

Report card Bangladesh



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Obesity prevalence

Adults, 2018

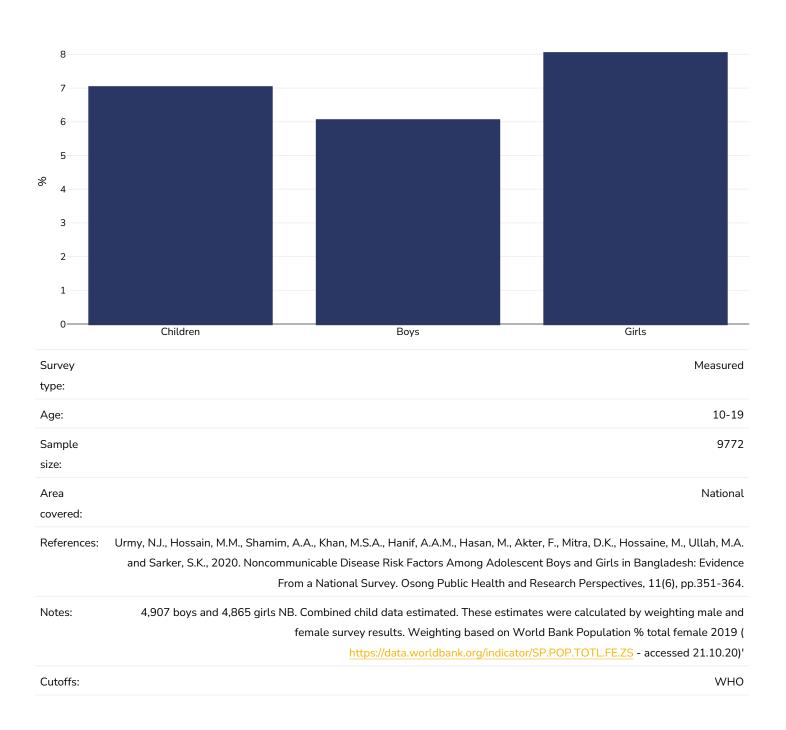
Obesity Overweight 35 30 25 20 % 15 10 5 0-Adults Men Women Survey Measured type: 18-69 Age: Sample 7985 size: Area National covered: National STEPS Survey for Non-communicable Diseases Risk Factors in Bangladesh 2018. National Institute of Preventive References: and Social Medicine (NIPSOM) Mohakhali, Dhaka1212 Available at https://extranet.who.int/ncdsmicrodata/index.php/catalog/770 (last accessed 05.10.2020)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



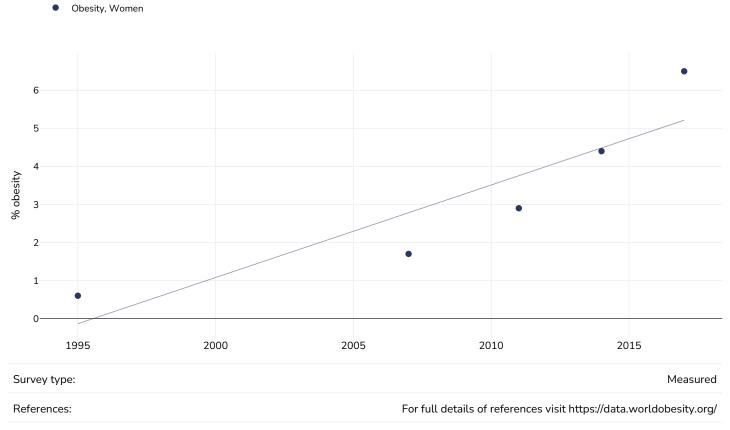
Children, 2018-2019

Overweight or obesity





% Adults living with obesity, 1995-2018

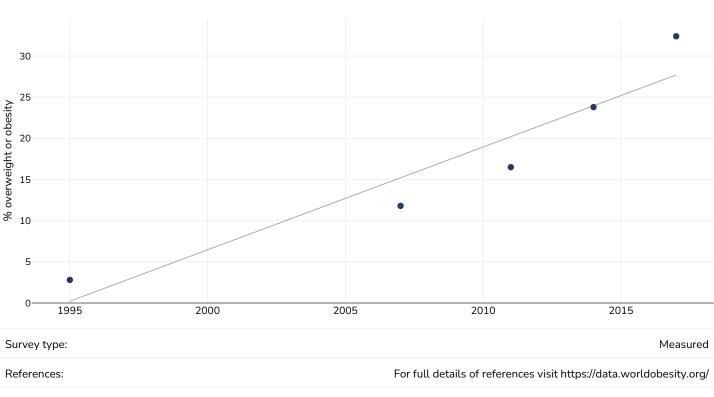


Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.



% Adults living with overweight or obesity, 1995-2018



• Overweight or obesity, Women

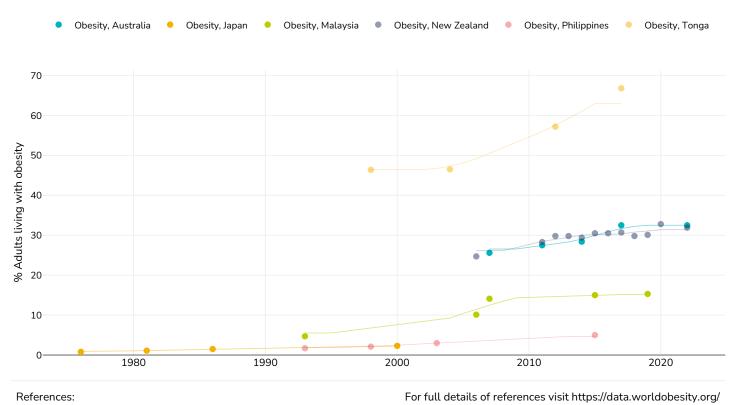
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Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.



% Adults living with obesity, selected countries, 1976-2023

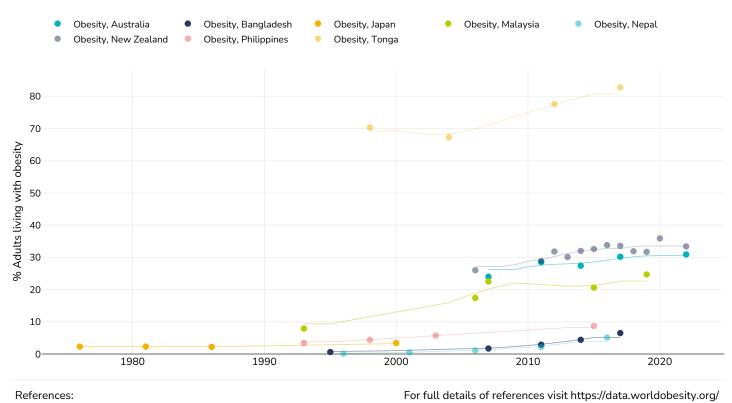
Men



Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.



Women

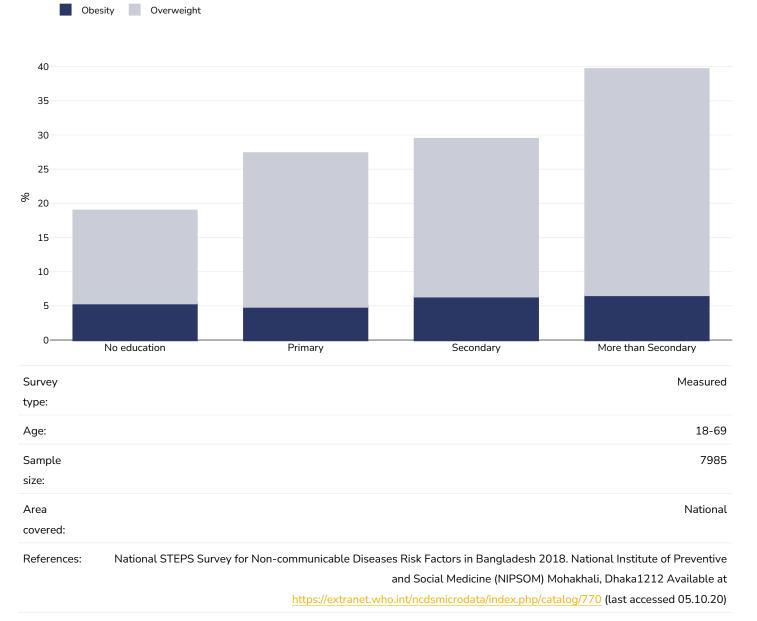


Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.



Overweight/obesity by education

Adults, 2018

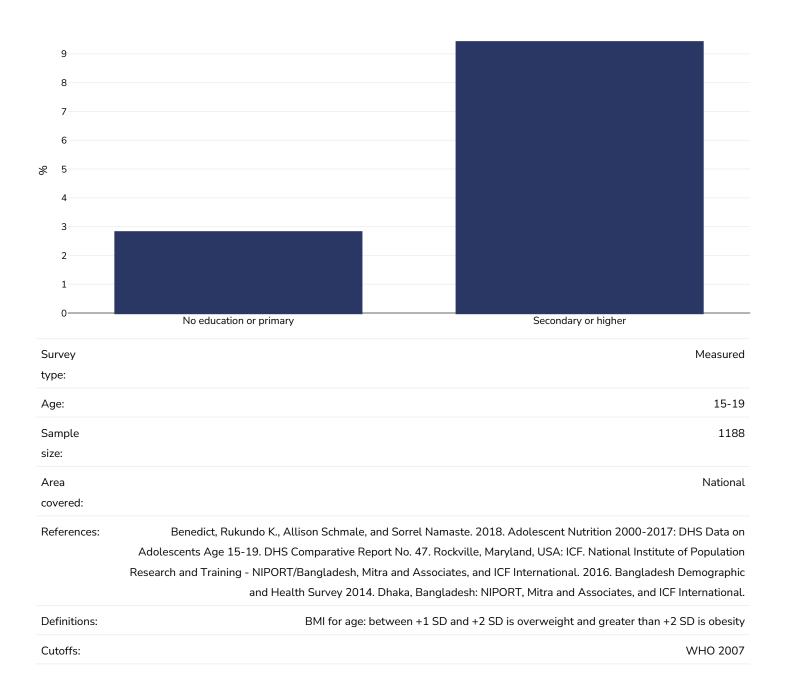


Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



Girls, 2014

Overweight or obesity

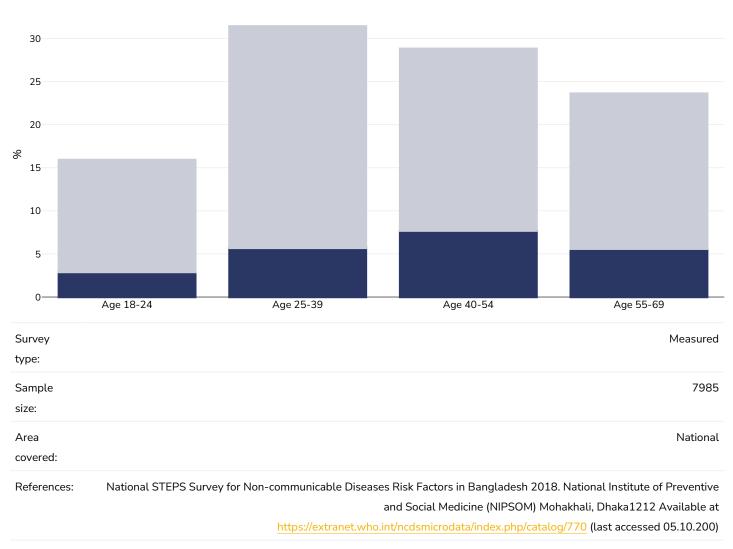




Overweight/obesity by age

Adults, 2018

Obesity Overweight

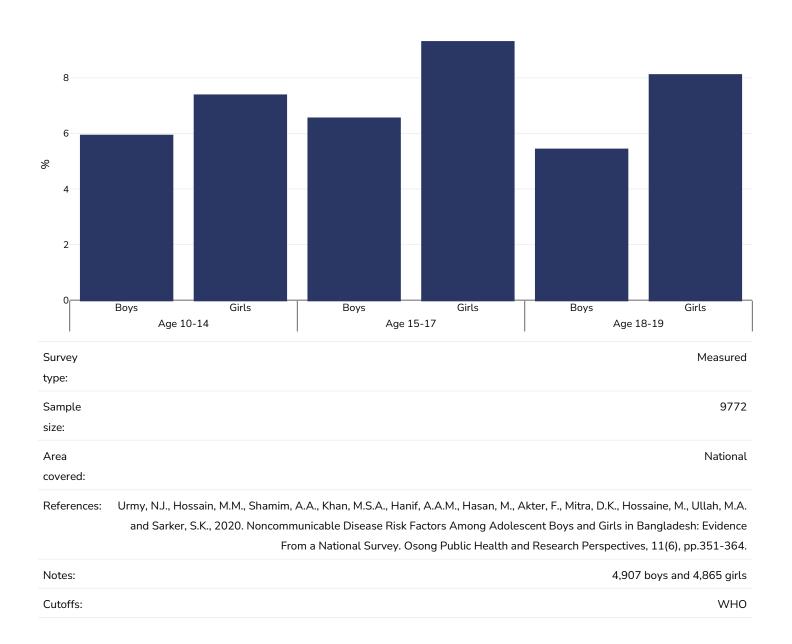


Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



Children, 2018-2019

Overweight or obesity

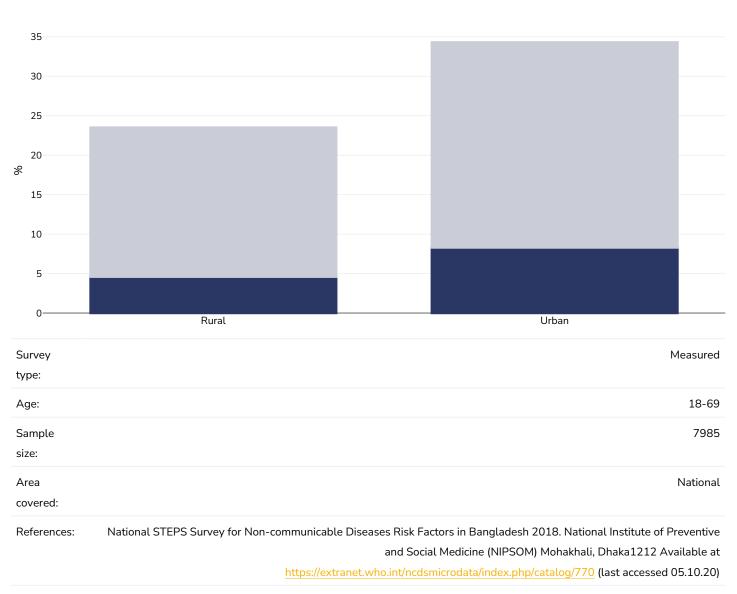




Overweight/obesity by region

Adults, 2018

Obesity Overweight

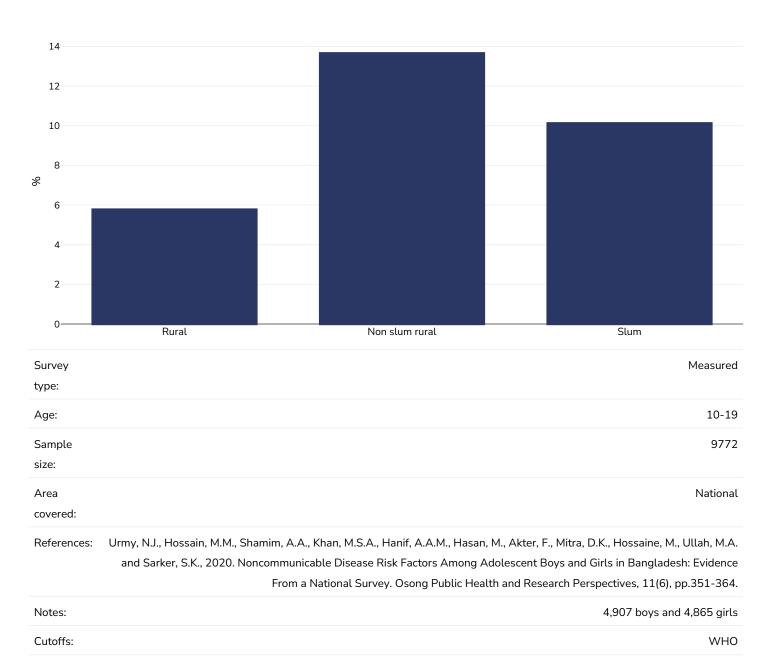


Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



Boys, 2018-2019

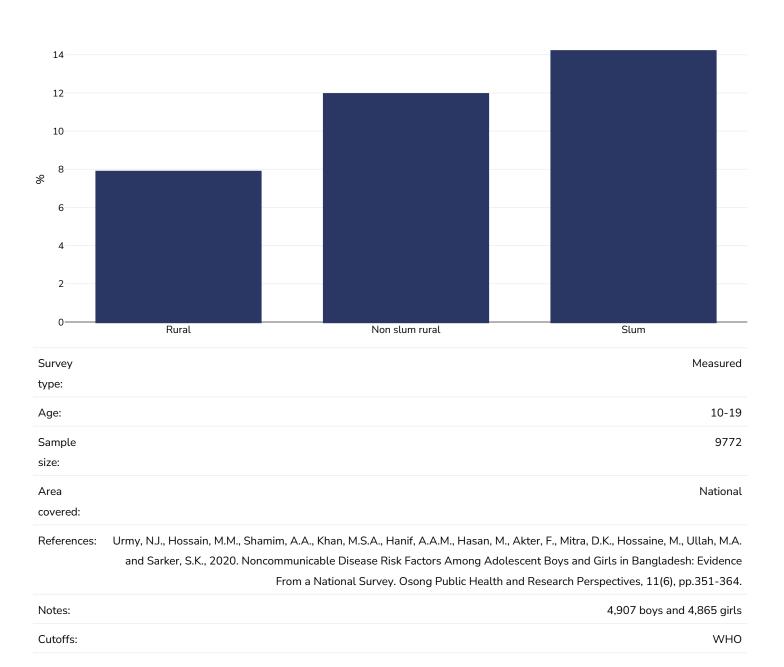
Overweight or obesity





Girls, 2018-2019

Overweight or obesity

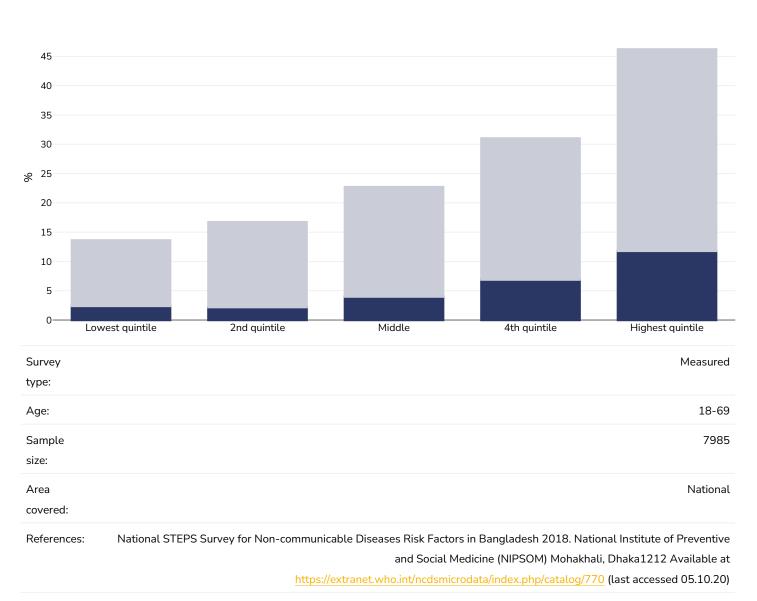




Overweight/obesity by socio-economic group

Adults, 2018

Obesity Overweight

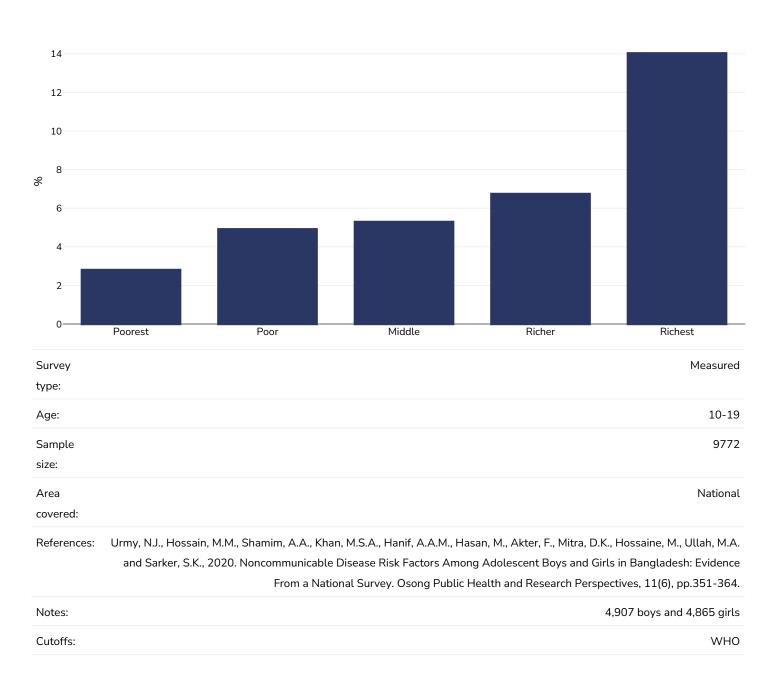


Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



Boys, 2018-2019

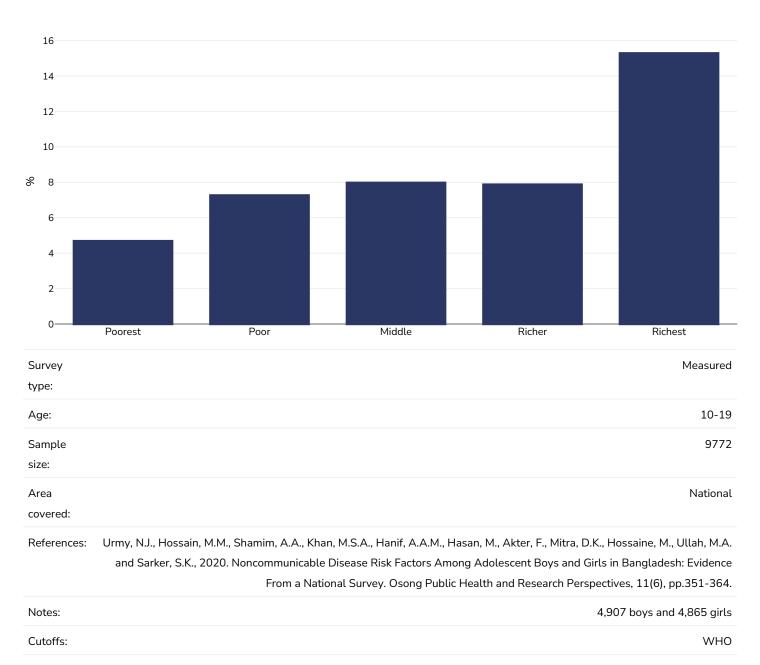
Overweight or obesity





Girls, 2018-2019

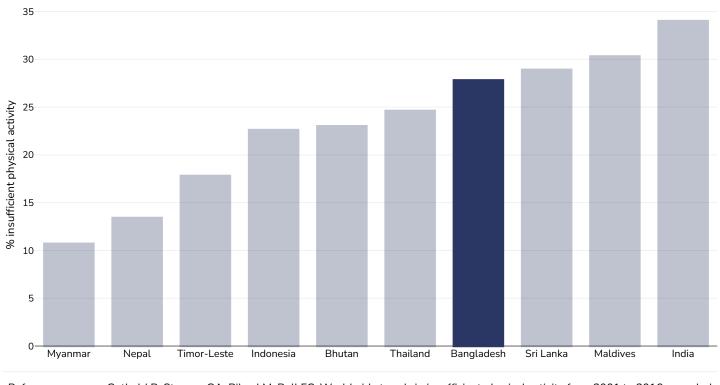
Overweight or obesity





Insufficient physical activity

Adults, 2016

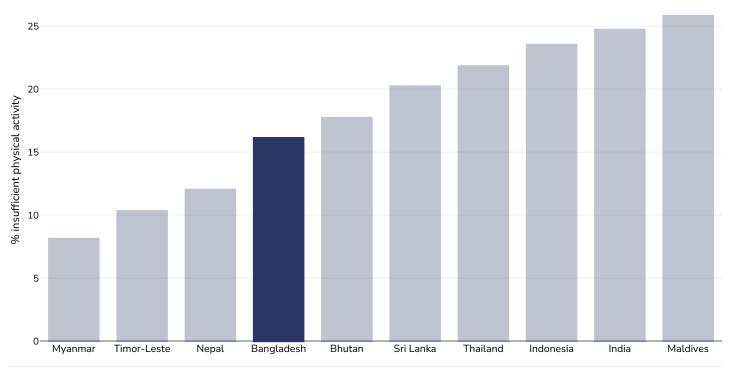


 References:
 Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled

 analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 http://dx.doi.org/10.1016/S2214-109x

 (18)30357-7

Men, 2016

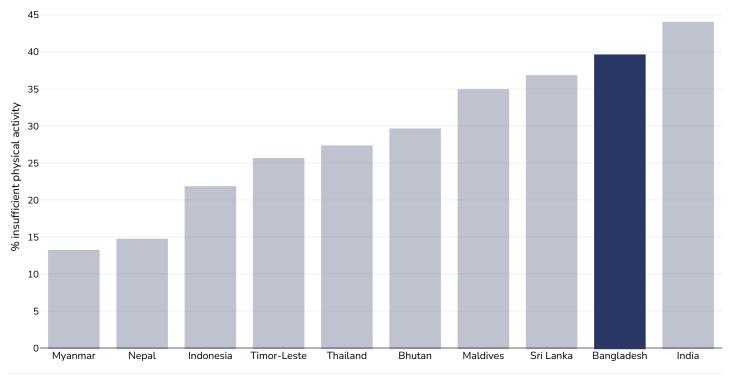


 References:
 Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled

 analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 http://dx.doi.org/10.1016/S2214-109X

 (18)30357-7

Women, 2016



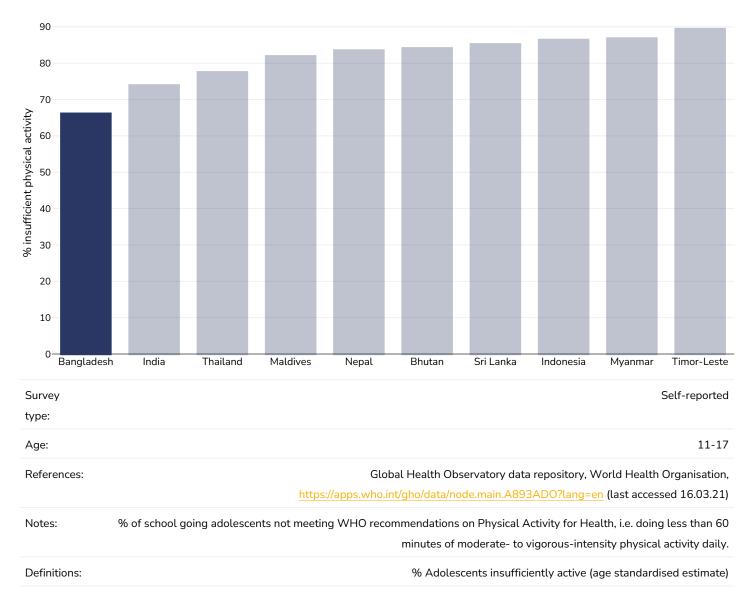
 References:
 Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled

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 (18)30357-7

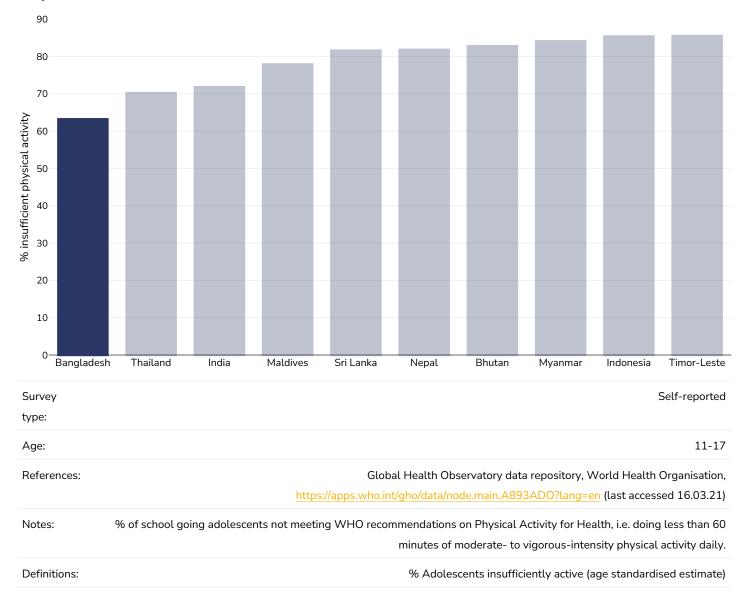


Children, 2016



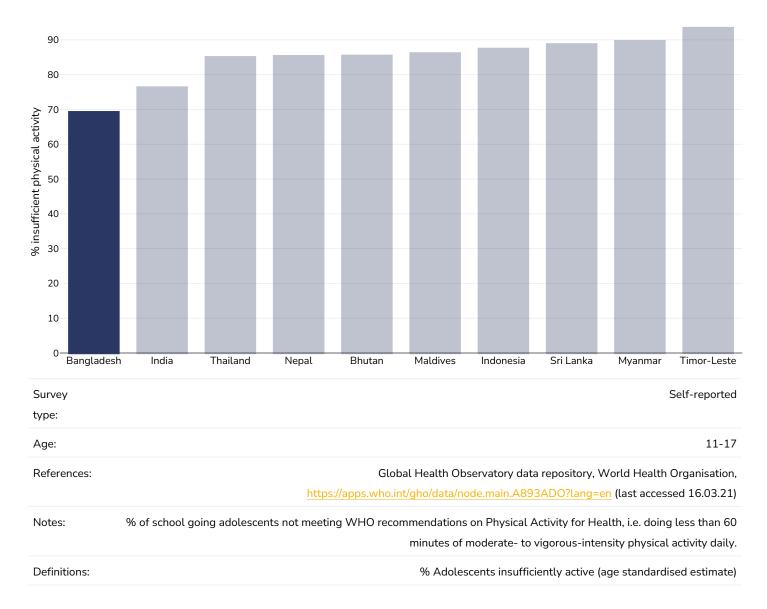


Boys, 2016





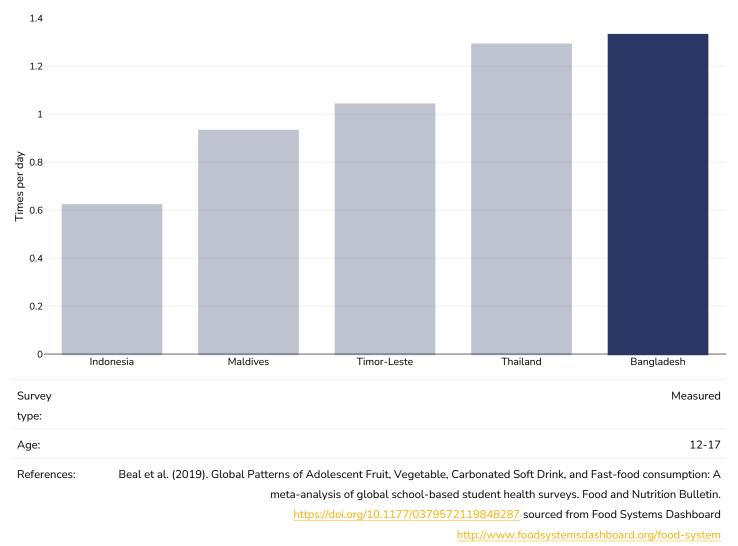
Girls, 2016





Average daily frequency of carbonated soft drink consumption

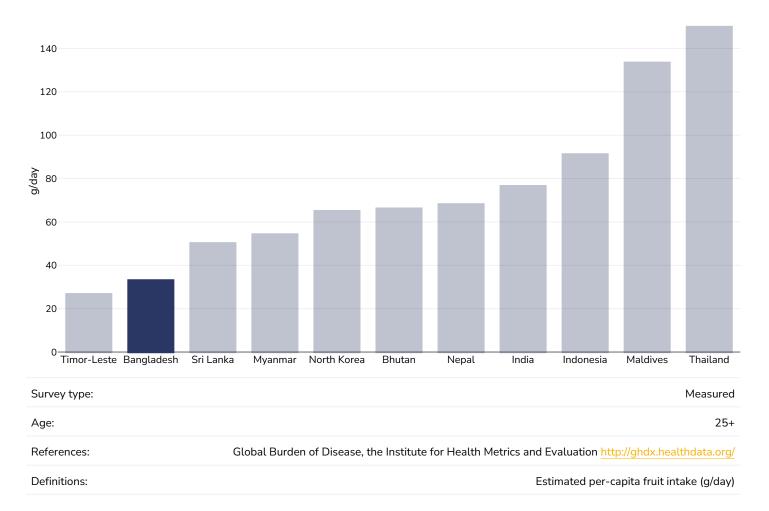
Children, 2014-2015





Estimated per capita fruit intake

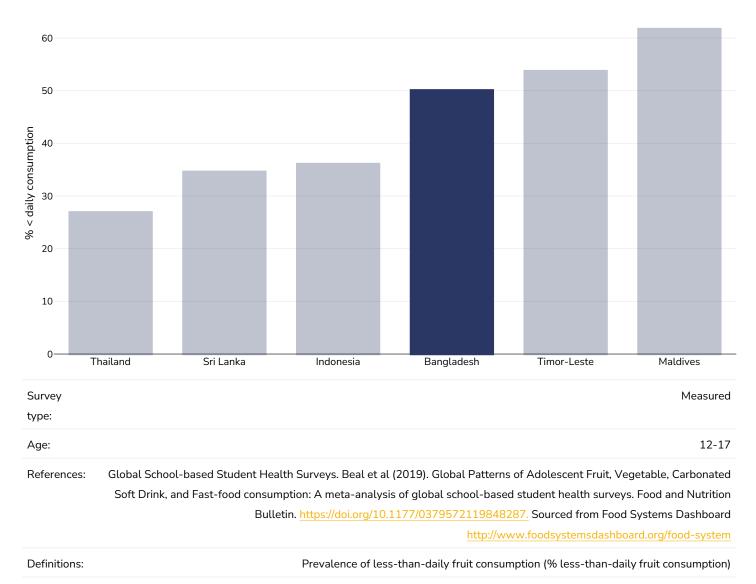
Adults, 2017





Prevalence of less than daily fruit consumption

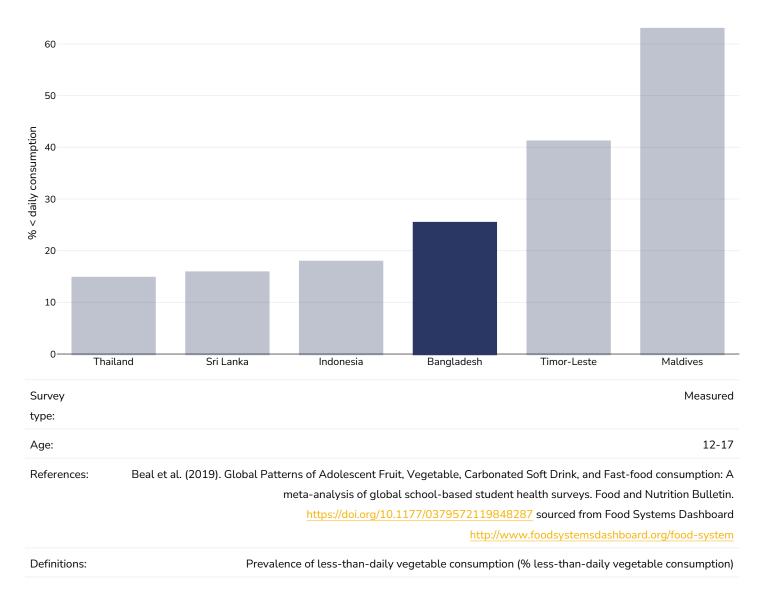
Children, 2008-2015





Prevalence of less than daily vegetable consumption

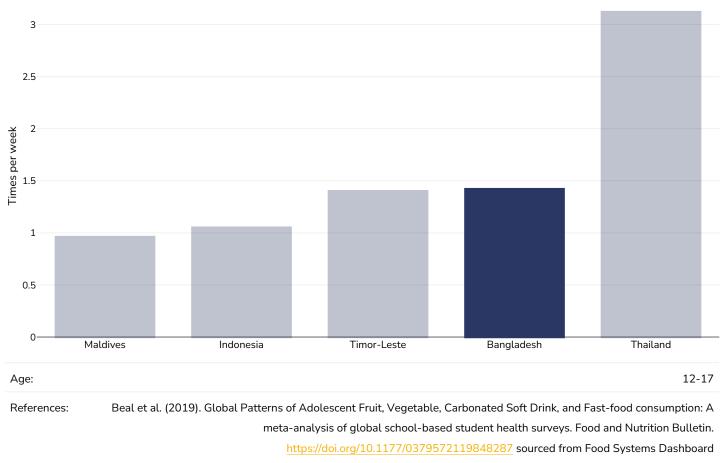
Children, 2008-2015





Average weekly frequency of fast food consumption

Children, 2014-2015

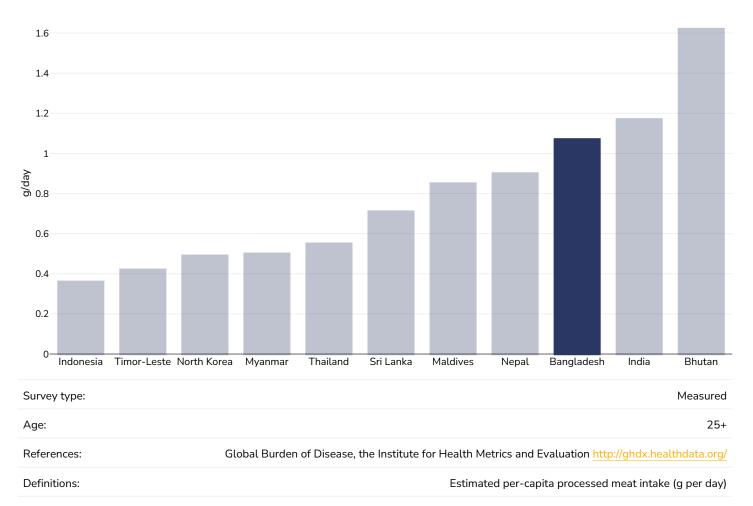


http://www.foodsystemsdashboard.org/food-system



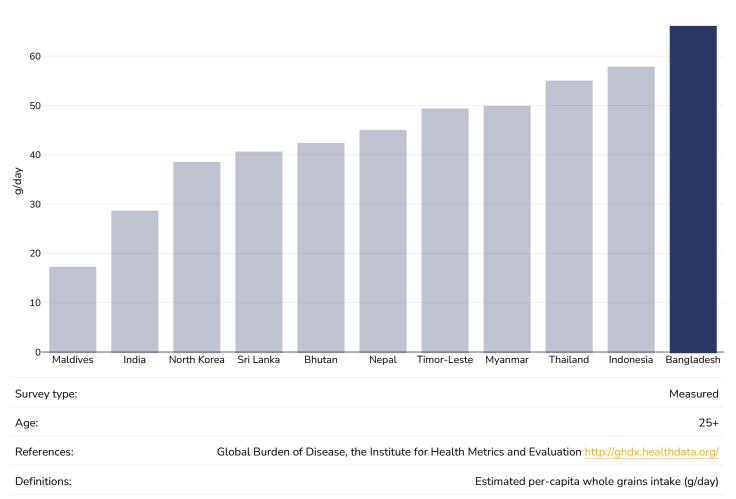
Estimated per-capita processed meat intake

Adults, 2017





Estimated per capita whole grains intake

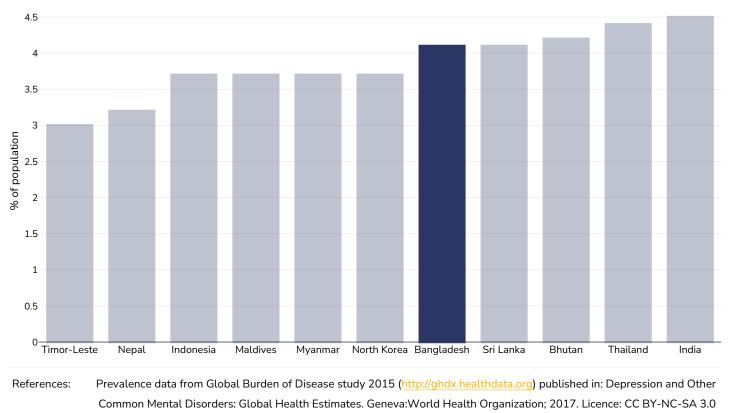


Adults, 2017



Mental health - depression disorders

Adults, 2015



IGO.

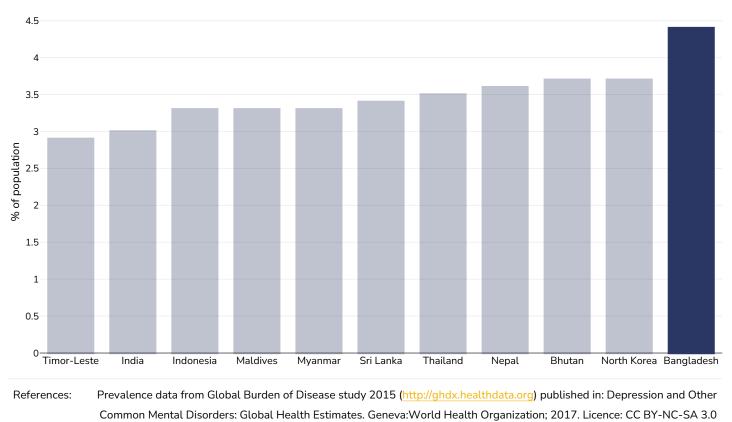
Definitions:

% of population with depression disorders



Mental health - anxiety disorders

Adults, 2015



IGO.

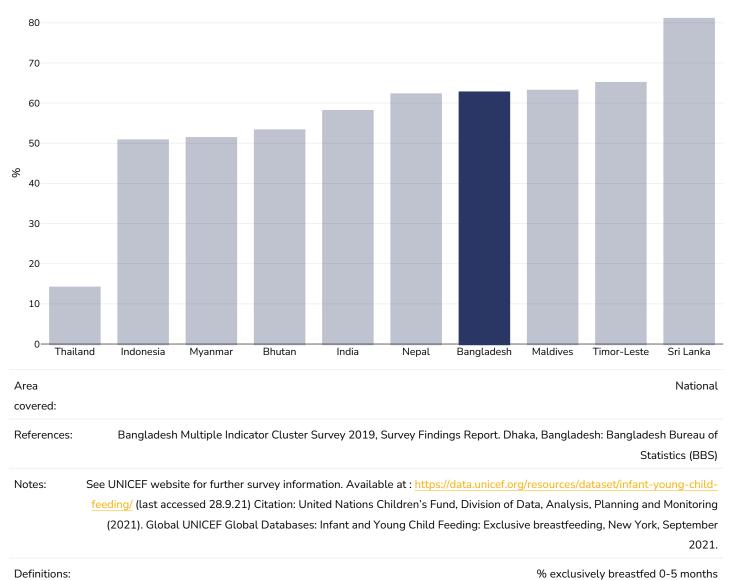
Definitions:

% of population with anxiety disorders



% Infants exclusively breastfed 0-5 months

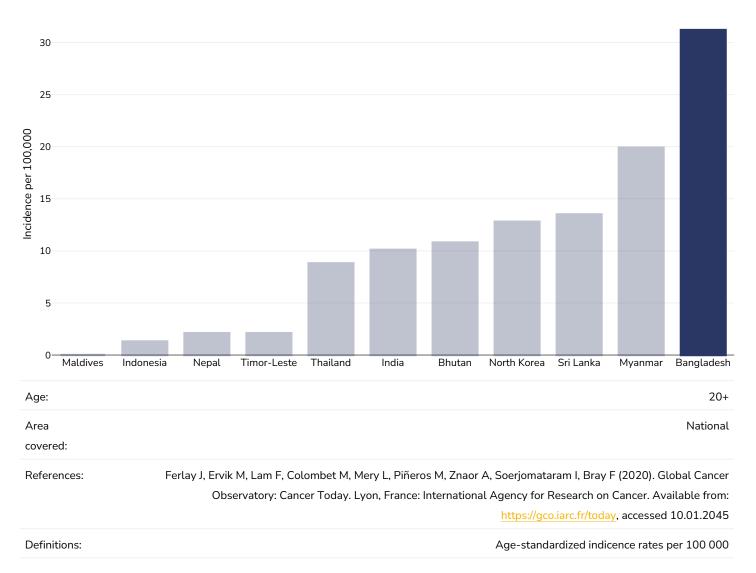
Children, 2015-2020



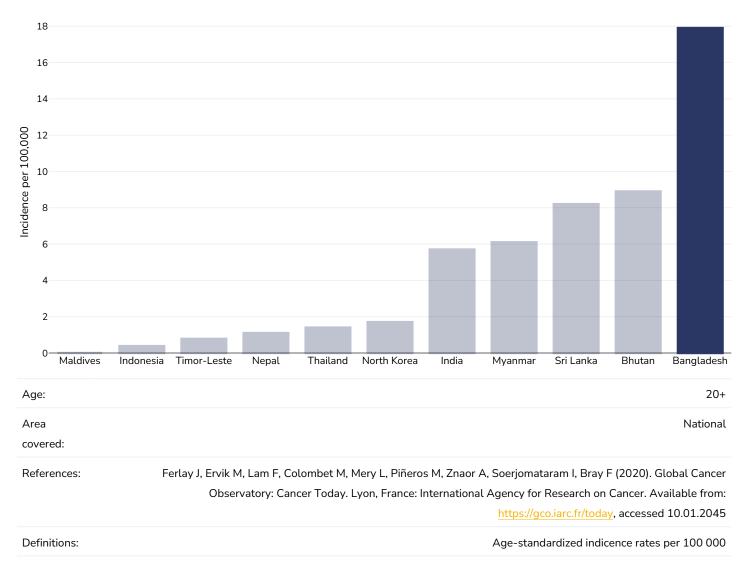


Oesophageal cancer

Men, 2020



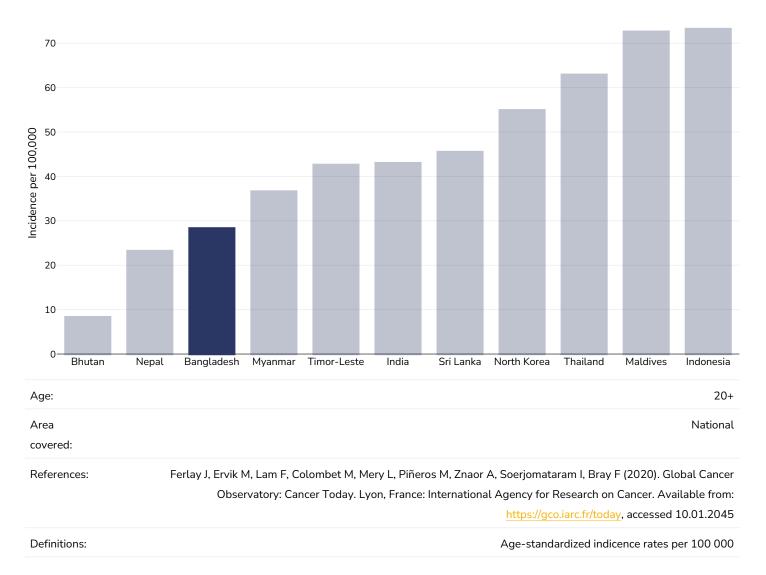
Women, 2020





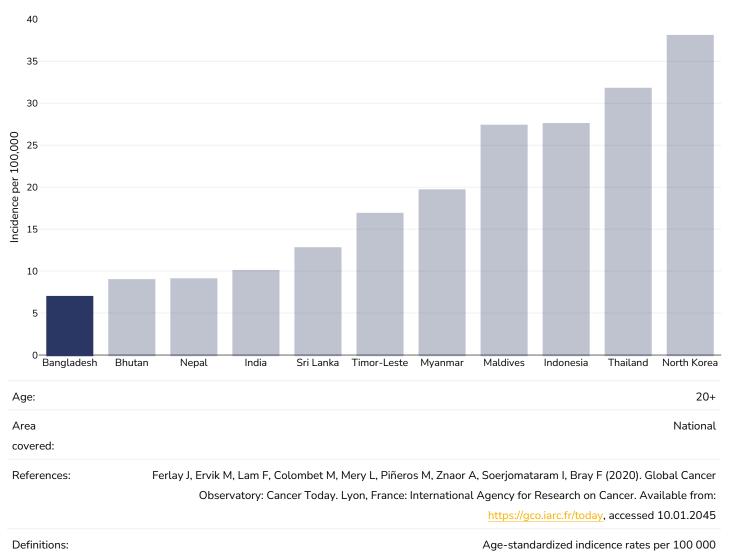
Breast cancer

Women, 2020

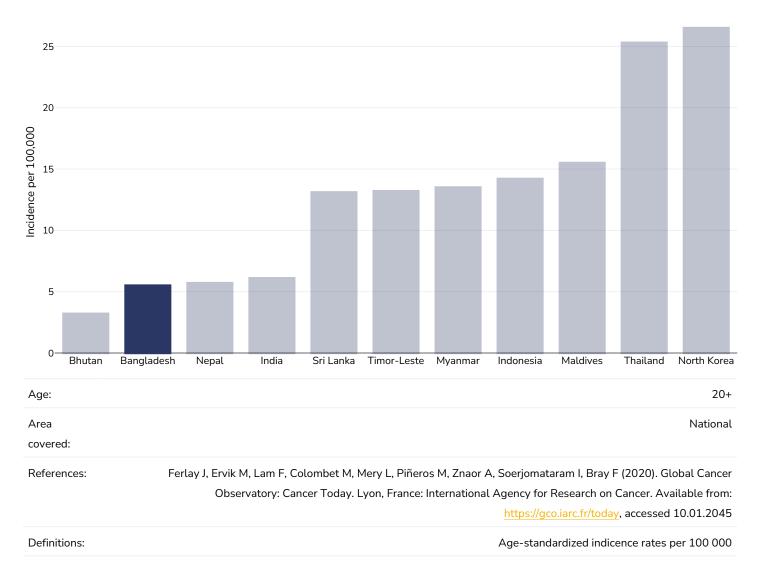




Colorectal cancer

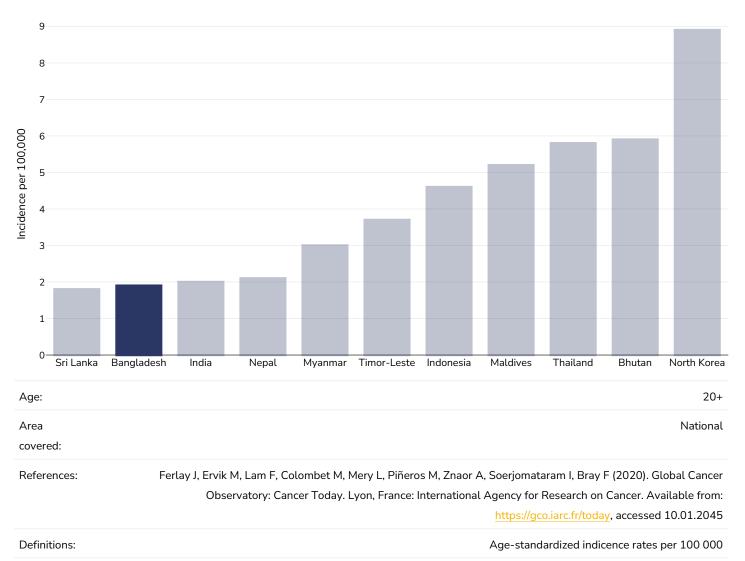




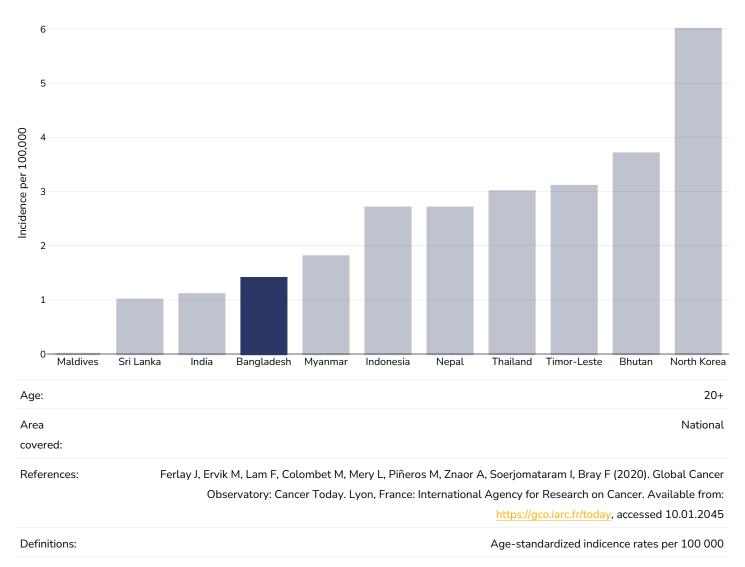




Pancreatic cancer

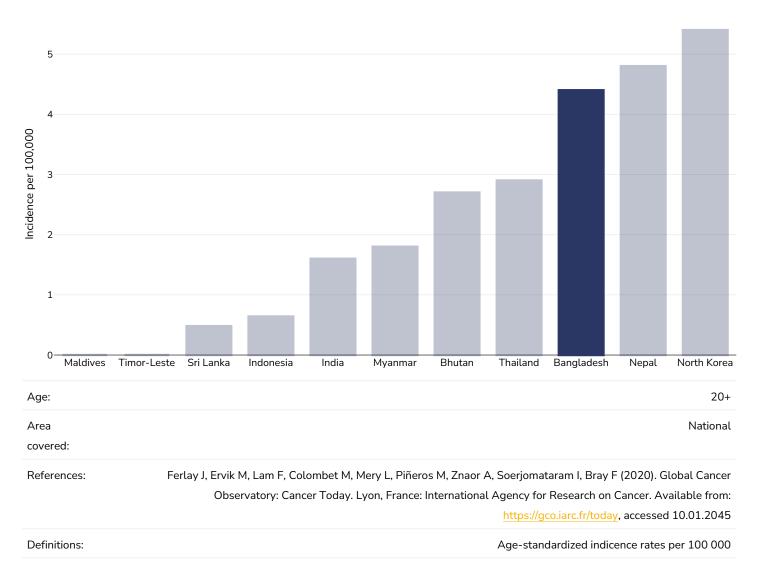




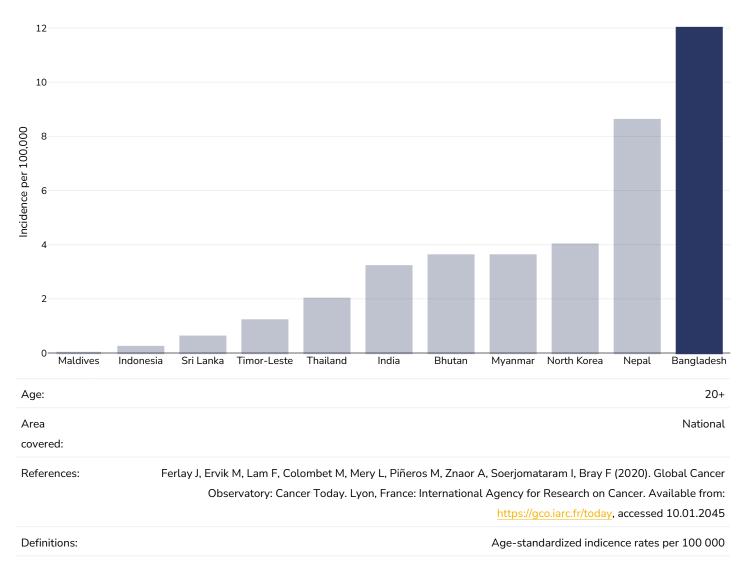




Gallbladder cancer

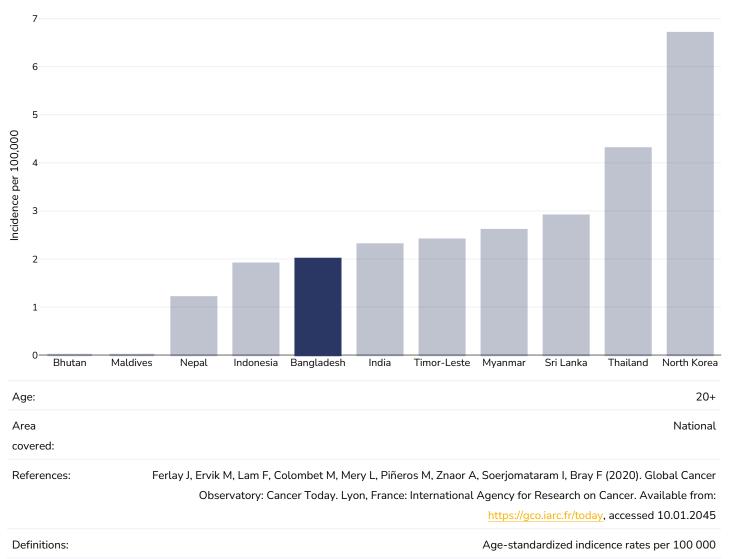


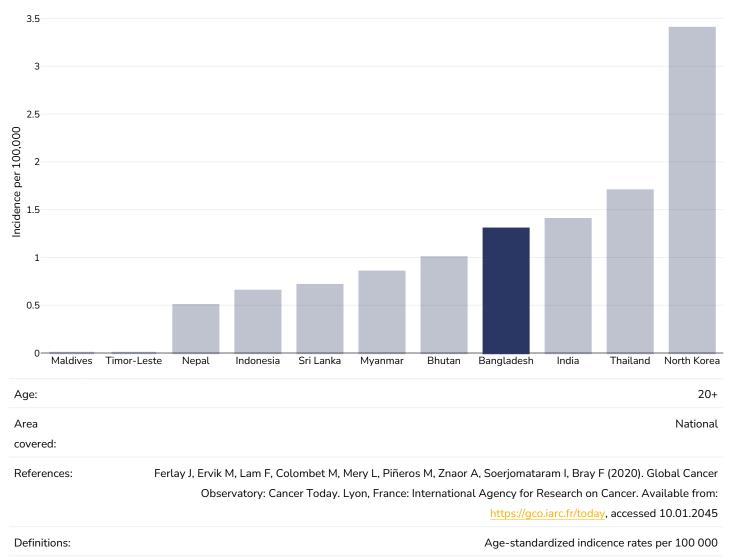




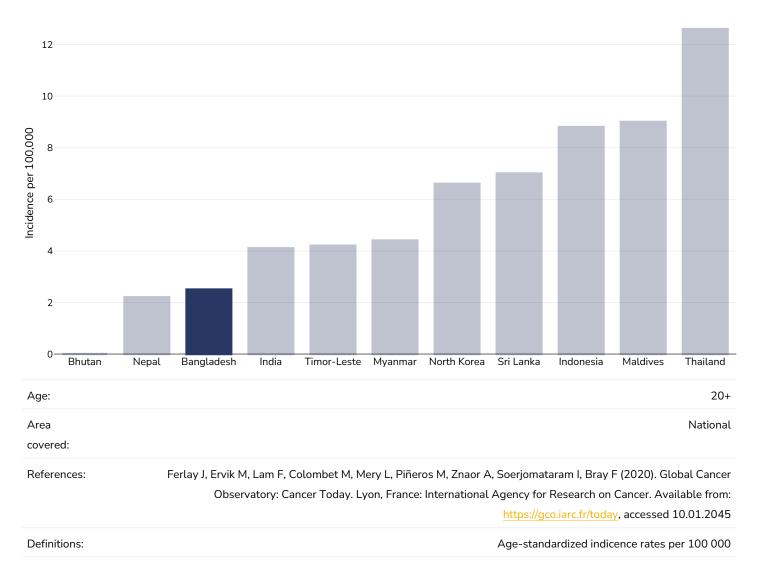


Kidney cancer





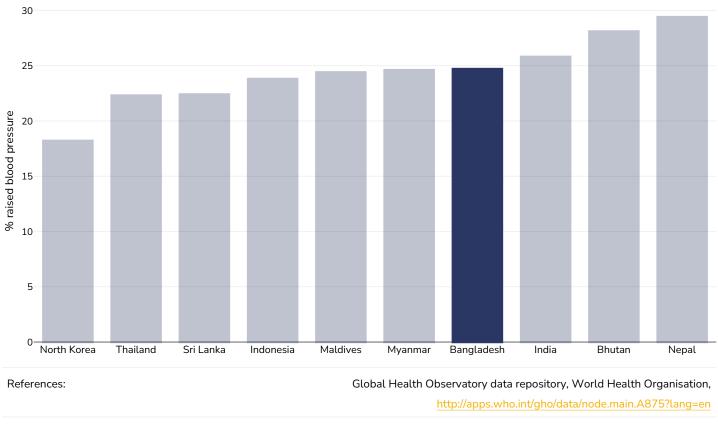
Cancer of the uterus





Raised blood pressure

Adults, 2015

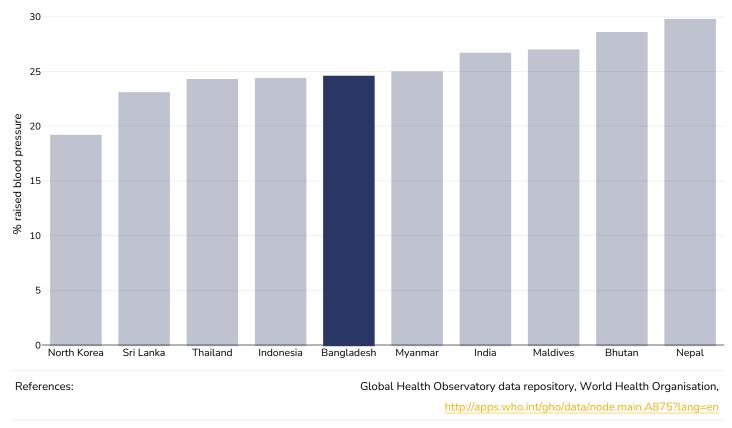


Definitions:

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).



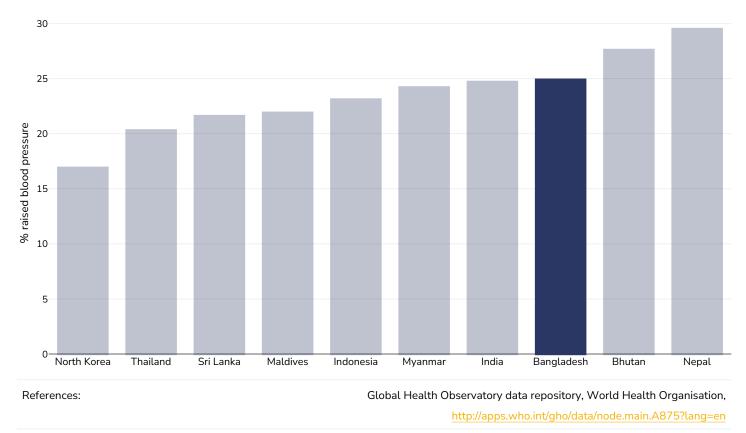
Men, 2015



Definitions:

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).





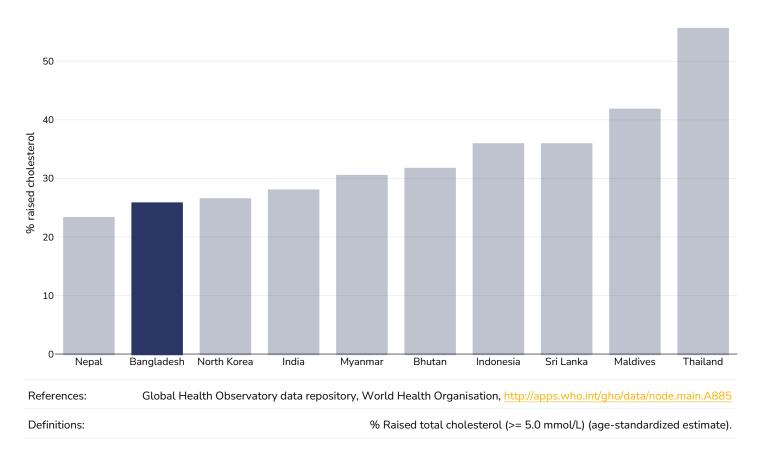
Definitions:

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

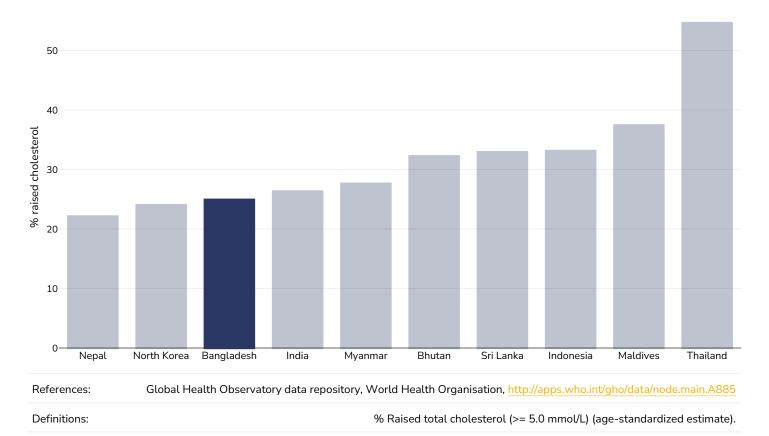


Raised cholesterol

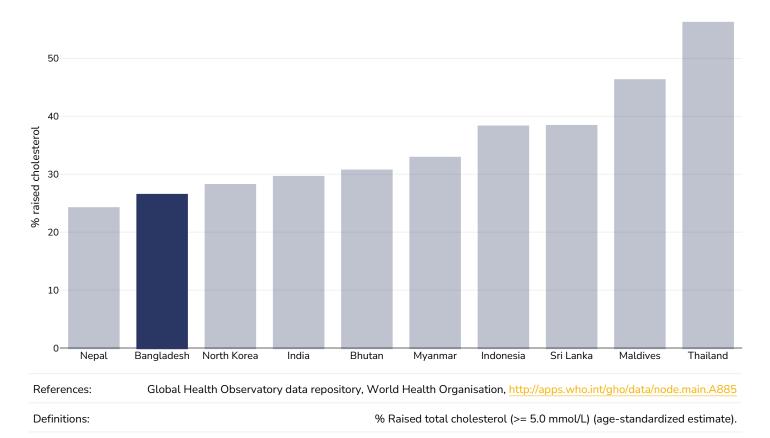
Adults, 2008





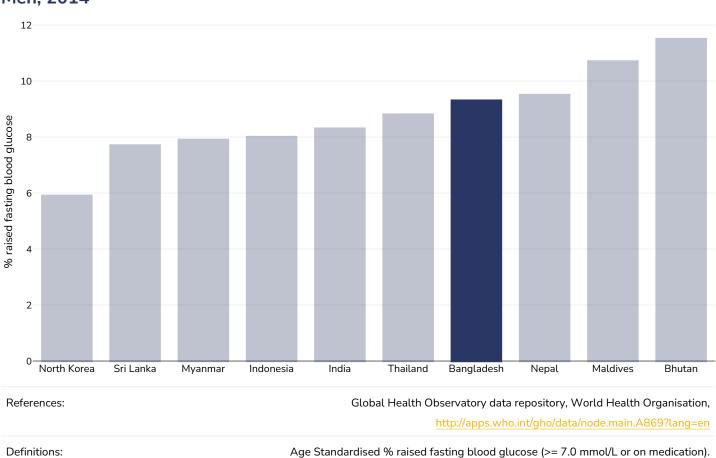






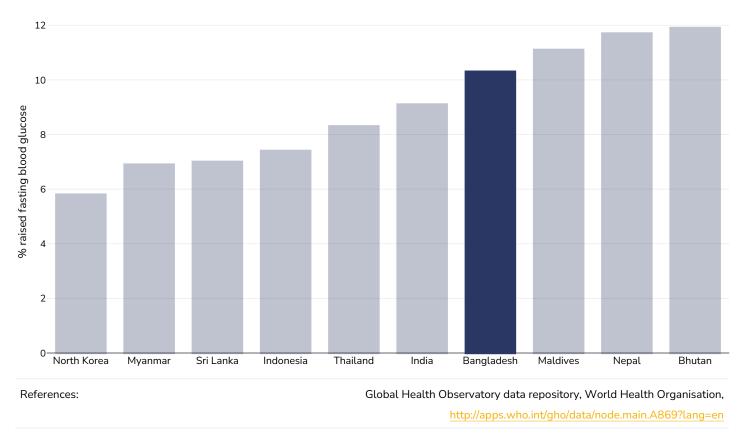


Raised fasting blood glucose



WORLD ØBESITY

Women, 2014



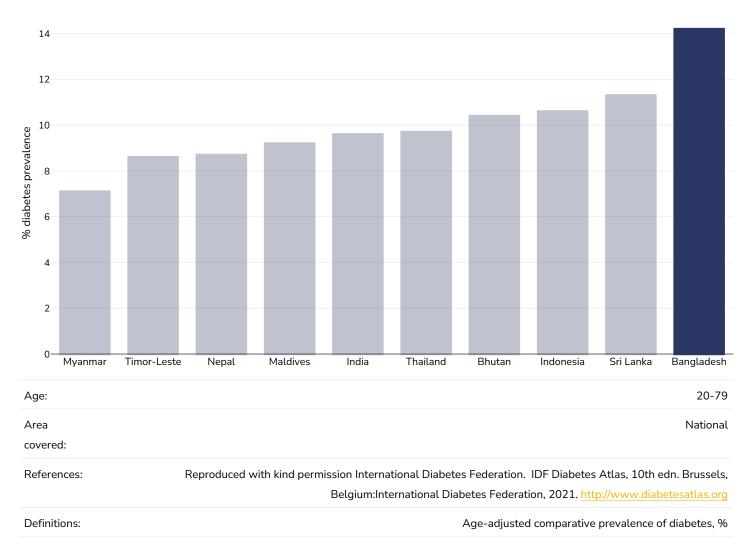
Definitions:

Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).



Diabetes prevalence

Adults, 2021





Contextual factors

Disclaimer: These contextual factors should be interpreted with care. Results are updated as regularly as possible and use very specific criteria. The criteria used and full definitions are available for download at the bottom of this page.



Labelling

Is there mandatory nutrition labelling?	×
Front-of-package labelling?	×
Back-of-pack nutrition declaration?	×
Color coding?	×
Warning label?	×

Regulation and marketing	
Are there fiscal policies on unhealthy products?	X
Tax on unhealthy foods?	X
Tax on unhealthy drinks?	×
Are there fiscal policies on healthy products?	X
Subsidy on fruits?	X
Subsidy on vegetables?	×
Subsidy on other healthy products?	X
Mandatory limit or ban of trans fat (all settings)?	\checkmark
Mandatory limit of trans fats in place (all settings)?	 ✓
Ban on trans-fats or phos in place (all settings)?	×
Are there any mandatory policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	×
Mandatory restriction on broadcast media?	X
Mandatory restriction on non-broadcast media?	×
Voluntary policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	X
Are there mandatory standards for food in schools?	X
Are there any mandatory nutrient limits in any manufactured food products?	X
Nutrition standards for public sector procurement?	X





National obesity strategy or nutrition and physical activity national strategy?	×
National obesity strategy?	×
National childhood obesity strategy?	×
Comprehensive nutrition strategy?	×
Comprehensive physical activity strategy?	×
Evidence-based dietary guidelines and/or RDAs?	\checkmark
National target(s) on reducing obesity?	×
Guidelines/policy on obesity treatment?	×
Promotion of breastfeeding?	X

Monitoring and surveillance

Monitoring of the prevalence and incidence for the main obesity-related NCDs and risk factors?	\checkmark
Within 5 years?	 Image: A start of the start of



Governance and resource



