

Brunei Darussalam

Policies, Interventions and Actions



Ministry of Health Strategic Plan 2019 - 2023 Investing For Our Future

5 Strategic Goals Excellence in health care services Prevention and Control of Non communicable diseases Protection of public health through effective policies and regulations Sustainability through resource optimization and innovation Transparent and Proactive Governance

Categories:	Evidence of NCD strategy
Year(s):	2019-2023
Target age group:	Adults and children
Organisation:	Ministry of Health
Find out more:	extranet.who.int
Linked document:	Download linked document
References:	Anon (n.d.) Policy - Ministry of Health Strategic Plan 2019 - 2023 Investing For Our Future Global database on the Implementation of Nutrition Action (GINA). [Online]. extranet.who.int . Available from: https://extranet.who.int/nutrition/gina/en/node/40353 [Accessed: 15 July 2020be].

Healthy Choices logo

A healthy choice logo allowing consumers to easily identify healthy products (lower in fat, sat fat, salt and sugar). Specific nutrient criteria defines whether the product can display the logo.

Categories:	Labelling Regulation/Guidelines
Year(s):	2017 (ongoing)
Target age group:	Adults and children
Organisation:	Brunei Ministry of Health
Find out more:	www.moh.gov.bn
Linked document:	Download linked document
References:	Ministry of Health Brunei Darussalam. Healthier Choice Logo. Available from: http://www.moh.gov.bn/SitePages/healthychoicelogo.aspx . [Accessed 20 February 2019].

NCD Country Profiles 2018 (Obesity Targets)

The profiles also provide data on the key metabolic risk factors, namely raised blood pressure, raised blood glucose and obesity and National Targets on Obesity (as of 2017)

Categories:	Evidence of Obesity Target
Year(s):	2017 (ongoing)
Target age group:	Adults and children
Organisation:	World Health Organisation
References:	Noncommunicable diseases country profiles 2018. Geneva: World Health Organization; 2018. Licence: CC BY-NC-SA 3.0 IGO.

SSB excise tax

Tax of 4 Brunei dollars/10mL for beverages containing >6g sugar per 100ml.

Categories:	Taxation/Subsidies on Food or Beverages or law relating to public health
Year(s):	2017 (ongoing)
Target age group:	Adults and children
Organisation:	Attorney General's Chambers Brunei Darussalam
Find out more:	www.moh.gov.bn
Linked document:	Download linked document
References:	Brunei Darussalam Government Gazette. Excise Duties (Amendment) (NO.2) Order, 2017. Available from: http://www.agc.gov.bn/AGC%20Images/LAWS/Gazette_PDF/2017/EN/S027.pdf . [Accessed 14 December 2018].

Healthy Weight for Life Unit

Healthy Weight For Life Unit supports the capacity to address public health in all policies and facilitate effective and sustainable interventions to support healthy eating and active living. The Unit provides support including implementation and evaluation guidance, technical assistance, training, surveillance and applied research, translation and dissemination, and partnership development to relevant stakeholders, communities and partners to implement policy, intervention, and environmental strategies. Our mandate is to improve the population's dietary status, physical activity and reduce prevalence of obesity across all ages and settings including workplaces, hospitals, healthcare facilities, schools, and communities.

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2015 (ongoing)
Target age group:	Adults and children
Organisation:	Ministry of Health
References:	https://extranet.who.int/nutrition/gina/en/node/26901

National Strategy for Maternal, Infant and Young Child Nutrition (MIYCN) in Brunei Darussalam 2014-2020

To increase exclusive breastfeeding rate for the first 6 months up 50% by 2020 • To achieve zero increase in childhood obesity and overweight by 2020 • To reduce the prevalence of anaemia in pregnant women by 2020 • To achieve zero increase in the rate of low birth weight by 2020 • To halt childhood stunting by 2020

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan Evidence of NCD strategy
Categories (partial):	Evidence of National Obesity Strategy/Policy or Action plan
Year(s):	2014-2020
Target age group:	Adults and children
Organisation:	Ministry of Health
Find out more:	extranet.who.int
Linked document:	Download linked document
References:	Policy - National Strategy for Maternal, Infant and Young Child Nutrition (MIYCN) in Brunei Darussalam 2014-2020 Global database on the Implementation of Nutrition Action (GINA) [Internet]. extranet.who.int. [cited 2020c Jul 16]. Available from: https://extranet.who.int/nutrition/gina/en/node/23713

Brunei Darussalam National Multisectoral Action Plan for the Prevention and Control of Noncommunicable Diseases (BruMAP-NCD)

The National Multisectoral Action Plan comprises of 5 key strategic actions: i) reducing tobacco use ii) promoting a balanced and healthy diet iii) increasing physical activity iv) effective identification and management of people at high risk of NCDs v) improving the quality of care and outcome of NCDs management

Categories:	Evidence of National Obesity Strategy/Policy or Action plan Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan Evidence of Physical Activity Guidelines/Policy
Categories (partial):	Evidence of NCD strategy
Year(s):	2013-2018
Target age group:	Adults and children
Organisation:	Ministry of Health
Find out more:	www.moh.gov.bn
Linked document:	Download linked document
References:	Hassanal H, Mu'izzaddin B, Ibni W, Sultan A-M, Omar 's; H, Saifuddin Sa'adul A, et al. His Majesty [Internet]. Available from: http://www.moh.gov.bn/SiteCollectionDocuments/Downloads/downloads/BRUMAPBOOK.pdf

National Physical Activity Guidelines for Brunei Darussalam

Categories:	Evidence of Physical Activity Guidelines/Policy
Year(s):	2011 (ongoing)
Target age group:	Adults and children
Find out more:	www.moh.gov.bn
References:	Ministry of Health

Public Health (Food) Act 2001

Guidelines outlining labelling of foods

Categories:	Labelling Regulation/Guidelines
Year(s):	2001 (ongoing)
Target age group:	Adults and children
Organisation:	Government
Find out more:	extranet.who.int
Linked document:	Download linked document
References:	Anon (n.d.) Policy - Public Health (Food) Act 2001 Global database on the Implementation of Nutrition Action (GINA). [Online]. extranet.who.int. Available from: https://extranet.who.int/nutrition/gina/en/node/8225 [Accessed: 15 July 2020bp].

GNPR 2016-17 (q7) Breastfeeding promotion and/or counselling

WHO Global Nutrition Policy Review 2016-2017 reported the evidence of breastfeeding promotion and/or counselling (q7)

Categories:	Evidence of Breastfeeding promotion or related activity
Target age group:	Adults
Organisation:	Ministry of Health (information provided by the GINA program)
Find out more:	extranet.who.int
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): https://extranet.who.int/nutrition/gina/en

National Sport Policy

National Physical Activity Policy. (Available only in Malay language)

Categories:	Evidence of Physical Activity Guidelines/Policy
Target age group:	Adults and children
Linked document:	Download linked document