

# Report card Australia



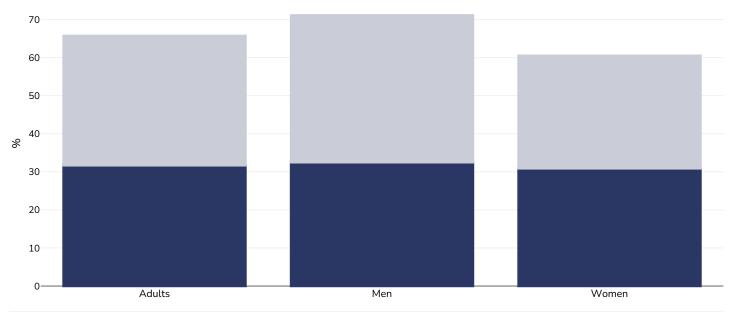
Contents	Page
Obesity prevalence	2
Trend: % Adults living with obesity, 2007-2023	4
Trend: % Adults living with overweight or obesity, 2007-2023	6
Trend: % Children living with overweight or obesity, 1997-2023	8
Trend: % Adults living with obesity, selected countries, 1976-2023	10
Trend: % Adults living with obesity, selected countries, 1960-2023	12
Overweight/obesity by education	14
Overweight/obesity by age	15
Overweight/obesity by region	17
Overweight/obesity by socio-economic group	21
Overweight/obesity by ethnicity	25
Insufficient physical activity	28
Estimated per capita fruit intake	34
Estimated per-capita processed meat intake	35
Estimated per capita whole grains intake	36
Mental health - depression disorders	37
Mental health - anxiety disorders	38
Oesophageal cancer	39
Breast cancer	41
Colorectal cancer	42
Pancreatic cancer	44
Gallbladder cancer	46
Kidney cancer	48
Cancer of the uterus	50
Raised blood pressure	51
Raised cholesterol	54
Raised fasting blood glucose	57
Diabetes prevalence	59
Contextual factors	60



# **Obesity prevalence**

#### Adults, 2022-2023





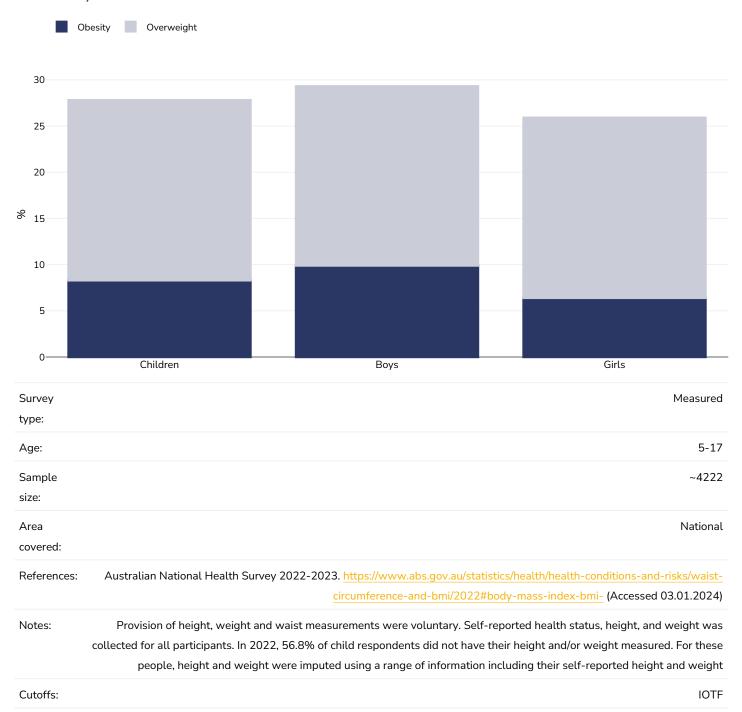
Survey	Measured
type:	
Age:	18+
Sample	~12846
size:	
Area	National
covered:	
References:	Australian National Health Survey 2022-2023. https://www.abs.gov.au/statistics/health/health-conditions-and-risks/waist-
	circumference-and-bmi/2022#body-mass-index-bmi- (Accessed 03.01.2024)

Notes: Provision of height, weight and waist measurements were voluntary. Self-reported health status, height, and weight was collected for all participants. In 2022, 41.8% of adult respondents did not have their height and/or weight measured. For these people, height and weight were imputed using a range of information including their self-reported height and weight

 $Unless \ otherwise \ noted, \ overweight \ refers \ to \ a \ BMI \ between \ 25kg \ and \ 29.9kg/m^2, \ obesity \ refers \ to \ a \ BMI \ greater \ than \ 30kg/m^2.$ 



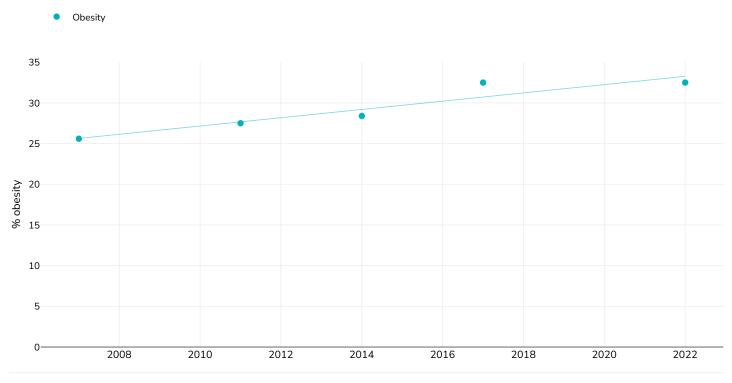
#### Children, 2022-2023





# % Adults living with obesity, 2007-2023

#### Men



Survey type: Measured

References:

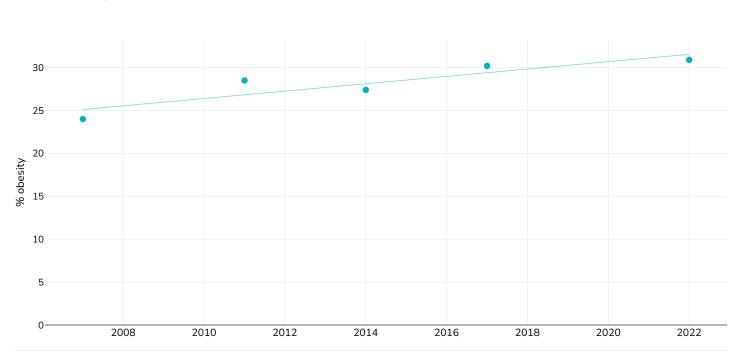
For full details of references visit https://data.worldobesity.org/

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



#### Women





Survey type: Measured

References:

For full details of references visit https://data.worldobesity.org/

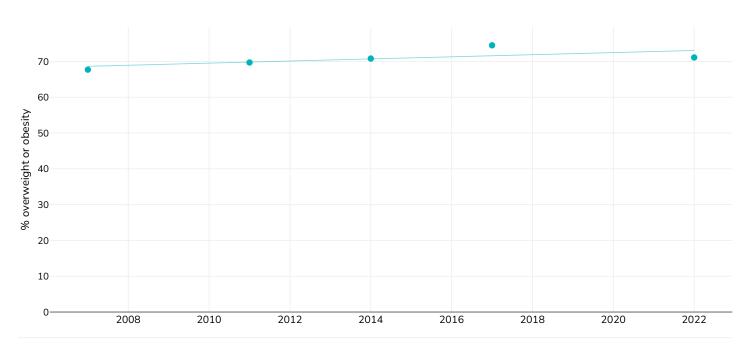
 $Unless \ otherwise \ noted, \ overweight \ refers \ to \ a \ BMI \ between \ 25kg \ and \ 29.9kg/m^2, \ obesity \ refers \ to \ a \ BMI \ greater \ than \ 30kg/m^2.$ 



# % Adults living with overweight or obesity, 2007-2023

#### Men

Overweight or obesity



Survey type: Measured

References:

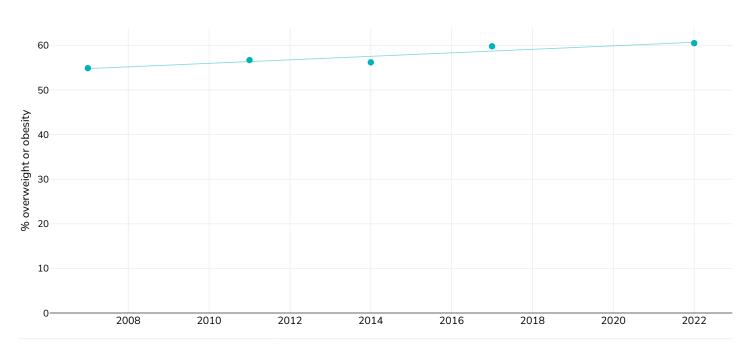
For full details of references visit https://data.worldobesity.org/

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



#### Women

Overweight or obesity



Survey type: Measured

References:

For full details of references visit https://data.worldobesity.org/

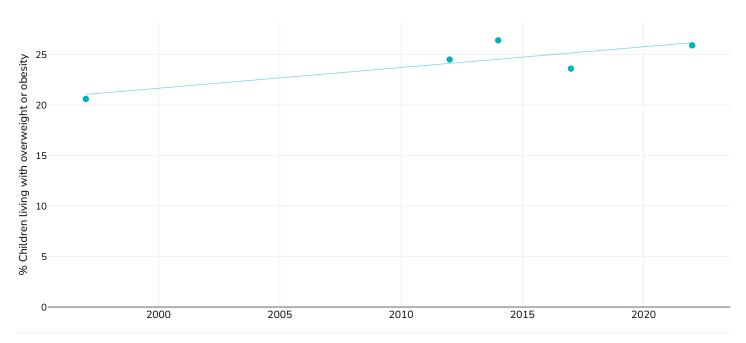
 $Unless \ otherwise \ noted, \ overweight \ refers \ to \ a \ BMI \ between \ 25kg \ and \ 29.9kg/m^2, \ obesity \ refers \ to \ a \ BMI \ greater \ than \ 30kg/m^2.$ 



# % Children living with overweight or obesity, 1997-2023

#### Girls

Overweight or obesity



Survey type: Measured

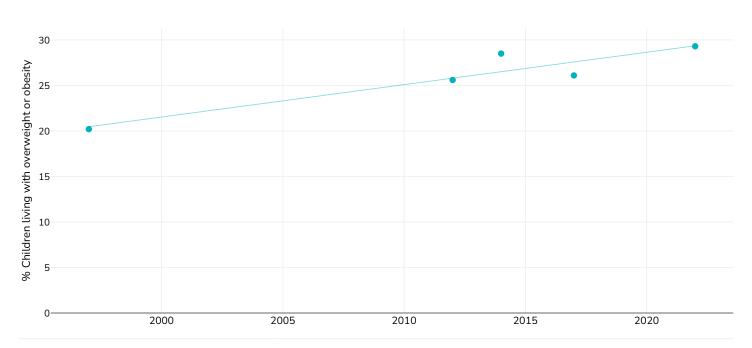
References:

For full details of references visit https://data.worldobesity.org/



### Boys

Overweight or obesity



Survey type: Measured

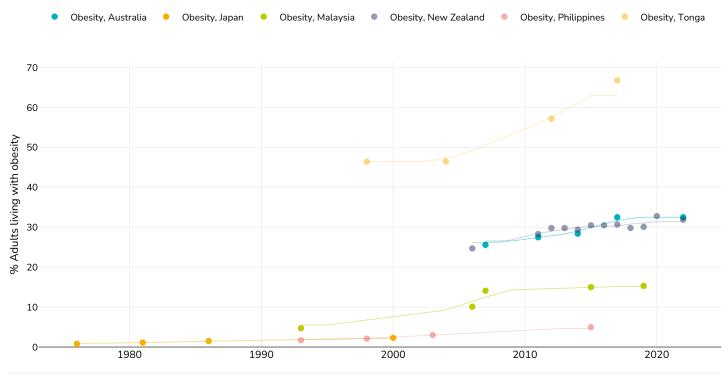
References:

For full details of references visit https://data.worldobesity.org/



# % Adults living with obesity, selected countries, 1976-2023

#### Men

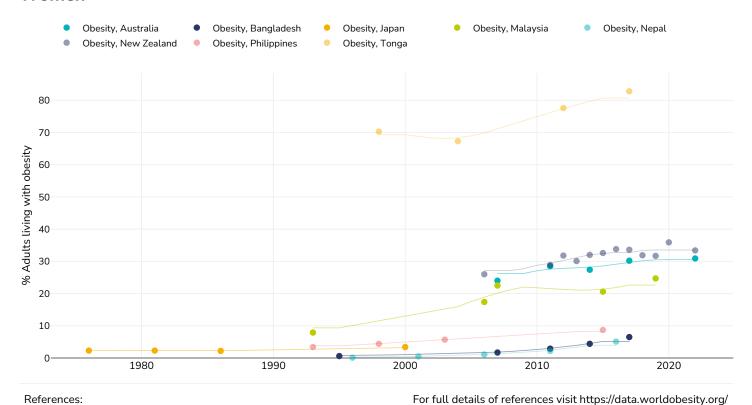


References:

For full details of references visit https://data.worldobesity.org/



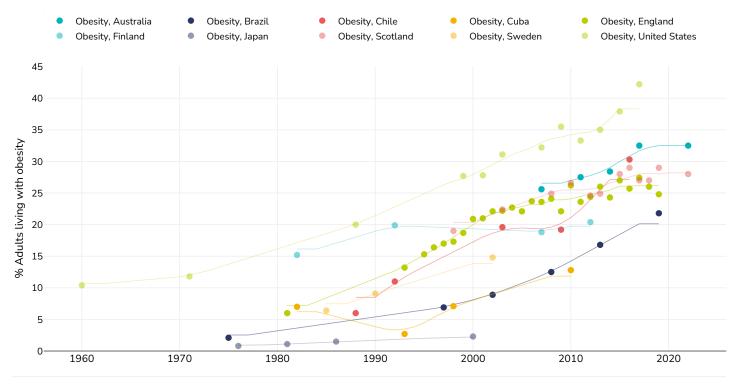
#### Women





# % Adults living with obesity, selected countries, 1960-2023

#### Men

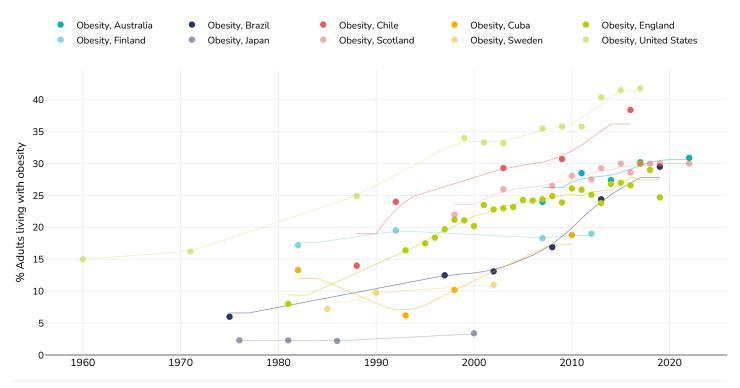


References:

For full details of references visit https://data.worldobesity.org/



#### Women



References:

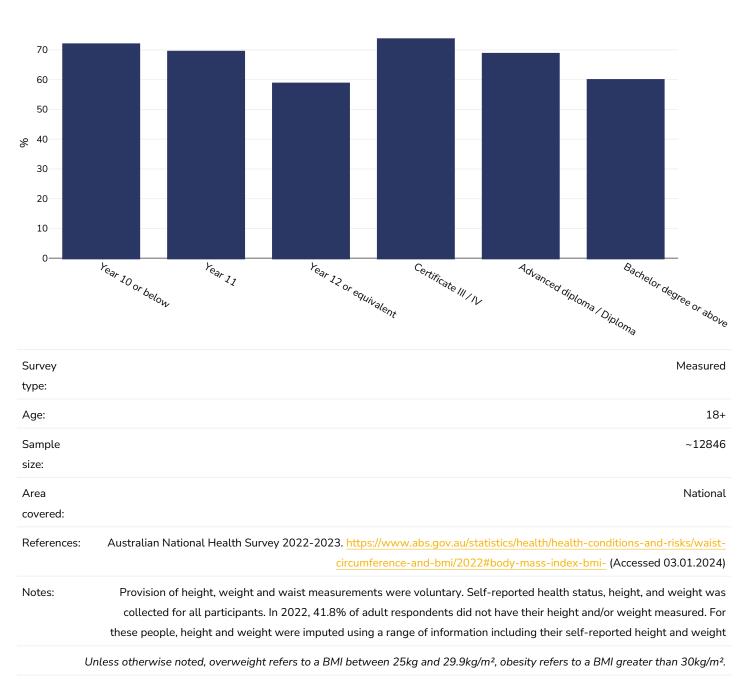
For full details of references visit https://data.worldobesity.org/



### Overweight/obesity by education

#### Adults, 2022-2023

Overweight or obesity





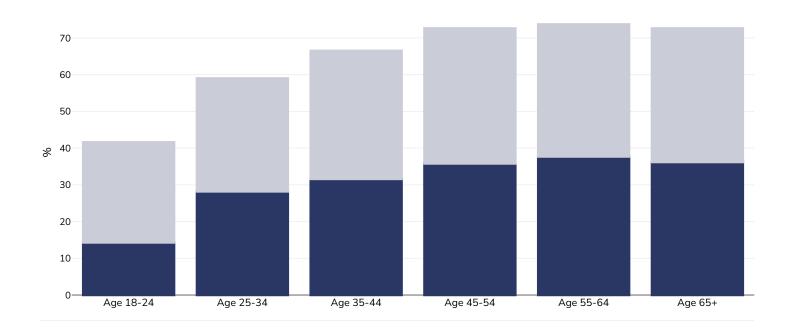
### Overweight/obesity by age

#### Adults, 2022-2023

Survey

Notes:





type:	
Sample	~12846
size:	
Area	National
covered:	

References: Australian National Health Survey 2022-2023. <a href="https://www.abs.gov.au/statistics/health/health-conditions-and-risks/waist-circumference-and-bmi/2022#body-mass-index-bmi">https://www.abs.gov.au/statistics/health/health-conditions-and-risks/waist-circumference-and-bmi/2022#body-mass-index-bmi</a> (Accessed 03.01.2024)

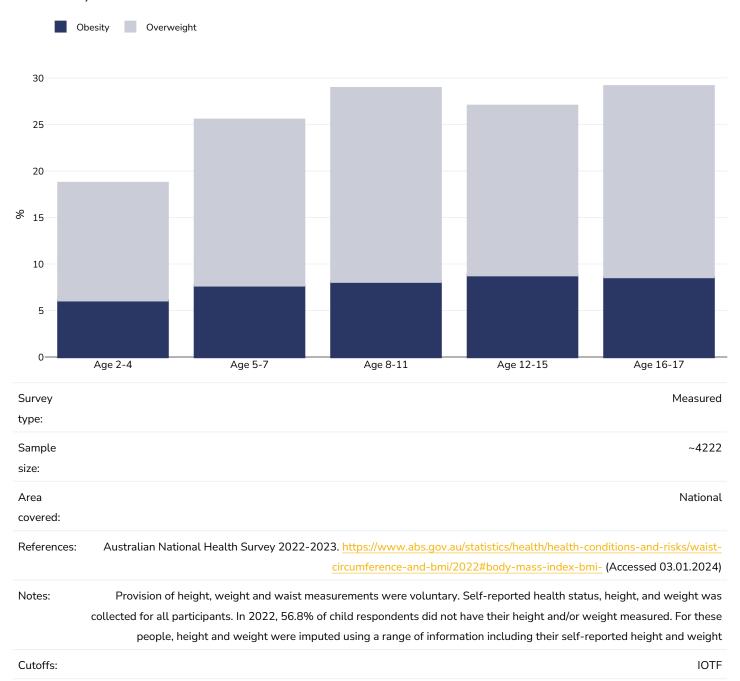
Provision of height, weight and waist measurements were voluntary. Self-reported health status, height, and weight was collected for all participants. In 2022, 41.8% of adult respondents did not have their height and/or weight measured. For these people, height and weight were imputed using a range of information including their self-reported height and weight

Measured

 $Unless \ otherwise \ noted, \ overweight \ refers \ to \ a \ BMI \ between \ 25kg \ and \ 29.9kg/m^2, \ obesity \ refers \ to \ a \ BMI \ greater \ than \ 30kg/m^2.$ 



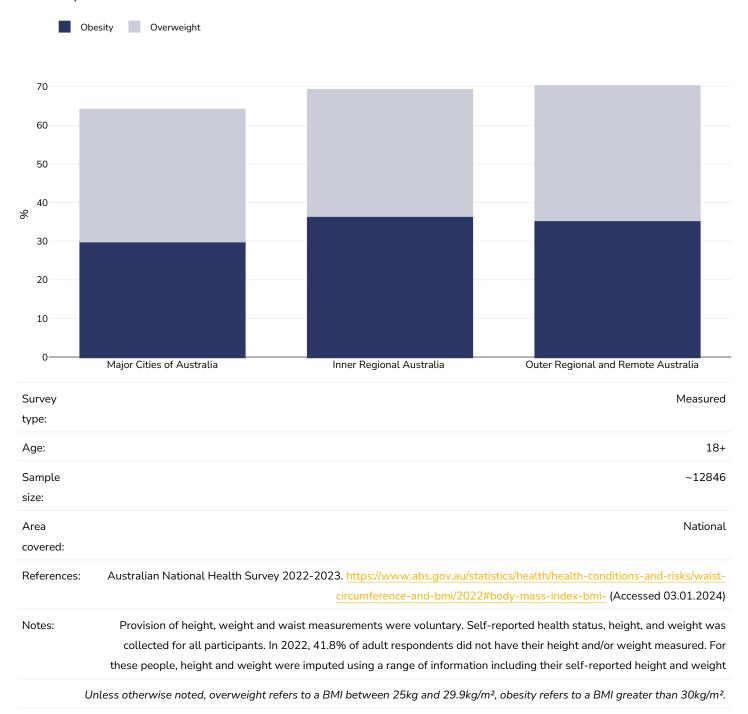
#### Children, 2022-2023





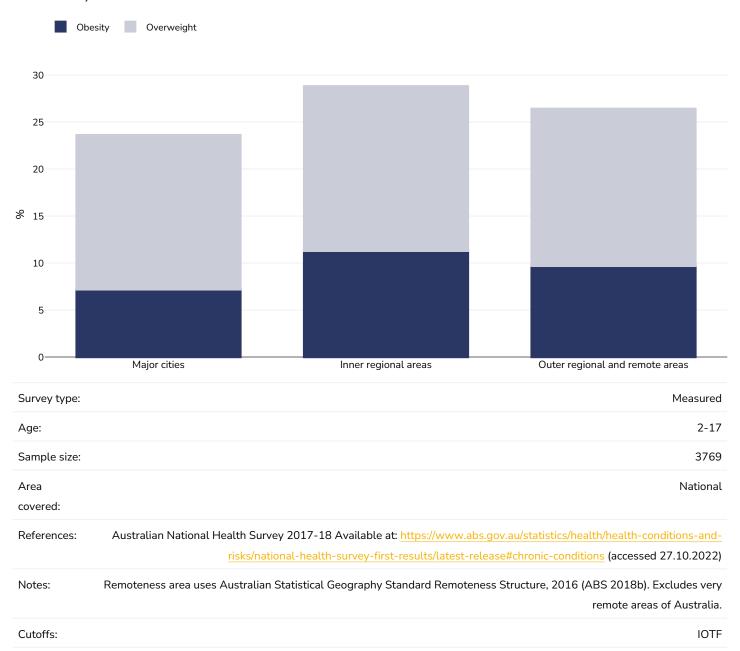
### Overweight/obesity by region

#### Adults, 2022-2023



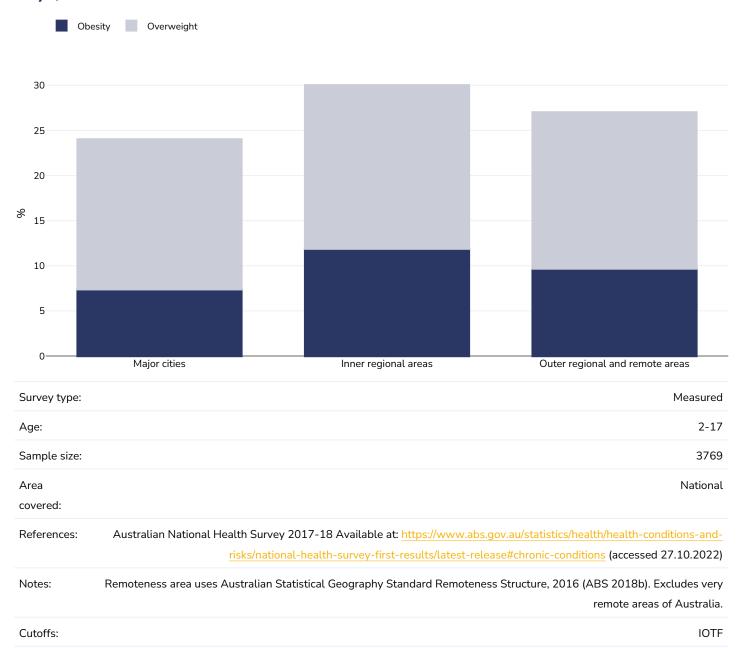


#### Children, 2017-2018



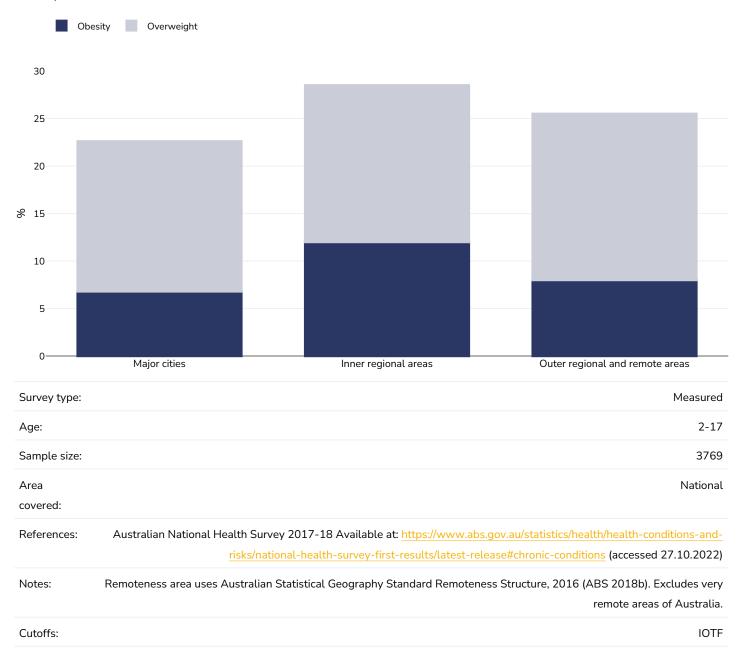


#### Boys, 2017-2018





#### Girls, 2017-2018





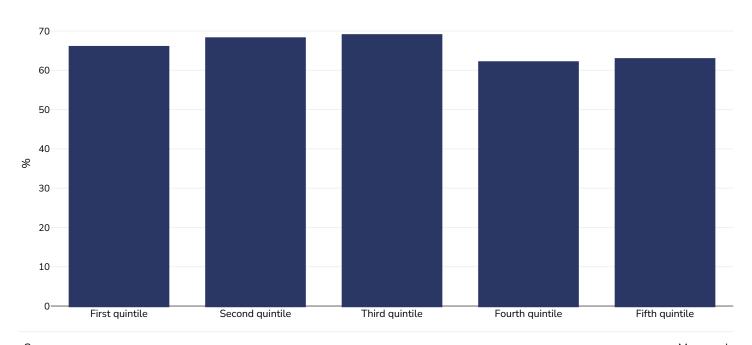
### Overweight/obesity by socio-economic group

#### Adults, 2022-2023

Notes:

Definitions:

Overweight or obesity



Survey	Measured
type:	
Age:	18+
Sample	~12846
size:	
Area	National

covered:

References: Australian National Health Survey 2022-2023. <a href="https://www.abs.gov.au/statistics/health/health-conditions-and-risks/waist-circumference-and-bmi/2022#body-mass-index-bmi-">https://www.abs.gov.au/statistics/health/health-conditions-and-risks/waist-circumference-and-bmi/2022#body-mass-index-bmi-</a> (Accessed 03.01.2024)

Provision of height, weight and waist measurements were voluntary. Self-reported health status, height, and weight was collected for all participants. In 2022, 41.8% of adult respondents did not have their height and/or weight measured. For these people, height and weight were imputed using a range of information including their self-reported height and weight

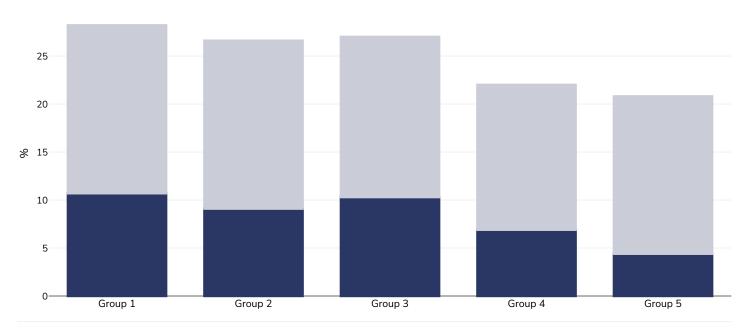
A lower Index of Disadvantage quintile (e.g. the first quintile) indicates relatively greater disadvantage and a lack of advantage in general. A higher Index of Disadvantage (e.g. the fifth quintile) indicates a relative lack of disadvantage and greater advantage in general.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



### Children, 2017-2018





Survey	Measured
type:	
Age:	2-17
Sample size:	3769
Area covered:	National

References: Australian National Health Survey 2017-18 Available at: <a href="https://www.abs.gov.au/statistics/health/health-conditions-and-risks/national-health-survey-first-results/latest-release#chronic-conditions">https://www.abs.gov.au/statistics/health/health-conditions-and-risks/national-health-survey-first-results/latest-release#chronic-conditions</a> (accessed 27.10.2022)

Notes:

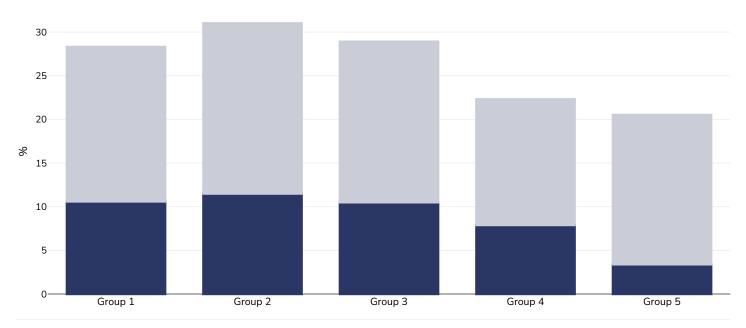
Socioeconomic areas are quintiles of Socio-Economic Indexes for Areas 2016 (SEIFA 2016), specifically the Index of Relative Socio-Economic Disadvantage (IRSD) (ABS 2018c). Lower socioeconomic areas have greater overall levels of disadvantage. "This index ranks areas on a continuum from most disadvantaged to least disadvantaged. A low score on this index indicates a high proportion of relatively disadvantaged people in an area. We cannot conclude that an area with a very high score has a large proportion of relatively advantaged people, as there are no variables in the index to indicate this. We can only conclude that such an area has a relatively low incidence of disadvantage."

Definitions:	Group 1: Most disadvantaged areas Group 5: Least disadvantaged areas
Cutoffs:	IOTF



#### Boys, 2017-2018





Survey	Measured
type:	
Age:	2-17
Sample size:	3769
Area covered:	National

References: Australian National Health Survey 2017-18 Available at: <a href="https://www.abs.gov.au/statistics/health/health-conditions-and-risks/national-health-survey-first-results/latest-release#chronic-conditions">https://www.abs.gov.au/statistics/health/health-conditions-and-risks/national-health-survey-first-results/latest-release#chronic-conditions</a> (accessed 27.10.2022)

Notes:

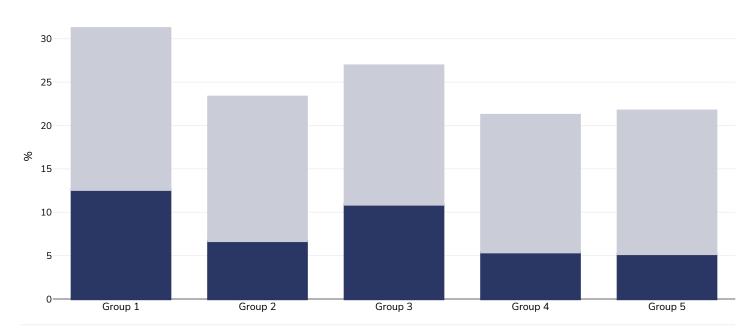
Socioeconomic areas are quintiles of Socio-Economic Indexes for Areas 2016 (SEIFA 2016), specifically the Index of Relative Socio-Economic Disadvantage (IRSD) (ABS 2018c). Lower socioeconomic areas have greater overall levels of disadvantage. "This index ranks areas on a continuum from most disadvantaged to least disadvantaged. A low score on this index indicates a high proportion of relatively disadvantaged people in an area. We cannot conclude that an area with a very high score has a large proportion of relatively advantaged people, as there are no variables in the index to indicate this. We can only conclude that such an area has a relatively low incidence of disadvantage."

Definitions:	Group 1: Most disadvantaged areas Group 5: Least disadvantaged areas
Cutoffs:	IOTF



#### Girls, 2017-2018





Survey	Measured
type:	
Age:	2-17
Sample size:	3769
Area covered:	National

References: Australian National Health Survey 2017-18 Available at: <a href="https://www.abs.gov.au/statistics/health/health-conditions-and-risks/national-health-survey-first-results/latest-release#chronic-conditions">https://www.abs.gov.au/statistics/health/health-conditions-and-risks/national-health-survey-first-results/latest-release#chronic-conditions</a> (accessed 27.10.2022)

Notes:

Socioeconomic areas are quintiles of Socio-Economic Indexes for Areas 2016 (SEIFA 2016), specifically the Index of Relative Socio-Economic Disadvantage (IRSD) (ABS 2018c). Lower socioeconomic areas have greater overall levels of disadvantage. "This index ranks areas on a continuum from most disadvantaged to least disadvantaged. A low score on this index indicates a high proportion of relatively disadvantaged people in an area. We cannot conclude that an area with a very high score has a large proportion of relatively advantaged people, as there are no variables in the index to indicate this. We can only conclude that such an area has a relatively low incidence of disadvantage."

Definitions:	Group 1: Most disadvantaged areas Group 5: Least disadvantaged areas
Cutoffs:	IOTF

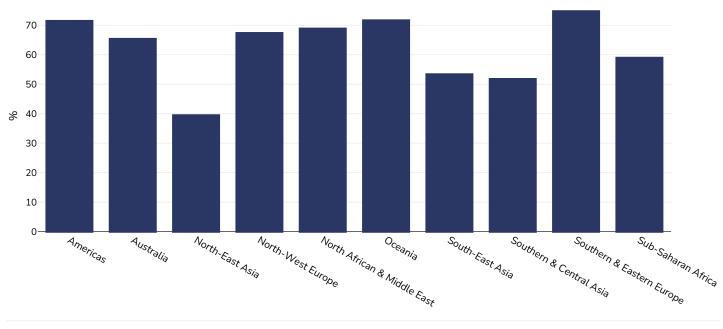


### Overweight/obesity by ethnicity

Ethnic groups are as defined by publication of origin and are not as defined by WOF. In some instances ethnicity is conflated with nationality and/or race.

#### Men, 2011





Survey	Self-reported
type:	
Age:	18+
Sample size:	16,044

References: Menigoz, Karen, et al. "Ethnic Differences in Overweight and Obesity and the Influence of Acculturation on Immigrant Bodyweight: Evidence from a National Sample of Australian Adults." BMC Public Health, vol. 16, no. 1, 5 Sept. 2016,

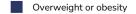
www.ncbi.nlm.nih.gov/pmc/articles/PMC5011908/, 10.1186/s12889-016-3608-6. Accessed 30 Sept. 2021.

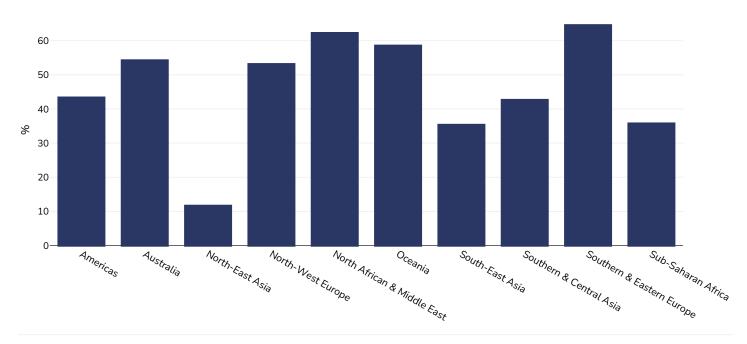
Definitions: Country of birth

 $Unless \ otherwise \ noted, \ overweight \ refers \ to \ a \ BMI \ between \ 25kg \ and \ 29.9kg/m^2, \ obesity \ refers \ to \ a \ BMI \ greater \ than \ 30kg/m^2.$ 



#### Women, 2011





Survey	Self-reported
type:	
Age:	18+
Sample size:	16,044

References:

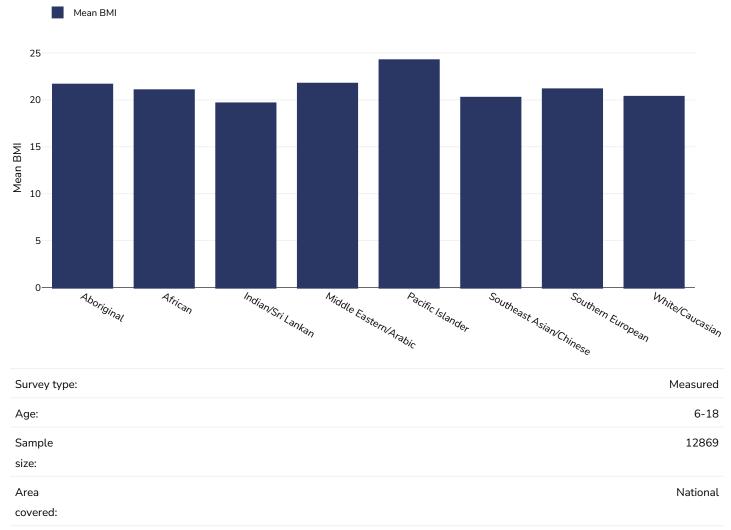
Menigoz, Karen, et al. "Ethnic Differences in Overweight and Obesity and the Influence of Acculturation on Immigrant Bodyweight: Evidence from a National Sample of Australian Adults." BMC Public Health, vol. 16, no. 1, 5 Sept. 2016, www.ncbi.nlm.nih.gov/pmc/articles/PMC5011908/, 10.1186/s12889-016-3608-6. Accessed 30 Sept. 2021.

Definitions: Country of birth

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².



#### Children, 2012



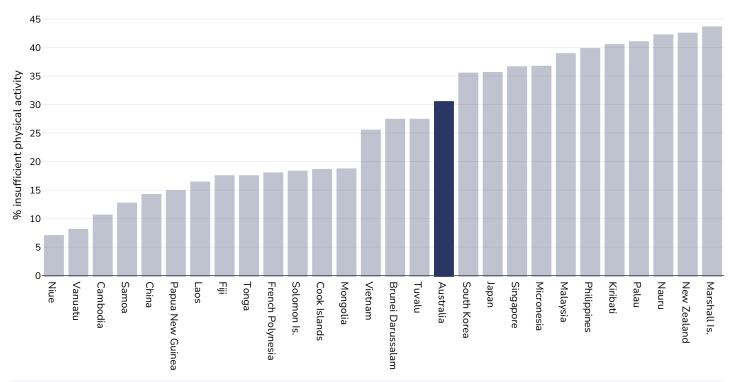
References: O'Dea JA, Dibley MJ. Prevalence of obesity, overweight and thinness in Australian children and adolescents by socioeconomic status and ethnic/cultural group in 2006 and 2012. Int J Public Health. 2014 Oct;59(5):819-28. doi: 10.1007/s00038-014-0605-3. Epub 2014. Accessed 30.09.21.

Cutoffs: IOTF



# Insufficient physical activity

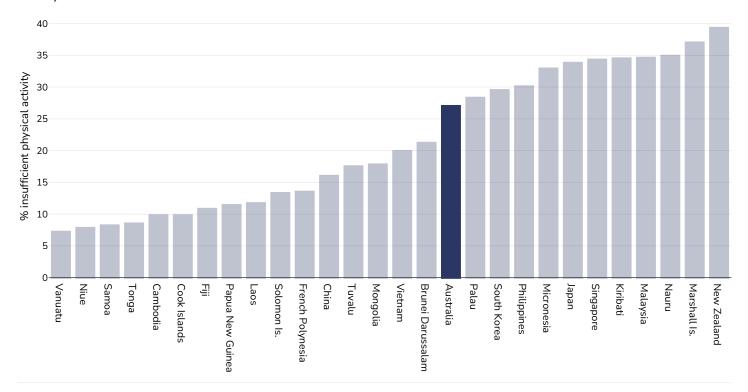
#### Adults, 2016



References: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 <a href="http://dx.doi.org/10.1016/S2214-109X">http://dx.doi.org/10.1016/S2214-109X</a>
(18)30357-7



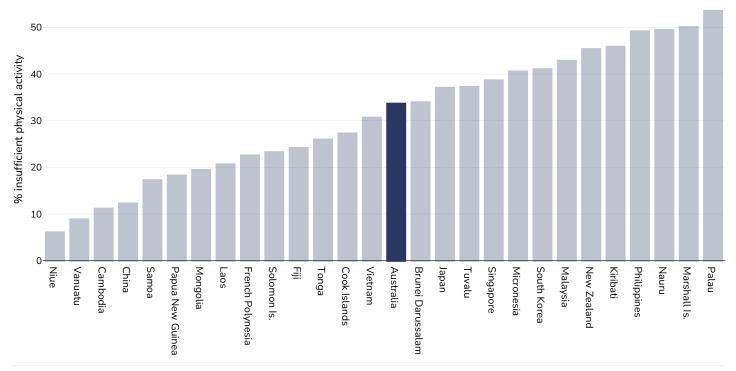
#### Men, 2016



References: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 <a href="http://dx.doi.org/10.1016/S2214-109X">http://dx.doi.org/10.1016/S2214-109X</a>
(18)30357-7



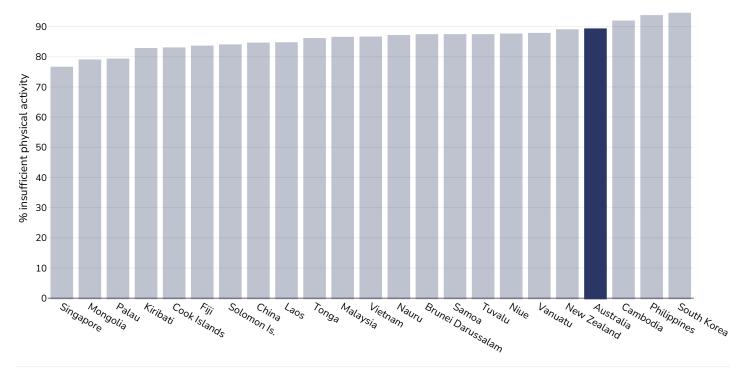
#### Women, 2016



References: Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 <a href="http://dx.doi.org/10.1016/S2214-109X">http://dx.doi.org/10.1016/S2214-109X</a> (18)30357-7



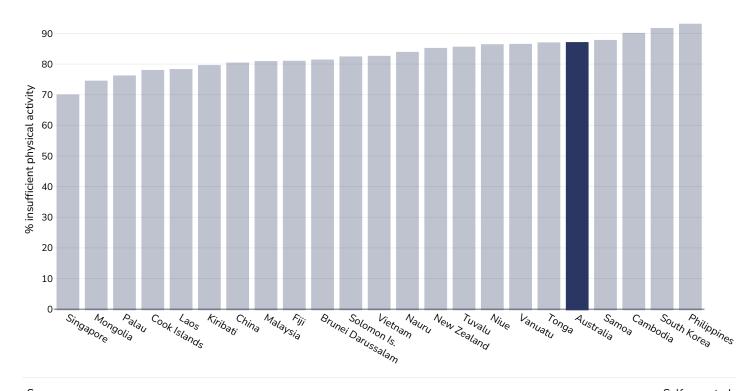
### Children, 2016



Survey	Self-reported
type:	
Age:	11-17
References:	Global Health Observatory data repository, World Health Organisation, <a href="https://apps.who.int/gho/data/node.main.A893ADO?lang=en">https://apps.who.int/gho/data/node.main.A893ADO?lang=en</a> (last accessed 16.03.21)
Notes:	% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.
Definitions:	% Adolescents insufficiently active (age standardised estimate)



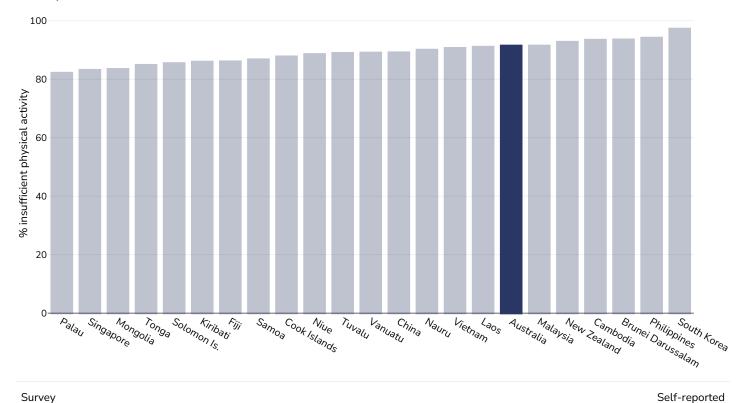
# Boys, 2016



Survey	Self-reported
type:	
Age:	11-17
References:	Global Health Observatory data repository, World Health Organisation, <a href="https://apps.who.int/gho/data/node.main.A893ADO?lang=en">https://apps.who.int/gho/data/node.main.A893ADO?lang=en</a> (last accessed 16.03.21)
Notes:	% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.
Definitions:	% Adolescents insufficiently active (age standardised estimate)



### Girls, 2016

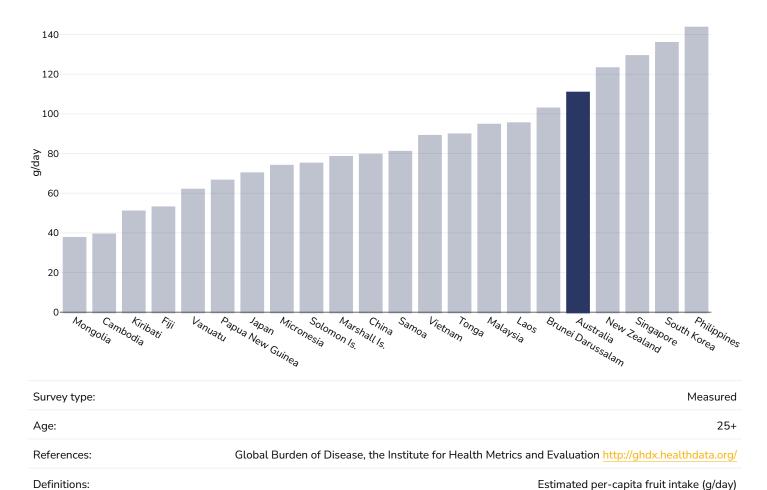


±	Con Topolou
type:	
Age:	11-17
References:	Global Health Observatory data repository, World Health Organisation, <a href="https://apps.who.int/gho/data/node.main.A893ADO?lang=en">https://apps.who.int/gho/data/node.main.A893ADO?lang=en</a> (last accessed 16.03.21)
Notes:	% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.
Definitions:	% Adolescents insufficiently active (age standardised estimate)



# Estimated per capita fruit intake

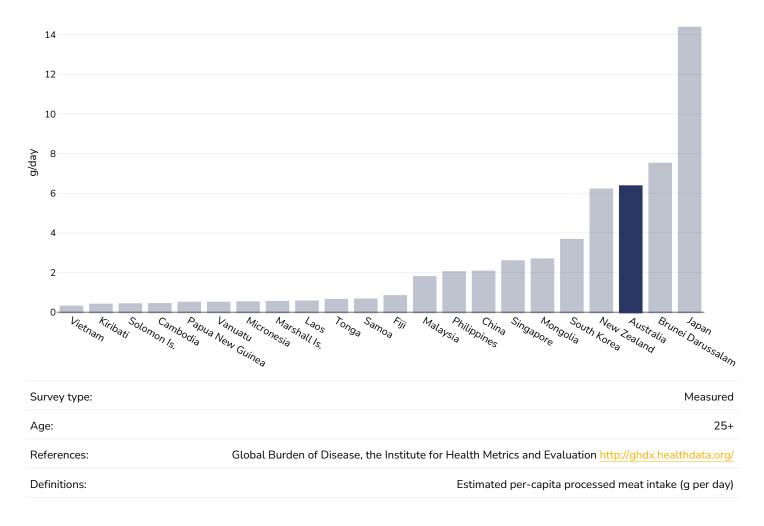
#### Adults, 2017





# Estimated per-capita processed meat intake

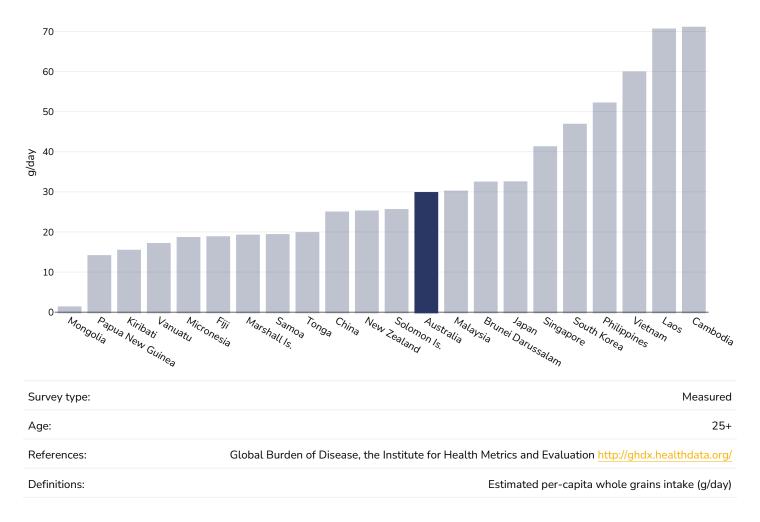
#### Adults, 2017





# Estimated per capita whole grains intake

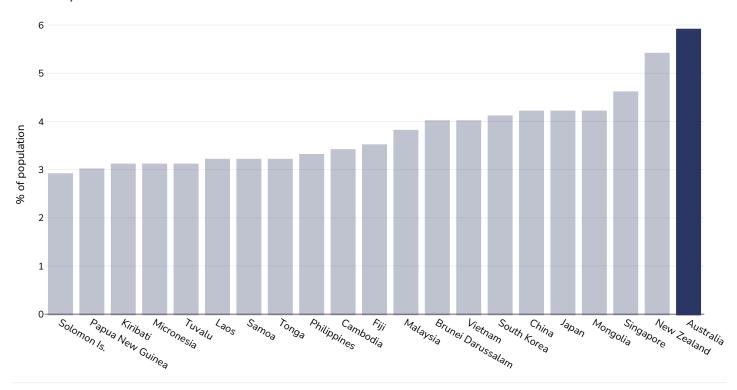
# Adults, 2017





# Mental health - depression disorders

## Adults, 2015



References: Prevalence data from Global Burden of Disease study 2015 (<a href="http://ghdx.healthdata.org">http://ghdx.healthdata.org</a>) published in: Depression and Other Common Mental Disorders: Global Health Estimates. Geneva: World Health Organization; 2017. Licence: CC BY-NC-SA 3.0 IGO.

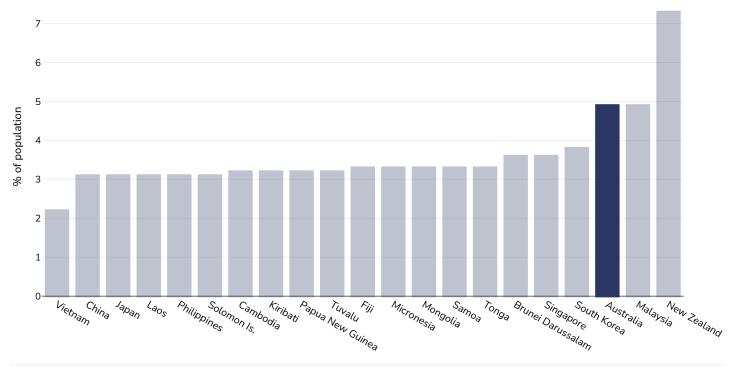
Definitions:

% of population with depression disorders



# Mental health - anxiety disorders

## Adults, 2015



References: Prevalence data from Global Burden of Disease study 2015 (<a href="http://ghdx.healthdata.org">http://ghdx.healthdata.org</a>) published in: Depression and Other Common Mental Disorders: Global Health Estimates. Geneva: World Health Organization; 2017. Licence: CC BY-NC-SA 3.0

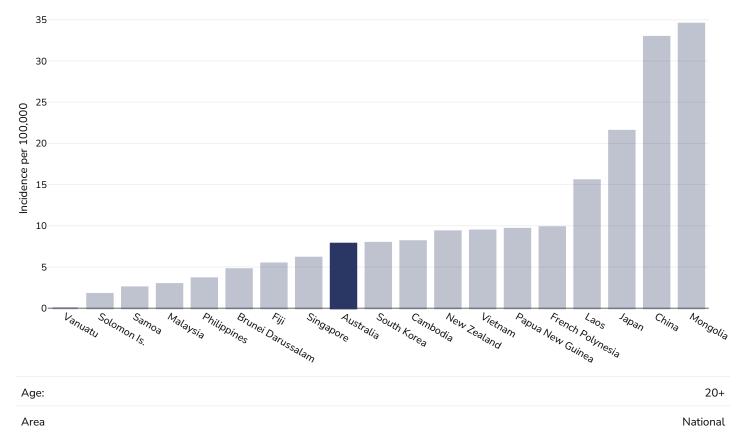
IGO.

Definitions: % of population with anxiety disorders



# Oesophageal cancer

# Men, 2020



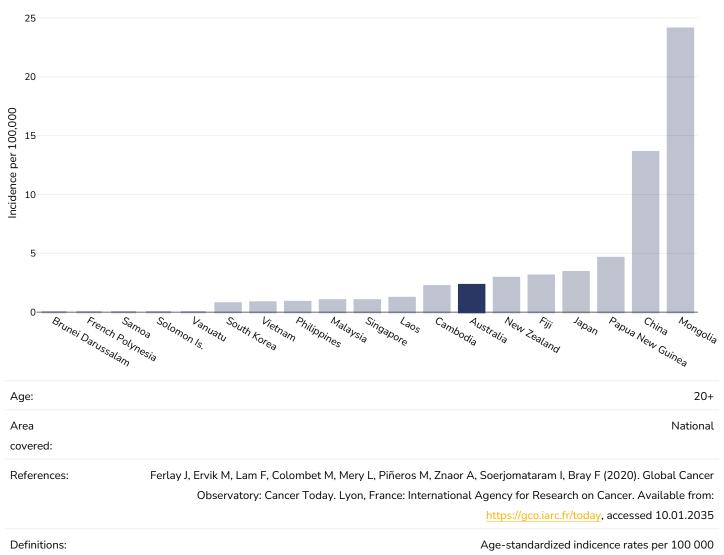
covered:

References: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

https://gco.iarc.fr/today, accessed 10.01.2035

Definitions: Age-standardized indicence rates per 100 000

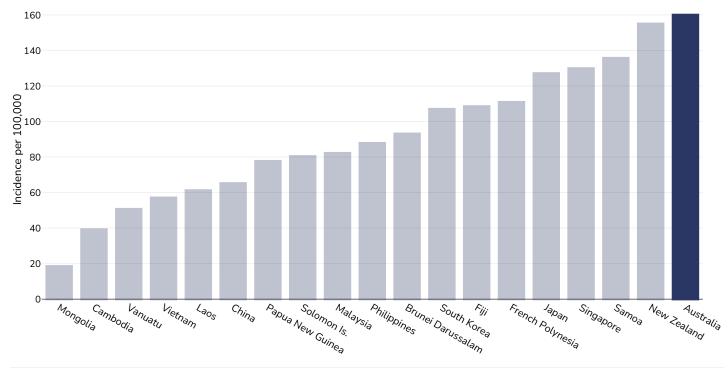






# **Breast cancer**

## Women, 2020



Age: 20+

Area National

covered:
References:

Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

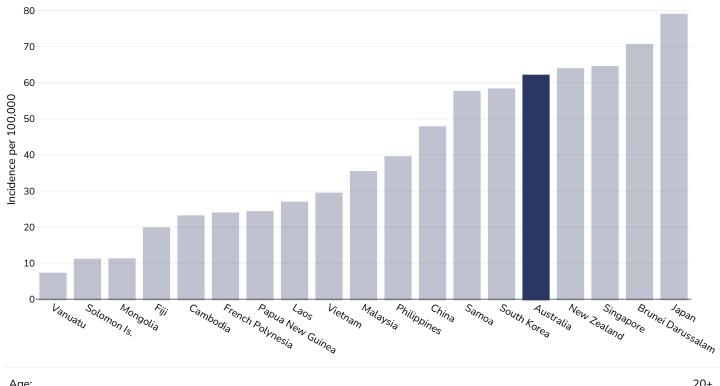
https://gco.iarc.fr/today, accessed 10.01.2035

Definitions: Age-standardized indicence rates per 100 000



# Colorectal cancer

## Men, 2020



20+ Age:

Area National

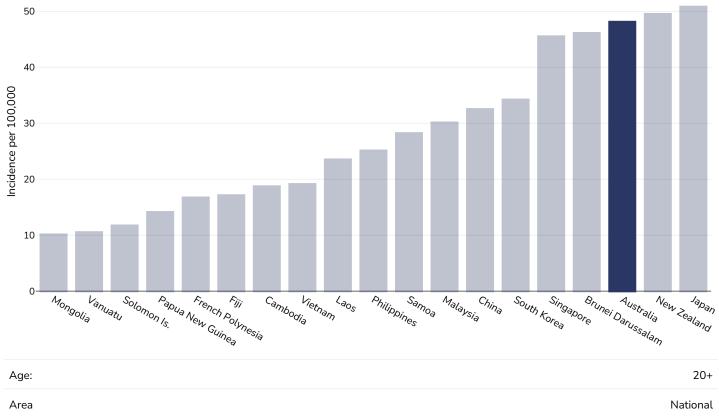
covered:

References: Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

https://gco.iarc.fr/today, accessed 10.01.2035

Definitions: Age-standardized indicence rates per 100 000





covered:

References:

Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

https://gco.iarc.fr/today, accessed 10.01.2035

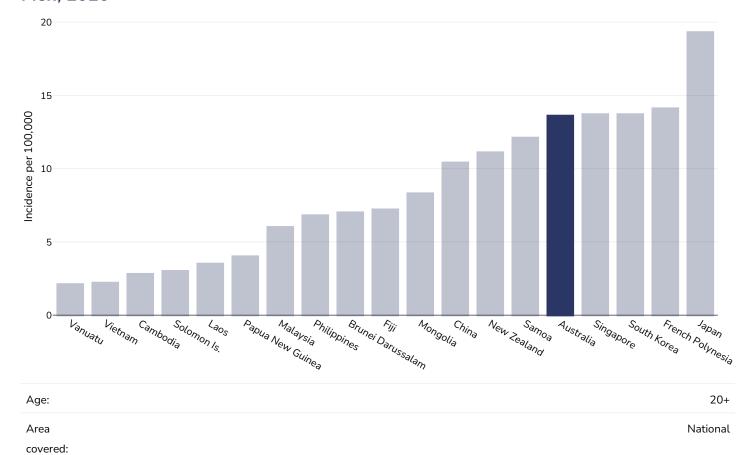
Definitions:

Age-standardized indicence rates per 100 000



## Pancreatic cancer

## Men, 2020



References:

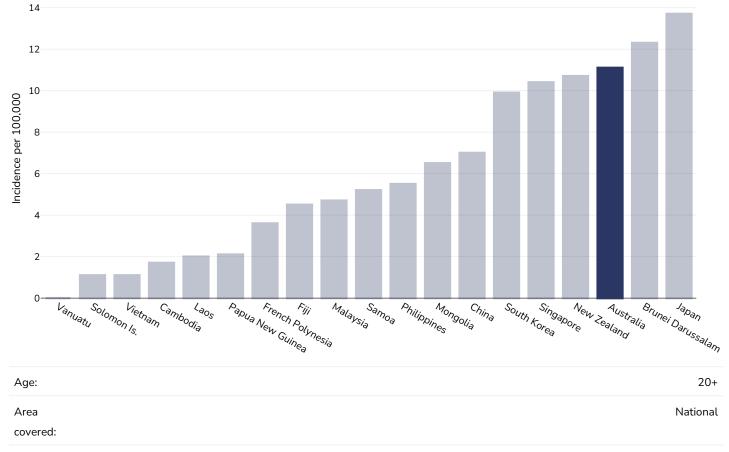
Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

Definitions:

Age-standardized indicence rates per 100 000

https://gco.iarc.fr/today, accessed 10.01.2035





References:

Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

https://gco.iarc.fr/today, accessed 10.01.2035

Definitions:

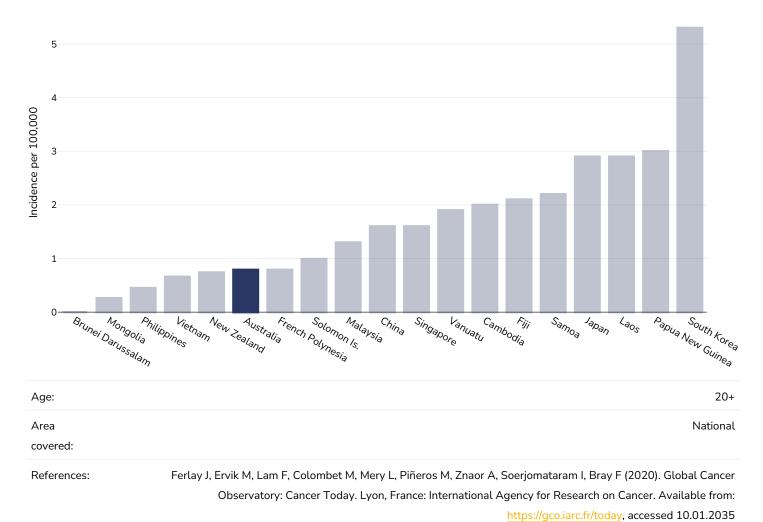
Age-standardized indicence rates per 100 000



## Gallbladder cancer

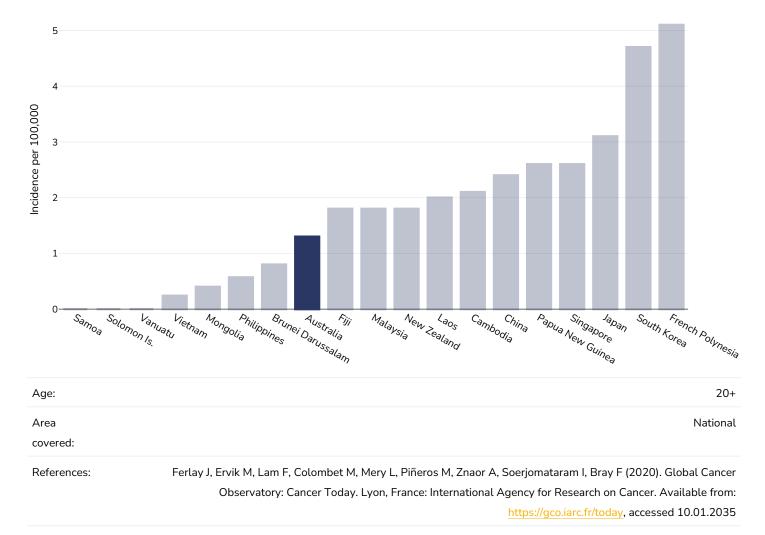
## Men, 2020

Definitions:



Age-standardized indicence rates per 100 000



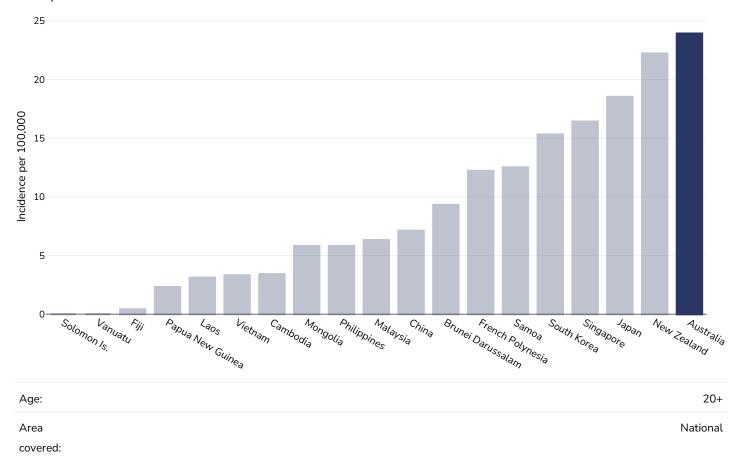


Definitions: Age-standardized indicence rates per 100 000



# Kidney cancer

## Men, 2020



References:

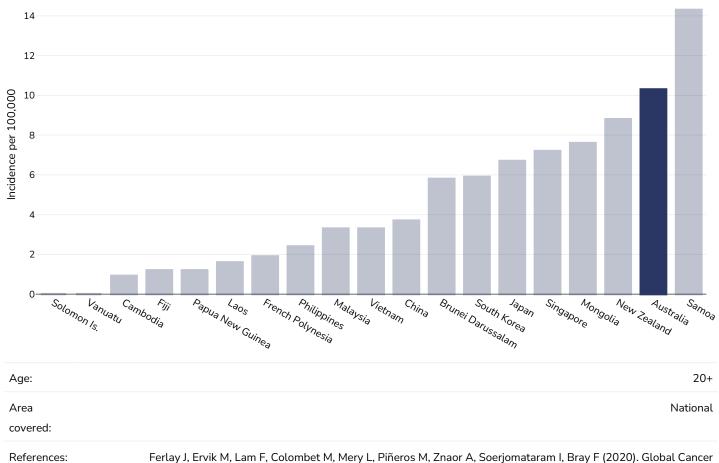
Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

https://gco.iarc.fr/today, accessed 10.01.2035

Definitions:

Age-standardized indicence rates per 100 000





Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:

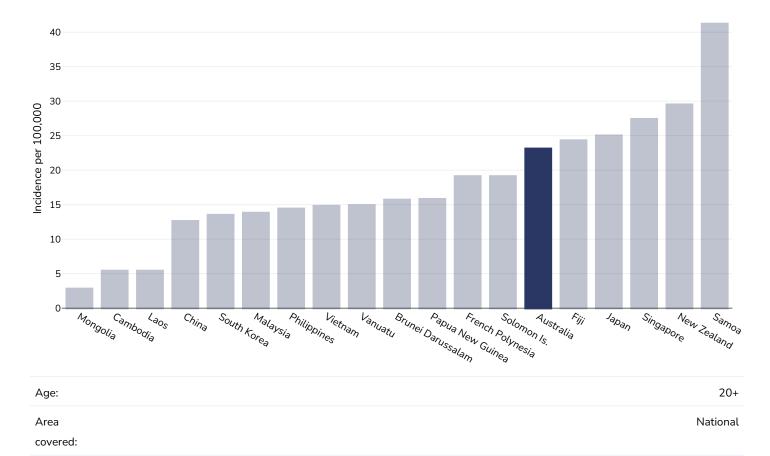
https://gco.iarc.fr/today, accessed 10.01.2035

Definitions: Age-standardized indicence rates per 100 000



# **Cancer of the uterus**

## Women, 2020



References:

Ferlay J, Ervik M, Lam F, Colombet M, Mery L, Piñeros M, Znaor A, Soerjomataram I, Bray F (2020). Global Cancer
Observatory: Cancer Today. Lyon, France: International Agency for Research on Cancer. Available from:
<a href="https://gco.iarc.fr/today">https://gco.iarc.fr/today</a>, accessed 10.01.2035

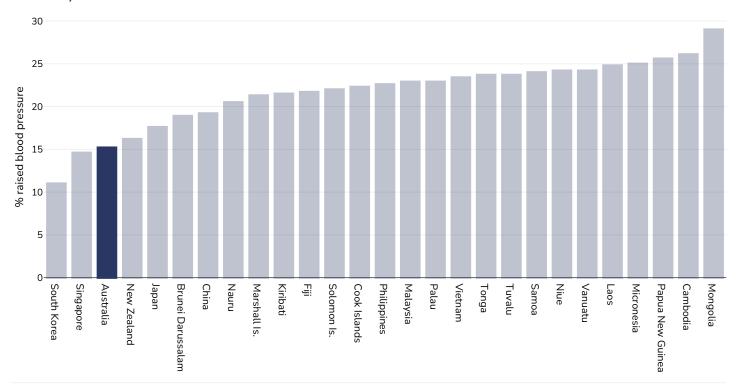
Definitions:

Age-standardized indicence rates per 100 000



# Raised blood pressure

# Adults, 2015



References:

Global Health Observatory data repository, World Health Organisation,

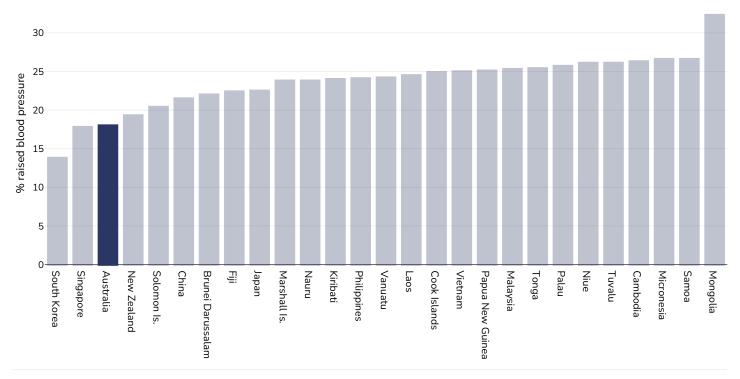
http://apps.who.int/gho/data/node.main.A875?lang=en

Definitions:

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).



# Men, 2015



References:

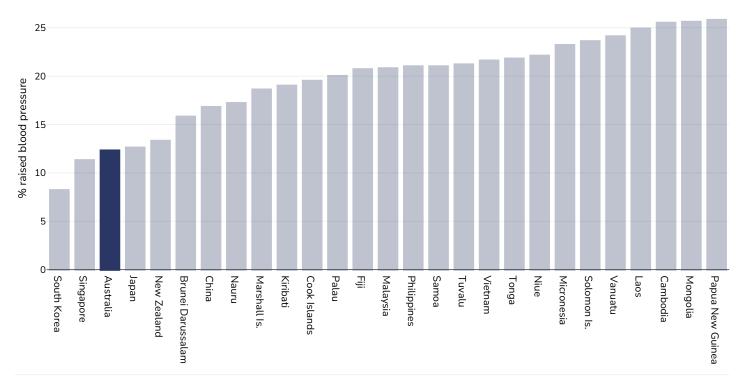
Global Health Observatory data repository, World Health Organisation,

http://apps.who.int/gho/data/node.main.A875?lang=en

Definitions:

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).





References:

Global Health Observatory data repository, World Health Organisation,

http://apps.who.int/gho/data/node.main.A875?lang=en

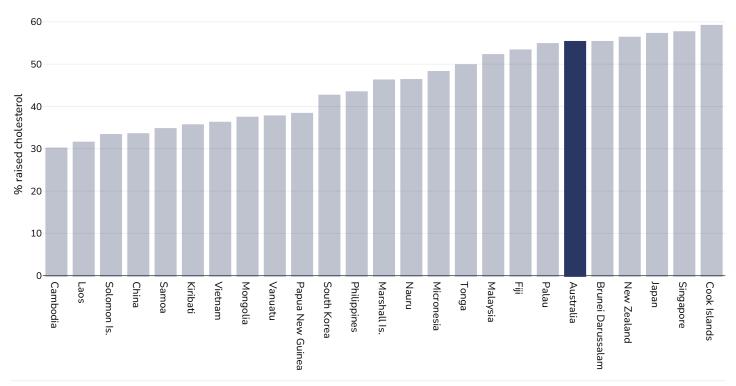
Definitions:

Age Standardised estimated % Raised blood pressure 2015 (SBP>=140 OR DBP>=90).



# Raised cholesterol

# Adults, 2008



References:

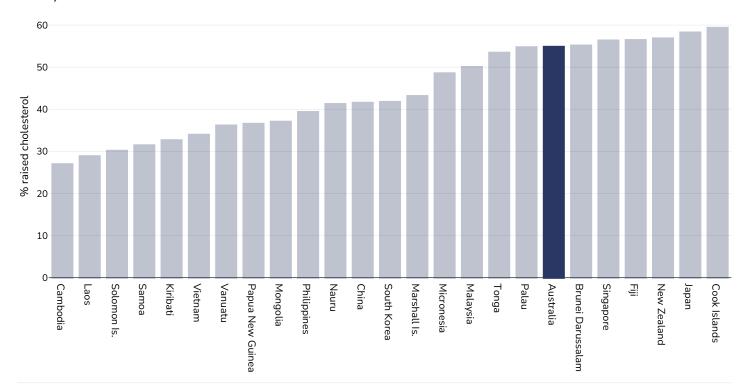
Global Health Observatory data repository, World Health Organisation, <a href="http://apps.who.int/gho/data/node.main.A885">http://apps.who.int/gho/data/node.main.A885</a>

Definitions:

% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).



# Men, 2008



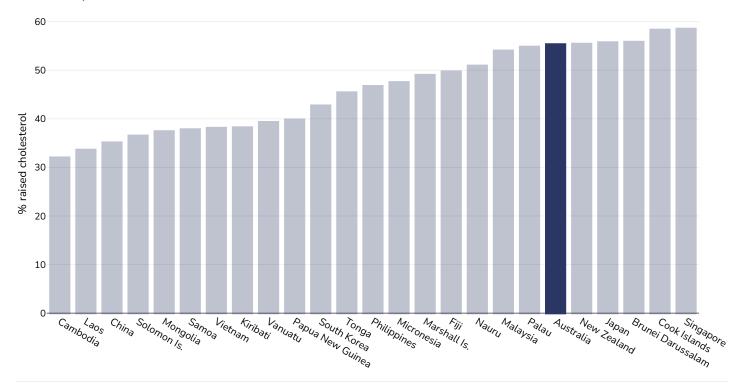
References:

Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A885

Definitions:

% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).





References:

Global Health Observatory data repository, World Health Organisation, http://apps.who.int/gho/data/node.main.A885

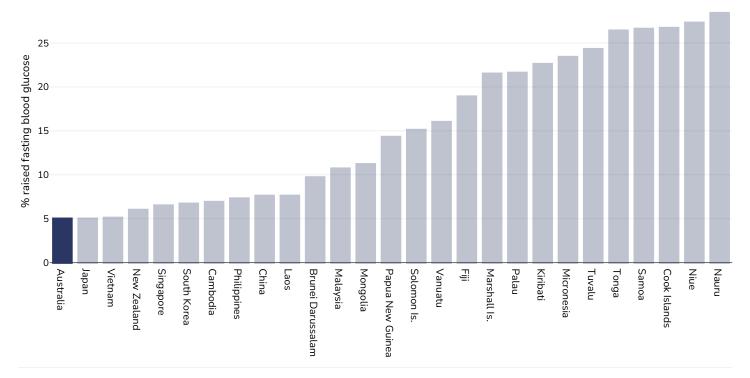
Definitions:

% Raised total cholesterol (>= 5.0 mmol/L) (age-standardized estimate).



# Raised fasting blood glucose

# Men, 2014



References:

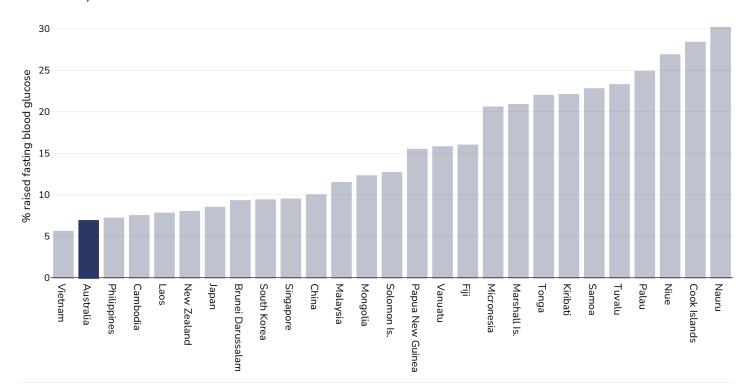
Global Health Observatory data repository, World Health Organisation,

http://apps.who.int/gho/data/node.main.A869?lang=en

Definitions:

Age Standardised % raised fasting blood glucose (>= 7.0 mmol/L or on medication).





References:

Global Health Observatory data repository, World Health Organisation,

http://apps.who.int/gho/data/node.main.A869?lang=en

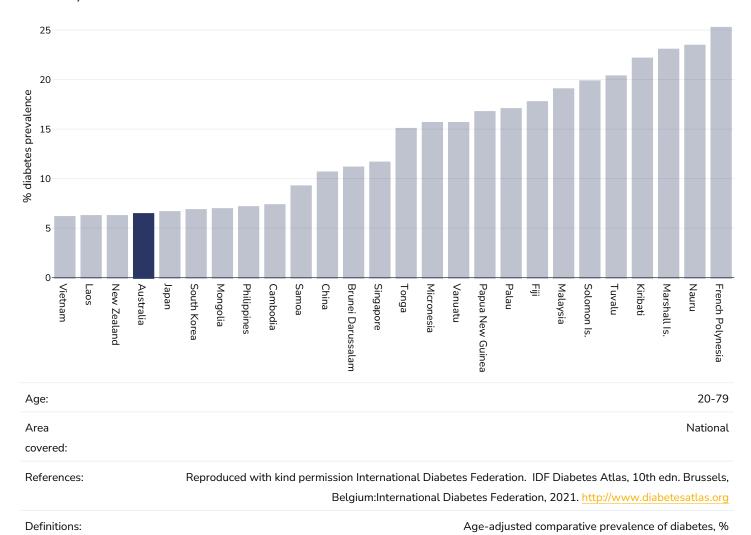
Definitions:

Age Standardised % raised fasting blood glucose ( $\geq$  7.0 mmol/L or on medication).



# Diabetes prevalence

# Adults, 2021





# **Contextual factors**

**Disclaimer:** These contextual factors should be interpreted with care. Results are updated as regularly as possible and use very specific criteria. The criteria used and full definitions are available for download at the bottom of this page.



# Labelling

Is there mandatory nutrition labelling?	
Front-of-package labelling?	✓v
Back-of-pack nutrition declaration?	✓
Color coding?	×
Warning label?	×





# Regulation and marketing

Are there fiscal policies on unhealthy products?	X
Tax on unhealthy foods?	×
Tax on unhealthy drinks?	X
Are there fiscal policies on healthy products?	<b>~</b>
Subsidy on fruits?	<b>~</b>
Subsidy on vegetables?	<b>~</b>
Subsidy on other healthy products?	<b>~</b>
Mandatory limit or ban of trans fat (all settings)?	X
Mandatory limit of trans fats in place (all settings)?	X
Ban on trans-fats or phos in place (all settings)?	×
Are there any mandatory policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	X
Mandatory restriction on broadcast media?	X
Mandatory restriction on non-broadcast media?	×
Voluntary policies/marketing restrictions on the promotion of unhealthy food/drinks to children?	✓v
Are there mandatory standards for food in schools?	X
Are there any mandatory nutrient limits in any manufactured food products?	X
Nutrition standards for public sector procurement?	X





# Political will and support

National obesity strategy or nutrition and physical activity national strategy?	<b>~</b>
National obesity strategy?	<b>~</b>
National childhood obesity strategy?	×
Comprehensive nutrition strategy?	<b>~</b>
Comprehensive physical activity strategy?	<b>~</b>
Evidence-based dietary guidelines and/or RDAs?	<b>~</b>
National target(s) on reducing obesity?	<b>~</b>
Guidelines/policy on obesity treatment?	<b>~</b>
Promotion of breastfeeding?	<b>~</b>
Monitoring and surveillance	
Monitoring of the prevalence and incidence for the main obesity-related NCDs and risk factors?	<b>~</b>
Within 5 years?	<b>~</b>
Governance and resource	
Multi-sectoral national co-ordination mechanism for obesity or nutrition (including obesity)?	<b>~</b>
Key	
Present Present Incoming Absent Unknow	wn
(voluntary)	

Last updated September 13, 2022

PDF created on May 24, 2024