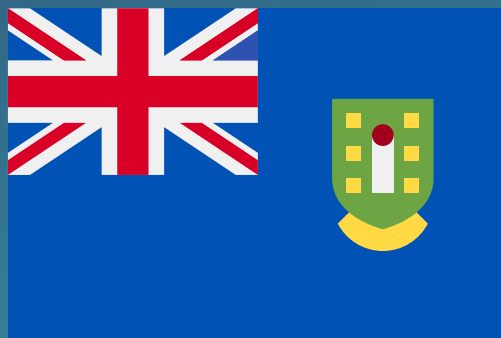




Ilhas Virgens Britânicas



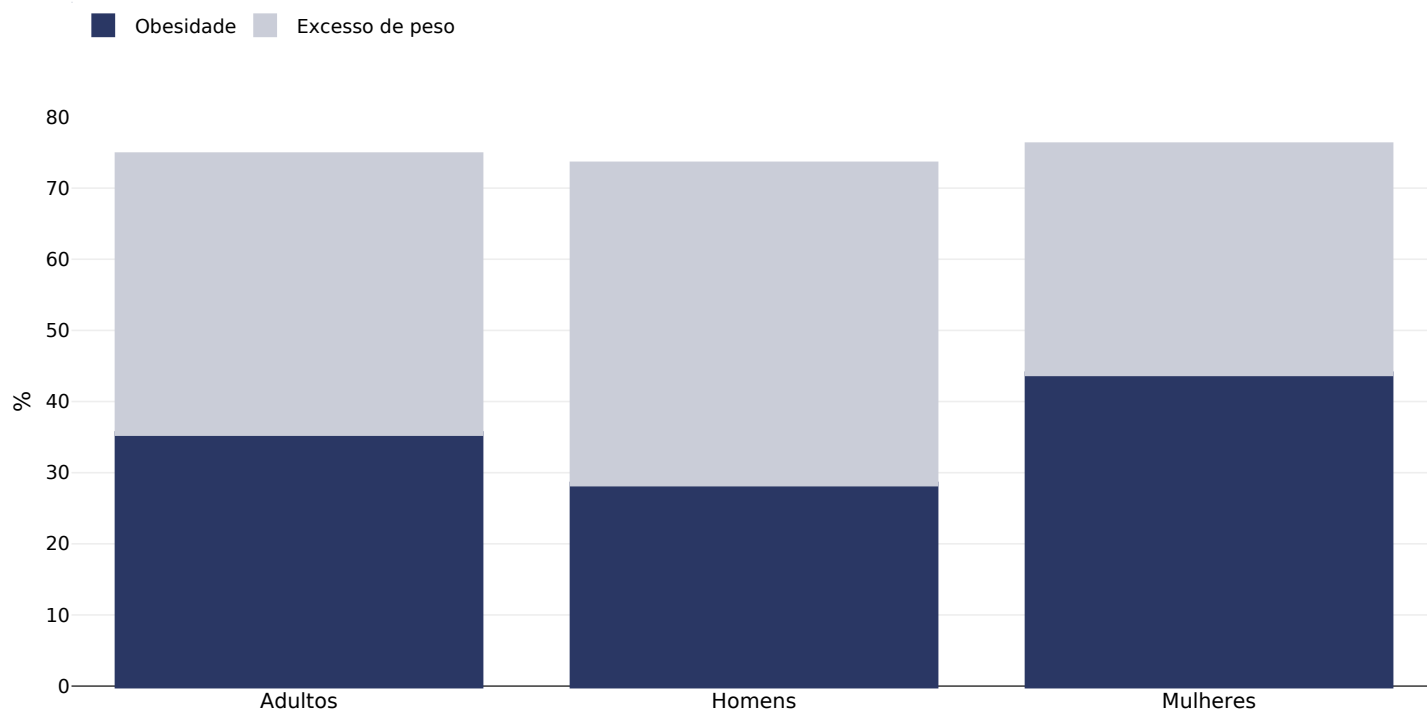
Country report card - adults

This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for adults. Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/british-virgin-islands-29/>

Prevalência de obesidade

Adultos, 2009



Tipo de inquérito: Medido

Idade: 25-64

Tamanho da amostra: 1078

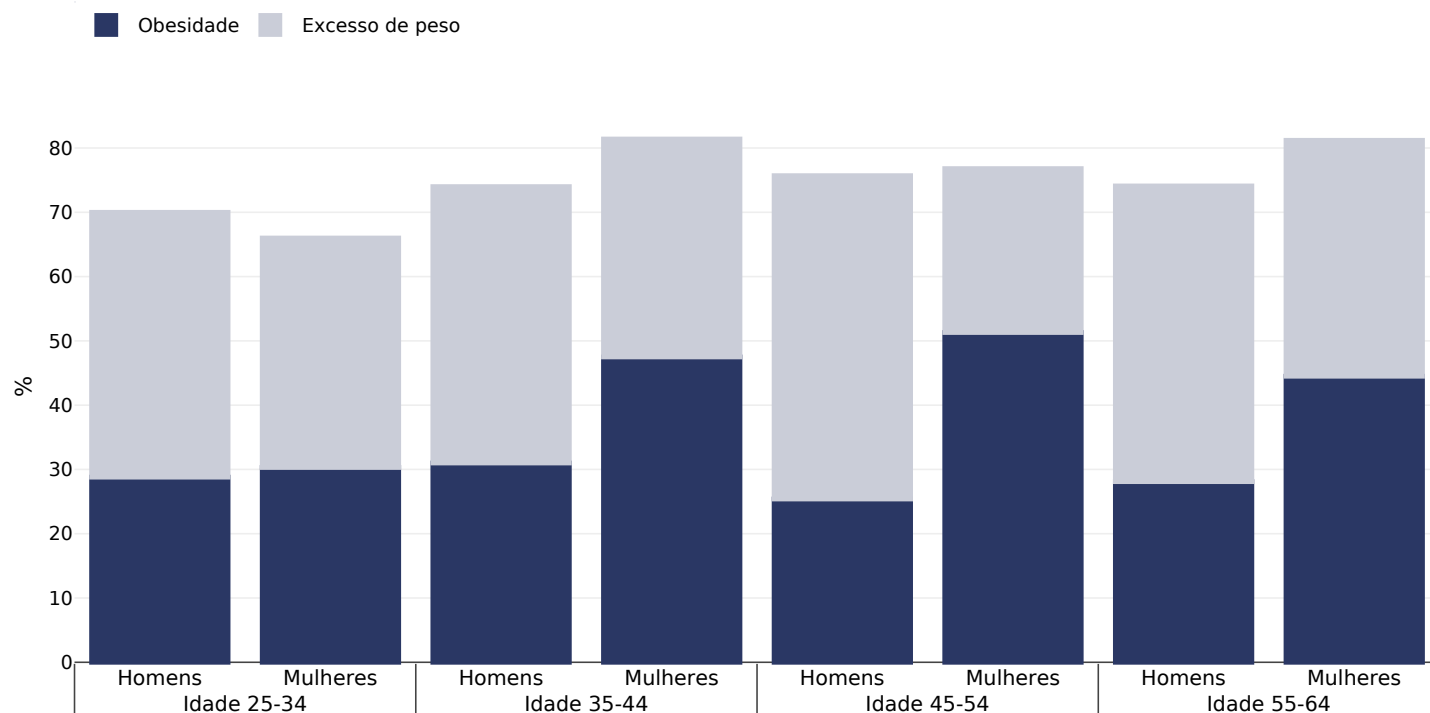
Área abrangida: Nacional

Referências: British Virgin Islands, STEPS 2009 Report (available at <https://extranet.who.int/ncdsmicrodata/index.php/catalog/613>, last accessed 09.10.20)

Salvo indicação em contrário, o excesso de peso refere-se a um IMC entre 25 kg e 29,9 kg/m², a obesidade refere-se a um IMC superior a 30 kg/m².

Excesso de peso/obesidade por idade

Adultos, 2009



**Tipo de
inquérito:**

Medido

**Tamanho da
amostra:**

1078

**Área
abrangida:**

Nacional

Referências: British Virgin Islands, STEPS 2009 Report (available at <https://extranet.who.int/ncdsmicrodata/index.php/catalog/613>, last accessed 09.10.20)

Salvo indicação em contrário, o excesso de peso refere-se a um IMC entre 25 kg e 29,9 kg/m², a obesidade refere-se a um IMC superior a 30 kg/m².

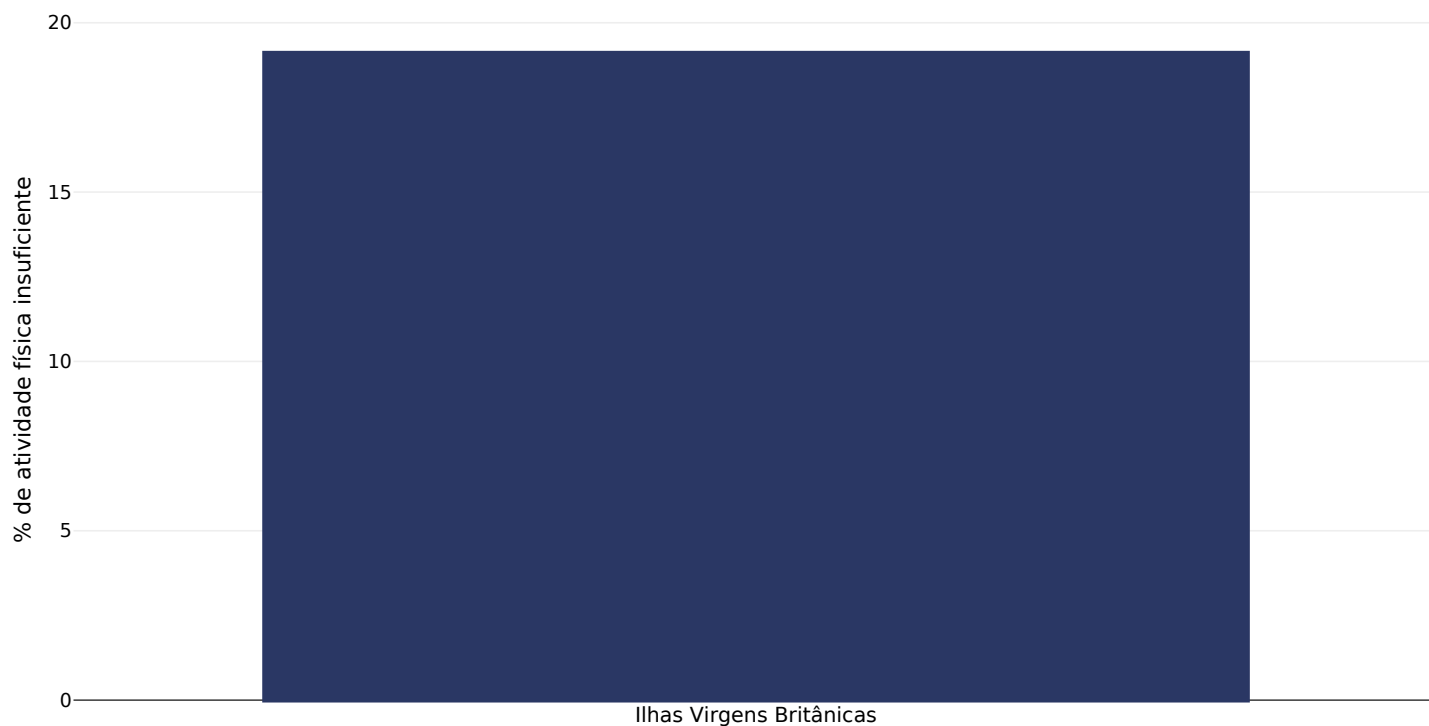
Atividade física insuficiente

Adultos, 2016



Referências: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

Homens, 2016



Referências: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

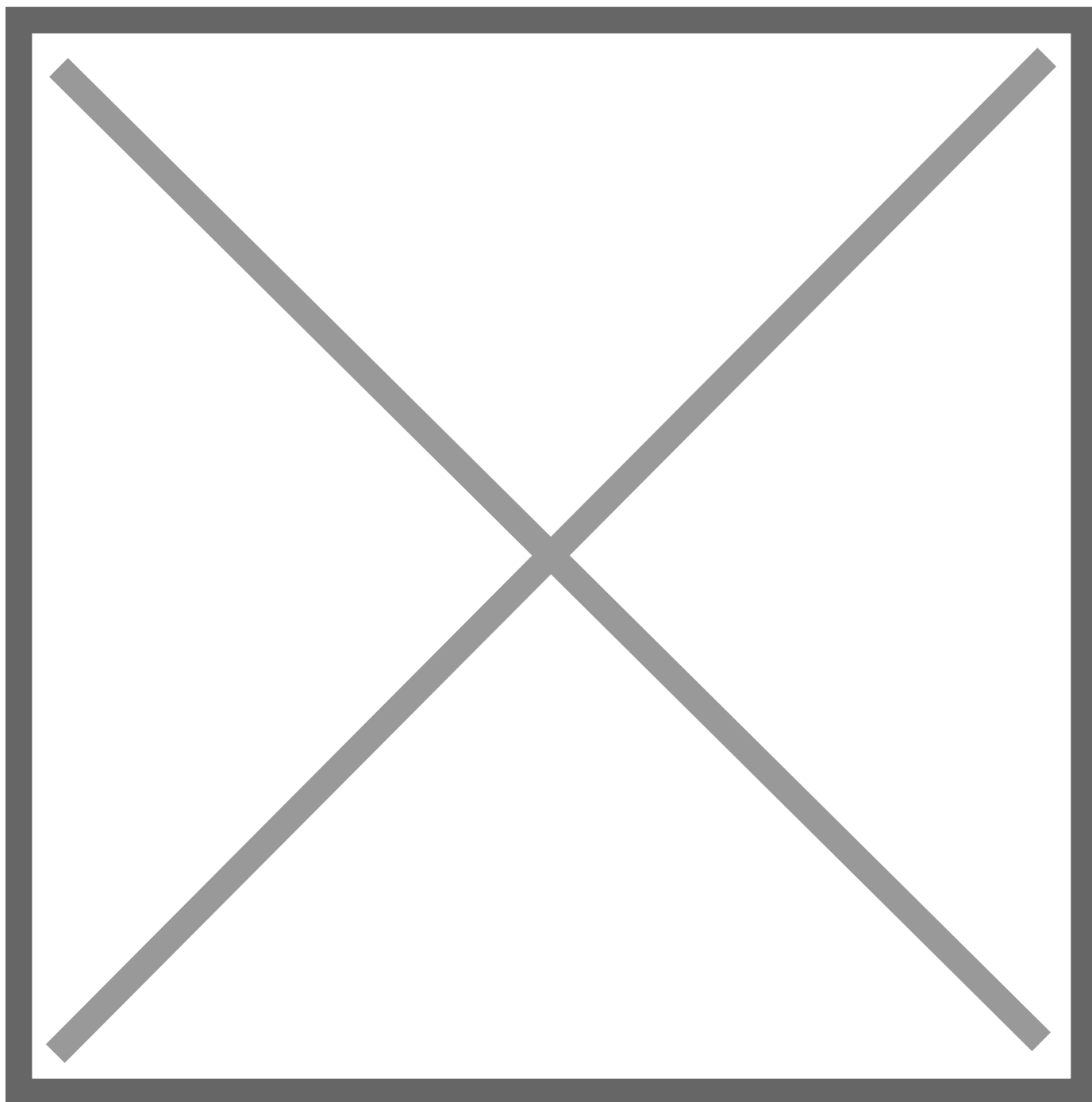
Mulheres, 2016



Referências: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

Prevalência de diabetes

Adultos, 2021



Idade: 20-79

Área abrangida: Nacional

Referências: Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 10th edn. Brussels, Belgium:International Diabetes Federation, 2021. <http://www.diabetesatlas.org>

**Definições
(disponíveis
apenas em
inglês):**

Age-adjusted comparative prevalence of diabetes, %

PDF created on June 19, 2025