Report card
British Virgin Islands

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### Obesity prevalence

#### Adults, 2009

<table>
<thead>
<tr>
<th></th>
<th>Obesity</th>
<th>Overweight</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adults</td>
<td>30%</td>
<td>40%</td>
</tr>
<tr>
<td>Men</td>
<td>30%</td>
<td>40%</td>
</tr>
<tr>
<td>Women</td>
<td>30%</td>
<td>40%</td>
</tr>
</tbody>
</table>

**Survey type:** Measured  
**Age:** 25-64  
**Sample size:** 1078  
**Area covered:** National  

**References:** British Virgin Islands, STEPS 2009 Report (available at [https://extranet.who.int/ncdsmicrodata/index.php/catalog/613](https://extranet.who.int/ncdsmicrodata/index.php/catalog/613), last accessed 09.10.20)

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².*
### Children, 2009

- **Survey type:** Self-reported
- **Age:** 13-15
- **Sample size:** 1664
- **Area covered:** National
- **References:** British Virgin Islands - Fact Sheet. Global School based Student Health Survey [https://extranet.who.int/ncdsmicrodata/index.php/catalog/92](https://extranet.who.int/ncdsmicrodata/index.php/catalog/92) (last accessed 09.10.20)

#### Definitions:
- >1 SD <2SD Overweight > 2 SD Obesity

#### Cutoffs:
- Other

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<table>
<thead>
<tr>
<th></th>
<th>Boys</th>
<th>Children</th>
<th>Girls</th>
</tr>
</thead>
<tbody>
<tr>
<td>Obesity</td>
<td>15</td>
<td>16</td>
<td>17</td>
</tr>
<tr>
<td>Overweight</td>
<td>20</td>
<td>21</td>
<td>22</td>
</tr>
</tbody>
</table>

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**Notes:** Sample size includes all measured but only ages 13-15 reported in results.
# Overweight/obesity by age

## Adults, 2009

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Men (Obesity)</th>
<th>Men (Overweight)</th>
<th>Women (Obesity)</th>
<th>Women (Overweight)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age 25-34</td>
<td>20</td>
<td>45</td>
<td>30</td>
<td>55</td>
</tr>
<tr>
<td>Age 35-44</td>
<td>30</td>
<td>40</td>
<td>20</td>
<td>60</td>
</tr>
<tr>
<td>Age 45-54</td>
<td>20</td>
<td>45</td>
<td>30</td>
<td>55</td>
</tr>
<tr>
<td>Age 55-64</td>
<td>15</td>
<td>40</td>
<td>35</td>
<td>55</td>
</tr>
</tbody>
</table>

Survey type: Measured  
Sample size: 1078  
Area covered: National  
References: British Virgin Islands, STEPS 2009 Report (available at [https://extranet.who.int/ncdsmicrodata/index.php/catalog/613](https://extranet.who.int/ncdsmicrodata/index.php/catalog/613), last accessed 09.10.20)

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².*
Insufficient physical activity

Adults, 2016

Men, 2016

Women, 2016


(18)30357-7
Average daily frequency of carbonated soft drink consumption

Children, 2009

Survey type: Measured
Age: 12-17

Prevalence of less than daily fruit consumption

Children, 2009

Survey type: Measured
Age: 12-17


Definitions: Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)
Prevalence of less than daily vegetable consumption

Children, 2009

Survey type: Measured

Age: 12-17


Definitions: Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)
Average weekly frequency of fast food consumption

Children, 2009

Age: 12-17

Diabetes prevalence

Adults, 2021

% diabetes prevalence

Age: 20-79

Area covered: National


Definitions: Age-adjusted comparative prevalence of diabetes, %