

# Belarus



## Policies, Interventions and Actions



National mandatory standards for food available in schools adopted by Ministry of Health from December 2012. (Available only in Belarusian language)

Categories:	Evidence of School Food Regulations
Year(s):	2012 (ongoing)
Target age group:	Children
Organisation:	Ministry of Health
Linked document:	<a href="#">Download linked document</a>
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): <a href="https://extranet.who.int/nutrition/gina/en/node/24677">https://extranet.who.int/nutrition/gina/en/node/24677</a> (last accessed 20.07.22)

### CONCEPT OF IMPLEMENTING STATE POLICY FOR THE FORMATION OF A HEALTHY LIFESTYLE OF THE POPULATION OF THE REPUBLIC OF BELARUS FOR THE PERIOD UP TO 2020 [Policy for Healthy Lifestyle Formulation among the Population of Belarus]

The main objectives of the Concept , formation of a healthy lifestyle, providing conditions for a healthy lifestyle, increasing the volume of existing technologies for health promotion and disease prevention and develop guidelines to encourage healthy eating.

Categories:	Evidence of NCD strategy
Year(s):	2011-2020
Target age group:	Adults and children
Organisation:	Ministry of Health
Find out more:	<a href="https://extranet.who.int">extranet.who.int</a>
Linked document:	<a href="#">Download linked document</a>
References:	Anon (n.d.) Policy - database on the Implementation of Nutrition Action (GINA). [Online]. extranet.who.int. Available from: <a href="https://extranet.who.int/nutrition/gina/en/node/25722">https://extranet.who.int/nutrition/gina/en/node/25722</a> [Accessed: 8 July 2020w].

024/2011

Measures to limit or virtually eliminate industrially-produced trans fatty acids in food intended for the final consumer and/or for supply to retail. Adopted by the Custom Union Commission from December 2011. (Available only in Russian language)

Categories:	Evidence of Marketing Guidelines/Policy
Year(s):	2011 (ongoing)
Target age group:	Adults and children
Organisation:	Customs Union Commission
Linked document:	<a href="#">Download linked document</a>
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): <a href="https://extranet.who.int/nutrition/gina/en/node/25763">https://extranet.who.int/nutrition/gina/en/node/25763</a> (last accessed 11.07.22)

## Food products labeling (Technical Regulation for Customs Union) Food products in terms of their labeling (TECHNICAL REGULATION OF THE CUSTOMS UNION)

2. These technical regulations of the Customs Union have been developed with the aim of establishing on the common customs territory of the Customs Union the uniform requirements for food products to be applied and fulfilled in terms of their labeling, to ensure the free movement of food products put into circulation in the common customs territory of the Customs Union. 4.9. General requirements for the indication in the labeling of the nutritional value of food products 1. The nutritional value of food products indicated in its labeling includes the following indicators: energy value (calorie content); the amount of protein, fat, carbohydrates; amount of vitamins and minerals. (...)

Categories:	Labelling Regulation/Guidelines
Year(s):	2011 (ongoing)
Target age group:	Adults and children
Organisation:	Novotest Certification and Quality Control
Find out more:	<a href="https://extranet.who.int">extranet.who.int</a>
Linked document:	<a href="#">Download linked document</a>
References:	Anon (n.d.) Policy - Food products labeling (Technical Regulation for Customs Union) Implementation of Nutrition Action (GINA). [Online]. extranet.who.int. Available from: <a href="https://extranet.who.int/nutrition/gina/en/node/25705">https://extranet.who.int/nutrition/gina/en/node/25705</a> [Accessed: 8 July 2020t].

## [Adoption document for clinical protocol on overweight and obesity]

The clinical protocol for the diagnosis, treatment and medical rehabilitation of the adult population of the Republic of Belarus with overweight and obesity in accordance with Appendix 1 to this Order; Clinical protocol for the diagnosis, treatment and medical rehabilitation of children of the Republic of Belarus with overweight and obesity in accordance with Appendix 2 to this Order; Clinical protocol for the diagnosis and treatment of patients with the disease type 2 diabetes mellitus (non-insulin-dependent) in accordance with Appendix 3 to this Order

Categories:	Evidence of Management/treatment guidelines
Year(s):	2009 (ongoing)
Target age group:	Adults and children
Organisation:	Ministry of Health
Find out more:	<a href="https://extranet.who.int">extranet.who.int</a>
Linked document:	<a href="#">Download linked document</a>
References:	Anon (n.d.) Policy - <a href="https://extranet.who.int/nutrition/gina/en/node/36089">https://extranet.who.int/nutrition/gina/en/node/36089</a> , database on the Implementation of Nutrition Action (GINA). [Online]. extranet.who.int. Available from: <a href="https://extranet.who.int/nutrition/gina/en/node/36089">https://extranet.who.int/nutrition/gina/en/node/36089</a> [Accessed: 8 July 2020x].

## State Committee for Standardization of the Republic of Belarus (Gosstandart)

National Multisectoral stakeholder mechanism in place (such as Coalition, Taskforce, Committee) for Obesity or Nutrition (including obesity)

Categories:	Evidence of a multi-sectoral national coordination mechanism for obesity or nutrition (including obesity)
Year(s):	2006 (ongoing)
Target age group:	Adults and children
Organisation:	Council of Ministers of the Republic of Belarus
Linked document:	<a href="#">Download linked document</a>

## GNPR 2016-17 (q7) Breastfeeding promotion and/or counselling

WHO Global Nutrition Policy Review 2016-2017 reported the evidence of breastfeeding promotion and/or counselling (q7)

Categories:	Evidence of Breastfeeding promotion or related activity
Target age group:	Adults
Organisation:	Ministry of Health (information provided by the GINA program)
Find out more:	<a href="https://extranet.who.int">extranet.who.int</a>
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): <a href="https://extranet.who.int/nutrition/gina/en">https://extranet.who.int/nutrition/gina/en</a>

## The Countrywide Integrated Non-communicable Diseases Intervention (CINDI)

Programme helps create favourable conditions for promoting a healthy lifestyle and increasing awareness of the benefits of physical activity for health and quality of life in Belarus. Initiatives include development of physical activity recommendations for medical staff and creation of Centres for Primary Prevention of Cardiovascular Diseases (at polyclinics), which aim to increase physical activity levels within the framework of primary and secondary prevention of cardiovascular disease

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan Evidence of Physical Activity Guidelines/Policy Transnational Obesity Strategies/Policy or Action Plan Evidence of NCD strategy
Target age group:	Adults and children
Organisation:	World Health Organisation
Find out more:	<a href="http://www.who.int">www.who.int</a>
Linked document:	<a href="#">Download linked document</a>
References:	WHO Workshop on Physical and Public Health. <a href="http://www.who.int/dietphysicalactivity/bestpracticePA2008.pdf">http://www.who.int/dietphysicalactivity/bestpracticePA2008.pdf</a> (last accessed 27 Oct 2015)

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