Report card
British Virgin Islands

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Obesity prevalence

Adults, 2009

Survey type: Measured
Age: 25-64
Sample size: 1078
Area covered: National
References: British Virgin Islands, STEPS 2009 Report (available at https://extranet.who.int/ncdsmicrodata/index.php/catalog/613, last accessed 09.10.20)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².
Children, 2009

Survey type: Self-reported
Age: 13-15
Sample size: 1664
Area covered: National
References: British Virgin Islands - Fact Sheet. Global School based Student Health Survey [https://extranet.who.int/ncdsmicrodata/index.php/catalog/92](https://extranet.who.int/ncdsmicrodata/index.php/catalog/92) (last accessed 09.10.20)
Notes: Sample size includes all measured only age 13-15 reported in results.
Definitions: >1 SD <2SD Overweight > 2 SD Obesity
Cutoffs: Other
Overweight/obesity by age

Adults, 2009

Survey type: Measured
Sample size: 1078
Area covered: National
References: British Virgin Islands, STEPS 2009 Report (available at https://extranet.who.int/ncdsmicrodata/index.php/catalog/613, last accessed 09.10.20)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².
Insufficient physical activity

Adults, 2016

Men, 2016

Women, 2016

Average daily frequency of carbonated soft drink consumption

Children, 2009

Survey type: Measured
Age: 12-17

Prevalence of less-than-daily fruit consumption

Children, 2009

Survey type: Measured

Age: 12-17


Definitions: Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)
Prevalence of less-than-daily vegetable consumption

Children, 2009

Survey type: Measured
Age: 12-17


Definitions: Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)
Average weekly frequency of fast food consumption

Children, 2009


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