Bosnia and Herzegovina

Policies, Interventions and Actions

Nutrition of infants and young children in the context of covida-19

This Summary brings together recommendations on infant and young child nutrition in the context of the Covida-19 pandemic.

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2020 (ongoing)
Target age group:	Adults and children
Organisation:	Government
Find out more:	ba.one.un.org
Linked document:	Download linked document
References:	Anon (n.d.) ISHRANA DOJENČADI I MALE DJECE U KONTEKSTU Covida-19 Saţetak br. 2 (v1). [Online]. Available from: https://www.unicef.org/bih/sites/unicef.org.bih/files/2020-04/IYCF%20Programming%20in%20the%20context%20of%20COVID-19%20Brief%202_v1%2030%20March%202020_%20for%20distribution_BHS.pdf [Accessed: 14 July 2020].

Action Plan for the Prevention and Control of NCDs

Action Plan for the Prevention and Control of NCDs

Categories:	Evidence of NCD strategy
Year(s):	2019-2026
Target age group:	Adults and children
Organisation:	Ministry of Health and Social Welfare
Find out more:	www.vladars.net
Linked document:	Download linked document

Nutrition Friendly Schools

Under the project “Nutrition Friendly Schools”, UNICEF organized workshops with students, parents, and teaching staff in four primary schools in November and December (two in Sarajevo and two in Banja Luka). The goal of the program, being implemented under the slogan “Eat Well, Grow Well”, is the promotion of health and healthy habits in the nutrition of children of pre-school and school age. In the first phase of the project, since 2011, UNICEF has implemented workshops with pre-school children, while at this stage the focus is on children enrolled in the first grade of primary schools. During the workshops, children develop skills and learn through game, adapted to their age, which food groups are necessary in everyday nutrition, and how to prepare a healthy meal in a creative way and bring it to school. Within the program, parents and teachers also learn about the importance of healthy eating habits, in a way adapted to them.

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan Evidence of Community Interventions/Campaign
Year(s):	2018
Target age group:	Children
Organisation:	UNICEF
Find out more:	www.unicef.org
Linked document:	Download linked document
References:	Anon (n.d.) Parents participated in the workshop within the project “Nutrition Friendly Schools”. [Online]. www.unicef.org. Available from: https://www.unicef.org/bih/en/stories/parents-participated-workshop-within-project-nutrition-friendly-schools [Accessed: 14 July 2020].

Eat Well, Grow Well

The programme Eat Well, Grow Well promoted healthy eating and healthy lifestyles among children, parents, educators, cooks and other employees of preschool institutions in order to reduce obesity and other disorders in the development of preschool children caused by improper diet and unhealthy lifestyles. The programme was coordinated by the Federal Ministry of Education and Science, in cooperation with the Federal Ministry of Health, Institute of Public Health, the Association of Chefs, and the NGO Project Hope Bosnia and Herzegovina.

Categories (partial):	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan Evidence of Community Interventions/Campaign
Year(s):	2014-2015
Target age group:	Children
Organisation:	Government
Find out more:	www.unicef.org
Linked document:	Download linked document
References:	Anon (n.d.) Nutrition. [Online]. www.unicef.org. Available from: https://www.unicef.org/bih/en/nutrition.

Policy for Improving Child Nutrition in Federation of Bosnia and Herzegovina

Federation BiH is committed to ensure optimal nutrition to every child, in line with national and international recommendations and standards, and thereby improve the diet and nutritional status of children in Federation BiH;

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan Evidence of Community Interventions/Campaign Evidence of NCD strategy Industry/Government regulations - voluntary /pledges Evidence of Management/treatment guidelines
Categories (partial):	Evidence of National Obesity Strategy/Policy or Action plan
Year(s):	2013 (ongoing)
Target age group:	Children
Organisation:	Government of the Federation of Bosnia and Herzegovina
Find out more:	extranet.who.int
Linked document:	Download linked document
References:	Anon (n.d.) Policy - Policy for Improvement of Nutrition of Children under the Age of Five in the Republic of Srpska | Global database on the Implementation of Nutrition Action (GINA). [Online]. extranet.who.int. Available from: https://extranet.who.int/nutrition/gina/en/node/36087 [Accessed: 14 July 2020].

Pravilnik o pružanju informacija potrošačima o hrani

Mandatory national labelling guidelines for pre-packaged food approved by the Council of Ministers of Bosnia and Herzegovina and adopted from June 2013. (Only available in Bosnian language)

Categories:	Labelling Regulation/Guidelines
Year(s):	2013 (ongoing)
Target age group:	Adults and children
Organisation:	Council of Ministers of Bosnia and Herzegovina
Linked document:	Download linked document
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): https://extranet.who.int/nutrition/gina/en/node/74263 (last accessed 29.06.22)

Md.net project (Interreg)

Project challenges the problems of currently neglected and undeveloped opportunities of the Mediterranean Diet. The main objective of the project is to strengthen exploration of the Mediterranean Diet according to the UNESCO Med Diet Convention, blending comprehensive Mediterranean Diet concepts with innovative tools. The project will use both traditional and creative measures (as sharing economy) starting cooperation of quadruple helix stakeholders in order to lift the MD economy to new quality levels.

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2012 (ongoing)
Target age group:	Adults and children
Organisation:	Republic of Srpska Government, The Ministry of Health and Social Welfare
Find out more:	mdnet.interreg-med.eu
Linked document:	Download linked document
References:	Anon (2020a) MD.net. [Online]. 17 June 2020. Interreg-med.eu. Available from: https://mdnet.interreg-med.eu/ [Accessed: 14 July 2020].

Policy for Improvement of Nutrition of Children under the Age of Five in Republika Srpska (adopted by the Government of Republika Srpska in February 2012)

Guidelines exploring the following issues: Undernutrition Low birth weight Stunting in children 0-5 yrs Wasting in children 0-5 years Underweight in children 0-5 years Anaemia Iodine deficiency disorders Vitamin A deficiency Overweight, obesity and diet-related NCDs Overweight in children 0-5 yrs Dietary practice Action areas Maternal, infant and young child nutrition Growth monitoring and promotion Breastfeeding promotion/counselling Baby-friendly Hospital Initiative (BFHI) Complementary feeding promotion/counselling Nutrition in schools School-based health and nutrition programmes Promotion of healthy diet and prevention of obesity and diet-related NCDs Dietary guidelines

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan Evidence of NCD strategy
Year(s):	2012 (ongoing)
Target age group:	Children
Organisation:	Republic of Srpska Government, The Ministry of Health and Social Welfare
Find out more:	extranet.who.int
Linked document:	Download linked document
References:	Anon (n.d.) Policy - Policy for Improvement of Nutrition of Children under the Age of Five in the Republic of Srpska | Global database on the Implementation of Nutrition Action (GINA). [Online]. extranet.who.int. Available from: https://extranet.who.int/nutrition/gina/en/node/36087 [Accessed: 14 July 2020].

Food-based dietary guidelines - Bosnia and Herzegovina

The guide was developed by the Institute for Public Health, Federation of Bosnia and Herzegovina, in collaboration with the Federal Ministry of Health, the Federal Ministry of Education and non-governmental organizations. The World Health Organization supported the process. The WHO CINDI dietary guide served as a base for the development of the guidelines. They are endorsed by the Federal Ministry of Health. (Available only in Bosnian language)

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2004 (ongoing)
Target age group:	Adults
Organisation:	Federal Ministry of Health
Linked document:	Download linked document
References:	https://www.fao.org/nutrition/education/food-dietary-guidelines/regions/countries/bosnia-and-herzegovina/en/ (last accessed 21.07.22)

GNPR 2016-17 (q7) Breastfeeeding promotion and/or counselling

WHO Global Nutrition Policy Review 2016-2017 reported the evidence of breastfeeding promotion and/or counselling (q7)

Categories:	Evidence of Breastfeeding promotion or related activity
Target age group:	Adults
Organisation:	Ministry of Health (information provided by the GINA progam)
Find out more:	extranet.who.int
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): https://extranet.who.int/nutrition/gina/en

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