# Report card

## Bermuda

<table>
<thead>
<tr>
<th>Contents</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Obesity prevalence</td>
<td>2</td>
</tr>
<tr>
<td>Insufficient physical activity</td>
<td>3</td>
</tr>
<tr>
<td>Estimated per-capita fruit intake</td>
<td>6</td>
</tr>
<tr>
<td>Estimated per-capita processed meat intake</td>
<td>7</td>
</tr>
<tr>
<td>Estimated per-capita whole grains intake</td>
<td>8</td>
</tr>
</tbody>
</table>
Obesity prevalence

Adults, 2013-2014

Survey type: Measured
Age: 18+
Sample size: 1147
Area covered: National
Notes: STEPS Survey

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².
Insufficient physical activity

Adults, 2016

Men, 2016

% insufficient physical activity

Women, 2016

Estimated per-capita fruit intake

Adults, 2017

Survey type: Measured
Age: 25+
References: Global Burden of Disease, the Institute for Health Metrics and Evaluation [http://ghdx.healthdata.org/]
Definitions: Estimated per-capita fruit intake (g/day)
Estimated per-capita processed meat intake

Adults, 2017

Survey type: Measured
Age: 25+
References: Global Burden of Disease, the Institute for Health Metrics and Evaluation [http://ghdx.healthdata.org/]
Definitions: Estimated per-capita processed meat intake (g per day)
# Estimated per-capita whole grains intake

## Adults, 2017

<table>
<thead>
<tr>
<th>Survey type:</th>
<th>Measured</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age:</td>
<td>25+</td>
</tr>
<tr>
<td>Definitions:</td>
<td>Estimated per-capita whole grains intake (g/day)</td>
</tr>
</tbody>
</table>

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