



# Bolivia



## Country report card - under-5s

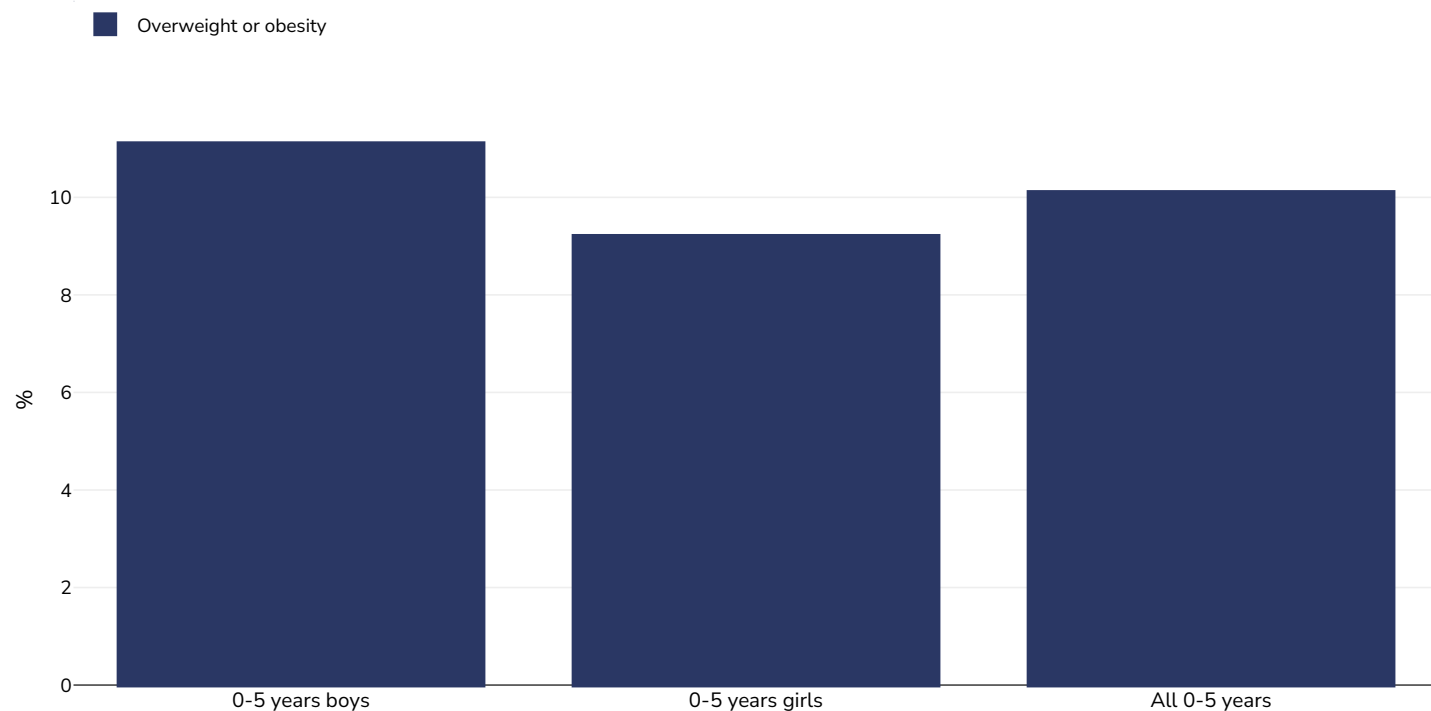
*This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children under 5. Where available, data on common and relevant obesity drivers and comorbidities are also presented.*

*View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/bolivia-24/>.*

Contents	Page
Obesity prevalence	3
Overweight/obesity by education	4
Overweight/obesity by region	5
Overweight/obesity by socio-economic group	6
Double burden of underweight & overweight	7
% Infants exclusively breastfed 0-5 months	8

## Obesity prevalence

### 0-5 years, 2016



Age: 0-5

Sample size: 5232

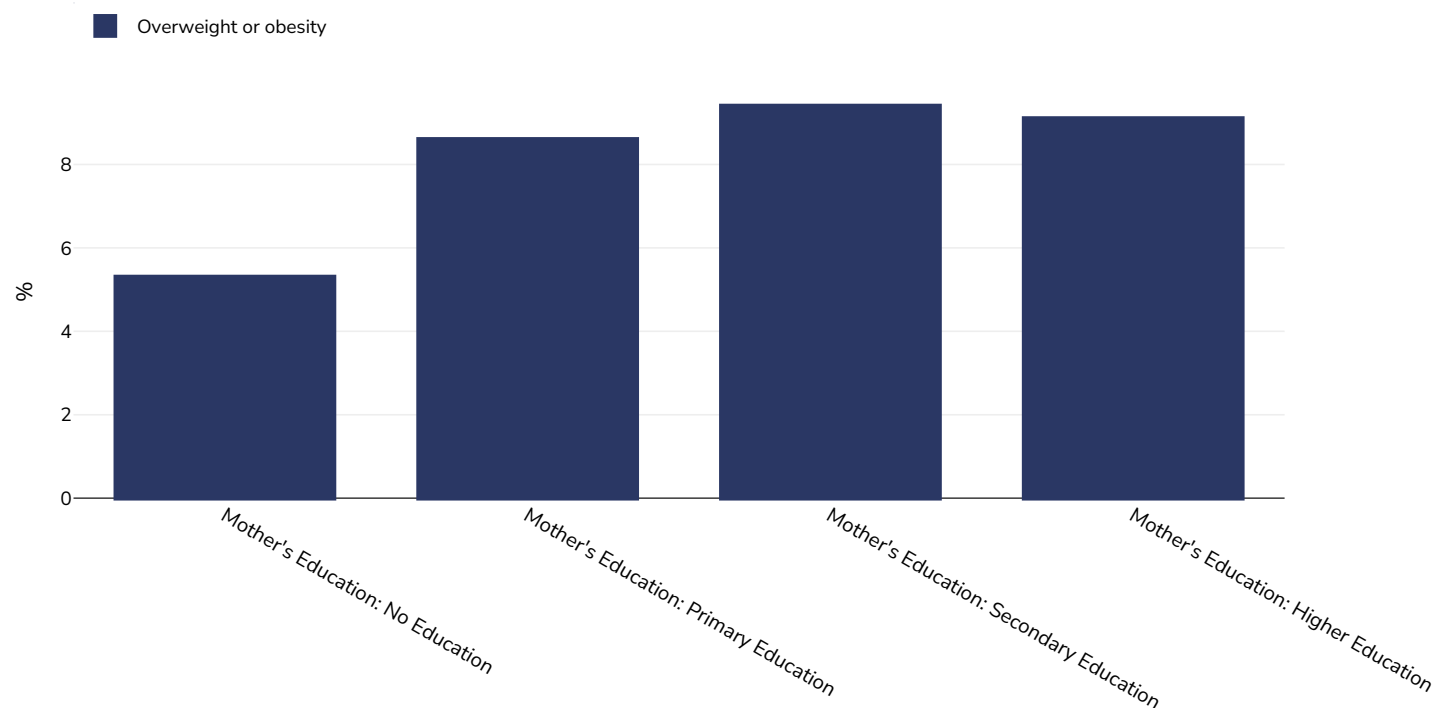
References: DHS-Style: Bolivia Encuesta de Demografía y Salud - EDSA 2016: Indicadores Priorizados

Notes: UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York.  
For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/>  
Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

Definitions: =>+2SD

## Overweight/obesity by education

0-5 years, 2008



**Sample size:** 8454

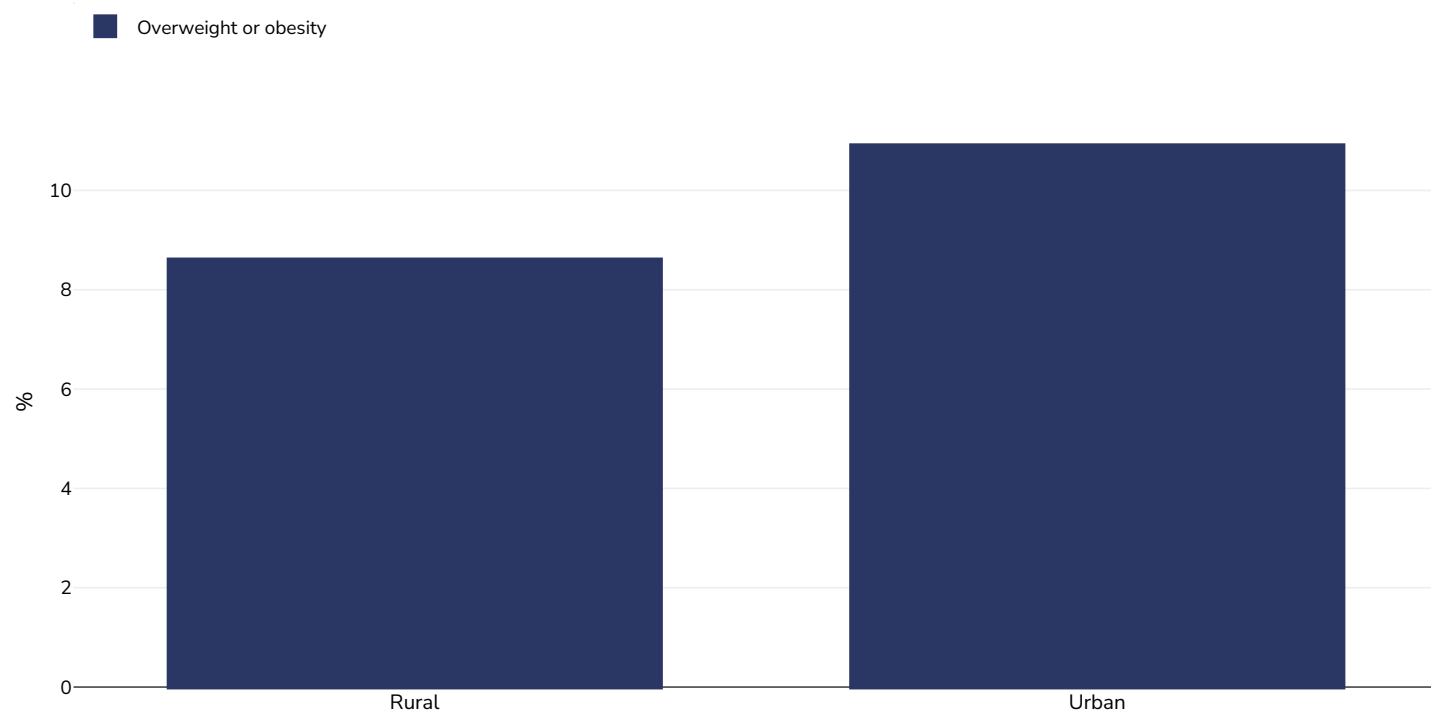
**References:** DHS: Encuesta nacional de demografía y salud ENDSA 2008. Demographic and Health Surveys. La Paz, Bolivia: MSD, PRS, INE y Macro International, 2009

**Notes:** UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York.  
For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/>  
Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

**Definitions:** =>+2SD

## Overweight/obesity by region

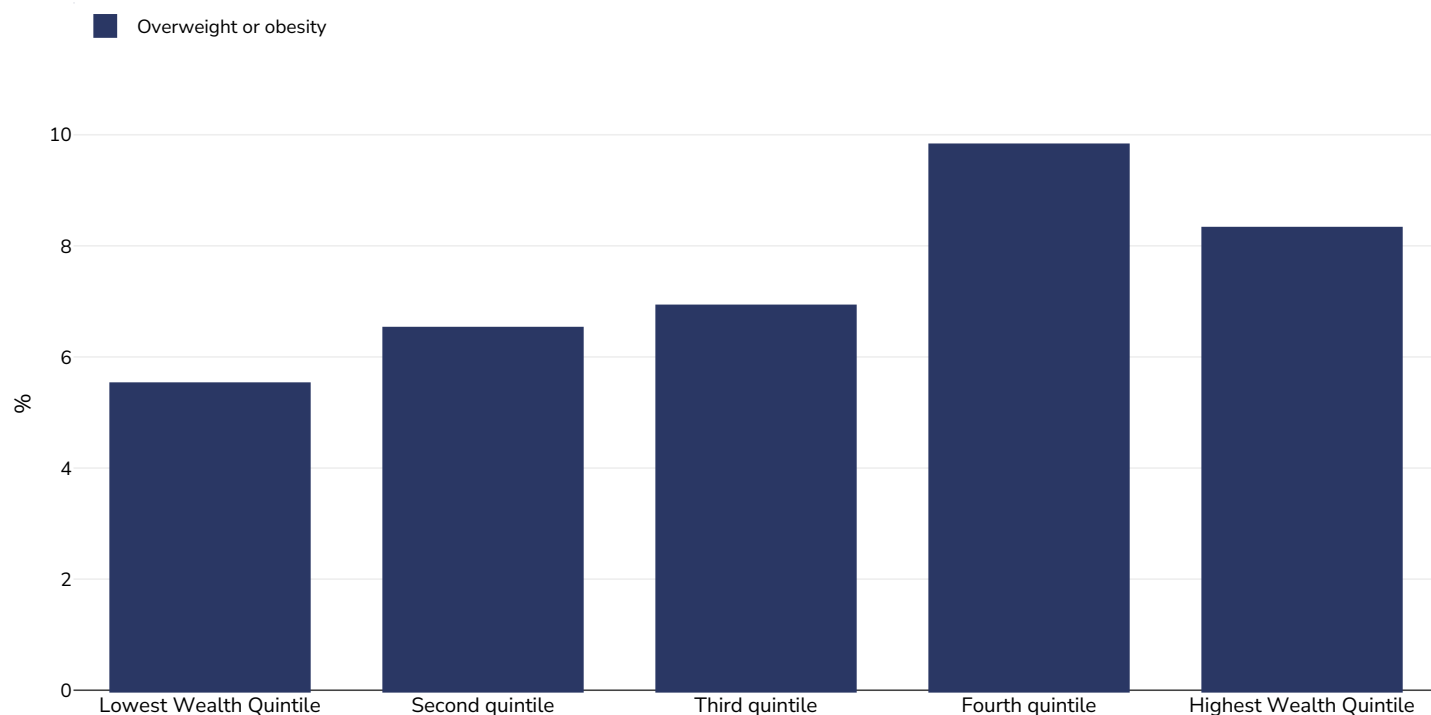
0-5 years, 2016



Survey type:	Measured
Sample size:	5104
Area covered:	National
References:	Demographic and Health Survey 2016. <a href="https://www.minsalud.gob.bo/images/Documentacion/EDSA-2016.pdf">https://www.minsalud.gob.bo/images/Documentacion/EDSA-2016.pdf</a> (Accessed 17.06.21)
Notes:	Infants.
Definitions:	Weight for Height. Overweight or obesity = >2SD
Cutoffs:	Other

## Overweight/obesity by socio-economic group

0-5 years, 2012



Sample size: 709412

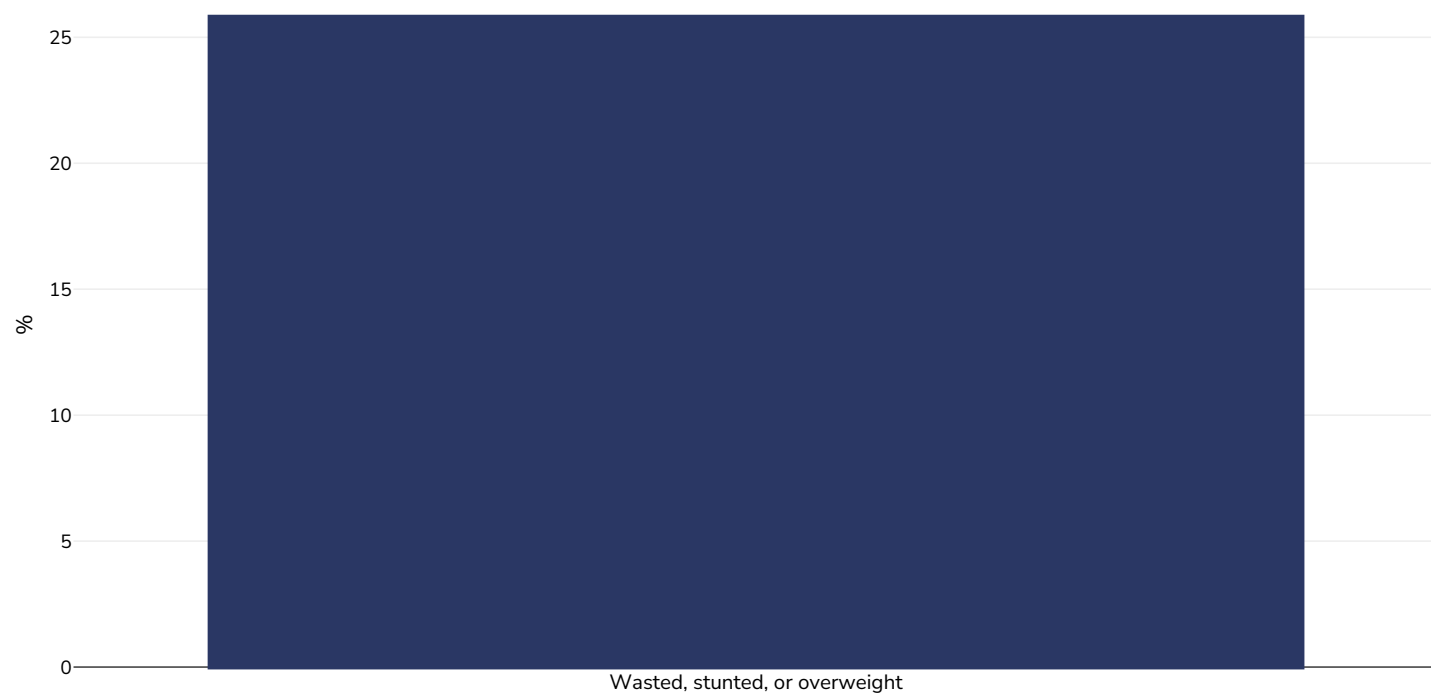
References: Other: Encuesta de Evaluación de Salud y Nutrición 2012: Informe de Resultados

Notes: UNICEF/WHO/World Bank Joint Child Malnutrition Estimates Expanded Database: Overweight (Survey Estimates), May 2023, New York.  
For more information about the methodology, please consult <https://data.unicef.org/resources/jme-2023-country-consultations/>  
Percentage of children under 5 years of age falling above 2 standard deviations (moderate and severe) from the median weight-for-height of the reference population.

Definitions: =>+2SD

## Double burden of underweight & overweight

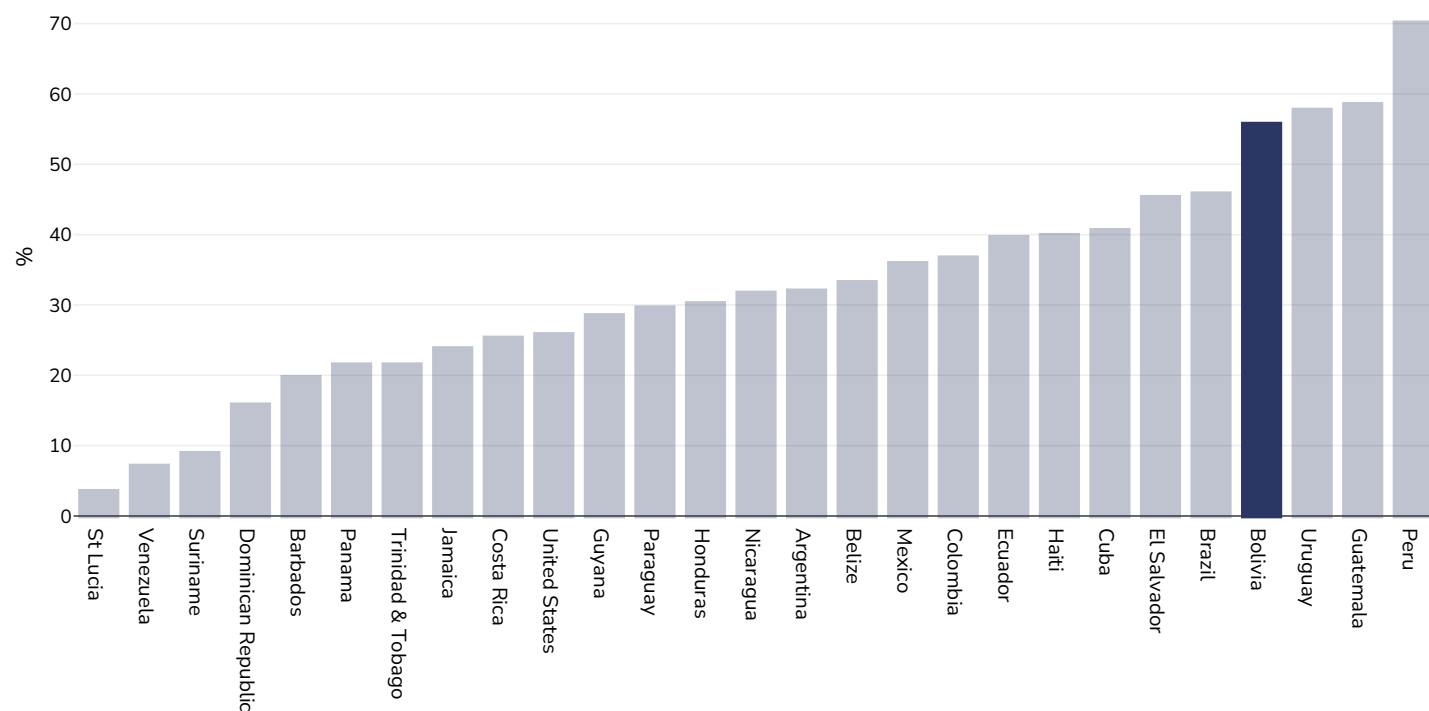
0-5 years, 2016



Survey type:	Measured
Age:	0-5
References:	United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2025). Global UNICEF Global Databases: Overlapping Stunting, Wasting and Overweight (Survey Estimates), 2025, New York. For more information, visit: <a href="https://data.unicef.org/topic/nutrition/malnutrition/">https://data.unicef.org/topic/nutrition/malnutrition/</a> [Accessed 06.08.25]
Notes:	Bolivia Encuesta de Demografía y Salud - EDSA 2016: Indicadores Priorizados
Definitions:	Combined percentage of children under 5 years of age who are either wasted, stunted, or overweight (falling below -2 standard deviations from the median weight-for-height, falling below -2 standard deviations from the median height for age, or falling at or above +2 standard deviations from the median weight-for-height of the reference population)
Cutoffs:	WHZ <-2, HAZ <-2 and WHZ >+2

## % Infants exclusively breastfed 0-5 months

0-5 years, 1998-2023



**References:**

Bolivia Encuesta de Demografía y Salud - EDSA 2016: Indicadores Priorizados

**Notes:**

Full details are available. Original citation United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2023).  
Global UNICEF Global Databases: Infant and Young Child Feeding: Exclusive breastfeeding, New York, October 2023.

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