

Belarus



Policies, Interventions and Actions

Commercial Determinants of Noncommunicable Diseases in the WHO European Region

This report highlights the substantial impact of commercial determinants on noncommunicable diseases (NCDs) in the WHO European Region. Nearly 7500 deaths per day in the Region are attributed to commercial determinants, such as tobacco, alcohol, processed food, fossil fuels and occupational practices. These commercial products and practices contribute to 25% of all deaths in the Region. The report's chapters systematically explore various facets of how commercial interests exacerbate NCDs and key strategies used by commercial actors to negatively influence NCD-related policies at the national and international level. The report also provides selected case studies from the Region to illustrate key strategies and outcomes of industry influence on health policies. The report then calls for urgent and coordinated action to address the commercial determinants of NCDs. It advocates for building coalitions based on the values of equity, sustainability, and resilience. Public health actors are urged to develop competencies in economic and legal frameworks, enforce transparency, and manage conflicts of interest effectively. The report underscores the need for robust financial reforms and strict regulation to curb industry power and protect public health. By implementing these strategies, the Region can accelerate progress towards global NCD targets and Sustainable Development Goals by 2030.

Categories:	Evidence of Marketing Guidelines/Policy
Year(s):	2024 (ongoing)
Target age group:	Adults and children
Organisation:	World Health Organisation (WHO)
Linked document:	Download linked document
References:	World Health Organization. Regional Office for Europe. (2024) Commercial Determinants of Noncommunicable Diseases in the WHO European Region. World Health Organization. Regional Office for Europe. https://iris.who.int/handle/10665/376957 . License: CC BY-NC-SA 3.0 IGO

European practical and patient-centred guidelines for adult obesity management in primary care

This article aims to provide obesity management guidelines specifically tailored to GPs, favouring a practical patient-centred approach. The focus is on GP communication and motivational interviewing as well as on therapeutic patient education. The new guidelines highlight the importance of avoiding stigmatization, something frequently seen in different health care settings. In addition, managing the psychological aspects of the disease, such as improving self-esteem, body image and quality of life must not be neglected.

Categories:	Evidence of Management/treatment guidelines
Year(s):	2019 (ongoing)
Linked document:	Download linked document
References:	Dominique Durrer Schutz, Luca Busetto, Dror Dicker, Nathalie Farpour-Lambert, Rachel Pryke, Hermann Toplak, Daniel Widmer, Volkan Yumuk, Yves Schutz; European Practical and Patient-Centred Guidelines for Adult Obesity Management in Primary Care. <i>Obes Facts</i> 15 March 2019; 12 (1): 40–66. https://doi.org/10.1159/000496183

Дзяржаўныя стандарты харчавання ў школах прыняты Міністэрствам аховы здароўя ў снежні 2012 года. (Даступна толькі на беларускай мове)

National mandatory standards for food available in schools adopted by Ministry of Health from December 2012. (Available only in Belarusian language)

Categories:	Evidence of School Food Regulations
Year(s):	2012 (ongoing)
Target age group:	Children
Organisation:	Ministry of Health
Linked document:	Download linked document
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): https://extranet.who.int/nutrition/gina/en/node/24677 (last accessed 20.07.22) Please note the GINA website has been replaced by the GIFNA database and the GINA link will no longer work. You will find this document by searching this new database: https://gifna.who.int/

Categories:	Evidence of NCD strategy
Year(s):	2011-2020
Target age group:	Adults and children
Organisation:	Ministry of Health
Find out more:	extranet.who.int
Linked document:	Download linked document
References:	Anon (n.d.) Policy - ƧŝĐŽĐƧ;Đ•ĐŸĐ;Đ~Đ~ Đ Đ•ĐƧĐ~Đ—ĐƧ;Đ~Đ~ Đ“ĐŽĐ;ĐŁĐ”ĐƧ Đ;ĐćĐ’Đ•ĐƧĐƧŽĐ™ ĐŸĐŽĐ~Đ~ĐćĐ~ĐŝĐ~ ĐœĐŽĐ ĐœĐ~Đ ĐŽĐ’ĐƧƧĐ~Đ~ Đ—Đ”ĐŽĐ ĐŽĐ’ĐŽĐ“ĐŽ ĐŽĐ’Đ ĐƧ—ĐƧĐ—Đ~Đ—ĐƧ~ ĐƧƧ Đ;Đ•Đ•ĐƧƧ~Đ~ Đ Đ•Đ;ĐŸĐŁĐ’Đ~Đ~ĐŝĐ~ Đ’Đ•Đ~ĐƧƧ ĐŁĐĐ;Đ~ ĐƧƧĐŸĐ•Đ Đ”ĐŽĐ” Đ”ĐŽ 2020 Đ“ĐŽĐ”ĐƧ[Policy for Healthy Lifestyle Formulation among the Population of Belarus] Global database on the Implementation of Nutrition Action (GINA). [Online]. extranet.who.int. Available from: https://extranet.who.int/nutrition/gina/en/node/25722 [Accessed: 8 July 2020w]. ƧPlease note the GINA website has been replaced by the GIFNA database and the GINA link will no longer work. You will find this document by searching this new database: https://gifna.who.int/

Меры по ограничению или виртуальному исключению промышленно-произведенных транс-жирных кислот в пище, предназначенных для конечного потребителя и/или для поставки в розницу. Приняты Комиссией Таможенного союза в декабре 2011 г. (Доступно только на русском языке)

Measures to limit or virtually eliminate industrially-produced trans fatty acids in food intended for the final consumer and/or for supply to retail. Adopted by the Customs Union Commission from December 2011. (Available only in Russian language)

Categories:	Evidence of Marketing Guidelines/Policy
Year(s):	2011 (ongoing)
Target age group:	Adults and children
Organisation:	Customs Union Commission
Linked document:	Download linked document
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): https://extranet.who.int/nutrition/gina/en/node/25763 (last accessed 11.07.22) Please note the GINA website has been replaced by the GIFNA database and the GINA link will no longer work. You will find this document by searching this new database: https://gifna.who.int/

Food products labeling (Technical Regulation for Customs Union) Food products in terms of their labeling (TECHNICAL REGULATION OF THE CUSTOMS UNION)

2. These technical regulations of the Customs Union have been developed with the aim of establishing on the common customs territory of the Customs Union the uniform requirements for food products to be applied and fulfilled in terms of their labeling, to ensure the free movement of food products put into circulation in the common customs territory of the Customs Union. 4.9. General requirements for the indication in the labeling of the nutritional value of food products 1. The nutritional value of food products indicated in its labeling includes the following indicators: energy value (calorie content); the amount of protein, fat, carbohydrates; amount of vitamins and minerals. (...)

Categories:	Labelling Regulation/Guidelines
Year(s):	2011 (ongoing)
Target age group:	Adults and children
Organisation:	Novotest Certification and Quality Control
Find out more:	extranet.who.int
Linked document:	Download linked document
References:	<p>Anon (n.d.) Policy - Food products labeling (Technical Regulation for Customs Union) [Download document]</p> <p>[Download document] Global database on the Implementation of Nutrition Action (GINA). [Online]. extranet.who.int. Available from: https://extranet.who.int/nutrition/gina/en/node/25705 [Accessed: 8 July 2020]. Please note the GINA website has been replaced by the GIFNA database and the GINA link will no longer work. You will find this document by searching this new database: https://gifna.who.int/</p>

GNPR 2016-17 (q7) Breastfeeding promotion and/or counselling

WHO Global Nutrition Policy Review 2016-2017 reported the evidence of breastfeeding promotion and/or counselling (q7)

Categories:	Evidence of Breastfeeding promotion or related activity
Target age group:	Adults
Organisation:	Ministry of Health (information provided by the GINA program)
Find out more:	extranet.who.int
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): https://extranet.who.int/nutrition/gina/en Please note the GINA website has been replaced by the GIFNA database and the GINA link will no longer work. You will find this document by searching this new database: https://gifna.who.int/

The Countrywide Integrated Non-communicable Diseases Intervention (CINDI)

Programme helps create favourable conditions for promoting a healthy lifestyle and increasing awareness of the benefits of physical activity for health and quality of life in Belarus. Initiatives include development of physical activity recommendations for medical staff and creation of Centres for Primary Prevention of Cardiovascular Diseases (at polyclinics), which aim to increase physical activity levels within the framework of primary and secondary prevention of cardiovascular disease

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan Evidence of Physical Activity Guidelines/Policy Transnational Obesity Strategies/Policy/Recommendations or Action Plan Evidence of NCD strategy
Target age group:	Adults and children
Organisation:	World Health Organisation
Find out more:	www.who.int
Linked document:	Download linked document
References:	WHO Workshop on Physical and Public Health. http://www.who.int/dietphysicalactivity/bestpracticePA2008.pdf (last accessed 27 Oct 2015)

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