



# Cabo Verde



## Country report card - under-5s

*This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children under 5. Where available, data on common and relevant obesity drivers and comorbidities are also presented.*

*View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/cabo-verde-37/>.*

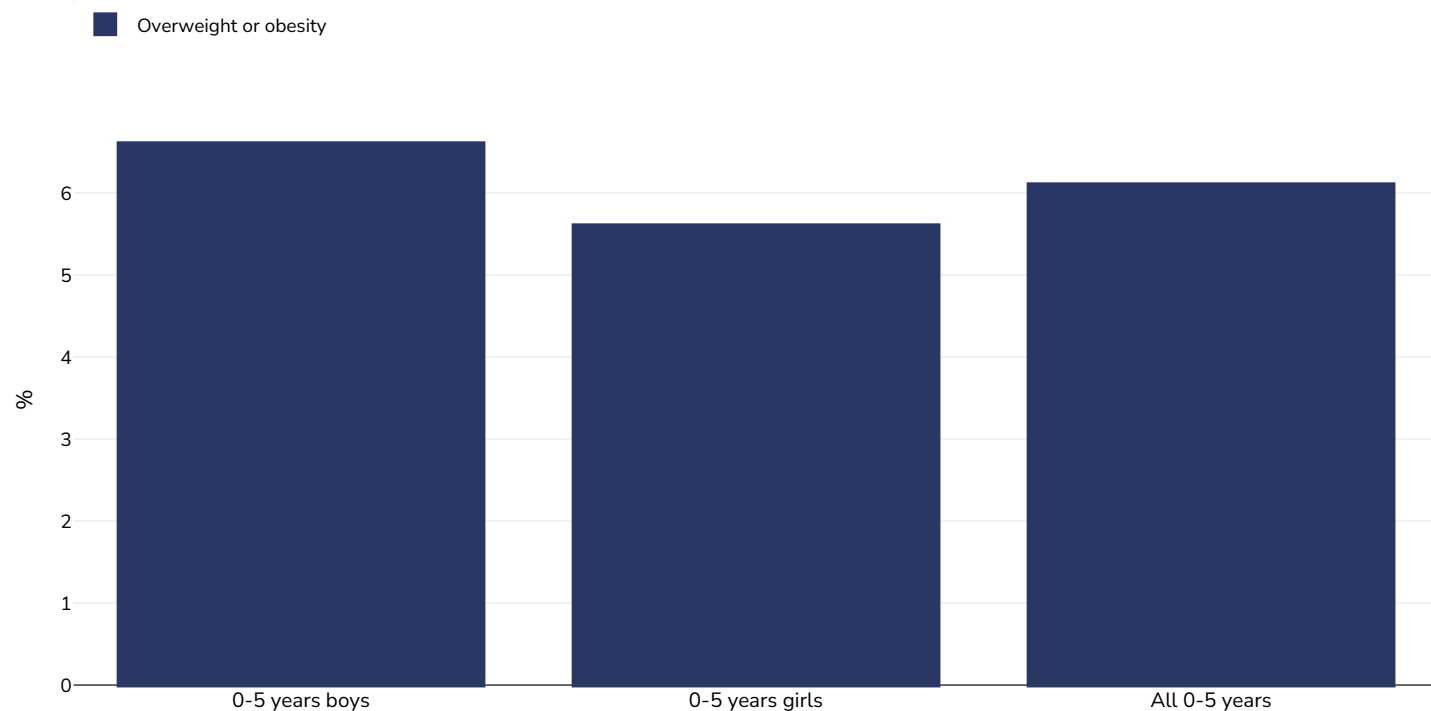


Contents	Page
Obesity prevalence	3
Overweight/obesity by education	4
Overweight/obesity by region	5
Overweight/obesity by socio-economic group	6
% Infants exclusively breastfed 0-5 months	7



## Obesity prevalence

### 0-5 years, 2018

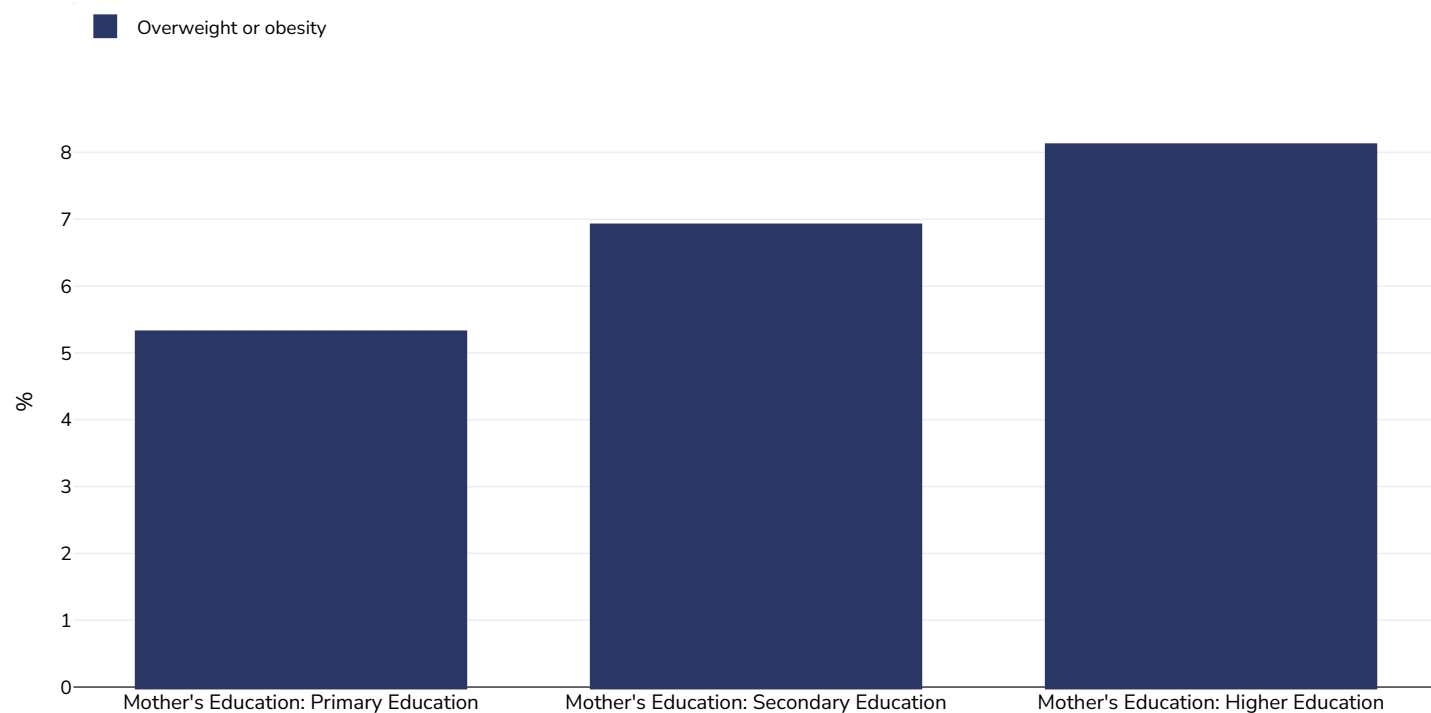


Survey type:	Measured
Age:	0-5
Sample size:	1198
Area covered:	National
References:	Inquérito Demográfico e de Saúde Reprodutiva, IDSR-III, Cabo Verde 2018. Praia, Cabo Verde e Columbia, Maryland, USA
Notes:	UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight estimates: National and Disaggregated, July 2025, New York. Weighted sample size. For more information, please consult <a href="https://data.unicef.org/resources/jme/">https://data.unicef.org/resources/jme/</a> .
Definitions:	Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.
Cutoffs:	=>+2SD



## Overweight/obesity by education

0-5 years, 2018

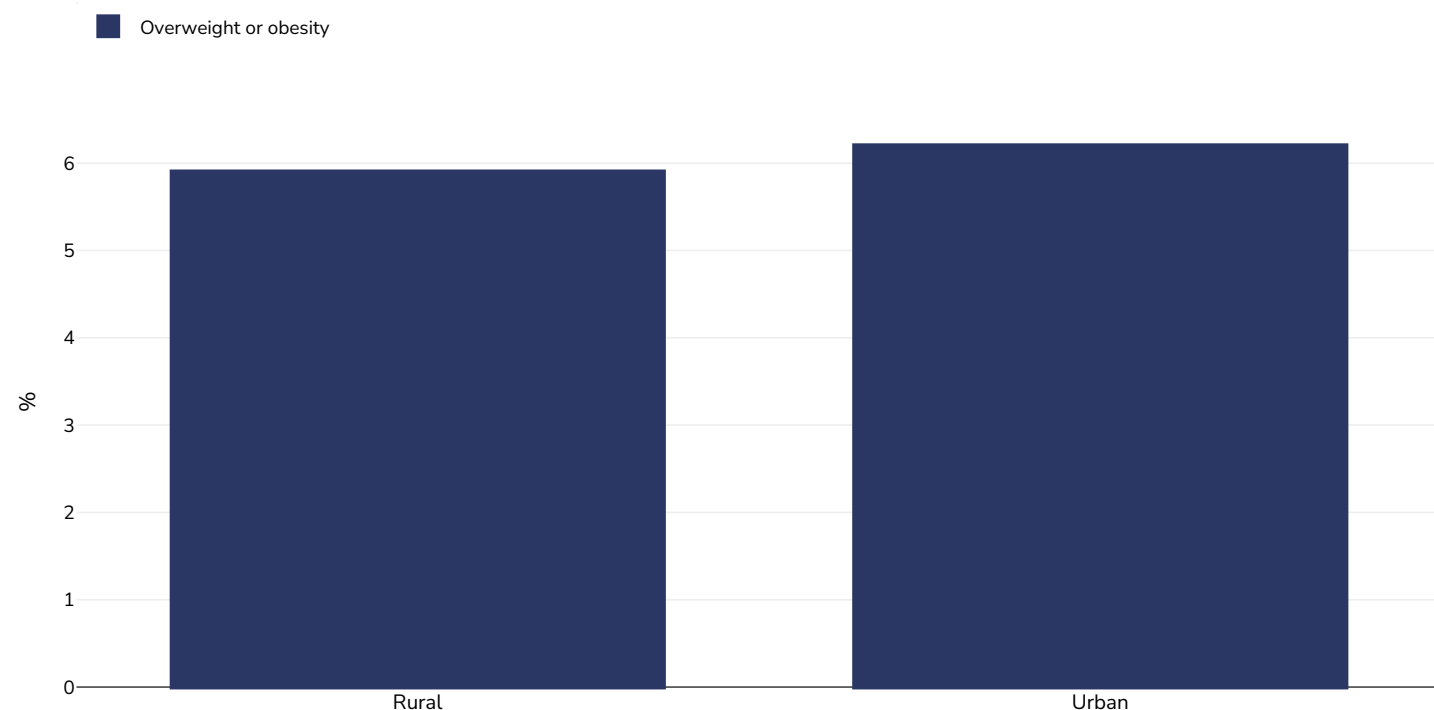


Survey type:	Measured
Sample size:	1025
Area covered:	National
References:	Inquérito Demográfico e de Saúde Reprodutiva, IDSR-III, Cabo Verde 2018. Praia, Cabo Verde e Columbia, Maryland, USA
Notes:	UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight estimates: National and Disaggregated, July 2025, New York. Weighted sample size. For more information, please consult <a href="https://data.unicef.org/resources/jme/">https://data.unicef.org/resources/jme/</a> .
Definitions:	Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.
Cutoffs:	=>+2SD



## Overweight/obesity by region

0-5 years, 2018

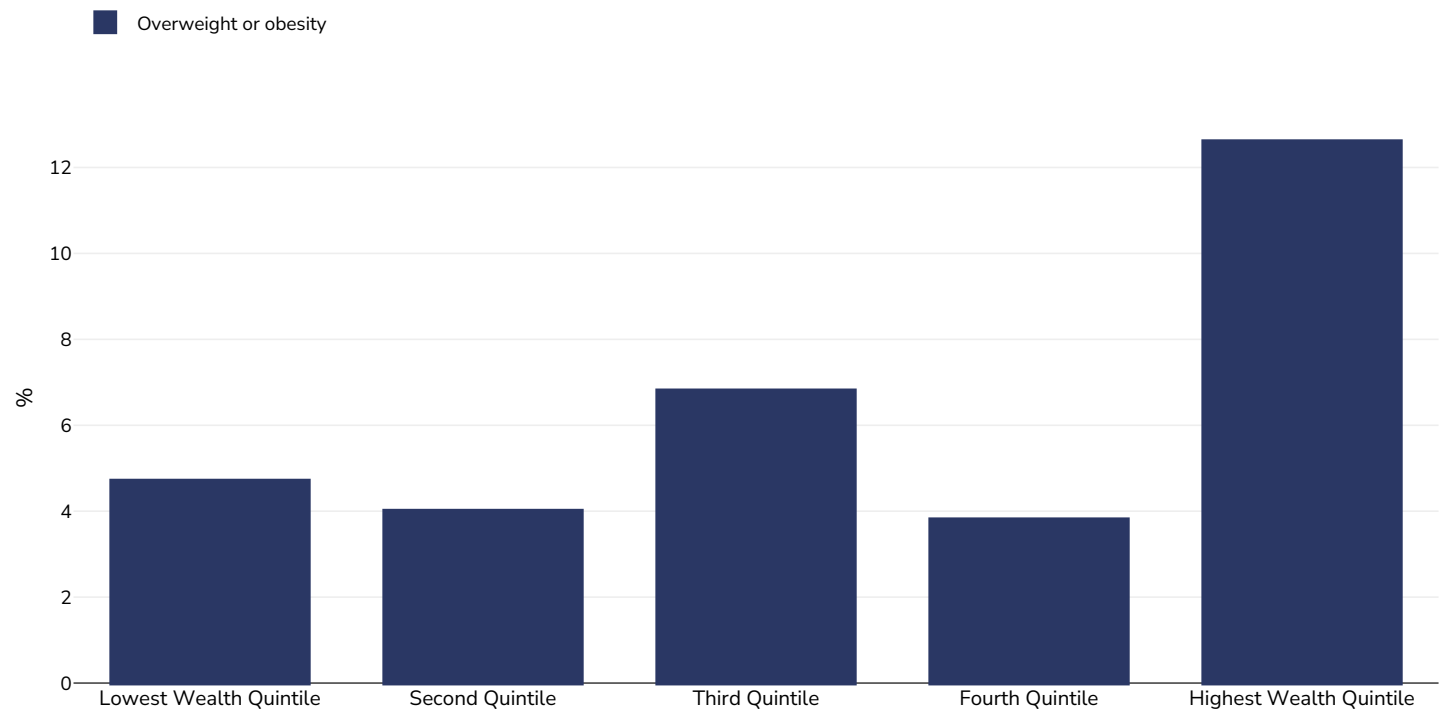


Survey type:	Measured
Sample size:	1198
Area covered:	National
References:	Inquérito Demográfico e de Saúde Reprodutiva, IDSR-III, Cabo Verde 2018. Praia, Cabo Verde e Columbia, Maryland, USA
Notes:	UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight estimates: National and Disaggregated, July 2025, New York. Weighted sample size. For more information, please consult <a href="https://data.unicef.org/resources/jme/">https://data.unicef.org/resources/jme/</a> .
Definitions:	Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.
Cutoffs:	=>+2SD



## Overweight/obesity by socio-economic group

0-5 years, 2018

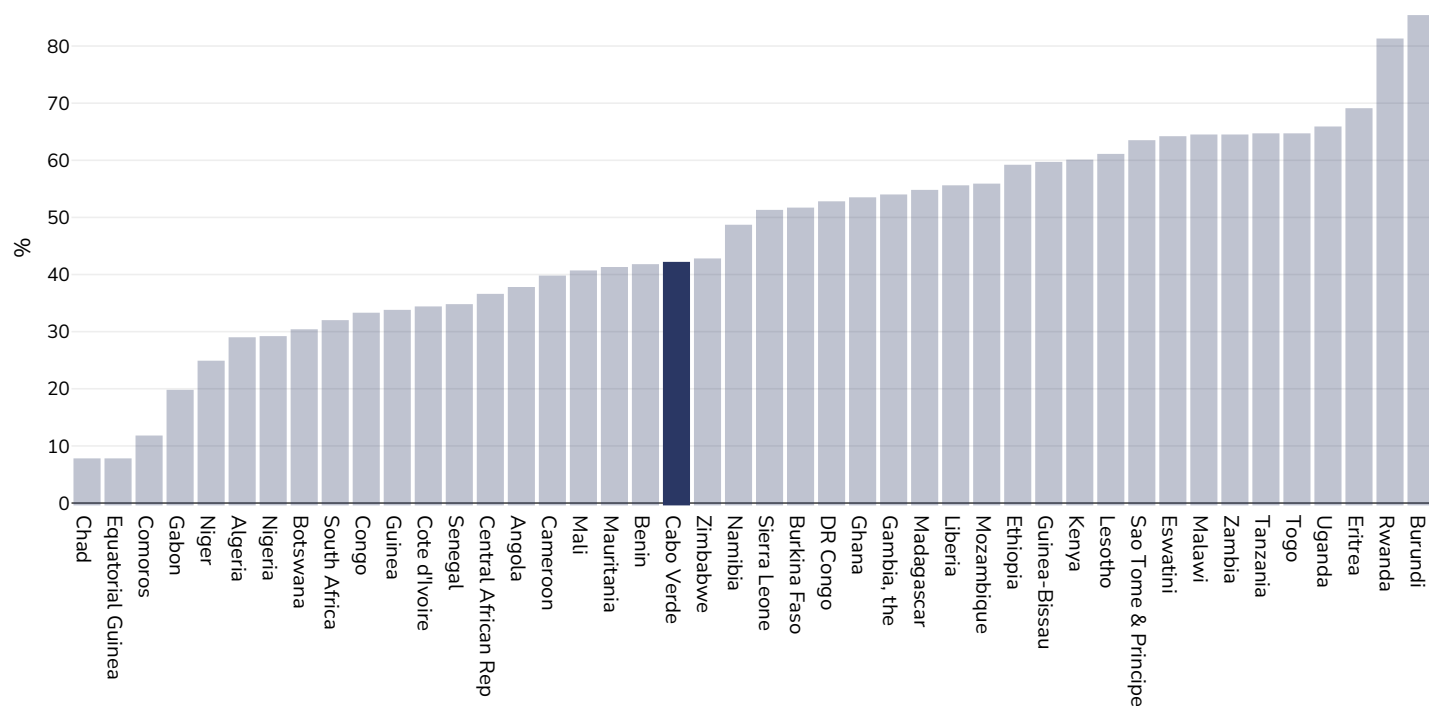


Survey type:	Measured
Sample size:	1198
Area covered:	National
References:	Inquérito Demográfico e de Saúde Reprodutiva, IDSR-III, Cabo Verde 2018. Praia, Cabo Verde e Columbia, Maryland, USA
Notes:	UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight estimates: National and Disaggregated, July 2025, New York. Weighted sample size. For more information, please consult <a href="https://data.unicef.org/resources/jme/">https://data.unicef.org/resources/jme/</a> .
Definitions:	Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.
Cutoffs:	=>+2SD



## % Infants exclusively breastfed 0-5 months

0-5 years, 2010-2024



**References:** Inquérito Demográfico e de Saúde Reprodutiva, IDSR-III, Cabo Verde 2018. Praia, Cabo Verde e Columbia, Maryland, USA

**Notes:** Full details are available. Original citation United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2023).  
Global UNICEF Global Databases: Infant and Young Child Feeding: Exclusive breastfeeding, New York, October 2023.

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