



Brasil - 2019



Country report card - under-5s

This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children under 5. Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/brazil-27/>.

This is a composite obesity risk score (out of 10, the highest risk) based on obesity prevalence, rate of increase, likelihood of meeting the 2025 target, treatment indicator and childhood stunting levels. **7.5/10**

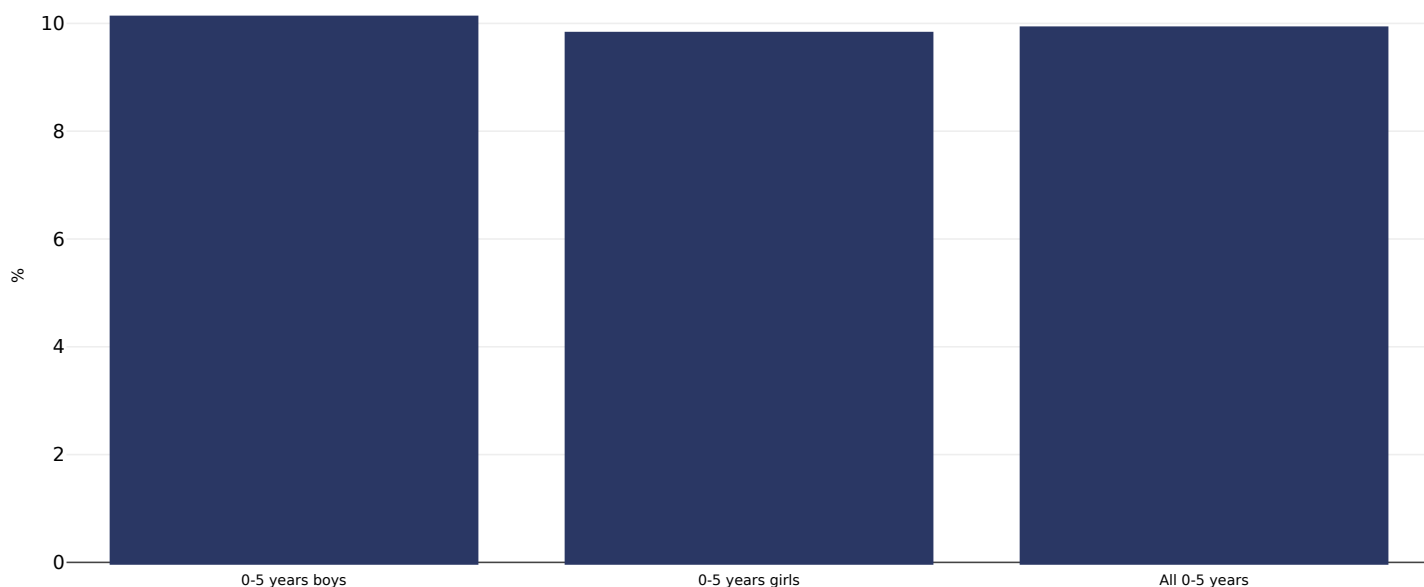
This is a risk score for each country's likelihood of having or acquiring a major childhood obesity problem during the 2020s, taking account of current prevalence levels and risk for future obesity (based on stunting among infants, maternal obesity, maternal smoking, and breastfeeding rates). **8/11**

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0-5 years, 2019

0-5 years, 2019

Наднормено тегло или затлъстяване



0-5

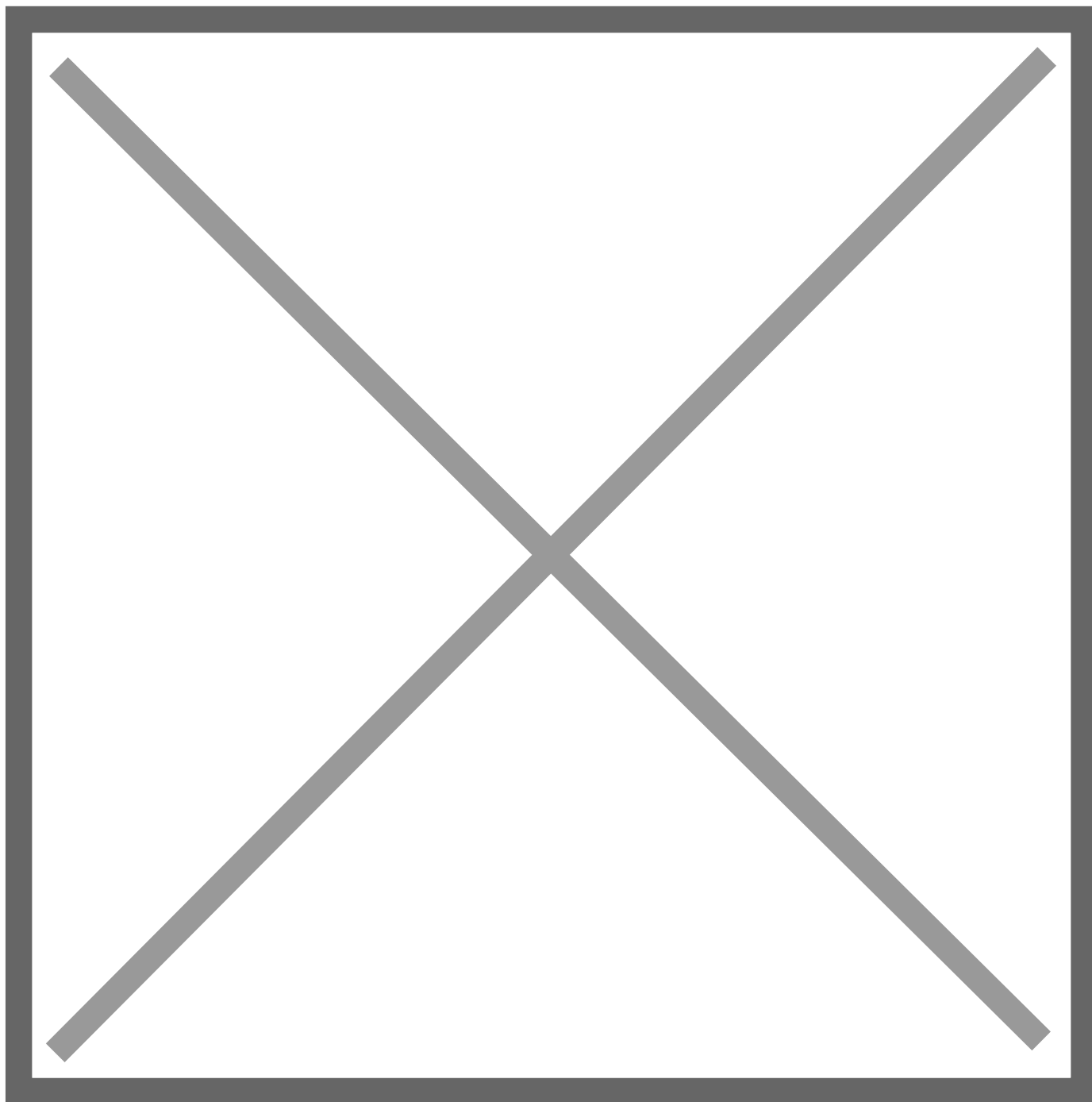
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NNS: Estudo Nacional de Alimentação e Nutrição Infantil (ENANI), Brasil 2019

UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/> Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

=> +2SD

0-5 years, 1996


$$\begin{aligned} & \mathcal{D} \square \mathcal{D}^{3/4} \mathcal{D} \gg \mathcal{D}, \tilde{N} \square \mathcal{D} \mu \tilde{N} \\ & \tilde{N} \square \mathcal{D}^2 \mathcal{D}^{3/4} \mathcal{D}^{1/2} \mathcal{D}^\circ \mathcal{D} \zeta \tilde{N} \\ & \square \mathcal{D}^{3/4} \mathcal{D} \pm \mathcal{D}, \tilde{N} \square \mathcal{D} \mu: \end{aligned}$$

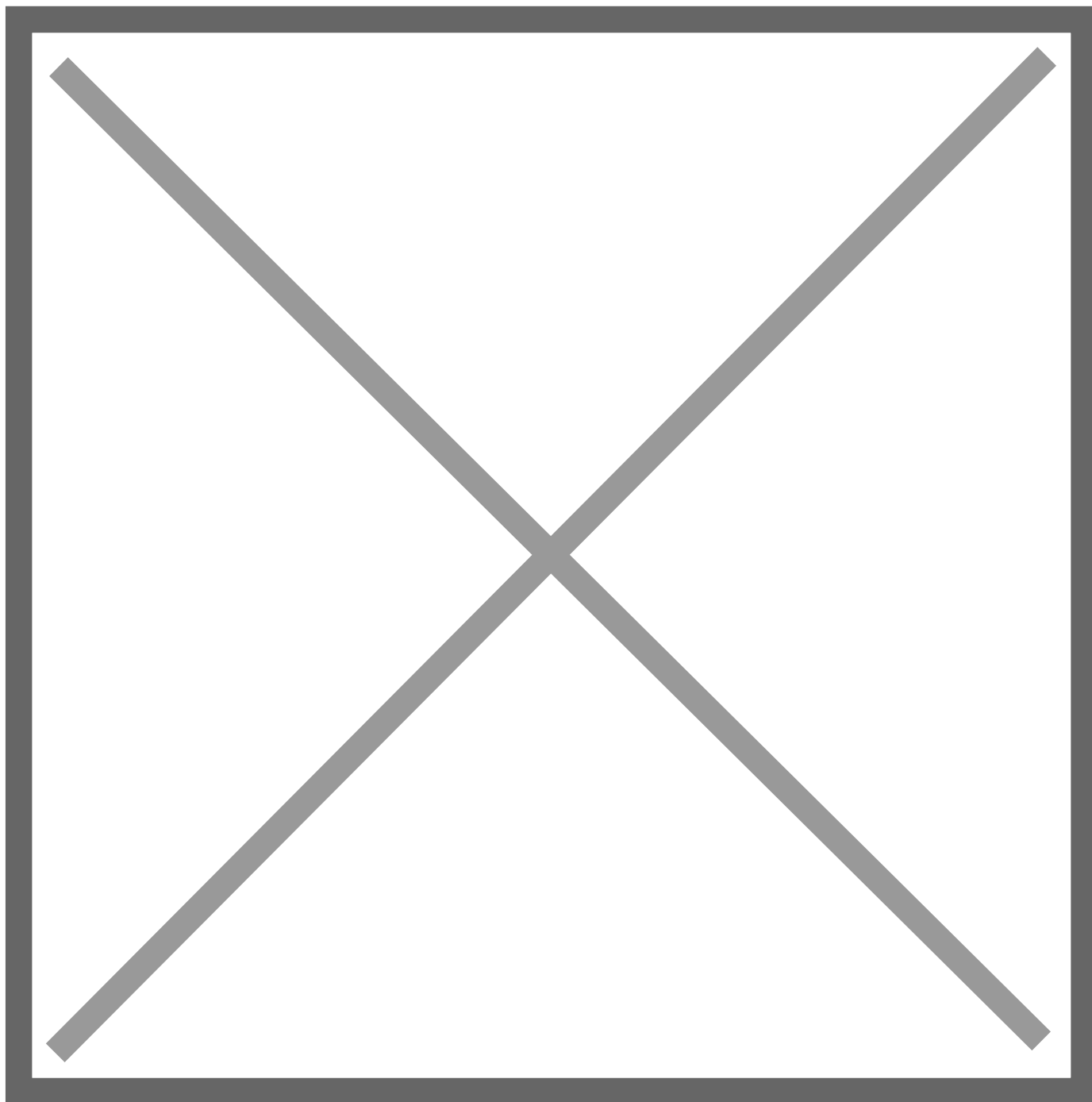
3854

DHS: Pesquisa nacional sobre demografia e saude 1996. Demographic and Health Surveys. Rio de Janeiro, Brasil: Litografia Tucano Ltda., 1997

UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/> Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

=> +2SD

0-5 years, 2006-2007



12374534

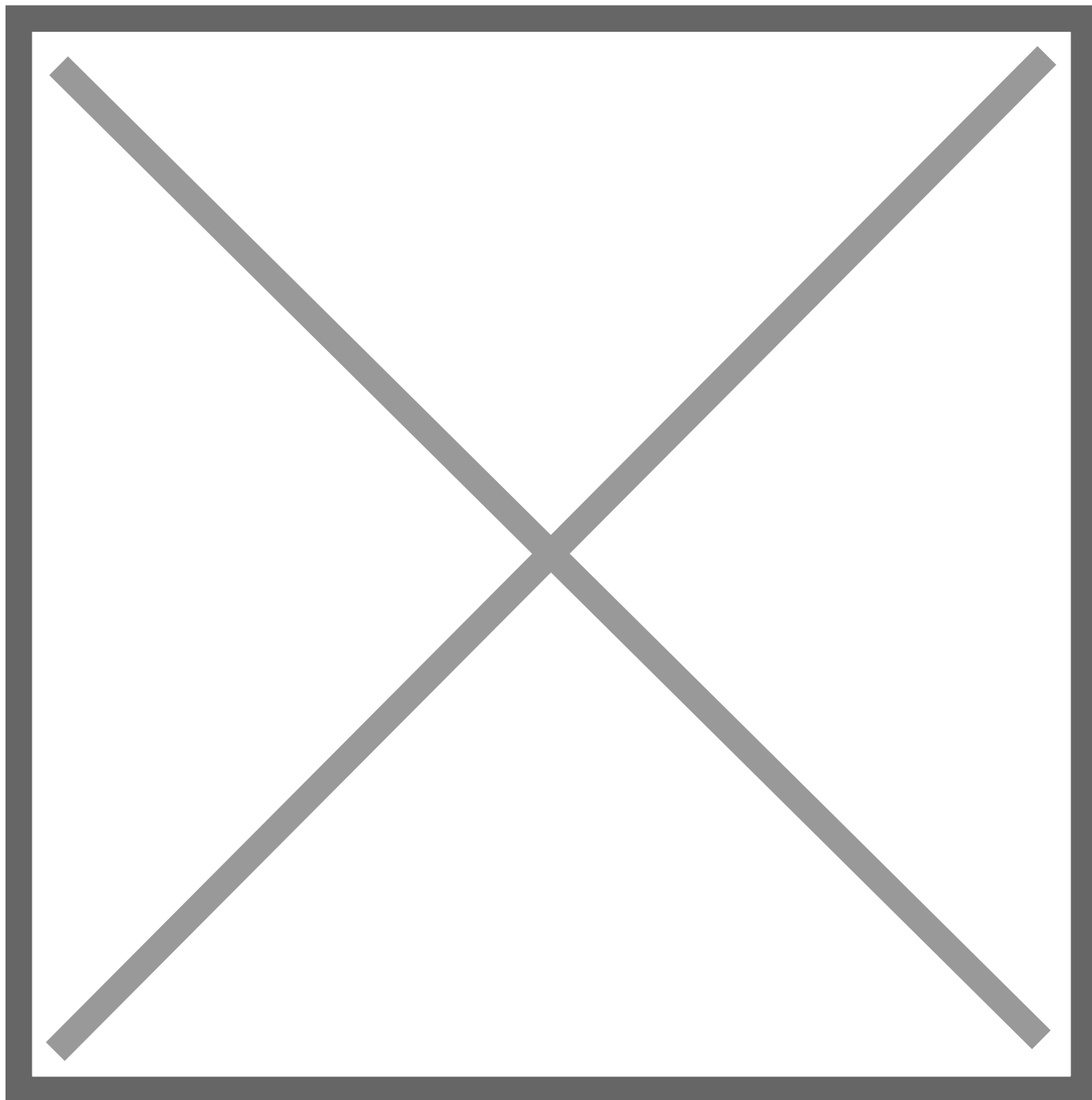
Other: Pesquisa nacional de demografia e saúde da criança e da mulher - PNDS 2006. Relatório da pesquisa. Sao Paulo: CEBRAP, 2008

UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/> Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

=> +2SD

8

0-5 years, 2019



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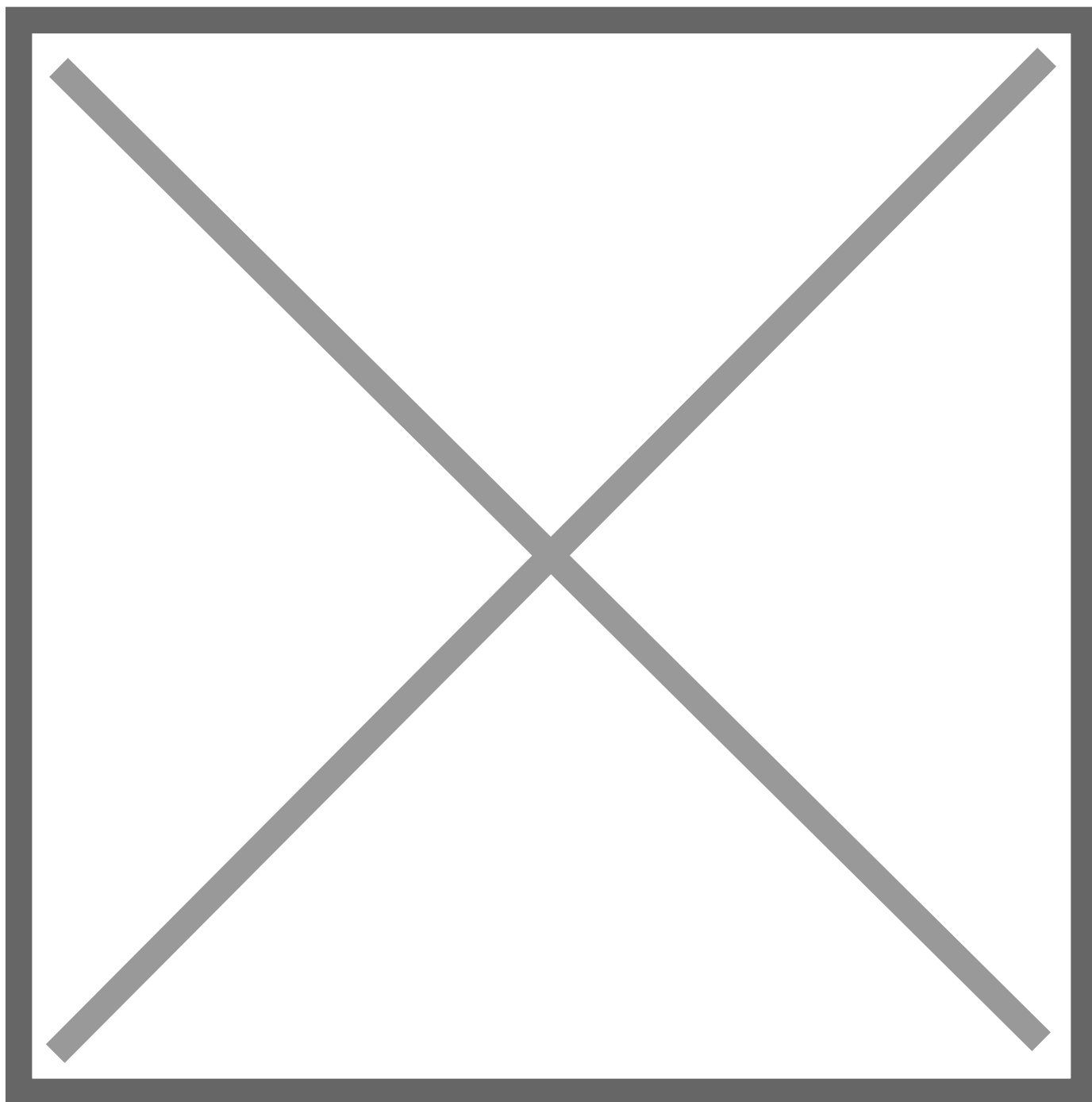


=>+2SD

Ethnic groups are as defined by publication of origin and are not as defined by WOF. In some instances ethnicity is conflated with nationality and/or race.

Double burden of underweight & overweight

0-5 years, 2019-2019



Double burden of underweight & overweight
0-5 years

0-5 years, 2019-2019

0-5 years, 2019-2019

0-5

UNICEF data available at <https://data.unicef.org/topic/nutrition/malnutrition/> (last accessed 12.03.25)

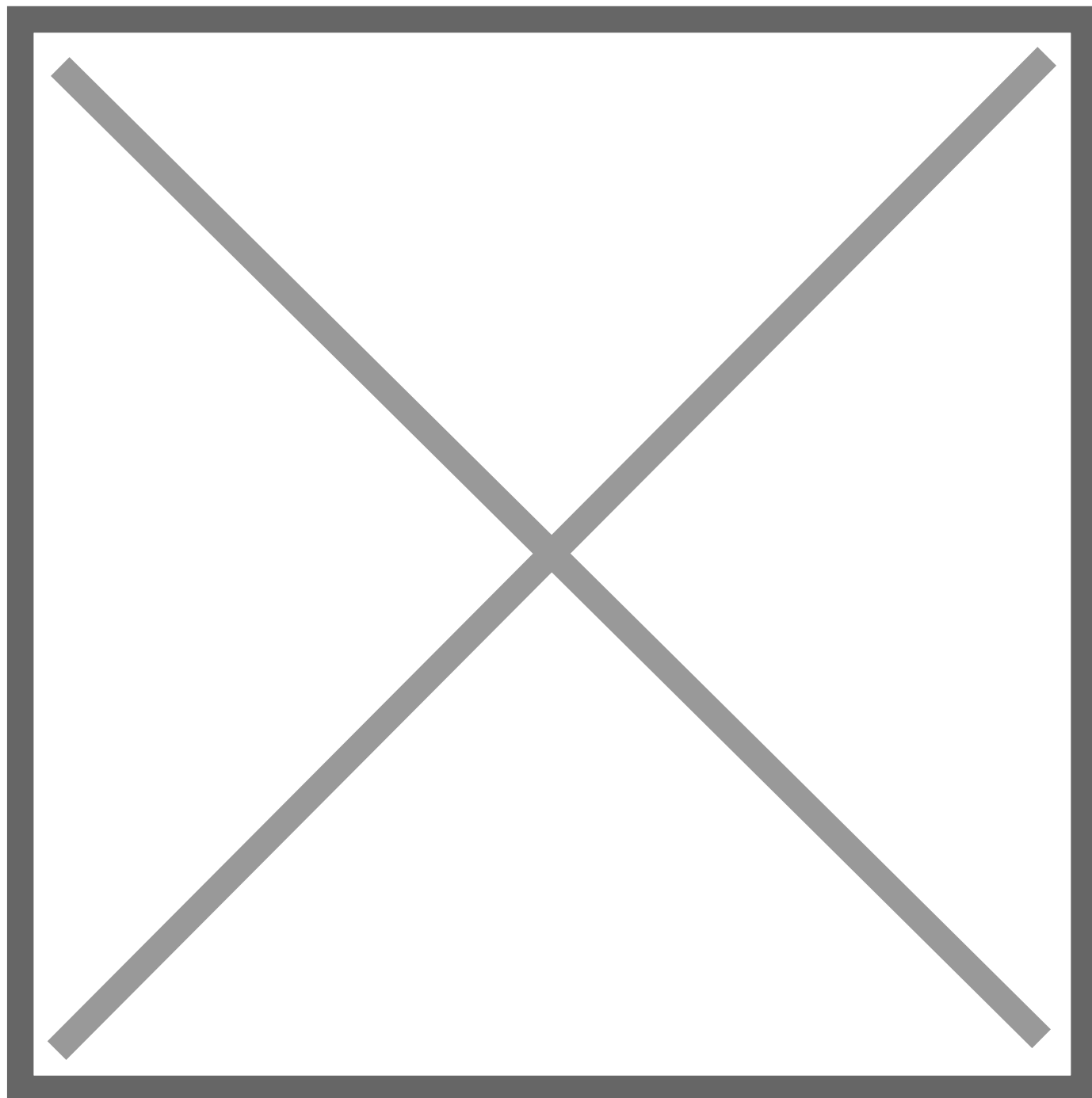
UNICEF data available at <https://data.unicef.org/topic/nutrition/malnutrition/> (last accessed 12.03.25)


 Children under 5 falling below -2 standard deviations from the median height for age and falling at or above +2 standard deviations from the median weight-for-height of the reference population

Children under 5 falling below -2 standard deviations from the median height for age and falling at or above +2 standard deviations from the median weight-for-height of the reference population

% of children under-5 who are overweight or obese, by sex and age group, 1998-2023

0-5 years, 1998-2023



Source: World Obesity
Estudo Nacional de Alimentação e Nutrição Infantil (ENANI), Brasil 2019

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Full details are available. Original citation United Nations Children’s Fund, Division of Data, Analysis, Planning and Monitoring (2023). Global UNICEF Global Databases: Infant and Young Child Feeding: Exclusive breastfeeding, New York, October 2023.

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