

Report card Barbados

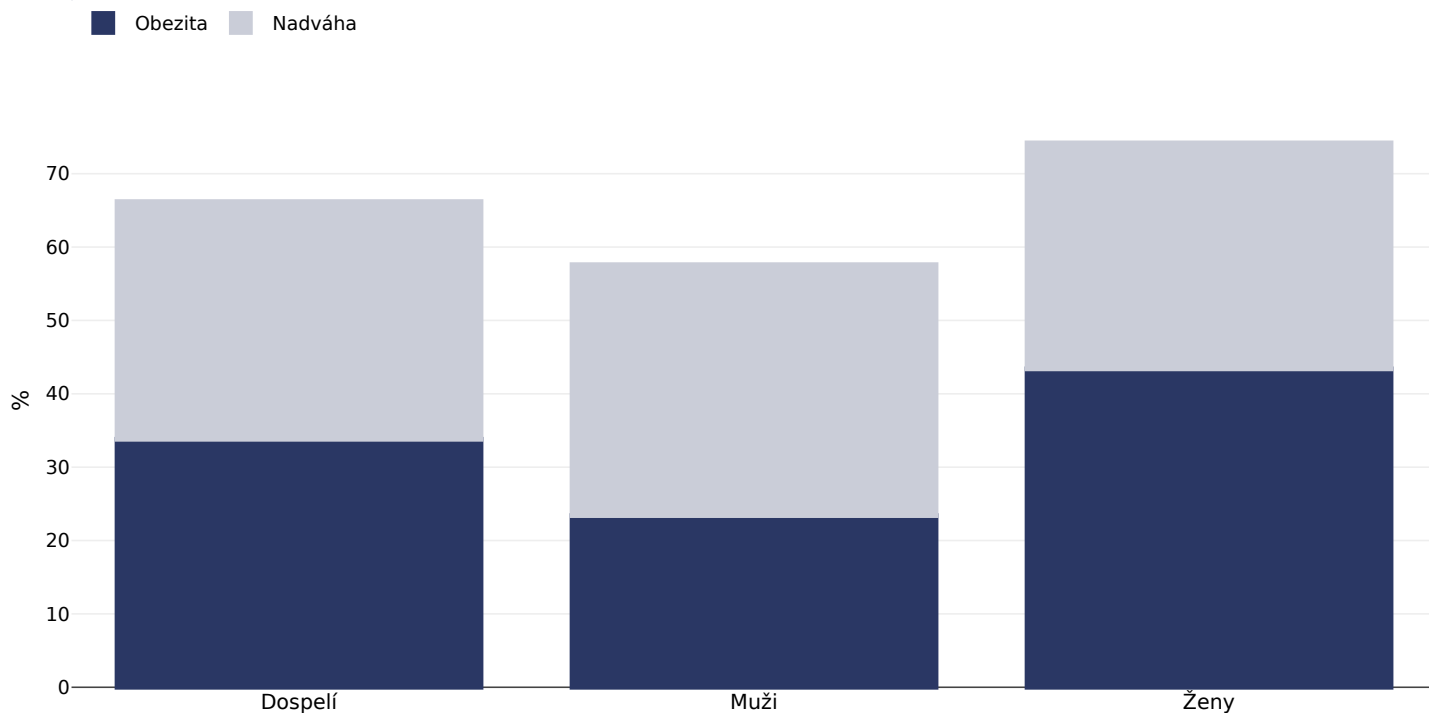


Národné riziko obezity ***7,5/10** This is a composite 'obesity risk' score (out of 10, the highest risk) based on obesity prevalence, rate of increase, likelihood of meeting the 2025 target, treatment indicator and childhood stunting levels. Riziko detskej obezity ***7,5/11** This is a 'risk score' for each country's likelihood of having or acquiring a major childhood obesity problem during the 2020s, taking account of current prevalence levels and risk for future obesity (based on stunting among infants, maternal obesity, maternal smoking, and breastfeeding rates).

* Na základe odhadovaných údajov. Ďalšie informácie sa nachádzajú v publikáciách

Prevalencia obezity

Dospelí, 2011



Typ prieskumu: Nameraná hodnota

Vek: 25+

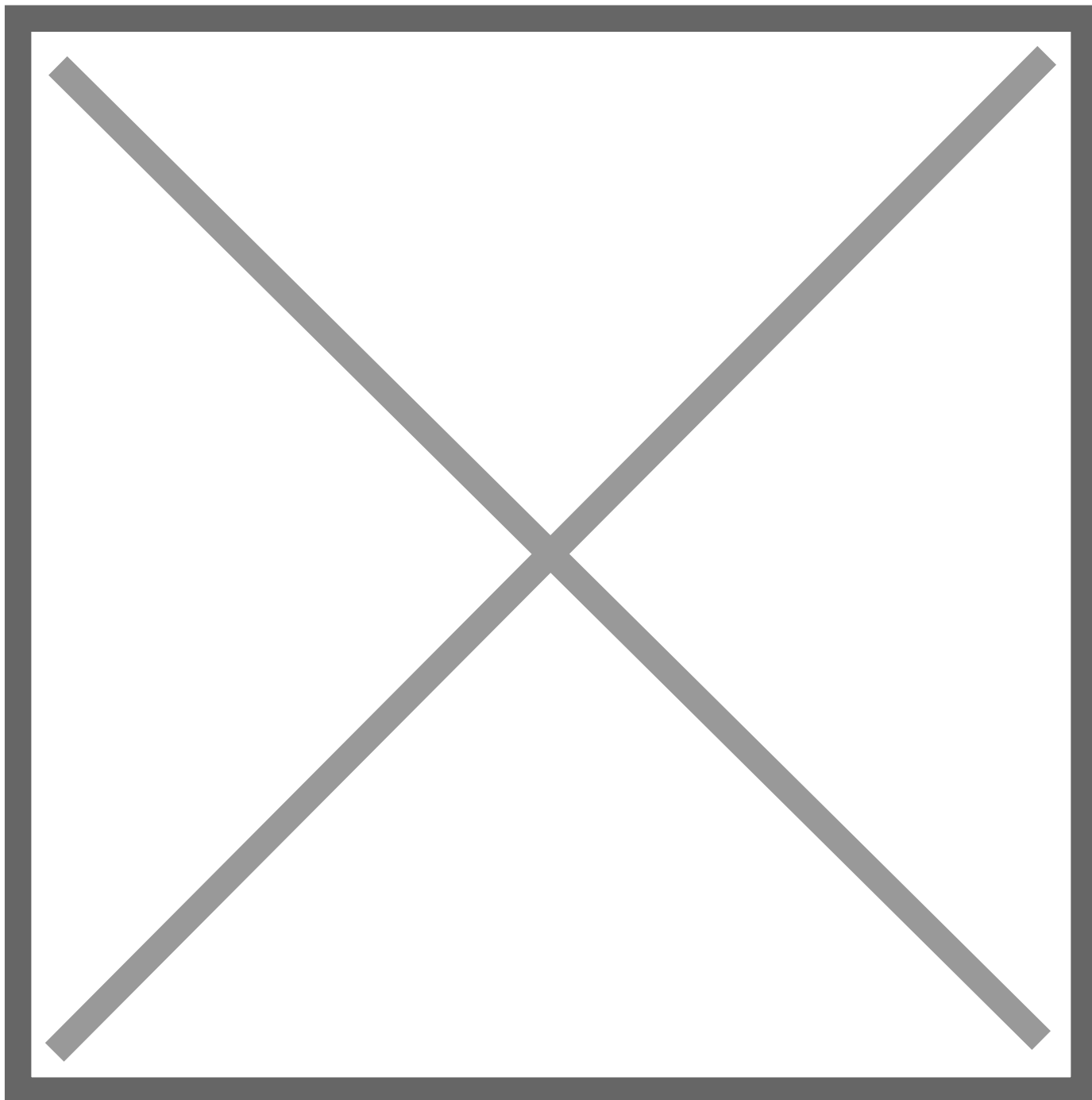
Veľkosť vzorky: 1234

Dotknutá oblasť: Národný

Odkazy: Health of The Nation Survey, Barbados 2015. http://www.archive.healthycaribbean.org/newsletters/aug-2015/CDRC_HealthOfTheNationSurvey.pdf

Ak nie je uvedené inak, za nadváhu sa považuje, ak je BMI index medzi 25 kg a 29,9 kg/m² a za obezitu sa považuje, ak je BMI index vyšší ako 30 kg/m².

Deti, 2011



Typ
prieskumu:

Vlastné hlásenie

Vek:

13-15

Veľkosť
vzorky:

1629

Dotknutá
oblasť:

Národný

Odkazy:

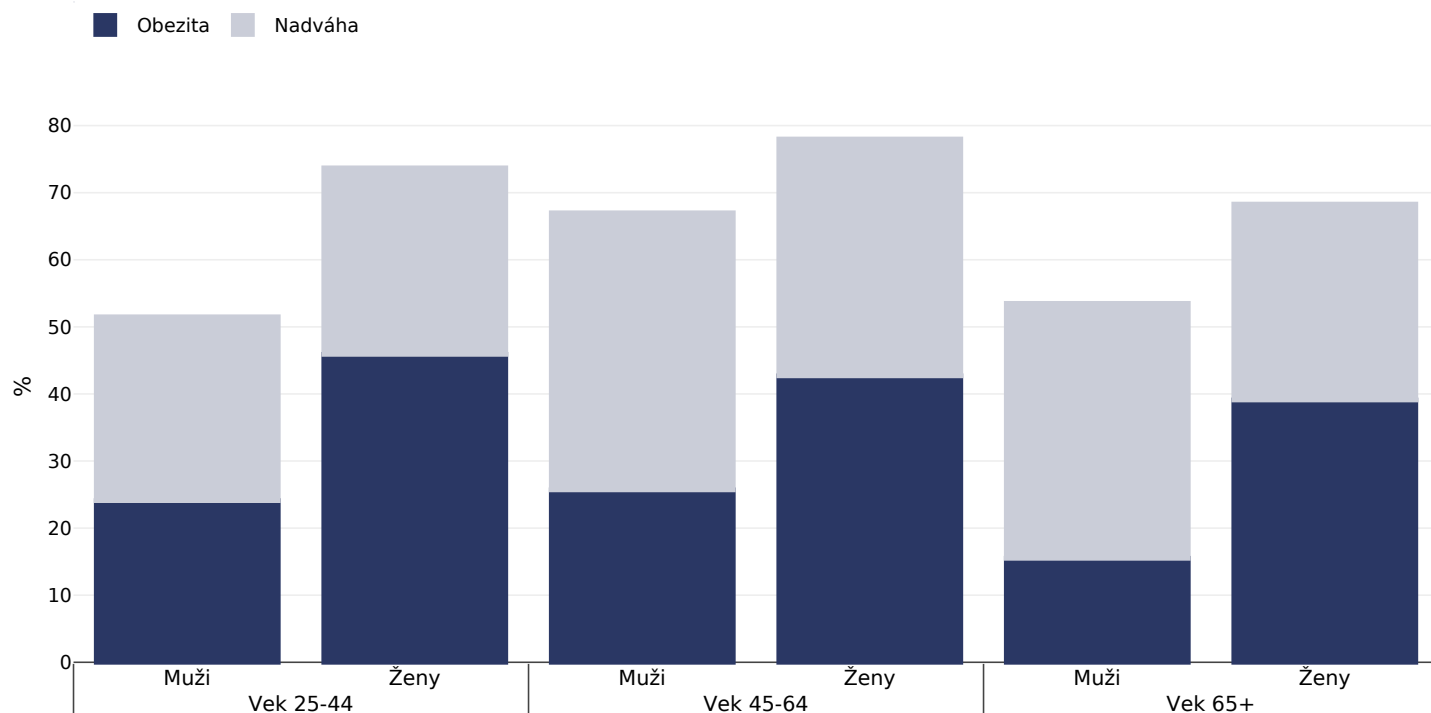
Global School-based Student Health Survey (GSHS), available at https://www.who.int/ncds/surveillance/gshs/2011_Barbados_GSHS_FS.pdf?ua=1 (last accessed 25.11.20)

Cutoffs:

WHO

Nadváha/obezita podľa veku

Dospelí, 2011



Typ prieskumu: Nameraná hodnota

Veľkosť vzorky: 1234

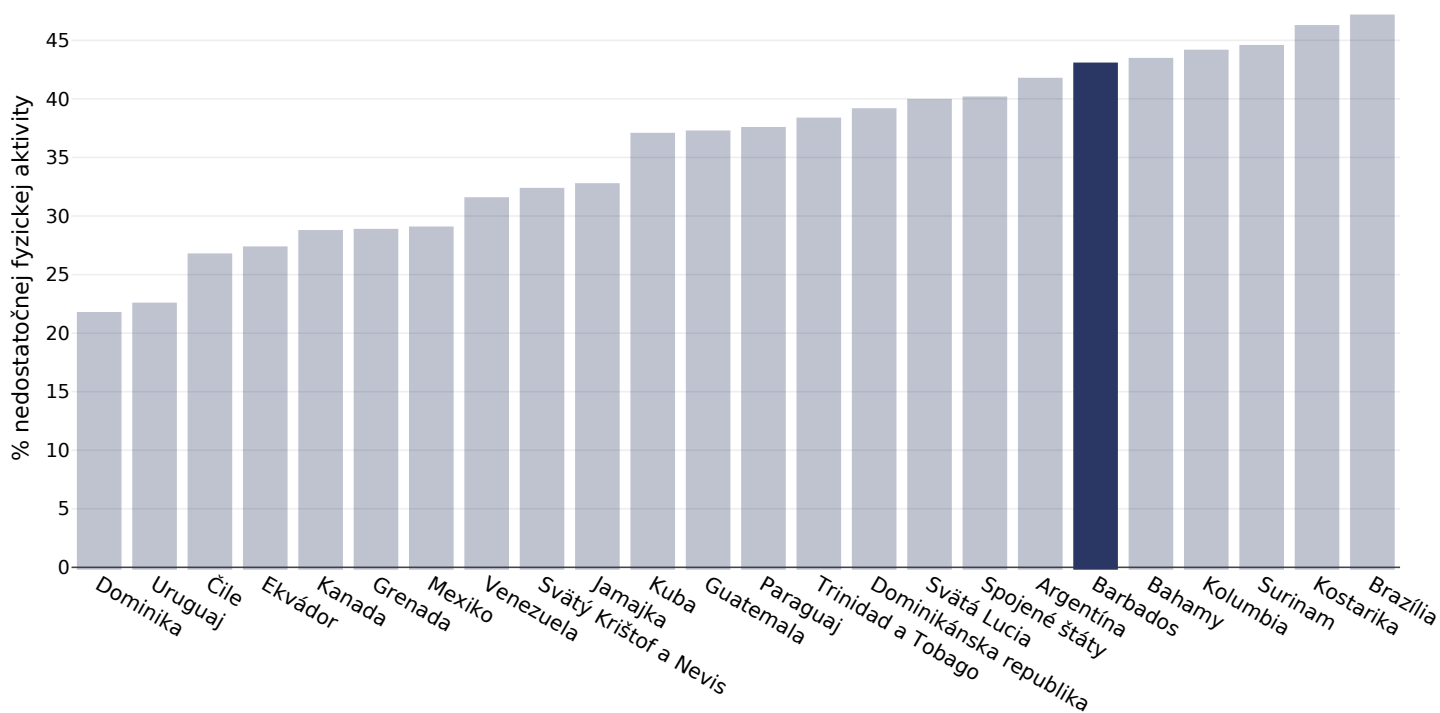
Dotknutá oblasť: Národný

Odkazy: Health of The Nation Survey, Barbados 2015. http://www.archive.healthycaribbean.org/newsletters/aug-2015/CDRC_HealthOfTheNationSurvey.pdf (last accessed 16.07.2019)

Ak nie je uvedené inak, za nadváhu sa považuje, ak je BMI index medzi 25 kg a 29,9 kg/m² a za obezitu sa považuje, ak je BMI index vyšší ako 30 kg/m².

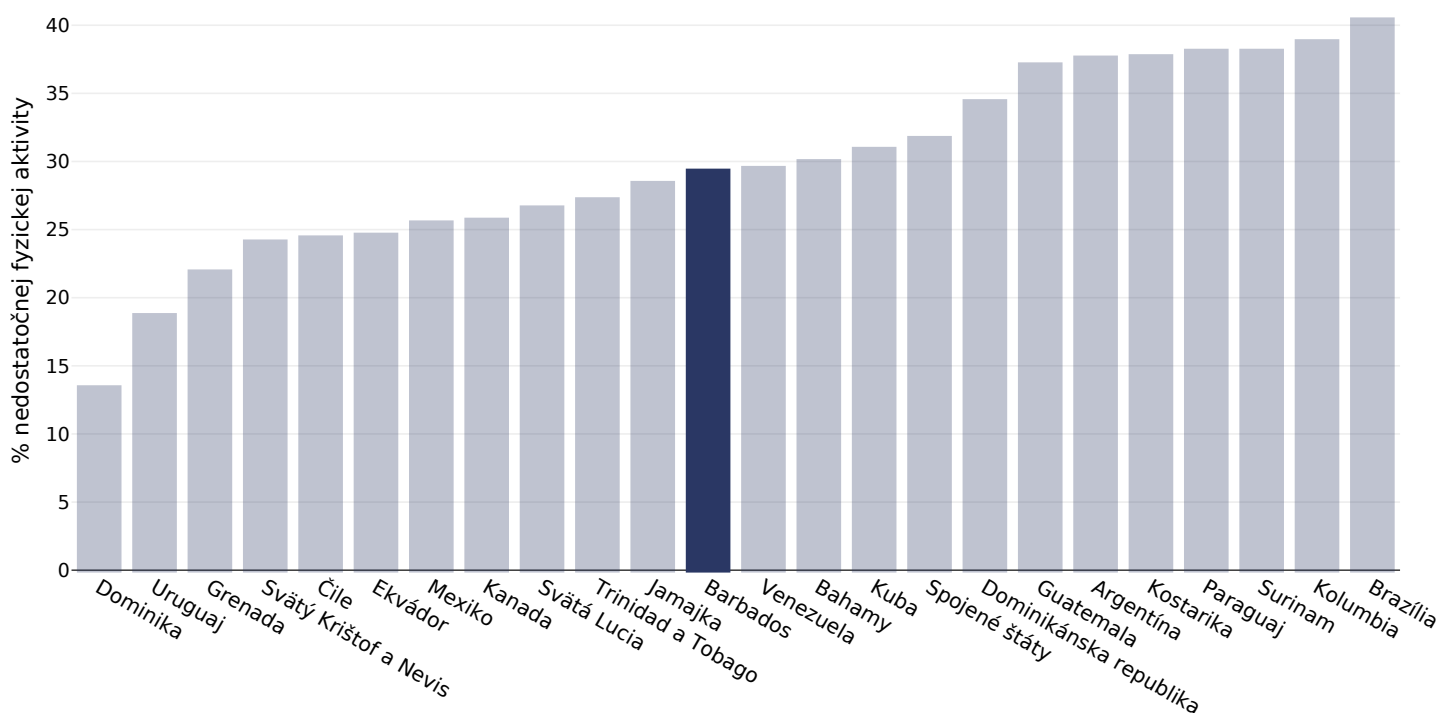
Nedostatočná fyzická aktivita

Dospelí, 2016



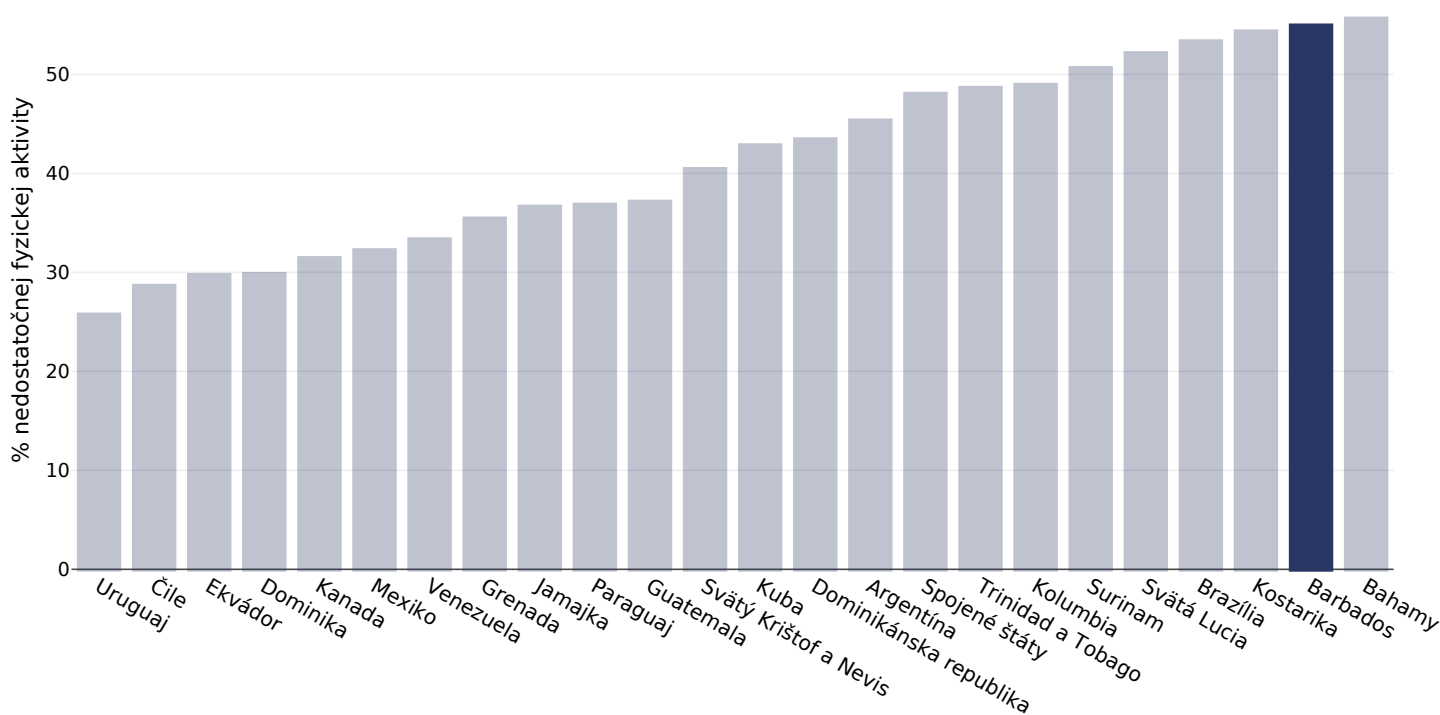
Odkazy: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

Muži, 2016



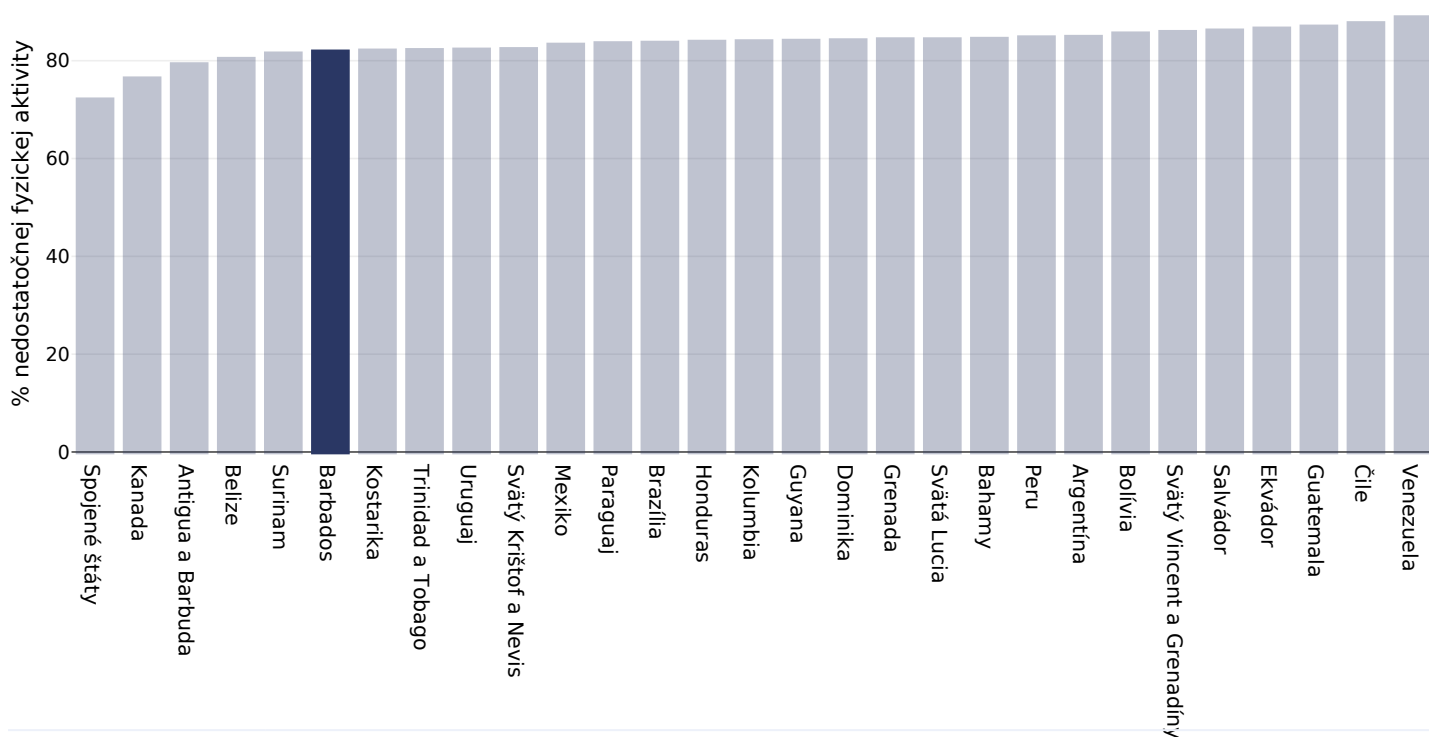
Odkazy: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

Ženy, 2016



Odkazy: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)

Deti, 2016



Typ prieskumu:

Vlastné hlásenie

Vek:

11-17

Odkazy:

Global Health Observatory data repository, World Health Organisation, <https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

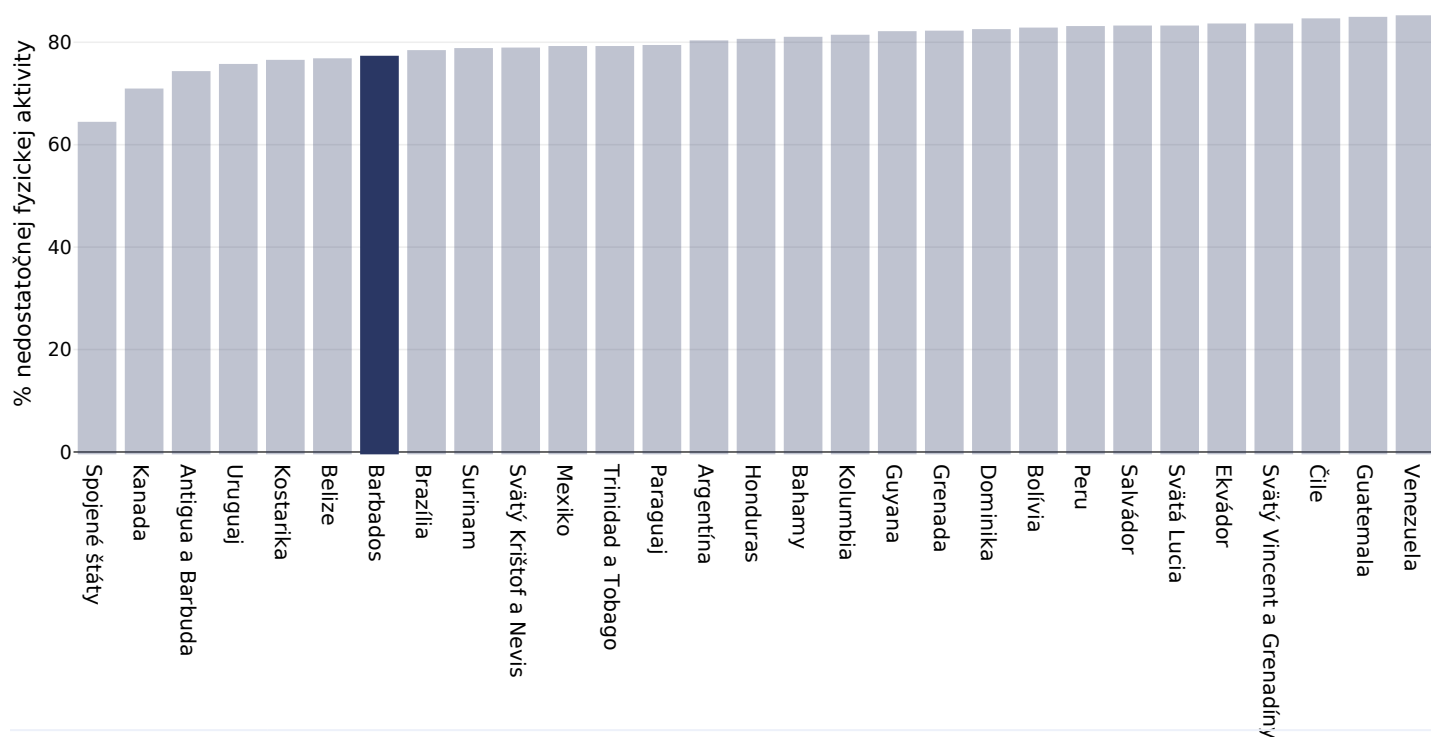
Poznámky (k dispozícii iba v angličtine):

% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definície (k dispozícii iba v angličtine):

% Adolescents insufficiently active (age standardised estimate)

Chlapci, 2016



Typ prieskumu:

Vlastné hlásenie

Vek:

11-17

Odkazy:

Global Health Observatory data repository, World Health Organisation, <https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

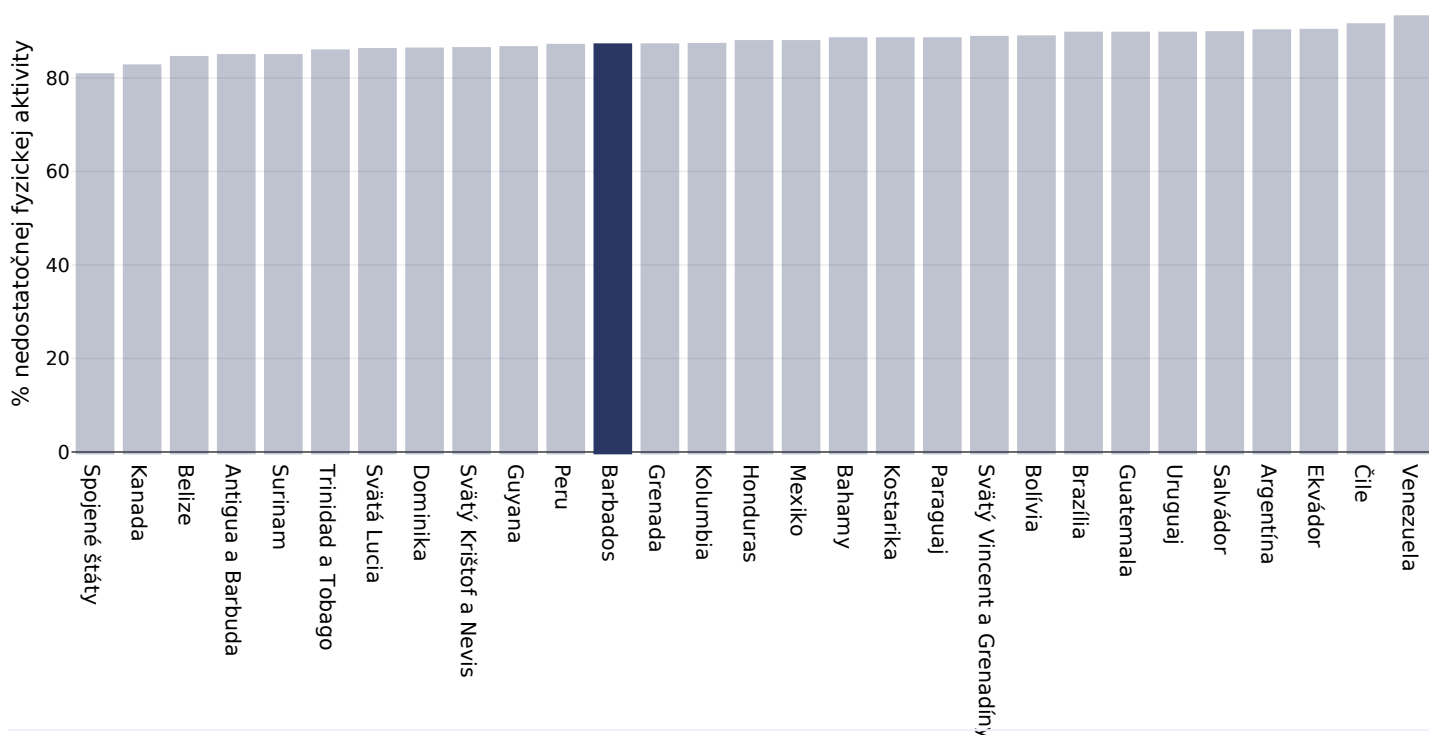
Poznámky (k dispozícii iba v angličtine):

% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definície (k dispozícii iba v angličtine):

% Adolescents insufficiently active (age standardised estimate)

Dievčatá, 2016



Typ prieskumu:

Vlastné hlásenie

Vek:

11-17

Odkazy:

Global Health Observatory data repository, World Health Organisation, <https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

Poznámky (k dispozícii iba v angličtine):

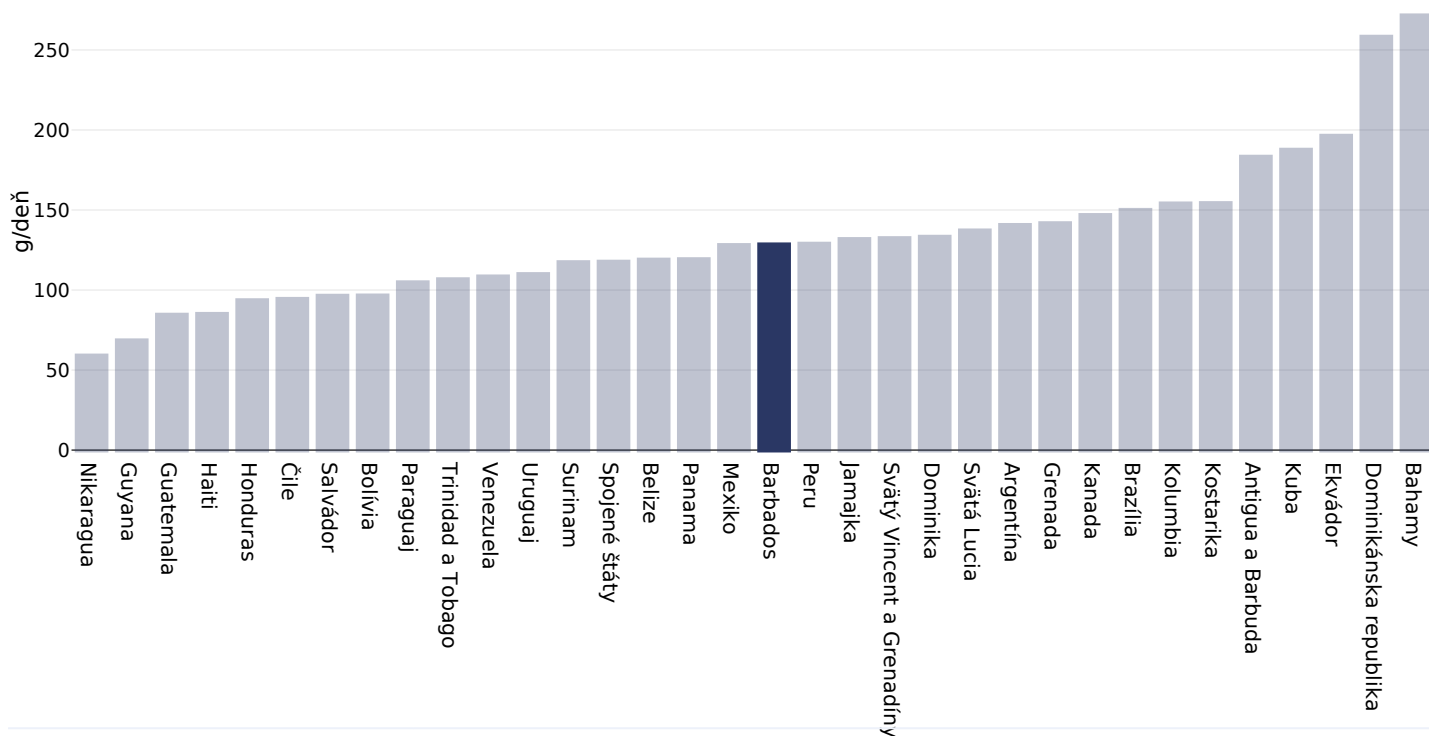
% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definície (k dispozícii iba v angličtine):

% Adolescents insufficiently active (age standardised estimate)

Estimated per capita fruit intake

Dospelí, 2017



Typ prieskumu:

Nameraná hodnota

Vek:

25+

Odkazy:

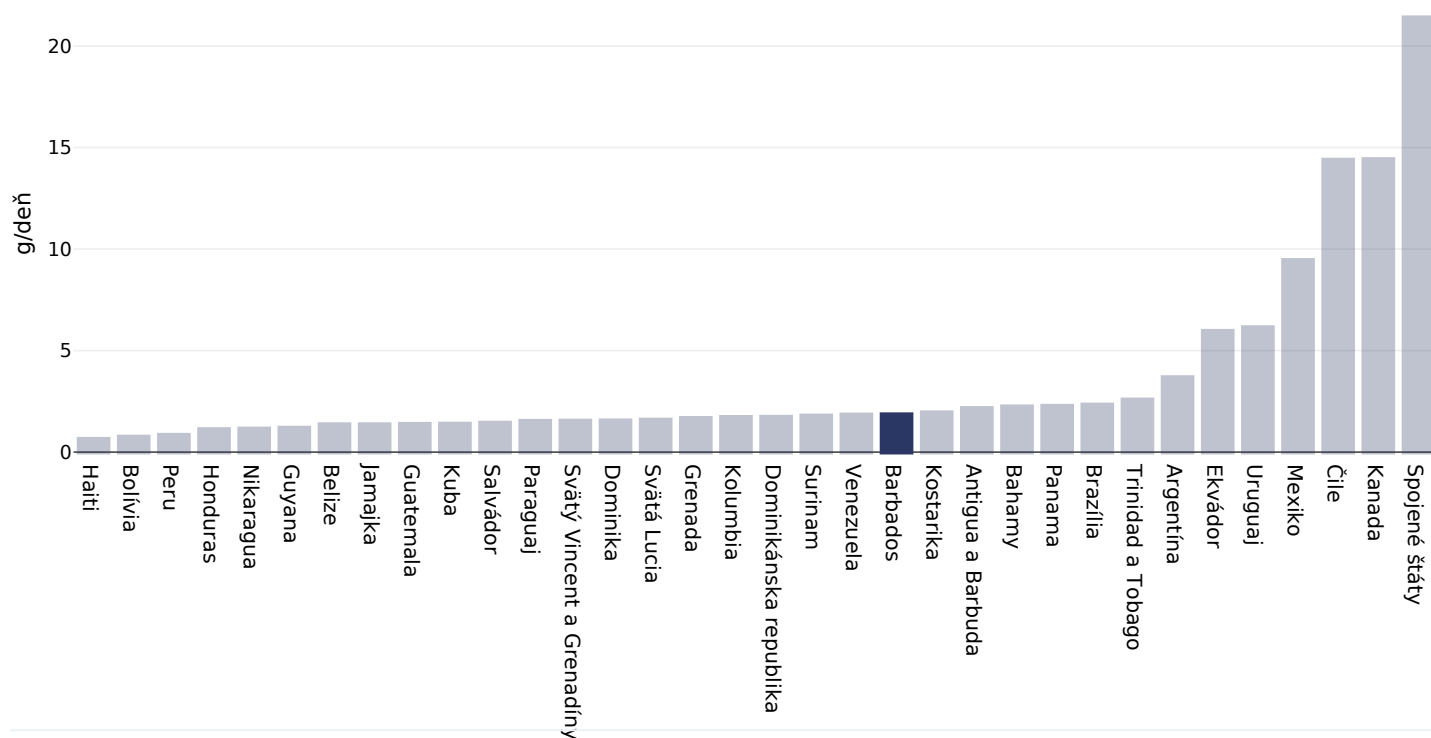
Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

Definície (k dispozícii iba v angličtine):

Estimated per-capita fruit intake (g/day)

Odhadovaný príjem spracovaného mäsa na obyvateľa

Dospelí, 2017



Typ prieskumu:

Nameraná hodnota

Vek:

25+

Odkazy:

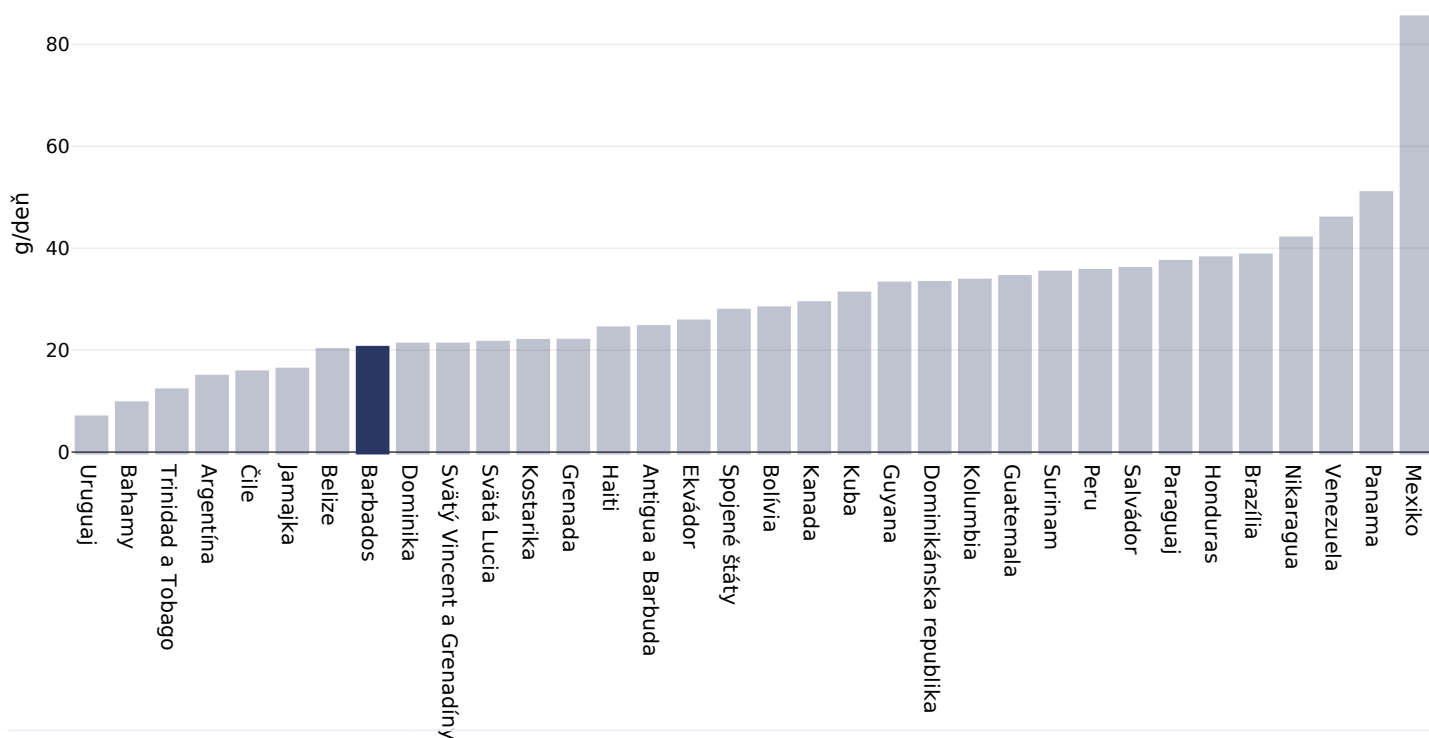
Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

Definície (k dispozícii iba v angličtine):

Estimated per-capita processed meat intake (g per day)

Estimated per capita whole grains intake

Dospelí, 2017



Typ prieskumu:

Nameraná hodnota

Vek:

25+

Odkazy:

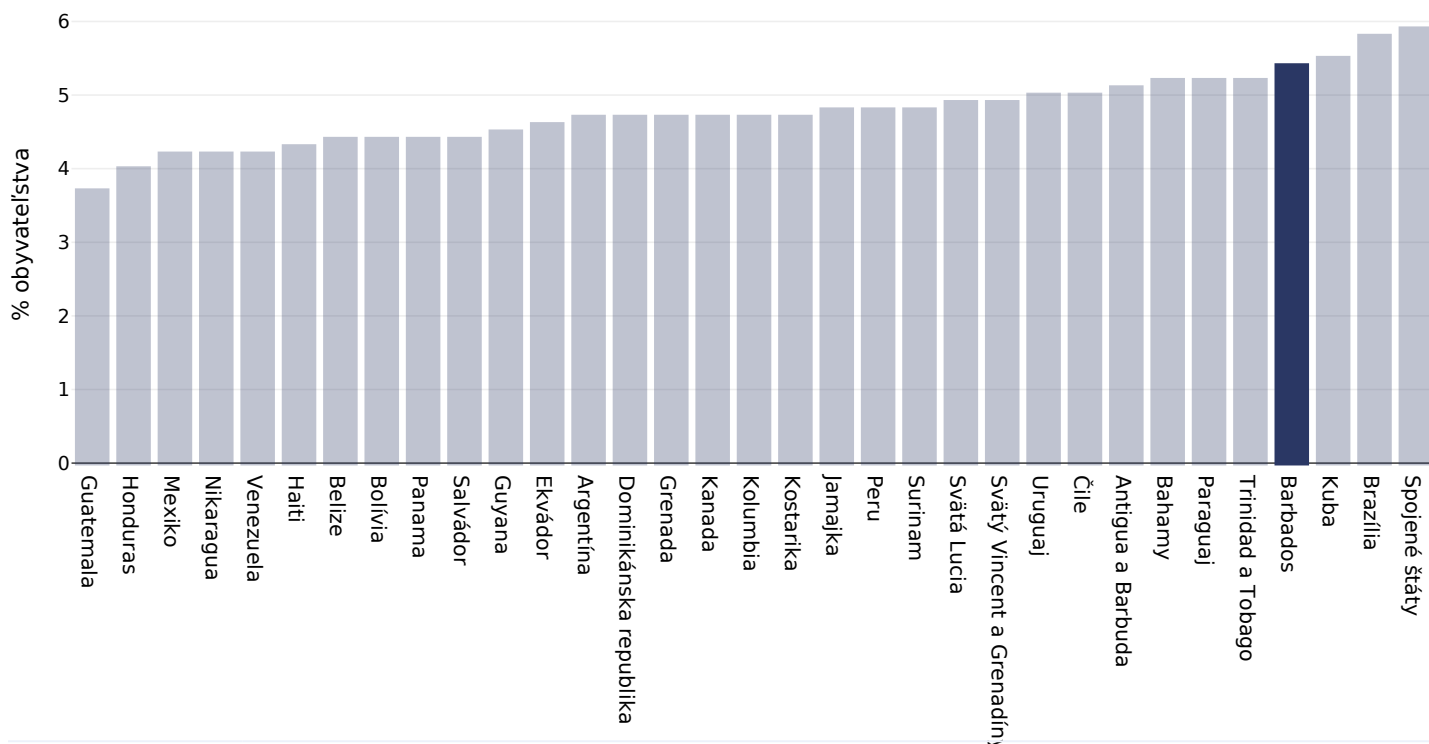
Global Burden of Disease, the Institute for Health Metrics and Evaluation <http://ghdx.healthdata.org/>

Definície (k dispozícii iba v angličtine):

Estimated per-capita whole grains intake (g/day)

Duševné zdravie - poruchy depresie

Dospelí, 2015



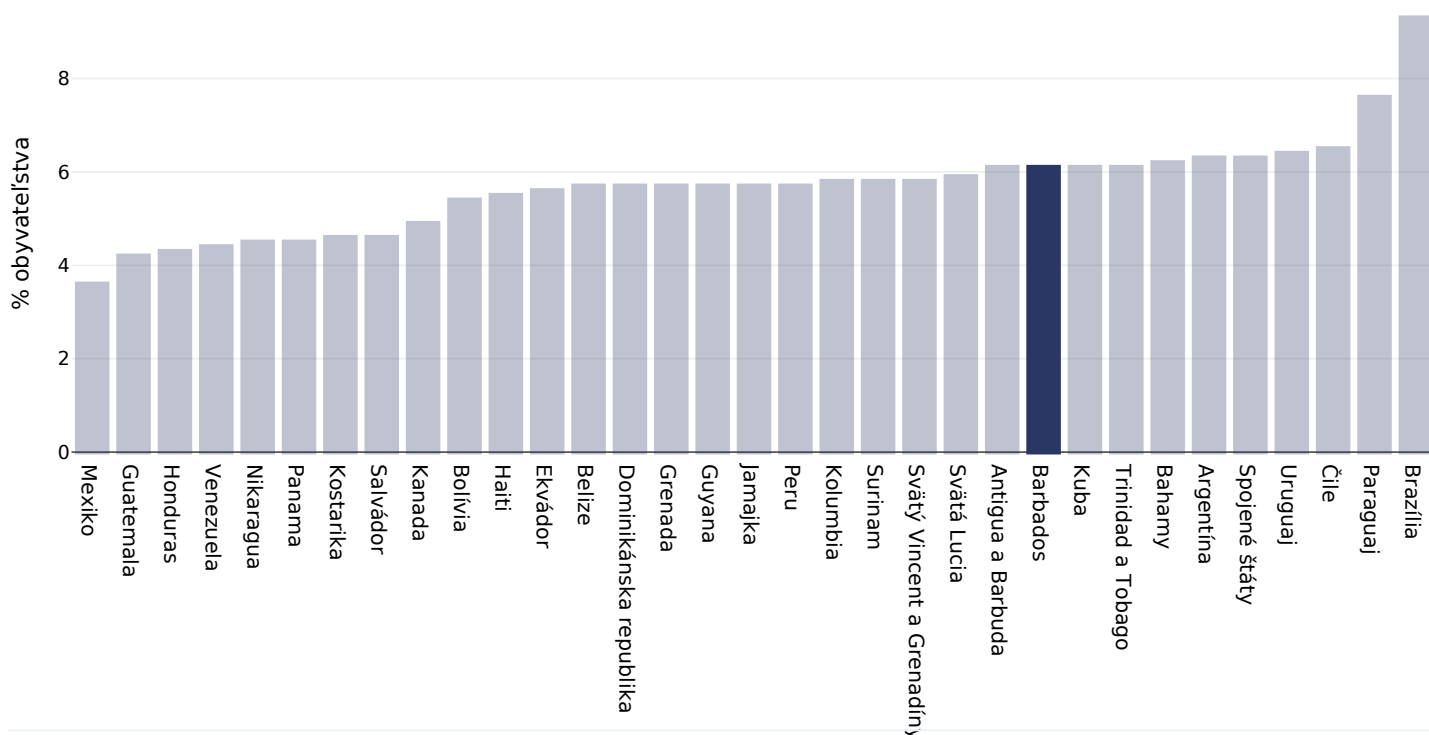
Odkazy: Prevalence data from Global Burden of Disease study 2015 (<http://ghdx.healthdata.org>) published in: Depression and Other Common Mental Disorders: Global Health Estimates. Geneva:World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO.

Definície (k dispozícii iba v angličtine):

% of population with depression disorders

Duševné zdravie - úzkostné poruchy

Dospelí, 2015



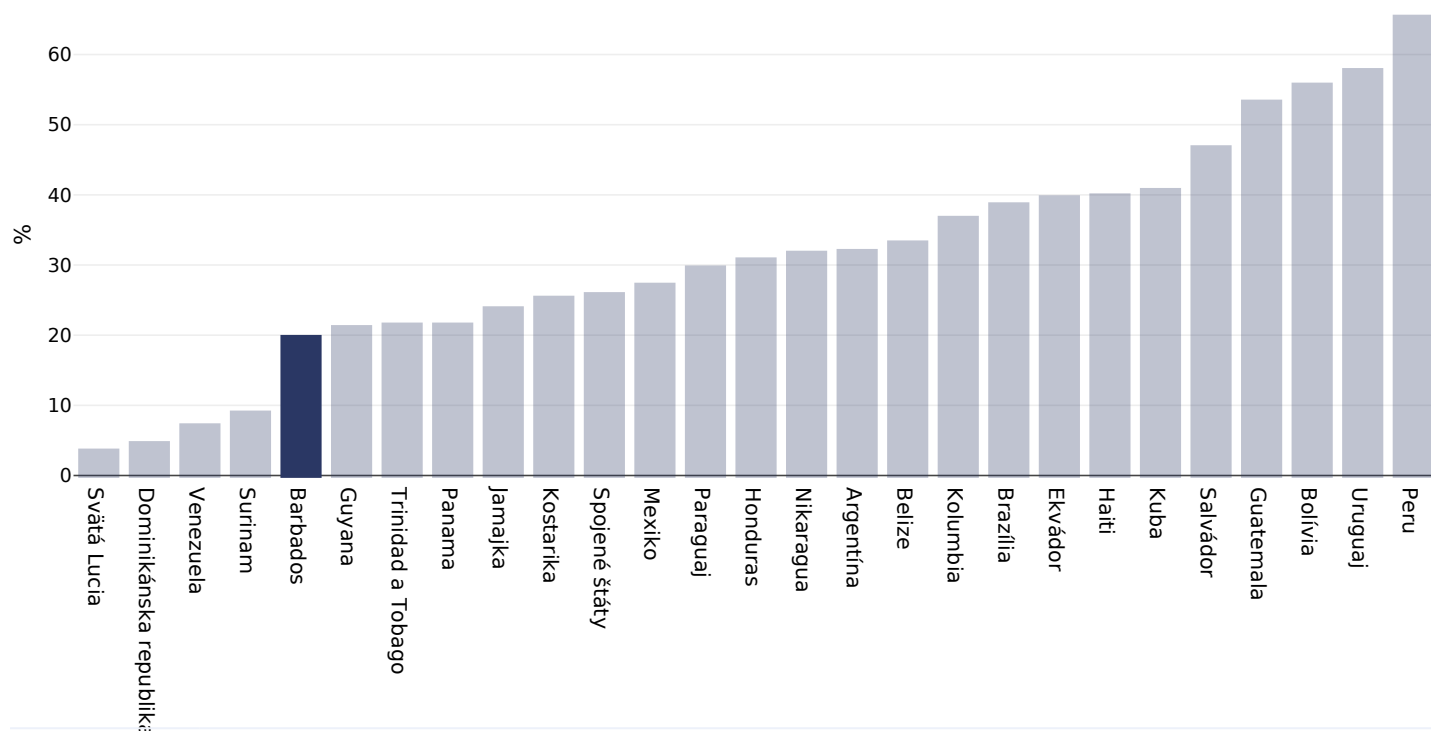
Odkazy: Prevalence data from Global Burden of Disease study 2015 (<http://ghdx.healthdata.org>) published in: Depression and Other Common Mental Disorders: Global Health Estimates. Geneva:World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO.

Definície (k dispozícii iba v angličtine):

% of population with anxiety disorders

% dojčiat výlučne dojčených 0 - 5 mesiacov

Deti, 1998-2019



Dotknutá oblasť:

Národný

Odkazy:

Barbados multiple indicator cluster survey 2012: Final report (MICS4). Bridgetown, Barbados: BSS, 2014.

Poznámky (k dispozícii iba v angličtine):

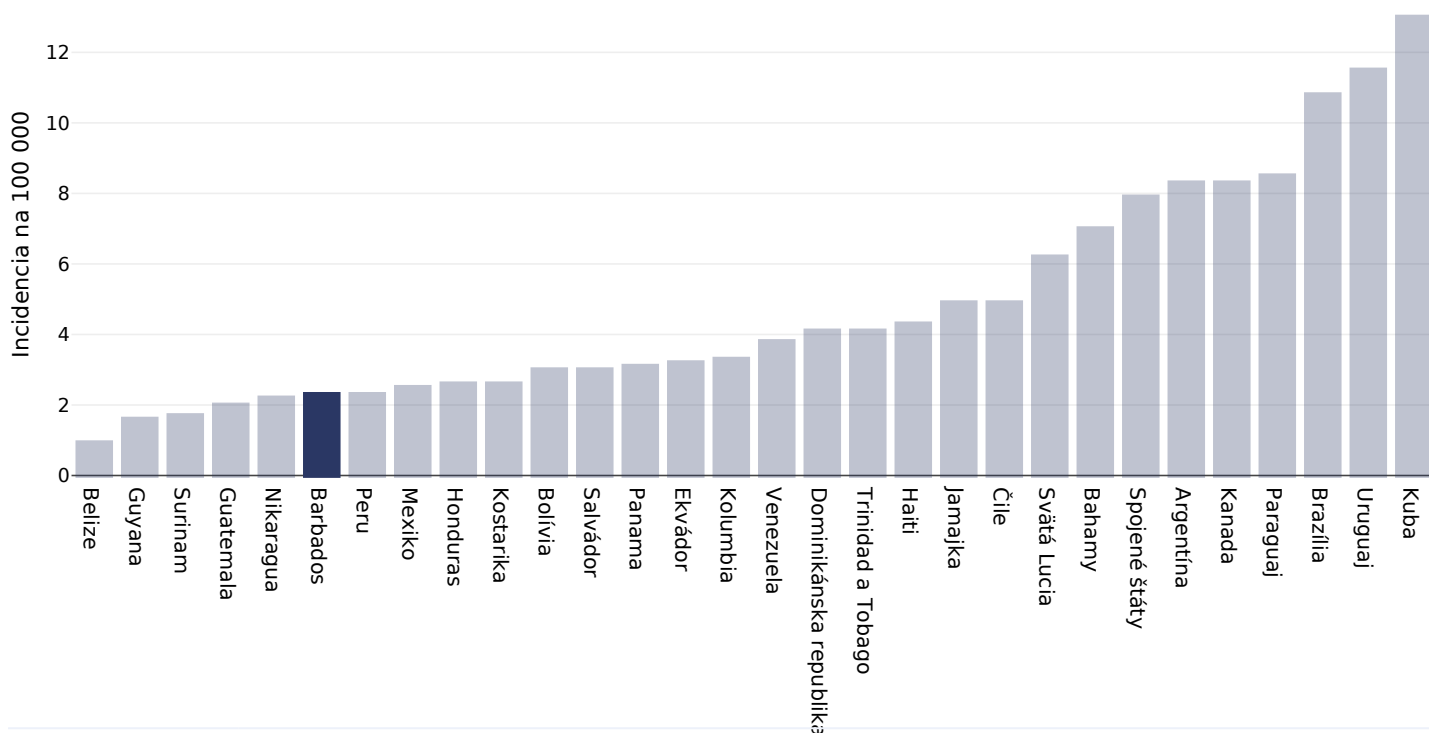
See UNICEF website for further survey information. Available at : <https://data.unicef.org/resources/dataset/infant-young-child-feeding/> (last accessed 28.9.21) Citation: United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2021). Global UNICEF Global Databases: Infant and Young Child Feeding: Exclusive breastfeeding, New York, September 2021.

Definície (k dispozícii iba v angličtine):

% exclusively breastfed 0-5 months

Rakovina pažeráka

Muži, 2020



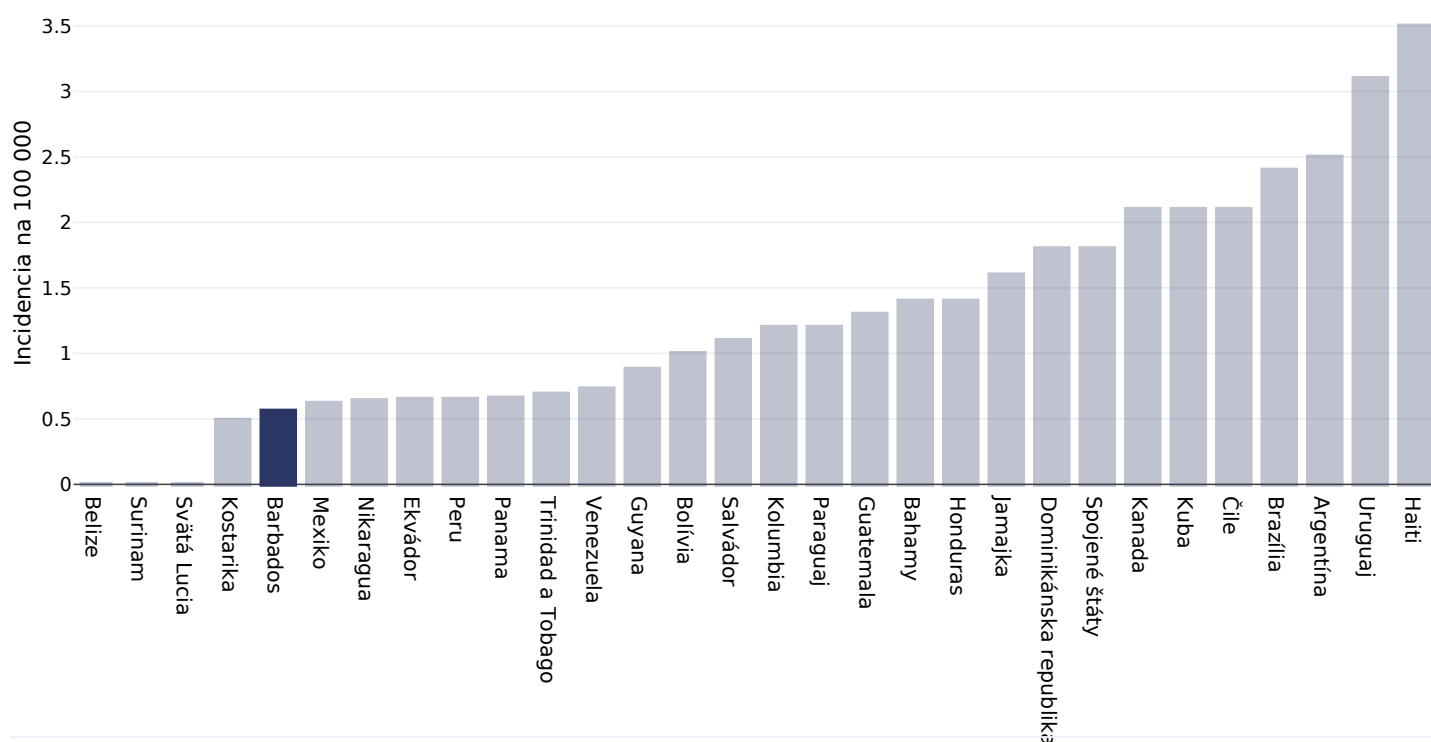
Vek: 20+

Dotknutá oblasť: Národný

Odkazy: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2047

Definície (k dispozícii iba v angličtine): Age-standardized incidence rates per 100 000

Ženy, 2020



Vek: 20+

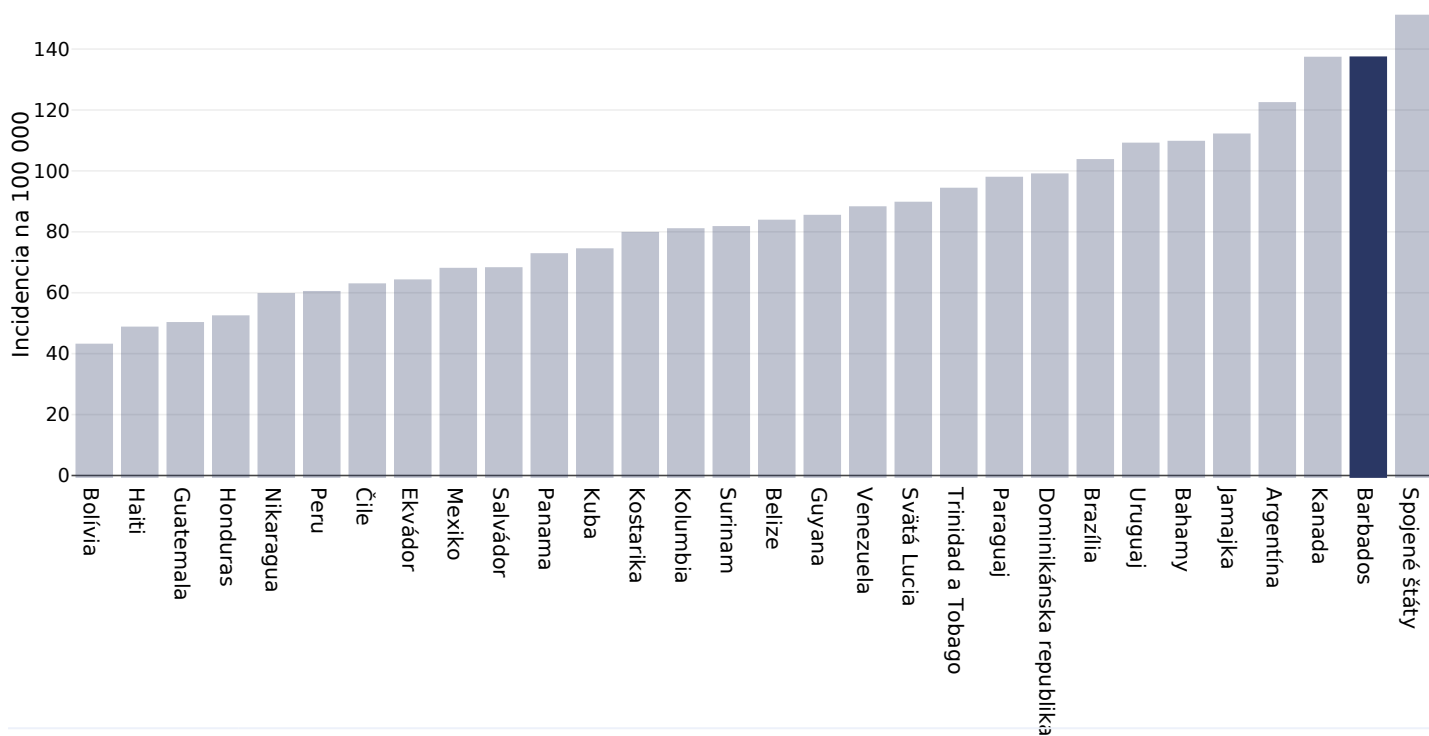
Dotknutá oblasť: Národný

Odkazy: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2027

Definície (k dispozícii iba v angličtine): Age-standardized incidence rates per 100 000

Rakovina prsníka

Ženy, 2020



Vek: 20+

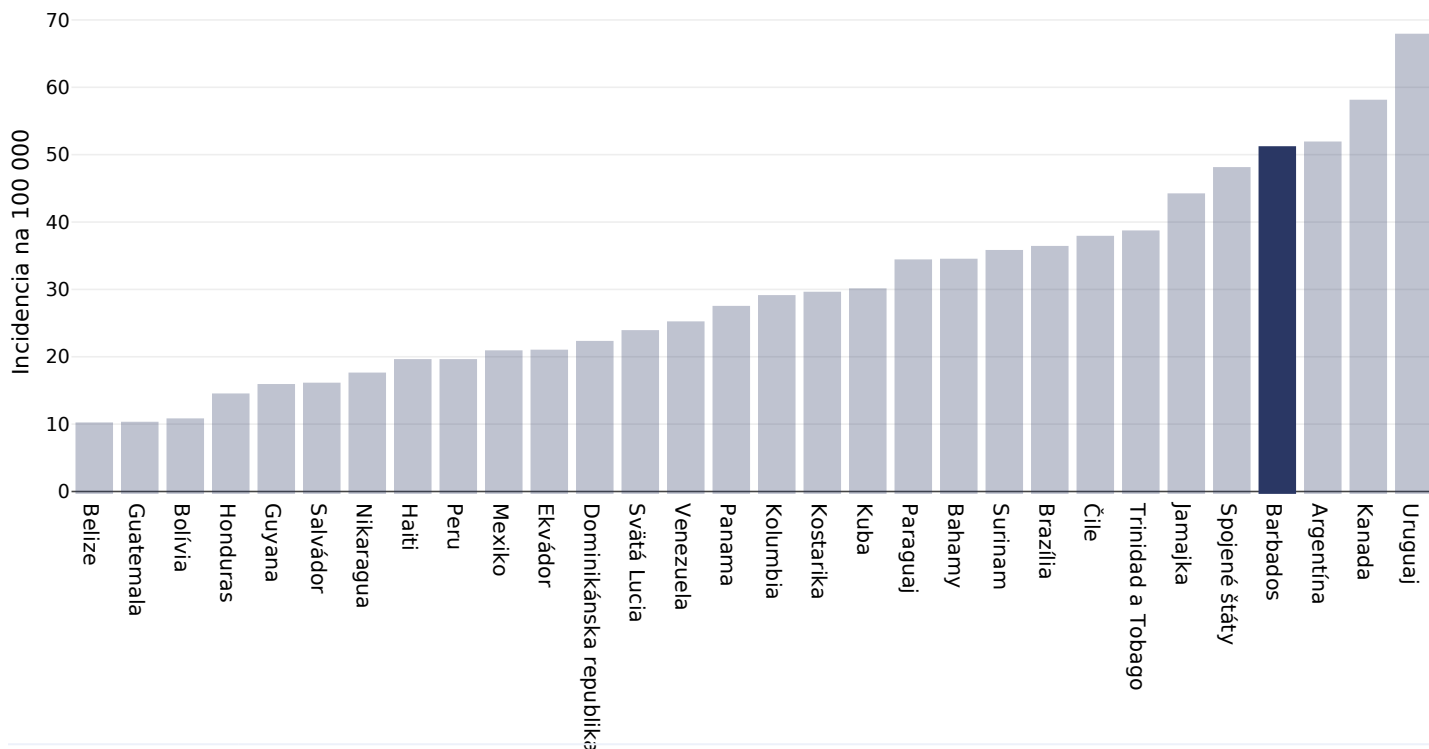
Dotknutá oblasť: Národný

Odkazy: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2027

Definície (k dispozícii iba v angličtine): Age-standardized incidence rates per 100 000

Rakovina hrubého čreva a konečníka

Muži, 2020



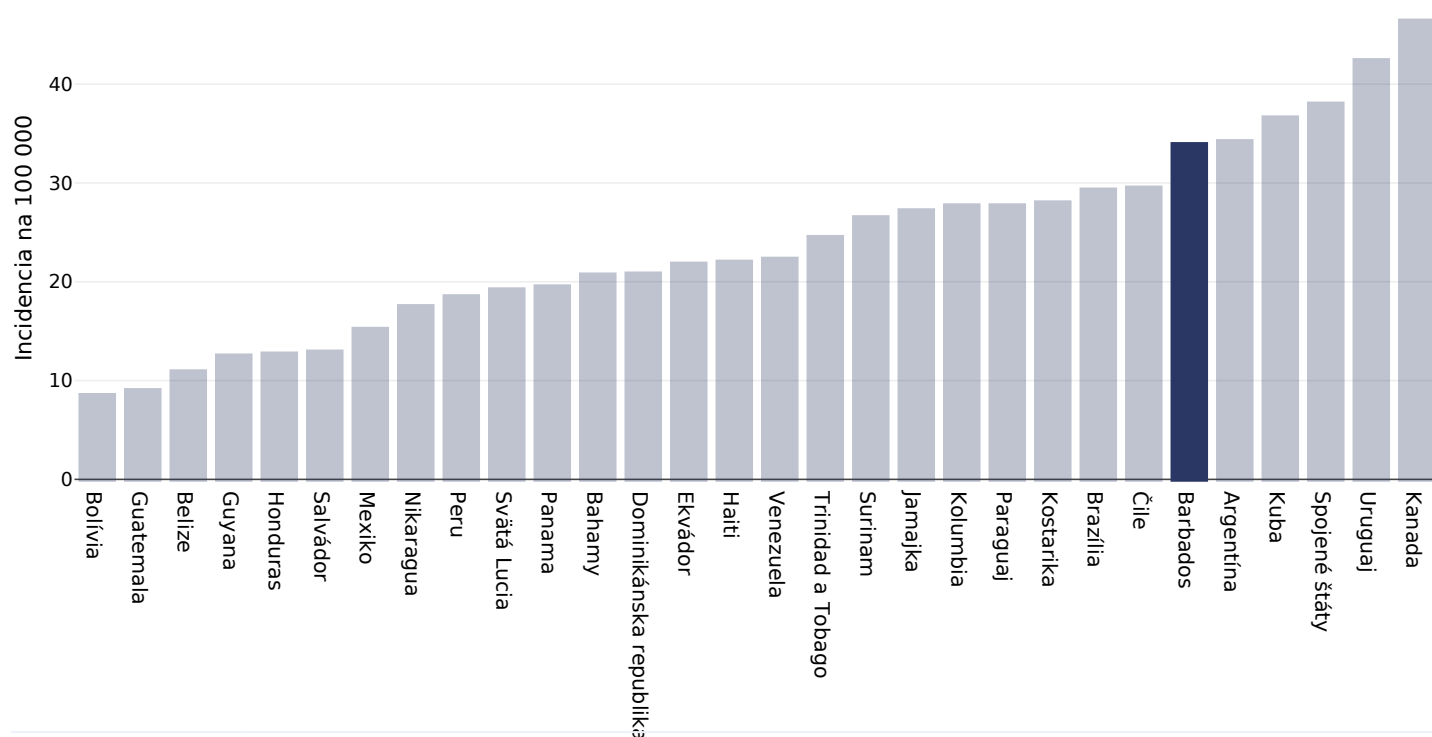
Vek: 20+

Dotknutá oblasť: Národný

Odkazy: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2047

Definície (k dispozícii iba v angličtine): Age-standardized incidence rates per 100 000

Ženy, 2020



Vek: 20+

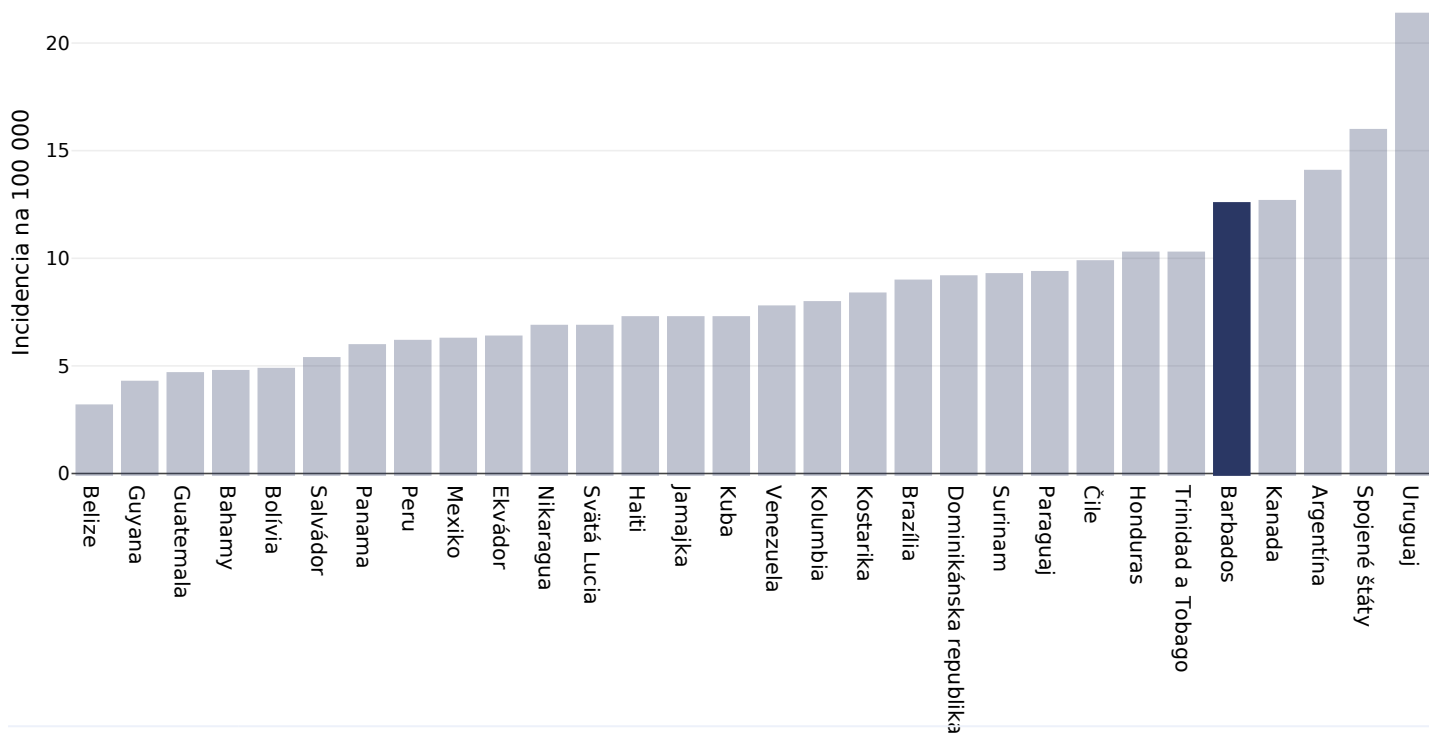
Dotknutá oblasť: Národný

Odkazy: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2027

Definície (k dispozícii iba v angličtine): Age-standardized incidence rates per 100 000

Rakovina pankreasu

Muži, 2020



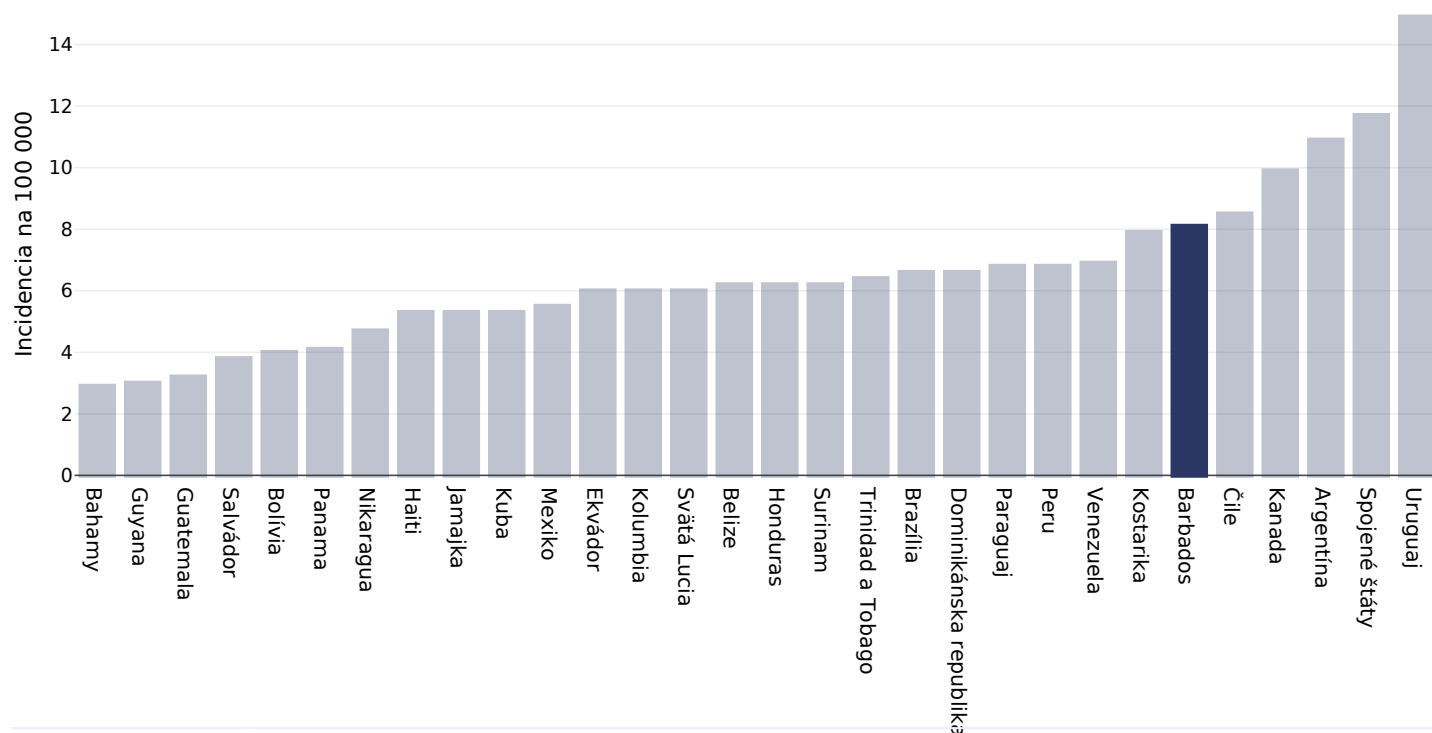
Vek: 20+

Dotknutá oblasť: Národný

Odkazy: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2027

Definície (k dispozícii iba v angličtine): Age-standardized incidence rates per 100 000

Ženy, 2020



Vek: 20+

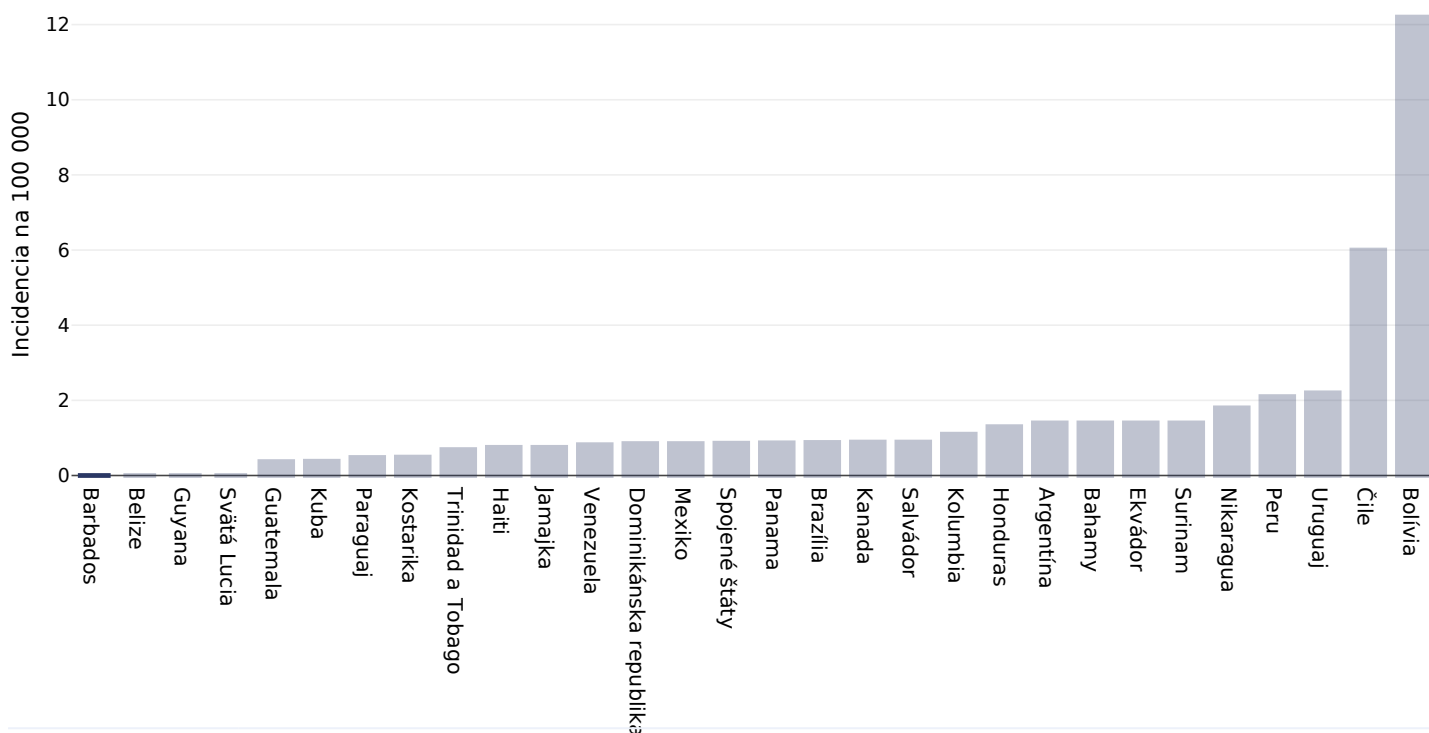
Dotknutá oblasť: Národný

Odkazy: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2027

Definície (k dispozícii iba v angličtine): Age-standardized incidence rates per 100 000

Rakovina žlčníka

Muži, 2020



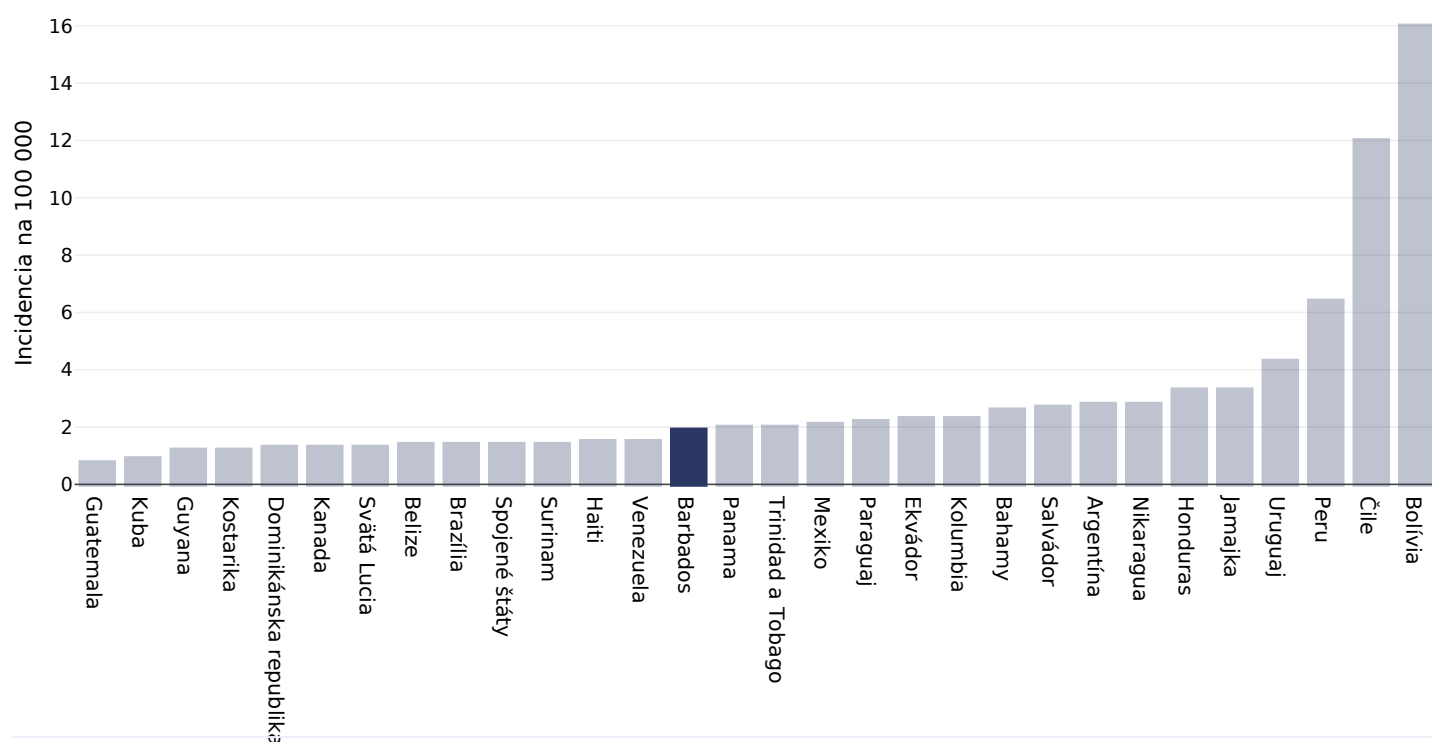
Vek: 20+

Dotknutá oblasť: Národný

Odkazy: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2027

Definície (k dispozícii iba v angličtine): Age-standardized incidence rates per 100 000

Ženy, 2020



Vek: 20+

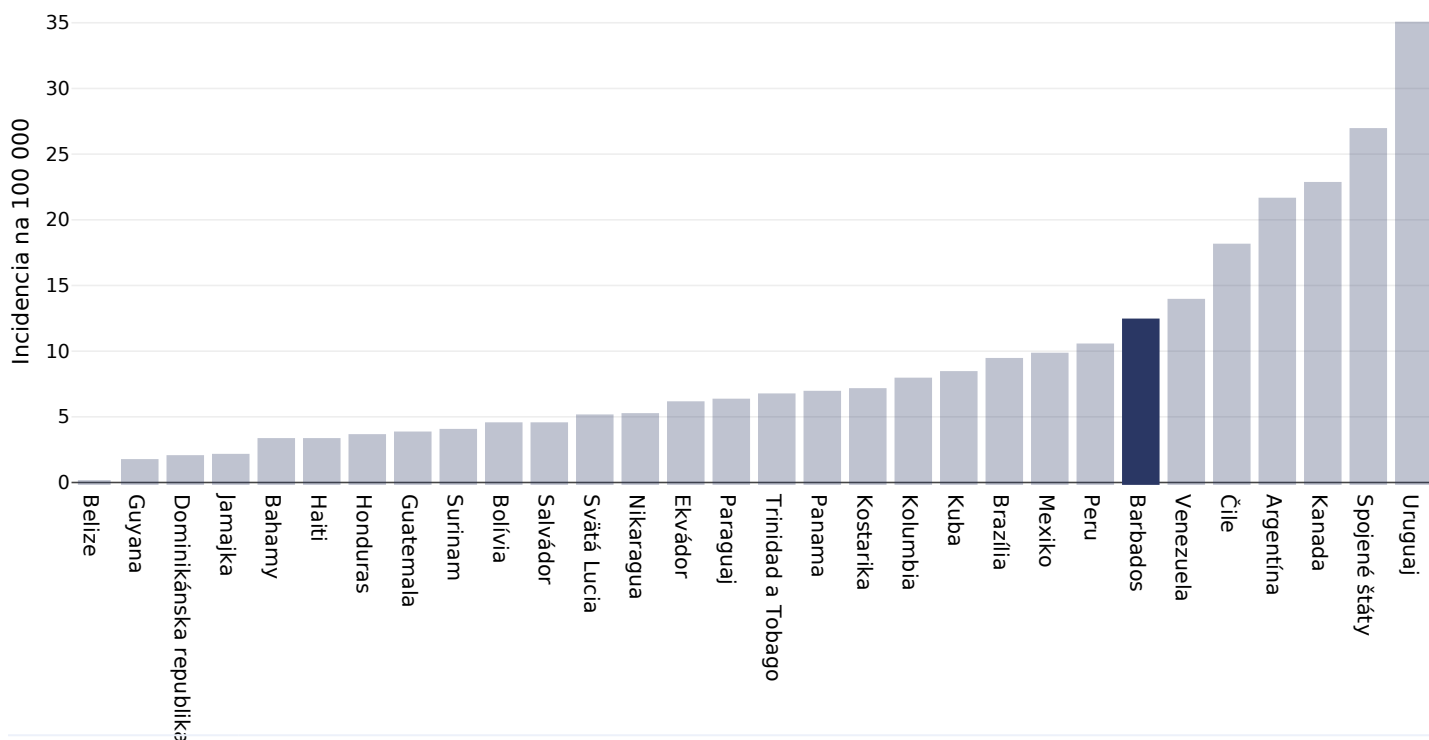
Dotknutá oblasť: Národný

Odkazy: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2027

Definície (k dispozícii iba v angličtine): Age-standardized incidence rates per 100 000

Rakovina obličiek

Muži, 2020



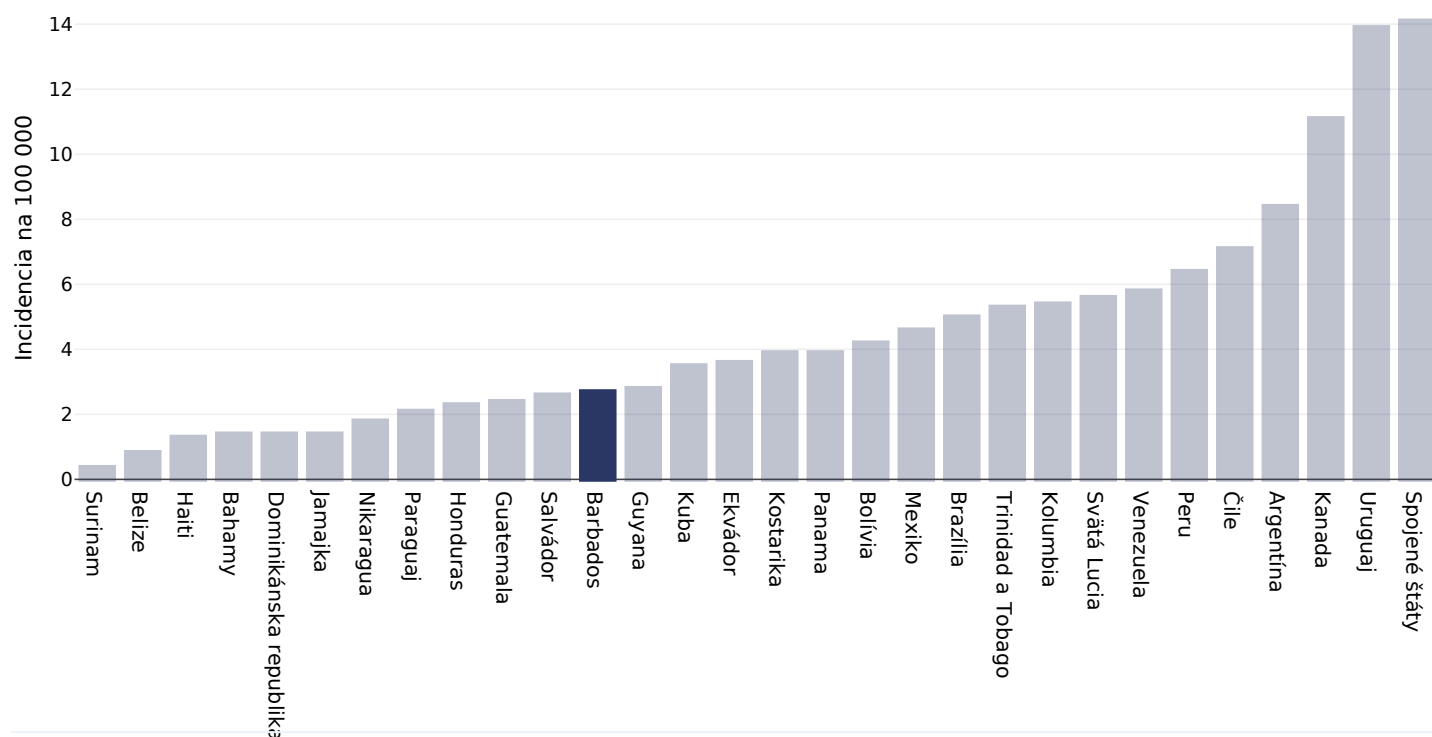
Vek: 20+

Dotknutá oblasť: Národný

Odkazy: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2047

Definície (k dispozícii iba v angličtine): Age-standardized incidence rates per 100 000

Ženy, 2020



Vek: 20+

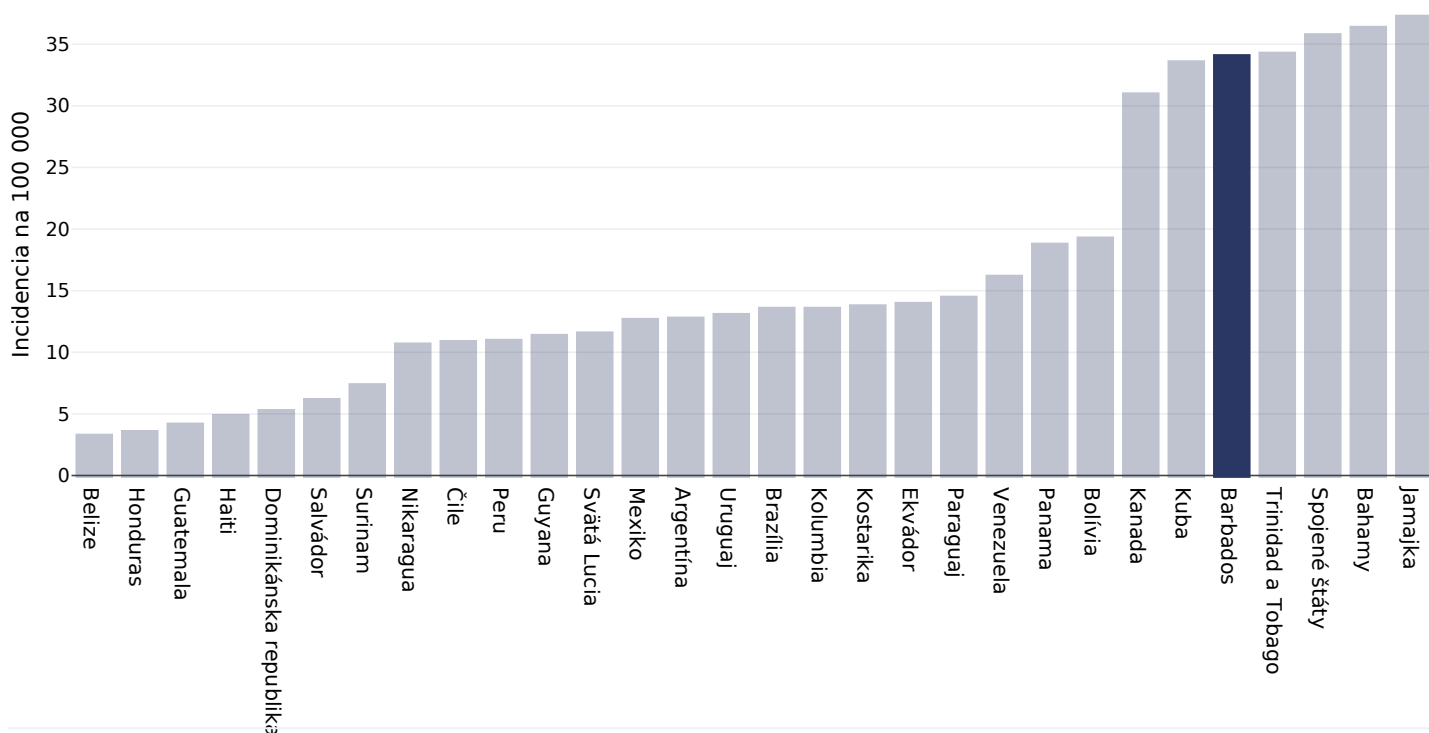
Dotknutá oblasť: Národný

Odkazy: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2047

Definície (k dispozícii iba v angličtine): Age-standardized incidence rates per 100 000

Rakovina maternice

Ženy, 2020



Vek: 20+

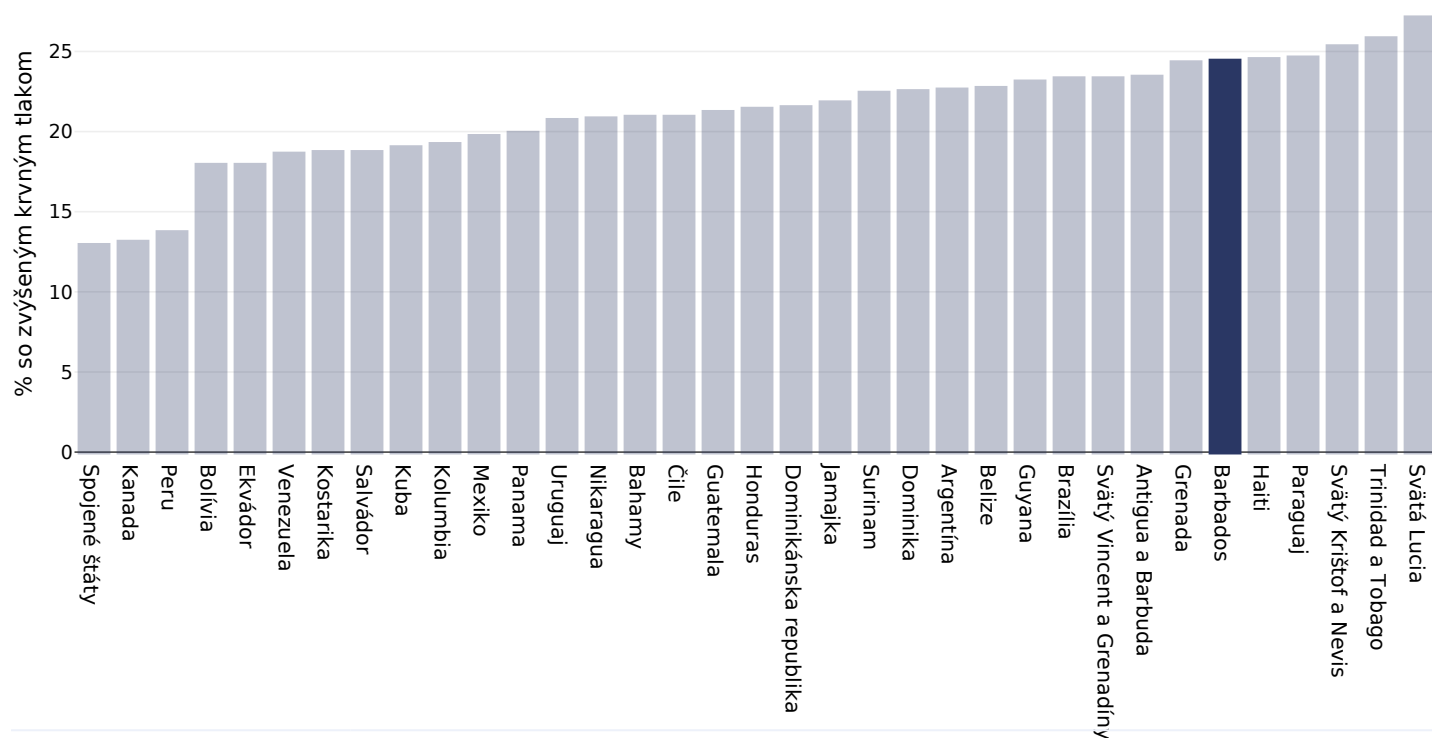
Dotknutá oblasť: Národný

Odkazy: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from: <https://gco.iarc.fr/today>, accessed 10.01.2027

Definície (k dispozícii iba v angličtine): Age-standardized incidence rates per 100 000

Zvýšený krvný tlak

Dospelí, 2015



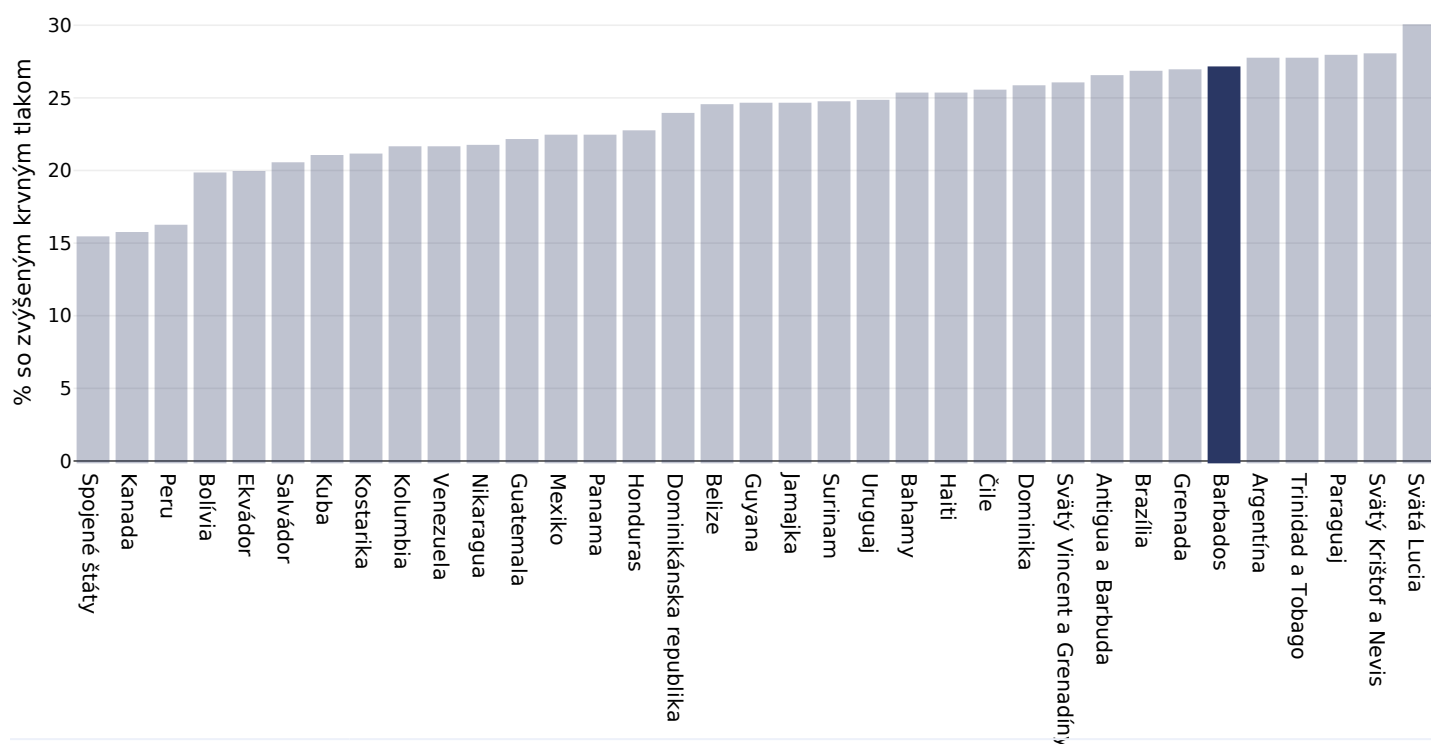
Odkazy:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A875?lang=en>

Definície (k dispozícii iba v angličtine):

Age Standardised estimated % Raised blood pressure 2015 (SBP \geq 140 OR DBP \geq 90).

Muži, 2015



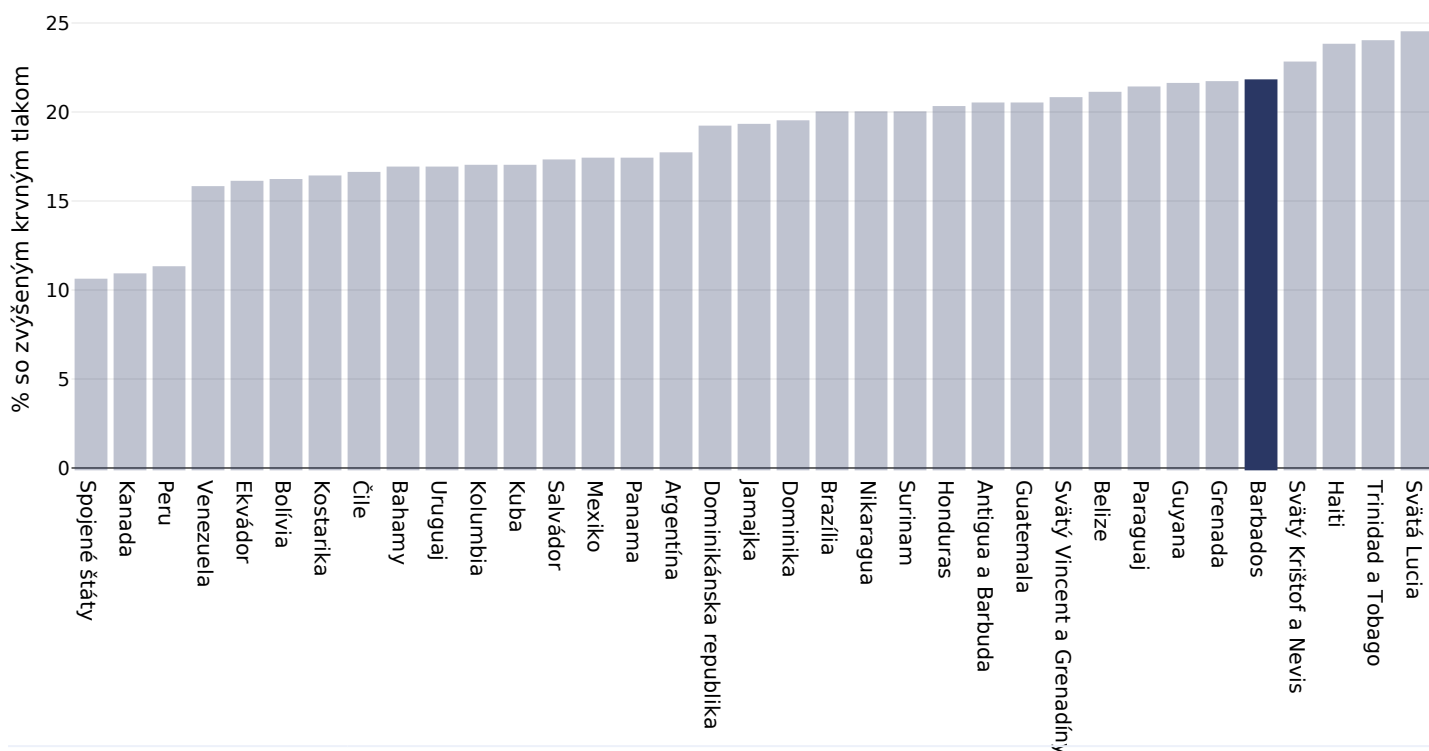
Odkazy:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A875?lang=en>

Definície (k dispozícii iba v angličtine):

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

Ženy, 2015



Odkazy:

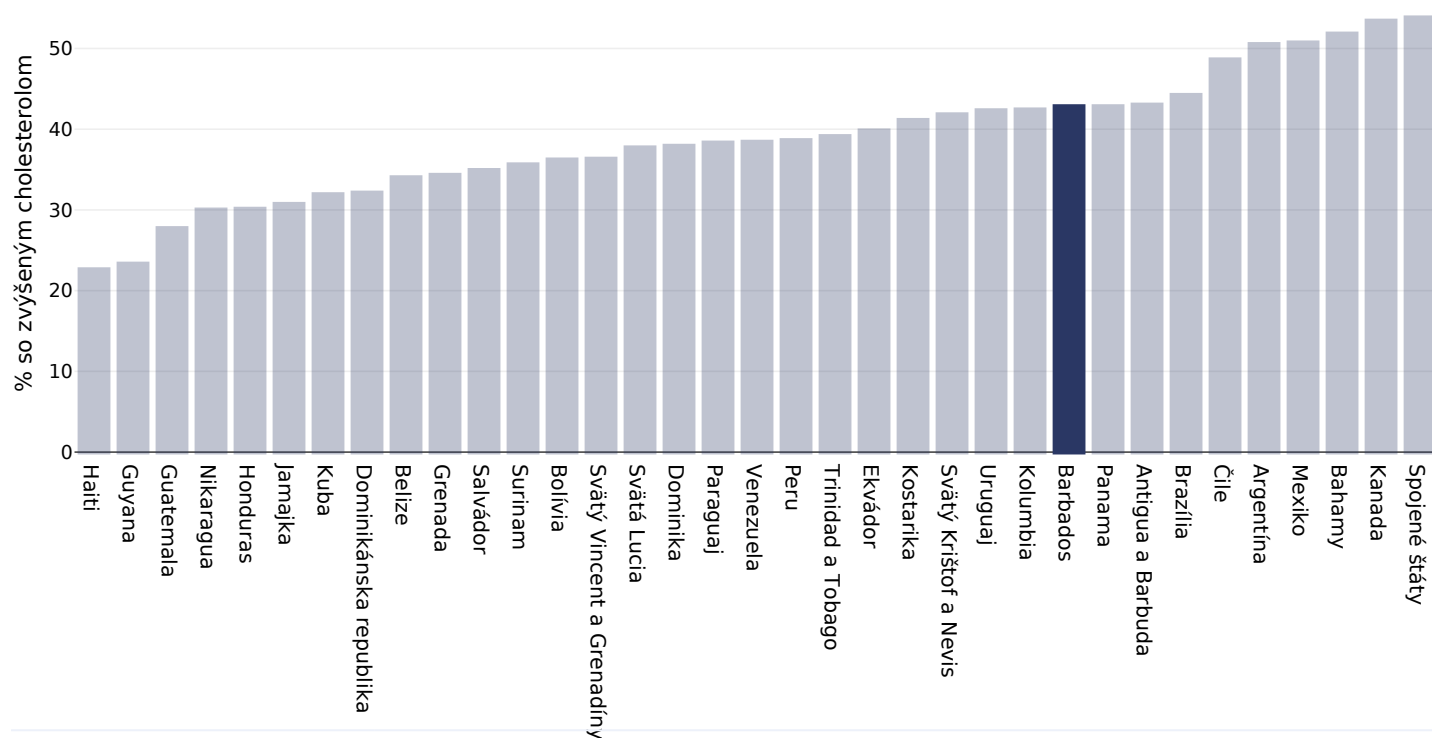
Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A875?lang=en>

Definície (k dispozícii iba v angličtine):

Age Standardised estimated % Raised blood pressure 2015 (SBP \geq 140 OR DBP \geq 90).

Zvýšený cholesterol

Dospelí, 2008



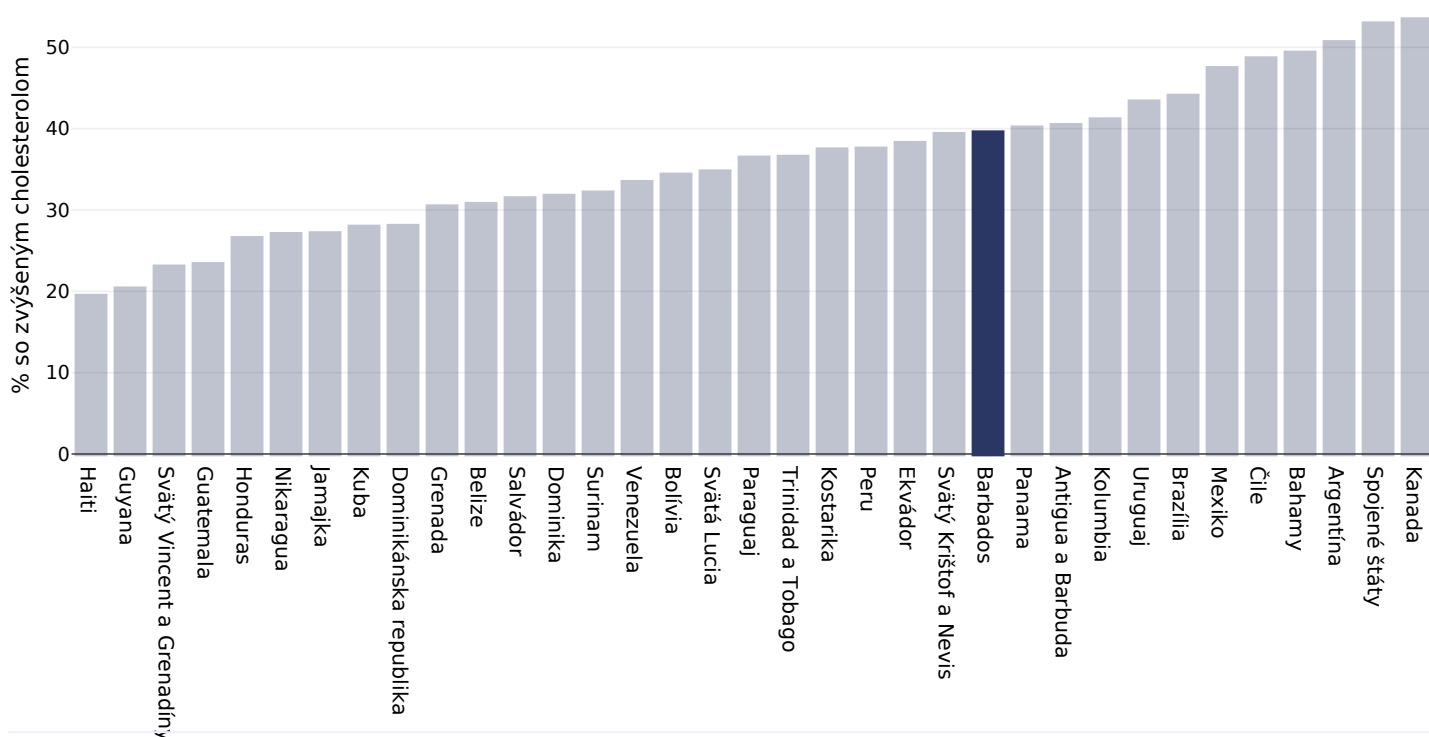
Odkazy:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A885>

Definície (k dispozícii iba v angličtine):

% Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

Muži, 2008



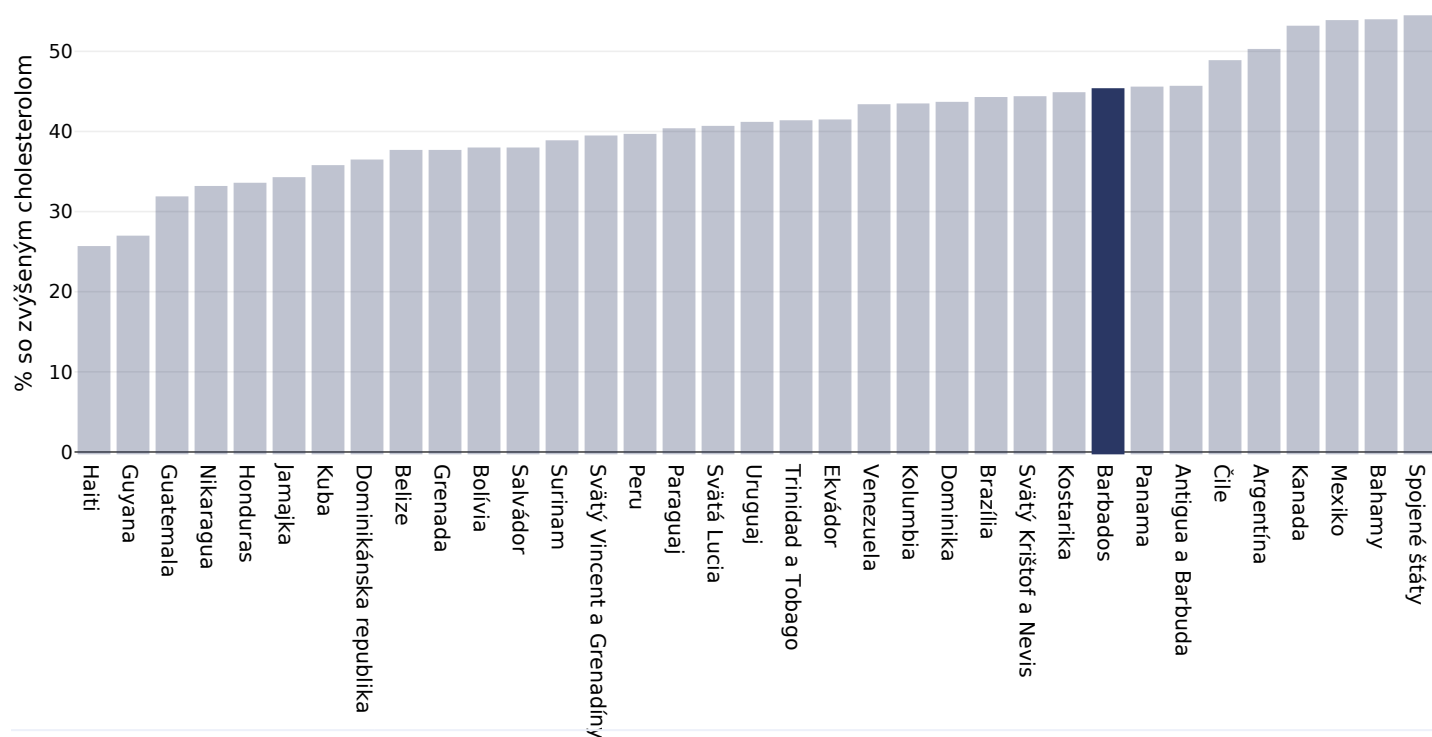
Odkazy:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A885>

Definície (k dispozícii iba v angličtine):

% Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

Ženy, 2008



Odkazy:

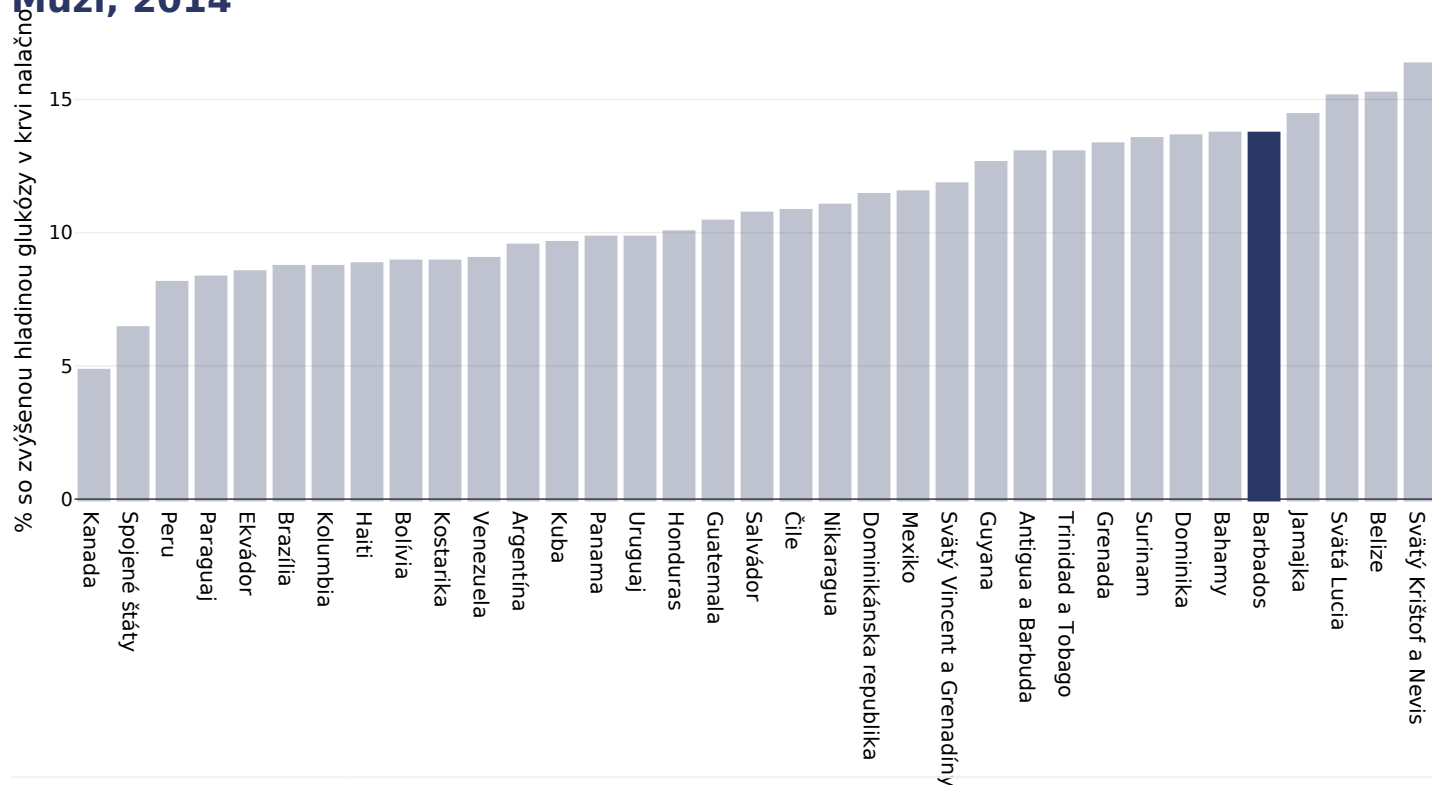
Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A885>

Definície (k dispozícii iba v angličtine):

% Raised total cholesterol (≥ 5.0 mmol/L) (age-standardized estimate).

Zvýšená glukóza v krvi nalačno

Muži, 2014



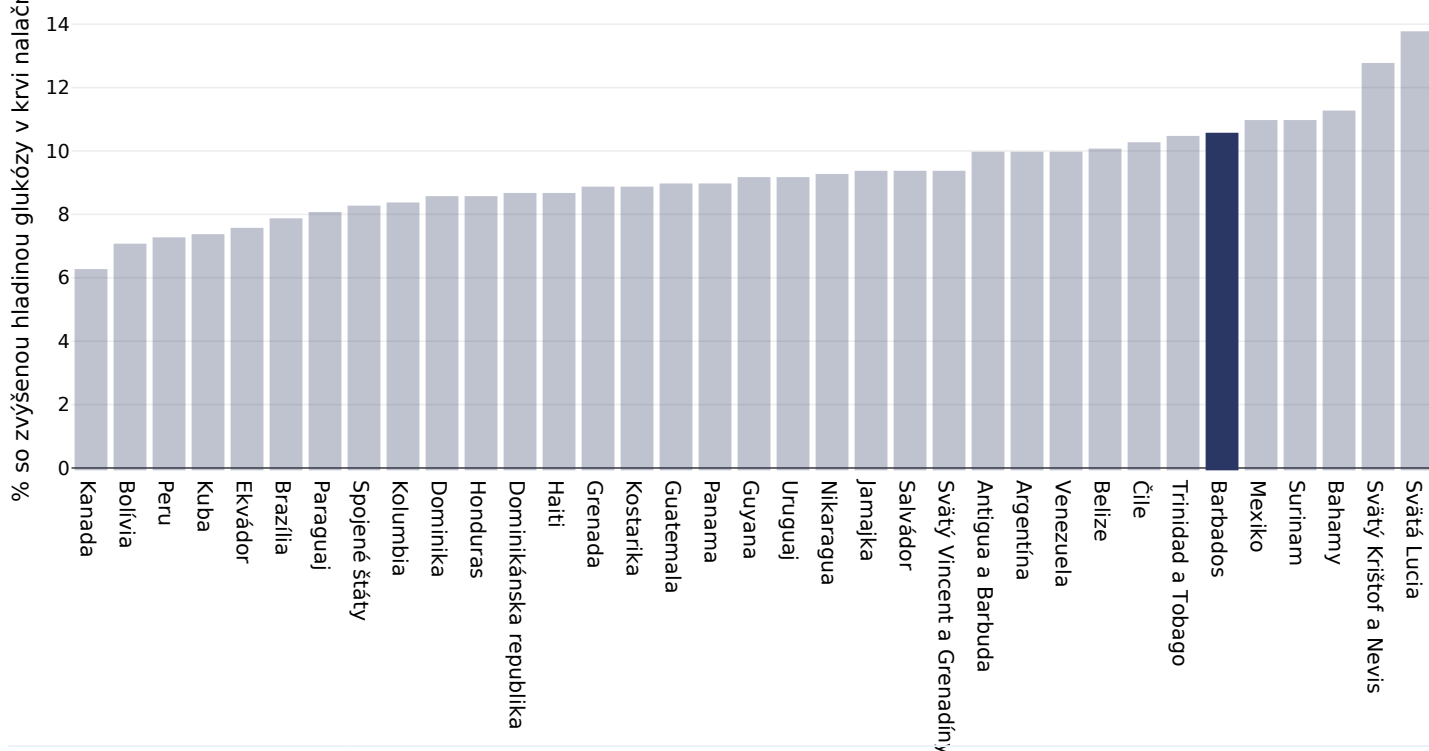
Odkazy:

Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A869?lang=en>

Definície (k dispozícii iba v angličtine):

Age Standardised % raised fasting blood glucose (≥ 7.0 mmol/L or on medication).

Ženy, 2014



Odkazy:

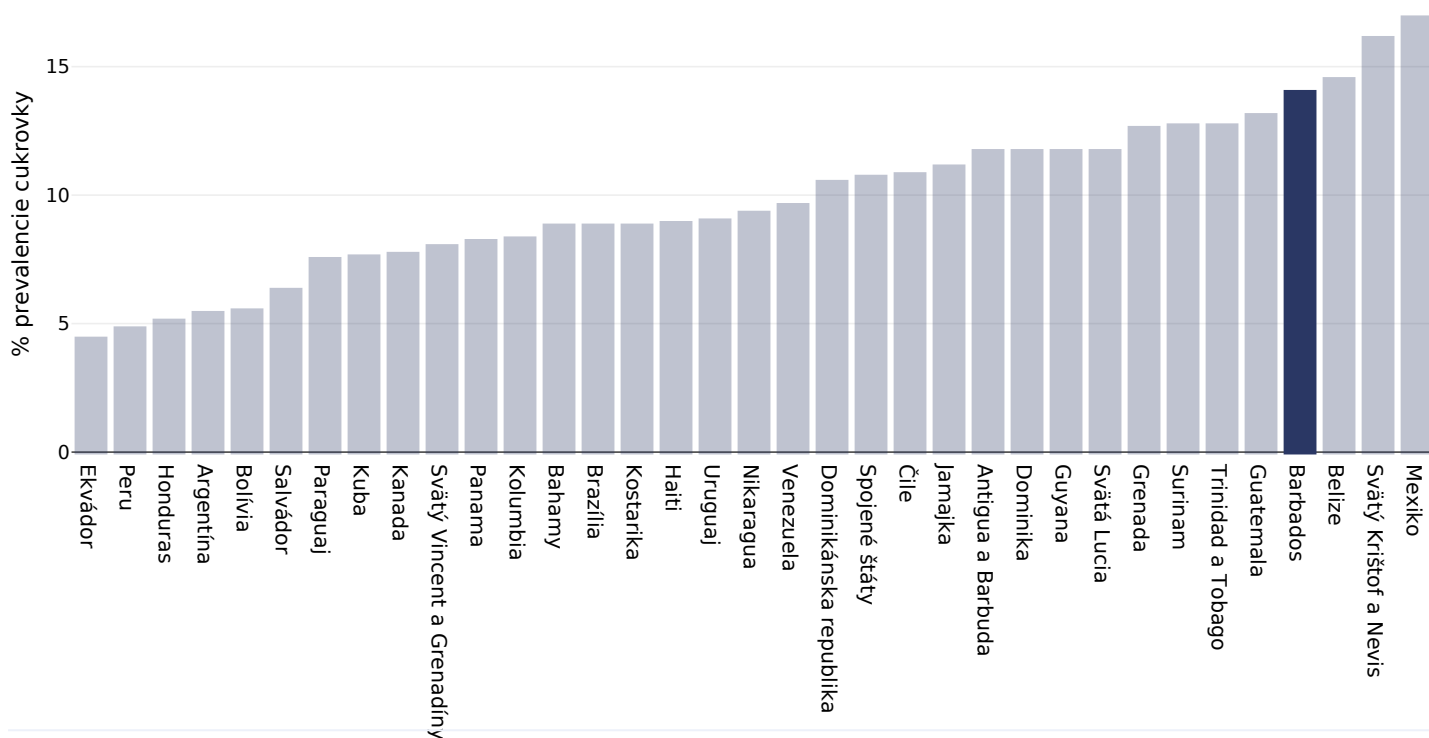
Global Health Observatory data repository, World Health Organisation,
<http://apps.who.int/gho/data/node.main.A869?lang=en>

Definície (k dispozícii iba v angličtine):

Age Standardised % raised fasting blood glucose (≥ 7.0 mmol/L or on medication).

Prevalencia cukrovky

Dospelí, 2021



Vek: 20-79

Dotknutá oblasť: Národný

Odkazy: Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 10th edn. Brussels, Belgium:International Diabetes Federation, 2021. <http://www.diabetesatlas.org>






Definície (k dispozícii iba v angličtine): Age-adjusted comparative prevalence of diabetes, %

Contextual factors

Disclaimer: These contextual factors should be interpreted with care. Results are updated as regularly as possible and use very specific criteria. The criteria used and full definitions are available for download at the bottom of this page.



Labelling

Is there mandatory nutrition labelling?	 v
Front-of-package labelling?	
Back-of-pack nutrition declaration?	
Color coding?	
Warning label?	



Regulation and marketing

Are there fiscal policies on unhealthy products?	✓
Tax on unhealthy foods?	✗
Tax on unhealthy drinks?	✓
Are there fiscal policies on healthy products?	✗
Subsidy on fruits?	✗
Subsidy on vegetables?	✗
Subsidy on other healthy products?	✗
Mandatory limit or ban of trans fat (all settings)?	✗
Mandatory limit of trans fats in place (all settings)?	✗
Ban on trans-fats or phos in place (all settings)?	✗
Are there any mandatory policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	✗
Mandatory restriction on broadcast media?	✗
Mandatory restriction on non-broadcast media?	✗
Voluntary policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	✗
Are there mandatory standards for food in schools?	✓
Are there any mandatory nutrient limits in any manufactured food products?	✗
Nutrition standards for public sector procurement?	✗



Political will and support

National obesity strategy or nutrition and physical activity national strategy?	✗
National obesity strategy?	✗
National childhood obesity strategy?	✓
Comprehensive nutrition strategy?	✗
Comprehensive physical activity strategy?	✗
Evidence-based dietary guidelines and/or RDAs?	✓
National target(s) on reducing obesity?	✓
Guidelines/policy on obesity treatment?	✗
Promotion of breastfeeding?	✗



Monitoring and surveillance

Monitoring of the prevalence and incidence for the main obesity-related NCDs and risk factors?	✓
Within 5 years?	✗



Governance and resource

Multi-sectoral national co-ordination mechanism for obesity or nutrition (including obesity)?	?
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Key

✓ Present

✓
v
(voluntary) Present

✓ Incoming

✗ Absent

? Unknown

Last updated October 24, 2022

PDF created on June 4, 2024