less than daily fruit consumption

### Boys, 2021-2022



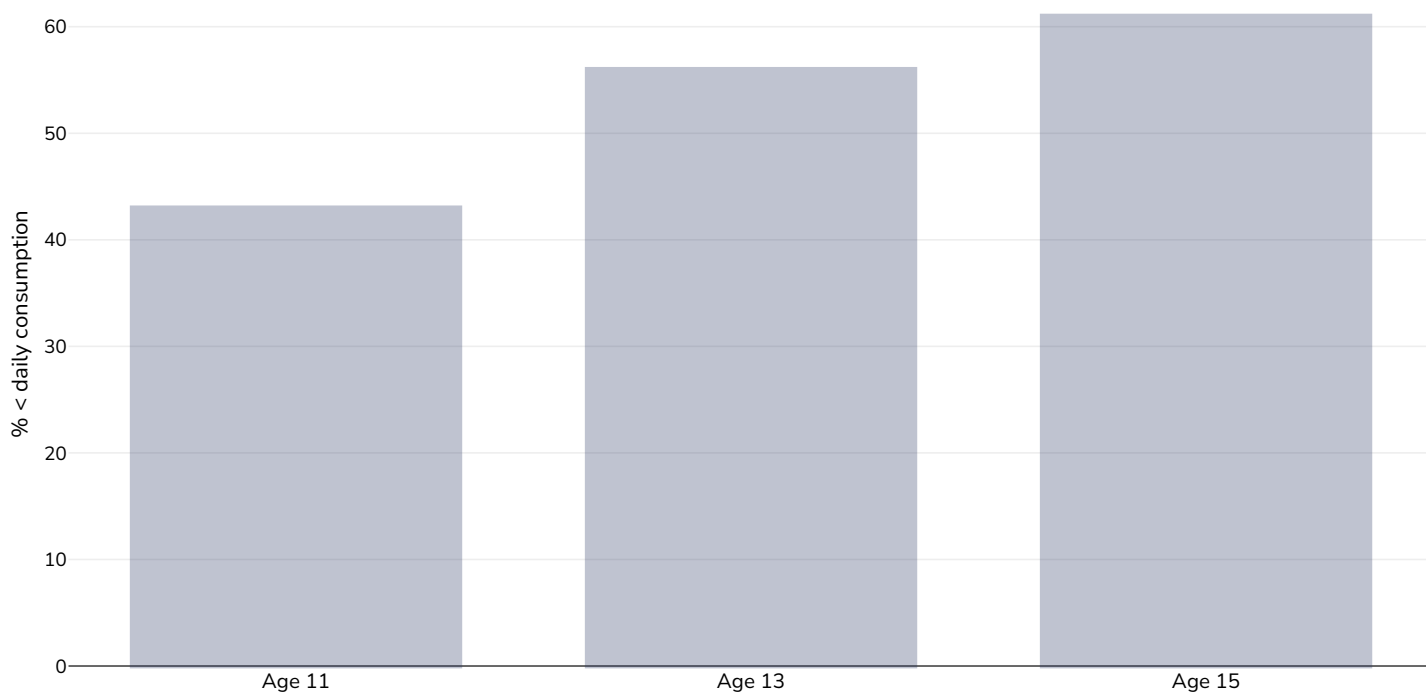
**Survey type:** Self-reported

**Area covered:** National

**References:** Rakic JG, Hamrik Z, Dzielska A, Felder-Puig R, Oja L, Bakalár P et al. A focus on adolescent physical activity, eating behaviours, weight status and body image in Europe, central Asia and Canada. Health Behaviour in School-aged Children international report from the 2021/2022 survey. Volume 4. Copenhagen: WHO Regional Office for Europe; 2024. Licence: CC BY-NC-SA 3.0 IGO

**Definitions:** Proportion who reported eating fruit less than daily

## Girls, 2021-2022



**Survey type:** Self-reported

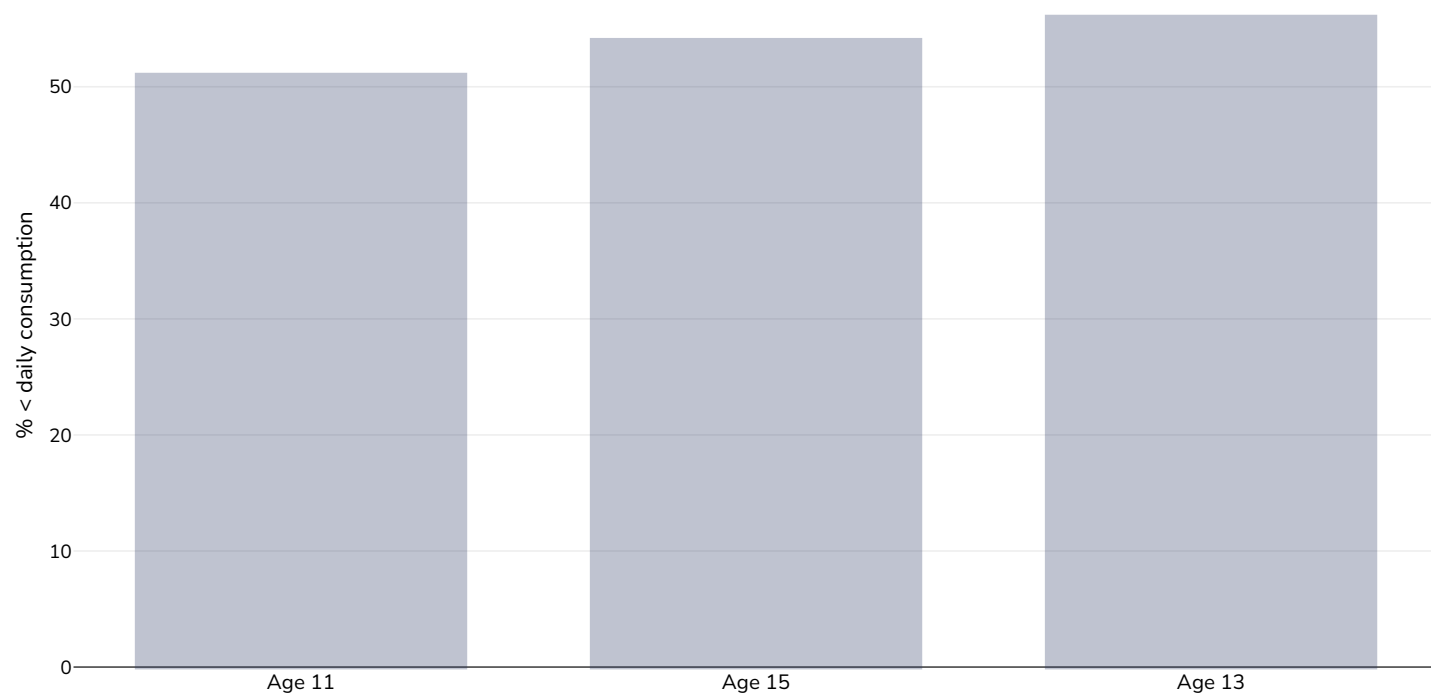
**Area covered:** National

**References:** Rakic JG, Hamrik Z, Dzielska A, Felder-Puig R, Oja L, Bakalár P et al. A focus on adolescent physical activity, eating behaviours, weight status and body image in Europe, central Asia and Canada. Health Behaviour in School-aged Children international report from the 2021/2022 survey. Volume 4. Copenhagen: WHO Regional Office for Europe; 2024. Licence: CC BY-NC-SA 3.0 IGO

**Definitions:** Proportion who reported eating fruit less than daily

## Prevalence of less than daily vegetable consumption

### Boys, 2021-2022



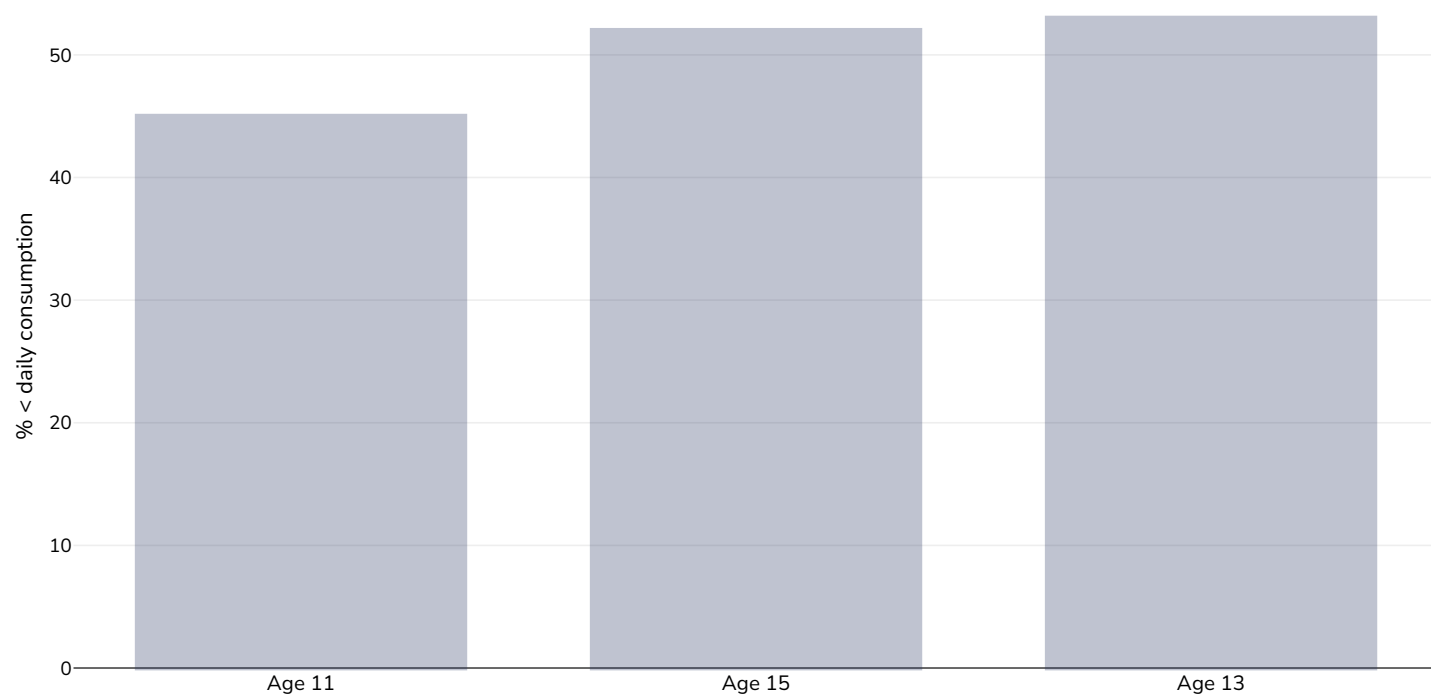
**Survey type:** Self-reported

**Area covered:** National

**References:** Rakic JG, Hamrik Z, Dzielska A, Felder-Puig R, Oja L, Bakalár P et al. A focus on adolescent physical activity, eating behaviours, weight status and body image in Europe, central Asia and Canada. Health Behaviour in School-aged Children international report from the 2021/2022 survey. Volume 4. Copenhagen: WHO Regional Office for Europe; 2024. Licence: CC BY-NC-SA 3.0 IGO

**Definitions:** Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)

## Girls, 2021-2022



**Survey type:** Self-reported

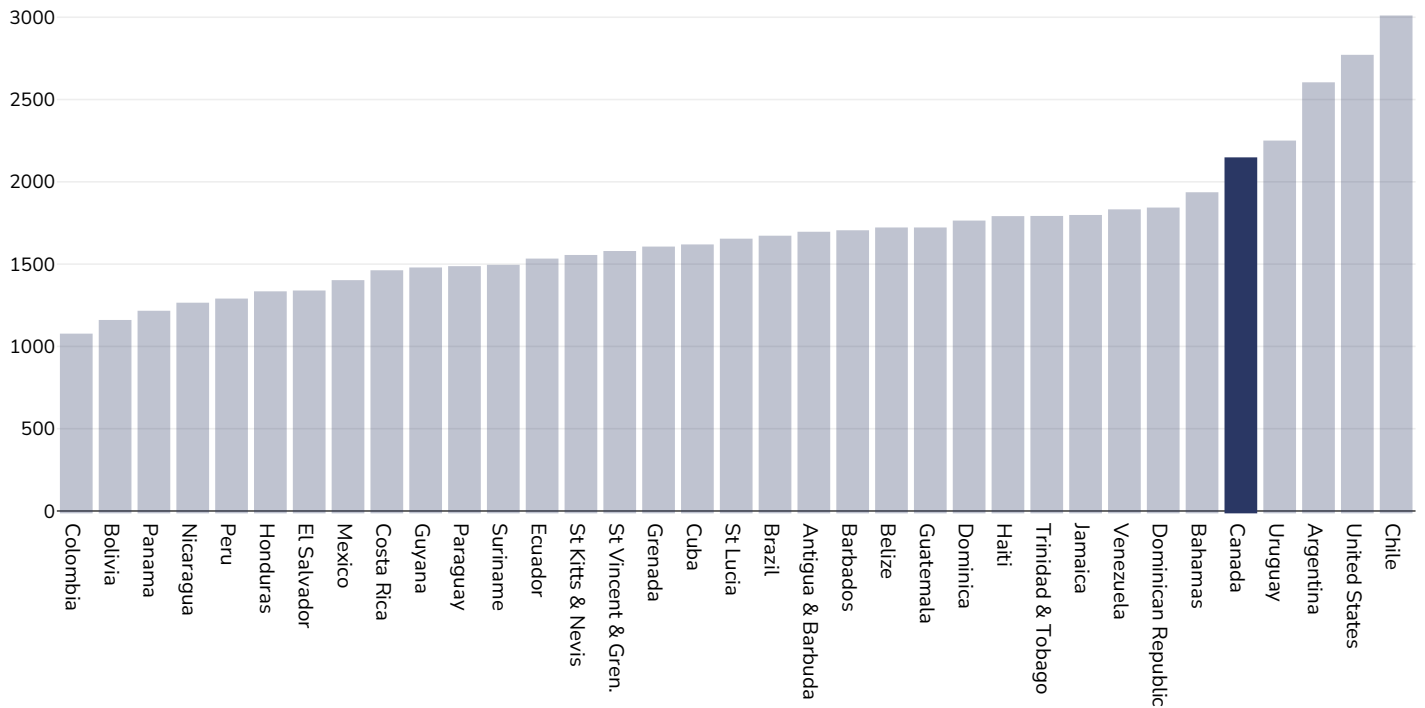
**Area covered:** National

**References:** Rakic JG, Hamrik Z, Dzielska A, Felder-Puig R, Oja L, Bakalár P et al. A focus on adolescent physical activity, eating behaviours, weight status and body image in Europe, central Asia and Canada. Health Behaviour in School-aged Children international report from the 2021/2022 survey. Volume 4. Copenhagen: WHO Regional Office for Europe; 2024. Licence: CC BY-NC-SA 3.0 IGO

**Definitions:** Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)

## Mental health - depression disorders

### Children, 2023

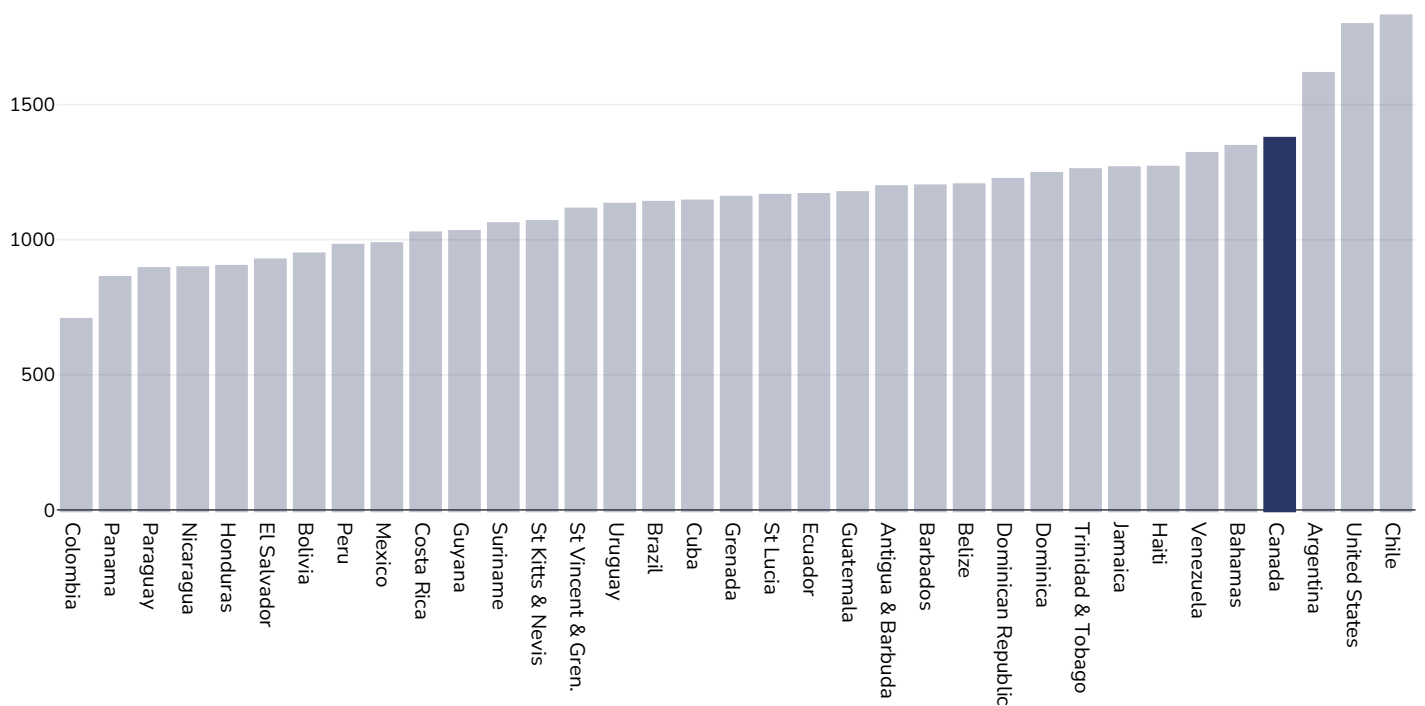


Area covered: National

References: Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from <https://vizhub.healthdata.org/gbd-compare/> [Accessed 17.03.26]

Definitions: Estimated number living with depressive disorders per 100,000 population (under 20 years of age)

## Boys, 2023



Area covered:

National

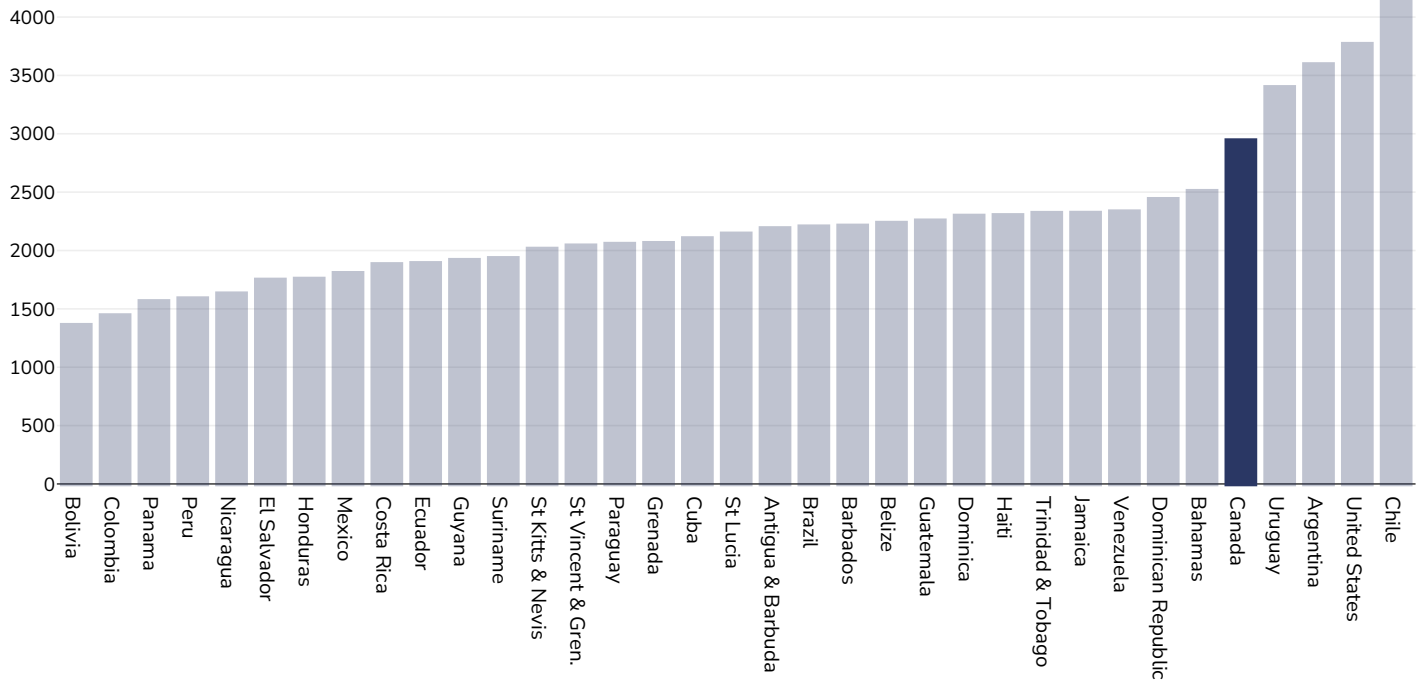
References:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from <https://vizhub.healthdata.org/gbd-compare/> [Accessed 17.03.26]

Definitions:

Estimated number living with depressive disorders per 100,000 population (under 20 years of age)

## Girls, 2023



Area covered:

National

References:

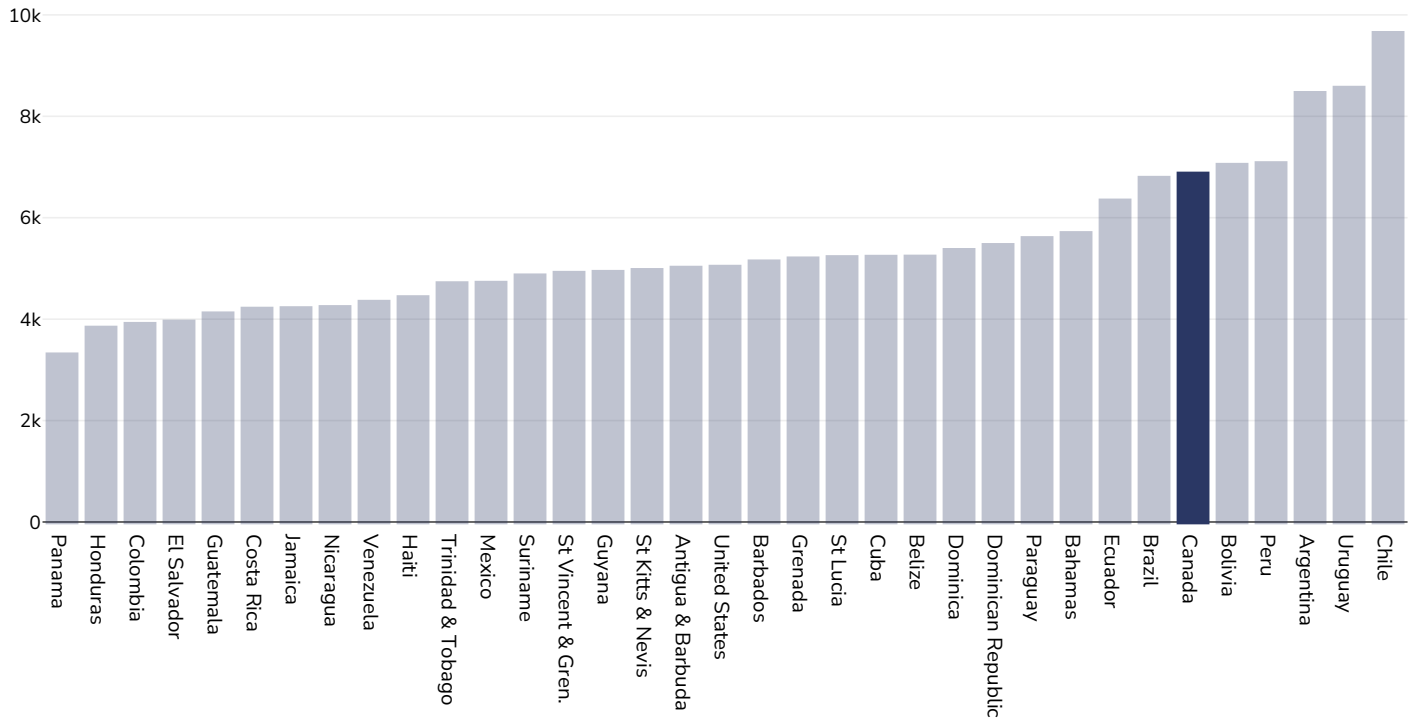
Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from <https://vizhub.healthdata.org/gbd-compare/> [Accessed 17.03.26]

Definitions:

Estimated number living with depressive disorders per 100,000 population (under 20 years of age)

## Mental health - anxiety disorders

### Children, 2023



Area covered:

National

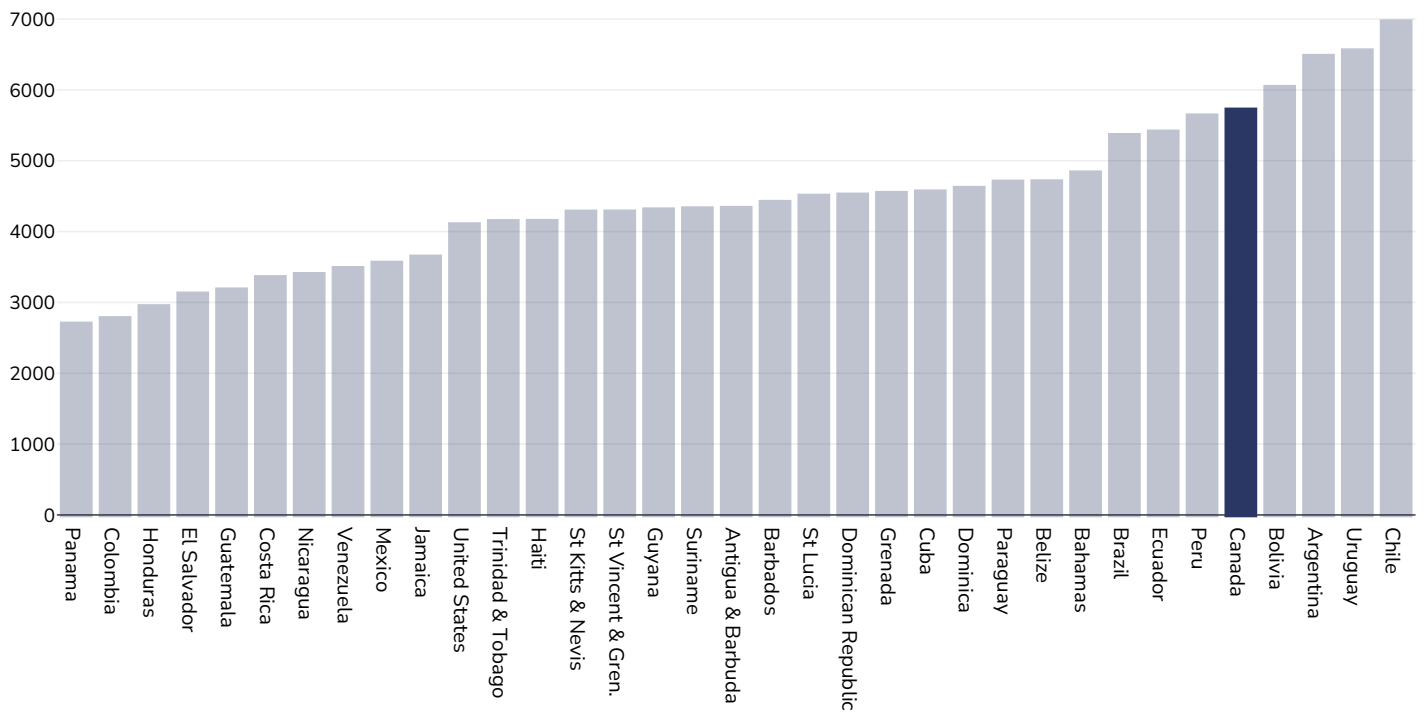
References:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from <https://vizhub.healthdata.org/gbd-compare/> [Accessed 17.03.26]

Definitions:

Estimated number living with anxiety disorders per 100,000 population (under 20 years of age)

## Boys, 2023



Area covered:

National

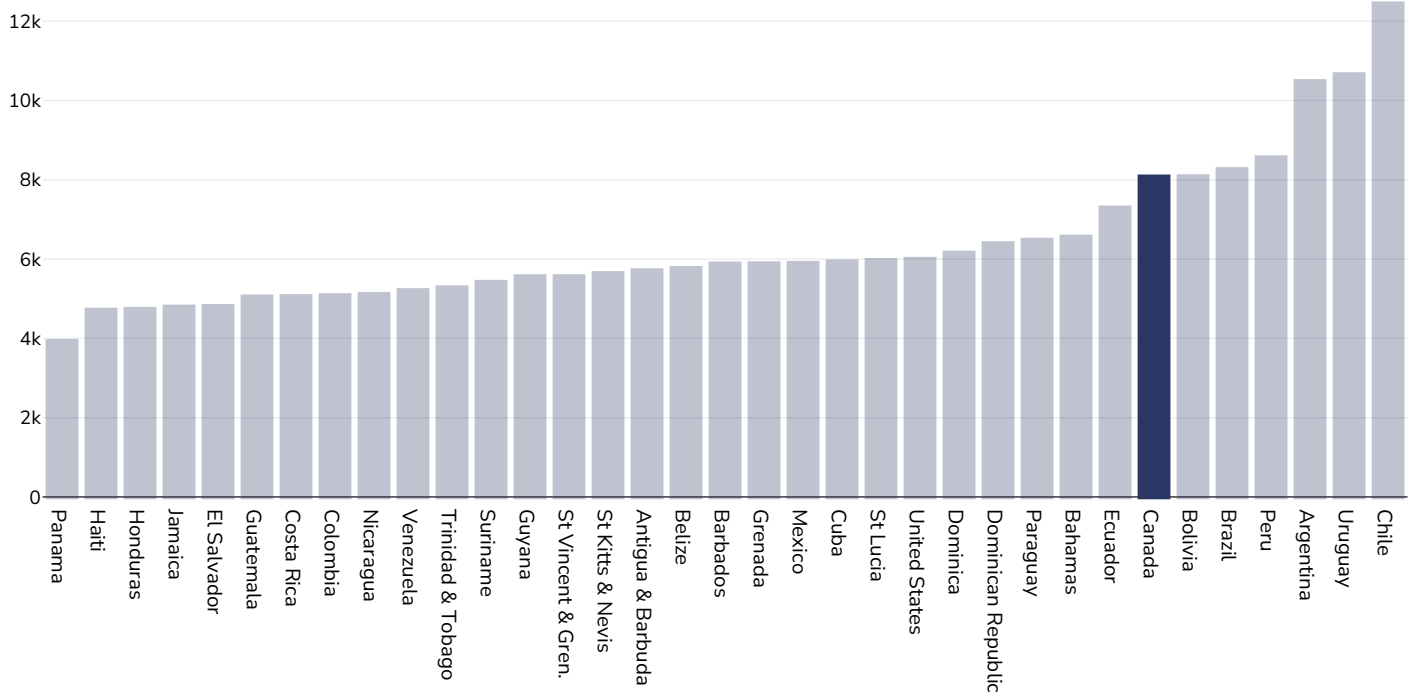
References:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from <https://vizhub.healthdata.org/gbd-compare/> [Accessed 17.03.26]

Definitions:

Estimated number living with anxiety disorders per 100,000 population (under 20 years of age)

## Girls, 2023



Area covered:

National

References:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from <https://vizhub.healthdata.org/gbd-compare/> [Accessed 17.03.26]

Definitions:

Estimated number living with anxiety disorders per 100,000 population (under 20 years of age)

PDF created on May 15, 2026