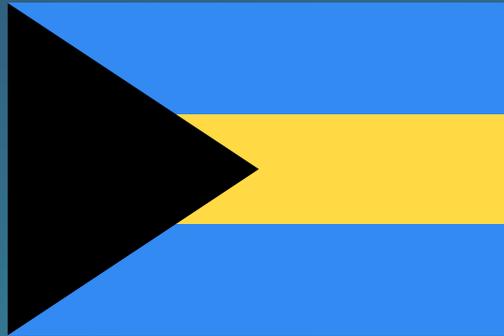




# Bahamas



## Country report card - children

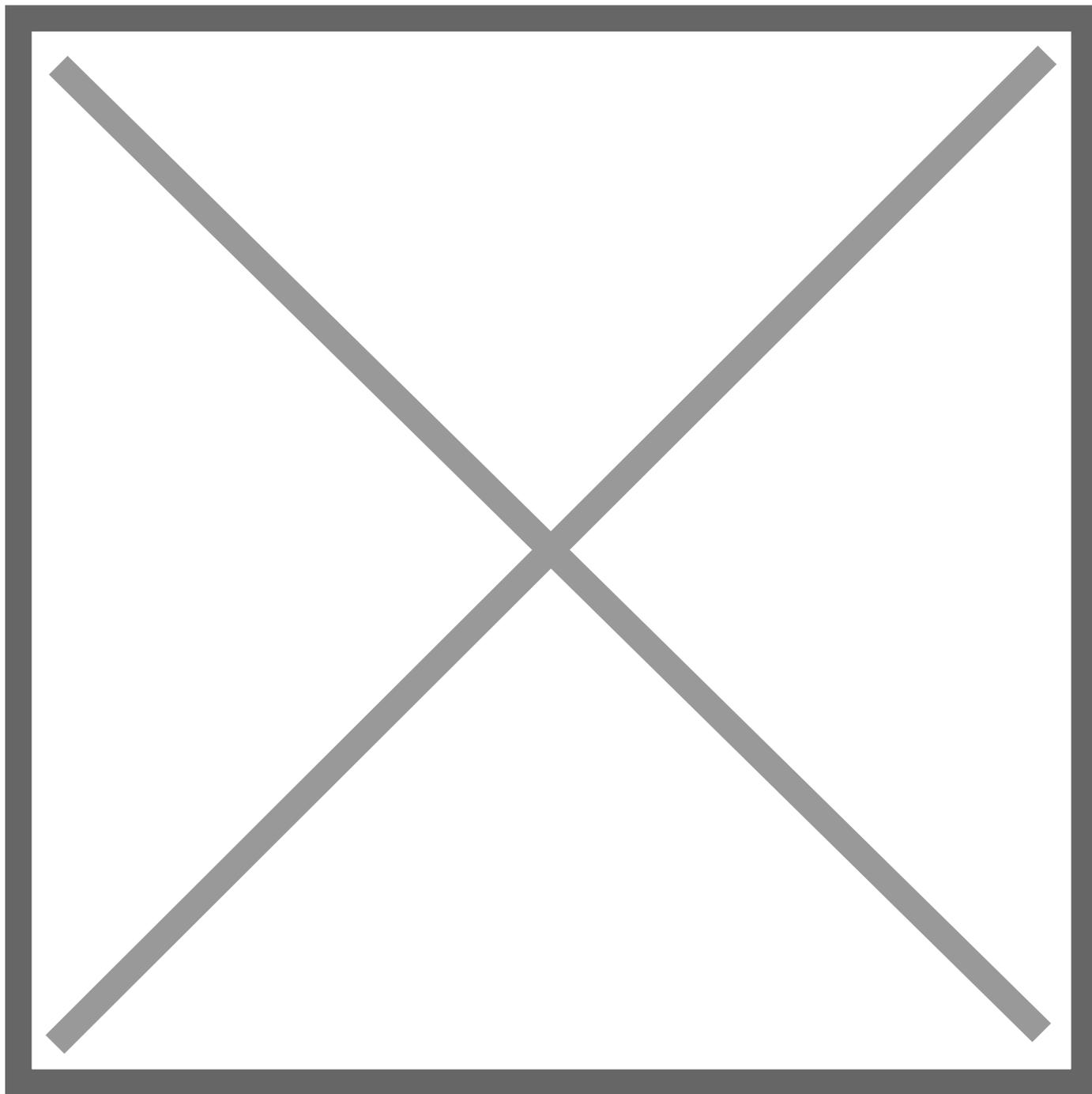
*This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for children, including adolescents (aged 5 to 18 years). Where available, data on common and relevant obesity drivers and comorbidities are also presented.*

*View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/bahamas-14/>.*



## FÅllrekommst av fetma

**Barn, 2023**



<b>UndersÅllkningstyp:</b>	EgenanstÅlld
<b>Å lder:</b>	13-17
<b>Urvalsstorlek:</b>	2211
<b>OmrÅllde som omfattas:</b>	Nationell

**Referenser:**

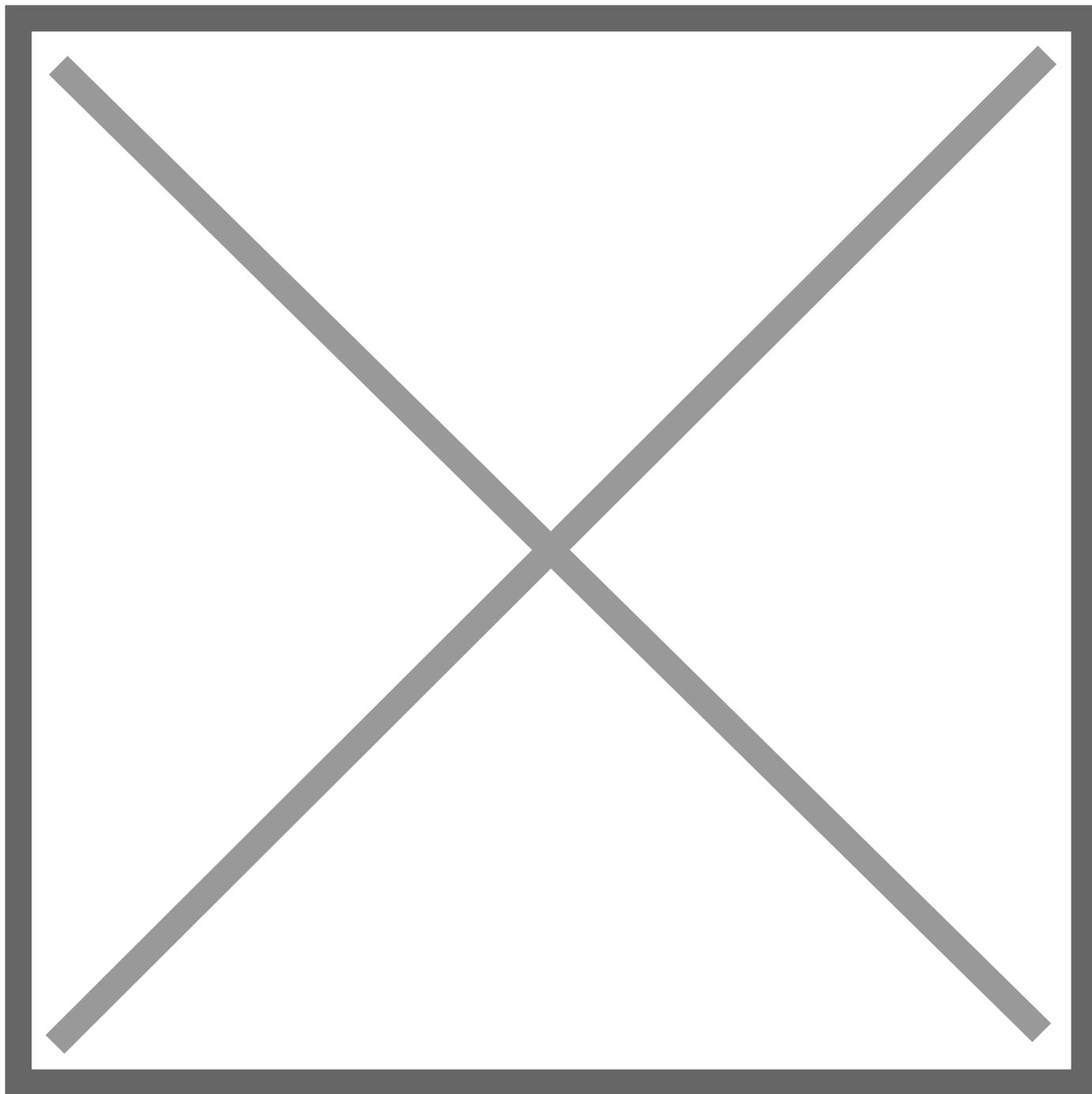
Global School-Based Student Health Survey, Bahamas 2023 Fact Sheet. Available at:  
<https://www.who.int/publications/m/item/2023-gshs-fact-sheet-bahamas>

**Cutoffs:**

WHO 2007

## Double burden of underweight & overweight

**Barn, 2022**



**Undersökningstyp:**

Uppmätt

**Ålder:**

5-19

**Referenser:**

NCD Risk Factor Collaboration (NCD-RisC). Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population representative studies with 222 million children, adolescents, and adults. Lancet 2024; published online Feb 29. [https://doi.org/10.1016/S0140-6736\(23\)02750-2](https://doi.org/10.1016/S0140-6736(23)02750-2).

**Anteckningar:**

Age standardised estimates

**Definitioner (endast tillgängliga på engelska):**

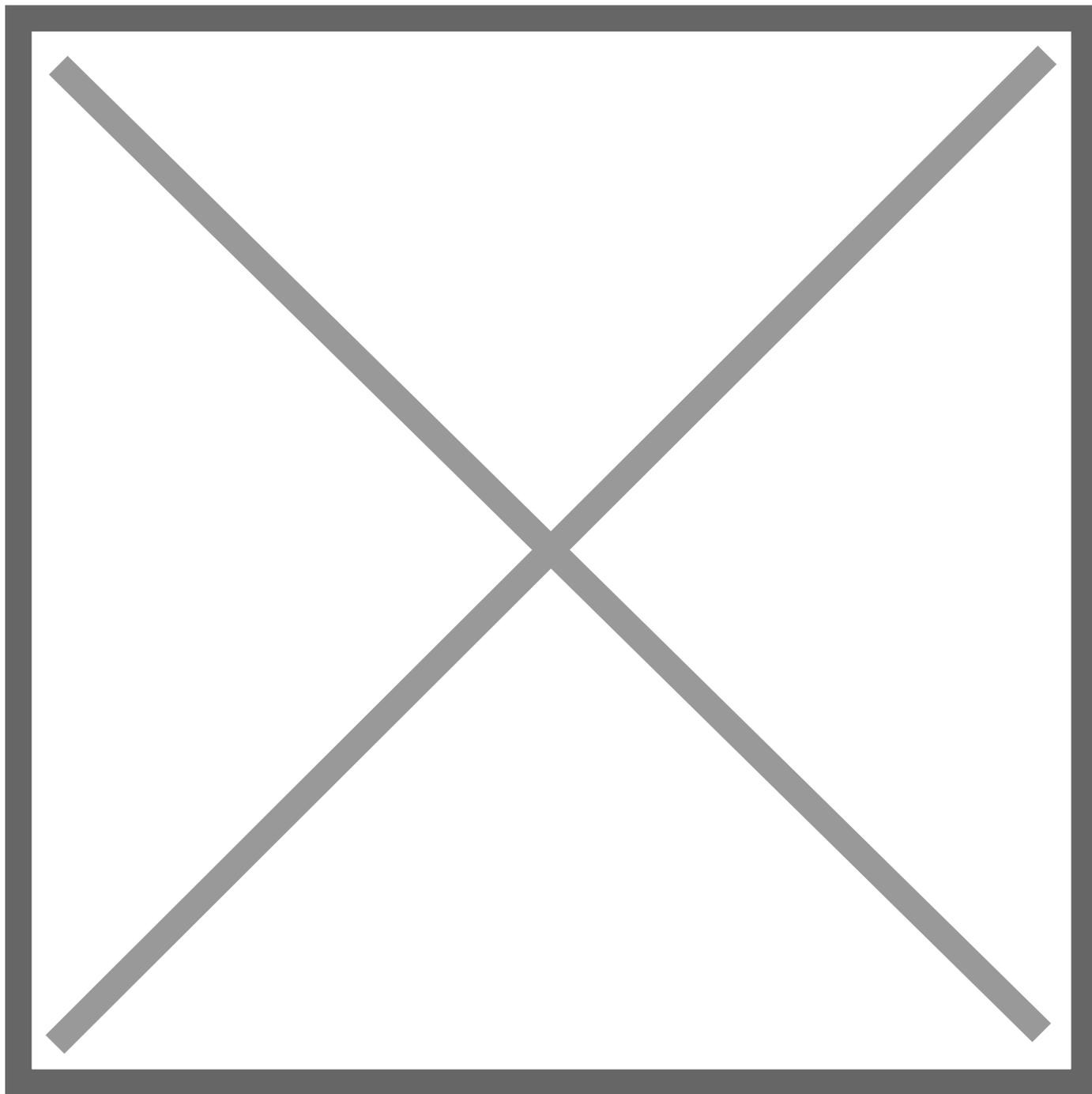
Combined prevalence of BMI &lt; -2SD and BMI &gt; 2SD (double burden of thinness and obesity)

**Cutoffs:**

BMI &lt; -2SD and BMI &gt; 2SD

## Otillräcklig fysisk aktivitet

**Barn, 2016**



**Undersökningstyp:**

Egenanställd

**Ålder:**

11-17

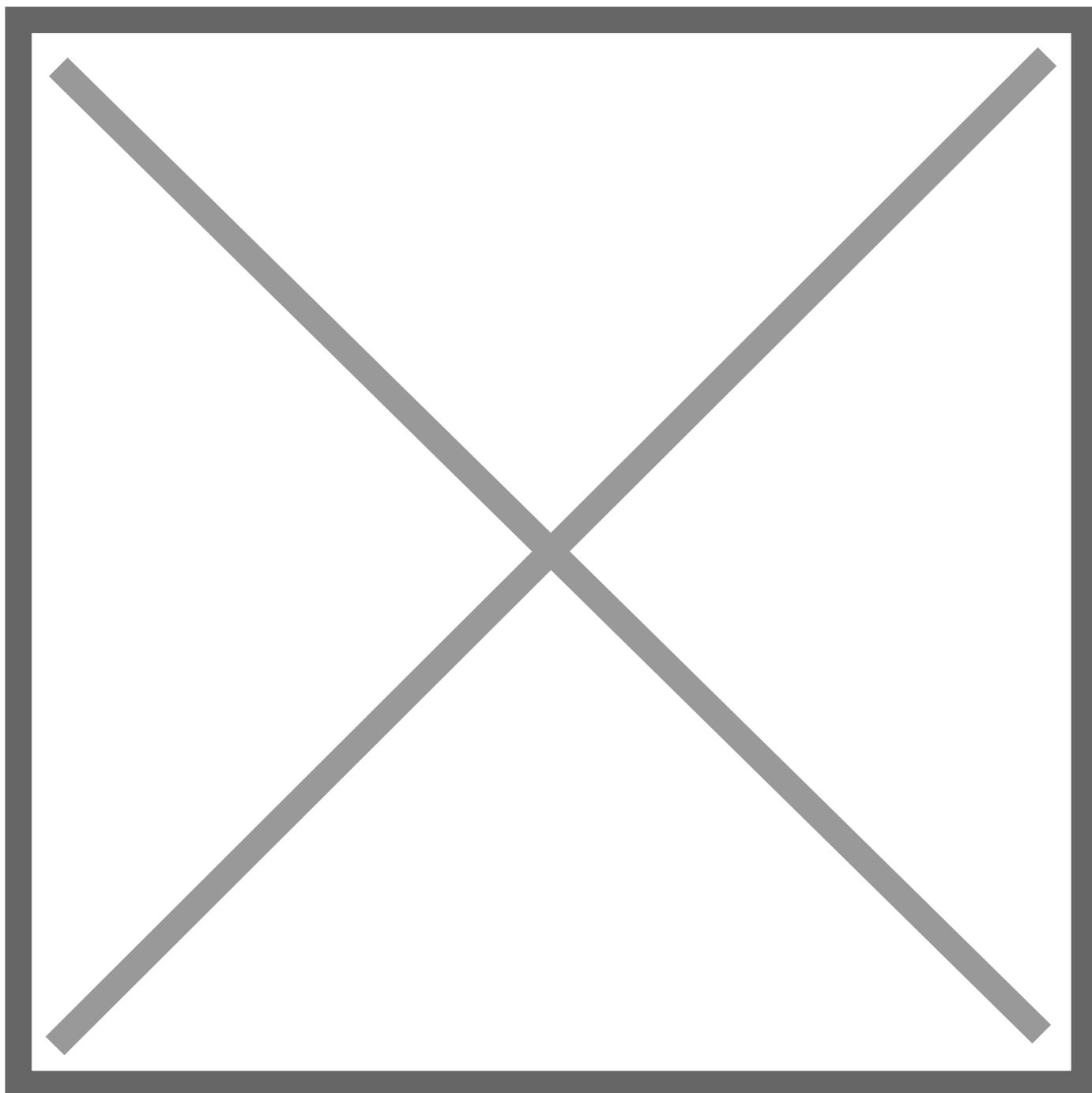
**Referenser:**

Global Health Observatory data repository, World Health Organisation,  
<https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

**Anteckningar:** % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

**Definitioner (endast tillgängliga på engelska):** % Adolescents insufficiently active (age standardised estimate)

## Pojkar, 2016

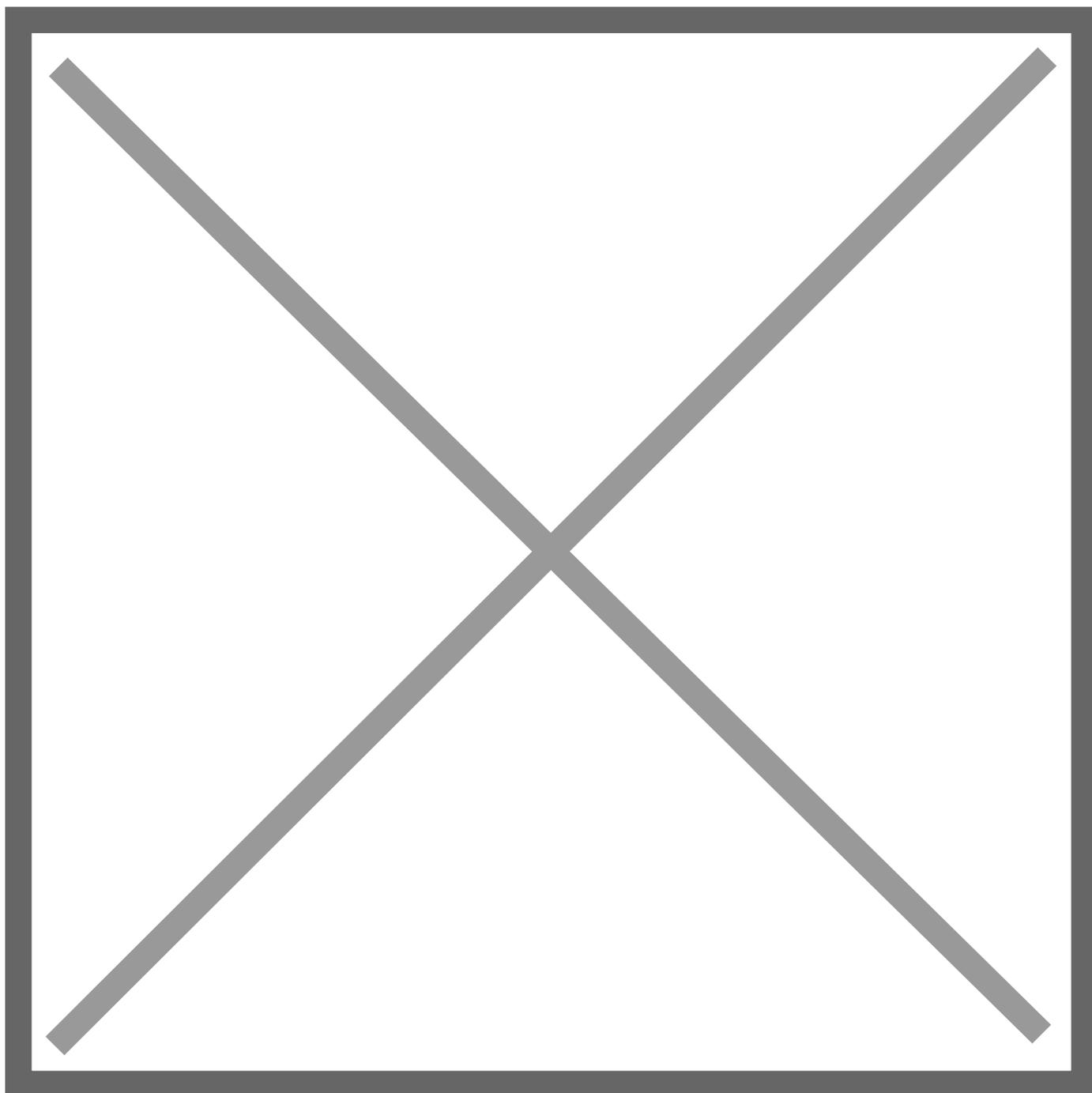


<b>UndersÄkningstyp:</b>	Egenanställd
<b>Älder:</b>	11-17
<b>Referenser:</b>	Global Health Observatory data repository, World Health Organisation, <a href="https://apps.who.int/gho/data/node.main.A893ADO?lang=en">https://apps.who.int/gho/data/node.main.A893ADO?lang=en</a> (last accessed 16.03.21)
<b>Anteckningar:</b>	% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

**Definitioner (endast tillgängliga på engelska):**

% Adolescents insufficiently active (age standardised estimate)

## Flickor, 2016



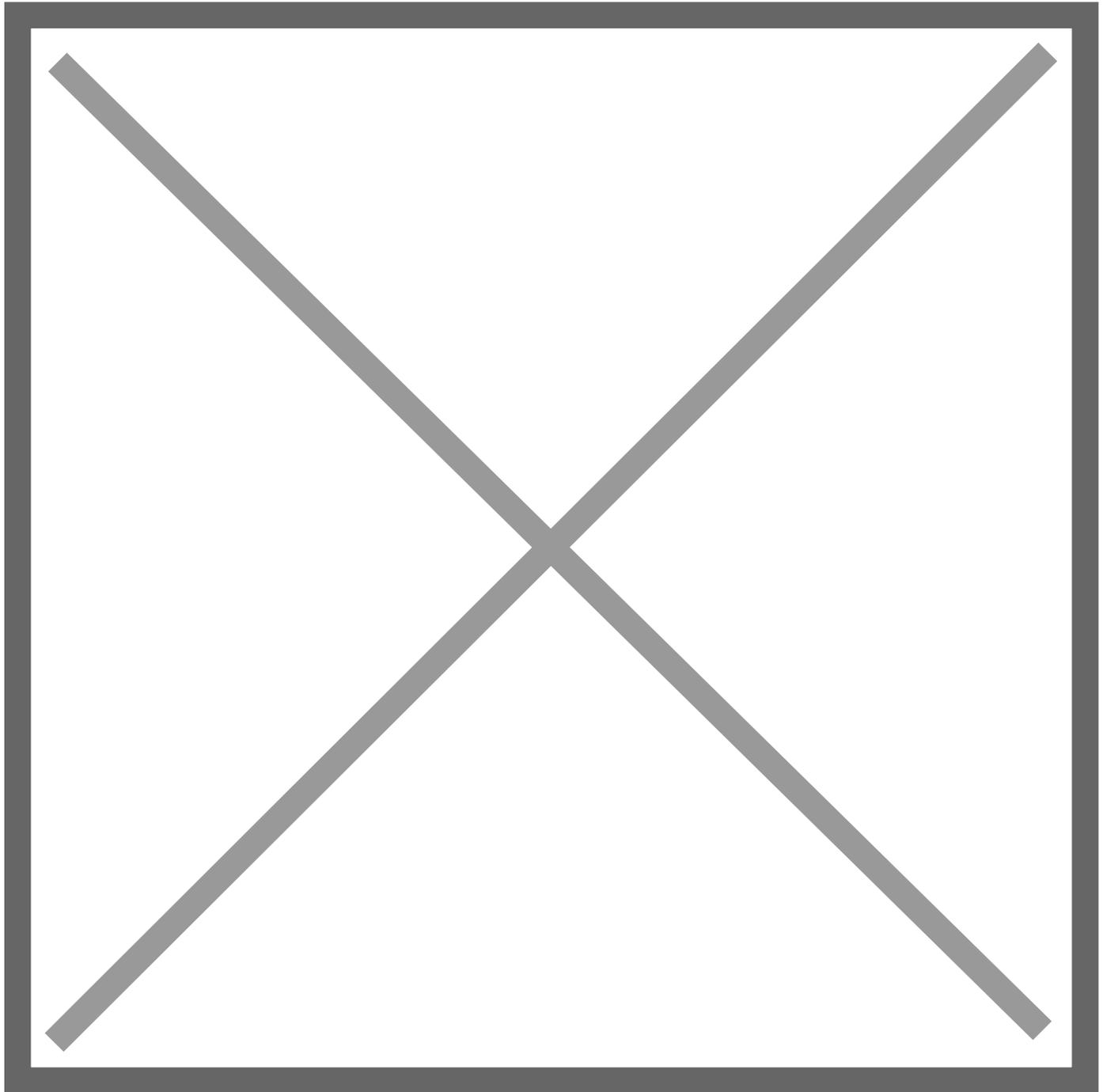
<b>UndersÄkningstyp:</b>	Egenanställd
<b>Älder:</b>	11-17
<b>Referenser:</b>	Global Health Observatory data repository, World Health Organisation, <a href="https://apps.who.int/gho/data/node.main.A893ADO?lang=en">https://apps.who.int/gho/data/node.main.A893ADO?lang=en</a> (last accessed 16.03.21)
<b>Anteckningar:</b>	% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

**Definitioner (endast tillgängliga på engelska):**

% Adolescents insufficiently active (age standardised estimate)

## Genomsnittligt dagligt intag av kolsyrad läskedryck

Barn, 2009-2015



Undersökningstyp:

Uppmätt

Ålder:

12-17

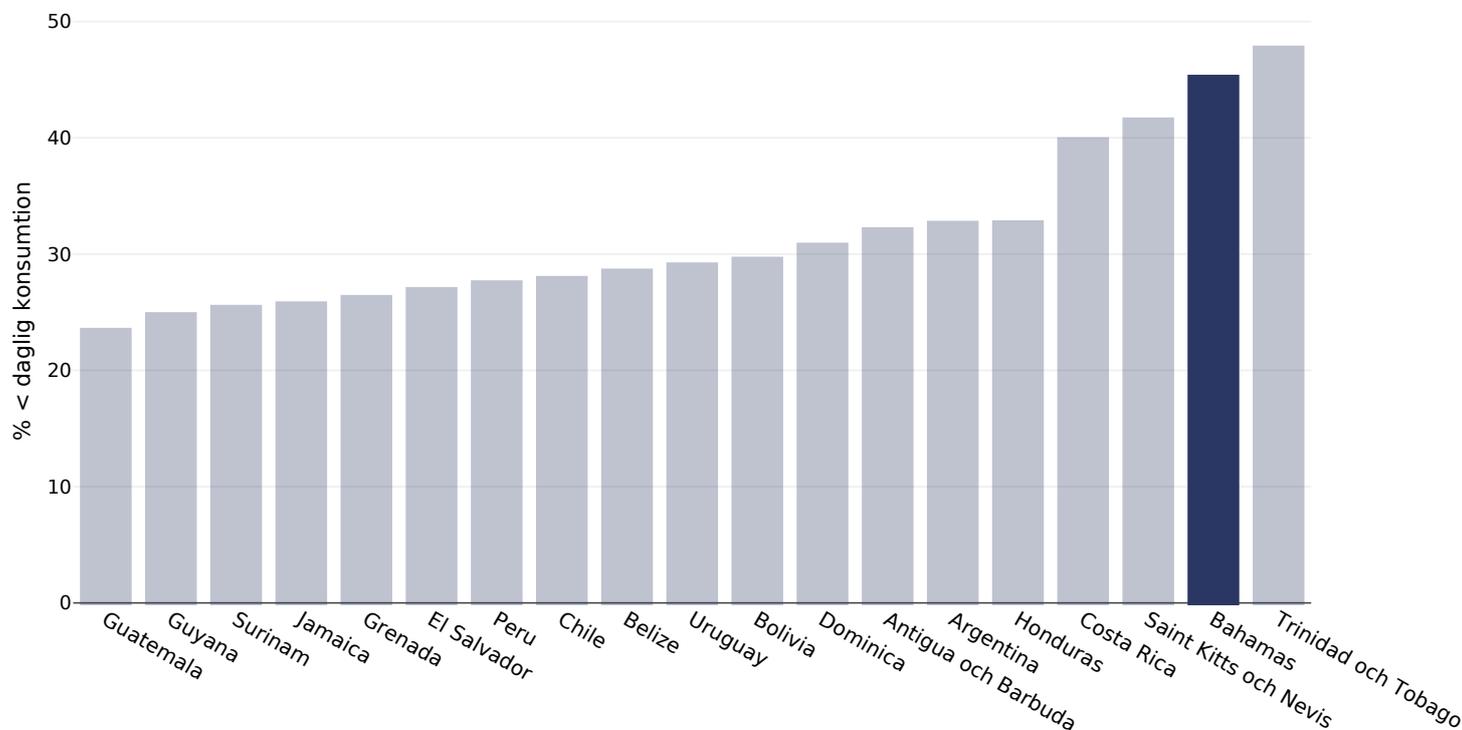
**Referenser:**

Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

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## Får rekommendation av mindre än daglig fruktkonsumtion

### Barn, 2009-2015



**Undersökningstyp:**

Uppmätt

**Ålder:**

12-17

**Referenser:**

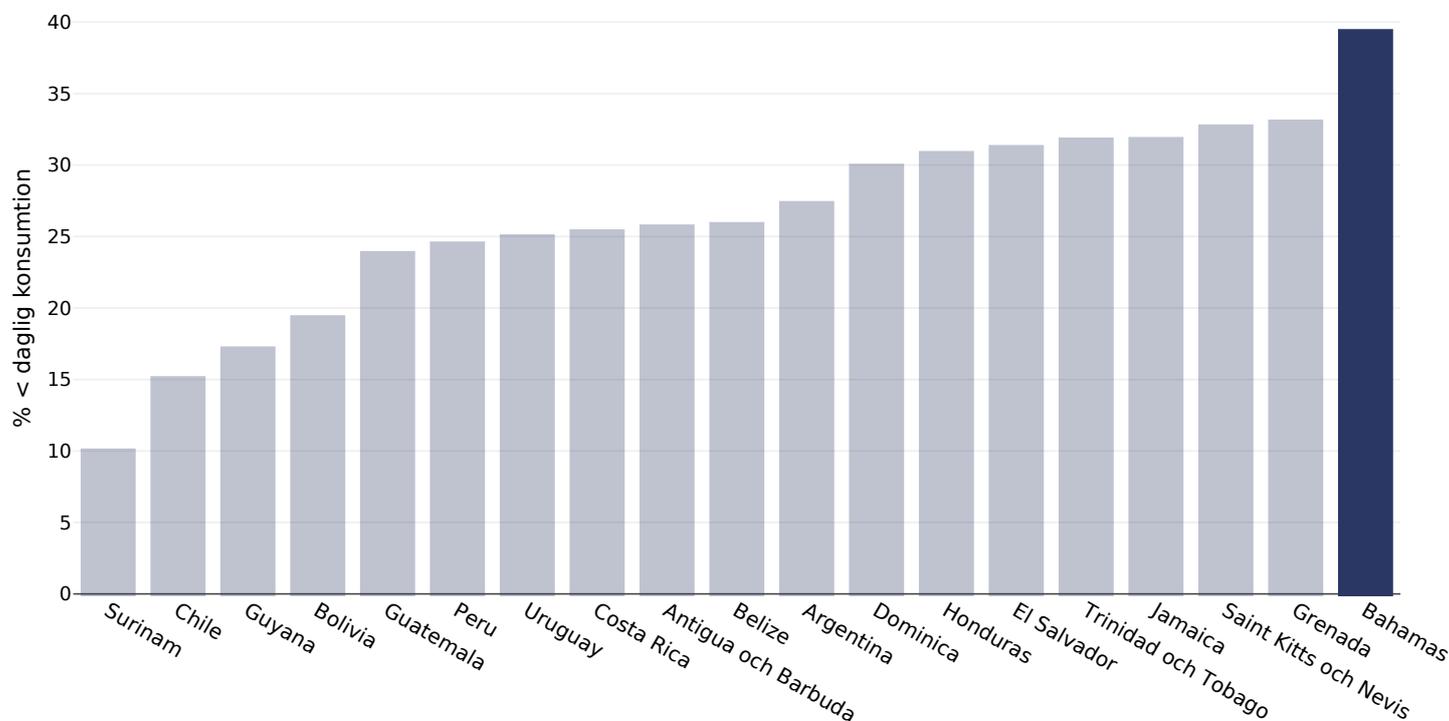
Global School-based Student Health Surveys. Beal et al (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287>. Sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

**Definitioner (endast tillgängliga på engelska):**

Prevalence of less-than-daily fruit consumption (% less-than-daily fruit consumption)

## Får rekommendation av mindre än daglig konsumtion av grönsaker

### Barn, 2009-2015



**Undersökningstyp:**

Uppmätt

**Ålder:**

12-17

**Referenser:**

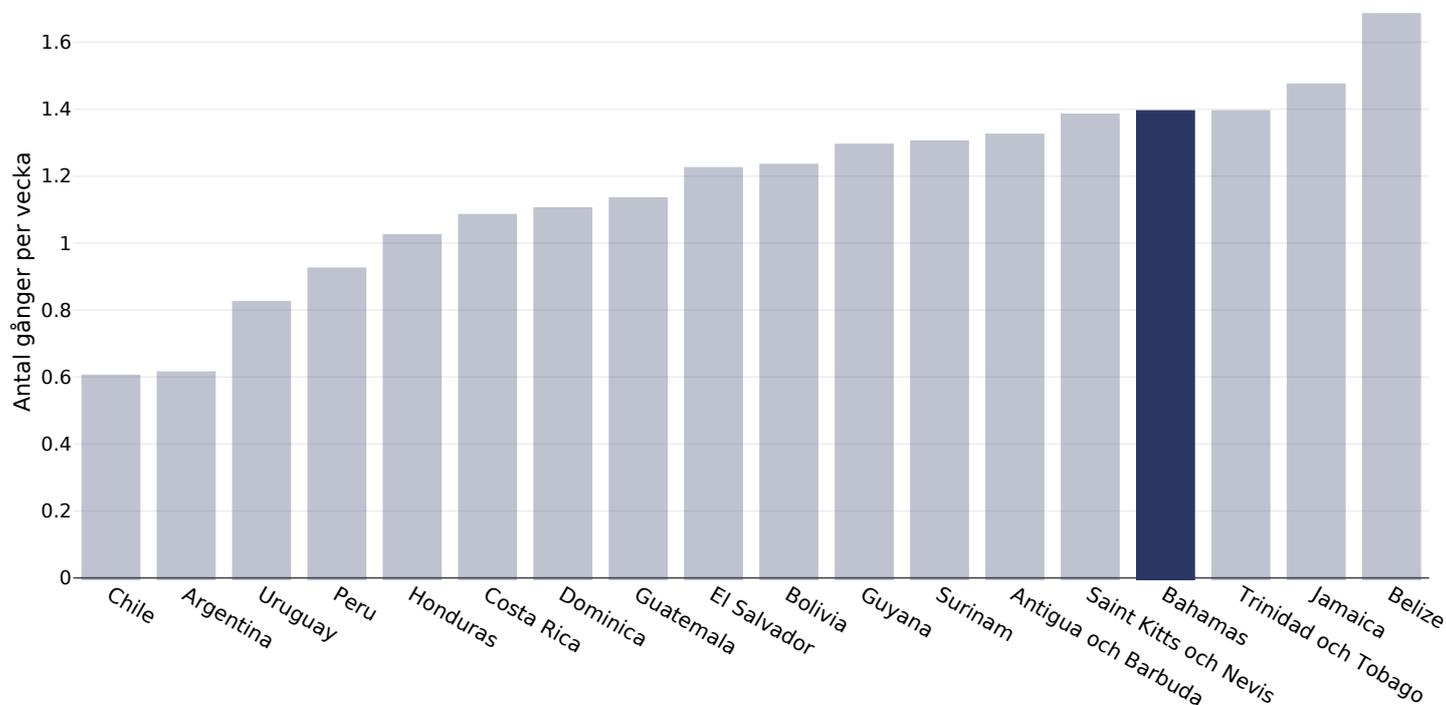
Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

**Definitioner (endast tillgängliga på engelska):**

Prevalence of less-than-daily vegetable consumption (% less-than-daily vegetable consumption)

## Genomsnittligt veckovist intag av snabbmat

### Barn, 2009-2015



**Ålder:**

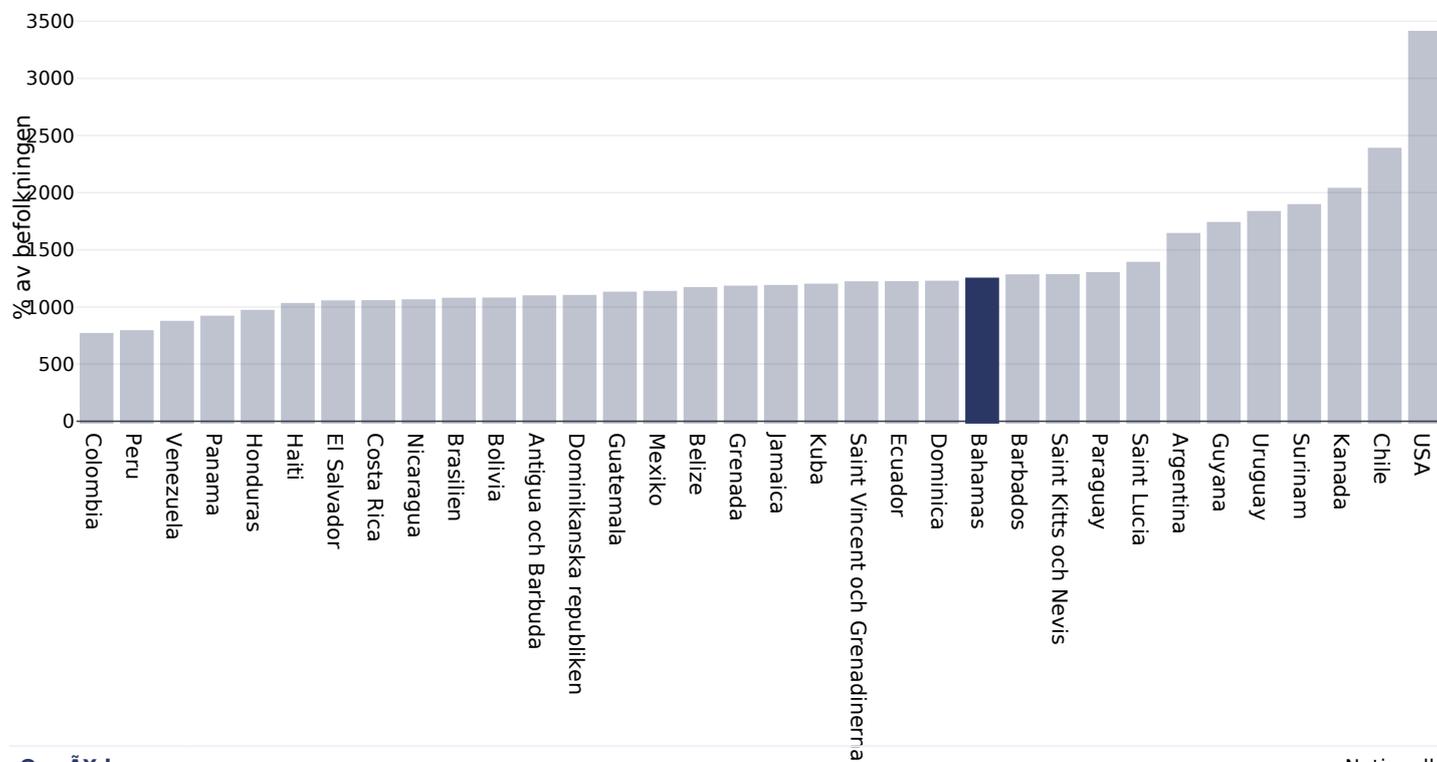
12-17

**Referenser:**

Beal et al. (2019). Global Patterns of Adolescent Fruit, Vegetable, Carbonated Soft Drink, and Fast-food consumption: A meta-analysis of global school-based student health surveys. Food and Nutrition Bulletin. <https://doi.org/10.1177/0379572119848287> sourced from Food Systems Dashboard <http://www.foodsystemsdashboard.org/food-system>

## Psykisk hälsa - depression

### Barn, 2021



Område som omfattas:

Nationell

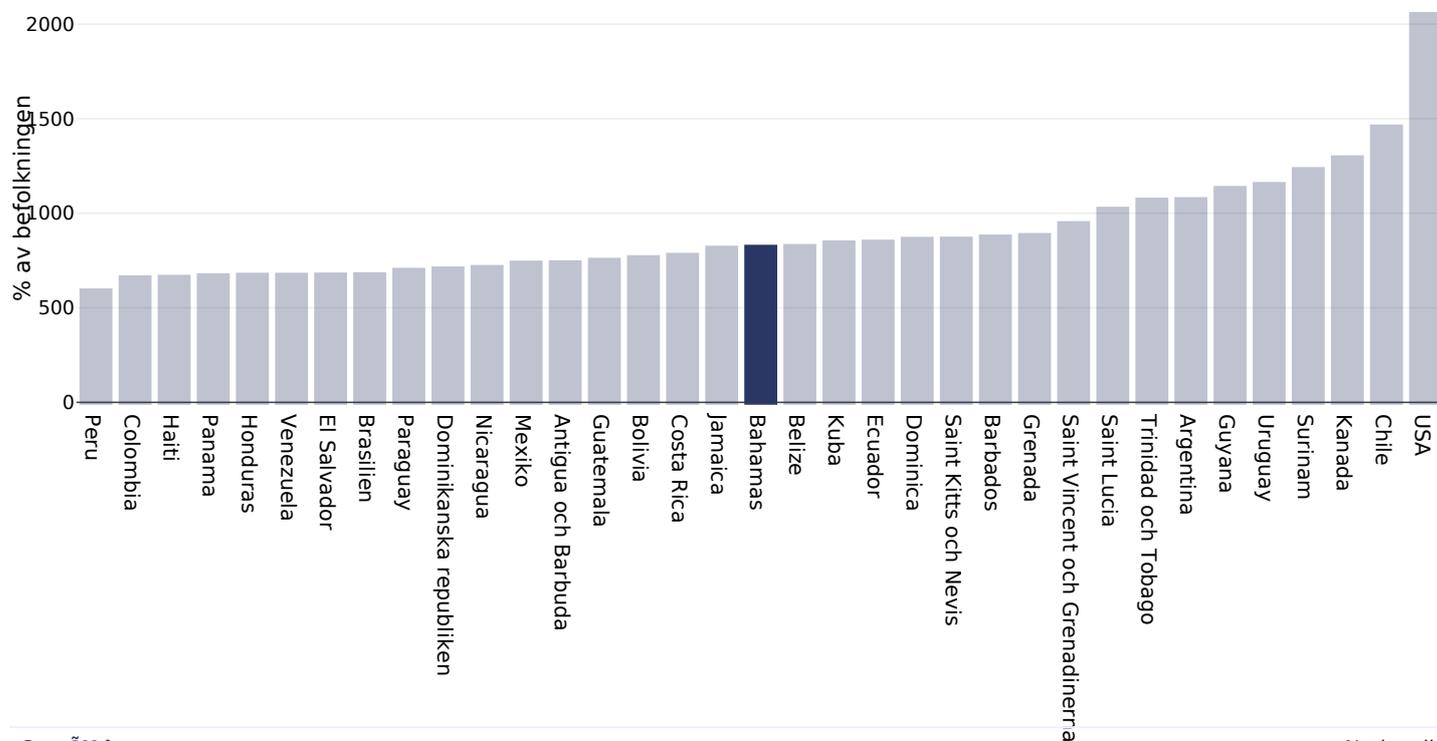
**Referenser:**

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**Definitioner (endast tillgängliga på engelska):**

Number living with depressive disorder per 100,000 population (Under 20 years of age)

## Pojkar, 2021



Område som omfattas:

Nationell

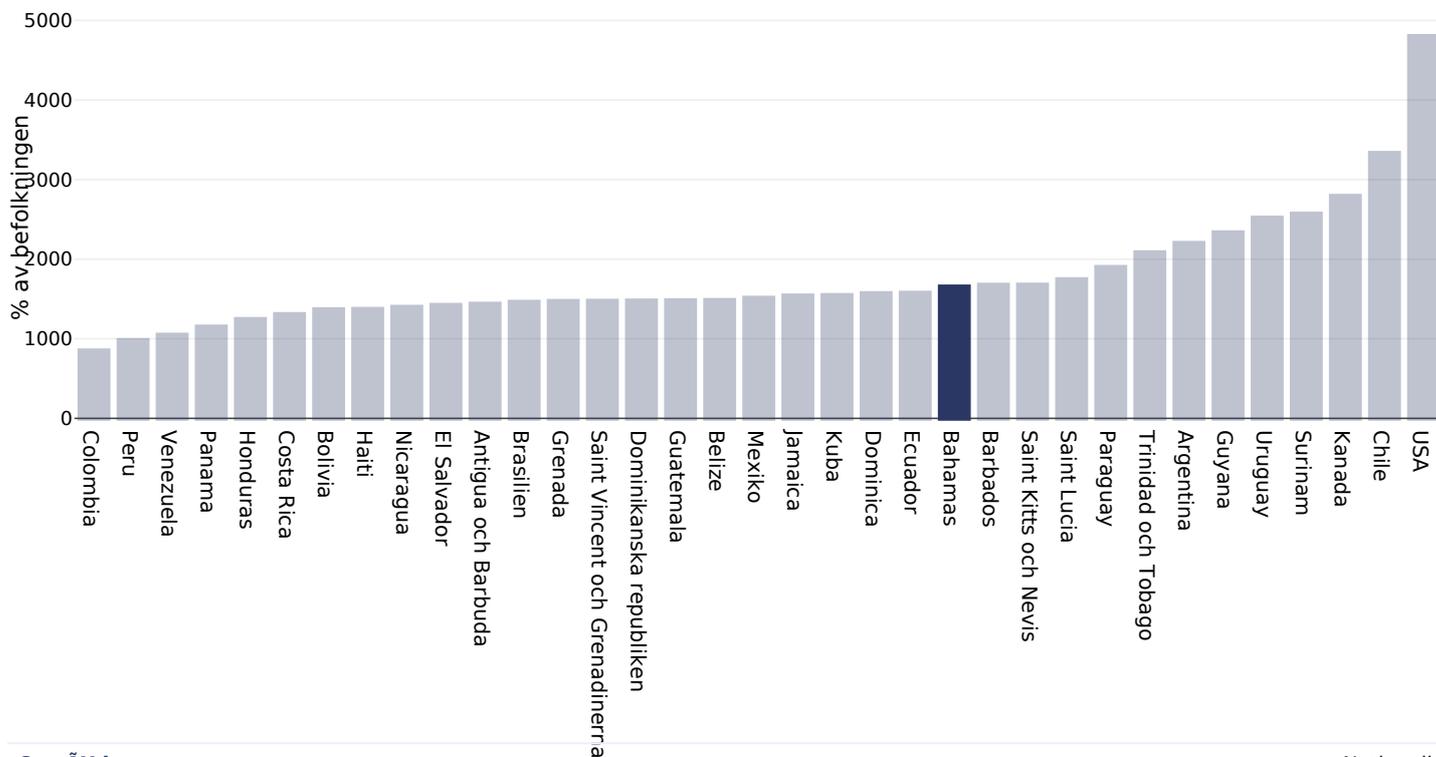
**Referenser:**

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**Definitioner (endast tillgängliga på engelska):**

Number living with depressive disorder per 100,000 population (Under 20 years of age)

## Flickor, 2021



Område som omfattas:

Nationell

**Referenser:**

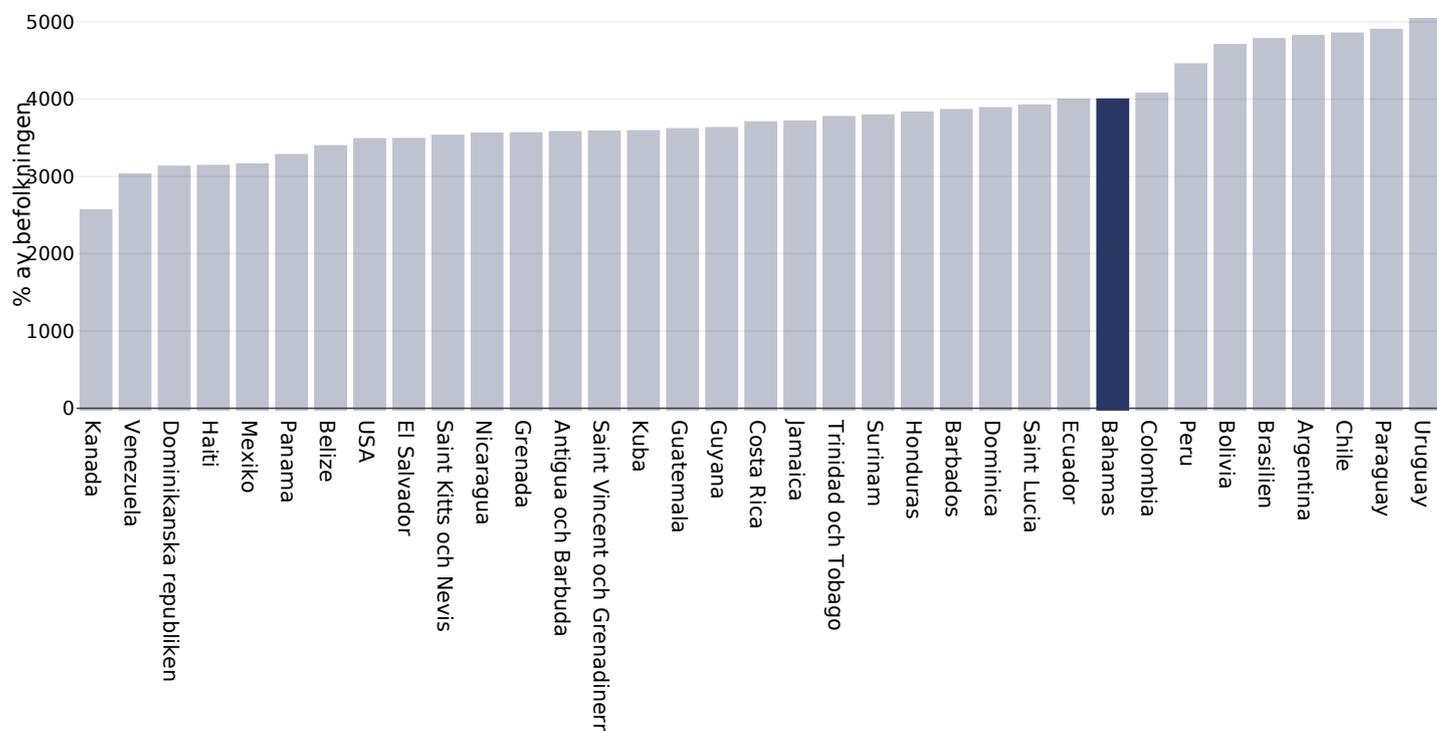
Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

**Definitioner (endast tillgängliga på engelska):**

Number living with depressive disorder per 100,000 population (Under 20 years of age)

## Psykisk hälsa - Ängeststörningar

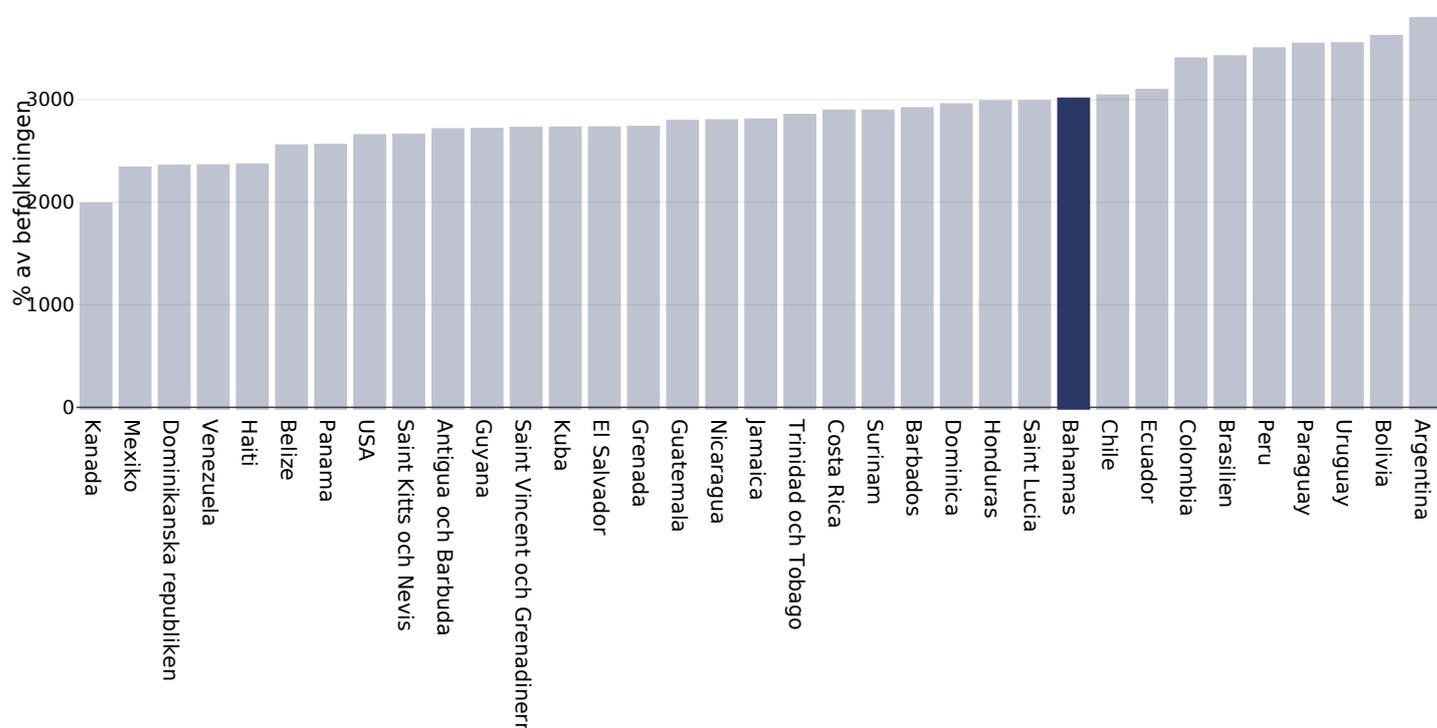
### Barn, 2021



**Referenser:**

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

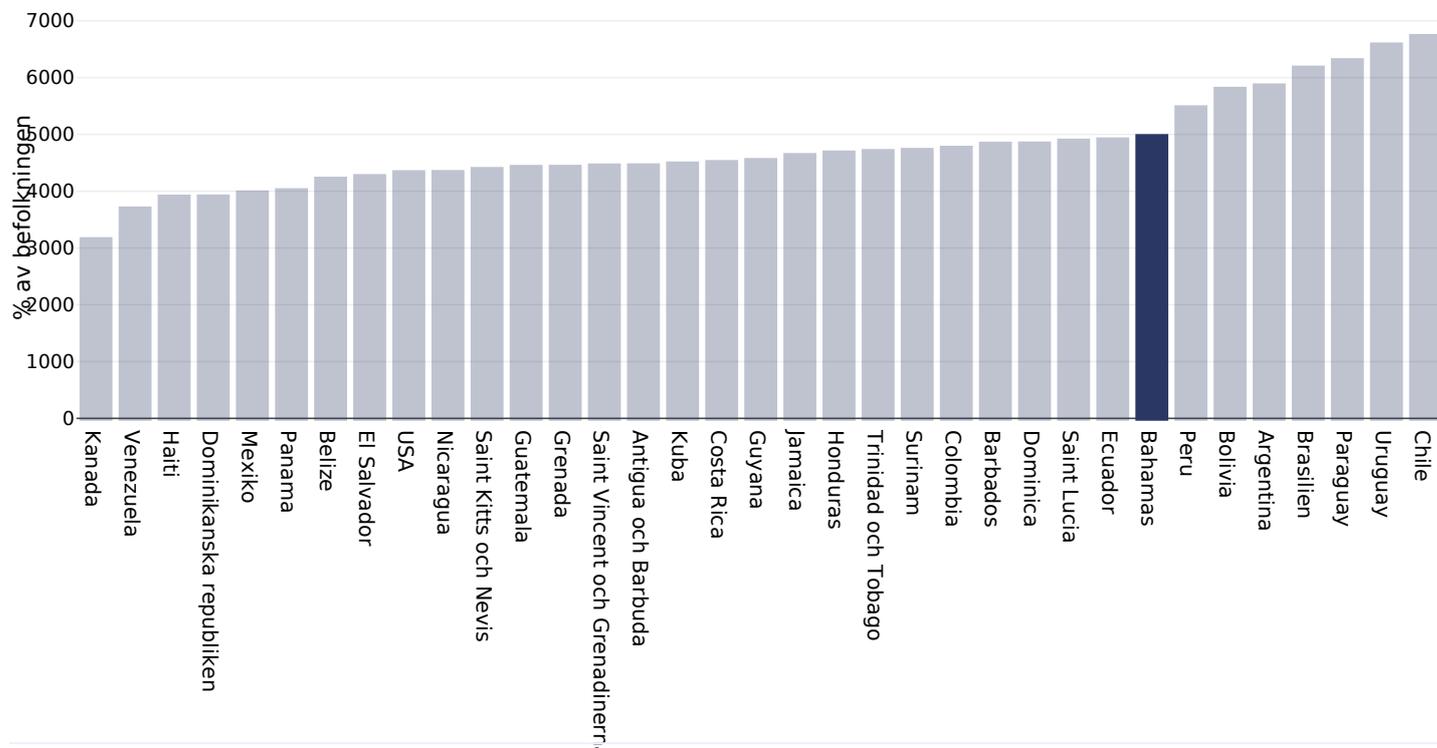
## Pojkar, 2021



**Referenser:**

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

## Flickor, 2021



**Referenser:**

Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <http://vizhub.healthdata.org/gbd-compare>. (Last accessed 23.04.25)

PDF created on July 19, 2025