

Benin



Policies, Interventions and Actions

Benin's dietary guidelines

The process of development of the Benin dietary guidelines was led by the Regional Institute of Public Health of Ouidah, Faculty of Health Sciences of Cotonou, Faculty of Agronomic Sciences, Food and Nutrition Council. Other stakeholders involved included representatives from the Ministry of Health, Ministry of Agriculture, Ministry of Primary Education, WHO, FAO, WFP, UNICEF, Benin Nutrition Society and Consumers Association. The guidelines have been endorsed by the Food and Nutrition Council, which reports to the Presidency. (Available only in French language)

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2015 (ongoing)
Target age group:	Adults and children
Organisation:	Food and Nutrition Council
Linked document:	Download linked document
References:	https://www.fao.org/nutrition/education/food-dietary-guidelines/regions/countries/benin/en/

GNPR 2016-17 (q7) Breastfeeding promotion and/or counselling

WHO Global Nutrition Policy Review 2016-2017 reported the evidence of breastfeeding promotion and/or counselling (q7)

Categories:	Evidence of Breastfeeding promotion or related activity
Target age group:	Adults
Organisation:	Ministry of Health (information provided by the GINA program)
Find out more:	extranet.who.int
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): https://extranet.who.int/nutrition/gina/en Please note the GINA website has been replaced by the GIFNA database and the GINA link will no longer work. You will find this document by searching this new database: https://gifna.who.int/

Marketing of Breast-Milk Substitutes: National Implementation of the International Code Status Report 2016 (Promotion of Breastfeeding)

The 2016 report provides information on the status of implementing the International Code of Marketing of Breast-milk Substitutes and subsequent relevant World Health Assembly resolutions (“the Code”) in and by countries. The report also identifies in which countries they actively promote the benefits of breastfeeding.

Categories:	Evidence of Breastfeeding promotion or related activity
Target age group:	Adults
Organisation:	WHO UNICEF IBFAN
References:	WHO. UNICEF. IBFAN. Marketing of Breast-milk Substitutes: National Implementation of the International Code. Status Report 2016. Geneva: World Health Organization; 2016

National NCD Targets for Benin

Halt the rise of obesity by 2025

Categories:	Evidence of Obesity Target
Target age group:	Adults and children
Linked document:	Download linked document

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