

Bosnia and Herzegovina



Country report card

This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity . Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <u>https://data.worldobesity.org/country/bosnia-and-</u>herzegovina-25/.



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Obesity prevalence

Adults, 2012

Obesity Overweight



Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



Children, 2008-2009

Obesity Overweight







Girls, 2011-2012

Overweight or obesity





Overweight/obesity by education

0-5 years, 2011-2012

Overweight or obesity





Overweight/obesity by age

Adults, 2012

Obesity Overweight
Obesity
Overweight



Dec;68(6):394-8. doi: 10.5455/medarh.2014.68.394-398. Epub 2014 Dec 16. PMID: 25649524; PMCID: PMC4314181.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



Overweight/obesity by region

0-5 years, 2011-2012

Overweight or obesity





Overweight/obesity by socio-economic group

0-5 years, 2011-2012

Overweight or obesity



For more information about the methodology, please consult <u>https://data.unicef.org/resources/jme-2023-country-consultations/</u> Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-forheight of the reference population.

=>+2SD

Definitions:



Double burden of underweight & overweight





Children, 2022

18					
16					
14					
12					
12					
% ¹⁰					
8					
6					
4					
2					
0	Boys		Gir	ls	
Survey type:					Measured
Age:					5-19
_					
References:	NCD Risk Factor Collaboration (NCD-RisC). Worldwic population representative studies with 2				
			https://doi.org/	<u>/10.1016/S0140-6736(23</u>	3)02750-2.
Notes:				Age standardised	d estimates
Definitions:	Combined	d prevalence of B	MI < -2SD and BMI > 2SD (do	uble burden of thinness a	nd obesity)
Cutoffs:				BMI < -2SD and	BMI > 2SD



0-5 years, 2011-2012





Insufficient physical activity





Men, 2022





Women, 2022





Estimated per capita fruit intake





Estimated per-capita processed meat intake





Estimated per capita whole grains intake





Mental health - depression disorders





Men, 2021

3000		
2500		
52000		
latio		
ndo		
b2000 b0 b0 b0 b0 b0		
%		
1000		
500		
0		
0	Bosnia & Herzegovina	
Age:		20+
Area covered:		National
References:	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease Seattle, WA: IHME, University of Washington, 2023. Available from http://vizhub.healthdata.org/gbd-compare. (Last	
Definitions:	Number living with depression per 100,000 population	n (adults 20+ years)



Women, 2021

7000	
6000	
5000	
ion	
% of population 0000 000	
opu	
of p	
× ³⁰⁰⁰	
2000	
1000	
1000	
0	
0	Bosnia & Herzegovina
Age:	20+
Area covered:	National
References:	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021.
	Seattle, WA: IHME, University of Washington, 2023. Available from http://vizhub.healthdata.org/gbd-compare . (Last accessed 23.04.25)
Definitions:	Number living with depression per 100,000 population (adults 20+ years)



Children, 2021





Boys, 2021



Girls, 2021





Mental health - anxiety disorders





Men, 2021





Women, 2021

	Seattle, WA: IHME, University of Washington, 2023. Available from http://vizhub.healthdata.org/gbd-compare . (Last accessed 23.04.25).
References:	Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021.
Age:	20+
Ŭ	Bosnia & Herzegovina
0	
1000	
2000	
2000	
×3000	
% of population %% of population %%% of population %%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%%	
oulati oulati	
u	
5000	
6000	
7000	



Children, 2021



Seattle, WA: IHME, University of Washington, 2023. Available from http://vizhub.healthdata.org/gbd-compare. (Last accessed 23.04.25)

Boys, 2021



References:

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from http://vizhub.healthdata.org/gbd-compare. (Last accessed 23.04.25)



Girls, 2021





% Infants exclusively breastfed 0-5 months

0-5 years, 1996-2023





Percent of population who cannot afford a healthy diet





Oesophageal cancer

Men, 2022





Women, 2022





Breast cancer

Women, 2022

Age 20 Age 20+





Colorectal cancer

Men, 2022





Women, 2022




Pancreatic cancer









Gallbladder cancer









Kidney cancer









Cancer of the uterus





Raised blood pressure

Adults, 2015



Definitions:

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).









Raised cholesterol

Adults, 2008













Raised fasting blood glucose

Men, 2014



Definitions:

Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).







Diabetes prevalence

Adults, 2024



References:

Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 11th edn. Brussels, Belgium:International Diabetes Federation, 2025. http://www.diabetesatlas.org



Ovarian Cancer





Leukemia

Men, 2022							
4							
3							
2							
1							
0							
⁻¹ -1	0	1	2	3	4	5	6
Age:							20+
Area covered:							National
References:				l, Mery L, Piñeros M, Z gency for Research on		m: <u>https://gco.iarc.wh</u>	
Definitions:						Incidence p	er 100,000
	Unless of	therwise noted, overw	eight refers to a BMI I	between 25kg and 29	.9ka/m². obesity refer	s to a BMI greater tha	n 30ka/m².



4							
3							
2							
1							
0							
-1_1 -1	0	1	2	3	4	5	6
Age:							20+
Area covered:							National
References:					Znaor A, Soerjomataran n Cancer. Available fror		.int/today,
Definitions:						Incidence pe	r 100,000
	Unless othe	erwise noted, overwo	eight refers to a BMI	between 25kg and 2	9.9kg/m², obesity refers	to a BMI greater thar	1 30kg/m².



Liver and intrahepatic bile duct Cancer









Multiple Myeloma









Non Hodgkin Lymphoma









Thyroid Cancer







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