# Aruba



## Country report card - adults

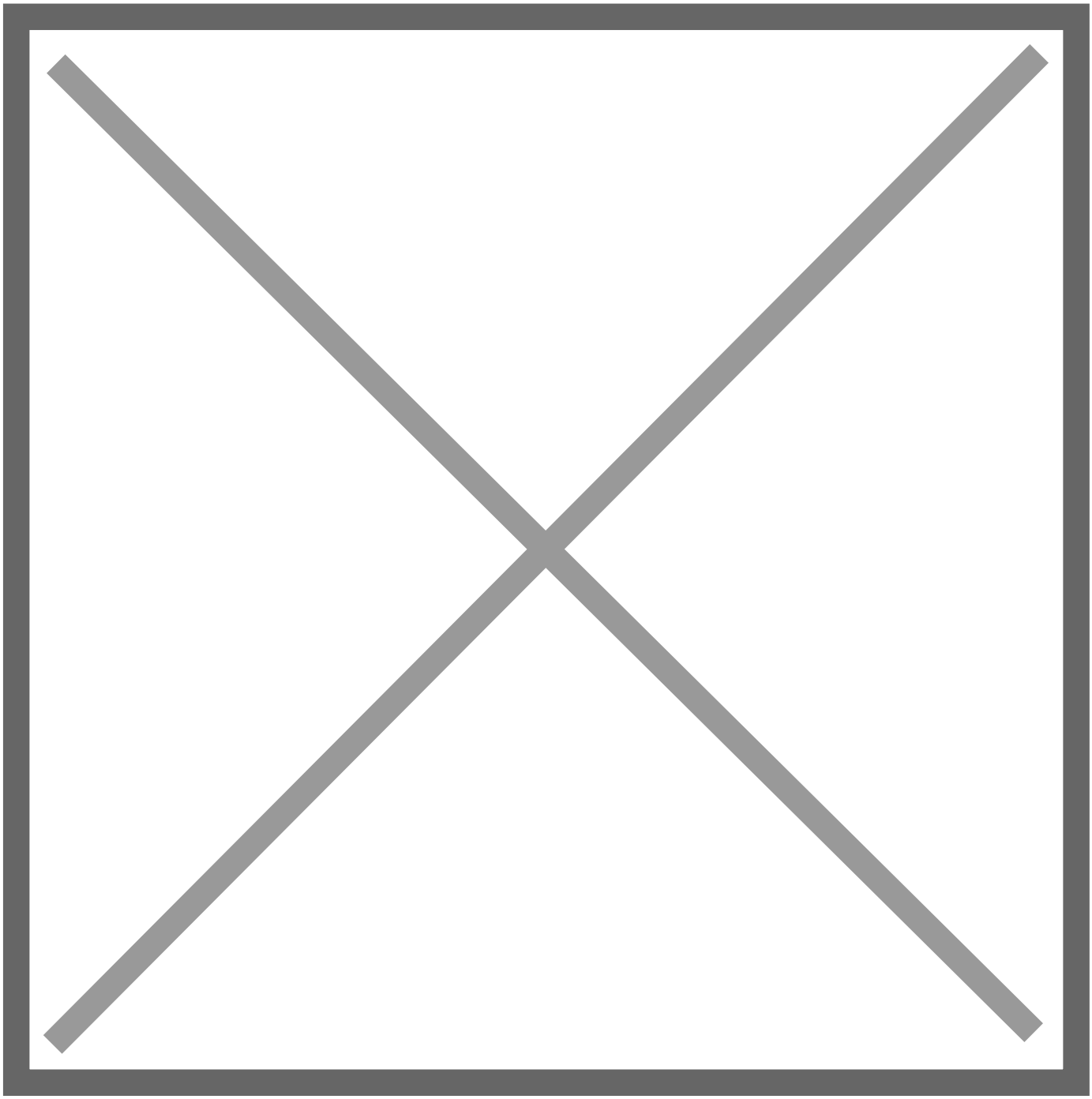
*This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for adults. Where available, data on common and relevant obesity drivers and comorbidities are also presented.*

*View the latest version of this report on the Global Obesity Observatory at https://data.worldobesity.org/country/aruba-9/.*

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## Obesity prevalence

## Adults, 2023

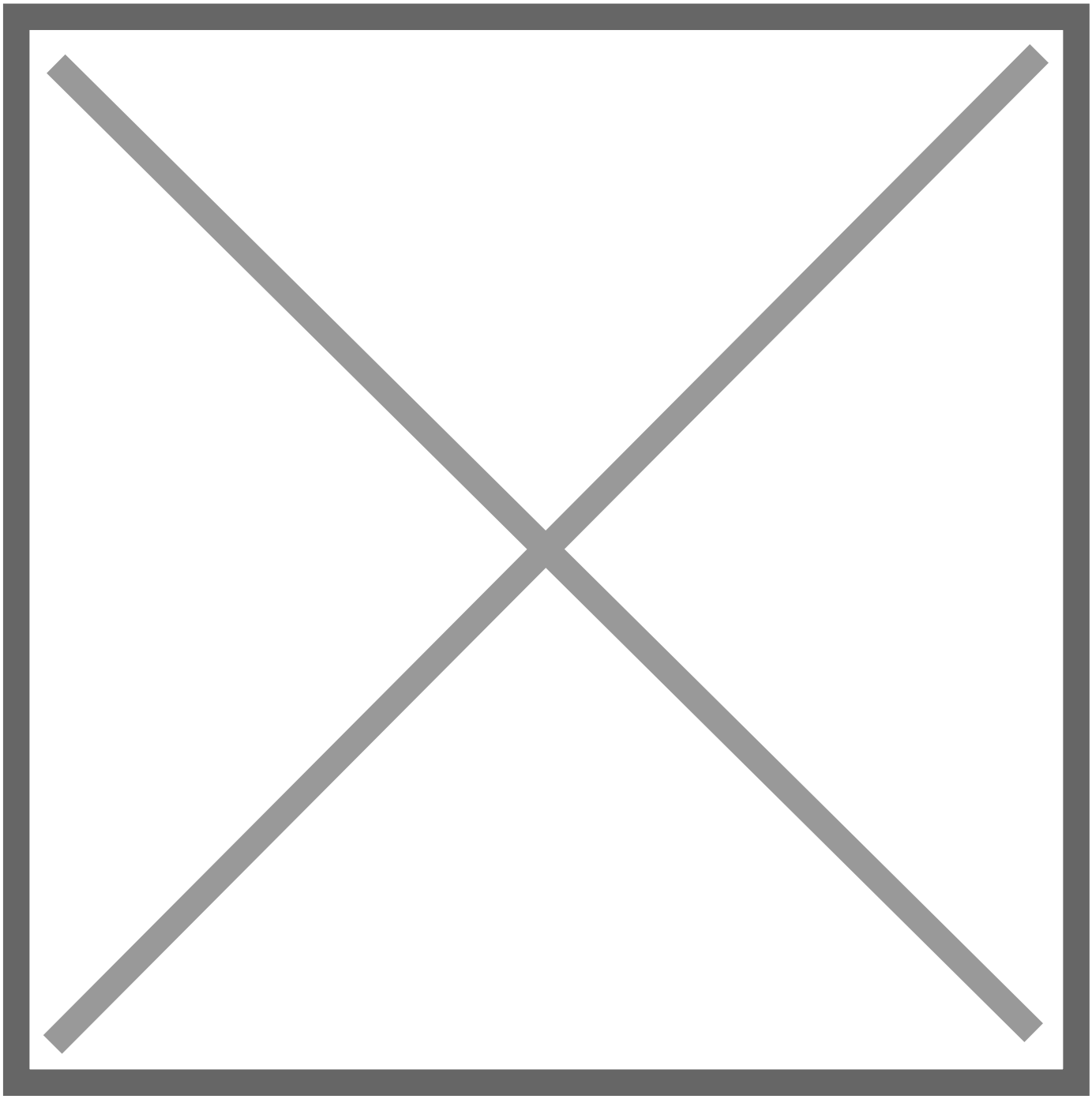


| | |
|---|---|
| **Survey type:** | Measured |
| **Age:** | 18-69 |
| **Sample size:** | 2736 |
| **Area covered:** | National |
| **References:** | Pan American STEPS Risk Factor Surveillance Survey Aruba 2024 Report. Available at https://cdn.who.int/media/docs/default-source/ncds/ncd-surveillance/data-reporting/aruba/steps/2023-steps-aruba-country-report.pdf?sfvrsn=28655eee_3&download=true (last accessed 05.09.24) |

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².*

## Overweight/obesity by age

## Adults, 2023

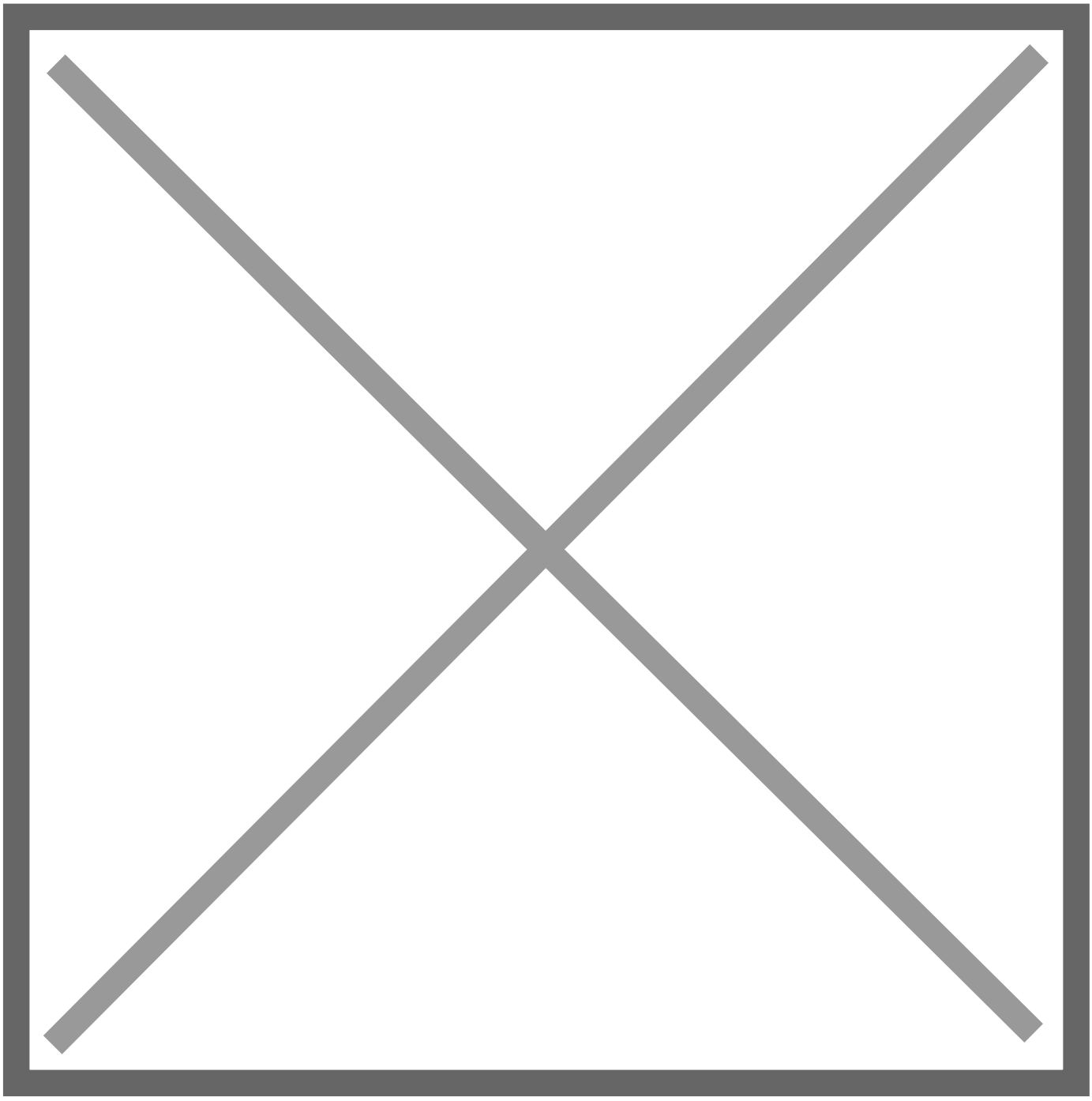


| | |
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| **References:** | Pann American STEPS Risk Factor Surveillance Survey Aruba 2024 Report. Available at https://cdn.who.int/media/docs/default-source/ncds/ncd-surveillance/data-reporting/aruba/steps/2023-steps-aruba-country-report.pdf?sfvrsn=28655eee_3&download=true (last accessed 05.09.24) |

*Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².*

## Diabetes prevalence

### Adults, 2024



**References:** Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 11th edn. Brussels, Belgium:International Diabetes Federation, 2025. http://www.diabetesatlas.org

*PDF created on August 20, 2026*