# Report card

## Bahrain

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Obesity prevalence

Adults, 2018

Survey type: Measured
Age: 18+
Sample size: 2948
Area covered: National


Notes: Excludes pregnant women and women who are less than two months postpartum.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².
Children, 2016

Survey type: Self-reported
Age: 13-17
Sample size: 7141
Area covered: National
References: Global School-based Student Health Survey (GSHS), available at https://www.who.int/ncds/surveillance/gshs/gshs_fs_bahrain_2016.pdf?ua=1 (last accessed at 25.11.20)
Notes: WHO cutoffs.
Cutoffs: WHO
Overweight/obesity by education

Adults, 2018

Survey type: Measured
Age: 18+
Sample size: 2948
Area covered: National

Notes: Excludes pregnant women and women who are less than two months postpartum.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².
Overweight/obesity by age

Adults, 2018

Survey type: Measured
Sample size: 2948
Area covered: National

Notes: Excludes pregnant women and women who are less than two months postpartum.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².
### Survey Details

- **Survey type:** Measured
- **Sample size:** 2146
- **Area covered:** National

### References


### Notes

- IOTF cut-offs used.

### Cutoffs

- IOTF
Overweight/obesity by socio-economic group

Adults, 2018

Survey type: Measured
Age: 18+
Sample size: 2948
Area covered: National
Notes: Excludes pregnant women and women who are less than two months postpartum.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².
Estimated per-capita fruit intake

Adults, 2017

Survey type: Measured
Age: 25+
Definitions: Estimated per-capita fruit intake (g/day)
Estimated per-capita processed meat intake

Adults, 2017

Survey type: Measured
Age: 25+
References: Global Burden of Disease, the Institute for Health Metrics and Evaluation [http://ghdx.healthdata.org/]
Definitions: Estimated per-capita processed meat intake (g per day)
Estimated per-capita whole grains intake

Adults, 2017

Survey type: Measured

Age: 25+


Definitions: Estimated per-capita whole grains intake (g/day)
Mental health - depression disorders

Adults, 2015


Definitions: % of population with depression disorders
Mental health - anxiety disorders

Adults, 2015


Definitions: % of population with anxiety disorders
Oesophageal cancer

Men, 2018

Incidence per 100,000

Age: 20+


Definitions: Estimated age-standardized incidence rates (World) in 2018, oesophagus, adults ages 20+. ASR (World) per 100,000
Women, 2018

Age: 20+


Definitions: Estimated age-standardized incidence rates (World) in 2018, oesophagus, adults ages 20+. ASR (World) per 100,000
Breast cancer

Women, 2018

Age: 20+


Definitions: Estimated age-standardized incidence rates (World) in 2018, breast, females, ages 20+. ASR (World) per 100,000
Colorectal cancer

Men, 2018


Definitions: Estimated age-standardized incidence rates (World) in 2018, colorectum, adults, ages 20+. ASR (World) per 100,000
Women, 2018


Definitions: Estimated age-standardized incidence rates (World) in 2018, colorectum, adults, ages 20+. ASR (World) per 100,000
Pancreatic cancer

Men, 2018

Incidence per 100,000

Djibouti  Sudan  Pakistan  Somalia  Afghanistan  Qatar  South Sudan  UAE  Yemen  Saudi Arabia  Iraq  Tunisia  Kuwait  Iran  Oman  Bahrain  Syria  Palestine  Lebanon  Egypt  Jordan  Libya

Age: 20+


Definitions: Estimated age-standardized incidence rates (World) in 2018, pancreas, adults, ages 20+. ASR (World) per 100,000
Women, 2018

<table>
<thead>
<tr>
<th>Country</th>
<th>Incidence per 100,000</th>
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<tbody>
<tr>
<td>Pakistan</td>
<td>0</td>
</tr>
<tr>
<td>Djibouti</td>
<td>0</td>
</tr>
<tr>
<td>Afghanistan</td>
<td>0</td>
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<tr>
<td>Sudan</td>
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</tr>
<tr>
<td>Saudi Arabia</td>
<td>1</td>
</tr>
<tr>
<td>Somalia</td>
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</tr>
<tr>
<td>Morocco</td>
<td>2</td>
</tr>
<tr>
<td>Tunisia</td>
<td>2</td>
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<tr>
<td>South Sudan</td>
<td>2</td>
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<td>Iraq</td>
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<td>Yemen</td>
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<td>Oman</td>
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<tr>
<td>Jordan</td>
<td>2</td>
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<td>Syria</td>
<td>2</td>
</tr>
<tr>
<td>Iran</td>
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<tr>
<td>Egypt</td>
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</tr>
<tr>
<td>Lebanon</td>
<td>5</td>
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<td>Bahrain</td>
<td>5</td>
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<td>Palestine</td>
<td>5</td>
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<td>Libya</td>
<td>5</td>
</tr>
<tr>
<td>Qatar</td>
<td>5</td>
</tr>
<tr>
<td>Kuwait</td>
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</tr>
<tr>
<td>UAE</td>
<td>16</td>
</tr>
</tbody>
</table>

Age: 20+


Definitions: Estimated age-standardized incidence rates (World) in 2018, pancreas, adults, ages 20+. ASR (World) per 100,000
Gallbladder cancer

Men, 2018


Definitions: Estimated age-standardized incidence rates (World) in 2018, gallbladder, adults, ages 20+. ASR (World) per 100,000
Women, 2018


Definitions: Estimated age-standardized incidence rates (World) in 2018, gallbladder, adults, ages 20+. ASR (World) per 100,000
Kidney cancer

Men, 2018


Definitions: Estimated age-standardized incidence rates (World) in 2018, kidney, adults, ages 20+. ASR (World) per 100,000
Women, 2018

Incidence per 100,000


Definitions: Estimated age-standardized incidence rates (World) in 2018, kidney, adults, ages 20+. ASR (World) per 100,000
Cancer of the uterus

Women, 2018

Age: 20+


Definitions: Estimated age-standardized incidence rates (World) in 2018, cervix uteri, females, ages 20+. ASR (World) per 100,000
Raised blood pressure

Adults, 2015


Definitions: Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).
Men, 2015

References:

Definitions:
Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).

Definitions: Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).
Raised cholesterol

Adults, 2008

References: Global Health Observatory data repository, World Health Organisation,
http://apps.who.int/gho/data/node.main.A885

Definitions: % Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).
Men, 2008

References:

Definitions:
% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).
Women, 2008


Definitions: % Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).
Raised fasting blood glucose

Men, 2014

References:
Global Health Observatory data repository, World Health Organisation,
http://apps.who.int/gho/data/node.main.A869?lang=en

Definitions:
Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).
Women, 2014


Definitions: Age Standardised % raised fasting blood glucose (≥ 7.0 mmol/L or on medication).
Diabetes prevalence

Adults, 2017


Definitions: Diabetes age-adjusted comparative prevalence (%).

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