Bolivia



Country report card - under-5s

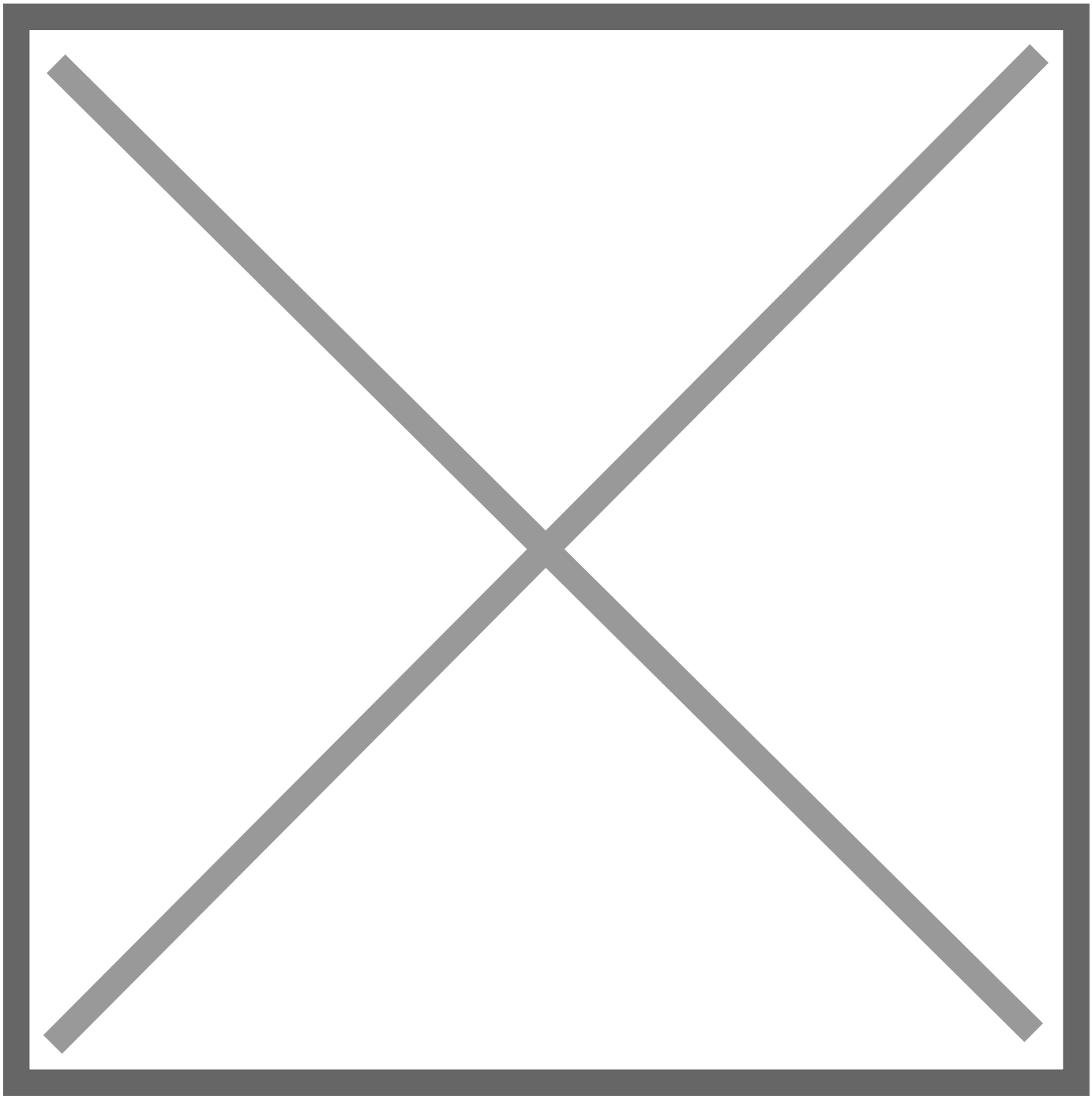
This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children under 5. Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at https://data.worldobesity.org/country/bolivia-24/.

Contents	Page
Obesity prevalence	3
Overweight/obesity by education	6
Overweight/obesity by region	9
Overweight/obesity by socio-economic group	12
Double burden of underweight & obesity	15
% Infants exclusively breastfed 0-5 months	18

Obesity prevalence

0-5 years, 2016

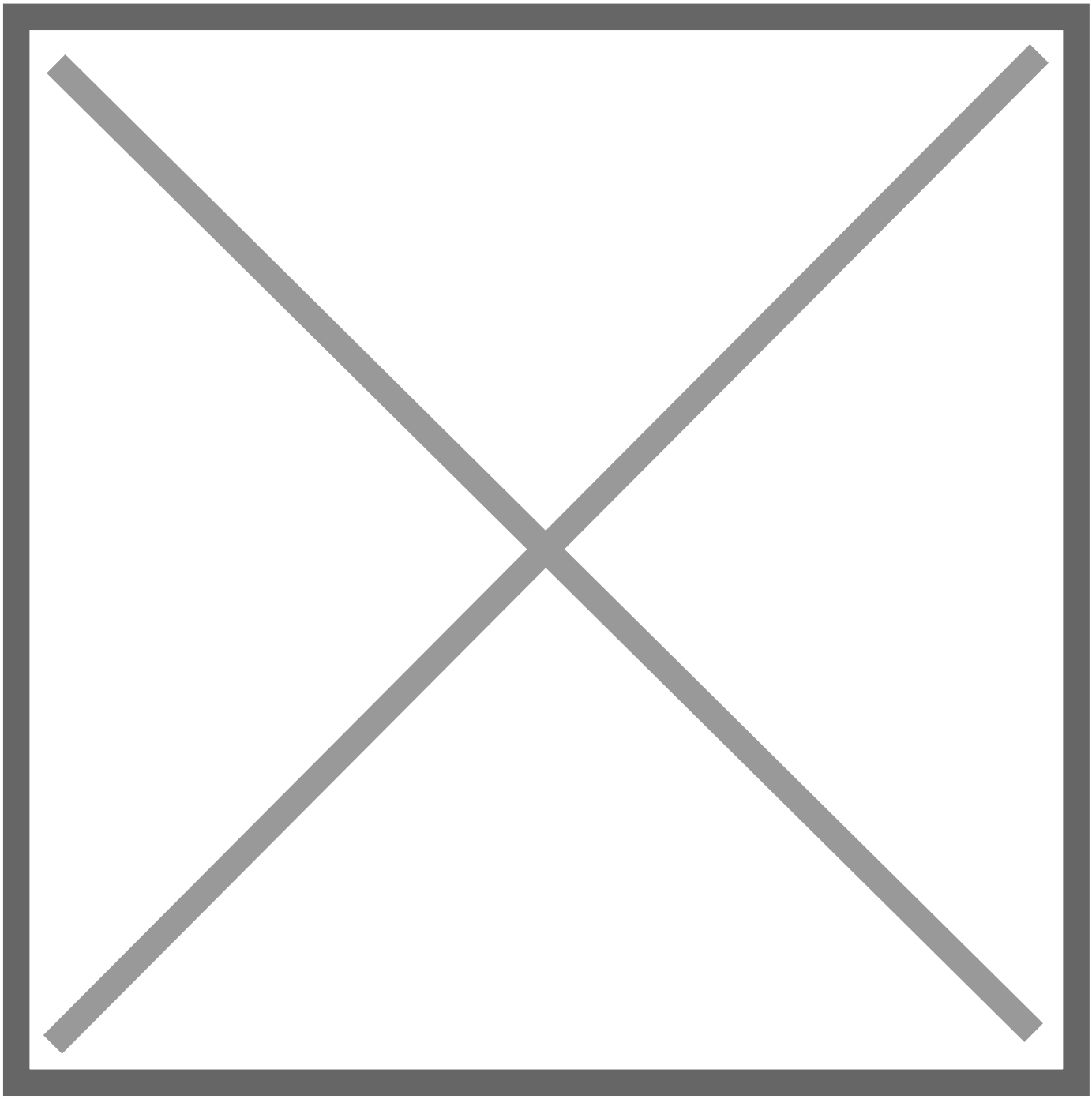


Survey type:	Measured
Age:	0-5
Sample size:	5104
Area covered:	National
References:	Demographic and Health Survey 2016.https://www.minsalud.gob.bo/images/Documentacion/EDSA-2016.pdf (Accessed 17.06.21)
Notes:	Infants.

Definitions:	Weight for Height. Overweight or obesity = >2SD
Cutoffs:	Other

Overweight/obesity by education

0-5 years, 2008

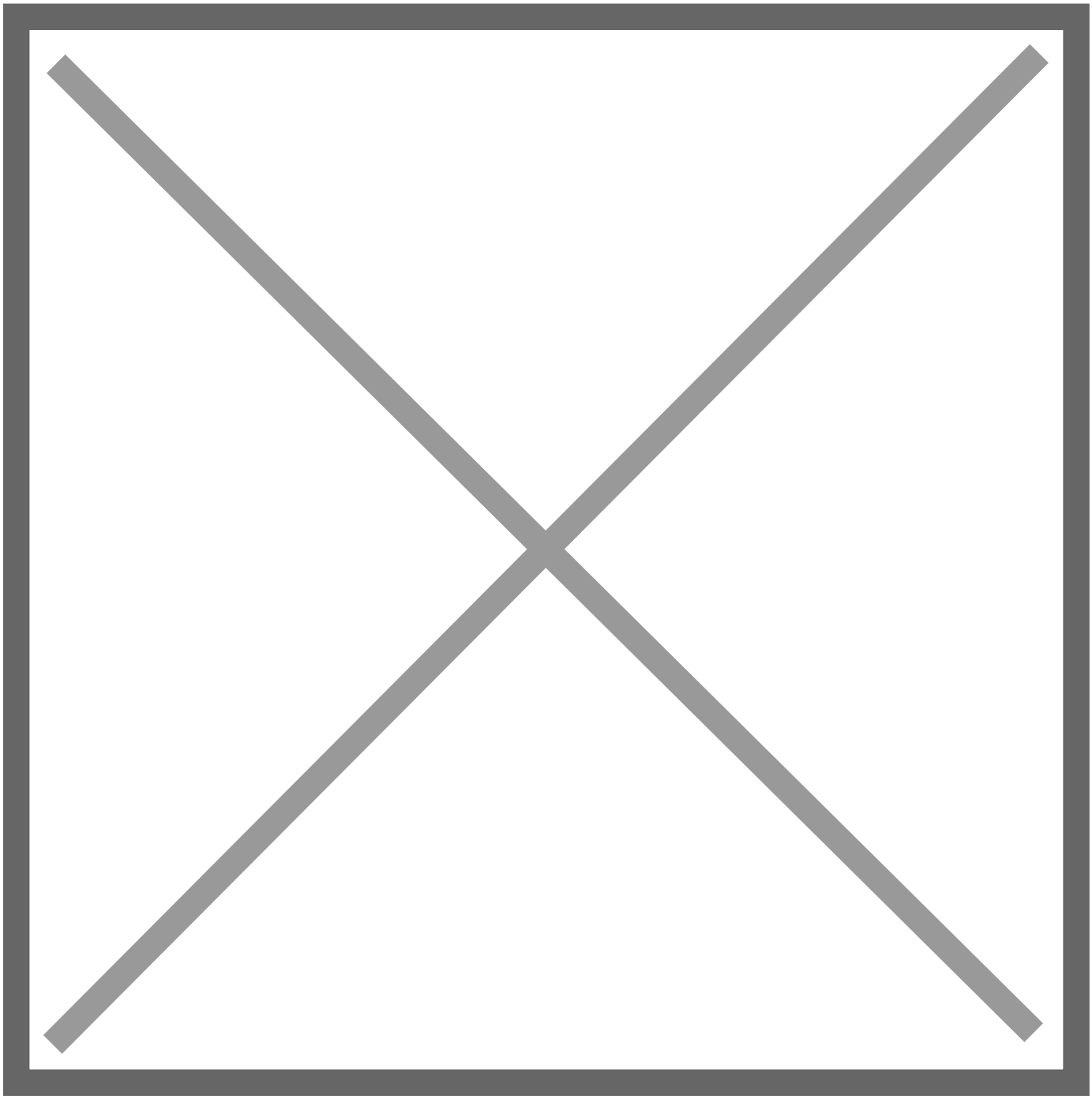


Sample size:	8454
References:	DHS: Encuesta nacional de demografía y salud ENDSA 2008. Demographic and Health Surveys. La Paz, Bolivia: MSD, PRS, INE y Macro International, 2009
Notes:	UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult https://data.unicef.org/resources/jme-2023-country-consultations/ Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

Definitions:	=>+2SD

Overweight/obesity by region

0-5 years, 2016

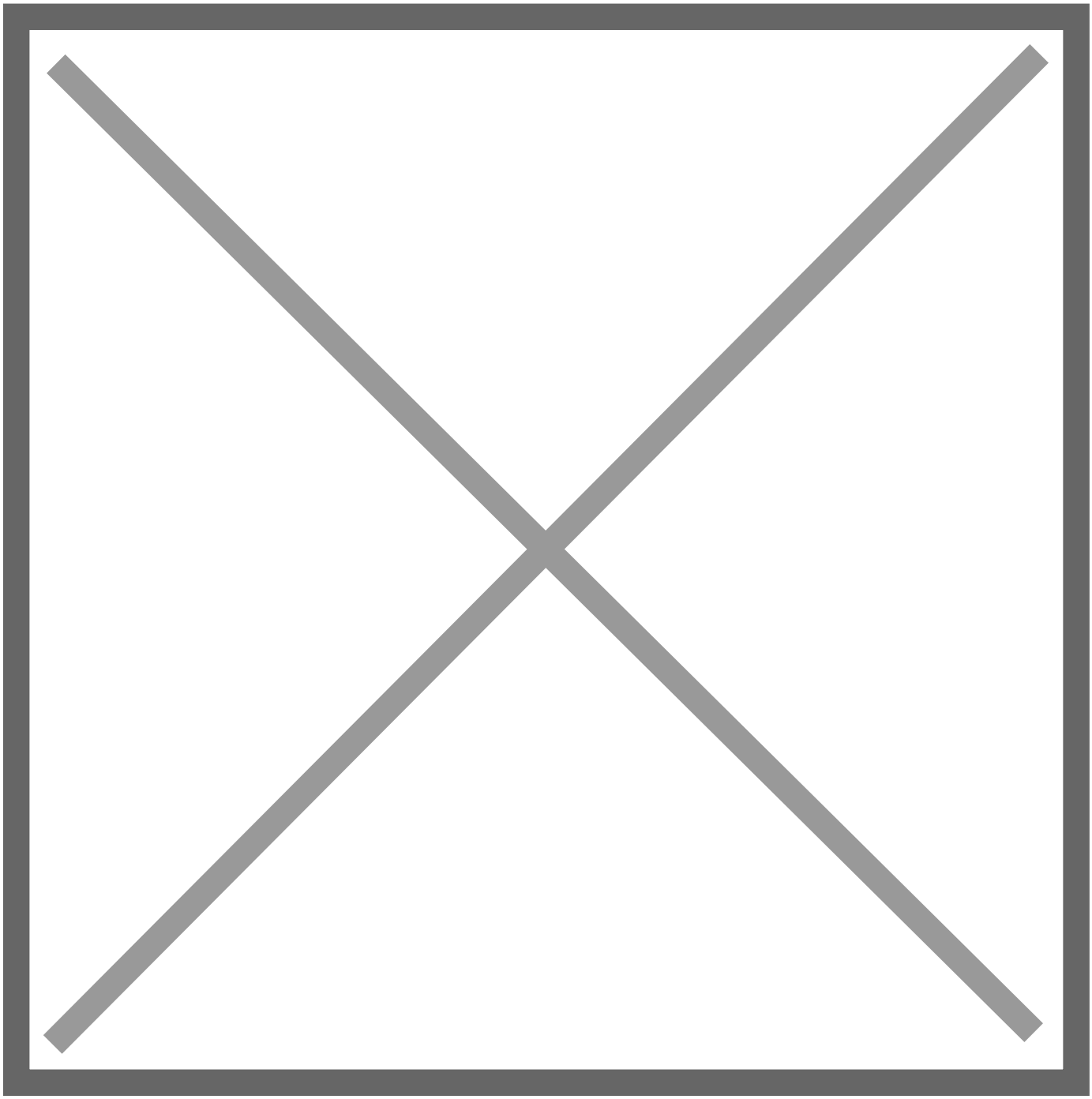


Sample size:	5232
References:	DHS-Style: Bolivia Encuesta de Demografia y Salud - EDSA 2016: Indicadores Priorizados
Notes:	UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult https://data.unicef.org/resources/jme-2023-country-consultations/ Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

Definitions:	=>+2SD

Overweight/obesity by socio-economic group

0-5 years, 2012

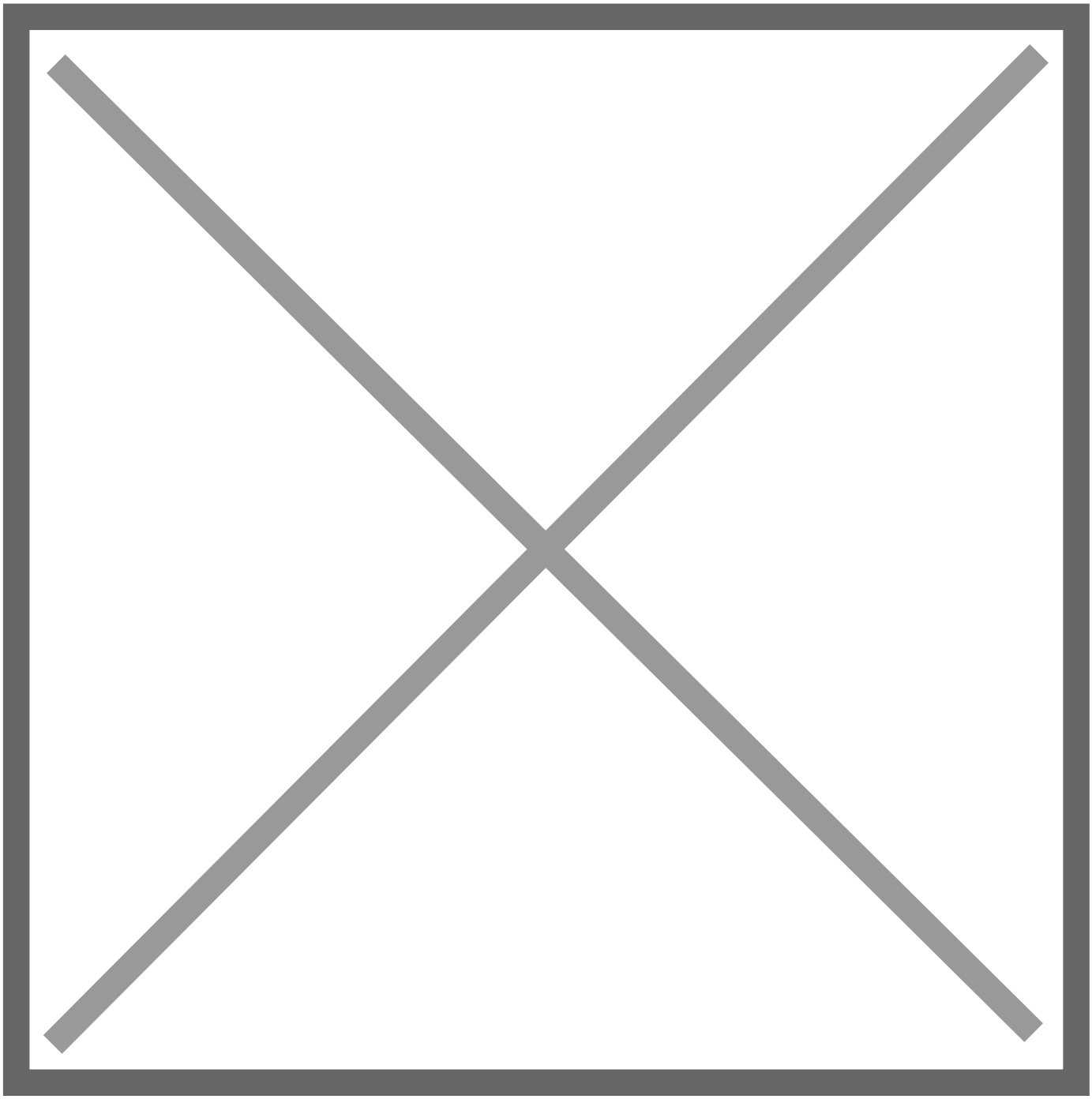


Sample size:	709412
References:	Other: Encuesta de Evaluación de Salud y Nutrición 2012: Informe de Resultados
Notes:	UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York. For more information about the methodology, please consult https://data.unicef.org/resources/jme-2023-country-consultations/ Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

Definitions:	=>+2SD

Double burden of underweight & obesity

0-5 years, 2016

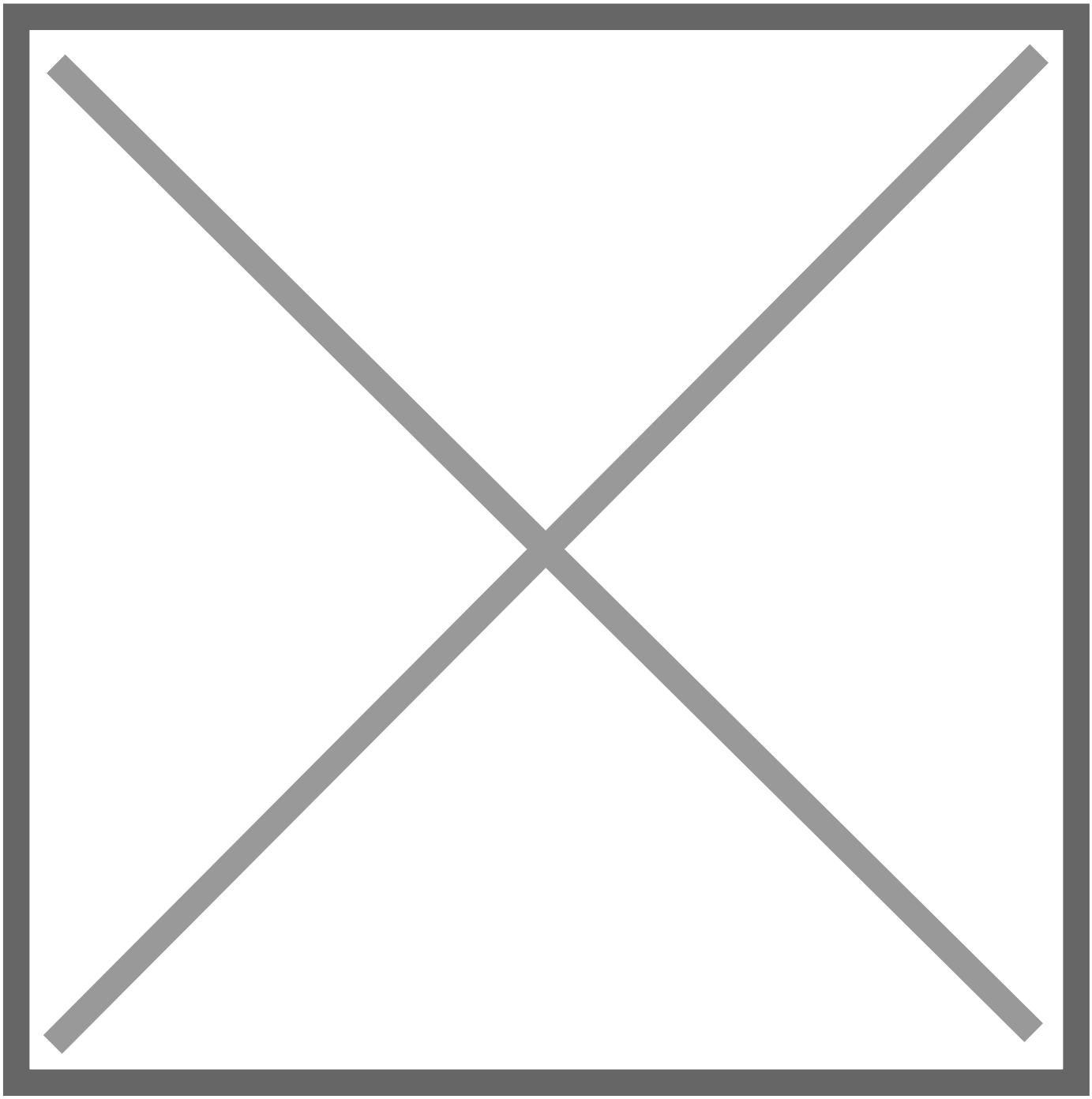


Survey type:	Measured
Age:	0-5
References:	United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2025). Global UNICEF Global Databases: Overlapping Stunting, Wasting and Overweight (Survey Estimates), 2025, New York. For more information, visit: https://data.unicef.org/topic/nutrition/malnutrition/ [Accessed 06.08.25]
Notes:	Bolivia Encuesta de Demografia y Salud - EDSA 2016: Indicadores Priorizados

Definitions:	Combined percentage of children under 5 years of age who are either wasted, stunted, or overweight (falling below -2 standard deviations from the median weight-for-height, falling below -2 standard deviations from the median height for age, or falling at or above +2 standard deviations from the median weight-for-height of the reference population)
Cutoffs:	WHZ <-2, HAZ <-2 and WHZ >+2

% Infants exclusively breastfed 0-5 months

0-5 years, 2011-2024



Area covered:	National
References:	Bolivia Encuesta de Demografia y Salud - EDSA 2016: Indicadores Priorizados
Notes:	Full details available at source: United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2025). Global UNICEF Global Databases: Infant and Young Child Feeding: Exclusive breastfeeding, New York, November 2025.
Definitions:	Infants 0-5 months of age who received only breast milk during the previous day. The definition allows for medicines, vitamins and oral re-hydration solution to have been given. These infants would not have received water-based liquids, milk based-liquids or food.

PDF created on November 4, 2026