



Bosnia and Herzegovina



Country report card - under-5s

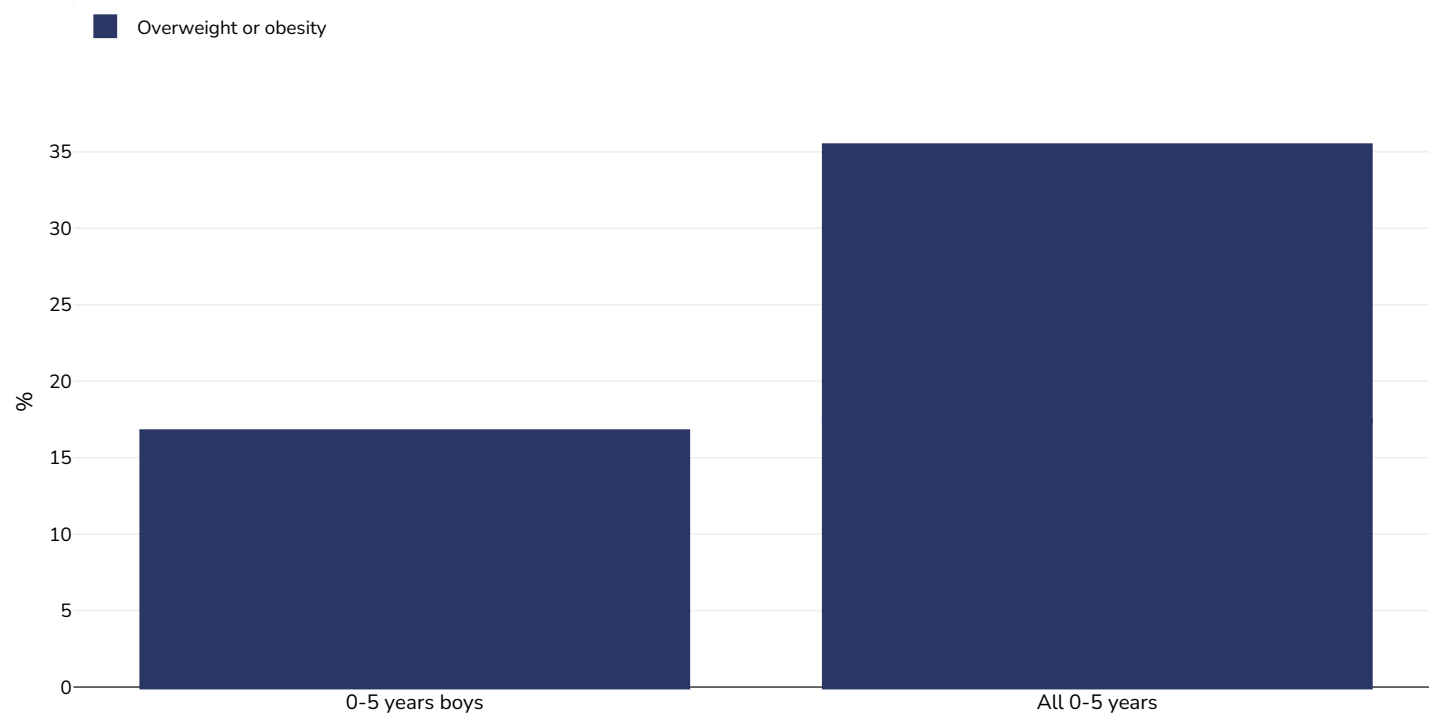
This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children under 5. Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/bosnia-and-herzegovina-25/>.

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Obesity prevalence

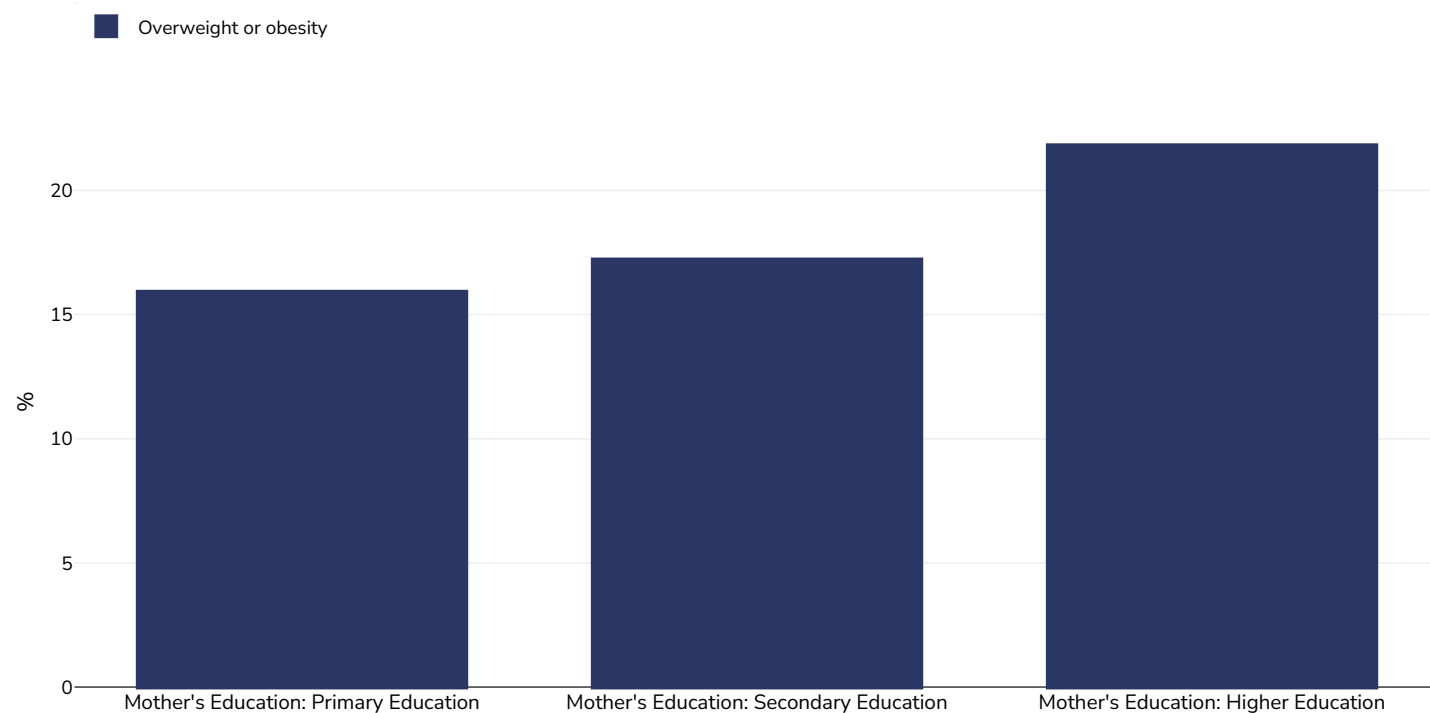
0-5 years, 2011-2012



Survey type:	Measured
Age:	0-5
Sample size:	2078
Area covered:	National
References:	The Agency for Statistics of Bosnia and Herzegovina, the Federal Ministry of Health, the Ministry of Health and Social Welfare of the Republic of Srpska and the Institute for Public Health of the Federation of Bosnia and Herzegovina. (2013). Bosnia and Herzegovina Multiple Indicator Cluster Survey (MICS) 2011–2012, Final Report. Sarajevo: UNICEF. https://mics-surveys-prod.s3.amazonaws.com/MICS4/Europe%20and%20Central%20Asia/Bosnia%20and%20Herzegovina/2011-2012/Final/Bosnia%20and%20Herzegovina%202011-12%20MICS_English.pdf (Accessed 18.05.21)
Notes:	Infants
Definitions:	Weight for Height. Overweight = >2SD
Cutoffs:	Other

Overweight/obesity by education

0-5 years, 2011-2012



Sample size: 2078

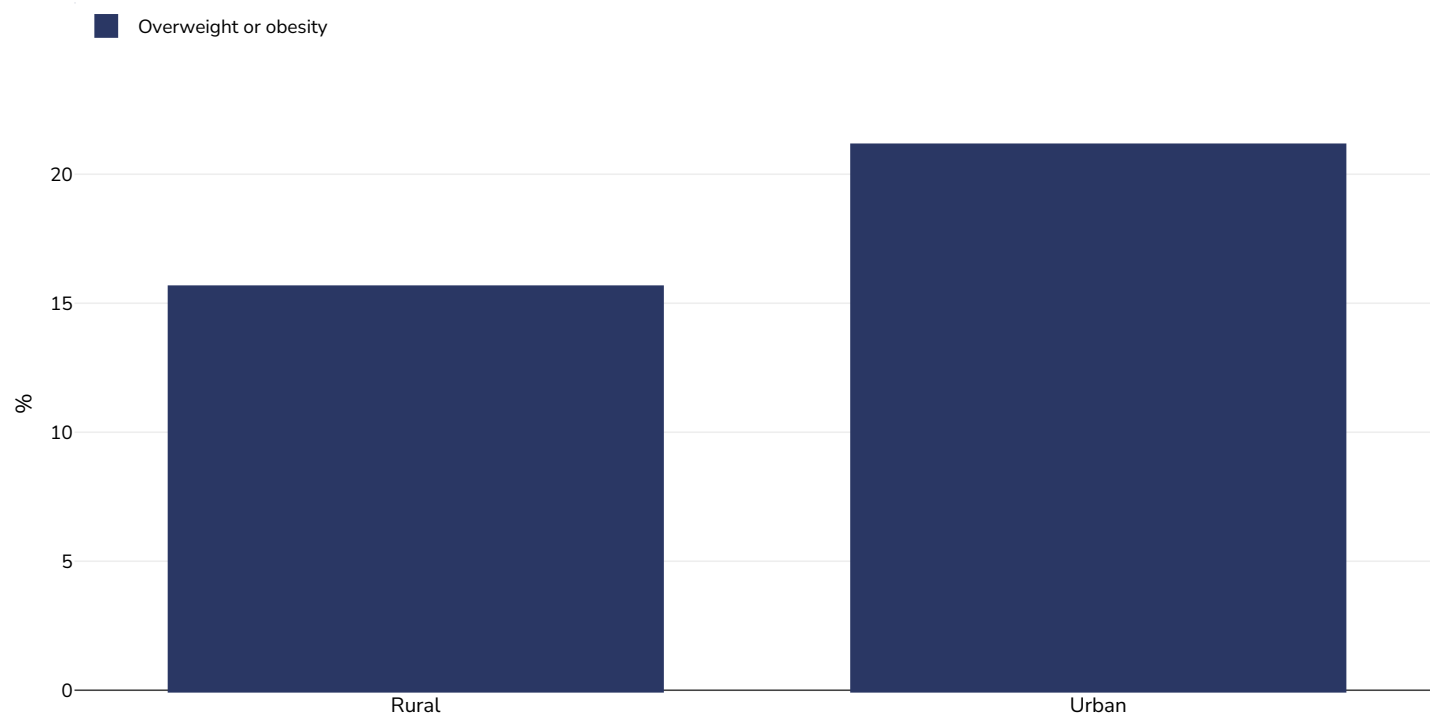
References: MICS: Institute for Public Health [Federation of Bosnia and Herzegovina]. Bosnia and Herzegovina multiple indicator cluster survey (MICS) 2011-2012. Final report. Sarajevo, Federation of Bosnia and Herzegovina: UNICEF, 2013

Notes: UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/> Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

Definitions: =>+2SD

Overweight/obesity by region

0-5 years, 2011-2012



Sample size: 2078

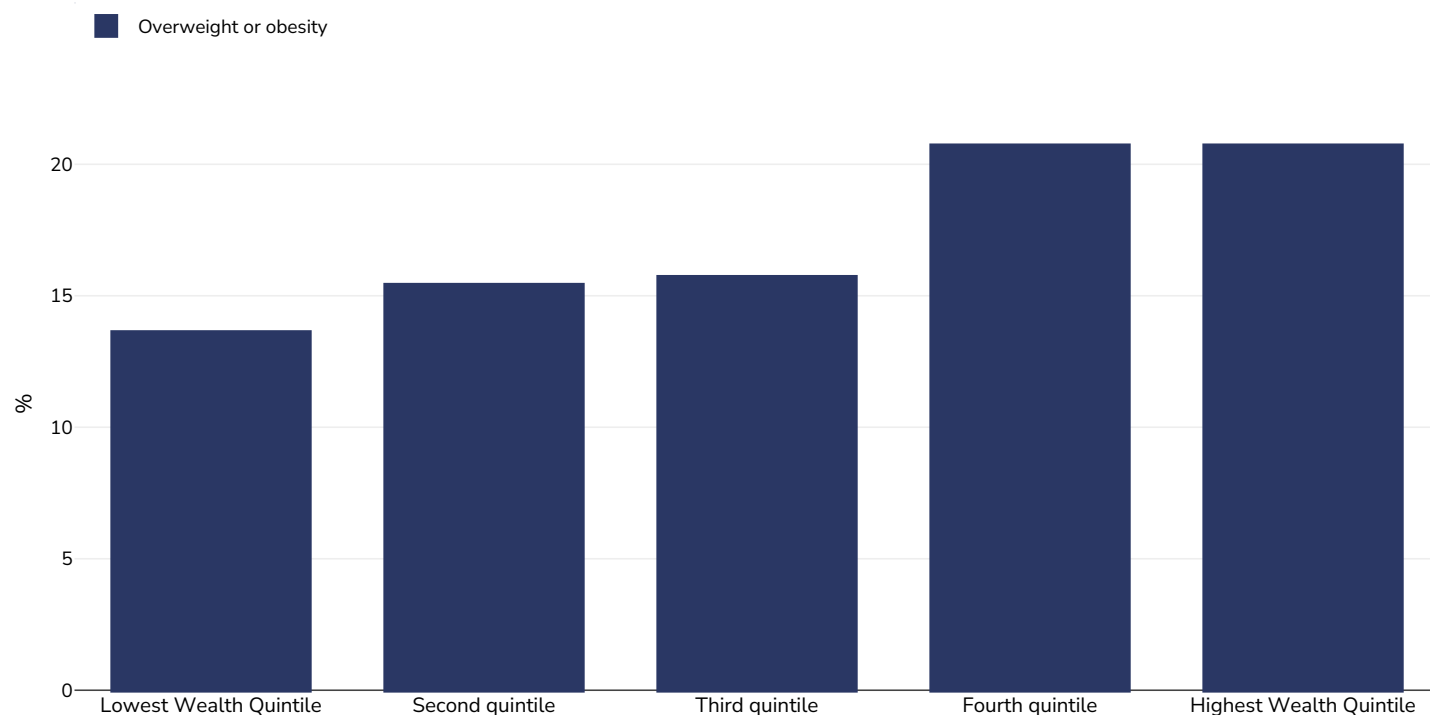
References: MICS: Institute for Public Health [Federation of Bosnia and Herzegovina]. Bosnia and Herzegovina multiple indicator cluster survey (MICS) 2011-2012. Final report. Sarajevo, Federation of Bosnia and Herzegovina: UNICEF, 2013

Notes: UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York.
For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/>
Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

Definitions: =>+2SD

Overweight/obesity by socio-economic group

0-5 years, 2011-2012



Sample size: 2078

References: MICS: Institute for Public Health [Federation of Bosnia and Herzegovina]. Bosnia and Herzegovina multiple indicator cluster survey (MICS) 2011-2012. Final report. Sarajevo, Federation of Bosnia and Herzegovina: UNICEF, 2013

Notes: UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/> Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

Definitions: =>+2SD

Double burden of underweight & overweight

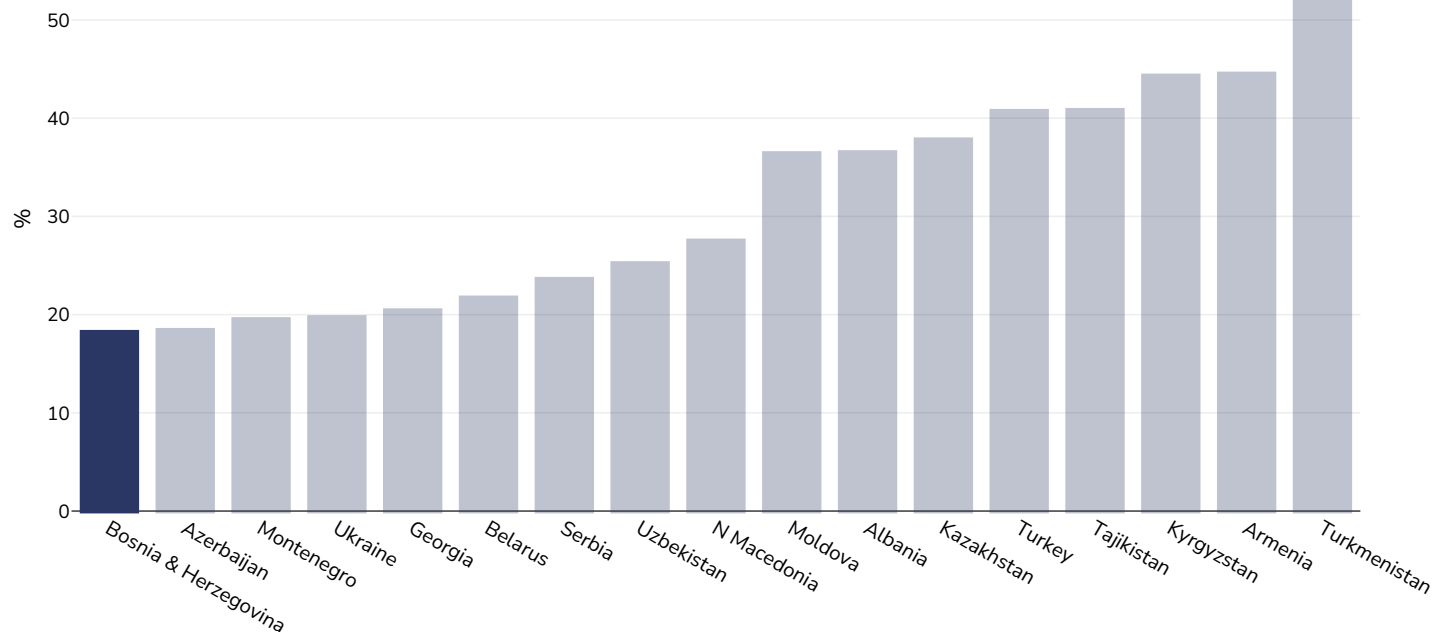
0-5 years, 2011-2012



Survey type:	Measured
Age:	0-5
References:	United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2025). Global UNICEF Global Databases: Overlapping Stunting, Wasting and Overweight (Survey Estimates), 2025, New York. For more information, visit: https://data.unicef.org/topic/nutrition/malnutrition/ [Accessed 06.08.25]
Notes:	Institute for Public Health [Federation of Bosnia and Herzegovina]. Bosnia and Herzegovina multiple indicator cluster survey (MICS) 2011-2012. Final report. Sarajevo, Federation of Bosnia and Herzegovina: UNICEF, 2013
Definitions:	Combined percentage of children under 5 years of age who are either wasted, stunted, or overweight (falling below -2 standard deviations from the median weight-for-height, falling below -2 standard deviations from the median height for age, or falling at or above +2 standard deviations from the median weight-for-height of the reference population)
Cutoffs:	WHZ <-2, HAZ <-2 and WHZ >+2

% Infants exclusively breastfed 0-5 months

0-5 years, 2011-2023



Area covered: National

References: Institute for Public Health [Federation of Bosnia and Herzegovina]. Bosnia and Herzegovina multiple indicator cluster survey (MICS) 2011-2012. Final report. Sarajevo, Federation of Bosnia and Herzegovina: UNICEF, 2013

Notes: Full details available at source: United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2025). Global UNICEF Global Databases: Infant and Young Child Feeding: Exclusive breastfeeding, New York, November 2025.

Definitions: Infants 0-5 months of age who received only breast milk during the previous day. The definition allows for medicines, vitamins and oral re-hydration solution to have been given. These infants would not have received water-based liquids, milk based-liquids or food.

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