



Aruba



Country report card - adults

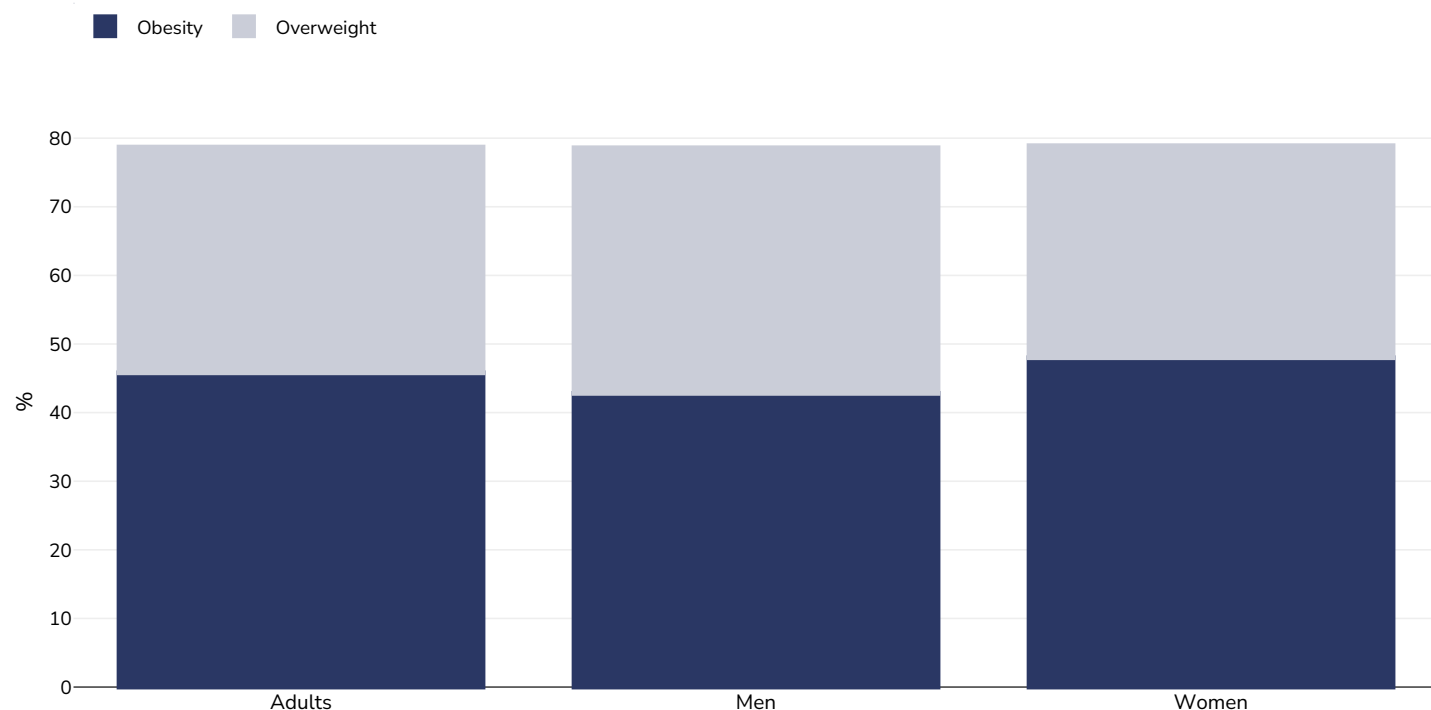
This report card contains the latest data available on the Global Obesity Observatory on overweight and obesity for adults. Where available, data on common and relevant obesity drivers and comorbidities are also presented.

View the latest version of this report on the Global Obesity Observatory at <https://data.worldobesity.org/country/aruba-9/>.

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Obesity prevalence

Adults, 2023



Survey type: Measured

Age: 18-69

Sample size: 2736

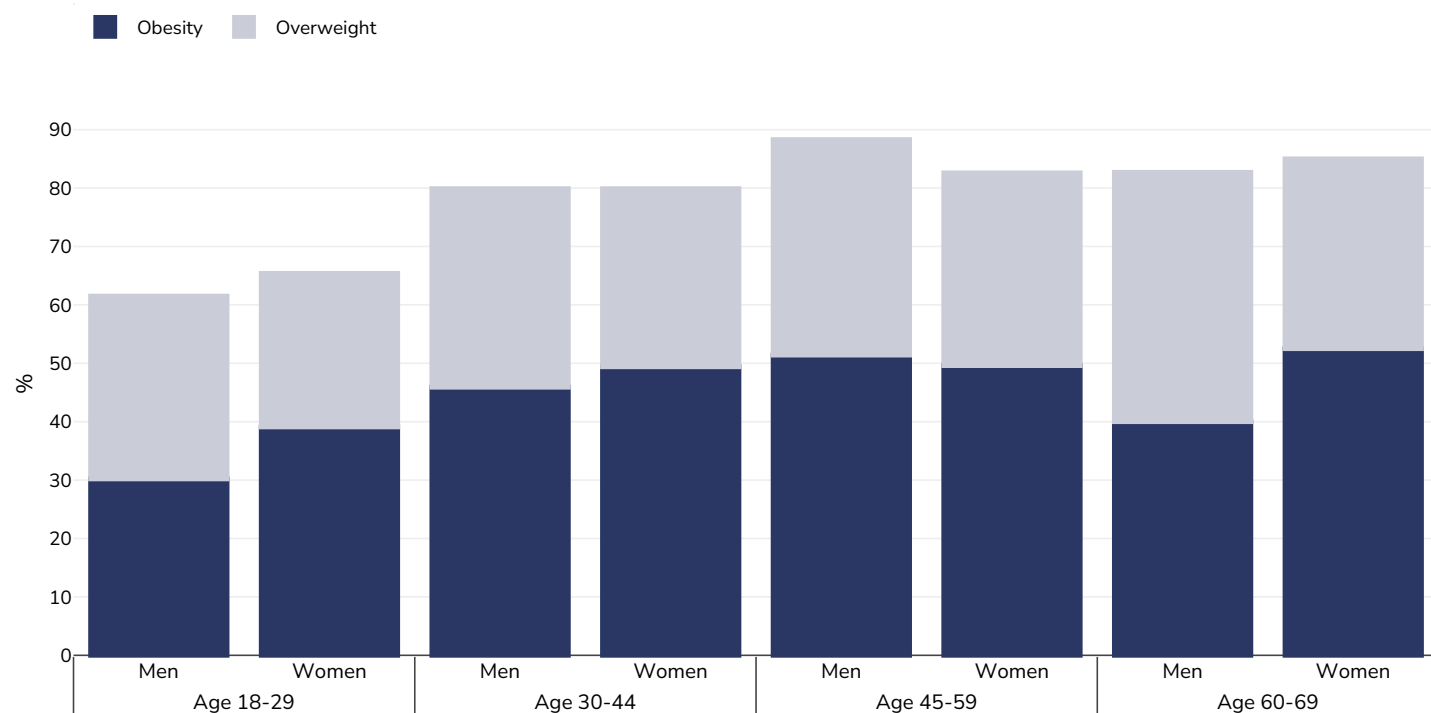
Area covered: National

References: Pan American STEPS Risk Factor Surveillance Survey Aruba 2024 Report. Available at https://cdn.who.int/media/docs/default-source/ncds/ncd-surveillance/data-reporting/aruba/steps/2023-steps-aruba-country-report.pdf?sfvrsn=28655eee_3&download=true (last accessed 05.09.24)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Overweight/obesity by age

Adults, 2023



Survey type: Measured

Sample size: 2736

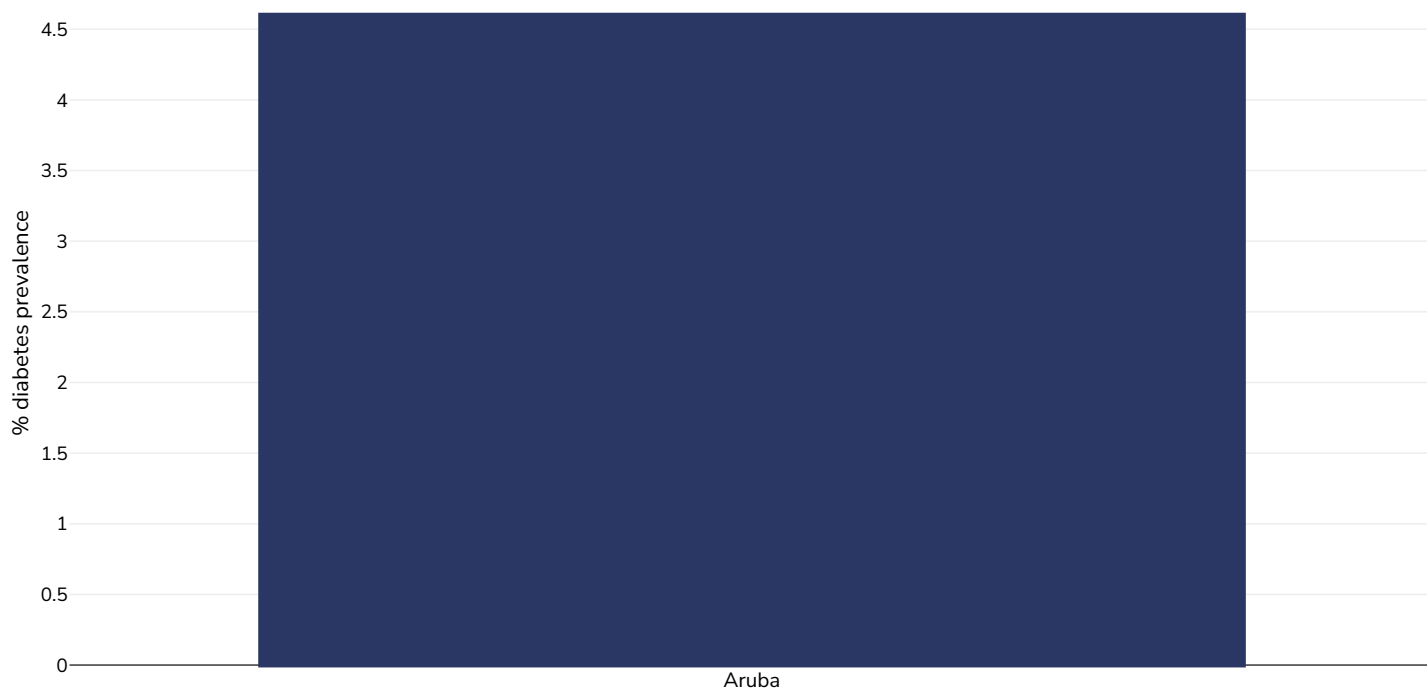
Area covered: National

References: Pann American STEPS Risk Factor Surveillance Survey Aruba 2024 Report. Available at https://cdn.who.int/media/docs/default-source/ncds/ncd-surveillance/data-reporting/aruba/steps/2023-steps-aruba-country-report.pdf?sfvrsn=28655eee_3&download=true (last accessed 05.09.24)

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Diabetes prevalence

Adults, 2024



References:

Reproduced with kind permission International Diabetes Federation. IDF Diabetes Atlas, 11th edn. Brussels, Belgium:International Diabetes Federation, 2025. <http://www.diabetesatlas.org>

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