

# Bahamas



## Policies, Interventions and Actions

### Sugary Drink Ban

Effective 1st December 2019, the provision of, sale and making available for purchase through vending machines in addition to internal and external vendors, of sugar sweetened beverages (SSBs) will be banned at and from all Ministry of Health's functions/events; and, on all its premises, inter alia its headquarters, attending properties, all public hospitals, all public community clinics, teaching institutions, library and health councils,

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan Taxation/Subsidies on Food or Beverages or law relating to public health
Year(s):	2019 (ongoing)
Target age group:	Adults and children
Organisation:	Ministry of Health Bahamas
Find out more:	<a href="https://www.facebook.com">www.facebook.com</a>

### Too Much Junk

In May 2018, the HCC launched the CSO Regional Action Team for Childhood Obesity Prevention including key members of civil society in eight countries: Antigua and Barbuda, Barbados, the Bahamas, Belize, Grenada, Jamaica, St Lucia, and St Kitts Nevis. Together, these organisations have shared materials and best practices in an effort to increase the public awareness around Childhood Obesity and its prevention and to garner thousands of signatures of support for the policies proposed in the HCC's Call to Action at [www.toomuchjunk.org](http://www.toomuchjunk.org).

Categories:	Transnational Obesity Strategies/Policy or Action Plan
Categories (partial):	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan Evidence of Community Interventions/Campaign
Year(s):	2018
Target age group:	Children
Organisation:	Health Caribbean Coalition
Find out more:	<a href="http://www.healthycaribbean.org">www.healthycaribbean.org</a>

## National Multi-sectoral Non-Communicable Disease Strategy and Plan for the Bahamas

The ultimate goal is to achieve a 10% reduction in preventable deaths due to NCDs in the Bahamas by 2022

Categories:	Evidence of NCD strategy
Year(s):	2017-2022
Target age group:	Adults and children
Organisation:	Ministry of Health
Linked document:	<a href="#">Download linked document</a>

## The National Food & Nutrition Security Policy and Agenda for Action for the Commonwealth of the Bahamas

This document presents a national Food and Nutrition Security Policy (FNSP) and Action Plan for The Bahamas, for the five year period, 2017 – 2021 and is designed to improve the food and nutrition status of every segment of the population and to serve as a roadmap for attaining the highest level of food and nutrition security within The Commonwealth of The Bahamas

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2017-2021
Target age group:	Adults and children
Organisation:	Ministry of Health
Linked document:	<a href="#">Download linked document</a>
References:	The National Food & Nutrition Security Policy and Agenda for Action for the Commonwealth of the Bahamas. Ministry of Health. 2017

## Compulsory Standards for Health Lunch Meals in Bahamian Schools

The Standards provides detailed nutrition requirements for all snacks sold by school tuck shops, based on the Dietary Guidelines for The Bahamas. It also explains the reason why nutritional standards have been introduced and offers practical advice on how to put the standards into practice.

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2011 (ongoing)
Target age group:	Children
Organisation:	Ministry of Health Bahamas
Linked document:	<a href="#">Download linked document</a>

## Compulsory Standards for Tuck Shops in Bahamian Schools

The program recognises the important role schools play in influencing childhood nutrition and the development of the knowledge and skills necessary to make healthier food choices. Good nutrition supports good grades. Therefore, it is very important that school lunch vendors along with the entire school body provide food choices that promote good nutrition and a healthy environment.

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2011 (ongoing)
Target age group:	Children
Organisation:	Ministry of Health Bahamas
Linked document:	<a href="#">Download linked document</a>

## CARICOM Regional Standard: Specification for labelling of pre-packaged foods (CRS 5: 2010)

Voluntary national labelling guidelines for packaged foods and drinks in place but mandatory when there is a health or nutrition claim. (Available only in English language)

Categories:	Labelling Regulation/Guidelines
Year(s):	2010 (ongoing)
Target age group:	Adults and children
Organisation:	CARICOM Regional Organisation for Standards and Quality
Linked document:	<a href="#">Download linked document</a>
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): <a href="https://extranet.who.int/nutrition/gina/en/node/25355">https://extranet.who.int/nutrition/gina/en/node/25355</a> (last accessed 10.08.22) Please note the GINA website has been replaced by the GIFNA database and the GINA link will no longer work. You will find this document by searching this new database: <a href="https://gifna.who.int/">https://gifna.who.int/</a>

## National Dietary Guidelines

These guidelines provide a method of selecting foods that will enhance good health throughout life, as well as prevent or minimise nutrition related diseases. The guidelines state 10 dietary recommendations, along with pictorial representations in the form of a goatskin drum.

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2002 (ongoing)
Target age group:	Adults and children
Organisation:	Ministry of Health
Linked document:	<a href="#">Download linked document</a>

## School Health Nutrition Workshops

Public Health nurses identify students for the sessions based on weight assessments. Students and parents are notified to attend the sessions. Students attending Weight Management Programme are further selected to attend the nutrition summer camp.

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Categories:	Evidence of Community Interventions/Campaign
Target age group:	Children
Organisation:	Ministry of Health Bahamas
Find out more:	<a href="http://www.bahamas.gov.bs">www.bahamas.gov.bs</a>

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*PDF created on June 19, 2024*