Report card
Bahrain

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Obesity prevalence

Adults, 2007

Survey type: Measured
Age: 20-64
Sample size: 1712
Area covered: National

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².
Children, 2016

Survey type: Self-reported
Age: 13-17
References: Global School-based Student Health Survey (GSHS), available at https://www.cdc.gov/gshs/countries/index.htm (last accessed 28.04.20)
Notes: WHO cutoffs.
Cutoffs: WHO
Overweight/obesity by age

Children, 2003-2005

Survey type: Measured
Sample size: 2146
Area covered: National
Notes: IOTF cut-offs used.
Cutoffs: IOTF
Estimated per-capita fruit intake

Adults, 2017

Survey type: Measured
Age: 25+
References: Global Burden of Disease, the Institute for Health Metrics and Evaluation [http://ghdx.healthdata.org/]
Definitions: Estimated per-capita fruit intake (g/day)
Estimated per-capita processed meat intake

Adults, 2017

Survey type: Measured
Age: 25+
References: Global Burden of Disease, the Institute for Health Metrics and Evaluation http://ghdx.healthdata.org/
Definitions: Estimated per-capita processed meat intake (g per day)
Estimated per-capita whole grains intake

Adults, 2017

Survey type: Measured
Age: 25+
References: Global Burden of Disease, the Institute for Health Metrics and Evaluation [http://ghdx.healthdata.org/]
Definitions: Estimated per-capita whole grains intake (g/day)
Mental health - depression disorders

Adults, 2015


Definitions: % of population with depression disorders
Mental health - anxiety disorders

Adults, 2015


Definitions: % of population with anxiety disorders
Oesophageal cancer

Men, 2018


Definitions: Estimated age-standardized incidence rates (World) in 2018, oesophagus, adults ages 20+. ASR (World) per 100,000
Women, 2018


Definitions: Estimated age-standardized incidence rates (World) in 2018, oesophagus, adults ages 20+. ASR (World) per 100,000
Breast cancer

Women, 2018

Incidence per 100,000

Age:


Definitions: Estimated age-standardized incidence rates (World) in 2018, breast, females, ages 20+. ASR (World) per 100,000
Colorectal cancer

Men, 2018

Age: 20+


Definitions: Estimated age-standardized incidence rates (World) in 2018, colorectum, adults, ages 20+. ASR (World) per 100,000
Women, 2018

Age: 20+


Definitions: Estimated age-standardized incidence rates (World) in 2018, colorectum, adults, ages 20+. ASR (World) per 100,000

Incidence per 100,000:
- Afghanistan
- Pakistan
- Sudan
- Iraq
- Djibouti
- Egypt
- South Sudan
- Somalia
- Yemen
- Oman
- Morocco
- Saudi Arabia
- Tunisia
- Iran
- Bahrain
- Libya
- UAE
- Qatar
- Kuwait
- Syria
- Palestine
- Jordan
- Lebanon

0
5
10
15
20
25
30

[Image of bar chart showing incidence rates for various countries.]
Pancreatic cancer

Men, 2018

Incidence per 100,000

Age: 20+


Definitions: Estimated age-standardized incidence rates (World) in 2018, pancreas, adults, ages 20+. ASR (World) per 100,000
Women, 2018


Definitions: Estimated age-standardized incidence rates (World) in 2018, pancreas, adults, ages 20+. ASR (World) per 100,000
# Gallbladder cancer

## Men, 2018

<table>
<thead>
<tr>
<th>Country</th>
<th>Incidence per 100,000</th>
</tr>
</thead>
<tbody>
<tr>
<td>Djibouti</td>
<td>5</td>
</tr>
<tr>
<td>Yemen</td>
<td>4.1</td>
</tr>
<tr>
<td>Sudan</td>
<td>3.8</td>
</tr>
<tr>
<td>Somalia</td>
<td>3.7</td>
</tr>
<tr>
<td>Afghanistan</td>
<td>3.5</td>
</tr>
<tr>
<td>Morocco</td>
<td>3.0</td>
</tr>
<tr>
<td>Iran</td>
<td>2.9</td>
</tr>
<tr>
<td>Egypt</td>
<td>2.8</td>
</tr>
<tr>
<td>Iran</td>
<td>2.7</td>
</tr>
<tr>
<td>Bahrain</td>
<td>2.6</td>
</tr>
<tr>
<td>Saudi Arabia</td>
<td>2.5</td>
</tr>
<tr>
<td>Pakistan</td>
<td>2.4</td>
</tr>
<tr>
<td>Lebanon</td>
<td>2.3</td>
</tr>
<tr>
<td>Libya</td>
<td>2.2</td>
</tr>
<tr>
<td>Syria</td>
<td>2.1</td>
</tr>
<tr>
<td>Kuwait</td>
<td>2.0</td>
</tr>
<tr>
<td>Tunisia</td>
<td>1.9</td>
</tr>
<tr>
<td>Palestine</td>
<td>1.8</td>
</tr>
<tr>
<td>Qatar</td>
<td>1.7</td>
</tr>
<tr>
<td>Jordan</td>
<td>1.6</td>
</tr>
<tr>
<td>Oman</td>
<td>1.5</td>
</tr>
<tr>
<td>UAE</td>
<td>1.4</td>
</tr>
</tbody>
</table>

**Age:** 20+


**Definitions:** Estimated age-standardized incidence rates (World) in 2018, gallbladder, adults, ages 20+. ASR (World) per 100,000
### Women, 2018

<table>
<thead>
<tr>
<th>Country</th>
<th>Incidence per 100,000</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yemen</td>
<td>0</td>
</tr>
<tr>
<td>Djibouti</td>
<td>1</td>
</tr>
<tr>
<td>Egypt</td>
<td>2</td>
</tr>
<tr>
<td>Iran</td>
<td>3</td>
</tr>
<tr>
<td>Oman</td>
<td>2</td>
</tr>
<tr>
<td>South Sudan</td>
<td>3</td>
</tr>
<tr>
<td>Saudi Arabia</td>
<td>3</td>
</tr>
<tr>
<td>Somalia</td>
<td>2</td>
</tr>
<tr>
<td>Bahrain</td>
<td>3</td>
</tr>
<tr>
<td>Morocco</td>
<td>4</td>
</tr>
<tr>
<td>Afghanistan</td>
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<tr>
<td>Iraq</td>
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<tr>
<td>Kuwait</td>
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<tr>
<td>Palestine</td>
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<tr>
<td>Lebanon</td>
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<tr>
<td>Syria</td>
<td>5</td>
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<tr>
<td>Tunisia</td>
<td>5</td>
</tr>
<tr>
<td>Jordan</td>
<td>5</td>
</tr>
<tr>
<td>Qatar</td>
<td>5</td>
</tr>
<tr>
<td>Pakistan</td>
<td>5</td>
</tr>
<tr>
<td>Libya</td>
<td>5</td>
</tr>
<tr>
<td>UAE</td>
<td>6</td>
</tr>
</tbody>
</table>

**Age:** 20+


**Definitions:** Estimated age-standardized incidence rates (World) in 2018, gallbladder, adults, ages 20+. ASR (World) per 100,000
Kidney cancer

Men, 2018


Definitions: Estimated age-standardized incidence rates (World) in 2018, kidney, adults, ages 20+. ASR (World) per 100,000
Women, 2018

References: Global Cancer Observatory, Cancer incidence rates [http://gco.iarc.fr/] (last accessed 30th June 2020)

Definitions: Estimated age-standardized incidence rates (World) in 2018, kidney, adults, ages 20+. ASR (World) per 100,000
Cancer of the uterus

Women, 2018

Age:


Definitions: Estimated age-standardized incidence rates (World) in 2018, cervix uteri, females, ages 20+. ASR (World) per 100,000
Raised blood pressure

Adults, 2015

References:

Definitions:
Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).
Men, 2015


Definitions: Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).
Women, 2015


Definitions: Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).
Raised cholesterol

Adults, 2008


Definitions: % Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).
Men, 2008


Definitions: % Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).
Women, 2008

References:
Global Health Observatory data repository, World Health Organisation,
http://apps.who.int/gho/data/node.main.A885

Definitions:
% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).
Raised fasting blood glucose

Men, 2014


Definitions: Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).
Women, 2014

% raised fasting blood glucose


Definitions: Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).
Diabetes prevalence

Adults, 2017


Definitions: Diabetes age-adjusted comparative prevalence (%).

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