



# Canada



## Country report card - adults

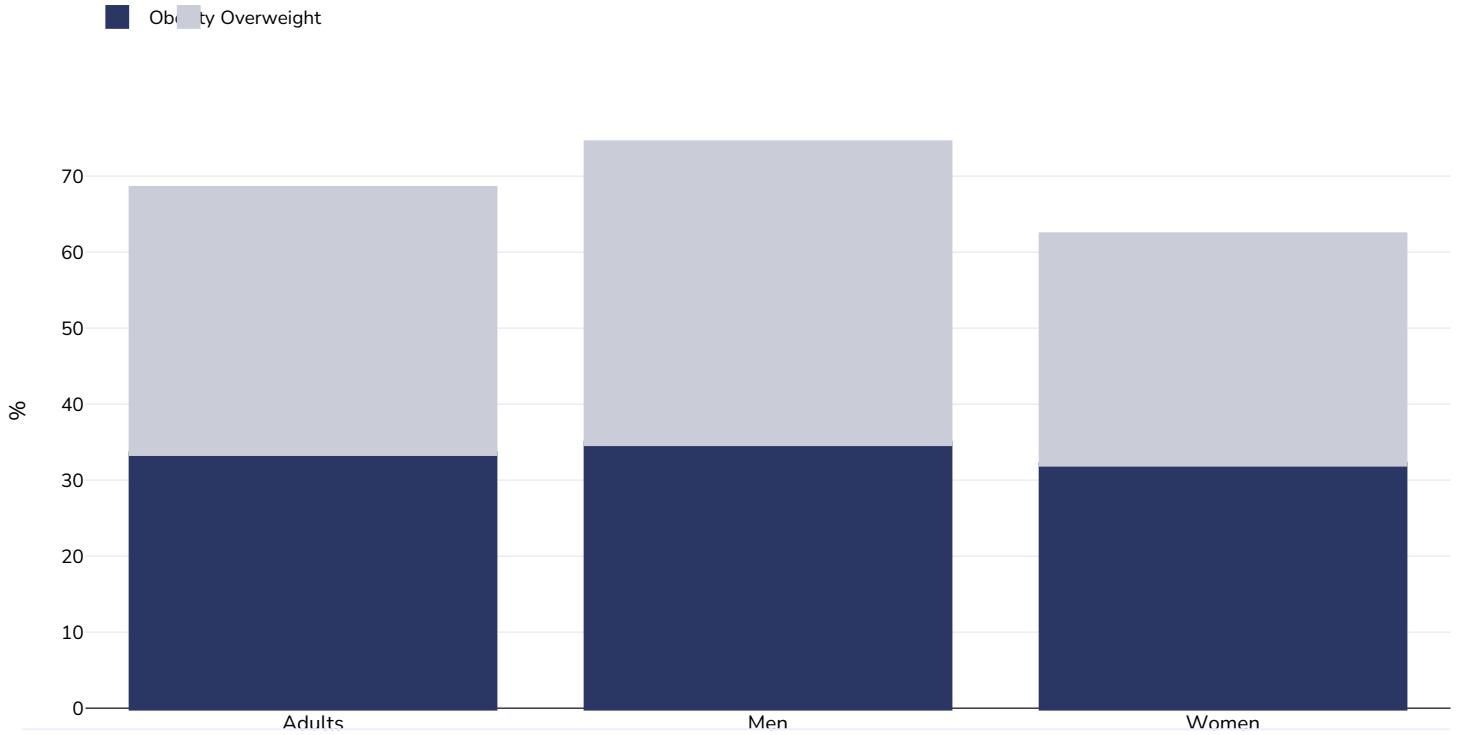
*This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for adults. Where available, data on common and relevant obesity drivers and comorbidities are also presented.*

*View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/canada-36/>*

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## Obesity prevalence

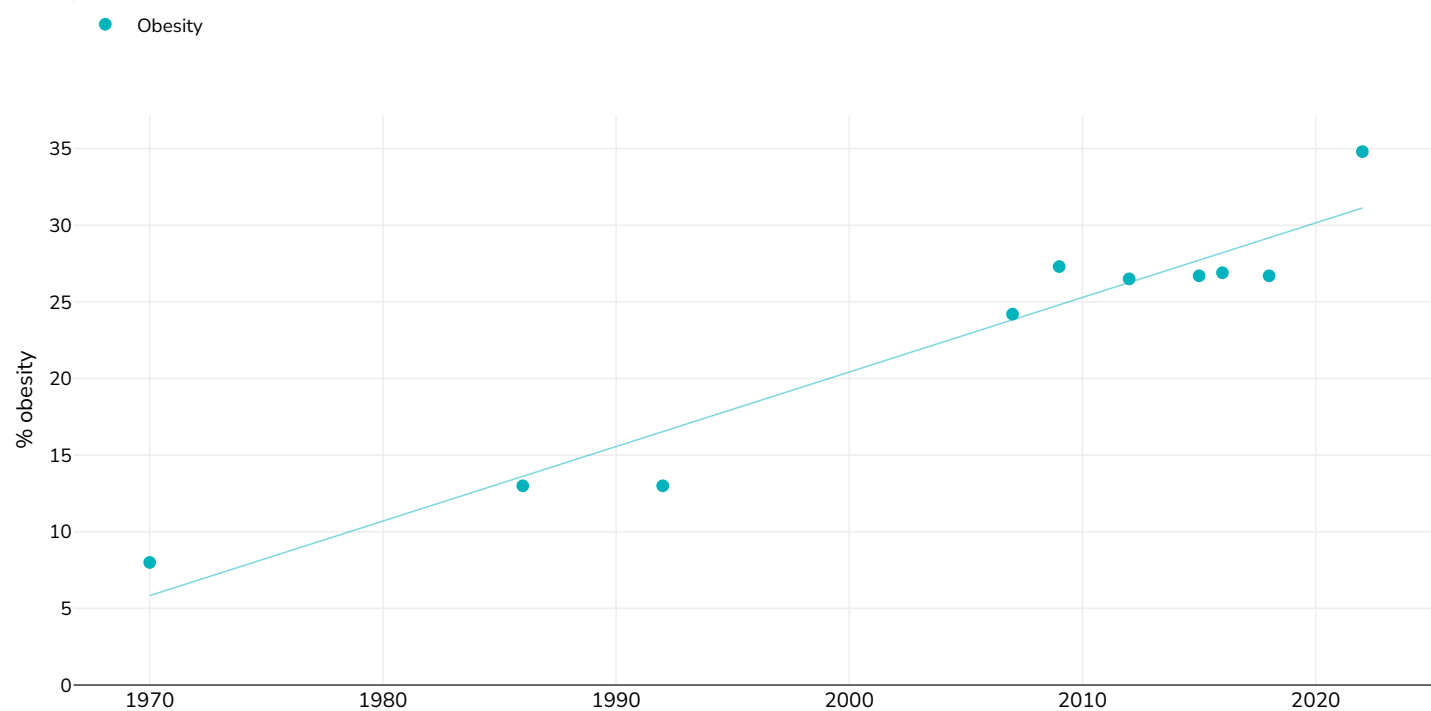
### Adults, 2022-2024



Survey type:	Measured
Age:	18-79
Sample size:	~5700
Area covered:	National
References:	Statistics Canada. Table 13-10-0373-01 Overweight and obesity based on measured body mass index, by age group and sex <a href="https://doi.org/10.25318/1310037301-eng">https://doi.org/10.25318/1310037301-eng</a> [Accessed 06.10.25]
Notes:	Canadian Health Measures Survey (CHMS) Cycle 7. Sample size listed includes adults and children <i>Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.</i>

## % Adults living with obesity in Canada 1970-2024

### Men



Survey type:

Measured

References:

- 1970, 1992: Belanger-Ducharme F, Tremblay A. Prevalence of obesity in Canada. *Obesity Reviews* 2005;6:183-186
- 1986: Macdonald SM, Reeder BA, Chen Y, Despres JP. Obesity in Canada: a descriptive analysis. *Can Med Assoc.* 1997;157(Suppl 1):S3-S9
- 2007: Canadian Health Measures Survey (CHMS) 2009. Available from: <https://doi.org/10.25318/1310037301-eng> [Accessed 25 May 2023].
- 2009: Canadian Health Measures Survey (CHMS) 2011. Available from: <https://doi.org/10.25318/1310037301-eng> [Accessed 25 May 2023].
- 2012: Canadian Health Measures Survey (CHMS) 2013. Available from: <https://doi.org/10.25318/1310037301-eng> [Accessed 25 May 2023].
- 2015: Canadian Health Measures Survey (CHMS) 2015. Available from: <https://doi.org/10.25318/1310037301-eng> [Accessed 25 May 2023].
- 2016: Canadian Health Measures Survey (CHMS) 2017. Available from: <https://www150.statcan.gc.ca/t1/tbl1/en/tv.action?pid=1310037301&pickMembers%5B0%5D=3.3>. [Accessed 21 February 2019].
- 2018: Canadian Health Measures Survey (CHMS) 2019. Available from: <https://doi.org/10.25318/1310037301-eng> [Accessed 25 May 2023].
- 2022: Statistics Canada. Table 13-10-0373-01 Overweight and obesity based on measured body mass index, by age group and sex <https://doi.org/10.25318/1310037301-eng> [Accessed 06.10.25]

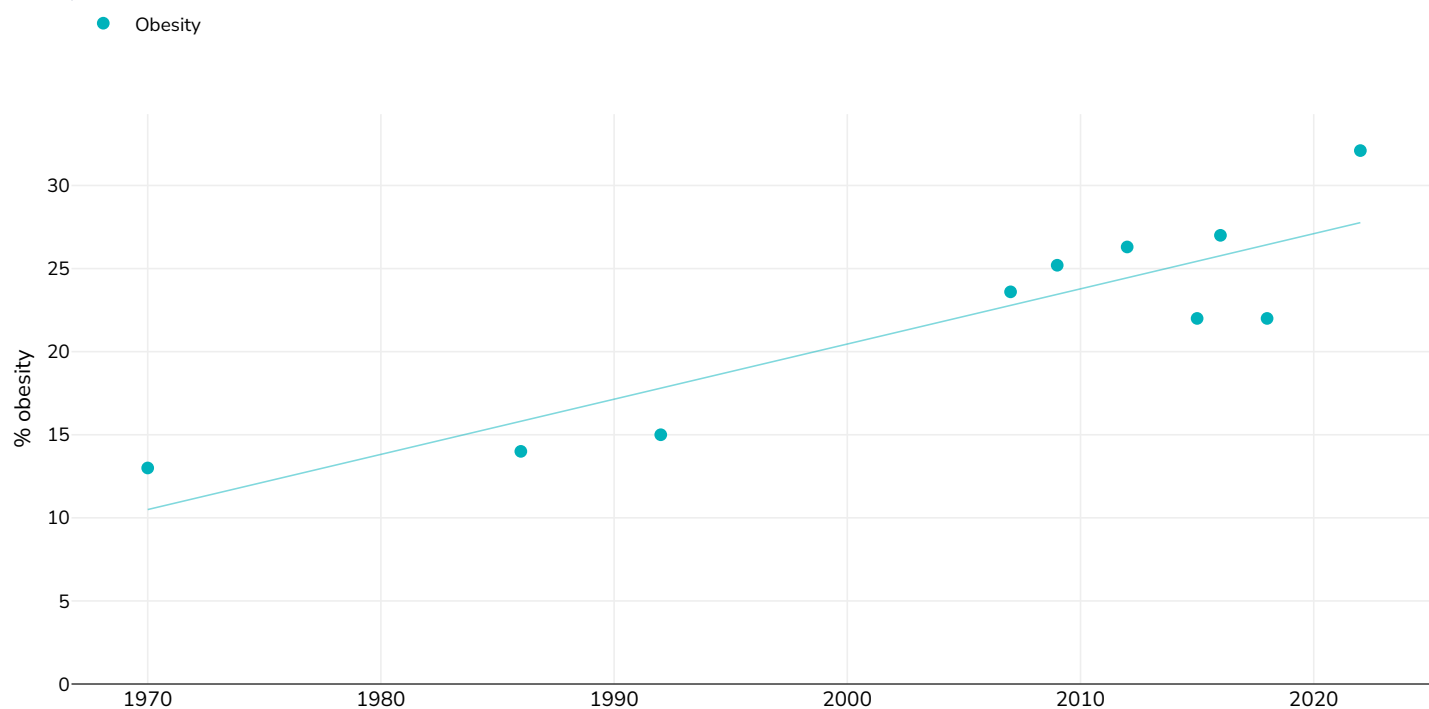
Notes:

Data from Canadian Health Measures Survey (CHMS) typically collected over a two year reference period. 2007 refers to 2007-09; 2009, 2009-11; 2012, 2012-13; 2016, 2016-17; 2018, 2018-19; and 2022, 2022-24

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.*

*Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.*

## Women



Survey type: Measured

References:

1970, 1992: Belanger-Ducharme F, Tremblay A. Prevalence of obesity in Canada. *Obesity Reviews* 2005;6:183-186

1986: Macdonald SM, Reeder BA, Chen Y, Despres JP. Obesity in Canada: a descriptive analysis. *Can Med Assoc.* 1997;157(Suppl 1):S3-S9

2007: Canadian Health Measures Survey (CHMS) 2009. Available from: <https://doi.org/10.25318/1310037301-eng> [Accessed 25 May 2023].

2009: Canadian Health Measures Survey (CHMS) 2011. Available from: <https://doi.org/10.25318/1310037301-eng> [Accessed 25 May 2023].

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2015: Canadian Health Measures Survey (CHMS) 2015. Available from: <https://doi.org/10.25318/1310037301-eng> [Accessed 25 May 2023].

2016: Canadian Health Measures Survey (CHMS) 2017. Available from: <https://www150.statcan.gc.ca/t1/tbl1/en/tv.action?pid=1310037301&pickMembers%5B0%5D=3.3>. [Accessed 21 February 2019].

2018: Canadian Health Measures Survey (CHMS) 2019. Available from: <https://doi.org/10.25318/1310037301-eng> [Accessed 25 May 2023].

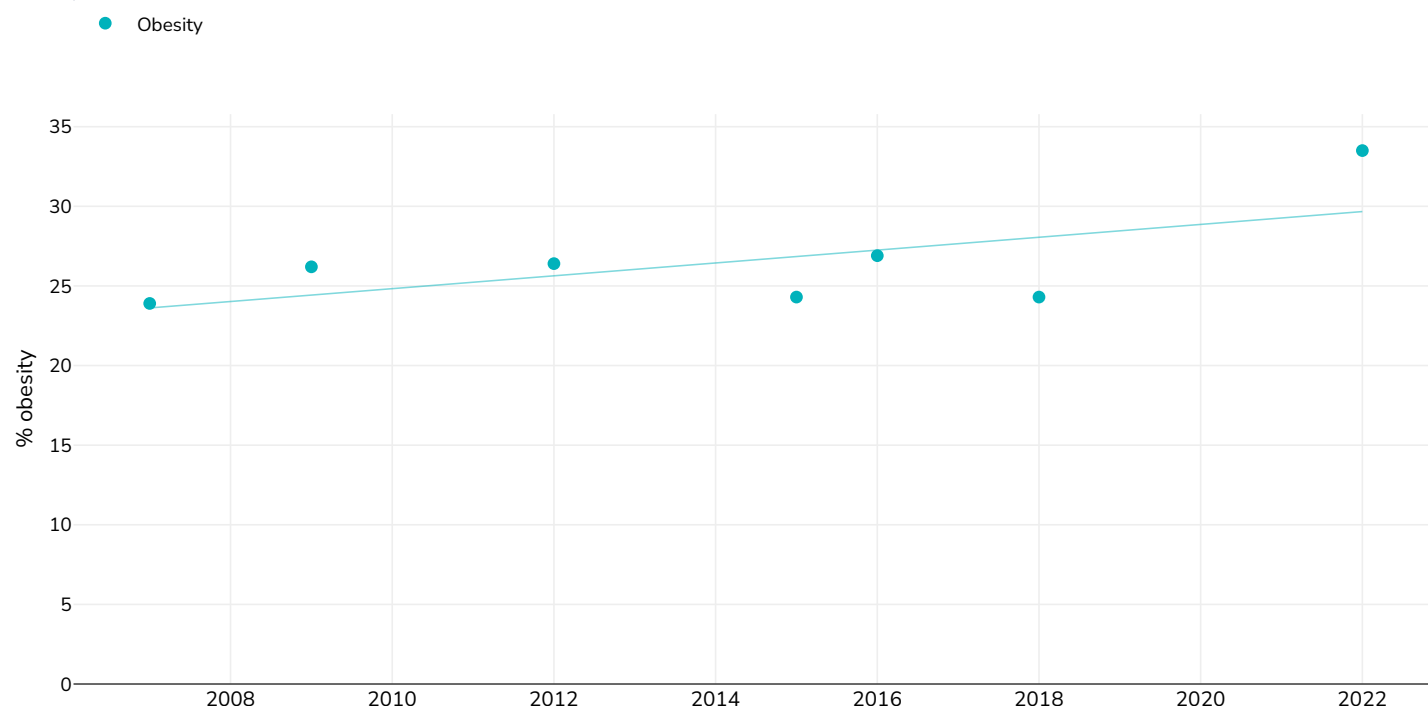
2022: Statistics Canada. Table 13-10-0373-01 Overweight and obesity based on measured body mass index, by age group and sex <https://doi.org/10.25318/1310037301-eng> [Accessed 06.10.25]

Notes: Data from Canadian Health Measures Survey (CHMS) typically collected over a two year reference period. 2007 refers to 2007-09; 2009, 2009-11; 2012, 2012-13; 2016, 2016-17; 2018, 2018-19; and 2022, 2022-24

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*Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.*

## Men and women



**Survey type:** Measured

**References:**

1970, 1992: Belanger-Ducharme F, Tremblay A. Prevalence of obesity in Canada. *Obesity Reviews* 2005;6:183-186

1986: Macdonald SM, Reeder BA, Chen Y, Despres JP. Obesity in Canada: a descriptive analysis. *Can Med Assoc.* 1997;157(Suppl 1):S3-S9

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2015: Canadian Health Measures Survey (CHMS) 2015. Available from: <https://doi.org/10.25318/1310037301-eng> [Accessed 25 May 2023].

2016: Canadian Health Measures Survey (CHMS) 2017. Available from: <https://www150.statcan.gc.ca/t1/tbl1/en/tv.action?pid=1310037301&pickMembers%5B0%5D=3.3>. [Accessed 21 February 2019].

2018: Canadian Health Measures Survey (CHMS) 2019. Available from: <https://doi.org/10.25318/1310037301-eng> [Accessed 25 May 2023].

2022: Statistics Canada. Table 13-10-0373-01 Overweight and obesity based on measured body mass index, by age group and sex <https://doi.org/10.25318/1310037301-eng> [Accessed 06.10.25]

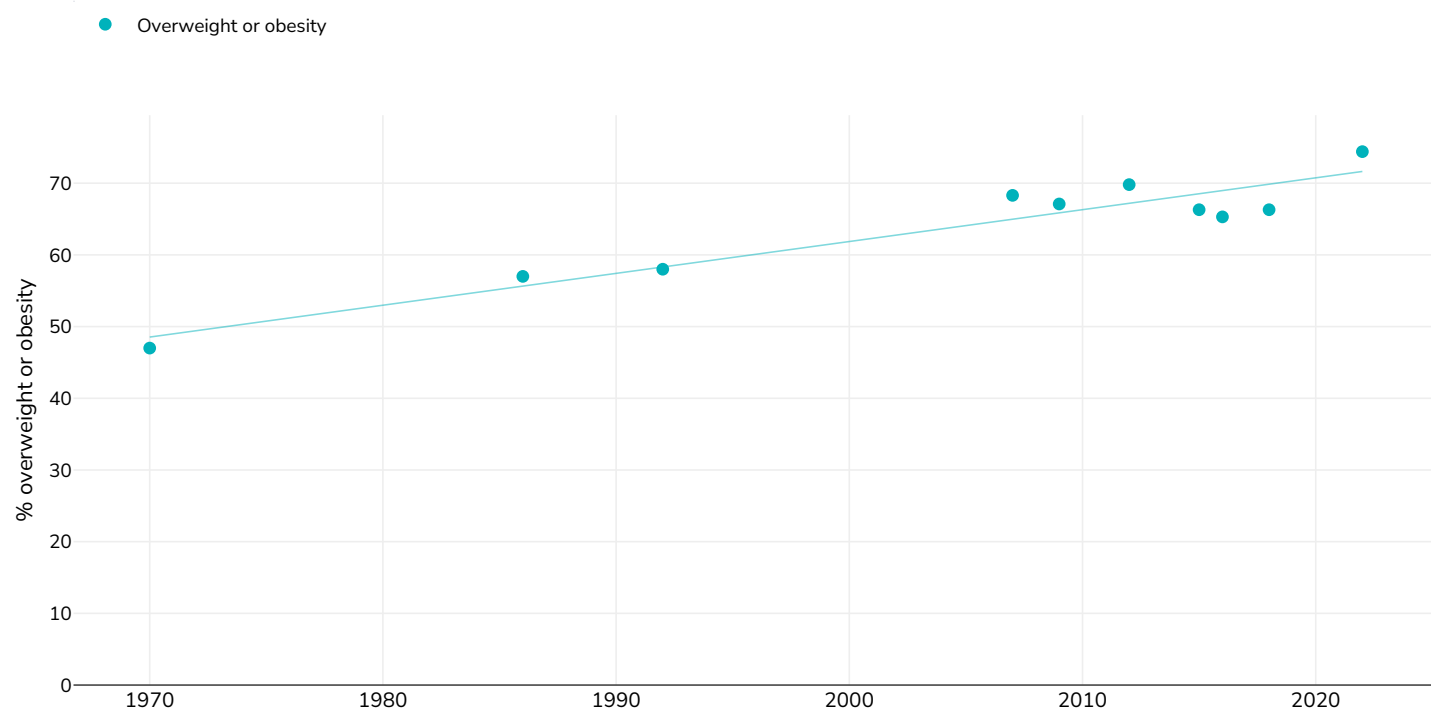
**Notes:** Data from Canadian Health Measures Survey (CHMS) typically collected over a two year reference period. 2007 refers to 2007-09; 2009, 2009-11; 2012, 2012-13; 2016, 2016-17; 2018, 2018-19; and 2022, 2022-24

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*Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.*

## % Adults living with overweight or obesity in Canada 1970-2024

### Men



Survey type:

Measured

References:

- 1970, 1992: Belanger-Ducharme F, Tremblay A. Prevalence of obesity in Canada. *Obesity Reviews* 2005;6:183-186
- 1986: Macdonald SM, Reeder BA, Chen Y, Despres JP. Obesity in Canada: a descriptive analysis. *Can Med Assoc.* 1997;157(Suppl 1):S3-S9
- 2007: Canadian Health Measures Survey (CHMS) 2009. Available from: <https://doi.org/10.25318/1310037301-eng> [Accessed 25 May 2023].
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- 2012: Canadian Health Measures Survey (CHMS) 2013. Available from: <https://doi.org/10.25318/1310037301-eng> [Accessed 25 May 2023].
- 2015: Canadian Health Measures Survey (CHMS) 2015. Available from: <https://doi.org/10.25318/1310037301-eng> [Accessed 25 May 2023].
- 2016: Canadian Health Measures Survey (CHMS) 2017. Available from: <https://www150.statcan.gc.ca/t1/tbl1/en/tv.action?pid=1310037301&pickMembers%5B0%5D=3.3>. [Accessed 21 February 2019].
- 2018: Canadian Health Measures Survey (CHMS) 2019. Available from: <https://doi.org/10.25318/1310037301-eng> [Accessed 25 May 2023].
- 2022: Statistics Canada. Table 13-10-0373-01 Overweight and obesity based on measured body mass index, by age group and sex <https://doi.org/10.25318/1310037301-eng> [Accessed 06.10.25]

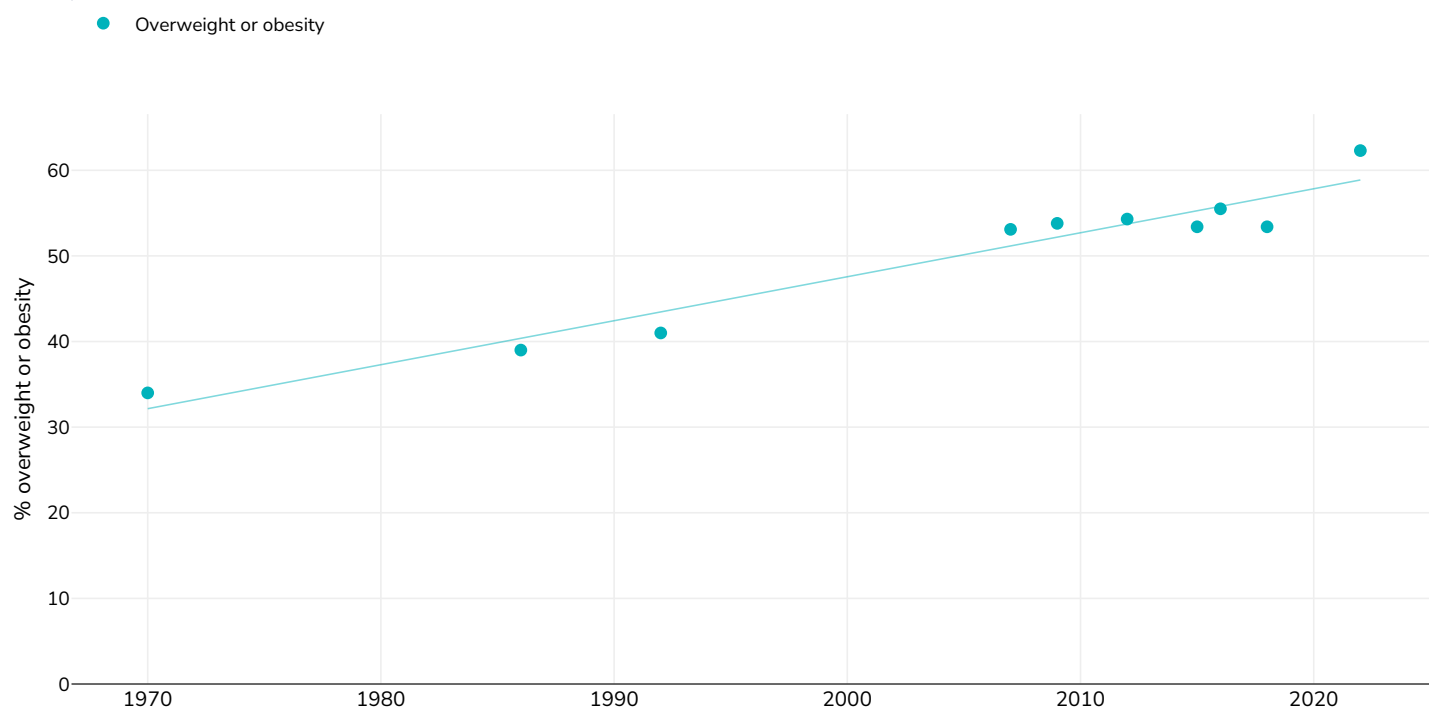
Notes:

Data from Canadian Health Measures Survey (CHMS) typically collected over a two year reference period. 2007 refers to 2007-09; 2009, 2009-11; 2012, 2012-13; 2016, 2016-17; 2018, 2018-19; and 2022, 2022-24

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*Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.*

## Women



Survey type: Measured

References:

1970, 1992: Belanger-Ducharme F, Tremblay A. Prevalence of obesity in Canada. *Obesity Reviews* 2005;6:183-186

1986: Macdonald SM, Reeder BA, Chen Y, Despres JP. Obesity in Canada: a descriptive analysis. *Can Med Assoc.* 1997;157(Suppl 1):S3-S9

2007: Canadian Health Measures Survey (CHMS) 2009. Available from: <https://doi.org/10.25318/1310037301-eng> [Accessed 25 May 2023].

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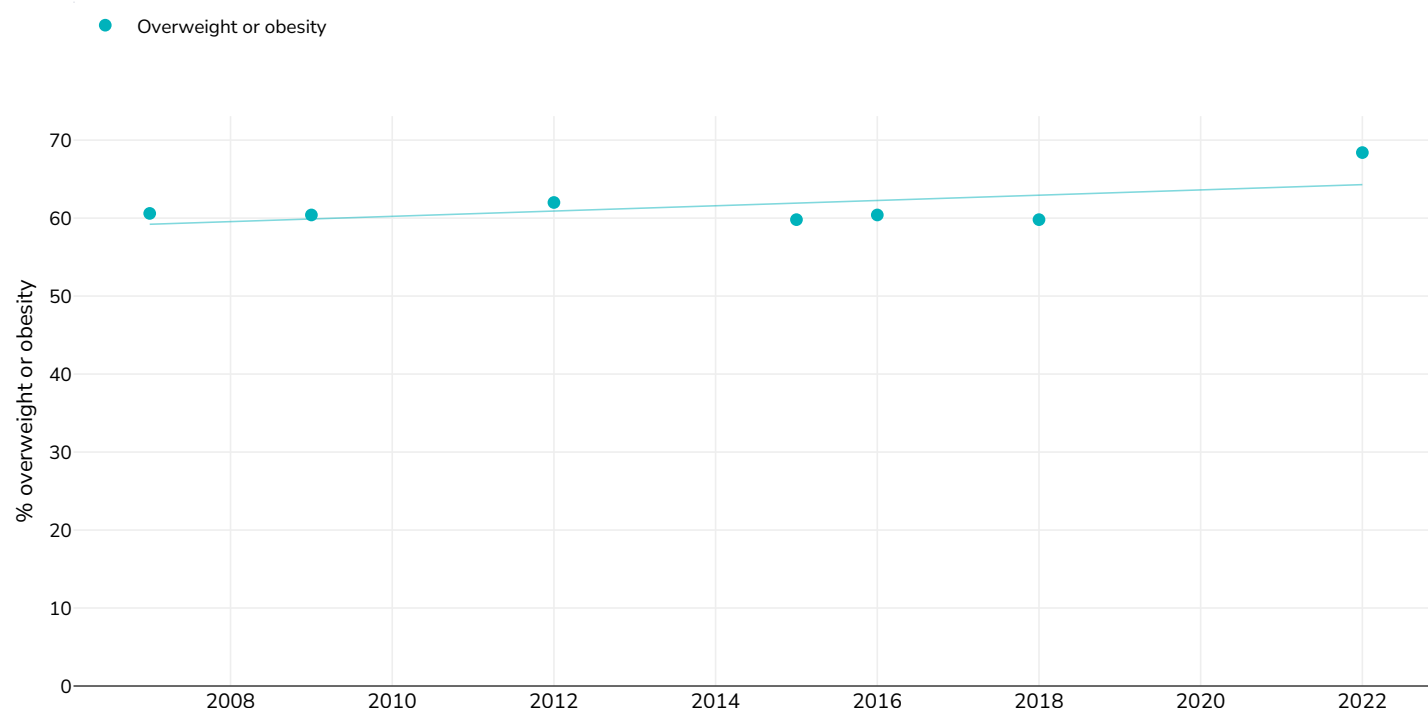
2022: Statistics Canada. Table 13-10-0373-01 Overweight and obesity based on measured body mass index, by age group and sex <https://doi.org/10.25318/1310037301-eng> [Accessed 06.10.25]

Notes: Data from Canadian Health Measures Survey (CHMS) typically collected over a two year reference period. 2007 refers to 2007-09; 2009, 2009-11; 2012, 2012-13; 2016, 2016-17; 2018, 2018-19; and 2022, 2022-24

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*Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.*

## Men and women



**Survey type:** Measured

**References:**

1970, 1992: Belanger-Ducharme F, Tremblay A. Prevalence of obesity in Canada. *Obesity Reviews* 2005;6:183-186

1986: Macdonald SM, Reeder BA, Chen Y, Despres JP. Obesity in Canada: a descriptive analysis. *Can Med Assoc.* 1997;157(Suppl 1):S3-S9

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2016: Canadian Health Measures Survey (CHMS) 2017. Available from: <https://www150.statcan.gc.ca/t1/tbl1/en/tv.action?pid=1310037301&pickMembers%5B0%5D=3.3>. [Accessed 21 February 2019].

2018: Canadian Health Measures Survey (CHMS) 2019. Available from: <https://doi.org/10.25318/1310037301-eng> [Accessed 25 May 2023].

2022: Statistics Canada. Table 13-10-0373-01 Overweight and obesity based on measured body mass index, by age group and sex <https://doi.org/10.25318/1310037301-eng> [Accessed 06.10.25]

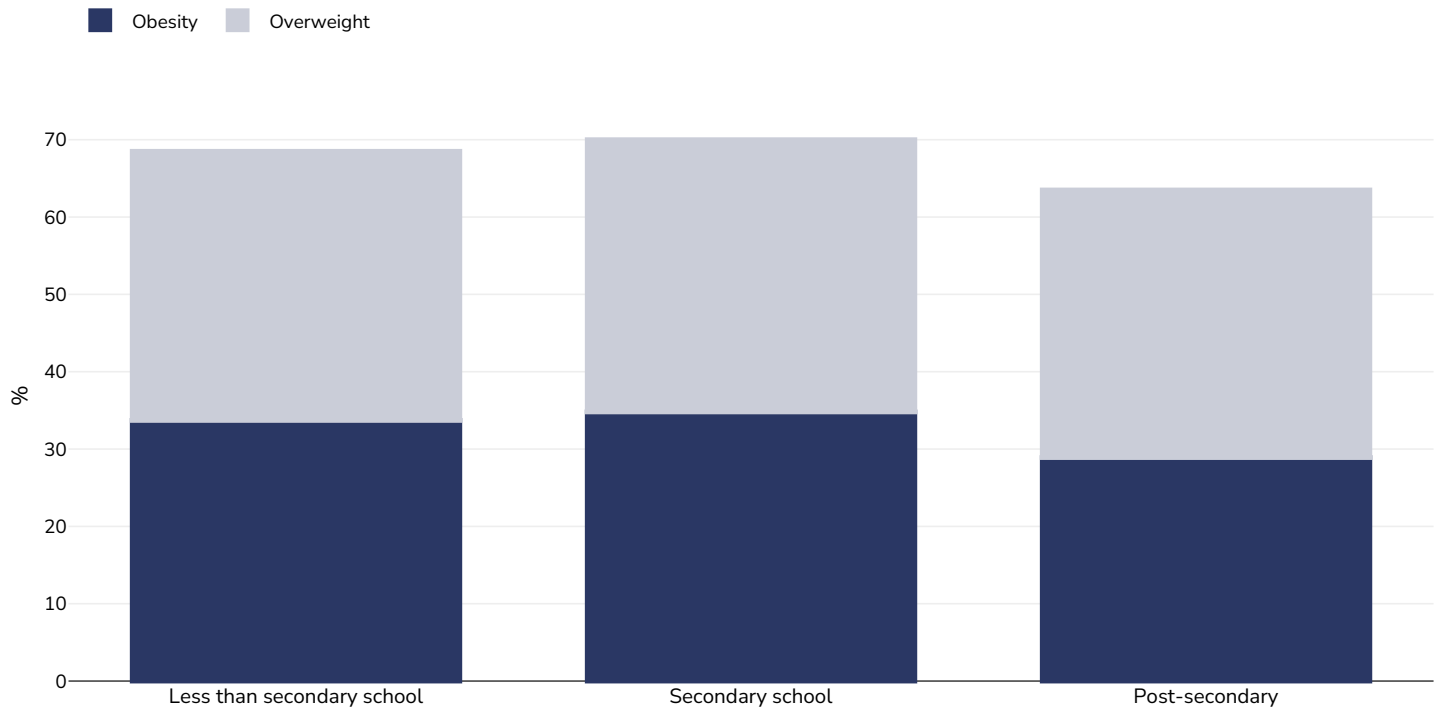
**Notes:** Data from Canadian Health Measures Survey (CHMS) typically collected over a two year reference period. 2007 refers to 2007-09; 2009, 2009-11; 2012, 2012-13; 2016, 2016-17; 2018, 2018-19; and 2022, 2022-24

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.*

*Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.*

## Overweight/obesity by education

Adults, 2022



Survey type: Self-reported

Age: 18+

Area covered: National

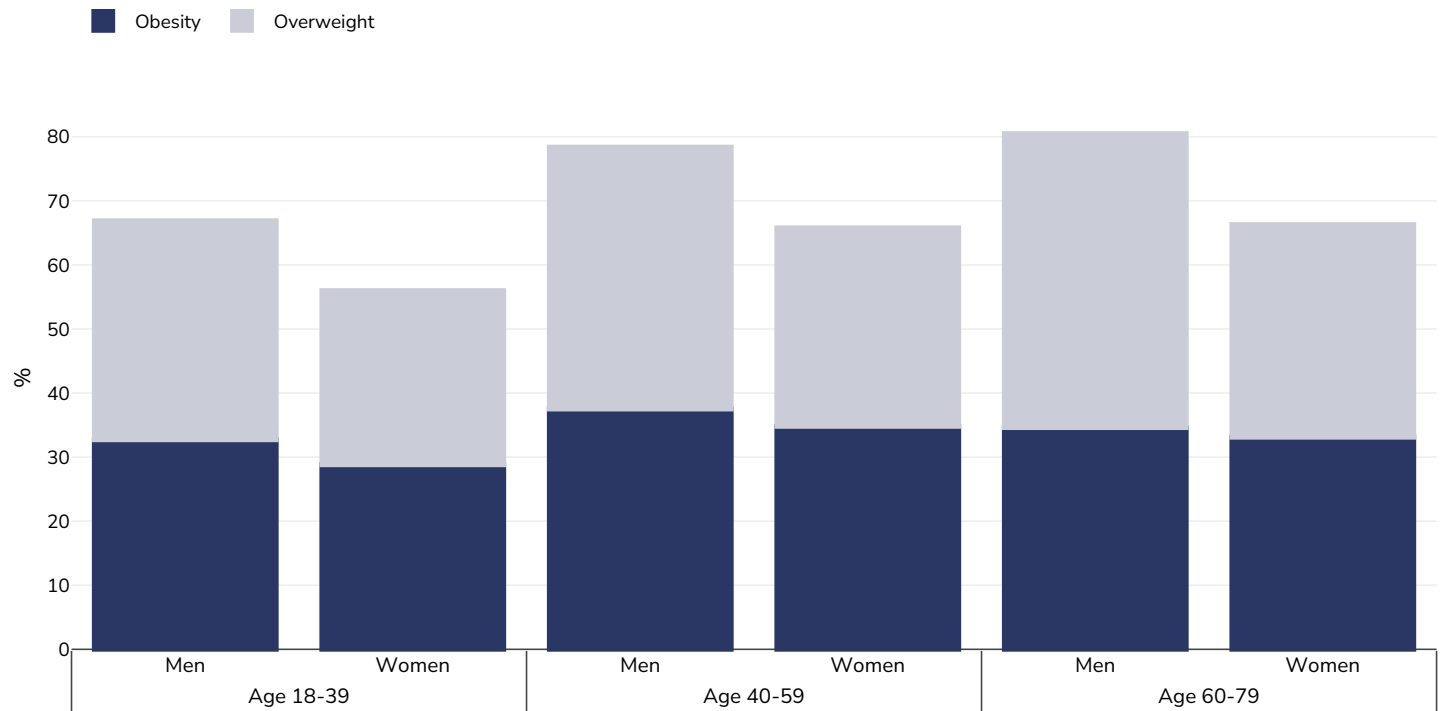
References: Statistics Canada. Table 13-10-0097-01 Health characteristics, annual estimates, by household income quintile and highest level of education, inactive. <https://doi.org/10.25318/1310009701-eng> [Accessed 14.08.25]

Notes: Adjusted to account for self-reported bias using BMI correction equations based on data from the 2005 Canadian Community Health Survey (CCHS) subsample, where both measured and self-reported height and weight were collected. Canada (excluding territories)

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.*

## Overweight/obesity by age

### Adults, 2022-2024



Survey type: Measured

Sample size: ~5700

Area covered: National

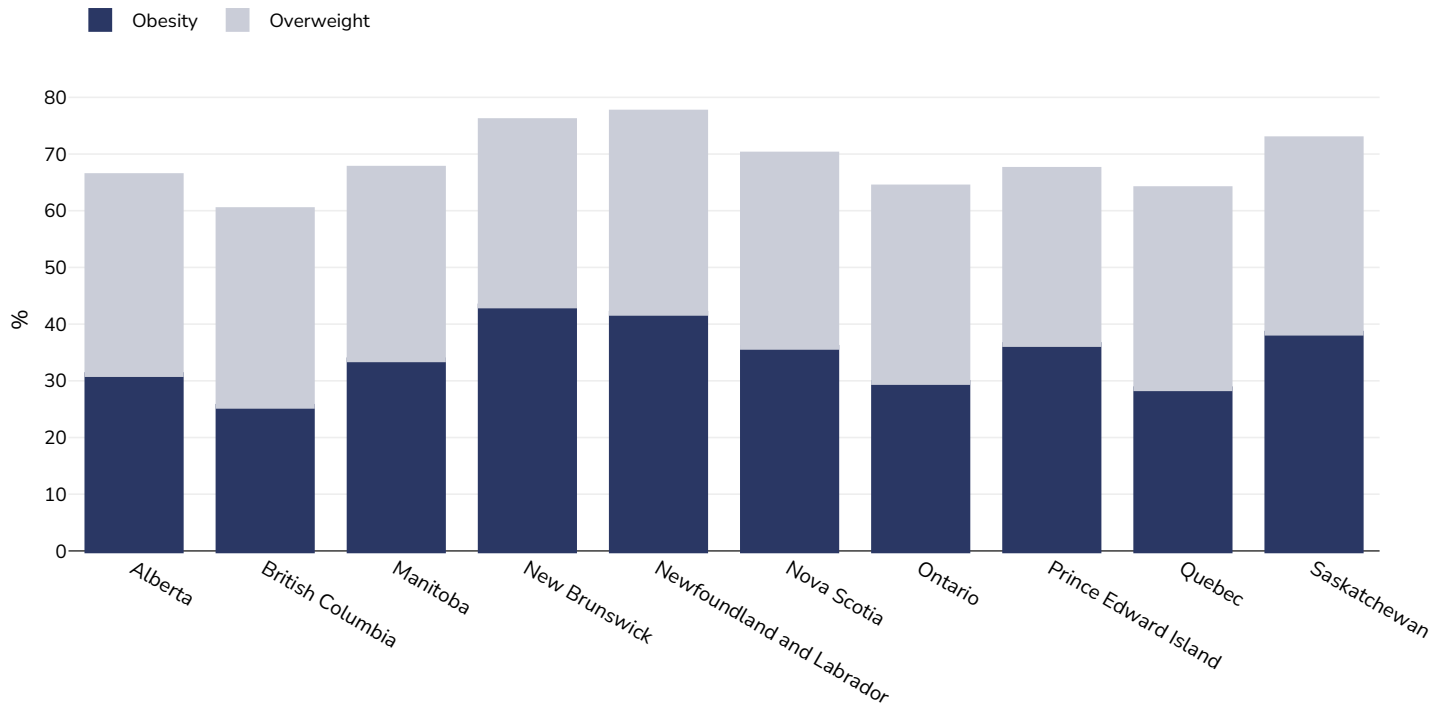
References: Statistics Canada. Table 13-10-0373-01 Overweight and obesity based on measured body mass index, by age group and sex <https://doi.org/10.25318/1310037301-eng> [Accessed 06.10.25]

Notes: Canadian Health Measures Survey (CHMS) Cycle 7. Sample size listed includes adults and children

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.*

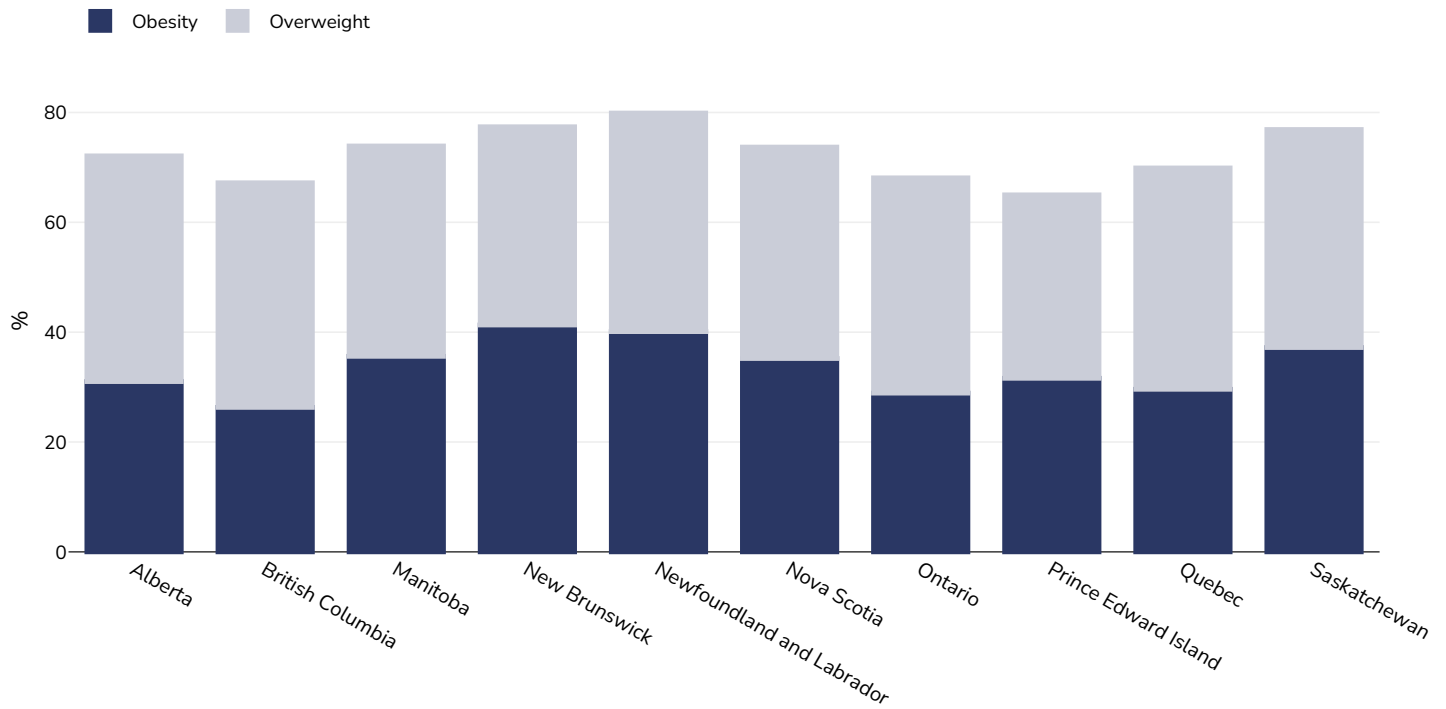
## Overweight/obesity by region

### Adults, 2022



Survey type:	Self-reported
Age:	18+
Sample size:	~65000
Area covered:	National
References:	Statistics Canada. Table 13-10-0096-01 Health characteristics, annual estimates, inactive. Canadian Community Health Survey 2022. <a href="https://doi.org/10.25318/1310009601-eng">https://doi.org/10.25318/1310009601-eng</a> [Accessed 14.08.25]
Notes:	Adjusted to account for self-reported bias using BMI correction equations based on data from the 2005 Canadian Community Health Survey (CCHS) subsample, where both measured and self-reported height and weight were collected. Canada (excluding territories)  <i>Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.</i>

**Men, 2022**



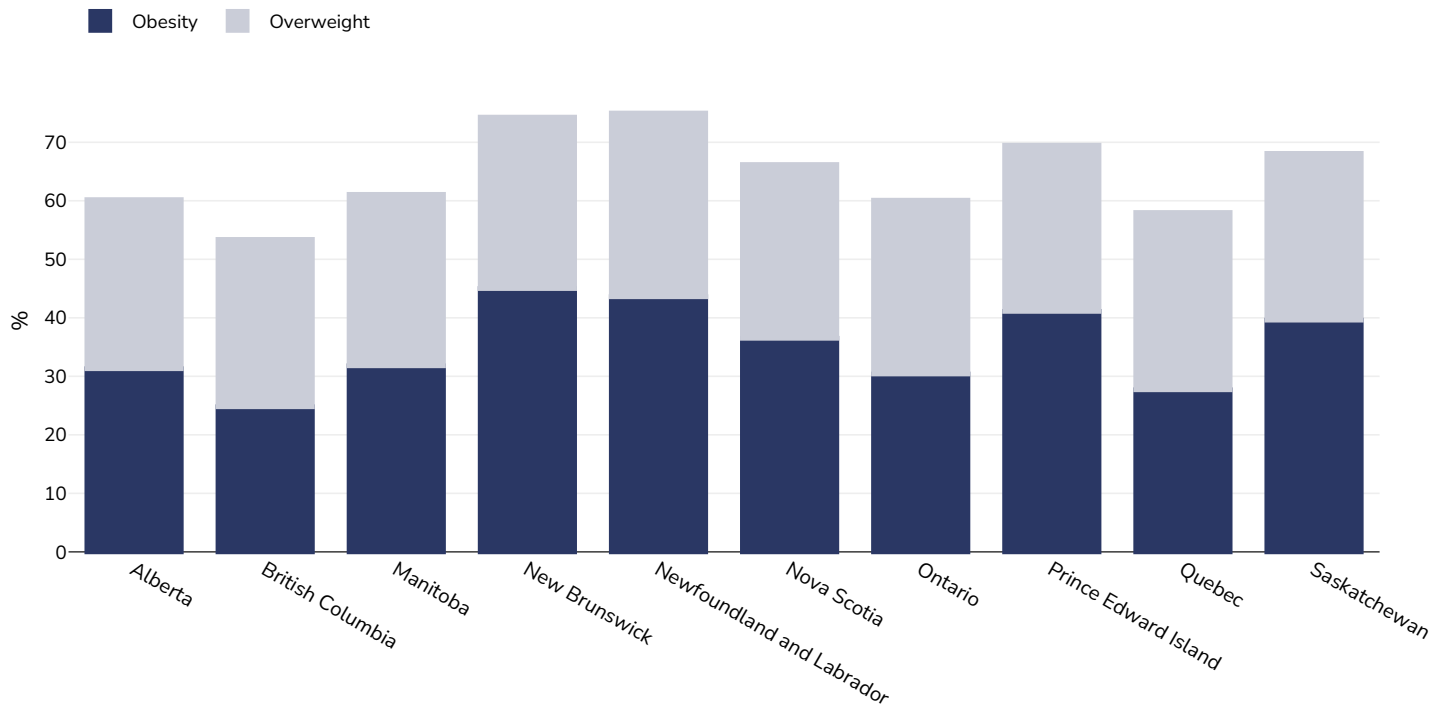
Survey type:	Self-reported
Age:	18+
Sample size:	~65000
Area covered:	National

**References:** Statistics Canada. Table 13-10-0096-01 Health characteristics, annual estimates, inactive. Canadian Community Health Survey 2022. <https://doi.org/10.25318/1310009601-eng> [Accessed 14.08.25]

**Notes:** Adjusted to account for self-reported bias using BMI correction equations based on data from the 2005 Canadian Community Health Survey (CCHS) subsample, where both measured and self-reported height and weight were collected. Canada (excluding territories)

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.*

## Women, 2022



Survey type:	Self-reported
Age:	18+
Sample size:	~65000
Area covered:	National

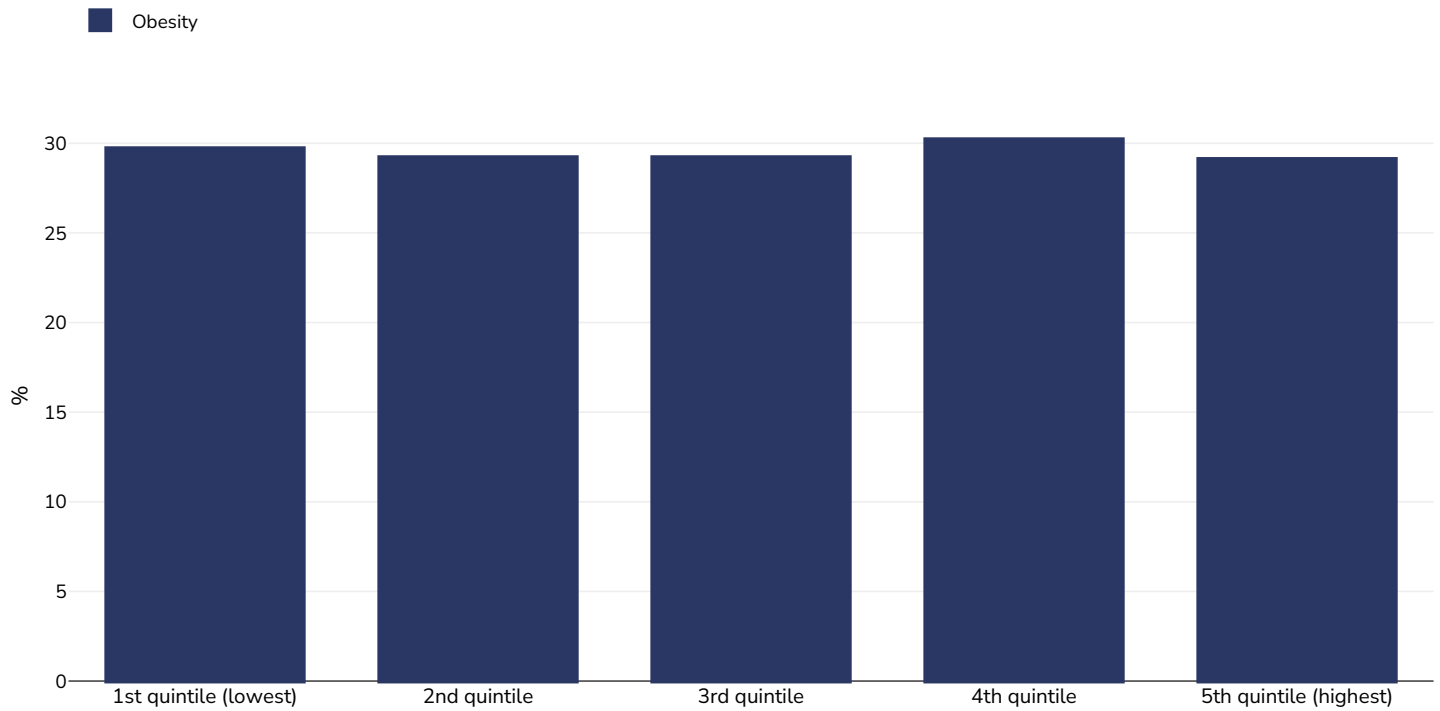
**References:** Statistics Canada. Table 13-10-0096-01 Health characteristics, annual estimates, inactive. Canadian Community Health Survey 2022. <https://doi.org/10.25318/1310009601-eng> [Accessed 14.08.25]

**Notes:** Adjusted to account for self-reported bias using BMI correction equations based on data from the 2005 Canadian Community Health Survey (CCHS) subsample, where both measured and self-reported height and weight were collected. Canada (excluding territories)

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.*

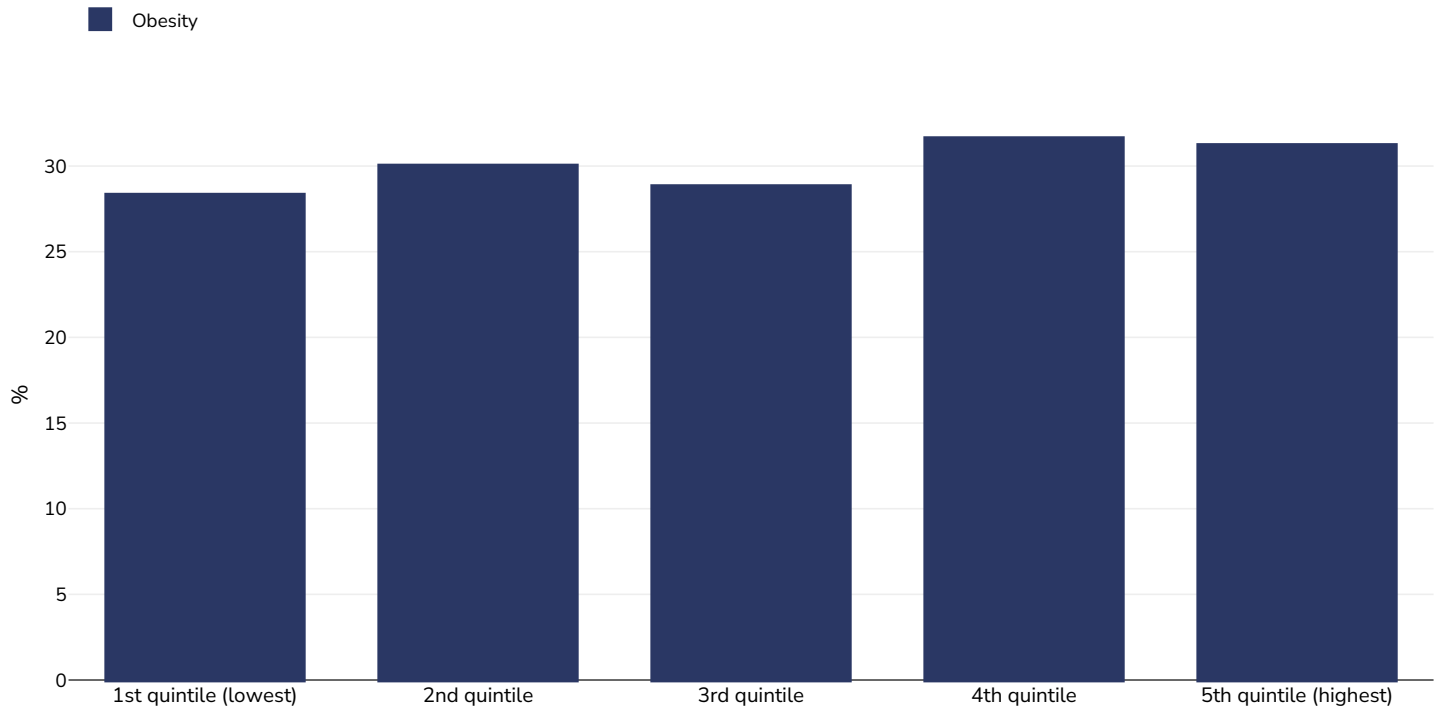
## Overweight/obesity by socio-economic group

### Adults, 2021



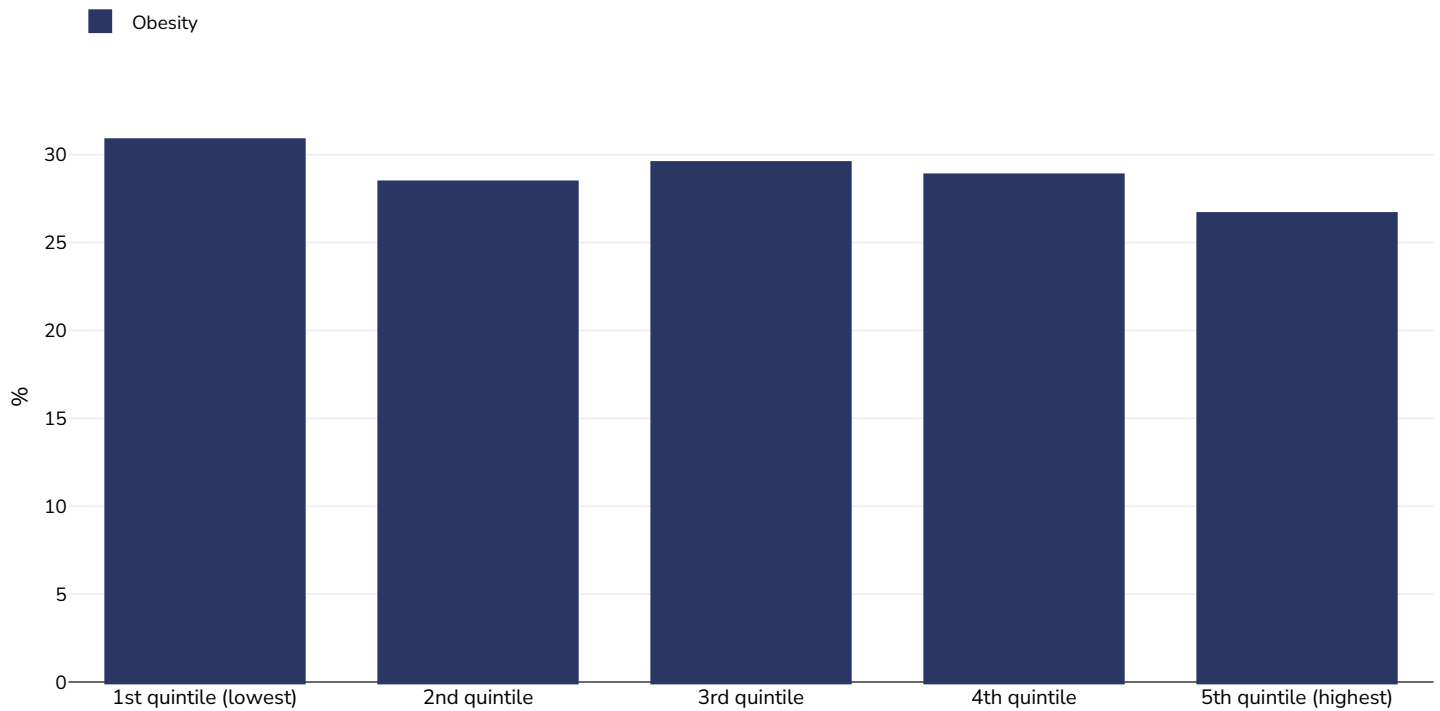
<b>Survey type:</b>	Self-reported
<b>Age:</b>	18+
<b>Area covered:</b>	National
<b>References:</b>	Obesity Statistics in Canada: Report. 2025. Data from 2021 Canadian Community Health Survey. <a href="https://www.canada.ca/en/public-health/services/publications/healthy-living/obesity-statistics-canada.html#t-3d">https://www.canada.ca/en/public-health/services/publications/healthy-living/obesity-statistics-canada.html#t-3d</a> [Accessed 14.08.25]
<b>Notes:</b>	Adjusted to account for self-reported bias using BMI correction equations based on data from the 2005 Canadian Community Health Survey (CCHS) subsample, where both measured and self-reported height and weight were collected. Canada (excluding territories)
<b>Definitions:</b>	Household income quintile
<i>Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.</i>	

## Men, 2021



<b>Survey type:</b>	Self-reported
<b>Age:</b>	18+
<b>Area covered:</b>	National
<b>References:</b>	Obesity Statistics in Canada: Report. 2025. Data from 2021 Canadian Community Health Survey. <a href="https://www.canada.ca/en/public-health/services/publications/healthy-living/obesity-statistics-canada.html#t-3d">https://www.canada.ca/en/public-health/services/publications/healthy-living/obesity-statistics-canada.html#t-3d</a> [Accessed 14.08.25]
<b>Notes:</b>	Adjusted to account for self-reported bias using BMI correction equations based on data from the 2005 Canadian Community Health Survey (CCHS) subsample, where both measured and self-reported height and weight were collected. Canada (excluding territories)
<b>Definitions:</b>	Household income quintile
<i>Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.</i>	

## Women, 2021

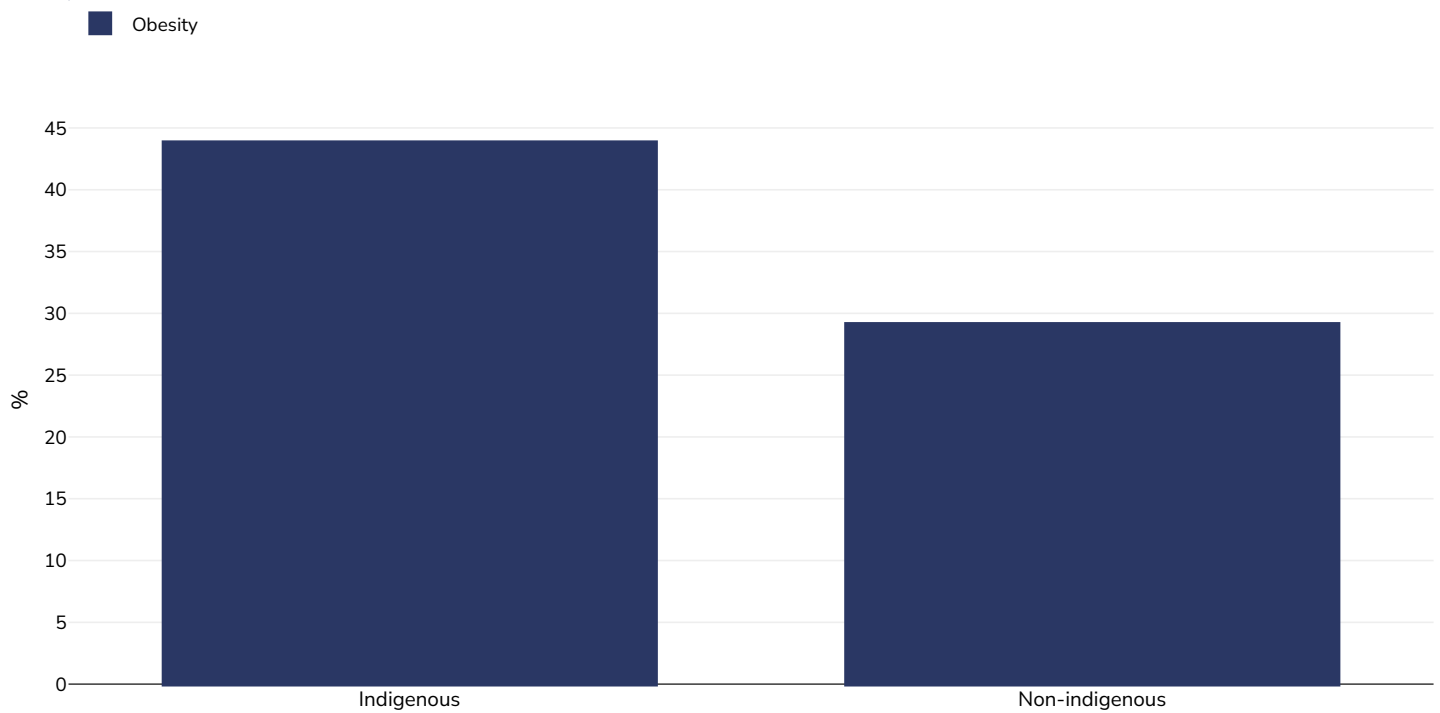


<b>Survey type:</b>	Self-reported
<b>Age:</b>	18+
<b>Area covered:</b>	National
<b>References:</b>	Obesity Statistics in Canada: Report. 2025. Data from 2021 Canadian Community Health Survey. <a href="https://www.canada.ca/en/public-health/services/publications/healthy-living/obesity-statistics-canada.html#t-3d">https://www.canada.ca/en/public-health/services/publications/healthy-living/obesity-statistics-canada.html#t-3d</a> [Accessed 14.08.25]
<b>Notes:</b>	Adjusted to account for self-reported bias using BMI correction equations based on data from the 2005 Canadian Community Health Survey (CCHS) subsample, where both measured and self-reported height and weight were collected. Canada (excluding territories)
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<i>Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.</i>	

## Overweight/obesity by ethnicity

Ethnic groups are as defined by publication of origin and are not as defined by WOF. In some instances ethnicity is conflated with nationality and/or race.

### Adults, 2021



Survey type: Self-reported

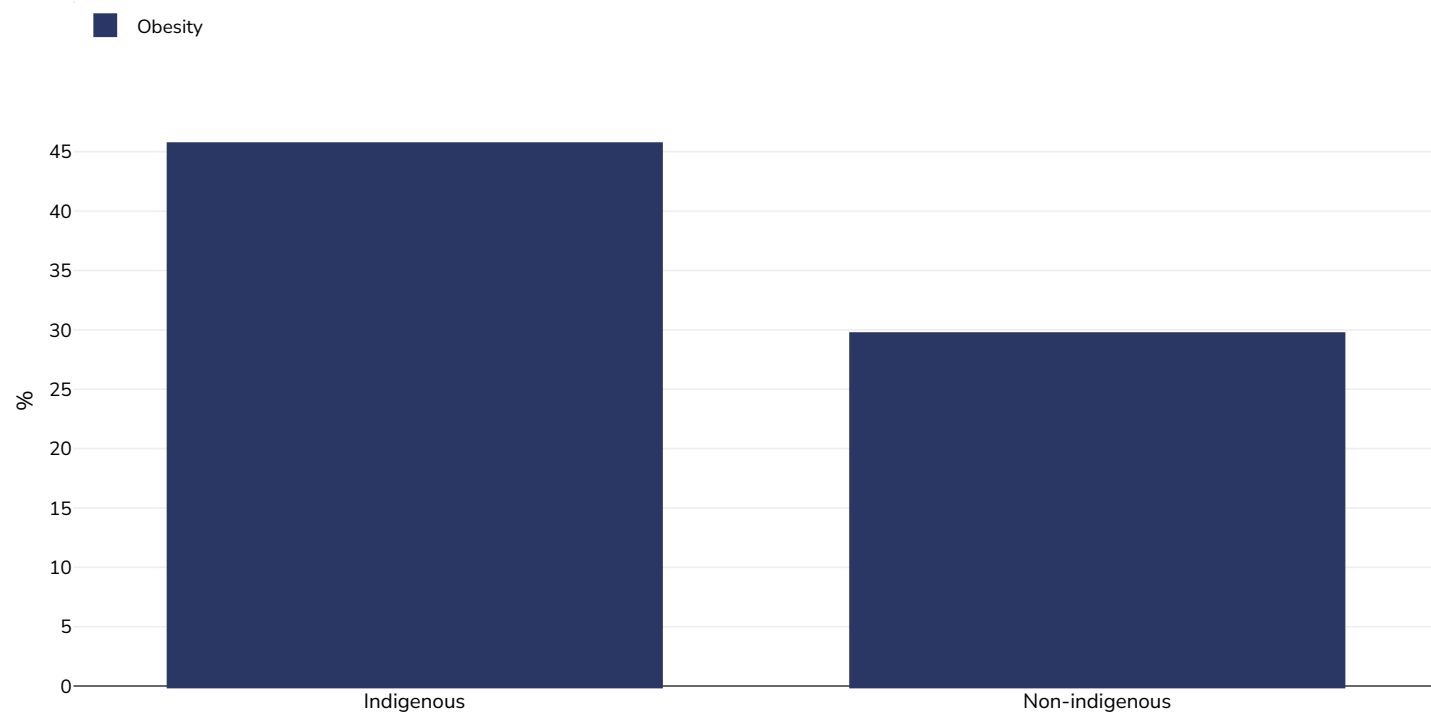
Age: 18+

References: Obesity Statistics in Canada: Report. 2025. Table A2.16. Data from 2021 Canadian Community Health Survey. <https://www.canada.ca/en/public-health/services/publications/healthy-living/obesity-statistics-canada.html#t-3d> [Accessed 14.08.25]

Notes: Only indigenous population living off reserve. Canada excluding territories.

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.*

## Men, 2021



Survey type: Self-reported

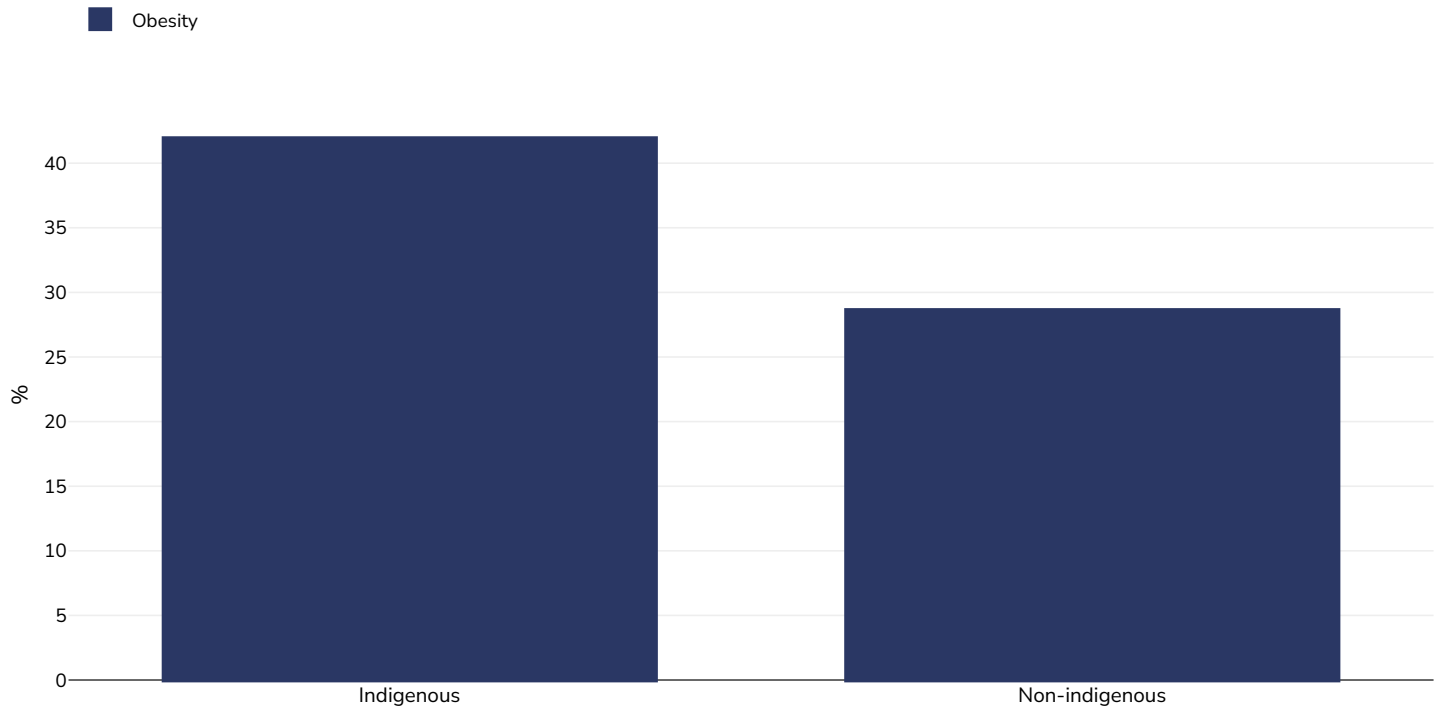
Age: 18+

References: Obesity Statistics in Canada: Report. 2025. Table A2.16. Data from 2021 Canadian Community Health Survey. <https://www.canada.ca/en/public-health/services/publications/healthy-living/obesity-statistics-canada.html#t-3d> [Accessed 14.08.25]

Notes: Only indigenous population living off reserve. Canada excluding territories.

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.*

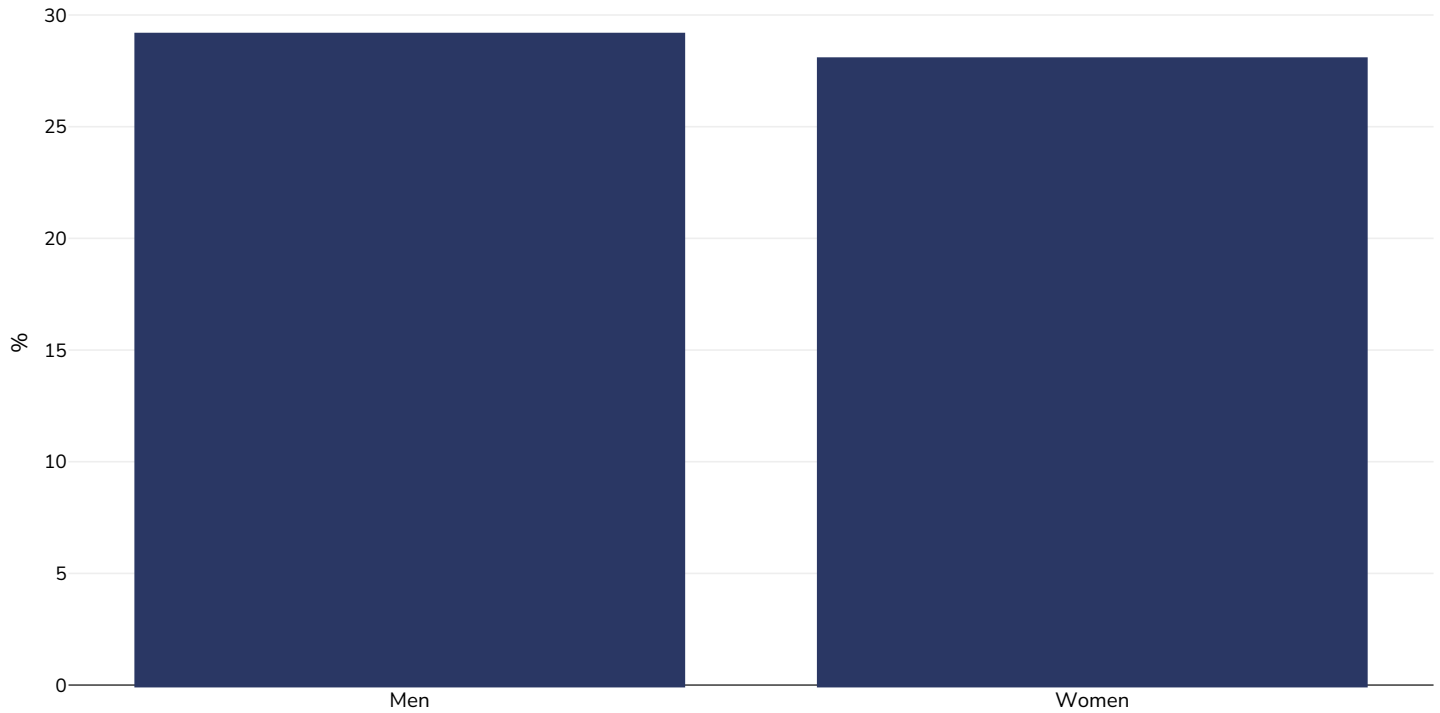
## Women, 2021



Survey type:	Self-reported
Age:	18+
References:	Obesity Statistics in Canada: Report. 2025. Table A2.16. Data from 2021 Canadian Community Health Survey. <a href="https://www.canada.ca/en/public-health/services/publications/healthy-living/obesity-statistics-canada.html#t-3d">https://www.canada.ca/en/public-health/services/publications/healthy-living/obesity-statistics-canada.html#t-3d</a> [Accessed 14.08.25]
Notes:	Only indigenous population living off reserve. Canada excluding territories. <i>Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.</i>

## Double burden of underweight & overweight

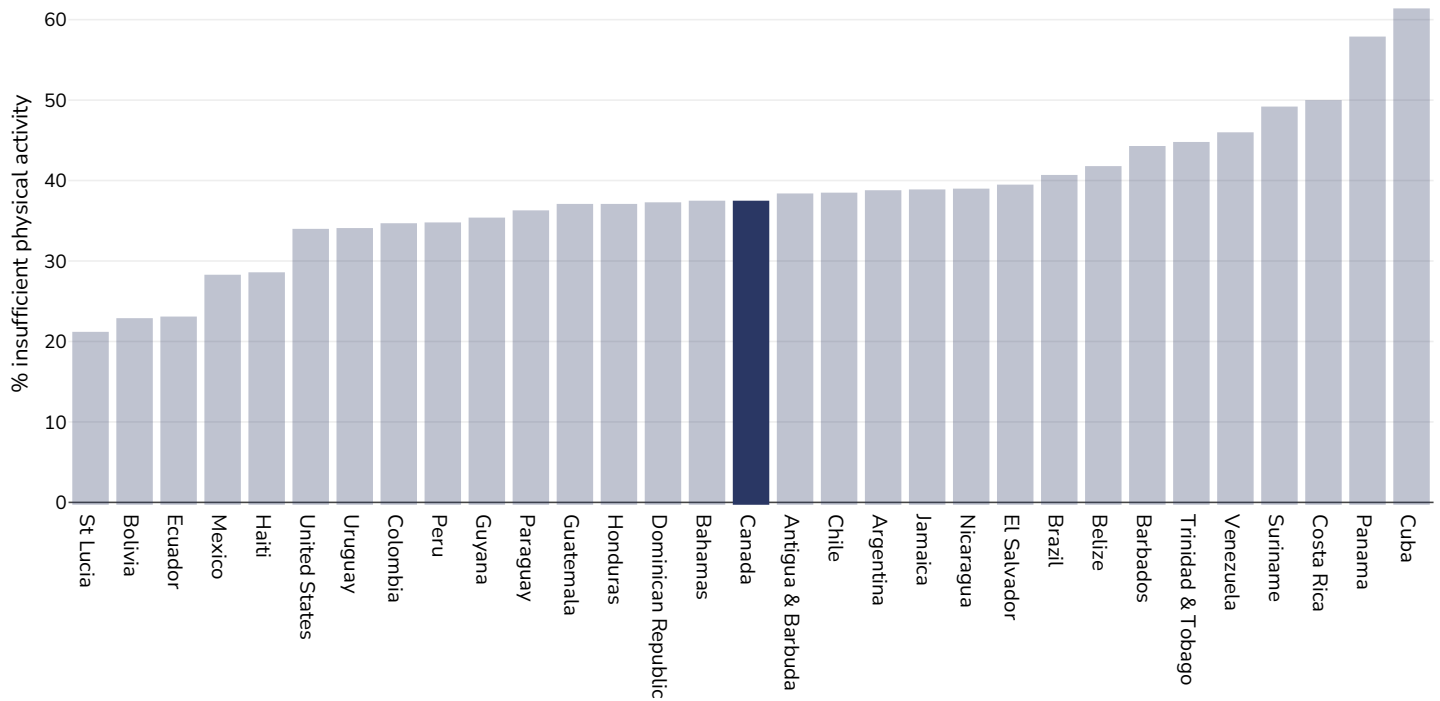
### Adults, 2022



<b>Survey type:</b>	Measured
<b>Age:</b>	20+
<b>References:</b>	NCD Risk Factor Collaboration (NCD-RisC). Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population representative studies with 222 million children, adolescents, and adults. Lancet 2024; published online Feb 29. <a href="https://doi.org/10.1016/S0140-6736(23)02750-2">https://doi.org/10.1016/S0140-6736(23)02750-2</a> .
<b>Notes:</b>	Age Standardised estimates
<b>Definitions:</b>	Combined prevalence of BMI<18.5 kg/m <sup>2</sup> and BMI>=30 kg/m <sup>2</sup> (double burden of underweight and obesity)

## Insufficient physical activity

### Adults, 2022



Survey type: Self-reported

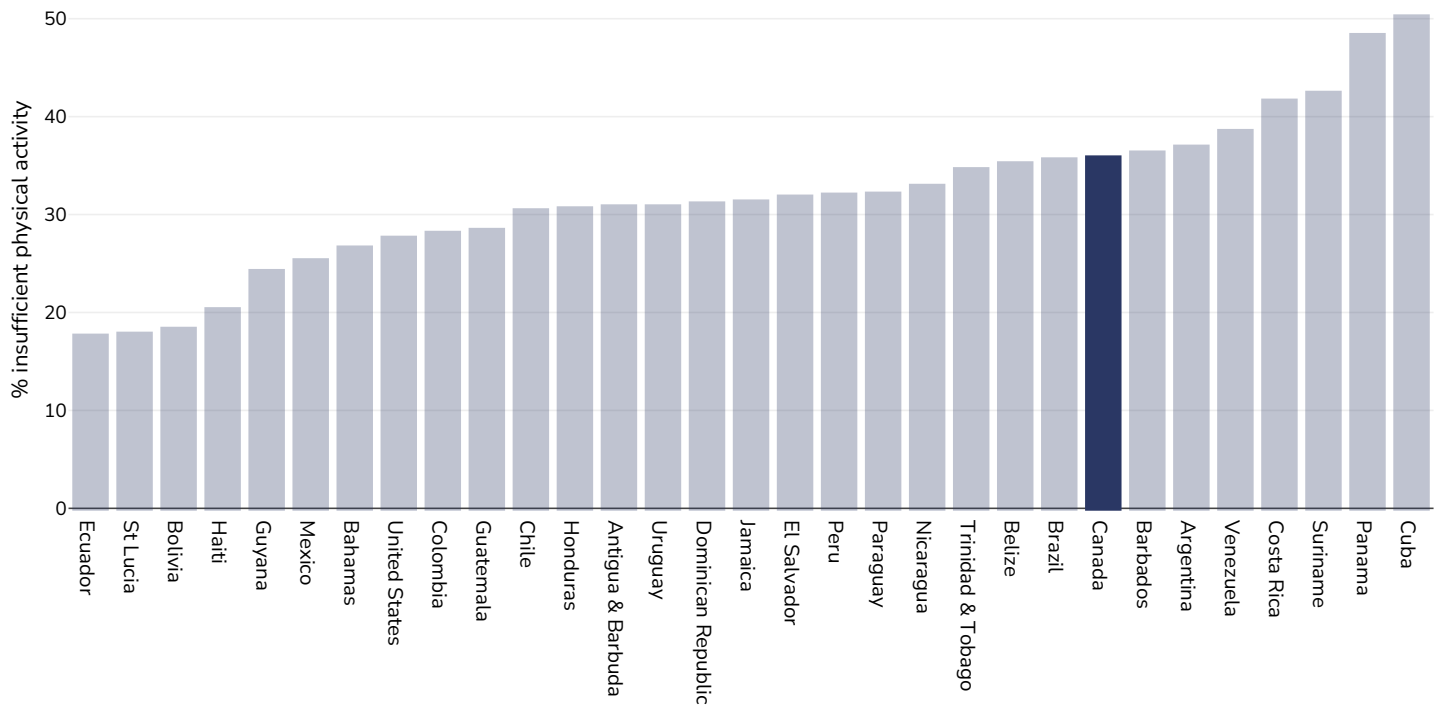
Age: 18+

Area covered: National

References: WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at [https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-\(age-standardized-estimate\)-\(-\)](https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-))

Definitions: Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.

## Men, 2022



Survey type: Self-reported

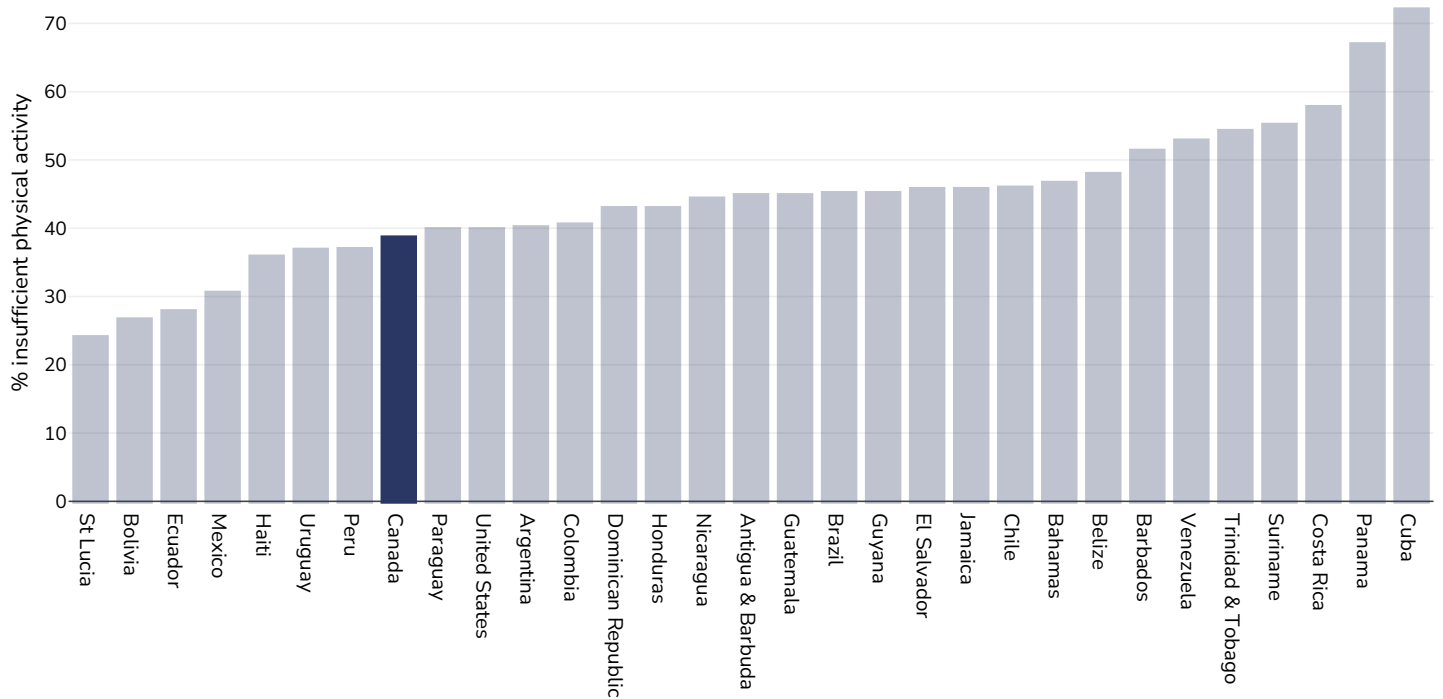
Age: 18+

Area covered: National

References: WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at [https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-\(age-standardized-estimate\)-\(-\)](https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-))

Definitions: Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.

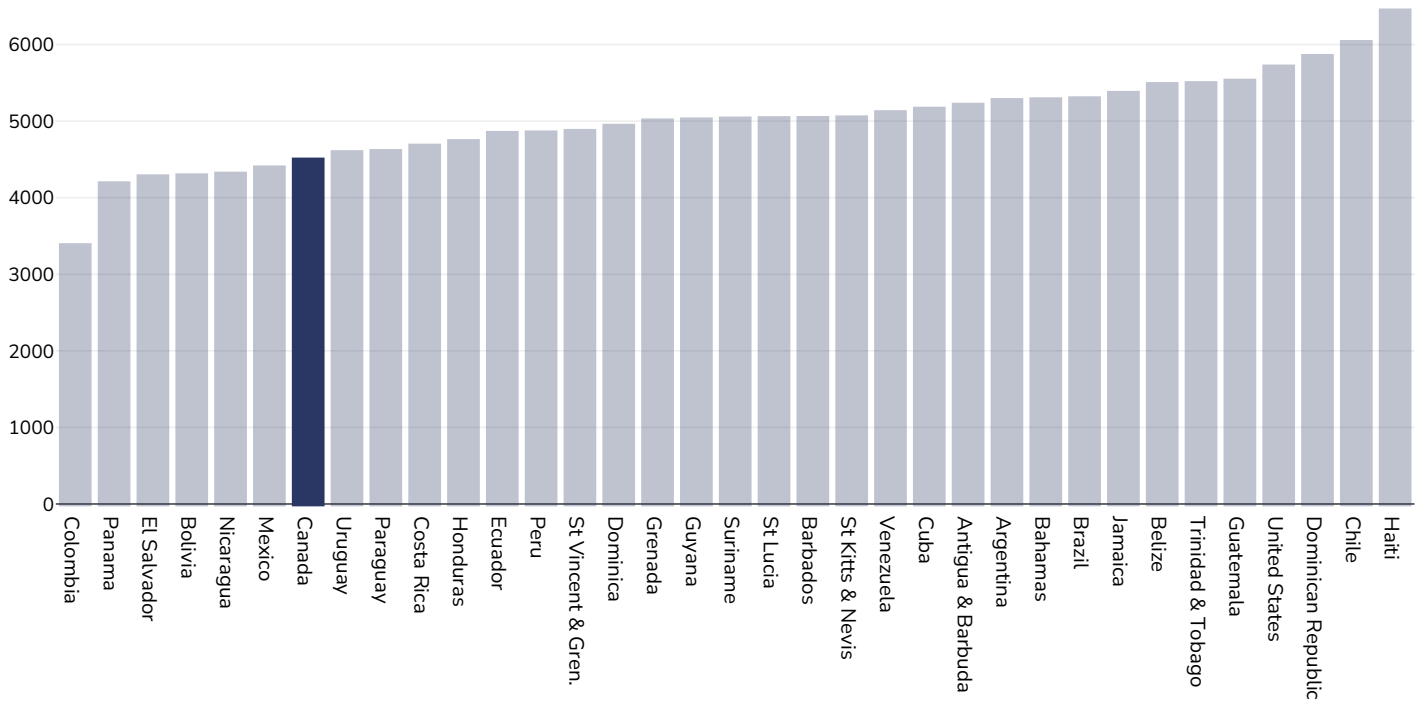
## Women, 2022



Survey type:	Self-reported
Age:	18+
Area covered:	National
References:	WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at <a href="https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-)">https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-18-years-(age-standardized-estimate)-(-)</a>
Definitions:	Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.

## Mental health - depression disorders

### Adults, 2023



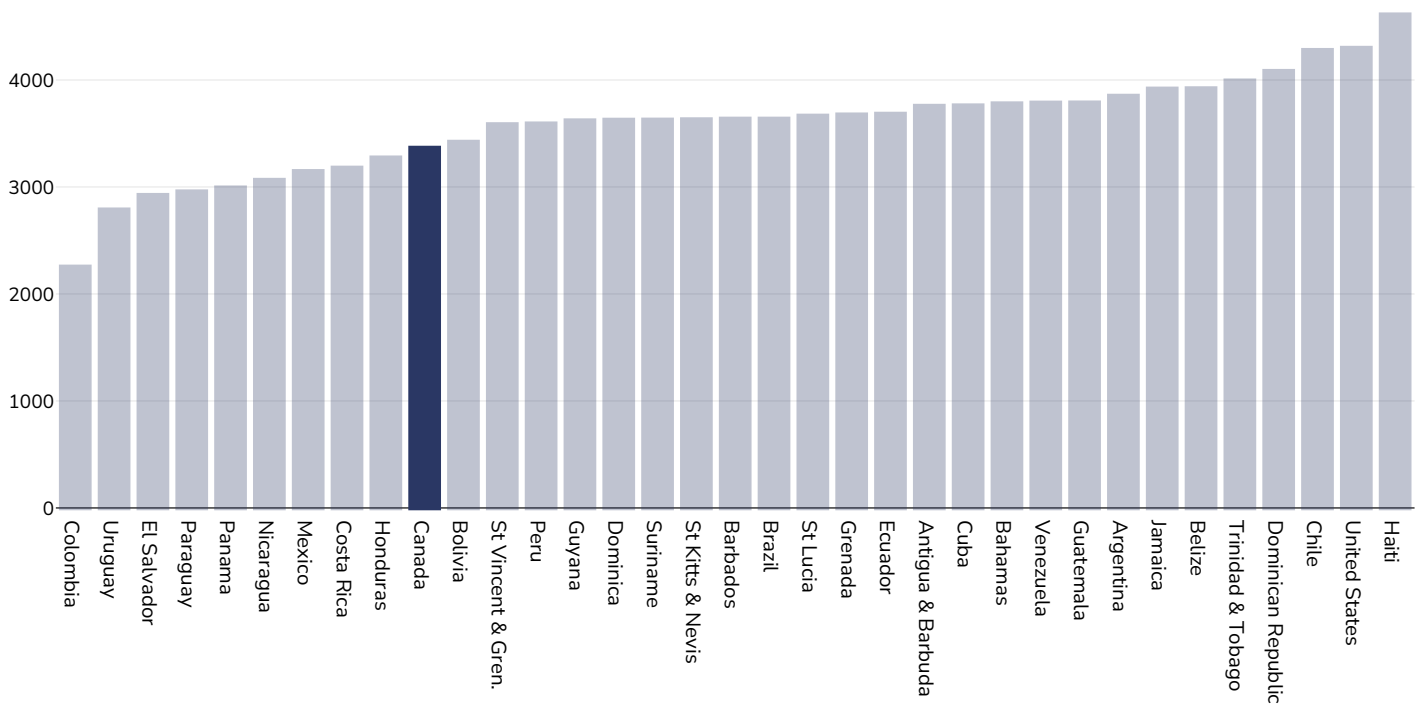
Age: 20+

Area covered: National

References: Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from <https://vizhub.healthdata.org/gbd-compare/> [Accessed 17.03.26]

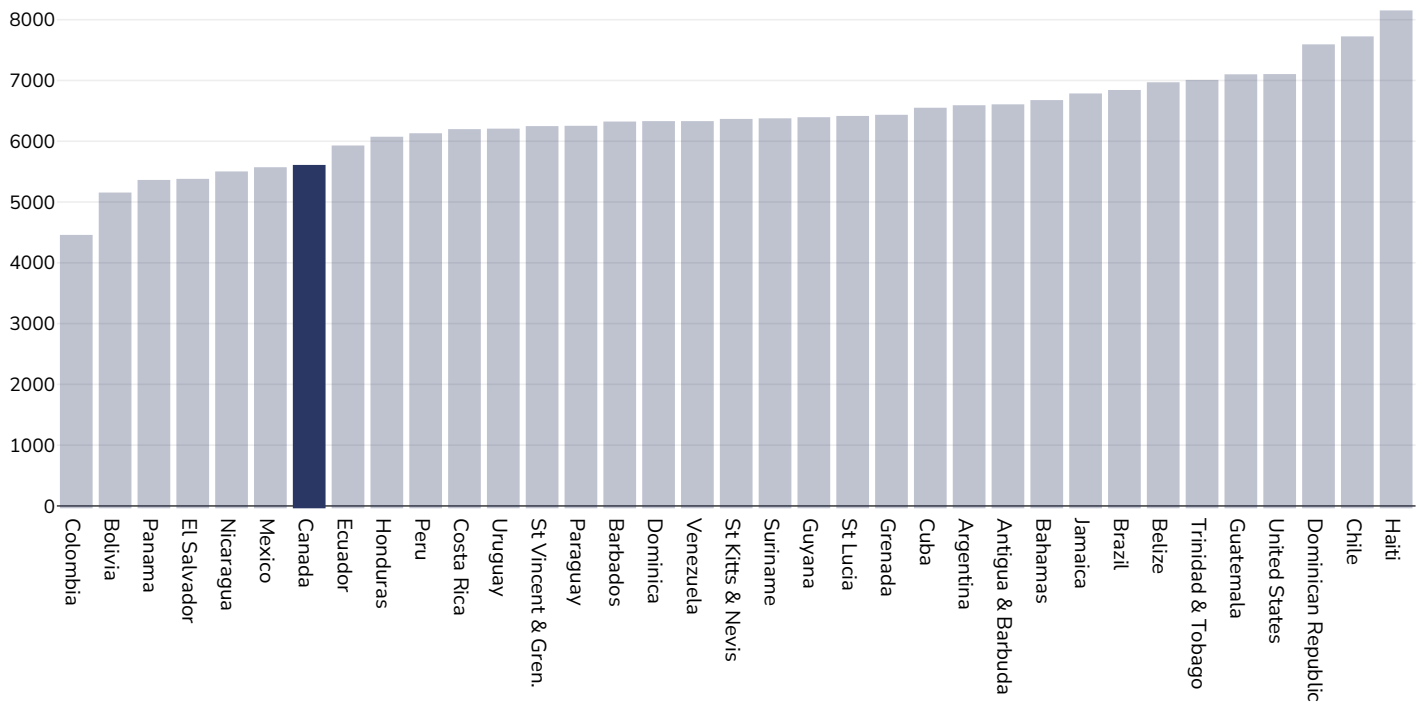
Definitions: Estimated number living with depressive disorders per 100,000 population (20+ years of age)

**Men, 2023**



<b>Age:</b>	20+
<b>Area covered:</b>	National
<b>References:</b>	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from <a href="https://vizhub.healthdata.org/gbd-compare/">https://vizhub.healthdata.org/gbd-compare/</a> [Accessed 17.03.26]
<b>Definitions:</b>	Estimated number living with depressive disorders per 100,000 population (20+ years of age)

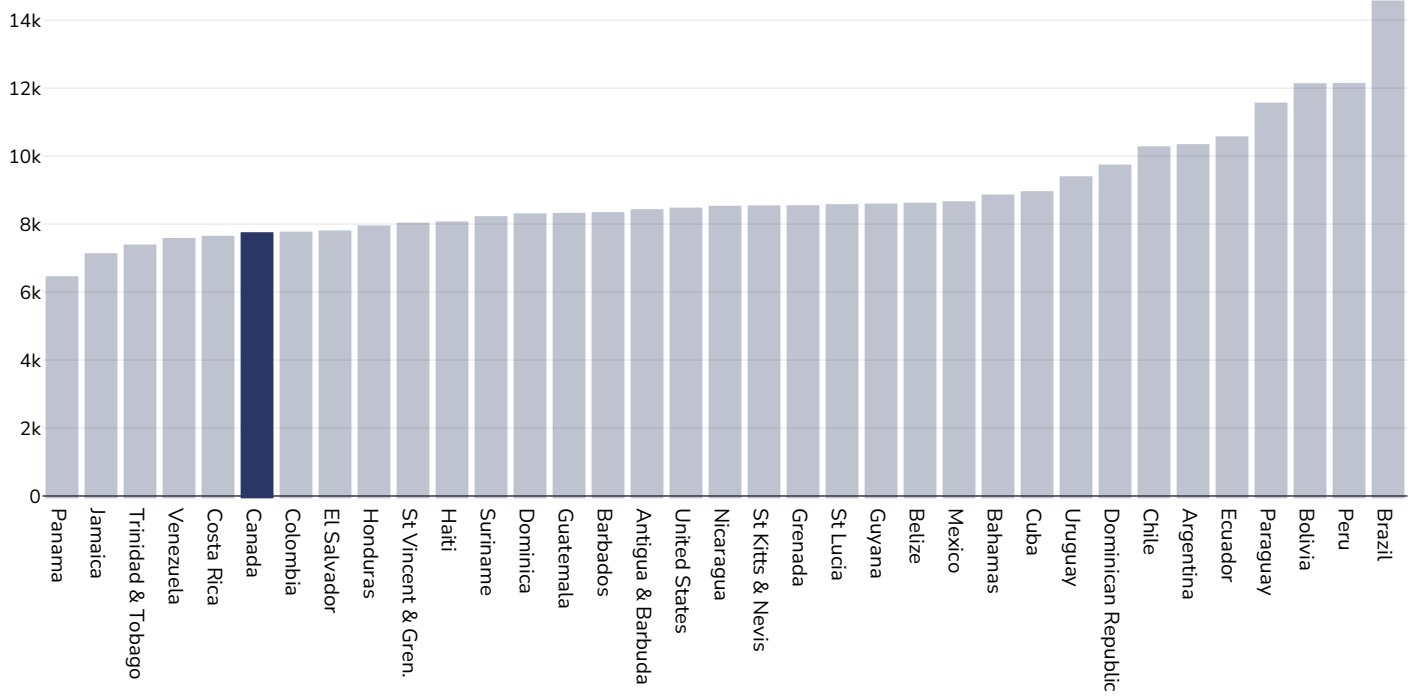
## Women, 2023



<b>Age:</b>	20+
<b>Area covered:</b>	National
<b>References:</b>	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from <a href="https://vizhub.healthdata.org/gbd-compare/">https://vizhub.healthdata.org/gbd-compare/</a> [Accessed 17.03.26]
<b>Definitions:</b>	Estimated number living with depressive disorders per 100,000 population (20+ years of age)

## Mental health - anxiety disorders

### Adults, 2023



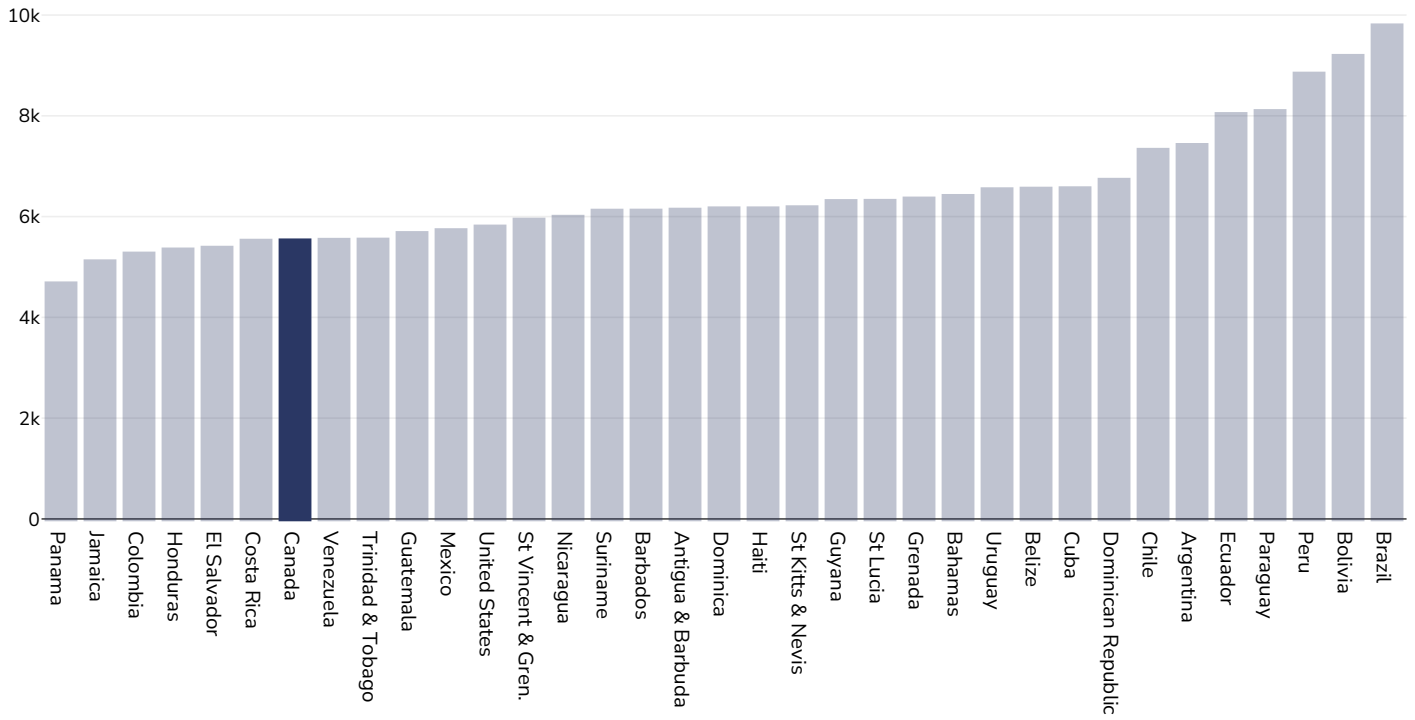
Age: 20+

Area covered: National

References: Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from <https://vizhub.healthdata.org/gbd-compare/> [Accessed 17.03.26]

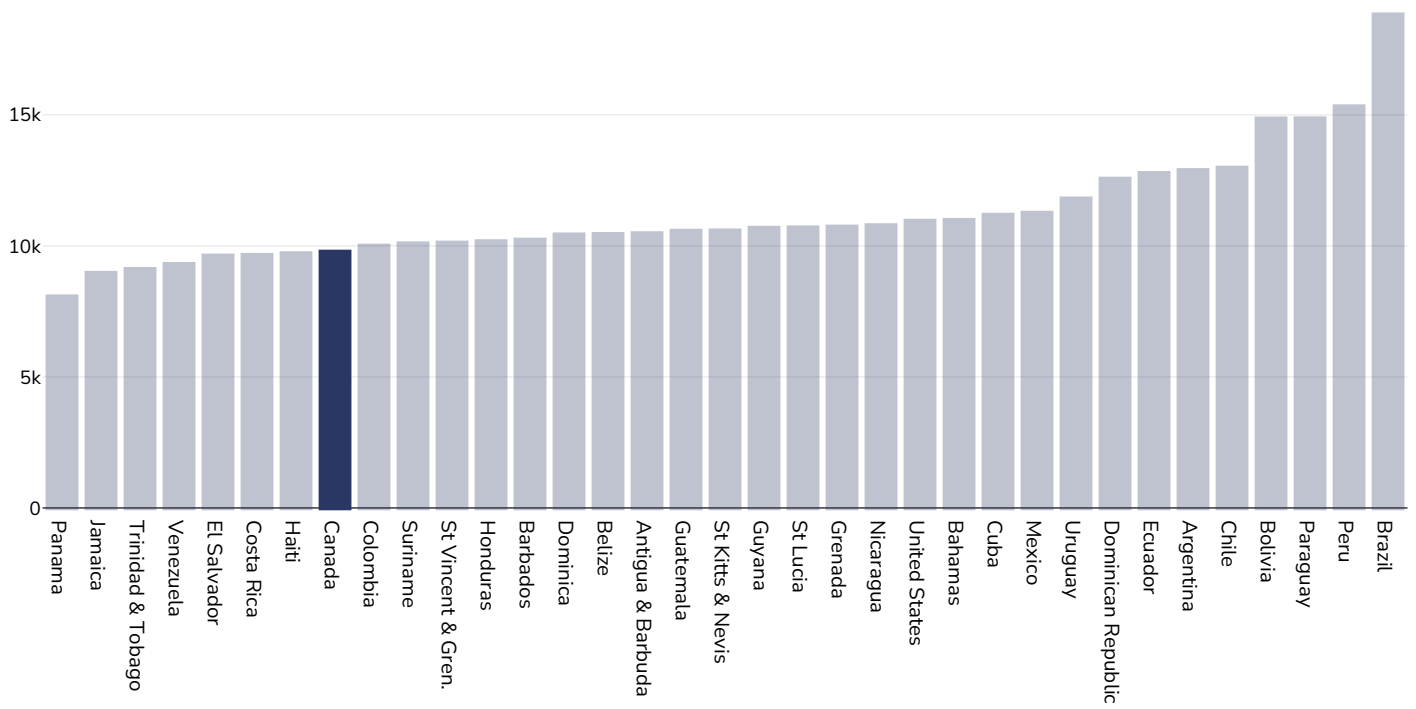
Definitions: Estimated number living with anxiety disorders per 100,000 population (20+ years of age)

**Men, 2023**



<b>Age:</b>	20+
<b>Area covered:</b>	National
<b>References:</b>	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from <a href="https://vizhub.healthdata.org/gbd-compare/">https://vizhub.healthdata.org/gbd-compare/</a> [Accessed 17.03.26]
<b>Definitions:</b>	Estimated number living with anxiety disorders per 100,000 population (20+ years of age)

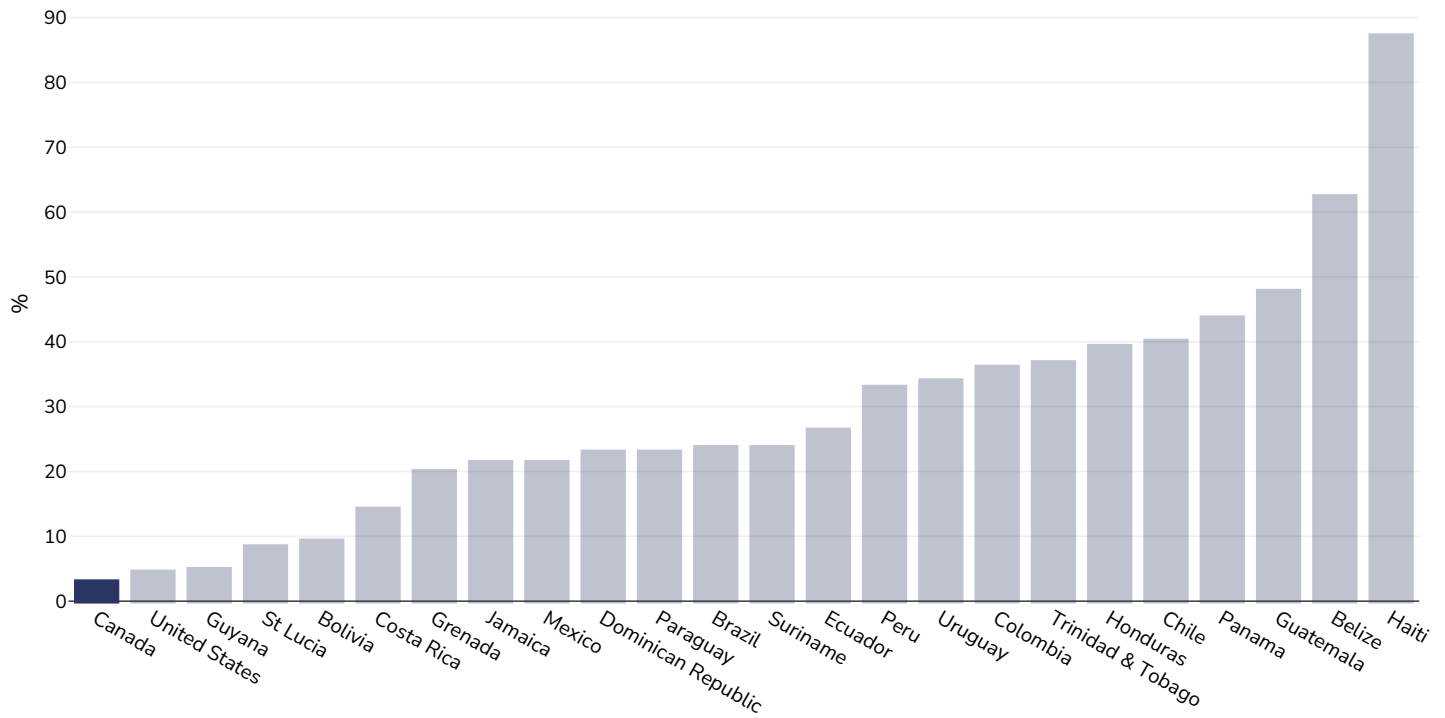
**Women, 2023**



<b>Age:</b>	20+
<b>Area covered:</b>	National
<b>References:</b>	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2023. Seattle, WA: IHME, University of Washington, 2025. Available from <a href="https://vizhub.healthdata.org/gbd-compare/">https://vizhub.healthdata.org/gbd-compare/</a> [Accessed 17.03.26]
<b>Definitions:</b>	Estimated number living with anxiety disorders per 100,000 population (20+ years of age)

## Percent of population who cannot afford a healthy diet

### Adults, 2024



Area covered:

National

References:

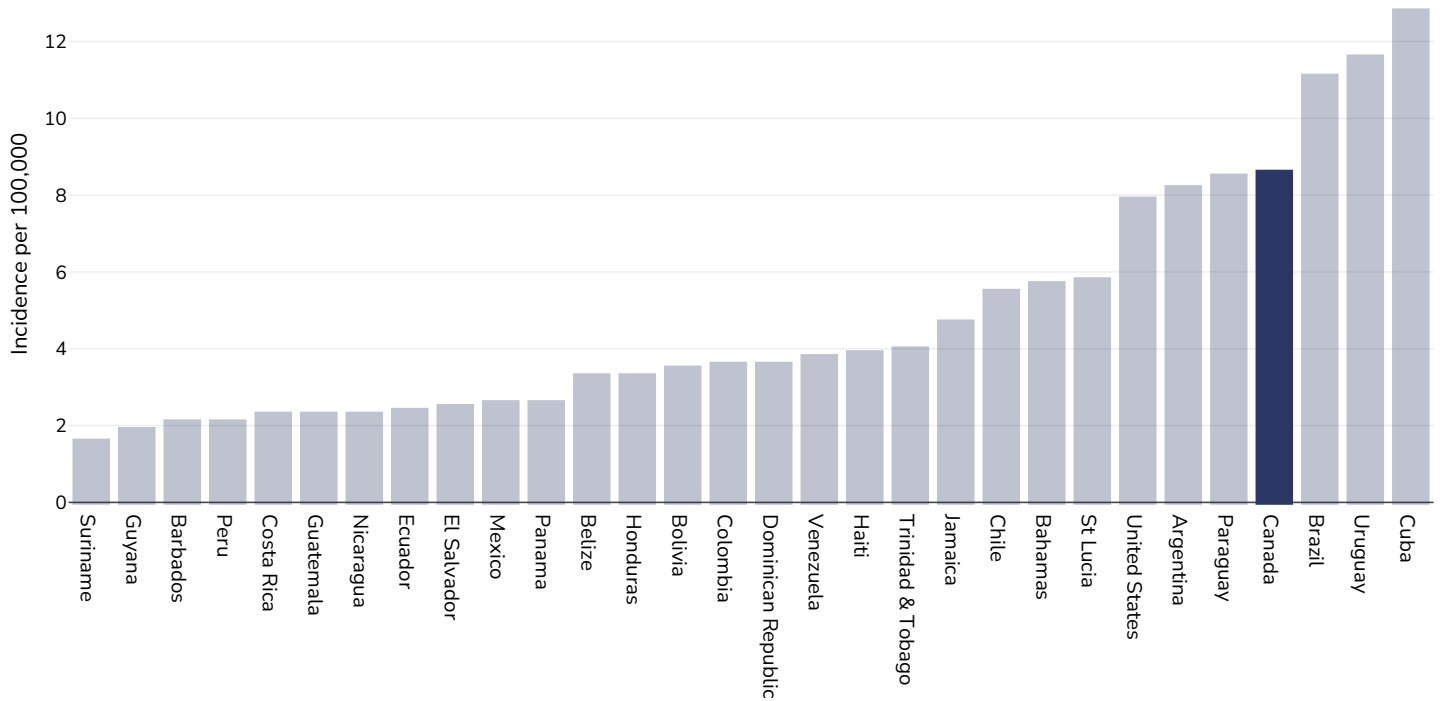
FAO. 2025. FAOSTAT: Cost and Affordability of a Healthy Diet (CoAHD). <https://www.fao.org/faostat/en/#data/CAHD>. Licence: CC-BY-4.0. [Last Accessed 15.10.25]

Notes:

The percent of the population whose food budget is below the cost of a healthy diet.

## Oesophageal cancer

### Men, 2022



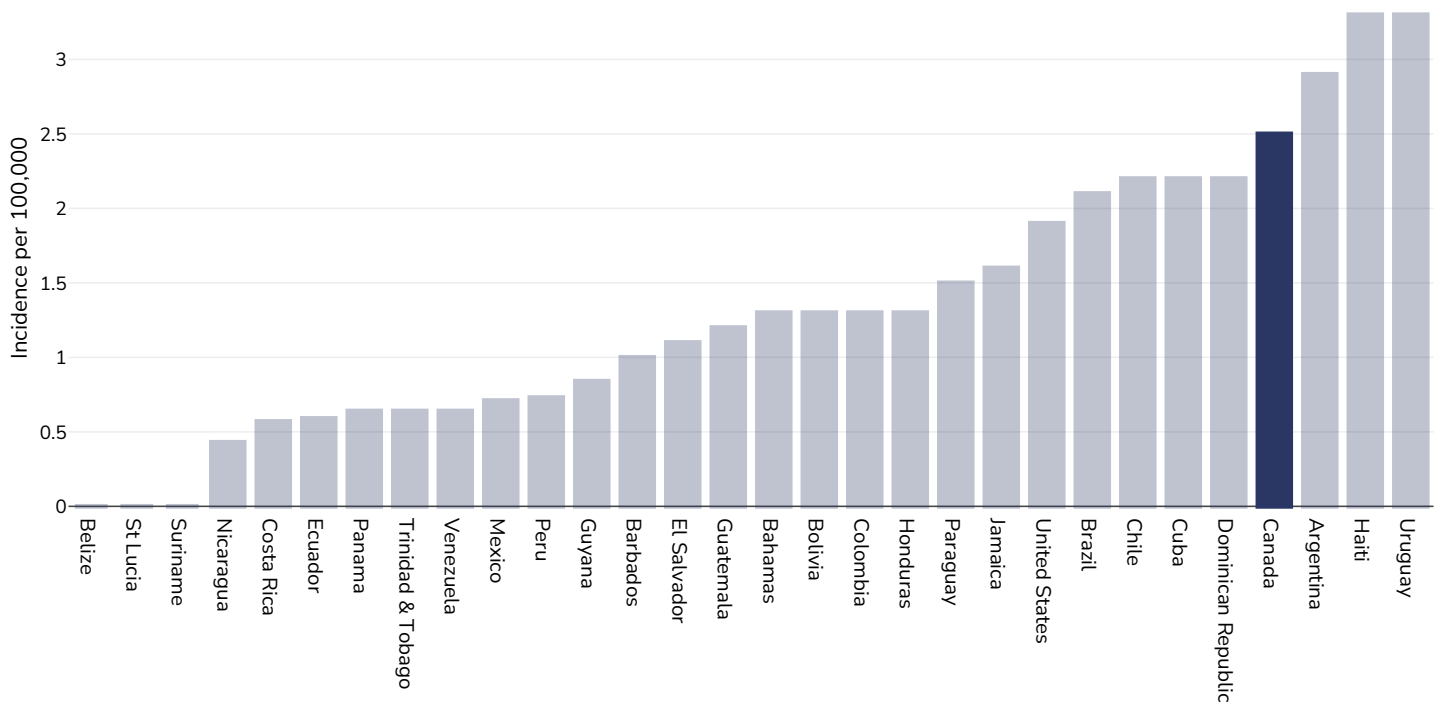
Age: 20+

Area covered: National

References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000

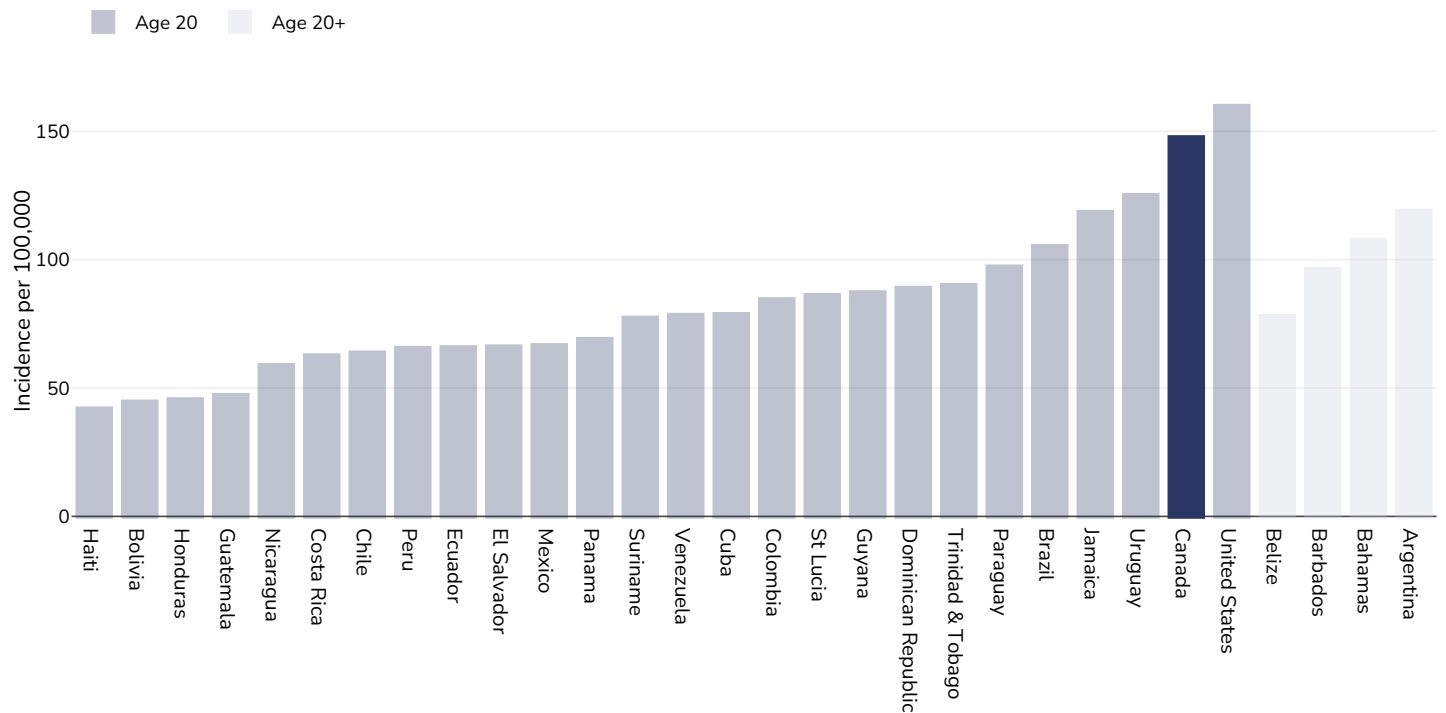
## Women, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <a href="https://gco.iarc.who.int/today">https://gco.iarc.who.int/today</a> , accessed [16.07.24]
Definitions:	Indicence per 100,000

## Breast cancer

### Women, 2022



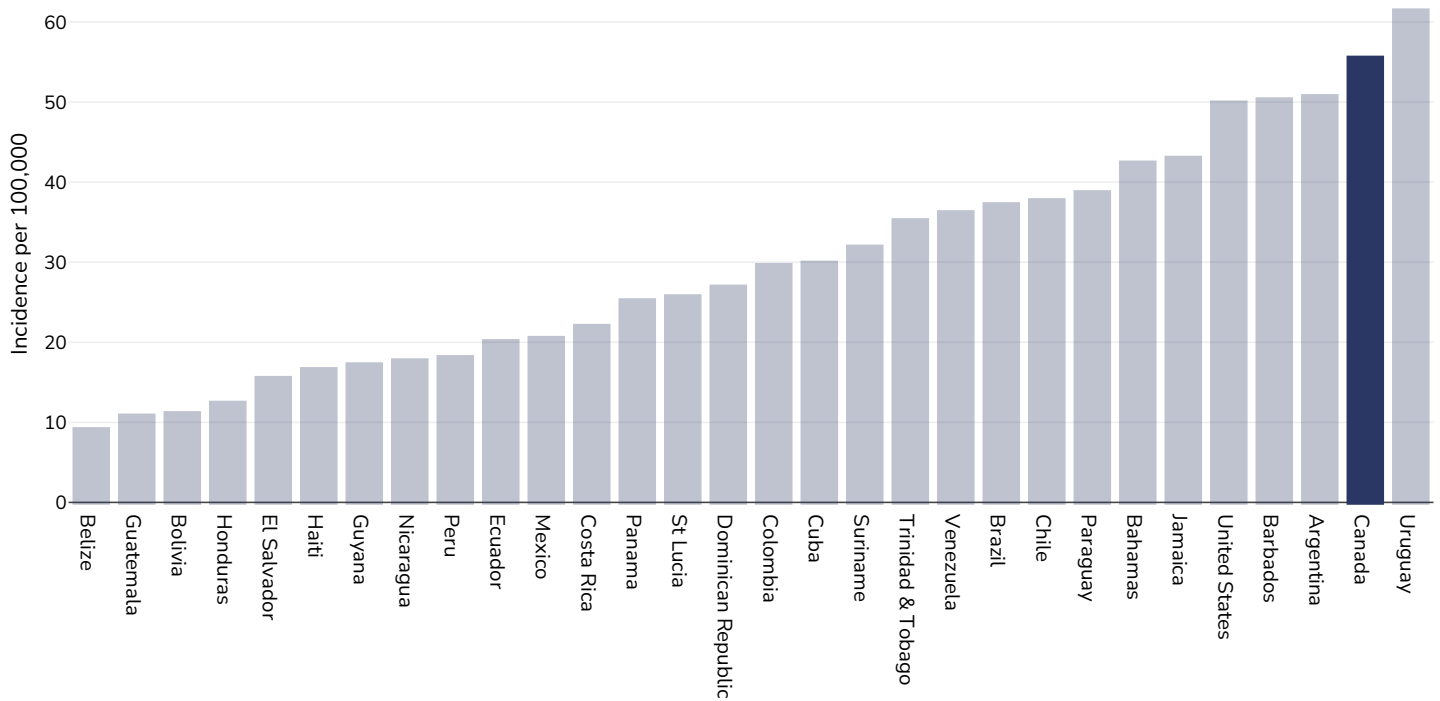
Area covered: National

References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000

## Colorectal cancer

### Men, 2022



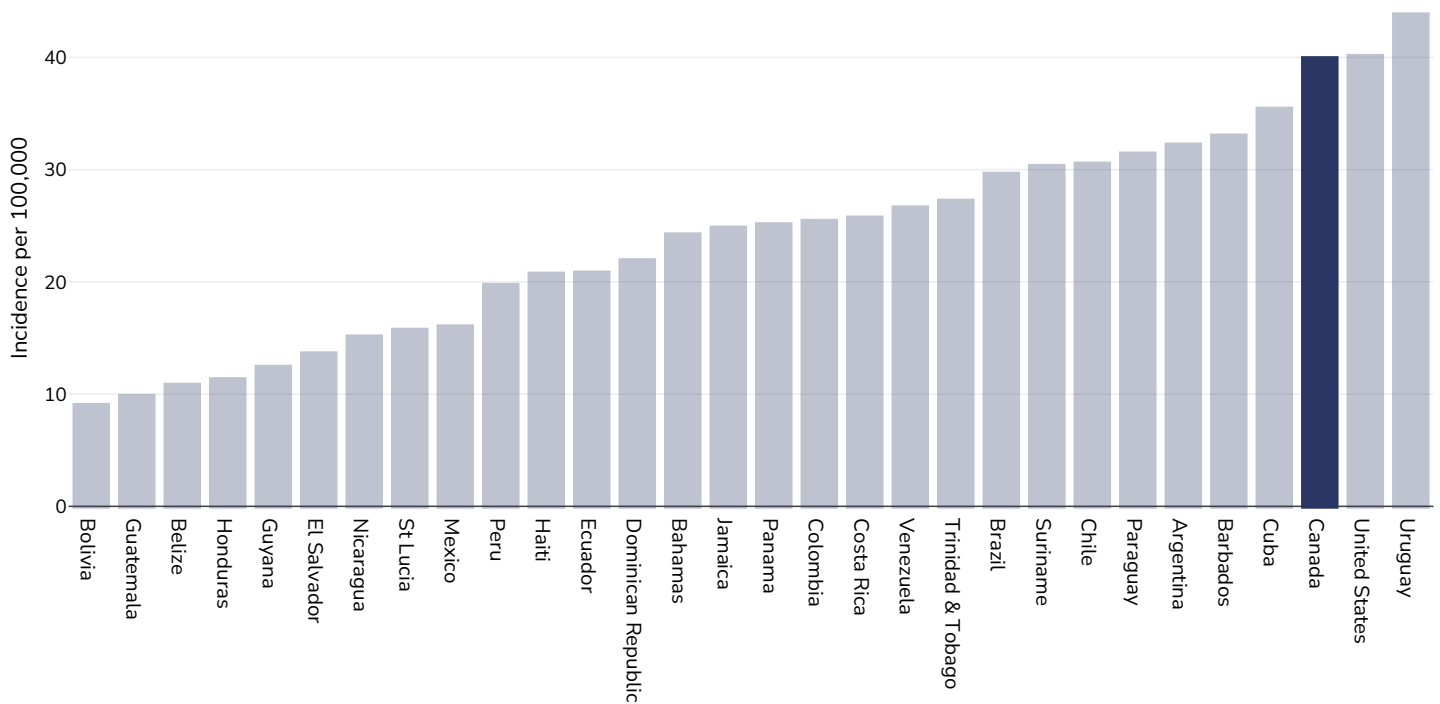
Age: 20+

Area covered: National

References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000

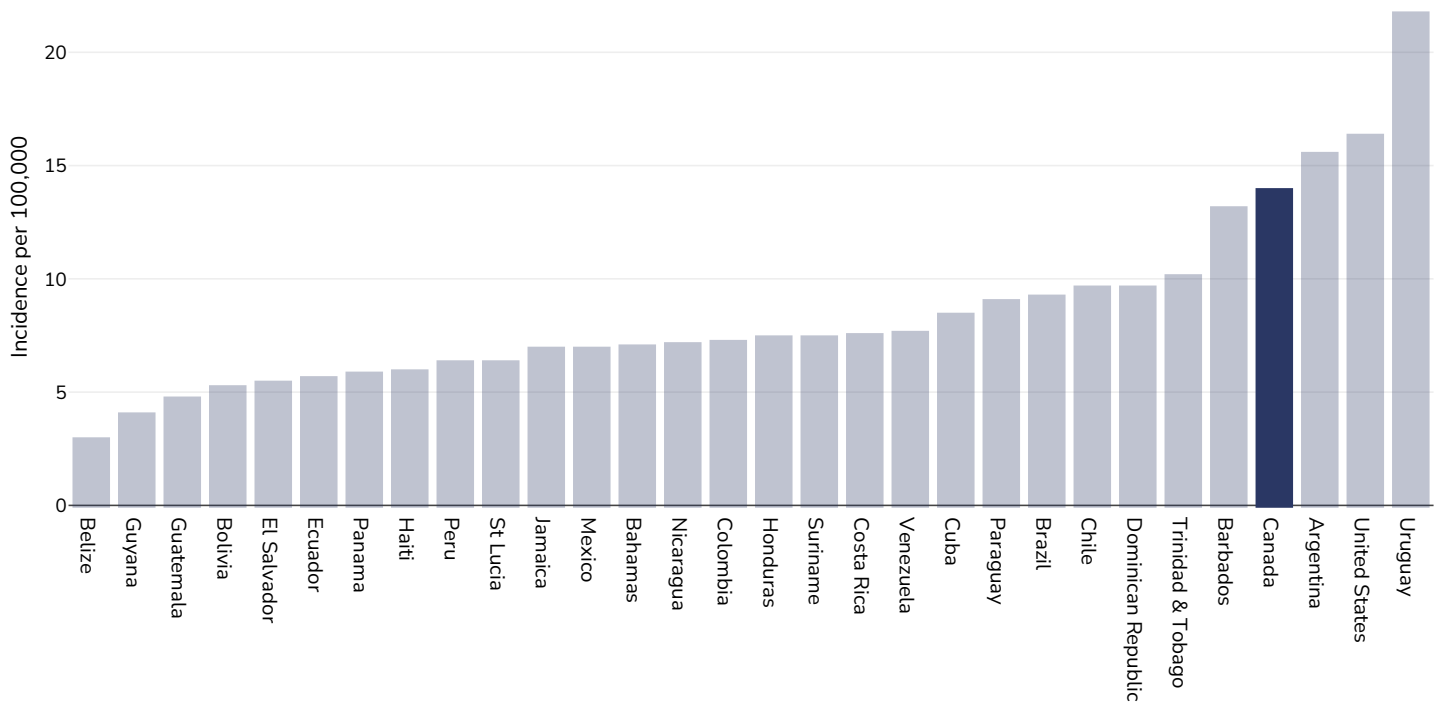
## Women, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <a href="https://gco.iarc.who.int/today">https://gco.iarc.who.int/today</a> , accessed [16.07.24]
Definitions:	Incidence per 100,000

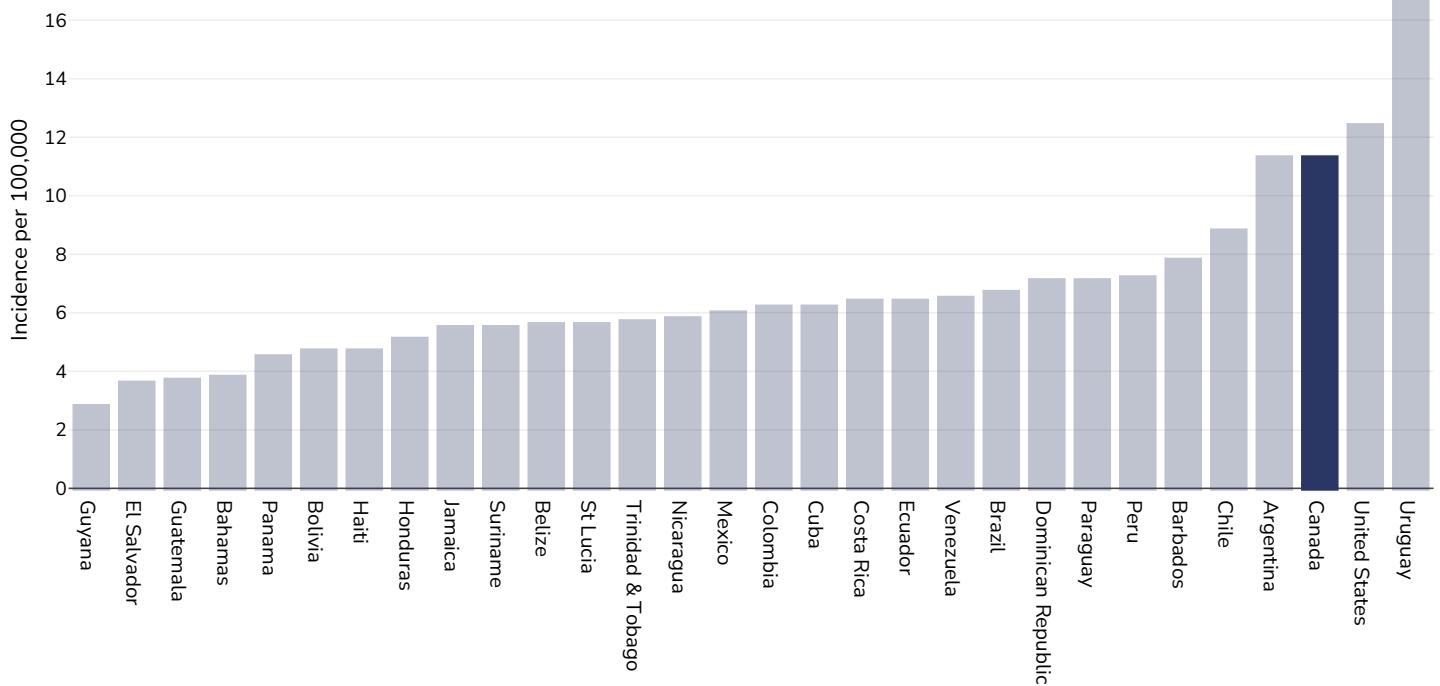
## Pancreatic cancer

### Men, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <a href="https://gco.iarc.who.int/today">https://gco.iarc.who.int/today</a> , accessed [16.07.24]
Definitions:	Incidence per 100,000

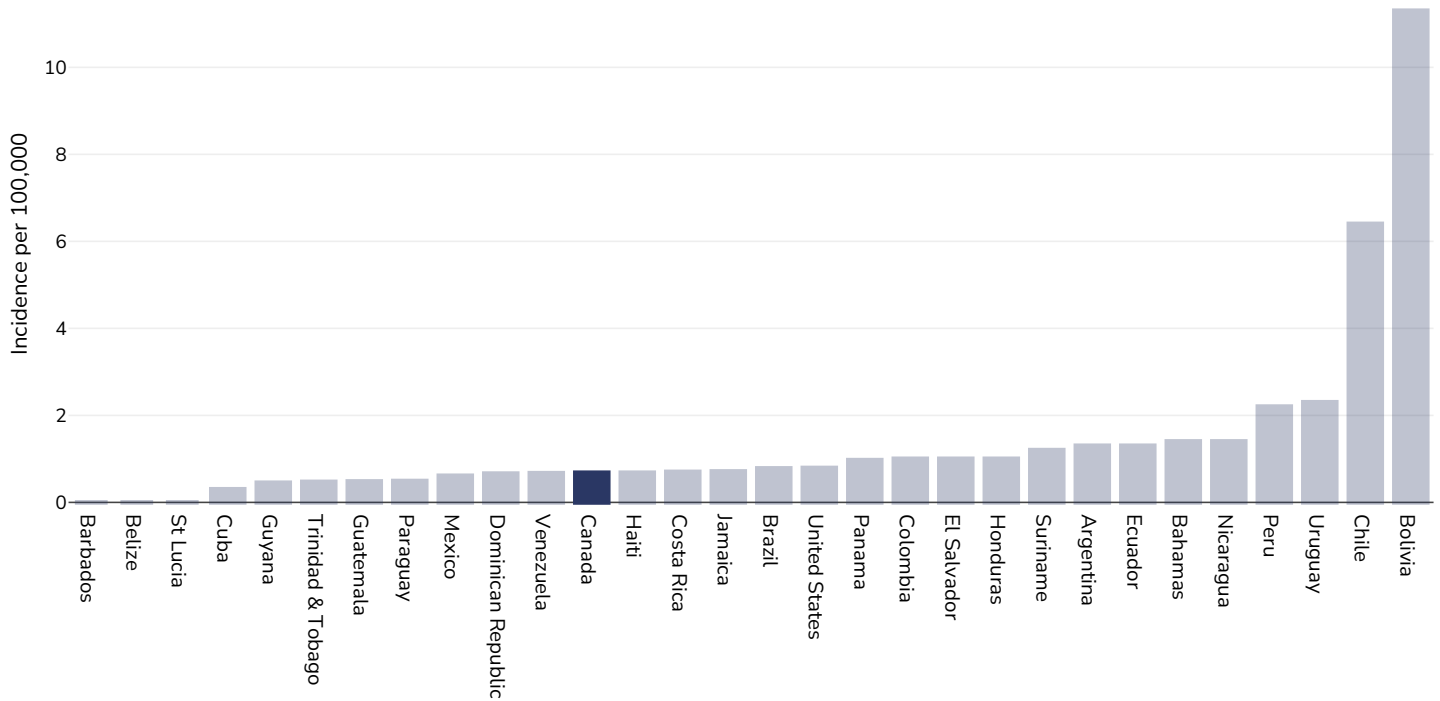
## Women, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <a href="https://gco.iarc.who.int/today">https://gco.iarc.who.int/today</a> , accessed [16.07.24]
Definitions:	Incidence per 100,000

## Gallbladder cancer

### Men, 2022



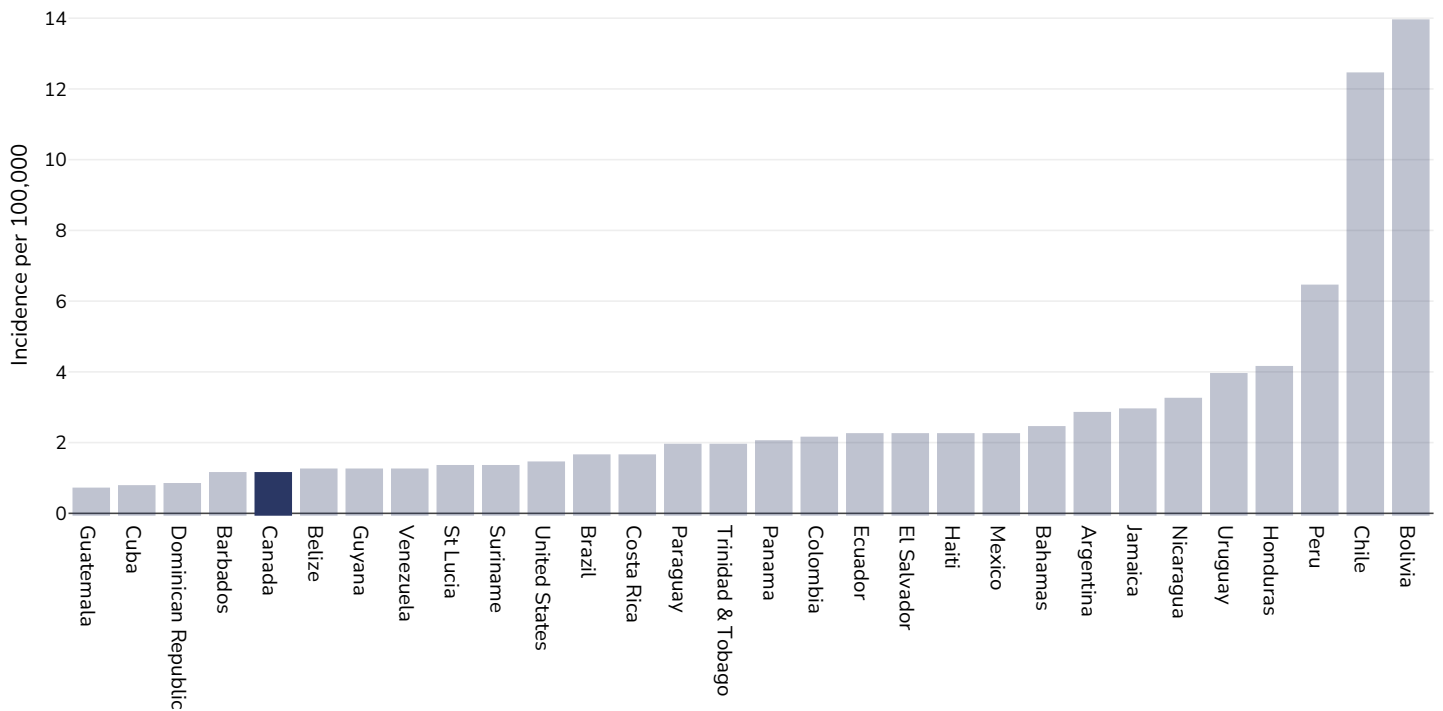
Age: 20+

Area covered: National

References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000

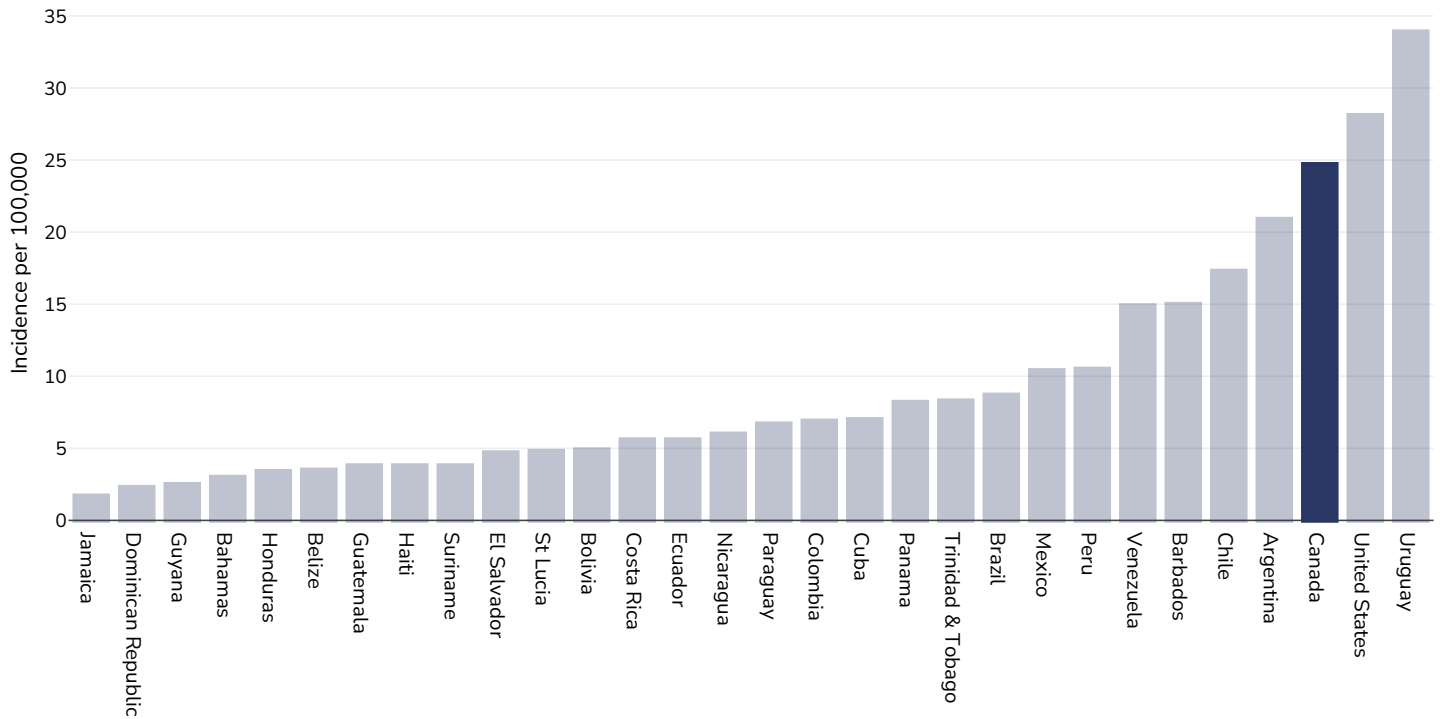
## Women, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <a href="https://gco.iarc.who.int/today">https://gco.iarc.who.int/today</a> , accessed [16.07.24]
Definitions:	Indicence per 100,000

## Kidney cancer

### Men, 2022



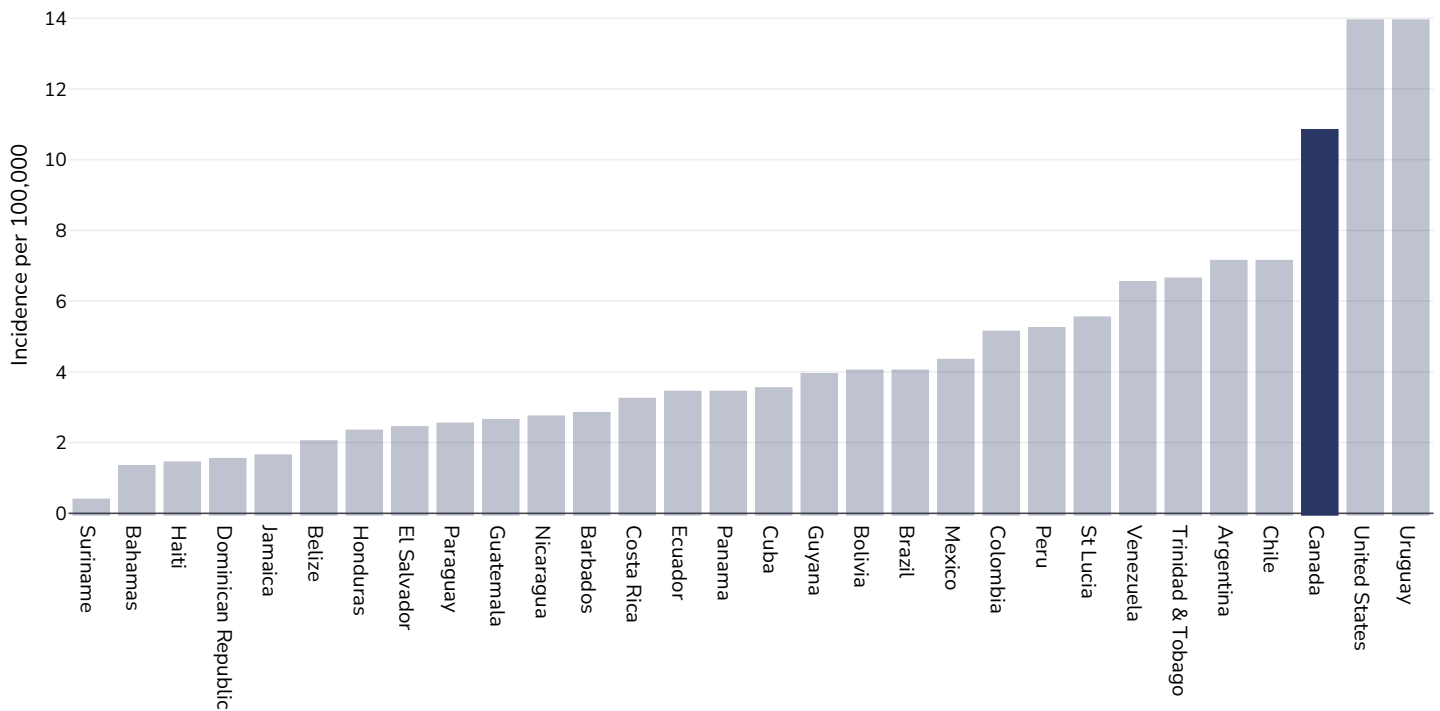
Age: 20+

Area covered: National

References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000

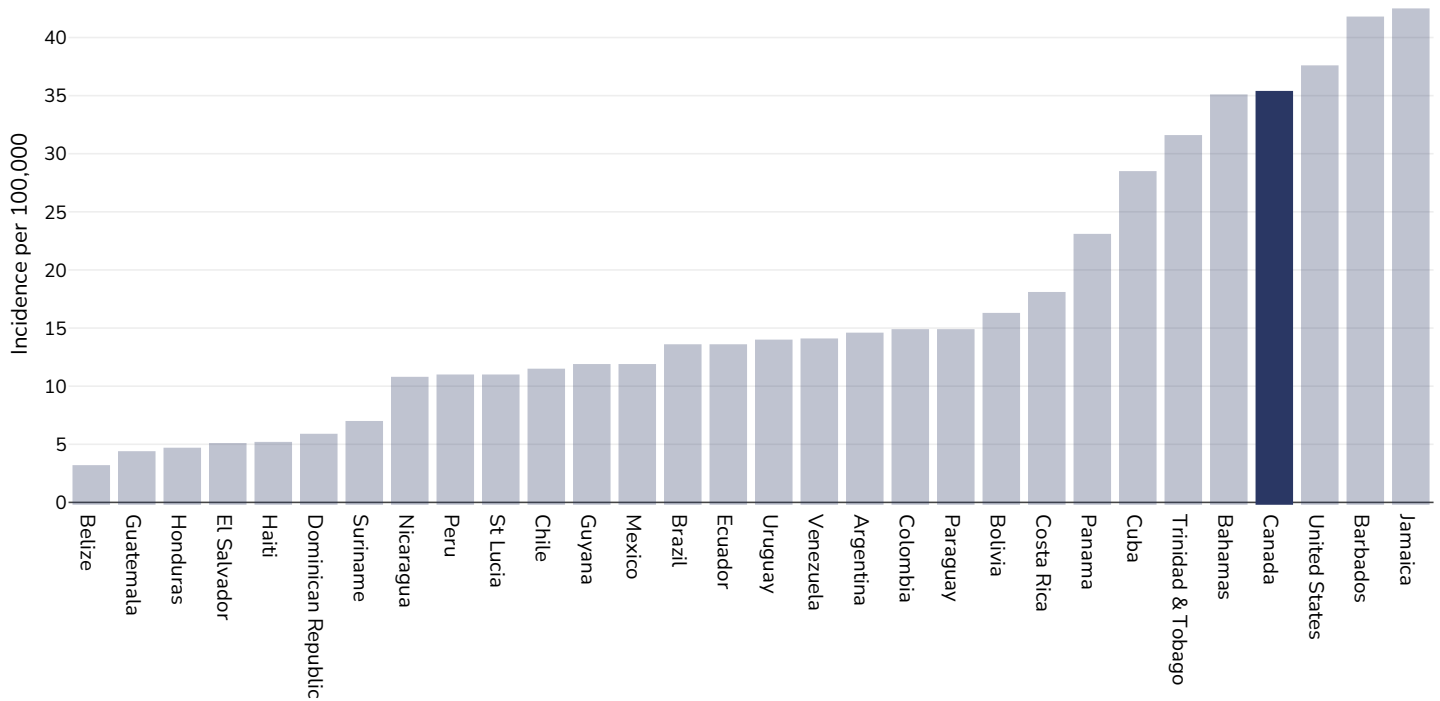
## Women, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <a href="https://gco.iarc.who.int/today">https://gco.iarc.who.int/today</a> , accessed [16.07.24]
Definitions:	Incidence per 100,000

## Cancer of the uterus

### Women, 2022



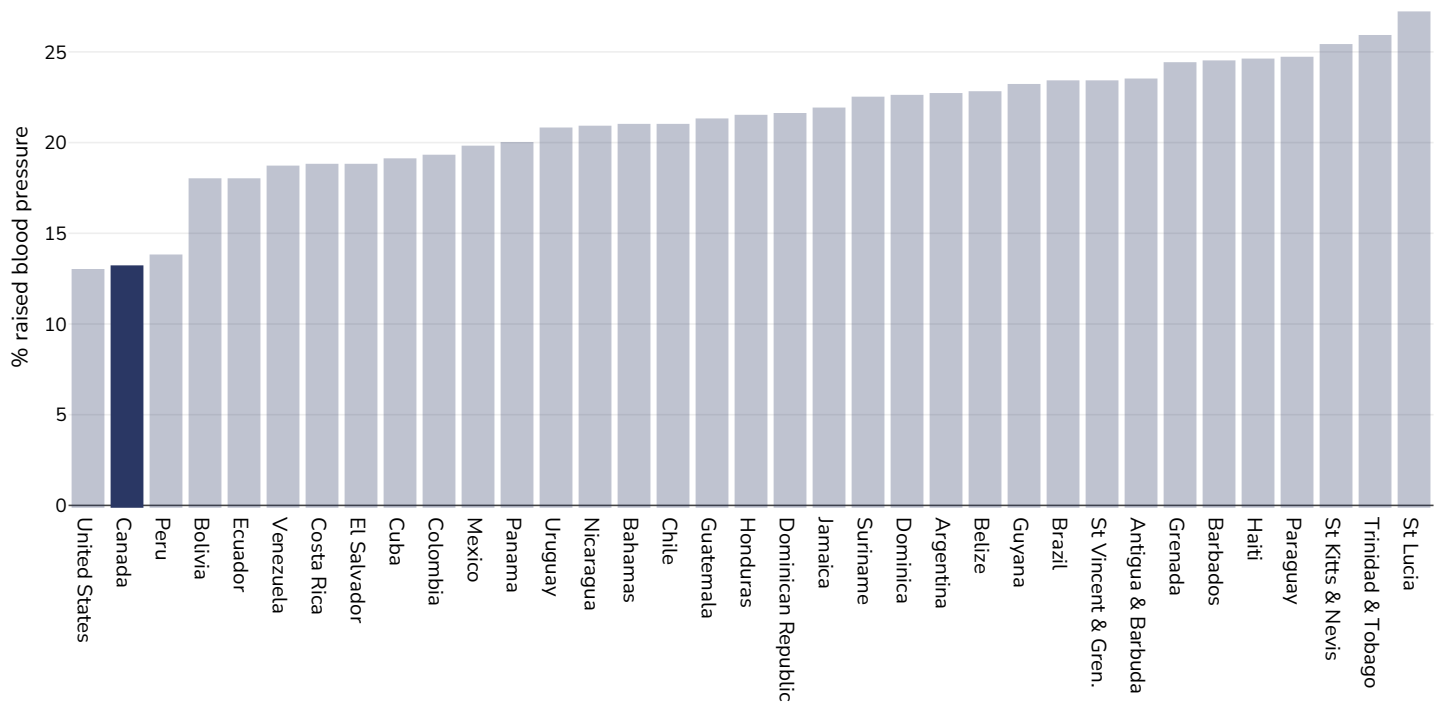
Age: 20+

References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000

## Raised blood pressure

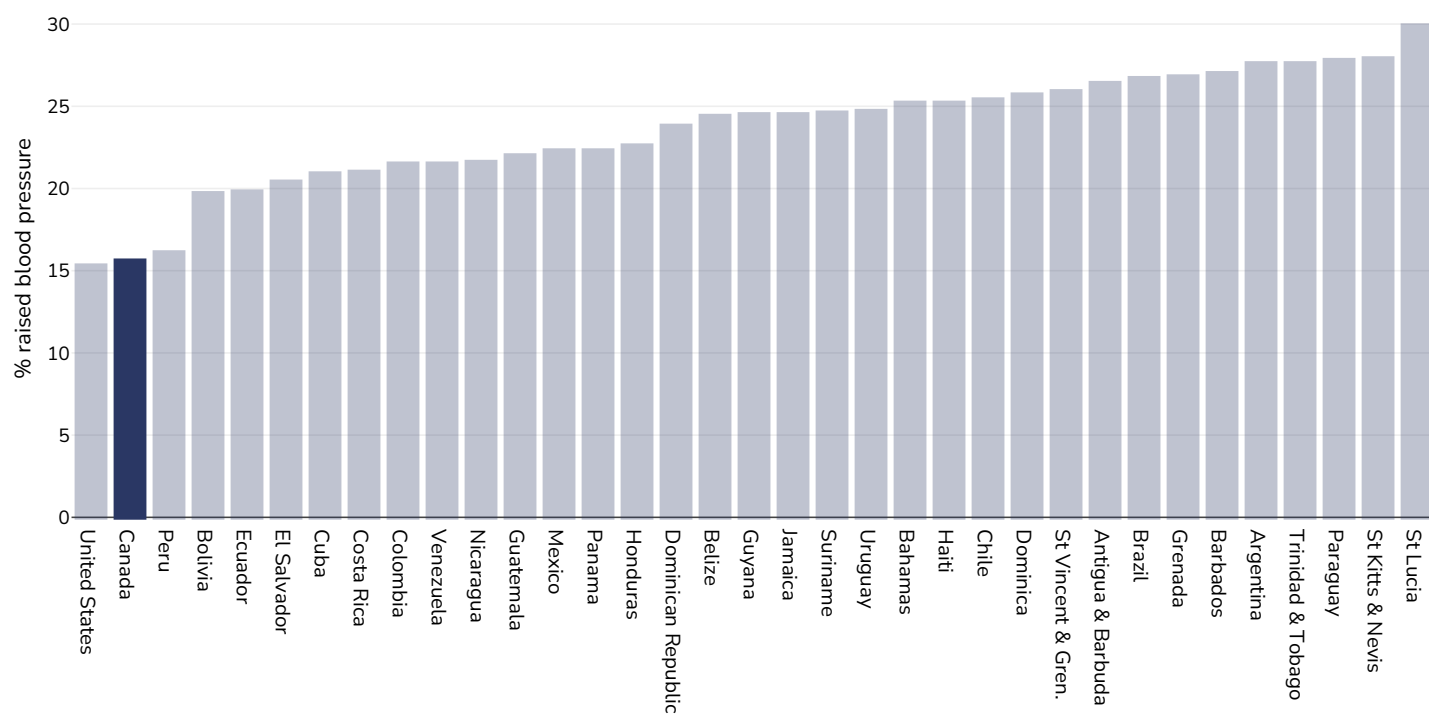
### Adults, 2015



**References:** Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A875?lang=en>

**Definitions:** Age Standardised estimated % Raised blood pressure 2015 (SBP $\geq$ 140 OR DBP $\geq$ 90).

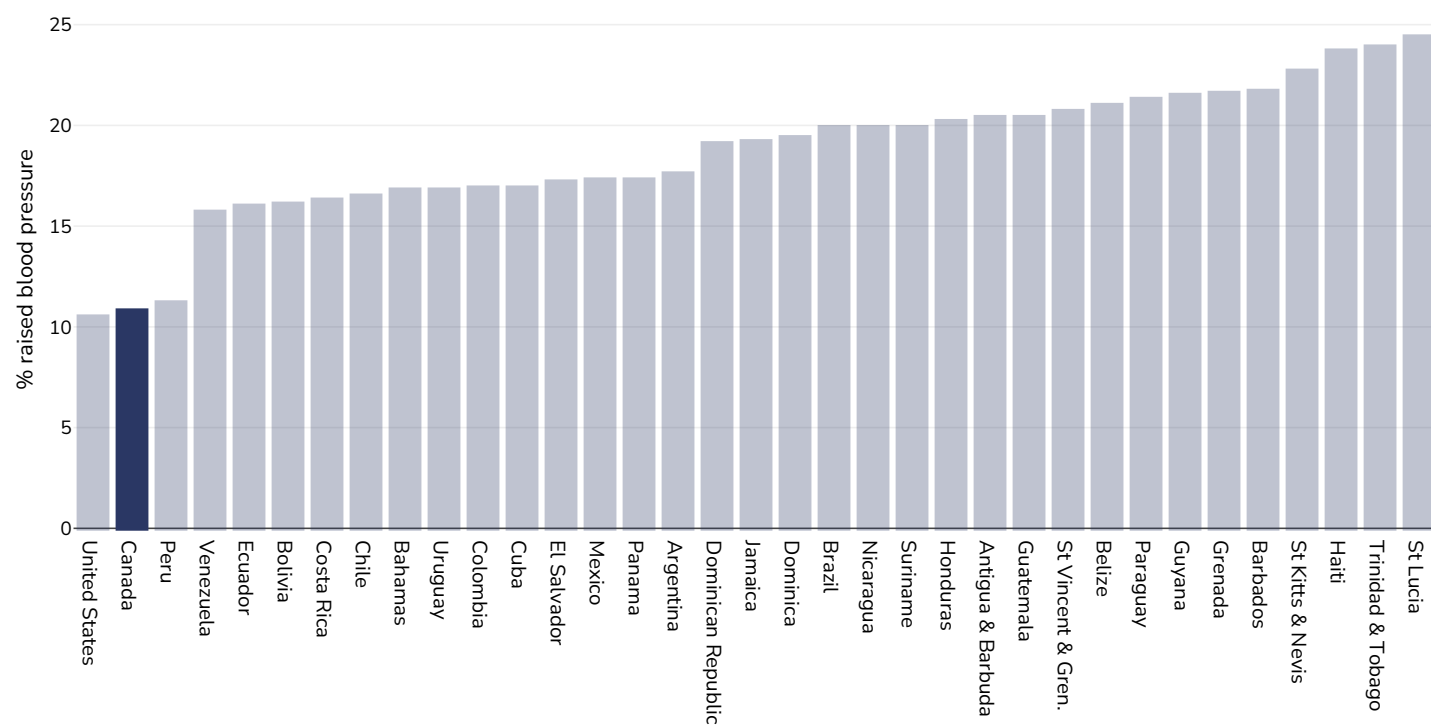
## Men, 2015



**References:** Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A875?lang=en>

**Definitions:** Age Standardised estimated % Raised blood pressure 2015 (SBP $\geq$ 140 OR DBP $\geq$ 90).

## Women, 2015

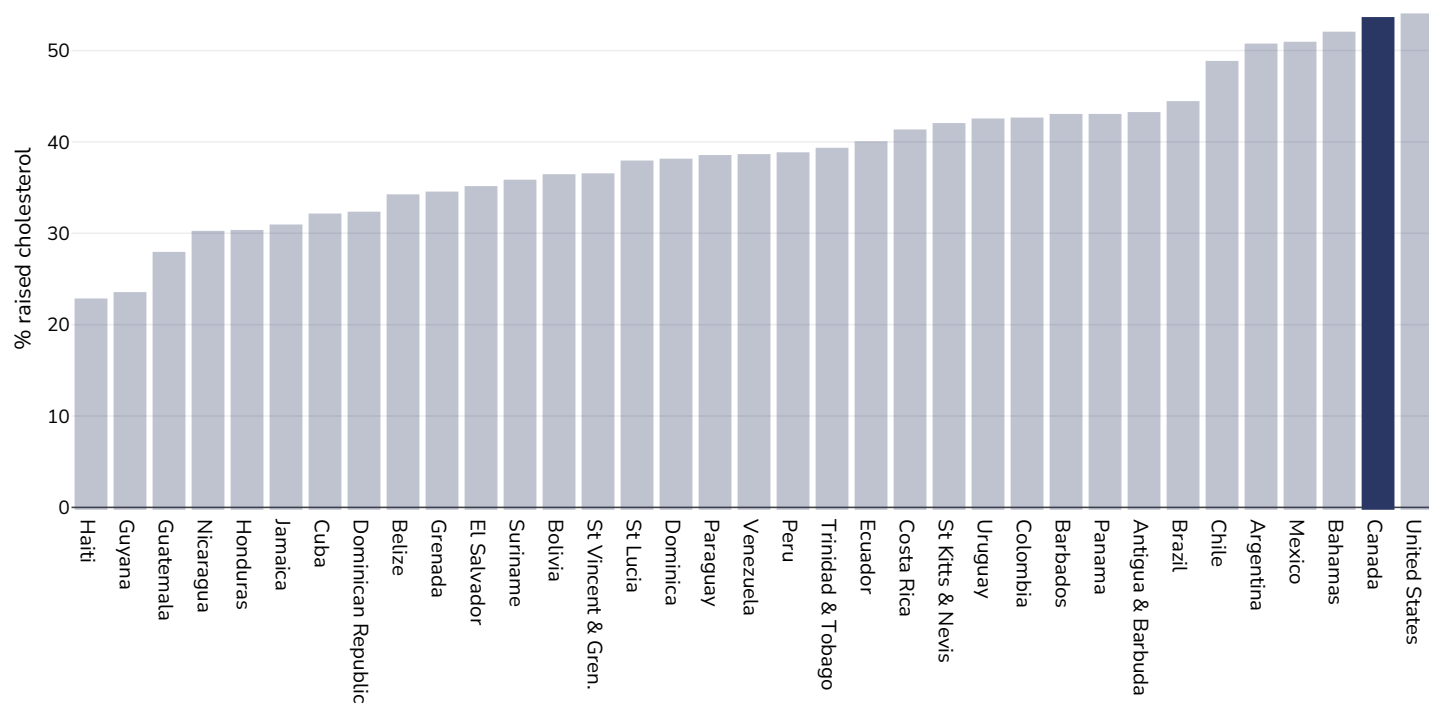


**References:** Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A875?lang=en>

**Definitions:** Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

## Raised cholesterol

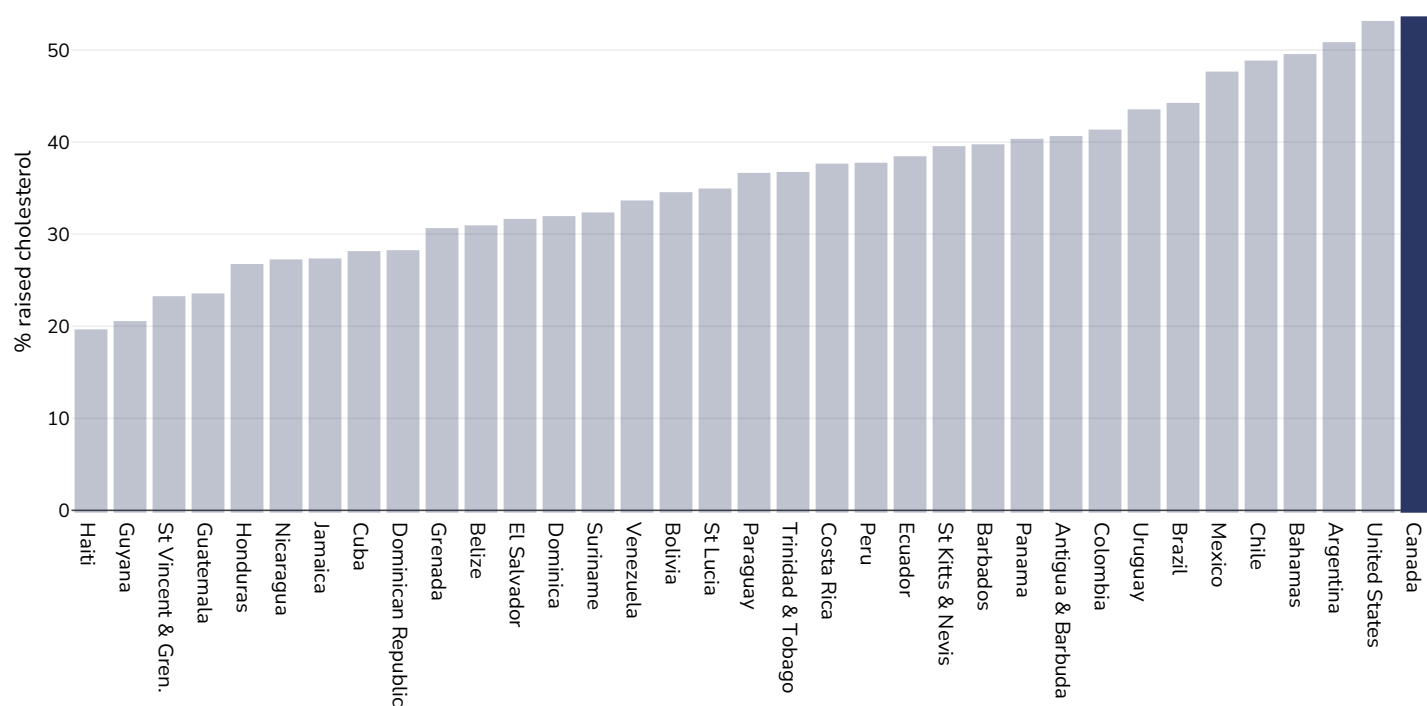
### Adults, 2008



**References:** Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A885>

**Definitions:** % Raised total cholesterol ( $\geq 5.0$  mmol/L) (age-standardized estimate).

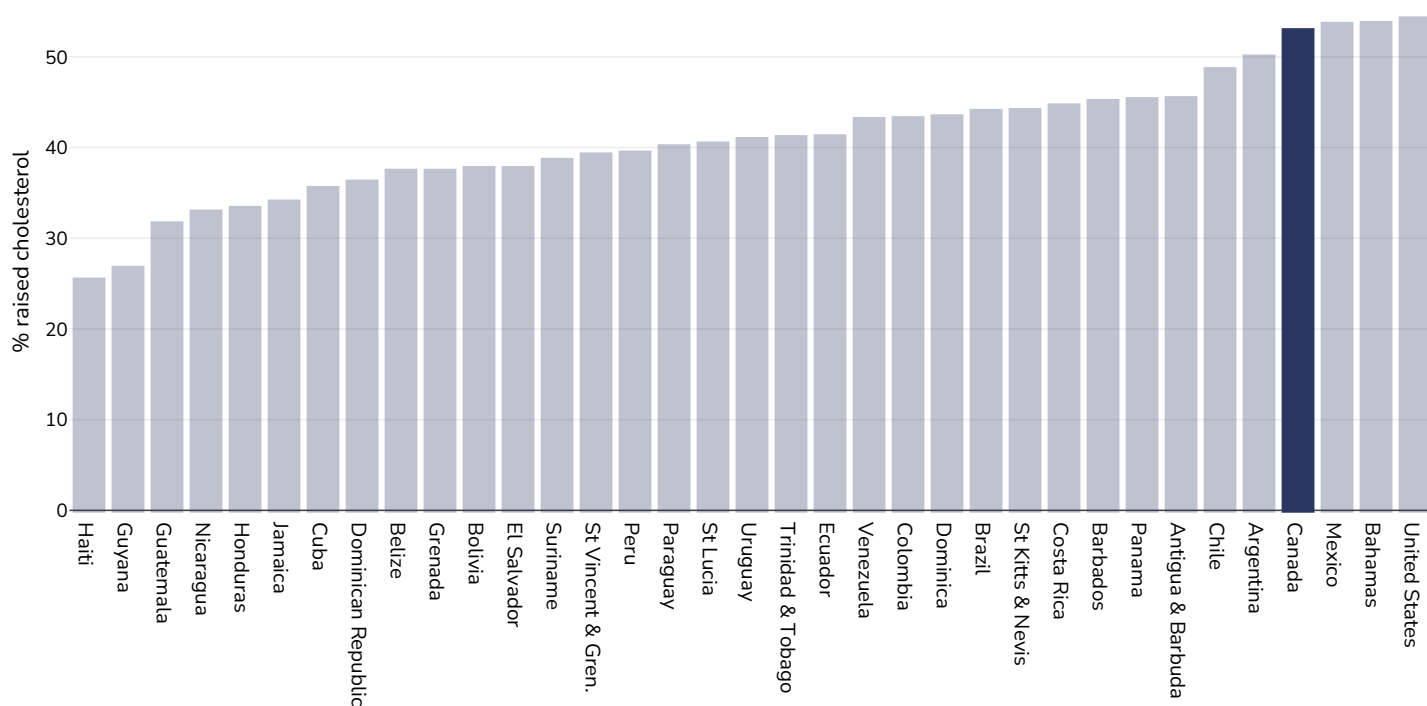
## Men, 2008



**References:** Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A885>

**Definitions:** % Raised total cholesterol ( $\geq 5.0$  mmol/L) (age-standardized estimate).

## Women, 2008

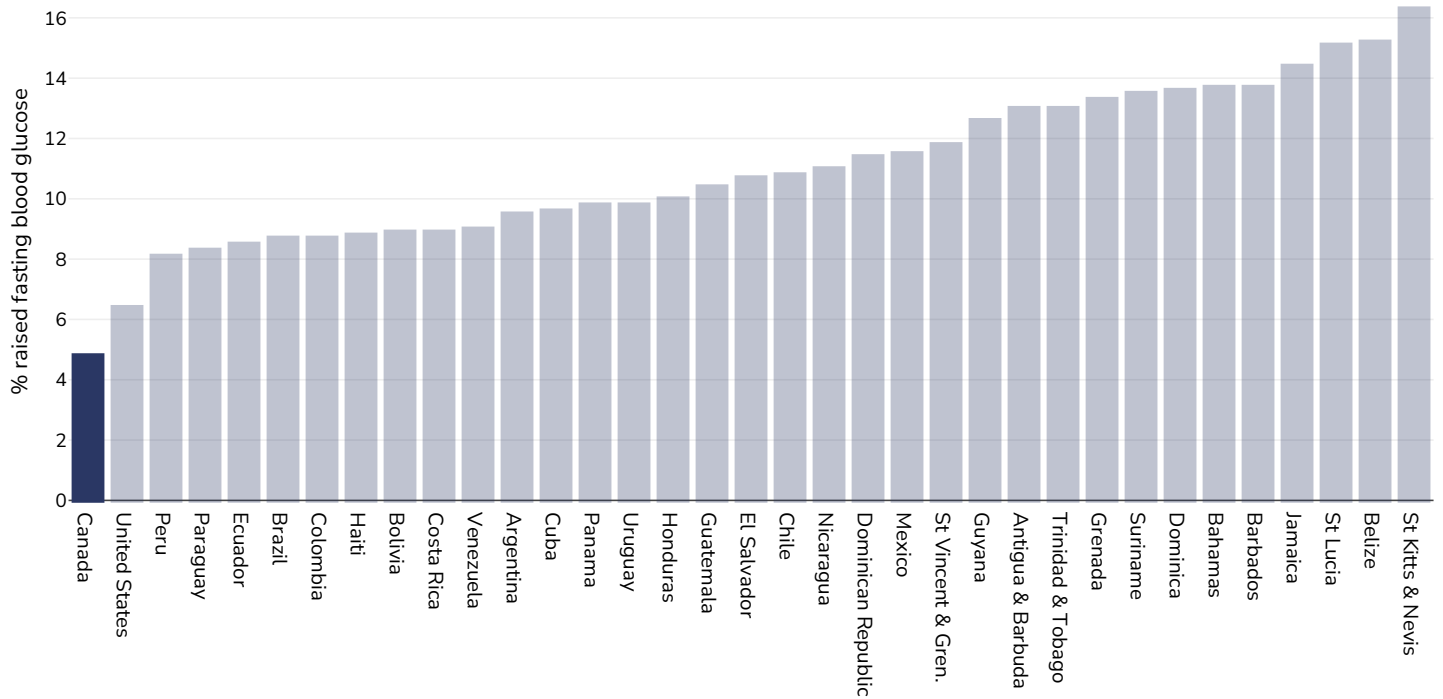


**References:** Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A885>

**Definitions:** % Raised total cholesterol ( $\geq 5.0$  mmol/L) (age-standardized estimate).

## Raised fasting blood glucose

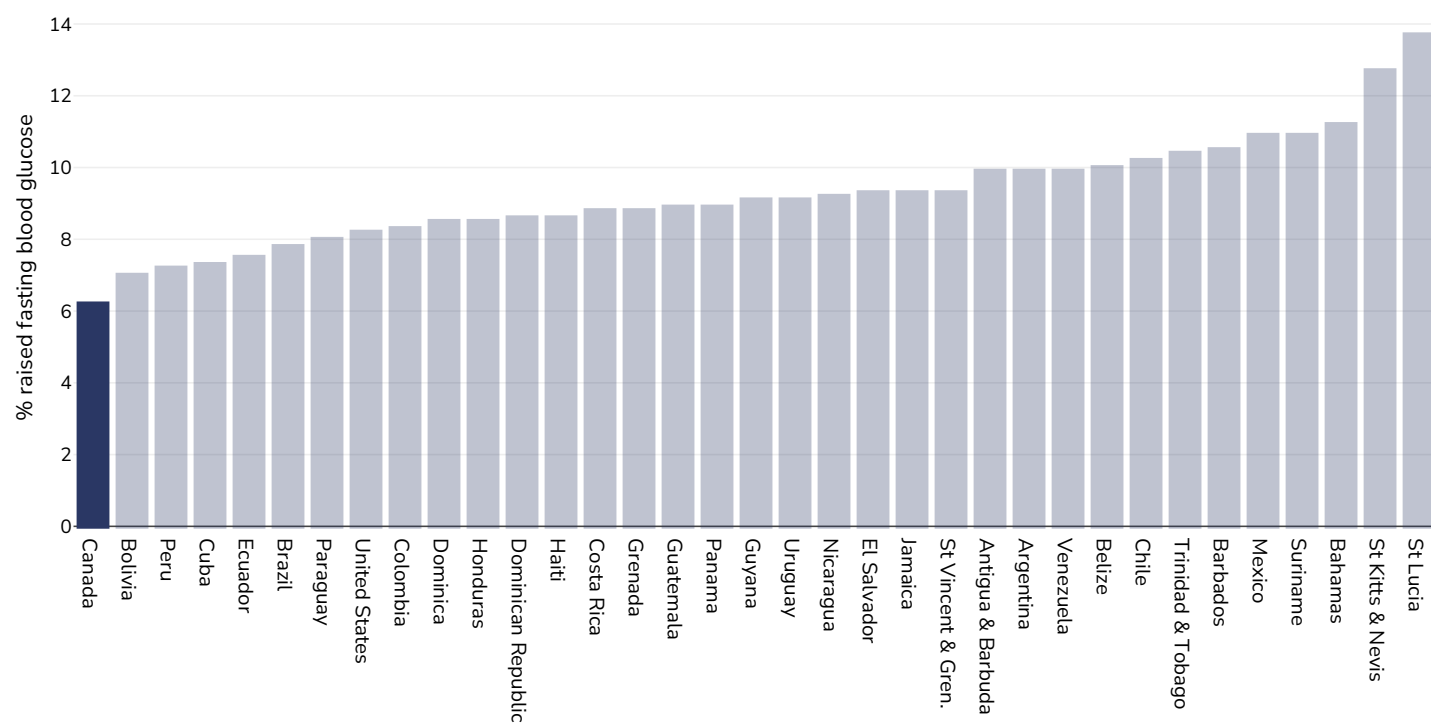
### Men, 2014



**References:** Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A869?lang=en>

**Definitions:** Age Standardised % raised fasting blood glucose ( $\geq 7.0$  mmol/L or on medication).

## Women, 2014

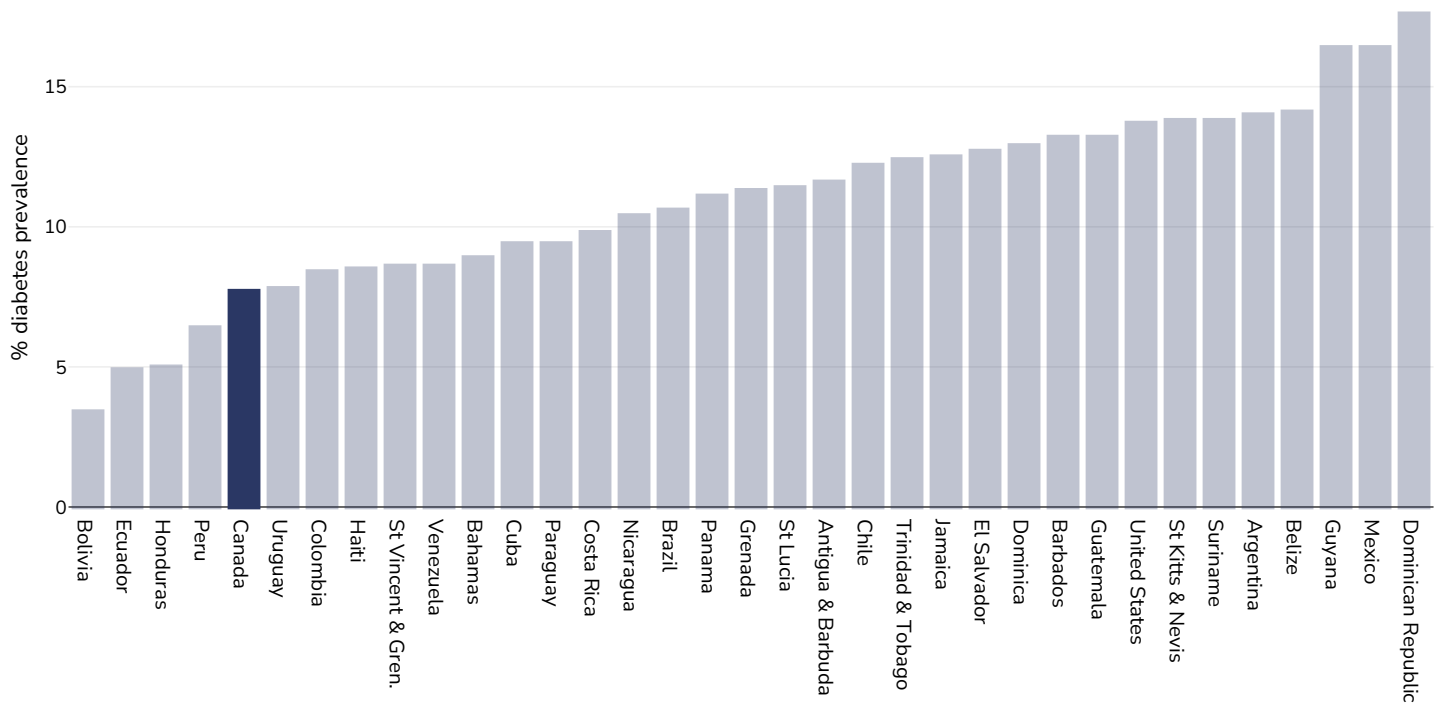


**References:** Global Health Observatory data repository, World Health Organisation, <http://apps.who.int/gho/data/node.main.A869?lang=en>

**Definitions:** Age Standardised % raised fasting blood glucose ( $\geq 7.0$  mmol/L or on medication).

## Diabetes prevalence

### Adults, 2024

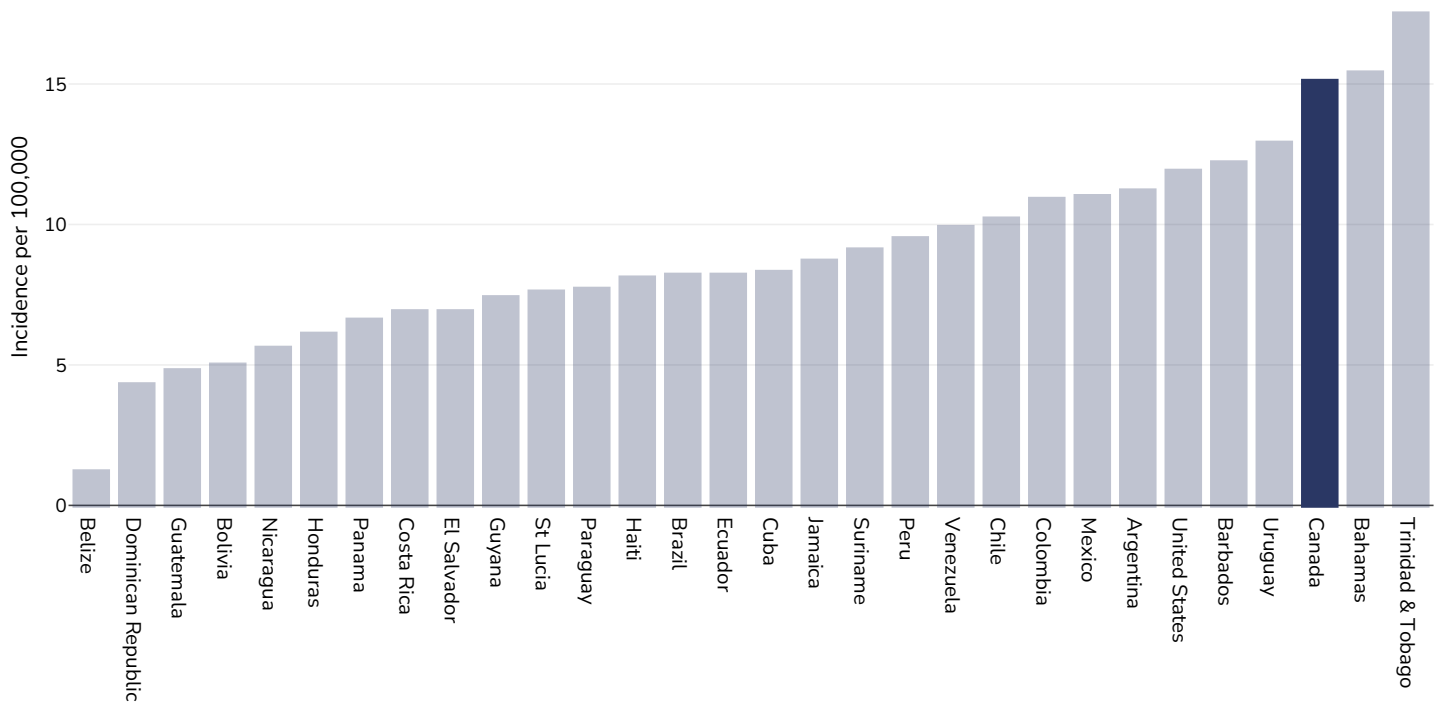


**References:**

Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 11th edn. Brussels, Belgium:International Diabetes Federation, 2025. <http://www.diabetesatlas.org>

## Ovarian Cancer

### Women, 2022



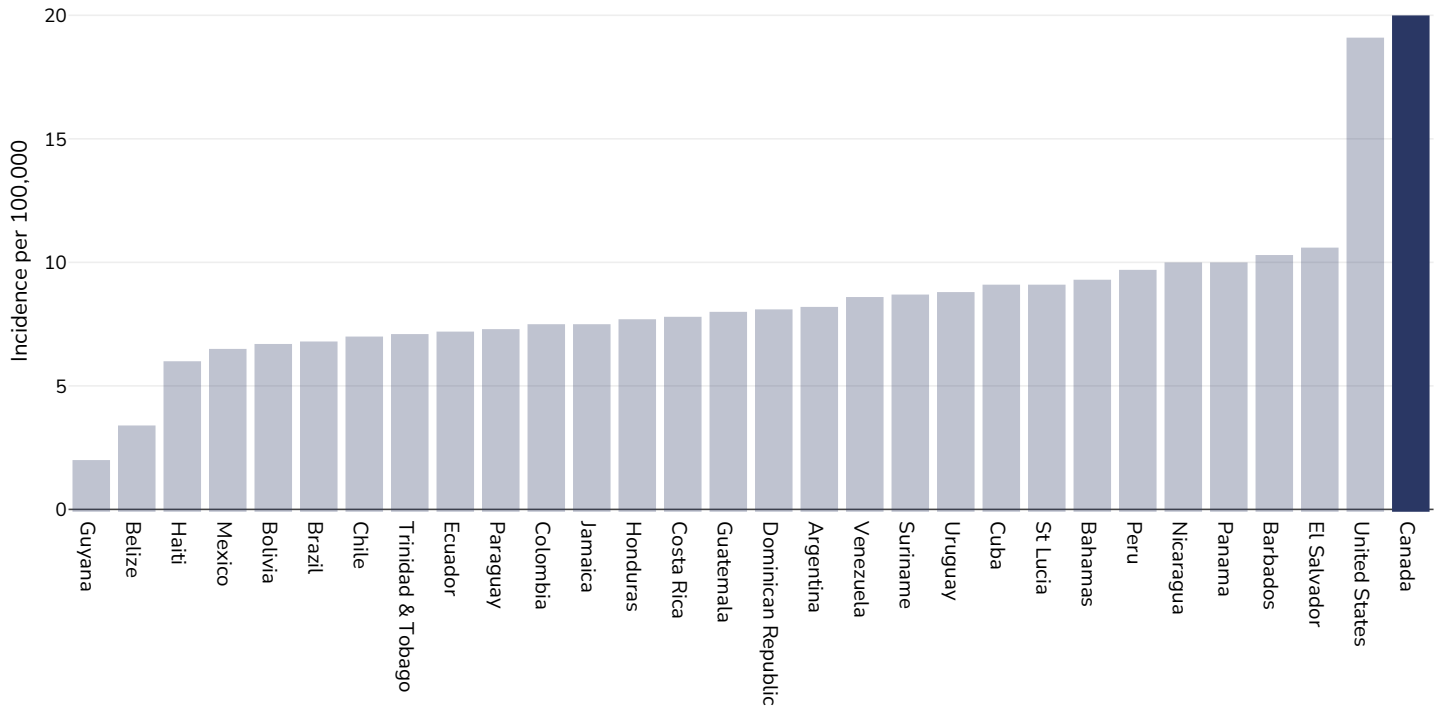
Age: 20+

References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000

## Leukemia

### Men, 2022



Age: 20+

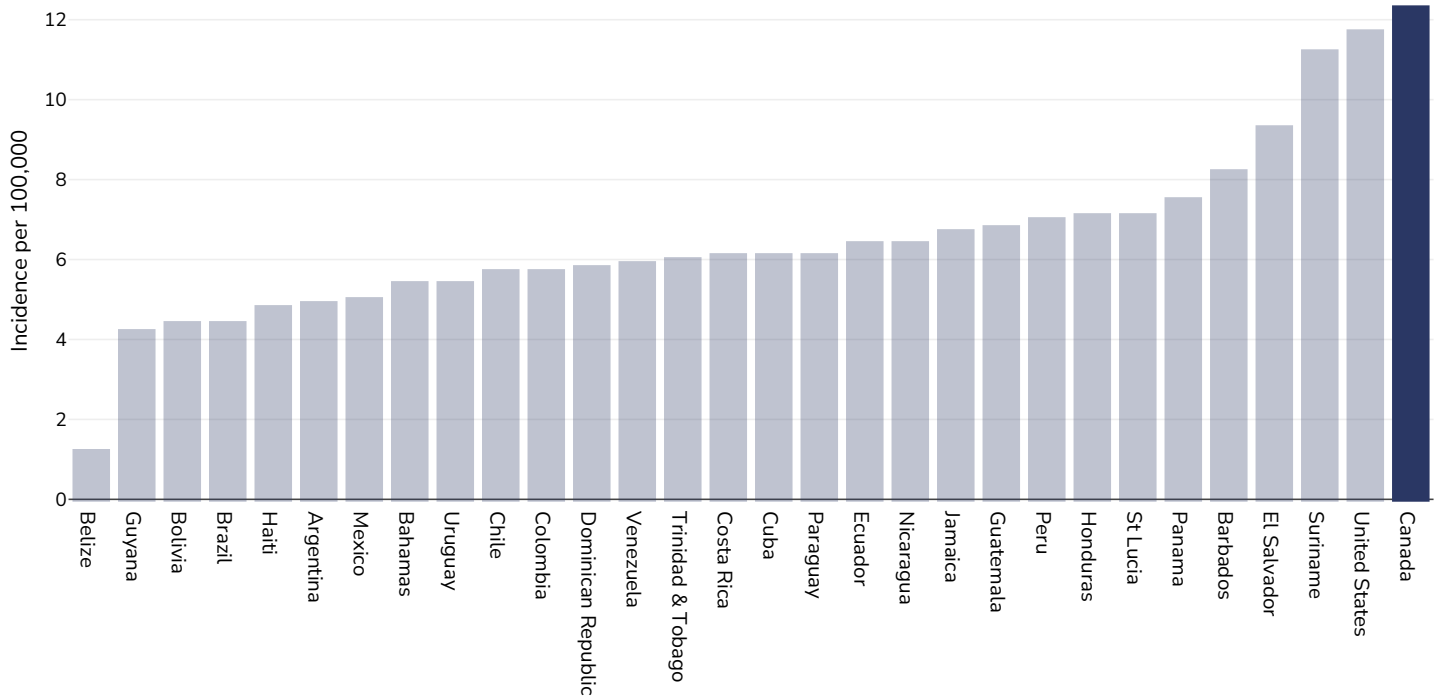
Area covered: National

References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.

## Women, 2022



Age: 20+

Area covered: National

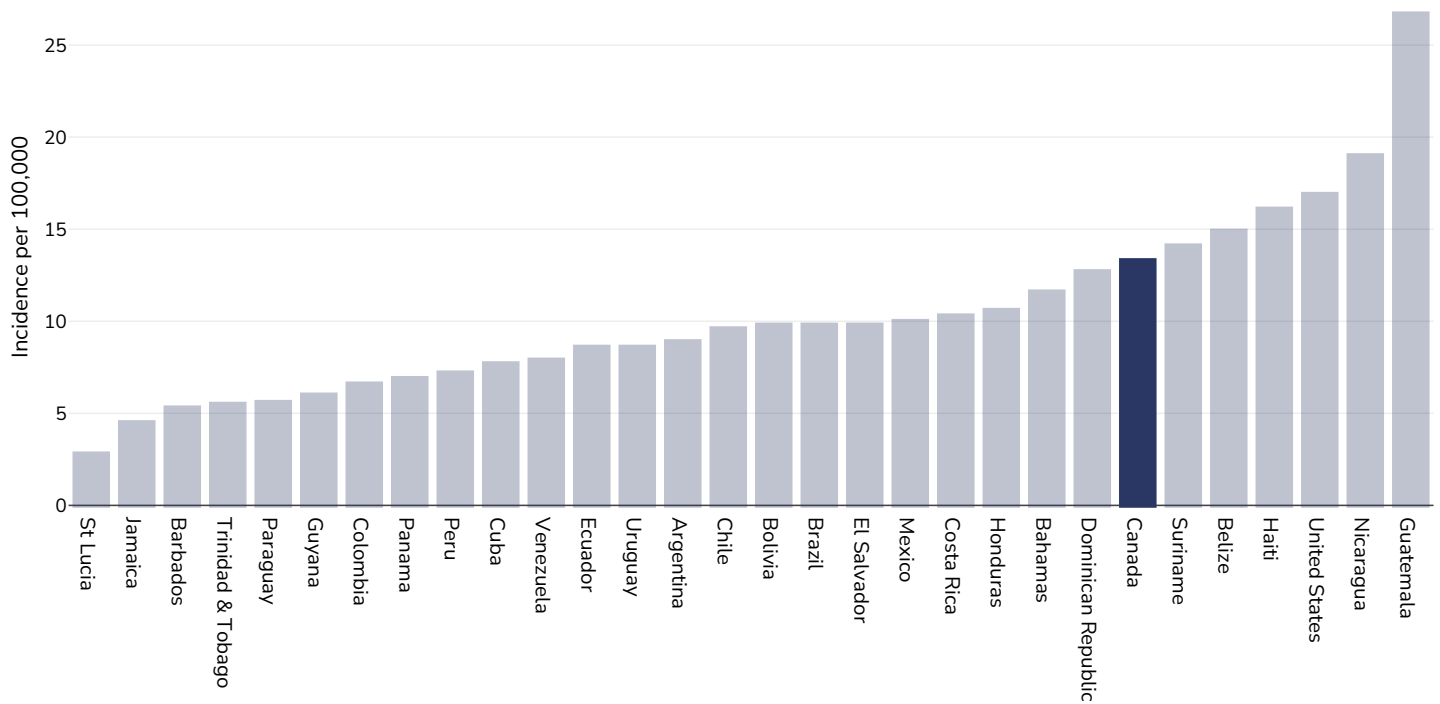
References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.

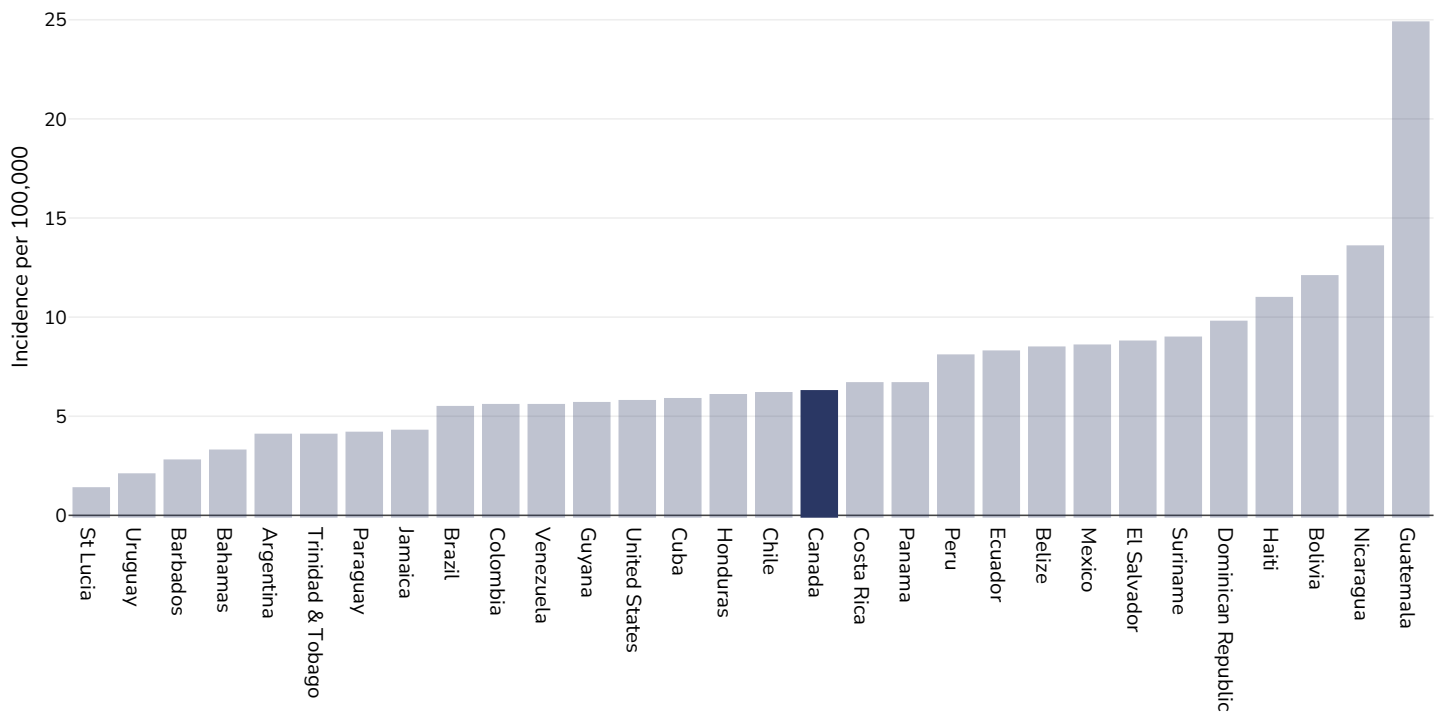
## Liver and intrahepatic bile duct Cancer

### Men, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <a href="https://gco.iarc.who.int/today">https://gco.iarc.who.int/today</a> , accessed [16.07.24]
Definitions:	Incidence per 100,000

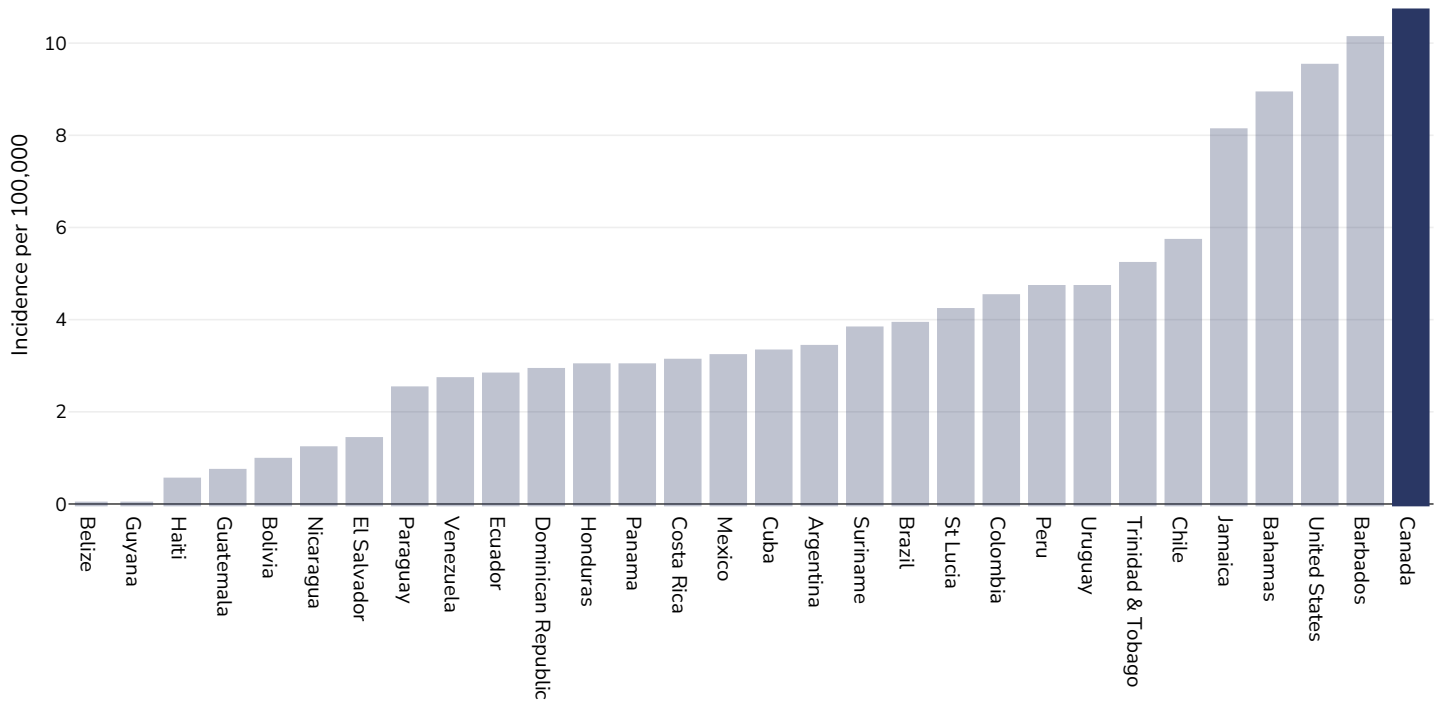
## Women, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <a href="https://gco.iarc.who.int/today">https://gco.iarc.who.int/today</a> , accessed [16.07.24]
Definitions:	Incidence per 100,000

## Multiple Myeloma

### Men, 2022



Age: 20+

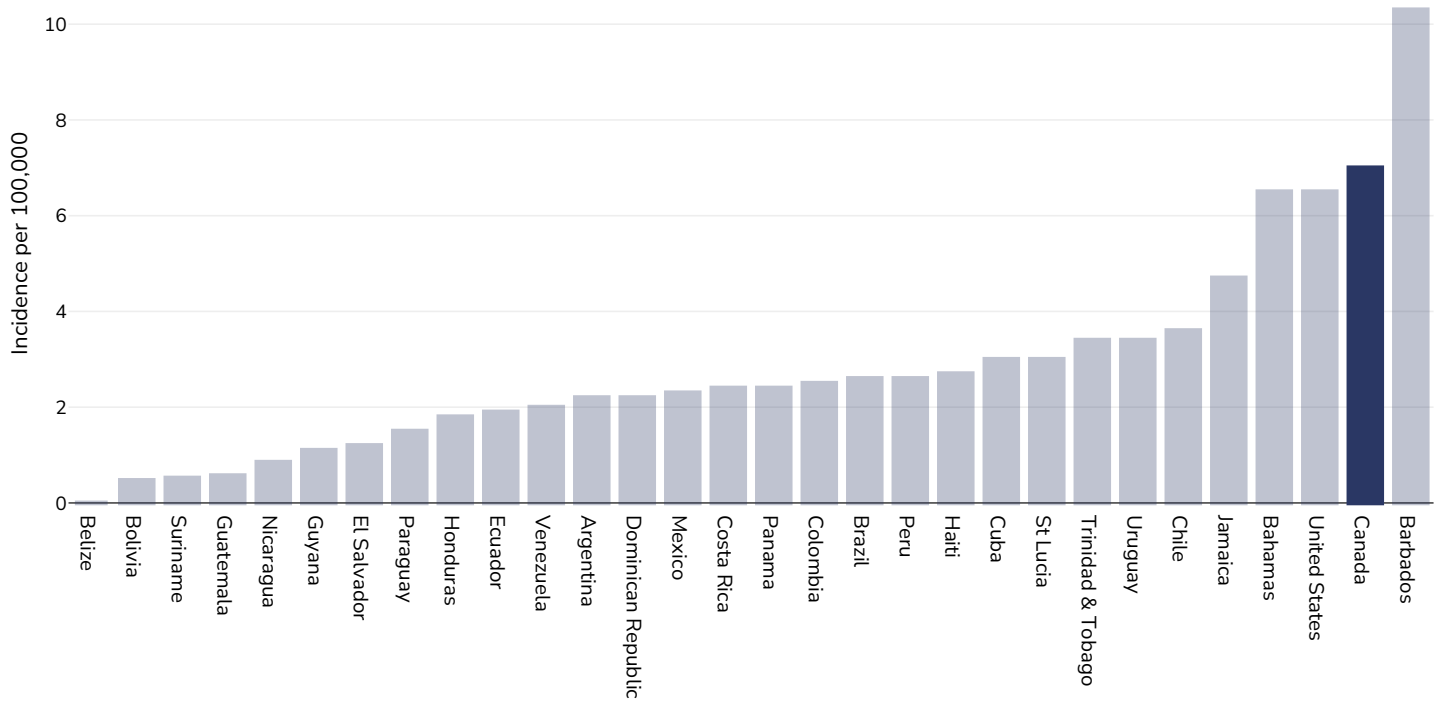
Area covered: National

References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.

## Women, 2022

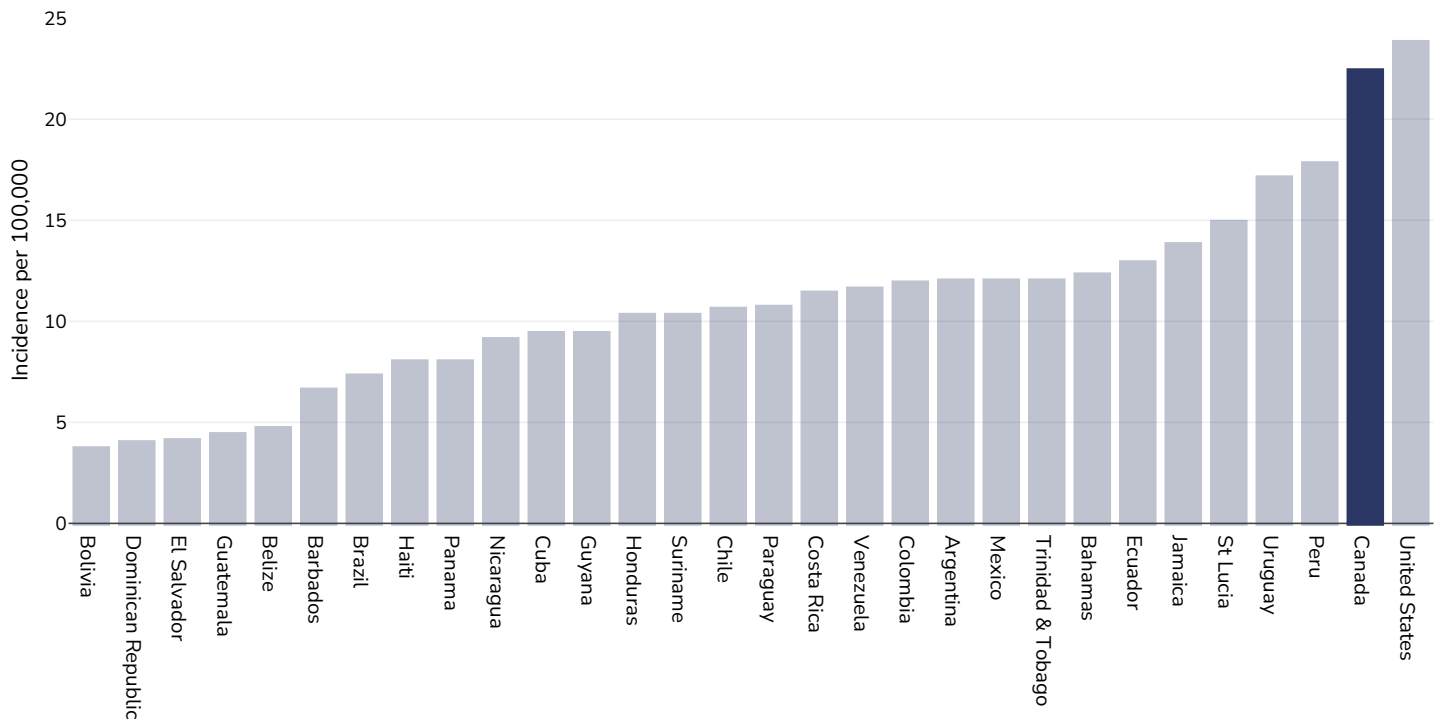


Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <a href="https://gco.iarc.who.int/today">https://gco.iarc.who.int/today</a> , accessed [16.07.24]
Definitions:	Incidence per 100,000

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.

## Non Hodgkin Lymphoma

### Men, 2022



Age: 20+

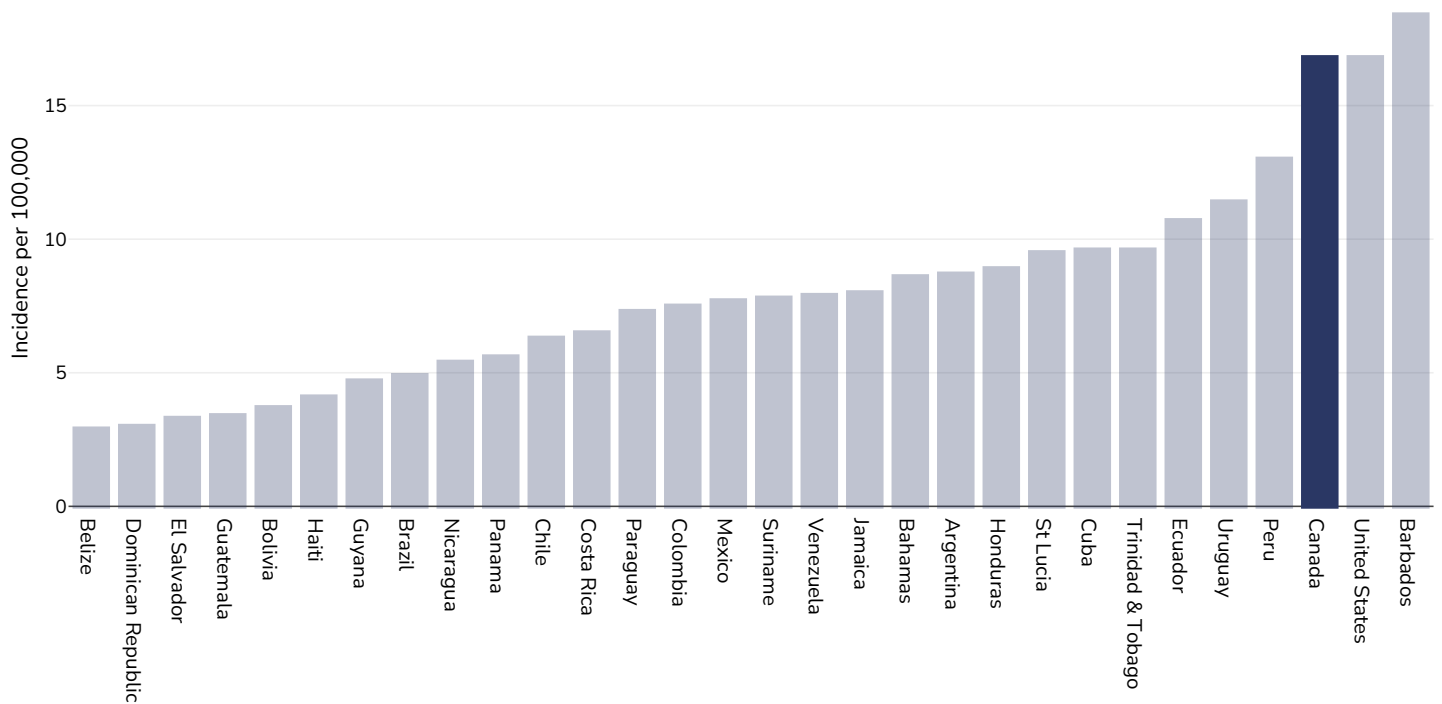
Area covered: National

References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.

**Women, 2022**



Age: 20+

Area covered: National

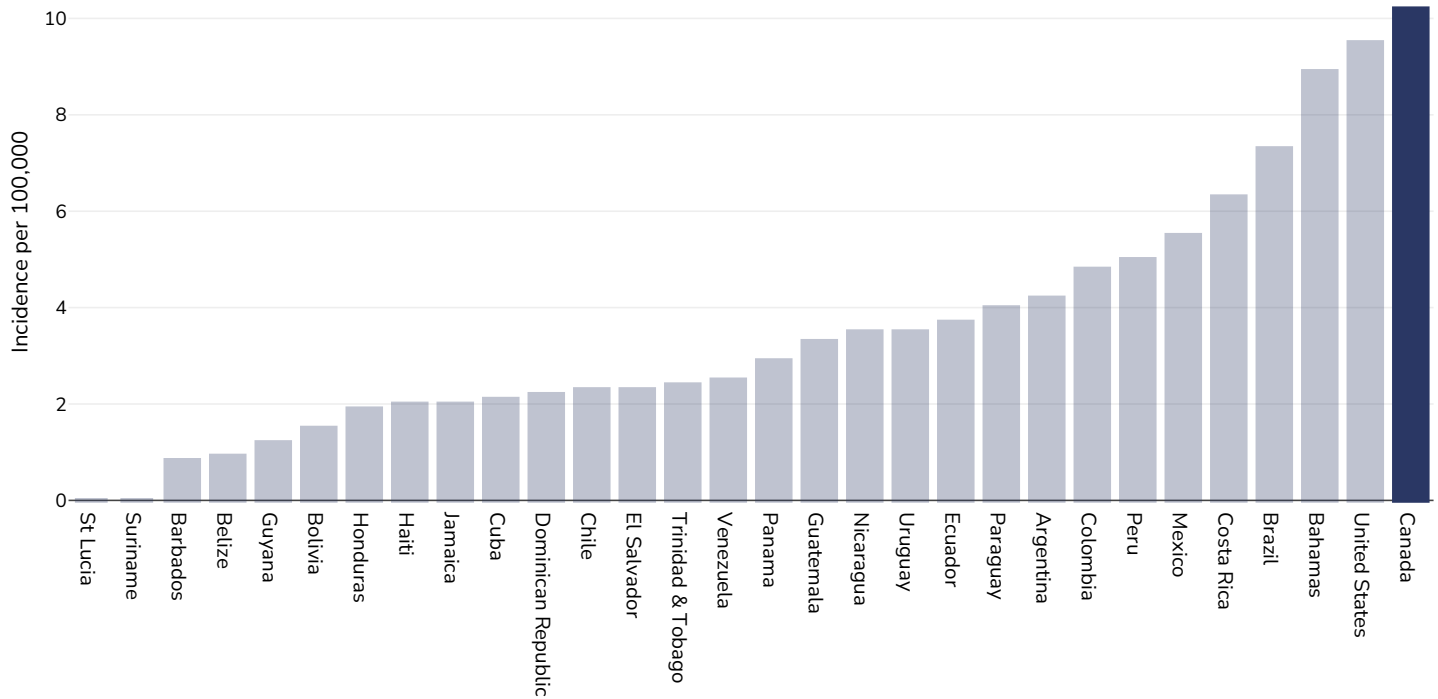
References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.

## Thyroid Cancer

### Men, 2022



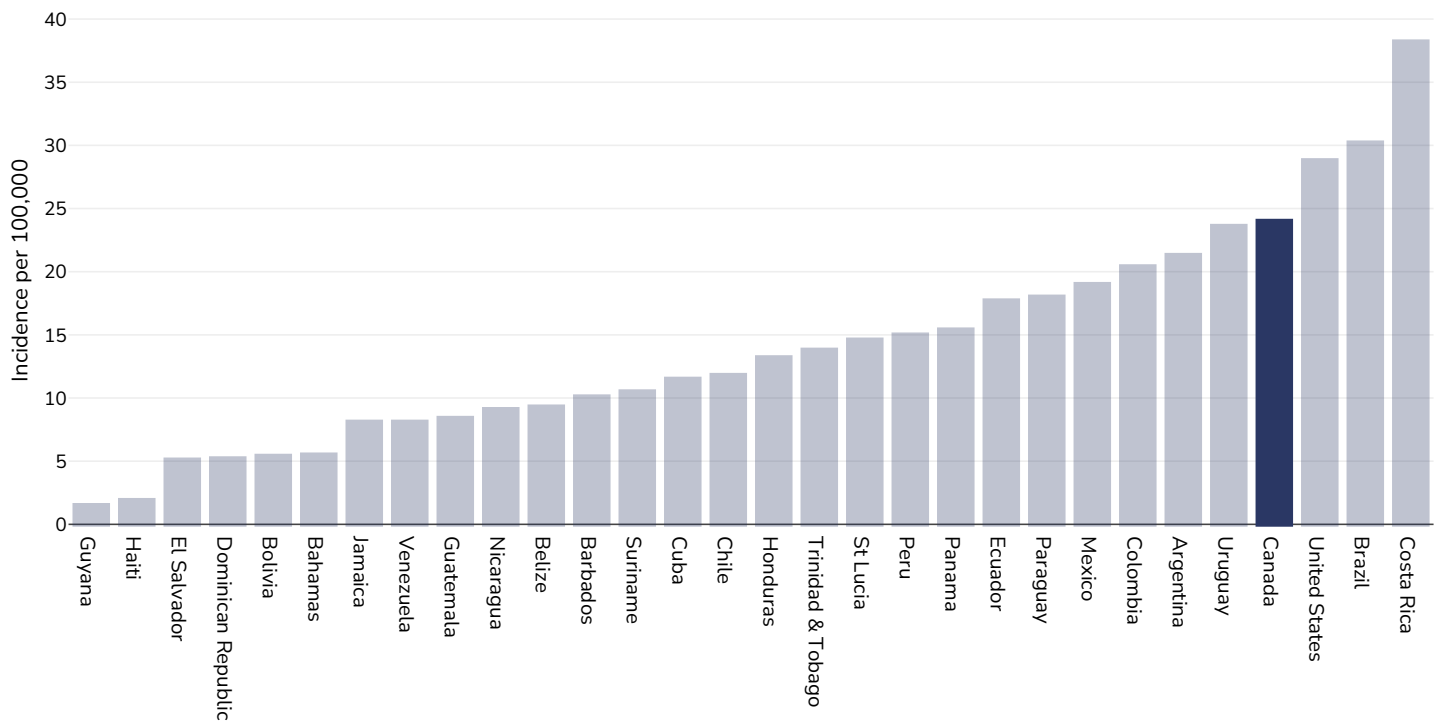
Age: 20+

Area covered: National

References: Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.who.int/today>, accessed [16.07.24]

Definitions: Incidence per 100,000

## Women, 2022



Age:	20+
Area covered:	National
References:	Ferlay J, Ervik M, Lam F, Laversanne M, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2024). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <a href="https://gco.iarc.who.int/today">https://gco.iarc.who.int/today</a> , accessed [16.07.24]
Definitions:	Incidence per 100,000

PDF created on May 5, 2026