



# Bulharsko



## Country report card - under-5s

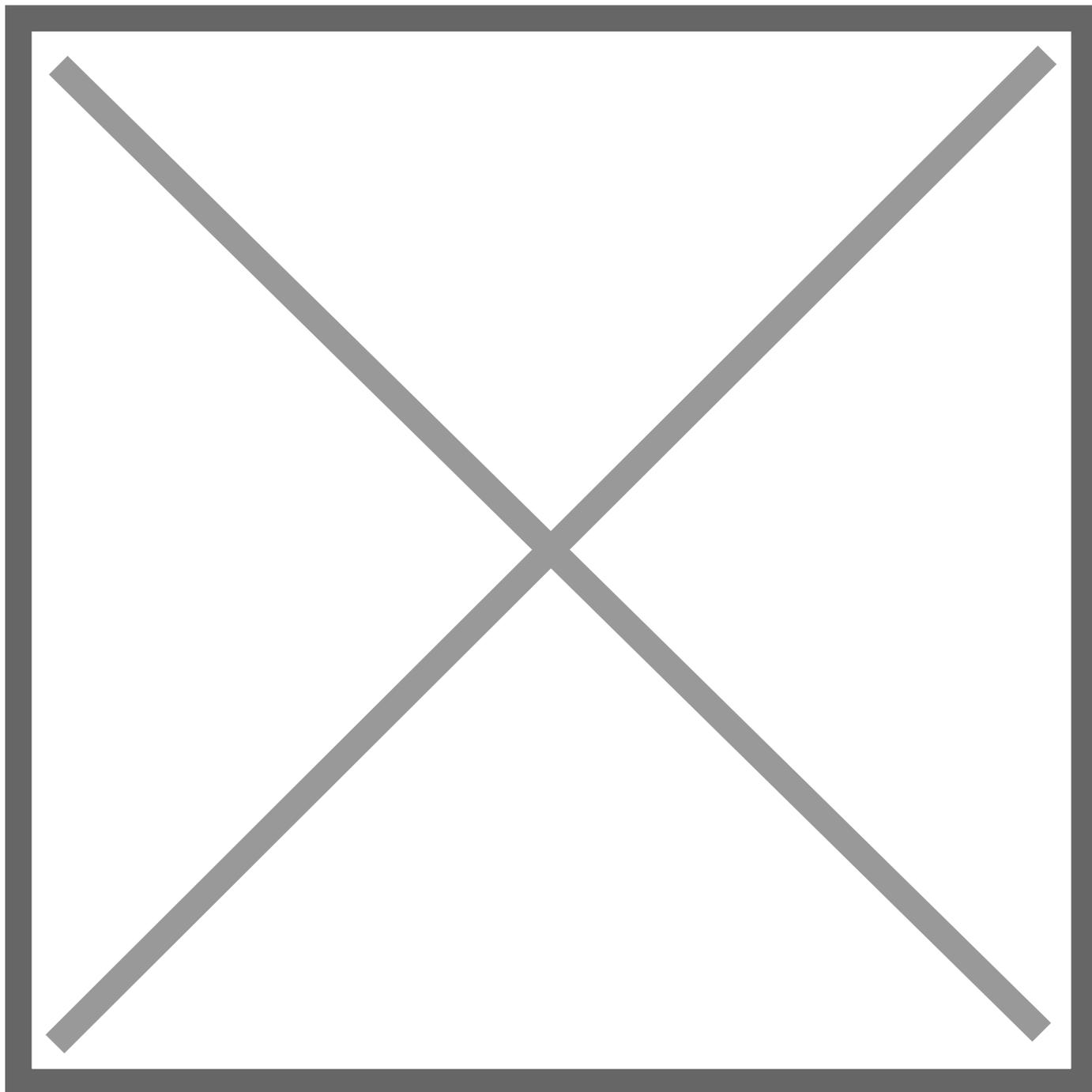
*This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children under 5. Where available, data on common and relevant obesity drivers and comorbidities are also presented.*

*View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/bulgaria-31/>.*



## Prevalence obesity

0-5 years, 2014



VĀ k:

0-5

Reference:

NNS: National Survey of Nutrition Factor for Health Risk among the Population in Bulgaria

Poznámky:

UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/> Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

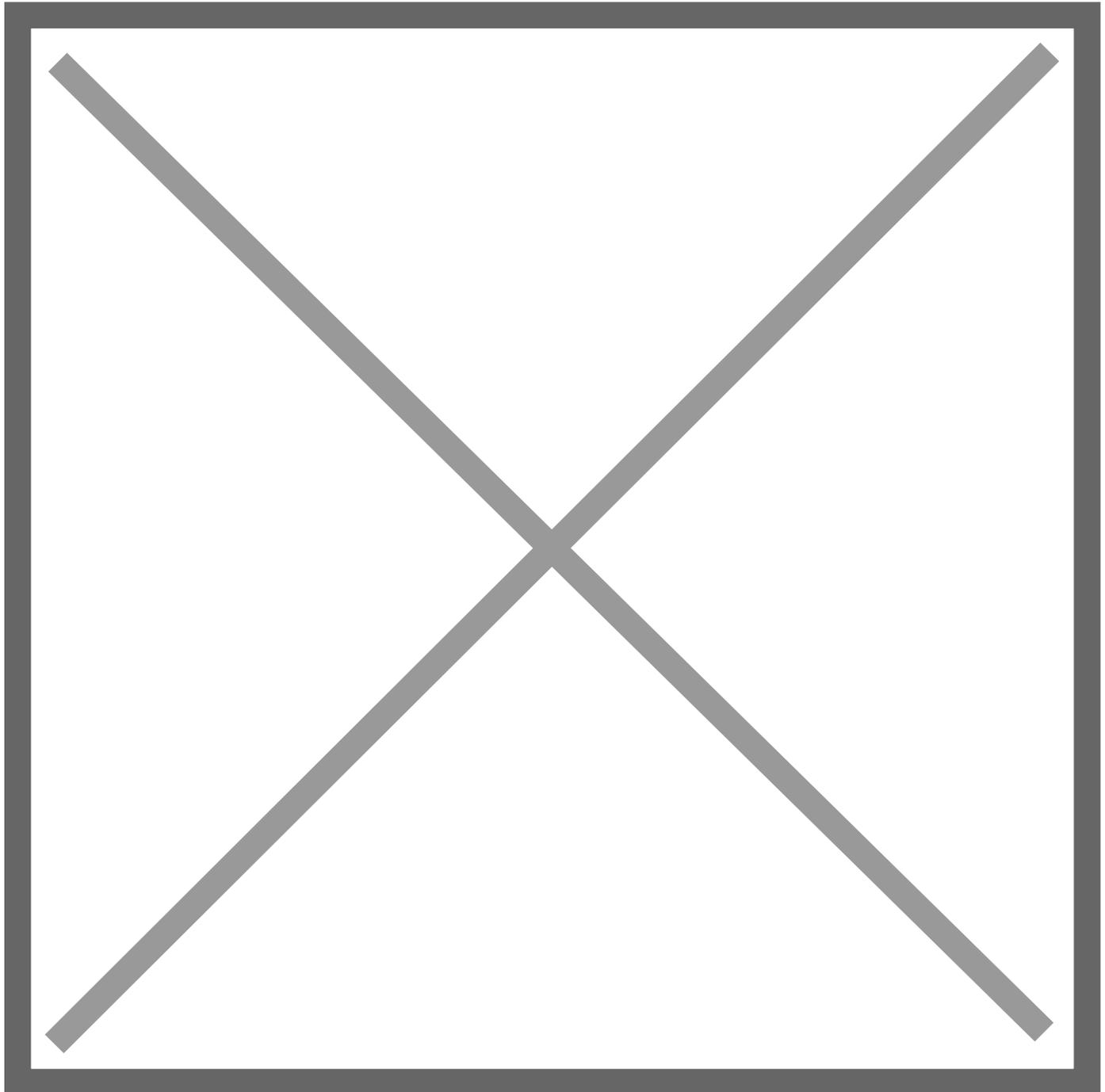
**Definice  
(kÅ dispozici  
pouze  
vÅ angliÅ  
tinÅ ):**

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=>+2SD

## Nadváha/obezita podle regionu

0-5 years, 2004



**Velikost  
vzorku:**

308

**Reference:**

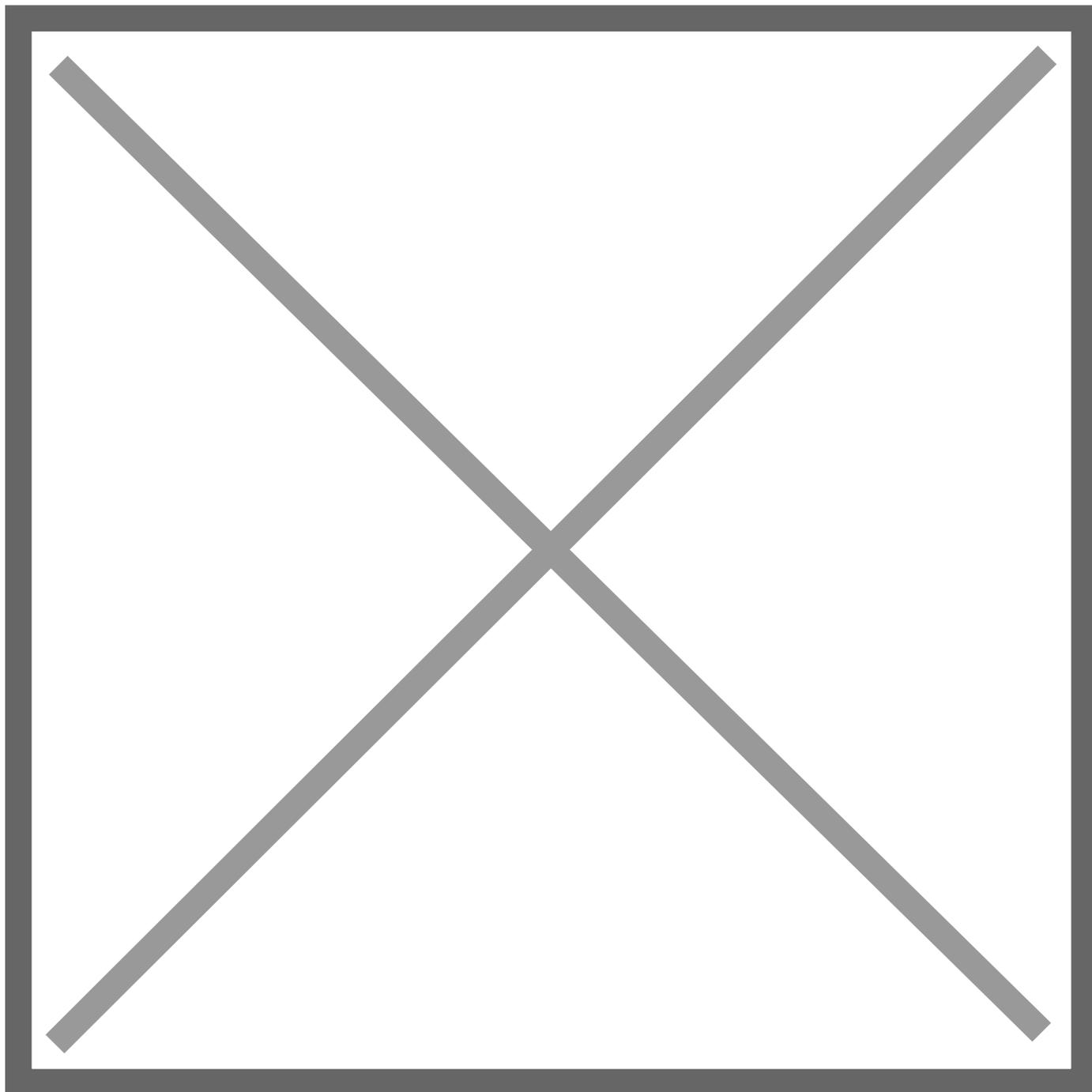
NNS: National survey of dietary intake and nutritional status of Bulgarian population, 2004. Department of Nutrition and Public Health, National Center of Public Health Protection, Sofia, Bulgaria

**Poznámky:** UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/> Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

**Definice (kÅ dispozici pouze vÅ angliÅ tinÅ ):** =>+2SD

## Double burden of underweight & overweight

0-5 years, 2007-2007



Typ  
průzkumu:

Naměřeno en

Věk:

0-5

Reference:

UNICEF data available at <https://data.unicef.org/topic/nutrition/malnutrition/> (last accessed 12.03.25)

**Poznámky:** Children under 5 falling below -2 standard deviations from the median height for age and falling at or above +2 standard deviations from the median weight-for-height of the reference population

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*PDF created on June 19, 2025*