

Report card Bangladesh

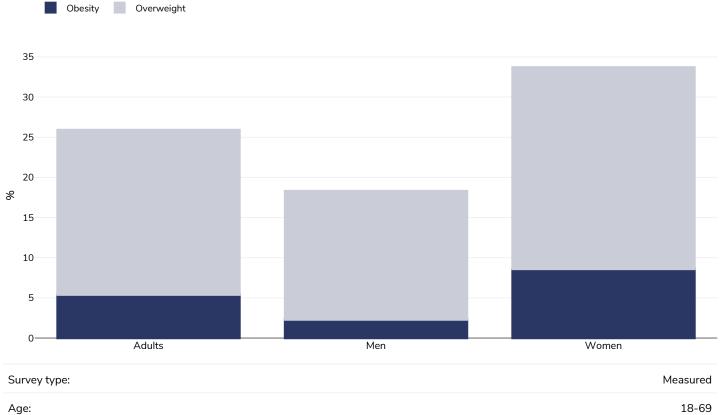


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Obesity prevalence

Adults, 2018



 Age:
 18-69

 Sample size:
 7985

Area covered: National

References:

National STEPS Survey for Non-communicable Diseases Risk Factors in Bangladesh 2018. National Institute of Preventive and Social Medicine (NIPSOM) Mohakhali, Dhaka1212 Available at

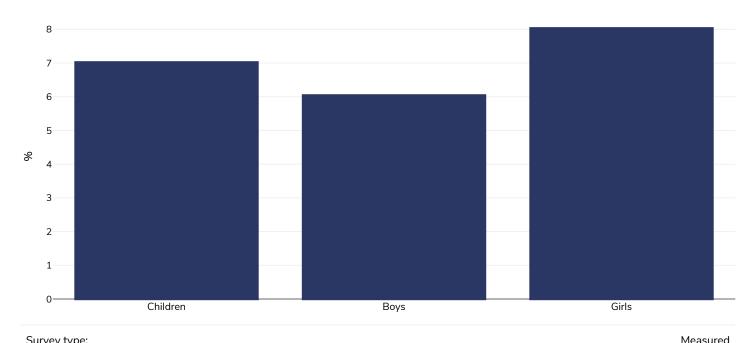
https://extranet.who.int/ncdsmicrodata/index.php/catalog/770 (last accessed 05.10.2020)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



Children, 2018-2019

Overweight or obesity

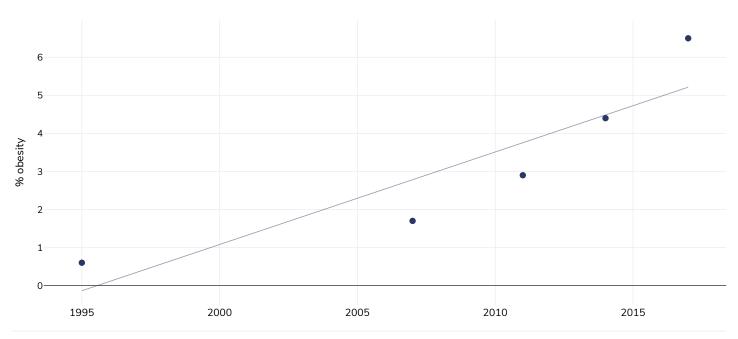


Survey type:	Measured
Age:	10-19
Sample size:	9772
Area covered:	National
References:	Urmy, N.J., Hossain, M.M., Shamim, A.A., Khan, M.S.A., Hanif, A.A.M., Hasan, M., Akter, F., Mitra, D.K., Hossaine, M., Ullah, M.A. and Sarker, S.K., 2020. Noncommunicable Disease Risk Factors Among Adolescent Boys and Girls in Bangladesh: Evidence From a National Survey. Osong Public Health and Research Perspectives, 11(6), pp.351-364.
Notes:	4,907 boys and 4,865 girls NB. Combined child data estimated. These estimates were calculated by weighting male and female survey results. Weighting based on World Bank Population % total female 2019 (https://data.worldbank.org/indicator/SP.POP.TOTL.FE.ZS - accessed 21.10.20)'
Cutoffs:	WHO



% Adults living with obesity, 1995-2018

Obesity, Women



Survey type: Measured

References:

For full details of references visit https://data.worldobesity.org/

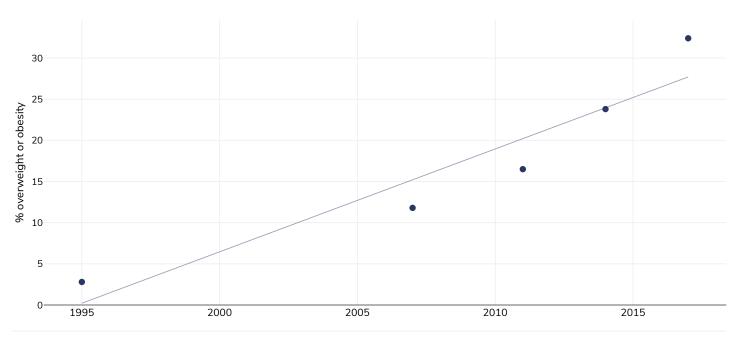
Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.



% Adults living with overweight or obesity, 1995-2018

Overweight or obesity, Women



Survey type: Measured

References:

For full details of references visit https://data.worldobesity.org/

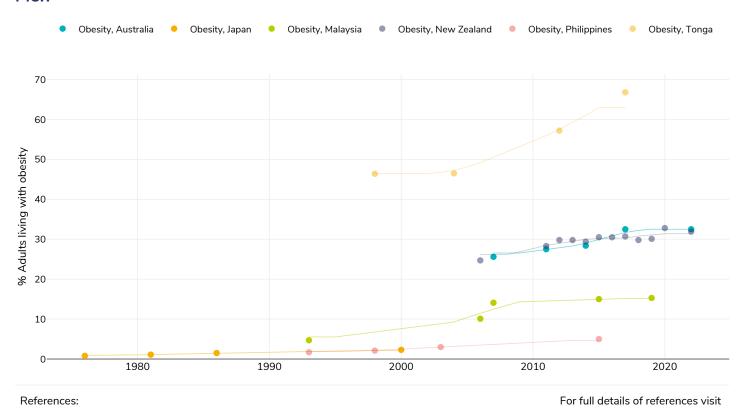
Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.



% Adults living with obesity, selected countries, 1976-2023

Men

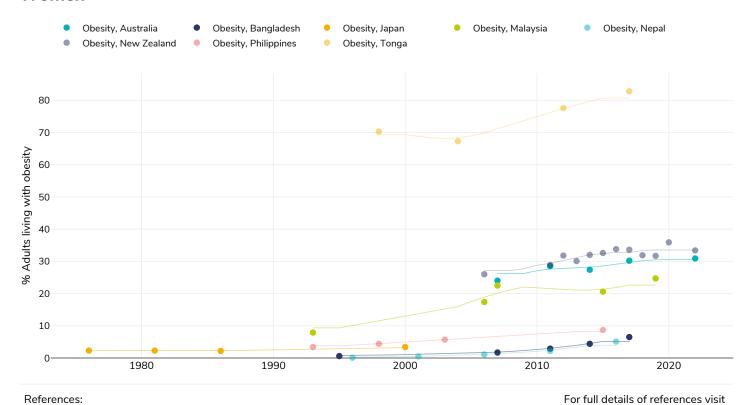


Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

https://data.worldobesity.org/



Women



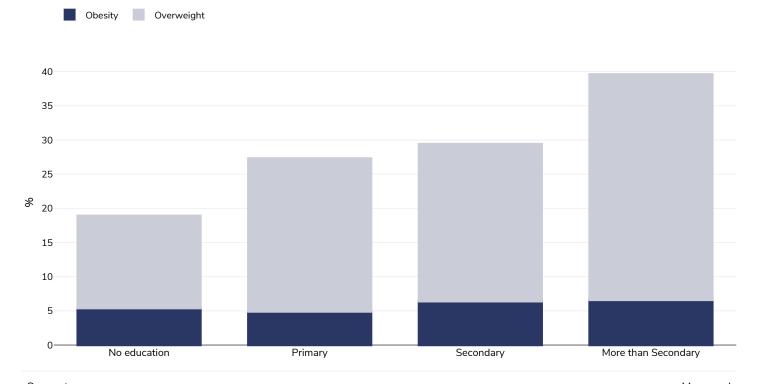
Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.

https://data.worldobesity.org/



Overweight/obesity by education

Adults, 2018



Survey type: Measured
Age: 18-69
Sample size: 7985
Area covered: National

References: National STEPS Survey for Non-communicable Diseases Risk Factors in Bangladesh 2018. National Institute of Preventive and Social Medicine (NIPSOM) Mohakhali, Dhaka1212 Available at

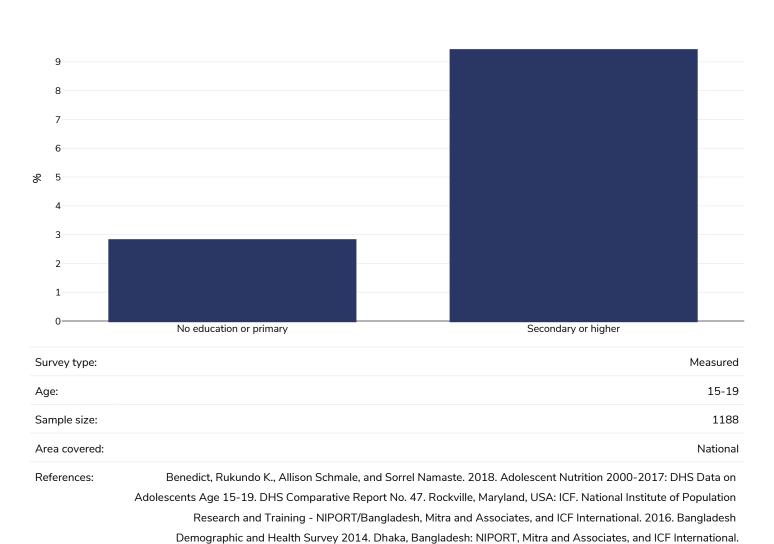
https://extranet.who.int/ncdsmicrodata/index.php/catalog/770 (last accessed 05.10.20)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



Girls, 2014

Overweight or obesity



Definitions:

BMI for age: between +1 SD and +2 SD is overweight and greater than +2 SD is obesity

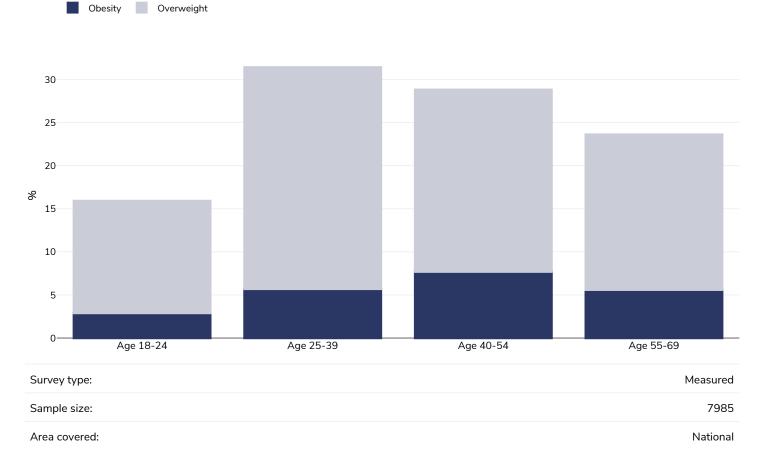
Cutoffs: WHO 2007



Overweight/obesity by age

Adults, 2018

References:



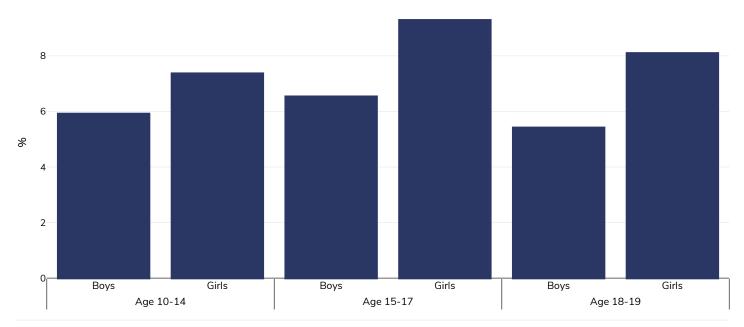
National STEPS Survey for Non-communicable Diseases Risk Factors in Bangladesh 2018. National Institute of Preventive and Social Medicine (NIPSOM) Mohakhali, Dhaka1212 Available at https://extranet.who.int/ncdsmicrodata/index.php/catalog/770 (last accessed 05.10.200)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



Children, 2018-2019

Overweight or obesity



Survey type: Measured

Sample size: 9772

Area covered: National

References:

Urmy, N.J., Hossain, M.M., Shamim, A.A., Khan, M.S.A., Hanif, A.A.M., Hasan, M., Akter, F., Mitra, D.K., Hossaine, M., Ullah, M.A. and Sarker, S.K., 2020. Noncommunicable Disease Risk Factors Among Adolescent Boys and Girls in Bangladesh: Evidence From a National Survey. Osong Public Health and Research Perspectives, 11(6), pp.351-364.

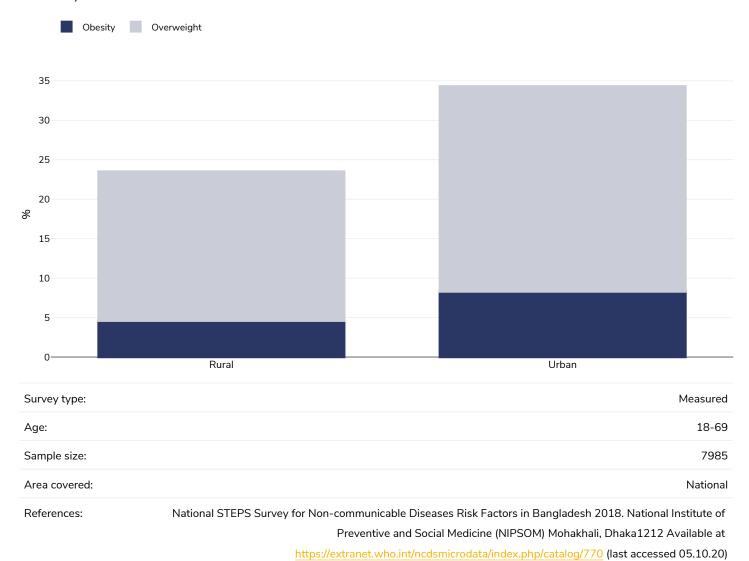
Notes: 4,907 boys and 4,865 girls

Cutoffs: WHO



Overweight/obesity by region

Adults, 2018



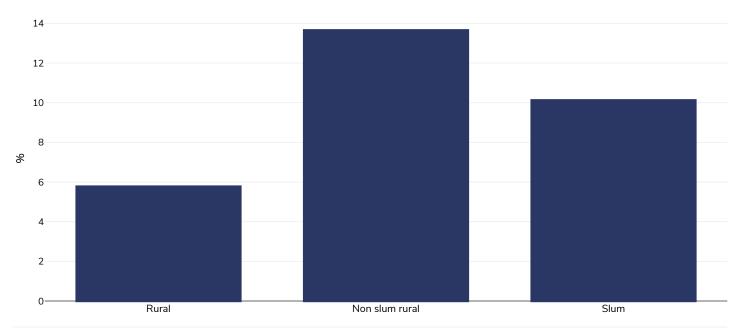
Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



Boys, 2018-2019

Notes:





Survey type:	Measured
Age:	10-19
Sample size:	9772

Area covered: National

References: Urmy, N.J., Hossain, M.M., Shamim, A.A., Khan, M.S.A., Hanif, A.A.M., Hasan, M., Akter, F., Mitra, D.K., Hossaine, M., Ullah, M.A. and Sarker, S.K., 2020. Noncommunicable Disease Risk Factors Among Adolescent Boys and Girls in Bangladesh:

4,907 boys and 4,865 girls

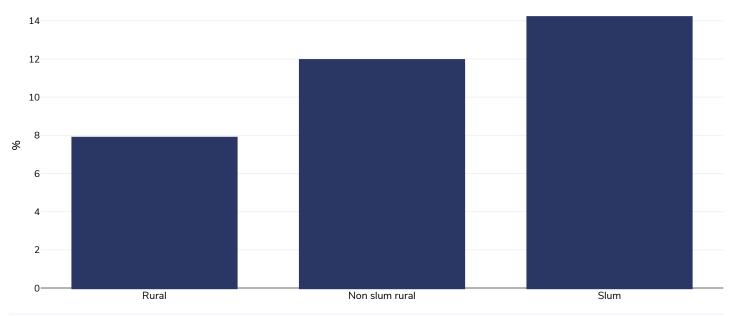
Evidence From a National Survey. Osong Public Health and Research Perspectives, 11(6), pp.351-364.

Cutoffs: WHO



Girls, 2018-2019

Overweight or obesity



Survey type:	Measured
Age:	10-19
Sample size:	9772
Area covered:	National
References:	Urmy, N.J., Hossain, M.M., Shamim, A.A., Khan, M.S.A., Hanif, A.A.M., Hasan, M., Akter, F., Mitra, D.K., Hossaine, M., Ullah,

References: Urmy, N.J., Hossain, M.M., Shamim, A.A., Khan, M.S.A., Hanif, A.A.M., Hasan, M., Akter, F., Mitra, D.K., Hossaine, M., Ullah, M.A. and Sarker, S.K., 2020. Noncommunicable Disease Risk Factors Among Adolescent Boys and Girls in Bangladesh:

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Notes: 4,907 boys and 4,865 girls

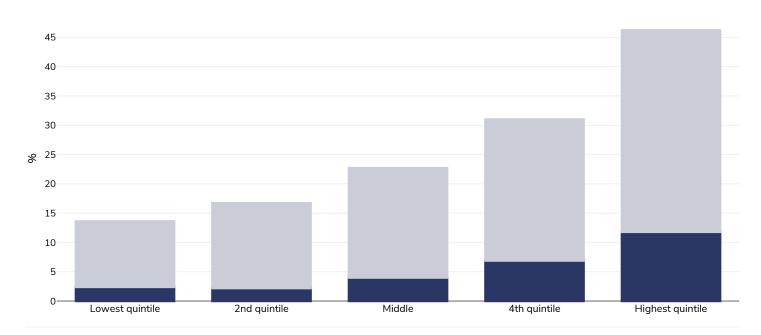
Cutoffs: WHO



Overweight/obesity by socio-economic group

Adults, 2018





Survey type:	Measured
Age:	18-69
Sample size:	7985
Area covered:	National

References:

National STEPS Survey for Non-communicable Diseases Risk Factors in Bangladesh 2018. National Institute of Preventive and Social Medicine (NIPSOM) Mohakhali, Dhaka1212 Available at

 $\underline{\text{https://extranet.who.int/ncdsmicrodata/index.php/catalog/770}} \text{ (last accessed 05.10.20)}$

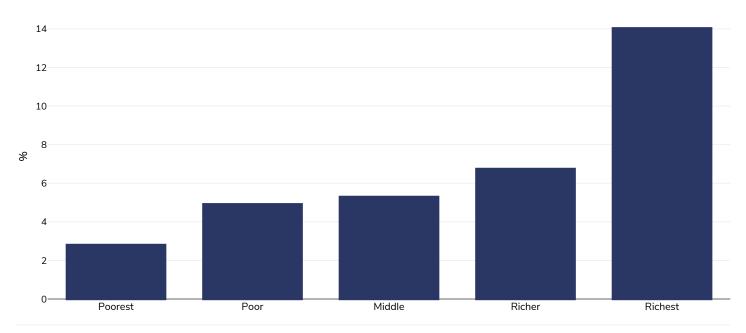
Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



Boys, 2018-2019

Notes:





Survey type:	Measured
Age:	10-19
Sample size:	9772
Area covered:	National
References:	Urmy, N.J., Hossain, M.M., Shamim, A.A., Khan, M.S.A., Hanif, A.A.M., Hasan, M., Akter, F., Mitra, D.K., Hossaine, M., Ullah,

Urmy, N.J., Hossain, M.M., Shamim, A.A., Khan, M.S.A., Hanif, A.A.M., Hasan, M., Akter, F., Mitra, D.K., Hossaine, M., Ullah, M.A. and Sarker, S.K., 2020. Noncommunicable Disease Risk Factors Among Adolescent Boys and Girls in Bangladesh:

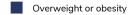
Evidence From a National Survey. Osong Public Health and Research Perspectives, 11(6), pp.351-364.

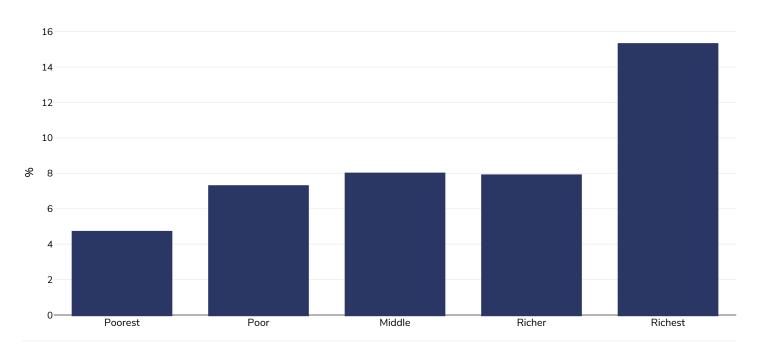
4,907 boys and 4,865 girls

Cutoffs: WHO



Girls, 2018-2019





Survey type:	Measured
Age:	10-19
Sample size:	9772
Area covered:	National

References: Urmy, N.J., Hossain, M.M., Shamim, A.A., Khan, M.S.A., Hanif, A.A.M., Hasan, M., Akter, F., Mitra, D.K., Hossaine, M., Ullah,

M.A. and Sarker, S.K., 2020. Noncommunicable Disease Risk Factors Among Adolescent Boys and Girls in Bangladesh:

Evidence From a National Survey. Osong Public Health and Research Perspectives, 11(6), pp.351-364.

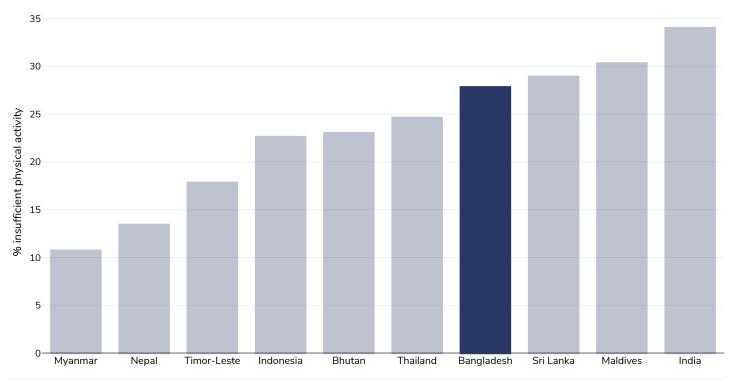
Notes: 4,907 boys and 4,865 girls

Cutoffs: WHO



Insufficient physical activity

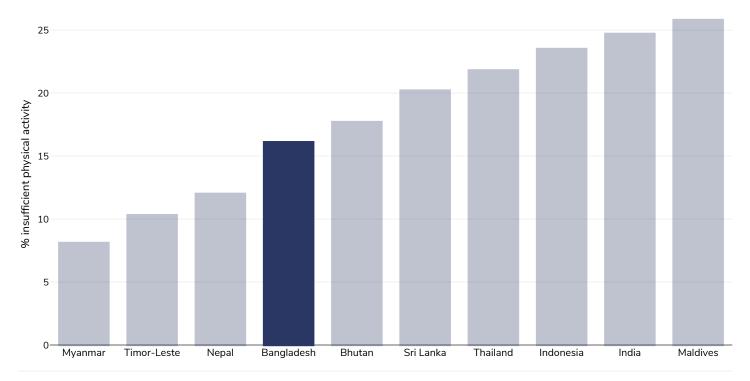
Adults, 2016



References: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 http://dx.doi.org/10.1016/S2214-109X(18)30357-7



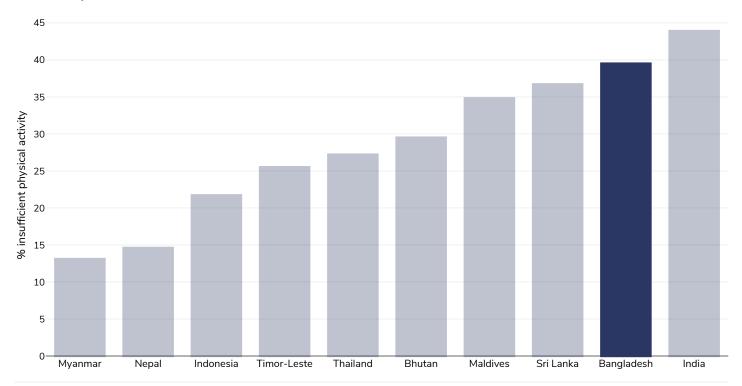
Men, 2016



References: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 http://dx.doi.org/10.1016/S2214-109X (18)30357-7



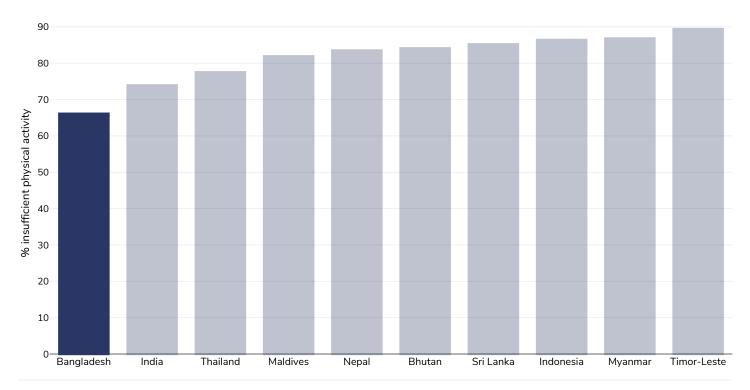
Women, 2016



References: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 http://dx.doi.org/10.1016/S2214-109X(18)30357-7



Children, 2016



Survey type: Self-reported

Age: 11-17

References: Global Health Observatory data repository, World Health Organisation,

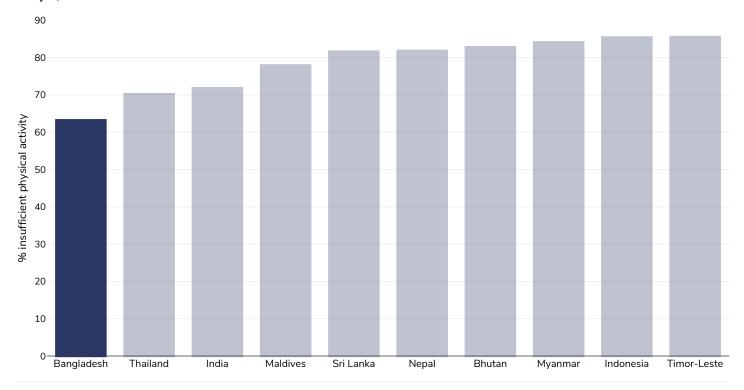
https://apps.who.int/gho/data/node.main.A893ADO?lang=en (last accessed 16.03.21)

Notes: % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definitions: % Adolescents insufficiently active (age standardised estimate)



Boys, 2016



Survey type: Self-reported

Age: 11-17

References: Global Health Observatory data repository, World Health Organisation,

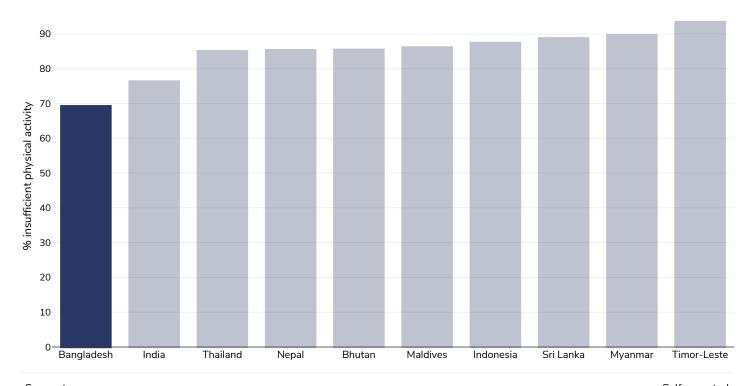
https://apps.who.int/gho/data/node.main.A893ADO?lang=en (last accessed 16.03.21)

Notes: % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definitions: % Adolescents insufficiently active (age standardised estimate)



Girls, 2016



Survey type: Self-reported

Age: 11-17

References: Global Health Observatory data repository, World Health Organisation,

https://apps.who.int/gho/data/node.main.A893ADO?lang=en (last accessed 16.03.21)

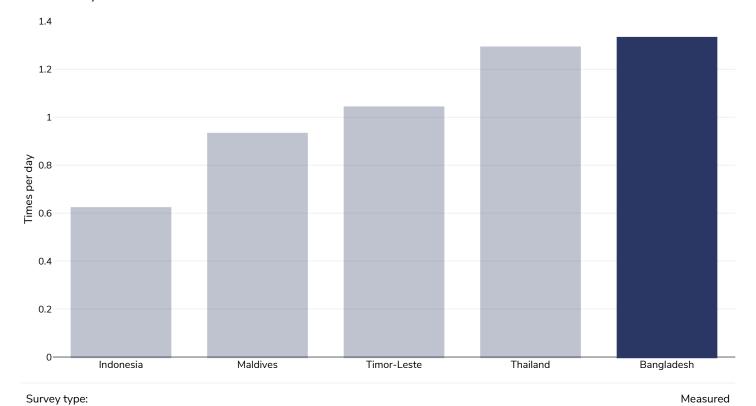
Notes: % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definitions: % Adolescents insufficiently active (age standardised estimate)



Average daily frequency of carbonated soft drink consumption

Children, 2014-2015



Age: 12-17

References:

Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. https://doi.org/10.1177/0379572119848287 sourced from Food Systems Dashboard

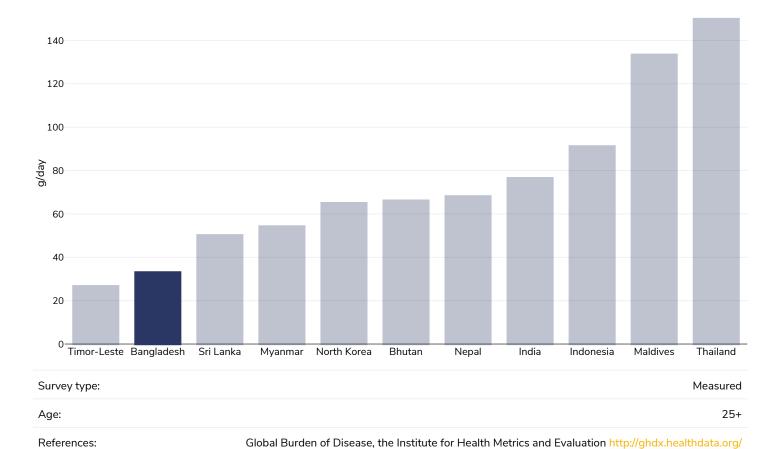
http://www.foodsystemsdashboard.org/food-system



Estimated per capita fruit intake

Adults, 2017

Definitions:

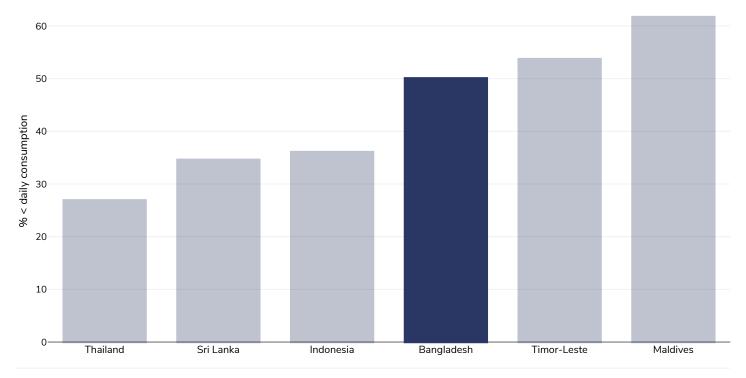


Estimated per-capita fruit intake (g/day)



Prevalence of less than daily fruit consumption

Children, 2008-2015



Survey type: Measured

Age: 12-17

References:

Global School-based Student Health Surveys. Beal et al (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. https://doi.org/10.1177/0379572119848287. Sourced from Food Systems Dashboard

http://www.foodsystemsdashboard.org/food-system

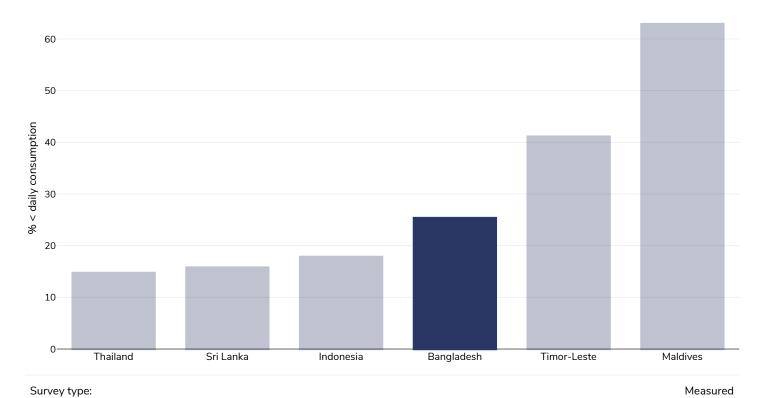
Definitions:

 $\label{prevalence} Prevalence\ of\ less-than-daily\ fruit\ consumption\ (\%\ less-than-daily\ fruit\ consumption)$



Prevalence of less than daily vegetable consumption

Children, 2008-2015



1,000,000

Age: 12-17

References: Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin.

https://doi.org/10.1177/0379572119848287 sourced from Food Systems Dashboard

 $\underline{\text{http://www.foodsystemsdashboard.org/food-system}}$

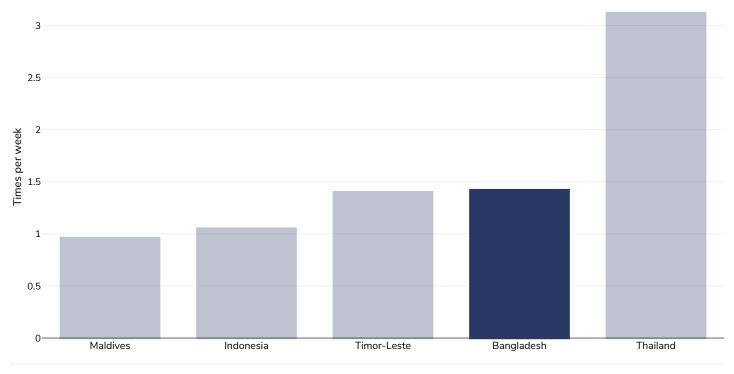
Definitions:

Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)



Average weekly frequency of fast food consumption

Children, 2014-2015



Age: 12-17

References:

Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin.

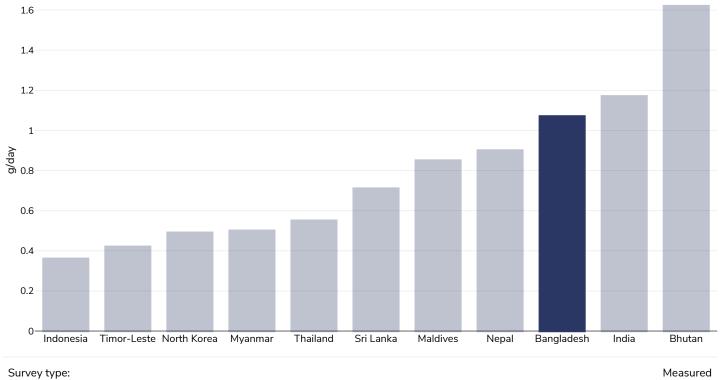
https://doi.org/10.1177/0379572119848287 sourced from Food Systems Dashboard

 $\underline{\text{http://www.foodsystemsdashboard.org/food-system}}$



Estimated per-capita processed meat intake

Adults, 2017



Age:

References:

Global Burden of Disease, the Institute for Health Metrics and Evaluation http://ghdx.healthdata.org/

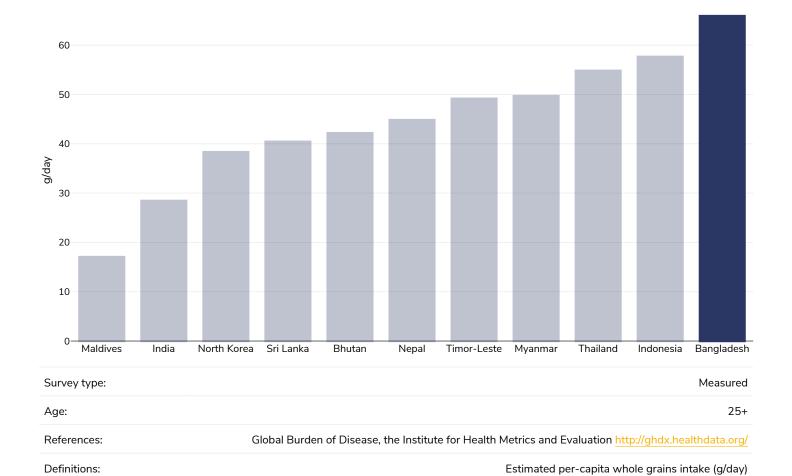
Definitions:

Estimated per-capita processed meat intake (g per day)



Estimated per capita whole grains intake

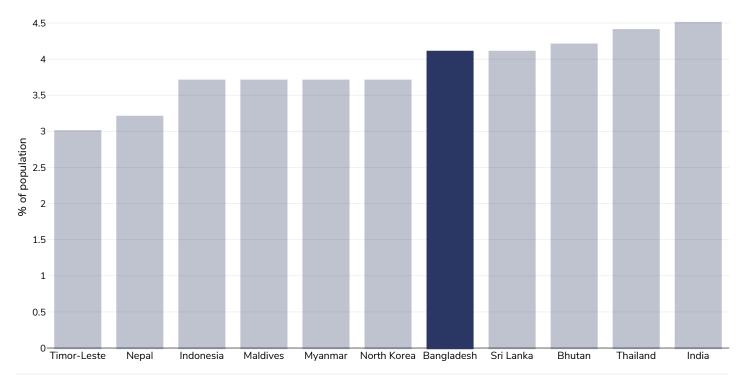
Adults, 2017





Mental health - depression disorders

Adults, 2015



References:

Prevalence data from Global Burden of Disease study 2015 (http://ghdx.healthdata.org) published in: Depression and Other Common Mental Disorders: Global Health Estimates. Geneva: World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO.

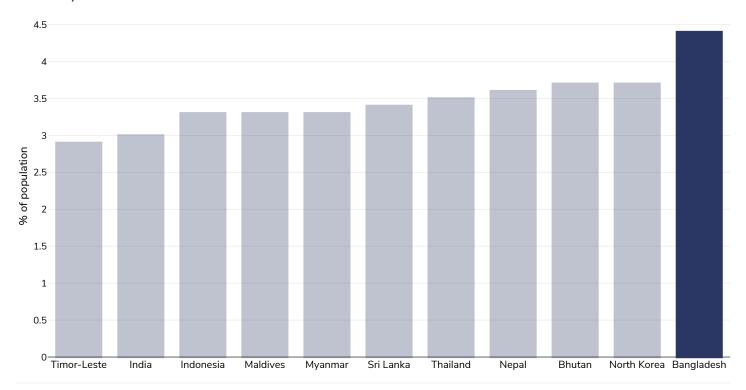
Definitions:

% of population with depression disorders



Mental health - anxiety disorders

Adults, 2015



References:

Prevalence data from Global Burden of Disease study 2015 (http://ghdx.healthdata.org) published in: Depression and Other Common Mental Disorders: Global Health Estimates. Geneva: World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO.

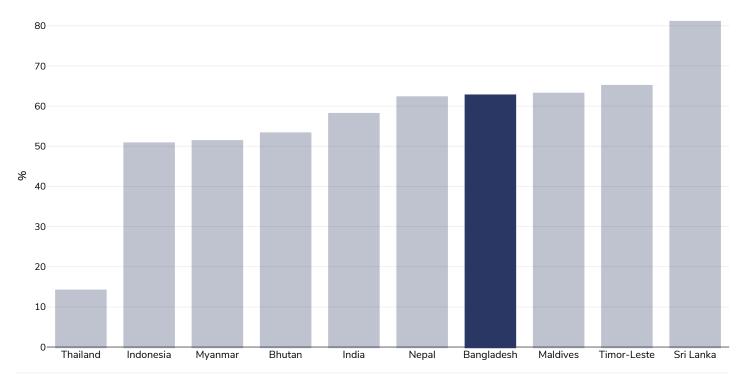
Definitions:

% of population with anxiety disorders



% Infants exclusively breastfed 0-5 months

Children, 2015-2020



Area covered: National

References:

Bangladesh Multiple Indicator Cluster Survey 2019, Survey Findings Report. Dhaka, Bangladesh: Bangladesh Bureau of Statistics (BBS)

Notes:

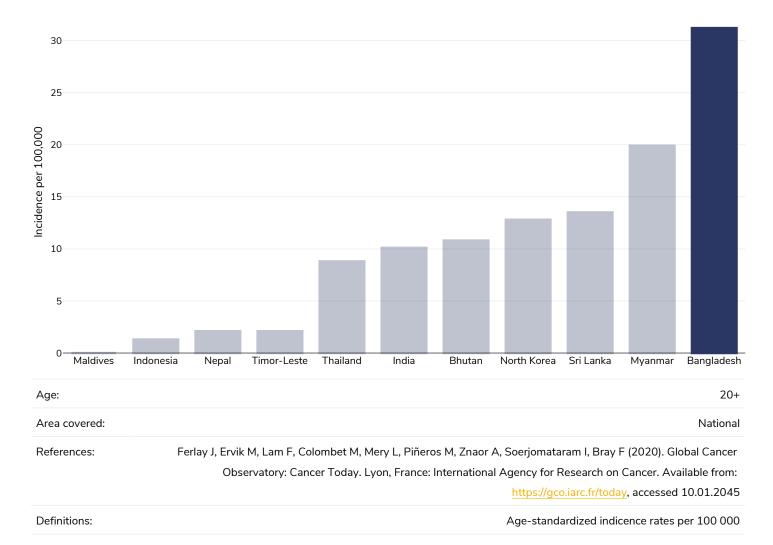
See UNICEF website for further survey information. Available at: https://data.unicef.org/resources/dataset/infant-young-child-feeding/ (last accessed 28.9.21) Citation: United Nations Children's Fund, Division of Data, Analysis, Planning and Monitoring (2021). Global UNICEF Global Databases: Infant and Young Child Feeding: Exclusive breastfeeding, New York, September 2021.

Definitions: % exclusively breastfed 0-5 months



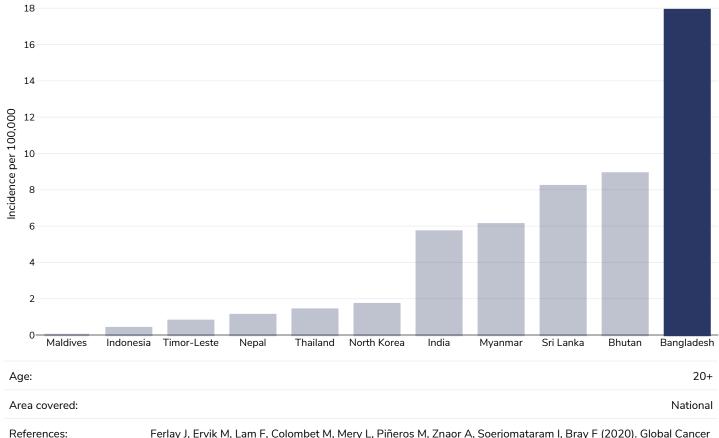
Oesophageal cancer

Men, 2020





Women, 2020



Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer

Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

https://gco.iarc.fr/today, accessed 10.01.2045

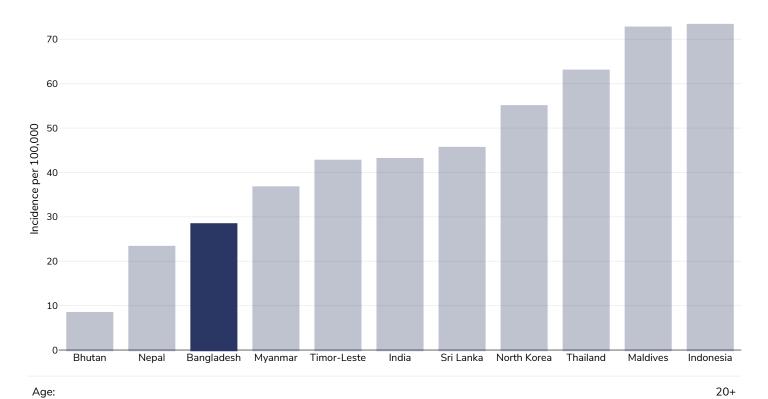
Definitions:

Age-standardized indicence rates per 100 000



Breast cancer

Women, 2020



References:

Area covered:

Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

https://gco.iarc.fr/today, accessed 10.01.2045

National

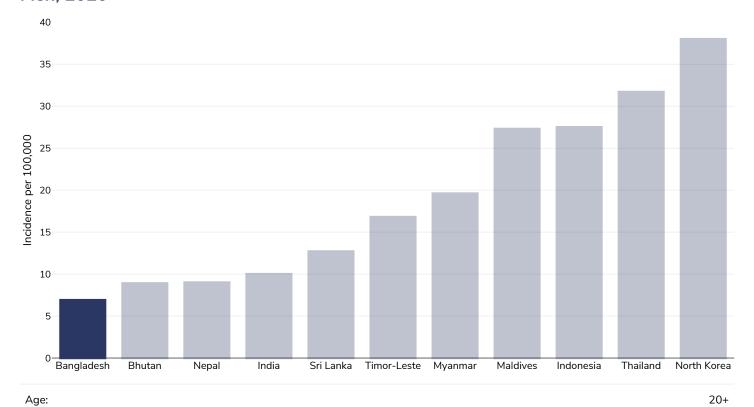
Definitions:

Age-standardized indicence rates per 100 000



Colorectal cancer

Men, 2020



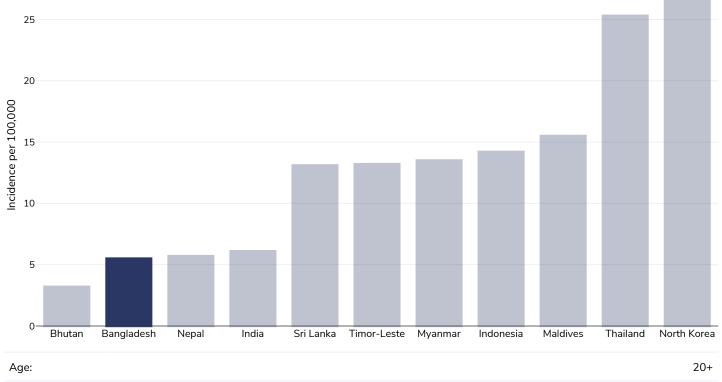
Area covered: National

References: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

https://gco.iarc.fr/today, accessed 10.01.2045

Definitions: Age-standardized indicence rates per 100 000





Area covered: National

References:

Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

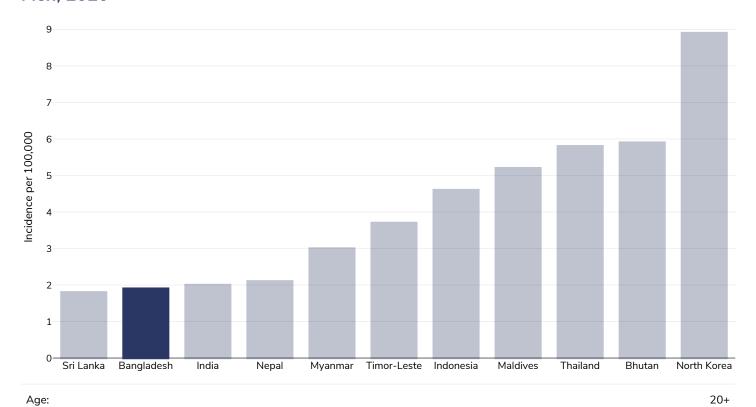
https://gco.iarc.fr/today, accessed 10.01.2045

Definitions:



Pancreatic cancer

Men, 2020



Area covered: National

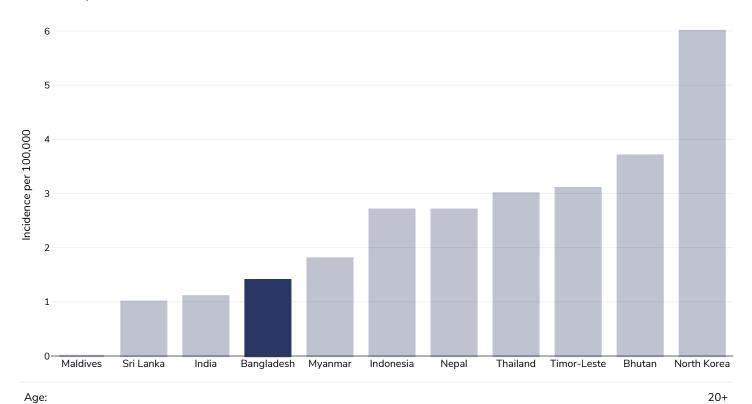
References:

Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

https://gco.iarc.fr/today, accessed 10.01.2045

Definitions:





Area covered: National

References:

Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

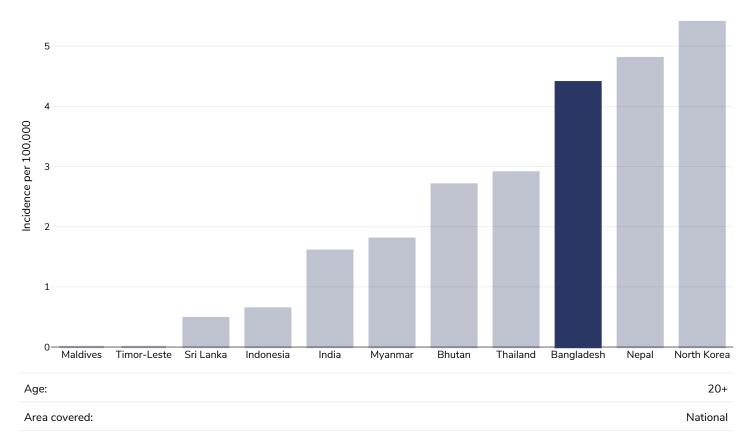
https://gco.iarc.fr/today, accessed 10.01.2045

Definitions:



Gallbladder cancer

Men, 2020



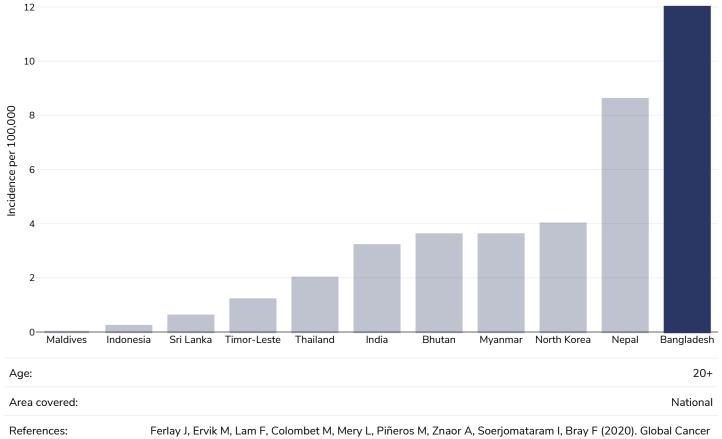
References:

Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

https://gco.iarc.fr/today, accessed 10.01.2045

Definitions:





Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer

Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

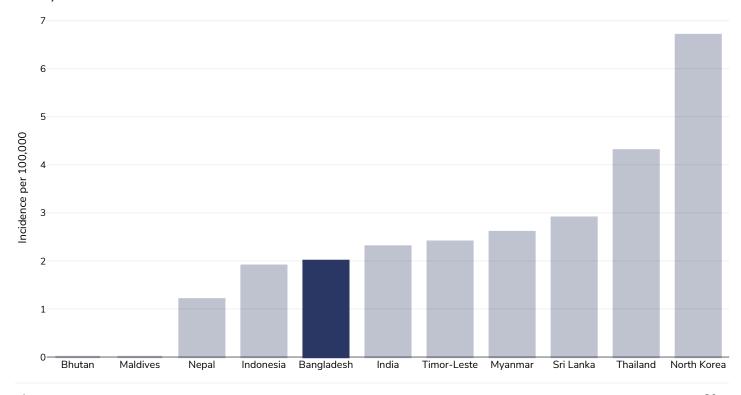
https://gco.iarc.fr/today, accessed 10.01.2045

Definitions: Age-standardized indicence rates per 100 000



Kidney cancer

Men, 2020



Age: 20+

Area covered: National

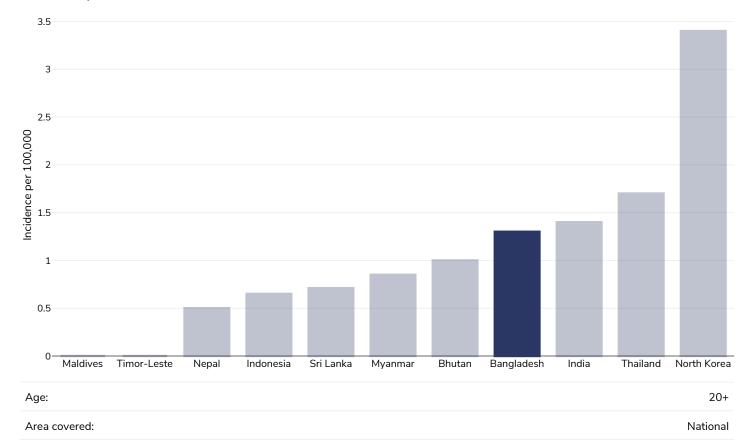
References: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer

Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

https://gco.iarc.fr/today, accessed 10.01.2045

Definitions: Age-standardized indicence rates per 100 000





References:

Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

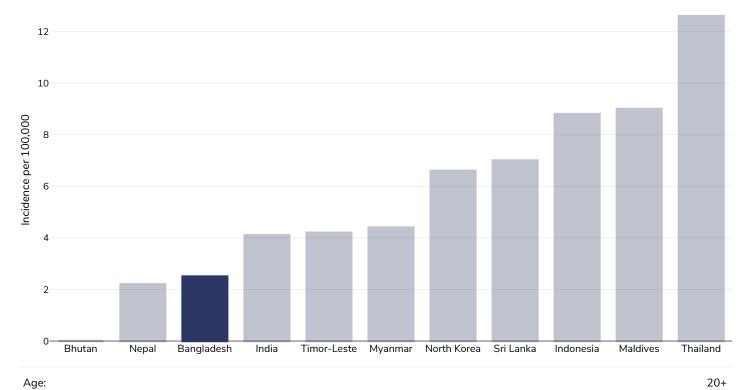
https://gco.iarc.fr/today, accessed 10.01.2045

Definitions:



Cancer of the uterus

Women, 2020



20.

Area covered: References:

Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

https://gco.iarc.fr/today, accessed 10.01.2045

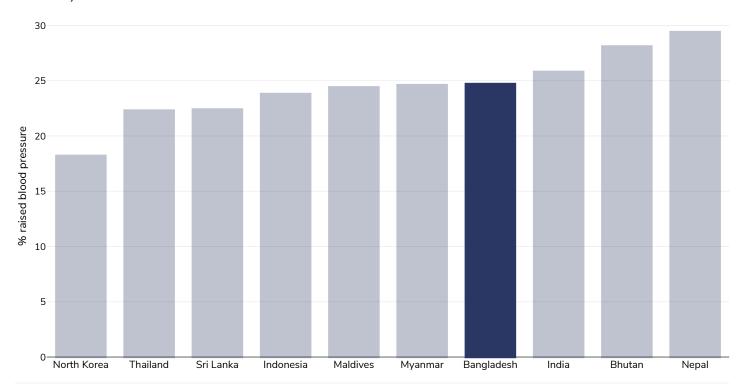
National

Definitions:



Raised blood pressure

Adults, 2015



References:

Global Health Observatory data repository, World Health Organisation,

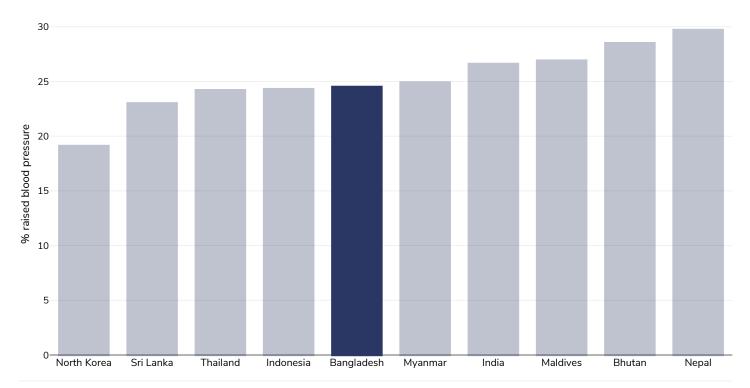
http://apps.who.int/gho/data/node.main.A875?lang=en

Definitions:

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).



Men, 2015



References:

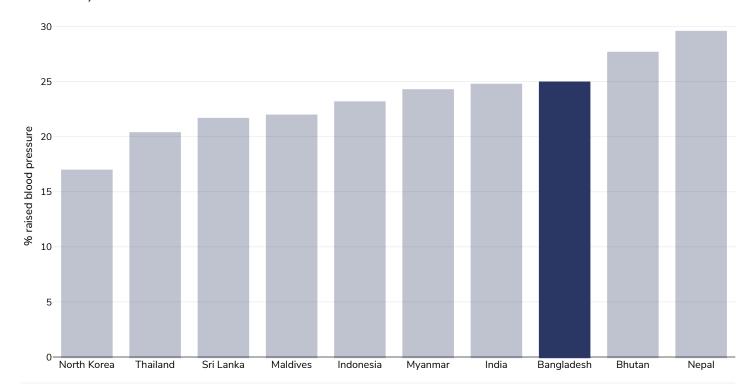
Global Health Observatory data repository, World Health Organisation,

http://apps.who.int/gho/data/node.main.A875?lang=en

Definitions:

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).





References:

Global Health Observatory data repository, World Health Organisation,

http://apps.who.int/gho/data/node.main.A875?lang=en

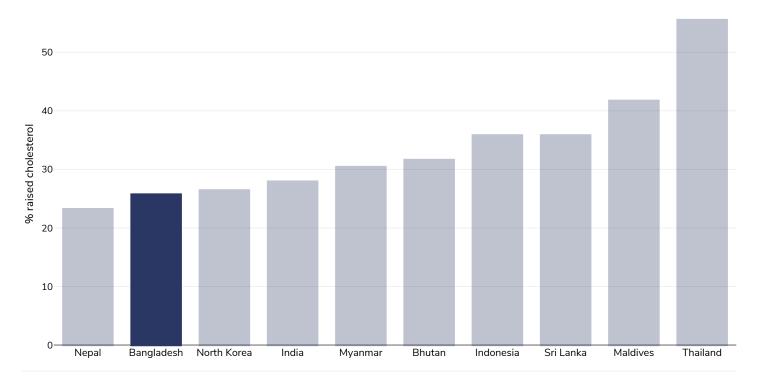
Definitions:

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).



Raised cholesterol

Adults, 2008



References:

Global Health Observatory data repository, World Health Organisation,

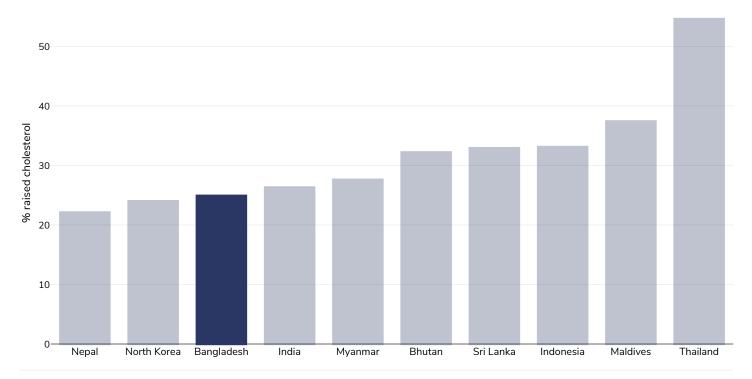
http://apps.who.int/gho/data/node.main.A885

Definitions:

% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).



Men, 2008



References:

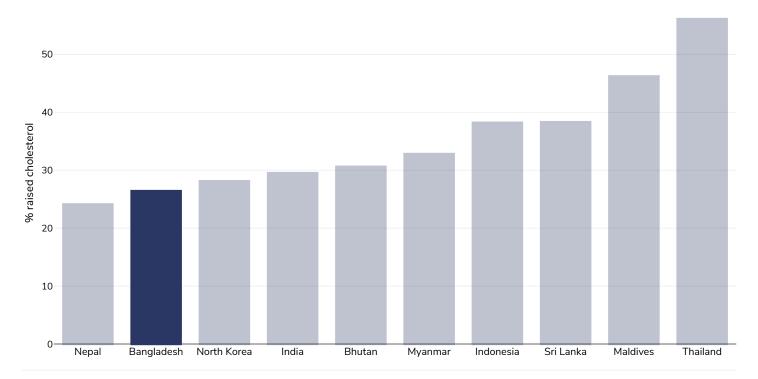
Global Health Observatory data repository, World Health Organisation,

http://apps.who.int/gho/data/node.main.A885

Definitions:

% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).





References:

Global Health Observatory data repository, World Health Organisation,

http://apps.who.int/gho/data/node.main.A885

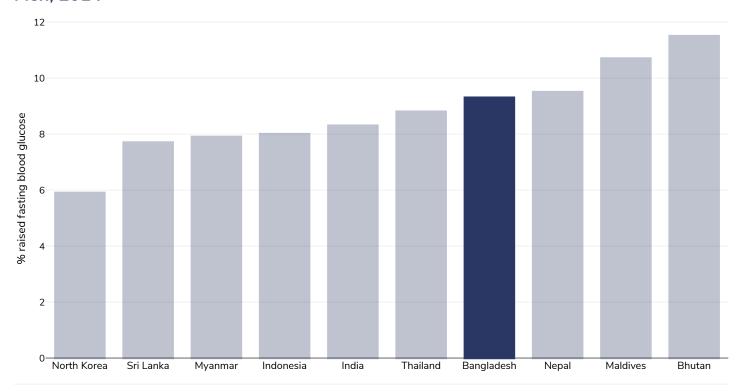
Definitions:

% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).



Raised fasting blood glucose

Men, 2014



References:

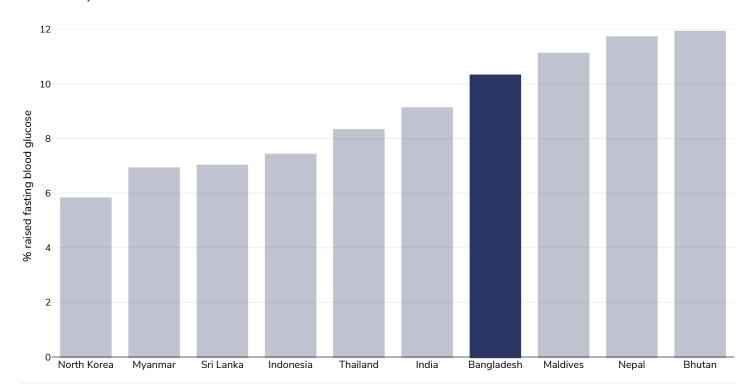
Global Health Observatory data repository, World Health Organisation,

http://apps.who.int/gho/data/node.main.A869?lang=en

Definitions:

Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).





References:

Global Health Observatory data repository, World Health Organisation,

http://apps.who.int/gho/data/node.main.A869?lang=en

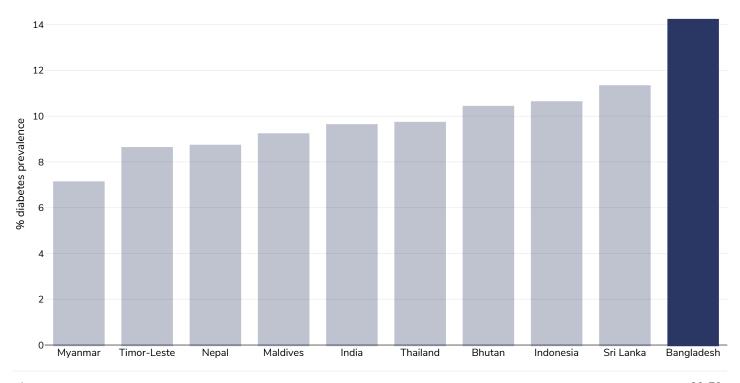
Definitions:

Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).



Diabetes prevalence

Adults, 2021



Age: 20-79

Area covered: National

References: Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 10th edn. Brussels,

Belgium:International Diabetes Federation, 2021. http://www.diabetesatlas.org

Definitions: Age-adjusted comparative prevalence of diabetes, %



Contextual factors

Disclaimer: These contextual factors should be interpreted with care. Results are updated as regularly as possible and use very specific criteria. The criteria used and full definitions are available for download at the bottom of this page.



Labelling

Is there mandatory nutrition labelling?	×
Front-of-package labelling?	×
Back-of-pack nutrition declaration?	×
Color coding?	×
Warning label?	×





Regulation and marketing

Are there fiscal policies on unhealthy products?	X
Tax on unhealthy foods?	X
Tax on unhealthy drinks?	×
Are there fiscal policies on healthy products?	X
Subsidy on fruits?	×
Subsidy on vegetables?	X
Subsidy on other healthy products?	×
Mandatory limit or ban of trans fat (all settings)?	✓
Mandatory limit of trans fats in place (all settings)?	~
Ban on trans-fats or phos in place (all settings)?	X
Are there any mandatory policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	X
Mandatory restriction on broadcast media?	X
Mandatory restriction on non-broadcast media?	X
Voluntary policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	×
Are there mandatory standards for food in schools?	X
Are there any mandatory nutrient limits in any manufactured food products?	X
Nutrition standards for public sector procurement?	X





Political will and support

National obesity strategy or nutrition and physical activity national strategy?	X
National obesity strategy?	X
National childhood obesity strategy?	X
Comprehensive nutrition strategy?	X
Comprehensive physical activity strategy?	X
Evidence-based dietary guidelines and/or RDAs?	~
National target(s) on reducing obesity?	×
Guidelines/policy on obesity treatment?	×
Promotion of breastfeeding?	×
Monitoring and surveillance	
Monitoring of the prevalence and incidence for the main obesity-related NCDs and risk factors?	~
Within 5 years?	~
Governance and resource	
Multi-sectoral national co-ordination mechanism for obesity or nutrition (including obesity)?	~
Key	
Present Present (voluntary) Incoming Absent Unknown	

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